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# Use of extractable lipofuscin for age determination of blue crab *Callinectes sapidus*

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ABSTRACT: The blue crab *Callinectes sapidus* is an economically and ecologically important species in many temperate estuaries, yet stock assessments have been limited to length-based methods for demographic analyses. We evaluated the potential of age pigments (lipofuscins) sequestered in neural tissue of eye-stalks and brains to estimate the age of blue crabs collected from Chesapeake Bay and Chincoteague Bay. The rate of lipofuscin accumulation was determined using crabs of known age reared in the laboratory. Age pigments were extracted from neural tissues (eye-stalk or brain), quantified, and normalized to protein content to allow comparisons across tissue types and crab sizes. Fieldcollected blue crabs (35 to 185 mm carapace width) contained highly variable levels of age pigments (coefficient of variation = 58%). Lipofuscin level was significantly related to carapace width, but not significantly different between gender or sampling location. In juveniles (40 to 70 mm carapace width) reared for 6 mo, the age pigments showed no significant change during the rapid summer growth period, but significantly increased during fall (after 3 mo). Lipofuscin contents in known-age reared crabs were positively related to chronological age. Modal analysis of lipofuscin for field-collected adult males provided separation of multiple modes, whereas carapace width showed only a single broad mode. These results confirm the potential use of lipofuscin for age estimation of blue crabs.

#### INTRODUCTION

Knowing the age structure of wild populations is fundamental for effective fisheries management. For the many species of fishes, age can be determined with reasonable certainty using hard parts which produce a characteristic growth increment over time, e.g. otoliths, scales, or spines (Hjort & Lea 1914, Secor et al. 1995). Age determination of crustaceans, however, is difficult because they lack permanent hard structures. Crustaceans periodically molt their calcareous exoskeleton as they grow, removing all external evidence of age or previous size. At each molt extra space is created which is filled over time by the growth of soft tissue. As a result, crustacean soft tissue growth may be continuous while carapace size, the most frequently used measure of growth and age, is a discontinuous function over time. For crustaceans such as the commercially important blue crab *Callinectes sapidus* modal analysis of length frequency data is often used because methods for direct ageing do not exist (e.g. Rothschild et al. 1992). Unfortunately, length-based methods are inherently imprecise, particularly when the spawning season is protracted as in the blue crab. This can cause a wide distribution of sizes in a single year class (Prager et al. 1990). Due to discontinuous growth patterns, protracted spawning season, and variability in molting frequency, it has been difficult to accurately determine chronological age of crustaceans captured in the field using modal analysis.

The critical need for age structure data on crustacean populations has led to alternative methods for age determination. Among the most successful utilize are biochemical or histological approaches that measure condensation products which accumulate in postmitotic tissue (i.e. neural) as a consequence of peroxidation reactions. First observed in humans by

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Hannover (1842), these fluorescent age pigments (FAP), termed lipofuscins (LF), are now recognized as one of the most clearly discernable markers of ageing in cells (see review by Gutteridge 1987). The accumulation of FAP or LF has been applied as an alternative to conventional morphometric age determination techniques in crustaceans including lobster (Belchier et al. 1994, Sheehy et al. 1996, Wahle et al. 1996), crayfish (Sheehy 1992, Belchier et al. 1998), prawn (Sheehy et al. 1995), and krill (Ettershank & George 1984, Nicol et al. 1991). Estimating LF content of animal tissues rely on 1 of 2 approaches. The first involves analysis of histological sections by counting and guantifying pigment containing granules using fluorescence microscopy (O'Donovan & Tully 1996, Sheehy et al. 1996, Wahle et al. 1996, Belchier et al. 1998). The second method relies on extraction of the hydrophobic products using organic solvents, with subsequent measurement of fluorescence by spectrophotometric analysis (Davis et al. 1982, Hirch & Anger 1987, Nicol et al. 1991).

We evaluated the potential for extractable LF to provide an accurate age determination of blue crabs. Methodology for measurement of extractable LF was first evaluated and refined. The relationship between chronological age and LF level was then tested using known-age juveniles. Temperature and salinity effects on LF accumulation rate were also tested for laboratory-reared, and field-collected crabs, respectively, because there is evidence that LF accumulation may be directly correlated with metabolic rate (Katz et al. 1984, Clarke et al. 1990, O'Donovan & Tully 1996). Finally, modal analyses of both LF- and carapace width (CW)-based 'indices' of age were compared using field-caught specimens.

#### MATERIALS AND METHODS

Sampling and laboratory rearing. Blue crabs were collected in the fall of 1996 and the summer of 1997 near Calvert Cliffs, Maryland, USA. Most crabs were immediately sacrificed and analyzed. One subset of crabs was retained for rearing experiments to determine the minimum time period (month, year) that

changes in LF concentration could be resolved under known environmental conditions. A group of juvenile crabs representing spring or summer cohort of 1996 (40 to 70 mm CW) were reared for a 6 mo period. Crabs were held in individual cages (size:  $20 \times 40 \times 15$  cm; total volume: 3.6 l) under constant flowing seawater (200 ml min<sup>-1</sup>) at a constant (20°C) or ambient (20 to  $28^{\circ}$ C, mean =  $24^{\circ}$ C) temperatures. They were fed small pieces of fish (typically menhaden Brevoortia tyrannus) every other day. Salinity during the period ranged from 10 to 15%. Size as CW (including lateral spines) for all crabs was measured monthly, and subgroups (n = 3 to 10) were periodically sacrificed for LF extraction and measurement. In addition, 3 groups of juvenile blue crabs (n = 9) of known age (7.6, 8, and 12 mo old) originally collected as megalope from lower estuaries of the Chesapeake Bay during the summer and fall of 1996 and reared under known conditions (temperature: 20 to 25°C; salinity: 25‰) were provided by Dr J. McConaugha of Old Dominion University. These were used along with our group to develop a predictive relationship between LF and age.

For field comparisons 500 crabs were collected from Chesapeake Bay and Chincoteague Bay, Maryland, USA, in the fall of 1997 using commercial watermen. These wild populations were used to establish a baseline with which to compare laboratory results. The Chincoteague Bay differs from the Chesapeake in that the system maintains an annual mean salinity of 30‰ (Cargo 1958) compared to a significantly lower level in the Chesapeake (<25‰; Lippson 1973). Temperature for each sampling site are relevant (difference of mean annual temperature: <2°C). Comparison of these 2 populations allowed a preliminary examination of the effect of salinity on LF content.

Sample preparation. Crabs collected from the field or maintained in the laboratory were anesthetized on ice prior to being sacrificed. After morphological measurements were taken, brain and eye-stalk tissues were carefully excised (Fig. 1a). Retinal tissues were separated from eye-stalks and discarded because they contain substantial levels of pigment (i.e. retinol) which can overlap with the fluorescence spectra of LF (Hill & Womersley 1991). Each collected tissue was



Fig. 1. (a) Illustration showing tissue sections from the blue crab *Callinectus sapidus* (modified from Bullock & Horridge 1965) used for lipofuscin (LF) determination, (b) comparative fluorescence emission spectra of extractable LF at maximum excitation of 340 nm transferred to a 4 ml amber vial for solvent extraction of LF. Sampled tissues for LF analysis and emission fluorescence spectra of extractable LF from tissues are shown in Fig. 1. LF extracted from external eye-stalk showed the highest fluorescence intensity and thus were used for quantifying LF in this study (Fig. 1b).

Analysis of extractable LF. Brains and eye-stalks were extracted and immediately analyzed to minimize potential problems of preservation and sample handling described by Nicol (1987) and Hill & Womersley (1991). Extraction efficiency for samples (especially eye-stalks with calcareous exoskeleton) was optimal using a mixture of dichloromethane (CH<sub>2</sub>Cl<sub>2</sub>)-methanol (MeOH) (2:1, v/v), which is comparable with previous studies. Tissues were extracted with 4 ml mixture of CH<sub>2</sub>Cl<sub>2</sub>-MeOH with sonication using a microprobe (20 W for 2 min). The samples were then centrifuged at  $800 \times q$  for 10 min to remove cellular debris. A portion of the total extract was transferred to a 4 ml vial and dried under N2. This was redissolved in methanol (1 ml) and transferred to a 1 cm guartz cuvette. Smaller/limited samples were analyzed in a microcuvette (200 µl). Analysis used a Hitachi 4500 scanning fluorescence spectrophotometer at room temperature (ca 20°C). Fluorescence intensity was read at a maximum emission wavelength of 405 to 410 nm using a maximum excitation at 340 nm.

The quantification of extractable LF was calibrated using quinine sulfate dissolved in  $0.1 \text{ N H}_2\text{SO}_4$  which has a maximum emission wavelength at 450 nm with excitation at 340nm. To provide a quantitative measure of LF in tissue, fluorescence intensities as concentration were normalized to protein content of extracted tissues (Eq. 1) measured by the modified bicinchoninic acid (BCA) assay described by Nguyen & Harvey (1994).

Statistical analyses. LF measurements (µg LF mg<sup>-1</sup> protein) were log transformed before statistical analyses to satisfy assumptions for homogeneity of variances and normality of residuals. Correlation analyses were used to compare LF concentrations between the 2 different tissues (brain and eye-stalk) and between left and right eye-stalk from the same individual. For laboratory-reared crabs, analysis of variance (ANOVA) was first used to determine whether CW and eye-stalk LF content was affected by temperature and time, followed by monthly contrasts of CW and LF using protected Fisher's least significant difference (LSD) test. For field-collected samples, analysis of covariance (ANCOVA) was used to determine whether the relationship between CW (covariate) and eye-stalk LF con-

tent was affected by gender or sampling sites. All statistical analyses were performed using SAS (version 6.12).

Modal analysis. Distribution of length CW frequency and extractable LF index for field-collected Chesapeake Bay and Chincoteague Bay male blue crabs were analyzed for modal separation. We specified that modal means should be separated by more than 2 standard deviations (SD) (Gulland & Rosenberg 1992). LF index frequencies showed more than 2 modes and distributions were analyzed using ENORMSEP (Gayanilo et al. 1996), which is a maximum likelihood method for identifying modes. CW frequencies showed only a single mode and were not further analyzed. A Chisquared test was used to test the procedural assumption that frequencies were normally distributed for each mode. Class interval was specified at 0.02 LF index because this exceeded the precision of the LF measurement and gave class size ranges between 5 and 25, typically most useful in analyzing distribution modes. Additionally, we assumed that the first mode in the LF-based frequency histogram is 1+ (1 to 2 yr old) age class since these crabs were collected in fall (November) and spawning occurs April-June (Johnson 1995).

#### RESULTS

#### Methodological refinements

The fluorescence of extractable LF in brain and eyestalk of blue crabs was found at a maximum emission wavelength of 405 to 410 nm with a maximum excitation at 340 to 350 nm. These wavelength ranges match well with those reported in the literature for LF (see review by Hammer & Braum 1988), particularly the data reported for the spider crab *Hyas araneus* (Hirche & Anger 1987), and for the nematode *Caenorhabditis elegans* (Davis et al. 1982). A second emission maximum at 510 to 520 nm (at excitation wavelength of 340 to 350 nm) was found with extracted LF in eye-stalks. This second emission maximum appears due to the concomitant extraction of flavins known to be present in eye tissue (Fletch et al. 1973, Davis et al. 1982).

The relationship between LF contents of the 2 different tissues, brain and eye-stalk, were significantly correlated (r = 0.74; p < 0.01; n = 12) although the overall fit was not strong (data not shown). Extractable LF content between left and right eye-stalks of individual crabs were significantly correlated (r = 0.86; p < 0.005; n = 10). For field-collected crabs, no difference in LF content in eye-stalks was apparent between males (n =385) and females (n = 151) (p > 0.05) (Fig. 2).

#### Lipofuscin versus carapace width

Protein-based LF concentration in eve-stalk varied positively with crab CW, with juveniles having much lower concentrations compared to adults (Fig. 2). CW for adult males and females from Chincoteague Bay were significantly smaller (t-test; p = 0.001) compared to those from the Chesapeake system, as has been historically observed (Cargo 1958). Adult (CW  $\geq$  120 mm) males collected from Chesapeake Bay had mean CW of 148.6 ± 13.5 mm (mean  $\pm$  SD) (n = 180) and females, 148.6 cm  $\pm$ 10.7 mm (n = 60). Adult crabs collected from Chincoteague Bay had mean CW of 137.3 ± 13.9 mm (n = 180) and 139.8  $\pm$  0.7 mm (n = 60) for males and females, respectively. LF concentrations in eye-stalks of crabs between 2 systems, however, were not significantly different (ANCOVA; p > 0.05). The relationship between CW and LF index of all field-collected crabs was significant (p < 0.001) albeit weakly correlated (r = 0.18).

Table 1 Results of 2-way ANOVA examining effects of temperature and time (month class) on size (CW: carapace width including lateral spines) and LF index (log<sub>e</sub> transformed) of laboratory-reared crabs (n = 3 to 10). F: variance ratio; p: probability of type II error; df: degree of freedom; NS: not significant (p > 0.05)

Effect	df	F	р
Size (CW)			
Temperature	1	12.17	0.0011
Time	5	21.55	0.0001
Temp. $\times$ Time	3	2.22	NS
LF index			
Temperature	1	0.99	NS
Time	5	4.81	0.0014
Temp. × Time	3	0.55	NS

Table 2. Monthly mean CW and LF index with the results of Fisher's LSD test. Values followed by the same letter(s) are not statistically different as determined by protected Fisher's LSD test at p = 0.05

Time (mo)	Mean CW (mm) in ambient (20–28°C) water	Mean CW (mm) in constant temperature (20°C) water	Mean of the LF index
0	51.1 <sup>-di</sup>	51.1*	0.079**
1	77.1 <sup>b</sup>	59.9 <sup>#b</sup>	0.082 <sup>ab</sup>
2	89.1 <sup>bc</sup>	69.4 <sup>bc</sup>	0.110 <sup>bc</sup>
3	103.9 <sup>c</sup>	80.9 <sup>rd</sup>	0.127°
5	-	94.6 <sup>11</sup>	0.161 <sup>c</sup>
6	-	87.1 <sup>1/0/1</sup>	0.171 <sup>d</sup>



Fig. 2. Plot of carapace width (CW) versus LF index of 536 crabs (385 males and 151 females) collected from Chesapeake and Chincoteague Bays. Juveniles (<120 mm) were collected in summer 1997 from Calvert Cliffs, Maryland, USA

#### Ageing resolution using extractable lipofuscin

Growth rates of juveniles reared at ambient (higher) temperatures grew significantly faster than crabs reared at a constant 20°C, based on CW (ANOVA; p = 0.001). LF accumulation in eye-stalks, however, showed no significant differences (p > 0.05), between temperature levels (Table 1). Because there was no affect of temperature on the protein-based LF index, samples were pooled and tracked as a single group. Monthly contrasts of LF indicated that time periods separated by less than 3 mo did not significantly differ (Table 2). Monthly contrasts of CW showed similar temporal differences at 20°C, but greater month differences in CW under ambient condition where the average temperature was higher.

We estimated the time dependent LF accumulation of blue crabs using LF content in eye-stalk using known-age crabs together with field-collected juveniles (assumed to be 1.25 yr old at start of rearing period) reared in the laboratory for 6 mo. A exponential function was constructed to describe the relationship between known or assumed ages of reared crabs and their LF index in eye-stalk. The equation (LF index [eye-stalk] =  $0.019e^{1.142.996}$  (system), p = 0.0001) was significant and could explain 49% of the variation of the LF index (Fig. 3).



Fig. 3. LF accumulation rate of known age crabs raised from megalope ( $\blacktriangle$ ) or juveniles collected from the field and subsequently reared in the laboratory for 6 mo ( $\blacksquare$ ). Fieldcollected juveniles were assumed to have spawned during May 1996. The regression and r<sup>2</sup> for the exponential regression include all values (n = 3 to 10)

#### Modal analysis

Size composition (and presumably age composition) was limited by the minimum size which commercial harvesters could retain (CW = 120 mm). For both collections, the small separation between any observable CW modes did not support fitting more than a single mode (Fig. 4a, c). Current stock assessments of Chesapeake Bay crabs assume that crabs >120 mm are greater or equal to 2 yr in age (Rugulo et al. 1998).

Fitted LF index means (by FISAT) of 1+ age class were very close (deviating less than 5%) to the LF index value (0.11 at age = 1.5 yr), obtained from the exponential regression of laboratory rearings (Table 2). Frequency distributions for the LF index showed multiple modes for both field samples (Fig. 4b, d). Fitted distributions to modal means supported the separation of modes since mean intervals were all greater than 2 SD for the first 3 modes in each sample (Table 2). For both populations, LF index-based modal



Fig. 4. Frequency histograms based on CW (a, c) and LF index (b, d) in eyestalk for adult male crabs collected from Chesapeake (n = 180) and Chincoteague Bays (n = 180). Solid lines (b,d) are derived from a predicted frequency distribution and dashed lines show normally distributed components of each mode based on the ENORMISEP analysis. 1+ age mode consists of individuals 1 to 2 yr old

Mode	Chesapeake Bay		Chincoteague Bay	
	Mean LF ± SD	No. of ind. mode <sup>-1</sup>	Mean LF ± SD	No. of ind mode <sup>-1</sup>
1+ age	$0.106 \pm 0.03$	5 96	$0.110 \pm 0.017$	104
2nd mode	$0.216 \pm 0.04$	5 69	$0.232 \pm 0.037$	67
3rd mode	$0.346 \pm 0.06$	6 15	$0.380 \pm 0.021$	9
$\chi^2$	10.85		17.83	
df	24		22	

distributions were not significantly different from predicted normal distributed frequencies (Chi-square test; at 95% level of confidence). Unfortunately, it is difficult to assign the age value beyond 1.8 yr through modal analysis due to the lack of a calibrated LF index data for >2 yr old crabs. For Chesapeake Bay crabs, several LF values were beyond the third mode which suggested crabs of greater longevity. However, this mode could not be statistically distinguished from the third mode. In both Chesapeake Bay and Chincoteague Bay samples, modal frequencies declined more than 30% between the first and second modes and more than 3-fold between the second and third modes (Table 3).

#### DISCUSSION

The blue crab plays an important ecological and economic role in many temperate estuaries yet age information has been lacking. Results for field collections and short-term rearing experiments suggest that protein-based LF measures may provide a method for significant improvement for estimation of age structure in Callinectes sapidus. While modal analysis based on CW only discerned a single mode, protein-normalized LF concentrations in eye-stalks showed multiple modes. Multiple modes would be expected based on current knowledge of spawning behavior and longevity. The results also showed a successive decrease in modal amplitude with succeeding modes. Given the life history and recruitment dynamics of the blue crab in estuarine systems (van Engel 1958), this pattern of decreasing amplitude with increasing age seems a reasonable scenario, particularly in the Chesapeake Bay where harvesting pressure is high (Rugulo et al. 1998). These results are quite similar to a recent LF modal analysis conducted on lobster (western rock lobster Panulirus cygnus) by Sheehy et al. (1998) where better age-class separation was obtained using LF rather than size.

The successful use of eye-stalk ganglia rather than brain tissue for LF quantification has been demonstrated previously for the European lobster Homarus gammarus using fluorescence microscopy (Sheehy et al. 1996). The advantages of using neural tissue in eye-stalks compared to dissection of brain tissue are many. Foremost is the ability for rapid sampling of tissue to minimize artifacts associated with extended sample handling (e.g. Hill & Womersley 1991). Eyestalks can be excised and the chitinous sheath removed in minutes prior to extraction to minimize the possibility of sample alteration prior to analysis (Nicol 1987). At least in principle, the use of eyestalks also provides the potential for collection of a second measure from a single individual which would provide accurate LF accumulation rate information. This has yet to be confirmed, however, and the localization of the primary molting hormone for Callinectes sapidus in the eye-stalk (Skinner 1985) could have physiological repercussions which may compromise any values obtained. Additional studies are currently underway to examine the potential for sequential sampling of eye-stalks in tagged crabs. From an economic perspective, removal of the eye-stalk does not compromise the crabs' market condition, an important aspect for commercial species and one also noted by Sheehy et al. (1996) for lobster.

Despite the fact that LF accumulates in tissues with age, a quantitative relationship between the amount of extractable LF (measured by spectrofluorometry) and the volume fraction as intact granules (determined by fluorescence microscopy) has not yet been established.

Many of the concerns have been presented elsewhere (e.g. Hill & Womersley 1991), and include both analytical procedures and fundamental properties of the pigments themselves. One important variable has been the appropriate basis on which to quantify fluorescent intensity from tissues. Although fluorescence intensity itself can be accurately calibrated against external standards, LF per unit tissue volume has often relied on wet or dry weight of small tissue samples, either before or after extraction (e.g. Ettershank & George 1984). Such measures are inherently variable and subject to differences among tissue types and processing methods. Our use of cellular protein as a basis for measurement of extractable LF concentrations eliminates many of the difficulties encountered previously in its application. Rather than wet weight or other mass measures, protein provides a more representative value of cellular material extracted, and current methods allow for high sensitivity and wide dynamic range. Careful attention to sample extraction, handling and analysis (see Hill & Womersley 1991) together with accurate values for tissue protein allow

extractable measurement of LF to provide a sensitive measure of its accumulation in crustacean neural tissues.

A second concern has been the discrepancy between fluorescence maxima of age pigments seen in extracts compared to intact granules viewed within tissue sections. Many workers (e.g. Sheehy 1996) have observed that intact LF present in granules have maxima at significantly longer wavelengths (500 to 600 nm) than that seen for LF in extracts of the same tissue measured spectrofluorometrically (typically 400 to 500 nm). For the blue crab, fluorescence maxima were similar to other studies of extracted FAP, with little observed fluorescence above 500 nm which could not be attributed to other cellular constituents (i.e. flavin). One explanation for the variation in fluorescent signature appears not to be inherent structural differences in extractable and native LF per se, but rather that the observed fluorescence maxima is concentration dependent. Yin & Brunk (1991) examined a variety of potential age pigment fluororphores, including Shiff-bases and aldehydes, and found that the emission maximum shifted to longer wavelengths as concentration increased. Shifts were significant (up to 126 nm), and dependent upon the dilution used and other compounds in the matrix. This concentration dependent fluorescence shift might in part reconcile the common observation of blue fluorescence observed for age pigment in solution compared to the yellow fluorescence seen in intact granules where such pigments are highly concentrated (Yin 1996).

For field-collected crabs, the weak relationship between CW and eye-stalk LF index was due to the high variability of the size in the same age crabs or the variability of the possible age structure in the population. We had also expected that LF at a given size might be higher for females than males. Evidence indicates that shortly after their initial copulation, blue crab females molt for a single last time, at a relatively small size (CW < 130mm; Millikin & Williams 1984). Females living beyond this molt should accumulate LF independently of size. However, we did not observe that females had higher LF content than males at the same size. This may be explained by low survival beyond first spawning or a change in LF accumulation rate after the terminal molt.

The laboratory rearing experiment showed that the resolution of LF ageing was less than 6 mo (Table 2) and LF reliably predicted chronological age in laboratory-reared crabs held until they were approximately 1.8 yr old. While results were encouraging, such highly precise measures should be cautiously evaluated and may not be applied directly to crabs in nature. Other environmental variables such as food supply which alter metabolic rate, but which were

held constant in our experiments, might influence accumulation rates of LF.

Among environmental factors, temperature would be expected to be an important contributor to rates of LF accumulation due to its influence on metabolic rate. In our short-term laboratory rearing experiment, however, temperature (20°C vs 20 to 28°C) failed to significantly influence LF accumulation (Table 1). This suggests that either the temperature difference (less than 8°C) in the 3 mo experiment was insufficient to influence the LF accumulation or that the more rapid growth rate for crabs held at ambient temperatures (higher than 20°C) resulted in simultaneous increases in protein content and LF which would be interpreted as no apparent increase in the LF index. Indeed, other studies have noted lowered LF accumulation during periods of rapid growth akin to growth dilution (Siakotos et al. 1977, Hill & Womersley 1991). We believe that the exponential rate of increase of LF index with age (Fig. 3) indicates that LF was being retained as a cumulative product through the life span of the crab. Although this relationship has not been consistently observed between systems (Hill & Womersley 1993), these results further emphasize the need to calibrate LF-based age with temperature, particularly the potential effect of seasonal variations.

A potential concern from LF modal analysis is the assignment of 1+ age individuals at a given size. Modal analysis of field collections assumed 1+ age at CW ≥120 mm, even though laboratory-reared crabs at this age were smaller (CW <120 mm; Table 2). Typical age designations for stock assessment purposes assume 1+ age individuals to be CW 60 to 120 mm, which appears a very conservative value based on smaller size in laboratory rearings. We have recently observed in enclosed ponds under semi-natural conditions that  $\leq 1$  yr old juveniles (mean CW = 50 mm) grow rapidly and reach adult size (mean CW = 150 mm) within 3 mo (by August to November). It appears that laboratory reared crabs grew at lower rates than would be expected in nature. As a result, we believe it is appropriate to assign many field-collected adults (CW > 120 mm) an 1+ age.

Although the results obtained from field collections are encouraging, it remains to be determined whether the accumulation of extractable LF is growth, size, or age dependent, because the precise age of field-collected experimental crabs is unknown. Results from rearing experiments supported the use of LF index to understand population dynamics. Yet because we have thus far only examined a limited segment of the blue crab potential life span (less than 2 yr), additional studies are needed which include a more comprehensive age range for crabs reared under semi-natural conditions.

#### CONCLUSIONS

Differences in extractable LF concentration (as a protein-indexed measurement) exist among blue crabs of different sizes, indicating approximate ages of crabs collected from the field. Among the field-collected and laboratory-reared crabs, gender differences did not significantly affect LF accumulation. Among the small sample size used in rearing studies, LF accumulation can be distinguished among crabs which differ in age by less than 6 mo. LF-based frequency histograms derived from field collections support the hypothesis that extractable LF allows estimates of age for the blue crab. The results of this preliminary study support the use of extractable LF for age determination of blue crabs.

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