

11-15-1990

Current, November 15, 1990

University of Missouri-St. Louis

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"Home Alone"

Young Kevin fights off bumbling burglars when his family accidentally leaves him "Home Alone".

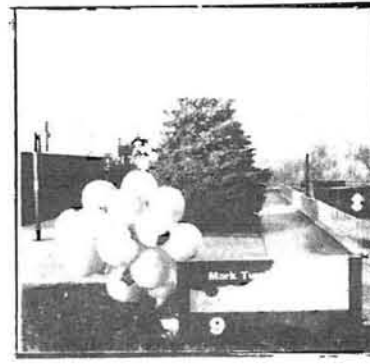
See Features, Page 5



Mark Twain

The newly renovated Mark Twain offered tours to show off its new look.

See Sports, Page 7



Reminder

The Current will not publish a paper for the week of November 22.

We wish you a Happy Thanksgiving!!!

CURRENT

November 15, 1990

University of Missouri-St. Louis

Issue 682

Payne Presents New Ballot Format For SGA Elections

Homecoming Delayed Until The 1991-92 School Year

by David Barnes
news editor

A new ballot for student government elections was presented at Sunday night's Student Government Association meeting.

The new ballot, which can be optically scanned, will replace the hand counted ballots used in the past.

The ballot, developed by Election Commissioner LaDonia Payne, will cost SGA \$528.46 for 5,000 of the red-shaded ballots. Payne said SGA will also be charged around \$100 a year to print each candidates' name

"If anybody decides to cheat or manipulate they will be cut out of the campaign"
-LaDonia Payne

on the blank forms.

At each polling station, a poll worker will supervise students filling out their student identification numbers. Then the computer will cross-check the identification numbers to

make sure no one votes twice.

After the votes have been counted, Payne said, the ballots will be kept in a locked box for a short period of time in case a recount is needed. They will then be shredded.

Payne also said she will require presidential candidates to sign a Clean Campaign Contract for this year's election. Payne said the contract will be used as a measure to prevent negative campaigning.

"If anybody decides to slander, lie, cheat or manipulate...then they'll be cut out of the campaign," Payne said.

Payne will make the decision on who may have violated a contract.

In other SGA business:

Attendance Policy

The assembly voted not to change the rule requiring student group attendance at SGA meetings. Student groups that miss three meetings can have their funding frozen. Student Government President Alla Pruzhansky said many students had come to her wanting to retain the rule. In the the previous SGA meeting, a recommendation was passed trying



AHEM: Student Government President Alla Pruzhansky suggests an idea at Sunday's SGA meeting (Photo by Kris Kuesel)

to remove the attendance requirement.

Pruzhansky also said she was sending out letters warning five groups who have missed two meetings and are in danger of losing their funding.

Campus Condoms?

Pruzhansky said she was looking into the idea of establishing condom machines in campus bathrooms.

"I think it's a good idea," she said, "I think it's safer for everyone's

well-being. It's not like we're dead to the world - a majority of the students engage in sexual intercourse, so let's protect their lives."

Condom machines would have to be approved through the Vice Chancellor for Administrative Services' office.

Conduct Code

A proposed student conduct code passed by the UM-St. Louis Senate last year has been rejected by the

See SGA, page 4

The Top 18 Suggestions On How to Use Expanded Space At U-Center - If It Were Available

1. Office space for student organizations
2. Food service space
3. Conference/meeting rooms
4. An information desk
5. Display area for vendors/exhibits
6. Expand the bookstore
7. Parking facility
8. A child care facility
9. Relocate the Women's Center, Counseling Services, International/Disabled Students Advisor, Career Placement Services and Health Services
10. An auditorium
11. Establish a closed circuit information delivery system
12. Mailboxes for students
13. An indoor recreation area
14. Provide space for additional shops and services
15. Study rooms
16. Faculty/staff dining area
17. Facilities for outdoor programming
18. Meeting room and offices to support Campus Ministry

At present, no expansion is planned, but student government's University Center Advisory Committee's looking into the possibility. These are the results of an informal 1989 poll.

Chart by David Barnes
Source: University Center/Student Activities

Holiday Fest To Collect Food, Gifts For Needy

by Charlene Swopshire
reporter

Student organizations and academic departments are being asked to bring in non-perishable food items to place under a community tree as part of Holiday Fest '90.

The food baskets would be labeled with the organization's name and displayed underneath the tree being set up on Monday, Nov. 26 by the University Center/Student Activities staff, which is sponsoring the event.

Dianna Graff, administrative associate for University Center, suggested that food be delivered in a laundry basket or plastic trash container so recipients can use them in the future.

Epsilon Sigma Lambda, a student leadership organization, will deliver

the food to the North Side Team Ministry where it will be distributed to needy families in the St. Louis Metropolitan area.

"I am hoping that at least 80 baskets of food will be donated," Graff said. "It's a good opportunity for the campus to show its community spirit." She added that gift certificates and cash contributions will also be accepted and should be delivered to her at 267 University Center.

A community reception for students, faculty and staff will also be held in University Center from 10:00 a.m. to 2:00 p.m. and 5 to 7:30 p.m. Cider and cookies will be served by student organization leaders.

Participants will be asked to write their names on a strip of colored construction paper which will be looped together to form a chain around the tree.

Sig Taus Cook For Local Senior Citizens

by Jerrod Jones
reporter

The Sigma Tau Gamma fraternity will present its annual Senior Citizens Thanksgiving Dinner on Wednesday, Nov. 21, at the Bel Ridge City Hall.

Scott Will, chairman of this year's dinner, said this has been an annual event for the past 15 years.

Brothers of the fraternity prepare all the food themselves, starting with the cooking of up to twenty pounds of turkey the night before and then preparing the trimmings and side dishes the morning of the event. Although they do receive a little help, the fraternity does most of the work

preparing and organizing the dinner.

The fraternity is fortunate to have a budget which enables them to buy the turkeys and the rest of the food. The budget has been developed by the people in the district through the many years that the event has been taking place.

Will believes the dinner will be as successful this year as it has been in the past. According to Will, no other fraternities get involved in such an event.

Sigma Tau Gamma also helps people in the community in other ways. Andy Masters, vice president of education for the fraternity, said

See SIG TAU, page 2

DANCE!



These dancers were part of an international program that happened Friday, Nov. 9 at UM-St. Louis. See story on the Features page. (Photo by Fred Appel)

Health

Lecturer Speaks On PMS Problems

by Krista Newman
reporter

"I challenge the guys to stand in our shoes for a few days and see if they say it's all in our heads." - Pam Schmidt, UM-St. Louis sophomore

Pre-menstrual Syndrome (PMS) affects 40 percent of all women, and of those women, 5 to 10 percent cannot function daily because of it, said an instructor from Washington University at a seminar on campus last Wednesday.

Patricia Coughlin, a lecturer in social work, talked to students at the Women's Center about the problems faced by women during PMS, which she defined as a disorder that occurs regularly at the same phase of each menstrual period.

The symptoms can include migraine headaches, depression, anxiety attacks, crying, fatigue, angry outbursts, forgetfulness, unusual dietary cravings and many others. In a woman's menstrual cycle progesterone (an ovarian hormone) levels drop which causes the symptoms.

"I think it's all in your mind." - Nickie Jung, UM-St. Louis junior
Most physicians believe that PMS "is all in a woman's mind," Coughlin said, and many women who suffer the symptoms are treated for mental illness.

"PMS is not a mental ailment; it is a physical one. People who are mentally ill are ill every day of the month, not just certain days," she said.

Coughlin cited statistics that

As for treatment, natural progesterone has been proven to be the best treatment.

showed that women who commit crimes almost always commit them up to a week before or after their periods. She also said that studies have shown that schoolgirls' grades fall before their periods and rise as much as 20 percent after their period is over.

"PMS - That's a deep question. First they [women] have pre-menstrual syndrome for a week, then they have the actual thing for a week, then

they have post-menstrual syndrome for a week. It is a never ending cycle! I think doctors should come out with a drug to solve this problem." - Chris Steib, UM-St. Louis student, age 22
As for treatment, natural progesterone has been proven to be the best treatment, Coughlin said.

"If a woman believes she is suffering from PMS, she should insist on her doctor putting her on natural progesterone. If the physician won't do so, then she should find someone who will," Coughlin said.

Natural progesterone, derived from the root of the sweet potato, is totally organic and safe, Coughlin said. In many cases, Coughlin added, children born to a woman on natural progesterone have been shown to have a higher intelligence.

Sometimes women are treated as if they are mentally ill, although they

Facts About PMS

- PMS has been implicated as a contributing factor in social and marital discord, as well as child abuse
- Studies show untreated PMS may needlessly cost business billions of dollars each year through absenteeism, accidents and inefficiency
- Women with PMS often have bad reactions to "the pill"
- Women who have PMS report the symptoms get worse as they get older
- PMS runs in families, though symptoms may vary from mother to daughter or sister to sister

Source: PMS Program Center

suffer from PMS, and are put on an anti-depressant drug called Prozac. She said PMS sufferers usually see little of their symptoms alleviated by the drug.

For further information on PMS, woman can contact the PMS Pro-

See PMS, page 4

CALENDAR

THURSDAY NOV. 15

WOMEN IN POLITICS: The Institute for Policy Leadership and The Center for the American Woman and Politics will host the Midwest Regional Womens Legislator's Conference, "A New Decade of Leadership: Women State Legislators." Call the institute at 553-6523 for more information.

PROTON QUARKS: The Department of Physics is sponsoring a colloquium on "Strange Quarks in the Proton". Professor D. Beck, of the University of Illinois at Urbana-Champaign, will be the speaker. Coffee will be served in Room 516 Benton Hall at 2:30 p.m. The colloquium will begin at 3:00 p.m. in 328 Benton Hall.

MONDAY 19

SYMPHONIC CONCERT: A member of the St. Louis Symphony Orchestra will give a recital at noon in Room 222 of the J.C. Penney Building. Call 553-5180 for more information.

WOMEN RESISTING SOUTH AFRICA: Elaine Salo will discuss women and resistance in South Africa at 2 p.m. in Room 325 Lucas Hall. Salo is a faculty member at the University of the Western Cape in South Africa. Call 553-5581 for more information.

MINISTRY MEETING: The Wesley Foundation Campus Ministry general meeting of United Methodist, Presbyterian (USA), United Church of Christ, & Christian Church (Disciples of Christ) students will be held from noon to 1 p.m. in J.C. Penney, Room 72. Other interested persons are welcome. Bring your lunch. For more information call Roger Jespersen, Campus Minister, at 385-3000 or 388-3579.

SATURDAY 24

VIEW MARS: The UM- St. Louis Observatory will hold a special open house at 7 p.m. The Observatory is located on the South campus, 7804 Natural Bridge Road. Admission is free. The additional open house has been scheduled because the planet Mars will be in an excellent viewing position. In case of clouds or bad weather, the open house will be held the following night. For current information about the night sky and the open house, call the Skywatch Hotline at 553-5706.

MONDAY 26

SCIENCE IN THE BEGINNING: Jane A. Miller will discuss science in early St. Louis at noon in Room 229 of the J.C. Penney Building. Miller is an associate professor of chemistry at UM- St. Louis. Call 553-5180.

NEW SOUTH AFRICA?: Elaine Salo will discuss whether there is a new South Africa in the areas of apartheid, women and social change at 7:30 p.m. in Room 126 of the J.C.

Sig Tau from page 1

they also help out with gardening and yard work.

"We do some work for the community," said Masters, "we dug up the median in the middle of (Natural Bridge Road) and planted flowers, things like that."

Although the dinner is just one of the things that Sigma Tau Gamma does, it is a big event every year. The dinner is held at 5:30 p.m. and all senior citizens in the Bel Ridge area are welcome. Shut-ins and people who can't attend the event can arrange to have their meals delivered to them.

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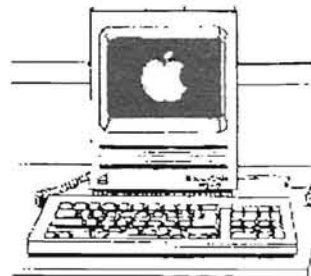
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Horizons is looking for suggestions of what people can do with their hands for people who are quitting smoking. If you have any suggestions you would like to share with us please contact Kim Fryman Horizons 427 SSB 553-5730.

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Guitar lessons!!! \$5 per half hour lesson taught in my home. Learn to read sheet music or just play the hit songs. Theory taught, too. Lessons taught on Monday, Wednesday, or Thursday nights. Call Brad at 469-5524 for scheduling.

PERSONALS

Felicitations and Solicitations from the University Center/ Student Activities. Is your Holiday Fest food basket filling with warm wishes as well as food?

Watcher, Had a great time Sat. night. Could we talk on the phone any longer? your new ass.

Rebba wanna do the electric slide? Why not ask the guy in the white shirt. Don't get sick. Felicity

To my one and only, I really enjoyed our "Fantasy" sorry I fell asleep at the end. See ya after "Hell week" from your Frankenfurter

MX: To the hottest guy at Panama Jax's on Saturday I had the best time. Love, Watcher

David - lookin sharp "cuttin the rug" Saturday night. your reporter

Felicia you're too cute, even if ya are a bitch. Love- the stuck up one! p.s. who does love me?

Thank to all the Delta Sigma Pis who made it to the Community Service project on November 11th.

Lou from Fenton, the '78 Monte Carlo, the ultimate street machine, was hauled away! It is no more. How's Stacy and National? Talk to ya later. Joe from Florissant

Holiday Fest (hal'-e-da) 1) A campus tradition 2) A series of events including a community tree, baskets of food, eggnog cookies, and FUN! 3) The period November 28 through 30, 1990, in the University Center Lobby, 4) All of the above! Join in!

To all girls: reports of my immediate freedom have not been exaggerated. But don't beware of the Ray-bans, BE FRIENDLY. Birdy T

I'm depressed! Cheer me up! signed the business ass.

To our staff thanks for understanding my manic depression. Just give hugs. Love, Mel

Hey You - Where are you. I want you to know I understand and I'll see ya around. NM

Hey Bear how's about that apart. We need to check it out real soon. Sounds like a winner. Love Mel and Shell

Quickdraw-Quickdrink, You had better put a smile on your face before the boogeyman comes to your house and steals all your hair. We love you.

We have all lost our minds!

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Give Thanks ...

As the semester draws to a close, many students feel stressed out about finals. Right on the heels of finals is the holidays which can be a stressful time also. Purchasing gifts for loved ones or figuring out how to pay for next semester can give the most level headed person an anxiety attack.

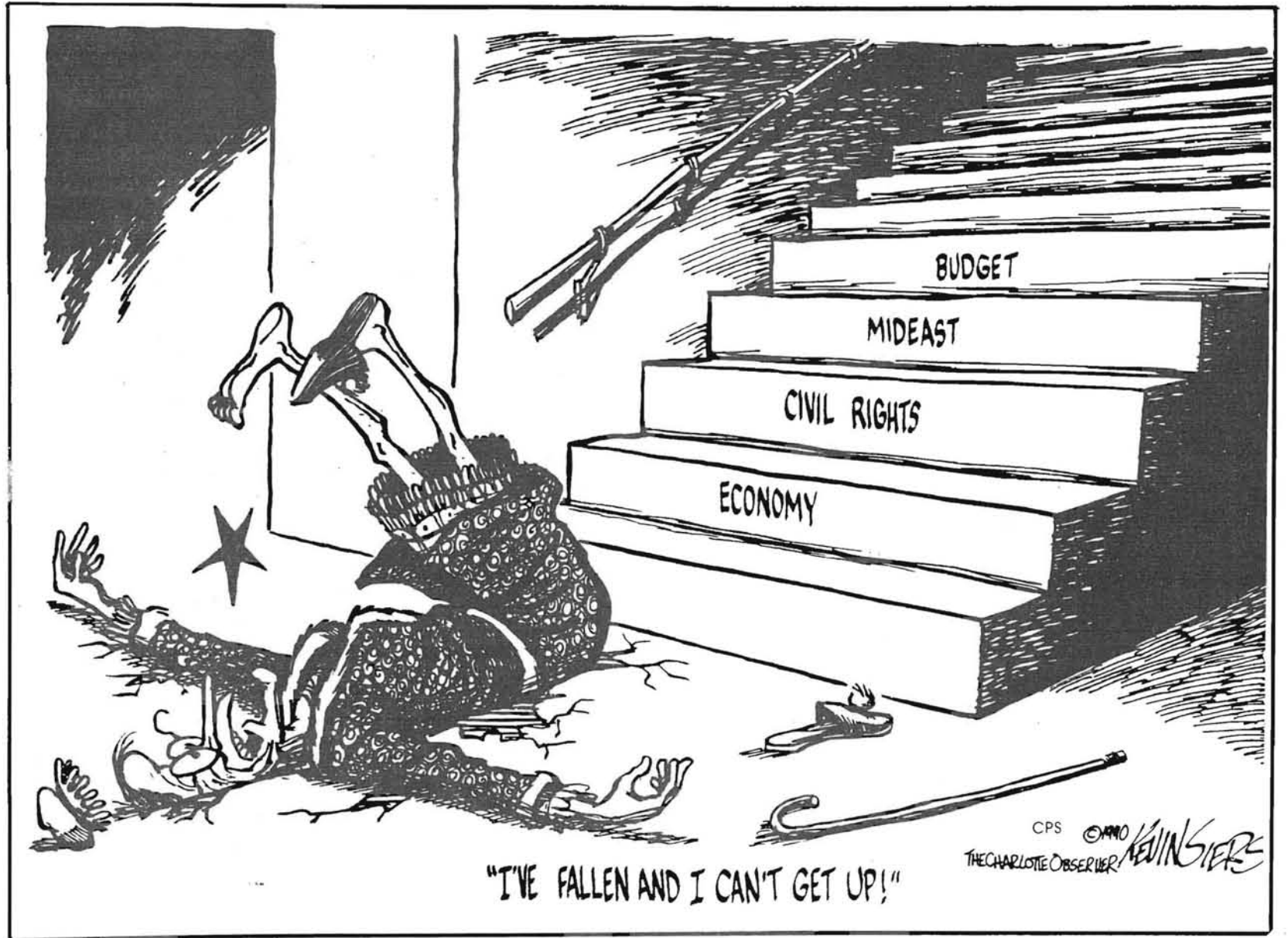
Take a step back from the academic life and consider those who wander the streets of St. Louis night after night. These people have more basic anxieties, from filling a hungry stomach to protecting fingers and toes from frost-bite. Some of these people live on a park bench or in buildings without water or electricity. Some of these people have children who don't want to go to school because they're embarrassed to wear the same shirt for the fourth day in a row.

Now think about how to pay for presents.

Realistically, there has always been and always will be people who are economically less fortunate. Donating a can of food or a box of noodles may not seem like the solution to poverty but it's a start.

Holiday Fest 1990 is the campus effort to help the hungry. The food that is brought in doesn't go to any particular religious organization or special interest group. It is donated to an organization that operates on the north side of town. As Rick Blanton put it "The only requirement to receive food is for you to be hungry."

Bring in a non-perishable item to the University Center by Nov. 28 to make a difference. Stand around the tree and meet fellow students. Drink in the holiday cheer and be thankful that one of those cans isn't for you or your family.



Letters Policy

The *Current* welcomes letters to the editor. The writer's student number and phone number must accompany all letters. Non-students must also include their phone numbers. Letters should be no longer than two typed, double-spaced pages.

No unsigned letters will be published, but the author's name can be withheld by request.

The *Current* reserves the right to edit all letters for space and style.

The *Current* reserves the right to refuse publication of letters.

The *Current* is published weekly on Thursdays. Advertising rates are available upon request by contacting the *Current* business office at (314) 553-5175. Space reservations for advertisements must be received by 5 p.m. the Monday prior to publication.

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(see box for details)

SGA from page 1

three other UM campuses and is essentially dead said Paul Matteucci, student representative to the Board of Curators. The proposed code had created controversy because of vague language regarding what type of student behavior was acceptable.

Food Contract

Two companies, Marriott and Morrison Custom Management, have expressed a strong interest in receiving the next contract to supply cafeteria services for students, said Frank

Tucci of the food service committee. Tucci said the committee hoped to make a recommendation on which company to select by Dec. 15. The present contract, held by Morrison Custom Management, expires June 30, 1991.

Homecoming

Julie Schwetz, chair of the social committee, said no homecoming will be held this academic year because "there is not enough time to prepare for a good homecoming." She said

the committee will begin planning for a homecoming in the 1991-92 school year. However, Schwetz said the committee was considering having a dance in the spring.

U-Center Expansion

Ken Johnson, chair of the University Center Advisory Board, said he was looking for people interested in joining a committee to look at expanding the size of University Center. Those interested should contact the Student Government Office

at 262 University Center.

Fundraising Help

Student groups needing manpower or advice on raising money can contact the Student Association Foundation Committee, said Chair Carol Dugan. The committee, for a share of the proceeds, will help student groups with fundraising.

Piano Players

Table cloths and a piano player will be new additions to the Summit during lunchtime on the last three Thursdays of the semester.

PMS from page 1

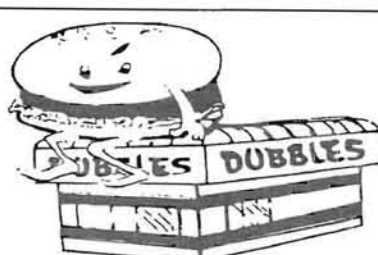
gram Center at (314)997-3333. Physicians, counselors and social workers work together there to determine if a woman has PMS. A program of correct nutrition, exercise, proper vitamins and minerals, and natural progesterone treatments can be set up to help women who suffer from PMS.

ATTENDANCE REQUIRED

Recognized Student Organizations
Applying for Student Fees
for 1991-92

To request funds from Student Activity Budget/Service Fees Committee for the 1991-92 fiscal year, your organization must have a representative attend one of the following budget preparation training sessions:

Thurs., Nov. 15, 2pm-4pm, Hawthorn Room, U. Center
Thurs., Nov. 15, 7pm-9pm, Hawthorn Room, U. Center
Fri., Nov. 16, 1pm-3pm, Hawthorn Room, U. Center

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Worldly Fashion Show Helps Build Understanding And Peace

by A. A. Evans
reporter

Where can you go to meet people from Malaysia, Thailand, Ethiopia, China, France and a host of other countries that you can only afford to read about? Where can you experience the beauty of evening gowns so stunning in appearance that they leave your mouth watering? Maybe you are the type of cosmopolitan jet setter that likes to dance the night away to some funky music, reggae, jazz, pop, etc.. Where is it possible to do all this and much more for little or no cost at all?

You might say that it is impossible. Yet it was quite possible last Friday evening at the International Fashion Show and Musical Fiesta held here on campus. Emebet Amenu, the president of the International Students' Organization and her constituency did an impeccable job of organizing and coordinating the event.

A vast majority of the people in attendance, representing various

countries around the world, were students on this campus. However, there were some not in residency here, and when asked why she attended, one young lady from Zaire replied, "I wanted a bit of home." She certainly had her chance as she and her sisters demonstrated some of the melodic dances of their country.

The colorful mixture of cultures was educational as entertaining. Did you know that certain outfits worn by women in Zaire meant that they were single, while others meant that they were married or spoken for? And the hand woven evening dresses worn by two Ethiopian models were the most captivating of all. But then, the two Ethiopian models could have worn burial bags and still looked gorgeous.

All in all, the fiesta was more than a wonderful experience. If you chose not to attend, for whatever reason, you missed out on a lot of fun and good people.

Perhaps the greatest significance of the gathering were the new relationships established between people from Malaysia and Thailand, Austria

See International, page 8

Flying By The Seat Of Your Pants

by Mark Ericson
feature editor

For a ride you won't soon forget, head west on Interstate 44 to Washington, Mo. and look up Carl Cochran or Bob Kramer at the Washington Airport. Both men are veteran pilots and offer rides to the public in WWII vintage Stearman biplanes.

Cochran said the planes were built in the late 1930s and used as trainers for Army Aircorp pilots. The planes cruise at 97 mph and can carry one passenger besides the pilot.

Pilots come from all parts of the country to have a chance to fly one of the Stearmans. Even through the pilots already have licenses, they are still required to pass a pre-solo flight with Cochran or Kramer.

Kramer said about 60 percent of their business goes to pilots who come to fly the planes and 40 percent goes to giving rides. No appointment is necessary, but Cochran suggests people reserve some time, bring a picnic lunch and take turns going up in one of the Stearmans. Cochran said jackets, goggles and flight caps are provided and be sure to bring a video camera to record your experience.



TAKE OFF: Carl Cochran pilots a Stearman bi-plane down runway with a customer in the front seat.

Staying "Home Alone"

by Brad Touchette
movie reviewer

Christmas is on the way. Ho-ho-hum. Beware of movies that promise laughs and deliver z's. The first holiday movie to hit the silver screen this year is John Hughes' "Home Alone," starring Macaulay Culkin as a kid left at home by accident by his parents.

Unfortunately, this movie will ride on Hughes' name alone. The teasers shown in the theaters suggest that Kevin (played by Culkin) fights off these bungling burglars for the entire movie. This does sound like an entertaining premise, but going to this movie is a rude awakening. The movie turns out to be a sentimental family flick about love, loneliness, and appreciation for what you have.

Now don't get on me for slamming a movie encouraging family values and Christmas cheer. I'm not slamming that. I'm mad that the teasers are totally misleading.

The movie starts out with Kevin



"I think this shade would go wonderfully on your skull": Kevin (Macaulay Culkin) prepares to bomb the burglars via Sherman-Williams

being the youngest member of a huge family and a victim of merciless abuse. He ends up accidentally being left behind when his family goes on a trip

to France for Christmas. The night before they leave, he wishes he would never see his family again. His mom See HOME, page 8

Extreme Rock And Roll

by Brad Touchette
music editor

Long ago, when music was something that people wrote and listened to for enjoyment, musicians were not limited to a target audience. They wrote whatever came to mind, disregarding the question of how the audience would react to a change in style. Now, music is a multimillion dollar industry with owners, managers, producers and a host of other business people who contradict everything a musician stands for. These people kill creativity by pigeonholing every band that sees success and making sure they sound the same way on every album after that.

Enter a band out of Boston called Extreme. This hot new band, led by premiere guitarist Nuno Bettencourt, dabbles in all directions of rock and roll and does it well. Bettencourt and lead singer Gary Cherone wrote the majority of the material on this 14 song compilation entitled "Pornograffiti".

If "Pornograffiti" has one glaring strong point, it is in the variety in which each song is composed. The first song is an obvious MTV-compatible rock song called "Decadence Dance". It's a generic top 40 song with a touch of originality, but not too much. Don't let this song be the judge for the album, though. Because from here on out, it's a wild ride of screaming guitars, four part vocal harmonies and a funky rock rhythm that has to be experienced to under-

stand and enjoy.

After hearing the next three songs, you may feel the urge to light up a cigarette (but not on this campus!!! No sir!). The tracks "Li'l Jack Horny", "When I'm President", and "Get The Funk Out" are real rockers in what is soon to be the classic Extreme style. Bettencourt's originality and fresh style shine on these three tracks. His guitar riffs and solos only stand to prove rock can get really funky and still blow some walls out.

"Li'l Jack Horny" is a funky blast of adolescent energy. The hooks in this song will leave you, well, hooked. And the words in this song are so much fun to listen to, you may not want to listen to rest of the tape for a while.

But continue on you must! "When I'm President" is one of the best songs on the tape. Cherone shows his rapping ability (which is quite impressive) and Bettencourt shows he has a pop-music side to his persona. The vocals on this one are the best on the tape. "Get The Funk Out" has to be heard to be believed. It is a testament to all the conservative idealists who want to censor the world. This song blasts through a wall in the way they want the message taken - full force.

Then, to throw the listener a curve, Extreme plucks out the ballad "More Than Words." This all acoustic poetic experience will leave the listener saying, "What the hell was that!!!! Re-wind that song!!!!" Totally outside the pattern that the previous four songs seemed to have set for the album,

"More Than Words" is a soaring mix, reminiscent of The Righteous Brothers or The Everly Brothers. Please don't be intimidated by my analogy - this song conveys more passion than any ballad in recent memory.

Entering side two is like entering a war zone. Bettencourt explodes with dizzying riffs, hooks, and power chords which decorate the first two songs, "It's A Monster" and the title cut "Pornograffiti".

"It's A Monster" is a funk/metal roller coaster with Cherone's screeching sarcasm and dancing vocal arrangement serving Bettencourt's notation decoration better than anyone else could.

If there is one guitar riff that will stick out in your mind from this tape, it will be the opening one for "Pornograffiti." Original, creative, simply awesome. This song's funk will knock ya backwards. This song is one of the highlights of the tape.

"Flight of the Wounded Bumblebee" is a guitar solo trip by Bettencourt that will make Eddie Van Halen's jaw drop. It is more or less a prelude to "He-Man Woman Hater," but it could very well cause guitarists across the world to quit while they're behind.

When "He-Man Woman Hater" kicks in, you'll be loving these guys. This song packs the punch every man feels when dealing that impossible other gender. The song is a blast to listen to and it is the only song on the

See Extreme, page 8

Step One ; Surrendering

by Mark Ericson
feature editor

For some, drinking alcohol or taking drugs turns into an ugly obsession leading to self destruction. For this individual, who wished to remain anonymous, nothing short of psychic change could save him.

Step One "We admitted we were powerless over alcohol - our lives had become unmanageable."

It was extremely difficult for me to understand how I was powerless when I first entered AA. I really didn't understand what it meant to surrender. It was only after I hit a bottom that had enough significance to me personally, that hurt and scared me enough, was I able to say "I've had all that I can stand, I cannot live like this anymore. I am now willing to do whatever is required of me so that I don't have to live this way."

When I first entered treatment in 1981, I did so because my drinking had become so excessive to that I was losing my job and my wife threatened to divorce me if I didn't get some help. I knew at the time that my drinking had gone out of control, but I also knew that I enjoyed drinking as much as anything in my life. What I really needed was help in controlling the destructive portions of my drinking, or so I believed at the time. I knew that in order to keep everybody else happy, I would have

to make it appear that I didn't drink anymore. I committed myself to AA.

With the help of treatment and AA, my life began to change. In the beginning I still tried to drink but got very little satisfaction. I was faced with something new; every time I drank, I was filled afterwards with horrible feelings of guilt and remorse. In time, I made an honest effort to stop drinking and with the help of the program, I was successful. I quit frequenting bars and I committed myself to my wife and to AA.

It wasn't long after this that I got the best job of my life, my wife bore me two beautiful children, I bought a wonderful home, we had two cars; life was grand. That is, life was grand on the outside. I still had not worked the steps with honesty and I began to slide into relapse. I never changed internally. I was still afraid to release control of my life based on the ideas presented to me in AA. I knew I needed help in controlling my behavior and drinking, but I still would trust only myself in the major areas of my thinking and living. At first I allowed myself to begin taking prescription medication, then marijuana, then drinking occasionally when on business trips. By 1986, I was losing the best job of my life and my wife was becoming cold and distant to me. It was then that I discovered Cocaine. Within the next year I totally relapsed, lost my job and family,

went bankrupt, and tried to commit suicide. I had hit a bottom that had almost robbed me of the will to live. By May 1989, I was ready to do whatever was necessary to quit drinking and drugging. I had surrendered to the fact that I was powerless over alcohol and any kind of mood altering drug and that I had tried every conceivable way to run my recovery myself and had failed. I wanted a new life and I knew I didn't know how to get it. I was like a child and as a child I was willing to put myself in the hands of God, and those who knew the way to a better life. I surrendered. I was willing to go to any lengths.

I have not had a drink or drug since May 1989. I have not had a steady job. I do not have much in the way of material possessions. I have not been allowed to see my young children. What I do have is a new way of life built upon a spiritual foundation provided to me free of charge by Alcoholics Anonymous. I have finally undergone a psychic change. Although I am afraid of things in this life from time to time, I no longer live in fear. I have friends, I have a vocation, and I have a God who will love and provide for me.

Recovery is a process and I am involved in this process by working the twelve steps of alcoholics anonymous to the best of my ability.

Free Counseling For Students

by Mark Ericson
feature editor

Students and employees of UM-St. Louis who think they may have of problem with drugs or alcohol can receive free counseling at UM-St. Louis' Counseling Services located in room 427 SSB.

Sharon Biegan, Acting Director, said the counseling service has seven counselors; five are professionals and two are graduate students working on their internship.

Biegan said that many students are afraid to seek counseling because of the fear of being labeled "crazy" associated with seeing a psychologist. She explained that the service does not do primary treatment of addictions but refers students to outside treatment centers. She said most students suffering from addiction need a lot of support in the early stages of recovery and so are urged to attend 12 step meetings like Alcoholics Anonymous or Narcotics Anonymous. The service can put students in contact with these meetings and several are held on campus.

Biegan said the counseling service focuses on helping students deal

with issues which come up after primary treatment. She explained that often a person is using drugs or alcohol to cover-up some problem that has existed for a long time. After the person stops using alcohol or drugs the underlying problem comes back and needs to be addressed. Biegan said that staff member Gloria Lubowitz specializes in helping students who are children of alcoholics and recovering addicts.

Biegan said it is difficult to tell how many students are active ad-

dicts because UM-St. Louis is a commuter school. The service also helps many students who have problems other than addiction and presently there is a waiting list at the service.

Another source of help is Horizons, an on campus agency directed towards helping students make career decisions. Horizons was also the driving force behind Alcohol Awareness Week this past fall. Horizons is supervised by the UM-St. Louis Counseling Service and staffed by undergraduate

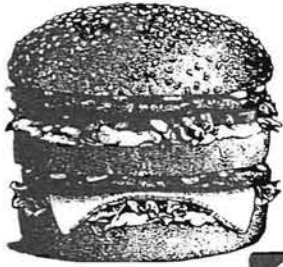



INFORMATION: A bulletin board outside the UM-St. Louis Counseling Service displays 12 Step group literature.

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OPENS NOVEMBER 21ST AT A THEATRE NEAR YOU

'New' Mark Twain Opens With A Bang

by Melissa A. Green
sports editor

Walking through the halls of Mark Twain, the effects of the new renovations are visible everywhere.

From the new weight rooms and running track to the newly painted gym, the building has taken on a whole new look.

On Tuesday, Nov. 13, and Wednesday, Nov. 14, tours were offered to the general public. The official dedication of the building took place on Wednesday.

The many different facilities displayed during the tour and are now available for use by the UM-St. Louis students, staff, faculty, and alumni.

The gymnasium was repainted in new colors with the UM-St. Louis logo on the wall. Other features include eight basketball goals, three volleyball courts, six badminton and pickleball courts, and divider curtains.

The South balcony has two basketball goals, one volleyball court, and one badminton and pickleball court.

Hours of Operation

Gymnasium

M-F 12-2 p.m.
T&R 7-10 p.m.
Sat. 12-7 p.m.
Sun 12-5 p.m.

South Balcony

M-F 12-2 p.m.
7-10 p.m.

Swimming Pool

M/W/F 11-2 p.m.
T/R 12-2 p.m.
M-R 6:30-10 p.m.
Sat. 12-7 p.m.
Sun. 12-5 p.m.

Fitness Center/Racquetball Courts/Track/Weight Rooms

M-R 8 a.m.-10 p.m.
F 8 a.m.-7 p.m.
Sat. 9 a.m.-7 p.m.
Sun. 12 p.m.-5 p.m.

The new fitness center has a Nautilus circuit, an Universal circuit, Lifecycles, Liferowers, VersaClimbers, Multi-exercise Wheelchair machine, and free weights. The department has StairClimbers on order.

Within the free weight room there is multi-station Universal, and various free weights.

The 25-yard, six lane pool has been repainted, and in December, the ceiling will be redone. There is also a 1-meter diving board.

A new addition to the building is the 1/10 mile running track around the outskirts of the lower level.

There are four air-conditioned courts, and two courts are convertible into wallyball courts.

Another new addition is the multi-purpose, aerobic room. It features a maplewood aerobics floor, full-length mirrored wall, and ballet exercise bars.

The locker rooms have been renovated. They are now fully carpeted, with full-length lockers, a

whirlpool and sauna.

The hours of operation for Mark Twain have been extended to allow for more time to use the facilities.

The building will operate on different hours during the summer and holiday and semester breaks.

The admission to the facilities at Mark Twain is free for all students, faculty, staff, or Emeritus or retired faculty.

University alumni can use the facilities for \$100 per year and their families can use them for \$120 per year.

Special groups can use Mark Twain for \$150 per year.

Membership fees are payable to the UM-St. Louis Athletic Department. The office hours are Monday through Friday, 8 a.m.-5 p.m.

All users can bring one guest with the purchase of one of two passes. The \$2 pass allows for use of all the facilities except the racquetball courts.

The \$4 pass lets the visitor use the racquetball courts as well as the other facilities.



Up, Down! Taking advantage of the facilities at the newly renovated Mark Twain, people take time to work out. (photo by Kris Kuesel)

UMSL Swim Past Their Opponents

by Ariel Lestat
reporter

The UM-St. Louis swim team came away from the Chicago area with two wins and one loss last weekend.

The squad of 18 traveled to Decatur, Ill. on Friday to compete with Millikea University and Southwest Missouri State University. Saturday, Nov. 10, the competition was in downtown Chicago with Illinois Institute of Technology, University of Chicago, University of Wisconsin-Oshkosh, North Central, Loras, and Loyola of Chicago.

"I'm very pleased with the versatility of the team."

-Mary Liston

The Rivermen handily defeated Milliken 77-34 and lost to SMSU 64-44. The double winners for UM-St. Louis were freshman diver Scott Meier in 1-meter and 3-meter diving. Sophomore captain Mike Brickey won in the 50- and 100-yard freestyle. Sophomore Jeff Heveroh won in the 200 individual medley and 100-yard breaststroke.

Other first place winners included the UM-St. Louis medley relay team of junior Mark Rush, Heveroh, junior

Dan Bostelmann and sophomore Shawn Menke and the free relay of Brickey, sophomore Nick Ranson, senior Steve Appelbaum, and freshman Derek Lister also took first. Freshman Bill Dougherty also took first in the 1000-yard freestyle.

At the Hawk Relays Saturday, UM-St. Louis won all but three swimming events, set a meet record for total score and a meet record for the 3 X 100 yard breaststroke relay. Defeating second place IIT 116 to 88, UM-St. Louis had the highest total points achieved by a team in the 16 years of the meet.

"We had a freshman backstroker too sick to make the trip or we might have won all the swimming events," said head coach Mary Liston. "I'm very pleased with the versatility of the team. In a relay meet, each athlete has to compete for the team. Only one senior and two juniors. Getting together for a common goal is very difficult. They did a nice job."

With the help of student assistant Gene Edmiston and diving coach Kevi Harwood, the meet line-up made the most of our strength and the other teams weaknesses, added Liston.

The next competition is Dec. 8 at UM-Rolla with Washington University and UM-Rolla. On Dec. 9, the Rivermen will Evansville and cross-town rival St. Louis University.

Stretch!



During an intramural football game, Brian Jenkins of the Sig Tau's team throws the ball to a teammate as his opponent charges on. (photo by Kris Kuesel)

Season Starts Saturday

The UM-St. Louis Rivermen will open their 1990-91 basketball season Saturday, Nov. 17 at home against Quincy College. The game is scheduled to begin at 7:30 p.m. at Mark Twain.

UM-St. Louis held a slim 9-8 advantage in the overall series between the two schools last season. The Rivermen, with Chris Pilz scoring a season-high 29 points, recorded a 83-79 victory in last year's opener at Quincy. The Hawks, however, came

back two months later and beat the Rivermen 81-77 in St. Louis.

The Rivermen will be led by head coach Rich Meckfessel. He is entering his ninth season with the Rivermen. Meckfessel is 112-112 at UM-St. Louis, 362-280 overall in his 22 years of coaching. Quincy's Brad Dunn is in his second season at the helm of the Hawks.

Quincy returns with starter Mike Harlow, who averaged 11.7 points and nearly four assists.

Riverwomen Miss Top For Fifth Time

Once again, the UM-St. Louis volleyball squad finished runners-up in the Missouri Intercollegiate Athletic Association (MIAA).

For the fifth consecutive season, the Riverwomen reached the championship match of the MIAA Conference Championships and then lost to perennial champion Central Missouri State.

UM-St. Louis lost the final match to CMSU; Saturday, Nov. 10 at Northwest Missouri State in Maryville, Mo. The Jennies won, 15-9, 15-10, 15-7 to secure their ninth straight conference title.

"The win over SEMO was a big one. When we won the third game, it really turned the match around for us."

-Denise Silvester

The Riverwomen, who finish the regular season with a 27-12 record, enjoyed an impressive weekend despite losing again in the finals. They ousted Missouri Southern in the quarterfinals, 15-0, 15-1, 15-10, and then came from behind to knock off nationally-ranked Southeast Missouri State in the semifinals, 10-15, 9-15, 17-15, 15-6, 15-3.

"The win over SEMO was a big one," said head coach Denise Silvester, whose team had dropped two previous meetings with the

Otahkians. "When we won the third game, it really turned the match around for us."

Three UM-St. Louis standouts have been named first team All-MIAA. Senior hitter Carla Addoh, junior hitter Pam Paule, and senior setter Geri Wilson all garnered first team honors.

Four other UM-St. Louis players, Jean Daehn, Alanna Gehner, Tara Gray, and Stephanie Jensen all received honorable mention.

Central Missouri's Becky Belland was named the league's Most Valuable Player. CMSU's Peggy Martin was named Coach of the Year.

UM-St. Louis is ranked fifth in this week's South-Central Region poll. West Texas State remains first, followed by Central Missouri, Regis, Southeast Missouri and UM-St. Louis.

The Riverwomen still maintain hope for a bid to the Division II national tournament, which will be announced Sunday, Nov. 18. The Riverwomen hope a strong schedule will improve their chances, since all 12 losses have come against nationally-ranked teams. They have four wins over ranked schools.

Head coach Denise Silvester has developed a consistent winner at UM-St. Louis. For the fifth time in her five years at the helm, the Riverwomen accumulated 25 victories in a season. Silvester's record at UM-St. Louis is 174-67, an average of 35 victories a year.

Current

Athlete of the Week

Gerri Wilson



•Women's Volleyball

•Senior-Setter

•Received First team honors at MIAA tournament

•Three-time All-MIAA setter

•Second team All-MIAA honors last season

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FOOD FOLKS & FUN

Should Phys-ed Change Their Name?

(CPS) Once upon a time, students took gym. At more formal schools, they took physical education.

But thanks to a decision by the College and University Physical Education Council, collegians will probably never take "gym" or even "physical education" again.

On other campuses, physical education programs will be called something very different.

Phys-ed faculty members nationwide are searching for a new name for their discipline. Few, however, can agree about what the new name should be.

"Physical education signifies the dumb jock education," said Tom Loughrey, associate professor for the UM-St. Louis physical education department.

"The (physical education) name worked against the development of scholarly inquiry," said Michael Wade, head of the kinesiology department at the University of Minnesota, referring to the impulse to change names.

Wade, not surprisingly, wants everyone to rename their discipline

kinesiology, which literally means the study of movement.

But other colleges call it "exercise science", "performance arts and sciences", "sport science" or even "movement science."

Still other campuses call it "health and physical recreation," "physical education and leisure" and any number of derivations.

In 1988, a conference sponsored by the Big Ten and the National Academy of Sports and Physical Education (NASPE) included several discussions about the issue. Then, a year ago, an article appeared in the "Journal of Physical Education, Recreation, and Dance," titled "The Naming Debate," further fueling the debate.

Now the College and University Physical Education Council, a part of NASPE, is promoting discussion on the issue at professional training programs as well as printing articles on the subject in various trade journals.

"The primary reason for sensitivity to the name (physical education) was the growth of the field and an increase in knowledge," in areas as-

sociated with physical education, said Judy Young, executive director of NASPE.

But UM-St. Louis is not worried about the name of its department.

"We are a small department. It is not a big issue when we have more important things to deal with," said Loughrey.

Young explained that many in the field found the term "physical education" misleading because people associate it only with sports and not other aspects of the profession.

However, some names are not good substitutes, Young added.

"The dancers (at one school) got pretty upset when they became part of sports science," she said.

Young said NASPE does not have a name it prefers.

So phys-ed programs, trying to find a name that works, are called exercise science, exercise and sport studies, movement science, physical education and leisure, and any number of derivations thereof.

The movement to get rid of the term physical education has been under way for about 25 years, Wade

said. "Physical education has suffered as an academic enterprise because of its association with athletics."

UM-St. Louis plans to keep its phys-ed program name similar to the one it has now, since area high school already are familiar with it!

"It's been going on for a few years," agreed Joseph Higgins, a professor in the department of Movement Science and Education at the Teachers College at Columbia University. His department was among the first to get away from the physical education tag, changing to its present name 13 years ago.

Wade predicts "practice and tradition will dictate" which name wins the most converts.

"Kinesiology, I think, will win the day," he adds, noting the Universities of Colorado, California at Berkeley and Los Angeles, and all Texas state campuses already have adopted the name.

"In the next five years or so, most of the holdouts will change to kinesiology," Wade predicted.

Only time will tell if the change occurs here.

CAMPUS BRIEFS

National Eating Disorders Week Nov. 17

In honor of National Eating Disorders Week, November 17-23, the BASH Treatment and Research Center for Eating and Mood Disorders at Deaconess Hospital will sponsor a free mini-conference to be held from 8:30 a.m. to 2 p.m. Saturday, November 17, at Deaconess Hospital's College of Nursing auditorium at 150 Oakland Ave.

Guest speaker Albert J. Stunkard, M.D., professor in the Psychiatry and Psychology Departments, University of Pennsylvania, will make a morning presentation.

Self-help groups lead by trained BASH facilitators will be held following the afternoon sessions.

For more information or for a complete schedule of BASH events, call 991-BASH or toll free, 1-800-BASH-STL.

Scholarships Available To Students

Twenty-five scholarships are available for undergraduate students majoring in engineering and science disciplines. The scholarships are designated for those students interested in pursuing careers in environmental restoration or waste management (ER/WM).

Applicants must be U.S. citizens and currently pursuing an Associate of Science or Bachelor of Science degree full time.

Selection is based on academic performance, recommendations, background, and a statement of career goals by the applicant.

Scholarship applications are being taken through January 28, 1991, and awards will be announced in May 1991. For applications or more information contact Peggy Gibson at (615) 576-9278.

International from page 5

and China, Africa and Holland even between Iran and the United States. An authentic air of camaraderie engrossed the gathering. Certainly, these future politicians, lawyers, doctors, engineers, business people, etc., are the instruments of change. They are the people that can ensure tranquility throughout the world. Even the most casual "thinkers" should be able to realize that these types of events have an international gravity of a nature that, when properly handled, can bring about world peace. Isn't that what it is about?

Home from page 5

(Catherine O'Hara) tells him not to wish for things like that because they may come true. He does it again and gets sent to sleep in the attic for the night.

That night, a power failure causes everyone to run late for the plane. The family goes hysterical and overlooks the fact that Kevin is still asleep in the attic.

Kevin wakes up ecstatic when he realizes he made his family disappear. He then goes through the regular shenanigans of a kid unsupervised. At first the things he does are cute and entertaining, but it dies fast. The best scene in the middle of the slow part is when he goes grocery shopping.

Then it gets interesting when he defends his home from burglars who only possibly share a brain cell. These two (Joe Pesci and Daniel Stern) fall victim to the incredible resourcefulness and insight of this seven year old. Everyone knows this could never happen, but Culkin can win an audience's heart with a smile. His screen presence is unmatched for his age.

While all this is going on at home, Kevin starts wishing he could get his family back for Christmas. The movie jumps to scenes of his mom trying to do just that. She pulls some pretty obnoxious stunts. She even ends up getting a ride from New York to Chi-

Study And Live In France Or Germany

Earn UM-St. Louis credit while studying in Europe. Year abroad exchange programs are offered in Lyon, France; Frankfurt, Germany and Stuttgart, Germany. The deadline for applications concerning the exchange program is January 15, 1991. For more information or an application contact the International Studies office at 366 SSB or call 553-5753.

Emergency Training Courses Start Dec. 5

The American Red Cross, St. Louis Bi-State Chapter, regularly offers emergency training courses to help people prevent and respond to emergencies. The following emergency training courses will be held in December at American Red Cross, 4050 Lindell Blvd.

- Adult CPR: 8 a.m. to noon or 6 p.m. to 10 p.m., December 5.

- 8 a.m. to noon, December 8.
- 8 a.m. to noon or 6 p.m. to 10 p.m., December 19.

- 8 a.m. to noon, December 22.

- Infant-Child CPR:

- 8 a.m. to 4 p.m., December 1.

- Standard First Aid:

- Parts I and II, 8 a.m. to 5 p.m., December 10, 15, 21, or 28.

- Part I, 6 p.m. to 10 p.m. December 18.

- Part II, 6 p.m. to 10 p.m., December 20.

Fees for emergency training courses range from \$16 to \$32.50. Advance registration and prepayment are required. Businesses and other organizations can arrange for courses to be held at their locations. For more information or to register for a course call 658-2094.

Great Success For KWMU's Challenge

KWMU's annual fall fund drive, Challenge '90, held October 27 through November 4, raised almost \$95,000, more than a 17 percent increase over the fund drive a year ago.

The success of the drive will help offset a significant shortage in KWMU's operational budget, due to reductions in both federal and subsidiary revenue sources.

"The fund drive's success tells us that our listeners value KWMU's presence and the programming it offers," said Patricia Wente, KWMU's general manager. "It reaffirms that KWMU is an important commodity to the greater St. Louis community."

cago in the back of a Ryder truck with a polka band led by John Candy (yes, he has a cameo appearance). To end on a sweet note, Kevin gets his wish. Happily ever after and all that good stuff.

Culkin was also the little guy in "Uncle Buck," which was a John Hughes film and starred John Candy. He has a lot of potential to make it big, and for his age he has gotten the best conceivable roles. The rest of his future is a matter of time.

I don't want to give anyone the wrong impression here. This movie is not a bad one. It's just not everything the teasers make it out to be. If you're looking for a movie

that will give you a warm feeling inside and a feeling of holiday cheer, go see it. It's worth \$5 if you're in the mood for a cute movie. That's all it is - cute. But what else could you ask for out of a movie starring a 7-year-old? Give it three and a half stars.

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American Red Cross

AGI

Graduate Program In Physiological Optics

The University of Missouri-St. Louis' proposed M.S. and Ph. D. programs in physiological optics have received final approval from the Coordinating Board for Higher Education. The program, offered through the UM-St. Louis School of Optometry, will become one of only seven programs in the nation to offer the Ph. D. in physiological optics.

The 30 credit-hour master's degree and the 60 credit-hour doctoral degree in physiological optics will begin in 1991. The School of Optometry currently offers the professional, four-year doctor of optometry degree. Graduates of the O.D. program must pass national and state licensing examinations of quality for practice.

For more information about the new program at the School of Optometry, contact Julie Gram at 553-6361.

Outstanding Advisor Award Presented

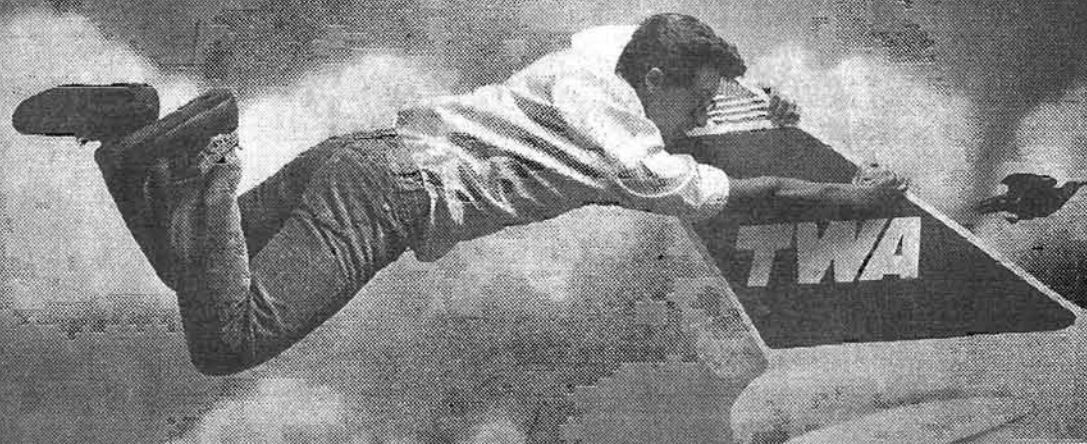
Lawrence Friedman, chair of the University Senate and professor of biology at the University of Missouri-St. Louis, has received the 1990 National Academic Advising Association's Outstanding Advisor Award.

Friedman was nominated for the award by the Evening College with the support of campus faculty and the administration. He has served as an Evening College faculty advisor since 1966. Friedman has advised a total of 373 Evening College biology majors, and 25 general studies students who were pursuing studies in areas related to biology.

Friedman's award is jointly sponsored by the National Academic Advising Association and the American College Testing Program, and is presented to individual advisors who have demonstrated qualities associated with outstanding advising of students. Friedman received the award at ASCADA's annual meeting in Anaheim, California.

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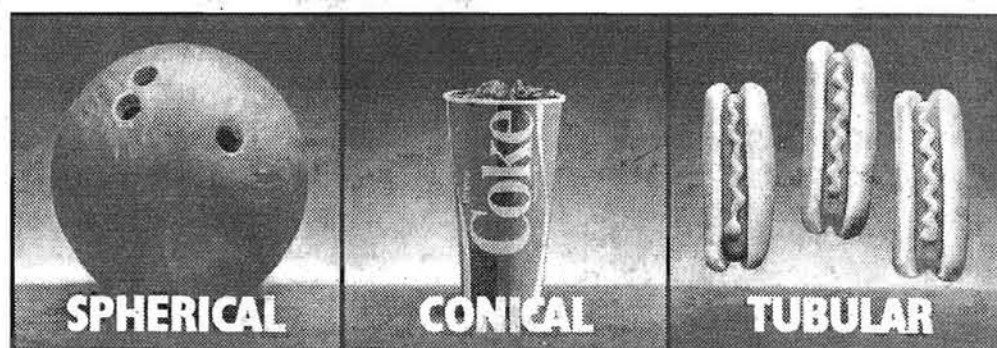


For more information contact 553-6009



*This offer is available only to qualified students, faculty, staff and institutions that purchase IBM Selected Academic Solutions through participating campus locations from August 1 through December 31, 1990. Orders are subject to availability. Prices are subject to change and IBM may withdraw the offer at any time without written notice. **Valid for any TWA destination in the continental U.S. or Puerto Rico for travel September 16, 1990, through December 19, 1991, at the following round-trip airfares: \$149.00 round-trip for travel from September 16, 1990, through June 14, 1991, and September 16, 1991, through December 19, 1991. \$249.00 round-trip for travel June 15, 1991, through September 15, 1991. Seats are limited. Fares are non-refundable. 14 day advance purchase, blackout dates and certain other restrictions apply. Complete details will be shown on certificates. Applicants for the discount card must be full-time students between the ages of 16-25. IBM, Personal System/2 and PS/2 are registered trademarks of International Business Machines Corporation. TWA is a registered service mark of Trans World Airlines, Inc. TWA Getaway is a registered trademark of Trans World Airlines, Inc. PRODIGY is a registered service mark and trademark of Prodigy Services Company, a partnership of IBM and Sears. Hayes is a registered trademark of Hayes Microcomputer Products, Inc. © IBM Corporation 1990

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Extreme from page 5

album with a true metal edge. It is another highlight of the album.

The last song on the tape is a spirited strumming blues-fest. The song, called "Hole Hearted" is another gamble by the band because it has an almost country flavor to it. But its poetry and passion carry it well to the end of the tape. Another fine song.

My biggest concern is for the future of this band. This tape is fresh, original and a complete treat to listen to. The question remaining is, will this band collapse under its own weight of expectation for the next tape? Let's hope not. I think Extreme is destined for fame - Extreme fame if I may say so.

Campus Issue... To Smoke Or Not To Smoke

Point:

by Jocelyn Arledge
special projects editor

Ban all smoking in campus buildings. Now I have to freeze my posterior off in the middle of January just to have a cigarette.

It is an infringement on my rights as a U.S. citizen (born and raised) for someone else to force their beliefs on me. It is my prerogative to smoke and it should be my God given right to do it anywhere I please.

If it's not one thing it's another. Once this smoking issue is over something else will come up. Next they'll start banning soda and food from all the buildings.

I wouldn't mind designated smoking areas. If one end of the hall was smoking and one was non-smoking I would be most willing to stay at the appropriate end when I light up. When I am told I can't smoke at all, however, it becomes more than simple inconvenience. It is a breach of my personal freedom.

The reasoning behind this, I suppose, is that cigarette smoke bothers some people. Lot's of things bother me in this world. It is something we all have to deal with and it isn't fair for this campus to single out smokers. Musk bothers me, you know that cologne that make people smell like cattle. It gives me a headache and makes me woozy. However, I'm not trying to ban musk from campus. I'm not trying to pass rules to make all people who wear musk stay outside.

There are theories about the effect that second-hand smoke has on non-smokers. That non-smokers can

get cancer from second hand smoke can be added to the list of disease causers. I don't know if this accusation is true or not but it looks like smokers are to be put in the category of artificial sweeteners and almost anything that lab rats eat. Many of these theories that non-smokers use to discredit smokers are unfounded and unproven.

I have heard some students complaining about cigarette butts on the floors and saying that when smoking is no longer allowed in the buildings the floors will be clean. I now know how African-Americans and homosexuals feel when they are stereotyped by society. Not all smokers put their ashes and cigarettes on the floor. There are ashtrays and many of us use them.

A smoker is not necessarily someone with a cigarette hanging out of their mouth that has a two inch ash on the end of it which they let drop anywhere while they're blowing smoke in your face. Many smokers are courteous and take into consideration the feelings of others. A rude person that fails to use ashtrays probably doesn't use trash cans either, but we're not banning paper from the buildings. A rude person is going to be rude whether they smoke or not. But a smoker is not necessarily this person.

Life is not fair and the world is full of things that are unpleasant to some but enjoyable to others. We all deal with things we don't like everyday of our lives. Why should I have to go outside to smoke? Why should smokers be persecuted? If you don't like cigarette smoke then you leave.



Counter Point:

by K.C. Clarke
managing editor

There's a hole in the ozone layer. Acid rain is eating the finish off people's cars. The late night news says you should watch what kinds of fish you eat because oil spills and medical wastes are poisoning the world's oceans. It seems that no matter where you turn these days, some insidious, creeping carcinogen lies in wait, hoping to make you its next victim.

Much has been made over the past few years about the dangers modern man has introduced into the environment. Environmental groups are finding a growing voice in government, and world leaders are beginning to take an active approach in dealing with environmental issues. Yet, in a time when we are trying to raise environmental consciousness, it seems strange that there are a mass of people out there who have made a very personal commitment to pollution. They seek it out eagerly. They roll it into concentrated sticks and willingly suck it into their lungs. They tell themselves that cancer, emphysema, heart attacks and birth defects are things that happen to other people. These people, who claim their special form of pollution is a right, are called smokers.

Like many environmental groups, smokers are very vocal about their rights. They say you are violating their rights by not letting them smoke on airplanes or in the workplace. They say they should be free to live their lives any way they want to and if they get cancer or emphysema or have a heart attack from smoking, oh well, they made that choice for themselves.

Unfortunately, what most smokers fail to realize is that by polluting the atmosphere with their smoke, they are willingly contribut-

ing to the propagation of these diseases outside the smoking community. Many of the "other people" who can contract these diseases are non-smokers who are as much at risk from secondary smoke as the smoker is himself.

Smokers need to realize that the consequences of their actions can be dangerous to others. Yes, smoking is a personal choice, but that choice does not include making everyone else in the room unwillingly breath contaminated air.

So, where do you find a solution? Obviously, the biggest problem facing the issue of smoking is; How do you contain the smoke?

One way of doing this is by limiting smoking to designated areas, thus protecting non-smokers from contamination. Smokers are free to indulge in their habit and mingle with their own kind. Sure, having to confine your smoking to a designated area is a major inconvenience! But let's take a look at the alternatives offered a non-smoker.

By allowing smokers to smoke unchecked in an enclosed environment, non-smokers must suffer the inconvenience of irritated eyes and noses. They also suffer the added inconvenience of risking allergies, emphysema, cancer and heart attacks. And, of course, what could be more inconvenient than death?

For me, the issue is simple. By requiring smokers to smoke in designated areas, or in their own homes, they are endangering only themselves. I believe they have the right to smoke, but they do not have the right to endanger others by their decision.

Non-smokers have the right to enjoy clean air and a healthy environment. A smoke-free campus, workplace and hopefully, world would be a significant start to meaning what we say about helping the



PUFF: UM - St. Louis student, David Julian takes a break between classes to smoke a cigarette. (Photo by Nicole Menke)

It's Your Turn: What Do You Think Of The Campus Non-Smoking Policy Starting June 1, 1991?



"I'm not a smoker so it won't bother me. It's better for my health"

Mark Cox
Junior
Communications



"It's a bad policy, cuz there are people who smoke. I'm afraid there will be some angry people."

Tina Hayes
Senior
Geography



"Not a smoker but as long as they have a place to smoke, I think the policy is fine."

Dan McKee
Junior
Finance



"I don't think its very appropriate for a campus with so many mature students. It seems like legislating morals and thats not what the campus is about."

Kathy Feero
Senior
History



"Pretty good idea. It will definately help the people who don't want smoke around them."

Aaron Paige
Junior
Psychology

The Big Kiss Off: Students Pucker For Posterity

(CPS) It's almost official: Mankato State University students have laid claim to the world record for having the most couples kissing at one time, apparently stealing the title from Syracuse University at an Oct. 24 Kiss Off! MSU Pucker

Breaker '90.

Five-hundred sixty-six participants gathered on the university's rugby field for a mass pucker up.

To win official recognition from the Guinness Book of World Records, couples had to kiss on the

lips, and stay lip locked for 10 seconds. Sponsored by Mankato's student paper, The Reporter, contestants easily out did Syracuse's relatively chaste mark of 400 kissers set last summer.

Television camera crews and Pucker Breaker officials roamed

through the crowd, making sure 288 couples' lips, some meeting for the first time, stayed pressed together for the requisite 10 seconds.

"Tongues were flyin' everywhere," said participant John "Woody" Westrum. "Finally we

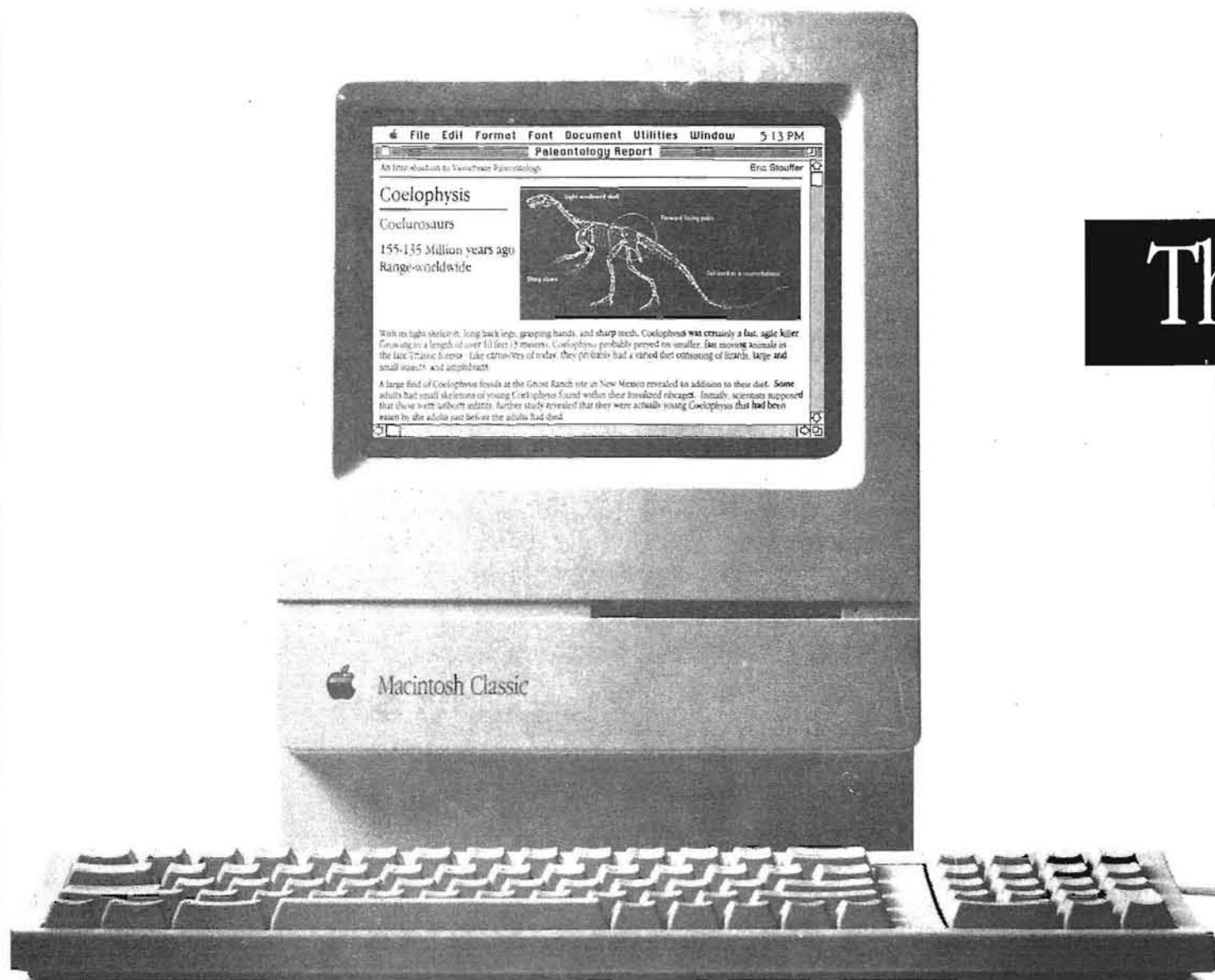
did something festive for Homecoming. Whoever thought it up was pretty ingenious."

But the event was not without controversy. Women's rugby club members protested the event because it took place on the rugby field, and some claimed vehicles left "ankle-deep" impressions in

the field.

Nevertheless, Pucker Breaker organizers say they will still compile all their registration documentation, have it verified by local officials, and they'll send it to the Guinness Book of Records, where the facts and figures will be double-checked.

Three new ways to survive college.



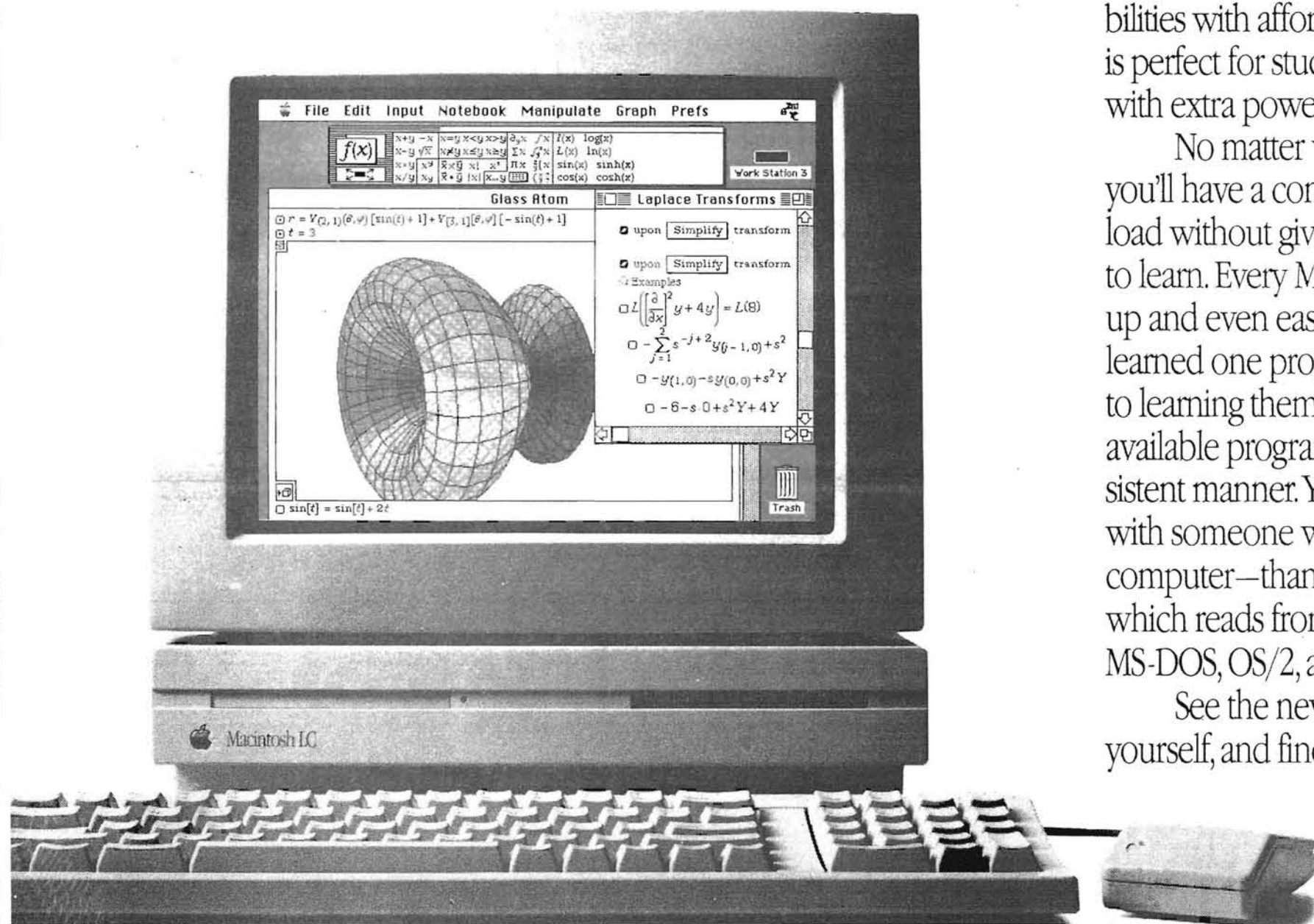
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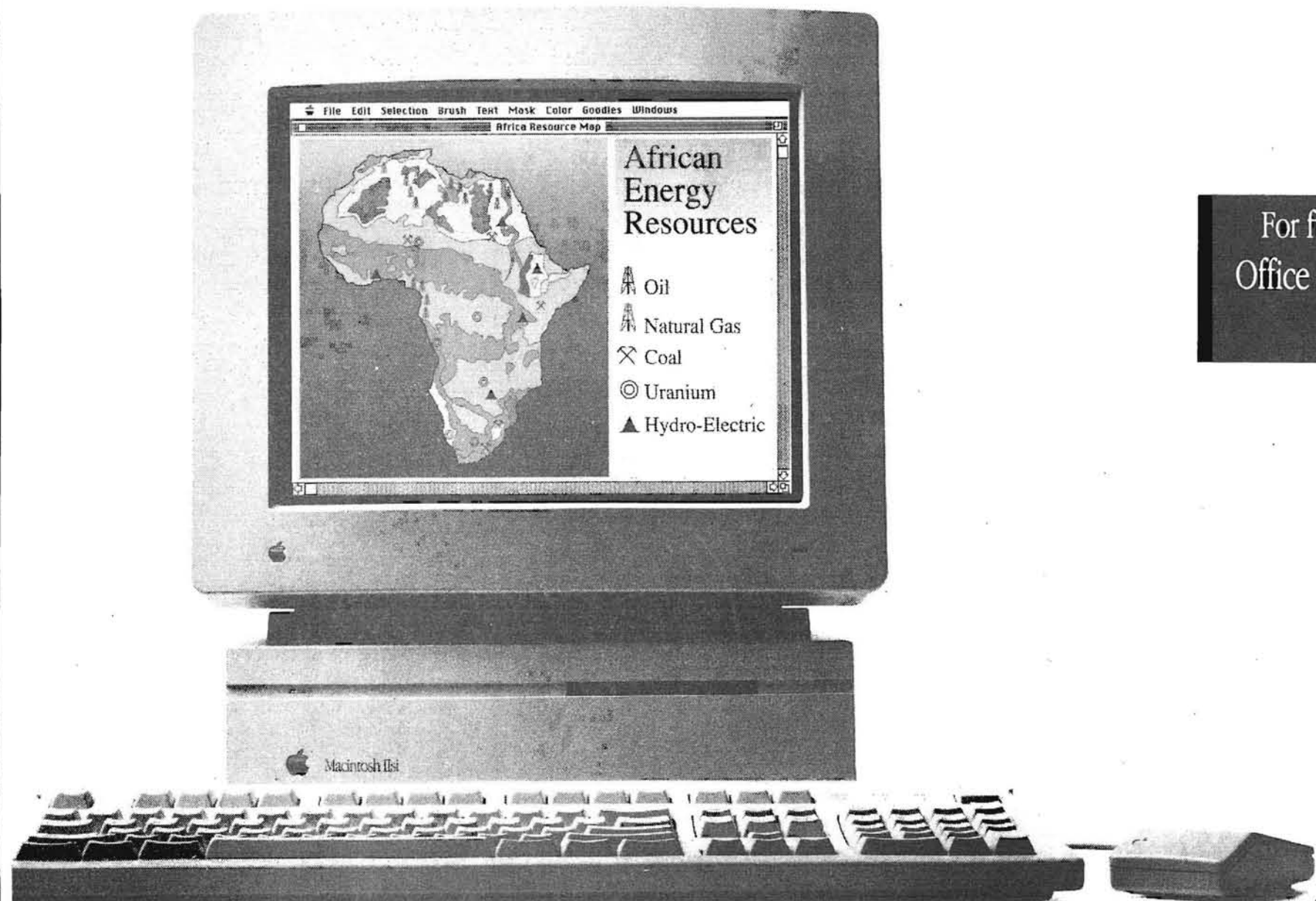
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