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# College of Health Sciences Newsletter, October 2013

Tammie Smith (Ed.)  
*Old Dominion University*

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October 2013



OLD DOMINION UNIVERSITY  
COLLEGE OF HEALTH SCIENCES  
I D E A FUSION

# College Of Health Sciences Newsletter

Volume 3, Issue 2

October 2013

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## Dean's Message

The October issue of the COHS Newsletter is full of things to celebrate; the successes of last academic year that serve to inspire and motivate us to do more just because. While it's always good to pat ourselves on the back, it's even better when our good work is recognized by the people we serve and our professional colleagues. A nurse colleague and mentor once told me if you don't "toot" your own horn it's not worth "tooting". I take that to mean we need to do a better job at telling our story of success and points of pride. In this issue we make an effort to do just that by sharing how good our students, graduates and faculty are performing in their courses, scholarship and entrepreneurship. Probably the best description of the theme of this issue of our Newsletter is "mentoring". I see mentoring as a central aspect of the role of faculty; after all we are preparing future health care providers in the broadest sense of the word. Hurray for tooting our own horn. Thielfoldt, and Scheer, (2004) describe the benefits of mentoring to protégés in both business and academe include rapid assimilation to the organizational culture, higher career satisfaction, increased probability of success, and higher rate of promotion, higher earnings, accelerated leadership development, and increased motivation to mentor others. We have over 420 undergraduate students in the College who were recognized on the Dean's List which represents 96% of undergraduate students enrolled during spring 2012-13 Academic Year another area to toot our horn since health sciences programs are described among the most rigorous and challenging for students. We applaud you our exceptional students, tenure track faculty and recent graduates.



### Reference:

Thielfoldt, D and Scheer, D (2004). Generation X and the Millennials: What you need to know about mentoring the new generations. Law Practice Today. Retrieved 5/30/2012 at <http://apps.americanbar.org/1pm/1pt/articles/mgto8o44.html>

Richardean Benjamin, RN, PhD  
Associate Dean

Please send stories By  
November 1 to  
tsmith@odu.edu

# Online Programs Are Named National 'Best Buys'



Old Dominion University online bachelor's degree programs in psychology, human services and nursing, and master's degree program in nursing have been included in Best Buy lists compiled by Get Educated, a consumer advocacy service for online college students.

The Get Educated ratings are based on a national survey of accredited universities. Approximately 1.5 million students a year visit GetEducated.com seeking advice on online degree programs. U.S. News & World Report has called Get Educated "for 20 years the leading consumer advocate for online college students."

ODU, a public doctoral research institution with its main campus in Norfolk, was a pioneer in technology-delivered distance learning in the 1980s and has become a national leader in distance learning. Approximately 10,000 ODU students have graduated through distance learning.

The university's original satellite delivery program, Teletechnet, was launched in 1994 in partnership with the Virginia Community College System to provide quality higher education to students away from the Norfolk campus, and especially to those who live in areas with limited educational opportunities.

Distance learning students enrolled in ODU programs tend to combine their studies with a steady job (65 percent) and be older than 26 (59 percent).

Although course delivery originally was mainly via interactive television broadcast from the Norfolk campus, in recent years delivery modes have been expanded and are now primarily online. ODU distance education in 2011-12 showed an enrollment of 19,409 in Internet courses, 7,972 in satellite courses and 3,430 in video stream courses.

The university's online programs include 16 bachelor's, 16 master's, five doctoral and one educational specialist degree.

ODU's current distance learning network consists of nearly 50 locations - mainly community colleges and military installations - throughout Virginia and in Arizona and Washington State, as well as U.S. Navy ships deployed around the globe. This doesn't count the many students taking online courses when and where they want. Altogether, ODU distance learning counted 7,498 students taking 13,236 courses in the fall of 2012.

Here are the ODU online programs that are ranked as Get Educated Best Buys:

**Nursing B.S.** - with a total cost to a student of \$32,760, the program ranked 9th in the country. The average cost for bachelor's programs in nursing among schools surveyed by Get Educated was \$44,311. The post-licensure B.S. degree in nursing (BSN) curriculum at ODU was implemented nearly 25 years ago, and was among the first distance learning programs offered by the university. In 2002, the School of Nursing began full online delivery of the post-licensure BSN program. Currently, between 250-300 registered nurse students are pursuing the post-licensure BSN online at ODU.

**Nursing M.S.** - with a total cost to a student of \$14,148, the program ranked 13th in the country. The average cost for master's programs in nursing among schools surveyed by Get Educated was \$22,130. Online graduate nursing programs at ODU include Family Nurse Practitioner, Women's Health Nurse Practitioner and Adult/Gerontology Clinical Nurse Specialist/Educator. There are also master's of science nursing programs in Advanced Practice and Nurse Executive Doctor of Nursing Practice. At present, there are nearly 200 graduate nursing students who are pursuing degrees through online study.

Also ranked as “Best Buys” were the Psychology B.S. and Human Services B.S.- the program ranked tied for 18th in the country.

Praise for the Office of Distance Learning came from faculty members who have overseen the highly ranked online programs: Karen Karlowicz, chair of the School of Nursing in the College of Health Sciences.

Distance education students have given their ODU programs a thumbs up, too. Ninety-five percent of those who participated in a recent survey said they were satisfied or very satisfied with the quality of faculty, with the degree of academic challenge and with the knowledge and skills needed for future work provided by their programs.

Andy Casiello, associate vice president for distance learning, said "High-quality faculty, students and programs coupled with a popular online delivery mode make for a winning combination," he added.

## Academy Award Winning Documentarian Speaks at Old Dominion University



On September 25, 2013 Dr. Mohammad Ali Jawad, Internationally renowned surgeon and Academy award-winning documentarian, gave a screening of “Saving Face” and lecture at Ted Convocation Center.

Dr. Jawad is internationally known for his remarkable skills and plastic surgery cases, stemming from his high-profile work to restore a British model who was the victim of a vicious acid attack. HBO documented

his efforts in Pakistan in “Saving Face”, a short film that was awarded the 2012 Academy Award for best short documentary. “Saving Face” shares the stories of women victimized by brutal acid attacks as Dr. Jawad works to reconstruct and heal these victims. The documentary has subsequently been nominated for five Emmy Awards, which was announced October 1 at ceremonies in New York City.

This event was sponsored by the Old Dominion University Center for Global Health, The Old Dominion University Office of Community Engagement and Physicians for Peace.



Dr. Carole Everhart and Dr. Dee Everhart (to the left) at the opening of their clinic.

## Alumni Spotlight

In September 2013 issue of Graduate News, it recognizes former ODU graduate students, Drs. Dee and Carole Everhart, for their outstanding graduate careers and post-graduate accomplishments. Mother and daughter, Dee and Carole graduated from ODU in May of this year with their doctorate degrees in nursing practice (DNP). "I really liked ODU. I like the idea of having a Doctoral Program in Family Practice. Dr. Carolyn Rutledge was my mentor, and she was absolutely great. It was such a good experience," said Dee Everhart.

While going through their DNP programs full-time, the mother-daughter duo started a private clinic in Carroll County, VA. The county includes some of the poorest communities in the state, with high unemployment rates. The clinic is in a rural area about a mile off of Highway 52, and about 4 miles from the North Carolina border. The clinic was built from scratch on Everhart's private property. According to Dee Everhart, the facility is small, but constantly busy. Currently, it serves about 500-600 families. "Some of the people even come from 200 miles away," Everhart said.

Carole Everhart focuses mostly on pregnancies, childbirth and pediatric work, where as Dee Everhart performs regular annual exams for adults such as pap smears, breast exams, and driver physicals. Their scope of practice also includes some minor surgeries. The clinic does not accept any health insurance, Medicare or Medicaid. All office visits cost \$40.

The clinic is currently looking into obtaining a pharmacy as well. "The closest pharmacy to our clinic is about 12 miles away," Everhart says. So far, they have been unable to receive a state grant to help with funding a pharmacy, but they are still looking into ways to make this possible. Dee, Carole, and Carole's daughter Meghan, who is the office manager, are dedicated to making sure that people in their community can receive affordable, primary healthcare from the cradle to the grave. We are proud to have Dee and Carole Everhart as part of ODU's graduate alumni community.

Original source: [September 2013 Graduate News](#)

Iva Stoyneva

## Athletic Trainers are in the College and on the Move!

You may not have seen Athletic Training faculty much because their offices are in the Health Sciences Annex. They teach 13 students in each level of the 2 year post-professional Master's program. But although they may not have high visibility in the building, they are definitely making themselves known. During their first year in the College of Health Sciences these two full-time faculty – Bonnie Van Lunen and Matthew Hoch – and one adjunct faculty – Johanna Hoch – have 17 publications, 22 abstracts, 4 international presentations, 21 national presentations, 4 regional presentations, 4 invited presentations, 3 funded grants, 3 grants in review, and 6 additional grant submissions that were not funded. If you run into these faculty on committees, please let them know how glad we are to call them ours.

Doctor of Physical Therapy first year students participated in the **annual White Coat Ceremony** on Friday, September 20<sup>th</sup>. Faculty, family and friends watched as each student was helped into their coat by a second year student. Later they read aloud the Physical Therapy Pledge recognizing the responsibilities that come with asking patients to trust them. The featured speaker was Physical Therapy Alumni Award winner Cheryl Carrington Greene, ODU PT class of 1982. This event and the continuing education course were generously sponsored by Medical Facilities of America.

Here is a photo of Dr. Greene with Dr. George Maihafer, Graduate Program Director of Physical Therapy and Dr. Shelley Mishoe, Dean of the College of Health Sciences.

The annual **Physical Therapy Reunion** was held the day after the white coat ceremony. David Volkringer, ODU PT class of 1999 presented a continuing education course on treatment of the sacroiliac joint. Participants also enjoyed a box lunch and tour of the soon-to-open ODU Monarch Physical Therapy Clinic. George Maihafer led some alumni over to the Tidewater Physical Therapy Tailgate party of Alum Brian Beaulieu, class of 1996, and on to the football game for those who had tickets.



John "Jack" L. Echternach  
and Big Blue

The weekend wrapped up with sadness and sweetness as faculty, alumni and friends gathered for a memorial service to fondly remember **John "Jack" L. Echternach**, ODU Program in Physical Therapy founder and longtime leader. Jack was an inspiration and a guide for physical therapists across Virginia and even nationally. The Echternach Scholarship has been established to honor his ideal of valuing education and encouraging others to achieve their goals. The current PT faculty has pledged to match up to \$10,000 in donations towards making this Scholarship a reality.



**Dr. Karen Kott**, faculty in the program of physical therapy, is currently involved in the Interprofessional Education initiative within the college, but is also expanding her contributions to interprofessional training. She is currently serving on the committee assisting in updating the OT/PT Manual used by school-based therapists in Virginia and was an invited speaker to the October 1, 2013 VDOE Lead OT and PT Training held in Charlottesville, VA speaking on Evidence-Based Practice. Additionally, she will be a speaker at the 29th Annual International Conference on Young Children with Special Needs and Their Families to be held October 16-19, 2013 in San Francisco, CA. Her topic is: *Bridging Policy and Practice: Piloting a Family Support Center for Early Screenings*. This was an interprofessional endeavor developed through a grant with Hampton University.

**Research Subjects Wanted:** Drs. Karen Kott and Daniel Russell are looking for children between ages 8 and 17 with and without Cerebral Palsy to be part of an IRB approved study: *The influence of virtual reality on treadmill walking in children with cerebral palsy*. For more information please email [kkott@odu.edu](mailto:kkott@odu.edu) or phone her at 757 683-4518. See picture of a child captivated with VR-treadmill program.

October is Physical Therapy Month, with the tagline **Move Forward**. View this youtube video for information on fitness as you age: [http://www.youtube.com/watch?v=LkVH00TmkgE&feature=player\\_embedded](http://www.youtube.com/watch?v=LkVH00TmkgE&feature=player_embedded)

## New Faculty Members

◆ **Keith Krepcho**

Lecturer, College of Health Science Success Advisor, received a Masters of Divinity in 2008 from Southwestern Baptist Theological Seminary and a B.S. in Pastoral Ministry in 2003 from Southeastern University. Previously he was an Academic Advisor in the College of Health Sciences at Old Dominion University.

◆ **Ms. Suzanne L. Benfield**

Lecturer of Nursing, received an M.S. in Nursing in 2012 from the University of North Dakota and a B.S. in Nursing in 2009 from the University of Wisconsin Green Bay. Previously she was a Simulation Lab Coordinator at Medical Careers Institute and a Registered Nurse at Sentara Norfolk General Hospital.

◆ **Dr. Robert D. Bruno**

Assistant Professor of Medical Diagnostic and Translational Sciences, received a Ph.D. in Life Sciences in 2009 from the University of Maryland Baltimore and a B.S. in Biology in 2004 from James Madison University. Previously he was a Post-Doctoral Fellow at the National Cancer Institute.

◆ **Dr. John D. Catravas**

Professor of Medical Diagnostic and Translational Sciences, received a Ph.D. and an M.S. in Pharmacology, in 1978 and 1975 respectively, from the University of Mississippi and a B.A. in Chemistry and Physics in 1972 from Cornell College. Previously he was Senior Associate Dean for Basic Research, Director of the Post-Doctoral Training Program and Core Member of the Vascular Biology Center at the Medical College of Georgia, Georgia Health Sciences University.

◆ **Ms. Margaret L. Green**

Visiting Professor of Dental Hygiene and Acting Chair of the School of Dental Hygiene, received an M.S. in Dental Hygiene in 1971 from Columbia University and a B.S. in Education in 1970 from California State University. Previously she was an Adjunct Professor in the School of Dental Hygiene at Old Dominion University and has been a Clinician in a private periodontal dental practice.

◆ **Dr. Sunil K. Joshi**

Research Assistant Professor of **Medical Diagnostics and Translational Sciences**, received a Ph.D. in Structural and Cellular Immunology in 2000 from the International Center for Genetic Engineering and Biotechnology, India, an M.V.Sc. in Immunology and Virology in 1994 from the Indian Veterinary Research Institute, India, a D.V.M./B. V. Sc. in 1992 in Veterinary Medicine from the GB Pant University of Agriculture and Technology, India, and a B.S. in Biology and Chemistry in 1985 from Agra University, India. Previously he was Assistant Professor of Research in the Department of Microbiology and Immunology and Senior Scientist in the Sickle Cell Cure Foundation at the University of Oklahoma Health Sciences Center.

◆ **Ms. Jamela M. Martin**

Lecturer of Nursing, received an M.S.N. and B.S.N, in 2010 and 2004 respectively, from the University of Virginia and a B.A. in Interdisciplinary Studies in 2000 from North Carolina State University. She is expected to receive a Ph.D. in Nursing from the University of Virginia in 2013. Previously she was a Pediatrics Clinical Instructor in the School of Nursing at the University of Virginia.

◆ **Dr. Patrick C. Sachs**

Assistant Professor of Medical Diagnostic and Translational Sciences, received a Ph.D. in Human and Molecular Genetics in 2010 from the Medical College of Virginia and a B.S. in Biology in 2002 from Virginia Commonwealth University. Previously he was a Research and Development Scientist and a Postdoctoral Associate at the Regenerative Medical Institute at Lifenet Health.

**Grants applied for:**

- ◆ **Flores JM (Principal Investigator)**, Parodi A , **Newcomb T**, Diawara N, Adcock A, Cook B, Craigen L. Interview Simulation for Measuring Cultural Competency in Dental Settings. Agency for Research and Quality (AHRQ) PAR11-25, \$1,001,122.00. September 2013.
- ◆ **Flores JM (Principal Investigator)**, Newcomb T. Using 3-D Simulation Technology to Reduce Early Childhood Caries Rates Among Low-Income, High Risk Populations. American Dental Hygienists' Association, Wm. Wrigley Jr. Company Foundation Community Service Grant. \$5,000. Submitted October 12, 2013.
- ◆ Giles B, **Newcomb T**, Becker S. Strengthening and Sustaining Readiness for Mass Fatality Incidents. 13VA-463 Virginia Department of Emergency Management (VDEM), Department of Homeland Security Grant. \$563,486.00. September 11, 2013.
- ◆ Powden CP, **Hoch MC**. The effect of talocrural traction on range of motion and postural control in individuals with chronic ankle instability. *Mid-Atlantic Athletic Trainer's Association Research Grant*. October 2013. Role: Co-PI. In Review.

**Grants awarded:**

- ◆ **Szklo-Coxe M**, Principal Investigator, Sub-Award Project entitled, "*The Relationships of Sleep Disturbances to Injury Risks*", to University of Wisconsin School of Medicine and Public Health/National Institutes of Health (NHLBI), NIH RO1 #HL062252, 5/1/2013-4/30/2014
- ◆ **Szklo-Coxe M**. Role: Co-Investigator, "*Policy Resistance within a Region's Healthcare System: A System Dynamics Approach*." National Institutes of Health, NIH NHLBI, 5R21HL109973 (year 2 of Award). 8/9/2012-7/31/2014

**Presentations:**

- ◆ Irmischer B, **Hoch MC**, Ringleb SI, Bawab SY, Gaven S, Weinhandl JT. Kinematic variables associated with ACL force during unilateral landings. 37th Annual Meeting of the American Society of Biomechanics. Omaha, NE. September 2013. Poster presentation.
- ◆ Choisine J, **Hoch MC**, Bawab S, Ringleb SI. Effect of a semi-rigid ankle stabilizer on a simulated isolated subtalar joint instability. XXIV Congress of the International Society of Biomechanics. Natal, Brazil, August 2013. Oral presentation.
- ◆ **Hoch MC**, Gilbreath JP, Gaven SL, Van Lunen BL. Effect of a 1-week mobilization with movement intervention on range of motion, dynamic balance, and self-reported function in those with chronic ankle instability. *National Athletic Trainer's Association Annual Convention and Symposium*. Las Vegas, NV, June 2013. Oral presentation.
- ◆ Powden CP, Powell MP, Houston MN, **Hoch MC**. Correlation between plantar cutaneous sensation and self-reported function in individuals with chronic ankle instability. *National Athletic Trainer's Association Annual Convention and Symposium*. Las Vegas, NV, June 2013. Oral presentation.
- ◆ Powell MP, Powden CP, Houston MN, **Hoch MC**. Plantar cutaneous sensory deficits are present in those with chronic ankle instability. *National Athletic Trainer's Association Annual Convention and Symposium*. Las Vegas, NV, June 2013. Poster presentation.



## Presentations continued

- ◆ Houston MN, Van Lunen BL, **Hoch MC**. Kinesiophobia and fear-avoidance beliefs are greater in those with chronic ankle instability. *National Athletic Trainer's Association Annual Convention and Symposium*. Las Vegas, NV, June 2013. Poster presentation.
- ◆ Mutchler J, Weinhandl J, **Hoch MC**, Van Lunen BL. Reliability and validity of a standing hip isometric endurance test for generating muscle fatigue. *National Athletic Trainer's Association Annual Convention and Symposium*. Las Vegas, NV, June 2013. Poster presentation.
- ◆ Mulligan R, Mutchler J, **Hoch MC**, Van Lunen BL. Patient-center and clinical outcomes associated with grade II lateral ankle sprains: A case series. *National Athletic Trainer's Association Annual Convention and Symposium*. Las Vegas, NV, June 2013. Poster presentation.
- ◆ Pittman J, Gaven SL, Cortes N, Walker ML, **Hoch MC**, Van Lunen BL. Plantar pressure distribution differences in physically active individuals with and without functional ankle instability during a side cut maneuver. *National Athletic Trainer's Association Annual Convention and Symposium*. Las Vegas, NV, June 2013. Poster presentation.
- ◆ **Hoch MC**, Gilbreath JP, Gaven SL, Van Lunen BL. Effect of a 1-week mobilization with movement intervention on range of motion, dynamic balance, and self-reported function in those with chronic ankle instability. *Mid-Atlantic Athletic Trainer's Association Annual Meeting and Symposium*. Greenville, SC, May 2013. Oral presentation.
- ◆ Powell MP, Powden CP, Houston MN, **Hoch MC**. Plantar cutaneous sensory deficits are present in those with chronic ankle instability. *Mid-Atlantic Athletic Trainer's Association Annual Meeting and Symposium*. Greenville, SC, May 2013. Poster presentation.
- ◆ **Blando, J.D.**; Lu, S.; Hui, G.; Lin, Y.; Marshall, E.G. (2013) Variability and trajectory of multiple blood lead measures among construction and manufacturing workers, presented at the American Industrial Hygiene Association Annual Conference, May 2013, Montreal, Canada.

## Publications:

- ◆ **Blando, J.D.**; Antoine, N.; Lefkowitz, D. Lead-based paint awareness, work practices, and compliance during residential construction and renovation. *Journal of Environmental Health*, 75(9): 20-27.
- ◆ **Blando, J. D.**; O'Hagan, E.; Casteel, C.; Nocera, M.; Peek-Asa, C. (2013) Impact of Hospital Security Programs and Workplace Aggression on Nurse Perceptions of Safety. *Journal of Nursing Management*, 21: 491-498.
- ◆ **Putnam KF**, Mueller LA, Magann EF, Thagard A, Johnson AM, Ounpraseuth ST, Morrison JC. Evaluating effects of self-reported domestic physical activity on pregnancy and neonatal outcomes in "stay at home" military wives. Mil Med.2013 Aug;178(8):893-8. doi: 10.7205/MILMED-D-13-00045.



## Celebrating 100 Years of the Dental Hygiene Profession

By Irene Connolly, RDH, MS.

ODU's School of Dental Hygiene celebrated their profession's milestone at the home of faculty member Sharon Stull. The guest list included students, faculty and practitioners. In 1913 the first formal school for "dental hygienists" opened in Bridgeport, Connecticut with a strong emphasis on the concept of preventive care. One hundred years later as we celebrate *National Dental Hygiene Month* that concept and the preventive care services of the modern day dental hygienist has proven to be the most cost effective means to improve the oral health of the country. Our goal is to provide access to care for all and to eradicate oral diseases.

All are welcome to receive oral healthcare services at the Sofia and David Konikoff Dental Hygiene Care Facility located on in the Health Sciences Building.

## *Lessons Learned from Mission Trip to Latin America*

Recently, I traveled abroad for a medical mission trip to the Dominican Republic. Our mission was to provide training and education for the Resource Mothers program of Physicians for Peace. Resource Mothers, or Madres Tutelares, are community workers in the Dominican Republic who mentor at-risk teenage mothers to ensure a safe and healthy pregnancy, delivery, and first year of a child's life. Our teaching assignment was to review the steps of taking a blood pressure, pulse and respiratory rate, a valuable skill for the Resource Mothers to perform while working with their clients in the barrios. The Resource Mothers assist teenage mothers from their own barrios, or neighborhoods, with prenatal appointments and postpartum care. In 2012, Old Dominion University nursing and physical therapy students introduced vital sign training to the Resource Mothers on a similar study abroad trip. These skills are useful in helping the Resource Mother's determine when to encourage their clients to seek professional medical attention. For my teaching assignment, I was assigned to a Resource Mother who had only been in the program for about three months, so she had not received prior training from the nursing students. I assisted her with obtaining a blood pressure cuff and a stethoscope in order to perform the task at hand. At the beginning of the teaching session, I taught her some basic information about using the blood pressure cuff and the stethoscope. I worked with a Spanish speaking translator to provide this information.

One thing I must mention is that I had not taken a Spanish class since I received my Bachelors in Psychology in 2005. My Spanish speaking abilities were poor, but I made attempts to get the proper translation before speaking. My Resource Mother did not speak any English. This language barrier created a challenge to teaching because all communication had to go through the translator. As a student, I had learned about using translators but had never had the opportunity to do so in clinical. The teaching session was more difficult and more stressful for both the Resource Mother and me because of the language barrier.

Upon observation of her taking my blood pressure, I could see her determination to be successful and get an accurate



Submitted by:  
**Jessica Fluharty**  
Senior Nursing Student  
Old Dominion University

blood pressure. With her first response of exactly "120/80", I remembered how intimidating it can be to learn these new skills. I started thinking about how I felt as a new nursing student when I was learning to take patient's vital signs. This moment made

me realize how challenging it must be to not only learn a new skill, but to have it taught by someone who speaks a different language. As a nursing student and a future nurse, I will have more opportunities to work with patients who speak a different language. This study abroad opportunity made me realize the challenges of providing patient teaching to non-English speaking patients.

It is important to make sure that the patient accurately understands the information.

This experience of teaching through a translator has taught me a valuable lesson that I would have never had the opportunity to experience unless I had gone on this trip. My experience in the Dominican Republic made me think about how I might interact with patients that are not only of a different culture but also speak another language than me while caring for them in a hospital setting. In the future, I know to take extra steps to ensure that non English speaking patients understand our patient teaching. I also realized how much learning another language would benefit me as a nursing professional. This trip greatly influenced my interest in improving my Spanish.

After having the opportunity to go to the Dominican Republic and work with the Resource Mothers, I would highly recommend other nursing students to consider participating in a medical mission trip. This trip gave me valuable experience for my future career in caring for individuals of a different culture and language. Outside of teaching the resource mothers, I learned a lot about interacting through a language barrier and some of the social norms of the Dominican culture that I could have never learned from a textbook.



As a junior nursing student at Old Dominion University, I had the opportunity to attend a medical mission trip to the Dominican Republic. After attending this trip, it truly opened my eyes to the importance of recognizing the language and cultural barriers that may exist while caring for patients. I am excited to be advancing into my senior year in August. Original article in the [Virginia Nursing Student's Association Newsletter](#).

## May 2013 Dean's List

### Community and Environmental Health

Justina A. Acquah  
 Chantel A. Affum  
 Courtney S. Akers  
 Jordyn A. Armstrong  
 Leah M. Babin  
 Jillian R. Baskett  
 Courtney C. Belfield  
 Christopher C. Bennett  
 Jalia D. Brayboy  
 Arlisa J. Britt  
 Kendra A. Brown  
 Joshua R. Burns  
 Amber T. Carter  
 Jesseca K. Carter  
 Cassandra R. Casul  
 Stanley O. Chatman

Brian L. Collister  
 Heidi M. Crawford  
 Kenneisha D. Edmonds  
 Leondra N. Ewing  
 Holly A. Farino  
 Taylor R. Fletcher  
 Barbara E. Gavin  
 Natalie R. Gish  
 Zachary V. Hargis  
 Rosetta Harris  
 Chelsea M. Haughwout  
 Jordan D. Jacomo  
 Ciara E. Joyner  
 Tyler B. Kerr  
 Kayla R. Kinder  
 Kyle O. Leas

Cherese J. Lewis  
 Katie M/ Lutterbie  
 Keikilani A. Martin  
 Nicole E. Matthews  
 Britney R. McIntyre  
 Carla P. Medrano  
 Alexi M. Melton  
 Gladys Marie Miller  
 Keith A. Montree  
 Cassandra N. Morgan  
 Lauren A. Nickson  
 Raynna A. Nkwanyuo  
 Lauren E. O'Brien  
 Elizabeth J. Palasz  
 Rachel Parker  
 Acara B. Phipps

Anna R. Reed  
 Sally M. Saucedo  
 Megan A. Schick  
 Angela I. Scott  
 Chanmoly Seng  
 Elizabeth S. Shepherd  
 Michael E. Skeeter  
 Jessica F. Steeves  
 Mariana K. Vallad  
 Susan E. Wadsworth  
 Williams J. Wall  
 Kevin M. West  
 Eva N. Wilkerson  
 Samira L. Wilson  
 Ashley N. Wytttenbach

### Medical Technology

Alisa Agey  
 Ali A. Almutab  
 Jennifer M. Bitzer  
 Christy L. Bronaugh  
 Caleb A. Brown  
 Molly K. Capes  
 Jessica L. Caruso  
 Kelly Downs  
 Rachel Durham  
 Khamisha A. Grant  
 Ravondria U. Harvey  
 Courtney A. Henry  
 Jessica C. Krehbiel  
 Yoella Y. Lopez

Jenny L. Mazac  
 Taylor G. Quinn  
 Jessica E. Rhodes  
 Ashlee P. Simmons  
 Grace A. Wagner  
 Ryan T. Wilke  
 Meghan J. Woolsey

### Nuclear Medicine Technology

Deanna F. Berryman  
 Amanda M. Burleson  
 Staci L. Cline  
 Joseph A. Duquette  
 Andrew R. Dynan  
 Deiana N. Gregg  
 Devon L. Harlow  
 Jennifer L. Harsha  
 Angelina L. Hendon  
 Amy E. Hinman  
 Heather R. Hosman  
 Mary K. Hughes  
 Andrew J. Jones  
 Nicole E. Jones  
 Sara M. Jones

Benjamin P. Kellogg  
 Cheryll-Jul T. Lazo  
 Lauren N. MCCullock  
 Sara H. McLaren  
 David M. Mecka  
 Zachary A. More  
 Tiffany L Radican  
 Joseph D. Rothfuss  
 Michael L. Ruis  
 Jaymie A. Schioppa  
 Pricscilla V. Wakefield  
 Lucy E. Weinstein  
 Brittany A. West  
 Kaitlin N. White

## Cytotechnology

Stacey L. Easton

Tomeshia Fuller

Ashley N. Giaccio

Brittany N. Hamilton

Madoka Leslie

Louisse A. Mangalindan

Petrena C. Simmons-McIntosh

## Dental Hygiene

Tommie J. Barnes

Matthew A. Barrick

Ginger L. Barrow

Rebecca M. Behling

Kelly L. Bloomberg

Emily R. Bodsford

Santa E. Burdette

Ashley A. Carter

Jonathan A. Carter

Megan L. Sassara

Brittany D. Clary

Rebecca A. Coppage

Emily N. Cox

Brianna C. Coyne

Ashley M. Crawford

Ashley S. Cutler

Kailin M. Edwards

Meredith C. Ellis

Heather R. Evan

Hannah M. Farrish

Theveline J. Felix

Sherri Frank

Kacy L. Gamache

Ellie S. Gaug

Kristin N. Giustino

Sadie J. Hamric

Jennifer Hart

Katelyn J. Henry

Madeline L. Hren

Jonneisha L. Jacobs

Jacqueline T. John

Kayla M. Jones

Lindsey G. Jones

Shannon L. Jones

Dylan M. Keefe

Ashley R. London

Helena J. Lucca

Emily A. Ludwig

Amanda L. Maready

Sarqah K. McMullin

Bria N. Mizell

Marneil M. Mojares

Laura N. Mundy

Mei Nagahama

Tram Q. Nguyen

Lindsey A. O'Brien

Ashley P. Ownley

Marissa K. Redding

Ashley D. Redriguez

Karen A. Rose

Brittney L. Shortt

Casey L. Slavnik

Rachel L. Stanbrook

Gail M. Stone

Jessica R. Suedbeck

Laurel K. Swartzentruber

Shuma Talukdar

Laura D. Thomas

Christiana N. Vastardis

Tiffany J. Waite

Kendalle N. Weaver

Kristen A. Wells

Crystal K. Wichman

Jamila O. Williams

Kejdra A. Williams

Amber J. Wood

Angela M. Wood

Ilmira R. Wrinkle

# Nursing

Shelby M. Ackaway  
 Ashley B. Adams  
 Andrea L. Akers  
 Sarah C. Alegre  
 Taiquita L. Ardan  
 Rebecca Ashworth  
 Katherine. B. Babb  
 Jessica B. Bacheller  
 Lisa M. Baldwin  
 Cheryl Barberan  
 Lizamara C. Bedolla  
 Kanisha S. Belt  
 Eleanor M. Benedictus  
 Rashelly Benitez  
 Megan L. Bess  
 David G. Besset  
 Rebecca A. Black  
 Tehell t. Bledsoe  
 Bobbiann M. Bowman

Ariel R. Branch  
 Joshua D. Braunbeck  
 Sheridan L. Brown  
 Dakota L. Bryant  
 Rebecca J. Buechler  
 Samantha M. Callahan  
 Raul E. Cardona  
 Courtney M. Carretero  
 Christopher W. Carter  
 Melanie L. Carter  
 Jessica B. Caviness  
 Sahara K. Chowyuk  
 Margaret E. Clough  
 Amanda Coffin  
 Diana I. Collette  
 Katherine M. Collins  
 Maya J. Congo  
 Holly L. Connors  
 Rocio E. Constanza

Brittany E. Courtney  
 Kimberly I. Craig  
 Danielle E. Cribb  
 Whitney D. Crowder  
 Clara F. Dalton  
 Mary C. Darden  
 Allita De Oliveira Braga  
 Lanvy T. Dean  
 Christopher C. Del Rosario  
 Anthony P. Desomma  
 Angela M. Diaz  
 Jessica E. Dizon  
 Justyna Dlugolecka  
 Malea A. Deummond  
 April Y. Durham  
 Shadarra J. Earls  
 Amy E. Early  
 Danielle L. Easter  
 Sandra K. Elkins

Karen Z. Estrella  
 Sindy Eugene  
 Natalie S. Eyer  
 Annette Fernandez  
 Leah G. Fiedler  
 Bezawit M. Fissaha  
 Janelle C. Fittro  
 Karen C. Forsan  
 Hayley A. Forrest  
 Brittany N. Frame  
 Wendy N. Frantz  
 David C. Frey  
 Christopher Gainey  
 Tayler B. Gallaher  
 Samantha P. Galloway  
 Kasey R. Gear  
 Keri B. Gearhart  
 Danielle M. Gemender  
 Marian A. Gemender

Sara K. Genteline  
 Ayrat I Gimranov  
 Arlene M. Gonzales  
 Vanessa K. Gonzales  
 Amber L. Goodwin  
 Jaziel J. Green  
 Jenifer L. Griffin  
 Nikkol F. Grinnell  
 Lindsay A. Hall  
 Shannon M. Harris  
 Hannah K. Harrison  
 Jessica A. Harvey  
 Catherine M. Hayes  
 Brandi M. Hazelwood  
 Zack L. Hedrick  
 Katie M. Heil  
 Jeffrey D. Henderson  
 Elisa T. Hendrix

Jennifer C. Hernandez  
 Janet B. Herndon  
 Jay Holladay  
 Sarah L. Howells  
 Jakheya T. Hughley  
 Sarah A. Ingold  
 Jenafer L. Johns  
 C'Esa D. Johnson  
 Melissa K. Johnston  
 Isha Kamara  
 Marissa J. Keefe  
 Marcella R. Kennedy  
 Faith C. Kim  
 Kristin L. Kinsley  
 Kelsey E. Kolb  
 Ann C. Kownack  
 Kristine A. Krukar  
 Emily L. Kubacki

Cassandra B. Langless  
 Karen C. Leedom  
 Karolina A. Lethueur  
 De Jacquand  
 Kerri-Ann Libera  
 Ebony A. Lindsay  
 Xingtong Liu  
 Mary K. Looker  
 Robyn S. Lutzkanin  
 Heather D. Mains  
 Anna Maksimovich  
 Allison C. Maliniak  
 Mark Christian N.  
 Managuio  
 Sarah M. Manik  
 Marc Z. Manucal  
 Jamie L. Martin  
 Grace E. Mason  
 Kathryn A. Mason

Allison R. McElhaney  
 Haley A. McGee  
 Shanna K. McVean  
 Jasmine D. MeWarren  
 Princess Meadows  
 Stephanie M. Mendoza  
 George U. Menninger  
 Michael C. Menninger  
 Ericka N. Mercier  
 Chelsea J. Miller  
 Jena M. Miller  
 Rhandy J. Mills  
 Jamalia N. Mobley  
 Rebekah L. Molina  
 Jessica L. Morgan  
 Amanda D. Mosley  
 Whitney N. Myles  
 Sharon N. Myrick

**Nursing** (continued)

Jamie Nagy	Sonny J. Pascale	Kimberly D. Pullen	Schwaan J. Rowell
Christine M. Navarro	Jorge A. Paulino	Leeann E. Quiroga	Carrie A. Royse
Christopher N. Ndiritu	Elena G. Payan	Winter S. Rae	Taylor L. Rozycki
Lauren N. New	Margaret S. Perry	Andrea R. Ramirez	Sarah E. Salmon
Jasmine J. Nicholson	Roberto D. Piedra	Dannerys M. Ramos	Christopher S. Samsel
Lindsey D. Northup	Kyrstie A. Pierson	Emily Redden	Laily Sawari
Kirsten L. Nusum	Victoria F. Pittman	Rebecca M. Reed	Rene J. Sauzedde
Cortney B. O'Connors	Emily M. Plemmons	Rica O Reuyan	Meredith L. Schisler
Brina J. Oldenburg	Amanda L. Porter	Cameron M. Rice	Daniel Seenauth
Katelyn E. Onley	Morgan L. Portillo	Delilah J. Rietow	Trena N. Shelton
Leile M. Ortiz	Dawn M. Poythress	Harley F. Riggleman	Michael A. Short
Rebecca F. Pagan	Laura P. Pozo	Ashley Rivera	Victoria Simonyakina
Michelle L. Pallera	Kimberly G. Price	Kayla J. Rogowski	Brittanie L. Smith
Francesca V. Paragas	Lorien D. Puckett	Shannon L. Rogowski	Delenthia S. Smith

Sara A. Smith	Amanda J. Turissini	Rebecca L. Wofle
Kathy L. Smothers	Karen E. Turner	Lauren C. Wynder
Victoria M. Snyder	Alexis C. Tynes	
Richard T. Sposito	Kayla M. Vadney	
Daniel L. Stephenson	Emily S. Vanetten	
Christina L. Suever	Andrea G. Vera	
Caroline Survill	Mayrell E. Voellm	
Maryanna E. Swanson	Lataveius M. Wallace	
Katherine A. Tan	John B. Ward	
Jennifer M. Tapley	Brittany M. Warren	
Jessica E. Taylor	Jasmine M. Wells	
Julia-Marie K. Teggarden	Jasmine N. Wharton	
Virginia B. Thedieck	Christopher Wheatly	
Courtney R. Thomson	Ariel M. Whitmire	
Emily G. Thrasher	Aieshaleivon M. Williams	
Brittney M. Tiggelaar	Lakesa T. Williams	
Jenna N. Todd	Stephanie Willis	
Carlos A. Torrealba	Jessica M. Wilson	
Crystal A. Treat	Breittney L. Wittmer	

**Health Sciences Intended**

Shannon K. O'Donoghue

Sardor, Yusupov

## Calendar

### October 18

Faculty Retreat 9 am-12:30 pm

### October 30

Dean's Student Advisory Committee Luncheon, 12:30-1:30 pm  
Location: 2114 Health Sciences

### November 1

Application Deadline for DPT program starting June 2014

### November 5

Alpha Eta Induction Ceremony  
12:30-1:30 pm  
Location President's Dining Room, Webb Center

## Student Accomplishment

MS students Mellody Liples and Meghan Card received scholarships to attend the National Environmental Health Association Annual conference. Her story was published in the EHAP News, entitled: National Environmental Health Association Provides Student with Travel Scholarships to Attend its Annual Conference."

<http://aehap.org/wp-content/uploads/2013/08/Summer-Newsletter-2013-FINAL-YS.pdf>

## Welcome Back

The College of Health Sciences annual **Welcome Back Picnic** was held on September 10, 2013 for students, faculty and staff.



## Spring Break Study Abroad 2014

in

## Guatemala

### March 7-15

*Interdisciplinary Health Science Global Health Education*

**This study abroad program is open to all health science declared majors.**

From more information, contact:

Janice Hawkins RN, MSN at [jhawkins@odu.edu](mailto:jhawkins@odu.edu) COHS 2134B

Christine Sump, RN MSN @ [csump@odu.edu](mailto:csump@odu.edu)