

The Fast, Luminous Ultraviolet Transient AT2018cow: Extreme Supernova, or Disruption of a Star by an Intermediate-Mass Black Hole?

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ABSTRACT

Wide-field optical surveys have begun to uncover large samples of fast ($t_{\text{rise}} \lesssim 5\text{d}$), luminous ($M_{\text{peak}} < -18$), blue transients. While commonly attributed to the breakout of a supernova shock into a dense wind, the great distances to the transients of this class found so far have hampered a detailed investigation of their properties until now. We present photometry and spectroscopy from a comprehensive worldwide campaign to observe AT 2018cow (ATLAS18qqn), the first fast-luminous optical transient to be found in real time at low redshift. Our first spectra (< 2 days after discovery) are entirely featureless. A very broad absorption feature suggestive of near-relativistic velocities develops between 3 – 8 days, then disappears. Broad emission features of H and He develop after > 10 days. The spectrum remains extremely hot throughout its evolution, and the photospheric radius contracts with time (receding below $R < 10^{14}$ cm after 1 month). This behaviour does not match that of any known supernova, although a relativistic jet within a fallback supernova could explain some of the observed features. Alternatively, the transient could originate from the disruption of a star by an intermediate-mass black hole, although this would require long-lasting emission of highly super-Eddington thermal radiation. In either case, AT 2018cow suggests that the population of fast luminous transients represents a new class of astrophysical event. Intensive follow-up of this event in its late phases, and of any future events found at comparable distance, will be essential to better constrain their origins.

1 INTRODUCTION

The development of sensitive, wide-area digital optical sky surveys has led to the discovery of populations of rare, luminous extragalactic transients that evolve on timescales of just a few days—much faster than typical supernovae, whose light curves are governed by the decay of ^{56}Ni within a massive envelope and typically take weeks to months to fade. Many of these have been reasonably well-explained by known phenomena: shock-breakout flashes from supernovae (e.g., Ofek et al. 2010; Shivvers et al. 2016; Arcavi et al. 2017), early emission from relativistic supernovae (Whitesides et al. 2017), or the shockwave afterglows from gamma-ray bursts (Cenko et al. 2013, 2015; Stalder et al. 2017; Bhalerao et al. 2017).

Other objects are more mysterious, however, and still lack a convincing explanation or firm spectroscopic identification. In particular, populations of optical transients with luminosities comparable to or exceeding those of the most luminous core-collapse supernovae, but rise times of only a few days, have been reported by a variety of different surveys (Arcavi et al. 2016; Drout et al. 2014; Tanaka et al. 2016; Pursiainen et al. 2018; Rest et al. 2018). Nearly all of these events (dubbed fast-evolving luminous transients by Rest et al. 2018) were found at great distances ($z > 0.1$) where they are difficult to study. Furthermore most were not recognized as unusual events in real time, preventing the acquisition of essential follow-up observations. The few spectra that are available tend to show only featureless blue continua. Because of their origins in star-forming galaxies these transients are widely interpreted as supernovae, but strong constraints are lacking.

Fortunately, our ability to find and identify fast transients continues to improve, and several surveys are now monitoring almost the entire sky at cadences of a few days or less. The Asteroid Terrestrial-impact Last Alert System (ATLAS; Tonry et al. 2018) observes most of the visible Northern sky down to 19 mag every ~ 2 nights. The Zwicky Transient Facility (ZTF; Kulkarni 2018) observes a similar area to 20.5 mag every 3 nights, and a significant fraction of it at much higher cadence. ASAS-SN (Shappee et al. 2014)

monitors both hemispheres nightly to ~ 17 mag. With these capabilities, it is now possible to find and identify transients in (almost) real time over most of the night sky.

In this paper, we present a detailed observational study of the first fast high-luminosity transient to be identified in the nearby universe in real time: AT 2018cow, discovered by the ATLAS survey and independently detected by ZTF and ASAS-SN. We present our extensive, worldwide observational campaign in §2, focusing on observations at ultraviolet, optical, and near-infrared wavelengths (the multiwavelength view of this transient will be discussed separately in future work by Ho et al.) We summarize the key properties of this event in §3, and illustrate the ways in which AT 2018cow is distinct from any well-established class of transient in §4. In §5 we consider two possible explanations for its origin: a jet-driven supernova erupting into a dense envelope of circumstellar matter, or alternatively the tidal disruption of a star around an intermediate-mass black hole located in a small galaxy’s spiral arm. Both models have significant difficulties explaining the full suite of observations, and our observations suggest that the origins of fast luminous transients may be significantly more exotic and complex than previously assumed. We summarize our results and examine future directions in fast-transient research in §6.

2 OBSERVATIONS**2.1 Discovery and Pre-Imaging Constraints**

AT2018cow¹ was discovered and promptly announced via the Astronomers Telegram (Smartt et al. 2018) by ATLAS. The first detection of the transient was an image taken at 2018-06-16 10:35:02 UT (MJD 58285.441), appearing as a

¹ The name of this transient was assigned automatically by the Transient Name Server (<https://wis-tns.weizmann.ac.il/>). It was later redesignated SN2018cow following the emergence of broad features in the spectrum, although we argue here that a SN association is not definite and retain the AT designation. The transient is also known as ATLAS18qqn and as ZTF18abcfcoo.

strikingly bright (14.76 ± 0.10 mag in the ATLAS o -band) optical source coincident with the galaxy CGCG 137-068 ($z = 0.0141$, $d = 60$ Mpc²). The preceding ATLAS observation of the field, four days earlier (MJD 58281.48), registered no detection of any transient object at the same location to a magnitude limit of $o > 19.5$ mag, implying brightening by almost 5 mag within this period. Independent imaging by the Palomar 48-inch telescope (P48) as part of the ZTF public Northern Sky Survey later moved the time of last non-detection one day closer, to only three days before the first ATLAS detection ($i > 19.5$ at MJD 58282.172; Fremling 2018). The ASAS-SN non-detection reported by Prentice et al. 2018 ($g > 18.9$ at 58284.13) provides an even tighter constraint: a rise of > 4.2 magnitudes over < 1.3 days.

A fast rise to a very high optical luminosity ($M < -19$ mag) is unusual for supernovae but similar to cosmological fast-transients of the types discussed in the introductory paragraph. Motivated by these unusual characteristics, we initiated a campaign of observations via the GROWTH (Global Relay of Observatories Watching Transients Happen) network, a world-wide collaboration of predominantly small telescopes co-operating in the study of energetic time-domain phenomena. We also observed it under other telescopic programs. Our observing campaign is described in detail below.

2.2 Ground-Based Imaging Observations

Nightly imaging observations were acquired with the Infrared-Optical imager on the robotic Liverpool Telescope (LT; Steele et al. 2004) in both optical (IO:O) and near-infrared (IO:I) bands. We typically observed with the full suite of available filters ($uBgVrizH$) although on some nights a more limited set was obtained. We also obtained frequent imaging from a variety of other facilities. These include the CCD imager on the Mount Laguna Observatory (MLO; Smith & Nelson 1969) 1m telescope, the EMCCD demonstrator camera on the Kitt Peak 84-inch telescope (KP84), ANDICAM on the 1.5m telescope at the Cerro Tololo Interamerican Observatory, the Himalayan Faint Object Spectrograph Camera (HFOSC) on the 2-m Himalayan Chandra Telescope (HCT), the COATLI 50-cm Telescope (Watson et al. 2016) at the Observatorio Astronómico Nacional in Sierra San Pedro Mártir, and the Reionization and Transients Infrared instrument (RATIR; Butler et al. 2012; Watson et al. 2012) on the 1.5-meter Harold L. Johnson telescope (also at San Pedro Mártir). Observations were taken less regularly with the 0.4m (SLT) and 1.0m (LOT) telescopes at Lulin Observatory in Taiwan, the MITSuME 50 cm telescope of Akeno Observatory in Japan, and with the Wide-Field Infrared Camera (WIRC) at the Palomar 200-inch Hale Telescope. Finally, a single epoch of deep r -band imaging was acquired using the Auxiliary Port Camera (ACAM) on the William Herschel Telescope.

Images were reduced using standard methods. A dithered sequence of NIR frames was not available for the ANDICAM NIR images and simple pair subtraction was used to remove the sky.

Host galaxy contribution to the transient flux is not

insignificant (especially at late times; Figure 1). We used a custom image-subtraction tool written in IDL to remove the host galaxy flux from all ground-based optical images consistently by convolving both the transient image and a template image to a common PSF. Imaging from the Sloan Digital Sky Survey (SDSS; Abolfathi et al. 2018) was used to subtract the $ugriz$ measurements. For non-SDSS optical filters ($UBVRI$) we averaged two adjacent filters: e.g., to simulate a B -band image we took a weighted average of the aligned u and g images. The relative weights for each synthetic filter were estimated based on the relative magnitude weights from the Lupton transformation equations.³

Host subtraction for the NIR images is more challenging: the only available pre-explosion reference is the Two Micron All Sky Survey (2MASS), which is shallow and has a very broad PSF. We instead used an SDSS z -band image, but adjusted the flux scale visually to ensure that the extended features of the host galaxy are removed. Photometry was performed uniformly on the subtracted images using a custom IDL-based aperture photometry tool. Calibration of the field was established by comparison of stars in unsubtracted images to SDSS (or, for NIR images, to 2MASS). SDSS $ugriz$ magnitudes of calibration stars are transformed via the Lupton equations to $BVRI$.

The transient is very blue compared to any other object in the field: for example, the transient $u - g$ colour is typically ~ -0.4 for most of its evolution, compared to a range between $+1.48$ and $+3.04$ for bright stars within $5'$. This greatly magnifies the impact of small differences between filter transmission curves for different telescopes (and other wavelength-dependent transmission differences), leading to offsets between different instruments.

colour terms for the LT optical filters have been determined by Smith & Steele (2017). We colour-corrected SDSS reference stars in the field to the LT system, setting the zero-point of the transformation as appropriate for an AB colour of 0.0 in all filters. We then re-calculated the magnitudes of a series of SDSS bright reference star magnitudes using a set of LT exposures taken under the best weather conditions, and used these as secondary standards for the photometry of all LT images (we employ aperture photometry via a custom routine and seeing-matched apertures.) An additional minor adjustment was made to the B filter (-0.05 mag) to match our spectrophotometry (§2.6). For all other telescopes, we calibrated directly to the SDSS magnitudes, but applied an additional offset to each filter based on comparison of its light curve to the interpolated LT curve.

A subset of our photometry is presented in Table 1, and the light curves are plotted in Figure 2.

2.3 Swift Observations

Observations of AT2018cow using the Neil Gehrels Swift Observatory (Swift; Gehrels et al. 2004) began at MJD 58288.442. Data were collected with both the Ultraviolet-Optical Telescope (UVOT; Roming et al. 2005) and the X-ray Telescope (XRT; Burrows et al. 2005). The transient was well-detected in both instruments (e.g.,

² We assume $h = 0.7$, $\Omega_M = 0.3$, $\Omega_\Lambda = 0.7$.

³ <http://www.sdss3.org/dr8/algorithms/sdssUBVRITransform.php>

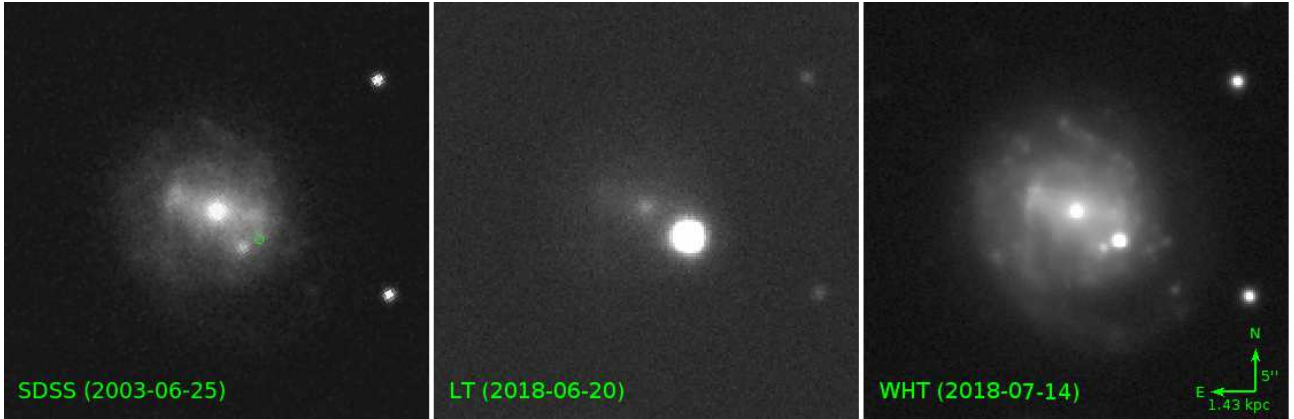


Figure 1. Pre-explosion imaging of AT2018cow from the Sloan Digital Sky Survey compared to imaging with the Liverpool Telescope taken shortly after peak and deep later-time imaging from the William Herschel Telescope. The transient is significantly brighter than its host galaxy at peak. The galaxy itself shows a barred morphology and weak spiral features, one of which underlies the transient. A point-source located at the galaxy nucleus is likely to be a weak AGN, while a fainter compact source slightly southeast of the transient is likely an H II region. No point source lies under the transient itself (position designated by a green circle in left panel), and there are no obvious merger indicators.

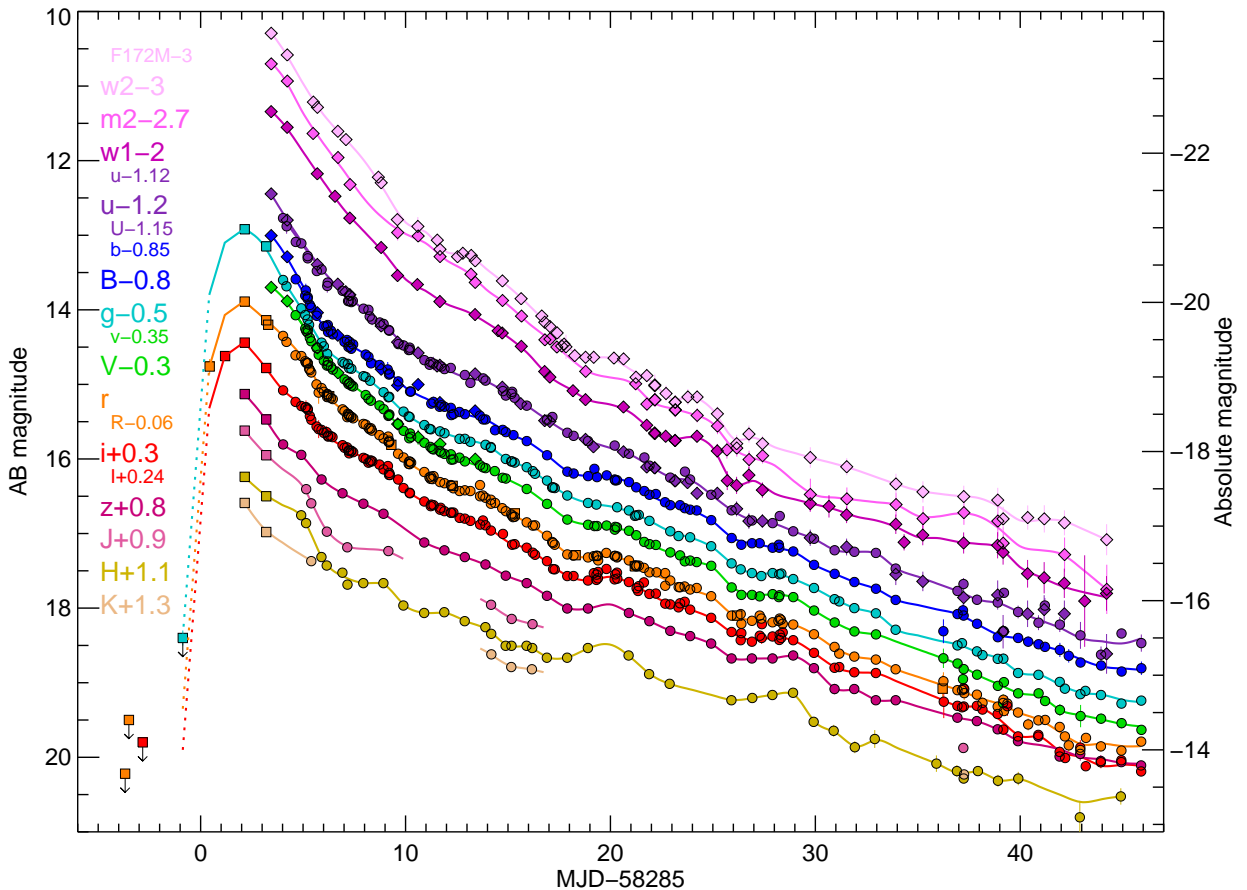


Figure 2. Multi-band light curves of the ultraviolet, optical, and near-infrared transient AT2018cow. Small offsets have been applied to the filters for clarity (shown at left). The offsets for the R , I , and U bands, and of the Swift optical filters, have been chosen to align them with the closest optical bands. Only the earliest ZTF and ATLAS observations show a rise: from the first epoch of follow-up the transient fades monotonically with time and experiences no subsequent rise in any band, except for short-lived 1–2 day flares in the near-IR. The coloured curves show a non-parametric interpolation of the observed points in each filter. The line segments on the rise show a simple linear interpolation or the early transient based on available ATLAS, ZTF, and ASAS-SN data assuming no colour evolution. Circles show our ground-based data, diamonds show space-based data, and squares indicate photometric measurements from the literature.

Table 1. Early photometric observations of AT 2018cow from our campaign. No correction for Galactic extinction has been applied. A machine-readable table of all 949 photometric data points will be made available online.

MJD	Instrument	Filter	AB magnitude
58288.4416	Swift/UVOT	w1	13.34 ± 0.05
58288.4421	Swift/UVOT	u	13.57 ± 0.05
58288.4426	Swift/UVOT	b	13.86 ± 0.04
58288.4442	Swift/UVOT	w2	13.29 ± 0.06
58288.4448	Swift/UVOT	v	14.05 ± 0.05
58288.4464	Swift/UVOT	m2	13.40 ± 0.05
58289.0227	LT/IO:O	u	13.97 ± 0.03
58289.0234	LT/IO:O	g	14.10 ± 0.03
58289.0241	LT/IO:O	r	14.35 ± 0.03
58289.0248	LT/IO:O	i	14.78 ± 0.03
58289.0255	LT/IO:O	z	15.01 ± 0.03
58289.1889	KP84/KPED	g	14.18 ± 0.03
58289.1901	KP84/KPED	r	14.43 ± 0.04
58289.1963	KP84/KPED	U	14.03 ± 0.10
58289.2229	Swift/UVOT	w1	13.55 ± 0.03
58289.2246	Swift/UVOT	u	13.92 ± 0.05
58289.2263	Swift/UVOT	b	14.14 ± 0.04
58289.2281	Swift/UVOT	w2	13.58 ± 0.03
58289.2298	Swift/UVOT	v	14.23 ± 0.04
58289.2331	Swift/UVOT	m2	13.63 ± 0.05
58289.6299	HCT/HFOSC	R	14.67 ± 0.03
58289.6336	HCT/HFOSC	I	15.00 ± 0.03
58289.6365	HCT/HFOSC	V	14.37 ± 0.03
58289.6397	HCT/HFOSC	B	14.39 ± 0.03
58289.6434	HCT/HFOSC	U	14.24 ± 0.03
58289.9081	LT/IO:I	H	15.66 ± 0.03
58289.9131	LT/IO:O	z	15.15 ± 0.03
58289.9136	LT/IO:O	i	14.99 ± 0.03
58289.9142	LT/IO:O	r	14.62 ± 0.03
58289.9147	LT/IO:O	g	14.48 ± 0.03
58289.9154	LT/IO:O	u	14.31 ± 0.03
58290.1050	LT/IO:O	B	14.61 ± 0.03
58290.1061	LT/IO:O	V	14.55 ± 0.03
58290.1071	LT/IO:O	r	14.69 ± 0.03
58290.1082	LT/IO:O	g	14.57 ± 0.03
58290.1093	LT/IO:O	i	15.01 ± 0.03

Rivera Sandoval & Maccarone 2018) and remained so for the entire monitoring period discussed in this paper.

Raw UVOT images were processed by the pipeline provided by the *Swift* Data Center at the Goddard Space Flight Center (GSFC). The reduced level 2 sky images were downloaded for photometry. We used the software package `uvot-source` and an aperture radius of 3'', chosen to minimize the contamination from the extended host galaxy. The final photometry output from `uvot-source` was corrected for aperture loss using the curve-of-growth method.

The background was computed from an off-target sky region without any other sources using an aperture radius of 10''. The image frames were visually inspected and frames with large pointing smearing were thrown away. For a small number of frames with slight PSF smearing, we used an aperture radius of 5''. For frames with astrometric errors, we manually provide the correct centroids as the input to `uvot-source`.

As the UVOT PSF is stable, we subtracted off the estimated host galaxy contribution to the UVOT PSF in flux space rather than via image subtraction. In the *ubv* filters,

the subtraction fraction was estimated based on comparison to ground-based photometry in the same filters. The UV filter host corrections were scaled relative to the *u*-band using the host SED model (Section 3.5).

The flux within the Swift aperture becomes dominated by host galaxy light in the *b* and *v* filters after about 10 days, and after this period we do not use Swift photometry from these filters. This is not a concern in the *u*-band and the UV filters, which are dominated by transient flux at all phases.

The XRT data were analyzed using an automated reduction routine following the techniques of Butler & Kocevski 2007 and binned to increase the S/N. We assume negligible host contamination (although we note that the galaxy likely hosts an AGN; §3.1).

2.4 Astrosat Observations

AT2018cow was observed by the UltraViolet Imaging Telescope (UVIT; Kumar et al. 2012) on-board AstroSat on 2018-07-03 from 13:45:58 UT to 19:54:12 UT (ToO). These observations were performed in the FUV F172M filter with a total exposure time of 5667 seconds. Images were pre-processed with UVIT L2 pipeline. Aperture photometry was performed using IRAF using an 18-pixel (7.5'') aperture, and calibrated following the calibration procedure mentioned in Tandon et al. (2017).

2.5 Other Photometry

In addition to our own photometry we also acquire data from public sources. In particular, we use the early GROND observations (Chen & Schady 2018)⁴ to extend our multicolour optical-NIR coverage to earlier times: we caution that these observations are not host-subtracted or colour-corrected and the aperture size is unknown, although the transient was extremely bright at this time (~ 14 mag) and the host contribution should be negligible. We also use the ATLAS photometry from Smartt et al. (2018), *r*-band data from the Palomar 48-inch telescope taken as part of the public ZTF Northern Sky Survey, the ZTF *i*-band point reported by Fremling (2018), and the ASAS-SN limit from Prentice et al. (2018). As these come from imaging-differenced surveys, no host correction is necessary.

2.6 Optical and Near-IR Spectroscopy

We conducted an extensive campaign to spectroscopically monitor the evolution of the transient at high cadence. Spectroscopic observations began at MJD 58287.268 (1.82 days after the first ATLAS detection, making this the earliest spectrum obtained of the transient that has been reported so far), and continued at least nightly and usually 2–3 times nightly during the first 12 days after peak. Sub-night cadence during this period was enabled by observations using spectrographs in California, the Canary Islands, and

⁴ The same observations were also presented in Prentice et al. (2018), but these show much greater scatter about the thermal power-law. We use the values in the ATEL report, which show better agreement with our early spectroscopy.

India: specifically, the SED Machine (SEM) on the Palomar 60-inch Telescope (Blagorodnova et al. 2018), the Spectrograph for the Rapid Acquisition of Transients (SPRAT; Piasek et al. 2014) on the Liverpool Telescope, and the Himalayan Faint Object Spectrograph Camera (HFOSC) on the the Himalayan Chandra Telescope.

Additional spectra were obtained less regularly and at later phases using larger telescopes: the DeVeny spectrograph at the Discovery Channel Telescope (DCT), the Andalusia Faint Object Spectrograph and Camera (ALFOSC) on the Nordic Optical Telescope (NOT), the Double-Beam Spectrograph (DBSP; Oke & Gunn 1982) and the Triple-Spec near-infrared spectrograph on the 200-inch Hale Telescope, the Gemini Multi-Object Spectrograph (GMOS) on Gemini-North, and the Low-Resolution Imaging Spectrograph (LRIS; Oke et al. 1995) at Keck Observatory. A log of all spectroscopic observations can be found in Table 2, and all spectra are plotted in Figure 3.

LT/SPRAT and P60/SEDM data were processed by automated reduction pipelines designed for each facility⁵. The LPipe reduction pipeline⁶ was used to process the LRIS data. Reductions for the remaining spectrographs were performed manually using standard IRAF tools.

After initial reduction and flux calibration, all spectra were absolutely calibrated by comparing synthetic photometry of the spectrum to photometry from our imaging data. The absolute flux scale is established by comparing synthetic r -band photometry calculated from each spectrum to our (true) r -band photometry, interpolated to the appropriate epoch. To correct for imperfections in the calibration related to atmospheric attenuation or wavelength-dependent slit losses, we next colour-correct the spectrum by comparing a synthetic $g-r$ colour to the true photometric $g-r$ colour, and warping the spectra by a $e^{-1/\lambda}$ correction factor.⁷ Since the spectra unavoidably include some host-galaxy light, we re-add an estimate of the host galaxy flux within the slit to the photometry (estimated given the size of the slit and using our host-galaxy model; §3.5) prior to the photometric correction, and subtract the host galaxy model after correction.

3 DISCUSSION

3.1 Environment and Pre-Explosion Constraints

The transient lies on the sky coincident with the catalogued galaxy CGCG 137-068, an unremarkable dwarf spiral galaxy showing a faint bar and spiral arms (Figure 1). Two sources are present within the SDSS and PS1 pre-imaging: a reddish point source at the galaxy nucleus (likely a weak AGN) and a compact, but not truly pointlike, source approximately $1.9''$ east-southeast of the transient (probably an HII region). AT 2018cow is located far from the centre of the galaxy ($5.9''$

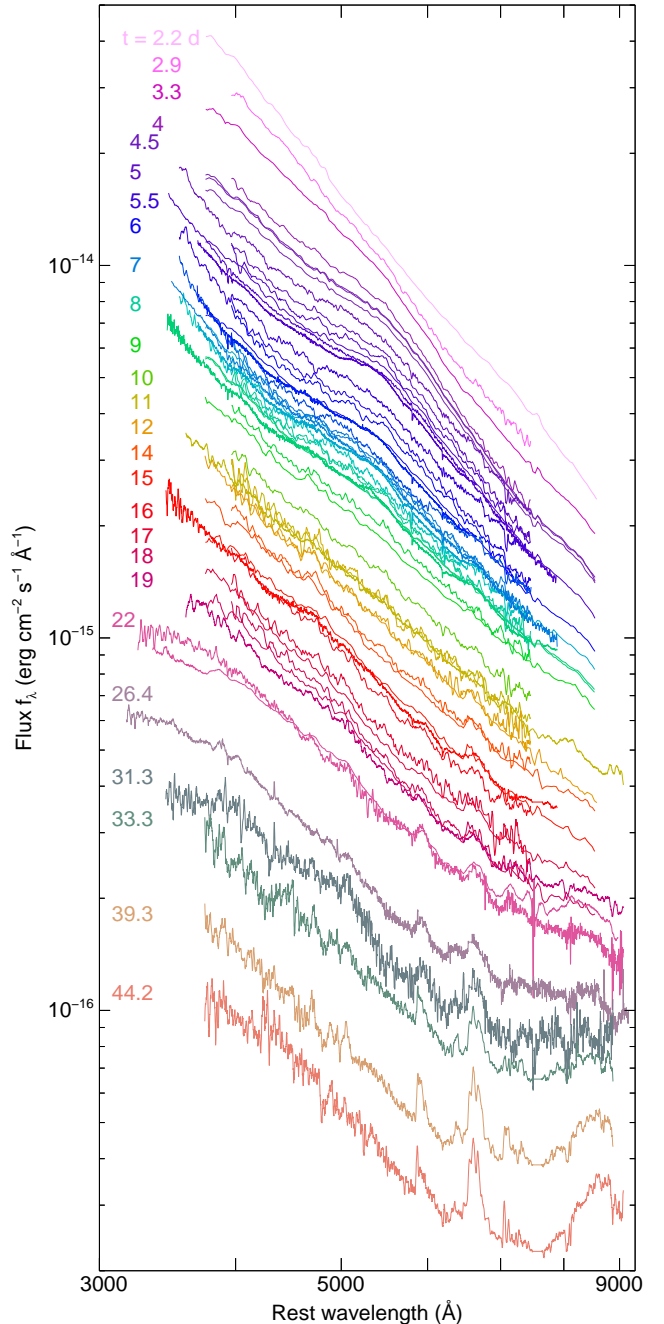


Figure 3. Our full sequence of spectroscopic observations of AT2018cow. Numbers indicate the time in days since MJD 58285; between days 4–22 they indicate approximate times. No scaling has been applied: the relative offsets are due to the intrinsic, steady fading of the source. (The $t = 31.3$ d spectrum has been slightly scaled for clarity.) We interpolate over host narrow features and (when not corrected) over the telluric A+B bands. Obvious spectral features develop only at late times, although a very broad, blue dip is visible in all spectra between 4–8 days post-explosion.

⁵ The SEDM pipeline is described at <http://www.astro.caltech.edu/sedm/Pipeline.html>; the SPRAT pipeline is a modification of the pipeline for FrodoSpec (Barnsley et al. 2012)

⁶ <http://www.astro.caltech.edu/dperley/programs/lpipe.html>

⁷ The colour correction was typically quite small: <0.1 mag in nearly all cases.

Table 2. Log of spectroscopic observations of AT 2018cow. Times are relative to the reference epoch of MJD 58285.

MJD	t (d)	Exp. (s)	Telescope	Instrument
58287.268	2.268	1600	P60	SEDM
58287.949	2.949	300	LT	SPRAT
58288.341	3.341	1600	P60	SEDM
58289.000	4.000	180	LT	SPRAT
58289.191	4.191	1600	P60	SEDM
58289.211	4.211	1600	P60	SEDM
58289.350	4.350	1600	P60	SEDM
58289.651	4.651	900	HCT	HFOSC
58289.946	4.946	180	LT	SPRAT
58290.097	5.097	450	LT	SPRAT
58290.196	5.196	2500	P60	SEDM
58290.261	5.261	250	DCT	DeVeny
58290.353	5.353	300	P200	DBSP
58290.327	5.327	1800	Gemini-N	GMOS
58290.618	5.618	1200	HCT	HFOSC
58291.020	6.020	450	LT	SPRAT
58291.224	6.224	2500	P60	SEDM
58291.276	6.276	4800	P200	TripleSpec
58291.337	6.337	1800	Gemini-N	GMOS
58291.636	6.636	1000	HCT	HFOSC
58291.939	6.939	240	LT	SPRAT
58292.027	7.027	450	LT	SPRAT
58292.145	7.145	180	DCT	DeVeny
58292.181	7.181	2500	P60	SEDM
58292.374	7.374	1800	Gemini-N	GMOS
58292.648	7.648	1200	HCT	HFOSC
58292.955	7.955	300	LT	SPRAT
58293.018	8.018	450	LT	SPRAT
58293.182	8.182	2500	P60	SEDM
58293.212	8.212	2500	P60	SEDM
58293.288	8.288	1800	Gemini-N	GMOS
58293.821	8.821	1200	HCT	HFOSC
58293.892	8.892	300	LT	SPRAT
58294.182	9.182	2500	P60	SEDM
58294.656	9.656	1200	HCT	HFOSC
58294.989	9.989	300	LT	SPRAT
58295.894	10.894	240	LT	SPRAT
58296.017	11.017	600	NOT	ALFOSC
58296.103	11.103	450	LT	SPRAT
58296.913	11.913	240	LT	SPRAT
58297.245	12.245	2500	P60	SEDM
58297.349	12.349	1800	P200	TripleSpec
58298.722	13.722	1800	HCT	HFOSC
58298.916	13.916	240	LT	SPRAT
58299.212	14.212	2500	P60	SEDM
58299.766	14.767	2400	HCT	HFOSC
58300.180	15.180	2500	P60	SEDM
58300.389	15.389	900	Gemini-N	GMOS
58300.622	15.622	2400	HCT	HFOSC
58300.896	15.896	240	LT	SPRAT
58301.990	16.990	600	LT	SPRAT
58302.275	17.275	2500	P60	SEDM
58302.908	17.908	360	LT	SPRAT
58303.180	18.180	2500	P60	SEDM
58304.000	19.028	900	NOT	ALFOSC
58307.034	22.034	900	NOT	ALFOSC
58307.301	22.301	1200	P200	DBSP
58311.397	26.397	1800	Keck I	LRIS
58316.345	31.345	600	P200	DBSP
58318.295	33.295	1200	Gemini-N	GMOS
58324.300	39.300	1800	Gemini-N	GMOS
58329.254	44.254	1800	Gemini-N	GMOS

or 1.7 kpc from the nucleus), and no point or pointlike source is visible at the location of the transient itself. Forced photometry on a median filtered PS1 image limits any contribution from an unresolved source to $g > 22.2$, $r > 22.3$, $i > 21.9$: more than 8 magnitudes below the transient at peak.

Additionally, we checked for evidence of pre-explosion variability in both the Catalina Real-Time Survey and iPTF archives. We found no evidence for any previous outbursts from the location of the transient.

3.2 A Fast, Consistently Blue Transient

Light curves of the transient, assembled by our worldwide telescope network, are shown in Figure 2. The photometric properties alone exhibit several remarkable features unprecedented for any other extragalactic transient observed at this level of detail.

As we have already noted, the rise time is very fast. Comparing the ATLAS o discovery magnitude (which is dominated by r flux for this blue transient) to the GROND r magnitude indicates a rise from half-max of only 1–2 days. The ASAS-SN g -band limit suggests an explosion time of no more than 1 day prior to the discovery observation, giving a total time from explosion to peak of between 2–3 days.

The transient is extremely luminous at peak ($M_r \sim -19.9$ or $M_g \sim -20.4$). This is more luminous than any core-collapse supernova with the exception of a small fraction of Type IIn and superluminous supernovae, both of which exhibit very long rise and decay times.

The fading, like the rise, is quite rapid. The time to decline to half of its peak flux is only about 4 days, and there is no subsequent rise to a second, radioactively powered peak: the light curve fades monotonically (except in the NIR, which exhibits minor but significant fluctuations on timescales of 2–3 days). By around 25 days post-discovery the transient has a luminosity ($M_r \sim -16$) well below that of a typical core-collapse supernova at the same phase.

Finally, the colour is extremely and persistently blue. In early observations the colours are close to the Rayleigh-Jeans power-law limit, indicating a thermal origin with a spectral peak far into the UV (§3.4). Hot, blue early phases of supernovae are common (shortly after shock breakout and before adiabatic losses have cooled the ejecta), but AT 2018cow retains a high temperature for a remarkably long period: after a month, the optical colours are bluer than most SNe are even in their earliest phases and it remains well-detected in all UV filters.

3.3 Spectral evolution

The behaviour seen in the spectra is also unprecedented. The earliest spectra in our sequence (Figure 4), sampling close to the peak time of the transient, show only a hot and smooth continuum: they are particularly lacking in emission or absorption features, except for weak emission from host galaxy H α (not shown in our figures since we interpolate over the host narrow lines). There is no sign of any flash-ionized emission features (e.g., Gal-Yam et al. 2014; Yaron et al. 2017; Khazov et al. 2016).

Beginning around MJD 58299 (day 4 on our plots), a single, extremely broad feature begins to emerge in all of

our spectra and in our photometry. If interpreted as an absorption trough, its centre is at approximately 4600 Å with a full-width of 1500 Å. It is vaguely reminiscent of the Fe II feature seen in broad-lined Ic supernovae around peak light (e.g. Galama et al. 1998), a resemblance that led to early suggestions of a Ic-BL classification (Xu et al. 2018; Izzo et al. 2018). Simultaneously with the emergence of this feature, a very bright radio/submillimeter afterglow was detected (de Ugarte Postigo et al. 2018; Bright et al. 2018; Dobie et al. 2018) which—at the time—seemed to seal the Ic-BL association and led to anticipation that these features would strengthen and a supernova peak would emerge shortly in the light curve.

This is not what happened: while the feature strengthened slightly between days 4 and 5, from then on it began to dissipate and by day 8 it had vanished entirely, returning to a largely featureless blue continuum (Perley et al. 2018).⁸

Very different evolution sets in after this time. First, a weak and moderately-broad (full-width ~ 200 Å; $v \sim 10000$ km/s) emission feature centred at ≈ 4850 Å begins to emerge: it is difficult to recognize because spectra during this period are of low quality owing to the presence of the nearly-full moon, but is seen consistently in both the LT and the SEDM spectra on days 9, 11, 12, and 14 (Figure 5). Its most likely interpretation is He II $\lambda 4686$. The line fades thereafter, but a variety of other lines of similar velocity width and offset begin to appear between 20–30 days. Emission features of He I $\lambda 5876$ and He I $\lambda 5015$ are clearly visible starting at ~ 15 days, along with emission from H α (in a blend with He I $\lambda 6678$), H β , H γ , H δ , and a blend of several higher Balmer lines. All of these lines are significantly and consistently offset to the red by about +3000 km/s at the time of first detection. However, over the subsequent 10–20 days the profiles evolve blueward, developing a “wedge” shape: the peak (which often contains a weak narrow component) is very close to the rest-frame wavelength, with a steep fall towards the blue and a very gradual one towards the red (Figure 6). Additional lines, including He I $\lambda 7065$, weak Ca II $\lambda 7291, 7324$, and (possibly) O I $\lambda 6300, 6363$ also begin to emerge at later times (> 30 days), along with a very strong, broad upturn between 8000–9000 (also visible in the photometry as a z-band excess).

3.4 Physical Properties

To characterize the early SED, we first construct coeval sets of photometry by performing a nonparametric interpolation of the light curve for each filter (the same procedure was used in the g and r bands to colour-correct the spectroscopy; Section 2.6). Galactic extinction is corrected using the Fitzpatrick (1999) attenuation curve and $E_{B-V} = 0.07$ (Schlafly & Finkbeiner 2011). We assume no extinction in the host galaxy.

The early SEDs are unambiguously thermal. The UVOIR slope ($F_\nu \propto \nu^\alpha$) during the first epoch is $\alpha = 1.2 \pm 0.1$ as measured between the u and the z bands: close to the Rayleigh-Jeans $\alpha = 2$ and inconsistent (in particular) with synchrotron emission, which exhibits $\alpha = 0.33$ below the peak

frequency and -0.5 to -1.25 above it (e.g., Sari et al. 1998). The colour of the transient becomes gradually less blue as time passes, but it remains effectively thermal throughout, with the peak (in νF_ν) remaining in the UV at all times.

To characterize the evolution of the photosphere, we fit a Planck function to the UV-optical data at the time of each UVOT epoch. A single Planck function fits the UV and most optical filters well at essentially every epoch, but underpredicts the NIR fluxes after a few days; it also cannot explain the persistent “dip” seen in the uBg filters in several early optical observations (Figure 7). We thus exclude the uBg filters from the fits, and add an additional red component to the model. The form of this red component is not well-constrained by our data (our light curve coverage in the NIR is very incomplete outside the H -band). We tried both a second blackbody and a power-law; we obtain acceptable fits to most bands for a blackbody with a constant, low (~ 3000 K) temperature and a power-law with spectral index ($F_\nu \propto \nu^\alpha$) of $\alpha \sim -0.75$. We prefer the power-law model: a warm blackbody is not well-justified theoretically (the observed temperature is too hot to be easily explained as dust, although similar red components have been seen in some SNe; e.g., Kangas et al. 2016), whereas a synchrotron power-law of $\alpha \sim 0.5 - 1.0$ is expected given the bright radio afterglow (and an extrapolation of the flux to the millimeter band provides reasonable consistency with reported millimeter fluxes). The z-band at late times shows strong excess relative to either model and is excluded from our final fits. We fix the spectral index at $\alpha = -0.75$ for all epochs.

Results are plotted in Figure 8 and listed in Table 3. At peak, the object is very hot (30000 K) and already quite large in size, with an inferred radius of almost 10^{15} cm. This implies fast ejecta: given the ASAS-SN pre-explosion limit, the time of the first SED was only ~ 4 days after the initial explosion time and thus the expansion speed must exceed $> 0.1c$. This would be consistent with the very broad possible absorption feature observed at early times, and with the bright multiwavelength counterpart.

Surprisingly, after this initial rise no further expansion is inferred: the photospheric radius *declines* continuously throughout our observations. This is extremely unusual for a supernova: normally, the photosphere expands with the expanding material in the early, optically-thick phases.

The temperature initially declines with time, as expected for most explosive transients. However this parameter, too, begins to exhibit unusual evolution at later epochs: after 20 days the temperature curve levels off and in subsequent epochs it actually *increases*. The significance of this increase is dependent on the SED model (and in particular the treatment of the red excess) and on the UV host subtraction procedure, but the temperature is, in any case, still extremely high more than a month after peak light.

The bolometric luminosity of the transient decays in a remarkably simple fashion similar to a power-law in time. Setting $t=0$ to our reference epoch of MJD 58285, the temporal index ($F \propto t^\alpha$) is $\alpha \sim -2.5$, steeper than but not remarkably different from the classical $-5/3$ expected for TDEs and similar accretion-powered events.

We have plotted the luminosity of the two fitted components (the thermal peak and the possibly non-thermal red component) separately in the top panel of Figure 8; the non-thermal component is integrated only at $\lambda > 1000$ Å.

⁸ A discussion of the purported spectral features recently claimed by Prentice et al. (2018) can be found in the Appendix.

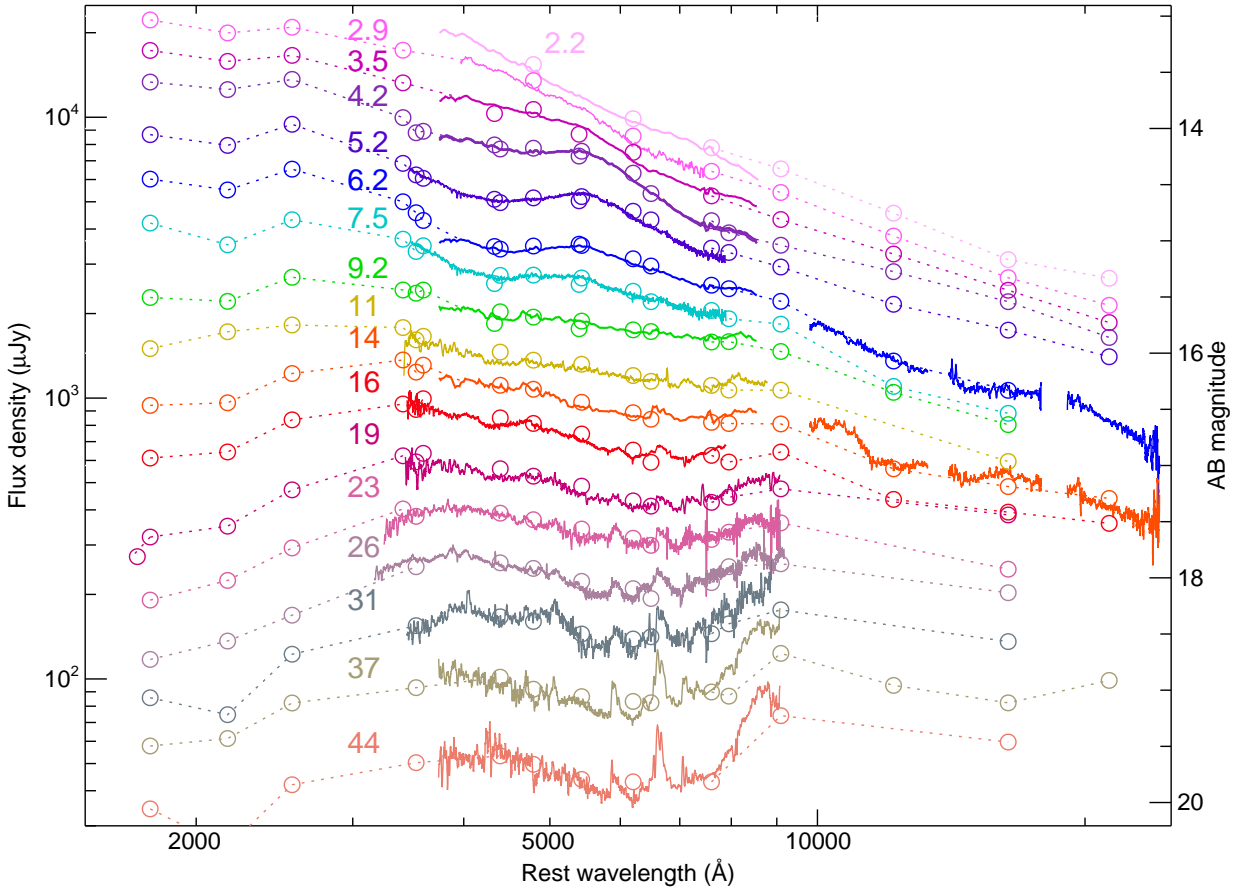


Figure 4. Spectral energy distribution (in f_ν) sequence of AT2018cow from the UV to the NIR, with selected spectra overplotted. (The closest high-quality spectrum to each photometric reference epoch is shown, rescaled by a constant factor to match the absolute flux level). The spectrum is initially (days 2–3) hot and featureless. A broad absorption feature develops in the UV/blue region of the spectrum starting around day 4, but disappears again by day 9. Narrower features begin to emerge after > 10 days, and the NIR bands become dominated by a red SED component that peaks around 10000 Å. Our photometry and spectroscopy show good consistency (except in z-band at late times). In particular, both show the early, broad spectral feature between 3500–5500 Å.

The non-thermal flux shows a similar average decay as the X-ray (supporting the notion that it arises from a physically distinct region from the thermal emission) but does not show the same strong temporal variations (see also Rivera Sandoval et al. 2018), so it is not clear whether they truly represent the same component. However, the red bands do show much greater variability than the bluer filters at early times: this is best illustrated by an apparent *i*-band bump at 20 days visible in Figure 2. (Unfortunately, this event coincided with the only gap in LT coverage during the first month, so we lack *H* and *z* photometry to confirm its origin.)

3.5 Host Galaxy Properties

To characterize the host galaxy in more detail, we gather multi-wavelength photometry from UV to NIR. We use photometry from the NASA Sloan Atlas, which includes both optical photometry from the Sloan Digital Sky Survey (SDSS; York et al. 2000) and UV photometry from the Galaxy Evolution Explorer (GALEX; Martin et al. 2005) using the `elpterosian` aperture flux (Blanton et al. 2011). We also perform our own photometry using images from the

Pan-STARRS 3pi survey (Kaiser et al. 2010), the Two Micron All-Sky Survey (2MASS; Huchra et al. 2012) and the Wide-field Infrared Survey Explorer (WISE; Wright et al. 2010).

We fit the broad-band spectral energy distribution using `LePhare` (Ilbert et al. 2006) and correct photometry for foreground extinction before fitting the SED. We determine the stellar mass and star-formation rate (Figure 9) as in Taggart et al. (in prep). We derive a stellar mass of $M_* = 1.42^{+0.17}_{-0.29} \times 10^9 M_\odot$ and a total star-formation rate of $\text{SFR} = 0.22^{+0.03}_{-0.04} M_\odot \text{ yr}^{-1}$.

These properties suggest a star-forming dwarf spiral similar to the Large Magellanic Cloud. Its mass is smaller than the majority of galaxies that produce core-collapse supernovae, but well within the distribution. While clearly star-forming, the galaxy is not particularly young nor is it undergoing a notable burst of star-formation.

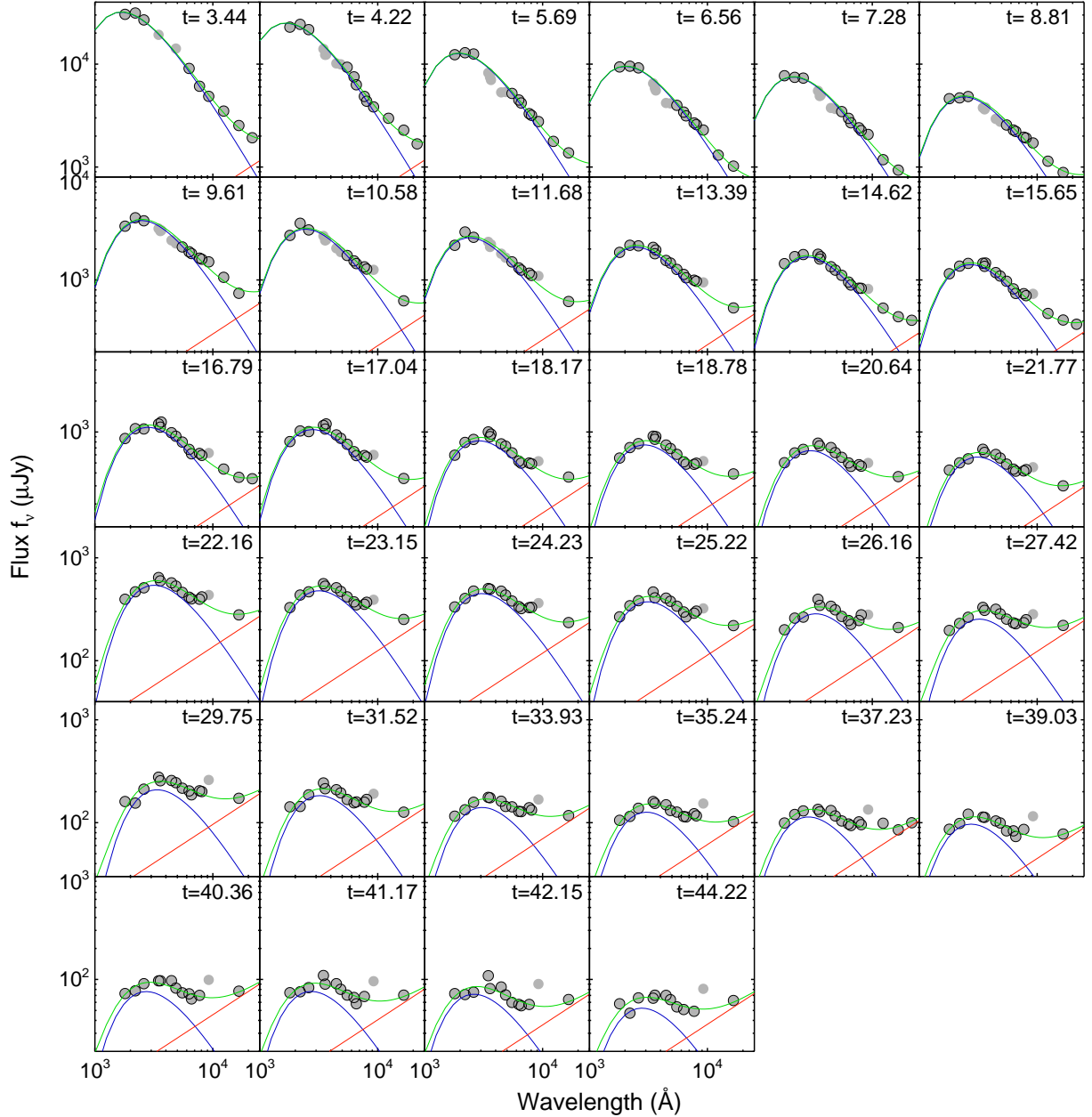


Figure 7. Blackbody fits to the photometry. The SED is reasonably well-fit by a blackbody (blue curve) at every epoch and shows only gradual cooling with time. A second component (red curve) is needed to fit the excess flux apparent in the NIR.

colour information and they are 1–2 mag fainter at peak, although the pre-peak UV-optical colour of PTF 09uj and the single-epoch colours of KSN-2015K suggest that these transients were indeed similarly blue.

None of these transients have been characterized in detail, although the few spectra that exist are generally featureless (PTF 09uj exhibited weak, narrow emission lines of hydrogen.) All were found in star-forming galaxies offset from their host nuclei.

The rate of fast, blue transients was estimated from the Pan-STARRS sample (Drout et al. 2014): they measured a value of 4–7% of the core-collapse supernova rate, equivalent

to 1 per year within a radius of 40 Mpc. Given this rate, it seems credible that one might be detected at 60 Mpc in the first few years of high-cadence all-sky observations by ATLAS or ZTF. (Conversely, given the detection of an event this close within ATLAS/ZTF, it would be surprising if similar events were *not* present in PS1 and other surveys.)

For these reasons, we argue that AT2018cow is very likely related to the population of fast, blue, luminous transients seen by PS1 (and also by DES and HSC; Pursiainen et al. 2018; Tanaka et al. 2016). Earlier studies almost universally attributed these transients to supernovae undergoing shock breakout into, or interaction with, a dense

Table 3. Photospheric parameters derived from a combined synchrotron+blackbody fit to the UV-optical-NIR data.

MJD	L (L_{\odot})	R (AU)	T (kK)
58288.44	$8.49\text{e}+10 \pm 6.05\text{e}+09$	54.19 ± 2.24	30.58 ± 0.58
58289.22	$6.69\text{e}+10 \pm 7.38\text{e}+09$	47.74 ± 0.14	30.65 ± 1.18
58290.69	$2.93\text{e}+10 \pm 2.42\text{e}+09$	43.00 ± 0.69	26.23 ± 0.69
58291.56	$2.11\text{e}+10 \pm 1.33\text{e}+09$	39.16 ± 1.11	25.34 ± 0.54
58292.28	$1.59\text{e}+10 \pm 1.63\text{e}+09$	37.83 ± 0.77	23.95 ± 0.73
58293.81	$9.43\text{e}+09 \pm 5.71\text{e}+08$	36.24 ± 1.32	21.26 ± 0.38
58294.61	$7.30\text{e}+09 \pm 4.04\text{e}+08$	33.65 ± 0.95	20.62 ± 0.39
58295.58	$6.07\text{e}+09 \pm 3.73\text{e}+08$	29.80 ± 1.32	20.96 ± 0.41
58296.68	$5.24\text{e}+09 \pm 1.89\text{e}+08$	26.52 ± 0.79	21.26 ± 0.16
58298.39	$4.20\text{e}+09 \pm 1.43\text{e}+08$	24.85 ± 0.27	20.71 ± 0.15
58299.62	$2.93\text{e}+09 \pm 1.71\text{e}+08$	26.91 ± 0.19	18.23 ± 0.60
58300.65	$2.59\text{e}+09 \pm 9.01\text{e}+07$	23.69 ± 0.68	18.75 ± 0.15
58301.79	$2.05\text{e}+09 \pm 1.08\text{e}+08$	22.11 ± 0.71	18.13 ± 0.27
58302.04	$1.96\text{e}+09 \pm 9.94\text{e}+07$	21.36 ± 0.45	18.24 ± 0.32
58303.17	$1.58\text{e}+09 \pm 6.43\text{e}+07$	19.81 ± 0.48	17.64 ± 0.37
58303.78	$1.51\text{e}+09 \pm 6.95\text{e}+07$	19.24 ± 0.45	17.45 ± 0.23
58305.64	$1.36\text{e}+09 \pm 5.23\text{e}+07$	18.59 ± 0.70	17.10 ± 0.15
58306.77	$1.11\text{e}+09 \pm 5.34\text{e}+07$	18.51 ± 0.52	16.35 ± 0.42
58307.16	$1.03\text{e}+09 \pm 4.42\text{e}+07$	18.47 ± 0.61	16.08 ± 0.31
58307.70	$9.62\text{e}+08 \pm 4.75\text{e}+07$	17.73 ± 0.81	16.08 ± 0.28
58308.15	$9.22\text{e}+08 \pm 3.09\text{e}+07$	17.38 ± 0.87	16.08 ± 0.22
58309.23	$8.91\text{e}+08 \pm 3.33\text{e}+07$	15.90 ± 0.33	16.70 ± 0.37
58310.22	$7.61\text{e}+08 \pm 2.42\text{e}+07$	15.04 ± 0.51	16.31 ± 0.22
58310.70	$6.71\text{e}+08 \pm 3.31\text{e}+07$	14.46 ± 0.15	15.86 ± 0.28
58311.16	$6.05\text{e}+08 \pm 2.75\text{e}+07$	14.29 ± 0.06	15.42 ± 0.52
58311.76	$6.18\text{e}+08 \pm 3.11\text{e}+07$	12.95 ± 0.32	16.10 ± 0.60
58312.42	$6.02\text{e}+08 \pm 4.51\text{e}+07$	13.02 ± 0.36	15.77 ± 0.91
58314.75	$4.74\text{e}+08 \pm 1.94\text{e}+07$	12.58 ± 0.25	15.13 ± 0.49
58316.52	$3.97\text{e}+08 \pm 1.24\text{e}+07$	10.98 ± 0.31	15.86 ± 0.08
58318.93	$3.47\text{e}+08 \pm 1.51\text{e}+07$	9.00 ± 0.38	16.58 ± 0.41
58320.24	$3.11\text{e}+08 \pm 3.64\text{e}+06$	8.39 ± 0.62	16.77 ± 0.13
58322.23	$2.84\text{e}+08 \pm 1.22\text{e}+07$	7.31 ± 0.24	17.74 ± 0.44
58324.03	$2.48\text{e}+08 \pm 9.42\text{e}+06$	6.34 ± 0.22	18.49 ± 0.27
58325.36	$2.18\text{e}+08 \pm 8.85\text{e}+06$	5.51 ± 0.21	18.74 ± 0.22
58326.17	$2.08\text{e}+08 \pm 6.64\text{e}+06$	5.56 ± 0.12	18.66 ± 0.23
58327.15	$1.96\text{e}+08 \pm 4.46\text{e}+06$	5.04 ± 0.23	19.52 ± 0.11
58329.22	$1.60\text{e}+08 \pm 2.41\text{e}+06$	4.73 ± 0.17	18.33 ± 0.00

Table 4. Key properties of AT 2018cow

z	0.0140	Redshift (from host emission)
t_{rise}	~ 2.5 d	Rise time to peak (g)
$t_{\text{rise}, 1/2}$	~ 1.5 d	Time to rise from half-max (r)
$t_{\text{decline}, 1/2}$	~ 3 d	Time to decay to half-max (r)
$M_{g, \text{peak}}$	-20.4	Peak g absolute magnitude
$M_{r, \text{peak}}$	-19.9	Peak r absolute magnitude
$L_{\text{bol}, \text{peak}}$	4×10^{44} erg s $^{-1}$	UVOIR luminosity at optical peak
E_{rad}	5×10^{49} erg	Total UVOIR radiative output
v_{spec}	6000 km s $^{-1}$	Velocity width of late emission lines
$M_{*, \text{host}}$	$1.4 \times 10^9 M_{\odot}$	Host stellar mass
SFR_{host}	$0.22 M_{\odot} \text{yr}^{-1}$	Host star-formation rate

wind or shell close to the progenitor (Ofek et al. 2010). The extensive additional observations available for AT 2018cow allow us to examine this connection in much more detail.

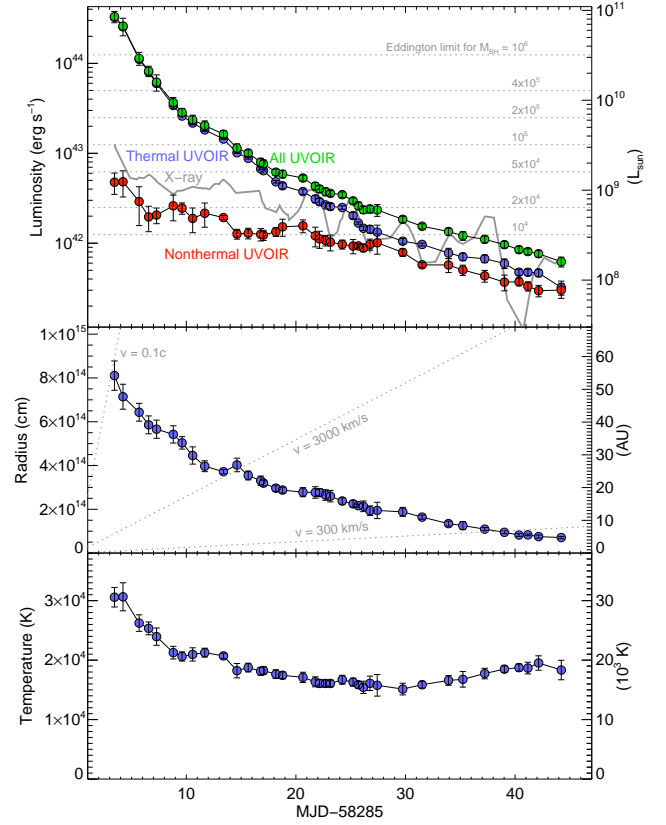


Figure 8. Physical properties based on the blackbody fits shown in Figure 7. In the top panel, the green data points show the luminosity inferred from the total Stefan-Boltzmann luminosity of the thermal component and an integral of the power-law component for $\lambda > 1000 \text{ \AA}$. (Each component is also shown separately as blue and red points, respectively.) The bolometric luminosity evolution is well-fit by a power-law with a temporal index of $t^{-2.5}$, slightly but not dramatically steeper than the $t^{-1.67}$ behaviour expected theoretically from TDEs or other accretion-powered models. The non-expanding photospheric radius and long-lived high temperatures are also TDE-like. However, the timescale is much faster than any known TDE.

4.2 A Spectroscopically Unique Transient

AT 2018cow shows at least two distinct spectral phases. Prior to 10 days it is effectively featureless, save for the short-lived, broad blue absorption feature. After 12 days it remains hot and blue but exhibits weak features of (redshifted) H, He, and other light elements in emission.

The early, broad feature¹⁰ has no obvious analogue in any previous event. It bears some loose resemblance to the Fe II P-Cygni absorption trough seen in SNe Ic-BL, but overlying a much hotter continuum. We attempted to subtract the hot continuum to test this connection more rigorously, but the match is poor, being both too blue and too broad (Figure 11) compared to even the earliest spectra of SN1998bw or SN2002ap (Patat et al. 2001; Kinugasa et al. 2002), or of

¹⁰ We emphasize that the existence of this feature is secure: it is seen with a consistent shape and consistent temporal evolution in at least three different independently-reduced spectrographs (SEDM, SPRAT, HFOSC) and is also evident in our photometry via the evolution of the $B - V$ and $g - r$ colours.

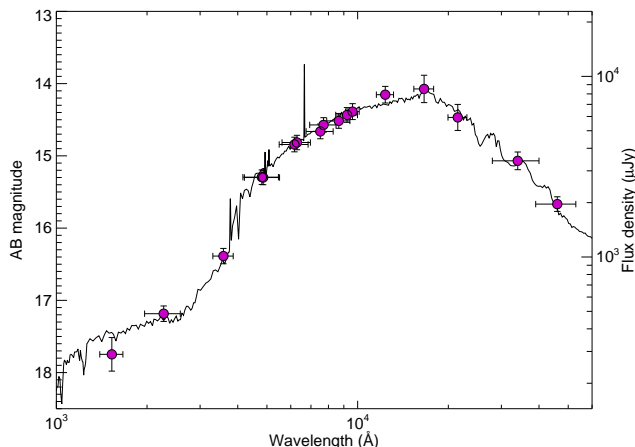


Figure 9. Spectral energy distribution for the host galaxy of AT2018cow. Multi-band photometry from GALEX, SDSS, 2MASS, and WISE is shown in purple and the best-fit SED model (with $M_* = 1.42^{+0.17}_{-0.29} \times 10^9 M_\odot$, $\text{SFR} = 0.22^{+0.03}_{-0.04} M_\odot \text{ yr}^{-1}$) is shown as a curve.

the spectrum of SN2008D (Modjaz et al. 2009) during its shock-cooling phase.¹¹ As of yet we have no convincing explanation for the origin of this feature, other than that it implies very fast (nearly relativistic) ejecta.

The identities of the features seen in later spectra (H and He in broad emission) are secure. In spite of this, these later spectra bear no obvious resemblance to any class of known supernova. The strongest similarities are to Type IIn supernovae (which can also remain hot for several weeks after explosion, and are emission-dominated by definition): in the bottom panel of Figure 11 we plot AT 2018cow versus an early spectrum of SN 1998S from Fassia et al. (2001), which shows a similar blue continuum and most of the same H and He transitions. However, the lines in AT 2018cow are not narrow for most of their evolution ($v \sim 6000$ km/s, versus a few hundred km/s for SN 1998S). Thomson scattering within ionized matter could broaden a line enough to wash out the narrow component, but this would not produce the net redshift in the emission component that we observe. The H and He thus must be in the ejecta itself (and seemingly preferentially in receding ejecta given the net redshift).

In fact, the best spectroscopic analogues to AT 2018cow are not supernovae at all. Our spectra bear a striking resemblance to tidal disruption events: the high temperatures, presence of helium and hydrogen features in emission, and moderate velocities all match what is observed for TDEs. The spectral features in AT 2018cow are substantially weaker than in the examples of TDEs that we are aware of (bottom panel of Figure 11; comparison spectra are from Holoiu et al. 2014, 2016), but the resemblance to a TDE is much stronger than to any supernova.

We summarize the key observational features of AT 2018cow in Table 4.

¹¹ This cannot be because the SN features are washed out by a bright afterglow, as was the case for early spectra of SN 2003dh / GRB 030329 (e.g., Hjorth et al. 2003; Deng et al. 2005): the continuum is far too blue to be predominantly synchrotron in origin (§3.4).

5 INTERPRETATION

5.1 Supernova Models: A Jet from a Failed Supernova?

The location of AT2018cow, and its apparent connection to other cosmological events that have also been found outside the nuclei of their host galaxies, give ample justification to consider a supernova as the most natural interpretation of this event. However, the observational aspects of this event impose severe constraints on any type of stellar explosion.

The first problem for any supernova model is the need to explain the fast rise. Heating from radioactive ^{56}Ni certainly cannot produce it: at least $5 M_\odot$ of Nickel would be needed to power the luminosity of AT 2018cow at peak, which is orders of magnitude greater than the total ejecta mass that would be inferred from the fast rise given standard assumptions about diffusion ($M_{\text{ej}} \sim (\frac{t_{\text{rise}}}{20d})^2 M_\odot$ or approximately $0.01 M_\odot$; Arnett 1982; Rest et al. 2018).

A natural alternative is shock heating. Most core-collapse SNe are believed to exhibit an early shock-breakout and shock-cooling phase in which the stellar photosphere is nearly-instantaneously heated to X-ray temperatures by the emergence of the SN shock, producing a rapid rise in the light curve (Waxman & Katz 2017). However, for standard types of stellar progenitor the shock-cooling rise time is far *too* fast to explain AT 2018cow’s 2–3 day rise. A multi-day rise could be achieved only if the progenitor was quite extended ($R \sim 10^{14}$ cm, or about 10 AU).

This radius is similar to that of the largest red supergiants. However, a massive stellar envelope of this nature would greatly slow down the later evolution of the SN, producing a “plateau” phase rather than sudden fading. The photosphere at the time of shock breakout thus would have to be unbound, with the shock breaking out into a dense wind or ejected shell associated with recent, intense mass loss.

Evidence has been accumulating in recent years that extreme mass loss shortly before explosion is common (Ofek et al. 2014; Gal-Yam et al. 2014; Yaron et al. 2017), so this may not be surprising. However, other observations place further strong constraints on the nature of this recent mass loss: the lack of any flash-ionization features, the lack of shocked hydrogen or helium, and the lack of further re-brightenings in the light curve all require that the CSM shell be quite localized in extent. This may also be possible, if the previous mass-loss episode is both singular and explosive.

Further constraints on the explosion can be imposed based on the lack of a second, radioactively powered peak in the light curve. Using the bolometric luminosity at 20 days and scaling relative to SN 2002ap (Mazzali et al. 2002; Foley et al. 2003), we estimate $M_{\text{Ni}} < 0.05 M_\odot$. While this is in the range of masses inferred for “normal” core-collapse supernovae (Rubin et al. 2016; Müller et al. 2017), a modest ^{56}Ni mass seems hard to reconcile with the energetic shockwave necessary to produce the extraordinary shock-breakout flash and accelerate substantial ejecta to $> 0.1c$, as required by the broad absorption seen in the spectra at ~ 1 week and by the luminous radio counterpart. (Velocities this high have been previously seen observationally only in GRB-SNe, which have universally high ejecta and nickel masses: Mazzali et al. 2014, although c.f. Fynbo et al. 2006).

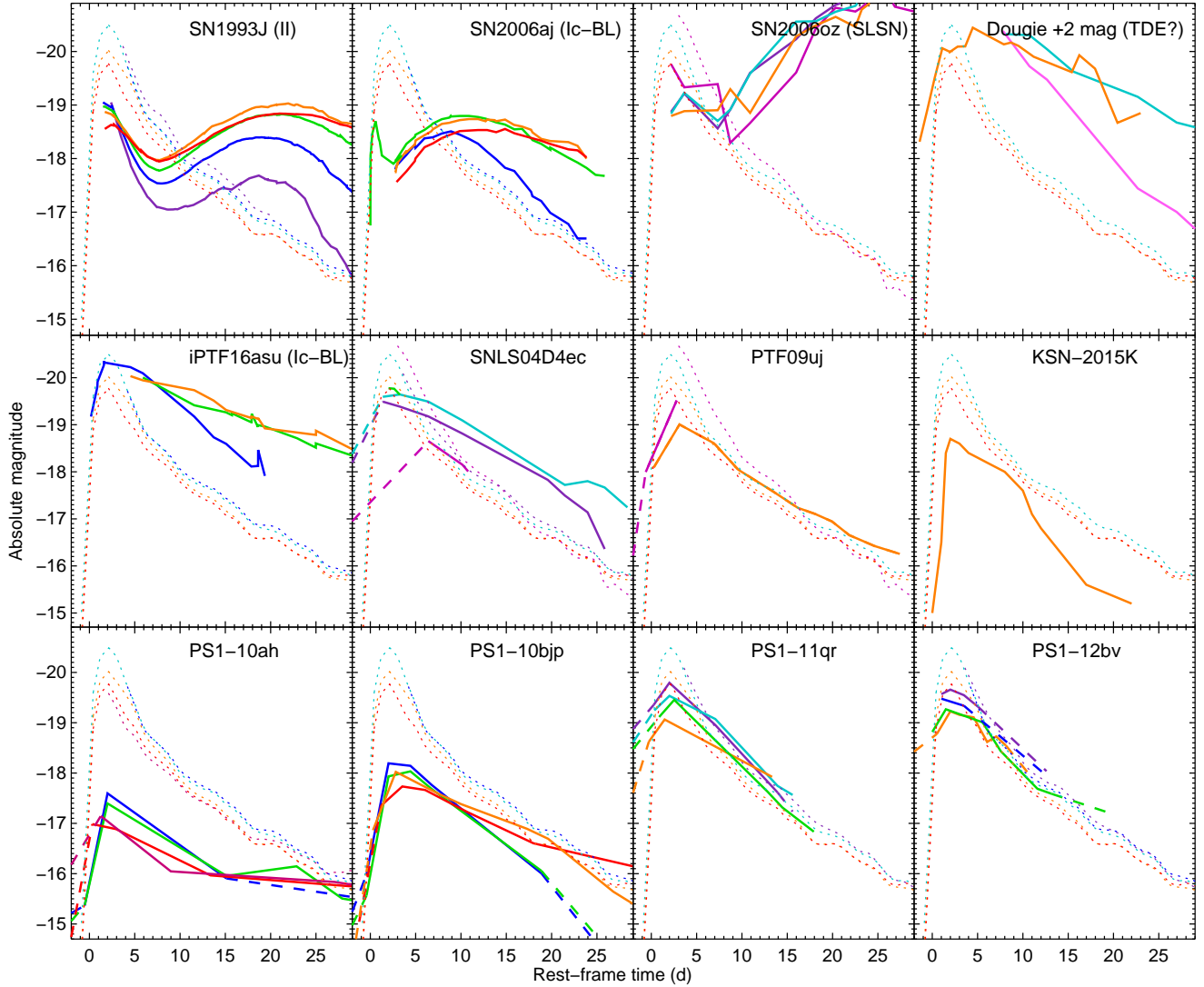


Figure 10. Comparison of the light curve of AT2018cow to other classes of fast-rising or luminous events. The dotted lines show AT2018cow; solid lines indicate comparison objects with dashed lines connecting upper limits to detections. Filter colour codes are the same as in Figure 2 and are matched to rest-frame wavelengths. AT2018cow is insufficiently luminous at late times compared to GRB-SNe and also far too blue. It is much faster than any known TDE and the thermal SED is entirely unlike the optically thin spectra of GRB afterglows. However, it matches well with the cosmological fast transients found in PS1 and Kepler (and to a lesser extent SNLS) in colour, luminosity, and timescale.

Perhaps the shock in this SN was driven not by the classical neutrino mechanism (or other forms of energy input from a proto-NS), but solely by an energetic jet driven by a black hole following direct collapse of a massive star to a black hole (analogous to the original “failed supernova” model of Woosley 1993). No high-energy prompt emission was observed from AT2018cow, but the jet could have been off-axis or (more likely) choked by the stellar envelope. We may then just have seen a short-lived high-velocity pseudo-photosphere in the early spectra, which may be supported by a small amount of material surrounding the jet, either dragged by the jet itself or ejected in a disc wind. This material would contain only a small amount of ^{56}Ni , explaining the lack of a radioactive second peak.

This model (which is similar to that of

Quataert & Kasen 2012, but with the addition of circumstellar interaction: see also Kashiyama & Quataert 2015) has some appeal, especially given the observation of bright, self-absorbed radio emission which independently implies substantial interaction. Even so, it faces formidable challenges. The high-velocity absorption implied by our early spectra implies material that is expanding outward rapidly ($> 0.1c$), but the spectral features seen only two weeks later are quite narrow ($\sim 0.02c$). This could be achieved if the high-velocity ejecta collided with a *second* dense shell of comparable mass—eliminating the broad lines and largely halting the expansion of the photosphere that would normally be expected in a young supernova. But the resulting shock-wave should then have excited narrow-line emission of H and perhaps He which we do not see. (The

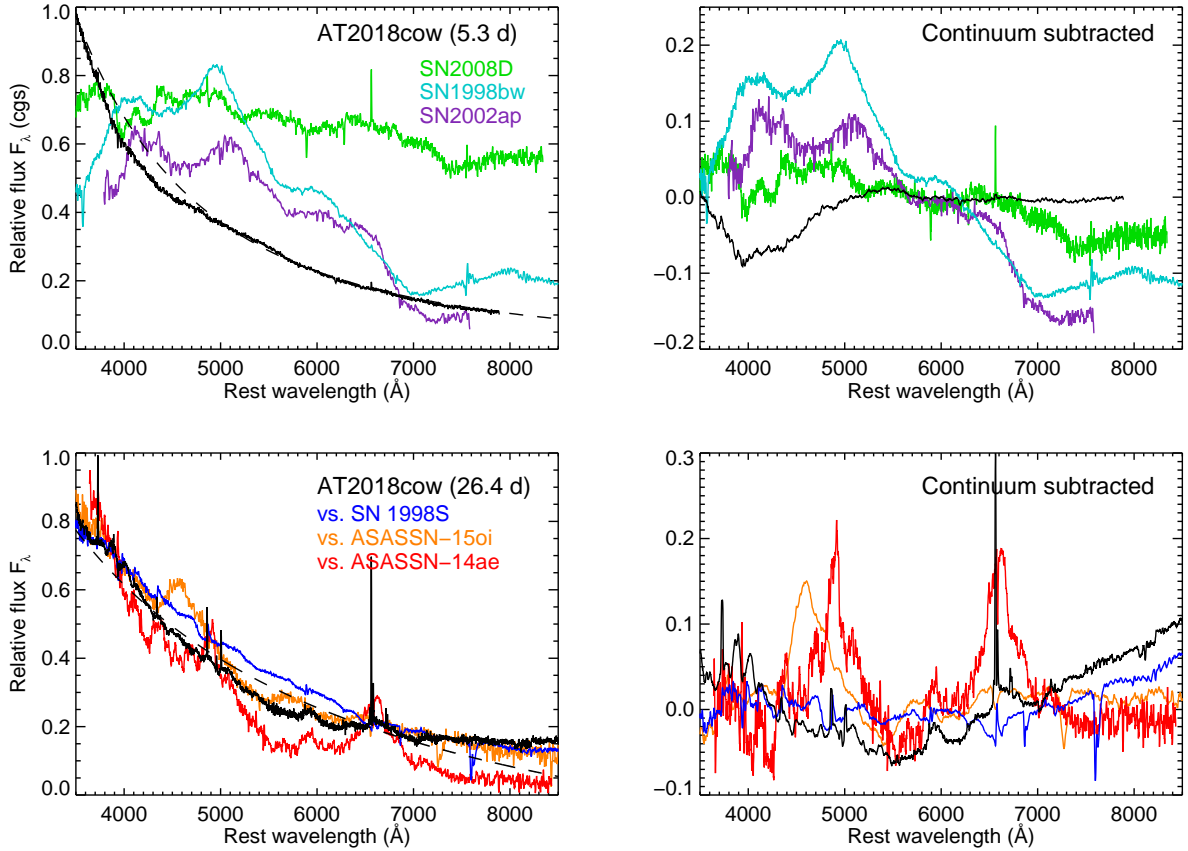


Figure 11. Comparison of an early spectrum of AT 2018cow to the early spectrum of SN 2008D (Ib) and two SNe Ic-BL (top row), and of later-time spectrum to SN 1998S (IIn) and two tidal disruption events (bottom row). The extremely blue, smooth continuum bears little resemblance to SN Ib/c, even after attempting to subtract the blue continuum. (A power-law plus a constant have been subtracted from AT 2018cow; the reference SN spectra have been subtracted by a constant only. The strength of the features in the SNe after subtraction has been suppressed by a factor of 2.) The later-time spectra are dominated by weak emission features of hydrogen and helium; these features are also present in IIn SNe but are much narrower compared to what is seen in AT 2018cow. These features are seen in known TDEs with similarly broad widths, although typically much greater strengths.

H and He lines that eventually emerge originate too late and have velocities too broad to be attributed to shock interaction).

Alternative stellar progenitor scenarios beyond core-collapse do not provide any appreciable resolution to these contradictions. Large energies and small ^{56}Ni masses are expected for neutron star merger models, but such events should not possess significant hydrogen or helium. Furthermore, AT2018cow empirically bears no relation to the (much dimmer, fast-cooling, fast-expanding) optical counterpart of GW 170817 (McCully et al. 2017; Kasliwal et al. 2017; Evans et al. 2017; Villar et al. 2017; Pian et al. 2017). White-dwarf explosions (variants on Ia or accretion-induced collapse models; e.g., Brooks et al. 2017; Poznanski et al. 2010) are also likely to be poor in H and He, and heavily suppress the UV via iron line blanketing in the ejecta.

Perhaps the biggest challenge for any supernova model is the lack of expansion of the photosphere in an explosion that is expanding almost relativistically in its early phases. Pursiainen et al. (2018) noted that a hot, receding photosphere is expected in the wind shock-breakout model due to the rapid expansion of the unbound shock-heated material,

but this will only be true during the early phases: the photosphere should eventually reach the dense stellar envelope, after which its evolution should follow that of typical supernovae. Regardless of the progenitor structure, it is difficult to understand how freely-expanding ejecta would maintain a photosphere on a scale of only 10^{14} cm 40 days after the explosion: the material at the photosphere could be expanding no faster than 300 km/s (much slower than the width inferred by the observed lines at late times.)

5.2 Tidal Disruption Models: Disruption of a Star by an IMBH?

In spite of the circumstantial evidence for a SN origin (the event occurred in a spiral arm) there are many reasons to look more broadly at progenitor models, and in particular to consider a tidal disruption event as an alternative.

Many of the properties of the transient that cause the most difficulty for the SN interpretation are natural components of TDE models. The bolometric light curve declines as a power-law, as expected under simple TDE models (although the decay is steeper than the canonical $t^{-5/3}$). The lack

of an early free-expansion phase and the maintenance of a high temperature are also similar to expectations for TDEs, which provide continued energy input via BH accretion and whose potential well hampers free expansion of the ejecta. And a TDE origin would also explain the H and He-rich late-time spectra (which empirically resemble known TDEs more closely than any SN).

Aside from its peculiar location, the primary feature that distinguishes AT2018cow from known TDEs is its timescale: typical TDEs have rise times of weeks to months and decay times even longer. Faster TDEs have been found more recently (Blagorodnova et al. 2017), but even these have characteristic timescales an order of magnitude longer than AT2018cow.

A possible resolution is a smaller black hole mass: known TDEs appear to show an empirical timescale-mass correlation (e.g., Blagorodnova et al. 2017), and there are also reasons to expect one theoretically (Guillochon & Ramirez-Ruiz 2013). To better constrain the black hole mass under a TDE model, we fit the UV/optical data using two different methods: using simple scaling relations, and using a full MCMC fit to the light curve.

We first fit the bolometric (UVOIR) light curve to a power-law decay of the form $L(t) = L_0(\frac{t-t_0}{t-t_D})^{-n}$. We obtain an excellent fit with a power-law index of $n = 3.0 \pm 0.1$ and a time of disruption (t_D) of -1.5 ± 0.3 (relative to MJD 58285). Under this scenario the implied rise-time-to-peak of $t_{\text{peak}} = t_0 - t_D = 5.0\text{d}$, according to the simulations of Guillochon & Ramirez-Ruiz (2013) for a solar-type star, would correspond to a black hole of $1.5 \times 10^4 M_\odot$.

Additionally, we fit the light curve in the g , r , and UVOT $w2$ bands with the MOSFiT TDE model (Guillochon et al. 2018; Mockler et al. 2018). The MOSFiT TDE model uses hydrodynamic simulations of tidal disruption events from (Guillochon & Ramirez-Ruiz 2013) to calculate the fallback rate of stellar debris to the black hole. MOSFiT then converts these fallback rates into bolometric luminosities and passes them through viscosity and reprocessing transformation functions to create optical and UV light curves. Two adjustments to the model were required to obtain a good fit: the peak luminosity was allowed to exceed the Eddington limit, and the maximum photosphere radius was allowed to reach beyond the apocentres of the Keplerian orbits of the stellar debris. Under these circumstances, our fit prefers a black hole with a mass of $M_{\text{h}} = 2^{+1}_{-1} \times 10^4 M_\odot$ and a star with mass $M_* = 1^{+10}_{-0.5} M_\odot$. This is fully consistent with the scaling-relation solution.

These parameters correspond to the disruption of a main-sequence star around an intermediate-mass black hole (IMBH). This would be a significant discovery: IMBH disruptions were recently theoretically predicted (Fragione & Leigh 2018; Chen & Shen 2018) and if confirmed, would represent evidence for the existence of IMBHs in the low-redshift universe, a topic that remains broadly controversial. A black hole in this mass range would also not conflict with the off-nuclear location: it could originate from a globular cluster or from a massive young star cluster.

However, as the above discussion suggests, the peak luminosity of the transient ($\sim 3 \times 10^{44}$ erg) is much greater than the Eddington luminosity for a black hole of the mass needed to explain its short timescale ($\sim 10^{42}$ erg for $M_{\text{BH}} = 10^4 M_\odot$). While TDEs are expected to have super-Eddington mass

fallback rates (e.g., Strubbe & Quataert 2009), the radiated luminosity is generally expected to be capped at close to the Eddington luminosity (Chen & Shen 2018), since higher luminosities would disrupt the accretion and drive the luminosity back down. Super-Eddington luminosities could be achieved in two ways: by an anisotropic radiation process, or by a heating source not directly associated with accretion.

There is evidence that some TDEs can indeed produce highly anisotropic, relativistic jets (Bloom et al. 2011; Levan et al. 2011; Cenko et al. 2012; Burrows et al. 2011). The bright (and variable) X-ray and radio emission from AT2018cow suggest a similar phenomenon could be present here as well. However, the optical radiation which gives rise to our luminosity estimates is unambiguously thermal and not easily beamed, so anisotropy is unlikely to resolve the conflict.

Alternatively, it is possible that the early UV/optical emission is related to the circularization process (Piran et al. 2015; Dai et al. 2018), rather than accretion. The similarity of the peak luminosity of AT2018cow to other UV/optical TDEs (Hung et al. 2017) and the expected energy dissipation rate from the circularization process of $10^{44} (M_{\text{BH}}/10^6 M_\odot)^{-1/6}$ erg s $^{-1}$ (Piran et al. 2015) support this interpretation. The self-intersection radius for debris streams around a $10^4 M_\odot$ black hole is $\sim 5 \times 10^{13}$ cm (Wevers et al. 2017), which is a factor of 10 smaller than the observed photosphere radius for AT2018cow. If the luminosity is powered by stream-stream intersections, then the photosphere would engulf both the intersection point and the black hole. This optically thick reprocessing layer would need to be in place by the time of our first observations to explain the colour and luminosity of AT2018cow. This could be associated with matter blown to larger radii during an early wind phase (Jiang et al. 2016; Metzger & Stone 2016).

Further modeling will be needed to examine the behaviour of tidal disruptions around IMBHs during the super-Eddington phase. If even some of the PS1 and DES events belong to the same class as AT2018cow, there is reason to believe that these events are reasonably common and the current generation of fast-cadence optical surveys may find future examples at similar rates as ordinary, SMBH TDEs.¹²

6 CONCLUSIONS

Prior to AT2018cow, fast high-luminosity transients were widely attributed to an extreme variant of the shock-breakout scenario that has already been widely appealed to in order to explain a variety of nearby supernovae. To our surprise, the first real-time detection of a nearby event belonging to this empirical class has only deepened the mystery surrounding these events. While the off-nuclear location within a star-forming region seems to imply the explosion of

¹² Super-Eddington-luminosity disruptions by more massive black holes are also of interest: the transient ‘‘Dougie’’ was slower than AT2018cow (Figure 10) but was vastly more luminous, and the preferred TDE model fit by Vinkó et al. (2015) also indicated a highly super-Eddington luminosity, in this case from a somewhat more massive black hole ($M_{\text{h}} = 2.0^{+13.9}_{-1.3} \times 10^5 M_\odot$).

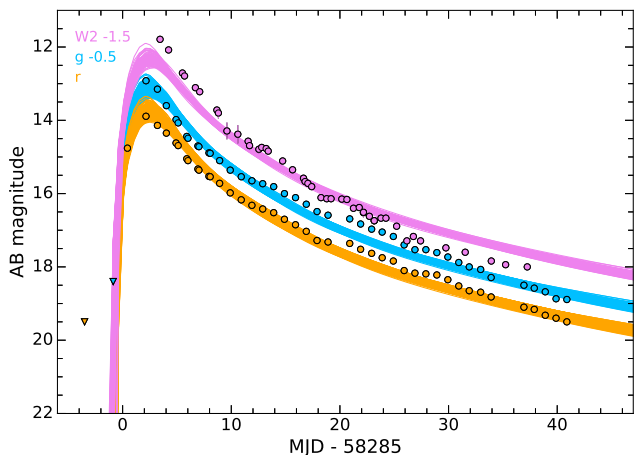


Figure 12. Results from an MCMC fit to the data using the TDE implementation of MOSFiT (Guillochon et al. 2018; Mockler et al. 2018). The rising and falling timescales of this transient, along with the slow temperature evolution, are well-reproduced by a model involving the disruption of a Solar-type star around an intermediate-mass black hole ($\sim 2 \times 10^4 M_{\odot}$).

a star as a supernova, the actual observational properties are poorly-explained by any existing supernova model. If nothing else, any stellar explosion must involve a radically different progenitor structure and/or explosion mechanism compared to any previously-studied supernova to explain its divergent properties.

In contrast, disruption by an intermediate-mass black hole provides an excellent description of the qualitative behaviour of the transient and its later-time spectra. However, it remains to be seen whether the high luminosity of the transient is physically feasible for a black hole of this mass to produce.

Studies of fast optical transients are still in their infancy, and there is much more to learn both observationally and theoretically. While an event as close as AT2018cow may not be a regular occurrence, its sheer brightness suggests that others of a similar nature are likely to be observed in the near future at somewhat greater distances. Samples of the spatially-resolved galaxy environments, total energetics, and spectroscopic properties of such events are likely to shed light on their nature. Late-time follow-up of AT2018cow itself as it enters a fully nebular phase will also be illuminating. Its emission features will be accessible to study with 10m-class telescopes for months, revealing the ejecta structure, while continued multiwavelength observations will help to reveal whether a long-lived, accretion-fed jet is indeed present.

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APPENDIX A: FEATURELESS NATURE OF EARLY SPECTRA

Prentice et al. (2018) have also presented early photometry

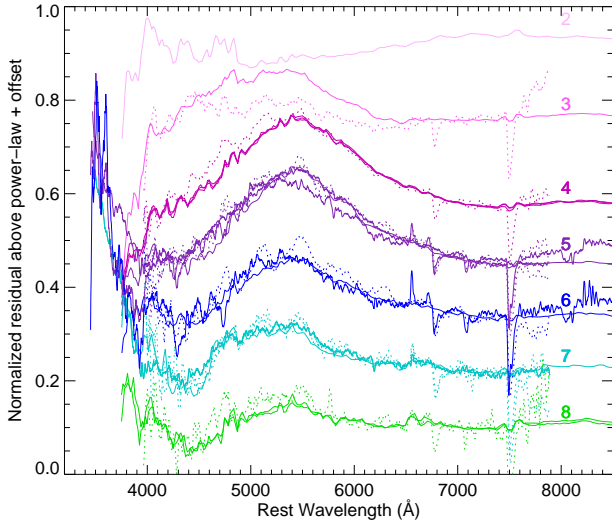


Figure A1. Comparison of early-time spectral residuals. Spectra from LT/SPRAT are shown as dotted lines, while spectra from other instruments are shown as solid lines. Spectra taken within a ± 0.5 day window of the reference epoch are aligned together. The features claimed by [Prentice et al. 2018](#) are seen in SPRAT spectra only. They are likely to be minor calibration artifacts.

and spectroscopy (primarily from LT/SPRAT) of this event, including a series of spectra in which they report possible helium emission features at 5100, 5450, and 5900 Å, starting 2.5 days after the ATLAS discovery observation. We have carefully analyzed all of our own spectra at similar epochs (including our own independent SPRAT spectra) by fitting a power-law spectrum to the flux as measured at 4200 and 7200 Å, subtracting it, and normalizing the flux scale relative to the continuum at 5200 Å. In all cases, the residuals (Figure A1) are dominated by the very broad feature. The narrower features claimed by [Prentice et al. \(2018\)](#) are seen only in spectra with SPRAT and are extremely weak (less than 5% of the continuum). They are not seen in spectra with P60/SEDM, HCT/HFOSC, or the DCT/Deveny, although some of these instruments show other marginal features at similarly weak levels, but at different wavelengths. We conclude that the purported features are calibration artifacts.