

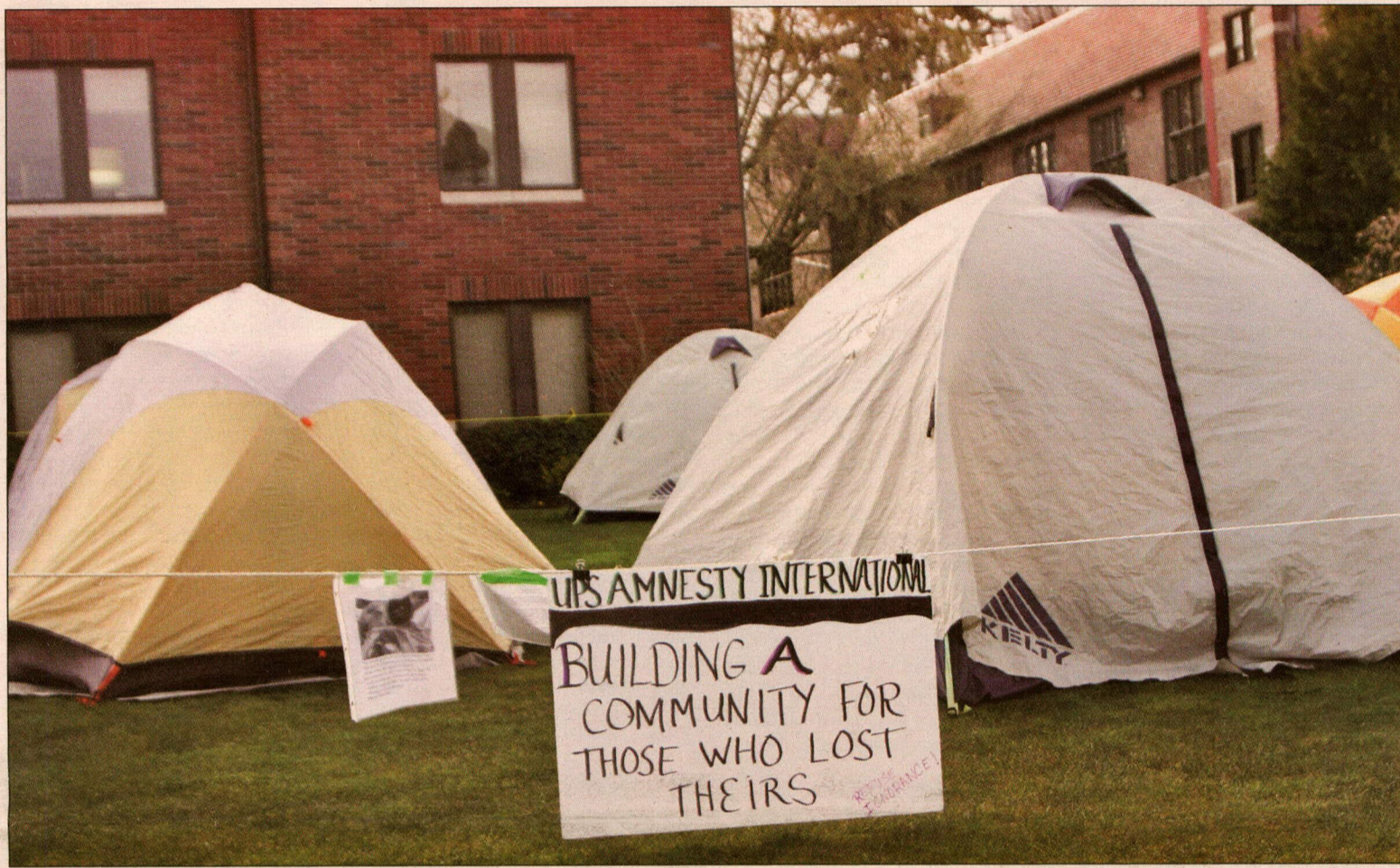
THE PUGET SOUND TRAIL

THE STUDENT NEWSPAPER OF THE UNIVERSITY OF PUGET SOUND
1910

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APRIL 11, 2008

REFUGEE CAMP SIMULATION



ASUPS PHOTO SERVICES / GLORIA TRESEDER

Over sixty students camped in tents outside of Trimble Hall from April 6 - 10 and forwent luxuries to raise awareness about refugee issues. Amnesty International held events and lectures each night, to highlight a different region with refugee issues.

Students respond to violence in Tibet

By Suzanne Taylor
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News Writer

After over 50 years of struggle, Tibet has frequented world news headlines recently after a long-peaceful protest for independence from China turned tragically violent in mid-March.

After years of nonviolent resistance by Buddhist monks and other citizens of Tibet, the Chinese government recently began to crack down on the protesters, which led to violent clashes that continue to escalate. As events became increasingly and uncharacteristically chaotic in the Tibetan region, students began to act locally to do what they could in support of Tibet's nonviolent struggle for freedom.

The UPS branch of Students

SEE TIBET PAGE 3

"Green" themed house to open for Fall 2008

Five students will move into first eco-friendly house supported by Sustainable Living Program

By Peter Stevenson
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News Writer

Next fall, UPS will take yet another step forward in its commitment to sustainability by opening a pilot theme house designed to serve as a model of eco-friendly living.

The Green House, as it has been aptly named, represents the foremost project of the Sustainable Living Program, which is designed to explore new possibilities for how the university might incorporate its goals in sustainability into its residential housing.

At this point, few policies revolve around - campus houses. The Sustainable Living Program, however, hopes to change this trend by dem-

onstrating the benefits and feasibility of making campus houses more environmentally sustainable.

The Green House is a collaborative project, involving UPS staff, students, and the local community. Currently, it is led by Bob Kief and James Vance of Facilities Services, John Hickey of Business Services and Community Engagement and Lacy Karpilo of Residence Life.

The plan for the Green House is relatively simple. During the upcoming summer, the team will collaborate with local architects, the City of Tacoma and five students who will move in next fall.

"Essentially, we will take 3211 North 13th and retrofit it to be more sustainable," Karpilo said.

Just a few of the proposed modifications include solar water heaters, composting and vermiculture, energy efficient heating, bathroom hand driers, light sensors, rain barrels, low flush toilets and recycled materials that range everywhere from carpeting and counter tops to furniture and siding.

If these elements meet the

standards of the nationally recognized Leadership in Energy and Environmental Design (LEED) certification program, it will receive official recognition, similar to the silver rating given to the new science building, Harned Hall.

The Green House is more than an initiative supported by students - it is an experimental project which will provide a glimpse into possible changes for the entire university.

"This house is an educational tool as well as an opportunity to look into the future to discover a more energy efficient and sustainable mode of living," Kief said. "It will serve as a model for both the university and the local community."

The planners hope to inspire local residents to help with the planning process. In addition to feedback provided by the students who live there, each semester there will be open houses for the local community. This will give visitors the opportunity to see the modifications first hand, speak with those who live there, and offer their own feedback. Suggestions will then be used to improve the current housing situ-



ASUPS PHOTO SERVICES / GLORIA TRESEDER

The house at 3211 N. 13th will be redesigned to be made more sustainable and could be a model for other campus buildings.

ation campus-wide and make plans for the future.

"Our thinking is to find the benefits and successes of the Green House and incorporate them into the rest of our campus housing, including residential halls," Hickey said.

In this respect, the experimental aspect is key because it

will demonstrate which modifications are realistic in day-to-day living. For example, if light sensors in the kitchen keep turning off during dinner, they will be removed. Or, if the hand driers are a better alternative to paper towels, this change might

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Plans for change mark Thomas' presidency

By Brandon Lueken
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Contributing Writer

April 23 will mark the five-year anniversary of President Ronald Thomas's tenure, much of which has been spent planning for the future.

Almost every Vice President has been replaced since Thomas took office. Mike Segawa became the Dean of Students in late 2006 after the unexpected departure of Jean Kim; Kris Bartanen became the Academic Dean in fall 2004; Dave Beers was brought on as the Vice President of University Relations in 2005; Sherry Mondou was appointed the Vice President of Finance and Administration in 2004. Only George Mills, Vice President of Enrollment, held his position prior to 2003. Other positions like Chief Technology Officer, Head Librarian and Director of Alumni and Parent Relations have just recently been filled.

These advancements fall under two different plans: the Master Plan – the widely discussed physical transformation of the university – and the Strategic Plan – the enhancement of the entirety of the Puget Sound community. Each plan works in conjunction with the other, and they are supposed to create an effective environment

where the university may flourish academically and socially.

While each tenet has been concretely defined, each plan leaves room for the needs and opinions of current and forthcoming generations. These plans are flexible goals by which short term and long-term gains are possible.

According to the Master Plan, once the Thompson remodel is complete, the next plan of action is a multi-step process of building a new structure for Facilities behind the Fieldhouse on 9th street. Future plans then go on to the demolition of South Hall and building a state of the art Health and Sciences building to house the Occupational and Physical Therapy graduate programs, as well as the Exercise Science and Psychology department. Meanwhile, the 15th and Alder entrance to the school will be spruced up to create a grander entrance to the university. After the Health and Sciences building is constructed, the next large project outside of some remodeling and landscaping, could possibly be an event center, or it could be new housing, depending on the needs of the school. The order of the buildings isn't exact, and will be determined by classes whose graduating year, most likely comes after 2015.

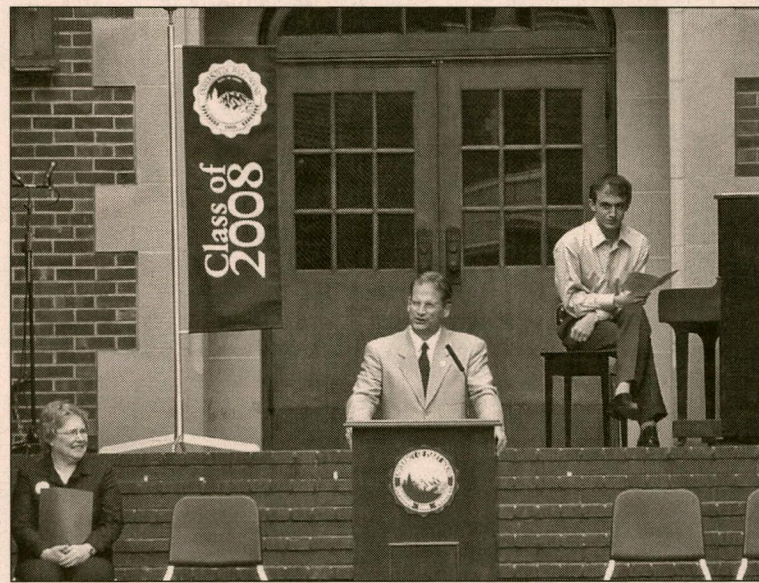
The Strategic Plan will also be dictated by future members

of the Puget Sound community, but does not follow a hard and fast plot line. Rather, there are four tenets that all play an intricate part of crafting a better UPS.

"We have become a well-recognized national liberal arts college," Thomas said. "We now need to define ourselves against other national colleges, and emphasize what distinguishes us."

These distinguishing tenets are titled "Innovate, Inspire, Engage and Invest," and they have become the main priorities of Thomas. Translated, these goals are will "enhance and distinguish the Puget Sound experience ... build an inspiring physical environment for learning ... forge lifelong relationships [and] strengthen our financial position," respectively.

The enhancement and innovation of academic and social life itself has internal goals that the university will emphasize. One is a commitment to civic engagement, which includes encouraging events like the Race and Pedagogy conference and other civic scholarship. Already students and faculty are advancing this under the Civic Scholarship Initiatives through a variety of projects like the Nearshore Habitat Restoration program, headed by biology Professor Joel Elliot, which analyzes the growth of eel grass



ASUPS PHOTO SERVICES / NICK KIEST

Thomas addressed the class of 2008 during its Convocation.

in the Sound. Another is the continued commitment to sustainability and reducing the university's impact on the environment, which already has many programs in full swing. A third goal is to continually hone student and professor relationships, especially in a collaborative capacity.

"One of the strengths of the campus is the opportunity students have to work closely with faculty members," Bartanen said. "Faculty members help students to achieve more than they ever imagined. We want to offer even more opportunities for faculty mentoring

of student research and other scholarly and creative projects."

The university's leadership looks to inspire future students, which is the second tenet of the Strategic plan. This tenet is the main way the Master Plan integrates with the strategic plan, and re-emphasizes how physical spaces with in the university will benefit the students and the way that they absorb information and conduct their affairs.

The third tenet, Engage, seeks to capitalize on the first two. By providing exquisite

SEE THOMAS PAGE 3

Elements moves towards becoming official medium

By Brad Rice
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News Writer

Elements, the club that for over two years has published a biannual magazine by the same name on campus, has moved one step closer to becoming one of the official media at the University of Puget Sound.

Under new and never-before utilized rules and procedures, ASUPS has granted Elements "provisional medium status" for Fall 2008, a designation that allows the club to be treated as a medium on an experimental basis.

The rules state that any club wishing to receive provisional medium status must be active for at least three years and must intend to publish some form of medium on campus. It is at the discretion of ASUPS whether or not to grant a provisional medium permanent status.

Elements will have reached its third anniversary by next fall.

Originally conceived by freshmen biology students as a parody of scientific journals, Elements is now in its fourth issue and features material ranging from topics in scholarly scientific inquiry to science-

themed personality quizzes. The latter item is featured in the magazine's "Allium" (Latin-onion) section, a tribute to its comedic conception.

Marissa Jones, senior biology major as well as Editor-in-Chief and founding member of Elements, commented on the content of the magazine.

"We try to keep it scientifically engaging and interactive," Jones said. "The Allium section, however, is what sets Elements apart from other scientific journals."

Most recently, Elements has also delved into the realm of multimedia, producing a series of radio podcasts available on iTunes. The most recent podcast featured an interview with UPS physics professor Bernie Bates on the subject of the Search for Extra-Terrestrial Intelligence (SETI).

The motivation for the Elements club to become a medium at UPS is almost entirely financial. Currently ASUPS budgets Elements as a club and only covers approximately half the costs of producing the magazine. The rest of Elements' expenses are met by sponsorships from various science departments of the University. According to the ASUPS Financial Code, twenty percent of

fees levied by ASUPS must be allocated to the campus media, allowing for a greater amount of funding to be apportioned to a relatively small number of organizations.

The first four issues of Elements were produced using the barest of necessities. With little money to spare, members of the Elements club volunteered countless hours editing and formatting the magazine on computers and software lent to them by The Trail in lieu of a budget that could adequately fund the operation.

Jones said that ASUPS media funding would defray the cost of publication as well as allow for two paid editorial positions and the eventual purchase of technical equipment essential not only to producing the magazine but in improving the technical capabilities of all the university's media.

While Jones realized that ASUPS would likely be unable to offset the entire expenditure of Elements, she felt that the financial security of Elements becoming an official university medium would offer peace-of-mind to the members of the Elements team.

"It would be nice to have the security of not fearing whether or not the science departments

will continue funding us or whether or not we will have enough money to go to print," Jones said.

Mark Martin, biology professor and faculty advisor to the Elements club, reflected on the unique advantage Elements adds to the campus community while discussing the importance of the magazine becoming an institutional medium.

"Many individual science departments in universities throughout the country send out news letters," Martin said. "Elements is so much better than that because it is inter-departmental and offers more than a simple run-down of current events."

Martin stressed the important role Elements plays in calling attention to issues of science and technology – issues that he said have a profound impact on our everyday life.

"Since there are so many technical elements to everyday life, it behooves everyone to at least look into how science and technology shape our world, and Elements is a medium that offers an interesting insight into the subject," Martin said.

Martin also emphasized how the unique relationship of Elements to the university's liberal arts campus helps to foster a

dialogue between the sciences and humanities or "the two worlds" as physicist and author C. P. Snow dubbed them in his eponymous book, and how the magazine underscores the importance of technical literacy in all fields.

"Being technically literate is important no matter what discipline you follow, and it doesn't have to be about how many equations you know," Martin said.

Keaton Wilson, a senior biology major, founding member and current writer and editor of Elements, echoed Martin's statement, dispelling the myth that positions at the magazine are for science majors only.

"The misconception is that Elements is only for science majors, which is completely untrue," Wilson said. "All majors are helpful and relevant."

As Editor-in-Chief for the Fall 2008 semester, Wilson hopes to maintain Elements' tradition of making the sciences more accessible to the campus community as it enters provisional medium status.

The fifth issue of Elements is set to be released at Log Jam 2008 which will roughly coincide with the inauguration of the University's newest science building, Harned Hall. •

THE PUGET SOUND TRAIL

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LGAP plans to raise \$10,000 by next week

THOMAS

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By Jessica Bruce
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News Editor

By the end of the week, junior Shira Goldstein hopes to have raised enough money to build an AIDS testing clinic in Ghana – a project she put into works less than two years ago.

Constructing the clinic will cost only \$10,000. So far, Shira Goldstein has raised \$3,000 and will receive another \$4,000 from Volunteer Abroad, a Canadian non-governmental organization that has agreed to provide volunteers and some financing for Shira Goldstein's project. Still, Goldstein, with the support of Loggers for Global AIDS Prevention (LGAP), needs to raise \$3,000 to make the clinic a reality.

"If every UPS student gives just five dollars, we can seriously build this clinic," Shira Goldstein said.

This past week, LGAP raised funds by holding a bake sale and encouraging the campus community to donate money. Next week, LGAP will attempt to gain the needed funds by asking each student to donate five dollars. The club will hold a table in the WSC from Monday through Friday. LGAP has also raised money with a letter-writing campaign, soliciting funds from local businesses as well as friends and families of club members. The club is looking for other groups and companies around Tacoma to help raise the money.

"We're going to represent our success with a drawing of a building," Shira Goldstein said. "Every time someone makes a five dollar donation, we will put a brick on the drawing to fill it."

"It takes so little money to build this," Goldstein said. "Just eight dollars can buy a

bag of cement in Ghana, and we need 350 bags."

The club's vice president, senior Marcos Goldstein, compared the price of a brick to the price of a cup of coffee.

"Every student could sacrifice the money for one cup of coffee to help this project," Marcos Goldstein said. "It's hard for us to understand the impact that a couple of bucks has elsewhere. We will donate that money and forget about it, but the clinic's mission will last on and on."

Marcos Goldstein said that he is excited by how much progress the club has already made since it was formed last semester.

"It's a very real, tangible project," Marcos Goldstein said. "It requires very little money – very little money in our world – that makes a huge difference overseas. It's something our campus would definitely achieve."

With the help of Volunteer Abroad, some of LGAP's members and other interested students might have the chance of volunteering to help construct and operate the clinic. The LGAP clinic construction and operation was approved as one of the organization's projects. The organization is planning to take two groups to Ghana this summer, one in July and one in August, to build the clinic and to begin education and outreach at the clinic.

Volunteer Abroad charges volunteers \$2,000 a month, which covers the costs of food, housing, safety and other amenities like trips around the country. Part of each \$2,000 fee goes directly to the clinic. Already, three students from Canada are registered to participate in the summer programs.

"Eight people go on each trip," Shira Goldstein said. "It

would be great if we could get a UPS team together to go. Even if it seems like a lot of money, Volunteer Abroad will help you fund raise. We need to raise funds now, but equally, we need people to sign up as volunteers."

Freshman Thomas Crouch is a member of LGAP and said he is enthusiastic to see what the club can accomplish during his four years at UPS.

"After we open up the clinic, we want to keep it running," Crouch said. "I hope LGAP will continue to put on events to teach about AIDS and give AIDS awareness for incoming classes and that we will continue to do fund raising to support the clinic in Ghana. Maybe we can eventually extend this project to other sites too. We could start looking at building other clinics in other areas of the world where they are needed."

"I've never been involved with a project this huge before; it's exciting to get involved with something that's a deeper issue than what I deal with on a day-to-day basis as an American," Crouch said. "Especially since Shira is a student here and has lived in Ghana, through her experience this campus has a link to the people who will benefit from the clinic. It's cool to look at her photos of people from her trips and know that what I'm doing just as an extra-curricular activity can change their lives."

Shira Goldstein bought the land for the clinic and drafted official blueprints on her own while volunteering in Ghana after her freshman year at UPS. Those she encountered knew very little. Many thought AIDS, like Malaria, could be transmitted by mosquitoes. Some also thought AIDS could be transmitted by witchcraft.

In Keta, where Shira Gold-

stein worked, AIDS testing is only available at a government hospital. Testing is supposed to be free, but doctors often charge a fee and pocket the money, Shira Goldstein said. Poor laborers cannot afford these fees.

Shira Goldstein realized that the community could benefit from an easily accessible, free clinic, staffed by volunteers from outside the community, who would protect patients' anonymity.

Though Marcos Goldstein has not been to Ghana, he said he feels a personal connection to this project because he is from Venezuela.

"Growing up in a developing country, I know the impact that a little education can have on people," Marcos Goldstein said. "This project will provide the tools that their governments or communities are otherwise not able to provide."

Students interested in getting more involved with the clinic can contact Shira Goldstein at sgoldstein@ups.edu for more information and for fund raising supplies.

"When you're involved with something like this, you just feel better about yourself in the morning," Crouch said.

Construction Costs

- Cement: \$8/bag (need 350 bags)
- Concrete for floor: \$7/bag (45 bags)
- Mosquito netting: \$25/ net
- One Flush door: \$53
- Iron rods for window frames: \$62
- Sawn framework for roof columns: \$65
- Foundation: \$512
- Carpentry: \$1,400

TIBET

CONT. FROM PAGE 1

for a Free Tibet (SFT), a nationwide grassroots organization, was founded in the fall of 2005.

Junior Tashi Chogyal, the president of the UPS group, explained that Students for a Free Tibet seeks to put as much pressure as possible on the Chinese government to respond to the peaceful requests of Tibetan citizens, to educate other students about the issues facing Tibet, and to raise funds for the efforts of independence.

The SFT at UPS recently protested at the Chinese consulate in Vancouver, British Columbia, Chogyal explained. On April 2, they also held an event called "Ten Questions for the Dalai Lama", a forum in relation to the upcoming appearance of the Dalai Lama in Seattle. The group is raising that the current fund raising with will benefit the Olympic Action Fund, the biggest campaign that Students for a Free Tibet support. The purpose of this initiative is to show the world that China is a major abuser of human rights around the world.

The view of SFT is that China should not be allowed to host the Olympics because the Chinese government has op-

pressed the Tibetan people and escaped blame from the rest of the world.

"It's too late to change the fact that Beijing is hosting the 2008 Olympics, but we can use the Olympics to make the Tibet situation more widely known," Chogyal said.

Many different protest campaigns are currently in action in relation to the Olympics, according to the Students for a Free Tibet website. One such campaign hopes to eliminate Tibetan regions from the Olympic torch run through China, symbolizing the hope that Tibet will soon become independent and not controlled by the Chinese government.

In addition, students of all nationalities are in the process of training themselves in forms of non-violent protest against the current situation in Tibet and China.

"The Tibetan movement is unique because it's a historically nonviolent conflict, which there are very few of in the world," Chogyal said.

Students can get involved with the effort for a Free Tibet by attending SFT meetings on Mondays at 8 p.m. in Trimble Forum, or by checking out the table in the SUB on Wednesdays during lunchtime.

GREEN

CONT. FROM PAGE 1

be incorporated into other buildings on campus.

The success of this project rests largely on the shoulders of the students who will move in next fall.

"It takes more than just structural changes," Hickey said. "It requires the responsible behavior by those living there."

After all, there is little point to spending money on this technology if the residents are not committed to adapting their own lifestyles to fit within the goals of the program, he explained.

The project was largely inspired by the City of Tacoma's "Envirohouse" which was designed several years ago as a model for sustainable living.

UPS will take this concept one step further by putting residents in the house rather than leaving it empty.

Once up and running, maintaining the house will be an ongoing process, which strives to remain as eco-friendly as possible while suiting the needs of the inhabitants.

The ultimate goal of the project is to inspire others to make similar lifestyle changes. Planners agree that the Green House will be positive for the entire community and will encourage everyone to live in a sustainable manner.

Not only will it elevate UPS as a leading institution in sustainable living, but it will provide students and faculty with a creative outlet to test what being green provides.

If successful, it will transform other houses and provide more students with the opportunity to experience the most up to date lifestyle of sustainability.

Security Report

The following incidents occurred on campus and were reported to Security Services between April 1 and April 7:

- Several non-student youths created a disturbance in the Cellar. One, reportedly, broke a pool cue.
- Security and Dean of Students staff confronted a student in Todd/Phibbs hall who was suspected of violating the university drug policy
- Security staff contacted a student on the north side of campus who they observed urinating in public.
- Security staff responded to a complaint from a student who returned to his room in Anderson Langdon hall to discover a large rock was thrown through his window.

Please take advantage of the Security Services Escort program and avoid walking alone. In addition to on-campus services, Security escorts community members to several locations off-campus. Call 253.879.3311 for more information.

• Courtesy of Todd A. Badham
Director of Security Services.



Hey You...

Dear Readers,
Recently, problems concerning the Hey Yous have been brought to my attention. I would like to remind you to be respectful when submitting Hey Yous and to follow to guidelines listed below.

Please remember that The Trail reserves the right to not publish any Hey Yous that do not meet the following guidelines.

Thank you.

Wanna write a Hey You?
Send your call outs to:
trailheyyou@ups.edu

- Rules:
- No names or identifying descriptions (jersey numbers, initials, etc.)
 - Must be submitted by weekend prior to publication.
 - No profanity.

“HEY YOU,” Mahalo nui loa to the Hui O Hawaii leadership, the committee chairs, and the student teachers. You have all done an amazing job! Congratulations!

“HEY YOU,” Mahalo nui loa e na makua o na hau-mana o Puget Sound. Thank you very much to all of the parent volunteers and supporters of the 38th annual luau production!

“HEY YOU,” come to luau on Saturday, Apr. 12. Tickets are on available at a UPS discounted price (1 per student), \$10 for the dinner, \$7 for the show, and \$15 for both.

“HEY YOU,” do they collide? I ask and you smile with my feet on the dash. The world doesn't matter.

“HEY YOU,” seniors! If you pick up your phone and give us an answer we'll stop calling! By the way, has anyone mentioned that if you do the S-year donation plan we won't call you for those five years.

“HEY YOU,” men giving out jobs in SUB, I do not want your jobs.

“HEY YOU,” second half, you complete me! Put on your business socks... cuz it's business time.

“HEY YOU,” I feel like our women's lacrosse teams has one of the best records inspiring sports right now but we are never in The Trail. Please try and advertise us because we need recognition and stuff too!!!

“HEY YOU,” Trail. Do you realize that the women's lacrosse team is 7 and 2?! Probably not, seeing as though you can't seem to get your act together and feature one of UPS' best teams in the sports section. Come on, give us some credit.

“HEY YOU,” I can't believe things ended up like this. Help me fix it before you go because I'm not going to do it by myself... I'm not sure I even want to.

“HEY YOU,” if there's African American Studies shouldn't there be White

American Studies? Or is it all about revenge in the names of victims of discrimination? Just because there are minorities or majorities doesn't mean any single group deserves more focus than the others...I'm talking true equality. Continue to feed the stereotype C.A.I.R. Forcing a solution is not creating a better environment, and that's a fact.

“HEY YOU,” Roommate! I love you, and I'm glad you're living with me next year. I'm excited about our plants, our pulley system, and our mini fridge.

“HEY YOU,” There should be mirrors in ALL the practice rooms in the music building!

“HEY YOU,” whoever put the Cosmo gyno pages up in the TP2 girls bathroom, thanks! They were very informative.

“HEY YOU,” boy in the two English classes I sat in on. You're so beautiful, I'd come to UPS just for you.

“HEY YOU,” all you couples out there, don't forget that you are in college, and life exists outside your own little world. Live a little!

“HEY YOU,” chocolate panda, a tip from a former suite-mate leads us to believe you may know the whereabouts of a certain nemo ball. We want it back.

“HEY YOU,” toilet seats, get some covers.

“HEY YOU,” come see “MORT” Friday at 7:30 p.m. and Saturday at 2 p.m. and 7:30 p.m....it will be pretty AWESOME too...just in case you weren't sure.

“HEY YOU,” Girl who stole my crouton. What the f***?

“HEY YOU,” what you got that in ROOM?

“HEY YOU,” dutch blondie that I met at your party last Saturday, wil je een drank ooit?

“HEY YOU,” the Taiko dance drumming group FUBUKI DAIKO is coming April 17, so buy tickets before they're gone

“HEY YOU,” library patrons, Circ staff wants you to know that you can ask us anything and we'd be happy to assist you!

“HEY YOU,” ir Fat (aka Shaq) your pong skills are absurdly pinner and your brick is nar boots. Next time we will destroy you. Prepare your dome for CT.

“HEY YOU,” Bildonks Unite!

“HEY YOU,” I enjoyed our

smut-reading session this week. Let's repeat it soon, shall we?

“HEY YOU,” I bet you read the “hey you's” a lot more closely now.

“HEY YOU,” bullet, I'm so glad we're creepers together! Also, thanks for being so full of wisdom. I love you!

“HEY YOU,” microorganisms that feed on my dead skin cells, could you get my earwax too?

“HEY YOU,” is OC Openheimer Café or Orange County? We Ultimate players aren't sure.

“HEY YOU,” phone services boys, I was in the face when you were and I noticed your large packages.

“HEY YOU,” cuddle-buddies in TP...remember that time you guys made a sandwich of me. It was nice. Lol.

“HEY YOU,” thank you for the ridiculousness, Saturday morning dance parties, mallomars, vending machine humping and everything else we have done this past year. I lurve you guys!

Senior Night
April 17 at 7:00 pm • Wyatt Atrium

It's not too late!

RSVP by visiting
www.ups.edu/studentalumni.xml
or by calling 879.2924

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BERT: Bias-Hate Education Response Team Logo Contest

Open to all campus community: Students, Faculty, and Staff
Closing date for entries: **April 30, 2008**
Winner will receive a \$100 iTunes Gift Card

Graphic Requirements:
The logo must include this acronym: BERT
The logo must include this tag line: Bias-Hate Education Response Team
The logo should communicate the core value of "Appreciation for commonality and difference"

Technical Requirements:
Entries must be 4x6 inches in size.
Entries must be 300 dpi resolution digital files or print-ready.
All art included must be original. Any imagery taken from the web must come from royalty-free/copyright free sources.

General Suggestions:
Keep it simple- Use bold, distinctive designs that are easy to see at a glance. Minimize clutter.
Test it at a variety of sizes/colors- How does the image translate to multiple print conditions?
Test it with surrounding text- How does it look in different situations and taglines?
The Bias-Hate Education Response Team (BERT) aims to create a greater awareness of how incidents of bias or hate may be shaping our campus community. The BERT will take a proactive approach to identify relevant trends and create an educational space for reflection and dialogue regarding incidents of bias or hate.

Please submit entries to: BERT@ups.edu
or forward to Kim Bobby, Chief Diversity Officer - Howarth 215/CMB 1019

Letters to the Editor

SDS & C.A.I.R.

Dear Editor,

In response to the ignorant claims of a connection between SDS and C.A.I.R., which have been made by several uninformed people in the past few weeks, Tacoma Students for a Democratic Society (SDS) seeks to correct these errors.

The Coalition Against Injustice and Racism (C.A.I.R.) is in no way a part of or an extension of SDS.

There is currently a membership overlap of 4 out of the 25-30 students involved in C.A.I.R. that are also in SDS or have been members of SDS in the past.

SDS is proud of the work we do and the projects we run. Any project of SDS will be clearly labeled as such; there is no reason for SDS to hide our name.

Shortly after the C.A.I.R. demands were made public, SDS issued a statement in support of C.A.I.R. because SDS shares C.A.I.R.'s anti-racist beliefs and dedication to action rather than the empty and academic rhetoric that often saturates college campuses.

The C.A.I.R. demands were posted on the SDS website, tacomasds.org, because it is a useful public forum for news and events in the Tacoma area where posting is open to anyone and can be done anonymously. The website is a valuable community resource and a way of connecting UPS to the Tacoma community.

SDS has historically faced years of media misinformation and we do not want to see it repeat itself in the Trail. It is disempowering to C.A.I.R. to claim that they are merely a front or shell for another body. It questions their autonomy, power, and significance.

Everyone is welcome to have and share an opinion, but the opinion is only really valuable when it is built on real information – not vague ideas and assumptions.

• Anonymous

Dear Editor,

Last month a small group of students, faculty and staff now known as C.A.I.R. sent a 13-page document with a list of demands of the university regarding the racial make-up of the student body and faculty at UPS. The demands contained in this letter range from the school's response to an event deemed racially insensitive by the University, to laying out specific quotas for the hiring and enrollment of students, faculty, and trustees of color. While the intent of the letter to bring awareness to diversity issues on campus is both

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Manage your emotions

By Arjun Dhillon
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Health/Science Columnist

Modern society is saturated with resources designed to reduce our stress levels. Many of them provide a similar method – when we get upset, psychologists, self help books and even talk show hosts encourage us to express our emotions. Failure to do so is considered unhealthy and will supposedly make our problems worse.

People often claim they feel better after they vent their anger and get their frustrations "off their chest." However, a large amount of research disputes this bit of conventional wisdom. In fact, studies show that the act of venting anger can actually increase stress levels and perpetuate the negative emotions we feel when confronted by upsetting situations in the future.

The evidence against the benefit of venting is substantial, but the message is often ignored or unrecognized by many mental health specialists. This is most likely because the data is fragmented across different areas of study, with no widely used method to link them together as a single practice.

Some psychologists, however, have been active in condemning the act of venting as useless. A series of experiments demonstrated this by observing individuals' behavior after allowing them to vent their anger. College students were instructed to write essays which were all returned to them with harsh criticisms and poor grades. Half of the test subjects were instructed to wait silently for two minutes and the other half were provided with a counselor to which they could vent their anger. They were all then offered a punching bag to hit.

Every student instructed to wait quietly declined to hit the punching bag, while nearly all of those who previously vented their anger decided to take a few swings. The studies were modified to include different



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Keeping your anger or other emotions bottled up could cause an increase in that emotion or stress, or so a recent study found.

methods of expressing anger – like blowing an air horn into someone's face or screaming loudly into a pillow – but the results were all the same; venting anger increases aggression.

Many sociologists have also disputed the benefits of venting in studies of extreme road rage. These experiments measure the intensity of anger exhibited by drivers instructed to shout, swear and honk their horn as they normally would versus drivers who are told to remain quiet and unresponsive when they get angry at the surrounding traffic.

The results showed that indulging in their rage caused drivers to become angrier the longer they vented. On the other hand, the drivers instructed to remain quiet actually felt less frustrated when suppressing their urge to verbally express their emotions.

These studies cast serious doubt on the mental health benefits of venting, but it is from the field of neuroscience that the most convincing evidence arises. By measuring brain activity and structural changes in individuals re-

sponding to stress and anger, neuroscientists have discovered a wide range of undesirable effects caused by venting.

Individuals who actively vented their anger were found to create new patterns in the basal ganglia, a brain region involved with learning and emotion. These patterns increase aggressive behavior and work to make angry responses more common in the future.

Differences in brain activity were identified between people who remained calm when angry and those that chose to vent. Various executive brain regions were observed to be more active in individuals who remain calm and thoughtful, making it easier for them to find a solution to the problem.

Cortisol was also found to be significantly increased in individuals who vented their anger. This hormone normally helps stabilize emotions after stressful situations, but increased levels can inhibit our ability to learn, problem-solve and deal with everyday stressors.

Considered as a whole, re-

SEE EMOTIONS PAGE 7

Happy News.com positively guilt free

By Isabelle Eyre
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Opinions Writer

A lot of people, especially those at college-age, don't like reading the news. I know I don't keep up on world events as much as I should – and while its partially born from laziness, for the most part, major news outlets present rather depressing stories. Death and destruction happen every day, and the world needs to be aware of it (particularly if there is some way we can help). If an alien life form came down from the sky and tried to learn about our world from 'The New York Times', I'm pretty sure that alien would high-tail it back to the Nebulon system before you could say 'news at eleven'. It would seem as though nothing good ever happened on this miserable hunk of rock floating out in the middle of nowhere.

If this is the way you feel, fear not! There are good things happening in the world, and credible journalists are reporting on them. I recently discovered a website, "Happy News.Com". As you might infer from the title, "Happy News.Com" only reports positive stories: the website's credo is "Real News, Compelling Stories, Always Positive". It was from this website that I learned about a 5th grader who discovered a mistake in the Smithsonian, the new Castro regime allowing Cuban civilians to have cell phones, and the presidents of Chad and Sudan signing a peace deal between their countries. I was struck by how interesting these stories were – and how sparsely they lit-

SEE HAPPY NEWS PG 6

Long primary proves Democratic Party is worthy, will stick it out

By Alex Goya
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Opinions Writer

It should be clear by now that this Democratic primary isn't going to end "any week now" anymore. With Barack Obama notably in the lead and Hillary Clinton making it clear that she doesn't care what party chairman Howard Dean thinks, Democrats are understandably getting a little antsy over how long this is taking. At first glance it seems like the Republicans have been united under John McCain for months, while the Democrats squabble amongst themselves. However the story isn't so clear when you put it into perspective of the last presidential election. As counterintuitive as it may seem, this long and intense primary is

actually going to help the Dems win office.

When John Kerry dropped out of the White House race without any contest back in 2004, he upset a lot of people. It made sense; both liberals and anti-Bush moderates came out in record numbers to work on his campaign. Despite the rumors of voter fraud and the inconsistencies found in the exit-polls, Kerry oh-so-quickly admitted his defeat. Unfortunately for him, congressional investigations later proved what many had suspected all a long: that the Ohio election had been stolen.

Hillary Clinton is doing exactly what John Kerry should have done four years ago: holding out until all chips are down. Indeed both candidates are proving now that they have what it takes to finish strong,

and they won't repeat Kerry's mistakes. Can you imagine Clinton or Obama conceding the election to McCain before they're absolutely certain that it's his/hers? After such a long difficult battle for the Democratic nomination? No, that's absurd. Whoever the candidate may be, s/he will fight for every vote, and fight to make sure that s/he gets credit for every vote.

The second large complaint about John Kerry's campaign was his stance on the war. Rather than admit his mistake, Kerry instead criticized the execution of Operation Iraqi Freedom. Neither Obama nor Clinton will make a similar mistake against John McCain. After all the tone it down's and pulled punches against each other, these Democrats are surely itching to fight someone who isn't their ally. McCain is

in their crosshairs all this time yet they've been forced to focus on each other. After the Democratic Convention, no one's going to dare tell Clinton/Obama to 'take it easy.'

Contrary to popular opinion, this Clinton/Obama rivalry is the best thing that could be happening for the Democratic Party. It shows that the party is energized, and is a testament to the character of the candidates. Plus, it keeps the media right on target. Do you know what John McCain is up to this week? I don't. He doesn't show up much anymore. Not that that matters so much anymore, this election isn't being decided by any single moment in time. And we, like Obama and Clinton, are in this for the long haul.

• Alex Goya still believes the primaries will come down to a duel.

Evergreen riot unearths vilification

By Erick Peirson
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Opinions Writer

On Mar 30 an abridged version of my article from the Mar 14 Trail, titled "Evergreen Riot," in search of dialogue and later changed to 'Police, protestors can both overreact,' was published in the Tacoma News Tribune. The reprint prompted commentator Mark Jensen of United for Peace of Pierce County to publish an analysis of the changes from the original piece to what ultimately ended up in the TNT. The following is a response to his commentary, which can be found at: <http://www.ufppc.org/content/view/7298/34/>.

Jensen very generously defends my testimony of the events at the Port of Tacoma in 2007 as fact. For this I humbly

thank him. That said, I take issue with his analysis.

Jensen claims that the statement that (as constructed in the TNT version of my article) the systemic maladjustment within law enforcement "has nothing to do with the integrity and intentions of those within the system; it is most emphatically not my intent to impugn them," contradicts my own argument. This could not be further from the truth. The central thesis that I advance in both versions of the article is that these two groups, the communities of law enforcement and politically active youth, are each experiencing a sort of deleterious cultural evolution — something akin to inbreeding — within their isolated social bubbles. Further, I argue that this deterioration is perpetuated by extreme overreaction and an inability

to communicate. In this view, absolutely nothing is implied regarding the intentions of the individual, be they a riot cop or a protestor. I firmly believe that the majority of both police and protestors act from pure motives founded in a sincere desire to do "the right thing." That does not mean that their actions are necessarily rational.

Jensen objects to my portrayal of law enforcement and politically active youth as two, equally fallible, socially constructed organizations. "So why is the News Tribune publishing this acknowledgment of police violence now?", Jensen writes, "Perhaps because Erick Peirson's piece equates 'politically active youth' with 'the law enforcement community' in their supposed inability to understand or communicate with each other." — This is a false

equation of victim and victimizer."

I find it fascinating that in our discussion of events such as the Port of Tacoma protests or the Evergreen Riot we find vilification so inescapable. We seem to have accepted the premise that one party or the other must shoulder the exclusive culpability of what occurred. Not only is this exceedingly naïve, but it is this very sort of polarizing oversimplification that preempts meaningful progress in this sphere of discourse.

I sympathize with his overall premise, that media organizations neglected key aspects of the Port of Tacoma protests in their reporting and represented the police account of what occurred without sufficient skepticism. But the sort of dialogue that Jensen is engaged in is no

better than the vilification that is "now showing" at the Tacoma Municipal Courthouse.

It is easy to point out the wrong-doing of an authority. And I will grant that if such wrong-doing has occurred it is not only justified, but critical. It is substantially more difficult, however, to move beyond a moral discussion to a progressive one. In the moral debate there can be but one winner and one loser. But only in a progressive analysis of the intricate synergies of protest violence can we have hope of preempting further needless violence.

• Erick Peirson would like to thank Professor David Droge for forwarding his original article to the News Tribune, as well as TNT opinions editor David Seago for entertaining Erick's views in his section.

HAPPY NEWS — CONT. FROM PAGE 5



PHOTO COURTESY OF HAPPYNEWS.COM

HappyNews.com's home page is bright with positive headlines.

ter major news sources. I like to believe that humanity has a fairly equal share of good and bad, but what gets reported on seems to be negative. Does something have to be bad to be warranted 'news-worthy'?

One could argue that bad things need to be reported on and the good is not worthy of notice. The same is true of the status quo: continual suffering in a remote village is more likely to be reported on than a town of content people: and it should be. Yet, a website like "HappyNews.Com" saw a niche in the news market and sprung up. Does the fact that someone felt like the world needed a news outlet solely devoted to happy stories suggest something? If we needed it, then maybe the normal sources need to inject some happy stories into their pages as well. I think the very fact that a website like this felt like it needed to exist is a sign of the one-sidedness of our major news outlets. Obviously, since one of the factors in the selection of news stories is viewers and ratings, people do have a macabre fascination with the unpleasant. Papers still sell, the news gets watched, day after day, no matter what. Along with being informed about the world, people also now compare themselves to those worse off (the German word "schadenfreude" comes to mind). I believe that being fed heavy and tragic stories has increased the public's appetite for them. It's the same idea as tawdry gossip magazines — only on a more wide-spread, serious level. It could easily have gone the other way, with the news being all light and purpose-

fully ignoring the bad things happening in the world. Either way, I think it needs to change.

Personally, I love "Happy News" — the news stories are pertinent and things that I otherwise would not have learned about. I have yet to see one of the stories I have read on the website in a regular newspaper (perhaps I am not scouring the pages as well as I might have, though). Everything about it, from the astrology section ("Good news! The stars do not control your destiny. You do.") to the quote of the day, lends itself to an attitude I don't see very much in the news. Hope is there — without sticking its head in the sand completely, "Happy News" still manages to write about the world. There is an international section, and the articles are not meaningless fluff (though I will not deny there are a lot of brave pet stories). "Virtue, good will, and heroism" are cited as being "hot news" by the creators of the site.

I used to brush off people who said that they never watched the news because it depressed them. I thought that willful ignorance was not something to be proud of, that it was our duty as intelligent and educated human beings to force ourselves to learn about the horrors of the world. I still think that to a certain extent, but being entertained and inspired by the news is something I can look forward to as well. Expanding the wealth of human knowledge through current stories that aren't all macabre and bleak increases my appreciation for humanity.

• Isabelle Eyre is happy.

Internship support low

By Seth B. Doherty
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Opinions Writer

Many students at UPS have been a part of some sort of internship program while enrolled here, and most of us would say that is was a valuable experience in many ways. Of course, the university does some to encourage internships, but there could always be more. UPS, and individual academic departments in particular, have begun moving to becoming more internship-friendly, and UPS is working toward becoming a place where the benefits of internships will be enjoyed by more and more students. Because of the importance of internships, this is a fantastic direction for the school to follow in order to address real needs at the university.

Internship experiences are valuable. They provide students with the opportunity to see possible work experiences first hand, the kind of knowledge that cannot be achieved in a classroom. Though I personally was involved in only one internship while at UPS, the experience of working for a member of the Victoria State Parliament while in Australia taught me a great deal about state level politics in general and political systems from a comparative perspective.

In addition, internships help students make the kind of connections that are absolutely necessary if one is going to go straight from their undergraduate education into the workforce. If students are already connected to employers in their fields, this is a huge starting point for starting a career in that field. My internship in Australia may not pay off in connections, but, like many others, looks very good on a resume.

There are numerous benefits to being involved in internships, but the problem is

that the opportunities are not always there. UPS supports internships, but it could do more.

If a student wishes to take an internship for credit, they can either engage in an internship seminar or work directly with faculty or in a cooperative fashion with an employer, all under the evaluation of the school. The rules about internships are clearly in the Logger Handbook. In order to be involved in an internship for credit, a student must be a junior or senior and have a 2.5 grade point average. Also, the student must work a minimum of 120 hours at the job site, excluding academic work connected with the internship. Internships may only count for one credit and a student may only receive two credits this way. Some of these rules make

UPS does some to support internships, but it could do more.

a great deal of sense considering that a student with a 2.5 grade point average should be concentrating on bringing that average up. All the rules make sure that the University stays focused on providing a liberal arts education, not job training. Students can be involved in internships without receiving credit, but the issue of a single credit for an internship of any size is questionable.

I know the lack of credit support has stopped students from being involved in some internships that involved travel to Seattle or Olympia. Also, the work load almost suggests that the internship should be worth more a credit. My internship experience at the University of Melbourne was worth the equivalent of two UPS credits. For some students struggling to get all their credits and re-

quirements, this may serve as a reason not to participate.

Fortunately, UPS is always evolving and the ability of students to engage in internships may increase. CES is already working hard to help students with internships. One reform being discussed by the Faculty Curriculum Committee is possibly making it possible for a student to remain a full time student but only enrolled in a single internship, such as the state legislature intern program in Olympia, even if they only get one credit for their effort. This would open up a wider diversity of internships available to students, and allow more students the opportunity to intern.

Yet, as Politics and Government Department Chair Patrick O'Neil has noted, the real place for internships to be encouraged in the student body is in the various departments, and many departments are growing more internship savvy. Departments in which students would benefit from strong internship programs need to mobilize students into participating in internships, and they are doing that. Just visit the Politics and Government Blog to see how O'Neil has been pushing internships. The English Department already has created its own 497 internship seminar and other departments are considering what may be necessary to create internship seminars themselves that are specific to their department and perhaps an element of their subject that lends itself to internship plus teaching.

The academic emphasis of the school will always cause problems for some students attempting to be involved in internships, but throughout UPS opportunities to be involved in internships are growing and evolving for the benefit of students and this is a positive direction for the school.

• Seth B. Doherty is out to lunch.



Foolish Pleasures



Prospies crowding campus



Relay for Life



Pot holes near campus

Sex & water: Fun, but be prepared

By Glynnis Kirchmeier
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Sex Columnist

One sexual adventure that many people will probably try at some point is mixing sex and water. Showers, bathtubs, hot tubs, pools, oceans, lakes, rivers and so forth are all places that people want to have sex, at least once, to see what it is like. But to do this safely, some planning is required — which does not mean that the incident won't be fun and hot. It will probably be better with some basic preparation.

First of all, the general attitude appears to be that it is okay to have sex in water without a condom. Because water both kills sperm and cures gonorrhea all at once, right? You can just splash a little in the vagina and everything will be okay, yes? Well, yes, if your goal is to get pregnant or infected, that method will work fabulously, especially if you do it more than once and raise the probability of those events occurring.

The male condom is going to be an annoying addition to the sex and water combination.

Either you have to get in wearing it (staying hard the entire time so that water does not get inside the condom) or you have to do your foreplay, climb out and dry yourself off, put it on, and resume. That's a bit disruptive in either case. Fortunately, the female condom is an excellent alternative. Once you put it inside the anus or vagina, it hangs out until you are ready to use it. As with the male condom, there's a learning curve for proper use of the female condom (in one study, for example, the rate of slipping for a woman's first usage was 11%, but that number dropped precipitously until the slip rate was less than 1% by the fifteenth use), so I recommend practicing with it outside the shower until you get the hang of it. But once you do, it is just as effective as a male condom and not at all dependant upon keeping a penis hard. Of course, if you are using a dildo there's no problem with slipping the male condom over that.

You can skirt the condom issue if both partners have been tested and shared the results, and if the female partner is on birth control (if you are in a heterosexual relationship).

But if you would use a condom outside of water, the condom needs to come into the water as well.

Another issue with water is that it washes away natural lubricants. Although water is wet, it is not a good lubricant because it will just make the uncomfortable friction worse. There are many water-resistant lubricants available, which should be water-based. Oil-based lubricants will make the condom break, since oil eats up the latex. (This is why you should not use hand lotion or anything else with oil in it before you touch a condom.) You should put it on before getting in the water.

Besides lube and condoms, there are a couple other considerations for a water/sex experience. First, consider the public nature of the water you wish to have sex in. Not only is getting caught embarrassing, it also violates the rights of the person who caught you to go about their day without seeing someone having sex. They did not consent to seeing you. A semi-isolated spot in a lake? Maybe, depending on how many people are in the more public areas. The dorm

showers? No. Not even at 4 a.m. Seriously, you are only in the dorms for a few years. Wait until you get a private shower.

Slipping may be a big issue. Avoid going to the hospital by putting some mats or something down in the tub, and choosing a locale with bars to grip along the side of the tub. Hotel bathrooms are generally good for this.

Anything else may be location-specific. Scope out where you want to do it and problem-solve beforehand, so you can have a fun, watery experience.

• Glynnis Kirchmeier hopes that some of you heed her advice.

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EMOTIONS

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search from these fields reveal the benefit of venting to be a myth of mental health. Voicing anger may provide some sort of primal satisfaction, but it ultimately will amplify those negative emotions and inhibit healthy brain function.

As an alternative, researchers have found many different methods to deal with stress. Sitting quietly, breathing deeply or counting to ten are all behaviors that effectively reduce anger. No matter what the alternative is, as long as it prevents the active expressing of anger, it will likely be a better choice.

• Arjun Dhillon suppresses his rage.

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LETTERS

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noble and necessary, the letter itself acts more like a ransom note than a pathway to real discussion and action. Many of the demands laid out in this letter are nonsensical, and have already proved to be divisive to the campus community rather than uniting. My fear is that, in an effort to not appear discriminatory, the administration will appease this group and blindly give in to the all of their demands. I want to spend just a moment to look at why many of these demands are, at best foolish, and, at worst, racist themselves.

The letter spends the first several pages discussing the "Thug Life" party held in an off-campus house that was attended by, among other people, members of a certain sorority. I do not know all the circumstances surrounding this case, so I cannot and will not speak about the issue. It is, however, my understanding that this case has been closed for some time.

The letter moves on to demand diversity training for all faculty and staff. Studies have shown that diversity training can indeed help the workplace environment, though one would hope that the enlightened group of people that make up our faculty would already be sensitive to these issues. I believe that the distribution of "safe-zone" stickers puts an unnecessary pressure on faculty to either display them or run the risk of appearing discriminatory. If a faculty member chooses not to post one of these stickers, should we regard that person as an enemy? I would hope that with UPS's

small class sizes and close faculty-student relationships, students would be able to decide if they feel comfortable talking to a faculty member about an issue instead of relying upon a piece of adhesive plastic.

Following this section, the letter demands that the university create a diversity-themed section of our award-winning orientation program. I believe that *Prelude*, *Passages*, and *Perspectives* each offers a venue in which diversity-related issues can be discussed, and faculty and passages leaders should be encouraged to include them. The letter also demands that the university allow diversity clubs to participate in the academic fair. Well they defeat themselves in one sentence here, because clubs belong at the club fair (Log Jam) and academic programs belong at the academic fair. I would encourage all of these clubs to register early for Log Jam to prominently expose themselves to the student body.

The next section of the letter refers specifically to ASUPS, demanding that the senators relinquish the responsibility of appropriating funding so clubs can "democratically control the distribution of funding." This is at best impossible. I'm curious to see what would happen if ASUPS put all the clubs in one room with over \$100,000 and let them "democratically" fight over their funding. The group goes on to demand that the university "recognize funding for diversity groups must not remain a challenge." Well, if any of these concerned students had taken

the time to attend the multiple presentations put on by the budget committee earlier this semester, they would realize that finding funding for any group on campus is always a challenge.

Now, before I move on to the next section of the letter, imagine for a moment that I wrote a piece that began by stating, "we have too many Asian students at this school." Imagine that I argued that we should make it a priority to admit more non-Asians to this school because our student population should be representative of the US population as a whole, and we have a higher percentage of Asian students here than there are Asians in the US. I'm pretty sure somebody out there would think, "that's pretty racist sounding." And I'd have to agree with that person. The letter sent to president Thomas recommends that we do exactly that, stating, "The university must increase the number of students of African descent, students of color, and students of different classes so that each incoming class proportionately reflects the population of the United States." But our Asian, Female, and Gay and Lesbian population is already above those numbers. Should we start cutting back on those groups? CAIR then put out a statement saying that they did not want to lower the number of any of those diverse groups that are already well represented. Well, since UPS has stated that it does not plan to increase overall enrollment, that makes the ethnic groups population on campus a zero-sum equation, where if one increases,

another must decrease. And per the previous statement, the only group of students that the letter hopes to reduce on campus is Caucasians. Thankfully though, advocating against white students isn't racist.

The group also demands that the hiring of faculty reflect the population of the US as a whole. As the university continually garners more academic reputation from around the US and even the world, our first priority should be to hire the most capable faculty, regardless of their race. Should the NBA make attempts to diversify the race and backgrounds of their players to represent the ethnic make-up of the areas they represent? Many institutions across the country recognize that race should not be used as a factor during the hiring process. The letter also demands a "cultural competency test" for the hiring process. I agree that faculty should display cultural competency, and should be able to relate to and understand all students and their diverse backgrounds, but I'm not sure that any one test would address this issue.

I'll finish by providing an alternative to the blanket demands and unjust quotas laid out in this letter. For 3 years, I spent my summers teaching for a program called Denver Summerbridge. Summerbridge is a 6-week program every summer where minority and underprivileged middle school students come to receive the extra education, resources, and support they need to graduate high school and attend college. The number of minority students that participated in this

program that go on to graduate and go to college is staggeringly higher than the proportion of other minority students graduating in the state. I know that the time and effort that I and countless others put in to teaching those students every summer has helped to increase the diverse population of colleges more than any hastily drafted list of demands and quotas has. To the authors of this letter and to the members of the group known as CAIR, I encourage you make better use of your time by mentoring and supporting local students. I know that a little help and encouragement for a struggling student is the best way to help your important cause.

I hope I have made it clear that I support increased awareness of diversity and a fostering of healthy and friendly race-relations here at UPS. In no way is this piece an attempt to attack any members from the diverse group represented in this letter. I simply hope to have encouraged a constructive dialogue about the issues brought up in this letter, while encouraging all to think critically about the realities behind these demands. As I noted before, I support several ideas proposed in this letter, but I disagree with its tone and its consequences for the university.

I hope that students and administrators will look at the issues raised in CAIR's letter with a balanced perspective, and I look forward to a continued constructive dialogue on race at UPS.

• Sam Stookesberry



Lu'au



No honey mustard in SUB



Underground Jazz



Hitchhiking

The University of Puget Sound Diner ~Since 1888~

Appetizers

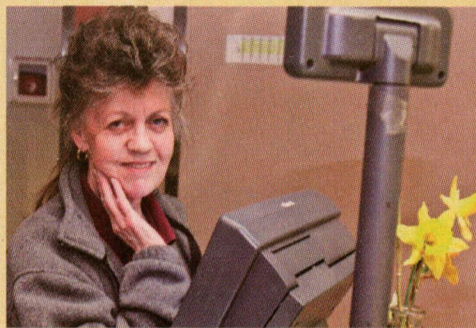


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In 1941, the original Student Union Building was constructed. This building is now Kittredge Gallery. The SUB we all know was renovated in 1986 at which time the Rasmussen Rotunda was added.



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Main Courses

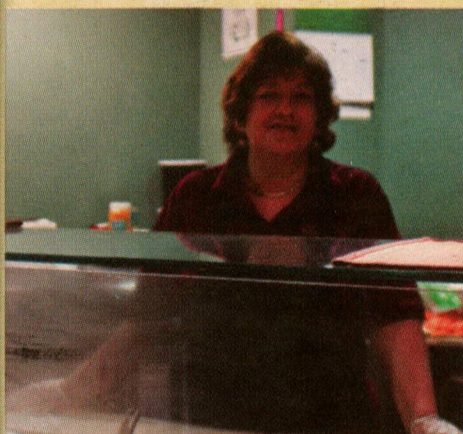
Verlyn Florentine

Verlyn Brown is in her 20th year at the SUB. Originally from a small town on the Olympic Peninsula, she moved to Tacoma shortly before she began her employment at UPS. She said that she heard about working at UPS through a friend whose daughter attended the university and went for an interview. Her favorite SUB memory?

"One time a guy made some mocktails and brought them into the SUB to share with some of the employees. He was wearing only a towel as he had just gotten out of the shower."

Her favorite part about working at UPS is that the people she works with are "really, really nice" and that the students here could not be any better.

Nicky Scampi



ASUPS PHOTO SERVICES / HOLLY HARTMAN

Nicky Cantwell is one of the friendly faces often seen working at the Pacific Rim station. A native of Boston, Mass., Nicky moved to Tacoma after getting married. A resident of the area for 20 years, she has one sister living in Tacoma. A valued member of the UPS Dining and Conferences staff, Nicky has been working in the SUB for over 10 years.

She loves working at UPS, in part because the benefits are "excellent", but also because it's a "beautiful campus that has a lot to offer" and that the people are probably the best part.

Her favorite memory of the SUB comes from the Luau happening every year, but also in the summer when conferences happen at UPS and she gets to meet all kinds of people.

Maria au Jus



ASUPS PHOTO SERVICES / HOLLY HARTMAN

Maria, the mysterious force behind the pre-made sandwiches and Deli, is a 10-year employee of UPS. A Tacoma resident for 11 years, Maria moved here from Long Beach, Calif. in 1997. She started out by working a couple of part-time jobs until on one fateful day, she answered a newspaper ad for work at UPS. The rest is history.

A Casa Ortega worker for five years, Maria is currently enjoying a stint at the Deli counter. Her favorite part of working in the SUB is when the Luau comes around because everyone dresses up and wears different outfits and costumes.

As far as SUB food goes, she says, "the food is great and I love the Polynesian style."

The Big Mama Special



ASUPS PHOTO SERVICES / NICOLE MARSHALL

Velma Gills, better known and beloved as "Big Mama," has been working in the dining hall for 16 years. Born in South Bend, Indiana, Gills came to Tacoma after working at the University of Notre Dame in order to help her mom take care of her grandma. One of her best memories of working comes from her first year at UPS in which she worked the graveyard shift.

"It must have been a fraternity initiation night, but when I was getting into my car late at night, I saw five boys run across campus: completely naked. They were only wearing socks over their privates, and I remember one falling down in front of me. The best part was that they were boys I knew. It was so funny!"

Currently, "Mama" claims that she couldn't pick a favorite food in the SUB as "there are so many varieties, I couldn't pick a favorite."

Anyone that has been to the Full Fare station can see her affinity for each person she serves and she says, "My favorite part is all of you. Being with the kids, and helping them. You guys are my sunshine!"

The University of Puget Sound Diner ~Since 1888~

Lee Ann Marsala



Born in Okinawa, Lee Ann has lived in Tacoma since 2005. She has been with UPS for a year and a half and loves being only a couple blocks away from work. She even comes to have dinner at the SUB every once and awhile with her two lovely kids.

She says her best SUB memories include coming in and singing and the sleigh rides outside when the area gets enough snow. Lee Ann also loves talking to students every day and truly misses them in the summer months.

The Diane Club

Diane Elizabeth Palmer has worked at the SUB for 24 years. She is a Tacoma native and says that her favorite SUB food is anything from the Deli.

Her best SUB memory? "Everything. You never know what's going to happen."

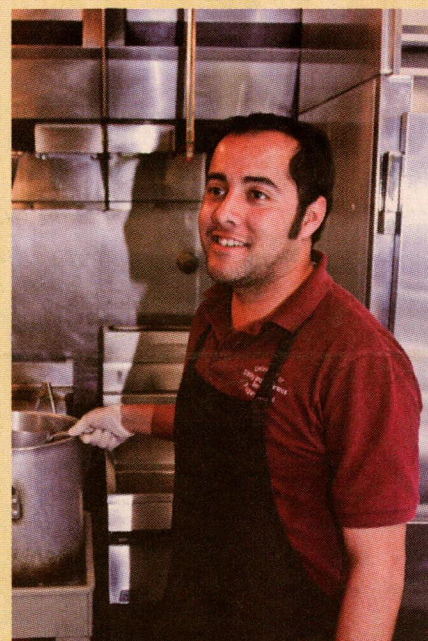
Elaine Parmesan

Elaine Kaelin is another friendly face from the pasta counter. Born and raised in Tacoma, Elaine has been working in the SUB for almost a year now. A nurses' aid in a nursing home for 20 years, Elaine now enjoys the sunny disposition and enthusiasm that comes from much of the student body.

Robert Steak with Mushrooms

The welcoming face of the Grill, Robert Havens has been working at the SUB since August 24, 2007. Originally from Palmer, Alaska, Robert moved to Tacoma after his fiancé got a teaching job with Tacoma City Schools. A graduate of Gonzaga University in Spokane, Robert got started working at UPS because of the tuition waver offered with full-time employment. He plans to use this benefit in conjunction with getting his Masters Degree in teaching.

He enjoys working here because of the students and the conversations he has had with the them. At Gonzaga, Robert found that the catering and dining services were contracted out to the Marriott and the people who were employees of the school did not get any sort of coverage. He says that he does not have any favorite SUB memories right now because, as he put it, "I'm still creating them."



ASUPS PHOTO SERVICES / NICOLE MARSHALL

Celia Alfredo

Celia Hellzen has worked at the SUB for a year. She is originally from California but recently moved to Tacoma. Her favorite SUB food is the teriyaki chicken, and she describes her best SUB memory as,

"The first day back from Spring Break about ten people dropped their plates, which shattered everywhere. It was like everyone had forgotten how to hold a tray."

Pasta d'Arlene

For the past 32 years, Arlene Kirishian Holt has delighted everyone who has passed through the SUB checkout line. As a Tacoma local, Holt has several connections to the university besides just working here. Two of her four children attended UPS, and she only lives five blocks away from campus. One of Holt's best memories was several years ago, when a student dressed as her for Halloween.

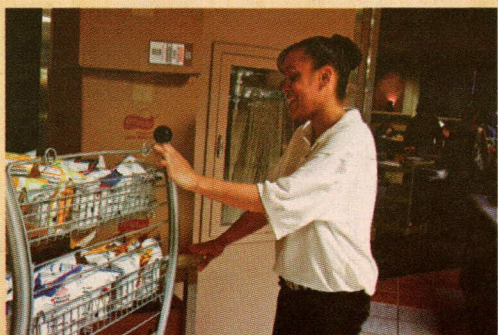
"They wore a wig, an apron, and even my name tag. I thought that was very funny!"

Though hard to choose a specific dish, her favorite station in the SUB is the Vegetarian and Co. In addition, as made obvious by her constant smile and cheerful mood, she loves "the wonderful environment and energy" of working at the University.

Desserts

They make and serve the student body of UPS every day. They run the check-out and fold the burritos. They toast sandwiches and encourage us to eat our vegetables. They are our Dining and Conferences staff.

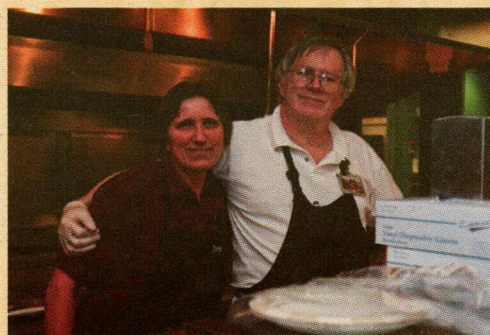
We, at The Trail and at UPS, would like to take a moment to thank these individuals for all their hard work and dedication. Thank you!



ASUPS PHOTO SERVICES / NICOLE MARSHALL



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PHOTO COURTESY OF PENGUINROBOT.COM

The Apples in Stereo are proof that, despite the demise of E6, sonic innovation is alive and well.

Apples In Stereo renew creativity, indie spirit

By Elizabeth Newton
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A&E Writer

The Elephant 6 Recording Company (E6), a musical collective founded in 1991 in Denver, Colo., is well known in the indie-rock world for producing some of the most influential and creative independent bands of the 1990s.

Based around the psychedelic, 1960s-inspired values of creativity, unity and musical cooperation, the once-thriving collective released dozens of albums throughout the 1990s. Some of the most notable bands to arise from E6 include

The Apples In Stereo, Beulah, Neutral Milk Hotel, The Olivia Tremor Control and Of Montreal.

Most of these bands are now defunct or at least on hiatus. Only Of Montreal (with last year's electronic masterpiece *Hissing Fauna, Are You the Destroyer?*) and The Apples In Stereo are still releasing new records. Just last year, the Apples released their seventh LP, *New Magnetic Wonder*, and received both critical and public acclaim.

Today, The Apples In Stereo are still going strong — Apr. 1 marked the release of *Electronic Projects For Musicians* (Yep Roc Records), their first

compilation of "rarities and outtakes." The tracks are mostly songs previously released as bonus tracks or on seven-inch, and three are previously unreleased.

Apples' frontman, Rob Schneider, has always been a master of creativity, even going so far as to have tailored his own musical scale, the "Non-Pythagorean 12-Tone Musical Scale."

This creativity, so apparent on the group's LPs, is no less present in these B-side gems from scattered pieces of the Apples' past.

SEE APPLES PAGE 12

Lu'au celebrates food, dance, sun

By David Lev
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A&E Writer

A lu'au is a traditional Hawaiian feast, featuring such foods as roast pig, fish and poi. Nowadays lu'aus are often also associated with traditional Polynesian dances.

In Hawaii, lu'aus marks times of celebration, such as graduations, weddings and birthdays. At UPS, our own lu'au coincides with the coming of spring and the potential for good weather.

The lu'au has been going on for the past 38 years, put on by Hui O Hawaii, the campus Hawaiian group. This year's lu'au takes place on Apr. 12 and coincides with Spring Parent's Weekend.

The lu'au itself consists of two meal times (one at 4 p.m., the other at 6 p.m.) in Marshall Hall and dance performances of eleven traditional

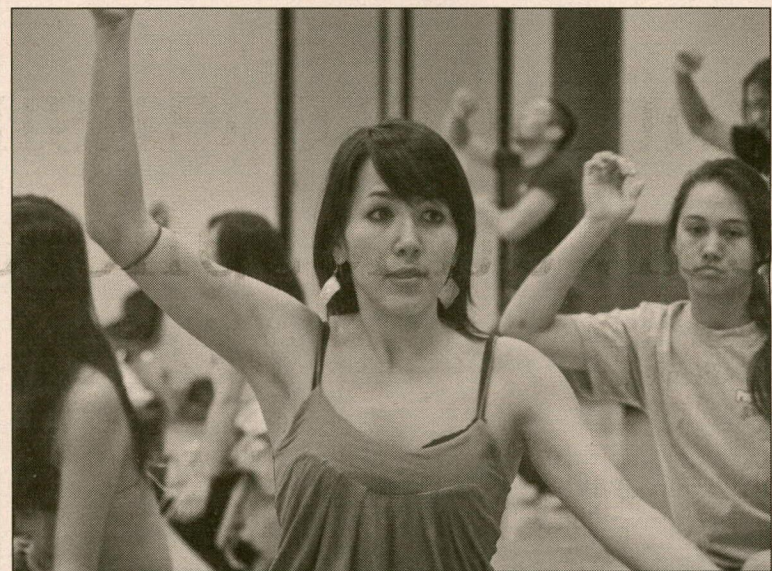
and modern dances at the UPS Fieldhouse at 8 p.m.

In addition, there will be an Island Bazaar. Shoppers will have the opportunity to browse food, clothing and crafts. The bazaar will take place in the Rotunda all day and will later relocate to the Fieldhouse to accommodate the dance performances.

"If you're a UPS student, it's only \$15 for a dinner and a show, and you're guaranteed at least eight minutes of girls in coconuts," sophomore Leigh Sumida said. "It's really unique. You can't just get this by going into downtown Tacoma."

Hui O Hawaii sponsors the luau to celebrate Hawaiian heritage on campus and also to raise money for next year's lu'au. The event also helps bring together Hawaiian students and to provide a welcome reminder of home.

SEE LU'AU PAGE 12



ASUPS PHOTO SERVICES / HOLLY HARTMAN

A lu'au dancer prepares for her performance tomorrow night.

Anti-gang bill links hip-hop with violence

By Lauren Mouat
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A&E Assistant Editor

A protest was held on Mar. 14 to dispute the cancellation of an E-40 concert. The show's cancellation was based upon the contention that the artist's hip-hop music was associated with gang violence.

The concert, to be held at the Pantages Theater in Tacoma, was cancelled shortly before the show was scheduled to begin, despite the preparation of the show's coordinators, who had implemented sufficient safety measures and had completed a significant amount of advertising to ensure the show's success.

The cancellation of the E-40 concert is linked to the anti-gang Bill 2712, which was signed on Mar. 31, by Wash. State Governor Chris Gregoire.

The bill is designed to inflict harsher punishment on gangs and gang violence as well as to compile a database of current gang members that police can

use for regulation and tracking purposes.

The bill legally defines a gang as "three or more people with a common name or sign, involved in any criminal activity."

A large portion of the bill is focused on the removal of graffiti and on invoking harsher penalties for older gang members who recruit juveniles.

The bill was originally intended to focus on prevention rather than punishment, but most of the preventative measures have been dropped. Many news reporters have argued that this change is unfortunate. The educational programs have been discarded so that more money can go to law enforcement.

One reporter argued that it seems inadequate to pass more suppression laws when until now law enforcement officials and legislators have been doing little to curb gang activity.

Some critics suggest that preventing the E-40 show while Bill 2712 was in the process of passing through the House and Senate, may have

been a way of publicizing Tacoma's newly inspired dedication to the prevention of gang violence.

However, the link between hip hop and gang violence is tenuous. The claims against this particular concert reveal a trend toward the suburbanization of Tacoma and away from urbanization and diversity.

While Bill 2712 is not targeted at racial minorities, its enforcement in some instances, such as preventing the congregation of people to hear a hip-hop concert, could easily be misconstrued and abused

The situation has been criticized by some students, including members of Students for a Democratic Society, as being representative of racially biased trends occurring in Tacoma.

According to the opinion of Joseph Le Sac, a senior at UPS, this type of behavior is

a form of the gentrification spreading through Tacoma's Hilltop area.

Le Sac explained that "gentrification is the slow, systemic process of changing a neighborhood by pricing out and evicting low-income residents, usually black and Latino, and using police power to invade and oppress people of color."

While Bill 2712 is not targeted at racial minorities, its enforcement in some instances, such as preventing the congregation of people to hear a hip-hop concert, could easily be misconstrued and abused.

Le Sac and Allegra Oxborough, a student at UPS, are producing a video about gentrification, which will be posted on Le Sac's blog.

Oxborough and Le Sac's research is summarized on the blog as well, and describes the goal of drawing connections to Hilltop gang activity as well as the attempts of the police to curb it.

One of their focuses is on the way that law enforcement officers and politicians have been targeting and marginal-

izing racial minorities on Hilltop since the nineties.

Prison society, Le Sac explains, has a "biased structure and non-rehabilitative aspect," which are features that can also be detected in Bill 2712. These biases place more emphasis upon punishment for crimes than they do on their initial prevention.

As for the bill's relationship to hip-hop, Le Sac said that gangs are a response to the oppression and ostracism from law enforcement and "with the recent anti gang bill . . . even hip hop is being shunned by the city and the police."

Any focus on hip-hop as a precursor to gang violence seems to be a tangential exploration of the real problems at hand. It is unrealistic for the Tacoma police to imply a cause and effect relationship between hip-hop and gang violence.

Le Sac's blog is available at aeconomics.blogspot.com

• After listening to some hip-hop Lauren is being inexplicably drawn to gang activity. Strange.

Paying to see film 21 is pointless gamble

By Elyssa Dahl
edahl@ups.edu
A&E Writer

This review contains spoilers.

The number 21 brings delightful connotations to just about anyone.

Not only can you legally gamble and buy alcohol at 21, it is a key number in blackjack, the atomic number of scandium and the number of spots on a die. When you think about it, the only joy 21 does not bring is the ability to run for President.

Playing off of this idea comes 21, director Robert Luketic's newest film release. 21 tells the story of genius M.I.T. Senior Ben Campbell (Jim Sturgess), who is struggling part-time in a menswear shop to save up \$300,000 for his first year at Harvard Medical School.

The situation seems pretty hopeless until Ben's math professor Micky Rosa (Kevin Spacey) notices his student's prowess for probability and numbers and makes a proposition that changes Ben's life.

Micky invites Ben to join his

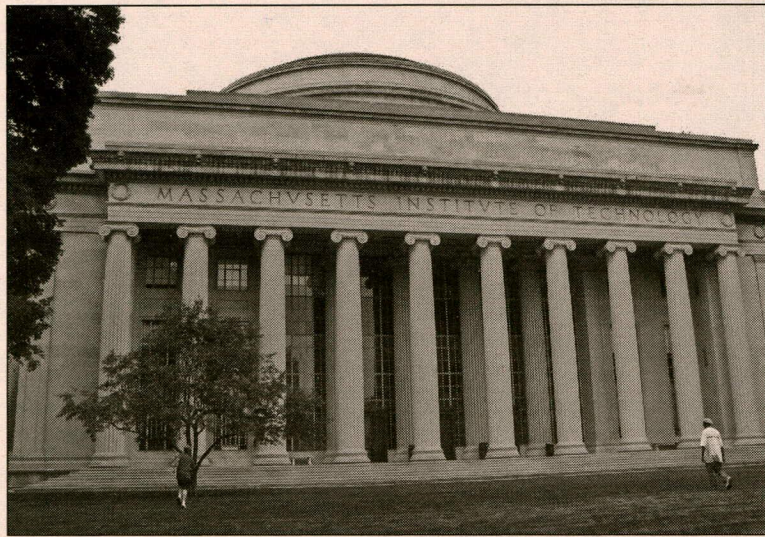


PHOTO COURTESY OF WWW.CS.VIRGINIA.EDU

Robert Luketic's new release 21 might be about students at M.I.T. but very little of the film is actually filmed there.

ultra-select group of student prodigies. They meet in shady back classrooms and learn to count cards, a "legal" but risky means of rendering blackjack beatable. Using stealthy hand signals and mnemonic devices, the students tip each other off during play and split the winnings.

Somehow these five extremely dedicated college seniors find time to fly to Las Vegas on

weekends, hit up casinos and strip clubs and rake in winnings at the tables. They sleep in high-roller suites, pull up in limos and sip martinis while conspiring to make as much money as possible.

Ben is hesitant at first but, predictably, he morphs from a socially-inept nerd into a badass ladies' man who pulls in hundreds of thousands of dollars per night. Despite his

initial respect for his professor, one night of painfully low winnings causes Ben to wig out and Micky to storm off in rage.

When their scheme is discovered on camera by a loss protection team, a no-nonsense man named Cole Williams (Laurence Fishburne) ruins all of the fun. He threatens all of their winnings and blackmails Ben, effectively ruining any chance he ever had of reaching med school.

It is pretty easy to knock 21 as a typical blockbuster that fails to push any of the film conventions we are conditioned to enjoy.

Ben is given plenty of "hardships" to deal with to convince audiences to root in his favor. Within the first ten minutes we learn that his father has died, but never again do we learn why this is important. Call me heartless, but I fail to feel much sympathy for someone with a 4.0 at M.I.T. who has been accepted at Harvard Med.

Ben's love interest, Jill Taylor (Kate Bosworth), does not quite convince viewers that she is amongst the greatest students at M.I.T. While it is refreshing to see Bosworth in

an intelligent role devoid of sexiness, her character never wins over the audience. It is as if the only reason Ben is captivated by her is because Jill is the first girl with whom he has ever spoken.

Other character stereotypes lurk in 21. There is Choi (Aaron Yoo), an extremely smart Asian guy who takes a backseat to Ben's glory. There is Williams, the violent black suit who punches cheaters in basements to get his way. And there is Micky, who somehow has managed to secure a spot on M.I.T.'s faculty, despite his addiction to gambling and propensity to corrupt his students.

21 is easy to enjoy in theaters, but it takes an enormous suspension of disbelief to do so. You have to ignore the fact that it fails to say much of anything — both in terms of dialogue and in terms of message — and that many of its best scenes are pulled from greater movies that have come before.

That said, 21 still has some fun potential, but perhaps not enough to warrant a ten-dollar ticket.

• Elyssa Dahl can only rake in the winnings playing Go Fish.

Pomodoro cuisine sub par, atmosphere lively

By Gina Tzodikov
gtzodikov@ups.edu
A&E Writer

Coming from an Italian family, one thing that I have come to miss at UPS is good home-cooked Italian food. This is one cuisine that I haven't sampled so far in my restaurant reviews of Tacoma. There are not too many Italian restaurants nearby campus, but I found one located in the Proctor district.

This restaurant is called Pomodoro Restaurant & Bar located at 3819 N. 26th St. This is a small, casual Italian restaurant that features mostly pasta dishes.

Pomodoro also hosts a full bar and a bustling kitchen located close to where customers sit to dine.

The menu at Pomodoro has appetizers, salads, soups as well as many pasta dishes. They also have daily specials that friendly servers announce before diners make their final selections.

On my trip to Pomodoro, I was in the mood for a delicious pasta dish. However, I was sad to notice that almost all of their pasta entrees came with some kind of variation of cream sauce. There were barely any lighter options; no pasta dishes came with the simple marinara or tomato sauce that I craved.

I finally decided on the crab ravioli that was served with a lobster cream sauce. The entrees come with a choice of soup or salad. In traditional Italian restaurant-style, Pomodoro provides a basket of bread before diners to begin their meals.

Normally, I am excited when the bread basket is served at Italian restaurants. I expect warm and crusty Italian bread. However, at Pomodoro I was served room temperature, soft, white bread. It tasted like bread that I could have gotten at Safeway.

I ordered a salad as my first course and asked for raspberry vinaigrette. The salad was not impressive and the dressing was very obviously not home-made. There was a mix of romaine and iceberg lettuce with some carrots, mushrooms and Asian style croutons. It tasted fresh, but was not a very inspiring or gourmet Italian salad. About fifteen minutes after I received the first course, my entrée was delivered. My plate displayed about seven large red and tan streaked crab filled ravioli.

This was a pleasant surprise because sometimes when I order ravioli, I am disappointed with the amount of food I receive in proportion to the amount that I feel I have paid for. The lobster sauce was light pink and the ravioli were served along the side of a bed of bright green steamed broccoli.

The lobster sauce was heavy, as I predicted, and also had a lot of garlic. I could see the chunks and slices of garlic in the sauce.

Even though the sauce was heavy and full of garlic, it did have a tasty flavor that complemented the crab ravioli well. I became full quickly after starting to eat the entrée.

For the moderate to high priced entrees I would say that diners get their money's worth with the amount of food Pomodoro serves. A positive as-

pect about the restaurant is that the service is attentive and friendly. My server constantly filled my water glass and asked twice throughout my meal if I needed anything else.

The waiter was polite and orderly and executed his job efficiently and positively. I also enjoyed the loud and bustling ambience of Pomodoro. Although I had to talk a little louder than usual, it was not distracting and it gave the restaurant invigorating life and energy.

The inside of the restaurant has maroon red walls and is filled with dark wood tables and chairs. There are some fake vines embedded on the walls to give the impression of a wine vineyard. There is also a television located above the bar where some people sat relaxing and socializing with friends.

Although I may not be the biggest fan of Pomodoro, sophomore Nazir Olangian thinks that Pomodoro serves great Italian food. He says that he has had many delicious meals at this restaurant and thinks that I should give it another chance.

Although he is convincing, I do not know if I will be going back to this restaurant any time soon. I will try to continue my search for a good Italian restaurant in Tacoma.

• Gina Tzodikov is sick of garlic.

When you go...

Pomodoro Restaurant and Bar offers pasta dishes, salads, soups and Italian entrees. It is located at 3819 N. 26th St.

WHAT'S UP AT UPS?

FRIDAY APRIL 11, 2008

- 4 P.M. TENNIS (M) VS. GEORGE FOX
- 7:30 P.M. SR. THEATRE FESTIVAL 2008: "MORT" BY TERRY PRATCHETT

SATURDAY, APRIL 12, 2008

- 12 P.M. MEN'S BASEBALL VS. WILLAMETTE
- 1 P.M. TENNIS (M) VS. WILLAMETTE
- 2&7:30 P.M. SR. THEATRE FESTIVAL 2008: "MORT" BY TERRY PRATCHETT
- 2 P.M. SOFTBALL (W) VS. WILLAMETTE
- 6 P.M. HUI O HAWAII'S 38TH ANNUAL SPRING LU'AU, MEAL IN MARSHALL HALL, PERFORMANCES AT THE FIELDHOUSE

SUNDAY, APRIL 13, 2008

- 12 P.M. MEN'S BASEBALL VS. WILLAMETTE
- 12 P.M. SOFTBALL (W) VS. LINFIELD
- 1 P.M. GOLF (M) VS. PLU
- 1 P.M. GOLF (W) VS. PLU

TUESDAY, APRIL 15, 2008

- 7 P.M. "TEARING DOWN THE GATES" - A LECTURE BY PETER SACKS IN THE ROTUNDA
- 7:30 P.M. GEORGE WOODWARD'S SENIOR PIANO RECITAL IN SCHNEEBECK CONCERT HALL

WEDNESDAY, APRIL 16, 2008

- 12 P.M. BEYOND FREE TRADE AND PROTECTIONISM
- 3 P.M. ARTIST TALK BY WARD DAVENNY
- 6 P.M. EXHIBITION DEBATE
- 7:30 P.M. UNIVERSITY STRING ORCHESTRA

THURSDAY, APRIL 17, 2008

- 12:30 P.M. BRENDA LONGFELLOW, GUEST LECTURE: "HAVEN'T I SEEN THIS BEFORE? REUSING STATUES IN ANTIQUITY"
- 4 P.M. THOMPSON HALL SCIENCE & MATHEMATICS SEMINAR: HARRY KHAMIS
- 5 P.M. ACHIEVER'S SCHOLARS YEAR END CELEBRATION
- 7 P.M. SENIOR NIGHT IN WYATT ATRIUM
- 7:30 P.M. FUBUKI DAIKO IN SCHNEEBECK CONCERT HALL
- KITTREDGE GALLERY: WARD DAVENNY & ZHI LIN

LU'AU

CONT. FROM PAGE 10

It also provides an opportunity for students to feel more connected to Hawaii and to each other. Hui o Hawaii hopes that the lu'au can share Hawaiian culture with the rest of the campus.

"It's a big celebration of Hawaiian culture, which we do to educate the UPS community, and it's just a lot of fun," Hui O Hawaii vice president Matt Kwok said.

The lu'au also offers a mini tropical vacation in the midst of Tacoma's depressing drizzle.

"This is especially good for people who haven't been to Hawaii. It's essentially a cheap trip there," freshman Kris Sumida said.

The lineup of dances changes every year, as Hui O Hawaii tries its best to showcase the diversity of Hawaiian and Polynesian culture through the dances.

The show will start out with a traditional kohiko dance, which is accompanied only by chanting and a traditional Hawaiian gourd drum. The rest of the dances are auana, or contemporary dances.

Hui O Hawaii members are excited about the addition of an all men's dance, which has never before been performed at a UPS lu'au. In addition, audiences will experience a faculty dance, a dance performed by

local children and dances from Tahiti and New Zealand.

If nothing else, you should check out the lu'au for this unique eating experience. The highlight of the banquet for the dancers is a whole pig that is cooked in a giant kalua earth oven for an entire day. Alas, sometimes the best things in life are also health code violations; diners will not be able to enjoy the authentic pig.

Other food includes poi (mashed taro root), teriyaki chicken, chicken long rice (chicken with noodles), lomilomi salmon (seasoned mashed salmon), a coconut dessert and fruit punch. Lots of yummy food will be available at Marshall Hall on Saturday night.

"It's a great dinner and a great thing to do on a Saturday night. A lot of people's friends are in it, and some people probably aren't even aware of it. I hope a lot of people come," Hui O Hawaii president Shandra Shinno said.

So, this weekend, go out and experience some island culture for a change. And if your parents are coming up for Parent's Weekend, it's the perfect thing to take them to.

Remember, eight minutes of girls in coconuts — guaranteed!

• David Lev is craving some cuttlefish with acorn heads.



ASUPS PHOTO SERVICES / HOLLY HARTMAN

Hui O Hawaii's 38th Annual Spring Lu'au will give students and faculty a chance to celebrate Pacific Island cultures. Dining begins at 4 p.m. in Marshall Hall. Dance performances begin at 8 p.m. at the Fieldhouse. Tickets are \$10 for the dance and \$15 for dance and dinner combination.

APPLES

CONT. FROM PAGE 10

Most of these tracks reflect the brighter, upbeat sounds of the Apples' repertoire. There are no songs here as experimental as those on *Her Wallpaper Reverie*, but they do represent a decade of Apples In Stereo evolution, containing songs recorded from 1995 to 2006.

In these fourteen tracks we find music echoing everything from the giddy optimism of their 1995 breakthrough, *Fun Trick Noisemaker*, to the thumping, distorted rock of 2002's *Velocity of Sound*.

If music were edible, *Electronic Projects For Musicians* would be pure sugar, full of catchy hooks and simple lyrics.

But Schneider and the rest of the Apples manage to craft songs that are bright without ever being blinding.

The appeal of these tracks ranges from intimate simplicity, on the acoustic tracks "Hold On To This Day" and "The Oasis," to the zooming distortion of tracks like "Other" and straight up rock of "On Your Own."

This mix of sounds is what makes the Apples so engaging; their ability to take the modern, experimental elements of electronic music and juxtapose them beside very authentic, basic rock is mesmerizing.

They are masters of balance, miraculously complementing fragility with force, earnestness with levity, and tension with release.

For every passage of light naiveté (like "We want to make you feel all right / We want to make you see the light / We want to make you dance all night"), there is an opposing passage of epic, heavy sonic textures.

Electronic Projects is ideal for both new listeners and for seasoned Apples fans. But the value of this disc is more than just the excitement of getting our hands on more material from one of indie's greatest acts. It also serves as a powerful reminder of the values of unity and creativity that The Apples in Stereo and their peers were founded on way back with the Elephant 6 collective. It is refreshing to see the E6 logo on the back of the album cover, which is the first album in five years to bear it.

In 1998 a *Rolling Stone* article covering Elephant 6 said, "It's sad to think that one day, like most inseparable post-college crews, the collective will probably splinter."

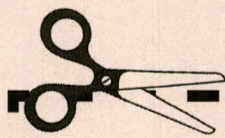
Today, a decade later, the collective has indeed split up. But thanks to The Apples In Stereo and this collection of bright, light and beautiful melodies, it is clear that the Elephant 6's founding ideals are as influential and enduring as ever.

• Elizabeth Newton enjoys eating apples, especially in the form of pie or juice.

The Collegiate Connoisseur

It seems that spring is starting to finally show itself after a little bit too much rain. To celebrate the new season, I've adapted a recipe for a pound cake. This cake is slightly healthier, since it has no butter, and the lime makes it taste refreshing! Feel free to add a sugary glaze to the top of it if you want a slightly sweeter treat.

-Matt Hoffman



Lime Yogurt Cake

Ingredients

- 1 1/2 cups all purpose flour
- 2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup plain yogurt
- 1 1/3 cups sugar
- 3 large eggs
- 1/2 teaspoon pure vanilla extract
- 1/2 cup vegetable oil
- 1/3 cup fresh squeezed lime juice

Equipment

- Bread loaf pan, usually 8 x 4 x 3
- Mixing bowl
- Spatula

Instructions:

Preheat your oven to 350 degrees and grease the bread loaf pan. Mix the flour, baking powder and salt into the bowl. In another bowl, mix the yogurt, 1 cup of the sugar, the eggs, the vanilla and a hearty squeeze of lime juice. Slowly whisk the dry ingredients into the wet ingredients. Fold the vegetable oil into the batter and bake for about 50 minutes. While it is baking, dissolve the rest of sugar into the lime juice and pour it over the hot cake when you take it out of the oven.



BLUE MOUSE THEATRE

2611 N. Proctor St.

Fri April 11 - Wed April 16th
Juno

Nightly @ 7:00 pm

Saturday and Sunday Matinee @ 4:15 pm

Thursday April 17th

Tacoma Sister Cities Film & Food Festival

Ali Zaoua: Prince Of the Streets

Morocco

Doors open at 5:45

253-752-9500 www.bluemousetheatre.com

Icepacks make student look tough



ASUPS PHOTO SERVICES / HOLDEN SAPP

Miles Wussburger, a wuss, ices his arms to look really macho.

By Terrence Underman
Too Legit To Quit

All sports are hard on the body. Whether the name of the game is basketball, football, soccer, or swimming, athletes at University of Puget Sound regularly sacrifice their bodily comfort to pursue the sports they love. For stories about the best and the bravest of these athletes, we suggest you turn the page and read the Sports section of The Trail. For the exception to the rule, keep reading, because today we're going to be talking about Miles Wussburger, the student-athlete that couldn't, but pretended that he could.

Unlike the legitimate athletes mentioned above, Wuss-

burger is what we refer to as a "benchwarmer." Technically, Wussburger is a player on the UPS murderball team, the Stumpers. For those who don't know, murderball is a special sport, defined by urbandictionary.com as, "a fierce ball game of rugby played by paraplegic athletes in wheelchairs."

The thing about Wussburger is that he is not a paraplegic at all; in fact, he walks just fine. But, because the murderball bylaws restrict it from discriminating based on physical ability in its team tryouts, Wussburger made the team. However, because he does not use a wheelchair, he is not allowed to play on the murderball court. Thus, he warms the bench day in and day out. Ironically, if it weren't

for Wussburger the bench would go completely unused. Still, that's no excuse for Wussburger who, despite his lack of actual physical activity, feels the need to dress himself in icepacks and bandages after each practice in a dishonest attempt to foster approval from his peers and would-be girlfriends.

Here at the Combat Zone, we don't believe in false representation. So when one of our reporters caught Wussburger leaving Warner Gym the other day wearing multiple makeshift cellophane ice-wraps, we decided to reveal the sham. We caught up with Wussburger, pinned him down, and using a rusty razorblade, cut off the cellophane wraps to find nothing but perfectly supple and unbruised skin beneath them. Let his lie be known.

No longer will Wussburger have things so easy. No longer will he get to claim status as a UPS student-athlete (which the sorority chicks love). And no longer will he be able to dodge the mental and muscular pain other athletes go through on a daily basis.

Let this be a warning to any "athletes" who are guilty of such pretense. If you act like a tough guy, you better be a tough guy. If not, we will find you.

And, if our violent threats aren't enough, ask yourself this: in a world facing a devastating water shortage, can we afford to make illegitimate icepacks? The answer, of course, is no. There are thirsty children in third-world countries that would love to suckle on the ice you selfishly strap to your healthy flesh. For the last time, be sustainable!

• Terrence is trying to invent a new sport that involves mud, balls, and boy scouts.

Comprehensive UPS Zombie Attack Survival Guide: Part 1

By Elliot Trotter
and Jeff Ammons
Professional Zerts

If you know anything about reality, then you'll be aware it's not about if zombies are going to attack. But when? Yes, there will be a zombie invasion and if you're not prepared you will easily become one of the living dead - walking the streets with a hollowed moan, constantly on the hunt to gorge and infect.

Being as you have to be prepared at any moment, local Zombie Experts (Zerts) have begun to put together the *Comprehensive UPS Zombie Attack Survival Guide*, for ours, yours and the safety of the greater University of Puget Sound community. We encourage you to read up and ready yourself for the attack - nay, the war. Zombies are real, and will eat your fucking brains!

Within this series we will offer suggestions on how to fight, where to hide, and how to escape the impending zombie apocalypse at UPS.

First we'll go over some basics: What you need to know about zombies.

FACT: Zombies will eat you alive.

Zombies hunger for your body, and not in a sexual way. I'm talking eating-style. Disgusting isn't it? Zombies will devour until their stomachs explode and then continue to eat. Why? Call it animal instinct gone haywire, but zombies want one thing and one thing only: human flesh, primarily brains, and they will stop at nothing to get it.

FACT: Zombies are slow and stupid.

Lacking any complex brain activity, zombies act on an amalgamation of survival instincts. While they can't do math and have trouble with door handles, you should never underestimate the living dead. Zombies have a tendency to turn up in the most inconvenient places and given enough time are able to find their way to the cheese. Zombies are also notoriously strong, and sneaky, especially when near prey. While they might appear slow, keep your distance, and always watch your back. Avoid zombie swarms at all cost. That being said, you should be able to outrun a zombie or even a group of them, but zombies don't run out of energy easily and some are faster than others.

FACT: The only way to kill a zombie is to sever the spine or seriously damage the brain.

A serious blow to the head or spine (think smashing pumpkins) is what it takes to kill a zombie, but each zombie is once again different. Some are built like football players, others like cheerleaders.

Taking out an arm or leg will *not* kill a zombie. Zombies don't feel pain. You have to bring it hard to the head or spine. Strike many times; you'd be surprised how hard it is to kill the dead.

FACT: If a non-zombie (human) is bitten by a zombie or comes in *direct* contact with zombie blood or saliva, he or she *will* turn into a zombie.

While blood to skin contact will not cause one to change into a zombie, should zombie blood or saliva manage to enter the bloodstream consider yourself zombified. If you're bitten, you'll join the dead.

Sub-category A: What to do if you're bitten by a zombie

Say goodbye to members of your party and promptly decide how you wish to die. If you would like to die peacefully, you need to find a place to do so. However, I'd recommend going out in a blaze of glory, by taking as many zombies out with you ala explosion of some sort. Whatever you do, *do not* expose your party.

FACT: Zombies can sense humanity

Sorry to say, you can't really trick a zombie by acting like one as they did in "Shaun of the Dead." Zombies will sense the humanity within you and will follow it. Luckily zombie radar isn't very keen, and they won't be able to track you directly, unless they know your exact location or if you're very close.

What to do in the case of a zombie emergency at the University of Puget Sound.

Step 1: Find a weapon

It is crucial that you have a means to defend yourself from the zombie threat. Worthwhile weapons include: bats, metal poles, axes and other blunt objects. While the Field House may seem an ideal location to find a number of these items, proceed with caution, this area will likely be crawling with zombies. Attempt first to locate a weapon in your immediate vicinity.

Step 2: Find a secure location and barricade it (note: there should always be a way to escape.)

Zombies are a menace and will stop at nothing to get your precious mortal body, and unfortunately they're halfway decent at breaking and entering. A secure hiding spot is pivotal! I will go over optimal places on and off campus in section IV.

Step 3: Attempt to wait out zombie attack until rescue, learn to live with zombies, or give up

Whether it comes by means of military strike or otherwise, chances are you've got no chance going up against a horde of zombies by yourself or in a small group. There are no guarantees that rescue will come - especially anytime soon. Make sure you have several plans to continue surviving, or you could always consider giving up. If you can't beat them, join them.

Next week we'll go over travel and possible secure locations at UPS.

Zombie tip 1: Kill or be eaten. It's either you or them.

• Get ready for Part 2 of the *Comprehensive UPS Zombie Attack Survival Guide*, coming soon.

Special Announcement from Residence Life:

Due to a lack of cultural and ethnic respect on the University of Puget Sound campus, certain measures have recently been taken to remedy this injustice. Effective Fall 2009, the on-campus Theme Housing will be changed entirely to culturally and ethnically based themes. Reassigning the theme houses in such a manner should enhance cultural sensitivity and acceptance within the student body. If you would like to apply to live in any of the theme houses, or have an idea for a culturally themed house you would like to be a part of, please submit it to ASUPS for further review.*

The tentative theme houses include, but are by no means limited to:

- 1) Eskimo House
- 2) Black House
- 3) White House
- 4) Hebrew House
- 5) Canadian House
- 6) Indian House (Both Native American and Middle East)
- 7) German House/Haus
- 8) Asian House (Top floor Japan, bottom floor China)
- 9) Pacific Islander House (all must be in Hui O Hawaii club)
- 10) Crew House

*Spaces are filling fast, so make sure you get a space in your favorite house. On a side note, Greek life will also be restricted to people from Greece.

Secret Ingredient



Bob the Dog

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Doubles squad chosen to play in national tourney



ASUPS PHOTO SERVICES / NICK KIRST

Tennis is making its late season push to put Loggers in tournies.

By Zack Stoddard
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Sports Writer

The doubles team of juniors Jamie Hosmer (Tucson, Ariz.) and Sam McCullough (Mankato, Minn.) has been accepted to compete at the NCAA Division III national tournament in California later in April. They are one of the top 64 pairs in the nation who will go to the tournament.

Their record this year is 8-6, which is impressive considering the high quality of competition in the Northwest Conference. Before recent losses at nationally ranked Pacific Lutheran and Whitman, they had won 5 consecutive matches.

"One of the largest factors in the success Jamie and I have enjoyed is our ability to work well together," McCullough said. "We have spent a lot of time playing and practicing together which has allowed us to become very familiar with each other's games, and given each of us a better sense of what the other will do on the court."

"Sam and I compliment each other quite a bit," Hosmer said. "Even if one of us plays poorly, the other can generally pick up his partner and keep the team in the match."

They are both big men; the team roster lists Hosmer as 6'2" and 190 pounds and McCullough as 6'5" and 190 pounds. Their sizeable frames let them smash some massive serves.

"When Sam is on, he can't be touched. This season his serve was clocked at 126 mph," Hosmer said.

To put that number in perspective, Roger Federer (#1 in the world currently, many would argue of all time) maxes out his serve at 135 mph. Andy Roddick has the fastest serve ever - 155 mph - but he averages 122-132 mph.

"Jamie and I play a very strategic brand of doubles, with a lot of thought put into the way we utilize our strokes," McCullough said. "Aside from a strong reliance on our serves, the strategy we take onto the

court largely defines our style of play."

The two flash signals at each other behind their backs in or-

"Sam and I compliment each other quite a bit, even if one of us plays poorly, the other can generally pick up his partner and keep the team in the match."

- Junior Jamie Hosmer

der to communicate positioning before serves.

Hosmer and McCullough are the first to represent Logger tennis on the national stage in years. To be accepted is an impressive accomplishment in itself.

"As far as the tournament goes, he and I are just happy to have a chance to compete," Hosmer said. "To keep us both from falling apart we hope they have anything close to the training staff here."

For now, the focus is on finishing conference play.

"The best thing Jamie and I

can do to get ready for national level competition in California is simply to keep ourselves focused on doing well for the rest of the regular season," McCullough said. "Any confidence we can pick up at the end of our tough conference schedule will be a big help to us down in California."

Both men's and women's tennis are winless in April so far.

The men (5-9, 5-9 NWC) have had a difficult stint, losing at Pacific Lutheran 1-8 on 2, Whitworth 3-6 on 4, and Whitman 0-9 on 5. Whitman is 18th in the nation and Pacific Lutheran is 29th. The Loggers are sixth place in the NWC in a field of 9 teams.

The most successful singles players have been sophomore Scooter Sabel (Sun Valley, Idaho), (8-4), freshman Alex Harrison (Southborough, Mass.) (7-7) and Hosmer (8-6).

Hosmer started the season as the team's number 2 singles player behind senior Nick Amland (Scottsdale, Ariz.), but has moved up to court 1 because of his impressive form.

"In singles, I've just been seeing the ball really well," he said. "But some of the freshmen have also been stepping up and shown fantastic performances this year."

The women (3-12, 2-11 NWC) have now lost 5 straight matches and are seventh in the NWC standings. The two most recent losses were 1-8 at home against Whitworth on Apr. 4 and Whitman on Apr. 5.

Sophomore Rochelle Hebert (Lake Tapps, Wash.) has been the most impressive singles player on the ladies side, going 6-4 in her last 10 matches.

The men have their last two home matches on Friday at 4 p.m. against George Fox and on Saturday at 1 p.m. against Willamette. The women are away at George Fox and Willamette on the same days.

Both the men's and women's teams then travel to Yakima for the NWC tournament on Apr. 18 and 19. Hosmer and McCullough will head down to California later in the month.

• Zack Stoddard brought sexy back only to have it ripped away.



ASUPS PHOTO SERVICES / NICK KIRST

Women's tennis has had a tough April but competes every time.

Women's Lax on a recent hot streak

By Will Holden
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Sports Writer

I sat down with senior Erin O'Dwyer, junior Jess Knight and freshman Sofia Lama to find out what's going on in the ninth year of NCAA women's lacrosse at UPS, and in the process found out how the Loggers have sprinted to a 7-2 record.

Will Holden (WH): This lacrosse program was sanctioned as a NCAA sport here at UPS in 2000. I know none of you - nor I for that matter - was around here then, but this is still a young and growing sport at UPS and in this region in general. In what ways has your team and the sport of lacrosse been budding both at UPS and in the Northwest since you started playing in this area?

Erin O'Dwyer (EO): The sport of lacrosse has been popular on the East coast for years now. Coach Bricker (the founder of UPS women's lacrosse) taught me how to play lacrosse my freshman year (2003-2004) because there weren't enough people with previous experience to field a team. Since my freshman year, lacrosse has grown into a popular sport. Each year the freshmen talent gets better and better.

WH: For those who don't know all that much about the sport, can you give us a bang up run through about how the sport is played?

Jess Knight (JK): Lacrosse is sort of a combination of soccer, basketball and hockey. There are 12 players on the field (including the goalie) broken up into three sections: line defense, midfield and line offense. Opposing players match up and guard each other man on man (or sometimes zone). It is legal to check (hit) an opponent's stick, but it is not legal to hit them. Players can also go behind the goal (like in hockey).

WH: And again, for those who aren't familiar with the

sport, women's lacrosse is a different game than the sport the men play. Could you briefly sum up the differences?

Sofia Lama (SL): Girl's lacrosse is non-contact besides checking the stick. This means that our basic objective is to be the fastest team and score the most goals. The pockets in our sticks are smaller so we use more skill because we can't just run down the field without having to cradle because the ball will fall out. We all wear skirts and it's fun.

WH: With your win over Oberlin on Mar. 28 your team clinched the first ever winning season in the program's nine-year history. How does it feel to make Logger history?

EO: As a fifth year senior, I couldn't be prouder of our team. Although we have a small team, we work extremely well together. We are friends and teammates, which makes this winning season even more exciting. Last year, we worked so hard but it did not show in the results. It is refreshing to finally show the school that our hard work has paid off.

WH: Why do you think it's taken so long to come up with the team's first winning season? Was it just a matter of taking time to build a respectable program or is it a case of the level of competition in lacrosse being pretty strong out here even though the sport is relatively new to the area?

SL: It is a long process to build a lacrosse program because of the challenges with recruiting and coaching styles that all impact the way a player performs. Our team really bonded on and off the field which made the successes more enjoyable and well worth the effort.

WH: You have a solid duo of juniors in Lindsay O'Brien and Jess Knight and a dynamic scorer in freshman Sofia Lama that combine for over 60 per-

SEE WMNS. LAX PG. 16



ASUPS PHOTO SERVICES / ARCHIVES

Junior Katie Schlesinger puts the shakes on some Lute defenders.

Track and field sprints into NWC championships

By David Skolnik
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Sports Writer

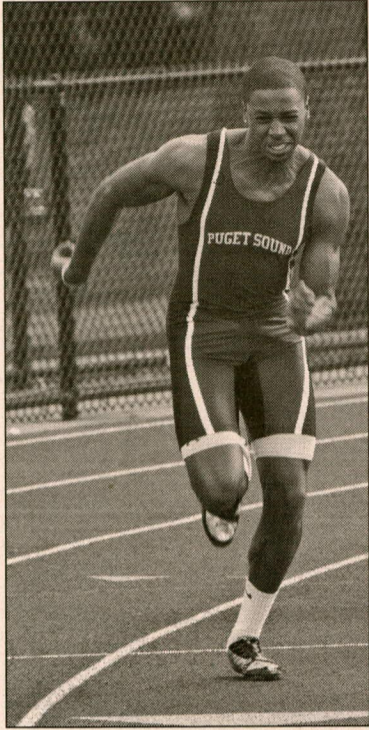
The Shotwell Invitational Track & Field meet was held this past weekend at University of Puget Sound. With athletes from 12 colleges and numerous unattached athletes competing throughout the day, this was the biggest meet of the 2008 outdoor season for the UPS track team. Throughout the season head coach Mike Orechia has preached to his athletes that they must learn how to "compete" in every meet, at no point during the season was this idea more important than Saturday.

It quickly became clear that the team had taken their coach's words to heart when four UPS athletes traveled to Pacific Lutheran University on Friday to compete in the hammer throw. Lindsey Denman finished eighth in a very competitive women's field while the men's trio of sophomore Greg Bailey (Beaverton, Ore.), junior AJ Middleton (Clover Park, Wash.), and senior Cody Dean (Burbank, Wash.) gave the Loggers a sweep of the top three places in the event.

The rest of the Logger athletes who competed on Saturday continued to prove to Coach Orechia that they truly understood what it meant to compete. In many ways the competition seemed stacked against the Logger athletes as they competed against athletes from Division II schools and several unattached athletes who had recently competed in the Junior Olympics, but the Loggers showed they were up to the challenge. 10 a.m. saw the start of the day's field events. On the men's side Bailey added a sixth place finish in the discus to his win in the hammer while Middleton took a closer second in the shot put to go along with his second place finish in the hammer.

In the jumps sophomore Jimmy Ivory (Federal Way, Wash.) finished ninth in a strong triple jump field and David Skolnik took 8 in the long jump. The UPS men's pole vaulters made their presence felt, claiming four of the top seven spots in the event.

On the women's side sophomore Caitlin McGrane



ASUPS PHOTO SERVICES / HOLDEN SAPP
Darrell Stewart finished seventh.

(Colville, Wash.) started her outstanding day with a personal record throw of 125'-4" to take sixth place. sophomore Lindsey Denman (Kenmore, Wash.) added to her eighth place finish in the hammer with a NWC Championships qualifying throw in the javelin. Junior Karen Chase (Yakima, Wash.) finished a very strong fourth in the women's shot put to round out the throwing events. Freshman Ili Wong (Kaneohe, Hawaii) competed in both the triple and long jump for the women's team, finishing fifth and sixth in the events respectively. sophomores Kendra Miller (Bellevue, Wash.) and Emily Herr (Kent, Wash.) each qualified for the NWC Championships in the pole vault.

The Loggers continued to find success when the running events began. The sprinting events proved the toughest for the women as the Division II athletes showed off their speed. senior Caroline Milleson (Portland, Ore.) ran a great race in the 100m and finished seventh while Caitlin McGrane took first by .01 seconds in a photo finish to the women's 100m High Hurdles. As the races got longer the Logger women showed just how much work they had put into practice all season. Sophomore Emma Kelsey (Bayside, Calif.) ran a tough double, finishing eighth in the 800m and third

in the 1500m. Senior Brittany Hodgson (Grants Pass, Ore.) ran an outstanding race in the 3000m Steeple Chase, setting a meet record.

On the men's side, success was found in the sprint events. In the 100m dash, juniors Isaac Blum (Torrey Pines, Calif.) and Darrell Stewart (Long Beach, Calif.) both ran season best times to finish fourth and sixth in a race that had thirty two participants. Stewart finished his outstanding day with a seventh place finish in a loaded 200m field. The hurdles were another bright spot for the Logger man as junior Matt Maze (Kailua Kona, Hawaii) qualified for conference in the 110m High Hurdles and junior Luc Anderson (Browns Point, Wash.) followed suit in the 400m Intermediates. Not wanting to be outdone by their female teammates, the men continued to excel as the distances grew. Sophomore Cam Nakano (Aloha, Ore.) took fourth in the 800m while senior Trevor Hanlin ran a season best in the 1500m to finish seventh in the 1500m. Hanlin came back later to run the longest race of the day, the 5000m with sophomore teammate Francis Reynolds. The duo took second and third respectively. The 3000m steeple chase proved almost as good for the men as it was for the women as freshman Jesse Baldrige (Piedmont, Calif.) took second place.

On a day when nearly every Logger track athlete could leave the field with something positive to look back on from the meet, two athletes stood out above the rest. Hodgson, winner of the 3000m Steeplechase, and McGrane, winner of the 100m High Hurdles, both ran provisional qualifying times for the NCAA Division III National Championship. Both these women are hitting their peak at exactly the right time. McGrane enters the NWC Heptathlon Championships on Monday, Apr. 7 on an unbelievable roll, while Hodgson has her sights set on the NWC Track and Field Championships Apr. 18-19. Both athletes will look to continue their success after Conference as they prepare for Nationals in late May.

• David Skolnik has waited his entire life for his big break.

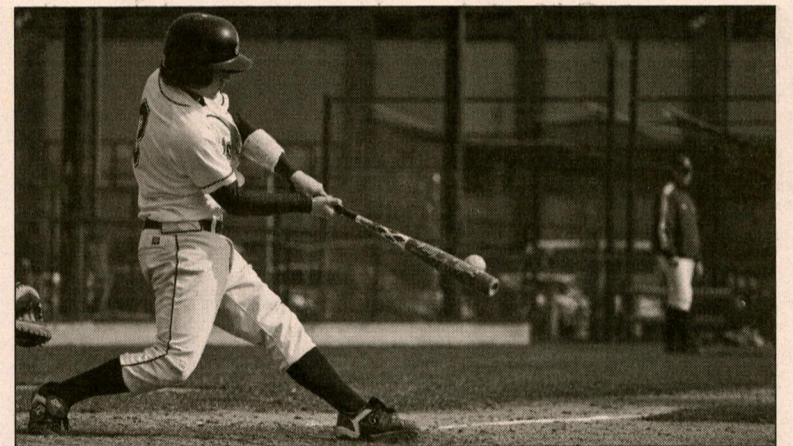
Baseball picks up three wins vs. Pios

By Brian Walker
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Sports Writer

Last weekend the UPS Men's Baseball team traveled to Portland, Ore. to challenge the Pioneers of Lewis and Clark College. Lewis and Clark are situated directly beneath UPS in conference standings. After the four-game weekend, nothing had changed. Starting pitchers for the Loggers included sophomores Dusty Kauflin (Boulder, Colo.), Justin Ingalls (Honolulu, Hawaii), Jarvis Nohara (Honolulu, Hawaii), as well as honor ace Tom Glassman (Tacoma, Wash.). The Loggers got off to a slow start dropping the first game 7-17. Of the 17 runs given up, eight came from Pioneer Grand-slams.

However, the Loggers bounced back and played well in the first part of game that got delayed due to rain in the seventh inning. Rather than cancel the contest, the last two innings were postponed until the next morning, putting both teams in a unique situation.

Joe Newland (Tulalip, Wash.) said "we got the chance to win three victories on Sunday, which was a neat opportunity."



ASUPS PHOTO SERVICES / ARCHIVES

Sophomore third basemen Travis Hernandez has stepped up.

And that is exactly what the team did, beginning first by finishing the final two innings of Saturday's second game with a 9-4 win.

The team lost no time carrying their momentum into the next game of the day which featured a three-run blast by senior Gregorio Beck (Chico, Calif.) in the first inning. UPS scored another two in the second inning but then went on a drought allowing Lewis and Clark to take the lead late in the game 5-6. Solid effort and determination allowed the Loggers to rally to victory, scoring two more runs of the bats of freshman Dakota Resnik (Bellevue, Wash.) and sophomore Travis Hernandez (Burlington, Wash.) in the sixth and seventh innings respectively.

The final match-up of the weekend proved to be the Loggers' biggest offensive performance. Pitcher Tom Glassman pitched an impressive five innings for the Loggers, only allowing two runs to Pioneer batters. However, the game was still tied at 2-2 when the regulation seven innings came to a close. In the eighth, fireworks exploded. Sophomores Jason

Powell (Redwood City, Calif.) and Doug Cox (Kailua, Hawaii) each had an RBI single, along with senior Shawn Kiriu (Honolulu, Hawaii). Hernandez had a double that scored three and Resnik finished the inning with an RBI double, a single to center field, and a stolen base. When the dust settled the Loggers had put up eight runs to finish the game 10-2.

Aside from the three wins that the team grabbed over the weekend, the series brought about another reason for celebration. Seniors Mike Olson (Niwot, Colo.) and Newland have been the source of countless runs over the course of the season. Again and the again, the team's success can be traced to the heroic batting performance of one of the two seniors. Olson, who has a .988 slugging percentage, and Newland, with his slugging percentage of .621, are players to be looked up to. Last weekend against Lewis and Clark was another strong showing in a trend of excellence. Each of the sluggers had a homerun against the Pioneers and Olson added a pair of doubles, bringing his batting average to over .500 on the weekend. With those homeruns came the prestigious co-ownership of UPS' career

homerun record. The previous record of 21 was held by Head Coach Brian Billings. Olson also grabbed sole possession of the single season record for homeruns with twelve and Newland is sitting two away from his ten homerun quest for the record last year. Despite these obviously impressive facts the dinger-duo remains modest and tight lipped about the whole affair. It is impossible to comment on the success of one without him passing the praise on to the other.

"From here on out," Newland said, "it'll be Mike and I battling for the record."

And they wouldn't have it any other way.

What doesn't get settled on the field will most-likely carry over to the bowling alley, when they don their over-sized shoes for the Monday night astrobowl (a long-standing tradition). While they both claim the current title of Homerun King, they both chuckled when asked if Buckled was upset about passing on the legacy. Olson replied "no," then quickly added "records are made to be broken."

• Brian Walker watches Thundercats every Saturday morning.



ASUPS PHOTO SERVICES / HOLDEN SAPP

Track and field has been told by coach Orechia to compete in every meet, and they've done it.

Men's lacrosse earns first national ranking

Logger's club lacrosse entered weekend undefeated, suffered loss

By Brian Ames
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Sports Writer

Going into last weekend's contests, the UPS men's club lacrosse team was undefeated with a 6-0 record and were ranked 13th in the country, according to Collegelax.us. However, staying perfect has not been easy for the Loggers as three of their contests were decided by four points combined. The season started with a 3-5 home victory against Southern Oregon in which freshman middle Dan Stoot (Thunder Bay, Ont.) scored three goals in his first college game. Two weeks later, the Loggers traveled to the College of Idaho and beat the Yotes 19-7 behind nine points (4 goals, 5 assists) from senior attackman Brad Karr (Littleton, Colo.) and seven (6 goals, 1 assist) from senior attackman Reid Petit. The very next day, the Loggers needed an extra period to beat Pacific Northwest Collegiate Lacrosse League rival Whitman with senior middle Pete Dills (Hood River, Ore.) ending the game on a 10-yard crank shot. The Loggers then decimated Lewis & Clark 17-1 at home with Karr again posting impressive numbers with

seven points (4 goals, 3 assists) and junior goalie Brian Wilbur (Ferndale, Wash.) recording a remarkable 88% save percentage in the victory.

The ensuing weekend was the biggest of the season as the Loggers faced two nationally ranked squads in Central Washington and Western Washington at home. After a strong first half by the home team, Central Washington could not answer and lost 15-9 in a tightly matched Saturday afternoon game. The second game of the weekend would prove much more difficult for the Loggers as they matched up against a Western Washington team that coach Kyle Berggren said was "very good and loaded with talent." Going into the fourth quarter, the game was tied 7-7. After both teams exchanged leads, Dills again captured the victory for the Loggers, late in the final period. Junior middle face-off specialist Ian Andrews (Castle Rock, Colo.) was impressive, winning nearly every draw in the contest. The Loggers would then take a few weeks off for Spring Break, hoping to come back and finish the season strong.

UPS traveled to Salem, Ore. to take on a sub-par Wil-

lamette team with hopes of a solid confidence building game after a long intermission to the season. However, the Bearcats would not let the visiting team win easily, jumping to a 2-1 lead midway through the first quarter.

The Loggers have already clinched a first-round bye in the playoffs and will travel to the University of Montana for the PNCLL tournament. The champion in Missoula will then be granted an automatic bid into the MCLA National Championship Tournament in Dallas, Texas.

After an inspiring speech by Berggren between the first and second quarters, the team was able to put it together and finish the half with an 8-2 lead. After halftime, the Loggers proved their national ranking and put the game well out of reach early, eventually winning 20-8 on the road. The Loggers were led by an outstanding thirteen-point (10 goals, 3 assists) performance by Karr and four goals by Petit.

"Brad was a fire that could not be extinguished today," praised sophomore middle Joe Balich (Oakland, Calif.) after the easy victory.

Senior middle Kirby Francis (Bend, Ore.) scored his first collegiate goals in the Logger win as he put two beautiful shots in the back of the net. After a rather sloppy game against Willamette, the Loggers knew they needed more "fire" in order to beat 12th ranked Western Oregon the very next day.

It was evident after the first quarter of play against Western Oregon that this game would be closely matched and it would take an impressive performance by either team to come out with the victory. The first half was a defensive showdown as the two high-scoring squads were held to just six combined points, with the home team on top 4-2. The Loggers reconvened behind the goal at halftime and discussed their strategy for the final two periods. The home team was more aggressive and the Loggers needed to win the ground in order to gain possession and put points on the board. Coach Kevin Leary also emphasized the need for bounce-shots as the Wolves' goalie saved everything high in the first half. However, the shots did not start falling and the Loggers lost on the road, 7-3. Senior middle Brian Ames (Portland, Ore.) and Dills scored unas-

sisted on isolation plays and Karr scored on a beautiful pass from Balich. With the loss, the Loggers moved to 7-1 on the season, one win ahead of the 6-1 Wolves of Western Oregon.

Puget Sound will take this weekend to rest and recharge for one remaining regular season showdown against Pacific Lutheran on Apr. 19 at home. With a win against the Lutes, the Loggers will enter the playoffs as the second ranked team in the league. However, if Western Oregon loses one of their two remaining contests against Willamette and Whitman, the Loggers will be granted the number one seed entering the conference tournament. The Loggers have already clinched a first-round bye in the playoffs and will travel to the University of Montana for the PNCLL tournament. The champion in Missoula will then be granted an automatic bid into the MCLA National Championship Tournament in Dallas, Texas. You can catch the Loggers in their final game as they face off against PLU at 1 p.m. next Saturday at Curtis High School.

• Brian Ames wants the ball and he's gonna score!

Women's Lacrosse

CONT. FROM PAGE 14

cent of your team's points. How key has this trio been in your success this season?

EO: Although those three players have scored the bulk of our goals, it requires a united team to get the ball in the net. We are lucky to have a strong defense who work together to keep the ball out of our territory. Our midfield runs like

crazy to carry the ball down the field. All our attack works to move the ball around and get it into the net.

JK: Our offense has definitely been successful this year - we average 18 goals a game - but, like Erin said, that is just as much the result of having a fast midfield and strong defense. When any of us score a goal, us three included, it's just

the last step in a long process of hard work down the field.

SL: This is the first time I have heard of our "trio!"

WH: You guys have come out of relative obscurity this season to post a 7-2 record. I think you probably surprised Postdam and Osewego State, two New York schools who came out a road trip and pounded on the other two Northwest teams, Linfield and Pacific who have won one and three games respectively, only to fall to you guys. Do you feel you're starting to get some respect from bigger programs with the success you've been having and the team's you've been beating?

EO: It has taken us a long time to get the respect we deserve. Last season, our game against Kenyon did not go well (the girls lost 10-19). However, after playing us this year (losing just 12-19), the Kenyon team commented on our vast improvements.

WH: Your head coach, Liana Freeman, is in just her second year on the job after taking over for Beth Bricker in 2007. How has she been to work with and how has she managed to be so successful?

LS: Although she makes a tough head coach, it's not just Liana, it's all three of our coaches that have led to our success. Carrie Sabochik is a UPS alumni and Emily Durban is in the physical therapy masters program. They are all awesome and work hard for us to reach our best performing level.

WH: After going 7-2 so far, being ranked 20th in the nation in scoring and boasting a player like Lama - who, with 47 points, is just two points shy of cracking the national top ten - on your roster, I image you might be on the national radar. Do you have a chance of making any sort of a national playoff this year?

SL: Well, we currently do not have a conference because we are one team short in the Northwest. Without a conference, we aren't eligible for the playoffs. But we just need one more team to make form a conference and then we could definitely find some competition to really challenge us. PLU is currently only club, maybe if everyone complains enough they will step up? And I didn't know of that fact about my stats! That's awesome!

WH: With four games left on your schedule, two against Linfield, one more stop at Pacific and then your season finale against Redlands, which is the alma mater of two of your coaches, is there any reason to believe you won't end your season 11-2?

EO: If we play up to our ability there is no reason we should not be successful in our last four games. Linfield has always been one of our biggest rivals, so we are really looking for some big wins in the next two weekends. Our game against Redlands is going to be a nail biter, but as a senior, I can't explain how badly I want my last game to be a win. I want to go out with a win.

JK: Redlands have beaten

some really good teams this year so it is definitely going to be a challenge, but I think we are all really excited to have our last game of the season be a worthwhile one.

WH: You guys are a really young team with just one senior in Erin O'Dwyer and five freshmen that see substantial playing time. How bright is the future for this team?

LS: We have so much going for us in the next few years it is going to be really exciting to see how much we improve. Liana is doing some recruiting like she did last year to take on more eager and talented freshman to add onto our already talented team.

WH: When you embarked on this season, what sort of goals did you have as a team?

EO: We wanted to work together as a team and play to our potential. In doing this, we knew we could be successful. Being united both on and off the field was something we wanted to work towards.

WH: Is it safe to say you have met those goals?

LS: Hell yeah! I am so proud and honored to be on the team.

EO: Coming back from a year abroad, I had no intention of playing lacrosse my senior year. I couldn't be happier that I did. Liana took our team, many of whom had limited playing time with Bricker, and helped turn us into a winner.

• Will Holden thinks that this story is better late than never.



Freshman Anna Gunderson attacks the goal in a UPS victory.

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