

HSS Advocate

Grow, Lead, Inspire...

Otterbein University Alumni News Department of Health & Sport Sciences Fall 2015



HSS Gets A New Facility!

Please join us during Homecoming on September 26, 2015 from Noon to 2 pm for an Open House in our new Center of Health and Sport Sciences. We are quite excited about our new facility, formerly Davis Annex, located at 140 Center Street, adjacent to the Rike Center. Light refreshments will be served and you will have an opportunity to tour the building. We look forward to seeing you!

Hunger Heros 5 K

Patti Wilson's FYS classes, students from HSS and Westerville City Schools are planning a Hunger Heroes 5k and Fun Run to benefit Share Bac A Pac. The event is **Saturday Oct. 24th** and open to all ages and abilities. It includes a 5k Run/Walk, 1 mile R/W and a Children's Dash. Visit www.otterbein.edu/hungerrun for information and registration or contact pwilson@otterbein.edu **Alumni are welcome and encouraged to participate!**

Message from the Chair

Much is continuing to happen both in and outside of our department. Students and faculty alike continue to raise the bar on producing a quality and employable graduate, one who is well versed in so much more than just their major. Every day we hear success stories from our alumni, who continue to make us proud as they engage in their communities and become leaders in their fields.

New this year is our office location and new Center of Health and Sport Sciences. Amenities include two large teaching labs, a research lab, a computer lab, and kitchen area, along with all our offices that have windows!! We are confident that this new facility will enhance opportunities for all the current students and help us achieve our department mission which is "The Department of Health and Sport Sciences of Otterbein University will prepare students to become competent, self-directed professionals."

Also in the works for this year is an HSS Alumni Leadership Advisory Board. The Otterbein Health & Sport Sciences Leadership Advisory Board (HSSLAB) will advise the Chair of Health and Sport Sciences (HSS) on matters relating to the HSS Department to insure the alignment of our HSS majors' experience with the values and goals of the University. In addition, the HSSLAB will serve as the hub for HSS alumni engagement, providing a voice for HSS alumni in the direction of the HSS academic programs. In the near future we will be looking for alumni who are interested in serving on this board.

We hope you will be able to join us at Homecoming this year where the focus is on you-our Otterbein Family! We plan to have an open house for our exciting new space so we look forward to seeing you then!

All the best,

Joan

Alumni Scholarships Now Being Offered

Did you know that Otterbein now offers alumni graduate scholarships? Learn more at:

<http://www.otterbein.edu/public/Alumni/AlumniBenefits/graduate-alumni-scholarships.aspx>



Alumna Wins Award for Share Bac A Pac Efforts

Sherry Williamson was honored by Otterbein University with an Alumni Achievement Award for her tireless work as founder of Share Bac A Pac. Sherry works to provide nutritious meals to students in Westerville Schools who would otherwise go hungry. Sherry is pictured here with Senior Instructor Patti Wilson.

Second Annual HSS Showcase Night

Our second annual HSS Showcase Event was held this past spring in the Rike Fitness room. We are proud of our Undergraduate and Graduate student accomplishments and being able to share the great work they are doing with the rest of the campus.

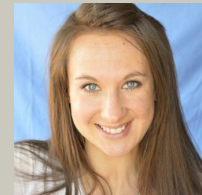
Twenty eight of our HSS majors did poster presentations on their internship, credentialing, and research experiences.

Stephania Bernard-Ferrell who graduated with both undergraduate and graduate degrees from Otterbein served as our keynote speaker. Alumni were on hand from each of our majors to give current students some networking opportunities and the chance to meet and talk with some of our successful program graduates currently working in their chosen fields/and or going to graduate school.



Dr. Joan Rocks addresses participants and guests at the 2nd Annual HSS Showcase Night held last spring.

Welcome New Faculty/Staff



**Laura Berger MS, RDN, LD,
ACSM, EP-C**

Nutrition



Dave Dzedzicki, MS

Athletic Training



Kristy McCray, PHD

Sport Management



Chrysten Reglaski

Athletic Training

Dr. Longenecker Wins Award

Congrats to our very own Dr. Paul Longenecker, recipient of a 2015 Edgar C. Hayhow Award For Healthcare Management

<http://www.otterbein.edu/Spotlights/otterbein-instructor-wins-2015-edgar-c.-hayhow-award-for-healthcare-management-article>

The American College of Healthcare Executives (ACHE) has awarded the 2015 Edgar C. Hayhow Award for an outstanding article to Paul D. Longenecker, senior instructor at Otterbein University, and his brother, Clinton O. Longenecker faculty member at the University of Toledo, for their research article, "Why Hospital Improvement Efforts Fail: A View From the Front Line," which was published in the March/April 2014 issue of the Journal of Healthcare Management.

The research study looks to help healthcare leaders improve their understanding of barriers to effective organizational change and improvement from the perspective of frontline leaders. A content analysis of the focus groups comprised of 167 leaders from four community hospitals is featured in the article, along with leadership lessons and recommendations based on their findings.

Paul D. Longenecker is a senior instructor in the master of science in allied health program at Otterbein. He previously was an assistant professor in the College of Business and Leadership at Lourdes University in Sylvania, Ohio. His areas of expertise are leadership theory, organizational behavior, ethical practices and health care administration. Longenecker has been involved in the delivery and study of health care services for more than 36 years, having worked in acute care, long-term acute care, home care and hospice settings. The primary focus of his research has been in the area of leadership and organizational culture in the hospice industry with his work published in peer-reviewed journals. In addition to his academic role, he is the president and lead consultant for The Transformational Group, LLC,

where he provides consulting services for hospices and non-profit organizations focusing on leadership, organizational development, succession planning and ethical practice. He is a frequent presenter at local, state and national conferences. He is a member of the National Hospice and Palliative Care Organization Research Committee and on the Steering Committee of the Research, Academic and Education National Council of Hospice and Palliative Professionals section. He holds both associate and bachelor's degrees in nursing, a master of business administration degree in health care administration and management and a doctorate degree in health administration.



The Edgar C. Hayhow Award is given annually to the author(s) of an article judged to be the best from those published in the Journal of Healthcare Management. The award was presented during ACHE's 58th Congress on Healthcare Leadership in Chicago. Reprinted from Otterben University Spotlight story.



OtterFit

Our OtterFit personal trainers are featured on the bulletin board right outside the Rike Fitness studio and across from the Health Promotion and Fitness Lab in the back of the Rike. Stop by and get to know a little about this great group of students who are staffing the faculty fitness program under the direction of Erica Handschke Van Dop this year. Many enthusiastic faculty and staff employees participated in this very popular program that is staffed by students from our Health Promotion and Fitness major. This enables the University to offer the program at a low cost/no cost to participants and gives our students hands on real world experiences.

Adapted PE Endorsement

Julie just finished up her Adapted PE endorsement this spring and she already has a full time job with a large school district in Central Ohio. We would like to extend our congratulations to her. Interested in this endorsement? Check it out on the web at:

<http://www.otterbein.edu/public/TheGraduateSchool/GraduateEducationPrograms/NonDegreePrograms.aspx>

