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# Fast Measurements of Flow through Mitral Regurgitant Orifices with Magnetic Resonance Phase Velocity Mapping

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Abstract—Magnetic-resonance (MR) phase velocity mapping (PVM) shows promise in measuring the mitral regurgitant volume. However, in its conventional nonsegmented form, MR-PVM is slow and impractical for clinical use. The aim of this study was to evaluate the accuracy of rapid, segmented k-space MR-PVM in quantifying the mitral regurgitant flow through a control volume (CV) method. Two segmented MR-PVM schemes, one with seven (seg-7) and one with nine (seg-9) lines per segment, were evaluated in acrylic regurgitant mitral valve models under steady and pulsatile flow. A nonsegmented (nonseg) MR-PVM acquisition was also performed for reference. The segmented acquisitions were considerably faster (<10 min) than the nonsegmented (>45 min). The regurgitant flow rates and volumes measured with segmented MR-PVM agreed closely with those measured with nonsegmented MR-PVM (differences <5%, p > 0.05), when the CV was large enough to exclude the region of flow acceleration and aliasing from its boundaries. The regurgitant orifice shape (circular vs. slit-like) and the presence of aortic outflow did not significantly affect the accuracy of the results under both steady and pulsatile flow (p > 0.05). This study shows that segmented k-space MR-PVM can accurately quantify the flow through regurgitant orifices using the CV method and demonstrates great clinical potential.

**Keywords**—MRI, Segmented *k*-space, Mitral regurgitation, Velocity measurements, Flow quantification, Control volume.

## **INTRODUCTION**

Magnetic-resonance (MR) phase velocity mapping (PVM) is widely used clinically to provide blood flow information. The technique is based on the principle that by using the proper bipolar magnetic field gradients in the direction of interest, the velocity of hydrogen nuclei in that direction can be encoded into the phase of the detected signal.<sup>19</sup> MR-PVM has been extensively evaluated as a flow quantification technique *in vitro* and clinically, showing high accuracy and precision.<sup>1,2,4,6,7,9,12,13,14,17,18,20,26</sup> It is the only clinical technique capable of providing three-directional velocity information at any point in the flow field in an imaging slice taken in any orientation.

Regurgitation is a common and serious type of heart valve disease. It degrades cardiac function and efficiency and leads to cardiac failure and death in severe cases if untreated. Diagnosis of the disease has been mainly qualitative.<sup>8,21,24,27</sup> Initial quantitative approaches were indirect by estimating the regurgitant amount from volumetric measurements of the ventricles during the cardiac cycle;<sup>23</sup> however, this method is not valid in concomitant valve insufficiency. The need for reliable quantitative assessment of regurgitation has led to the development of approaches that can directly measure the regurgitant flow. Doppler ultrasound techniques, such as the proximal iso-velocity surface area (PISA) method,<sup>22</sup> were developed and evaluated. Despite its potential, PISA can be affected by geometric uncertainties and the complication of the flow environment in the moving left ventricle during systole.<sup>3,11</sup> One of the limitations of Doppler ultrasound is that it provides only one component of the blood velocity vector (along the direction of the ultrasonic beam). In contrast, MR-PVM can measure all three spatial components of the velocity vector. This led to the development of a multislice control volume (CV) MR-PVM method (Fig. 1) for the quantification of the regurgitant flow.<sup>5,28</sup> The CV method involves the acquisition of a number of contiguous imaging slices in the valve region. All three components of the velocity vector are acquired per slice. By considering a CV encompassing the regurgitant orifice in the ventricular side and calculating the net inflow through the surfaces of the CV, the regurgitant flow can be calculated via the mass conservation principle. This approach was evaluated using conventional nonsegmented MR-PVM.<sup>5</sup> Despite the accuracy found, the main problem of this approach is that it requires 1 h or even longer for a complete measurement of the regurgitant volume, making it clinically impractical. However, with the development



FIGURE 1. The CV method: a number of contiguous imaging slices are placed in the mitral valve region with the central slices passing through the center of the regurgitant orifice (a). All three spatial components of the velocity vector in each slice are acquired and a CV is considered to encompass the orifice (b). Based on the mass conservation principle, the net amount of fluid that enters the five faces of the CV from the ventricular side will be equal to the amount of fluid that flows through the regurgitant orifice.

of segmented *k*-space MR-PVM techniques,  $^{10,15,16,25,30}$  the CV method may become the clinical method of choice for a reliable measurement of the amount of blood that regurgitates through the leaky mitral valve.

MR-PVM is applied using a gradient-echo sequence with a bipolar velocity-encoding gradient in the desired direction for velocity measurement. Using the electrocardiogram (ECG), the MR scanner is triggered to acquire multiple images corresponding to multiple time-phases throughout the cardiac cycle. For each time-phase, the corresponding image is reconstructed from the signal acquired during many sequential cardiac cycles. For an image of  $256 \times 256$  pixels, the signal should normally be acquired 256 times. Each time the signal is acquired, the sampled data is used to fill one line of the frequency domain (*k*-space).

Using conventional nonsegmented MR-PVM, only one of these k-space lines is acquired per time-phase during a single cardiac cycle. Therefore, it takes 256 cardiac cycles to acquire all lines necessary to reconstruct the image. However, k-space segmentation can dramatically reduce the data acquisition time. Instead of acquiring only one k-space line for each time-phase of the cardiac cycle and then waiting until the next heart beat to acquire the next k-space line, a segment of several k-space lines can be acquired very rapidly per time-phase during each heart beat. The required number of k-space lines is filled in fewer cardiac cycles, thereby reducing the acquisition time. The larger the number of lines assigned per segment, the faster the acquisition, but the lower the temporal resolution of the acquired data.

The reduction in scan time makes the CV MR-PVM method promising for clinical implementation. The accuracy of segmented *k*-space MR-PVM for through-plane and

in-plane velocity measurements in a slice was recently evaluated *in vitro*<sup>30,31</sup> and clinically,<sup>6</sup> showing high levels of reliability. Therefore, the aim of this study was to evaluate the accuracy of the CV MR-PVM method, with *k*space segmentation of the data acquisition, in quantifying the regurgitant flow through orifices that simulated mitral regurgitant orifices, under a variety of geometric and flow conditions.

#### METHODS

Steady and pulsatile water flow experiments were performed in a 1.5 T Siemens Sonata whole-body MR scanner (Siemens Medical Solutions, Erlangen, Germany) with a maximum gradient strength of 40 mT/m. A cylindrical acrylic left ventricular model (Fig. 2) was used for the experiments. The model had an opening to allow the insertion of cone-shaped mitral valve models. It also included an aor-



FIGURE 2. Left ventricular model with the regurgitant mitral valve model and the aortic outflow. Flow entered the model from its "apical" side.

 
 TABLE 1. Experimental conditions for mitral regurgitation study under steady flow.

Orifice type	Circular	Circular	Slit-like
Orifice size Cone-apex angle	3 mm (ID)	5 mm (ID) 90°	$4 \times 10 \text{ mm}^2$
Regurgitant flow rate (I/min)	1.0 (2.4) 1.5 (3.5)	2.5 (2.1) 4.0 (3.4)	4.5 (2.0) 7.0 (3.2)
In parenthesis: Orifice velocity (m/s)	2.0 (4.7)	5.5 (4.7)	11.0 (5.0)
Aortic outflow (I/min)		0–25	

LV model imaging slices

FIGURE 3. Coronal scout image showing the acrylic model of the left ventricle with the cone-shaped mitral valve model and the placement of the stack of the five contiguous slices for the three-directional velocity measurements.

tic outflow tract to better simulate the physiologic systolic ventricular flow environment. Three regurgitant valve models were used: two with circular orifices [3 and 5 mm of inner diameter (ID)]; and one with a slit-like orifice  $4 \times 10 \text{ mm}^2$ (Fig. 2). A range of steady flow rates and pulsatile flow volumes was investigated to simulate a range of regurgitant flow conditions. Pulsatile flow was generated by a computer-controlled piston pump (SuperPump, SPS 3891 Vivitro Systems Inc., Victoria, British Columbia, Canada). Flow entered the ventricular model from its "apical" side and exited through the aorta and the regurgitant valve model. The shape and size of the regurgitant orifice and the corresponding flow conditions are listed in Tables 1 and 2 for steady and pulsatile flow, respectively. Under steady flow conditions, the true flow rates were known via precalibrated rotameters (Dakota Instruments Inc., Orangeburg, NY), whereas under pulsatile flow conditions, the flow profiles were known with precalibrated, MR-compatible, brass transit-time ultrasonic flow probes (Transonic Systems Inc., Ithaca, NY).

The ventricular model was placed in a saline-filled container to assure adequate signal detection for tuning and was inserted into the bore of the scanner so that the mitral regurgitant orifice was at the iso-center of the scanner. A phased-array receiver coil was used to cover the test section to improve image quality. Initial true-FISP scout images in all three spatial orientations (axial, coronal, and sagit-

TABLE 2. Experimental conditions for mitral regurgitation study under pulsatile flow.

Orifice type	Circular	Circular	Slit-like
Orifice size Cone-apex angle	3 mm (ID)	5 mm (ID) 90°	$4 \times 10 \text{ mm}^2$
Regurgitant volume (ml per cycle)	10	30	40 and 60
Estimated range of peak regurgitant orifice		2.5–7.0 2.5–7.0	
velocity (m/s) Aortic outflow volume (ml per cycle)		40 or 60	
Rate (cycles/min)		60	

tal) were acquired to determine the position of the mitral regurgitant orifice (Fig. 3). After the scout images, threedirectional velocity acquisitions were performed using a nonsegmented gradient-echo sequence (nonseg) and two segmented sequences with seven (seg-7) and nine (seg-9) k-space lines per segment. The selection of these segmented sequences was the result of our recent evaluation of these segmentation schemes in straight tubes.<sup>30</sup> The nonseg acquisitions were performed to provide the reference data in addition to flowmeter readings. For each sequence, five contiguous sagittal imaging slices (Fig. 3) were acquired (flip angle of 30°, slice thickness of 5 mm) with the central slice placed at the center of the regurgitant orifice. A 75% rectangular 250 mm field of view (FOV) was used for the nonsegmented acquisitions and a 56% rectangular 250 mm FOV was used for the segmented acquisitions. After interpolation, the voxel size was  $1.0 \times 1.0 \times 5.0$  mm<sup>3</sup> in all cases. The velocity-encoding value was 80-250 cm/s, depending on the magnitude of the flow. The echo time (TE) was varied between 2.3 and 4.7 ms (shortest possible based on other imaging parameters). In pulsatile flow, the acquisitions were gated using a triggering signal synchronized with the flow waveform signal driving the piston pump. Gating resulted in 33, 15–16, and 11–12 time-phases per cycle for the nonseg, seg-7, and seg-9 sequences, respectively. The duration of each *nonseg* scan (one slice, one velocity component) was approximately 3 min, whereas the durations of the seg-7 and seg-9 scans were 20 and 16 s, respectively.

Each MR-PVM acquisition produced magnitude and phase images (Fig. 4), which were transferred to a workstation (Ultra-10, SUN Microsystems Inc., Palo Alto, CA). The images were visualized using Transform (Version 3.4, Research Systems Inc., Boulder, CO). A computer program was developed to convert the phase values of the phase images to velocity values based on the linearity between signal phase and proton velocity. Then, the program selected a range of CV sizes encompassing the regurgitant orifice in the ventricular model. For each selected CV size, the program calculated the flow rate of the fluid that passed through the five surfaces of the CV in the ventricular side,



FIGURE 4. Magnitude (top) and phase (bottom) images acquired from the central slice of the slice stack. An example of a CV selection is shown (2-D demonstration).

by summing the products of "pixel velocity" and "pixel area". Based on the principle of mass conservation, this flow rate should be equal to the flow rate crossing the sixth face of the CV (located in the atrial side of the model), which is the regurgitant flow rate (Fig. 1). In pulsatile flow, integration of the flow rate curve over systole provided the regurgitant flow volume. In this text, the three dimensions of the CV are defined as (refer to Figs. 1, 3, and 4): x, CV size in the left-right direction; y, CV size in the anterior–posterior direction; and z, CV size in the foot-head direction.

Statistical analysis (paired *t*-tests, analysis of variance, sign tests, and Kruskal–Wallis tests) was performed to compare the steady and pulsatile flow results with the true values for all sequences, and to determine the effect of sequence type, aortic outflow, and orifice geometry, using Minitab (Version 13, Minitab Inc., State College, PA). A *p*-value <0.05 indicated significant difference.

#### RESULTS

Figure 4 shows a pair of magnitude and phase (velocity) images of the acrylic ventricular model in the sagittal direction. The ventricular cavity, the aortic outflow tract, and the cone-shaped regurgitant mitral valve model can be clearly identified. The images were of good visual quality that ensured reliability in identifying the valve and, thus in quantitatively analyzing the data.

Representative steady flow results can be seen in Fig. 5, which shows the calculated regurgitant flow rates through the 5 mm ID circular regurgitant orifice using the CV method for a range of z (foot-head) and y (anterior–



FIGURE 5. Measured flow rates for a variety of CV sizes in the foot-head (z) and anterior–posterior (y) direction through a 5 mm ID circular orifice for a true regurgitant flow rate of 5.5 l/min. The *x*-size was 15 mm (three slices); 2 (a) *nonseg*; (b) *seg-7*; and (c) *seg-9*.

posterior) CV sizes. Figure 5(a) corresponds to the nonsegmented MR-PVM acquisition, whereas Figs. 5(b) and 5(c) correspond to the segmented acquisitions with seven and nine lines per segment, respectively. The x-size of the CV was 15 mm (three slices). The true regurgitant flow rate for this case was 5.5 l/min and there was no aortic outflow. As seen, in all acquisitions, the measured flow rate underestimated the true value when the y-size of the CV was small [2.9 mm in the particular case of Fig. 5(a-c)] and for small z-size (<3.9 mm for this case). This error was as high as 60% considering all orifices and flow cases studied. As the z-size increased ( $\geq$ 3.9 mm in this case), the flow rate data formed a plateau. The plateau underestimated (errors as high as 30%) the true flow rate for a CV of small y-size (2.9 mm in this case), but was very close to the true flow rate line for greater y-sizes (10.7 or 14.6 mm in Fig. 5) with an average error < 2%. As the CV size increased, some disturbance in the plateau was observed. This can be seen in Fig. 5 for z > 15 mm and also in Fig. 6, which shows the change in the measured flow rate with the y-size of the CV for three different z-sizes. As seen, the accuracy of the flow



FIGURE 6. Measured flow rates using the *seg-9* acquisition for a variety of CV sizes in the anterior–posterior (y) and foothead (z) direction through a 5 mm ID circular orifice for a true regurgitant flow rate of 4 I/min. The *x*-size was 15 mm (three slices).

rate measurements decreased when the CV size became too large (errors as high as 40%).

No negative effects from the presence of aortic outflow can be seen in Fig. 7, which shows the calculated regurgitant flow rate through the 3 mm ID circular orifice for a true regurgitant flow rate of 1.0 l/min with aortic outflow rates of 0, 10 and 25 l/min. In this case, there was no significant underestimation of the flow rate for very small z values, because of the small size of the orifice, which restricted the region of flow underestimation to a distance <3 mm. A well-shaped plateau is seen for z between 7 and 13 mm with values very close to the true flow rate line.

Distinct plateaus were observed in the "flow rate" vs. "distance" plots, regardless of the presence or absence of aortic outflow, for all orifices and flow cases studied. The range of z-size and y-size for which the flow rate data showed a plateau varied depending on the orifice used and on the magnitude of the regurgitant flow rate, as seen in Table 3. Three slices in the x direction (15 mm) provided more accurate results in the circular orifices, but five slices (25 mm) were necessary for accurate results in the slit-like orifice. Tables 4 and 5 show the measured flow rates (as averaged values from the plateaus corresponding to the size ranges found in Table 3) and the percent errors with respect to the true flow rates for all orifices and flow rates used, without and with aortic outflow, respectively. As seen, the



FIGURE 7. Calculated regurgitant flow rate through the 3 mm ID circular regurgitant orifice under the presence of 0, 10, and 25 l/min aortic outflow, using the *seg-9* MR-PVM sequence.

TABLE	3.	Summary	of	the	ranges	of	C۷	size	for	accurate
		reauraita	int	flow	rate me	ası	irem	nents		

	CV dimension (mm)					
Orifice geometry	<i>x</i>	y	<i>z</i>			
	(left-right)	(anterior–posterior)	(foot-head)			
Circular, ID of 5 mm	15	11–17	6–11			
Circular, ID of 3 mm	15	7–17	5–11			
Slit-like, $4 \times 10 \text{ mm}^2$	25	9–19	6–13			

average errors were small for all sequences used with and without aortic outflow.

The pulsatile flow results showed similar features to the steady flow results. Figure 8 shows the measured flow waveforms through the 3 mm ID circular orifice for a true regurgitant flow volume of 10 ml per cycle (a), and through the  $4 \times 10$  mm slit-like orifice for a true regurgitant flow volume of 40 ml per cycle (b), and 60 ml per cycle (c), using the nonseg, seg-7, and seg-9 sequences. The flow rates were calculated as the average values in the plateaus for a y-size between 7 and 17 mm, an x-size of 15 mm (three slices), and a z-size between 5 and 11 mm in the circular orifice; and for a y-size between 9 and 19 mm, an x-size of 25 mm (five slices), and a z-size between 6 and 13 mm in the slitlike orifice. As seen, there is general agreement between the data points from all three sequences used. Table 6 summarizes the comparison between the calculated regurgitant flow volumes (integration during systole) for all orifices and all sequences used. As seen, the measured flow volumes with the segmented (seg-7 and seg-9) techniques are in agreement with the nonseg ones, as well as with the true flow volumes regardless of the orifice shape and size. All sequences provided results with similar low errors (average error < 5%).

Statistical analysis with *t*-tests failed to show any significant differences between the measured flow rates with any of the three sequences and the true flow values, with or without a rtic outflow (p-values > 0.05). Similarly, t-tests failed to show any significant differences between the segmented sequences and the nonsegmented sequence (again all p-values > 0.05). Analysis of variance failed to show the presence of significant differences in the results between the three sequences and the three orifices (p = 0.771) for the sequence factor, p = 0.229 for the orifice factor, and p = 0.960 for the combined "sequence" orifice" factor, without aortic outflow). Analysis of variance also failed to show any significant difference between the flow rate results with and without a rtic outflow (p = 0.622). Similarly, in pulsatile flow, sign tests failed to show any significant differences between the calculated regurgitant flow volumes with any of the three sequences and the true flow values (p-values > 0.05). A Kruskal–Wallis test failed to show any significant effect from the orifice geometry (*p*-value = 0.193).

TABLE 4. Summary	of MR-PVM measured	I requrgitant flow rate	results without the p	presence of aortic outflow.

		Measured flow rate (I/min) and errors (%)							
Orifice geometry	True flow rate (I/min)	Nor	nseg <sup>a</sup>	Se	<i>g-7</i> <sup>b</sup>	Seg-9°			
		Flow	Error	Flow	Error	Flow	Error		
Circular ID of 5 mm	2.5	2.4	-3.8	2.4	-3.9	2.5	1.5		
	4.0	4.2	4.1	4.3	6.3	4.1	3.0		
	5.5	5.4	-1.6	5.3	-4.1	5.6	1.7		
Circular ID of 3 mm	1.0	1.1	8.1	1.2	21.6	1.0	-3.0		
	1.5	1.4	-5.6	1.4	-5.0	1.5	-0.5		
	2.0	2.3	15.0	1.8	-12.5	2.1	6.5		
Slit-like 4×10 mm <sup>2</sup>	4.5	4.3	-4.0	4.2	-6.1	4.3	-4.4		
	7.0	7.2	2.7	6.7	-4.4	6.7	-4.0		
	11.0	10.6	-3.4	10.7	-3.0	10.8	-1.6		
Mean Error (%)		1	.3	-	1.2	-	0.1		

<sup>a</sup>Nonsegmented. <sup>b</sup>Segmented with seven lines per segment. <sup>c</sup>Segmented with nine lines per segment.

## TABLE 5. Summary of MR-PVM measured regurgitant flow rate results with the presence of aortic outflow.

		Aortic outflow (l/min)	Measured flow rate (I/min) and errors (%)						
Orifice geometry			Nonseg <sup>a</sup>		Seg-7 <sup>b</sup>		Seg-9 <sup>c</sup>		
	True flow rate (I/min)		Flow	Error	Flow	Error	Flow	Error	
Circular ID of 5 mm	2.5	10	2.8	11.2	2.5	0.7	2.2	-12.6	
		25	2.4	-6.1	2.3	-7.4	2.2	-11.7	
	5.5	10	5.5	-0.1	5.7	3.2	5.6	1.6	
		20	5.6	1.1	5.3	-3.1	5.1	-7.4	
Circular ID of 3 mm	1.0	10	1.0	-5.3	1.1	12.2	1.1	13.3	
		25	1.0	-4.9	1.1	8.4	1.0	-3.6	
	2.0	5	2.1	2.7	2.2	10.4	2.1	3.7	
Slit–like $4 \times 10 \text{ mm}^2$	4.5	10	4.5	-1.1	4.6	1.1	3.7	-16.9	
		25	4.7	3.6	4.0	-11.6	4.3	-5.2	
	11.0	10	10.8	-2.1	10.6	-3.5	9.5	-13.4	
Mean Error with true flow	rate (%)		-	0.1	1	0.1	-	-5.2	

<sup>a</sup>Nonsegmented.

<sup>b</sup>Segmented with seven lines per segment. <sup>c</sup>Segmented with nine lines per segment.

TABLE 6. Summary of MR-PVM measured regurgitant flow volume results under pulsatile flo
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		Calculated flow volume (ml per cycle) and error (%)							
Orifice geometry		Noi	nseg <sup>a</sup>	Se	g-7 <sup>b</sup>	Seg-9°			
	True flow volume (ml per cycle)	Flow	Error	Flow	Error	Flow	Error		
Circular ID of 5 mm	30	29.4	-2.0	30.5	1.5	28.3	-5.7		
Circular ID of 3 mm	10	12.0	19.6	11.5	14.7	9.9	-0.9		
Slit–like $4 \times 10 \text{ mm}^2$	40	40.8	2.1	41.6	3.9	41.9	4.7		
	60	57.4	-4.3	58.2	-3.1	56.5	-5.9		
Mean error with true flow vo	lume (%)	3	3.9	4	.3	_	2.0		

<sup>a</sup>Nonsegmented. <sup>b</sup>Segmented with seven lines per segment. <sup>c</sup>Segmented with nine lines per segment.



FIGURE 8. Flow profiles through a 3 mm ID circular orifice for a true flow volume of 10 ml per cycle (a), and through a  $4 \times 10$  slit-like for a true flow volume of 40 ml per cycle (b) and 60 ml per cycle (c) orifice using the *nonseg*, *seg-7*, and *seg-9*.

#### DISCUSSION

Quantitative information of the severity of mitral regurgitation is important to better monitor the progression of the disease. However, due to the complex flow environment close to the regurgitant mitral orifice in the LV cavity, there has been a lack of reliable noninvasive clinical techniques to provide the regurgitant flow.

The CV method was developed to overcome the limitation of MR-PVM of not being able to accurately quantify flows immediately upstream and downstream of narrow orifices (such as the case of a regurgitant heart valve). This limitation is related to the signal loss both upstream and downstream to the orifice. The signal loss causes velocity errors in those regions. In upstream, the signal loss is caused by intense flow acceleration as blood converges to pass through the orifice. In downstream, the signal loss is caused by the turbulent jet that emerges. It becomes difficult to accurately measure the velocity exactly at the orifice (tip of the valve leaflets), because an imaging slice passing through the orifice would include some of the problematic upstream and some of the downstream regions. The lack of reliable regurgitant velocity data exactly at the tip of the valve leaflets during systole complicates the quantification of quantities such as the regurgitant pressure gradient through the mitral regurgitant valve (via the Bernoulli equation) using MR-PVM.

The CV method overcomes the limitation as mentioned earlier, because the quantification of the regurgitant flow takes place outside the region of signal loss using the principle of mass conservation. The only essential assumption is that the flow must be incompressible, which is valid in the case of blood in the left ventricle. Therefore, the accuracy of the CV method depends on the accuracy of the velocity measurements. A multislice CV method implemented with the nonsegmented MR-PVM has shown great potential in vitro to quantify the mitral regurgitant volume.<sup>5</sup> Despite its accuracy, the long duration of nonsegmented MR-PVM (approximately 1 h for the acquisition of all three velocity components in five slices) prevents the clinical implementation of the technique within a routine cardiac MR examination. Faster techniques, such as the k-space segmented MR-PVM, show great potential to overcome this problem. Using a sequence with nine lines per segment, it takes <10 min (including preparation time between each acquisition) for a five-slice, three-directional velocity acquisition. Based on our previous accurate results in straight tubes $^{30,31}$  and in the human aorta,<sup>6</sup> we performed this study to determine in vitro whether segmented k-space MR-PVM has potential to quantify the regurgitant flow using the CV method.

The acquired images (both magnitude and phase) were of sufficient quality for a visual identification of the orifice and the other geometrical features of the model. The CV size was varied to investigate whether it had any effect on the calculated flow rate. The results showed that a small CV (z < 5 mm and y < 9 mm, for most of the orifice and flow)cases studied in this study) causes underestimation of the regurgitant flow, because the faces of the CV include voxels with signal loss (due to the flow acceleration). Therefore, the calculated flow rate underestimates the true regurgitant flow rate. In addition, too close to the orifice, there is aliasing of the velocity as a result of the large local velocity and selection of a velocity-encoding value smaller that the orifice velocity, in order to increase the sensitivity of the scanner in measuring the local velocity at medium distance from the orifice.

For a larger CV (medium size) in the *z* and *y* directions, the flow rate data showed plateaus. Calculation of an average flow rate in these plateaus provided accurate flow quantifications of the true regurgitant flow rates (errors  $\leq 5\%$ ). Statistical analysis also showed that there is no significant difference between the true flow rate and the MR-PVM measured flow rate with all three different sequences (all *p*-values > 0.05). Although the term "medium-sized" is

qualitative, in practice, it corresponds to a CV large enough for its boundaries to be outside the region of signal loss very close to the orifice due to rapid acceleration and velocity aliasing.

When the CV size was too large (z > 13 mm and y > 19 mm, for most of the orifice and flow cases studied in this study), the results showed deviations from the true flow values (errors as high as 40%) probably due to the lower velocity sensitivity far away from the orifice (the local velocity away from the orifice was much smaller than the velocity-encoding values).

Both segmented MR-PVM sequences showed similar levels of accuracy (compared with the true flow data) and close agreement to the nonsegmented sequence, reducing significantly the data acquisition time from approximately 1 h to a few minutes. This result is very important because it shows that in addition to its accuracy, MR-PVM can be applied rapidly and become part of a routine MR examination. The shape and size of the orifice did not affect the accuracy of the measurements, although it affected the extent of the signal loss region close to the orifice, which must be avoided by the boundaries of the CV and, thus the optimal range of CV sizes (where the plateaus were formed). For a large orifice, a corresponding large CV is needed in order to cover the orifice entirely and be of sufficient distance from the region of signal loss. For the  $4 \times 10$  mm slit-like orifice, placed in a way such that its large size be aligned with the x (left-right) direction of the CV, a size of 25 mm (five slices) was necessary in the x direction compared with the 15 mm (three slices) for the circular orifices. The reason for such a behavior was that the acceleration region extended further into the ventricular region, especially in the x direction, and caused underestimation of the flow rate further from the orifice.

The effect of the aortic outflow on the accuracy of the calculated flow rate through a regurgitant orifice was evaluated by varying the magnitude of the aortic outflow under a variety of regurgitant flow conditions and orifice shapes/sizes. As shown in Fig. 7, the data formed plateaus similarly to the case without aortic outflow. The effect of aortic outflow is shown in Fig. 9. Some of the fluid that leaves the ventricle crosses the CV boundaries. Theoretically, based on the mass conservation principle, any inflow to the CV that does not pass through the regurgitant orifice will flow out of the CV (cancel-out effect); therefore, the presence of aortic outflow should not affect the implementation of the CV method. The results of this study support this principle (all *p*-values > 0.05).

From the pulsatile flow studies (Fig. 8), it can be seen clearly that the flow profiles measured with all three sequences agreed very closely during the entire cycle. The calculated values for the regurgitant flow volumes for all sequences (determined by integrating the flow curves during "systole") agreed very closely with the true flow volumes (Table 6). Analysis of variance also showed that the type of



FIGURE 9. Interaction of aortic outflow with the CV. Some of the ventricular blood enters and exits the boundaries of the CV before it flows out through the aorta.

sequence (nonseg, seg-7, or seg-9) and the type of orifice geometry (3 mm circular, 5 mm circular, or  $4 \times 10 \text{ mm}^2$ slit-like) have no statistically significant effect on the quantification of the pulsatile flow through the orifice using the CV method (p-values > 0.05). Similarly to the steady flow studies, the measurements of the regurgitant flow rate at each time-phase of the cycle were inaccurate (errors up to 50%) when the CV was too small and its boundaries were inside the signal loss region. When the CV was large enough for its boundaries to be outside this region of signal loss, the measurements were very accurate (Table 6). Because the pulsatile flow studies were performed under the presence of aortic outflow, the accuracy of the regurgitant volume results serves as another indication for the absence of any significant effect from the aortic outflow on the accuracy of the CV calculations.

This study focused on the effects of fast image acquisition and on the effects of the flow environment on the accuracy of the CV method. Future studies will focus on additional factors, such as the presence and motion of the chordae tendineae, in order to determine their effects on the reliability of the CV method, as well as valve and heart motion.<sup>29</sup> These studies should be followed by clinical studies in order to focus on additional clinical factors before this method becomes clinically applicable. It is of importance, however, that the present study showed that the CV method can be applied rapidly, thus eliminating one of its previously reported limitations (long scan duration). It should be noted that clinically, in cases of mitral valve regurgitation, the flow acceleration region upstream to the regurgitant orifice can be seen as a (hemispherical-like) signal loss region. According to the results of the present study, this signal loss region should guide the placement of the CV clinically in order to avoid errors in the velocity measurement. By selecting a CV large enough so that its boundaries exclude this signal loss region, the regurgitant flow should be accurately quantified.

In conclusion, *k*-space segmented MR-PVM can rapidly and accurately quantify the flow through orifices simulating regurgitant mitral valves *in vitro*, and therefore, shows great clinical potential. The size of the CV is of importance because the boundaries of the CV should be outside the region of velocity aliasing and flow acceleration very close to the orifice, in order to avoid errors in the velocity acquisitions.

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