WTrail

You miss 100 percent of the shots you don't make. -Wayne Gretzky

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Drowning in Darkness:

Recognizing symptoms of depression

BY JUN KINO
Assistant News Editor

"I walk down a street. There is a deep hole in the sidewalk. I fall in, I am lost. . . I am helpless. It isn't my fault. It takes forever to find a way out."

Depression strikes more than 17 million Americans each year. It is that feeling of worthlessness and sapped energy, where one tosses and turns all night, has problems concentrating during lectures, takes little interest in those activities that one once used to enjoy and often has thoughts of death or suicide.

Depression often begins with a few problems, but it has a snowball-effect troubling occurrences just keep piling up on top of each other until one feels that there is nothing one can do, no one to talk to. Perhaps that is why less than half of the people suffering from depression seek treatment for it, but the consequences of depression can be fatal.

A junior at UPS, who asked that her name be withheld, recounted a time when depression hit hard; "My grandma had cancer so I had to go and take care of her, but sometimes it would be so bad that I just couldn't stay. I would go and sit in my car and just cry. And then I started thinking that when she died, she would just be a memory and not a person, and so then classes and academics and extra stuff didn't seem important anymore."

Dana Falk, a psychologist at UPS's Counseling, Health & Wellness Services (the Director of Counseling, Robert Stremba, could not be reached for comment), said that 11-12 percent of UPS students go in for individual or group therapy, on a wide range of topics, with "the most common problem people coming to talk about are family problems." Other problems range from

stress, to recovering from sexual assault, to relationship issues.

According to Ted Broussard, a psychologist at Green River Community College, "The symptoms of depression are: sad, anxious, empty feeling, extensive crying, loss of interest or pleasure in activities, fatigue, decreased energy, sleep disturbances, restlessness, sluggishness, lack of concentration, indecision, feelings of worthlessness, inappropriate guilt, thoughts of death/suicide, significant changes in appetite or weight."

Falk outlined a depression hierarchy, with "feeling the blues" being

the least serious, and the most common. A condition called dysthymia would be the middle of the scale. While people with dysthymia do not have all the symptoms of clinical depression, they have had some symptoms for quite a while.

Finally, clinical, or major depression is the most serious. People in this category have a great many of the symptoms of depression, and "usually medication is only appropriate for someone who has major depression, because it is largely chemical," said Falk

According to Broussard, depressee DEPRESSION page 3

UPS discusses war & peace

BY SHALEN FAIRBANKS
Contributing Editor

Joseph Gerson, author of With Hiroshima Eyes: Atomic War, Nuclear Extortion, and Moral Imagination, will speak tonight at 8:00 p.m. in Kilworth Memorial Chapel.

His lecture, "Hiroshima, Nagasaki, and the 50th Anniversaries: Decisions and Consequences," will discuss the effects the nuclear bombings had on survivors, as well as foreign policy in the United States,

A panel will take place at 4:00 p.m. today with Politics and Government professor David Balaam and Philosophy professor Lawrence Stern, who will respond to Gerson's

book, With Hiroshima Eyes, from the standpoints of International Relations and Ethics and Philosophy.

The book discusses various crises involving nuclear weapons, such as Hiroshima, the Cuban Missile Crisis, Vietnam and the Gulf War. It also suggests ways in which people can abolish the use of nuclear weapons.

In August 1995, Gerson was the keynote speaker at the International Symposium, "Fifty years since the Atomic Bombings," held in Hiroshima and Nagasaki. From Middle East conflict to the meanings of Hiroshima and Nagasaki, Gerson has done extensive research and participated in debates on these issues.

"He has worked very closely with people on the scenes, and survivors of Hiroshima and Nagasaki," said professor Douglas Cannon.

Gerson, a graduate from Georgetown University's School of Foreign Service, has a Ph.D. in Politics and International Study from the Union Institute. He is Regional Program Coordinator for the American Friends Service Committee in Cambridge, MA, a lecturer at Regis College, and author and editor of several books on U.S. military intervention and nuclear weapons.

His book, With Hiroshima Eyes, is on reserve in Collins Memorial Library. It is also available for purchase in the UPS Bookstore. His lecture, as well as the panel discussion, are free and open to the public.

Sky Cries Mary bring their psychedelic sound to UPS

 ASUPS grabs big name band to play at Puget Sound on November 4

BY MARK GELINEAU

Staff Writer

Looking for a return to the inner experience? Think the "Seattle scene" has been played out? Look no further. On Nov. 4 at 8:00 p.m. in the Fieldhouse, Sky Cries Mary is bringing their very special brand of music home to the masses.

Originally conceived as a performance-art industrial outfit, SCM is now the premiere "psychedelic space-rock band" in America. If you haven't heard this sound, you're missing out. Mixing pop, goth, Eastern music, rock and a touch of club sound, the combination is like nothing else on the planet.

The band has an almost fanatical following in Seattle and they recently played to a packed arena at this year's Bumbershoot. They also participated in the first live Internet broadcast last year, they've been seen on the Jon Stewart Show and now they're coming to our little neck of Tacoma. Go see the show; you won't be disappointed.

As great as the music is, there is nothing in the world that can hold a candle to an SCM live show. It's not just a show, it's a complete experience. Roderick and Anisa Romero, the band's vo-

calists, are usually arrayed in outlandish outfits, ranging from formal wear, to dread wigs, to mermaid outfits. A visual montage of Anisa's artwork is shown on a screen behind the band, moving and shifting as the songs play.

The band's songs vary from spacy techno-jams to driving guitar thrashes, all graced by two of the most incredible voices performing today. Sky Cries Mary has been described as an aural hallucination, as living psychedelia. Come see them, and be ready to dance, move and transcend.

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SENATE CANDIDATES pose as they conclude a question and answer session in the Cellar. The event gave students a chance to delve into campus issues with their prospective representatives. Elections conclude today and results will be announced early Friday. See next week's *Trail* for results.

SOUNDH

Do you feel that UPS is liberal enough? How do you feel about coed bathrooms?



"I already feel
embarassed enough
walking into a bathroom
with guys there."

-Ollie North, sophomore

"I think coed bathrooms would be cool as long as the girls don't leave the toilet seats down."

—Spanky Pruett, sophomore





"I think it is liberal enough, but I don't feel comfortable with coed bathrooms."

-Jamie Dundas, sophomore

UPS: a bunch of adrenline junkies

Please Editor

Puget Sound students have found another way to unload the stress of school. Thrill seekers and adrenline junkies now head south just past Centraila to Toledo to jump out of a perfectly good airplane.

Toledo Parachute Center, one of the seven drop zones in Washington, decided to cater to a college clientel. Owner and manager Brett Martin made the decision after being approached by UPS student Justin Jarrett.

"Justin just got us out of the phonebook. After that, we decided that the college crowd is extremely receptive to our business," said Martin. Since the first jump in Toledo, Justin has taken three different groups of students to experience what they call an incredible rush.

The center provides a four hour course before allowing anyone to get off the ground. The course includes lessons on getting in and out of the plane, how to fly the parachute, how to land the parachute,

how to avoid obstacles, back-up procedures and, most importantly, emergency procedures.

"We will teach you everything you need to know and practice long before we get in the plane," said Martin. Martin's company is certified by the United States Parachutte Association and approved by the Federal Availation Administration.

Toledo Parachnte Center has been open since 1970 and is the second oldest drop zone in the United States. They operate what Martin calls: "the most common jump craft." They use two Cessna 182s which accomadate four jumpers each.

Another UPS student, Carter Davidson has logged over ten jumps in Toledo. He even went so far as to jump naked.

The Outdoor Adventure Hall is planning to take interested students as part of the education and living program offered on campus.

 As a special feature, the Trail will be sending reporters to get an in-depth analysis of skydiving

Year of the Asian Pacific Islander American – arrives on campus

BY ROSEANNE FLORES

Staff Writer

The Year of the Asian Pacific Islander American planning committee scheduled a student-run kickoff party for last Tues., Oct. 10. The kickoff introduced upcoming programs for the year, increasing awareness of the year and what it stands for and increasing contacts between the Asian Pacific Islander American community and students at UPS.

The planning committee for the year is composed of University administration and students of color leaders at UPS.

Marvin Rosete, the coordinator of the year and a graduate student of the University of Washington, said, "The Year of the Asian Pacific Islander American is not only going to rock the campus on its heels, but it's also hopefully going to break stereotypes and increase awareness of Asian Pacific Islander Americans and their issues; both on this campus and in our society."

Lawrence Davis, President of the Black Student Union and a key figure in the organization of the Year of the African American last year, said, "This campus needs to know about Asian Pacific American issues.

... What better way to do it than to devote an entire year to the celebration of the strength of the Asian Pacific Islander community? The year will also break misconceptions that are commonly held by people at this University."

Jolene Jang, President of the Awareness of Pacific and Asian Cultures Association (APAC), said she had the APAC's full commitment to the Year. She feels APAC's involvement will go beyond the planning and attending stages. "APAC will actively dispel myths about Asian Pacific Islander Americans that are often held by students, faculty and staff at UPS," said Jang.

Communication is the key. "This is where stereotypes come from, a lack of common communications," said Jang.

The University decided three years ago to help celebrate, educate and foster diversity throughout campus by highlighting a specific ethnic group for an entire year. These ethnic theme years included bringing in speakers, entertainment and other events all pertaining to issues of that particular community.

Founding President of APAC, Alison De La Cruz, said, "The Year. of the Asian Pacific Islander American is especially important to Asian Pacific American students because this campus is aware of us primarily through APAC's annual commemoration of the Japanese American internment, Asian Pacific Islander Heritage Month and Hui-O-Hawaii's Luau during Parents' Weekend. This year gives us a chance to explore all the people that make up our community, to really show this campus what we're about and what we stand for. No more 'bananas' [referring to the stereotype that Asians are 'yellow on the outside and white on the

inside'] for us!"

Some potential events for the year to look for, tentatively scheduled on October 27, are: Toshiko Akiyoshi, a famous Asian American jazz pianist, who will be performing with the UPS Jazz Band in the Concert Hall; and Rex Navarette, a Filipino American comedian from the Bay Area, possibly performing as a noontime showcase in the Great Hall in the SUB. Other events in the coming months are Asian Pacific Islander-centered plays, exhibits, forums, film festivals, campus activities, speakers and entertainers.

The Year of the Asian Pacific Islander steering committee meets every Monday evening at 4:45 p.m. in SUB 101 to plan more events for the first half of the Year. For more

information about the Year, call Marvin Rosete at 461-4870, Serni Solidarios at ext. 3366 or Jolene Jang at ext. 3662.

Some of the members of the Year of the Asian Pacific Islander American steering committee are Kim Bobby, Director of the Access to College Program; Jolene Jang, President of APAC; Serni Solidarios, Director of Student Activities for the ASUPS and advisor to APAC; Henry Johnson, Assistant Dean of Students; Alison De La Cruz, founding president of APAC; Rosanne Flores, former vice-president of APAC; Aileen Balahadia, Asian Pacific Islander student liaison to the Admissions Office; Lawrence Davis, President of the Black Student Union; and Dawn Le, a member of APAC.

on campus

Oct. 3, 1995 through Oct. 10, 1995

Oct. 3 @ 2:14 a.m.

A student reported expensive stereo equipment, 35 compact discs and several miscellaneous tools taken from his secured vehicle. The vehicle was parked on Union Ave. at the time of theft.

Oct. 3 @ 2:35 p.m.

A student reported his \$700.00 mountain bike stolen from the storage cage on the east side of Seward Hall. It was secured with a chain and padlock.

Oct. 7@ 1:35 p.m.

A student reported a \$250.00 bicycle stolen from the foyer of Warner Gym. The bicycle was left unsecured.

Oct. 7@ 11:57 p.m.

A student reported his \$700.00 Trek mountain bike stolen from the bicycle storage area on the east end of Seward Hall. The bicycle was secured with a "U-bolt" lock through the front wheel.

Oct. 8 @ 1:03 a.m.

Security responded to a noise complaint at a university-owned house on North Lawrence Street.

Oct. 8 @ 7:30 a.m.

Security discovered a large hole cut in the bicycle storage cage on the east side of Regester Hall. While investigating the damage, it was discovered that at least two bicycles were stolen.

Oct. 8 @ 3:07 p.m.

A student reported discovering damage to the hood of her vehicle. It appeared as if someone sat on it while it was parked on North Lawrence Street.

Oct. 9 @ 1:35 a.m.

A student reported her \$600.00 bicycle stolen from the porch of a university-owned house. The bike was locked to several wood posts on the porch with a cable. The posts were broken and the bicycle removed.

Crime prevention tip:

Bicycle thefts continue due to inadequate securing measures.

Security staff are doing their part to prevent thefts. If you use a bicycle on campus, you must do your part. Please secure your bicycle with a "U-bolt" style lock through the frame. Contact Security at ext.

3311 if you observe suspicious activity on campus.

OPEN FORUM campus events

October 12-19, 1995

- · Artist's Talk: Gail Simpson, sculpture, 4:00 p.m. in Kittredge 111 on Thurs., Oct. 12. Free admission.
- · UMeth invites persons interested in women's issues and the church to Chaplain Davis's for dinner and guest speaker Joanne Brown on Thurs., Oct. 12 at 6:30 p.m. RSVP to Sharon x3373.
- · ASUPS Senate Elections are Oct. 11 &12 so come out and vote!

- · Japan study abroad interest meeting on Thurs., Oct. 12 at 4:00 p.m. in Lib 134. Questions, call International Programs x3652.
- · Dr. Joseph Gerson, author of With Hiroshima Eyes, will give a lecture entitled, "Hiroshima, Nagasaki, and the 50th Anniversaries," on Thurs., Oct. 12 at 8:00 p.m. in Kilworth Chapel. Also, at 4:00 p.m. in the SUB Boardroom, a faculty panel will respond to remarks of Dr. Gerson and to his book. Questions,

contact Prof. Douglas Cannon x3290.

- · Thompson Hall Seminar: presentation by Mike Jenkins/Steven Neshyba on "Sustainable Forest Products: Opportunity Within Crisis," on Oct. 19 at 4:00 p.m. in Thompson 124.
- · Deadline for Aberdeen Exchange and Latin American Study Tour study abroad application on Fri.,
- · Pre-medical students! Meet with Dr. John F. Walters, Assistant Dean, Washington University School of Medicine, on Tues., Oct. 17 from 10-noon in Kitchin Library, Thompson 326. Questions, call Linda x3814.
- · Attention all musicians, comedians, dancers! The Phi Mu Alpha men's music fraternity is having their annual Oktoberfeast in the Cellar on Oct. 18 at 6:30 p.m. If interested in performing, call x4044. Free pizza!
- \$1.00 can have you driving a 1995 KIA RS Sephia. Buy a raffle ticket at the Outback Steakhouse, 3111 S. 38th St., in Tacoma on Oct. 28, and enjoy complimentary

- "Aussietizers" and beverages from noon to 3:00 p.m. Proceeds to benefit Big Brothers/Big Sisters of Tacoma-Pierce County.
- UW World Music & Theatre welcomes Philip Glass' "La Belle et la Bete" (The Beauty and the Beast) to open its '95-'96 season. Performances are Fri. and Sat., Oct. 27 and 28 at 8:00 p.m. at Meany Theater on the University of Washington campus. Tickets are \$32. Half-price, cash-only "rush tickets" are available for students and seniors with ID 1/2-hour before curtain. For tickets, call 543-4880, order by FAX, 685-4141, or Ticketmaster 292-Arts.

DEPRESSION from page 1

sion is more likely to occur to people who have the following characteristics: chemical imbalances, vulnerability, medical illness and certain personality traits (depressive personality, someone who has mood swings and is sad-looking).

A sophomore at UPS recounted a time when she was depressed about academics and "things just weren't going right." She said, "I tend to get depressed when I don't do as well as I thought I had." Her solution to her depression? "I just think about it how I could do better next time. I also talk to friends about it."

Talking about depression, according to a pamphlet from the National Institute of Mental Health, can help. Showing concern and giving support can encourage a friend to

Another common road to depression is putting conditions on happiness, such as saying, "When I get then I'll be happy." The blank might be filled with "a boyfriend/girlfriend," "money," or many other items. These may be worthwhile goals, according to the Counseling Center, but connecting happiness only to achieving these things can make one feel happy only when they have these things, but feel down when they don't.

The Counseling Services' solution to conditional happiness is to believe that one doesn't need a certain item to be happy; it becomes a "preference" instead of an "addiction." Many college students also set themselves up for stress by not providing for a balance of work and play. By deliberately building free time into one's schedule of work, one can usually study with a clearer mind.

There are several solutions for depression. Broussard said, "I'd assess if this is really depression. I'd try to really clue into suicidal feelings or thoughts. What I would offer depends on their depression. I would try to assess how serious the depression is and then make an appropriate referral."

Being in therapy and getting treatment are keys to overcoming depression, as 80-90 percent of depressed patients respond to treatment, and the majority of people who commit suicide aren't in therapy.

This article was written to coincide with the National Depression Screening Day that took place last Thurs., Oct. 5, here at UPS, which Falk helped to run. "We saw [that day] as an occasion to make people more aware of the symptoms of depression and that there is help on campus," said Falk. The Counseling, Health & Wellness Services, located in SUB 216, is open five days a week and can be contacted at ext. 1555.

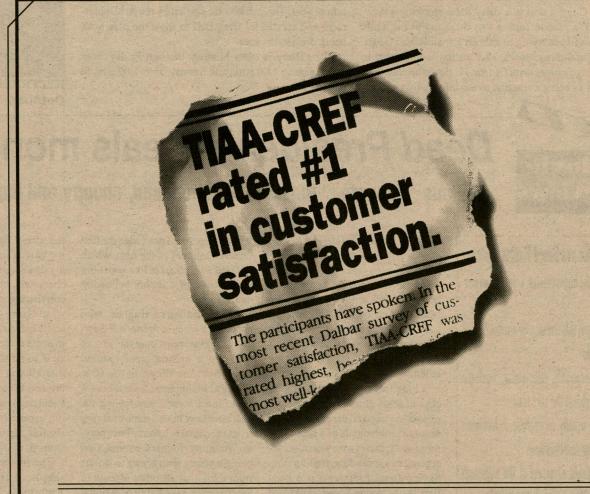
"I walk down the same street. There is a deep hole in the sidewalk. I walk around it. I walk down another street." (An Autobiography in Five Short Chapters)



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Kittredge shows dark humor and metalwork

BY HOLLY HELZERMAN

Contributing Editor

A one-armed "Bosnian Ballerina" riddled with holes, a black-eyed "O.J. Simpson Doll" with distorted teeth, these are just two images from John McCuistion's Tomb Figures and Story Masks currently on display in Kittredge Gallery. Sharing the exhibit is Gail Simpson, whose iron and steel sculptures provide a clear visual contrast to the ceramic work of McCuistion. The Kittredge exhibit, which offers an extensive look at these top Northwest artists, runs through Oct. 22.

McCuistion, a ceramics professor at UPS, adds dark humor to current and historical events throughout his works.

"My pieces are funny but not funny," said McCuistion.
"They deal with things that are both humorous and dreadfully sad."

Some of his works include "I Just Love the Air in Mexico City," a doll in a daisy dress smoking a cigarette and "Cezanne Telling Van Gogh to Put the Knife Down," a figure trying to calman invisible Van Gogh. In these and other pieces, McCuistion is interested in expressing gestures with figures. He described much of his work as being a reaction to the information age.

"We are intruded with all kinds of information all day long," said McCuistion. "As humans, we try to speak out against human condition and atrocities."

Although Gail Simpson's sculptures provide a visual contrast to McCuistion's, much of her work deals with a similar theme. Simpson, an art professor at Western Washington University, is interested in exploring body parts as metaphors for the human condition.

"My sculptural work has to do with the internal structures of the body, and how they relate to the external, human made structures with which we are surrounded," said Simpson in her artist's statement.

"I've heard that a lot of the objects represent a serious interest in bondage," said art history major Jeff Schultz.

On Oct. 12, Simpson will be in Kittredge 111 at 4:00 p.m. to give a lecture on her work.

Kittredge Gallery changes its exhibits approximately once a month, running a total of 12 shows during the school year. The exhibits are chosen by the Art Department and curated by Greg Bell to show the best work being done in the area.

The gallery is open Monday through Friday from 10:00 a.m. to 4:00 p.m., and Sunday from 1:00 p.m. to 4:00 p.m.



KITTREDGE presents scultures and ceramics through October. The exhibit is free.



Dead Presidents steals money, not attention

Tedious "gangster" movie is an unfocused, choppy and impenetrable waste of time

Arlo's Guava-Based Rating System
5 guavas: the highest rating, a classic and powerful film
4 guavas: put this one on your weekend list of things to do
3 guavas: enjoyable, entertaining, worth the matinee price at the very least
2 guavas: usually an exercise in formulaic drollery; no surprises here

11 guava: takes advantage of the audience's l

trust that films are made to entertain.

Movie Reviewer

It has been brought to my attention that I lack a ratings system. So from here on out I'll use the arbitrary unit of "guava" to define the films I see. So, Dead Presidents gets a big two guavas. It is as engaging as leftovers. I saw the trailers on TV: it is billed as a gangster film, with clips of scary gun-toting mimes and piles of money and careful planning sessions: ingredients of a heist. Unfortunately, that is a very narrow perception of a sprawling, flailing film. Saying Dead Presidents is a heist flick is like saying Speed takes place on a subway. It's a little bit right, but it doesn't quite acknowledge the first hundred minutes of the film, which in *Dead Presidents* is like watching a time-lapse of a slowly yellowing newspaper.

Albert and Allen Hughes, who created the electric Menace II Society, bring us now into the life of Anthony, a smiling, good-natured youth from the Bronx in the 60's. Though his simple smile and honest face fill the screen, any feeling the character may have seems to shrink from the camera. Larenz Tate, playing Anthony, focuses so much on being a young man trying to do the right thing that all other aspects of the character, save for an occasional flash of emotion as necessitated by

the script, flatten out. The supporting cast is similarly weighty, playing up a single aspect of each of their characters, but not enough that it is convincing or even interesting to watch. Have you ever been at a party and noticed a movie playing on a TV in some room, and the only place to sit is so far to the side of the screen that all you see is one supercompressed bluish sliver and some abstract degrees of light and dark moving around? Dead Presidents is a similar sensation, a movie made from an oblique angle.

The movie is never consistently simple or complex. A portion of Anthony's life is served up in chunks, beginning with late youth in the Bronx, then moving to Vietnam. Nothing appears to precipitate this decision other than not wanting to go to school, which is his other option. Florida serves as Vietnam's stunt double, and lo, it's like a theme park. We see some scenery, some explosions, some dead enemies, some half-crazed soldiers, some wounds, and some fatalities. There's even a small sequence in which Anthony is forced to find a standpoint on euthanasia. Suddenly, for the first time in the movie, there is a conflict between the situation and Anthony's pattern of behavior, such that he has to make a choice to change or stay the same, for himself, by himself. It's this very conflict that often makes a hero believable or a plot interesting. But then the sequence ends, and it's back on the treadmill.

Anthony returns from Vietnam, having learned, as far as we can tell, how to kick ass and how to euthanize fellow Marines, but no more complex for the experience in any other regard. He has a child to take care

of, fathered antebellum, and a girlfriend/wife (the transition is left to the audience's intuition - it may be the only piece of subtlety in the film.) He eventually loses his job as a butcher's assistant, and to pay the bills and mollify his kvetching wife, he turns to crime.

In this small wedge of the movie, the Hughes Brothers' electricity finally crackles. A heist is planned, then executed, then botched, and the people involved take a fall. All fraught with tension, action, and an inability to tell what's going to happen next. No wonder it's the only part of the film that gets advertised.

The beginning sequence is also compelling. During the credits, money burns. High-speed film and close-ups catch the faces of presidents (the \$10 bill is ostensibly not shown) peeling away under tongues of flame. Our capitalist hearts can tolerate the ones and fives, but they really start to sing when we see Grant and Franklin (why Franklin and not Hamilton?) go from a higher to a lower energy level, from greenbacks to ash. But two sequences cannot save Dead Presidents from choking on its own vomit. The film is moved chronologically by a flashing of "Six Months Later" every twenty minutes or so, so no event really leads to the next. The Hughes Brothers seem to be trying to convey the fate that befalls Anthony: despite all his efforts to do what is right, his only attractive option involves breaking the law. As a social statement this is powerful and alarming for its gimlet accuracy, but it doesn't offer a solution. The whole film falls somewhat short and wide of the grandeur it was aiming for; like a drunk running a pentathlon.



KEITH DAVID and Larenz Tate contemplate the life of crime in Dead Presidents.

Top Ten Punk Rock Videos (in no particular order)

- 10) Sid and Nancy Watch it with someone you love. It's about the Sex Pistols, so you know it's punk with a capital "P."
- 9) Faster Pussycat, Kill Kill!— Sure, this Russ Meyer classic is overused in lists of this sort, but how can one deny the Punk Rockin' appeal of this flick? Lux Interior from The Cramps described it as "Beautiful women driving fast cars and breaking jocular he-man male types' spines."
- 8) Rock n' Roll High School Title song by the Ramones. Starring the Ramones. Ramones, Ramones, Ramones. If you need another reason to watch this damn movie, you're just not a punk.
- 7) Class of 1984 Features Canadian punks, Teenage Head, playing their hit "Ain't got no sense." Ben Weasel says this band inspired him to start Screeching Weasel.
- 6) Repo Man See young Emilio Estevez play a surly punk who loses his job, gets snubbed by his punk rock main squeeze, gets a job stealing cars from owners who don't make their payments, and gets mixed up with the FBI, a glowing car, and some space aliens. Great soundtrack, lots of stupid punx, and super dialogue.
- 5) Evil Dead 2 Help, Sam Raimi's chasing me through the woods with a camera! Okay, so there's not any punk rock anywhere in this movie, but you still oughta watch the damn thing.
- 4) Cool Hand Luke If this doesn't get you ready to fight the system, you're probably dead.
- 3) Fists of Fury Originally titled "The Big Boss," this kung-fu classic features coolest-human-being-ever Bruce Lee as a country boy who beats the tar out of the fascist pig Bosses who killed his cousins.
- 2) Drugstore Cowboy Ultra-depressing. This and Minor Threat's "Straight Edge" would really liven up those boring D.A.R.E. people.
- 1) (Okay, so I lied. This one movie IS in a particular order. This is the NUMBER ONE punk rockin-est movie EVER. In the coveted number one slot is...) *Freaks* Todd Browning's eerie tale of murder under the big top serves as the inspiration for the Ramones' "Pinhead." Gabba Gabba we accept you, we accept you, one of us...

—Ted Spas

Movie Reviews

Lively To Die For resurrects dark humor

BY JASON JAKAITIS

Contributing Editor

"What's the point in doing something if no one is watching you do it?" asks Nicole Kidman in *To Die For*. Kidman, in what could be considered her best performance to date, is Susan Stone-Maretto, a ruthless, fame-driven ice-queen who sexually convinces two teenage boys to kill her husband.

In *To Die For*, director Gus Van Sant has created a dark and satiric film that exudes character and benefits greatly from a delightful collection of twisted ironies.

Kidman is magnificent in her role and is surrounded by a strong group of performers. Matt Dillon plays Kidman's husband, who signs his own death warrant when he asks Kidman to temporarily put aside her career and begin a family with him.

Dillon, usally cast in more violent and emotionally-driven parts, is likeable and admired as the "always sacrificing" husband.

Joaquin Pheonix, is James, 16, who Kidman convinces, through continuous sexual performance and a few well-placed lies, to kill her husband. A bit on the slow side ("They gave me life without parole, plus thirty years, if I live that long"), Pheonix is adored and pitied as the stuttering, lovestruck teen who succumbs to the temptations of an older woman.

Two parallel storylines, one a narration from Kidman's point of view, the other an actual account of events, intertwine and provide an engrossing plotline. Each portrays an entirely different account of the events, with Kidman obviously explaining the blatant guilt of the teens

In *To Die For*, director Gus Van Sant has created a dark and satiric film that exudes character and benefits greatly from a delightful collection of twisted ironies.

and her own innocence.

The film details Kidman's tireless search for fame and forture, through whatever means, and how she, despite her porcelain features and honey-drenched voice, quickly be-

comes a hated and despised individual.

Kidman drives this picture to the peak of its success. Her transition from a giddy, Hollywood hopeful to a manipulating media-star murderer, unfolds delicately and reasonably. Her outlook upon society and its people is amazingly unique and distorted. Her quest for fame blinds her from common sense.

It's these beliefs and opinions that mold the fascinating character of Susan Stone, and it is her incredible, unimaginable hunger for the spotlight that makes *To Die For* so very enthralling.



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Crichton's "Lost World" a Cretaceous catastrophe

Novel a poor rehash of "Jurassic Park"

BY JASON JAKAITIS Contributing Editor

Before the release of his latest novel, never in 65 million years would it be thought that Michael Crichton, author of such bestsellers

as "Congo," "Rising Sun" and "Jurassic Park," could produce such a hollow and disappointing book. "Lost World," the much-

awaited sequel to Crichton's thriller, "Jurassic Park," is nothing more than an exercise in monotony and repetition.

Crichton's novel unfolds six years after the destruction of Isla Nublar, site of the original Jurassic Park. Eccentric millionaire Richard Levine has uncovered a secret island, Isla Sorna, that served as a dinosaur manufacturing facility for the original Jurassic Park. In the six years since its abandonment, the facility has become overrun with vegetation and populated with prehistoric dinosaurs.

Accompanying Levine on his excursion are a series of characters that

After "Jurassic Park" literally created the images of dinosaurs that people have today, "Lost World" adds very little illumination upon the prehistoric period.

mirror the original Jurassic Park gang. Chaotician Ian Malcolm is the lone character link between the two books, but he is surrounded by essentially the same people: Jack Thorne is a retired scientist, now macho-man engineer in the mold of Muldoon, and biologist Sarah Harding is a clone of "Jurassic Park's" Ellie Sattler. Once again, two young, brilliant children are tossed into the mix for emotional and (vaguely noticeable) humorous rea-

This cast of characters is faced with the all-too familiar task of escaping from an island overrun by ge-

netically engineered dinosaurs.

While the story line and characters remained the same in an obvious recycling job, it could at

least be expected that Crichton would introduce a series of new insights and theories into the lives and social structures of the earth's greatest mystery. Instead, "Lost World" sticks to its guns and offers little variation or expansion upon its past

The insights Crichton does provide, such as communal defecation and parental instincts, are not investigated and barely skim the surface of the nature or reasons behind their behavior. It was the dinosaurs themselves and the answers Crichton provided to so many years of mystery that made "Jurassic Park" the success that it was. After "Jurassic Park" literally created the images of dinosaurs that people have today, "Lost World" adds very little illumination upon the prehistoric period.

Crichton touches upon a few interesting ideas, such as a chameleon raptor/T-Rex and a few theories of extinction, but fails to expand or come to any conclusions.

While the book, with a hundred page climax and a series of tense, page-turning moments may appeal to readers of a younger age, it fails to stimulate the intellect of the older, more information hungry reader. R.L. Stine and Christopher Pike write tense, page-turning novels; Michael Crichton was supposed to have evolved beyond that.

In the end, Crichton may find "Lost World" to be a literary fossil that he hopes is never uncovered.



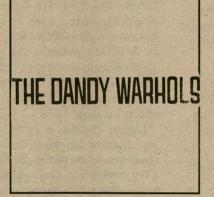
Dandys, Citizen Fish offer pop, punk, ska, art, anarchy

Dandys Rule OK—The Dandy Warhols -**Millennia Madness**—Citizen Fish

BY TED SPAS Music Reviewer

"So get ready for a massive concussion of Rock n' Roll with... the Dandy Warhols!"

All the hip kids know that when you hear the above sentence, you're about to catch the super-cool wave generated by "The Dandy Warhols' T.V. Theme Song." The truth is, if you don't get hip to the Dandys, the currents of fashion will leave you stranded on the shores of lameness. Dandys Rule OK, the debut album by the Portland quartet, The Dandy Warhols, is the best pop record since that Matthew Sweet boy last did his thing. Admittedly, that's not a terribly long while, but pop



music functions in another dimension where time is vastly accelerated. Vastly.

The Dandys are in the business of crafting shimmering anthems for the disaffected Young America, and they do it exceptionally well. Oceans of squalling guitars blanket druggy tales of Youth Life(tm), delivered in singer/guitarist Courtney Taylor's dissipated croon. The story is that none of the Dandys have ever actually played their respective instruments in bands before, and their nonchalant approach to music shines through. Songs are flung out on the strength of a gorgeous melody and three-and-a-half chords (they're different chords in every song, though). Every piece of Pop Majesty is dusted off and added to the mix, from the oh-so-smooth backing vocals on "T.V. Theme" to the snide, final "LAH" that punctuates "Nothin' To Do".

The Dandys are a force to be reckoned with. Impeccably dressed, swilling red wine, and demanding that interviewers only report "the clever things" that they say, there is little doubt that the Dandys have their Art Bastard poses perfected. Pop icons of this caliber are hard to find, and must be supported. I repeat: if you let this album pass you by, you are a SQUARE, baby.

The Grade: A as in Andy, of course.

Citizen Fish are a reminder of why major labels are essentially disposable. Formed from ex-members of punk (AND ska, of course) legends the Subhumans and Culture Shock, Citizen Fish have been doing their own damn thing for going on six years now, with aeons of experience in their old outfits (The first Subhumans single was released in 1982). For all of those years, they've had their albums released on the fiercely independent Bluurg Records. Now, Bluurg has secured an American distribution deal with Lookout Records, and the boys show no signs of slowing down. Their new album, Millennia Madness, is their brightest achievement to date.

Citizen Fish specialize in a charging punk/ska hybrid, with pacifist/anarchist ideals shining forth in their lyrics. Phil (guitar), Jasper (bass), and Trotsky (drums) are all crack musicians, and Dick is as potent a singer as any band could ask for. Citizen Fish have built their reputation on delivering high-energy



good times with piles o' intellect. This album does

The songs vary in tempo from the appropriately titled "Faster" to the dub-inspired "Backlash," with the band handling themselves with skill and verve. Citizen Fish have managed to jettison the occasional awkwardness that clouded a few (VERY few) of their previous songs, leaving an album packed to the gills with wholesome goodness. Even Dick's lyrics, which in the past tended to focus on the message more than how it fit into the song, are right on track, delivering brilliant social commentary in a tuneful manner.

If all the bands were as smart and charming as Citizen Fish, the Kids would abolish government TO-MORROW, and they'd have a great time doing it.

The Grade: A as in Anarchy. So there.

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What's Old October - 19 October, 1995

October: National Arts and Humanities Month

ON CAMPUS

- 13-15 October ASUPS Campus Films regrets to inform that The Basketball Diaries is canceled due to Fall Break. Next weekend is Batman Forever. Showtimes are Fri.-Sat. 7:00 & 9:30 p.m. and Sun. 6:00 & 8:30 p.m. \$1 w/ UPS i.d., \$2 w/out.
- 17 October- The Honors Film Series hosts a season of films by Australian directors. *Dead Poets Society*, directed by Peter Weir, will be showing at 7:00 p.m. in McIntyre 003.

AAT

thru 22 October- Kittredge
Gallery is exhibiting sculptures by
Gail Simpson and ceramics by
John McCuistion. Gallery hours are
Monday through Friday, 10:00 a.m.
to 4:00 p.m., and Sunday 1:00 to
4:00 p.m. Admission is free.

THEATRE

· 18 October The UPS Inside

Theatre will celebrate the opening of *Swords, Drunks, Still Lifes, and lambic Pentameter: Twelfth Night* with an open house, 4:00 to 5:30 p.m. and 7:00 to 8:30 p.m. Everyone is invited. Call 756-3555 for more information.

MUSIC

 18 October- ASUPS Showcase presents <u>Turntable</u>. Great music in the Great Hall! Wednesday at noon.

Previews

- 21 October- Street Sounds, a lively a capella band, will be performing in the Concert Hall. Tickets are now on sale at the Information Center.
- 27 October Jazz pianist Toshiko Akiyoshi will perform with the UPS Jazz Band. Tickets for this show are also on sale at the Information Center.

LECTURES

 12 October Joseph Gerson will speak on "Hiroshima, Nagasaki, and the 50th Anniversaries: Decision and Consequences." The talk will be held in the Kilworth Chapel at 8:00 p.m. • 18 October- Sharing Our Strategies asks, "How Do You Manage It All?" Exchange ideas with faculty, staff, students about moving into a healthier diet. Discussion begins at 12:00 in SUB 201.

OFF CAMPUS

Theatre Theme: Indian Cinematography

- 14-17 October- The Rialto
 Theater will presents Bandit
 Queen. This film, once banned in
 India, is about a female outlaw from
 the lower caste in India.
 Weekend showtimes are 5:00 p.m.
 and 7:30 p.m., Sunday at 2:45,
 5:00, and 7:30 p.m. Weekday
 shows are only once at 7:30 p.m.
 Regular admission is \$5, call 5915894 for more information.
- in Seattle continues The Masterworks of Satyajit Ray with The World of Apu. Ray is an Indian director whose films portray a convincing Brahmin lifestyle in a small Bengali village. Tickets are \$6.75. Call (206) 632-

3131 for more showtimes and more

information.

· 6-8 October- The Varsity Theater

AAT

- 19 October-13 November-Commencement Art Gallery will be exhibiting Penny Grist's installations of natural forest images. Tuesdays-Saturdays, 11:00 a.m. to 5:00 p.m. Admission is free. Call 593-4331 for more information.
- 9 September-26 November-Tacoma Art Museum is now exhibiting the work of Rodin: Sculptures from the B. Gerald Cantor Collection. Museum hours ar Tues.-Sat. 10:00 a.m. to 5:00 p.m., Sun. noon-5:00 p.m., closed on Mondays. Admission is free on Tuesdays, all other days: \$3 for non-members, \$2 for students. For more information call 272-4258.

THEATAE

Theatre Theme: Asian Expressions

 12 October-5 November- The Northwest Asian American
 Theatre welcomes playwright
 Wakako Yamauchi's 12-1-A, a play about a Japanese family at an US internment camp. Directed by Jusith Nihei, this season premiere will be showing on Saturdays and Sundays only. Call 340-1049 for more information.

15 October- The Broadway
Center for the Performing Arts
presents Raise the Bamboo
Curtain: Vietnam and Burma. This
film will be showing at the Pantages
Theater at 2:00 p.m. Student
discount. Call the Broadway
Center Ticket Office for more
information.

MUSIC

- 13 October- The Pantages
 Theater presents An Evening with
 Midori by Tacoma Philharmonic.
 There will be a pre-concert lecture
 at 7:00 p.m. while the performance
 will begin at 8:00 p.m. Call Tacoma
 Philharmonic at 272-0809 for more
 information.
- 14 October- Filucy Hootchie Kootchie Band at **The Antique Sandwich Co.** A four piece band with horn, guitar, percussion, and accordian. Show begins at 11:00 a.m. \$4 at the door. Call 863-6617.
- 14 October Shakabrah Java will be hosting Elizabeth Hellier. Show will begin at 8:00 p.m. Free.

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Next LSAT Classes begin December 6 and 7



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Vicki Crooks
Tami Hash
Jessica Peixotto
Kami Pliskow
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Ella Sponar
Sirena Tenorio
Lindy Thornbloom
Megan Waldner
Kyoko Wyse

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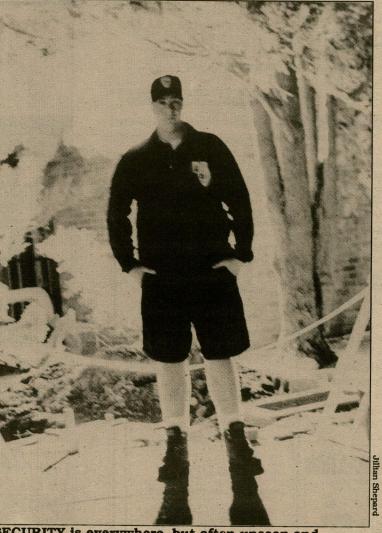
The day had seen pretty good weather, not too cool and a few shady smiles from the peek-a-boo sun, but once night rolled over campus, all the blue and clouds melted out of the sky as the red and green bled from the soft grass and brick buildings. No more colors - just the black night.

Ever wondered how the blue shirts show up so brightly when you see them at night, even across the Quad or down Lawrence? It's nearly 2:00 a.m., the library's ready to close, and as you step out of the warm and brightly lit doorway you notice a blue shirt with the bright white collar. By now you're pretty tired after studying for your Science in Context midterm, but at 2:00 his shift is still quite young. You nod as he passes, and for a second under the street lamp you think you

recognize his face. Maybe not. You turn back, checking to see if he's that guy from your class, but he's already on his way back toward the arboretum.

For a patroller on graveyard, the night lasts forever once a week. He's been taking short naps all day to get his body rested enough to spend six hours of an eight hour shift on his feet, walking through whatever weather the night decides to drop on him, and spending two of those eight hours "resting" and acting as dispatcher. An hour of sleep here, a half-hour after dinner. "Make sure I'm up by the time the news comes on," he tells his roommate before crashing at 9:00 p.m. He has a hard time falling asleep so early in the evening, but he knows

that if he doesn't get sleep, he'll be hurting tonight. It's a good job, and usually he only has to work the grave not more than once a week. Thing is, he has to gauge the weather before going to work - he has to know how cold it's going to be and if it will rain. Even with one of the large blue Gortex patrol jackets, a light rain can make the graveyard shift pretty miserable. All night long, a few blue shirts are watching and listening outside in the dark. It's a particularly odd time to be on patrol, because after about 2:00 or 3:00, no one's outside: but things happen between 3:00 a.m. and dawn that don't happen during the day. Bikes get stolen, cars get broken into, parties get out of hand. Most times, things are pretty quiet, but it's a deceptive kind of quiet, and that blue shirt has to keep his eyes and ears alert every second he's out patrollina.



SECURITY is everywhere, but often unseen and unnoticed.

For most of the night, the all over, checking certain locked, calling in to the december of everything he seems and the checks it at 1:30 a.m.

anything. But still, he's alone when he's patrolling from one e time to time the dispatch over his radio. It keeps h look forward to his routi telling her exactly when flashlight, just in case, bi and dark for hours in the to think too much. Can't the job he has to do. He h he sees, and even a fa street lamp needs to be right away. When he w the doors, he has to have Warner Field is unlock can go unnoticed. He's l one night a week for a few been doing something li

He's standing right not tonight is broken by his to know where he is. So along Union, down 11th The other patroller say might have done some danow fleeing. As he hear

notices things that are

CAMPUS

by Aaron Cummings

we shirt is alone, walking s to make sure doors are when to keep an accurate hat's out of the ordinary. An office light is on in door is propped open when t blue shirt doesn't miss

on an area check or while campus to another. From oice breaks in with static mpany: he even starts to lls to the dispatcher, just is. He carries a heavy en he's walking in the cold of the night, he tries not is mind get distracted from concentrate on everything prinkler or a burned out orted so it can be repaired by Warner Gym to check eyes to see if the gate to lothing out of the ordinary working the grave at least rs now, and when a person's at for that long, he really

Iones Circle. The silence
Another patroller wants

r has been tearing around
hen northbound on Alder.

thinks the speeding vehicle
to a student's car, and is

r explaining this over the

ite right.

radio, he sees the car turn from Alder, now traveling east on 13th. Security's patrolling vehicle rolls by, its driver listening to the entire conversation over the radio. He hurries down to Alder, and disappears down 13th, just in case.

These patrollers realize they're not police. If something unfortunate happens on campus and the perpetrator

flees off school grounds, they

LONELY STREETS make long nights for security services.

don't have the authority to follow. Instead, their effectiveness lies in the painstakingly accurate descriptions and logs of what exactly happens, so that if the police actually catch someone speeding away from the UPS campus, then Security Services here has a record of what the perpetrator might have done.

Turns out this time the speeding car didn't do any damage to anything. Nothing really happened, but that's a good thing.

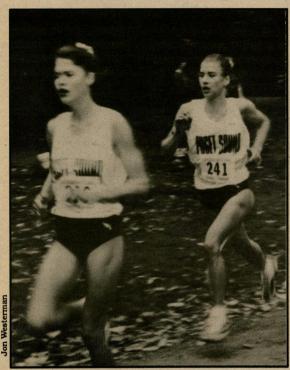
In spite of the cold and rain and darkness of the graveyard shift, the time alone makes the blue shirt feel pretty calm. His mind is clear, walking quickly from 11th and Lawrence to 18th and Alder, up by the President's house, through the arboretum, across Union to the Greek houses. He hears some bottles being smashed, and he checks around to make sure no property damage has been done. He heads down Washington a ways, then back on 11th toward the Fieldhouse. He's thankful for the street lamps that light the ground in places.

The blue shirt that just passed you under the street lamp

probably doesn't see anyone on campus after 2:30 a.m. He knows there are others like him around, and he'll see them whenever he sees them, perhaps stopping briefly to talk about how the night's going. But mostly, he's walking alone. He looks at his watch, calls the dispatcher to check in, then looks up for a moment at the moon, almost full. He's thankful it's so clear tonight. Rain can really make a graveyard shift pretty miserable.

The day before had seen pretty good weather, and when the sun fades into the deep black and round yellow of the night, when the moon is almost full and the comforting street lamps shine brightly, the blue shirts are still walking and watching and listening hard to our little pocket—world, between 11th and 18th, between Alder and Washington. Every night the colors from the sky and the ground and our brick and ivy buildings disappear, leaving the blue shirts to walk around by themselves, and to be thankful for our sake that tonight's a pretty slow night.

10 Sports Cross Country runs strong at Sundodger



ANDREA BOITANO runs a tough race.

Loggers make good showing at invitational with the major universities

BY CHARLOTTE BLISS Sports Editor

The UPS Cross Country team paced alongside the major universities at the Sundodger Invitational last weekend at Lincoln Park in Seattle.

Men's cross country came in fourth place among colleges behind University of Washington,

Portland and Nebraska.The women also crossed the finish line fourth overall behind Washington, Michigan and Nebraska.

The Loggers continue to display talent, despite its small school status.

women's race, freshman Dana Murray turned in the Loggers best time of 17:46, putting her in 12th place overall. Beth

Robbins was the next UPS runner to come in with the time of 18:12, placing 29th overall.

The Logger women won the competition among the NAIA schools scoring 110 points. Simon Fraser strided to second place in the NAIA division with 173 points.

Junior Jon Westerman turned on the burners to finish in a competitive time of 26:04, which put him in 24th place overall. Senior Ahman Dirks was right on his heels, finishing in 25th place with the time 26:05.

Greg Fox ran a quick race for the Loggers, grabbing 36th place in

Next week the Loggers travel to

University of Eugene, Oregon to run in the Jeff Drenth Memorial Cross Country Meet sponsored by Oregon Track Club and Nike.

The Loggers will compete with the elite at Alton Baker Park on Saturday.

Only the top ten women runners and the top eight for men will travel to Eugene for the

The event will highlight the best talent in the NCAA Division I cross country in the Northwest.

Coaches Sam Ring and Joe Peyton expect another showcase of Logger talent when the team is again matched up with the major universities.

Facing the likes of Oregon, Washington, Baylor, Idaho and Washington State, UPS Cross Country is gearing up for an outstanding competition.

The women's 5K race is slated

for a 10:00 a.m. start. The men's 8K race will begin soon after at 10:45 a.m.

Preparations for Conference Championship on Oct. 21 in Bellingham are being made, as well as the Pacific Northwest Regional on Nov. 4.

Team members agree that the stringent practices held by Coach Ring and Coach Peyton have truly helped them compete at a higher level.



SENIOR AHMAN DIRKS captured 25th place overall at Sundodger Invitational.



MARC O'CONNOR of Out for Blood fends off members of the Hui-O-Hawaii team.

Out for Blood out of town, forfeit championship game

BY JASON JAKAITIS Contributing Editor

Hung Jury was awarded the intramural flag football crown on Sunday, Oct. 8 after their opponent, Out for Blood, decided to forfeit the championship game due to unforseen cicumstances.

Hung Jury, the Seattle Univeristy Law School team, coming off a perfect 4-0 regular season, had defeated We'll Decide Together, another previously undefeated team, to earn a spot in the championship game.

Out for Blood, cruised to a 33-13 victory over Hui O Hawaii in the semifinals to garner a spot against Hung Jury in the finals.

When spectators arrived at the intramural field at 4:00 p.m. to watch Out for Blood and Hung Jury battle it out for the title, they were surprised to find out the game could not actually be played.

Coincidentally, a number of players from Out for Blood, had tickets to the Mariners game that

Short of few players, Out for Blood was forced to forfeit the championship game, with theknowledge that they are campus champions, not overall champions.

Intramural playoffs continue through this week with the championship soccer game on Thursday, Oct. 17 at 4:00 p.m.

LOGGER

Men's Soccer: Oct. 14 Simon Fraser U. @ Burnaby, B.C. 2:00 p.m. Oct. 16 Hawaii Pacific U. @ UPS 4:00 p.m.

Women's Soccert Oct. 14

Seattle U. @ Seattle 11:00 a.m. Oct. 15 Simon Fraser U. @ UPS Burnaby, B.C. 12:00 p.m.

Football: Oct. 14 Lewis & Clark College @ UPS

1:30 p.m.

Volleyball: Oct. 13 Central Washington U. @ UPS 7:00 p.m. Oct. 14 Lewis & Clark State College @ UPS 7:00 p.m.

Oct. 17 Simon Fraser U. @ UPS 7:00 p.m.

Cross Country: Oct. 14 Jeff Drenth Memorial @ Alton Baker Park Eugene, OR 10:00 a.m.

Men's soccer succumbs to division foe

BY BERIT WINGE Staff Writer

It was a long, uphill battle for the UPS men's soccer team on Sunday at Baker Stadium. Fighting against a nationally ranked team, the Loggers played hard but weren't able to overcome Seattle University's solid defense.

UPS played Seattle U. to a 1-1 tie up until the last ten mintues of the game when Seattle U. scored twice.

The Loggers' only goal of the game came from freshman forward Scott Moore. Moore broke away from Seattle U.'s defense and was able to give UPS a 1-0 lead early in the first half.

Moore's goal for the Loggers is his sixth of the season. Derik Mills has scored three goals this season. Jason Alexander, Chris Kennedy and sophomore Joe Campbell each have two.

Despite the quick front line, it was Seattle U.'s defense that dominated in the end. The final score was 3-1. Regardless of the loss, coach Reece Olney continues to be pleased with the team's improvement.

One of the biggest shows, however, was not found on the field. Decked out in soccer jerseys and face paint, the fans heckled Seattle U. with noisemakers, screams and insults.

In a perverse form of school spirit, these fans certainly added to the level of excitement in the game.

The next home game is on Oct. 16 at 4:00 p.m. versus Hawaii Pacific University.

PNWAC League Standings

	W	L	T
Simon Fraser	5	0	0
Seattle U.	5	1	0
Evergreen	3	3	0
Central WA	1	3	0
Western WA	1	4	0
Puget Sound	1	5	0



UPS SOCCER started the season with four straight wins. Coming off a series of losses, the team hopes to regain the momentum felt at the beginning of the season.

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Logger volleyball sweeps through weekend tourney

It was an incredibly grueling weekend on Oct. 6-7 for UPS volleyball at the Western Oregon State Invitational in Monmouth, Oregon as the nationally ranked #2 Loggers went undefeated through four matches each on Saturday and Sunday to take the tournament title.

The Loggers opened with a tough challenge from Azusa Pacific University, who proved to be pesky before going down in three games, 15-11, 8-15, 15-5. The next matches against Albertson College and Linfield College proved to be easier, as Puget Sound defeated each opponent 15-8, 15-7 and 15-8, 15-12, respectively. In the nightcap, Willamette University took the first game 15-9 but the Loggers came back and took the next two games 15-5, 15-5, to complete the first day.

Puget Sound picked up where they left off on Sunday morning as they easily dispatched Concordia and Linfield College, both by scores of 15-6, 15-9. As the semi-finals approached, so did a rematch with Azusa Pacific. But the Loggers produced similar results, winning the best of five series 8-15, 15-10, 15-3, 15-4. The championship match proved not to be as tough of a challenge as the Loggers made quick work of host Western Oregon State 15-5, 15-6, 15-12.

A pair of huge matches await this weekend as Central Washington comes to town tomorrow, but the big

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The Japan Exchange and Teaching (JET) Program is sponsored by the Japanese government and seeks college graduates from all majors to serve for one year in Japan as Assistant Language Teachers (ALTs) or as Coordinators for International Relations (CIRs). Applicants must be receiving a a BA or BS by June 30, 1996. Japanese language ability is equired for CIR applicants, but is not necessary for ALTs. For further information and to request an application for the 1996 JET Program, please contact:

JET Program Office

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Recruiter will be on campus for the Career Fair:
Oct. 19, 1995 – contact the Academic & Career Advising Office (756-3250).



match will occur Saturday as #4
ranked and undefeated Lewis-Clark
State comes to town in the biggest
conference match so far this season.

—Micah Rice

Egans picked Player of Week

Andrea Egans' leadership and skill lead her team to victory in the Western Oregon State Tournament and also was chosen as the PNWAC and Regional Player of the Week and All-Tournament Team performer.

A senior outside hitter from Hillsboro, Oregon, Egans continues to storm the court with her outstanding skill.

—Charlotte Bliss

First quarter woes continue for gridders

Allowing three touchdowns in the first quarter alone, the Loggers lost 52-6 at Central Washington U. on Saturday. The first play of the game was a 58-yard touchdown pass to Wildcat E.J. Henderson.

The Loggers were out-scored in every quarter.

Logger quarterback Chris

Schlecht was unable to play due to a sore shoulder.

Ian Crossland started for the Loggers and tossed a 2-yard touchdown to Greg Lockett in the second quarter for the Loggers' only score.

The Loggers are looking for their first win of the season this Saturday versus Lewis and Clark College at Baker Stadium at 1:30 p.m. This will be the Loggers' first game in the Mt. Hood League.

The Loggers defeated the Lewis and Clark Pioneers last year 28-21.

—Charlotte Bliss

nen's socc

Women's soccer ties Central Washington

The Loggers played to a scoreless draw in Ellensburg on Oct. 7 against Central Washington as super goaltending by Jennifer Mark and Gayle Baker helped keep the Wildcats off the board.

The result was the first draw since a 0-0 standstill in the season opener against Hawaii-Pacific. The tie moves the Loggers' overall record to 3-8-2, and 0-3-1 in conference.

The Loggers will hit the road again this weekend, travelling north to face Seattle U. on Friday and Simon Fraser on Saturday.

-Micah Rice

Goals Galore

Intramural update

Volleyball Co	ed A	WLT
W.		JJ & Power Team 3 3 0
Sideout 1 8		Sigma Alpha Eps. 2 2 1
	. 2	We Got Skillz 1 2 2
Hui-O-Hawaii 5		Fighting Fish 0 6 0
Upside Down Birds 3		
Eye of the Tiger 1		Playoffs:
Albin Gang 1		Oct. 12 4:00 p.m.
		Betas vs. Sigma Alpha Eps.
Volleyball Co	od R	Oct. 12 5:00 p.m.
voneyban Co	ea D	Goals Galore vs. JJ & Power Team
Great Ginkos 7	1	Championship game (played by the
Court Jester 5	3	winners of the playoff games)
Wadey 5	3	Oct. 17 at 4:00 p.m.
Moonlight Mafia 4	4	
PT/OT Studs 2 4		Coed Soccer
Hardballs 3	5	Baggio Magic 3 1 0
PT/OT Studs 1 3		A/Liens 3 1 0
Anthromorphics 1	7	Hui-O-Hawaii 1 3 1 0
4		Hui-O-Hawaii 2 3 1 0
Men's Soco	er	Goals Galore 2 2 2 0

Welcome Back Students!

Sigma Chi

Gammu Nu



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letters to the editor

Librarian finds latest Trail unsatisfactory

Editors of the Trail,

I have read the Trail for almost the last ten years and I must tell you, the last issue which had a front page, headline story about whether to select cheap or expensive beer for all night drinking, finally brought this publication down to depths never before realized. Is there nothing important happening on this university campus that would be more suitable for front page coverage?

This is the same issue that contained the unsigned, back page "poem" about women and their chemical analysis. Who is responsible for this poetic gem? Would you feel just as free to put down African Americans and joke about "nappy hair" and the stereotype of their "sense of rhythm" as you were joking about breasts, menstruation and stereotyping women as bimbos who care only about monthly water weight gain? Could it be that your name was left off intentionally because you are too embarrassed to be associated with the piece? In my mind's eye, it is a small group of giggling junior high boys, half excited and half repulsed by the idea of "girls."

Even though you may try to hide blatant sexism under the guise of a satire page, it is still offensive and hurtful bigotry. As a librarian, I abhor the idea of censorship and believe whole-heartedly in the First Amendment and your right to print whatever you wish; however, a university newspaper may be the wrong medium or forum for your juvenile expressions. Instead of publishing them in the Trail and dragging the university down to your level, next time express your adolescent whimsy where it belongs: on the walls of the boys' bathroom.

Does anyone on the staff have experience putting together a newspaper or any idea of what a good college paper looks like? Even picking up some of the award-winning high school papers in this area, such as the Peninsula High School Outlook or The Academy Times of Charles Wright Academy would help give you some idea of journalistic quality. Is the Trail in its present state the kind of newspaper you want to represent an increasingly prestigious university? It's time to turn this journalistic decline around. It's not too late to take some journalism classes, take pride in your university and begin to publish a worthwhile college newspaper.

Donna Bachmann Collins Library

Editor's Note-To allay fears that the Combat Zone is the product of male chauvinism, the Trail would like to inform the campus that this year's Combat Zone Editor is female. Also, it is common Trail policy for stories that appear in this section to be published under fictitious bylines or none at all.

Campus staff questions purpose of weekly 'rag'

Dear Trail "Editors,"

I would like to start by saying that I use the term "editor" in the loosest sense of the word since there is nothing in the Trail to indicate that any actual "editing" takes place. That

With all that is going on, both on campus and off, the most pressing news story that the paper had to offer was the "tough decision" of whether to buy expensive or cheap beer on a Saturday

having been said, I must ask what purpose the Trail serves the university community other than providing amusement to other universities' journalists who see this as the best that the "Harvard of the West" has to offer. The Trail has long been seen as a "rag" paper and the last issue proves that the reference is not un-

With all that is going on, both on campus and off, the most pressing news story that the paper had to offer was the "tough decision" of whether to buy expensive or cheap beer on a Saturday night. It then closed with a satire on women which made Playboy look progressive. I firmly believe in freedom of speech and fully expect to see that kind of drivel in Hustler or on Geraldo but I also believe in journalistic integrity which I find blatantly lacking in the Trail. It's sad that a quality liberal arts university of the caliber of the University of Puget Sound is unable to produce a quality news-

Sincerely, Shelley Stevens Staff - Collins Library

Solutions to diversity issue not appreciated

Dear Editor,

I was sitting down reading the Trail, enjoying the articles when my eyes came upon Carrie Siegel's article, "Solutions offered for crowded, white campus." As a minority on campus, I am always interested in hearing what other students think about the diversity issue. Although I found the majority of the article to be entertaining, my reaction to the last three paragraphs was quite the opposite. I was sickened to hear a very important issue such as diversity on campus to be treated in such a sarcastic, insensitive and unintelligible way. If this writer doesn't understand what it means to be a minority on campus, maybe she should keep her biased, ill-formed opinions to herself until she gets the

...there is a fine line between making a point about an issue and offending the reader.

truth. Sure I realize that this is an opinion, and that people can say anything they want in a newspaper, but there is a fine line between making a point about an issue and offending the reader. I was offended because not only does her opinion express the stereotypical narrow-mindedness of a student who doesn't care to know the facts, but it insults the work that students, staff and faculty members put into making this campus aware and open-minded. Opinion or not, her comments about racial diversity were very inappropriate in a newspaper that reflects the members of this university.

Dianna Latorre

Video game movies destined for failure

BY JAMES CONOVER Opinions Editor

Lately a rash of movies based on video games has been overtaking movie theaters across the country. I find this disturbing, as it is ripping at the moral fiber of civilization as we know it (don't I sound smart?).

Why are people fascinated with these movies? What makes them appealing (if anything)? Who goes to these movies, anyway? Why do I always write articles about things that really aren't that important? I don't know, but keep reading. Trust me, it'll be funny.

The whole video game movie thing started a few years ago with the movie Super Mario Brothers,

If you have any sense at all you won't waste a nickel on a video game movie, unless you find it fun to sit next to a bunch of loud-mouthed brats.

and has since progressed to Double Dragon, Street Fighter, and most recently Mortal Kombat.

Super Mario Brothers was a big flop (sometimes I wonder if I'm the only person who ever saw that movie...), and Double Dragon never even made it to theaters. Street Fighter was kind of mediocre at the box office. Mortal Kombat, however, was a big hit. I'm pretty sure the success of Mortal Kombat will bring us a slew of new video game movies, probably based on fighting games like the last two have been.

So who goes to see these video game movies, anyway? I'll tell you who. The most obnoxious brats I've ever encountered at a theater in my life. My God, I couldn't even believe it at Street Fighter. These three kids sitting in front of me thought it was incredibly funny to ask everyone in the theater this hilarious question, "Do you have a limo?" Since I messed with them back and gave them wise-ass responses, they bugged me the whole time.

When the movie was over, my friend and I hunted them down and beat them within an inch of their lives. Nah. just kidding about that last part. What I'm getting at is that the majority of the people at these movies are jerky little kids. Here, let me give you another example.

At Mortal Kombat, the kids behind me felt like they had to call out the name of which-ever fighter was on screen. "Oh! Sub Zero! Oh! Kano! Oh look, that's Raiden!" was all I heard the whole time.

When these characters would do "finishing moves" on each other, they would go "Ooooooooh! Yeeeeeeah, baby!" I can appreciate the fact that these kids were having a good time at the movies, but come on. Shut up and sit down, ya brats, that's what I say.

After I saw Mortal Kombat, I got to thinking about the appeal of these game movies. I have decided that the only reason anybody sees these movies is so they can see if they're just like the games. This is why Super Mario Brothers and Street Fighter did so badly. The movies were nothing like the real games.

I'm sure the directors did this on purpose, since they probably wanted to put a little bit of creativity into their films. Too bad, guys, it didn't work. People want the same old thing over and over again, and if it isn't the same, people hate it.

You're probably asking yourself, "Where's the opinion in this article, anyway?" Well, here it comes. Ya ready? I think video game movies are an absolute waste of time. They all suck. Mortal Kombat was mildly entertaining, but only because it had a few decent martial arts moves in it. The others had absolutely no value whatsoever.

So kids like 'em, so what? They liked the Teenage Mutant Ninja Turtle movies, too. They're morons. If you have any sense at all you won't waste a nickel on a video game movie, unless you find it fun to sit next to a bunch of loudmouthed brats. That's all I have to say about that.

question of the veek

Who is your favorite professional wrestler and would he make a good lecturer at UPS?



"The Great Muta because he possesses the Japanese ideals." -Sam "The Baker Man" Chan



"Randy 'Macho Man' Savage. I don't know how good a lecturer he would be but he has a devastating elbow smash." -Ed "Hog Farmer" Hauck



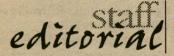
"Tugboat because he has all the qualities of a real-life tugboat captain. It has always been my dream to be a tugboat captain."

-Kent Crawford

October 12, 1995

student addictions

Hi! my name is Jane Trendy and I am an addict. It all started so innocently; a mocha here and there, a call to Pizza Time on the weekend, e-mail once or twice a week...but then it started to progress faster and faster, out of my control. I bought an espresso punch card: I started eating two or three bagels a day; and, I started to...<choke>...Netscape. They



knew my name and favorite milkshake flavor down in the Cellar, and I got my second credit card. It all came crashing down on me when I found myself curled up in a ball with the latest J. Crew catalog, whimpering, "Khakis or chinos? Wheat or Oatmeal?" Even Jane, the voicemail lady, was no solace. "You have no messages in your mailbox," over and over again. I knew I needed help.

Um...hello? Welcome to the life of the average college student living on campus. Addictions like these are a part of all of our lives, and we accept it, with no good reason not to. The school and surrounding businesses know that college students make up a formidable part of the consumer community in Tacoma and use that, rely on it, prey upon it. But should we so easily accept this fact? Should we charge for a VAX account, taking into consideration how much work doesn't get done because of it? Should we ask VISA not to send us applications for credit cards, knowing that so many college students fall deeply into debt? Should we boycott pizza companies that offer student specials because they prey on our abilities as consumers? Should the proposed SUB coffee shop be scrapped due to the adverse medical effects that caffeine can induce? Of course not!

Sure, there are students who are logged onto the VAX for eight or twelve hours a day (we know who you are), and there are the select few who frequent Shari's often enough to be on a first name basis with the staff (Hi Janet!). But for most students, "addictions" aren't a problem, but merely a diversion

Granted, not all addictions are so harmless. We are still young and there is a lot our bodies will recover from, but among the social drinkers and the occasional users are the alcoholics and the drug addictspeople whose lives are controlled by their addictions. There are people among us with eating disorders, there are compulsive shoppers, gamblers and others with obsessive-compulsive disorders. These people need our concern and attention, but most of us do alright with our mochas and pesto bagels. It's not a problem. These so-called addictions are not addictions as much as they are survival devices and ways to relax after a long week at the grind. So sit back, relax, pull up a chair and a 75 point tall mocha, and call yourself an addict. Addicted to the good life.



University supports Media plagues modern society

BY MICHAEL FARMER Staff Writer

Picture the symbol of America, the bald eagle. Imagine the glorious bird flying high over the pastoral waters of a northern lake, looking for a trout on which to snack. Now imagine, if you will, a close-up view. Its feathers are falling out; its beak is cracked; its talons are dull or missing and there is an oozing sore on

This eagle is America. The bird can still catch food, and in time heal itself, but the wound on its neck is a malignant sore, spreading toxins throughout the bird's system. This wound is the media.

The media: a bastion of constitutionally guaranteed freedom, or so our Founding Fathers thought. A peaceful weapon with which to expose breaches of democracy from behind the safety of the First Amendment. One of the great promised freedoms of democracy, the media is now our slow wasting disease.

The news media no longer has protecting democracy as its highest goal. The goal now is ratings. High ratings grab high paying commercials, and that means money.

Every morning I watch the news, usually CNN, to get an idea of what is going on out in the world. Tuesday began like every other morning as I sat down on the couch and turned on the television, only this morning was different. Tuesday was the day in which the jury on the Orenthal J. Simpson trial was going to announce a verdict.

A little bit of news coverage was reasonable, after all Simpson is a famous man. But I found to my great dismay, that there was no news coverage of anything on CNN, a supposedly reputable news channel, besides the trial. No world news, no national news and no Wall Street report. I flipped through all of the channels, looking for the morning news, and there was none. Just the Simpson trial.

Why does the O.J. trial get so much attention?

Because our bastion of democracy decided that it was worth a lot more rating points to show a raciallycharged trial than it was to show the important things happening in the

What it all comes down to is this: O.J. means nothing in our world. He is a bygone football player and a lousy actor. Yet, since he was accused of murdering two white folk

in a city now famous (due to the media) for racial conflict, the trial got what Bosnia, Washington DC and Wall Street were denied: all-day media coverage.

So Simpson was not guilty. What means more to America, budget compromises to avoid shutting the country down for a day, or a poorly run and over-hyped trial? So O.J. might have killed two people, but how many Bosnians died in the time it took the news helicopters to show us O.J.'s drive home?

The news media no longer has protecting democracy as its highest goal. The goal now is ratings. High ratings grab high paying commercials, and that means money. In order to attract American viewers who are increasingly being desensitized, buzz words like "exclusive interview," "gruesome footage" and "shocking story" are being used. The media have gauged America well, and they know there is nothing more exciting for the masses than a bunch of Christians being eaten by an overgrown house cat.

Why are the news media neglecting their most important task by showing the American public these reports of police brutality, gang rape and terrorist bombings?

Because these stories are a smoke screen for the real criminals in our country, the politicians and their bed-

The real power brokers in this country know that there will not be a people's revolt to remove a police chief who runs a neo-nazi police force, just as there will not be a revolt to remove a president who sleeps around.

Yet, if the people knew about the blatant abuse of democracy that occurs every day on "The Hill," there might be a general outcry. So a lot of white noise is made about riots, racial murders and radical fringe groups in order to drown out any stories of real importance.

An even worse effect of the media is that they produce distrust of the government and its laws. The people no longer trust the police, the medical system, the IRS, the FBI, or the CIA to do anything right.

Anyone who came forward with the truth would be automatically discredited due to the well-run campaign to remove any respect for the agencies which help run the United

So, the news media has failed Mr. Hamilton, Mr. Washington, Mr. Jefferson and everyone else who worked and compromised so long ago so that their progeny would have a strong and healthy country in which to live. Part of the eagle's immune system has become corrupted. The disease of the media has mostly destroyed the rest of the immune system, and has allowed infections of the most serious sort to take hold of the American body.

w Trail

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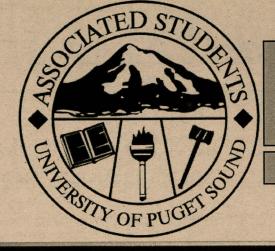
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University of Puget Sound, 1500 N. Warner, Tacoma, WA 98416. internet: TRAIL@ups.edu



ASUPS PAGE

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A Cappella Ensemble

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Great Hall

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You've played the rest, now play the best...

The UPS drinking game, for serious drinkers only

(oh wait, we're at UPS!)

One drink per:

- * user on VAX doing "mail"
- * bird in the flocks in Jones circle
- * minutes the sprinklers run after it rains (two per minute if it's raining)
- * roaming security guard (two if they're in a patrol car)
- * blue Plant dept. van or truck
- * new intercom style phone
- * new and/or improved SUB product
- * toll of the bells (for the duration of the bells)
- * rock, tree or shrub dedicated to someone
- * 10 year old on a dirtbike
- * dog on campus
- * hacky sacker (one per hacker and a drink for the circle)
- * skateboarder
- * "outsider" using the campus as a park
- * obscenely drunk underclassmen (drink with them!)

Chug for each:

- * ethnically diverse student or professor (declare a toast to yourself if you are ethnically diverse)
- * woman professor in the science department
- * Alma Mater butchered by the bells
- * soggy field
- * power surge, for the duration of the surge
- * Pizza Time delivery man

Helpful hints:

- * For best results, play in groups of three or more.
- * Must be played with mugs (it's environmentally friendly that way)
- * If you walk past a security guard, wait until they are out of range to say, "Security guard, DRINK!"
- * Feel free to add your own rules (ie: no saying any form of the word "drink," no pointing, no talking, etc)

And as always, the legal drinking age in Washington is 21. Don't drink and drive.

CAUSE OF CANCER OF THE WEEK:

W Trail

MISTY GRAY THE SORORITY GIRL AND THE SEVEN FRATERNITY BOYS

A story for your enjoyment

BY MAD LIBBY Staff Psycho

Once upon a time, at a small university named (name)
, there lived a fair damsel named Misty Gray.
Misty Gray was a very (adjective) girl who
liked to (verb) and hang out with her so- rority sisters. One (adjective) night, Misty Gray
rority sisters. One (adjective) night, Misty Gray
and her sisters received an invitation to a (noun)
at the neighboring fraternity. The sisters
dressed in their finest (plural noun) and
headed to the fraternity with (plural noun)
in their eyes. When the sisters arrived at the fraternity, the brothers
greeted them with the warmest (type of greeting)
and led them into the interior of the house. The
(noun) was playing loudly and the dance floor
was filled with many (plural noun) Misty Gray soon found herself surrounded by seven nice fraternity boys named
soon found herself surrounded by seven nice traternity boys named
(adjectives),
,
, and One of the
seven boys was particularly smitten with the beautiful Misty Gray
and asked her to (verb) with him. Misty
Gray blushed at the attention she was receiving and politely (verb
past tense) the brother's proposal. Soon, the
two were engaged in a rousing game of (noun)
Meanwhile, the other six brothers were getting very (adjective)
, for they too found Misty Gray extremely (adject-
tive) The six brothers decided to (verb)
the happy couple. The brothers plotted and fi-
nally decided that a (noun) would be the best
course of action to get Misty Gray's attention. The six brothers
(verb) up to the (type of room)
where Misty Gray and the seventh brother were
(verb+ing) They burst through the (noun)
and caused such a (noun)
that Misty Gray and the seventh brother were quickly (adjective)
The six brothers (verb past tense) wick-
edly and the air was filled with (nouns) Misty
Gray and the seventh brother (verb past tense) from
the (place) with the six other brothers following
(adverb) After (verb+ing)
for what seemed blocks, the couple (verb past tense)
to catch their (noun) . Misty Gray, fed up with the
to catch their (noun) Misty Gray, fed up with the current (noun), decided to take matters into her own
(body part)
(body part) When the six brothers rounded the (noun),
Misty Gray was waiting for them with (noun)
in hand. She looked the six brothers in the (body part)
and quickly proceeded to (verb) them until the broth-
ers (verb past tense) Having thwarted the (adjective) brothers, Misty Gray turned to her com-
popion and said "(phrasa)
panion and said "(phrase)" They gazed into each other's (body parts) and walked
gazed into each other's (body parts) and walked
(body part) in (body part) into the
moonlight. Misty Gray and the brother lived happily ever after

jobs with their (adjective)

securing (adjective)

degrees.