



Sustainable Holidays

REDUCE YOUR WASTE

Americans generate 25 percent more solid waste than usual during the holiday season, or an extra one million tons each week, according to the Environmental Protection Agency.

Reduce how much you waste this season by:

- ❖ Exchanging Re-usable gift bags
- ❖ Using newspaper or Sunday comics for wrapping paper (make sure to recycle it when you are done!)
- ❖ Give one thoughtful gift rather than lots of store bought ones, this will reduce packaging!
- ❖ Look for products which are made from recycled material!



Don't Waste Energy!

Leaving for Break? Try carpooling with other IC students to get where you are trying to go for the break. The Partners for Environmental Progress estimated that if every person cut back by one gallon during the season, tailpipe emissions of greenhouse gases could be reduced by one million tons.



You can also conserve energy by reducing your holiday decorations. Make sure to turn off all Christmas tree lights and outdoor, light-up decorations during the day and when no one is home, no one can see them anyway!



Make your gifts mean more!

You don't have to give a pile of gifts to make it mean something, try some of these ideas which reduce your ecological impact while still letting that special someone know you care!

- ❖ Try making something yourself, like knitting (it shows you thought of them and reduces packaging)
- ❖ Buy products which are organic, non-toxic, and eco-friendly.
- ❖ Give home baked cookies or other scrumptious treats; they warm the heart and the belly with out perpetuating over-consumption.



REMP wishes a happy and environmentally conscious holiday season to everybody! See you next semester!