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# AMELIORATION OF EXPERIMENTAL AUTOIMMUNE ENCEPHALOMYELITIS USING THE MYELIN OLIGODENDROCYTE GLYCOPROTEIN<sub>35-85</sub> PEPTIDE

by

Vrushali Agashe

A Thesis Submitted in

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Master of Science

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at

The University of Wisconsin-Milwaukee

December 2012

### ABSTRACT

## AMELIORATION OF EXPERIMENTAL AUTOIMMUNE ENCEPHALOMYELITIS USING THE MYELIN OLIGODENDROCYTE GLYCOPROTEIN<sub>35-85</sub> PEPTIDE

by

Vrushali Agashe

The University of Wisconsin-Milwaukee, 2012 Under the Supervision of Professor Jeri-Anne Lyons

Abstract: Multiple sclerosis (MS) is a chronic debilitating disease affecting the central nervous system (CNS) in humans. Experimental autoimmune encephalomyelitis (EAE) remains the primary animal model of MS. MS/EAE are considered to be autoimmune diseases mediated by  $CD4^+$  T helper (T<sub>H</sub>) cells. The role of B cells and antibody is under debate. Previous studies established B cell dependent (induced with recombinant myelin oligodendrocyte glycoprotein, [rMOG]) and B cell independent (induced with the MOG<sub>35-55</sub> peptide) animal models of EAE. The identification of a unique B cell epitope (MOG amino acids [aa] 46-85) preceding the identified protective epitope (MOG<sub>61-85</sub>) led to the hypothesis that these antibodies against MOGaa46-85 were important in epitope selection in the rMOG model of EAE. Co-immunization of WT and B cell deficient (B cell<sup>-/-</sup>) mice with MOG<sub>35-55</sub> and MOG<sub>61-85</sub> resulted in abrogation (B cell<sup>-/-</sup> mice) or

amelioration (WT mice) of EAE. Thus, mice were immunized with MOG<sub>35-85</sub> peptide and observed for EAE induction. Absence of EAE in WT and B cell<sup>-/-</sup> mice was observed. These results confirmed the protective nature of the MOG<sub>61-85</sub> peptide but did not support a role for antibodies to MOG<sub>46-85</sub> in the selection of the protective epitope. Mechanistic studies revealed decreased production of the pro-inflammatory cytokines, interferon (INF)  $\gamma$  and interleukin (IL) 17, when immune cells were primed to MOG<sub>61-85</sub> in vivo. Furthermore, using IL10 deficient (IL10<sup>-/-</sup>) mice, it was demonstrated that IL10 was important in EAE incidence, but not in disease severity, in the presence of the MOG<sub>61-85</sub> epitope. Flow cytometric analysis of spleen cells from these mice demonstrated an increase in the number of T cells expressing FoxP3 expression and an increase in the  $CD4^{+}CD25^{+}T$  cell population, but a comparable level of  $CD4^{+}T$  regulatory (T<sub>reg</sub>) cell population. In addition no changes could be detected in the CD8<sup>+</sup> T cell population. These experiments provide a deeper understanding of the B cell-dependent, rMOG model of EAE, demonstrating the role of the MOG<sub>61-85</sub> epitope in down-regulating the proinflammatory response leading to protection from EAE, perhaps mediated by CD4<sup>+</sup> T<sub>reg</sub> cells.

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## LIST OF ABBREVIATIONS

°C: Degree Celsius Ab: Antibodies Ag: Antigen ANOVA: Analysis of variance APC: Allophycocyanin AUC: Area under the curve B cell<sup>-/-</sup>: B cell deficient B6 mice: C57BL/6 mice BCR: B cell receptor CD: Cluster of differentiation cDNA: Complementary Deoxyribonucleic acid CFA: Complete Freund's adjuvant CFSE: Carboxyfluorescein succinimidyl ester CNS: Central nervous system CO<sub>2</sub>: Carbon dioxide CSF: Cerebrospinal fluid Ct: Threshold cycle CTLA-4: Cytotoxic T-lymphocyte Antigen 4 D/W: Distilled water DNA: Deoxyribonucleic acid dpi: Day's post immunization EAE: Experimental autoimmune encephalomyelitis EDTA: Ethylenediaminetetraacetic acid ELISA: Enzyme linked immunosorbent assay FBS: Fetal bovine serum F<sub>C</sub>: Fragment constant FITC: Fluorescein isothiocyanate FoxP3: Forkhead box P3 g: Grams gDNA: Genomic Deoxyribonucleic acid GFP: Green fluorescent protein GITR: Glucocorticoid induced Tumor Necrosis Factor Receptor Family related gene H<sub>2</sub>SO<sub>4</sub>: Sulphuric acid HBSS: Hanks balanced salt solution HCl: Hydrochloric acid Hi: High HPLC: High pressure liquid chromatography

HRP: Horse radish peroxidase hrs: Hours IFA: Incomplete Freund's adjuvant Ig: Immunoglobulin(s) IgG: Immunoglobulin G IgM: Immunoglobulin M IL: Interleukin IL4<sup>-/-</sup>: Interleukin 4 deficient  $IL10^{-/-}$ : Interleukin 10 deficient IL17<sup>-/-</sup>: Interleukin 17 deficient IL10-GFP mice: Interleukin 10 Green fluorescent protein mice INFy: Interferon gamma  $INF\gamma^{-/-}$ : Interferon deficient IR: Immune response LAP: Latency associated peptide lit: Liter Lo: Low MBP: Myelin basic protein MDSC: Myeloid derived suppressor cell MHC: Major histocompatibility complex ml: Milliliter mM: Millimolar MOG: Myelin oligodendrocyte glycoprotein MRI: Magnetic resonance imaging mRNA: Messenger Ribonucleic acid MS: Multiple Sclerosis N: Normal (Normality) nm: Nanometers **OCBs:** Oligoclonal bands PBS: Phosphate buffered saline PCR: Polymerase chain reaction PE: Phycoerythrin PerCP-Cy5.5: Peridinin chlorophyll 5.5 pg: Picogram PLP: Proteolipid protein PPMS: Primary progressive multiple sclerosis PT: Pertussis toxin qPCR: Quantitative polymerase chain reaction qRTPCR: Quantitative reverse Transcriptase Polymerase Chain reaction rMOG: Human recombinant myelin oligodendrocyte glycoprotein

RNA: Ribonucleic acid RPMI medium: Roswell Park Memorial Institute medium **RRMS:** Relapsing emitting multiple sclerosis **RT**: Reverse transcription SCID: Severe combined immunodeficiency SPMS: Secondary progressive multiple sclerosis TCR: T cell receptor TE buffer: Tris-EDTA buffer T<sub>eff</sub>: T effector celLs TGFβ: Transforming growth factor beta T<sub>H</sub>1: T helper type 1  $T_{\rm H}2$ : T helper type 2 TMB: Tetramethylbenzidine TNFα: Tumor necrosis factor alpha T<sub>reg</sub>: T regulatory cells Tris-HCl: Tris Hydrochloric acid **US: United States** Vh: Heavy chain variable region WT: Wild type β-actin: Beta actin  $\Delta$ : Delta μl: Microliter

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#### **CHAPTER I: INTRODUCTION**

#### Multiple Sclerosis and Experimental Autoimmune Encephalomyelitis Model

Multiple sclerosis (MS) is a chronic inflammatory disease of the central nervous system (CNS). In the United States alone, an estimated 350,000 individuals are affected (Sospedra and Martin, 2005). The etiology of MS is under debate, but it is generally accepted that MS develops in genetically susceptible individuals due to environmental triggers such as viral or bacterial infections (Sospedra and Martin, 2005). Traditionally MS has been considered to be an autoimmune disease characterized by demyelination of the white matter via immune mechanisms. MS is considered to be mediated by CD4<sup>+</sup> T helper type 1 ( $T_H$ 1) cells, with B cells and macrophages contributing to its pathogenesis (Barnett and Sutton, 2006; Raine, 1997).

Some of the most common MS symptoms include paralysis, fatigue, walking and balancing problems, bladder dysfunction, optic neuritis, among others (http://www.nationalmssociety.org). Clinically, MS is classified into 3 subtypes including relapsing remitting (RRMS-the most common disease manifestation), primary progressive (PPMS) and secondary progressive (SPMS) (Sospedra and Martin, 2005). Patients demonstrating the RRMS form of the disease experience periodic episodes or symptoms of the disease followed by periods of remission. About 50% of patients suffering from RRMS often progress to SPMS. If these patients progress to a SPMS disease course, the relapses show a gradual worsening until they merge into a general progression. In this case complete remission never occurs. The PPMS disease course is characterized by a gradual worsening of the symptoms from onset without any remissions (Sospedra and Martin, 2005). Immune-mediated destruction of myelinated CNS tissue leads to plaque formation, which is s a well-demarcated lesion characterized by inflammation, demyelination and gliosis. These plaques are further classified based on the cellular and soluble elements present as Type I through IV, indicative of at least four mechanism of pathogenesis and are considered to be the hallmark of MS (Lassmann et al., 1994; Sospedra and Martin, 2005). Type I and II lesions have pre-dominantly T cells and macrophages contributing to inflammation, along with blood-brain barrier damage. Type II lesions are distinguished on the basis of dominant immunoglobulins (Igs) and complement deposition at the site of active demyelination. Type III lesions are also mediated by T cells and macrophages along with microglial cells. This type is distinguished from Types I and II on the basis of its diffused inflammation. Type IV is also mediated by T cells and macrophages but has no detectable changes in the myelin components (Lucchinetti et al., 2000).

In humans, myelin basic protein (MBP) and proteolipid protein (PLP) are the most abundant proteins in the CNS, and immune responses to both are noted in MS patients (Greer et al., 1997; Meinl et al., 1993). Myelin oligodendrocyte glycoprotein (MOG) is a minor constituent of myelin. However, it is found on the surface of the myelin sheath and is considered to be the most accessible to the immune system. Hence, MOG is considered a candidate for the induction of MS. Using MOG to induce experimental autoimmune encephalomyelitis (EAE) in the C57BL/6 (B6) mouse, is now a well-established model for studying MS (Bernard et al., 1997). MOG has been known to induce both an encephalitogenic T-cell response as well as a demyelinating antibody response in susceptible mice (Gold et al., 2006; Oliver et al., 2003).

EAE is an animal model resembling MS in humans in its course and histopathology and serves as a primary animal model for elucidating MS (Devaux et al., 1997; Hjelmström et al., 1998; Lyons et al., 1999). As with MS, EAE is characterized by inflammation, paralysis and destruction of the myelin sheath (Gold et al., 2006). EAE is

induced by the immunization of susceptible animals (rats, mice, guinea pigs) with any one of the CNS proteins (MBP, PLP, MOG) along with an appropriate adjuvant (Bernard et al., 1997; Devaux et al., 1997; Fritz et al., 1983; Gold et al., 2006; McRae et al., 1992). The particular antigen used for immunization depends on the species and strain of animal utilized. It can also be induced with the passive transfer of CD4<sup>+</sup> T cells specific for any of the above mentioned proteins (Pettinelli and McFarlin, 1981).

The immune responses and the clinical picture seen with EAE depends on the animal used and the EAE inducing agent (Tuohy et al., 1988). Female SJL/J and male PL/J mice, when immunized with MBP, developed a relapsing-remitting disease course. Lewis rats, when immunized with MBP, first develop an acute phase of EAE, followed by recovery and then a milder form of the disease about a week later (Fritz et al., 1983; McFarlin et al., 1974). Conversely, MOG immunizations in NOD/Lt mice result in a chronic relapsing disease, whereas B6 mice exhibit a chronic non-remitting disease (Bernard et al., 1997). In conclusion, different EAE models are used to study different disease courses.

Immune responses in MS/EAE

T effector  $(T_{eff})$  cells in MS/EAE

 $CD4^+$  T cells

The role of T cells in MS/EAE has been under investigation for several years, with both diseases primarily considered to be mediated by  $CD4^+$  T T<sub>H</sub>1 cells. (Sospedra and Martin, 2005). MBP specific T cell responses have been demonstrated in the peripheral blood of MS patients, as noted by Meinl et al. (1993) and Olsson et al. (1992). Immune responses were also noted against PLP in MS patients exhibiting a relapsing-remitting type of MS; however, their pathogenic role remains to be elucidated (Greer et al., 1997).

T and B cells reactive to MOG have been demonstrated in the peripheral blood as well as the CNS of MS patients. MOG reactive T cells were present in increased numbers in the peripheral blood and the CNS of MS patients as compared to healthy controls. In addition, antibodies specific for MOG were also detected in the blood and CNS of MS patients. This immune response, when compared to a healthy control, was significantly elevated, implying an active antigen driven process (Sun et al., 1991). MOG is a transmembrane protein, and it was demonstrated that a T cell response was generated against three extracellular regions of the proteins (amino acids[aa] - 1-22, 34-56 and 64-96). These responses were major histocompatibility complex (MHC) class II restricted, indicating that these responses were mediated by CD4<sup>+</sup> T cells (Kerlero de Rosbo et al., 1997). An additional response against another trans-membrane region of the protein, aa146-154, was also noted (Weissert et al., 2002).

In general all three antigens (MOG, MBP, PLP) have been used to induce EAE in several different animal models. Moreover in EAE, the immune responses towards encephalitogenic regions of the antigen are known to play a major role in disease pathogenesis. Specifically in the SJL/J model mice were found to be resistant to relapsing EAE induction when they were first tolerized to an encephalitogenic peptide of PLP, but not when they were tolerized to a non-encephalitogenic peptide of the protein (Kennedy et al., 1990). Thus demonstrating the importance of the encephalitogenic regions of the antigens.

A major criticism of classic EAE models is that it is not a spontaneous disease; it must be induced by active immunization of animals or passive transfer of antigenactivated cells. However, spontaneous EAE was noted in transgenic mice expressing a T cell receptor (TCR) specific for MBP (Goverman et al., 1993; Lafaille et al., 1994). Interestingly Goverman et al. showed that EAE developed only in those mice which were housed in a non-sterile facility, supporting the notion of the disease being induced with the aid of certain environmental triggers. Lafaille et al. further demonstrated that there is a sudden increase in the number of CD4<sup>+</sup> T cells specific for MBP immediately preceding EAE induction in these mice. The authors concluded that these cells represent the first burst of interferon gamma (INF $\gamma$ ) that is eventually responsible for EAE progression. The same group also demonstrated that CD4<sup>+</sup> T helper type 2 (T<sub>H</sub>2) cells failed to protect these mice after the adoptive transfer of CD4<sup>+</sup> T<sub>H</sub>1 cells (Lafaille et al., 1997). EAE was also noted in mice expressing a TCR specific for PLP (Waldner et al., 2000).

However it was demonstrated that, transgenic mice expressing a TCR for MOG, do not develop spontaneous EAE but develop optic neuritis (Bettelli et al., 2003). Optic neuritis is the inflammation of the optic nerve and is considered to be an early symptom of MS. Optic neuritis is manifested as an acute blurring or loss of vision in a single eye (http://www.nationalmssociety.org). However, the same group demonstrated that mice expressing both T and B cells specific for MOG, develop spontaneous EAE. The authors demonstrated that the MOG specific B cells effectively presented the antigen to T cells, leading to increased T cell proliferation. The increased MOG specific T cell proliferation led to increased immunoglobulin G (IgG) antibody production by B cells. These T and B cell responses led to EAE in these mice (Bettelli et al., 2006).

#### $CD8^+$ T cells

CD8<sup>+</sup> cells, previously ignored in MS/EAE pathology, have recently been considered as a potential effector cell type. Auto-reactive CD8<sup>+</sup> T cells have been demonstrated in the peripheral blood and CNS of MS patients (Crawford et al., 2004). Another group demonstrated that there were equal numbers of myelin specific CD8<sup>+</sup> T cells in MS patients and healthy controls. However, there was a functional difference in the CD8<sup>+</sup> T cells between the two groups. Specifically, the CD8<sup>+</sup> T cells from MS patients were more activated and demonstrated increased expression of CXCR3 (a chemokine receptor), INFγ and Interleukin (IL)10 (Babbe et al., 2000).

It was demonstrated that MBP-specific CD8<sup>+</sup> cells, transferred to Wild Type (WT) animals, resulted in EAE induction in these mice. Of note, however, is the fact that these cells could induce EAE in severe combined immunodeficiency mice, demonstrating that they are not dependent on CD4<sup>+</sup>T cells for their pathogenesis (Huseby et al., 2001). Similarly, EAE was also observed using MOG specific CD8<sup>+</sup>T cells adoptively transferred into B6 mice. Both these results effectively demonstrate the pathogenic role of  $CD8^+T_{eff}$  cells in EAE pathology (Sun et al., 2001). Interestingly, a  $CD8^+T$  cell epitope(s) had been identified which overlaps with the known  $CD4^+T$  cell epitope  $MOG_{35-55}$ . It is comprised of MOGaa37-46 and MOGaa44-54 (Ford and Evavold, 2005; Sun et al., 2003). Using the  $MOG_{37-46}$  epitope, it was demonstrated that mice developed a milder form of the disease, with trafficking of the  $CD8^+T_{eff}$  cell population to the CNS. These authors hypothesized that these  $CD8^+T$  cells then lead to the recruitment of  $CD4^+$ T cells within the CNS, resulting in a chronic form of EAE in the B6 animal model. (Bettini et al., 2009).

#### Role of T Regulatory $(T_{reg})$ cells

 $T_{regs}$  in MS

Evidence now points to a protective role of CD4<sup>+</sup> CD25<sup>Hi</sup> FoxP3<sup>+</sup>  $T_{reg}$  cells in MS. Various studies have demonstrated the presence of these cells within the CNS of MS patients. However the abundance of these cells in MS patients as compared to healthy controls remains under debate. Some studies have shown a comparable frequency of these cells in the periphery and the CNS of MS patients and healthy controls (Haas et al., 2005), whereas others have shown an increase in their frequencies in MS patients (Feger et al., 2007; Kumar et al., 2006). One aspect consistent with all of these findings is that the suppressive capacity of these  $T_{reg}$  cells is diminished (Viglietta et al., 2004). This decrease in the suppressive capacity of these cells is now linked to the development of MS. More specifically, these cells have been shown to be down regulated during relapses of RRMS, when there is an increase in frequencies of CD4<sup>+</sup>  $T_{H1}$  cells (Frisullo et al.,

2009). The development of MS in these patients has also been linked to the decreased expression of Forkhead Box P3 (FoxP3) in these  $T_{reg}$  cells (Feger et al., 2007; Venken et al., 2008).

In addition to CD4<sup>+</sup> cells, CD8<sup>+</sup> T<sub>reg</sub> cells have also been shown to induce tolerance in MS patients (Frisullo et al., 2010). Alterations in the frequencies of suppressive CD8<sup>+</sup> cells have been demonstrated in the peripheral blood of MS patients (Crucian et al., 1995). More specifically, treatment of MS patients with Coapxone has been shown to induce a MHC class I restricted CD8<sup>+</sup> T cell population. The same group later demonstrated that these CD8<sup>+</sup> T cells had suppressive functions. These cells were found to suppress CD4<sup>+</sup> T cell proliferation in a contact-dependent manner. The authors also demonstrated that these cells produced increased amounts of INF $\gamma$  and tumor necrosis factor (TNF)  $\alpha$ , with no production of IL4 (Karandikar et al., 2002; Tennakoon et al., 2006). Therefore Copaxone is thought to prevent relapses of MS, by inducing apoptosis in activated cells, through the production of TNF  $\alpha$  and not by shifting the immune response towards a T<sub>H</sub>2 cell subset.

#### $T_{regs}$ in EAE

There is now substantial evidence that points towards a protective role of CD4<sup>+</sup> CD25<sup>+</sup> FoxP3<sup>+</sup>  $T_{reg}$  cells in EAE. Lafaille et.al., demonstrated that the transfer of these cells into the previously described mice, expressing a TCR transgenic for MBP, was protective against EAE development (Lafaille et al., 1994; Olivares-Villagomez et al., 1998; Reddy et al., 2004). The presence and action of these  $T_{reg}$  cells have also been implicated in those animals that are naturally resistant to EAE induction (Reddy et al.,

2004). Varying results have been obtained for the exact mechanism of  $T_{reg}$  cell action. Data implicate the amelioration of EAE though the production of anti-inflammatory cytokines such as IL10 and/or down-regulation of INFy, along with expression of molecules such as Cytotoxic T-lymphocyte Antigen (CTLA) 4 and Glucocorticoid induced Tumor Necrosis Factor Receptor Family related gene (GITR) (Liu et al., 2006; McGeachy et al., 2005; O Connor et al., 2007; Zhang et al., 2004). Some research has also shown that the presence of  $CD4^+CD25^+FoxP3^+T_{reg}$  cells skews the immune response towards a T<sub>H</sub>2 dependent mechanism (Kohm et al., 2002). Moreover the outcome of disease has been shown to be dependent on a critical balance between the population of CD4<sup>+</sup> T<sub>eff</sub> cells and CD4<sup>+</sup> T<sub>reg</sub> cells (Stephens et al., 2005). More recently another subset of CD4<sup>+</sup> T cells expressing latency associated peptide (LAP) has also been implicated in possessing suppressive activity (Chen et al., 2008). Antigen-specific activation of T<sub>reg</sub> cell proliferation does not appear to be important, as T<sub>reg</sub> cells induced due to an active vaccination against an irrelevant antigen such as Salmonella vaccine expressing colonization factor antigen I can still protect against EAE (Ochoa-Repáraz et al., 2007).

 $CD8^+T_{reg}$  cells were also found to be important in EAE suppression. Najafian et al. (2003) demonstrated the presence of  $CD8^+CD28^-$  cells with suppressive function in EAE. The authors demonstrated that these cells suppress INF $\gamma$  production by MOGspecific  $CD4^+T$  cells in a contact-dependent manner. Lee et al. (2008) demonstrated the presence of naturally occurring  $CD8^+CD122^+T_{reg}$  cells which are important in the recovery phase of EAE. Chen at al. who demonstrated the presence of a  $CD4^+LAP^+$ suppressive T cell population also identified  $CD8^+LAP^+T$  cells, with suppressive functions (Chen et al., 2009). Moreover, it was demonstrated that these CD8<sup>+</sup> LAP<sup>+</sup> T cells may or may not possess FoxP3 or CD25 and they were found to suppress EAE in a transforming growth factor (TGF)  $\beta$ , INF $\gamma$  dependent mechanism.

#### Myeloid derived suppressor cells

Myeloid derived suppressor cells (MDSCs) are defined as a heterogeneous group of immune cells derived from the myeloid lineage and having potent T cell suppressive functions. They are primarily derived from myeloid progenitor cells: immature macrophages, immature granulocytes and immature dendritic cells (Gabrilovich and Nagaraj, 2009). These cells were first described in cancer patients and have recently come under investigation as potent effectors of immune responses (Young et al., 1987). In mice, these cells are characterized by the presence of the surface makers CD11b and GR1 (Kusmartsev et al., 2004) and are further divided based on the expression of the two epitopes of GR1, specifically Ly-6G and Ly-6C. Granulocytic MDSCs are CD11b<sup>+</sup> Ly-6G<sup>+</sup> Ly-6C<sup>Lo</sup>, whereas monocytic MDSCs are CD11b<sup>+</sup> Ly-6G<sup>-</sup> Ly-6C<sup>Hi</sup> (Youn et al., 2008). In humans MDSCs are defined by the presence of CD14<sup>-</sup> CD11b<sup>+</sup> or CD33<sup>+</sup> cells, lacking the mature cell markers along with an absence of MHC II molecules (Almand et al., 2001; Ochoa et al., 2007). Several different mechanism of suppression by MDSCs have been documented as reviewed by Gabrilovich and Nagaraj (2009).

An increase in the CD11b<sup>+</sup>Ly-6G<sup>-</sup>Ly-6C<sup>Hi</sup> subset of MDSCs in the spleen, blood and CNS of mice with EAE (Zhu et al., 2007). These cells were demonstrated to suppress the proliferation of CD4<sup>+</sup> and CD8<sup>+</sup> T cells. Contradictory to these observations, another group demonstrated that these immature cells migrate from the periphery to the CNS where they mature into dendritic cells and macrophages and in turn contribute to the pathogenesis of the disease (King et al., 2009; Mildner et al., 2009). Thus a definitive role for MDSCs in EAE pathology is unknown. Furthermore, even less is known about the role of MDSCs in MS. The role of this novel regulatory population in MS/EAE pathogenesis remains under investigation.

#### B cells in MS/EAE

The exact role of B cells in the pathogenesis of MS/EAE is still controversial. Studies have demonstrated that the CNS of MS patients has a higher percentage of memory B cells as compared to the peripheral blood along, with a concomitant reduction in the percentage of naïve B cells. The presence of plasma cells within the CNS is still under debate (Cepok et al., 2005; Corcione et al., 2004). B cells and antibodies have been found in increased concentration, in recently developed plaques as compared to older plaques and also as compared to the surrounding unaffected area, but their exact role is under investigation (Esiri, 1977; Genain et al., 1999).

As previously mentioned, 4 distinct types (I-IV) of demyelination have been identified in MS patients. In this regard Type II plaques are defined by a significant antibody and complement accumulation in active MS lesions, thereby demonstrating at least one distinct mechanism of pathogenesis involving B cells (Lucchinetti et al., 2000). More recently, it was also demonstrated that that MOG specific antibodies were present in active lesions in MS patients (Genain et al., 1999; Lucchinetti et al., 2000)

One aspect that is generally accepted is that the intrathecal production of antibodies in the CNS and the presence of oligoclonal bands (OCBs), particularly of the

IgG subtype, in the cerebrospinal fluid (CSF) of MS patients are associated with a worse prognosis (Olsson et al., 1976; Villar et al., 2005). The absence of these OCBs is associated with a better prognosis (Avasarala et al., 2001; Zeman et al., 1996). These OCBs are composed of antibodies, the specificity of which has been under intense debate. Some studies have indicated that these antibodies are produced as a result of an antigen driven process and are specific to CNS proteins with specific VDJ regions being expressed (Baranzini et al., 1999; Colombo et al., 2000; Genain et al., 1999; Harp et al., 2007; Qin et al., 1998; Villar et al., 2005), while others have shown that the B cell response is not targeted towards any of the CNS proteins (Owens et al., 2009). Alternatively, it is hypothesized that the Ig response could also be directed against an unknown etiological entity such as a virus (Owens et al., 2006). It has been postulated that the identification of the specificities of these antibodies could be used to identify potential antigens in MS (Owens et al., 2003). Whether the subtype of Ig is indicative of a recent relapse or disease activity or which subtype is a better choice as a diagnostic marker is still under debate (Izquierdo et al., 2002; Schneider et al., 2007; Sharief and Thompson, 1991).

Recently, Rituximab, a monoclonal antibody directed against the CD20 antigen on B cells has been approved for treatment of MS. In MS patients this drug was found to transiently deplete the peripheral B cell population, without many alterations in the Ig pool, in terms of the specificity of the Igs produced (Cross et al., 2006). A possible reason for this could be that CD20 is not expressed on plasma cells. Because of the short duration of this study, no improvement in the clinical score was noted in these patients. In another study, Rituximab was found to decrease the number of inflammatory loci in the CNS of MS patients as demonstrated using magnetic resonance imaging (MRI) (Hauser et al., 2008). Studies using a transgenic mouse model in which animals express human CD20 demonstrated that this drug decreased the B cell population in the periphery, spleen and the CNS, along with clinical scores. Significant alterations in the T cell repertoire were also noted in these mice (Monson et al., 2011). All of these studies support the notion of a pathogenic role of B cells in MS.

In contrast to the accepted pathogenic role of B cells and antibodies, others have demonstrated that some antibodies are effective at promoting remyelination in a model of MS. A group of researchers identified two human monoclonal IgM antibodies isolated from patients with monoclonal gammopathy, which facilitated remyelination in-vitro (Warrington et al., 2000).

The role of B cells in EAE has been found to be dependent on the animal model used and EAE inducing agent used. Early studies demonstrated the importance of B cells and/or antibodies in EAE induced by intact proteins (Gausas et al., 1982; Myers et al., 1992; Willenborg and Prowse, 1983; Willenborg et al., 1986). However further studies demonstrated that EAE could be induced in B cell deficient (B cell<sup>-/-</sup>) animal models with the use of shorter antigenic peptides (Dittel et al., 2000; Hjelmström et al., 1998; Lyons et al., 1999; Wolf et al., 1996). It was also demonstrated that B cell<sup>-/-</sup> animals failed to recover from EAE indicating that B cells may not be important in disease induction but may play a role in recovery (Wolf et al., 1996). The exact mechanism through which B cells exert their effects is still under investigation.

Some studies have suggested that B cells or its products are responsible for the pathology, as demonstrated by adoptive transfer experiments in B cell<sup>-/-</sup> mice (Lyons et

al., 2002). Another group (Svensson et al., 2002) has demonstrated that the effects of B cells may be through demyelination rather than inflammation in support of the study by Lyons et al. (2002). In addition, anti-MOG antibodies have been detected within the CNS of MS patients and also in the CNS of the marmoset EAE model (Genain et al., 1999). Another group showed that transgenic mice expressing a B cell receptor (BCR) specific for MOG resulted in an accelerated and exacerbated disease course (Litzenburger et al., 1998). Thus all these experiments support a pathogenic role for B cells in MS.

The demyelinating potential of anti-MOG antibodies has also been shown *in-vitro* by Kerlero de Rosbo et al. The authors used aggregating fetal rat brain cell cultures which develop myelin around themselves to demonstrate this. The authors demonstrated that the amount of myelin generated was inversely related to the amount of anti-MOG antibodies added to the cultures in presence of complement. However, the addition of anti-MBP antibodies did not demonstrate any demyelination (Kerlero de Rosbo et al., 1990). Another group showed that T cells specific for MBP induce EAE in Lewis rats without demyelination. Over time, these animals develop resistance to EAE induction. However, if these mice also receive anti-MOG monoclonal antibodies at the time of T cell transfer, they develop severe relapses with a higher degree of demyelination (Linington et al., 1992). Conversely, other reports suggest that B cells or their products may not play a role in EAE pathology since EAE could be induced in B cell<sup>-/-</sup> animals with shorter peptides (Hjelmström et al., 1998; Wolf et al., 1996). In conclusion the role of B cells in EAE remains under investigation.

Most of the disease pathology in EAE has been attributed to the increased production of INF $\gamma$ . However, studies using transgenic INF deficient (INF $\gamma^{-/-}$ ) mice demonstrated that the knockout mice developed more severe EAE than WT littermates (Ferber et al., 1996; Krakowski and Owens, 1996) indicating that INF $\gamma$  may not be necessary for EAE induction but for its progression. Recently, increased INF $\gamma$  production has been implicated in the up-regulation of T<sub>reg</sub> cells, which help in disease suppression, thus explaining the increased disease severity in INF $\gamma^{-/-}$  mice (Zhu et al., 2007).

IL10 has also been implicated in suppressing EAE induction and progression. It was demonstrated that the loss of CD1d<sup>Hi</sup> CD5<sup>+</sup> regulatory B cells producing IL10, during EAE induction led to a more severe course of the disease (Matsushita et al., 2008). It has also been demonstrated that IL4 deficient (IL4<sup>-/-</sup>) mice on B6 and BALB/c backgrounds were more susceptible to EAE induction. In both strains of mice, there was increased inflammation, increased production of pro-inflammatory cytokines and a higher degree of demyelination. These results indicated that IL4 is important in modulating the severity of the disease (Falcone et al., 1998). Recently, it has also been demonstrated that CD4<sup>+</sup> and CD8<sup>+</sup> T cells expressing the LAP molecule work in a TFG $\beta$  dependent mechanism to suppress cell proliferation *in-vitro* (Chen et al., 2008; Chen et al., 2009).

Another cytokine implicated in EAE pathogenesis is IL17. EAE severity was reduced upon immunization of IL17 deficient (IL17<sup>-/-</sup>) mice with MOG (Komiyama et al., 2006). Furthermore,  $INF\gamma^{-/-}$  mice produced greater levels of IL17 than WT mice when immunized with MOG. These data establish that IL17 is another important pro-inflammatory cytokine important in EAE pathogenesis (Komiyama et al., 2006).

#### The B cell dependent and B cell independent model of EAE

As previously mentioned EAE could be induced in a B cell<sup>-/-</sup> mice with shorter antigenic peptides. One such example is the immunization of B cell<sup>-/-</sup> animals on a B6 background with MOG<sub>35-55</sub> peptide emulsified in Freud's complete adjuvant. Studies demonstrated that WT B6 mice were susceptible to EAE when immunized with the Human Recombinant MOG (rMOG) or with the encephalitogenic human MOG<sub>35-55</sub> peptide. Conversely the B cell<sup>-/-</sup> animals were only susceptible to EAE when immunized with the MOG<sub>35-55</sub> peptide and not the rMOG protein (Lyons et al., 2002; Lyons et al., 1999). The resistance to EAE in B cell<sup>-/-</sup> mice was not due to a lack of processing and presentation of the encephalitogenic  $MOG_{35-55}$  epitope from the rMOG protein, as indicated by a similar antigen-specific proliferation and cytokine secretion profiles elicited in *in vitro* cell cultures (Lyons et al., 1999). Further studies demonstrated that MOG specific serum or MOG primed B cells transferred to B cell<sup>-/-</sup> mice reconstituted the susceptibility of the B cell<sup>-/-</sup> mice to rMOG induced EAE. Non-specific serum or nonspecific priming of the transferred B cells failed to induce EAE in the B cell<sup>-/-</sup> mice. This demonstrated that an antigen-specific factor is involved in the development of EAE in the B cell<sup>-/-</sup> mice (Lyons et al., 2002).

To determine whether the differences in the role of B cells in rMOG vs. MOG<sub>35-55</sub> induced EAE would be evidenced by differences in the B cell repertoire of immunized WT mice, characterization of the heavy chain variable region (Vh) repertoire of the CNS-infiltrating B cells was performed and it showed a preferential use of certain regions in both the animal models. Analysis was carried out for the three dominant genes of mouse Vh regions, VhJ558, VhQ52 and Vh7183. PCR analysis revealed a comparable amount

of VhJ558/Jh region transcripts and VhQ52/Jh region transcripts in the CNS of both the animal models. However, Vh7193/Jh region transcripts were observed in the CNS of rMOG-immunized mice, but not  $MOG_{35-55}$  immunized mice. Further analysis showed the presence of Vh7193/Jh region transcripts in the draining lymph nodes of both models, indicating that the lack of these transcripts in the CNS was not due to a failure to prime these cells in the periphery. Quantification showed a comparable expression of 7183/Jh2 and 7183/Jh4 transcripts in the periphery of both animal models, but a lack of 7183/Jh3 transcripts in the periphery of MOG<sub>35-55</sub> immunized mice (Figure 1) (Liu et al., 2012).



Figure 1. **qRTPCR analysis of the 7183/Jh2, 3, 4 transcript levels in the draining lymph nodes of rMOG and MOG**<sub>35-55</sub> **immunized mice.** RNA was extracted from lymph node cells of WT animals immunized with either rMOG or MOG<sub>35-55</sub>, and was subjected to qRTPCR for determining the transcript levels of 7183/Jh2, 7183/Jh3 and 7183/Jh4 gene segments. **Results demonstrated a comparable level of the 7183/Jh2 and 7183/Jh4 transcripts, but a lack of the 7183/Jh3 transcripts in the periphery.** 

As B cells and antibody can direct antigen processing and epitope selection, peptide mapping of the antibody response to linear epitopes of rMOG was carried out. Antibodies were found against the region encompassing the amino acids 21-40 in both animal models (rMOG and MOG<sub>35-55</sub> peptide immunized mice). In addition, antibodies were also found in the rMOG immunized mice against a group of epitopes comprising the amino acids 46-85 which were absent in the MOG peptide induced model (Figure 2). Given the location between the two T cell epitopes (aa35-55 and aa61-85 [Discussed below]), it is possible that this antibody epitope could be important in epitope selection in rMOG-immunized WT mice (Liu et al., 2012).



Figure 2. Serum antibody responses to rMOG or MOG<sub>35-55</sub> peptide immunizations. WT animals were immunized with rMOG or MOG<sub>35-55</sub> peptide and serum was collected from these animals. The serum was then subjected to antibody peptide mapping analysis, using ELISA, to determine the specific antibody responses, seen with each antigen. The animals immunized with rMOG or MOG<sub>35-55</sub> demonstrated a response against MOGaa21-40; however, antibodies were also found in the rMOG immunized mice against a group of epitopes comprising the amino acids 46-85.

The particular set of T cell epitopes generated is dependent on the phenotype of the antigen presenting cell. Furthermore, the unique antibody response detected could play a role in epitope selection in the rMOG model. Thus, peptide mapping analysis of the T cell epitopes generated in rMOG-immunized WT and B cell<sup>-/-</sup> mice was performed. These studies demonstrated an immune response towards the encephalitogenic epitope, amino acids 31-55, in both strains. In addition, the B cell<sup>-/-</sup> animals also responded to another region encompassing the amino acids 61-85, which was absent in the rMOG immunized WT mice (Figure 3, Lyons *et al.* unpublished data).



Figure 3. **Peptide Mapping for T cell epitopes.** Mice (WT and B cell<sup>-/-</sup>) were immunized with rMOG and the lymph nodes extracted 10-14days post immunization (dpi). T cells were extracted from the lymph nodes and subjected to proliferation assays in response to shorter peptides of the rMOG protein. T cell proliferation was observed in response to rMOG as well as MOGaa31-55. In addition, B cell<sup>-/-</sup> mice also responded to MOGaa61-85, which was absent in the WT animals, suggesting that aa61-85 might be a cryptic epitope in WT animals.

Thus B cell<sup>-/-</sup> mice, which are resistant to rMOG-induced EAE, reacted to an additional epitope ( $MOG_{61-85}$ ) not noted in rMOG-immunzied WT mice. To determine if this epitope could play an active role in disease protection in B cell<sup>-/-</sup> mice, co-immunizations of the  $MOG_{35-55}$  and  $MOG_{61-85}$  peptides were performed. Co-immunization with these 2 peptides prevented EAE in B cell<sup>-/-</sup> animals. A similar effect was also seen in WT animals, although it was less pronounced (Figure 4). This indicated that the  $MOG_{61-85}$  was a cryptic epitope in the WT animals and could possibly play a role in the resistance of B cell<sup>-/-</sup> animals towards rMOG induced EAE (Lyons *et al.* unpublished data).



Figure 4. **Co-immunization studies with MOG**<sub>35-55</sub> **and MOG**<sub>61-85</sub> **peptides.** WT and B cell<sup>-/-</sup> animals were co-immunized with the encephalitogenic MOG<sub>35-55</sub> and MOG<sub>61-85</sub> peptide and observed for EAE induction and progression. WT animals co-immunized with both the peptides showed a decrease in EAE severity when compared to the animals immunized with MOG<sub>35-55</sub>. Conversely B cell<sup>-/-</sup> animals co-immunized with both peptides showed no EAE induction. **These results effectively demonstrated the protective nature of the MOG**<sub>61-85</sub> **peptide**.

To investigate whether the observed serum response was involved in the generation of the protective immune response, lymph node cells were isolated from B cell<sup>-/-</sup> mice that received rMOG primed serum at the time of rMOG immunization. Characterization of the cytokine response in these animals demonstrated that the immune response towards the  $MOG_{61-85}$  region was abrogated in these animals (Figure 5). These experiments demonstrated that the serum derived factor from the WT animals was involved in the antigen processing and presentation in the B cell<sup>-/-</sup> animals and was thus involved in the resistance of the B cell<sup>-/-</sup> animals towards rMOG induced EAE (Lyons et al. unpublished data), leading to the central hypothesis addressed in this thesis below.



Figure 5. Transfer of rMOG primed serum abrogates the immune response towards the 61-85 peptide. WT and B cell<sup>-/-</sup> animals were immunized with rMOG. At the time of immunizations, half of the B cell<sup>-/-</sup> animals also received rMOG primed serum from WT animals. 10-14 dpi, lymph node cells were harvested from all three groups of animals and cultured *in-vitro* with rMOG, MOG<sub>35-55</sub> and MOG<sub>61-85</sub>. At 72 hrs, the immune response towards MOG<sub>61-85</sub> in B cell<sup>-/-</sup> animals which received serum was completely
# abrogated, thus indicating that a serum derived factor prevented the immune response towards MOG<sub>61-85</sub>.

uMT: B cell<sup>-/-</sup> mice

## Hypothesis

Previous studies identified B cell dependent (B6 mice immunized with the rMOG protein) and B cell independent (B6 mice immunized with  $MOG_{35-55}$ ) mouse models of EAE. Subsequent studies showed distinct T cell and B cell responses in WT and B cell<sup>-/-</sup> mice immunized with these antigens, and identified a protective cryptic T cell epitope ( $MOG_{61-85}$ ) in WT mice immunized with rMOG. Furthermore, peptide mapping analysis identified an adjacent B cell epitope within amino acids  $MOG_{46-85}$  implicated in processing and presentation of the  $MOG_{61-85}$  epitope.

This work further investigated the mechanism of protection by the cryptic  $MOG_{61-85}$  epitope in rMOG induced EAE and the B cell response in regulating the processing and presentation of this epitope. Thus I hypothesized that immunization with the longer  $MOG_{35-85}$  peptide will prevent EAE induction in these mice. It was further hypothesized that a regulatory T cell population to the  $MOG_{61-85}$  epitope is responsible for the lack of EAE in rMOG-immunized B cell<sup>-/-</sup> B6 mice. This hypothesis was addressed by the following Specific Aims.

- Identify the role of B cells in the generation of the protective immune response against MOG<sub>61-85</sub> epitope. Our *working hypothesis* was that a B cell response to MOG, amino acids 46-85, regulates the processing and presentation of the MOG<sub>61-85</sub> epitope. This was investigated by immunizing B cell<sup>-/-</sup> B6 and WT B6 mice with a longer peptide encompassing the encephalitogenic MOG<sub>35-55</sub> epitope, the protective MOG<sub>61-85</sub> epitope, and the intervening amino acids. Mice were followed for disease induction and progression.
- 2) Investigate the immune mediators responsible for the protection observed with the MOG<sub>61-85</sub> peptide. WT and IL10<sup>-/-</sup> mice were immunized with MOG<sub>35-85</sub> to determine the role of IL10 in disease induction and progression. B cell<sup>-/-</sup> B6 and WT B6 mice were immunized with MOG<sub>35-55</sub> and the MOG<sub>35-85</sub> peptide and subjected to cytokine analysis by ELISA and gene expression analysis by qPCR utilizing the spleen cells isolated from immunized mice.
- 3) Identify the immune cell population responding to the protective MOG<sub>61-85</sub> peptide. The *working hypothesis* was that the regulatory cell population responding should be T cells, since B cell<sup>-/-</sup> animals lack a functional B cell compartment in their immune system. This was demonstrated by flow cytometry of spleen cells isolated from either B cell<sup>-/-</sup> B6, WT B6 or IL10<sup>-/-</sup> B6 mice immunized with the protective MOG<sub>35-85</sub>.

## CHAPTER II: MATERIALS AND METHODS

## Mice

Specific pathogen free female WT B6, B cell<sup>-/-</sup> and mice genetically deficient in Interleukin-10 (IL10<sup>-/-</sup>) on a B6 background at 6-8 weeks of age were used for the experiments. All the mice required for the experiments were bred in-house, from breeding pairs purchased from Jackson Laboratories (Bar Harbor, ME). All animals were housed in an Association for Assessment and Accreditation of Laboratory Animal Care (AAALAC) accredited facility on the University of Wisconsin Milwaukee (UWM) campus according to university and National Institutes of Health (NIH) guidelines. All the protocols were certified by the Institutional Animal Care and Use Committee.

## Antigens

The MOG<sub>35-55</sub> (MEVGWYRSPFSRVVHLYRNGK), MOG<sub>61-85</sub> (QAPEYRGRTELLKDAIGEGKVTLRI) and MOG<sub>35-85</sub> (MEVGWYRSPFSRVVHLYRNGKDQDAEQAPEYRGRTELLKDAIGEGKVTLRI) peptides were obtained from GenScript, Piscataway, NJ. These peptides were commercially synthesized and then purified by High Performance Liquid Chromatography (HPLC).

## Immunizations

Mice were anesthetized using a ketamine (100 mg/ml), xylazine (300 mg/ml) mixture (1 ml ketamine + 0.15 ml xylazine + 4.6 ml water) injected intramuscularly and immunized with 50  $\mu$ g or 100  $\mu$ g MOG<sub>35-55</sub> or 100  $\mu$ g, 125  $\mu$ g or 250  $\mu$ g of MOG<sub>35-85</sub>,

emulsified in incomplete freund's adjuvant (IFA, MP Biochemicals, Solon, OH) containing 300 µg *Mycobacterium tuberculosis* strain H37RA (TB, Difco Laboratories, Detroit, MI). Emulsions were prepared using an Omni Mixer Homogenizer mechanical mixer and injected subcutaneously, at 2 sites (base of the tail and between the front forelimbs).

300 ng of pertussis toxin (PT) (List Biological labs, Inc., Campbel, CA) in Phosphate Buffered saline (PBS-200mg/L, potassium phosphate monobasic-0.2g/lit, potassium chloride-0.2g/lit, sodium chloride-8g/lit, sodium phosphate dibasic-1.15g/lit) was also injected intraperitoneally at the time of immunization and 72 hours post immunization. PT injections are necessary for keeping the day of disease onset consistent in this animal model.

#### Experimental Autoimmune Encepahlomyelitis (EAE) grading and Disease stages

Immunized animals were assessed daily beginning 7 dpi for clinical signs of EAE. Disease severity was scored using a scale from 0 to 5 as follows, 0: no disease; 1: loss of tail tone (failure of the tail to helicopter); 2: hind limb weakness (failure to right itself when placed on its back), wobbly gate; 3: single hind limb paralysis; 4: both hind limbs paralysis; 5: dead or moribund. Mice with a score of >4.0 were euthanized as per protocol requirement.

EAE disease stages were defined as follows: <u>Preclinical</u>: no clinical signs; <u>Onset</u>: the first day of clinical score; <u>Peak</u>: grade 4 or the maximal score reached and stable for 3 days; <u>Recovery</u>: a decrease  $\geq 1$  grade from the peak score lasting for 3 days; <u>Chronic</u>: recovery from the peak score  $\geq 1$  grade with a stable score lasting longer than 3 days.

## **Cell Culture**

The immunized mice were sacrificed 29 dpi by anesthetizing them with the ketaminexylazine mixture and euthanizing them by cervical dislocation. The mice were pinned down on a tray and a small incision made between the back legs gently separating the fur/skin from the peritoneal cavity and extended along the length of the abdomen and up each leg. The animals were doused with reagent grade ethanol and using sterile forceps and scissors the spleens were extracted. The extracted spleens were suspended in Hanks Balanced Salt Solution (HBSS) until use. The tissue was then homogenized in sterile glass homogenizers and centrifuged to separate the cells from the debris and fat and counted with the help of trypan blue staining (90  $\mu$ l of 0.4% tyrpan blue solution + 10  $\mu$ l of the cells) on a haemocytometer. Cell concentration was determined using the following formula:

(No. of cells counted) (Dilution factor)  $(10^4)$ / No. of squares counted = cells/ml

Cells were cultured in complete RPMI 1640 [penicillin (100 U/mL)/streptomycin (100  $\mu$ g/mL), L-glutamate (2 mM), sodium pyruvate (0.1 mM), 2-mecarptoethanol (50 mM)] supplemented with 10% Fetal bovine serum (FBS) and the appropriate antigen (MOG<sub>35-55</sub> or MOG<sub>61-85</sub>) at a concentration of 10  $\mu$ g/ml at a cell density of 2 X 10<sup>6</sup> cells per ml. A third control group was also set up with no antigen, with the volume being made up using RPMI. The cells were cultured for up to 4 days at 37 °C, at 10% CO<sub>2</sub>.

### **RNA Extraction**

The cells harvested from the spleens were cultured as described above. Cells were recovered by centrifugation at respective time intervals (12 hrs, 24 hrs, 48 hrs) and total

mRNA extracted using TRIZOL<sup>®</sup> reagent (Invitrogen, Carlsbad, CA) according to manufacturer's instructions. The cells were homogenized in 1 ml of TRIZOL reagent per  $5 \times 10^6 - 1 \times 10^7$  cells and incubated at room temperature for 5 minutes to allow dissolution of nucleoprotein complexes. The cells were then frozen at -80 °C until use. After centrifuging the homogenized tissue samples, 200 µl of chloroform per 1 ml of TRIZOL reagent was added to the supernatant. The tubes were then shaken vigorously for 15 seconds, incubated at room temperature for 2-3 minutes then centrifuged at 12,000g at 4 °C for 15 minutes. RNA from the upper aqueous layer was precipitated using 0.5 ml of isopropanol per 1 ml of TRIZOL. The precipitated RNA was recovered by centrifugation at 12,000 g at 4 °C for 10 minutes and then washed once with 1 ml of 70% ethanol per 1 ml of TRIZOL. The RNA pellet was air-dried and dissolved in molecular grade/RNase free water and stored at -80 °C until use. The RNA yield, concentration, and purity were determined by measuring the absorbance's, at 260 nm and 280 nm. For determining the absorbance the samples were diluted (1:50 or 1:25) in 1x TE buffer (10 mM Tris-HCl, 1 mM EDTA, pH 7.5). A 260/280 ratio of 1.8-2.1 was considered acceptable for subsequent experiments.

#### **Reverse Transcription (RT)**

The RT reactions were carried out using the Mastercycler® Gradient PCR machine (Eppendorf Scientific, Hauppauge, NY). RNA samples were reverse transcribed to cDNA using the RT<sup>2</sup> HT First Strand Kit (SA Biosciences, Valencia, CA) according to the manufacture's instructions. This kit was specifically used because of its compatibility with the RT<sup>2</sup> SYBR Green qPCR master mixes, which were utilized thereafter. In the first step, 8  $\mu$ l of RNA was added to 6  $\mu$ l of genomic DNA (gDNA) elimination buffer and incubated at room temperature for 10 minutes. 6  $\mu$ l of the RT master mix was added to the above reaction mixture and reverse transcription was carried out at 42 °C for 15 minutes. The reaction was stopped by heating to 95 °C for 5 minutes. Finally, 91  $\mu$ l of RNase-free or molecular grade water was added to the mixture, which was then stored at -20 °C until use.

### **Quantitative Real Time PCR (qRTPCR)**

qPCR quantifies the initial amount of template DNA present in the sample during the amplification reaction whereas Real Time PCR measures the amount of DNA present after each amplification cycle. This measurement is based on the increase in fluorescence output as the PCR product increases. The point at which the fluorescence crosses a predetermined threshold, which is based on the background fluorescence, is called the Threshold cycle (Ct). The Ct is further used to determine the amount of the initial template cDNA present in the sample.

The cDNA obtained from the previous step was subjected to qRTPCR analysis to determine gene expression. PCR was run using the RT<sup>2</sup> SYBR Green qPCR master mix from SA Biosciences according to the manufacture's instructions. The primers required for the reaction were also from SA Biosciences and the sequences from the company are propriety and hence cannot be disclosed. The reaction mixture for a single reaction had the following components:

Table 1. PCR co	mponents.
Component	Volume in µl
RT <sup>2</sup> SYB® Green qPCR master mix	12.5
Primer set	1
Molecular grade water	10.5

For the reaction, 24 µl of the above soup was added along with 1 µl of the sample. The reaction mixture was then held at 95 °C for 10 minutes and amplified at 95 °C for 15 seconds followed by 60 °C for 1 minute, for a total of 40 cycles. This was followed by a melt curve analysis (95 °C for 15 seconds, 60 °C for one minute and 95 °C for 15 seconds). The melt curve analysis helps determine the specificity of the amplified gene of interest. All the reactions were run in triplicate for statistical analysis with  $\beta$ -Actin as the house-keeping gene. All PCR analysis was carried out using the StepOnePlus<sup>TM</sup> Real-Time PCR System from AB Biosystems, Carlsbad, CA. Analysis was carried out for the expression of IL17 and INF $\gamma$  genes AT 12, 24 and 47hrs, using the Pfaffl method (Pfaffl, 2001).

The Pfaffl method utilizes the primer efficiencies for mRNA quantification. For determining the primer efficiency, a standard curve for each primer set was run with the samples. The Ct values obtained were plotted against the concentration for each dilution. The slopes for these standard curves were determined using the equation  $E = 10^{[-1/slope]}$ . The primer efficiencies were found to be 1.990, 1.936 and 1.988 for INF $\gamma$ , IL17 and  $\beta$ -actin respectively.



Figure 6. **PCR standard curves obtained for each of the primer sets utilized.** A serial dilution was carried out using the cDNA samples for the amplification. The slope of each line was used to determine primer efficiency. Each standard curve reaction was run in duplicate. Ct: Threshold cycle.

Based on the above primer efficiencies the amount of mRNA was calculated using the following formula.

Ratio = 
$$(E_{target})^{\Delta Ct} (control-sample)$$
  
( $(E_{ref})^{\Delta Ct} (control-sample)$ 

Where,  $E_{target}$ : PCR efficiency of target gene (IL17 or INF $\gamma$ )

 $E_{ref}$ : PCR efficiency of reference gene ( $\beta$ -actin)

 $\Delta Ct_{target}$ : Difference in the Ct of the control and the sample of the target gene transcript level

 $\Delta Ct_{ref}$ : Difference in the Ct of the control and the sample of the reference gene transcript level (Pfaffl, 2001).

Statistical analysis for the amount of mRNA was carried out using a 2-way ANOVA in GraphPad Prism software.

### Enzyme Linked Imunosorbent Assay (ELISA)

The animals were immunized, the spleen cells extracted and cultured as described above. Cell culture supernatants were taken at regular intervals, (48 hr, 72 hr and 96 hr) and subjected to cytokine analysis by ELISA. The cytokines determined included IL10, and INFγ. ELISA's were run using the Ready-Set-Go Kits from eBiosciences (San Diego, CA) according to the manufacture's instructions. The cytokines are detected using a colorimetric reaction based on activity of avidin-horseradish peroxidase (HRP) bound to the biotinylated detection antibody, on a specific substrate.

Briefly, 96 well plates (Corning Costar 9018) were coated over-night at 4 °C with 1x dilution of the capture antibody in 1x concentration of the coating buffer (PBS Coating Buffer). Plates were then washed 5 times with 300  $\mu$ l of the wash buffer (PBS with 0.05% Tween 20). The plates were blocked at room temperature for 1 hr using 200  $\mu$ l of the assay diluent. After washing the plates, 100  $\mu$ l of each sample or the standard was added in duplicate to the wells and the plate incubated at room temperature for 2 hrs. Following another wash, 100  $\mu$ l of detection antibody diluted in 1x assay diluent was added and the plate incubated at room temperature for 1 hr. After another wash, 100  $\mu$ l of avidin-HRP diluted in 1x Assay diluent was added and the plate incubated. Following another wash, 100  $\mu$ l of the tetramethylbenzidine

(TMB) substrate solution was added to the wells and the plate incubated at room temperature for 30 minutes, following which 50  $\mu$ l of the stop solution (2.5N H<sub>2</sub>SO<sub>4</sub>) was added and the optical density measured at 450 nm.

For the standards recombinant cytokines at the following concentrations were used. For INFγ, Standard Range 2000-15.625 pg/ml in a serial two-fold dilution.

For IL10, Standard Range 4000-31.25 pg/ml in a serial two-fold dilution.

The final optical density was measured using a Synergy<sup>™</sup> HT Multi-Mode Microplate Reader from Biotek, Winooski, VT. An absorbance of >0.1 was considered positive. Data was analyzed using a 2-way ANOVA in the GraphPad Prism 5.0 software.

## **Flow Cytometry**

Cells were isolated from the spleen and cultured *in-vitro* as previously mentioned. The cells were harvested at 96 hrs and counted using trypan blue as previously described to determine cell count and observe cell viability. These cells were then either subjected to centrifugation using the LSM® Lymphocyte Separation Medium (9.4 g sodium diatrizoate, 6.2 g ficoll per 100 ml of the LSM) to separate living mononuclear cells or directly used for flow cytometry, depending on cell viability. When cells were subjected to density gradient centrifugation, cell suspensions were overlaid on 5 ml of LSM and centrifuged at 500xg for 30 minutes at 4 °C. Viable cells were then collected from the interface and diluted at least 1:2 with HBSS. Cells were then washed twice with HBSS and subjected to staining as follows. When density gradient centrifugation was not employed, cells were recovered from culture using a 5 ml serological pipet, centrifuged at 500xg for 10 minutes to pellet cells, and then washed 2x with 10 ml HBSS. Cells were resuspended in (1-2 ml) for counting and were aliquotted at  $1-2x10^6$ /tube into 1.7 ml microcentrifuge tubes for antibody labeling.

Cells were first incubated over ice for 30 minutes with  $F_C$  block (eBioscience, San Diego, CA) or normal mouse serum (Jackson ImmunoResearch Labs., West Grove, PA), so as to reduce non-specific binding through  $F_C$  receptors. The cells were washed and then resuspended in 50 µl FACS wash buffer (PBS - 0.5%, FBS - 0.1%, sodium azide), and incubated with 1 µl of the respective antibodies, for cell surface markers, on ice for 30 minutes. The cells were then washed thrice with the FACS wash buffer and finally suspended in 500 µl of the FACS wash buffer for analysis on the flow cytometer.

Cells were stained with four of the following cell markers conjugated with appropriate fluorescent molecule.

1) FITC conjugated CD4 or CD8 or CD11b (FL1 channel in case of WT or B cell<sup>-/-</sup> mice), if the IL10-GFP mice were used, the production of IL10 was analyzed through FL1.

2) PE conjugated CD4 or CD8 or CD25 or CD28 (FL2 channel)

3) PerCP-Cy5.5 conjugated FoxP3 (FL3 channel) (Intracellular stain)

4) APC conjugated CD25 or CD3 or Ly6G (FL4 channel)

These antibodies were purchased from either Biolegend (San Diego, CA) or eBioscience (San Diego, CA). In the case of staining cells for the intracellular molecule, FoxP3, the cells were first stained for the surface molecules and then subjected to intracellular staining as follows. After the last wash cycle the supernatant was discarded and the tube was pulse vortexed to dislodge the pellet. 1 ml of 1x fixation/permeabilization solution (eBioscience, San Diego, CA; 1 part fixation/permeabilization concentrate and 3 parts fixation/permeabilization diluent) was added to each sample and pulse vortexed. The samples were incubated at 4 °C for 30 minutes in the dark. Following the incubation, 1x permeabilization buffer (1 ml of the permeabilization buffer and 9 ml of distilled water was added to the each sample and then centrifuged at 400xg at room temperature for 5 minutes. The pellet was resuspended in  $100 \ \mu l \text{ of } 1x \text{ permeabilization buffer and } 1 \ \mu l \text{ of the PerCP-Cy5.5 conjugated FoxP3}$ antibody was added and the samples incubated in the dark for 30 minutes on ice. Following the incubation the samples were washed thrice with 1 ml of 1x permeabilization buffer and the resuspended in 500 µl of the FACS wash buffer for further analysis. Controls were run using species, isotype and fluorochrome matched antibodies along with single labeled controls. Single-labeled controls were included to ensure proper compensation of the flow cytometer. The analysis was performed on a dual laser BD FACS Caliubur (BD Biosciences, San Jose, CA) using Cell Quest Pro (BD Biosciences, San Jose, CA) and the data analyzed using the FlowJo software (Tree Star, Ashland, OR).

#### **Statistical Analysis**

All statistical analysis was carried out using the GraphPad Prism 5.0 (La Jolla, CA) or the FlowJo software (Tree Star, Ashland, OR) using the tests indicated.

## CHAPTER III: SPECIFIC AIM I

Identify the role of B cells in the generation of the protective immune response against the  $MOG_{61-85}$  epitope.

## Background

Previous experiments have identified antibody responses in WT animals immunized with rMOG against MOGaa21-40 and to an island of epitopes spanning MOGaa46-85. In addition, a T cell epitope was identified in B cell<sup>-/-</sup> mice, comprised of MOGaa61-85. Immunizations of WT mice with this MOG<sub>61-85</sub> identified it as cryptic epitope in WT animals.

Co-immunizations of WT B6 and B cell<sup>-/-</sup> mice with the encephalitogenic  $MOG_{35}$ . <sup>55</sup> and cryptic  $MOG_{61-85}$  peptides demonstrated an amelioration of clinical EAE severity in both strains (Lyons et al. unpublished data). Based on these results I hypothesized that antibodies against  $MOG_{46-86}$  were involved in the selection of epitopes in WT mice through the regulation of antigen processing and presentation when immunized with rMOG. These antibodies facilitated the processing of the encephalitogenic  $MOG_{35-55}$  and prevented the processing of the protective  $MOG_{61-85}$  epitope in the WT animals, leading to clinical presentation of EAE induction when immunized with rMOG. Conversely, the absence of these antibodies in B cell<sup>-/-</sup> animals led to the processing and presentation of the both the encephalitogenic  $MOG_{35-55}$  epitope and the protective  $MOG_{61-85}$  epitope, thereby rendering these mice resistant to EAE induction when immunized with rMOG.

Thus the *working hypothesis* is that the WT animals immunized with the longer MOG<sub>35-85</sub> peptide, which encompasses the encephalitogenic MOG<sub>35-55</sub> epitope, the

protective  $MOG_{61-85}$ , and the identified B cell epitope, should show EAE induction. Conversely the B cell<sup>-/-</sup> animals immunized with  $MOG_{35-85}$  peptide, should not present with EAE induction.

## Results

WT and B cell<sup>-/-</sup> mice are equally susceptible to EAE induced by  $MOG_{35-85}$ .

WT and B cell<sup>-/-</sup> animals were immunized with either MOG<sub>35-55</sub> or MOG<sub>35-85</sub> and observed for EAE induction and progression for a period of 29 days. The Aim was conducted in three different experiments and the total number of mice in each group was as follows (Table 2).

e 2. 010u	ips of mice	immunized with	either MOG <sub>35-55</sub> or MOG <sub>35-</sub>	85.
Group	Mice	Antigen used	Number of animals in	
			group	
1	WT	MOG <sub>35-55</sub>	14	
2	WT	MOG <sub>35-85</sub>	13	
3	B cell <sup>-/-</sup>	MOG <sub>35-55</sub>	13	
4	B cell <sup>-/-</sup>	MOG <sub>35-85</sub>	16	
	Group 1 2 3 4	GroupMice1WT2WT3B cell-/-4B cell-/-	GroupMiceAntigen used1WTMOG35-552WTMOG35-853B cell <sup>-/-</sup> MOG35-554B cell <sup>-/-</sup> MOG35-85	GroupMiceAntigen usedNumber of animals in group1WT $MOG_{35-55}$ 142WT $MOG_{35-85}$ 133 $B cell^{-/-}$ $MOG_{35-55}$ 134 $B cell^{-/-}$ $MOG_{35-85}$ 16

In the first experiment, mice received 100  $\mu$ g of either peptide emulsified in Freud's incomplete adjuvant containing *M. tuberculosis* H37RA. In the second experiment, in order to keep the molar concentration of the antigenic peptide constant, animals received either 125  $\mu$ g or 250  $\mu$ g of MOG<sub>35-85</sub> and 50  $\mu$ g or 100  $\mu$ g of MOG<sub>35-55</sub> respectively. In the third set of experiments, animals received 125  $\mu$ g of MOG<sub>35-85</sub> and 50  $\mu$ g of MOG<sub>35-85</sub> and 50  $\mu$ g of MOG<sub>35-85</sub> and 50  $\mu$ g of MOG<sub>35-85</sub>. The complied results of all three experiments are as follows.

WT and B cell<sup>-/-</sup> animals immunized with MOG<sub>35-55</sub> developed EAE which is consistent with previous findings (Lyons et al., 1999). Conversely WT and B cell<sup>-/-</sup> animals immunized with MOG<sub>35-85</sub> showed a less severe EAE when compared to the animals immunized with MOG<sub>35-55</sub>. Analysis using a 2-way ANOVA resulted in a p value of <0.0001 (Figure 7).



Figure 7. Immunizations with MOG<sub>35-85</sub> peptide results in a decreased disease severity in WT and B cell<sup>-/-</sup> animals as compared to the animals immunized with MOG<sub>35-55</sub>. Animals were immunized with the appropriate peptide and observed for a period of 29 days post immunization for EAE induction and progression. These graph indicated the complied results of all three experiments. Reduced disease severity in WT and B cell<sup>-/-</sup> animals demonstrated the protective nature of the longer peptide. Error bars represent the standard range of EAE scores in that group. Statistical analysis, using a 2-way ANOVA in the GraphPad Prism software resulted in a p value of <0.0001.

Among WT animals, significant differences were seen in animals immunized with MOG<sub>35-55</sub> and MOG<sub>35-85</sub>. The animals immunized with MOG<sub>35-85</sub> demonstrated lower

EAE scores and a low incidence when compared to the animals immunized with  $MOG_{35}$ .  $_{55}$ . A p value of <0.0001 was achieved for both the parameters (Figure 8, Table 3). Statistical analysis on the day of EAE onset and the median maximum score was calculated for only those mice that developed EAE (Table 3 & 4). For this reason statistically significant results could not be achieved, for both parameters, due to a single mouse that developed EAE in the WT group immunized with  $MOG_{35-85}$ . However, differences between the WT animals immunized with either peptide were evident as all the mice in the group immunized with  $MOG_{35-85}$  developed EAE, whereas only one mouse in the group immunized with  $MOG_{35-85}$  developed EAE (Table 3 & 4).



Figure 8. Analysis of EAE score demonstrated significant differences between animals immunized with MOG<sub>35-55</sub> or MOG<sub>35-85</sub>. Above figure demonstrates the Area under the curve (AUC) analysis for each of the groups. This analysis takes into consideration the area present under each line, which are shown in Figure 7. This analysis was used to determine individual differences in EAE score for each mouse in each group. WT or B cell<sup>-/-</sup> animals receiving MOG<sub>35-55</sub> had higher scores when compared to the animals receiving MOG<sub>35-85</sub> supporting the clinical EAE data. Statistically significant differences were found between animals that received MOG<sub>35-55</sub> or MOG<sub>35-85</sub> in both the WT and B cell<sup>-/-</sup> animals. Error bars indicate the average and the standard deviation in the AUC score in each group. Statistical analysis was carried out using an Unpaired T test (Mann Whitney Test) in the GraphPad Prism software. Table 3. Incidence rates of EAE induction and the median maximum score. Animals were considered positive for EAE induction only if they demonstrated a score of at least 1 for three consecutive days. Median maximum score takes into consideration only those mice which got sick and represents the highest EAE score for each group in terms of its frequency. Significant differences were found in WT and B cell<sup>-/-</sup> animals immunized with either MOG<sub>35-55</sub> or MOG<sub>35-85</sub>. A 100% incidence was noted in the group of animals immunized with MOG<sub>35-55</sub>, however a low incidence was seen in the group of animals immunized with MOG<sub>35-85</sub>. In addition the group of animals immunized with MOG<sub>35-85</sub>. These results were consistent in, both WT and B cell<sup>-/-</sup> mice.

Group	Antigen	Incidence	p values <sup>A</sup>	Median Max. Score	p values <sup>B</sup>
WT	MOG <sub>35-55</sub>	14/14	<0.0001	4±0.4	*
WT	MOG <sub>35-85</sub>	1/13		$2\pm0^*$	
	55 65				
B cell <sup>-/-</sup>	MOG <sub>35-55</sub>	13/13	0.0050	4±0.2	0.0003
	00 00				
B cell <sup>-/-</sup>	MOG <sub>35-85</sub>	7/16		1.7±1.1	

A: Data analyzed by Chi-Square analysis

B: Data analyzed by Mann Whitney T Test

\* Only one mouse developed EAE hence the median maximum score and its p value

could not be calculated.

Table 4. Analysis for the day of EAE onset in only those mice that developed clinical EAE. Values represent the average and the standard deviation for the day of onset. Differences were seen in WT animals immunized with either MOG<sub>35-55</sub> or MOG<sub>35-85</sub>. A significant delay in EAE onset was seen in the group of animals immunized with MOG<sub>35-85</sub>. However, because of the presence of a single mouse that developed EAE in the WT mice immunized with MOG<sub>35-85</sub>, the average day of onset and the p value could not be calculated. Similarly, in the B cell<sup>-/-</sup> animals, a statistically significant delay was seen in the day of EAE onset in the group of animals immunized with MOG<sub>35-85</sub> as compared to the group immunized with MOG<sub>35-55</sub>. Statistical analysis was conducted using the Unpaired T test (Mann Whitney Test).

Group	Antigen	Average day of EAE onset	p values
WT	MOG <sub>35-55</sub>	11.3±3.1	*
WT	MOG <sub>35-85</sub>	15*	
B cell <sup>-/-</sup>	MOG <sub>35-55</sub>	9.6±1.5	0.0007
B cell <sup>-/-</sup>	MOG <sub>35-85</sub>	15.1±4.2	

\* Only one mouse developed EAE hence average day of EAE onset and its p value could not be calculated.

Similarly for the B cell<sup>-/-</sup> animals, immunized with either peptide, significant differences were observed. The group immunized with  $MOG_{35-85}$  demonstrated lower EAE score, lower incidence and a low median maximum score, with p values of <0.0001, 0.0050 and 0.0003 respectively (Figure 8, Table 3). In addition, a significant delay in EAE onset was seen resulting in a p value of 0.0007 (Table 4).

## Discussion

Previous experiments established two distinct models of EAE. Immunizations with rMOG which required B cells/Ab for disease expression and immunizations with the encephalitogenic MOG<sub>35-55</sub> peptide which did not (Lyons et al., 1999). Further experiments identified a second cryptic epitope in the WT animals comprised of MOGaa61-85. Co-immunizations with both the MOG<sub>35-55</sub> and MOG<sub>61-85</sub> led to an amelioration of EAE in WT and B cell<sup>-/-</sup> animals (Lyons et al. unpublished data). This effect was more pronounced in the B cell<sup>-/-</sup> animals when both the peptides were emulsified together as compared to those mice which received two separate emulsions. It was also shown that antibodies were produced against MOGaa46-85 in the WT animals. It was further demonstrated that the immune response towards the MOG<sub>61-85</sub> region was abrogated by the passive transfer of rMOG primed serum from WT animals into B cell<sup>-/-</sup> animals (Lyons et al. unpublished data). This led to the hypothesis, addressed in this thesis, that the immunizations with the longer MOG<sub>35-85</sub> peptide will prevent EAE induction in B cell<sup>-/-</sup> animals. Aim 1 investigated this hypothesis.

Immunizations with the longer  $MOG_{35-85}$  peptide, led to a decrease in EAE severity in WT and B cell<sup>-/-</sup> mice compared to the mice immunized with  $MOG_{35-55}$  (Figure 7 & 8). The disease severity was found to be similar in WT and B cell<sup>-/-</sup> mice immunized with  $MOG_{35-85}$  indicating that the B cell epitope present between  $MOG_{35-55}$  and  $MOG_{35-85}$  was not involved in the selection of the protective  $MOG_{61-85}$  epitope. Had this been the case, WT animals should not have processed the protective  $MOG_{61-85}$  peptide and should have developed EAE with  $MOG_{35-85}$  immunizations with a severity similar to that noted with the shorter  $MOG_{35-55}$  peptide. In agreement with previous data (Lyons et al.

unpublished data), B cells did not seem to play any role in protection from EAE induction since B cell<sup>-/-</sup> animals were protected. As a result it is highly unlikely that antibodies will have a role to play in this protection observed with MOG<sub>35-85</sub> immunizations. This needs further investigation.

These results lead to several new questions. Antibody responses were also seen against amino acids immediately preceding the encephalitogenic MOG<sub>35-55</sub> epitope (Liu et al., 2012). It is possible that these antibodies are the ones which are involved in processing and presentation of the encephalitogenic epitope and thus warrant further investigation. Another possibility involves the 3-dimensional conformation of the MOG<sub>35-85</sub> peptide. There is a possibility that the chemically synthesized MOG<sub>35-85</sub> peptide, could not achieve the conformation present in naturally occurring which could have confounded these results.

Another possible explanation for the less severe EAE observed in these experiments, could have been due to the lack of processing the antigen. In order to address these questions, cells from animals immunized with  $MOG_{35-85}$  were cultured *in-vitro* with either  $MOG_{35-55}$  or  $MOG_{61-85}$  and analyzed for cytokine mRNA expression and cytokine levels in cell culture supernatants. These data will be discussed in Chapter 4.

## **CHAPTER IV: SPECIFIC AIM 2**

Investigate the immune mediators responsible for the protection observed with the  $MOG_{61-85}$  peptide, with the use of  $MOG_{35-85}$ .

## Background

The current understanding of MS/EAE is as a CD4<sup>+</sup> Th1/Th17 mediated disease: the production of pro-inflammatory cytokines such as IFN $\gamma$ , TNF $\alpha$ , and IL17 within the CNS leads to the onset of clinical signs and the progression of disease. Conversely, production of anti-inflammatory cytokines such as IL4 and IL10 are protective against disease and lead to recovery from active disease. Preliminary data suggested that antigenspecific production of IL10 in response to MOG<sub>61-85</sub> immunizations may play a role in the protection of B cell<sup>-/-</sup> mice to rMOG induced EAE. Thus, these experiments further sought to characterize the cytokine response to the MOG<sub>61-85</sub> peptide to gain an understanding of the mechanism of protection by this cryptic epitope.

#### Results

## IL10 may play a role in EAE onset

Preliminary data indicated that IL10 may play a role in the resistance to EAE induction using the  $MOG_{35-85}$  peptide (Lyons et al. unpublished data). To investigate this possibility IL10<sup>-/-</sup> and WT animals were immunized with  $MOG_{35-55}$  or  $MOG_{35-85}$  and observed for EAE induction and progression for a period of 29 days. The total number of animals immunized in each group is as follows (Table 5).

Group	Mice	Antigen used	Number of animals in
			group
1	WT	MOG <sub>35-55</sub>	14
2	WT	MOG <sub>35-85</sub>	13
3	IL10 <sup>-/-</sup>	MOG <sub>35-55</sub>	11
4	IL10 <sup>-/-</sup>	MOG <sub>35-85</sub>	10

This Aim was conducted as previously described in Aim1 and the complied results of all three experiments are as follows. WT and  $IL10^{-/-}$  animals immunized with MOG<sub>35-55</sub> showed EAE induction as is consistent with previous findings (Lyons et al., 1999). Conversely the WT and  $IL10^{-/-}$  animals immunized with MOG<sub>35-85</sub> showed a less severe EAE induction indicating that IL10 may not play a role in protection with the MOG<sub>61-85</sub> peptide. Analysis using a 2-way ANOVA resulted in a p value of <0.0001 (Figures 9). The AUC analysis supported these results, wherein the group of animals immunized with MOG<sub>35-85</sub> had decreased EAE severity as compared to the group immunized with MOG<sub>35-55</sub> in, WT as well as  $IL10^{-/-}$  mice (Figure 10). Statistically significant differences were found between WT and  $IL10^{-/-}$  animals immunized with MOG<sub>35-85</sub>, indicating that IL10 may have a role in EAE severity. In order to confirm this ELISA was used to determine IL10 protein expression as described below (Figure 10).

Similar to previous experiments significant differences were found within the WT animals immunized with either peptide for EAE severity and incidence with a p value of <0.0001 for each parameter analyzed. Statistical analysis could not be conducted for

median maximum score and the day of EAE onset as previously explained (Tables 3, 4, 6 & 7).

In continuation, in the IL10<sup>-/-</sup> animals immunized with the longer  $MOG_{35-85}$ peptide differences were also evident in the analysis of the median maximum score (Table 6). Conversely no significant differences were noted between the IL10<sup>-/-</sup> mice, immunized with either peptide for incidence and the day of EAE onset indicating that IL10 may be important in incidence, but not in disease severity (Table 6 & 7).



Figure 9. EAE severity in WT and IL10<sup>-/-</sup> mice immunized with MOG<sub>35-55</sub> and MOG<sub>35-85</sub>. WT and IL10<sup>-/-</sup> mice were immunized with the appropriate peptide and observed for a period of 29 days for EAE induction and progression. The mice, WT and IL10<sup>-/-</sup>, immunized with MOG<sub>35-55</sub> exhibited EAE induction and progression. Moreover WT and IL10<sup>-/-</sup> mice immunized with MOG<sub>35-85</sub> exhibited low EAE severity as compared to the group of animals immunized with MOG<sub>35-55</sub>. However this degree of severity was found to be similar in WT and IL10<sup>-/-</sup> mice, indicating that **IL10 may not play a role in protection from observed with MOG<sub>61-85</sub>.** Error bars indicate the average and the

standard deviation in EAE score for all mice in that particular group. Statistical analysis, using a 2-way ANOVA in the GraphPad Prism software resulted in a p value of <0.0001.



Figure 10. AUC analysis in WT and IL10<sup>-/-</sup> mice. In both groups of animals (WT and B cell<sup>-/-</sup>), mice immunized with MOG<sub>35-55</sub> had higher EAE scores as compared to the group immunized with MOG<sub>35-85</sub>. However EAE score analysis of IL10<sup>-/-</sup> mice, immunized with MOG<sub>35-85</sub>, showed that these mice had higher EAE scores when compared with WT animals immunized with the same peptide. This resulted in a p value of 0.004 between WT and IL10<sup>-/-</sup> mice immunized with MOG<sub>35-85</sub>. Error bars indicate the average and standard deviation in the AUC in each group. Statistical analysis was carried out using the Mann Whitney T test to determine individual group differences, with p values as indicated.

Table 6. Incidence of EAE induction and the media maximum score. In WT animals immunized with either peptide, statistically significant differences were noted for incidence. The p value for the median maximum score could not be calculated as previously explained. However for the IL10<sup>-/-</sup> mice, differences were only noted between the groups immunized with MOG<sub>35-55</sub> and the group immunized with MOG<sub>35-85</sub> for the median maximum score, not for the incidence. This indicated that IL10 may have a

role in EAE incidence, but not severity.

Group	Antigen	Incidence	p values <sup>A</sup>	Median Max. Score	p values <sup>B</sup>
WT	MOG <sub>35-55</sub>	14/14	<0.0001	4±0.4	*
WT	MOG35-85	1/13		$2\pm0^*$	
	55 65			_	
IL10 <sup>-/-</sup>	MOG35-55	11/11	0.1459	4±0.3	0.0007
_	55 55	-			
IL 10 <sup>-/-</sup>	MOG25 05	7/10		2+1.0	
1210	110033-85	,,10		2-1.0	

A: Data analyzed by Chi-Square analysis

B: Data analyzed by Mann Whitney T Test

\* Only one mouse developed EAE hence the median maximum score and its p value

could not be calculated.

Table 7. Analysis for the day of EAE onset in only those mice that developed EAE. As previously explained statistical analysis could not be conducted in WT animals immunized with either MOG<sub>35-55</sub> or MOG<sub>35-85</sub>. In the IL10<sup>-/-</sup> mice statistical differences were not noted in the day of EAE onset between the group of mice immunized with MOG<sub>35-55</sub> as compared to the group immunized with MOG<sub>35-85</sub>. This is consistent with the previous observation that differences in incidence were also not significant. Data analyzed using the Mann Whitney T test.

Group	Antigen	Day of Onset	p Values
WT	MOG <sub>35-55</sub>	11.3±3.1	*
WT	MOG <sub>35-85</sub>	15*	
IL10-/-	MOG <sub>35-55</sub>	9.3±2.0	0.14440
IL10 <sup>-/-</sup>	MOG <sub>35-85</sub>	10.8±0.8	
mouse de	veloped EAI	E hence average day of	EAE onset and its p v

not be calculated.

\* Only

In Figure 10, significant differences in EAE score were noted between WT and IL10<sup>-/-</sup> mice immunized with MOG<sub>35-85</sub>. This indicated that IL10 may a partial role in the protection seen with MOG<sub>61-85</sub>. To further investigate this possibility spleens were harvested from WT mice 29 days post immunization with either MOG<sub>35-55</sub> or MOG<sub>35-85</sub> and cultured *in-vitro*, in three separate culture conditions: MOG<sub>35-55</sub>, MOG<sub>61-85</sub> and without antigen. The cells were cultured in complete RPMI supplemented with FBS and the respective antigen. Cell culture supernatants were taken for cytokine detection using ELISA at 48, 72 and 96 hrs. The IL10 levels were found to be below the level of detection, i.e. 31.25 pg/ml in all samples. These results further support the clinical

observations of EAE in IL10<sup>-/-</sup> mice and demonstrate that IL10 does not play a role in the protection observed with  $MOG_{61-85}$ .

## *Cells primed to MOG*<sub>35-85</sub> *produce decreased amounts of pro-inflammatory cytokines.*

To further investigate a potential mechanism of protection by the  $MOG_{61-85}$ peptide, spleens were harvested from WT mice 29 days post immunizations with  $MOG_{35-5}$ and  $MOG_{35-85}$  and cultured *in-vitro* under three separate conditions. The cells were cultured in RPMI containing either  $MOG_{35-55}$ ,  $MOG_{61-85}$  or no antigen. Aliquots were then taken at appropriate time intervals for qPCR analysis and ELISA.

qPCR analysis demonstrated that the cells primed to  $MOG_{35-55}$  *in-vivo* and then cultured with  $MOG_{35-55}$  *in-vitro* had the highest level of INF $\gamma$  mRNA expression as is consistent with previous findings (Lyons et al., 1999). Conversely, there was a decrease in  $MOG_{35-55}$ -specific INF $\gamma$  mRNA expression when the cells were primed to  $MOG_{35-85}$ *in-vivo*. There was also a delay in the kinetics of INF $\gamma$  mRNA expression when the cultures were primed to  $MOG_{35-85}$  *in-vivo* and then cultured with  $MOG_{35-55}$  *in-vitro*. Statistically significant results were seen at all three time points (Figure 11).

Similarly the highest IL17 mRNA expression was seen in the cultures primed *in-vivo* with MOG<sub>35-55</sub> and then cultured *in-vitro* with MOG<sub>35-55</sub>. Conversely a decrease in the IL17 mRNA expression was observed when the cells were primed to  $MOG_{35-85}$  *in-vivo* and then cultured with  $MOG_{35-55}$  *in-vitro*. Significant differences were observed at 24 and 48 hrs, with p values of <0.01 and <0.001 respectively (Figure 12).

Very little INF $\gamma$  and IL17 mRNA was observed when the cells were cultured *invitro* with MOG<sub>61-85</sub> irrespective of the *in-vivo* priming agent (Figure 11 & 12).



Figure 11. The graph represents INF $\gamma$  mRNA levels. Results were obtained after normalizing it to the culture without antigen with  $\beta$ -actin run as a house-keeping gene using the  $\Delta\Delta$ Ct method. In general, cells exposed to MOG<sub>35-55</sub> *in-vivo* and *in-vitro* had increased INF $\gamma$  mRNA levels. Conversely cells primed to MOG<sub>35-85</sub> *in-vivo* and then cultured with MOG<sub>35-55</sub> *in-vitro* showed delayed production of INF $\gamma$  mRNA. Also cells cultured with MOG<sub>61-85</sub> *in-vitro* demonstrated low INF $\gamma$  mRNA levels. Statistical analysis was carried out using a 2-way ANOVA followed by Bonferroni *posthoc* analysis. The error bars indicate the deviations between the replicates. **These resulted indicated that the MOG<sub>35-85</sub> had anti-inflammatory potential.** 



Figure 12. **Analysis for IL17 mRNA expression.** Highest mRNA expression was seen when the cells were primed to MOG<sub>35-55</sub> *in-vivo* and then cultured *in-vitro* with MOG<sub>35-55</sub>. A delay in IL17 mRNA expression along with low level of expression was observed when the cells were primed with MOG<sub>35-85</sub> *in-vivo* and then cultured with MOG<sub>35-55</sub> *in-vitro*. Very low levels of IL17 mRNA was noted when the cells were cultured with MOG<sub>61-85</sub> *in-vitro*, irrespective of the *in-vivo* priming agent. Statistical analysis was carried out using a 2-way ANOVA followed by Bonferroni p*osthoc* analysis. Error bars indicate the deviations between the replicates. **These results also support an anti-inflammatory role for the longer peptide.** 

The level of protein expression for INF $\gamma$  was analyzed using ELISA. These results were consistent with the gene expression data obtained from qPCR. The cell primed with MOG<sub>35-55</sub> *in-vivo* and the cultured *in-vitro* with MOG<sub>35-55</sub> demonstrated the highest levels of INF $\gamma$ . There was a decrease in the INF $\gamma$  levels when the cells were primed *in-vivo* with MOG<sub>35-85</sub> and then cultured with MOG<sub>35-55</sub> *in-vitro*. Conversely the

cells cultured with  $MOG_{61-85}$  *in-vitro* showed no INF $\gamma$  production (Figure 13). However further experiments are required to achieve statistical significance.



## Discussion

This Aim was designed to look at some of the potential effector molecules by which mice were protected against EAE induction when immunized with  $MOG_{35-85}$ . Preliminary data (Lyons et al. unpublished data) indicated that IL10 may play a role in the protection observed with  $MOG_{61-85}$ . Thus, the role of IL10 in EAE amelioration by  $MOG_{61-85}$  was investigated further.

IL10<sup>-/-</sup> mice were immunized with either MOG<sub>35-55</sub> or MOG<sub>35-85</sub> and observed for EAE induction and progression. Contrary to our hypothesis, IL10<sup>-/-</sup> mice presented with less severe EAE when immunized with MOG<sub>35-85</sub> compared to animals immunized with MOG<sub>35-55</sub>. A lack of a role for IL10 in disease amelioration was further supported by ELISA for IL10 in cell culture supernatants, as no protein was detected in any of the samples. Thus, these results indicated that there were some other mechanisms involved.

The role of pro-inflammatory molecules in mediating MS/EAE is well-established (Sospedra and Martin, 2005). Given the lack of a role for IL10 in the observed amelioration by  $MOG_{61-85}$ , we investigated whether the low level of EAE severity could be due to a down-regulation in pro-inflammatory cytokines. In the experiments, the cells from WT mice, were first primed *in-vivo* by immunization of mice with either  $MOG_{35-55}$  or  $MOG_{35-85}$  and then cultured with either  $MOG_{35-55}$  or  $MOG_{61-85}$  or no antigen *in-vitro*. In general, cells primed to  $MOG_{35-55}$  *in-vivo* and cultured with  $MOG_{35-55}$  *in-vitro* demonstrated greater INF $\gamma$  and IL17 mRNA levels. This correlated with the clinical data which showed that the mice immunized with  $MOG_{35-85}$ . These results support previous results

establishing that the disease is mediated in large part by pro-inflammatory cytokines (Sospedra and Martin, 2005).

A delay in the increase in levels of these pro-inflammatory cytokines was observed when the cells were primed with MOG<sub>35-85</sub> *in-vivo* and then cultured with MOG<sub>35-55</sub> *invitro*. This demonstrated that the cells were being primed to the MOG<sub>35-55</sub> peptide *in-vivo* but the presence of the protected MOG<sub>61-85</sub> epitope inhibited the production of these proinflammatory cytokines and possibly suppressed EAE. A similar trend was seen in INF $\gamma$ levels in the cell culture supernatants using ELISA, supporting the results of the qPCR analysis. ELISA data also indicated that the INF $\gamma$  mRNA observed with qPCR was being translated into proteins. Very little IFN $\gamma$  or IL17 mRNA expression was observed when the cells were cultured *in-vitro* with MOG<sub>61-85</sub>. This is not surprising, given that this epitope is protective against EAE (Lyons et al. unpublished data).

These results demonstrated two different aspects related to the hypothesis. First, a decrease in amounts of pro-inflammatory cytokines was observed in the presence of the protective  $MOG_{61-85}$  epitope. However, the mechanism leading to this observation is not clear and necessitates the analysis of other anti-inflammatory cytokines such as IL4 or TGF $\beta$ . Analysis of IL4 may provide useful information to the mechanism of protection. Secondly, it was effectively demonstrated that the animals immunized with  $MOG_{35-85}$  could process and present the antigen, specifically the encephalitogenic  $MOG_{35-55}$  epitope, since these cells responded to this epitope *in-vitro*. Thus, the lack of EAE in these animals was not due to a failure to process and present the antigen. Along with the effector molecules another possible mechanism of protection is directly through cell-to-cell contact. Trans-well assays with similar settings will help answer this question.

## **CHAPTER V: SPECIFIC AIM 3**

Identify the immune cell population responding to the protective  $MOG_{61-85}$  peptide.

## Background

Previous data demonstrated that B cell<sup>-/-</sup> mice are resistant to the induction of EAE when immunized with rMOG. Preliminary data suggested that this is because a protective immune response is generated to the MOG<sub>61-85</sub> region in the absence of B cells. Experiments in Aim 1 demonstrated that both WT and B cell<sup>-/-</sup> B6 mice were resistant to EAE induced by MOG<sub>35-85</sub>, encompassing the encephalitogenic MOG<sub>35-55</sub> epitope, the protective MOG<sub>61-85</sub> epitope, and a putative B cell epitope, MOG<sub>41-85</sub>. The protective response was generated in the absence of B cells, and preliminary data suggested that IL10 had no role to play in EAE severity, indicating that there were some other mechanisms involved. Thus Aim 3 tried to identify the cells responsible for EAE resistance seen in these animals. We hypothesized that a MOG<sub>61-85</sub>-specific regulatory T cell population is the responsible population in protection of B cell<sup>-/-</sup> mice to rMOGinduced EAE.

#### Results

An increase in the number of cells expressing FoxP3 is observed when mice are primed with  $MOG_{35-85}$  in vivo.

Preliminary data indicated that an antigen-specific immune response to  $MOG_{61-85}$ actively suppressed EAE induced by the encephalitogenic  $MOG_{35-55}$  peptide (Lyons et al. unpublished data). Recent data identified a role for  $T_{reg}$  cells in controlling autoimmune responses, such as those seen in in MS/EAE (Sospedra and Martin, 2005). To further characterize the MOG<sub>61-85</sub> response, spleens were harvested 29 dpi from mice which were immunized with either MOG<sub>35-55</sub> or MOG<sub>35-85</sub>. Single cell suspensions were prepared and cultured *in-vitro* with either MOG<sub>35-55</sub> or MOG<sub>61-85</sub> to increase antigen specific cell proliferation. The cells were harvested at 96 hrs and analyzed by flow cytometry.

Early experiments attempted to remove dead cells via density gradient centrifugation. However, this led to substantial cell loss, with insufficient cells for analysis. Thus, data presented are from cells recovered from culture by centrifugation and washed 2x in media. Cell debris was removed by increasing the threshold of the forward scatter for sample collection and further gating on fluorescence staining during analysis. Using FlowJo analysis software, the cells were first gated on the presence of CD3/side scatter data to isolate T cells and were then analyzed for the expression of the FoxP3 transcription factor, which is expressed by  $T_{reg}$  cells.

Similar number of cells expressing FoxP3 was noted when they were cultured with  $MOG_{35-55}$  *in-vitro* (2.85% and 2.88%). Conversely, increased percentage of cells expressing FoxP3 was noted when the they were cultured with  $MOG_{61-85}$  *in-vitro* (3.32% and 5.89%). This increase was much more evident when the cells were first primed with  $MOG_{35-85}$  *in-vivo* and the cultured with  $MOG_{61-85}$  *in-vitro*. This was an 80% increase in the number of cells expressing FoxP3 when the cells were primed to  $MOG_{35-85}$  *in-vivo* (Figure 14). It was also interesting to note that there was an increase in the number of cells expressing FoxP3 when the cells primed with  $MOG_{35-55}$  *in-vivo* and the cultured


with  $MOG_{61-85}$  *in-vitro*. These results are based on a background correction of 0.233% in the isotype-matched controls (Figure 15).

Figure 14. FoxP3 expression in T cells. Spleens were harvested from WT mice immunized with MOG<sub>35-55</sub> or MOG<sub>35-85</sub> and cultured *in-vitro* with MOG<sub>35-55</sub> or MOG<sub>61-85</sub>. Decreased FoxP3 expression was noted when the cells were cultured with MOG<sub>35-55</sub> as compared to the cells cultured in presence of MOG<sub>61-85</sub>. This increase was much

more evident when the cells were first primed with MOG<sub>35-85</sub> in-vivo and the

cultured with MOG<sub>61-85</sub> in-vitro.



An increase is also seen in the percentage of  $CD3^+$   $CD4^+$   $CD25^+$  T cells, but a comparable level of  $CD4^+T_{reg}$  cells.

In addition to FoxP3,  $T_{reg}$  cells also express CD4 and CD25. To further characterize the responding populations, expression of CD4 and CD25 on the CD3<sup>+</sup> T cells was characterized. Analysis for CD4 and CD25 gated on CD3 & side scatter demonstrated comparable frequencies of CD3<sup>+</sup> CD4<sup>+</sup> CD25<sup>+</sup> T cells in all cultures (2.76%, 2.2.5% and 2.19%) except when the cells were primed with MOG<sub>35-85</sub> *in-vivo* and then cultured with MOG<sub>61-85</sub> *in-vitro* (4.00%) (Figure 16). Analysis was also carried

out on the corresponding control so that it could be established that the double positive population was real (Figure 17).



and cultured *in-vitro* with MOG<sub>61-85</sub>.



Lastly, the expression of FoxP3 by CD3<sup>+</sup> CD4<sup>+</sup> CD25<sup>+</sup> T cells was analyzed. Generally, a lower expression level was seen on cells cultured *in-vitro* with MOG<sub>35-55</sub> (67.7% and 64.0% of cells expressing FoxP3) as compared with the cells cultured with  $MOG_{61-85}$  (76.5% and 76.5% of cells expressing FoxP3) irrespective of the *in-vivo* priming agent. However taking into consideration the low numbers of cells initially present in the CD3<sup>+</sup> CD4<sup>+</sup> CD25<sup>+</sup> T cell gate, further experiments are necessary to confirm observations for these CD4<sup>+</sup> T<sub>reg</sub> cells (Figure 18).





Figure 18. Percentage of CD3 CD4 CD25 FoxP3  $T_{reg}$  cells. The cells within the CD3<sup>+</sup> CD4<sup>+</sup> CD25<sup>+</sup> gate were analyzed for the expression of FoxP3. A comparable level of CD4<sup>+</sup>  $T_{reg}$  cells were seen in all the samples.

# *The* CD8<sup>+</sup> *T* cell numbers varied between the cell cultures.

The cells within the CD3/side scatter gate were also analyzed for the expression of CD8. Levels of CD8<sup>+</sup> T cells varied between all the cultures. Moreover very few cells were found which were CD3<sup>+</sup> CD8<sup>+</sup> CD25<sup>+</sup>, in all the cell cultures. The low percentage of CD8<sup>+</sup> T cells, along with few total events which occurred, make analyzing the CD8 data difficult (Figure 19).



maybe the CD4  $^{\scriptscriptstyle +}$   $T_{reg}$  cells which are responding to the  $MOG_{61\text{-}85}$  epitope.

## Discussion

This specific aim investigated the specific cell population that was responding to the protective  $MOG_{61-85}$  epitope. Since B cell<sup>-/-</sup> animals did not present with EAE after immunizing with rMOG, it was hypothesized that the cells responding to the  $MOG_{61-85}$  epitope, important to amelioration of MOG-induced EAE, should be other than B cells. Thus, our analysis focused on  $T_{reg}$  cells.

For analysis of the  $T_{reg}$  cell population, the cells were first gated by virtue of the expression of the pan-T cell marker, CD3, and side scatter characteristics (Figure 20). The traditional lymphocyte gate could not be used because of the high amounts of dead cells and debris that interfered with analysis.



in the samples. The CD3<sup>+</sup> gated cells were further used for analysis.

Next, FoxP3 expression was analyzed in the above gated population. As shown in Figure 14, there was an increase in the FoxP3 expressing cell population when the cells were cultured with  $MOG_{61-85}$ , lending support to the hypothesis that it is a  $T_{reg}$  cell population that is responding to the  $MOG_{61-85}$  region.

In order to determine which of the T<sub>reg</sub> cells (CD4 or CD8) were responding, the T cells were further analyzed for the expression of these markers and CD25. As demonstrated in Figure 16, there was an increase in the CD4<sup>+</sup>CD25<sup>+</sup> double positive cell population when the cells were primed *in-vivo* with MOG<sub>35-85</sub> and cultured *in-vitro* with  $MOG_{61-85}$ . This indicated that it is a CD4<sup>+</sup>T cell population that is responding to the  $MOG_{61-85}$  epitope. In order to determine if this CD4<sup>+</sup> T cells were in fact CD4<sup>+</sup> T<sub>reg</sub> cells, the expression of FoxP3 in these cells was analyzed. Gating on CD4<sup>+</sup>CD25<sup>+</sup> T cells revealed comparable populations of FoxP3<sup>+</sup> cells in all cultures (Figure 18). This, along with the fact that the CD3<sup>+</sup> CD4<sup>+</sup> CD25<sup>+</sup> T cell gate had very few events, makes it difficult to draw conclusions about the role of these CD4<sup>+</sup> T<sub>reg</sub> cells. Another possibility is the fact that the entire CD4<sup>+</sup> T cell population ( $T_{eff}$  cells as well as  $T_{reg}$  cells) were expanded in response to the MOG<sub>61-85</sub> region. Another point to note is the fact that cells primed to MOG<sub>35-55</sub> in-vivo also seem to respond to MOG<sub>61-85</sub> in-vitro, which was not expected. A possible explanation for this could be the fact the since these animals exhibited EAE, their cells were primed to the endogenous  $MOG_{61-85}$ .

Lastly, to determine if it were the  $CD8^+T$  cells responding to the  $MOG_{61-85}$  epitope, the CD3 gated T cells were gated on the presence of CD8 and CD25 (Figure 19). Surprisingly very few cells expressing both  $CD8^+CD25^+$  were noted in all cultures, with most of the cells being  $CD8^-CD25^+$ , indicating that these could be the  $CD4^+T$  cells. The FoxP3 expression in these CD8<sup>+</sup> T cells was also found to be comparable in all cultures (Data not shown). Recent literature has described a unique population of CD8<sup>+</sup> LAP<sup>+</sup> T cells with suppressive functions in EAE (Chen et al., 2009). These cells may or may not express CD25 and/or FoxP3. Thus, it would be interesting to see if the small percentage of the CD8<sup>+</sup> T cells seen, did express LAP. However, the above data indicated that CD8<sup>+</sup> T were not responding to the MOG<sub>61-85</sub> region.

Another potential population to be looked into is the MDSCs. Preliminary analysis indicated a decrease in MDSCs when the cells are cultured with  $MOG_{35-85}$  (Data not shown). However further experiments are required before any conclusions can be made. In summary these results indicated an increase in the number of T cells expressing FoxP3 in response to  $MOG_{61-85}$ , however further experiments are required before any conclusions can be made.

### Discussion

Previous studies have established B cell dependent (rMOG-induced) and B cell independent (MOG<sub>35-55</sub>-induced) models of EAE in B6 mice. Previous studies showed also distinct B cell responses in WT animals when immunized with rMOG or MOG<sub>35-55</sub>, with a group of antibodies directed against MOGaa46-85, present in the rMOG induced model but not in the MOG peptide induced model (Liu et al., 2012). Analysis of the T cell response in rMOG-immunized WT and B cell<sup>-/-</sup> mice identified an additional T cell epitope in B cell<sup>-/-</sup> mice comprised of MOGaa61-85 (Lyons et al. unpublished data). Coimmunizations with MOG<sub>35-55</sub> and MOG<sub>61-85</sub> demonstrated an amelioration of EAE in these mice. Additionally, it was demonstrated that a serum derived factor from WT animals reconstituted rMOG-induced EAE in B cell<sup>-/-</sup> mice and abrogated the immune response seen in B cell<sup>-/-</sup> animals towards  $MOG_{61-85}$  (Lyons et al. unpublished data). This project aimed to look into the mechanism of protection against EAE induction when the animals were co-immunized with the encephalitogenic  $MOG_{35-55}$  and the protective  $MOG_{61-85}$  peptide.

Aim 1 investigated the role of the putative B cell epitope embedded within MOGaa 61-85 in selection of the protective  $MOG_{61-85}$  epitope. Immunization of WT and B cell<sup>-/-</sup> animals with the longer  $MOG_{35-85}$  peptide, encompassing the encephalitogenic  $MOG_{35-55}$  epitope, the protective  $MOG_{61-85}$  epitope, and the putative B cell epitope located within MOGaa41-85, demonstrated a decrease in disease severity in WT as well as B cell<sup>-/-</sup> mice when compared to the animals immunized with  $MOG_{35-55}$ . This led to the conclusion that the intervening region between the  $MOG_{35-55}$  and  $MOG_{61-85}$  peptides did

not play a role in the processing and presentation of the  $MOG_{61-85}$  epitope. However, certain aspects in these results must be taken into account. These results indicated that aa41-86 are not involved in antigen processing and presentation of rMOG, but the three dimensional conformation of the rMOG molecule needs to be in taken into account. Results could be confounded if the chemically synthesized MOG<sub>35-85</sub> could not achieve the native conformation present in the naturally occurring protein. Serum from WT mice immunized with  $MOG_{35-55}$  and  $MOG_{35-85}$  has been collected. Peptide mapping analysis can be carried out on these samples to see the responses against linear epitopes. Presence of an antibody response towards MOGaa46-85 will help confirm that this region is not involved in antigen processing and presentation. It can then be determined if the other B cell epitopes (MOGaa21-40, MOGaa101-125) identified are involved in antigen processing and presentation. Conversely, the absence of an antibody response towards MOGaa46-85 will lend credibility to the conformational epitope hypothesis. Better understanding of antigen processing and presentation in these animals might help us gain a better understanding of the immune responses occurring in MS. This is important considering that T cell responses have been noted in MS against aa1-22, 34-56 and 64-96 (Kerlero de Rosbo et al., 1997).

IL10 is considered to be an anti-inflammatory cytokine (Matsushita et al., 2008). Previous results suggested that IL10 may be important in the protection seen with  $MOG_{61-85}$  (Lyons et al. unpublished data). Thus,  $IL10^{-/-}$  mice were immunized with  $MOG_{35-55}$  and  $MOG_{35-85}$  peptides and observed for EAE induction and progression. The incidence of EAE in  $IL10^{-/-}$  mice was not significantly affected by the longer  $MOG_{35-85}$  peptide when compared to the group immunized with  $MOG_{35-55}$ , implicating a role for IL10 in the decreased incidence noted in WT and B cell<sup>-/-</sup> mice upon immunization with the MOG<sub>35-85</sub> peptide. However, clinical severity in those  $IL10^{-/-}$  mice immunized with MOG<sub>35-85</sub> that developed clinical signs was significantly decreased to that observed in MOG<sub>35-55</sub> immunized IL10<sup>-/-</sup> mice, indicating that IL10 is not important in ameliorating EAE severity by  $MOG_{61-85}$ . This was supported by the fact that the cells isolated from  $MOG_{35-85}$  primed WT mice and cultured *in-vitro* with  $MOG_{61-85}$  did not produce any detectable IL10 as demonstrated by ELISA. This showed that mechanisms other than those mediated by IL10 are important in the decrease in EAE severity seen with  $MOG_{61}$ . <sub>85</sub> peptide and necessitates the identification of other anti-inflammatory cytokines important in this model of MS. However IL10 was found to be important in incidence, indicating that different disease stages in EAE are mediated by different cytokines. Some might be more important in induction, others in progression and disease severity. It would be interesting to look at the cytokine expression of cells harvested from mice at different disease stages, such as onset, peak, recovery and chronic. Thus, it can be hypothesized that  $MOG_{61-85}$  prevents EAE induction in an IL10 dependent mechanism, but the decrease in EAE severity is due to some other unidentified effector molecules.

Results also demonstrated that there was a substantial decrease in the levels INF $\gamma$ and IL17 mRNA in WT animals when the cells were cultured in the presence of MOG<sub>61</sub>. <sup>85.</sup> This correlated with the decrease in clinical severity in these animals. Further studies using cells from B cell<sup>-/-</sup> and IL10<sup>-/-</sup> mice should be carried out to demonstrate if similar effects are observed in these mice too. The decrease in INF $\gamma$  mRNA expression was associated with a decrease in protein expression as seen with ELISA. Further experiments are required to establish IL17 protein levels. The identification of other potential effector molecules could eventually translate into therapies for MS patients and a better understanding about the pathogenesis of the disease.

Lastly it was demonstrated that there was an increase in the expression of FoxP3 following priming with  $MOG_{61-85}$ . This is in agreement with previous observations by Feger et al. 2007 that increased FoxP3 expression correlated with amelioration of EAE. There was also an increase seen in the percentage of  $CD4^+$   $CD25^+$  FoxP3<sup>+</sup> T cells in the cultures with  $MOG_{61-85}$ . These results suggest that these  $CD4^+$   $T_{reg}$  cells are important in the protection seen with  $MOG_{61-85}$ . However this potential role of  $CD4^+$   $T_{reg}$  cells in the protection mediated by the  $MOG_{61-85}$  epitope warrants further investigation.

Analysis was also carried out for the presence of CD8<sup>+</sup> T cells. Very few CD8<sup>+</sup> CD25<sup>+</sup> T cells were noted in all the cultures. Interestingly, an increase in CD8<sup>+</sup>CD25<sup>-</sup> T cells was noted in cells cultured with MOG<sub>35-55</sub> as compared to the cells cultured with MOG<sub>61-85</sub>. It is interesting to speculate that this increase in CD8<sup>+</sup> T cells represents pathogenic CD8<sup>+</sup> T cells, as previously described (Bettini et al., 2009). In addition, a very low percentage of CD8<sup>+</sup> CD25<sup>+</sup> FoxP3<sup>+</sup> T cells were noted in the samples and further experiments are required before any conclusions can be drawn regarding the role of these cells in the clinical effect of MOG<sub>61-85</sub>. The identification of CD8<sup>+</sup> T cell populations is important in the context of the recently identified CD8<sup>+</sup> LAP<sup>+</sup> T<sub>reg</sub> cells, which may or may not express the traditional T<sub>reg</sub> cell markers, CD25 and FoxP3 (Chen et al., 2009).

#### Limitations and Future Directions

Previous experiments had identified unique B cell epitopes in WT mice immunized with rMOG. These consisted of MOGaa21-40 and MOGaa41-86 (Liu et al., 2012). These results led to the central hypothesis of this project, that the antibodies against MOGaa41-86 were somehow involved in the antigen processing and presentation of rMOG in WT animals. In the presence of B cells, WT mice fail to develop a response towards the protective  $MOG_{61-85}$  and ultimately led to EAE induction in WT mice immunized with rMOG. Conversely, the absence of these antibodies in B cell<sup>-/-</sup> animals allowed for the selection of the protective  $MOG_{61-85}$  epitope and the prevention of EAE when these mice were immunized with rMOG. However, the hypothesis that MOGaa46-85 in the form of the longer peptide ( $MOG_{35-85}$ ) regulated antigen processing and presentation was disproved by the results of Aim 1. There could possibly be two reasons for this. Firstly, other identified B cell epitopes besides MOGaa46-86 are important in preventing the selection of the protective MOG<sub>61-85</sub> epitope. These B cell epitopes include MOGaa21-40 and MOGaa101-125 within the rMOG protein. This hypothesis can be further investigated by including these epitopes in immunization experiments. Secondly, the conformation of the chemically synthesized  $MOG_{35-85}$  needs to be taken into consideration as previously described. Further investigation of the mechanism of epitope selection by B cells would help us better define the mechanism of EAE induction in this animal model.

In addition, previous data had suggested a role for IL10 in the protection afforded by the  $MOG_{61-85}$  epitope. As discussed above, the role of IL10 in the process appears to be in preventing disease onset rather than remediating disease severity. Data do suggest that amelioration of disease may be dependent on decreased production of proinflammatory cytokines, IFN $\gamma$  and IL17. Further support for this would be obtained from analysis of cytokine secretion in IL10<sup>-/-</sup> mice. However, qPCR could not be applied for IL10 quantification due to unexplained difficulty in the isolation of total RNA from tissues and technical difficulties with the designed IL10 qPCR assay. Once these technical issues are resolved, these experiments will be completed.

This work looked at some of the pro-inflammatory cytokines that have been implicated in MS/EAE pathogenesis. However there are several more potential effector molecules which can be analyzed. This becomes important in light of the finding that IL10 is not the only player in the protection obtained with  $MOG_{61-85}$ . Characterization of other potential cytokines implicated in EAE pathogenesis, such as IL4 and TGF $\beta$ , may shed light on the mechanism of protection by  $MOG_{61-85}$  (Chen et al., 2008; Chen et al., 2009; Falcone et al., 1998). In addition, the results of Aim 2 were defined in WT animals, not in B cell<sup>-/-</sup> animals, and thus experiments can be run to see if these results correlate with each other.

The cell population responding to  $MOG_{61-85}$  also needs to be further defined. Assays can be conducted to determine proliferation of cells to  $MOG_{61-85}$  using Carboxyfluorescein succinimidyl ester (CFSE) staining. This could help us identify smaller cell populations responding to the protective  $MOG_{61-85}$  epitope. Co-culture studies with  $MOG_{35-55}$  and  $MOG_{61-85}$  can also be carried out to determine if the presence of the protective epitope alters the cellular response to the encephalitogenic epitope. There was an increase seen in the number of cells expressing FoxP3; however, no conclusions could be drawn regarding  $T_{reg}$  cells from these experiments. Further experiments could increase the total number of cells used for cell culture and thus remove the problem of losing cells in the density gradient centrifugation step. This would also help separate out the live cells and help define smaller cell populations, which might have been masked in all the debris and dead cells in the samples.

It can also be studied whether the  $CD8^+$  T cells seen are the recently described  $CD8^+$  LAP<sup>+</sup> T cells using flow cytometry. The recently published  $CD8^+$  LAP<sup>+</sup> T regulatory cells have been shown to act in a contact dependent manner. It can thus be hypothesized that if the  $CD8^+$  T cell population were indeed these cells, their effects would be diminished if these cells were cultured in trans-well plates. This too will help us further define the immune cell population responding to  $MOG_{61-85}$ .

#### Conclusion

In conclusion, it can be said that the B cell epitope within MOGaa46-85 does not play a role in the processing and presentation of the antigen. These results also demonstrated the protective nature of the  $MOG_{61-85}$  epitope, along with the role of IL10 in disease incidence. Lastly, an increase in the FoxP3 expression was seen when the cells were cultured with  $MOG_{61-85}$ , again demonstrating that the protective effects of  $MOG_{61-85}$ might at least in part be due to the expansion of a  $CD4^+T_{reg}$  cell population.

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