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## Noninvasive photoacoustic sentinel lymph node mapping using Au nanocages as a lymph node tracer in a rat model

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#### **ABSTRACT**

Sentinel lymph node biopsy (SLNB) has been widely performed and become the standard procedure for axillary staging in breast cancer patients. In current SLNB, identification of SLNs is prerequisite, and blue dye and/or radioactive colloids are clinically used for mapping. However, these methods are still intraoperative, and especially radioactive colloids based method is ionizing. As a result, SLNB is generally associated with ill side effects. In this study, we have proposed near-infrared Au nanocages as a new tracer for noninvasive and nonionizing photoacoustic (PA) SLN mapping in a rat model as a step toward clinical applications. Au nanocages have great features: biocompatibility, easy surface modification for biomarker, a tunable surface plasmon resonance (SPR) which allows for peak absorption to be optimized for the laser being used, and capsule-type drug delivery. Au nanocage-enhanced photoacoustic imaging has the potential to be adjunctive to current invasive SLNB for preoperative axillary staging in breast cancer patients. Keywords: photoacoustic, nanocages, sentinel lymph node, mapping,

#### 1. INTRODUCTION

Various shape and material of nanoparticles have been widely used for a number of biological and medical applications since they have been discovered can be utilized efficiently for delivering(1, 2) and targeting(3, 4) therapeutic agents to a specific site. In addition to therapeutic procedures, nanoparticles are widely used for diagnostic purposes,(3, 5, 6) as they can be engineered to enhance the contrasts of imaging modalities such as optical imaging,(3, 7, 8) magnetic resonance imaging (MRI),(9) and computed tomography (CT).(10) Nanoparticles have widely tunable properties such as sizes, shapes, and compositions, so their application in imaging should be broad. In diagnosis, nanomaterials can be used to identify sentinel lymph nodes (SLNs) for axillary staging in breast cancer patients.

Sentinel lymph node biopsy (SLNB) is widely performed and has become the standard for axillary staging. In SLN mapping as a prerequisite for SLNB, a blue dye (e.g., isosulfan blue, or methylene blue) and/or nanometer-sized radioactive colloids (e.g., technetium-99 (99mTc)) are usually used in the clinic.(11, 12) However, these methods have several limitations: 1) The method using a blue dye requires a surgical operation to expose a SLN for visual detection and also necessitates some experienced hands. 2) This method often leaves a blue stain on the injection point in the skin for months after the surgery.(13) 3) The radioactive colloid method not only requires special facilities for handling radioactive isotope materials but also suffers from the low spatial resolution of Geiger counters for noninvasive SLN identification.(14) In addition, the method takes about 24 hours for nodal uptake due to the large size of the tracers (typically 100–200 nm) and may cause radiation damage to the connective tissues of the skin. Therefore, noninvasive, nonionizing, and high-resolution mapping of SLNs would be beneficial to breast cancer patients, and would greatly aid minimally invasive staging methods such as fine needle aspiration biopsy (FNAB).(15)

MRI has been tried with an ultra-small superparamagnetic iron oxide (USPIO, 17–20 µm(16)) contrast agent for SLN mapping.(17, 18) Even though MRI provides an excellent imaging depth and spatial resolution, it still suffers from low sensitivity and high cost. Furthermore, patients need to be transported from an operating room to a MRI unit since most operating rooms do not have MRI capabilities. On the other hand, optical imaging has several orders of magnitude higher sensitivity than MRI, and can be readily and easily adapted to the clinic.(14) Optical imaging is also nonionizing and relatively inexpensive. Therefore, optical lymph node tracers, such as fluorescent beads(14) (20–200 nm) and quantum dots(7, 19) (15–20 nm), have been studied for noninvasive SLN mapping based on fluorescent imaging. However, these methods have poor spatial resolution at the regions beyond one transport mean free path (~1 mm), resulting in inaccurate localization of SLNs since the average depth of SLNs is 12±5 mm in human (from the top surface

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of SLNs to the skin surface).(20) Moreover, the methods using quantum dots can create potential heavy metal toxicity in clinical use.(21)

Recently, Wang group demonstrated PA SLN mapping using clinically available methylene blue.(22) PA imaging modality is an emerging hybrid technology which is highly sensitive to endogenous and exogenous optical contrasts and provides good ultrasonic spatial resolution. Since this imaging technique uses diffusive photons, it can achieve upto ~50 mm imaging depth in biological tissues.(23) PA imaging for SLN mapping demonstrated a depth capability of ~31 mm with satisfactory spatial resolution and clinical potential. However, methylene blue based PA mapping poses potential challenges. For example, since the methylene blue molecule (0.7 nm in diameter and 1.6 nm in length) is smaller than 5 nm and easily flown into the echelon lymph nodes, there is a high possibility of false positives. (18, 24) Methylene blue molecule is also difficult to be bioconjugated to form target molecular probes. Since hemoglobin at the peak absorption wavelength of methylene blue (677 nm, PA excitation: 655 nm) has stronger optical absorption than in the near-infrared (NIR) regions, it is hard to achieve relatively deep penetration depth.

In this study, for the first time to our knowledge, we apply NIR Au nanocages as a lymph node identifier to a noninvasive PA imaging modality. Au nanocages have attractive features: biocompatibility, easy surface modification for selective targeting,(25, 26) no potential heavy metal toxicity,(21) a broad range of sizes (35–100 nm), tuning of the localized surface plasmon resonance (LSPR) peak, strong optical absorption in the NIR region,(26, 27) and encapsulated site-specific drug delivery.(28) In a rat model, we have successfully identified an *in vivo* SLN with enhanced contrast by Au nanocages and good spatial resolution noninvasively. In addition, we have demonstrated the depth capability of Au nanocages in SLN mapping as deep as ~33 mm. We expect that noninvasive SLN mapping based on Au nanocages can be beneficial to breast cancer patients. Going forward, by employing surface-modified Au nanocages, which can bind to specific breast cancer cells, this technique may constitute a noninvasive means of SLNB

## 2. SYSTEM DESIGN AND METHOD

**Au nanocages**. Au nanocages are cubic nanoboxes with seamless hollow interiors and porous walls (inset in Figure 1). They can be conveniently synthesized through a simple galvanic replacement reaction between Ag nanocubes and chloroauric acid (HAuCl<sub>4</sub>) in water:(28, 29)

$$3Ag(s) + AuCl_{4}^{-}(ag) \rightarrow Au(s) + 3Ag^{+}(ag) + 4Cl^{-}(ag)$$

The Ag nanocubes were, in turn, prepared using a rapid, sulfide-mediated polyol process with poly(vinyl pyrrolidone) (PVP) serving as a capping agent. The LSPR peak of the Au nanocages was tuned to 735 nm by controlling the ratio between Ag and HAuCl<sub>4</sub> (Figure 1). An average edge length of the Au nanocages used for this study was  $50.3 \pm 6.7$  nm (standard deviation). The concentration of Au nanocages for the imaging study was 2 nM in water. The Au nanocages were stabilized with PVP.

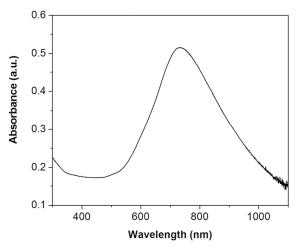


Figure 1. Absorption spectrum of Au nanocages. Wavelength at peak optical absorption was  $\sim$ 735 nm. The average edge length was  $50.3 \pm 6.7$  nm (standard deviation). The Au nanocages were stabilized with polyvinyl pyrrolidone (PVP).

**Imaging system**. A reflection-mode PA imaging system (Figure 2) was employed for identifying SLNs following Au nanocage injection (see ref.(22) for a detailed description of the system). For PA excitation, a pulsed laser system with 755 nm wavelength was employed. This wavelength was close to the optical absorption peak of the Au nanocages. The laser light delivered to the skin was sufficiently broadened to conform to the maximum permissible exposure (MPE) limitation (actual fluence: 11 mJ/cm², MPE: 26 mJ/cm²).(30) To detect PA waves with low acoustic attenuation, a 3.5 MHz or a 5 MHz central frequency ultrasonic transducer (V380, V308, Panametrics-NDT) was used.

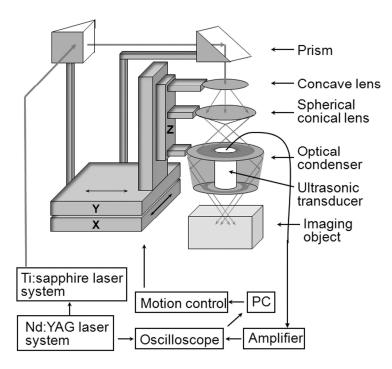


Figure 2. Reflection-mode photoacoustic imaging system for deeply located biological tissue imaging. See reference 30 for the detailed description. Concave lens, spherical conical lens, and optical condenser form dark ring-shape illumination, which can reduce surface interference.

**Phantoms.** To estimate the concentration of Au nanocages accumulated in a SLN of a rat *ex vivo*, phantom experiments were performed. Phantoms were made of 12% porcine gelatin containing Au nanocages of various concentrations (0.1–8 nM). The phantoms (a cylinder with 3 mm in diameter and 4 mm in length) were made similarly in shape and size to a real SLN of a rat to rule out the effect of the size differences for PA signal measurement. PA signals were directly measured from these phantoms (Figure. 3B). Similarly, PA signals from excised real SLNs were also measured in the same way and compared with those from the phantoms to estimate the concentrations of Au nanocages accumulated in SLNs.

**Animals.** Sprague Dawley rats weighing 250–390 g were used. The rats were initially anesthetized with a mixture of Ketamine (85 mg/kg) and Xylazine (15 mg/kg). The region of interest was gently depilated using a commercial hair-removal lotion before imaging. An intradermal injection of 100 μL of 2 nM Au nanocage solution was performed on a left forepaw pad. During all image acquisitions, anesthesia was maintained using vaporized isoflurane (1 L/min oxygen and 0.75% isoflurane, Euthanex Corp.), and vitals were monitored using a pulseoximeter (NONIN Medical INC., 8600V). During the image acquisition, 8 mL of 0.9% saline was administered for hydration. After the image acquisition, the animals were euthanized by pentobarbital overdose. All animal experiments were carried out in compliance with the guidelines on the care and use of laboratory animals at Washington University in St. Louis.

### 3. EXPERIMENTAL RESULTS

In a rat, an *in vivo* SLN containing Au nanocages was noninvasively imaged using the reflection-mode photoacoustic imaging system. Figure 2A shows a photograph of the axillae of the rat with hair removed before PA imaging. Figure 2B is a photograph of the same region with skin and fatty tissue removed, exposing the SLN containing Au nanocages after all PA images had been captured. The size of the oval SLN was 4 mm x 6 mm. Before the injection of Au nanocages in the forepaw pad, a PA image was acquired as a control (Figure 2C). The vasculature within ~ 3 mm below the skin surface was displayed in the form of a maximum amplitude projection (MAP).(31) For visibility, PA signals beyond the 3 mm depth were excluded in the image formation. After the injection of Au nanocages (2 nM and 0.1 mL), scanning started immediately to evaluate the migration and accumulation time of the Au nanocages. PA signals from the SLN were detectable at about 13 min after the injection (Figure 2D). Here, the SLN was imaged with low contrast, implying low accumulation of Au nanocages at this time. Figures 2E-2G show PA saggital MAP images acquired at 73 min, 127 min, and 186 min after the injection, respectively. As time went by, the contrast at the SLN gradually increased, which means that more Au nanocages were gradually accumulated by the SLN.

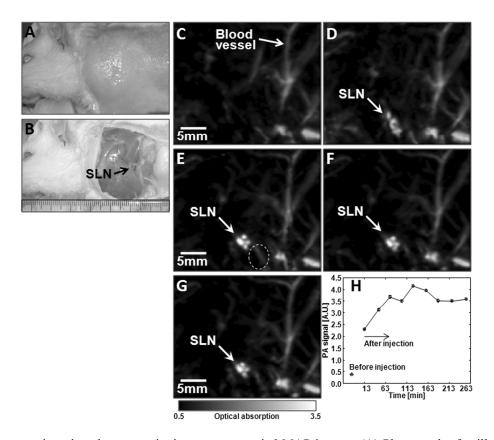


Figure 2. *In vivo* non-invasive photoacoustic time-course saggital MAP images. (A) Photograph of axillary region with hair removed. (B) Photograph with skin and fatty tissue removed after the photoacoustic images had been recorded. The dark blue dyed lymphatic channel on the bottom of the SLN is shown in the inset. Photoacoustic images acquired before (C) and after (D–G) the nanocage injection: (D) 13 min (SLN started to appear), (E) 73 min, (F) 127 min, (G) 186 min. All images were acquired without signal averaging. (H) Accumulations of nanocages in a SLN over time, in terms of the amplitude changes of PA signals. After the injection, PA signals increased with time, which means gradual accumulations of nanocages. Peak accumulation occurred at ~140 min after the injection. PA signals from the SLN were normalized by those from adjacent blood vessels (the dotted box in Figure 2E) to minimize the ultrasonic focal effect, and normalized by maximum. Errorbar is standard error. SLN, sentinel lymph node. Colorbar represents optical absorptions.

To evaluate time-dependent changes in Au nanocage accumulation, the averaged values of the PA signal amplitudes within the SLN were calculated. To minimize the off-focus effect of an ultrasonic transducer in the PA signal measurement, the calculated PA values were normalized by those from the adjacent blood vessel, indicated by the dotted circle in Figure 2E. Figure 2H shows the variation of accumulation in terms of PA signal amplitude versus the time after injection. The peak accumulation time of Au nanocages in the SLN was observed to be about 120 min after the injection. To estimate the concentration of Au nanocages accumulated in a SLN *ex vivo*, phantom experiments were conducted. The concept of this estimation is to compare PA signals from known-concentration phantoms with those from real SLNs. PA signals were obtained from the. To reduce the propagation error of ultrasonic waves caused by different shapes, phantoms were slightly squeezed and flattened. The measured PA signals were plotted in Figure 3A as a function of concentrations.

Eight SLNs from four rats were harvested at about 150 min after the injection to estimate the concentrations of Au nanocages in real SLNs. Figure 3B is the PA signal from eight SLNs. The SLNs was classified into two group, more accumulated and less accumulated one. In the inset of Figure 3B, *ex vivo* PA MAP images (1: more accumulated and 2: less accumulated) of two out of eight SLNs are shown as the examples. We measured PA signals from the eight real SLNs and derived the corresponding concentrations from Figure 3A. Five out of eight SLNs generated 0.2±0.02 mV PA signals (standard deviation), which corresponds to a concentration of 6.9±0.29 nM (standard deviation), higher than the concentration of the original solution by a factor of 3.5. As observed in Figures 3B, 1 and 2, the Au nanocages seemed to accumulate mostly in the subcapsular sinus of the node, and not drain much to the trabecular sinus. The function of the lymph node as a filter would explain this well. The rest of the SLNs produced PA signals of 0.02±0.003 mV (standard deviation), which corresponds to a concentration of 0.15±0.016 nM (standard deviation). The large variations in concentration of Au nanocage in the SLNs were thought to be related to the physiology of lymphatic systems, such as the rate of lymphatic flow,(32) intrinsic smooth muscle action,(33) and physical skeletal muscle movement.(34)

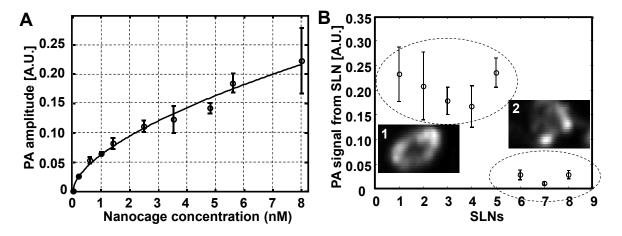


Figure 4. (A) PA signal from the gelatin phantom containing nanocages with various concentrations (0-8 nM). All measured values were scaled down to 0 dB gain. Errorbar indicates standard deviation. (B) PA signals measured from eight real SLNs. Insets 1 and 2 show the PA MAP images representing more accumulated and less accumulated one, respectively. SLN, sentinel lymph node.

#### 4. DISCUSSION

For future studies, several improvements concerning Au nanocages and the imaging system are recommended. First, an ideal mapping agent should be small enough to rapidly drain to lymphatic vessels and flow into lymph nodes, but large enough to stay within the lymphatic system during the procedure. Particles smaller than 5 nm can leak into capillary blood vessels and flow into the cardiovascular circulatory system.(35, 36) Once small particles (5–10 nm) drain

to SLNs, they may quickly migrate to echelon lymph nodes; hence, they will increase the false positive rate. On the other hand, particles larger than 1000 nm mostly stay in the extracellular space (injection site). The Au nanocages that we used for this study had the average edge length of 50 nm, and the peak accumulation time was observed to be about 140 min. Even though the relationship between size and migration time for a certain shape was reported,(14) this will depend upon the shapes as well as the sizes of the tracers. Therefore, it is necessary to find an optimal size of Au nanocages for SLN mapping to secure fast migration, sufficient duration of trapping for imaging, and sufficiently strong PA signal generation for imaging deep sites. Secondly, even though various kinds of nanoparticles have widely been studied for biomedical applications, their potential toxicity currently limits their clinical use. For this study, we were not able to investigate the distribution of Au nanocages in a rat due to technical limitations. Unlike quantum dots,(21) however, Aubased nanoparticles do not have problems with heavy metal toxicity. Moreover, gold has been approved and used for human treatment.(21, 37)

We observed the higher concentration than the original one of Au nanocages accumulated in the subcapsular sinus of a SLN, but did not observe a solid trend of their clearance in the duration of measurement (up to 5 hours). For SLN mapping, the higher accumulation would be beneficial, allowing a greater imaging depth with sufficient SNR. However, the higher accumulation and prolonged stay of Au nanocages may increase the chance of potential toxicity. Size adjustment and PEGylation of Au nanocages might reduce this prolonged stay,(38) so Au nanocages may be more efficiently excreted from the kidney.(14)

The last concern is that since the PA imaging system for this study employed a spherically focused ultrasonic transducer and a 10 Hz pulse-repetition-rate laser system, the scanning time for a 3D image was ~25 min with 0.2 mm and 0.35 mm stepsizes. In addition, the system was designed to sit on a table. The slow imaging speed and the tabletop design may not allow the imaging system to be directly applied in clinic. Employing an ultrasonic array system and a higher pulse-repetition-frequency laser system can dramatically improve the scanning time and flexibility of the scanner.

## 5. CONCLUSION

We successfully accomplished noninvasive *in vivo* Au nanocage-contrast-enhanced SLN identification using PA imaging modality in a rat model. Compared to the SLN mapping methods stated previously, the Au nanocage based PA method has several advantages: 1) noninvasive mapping, 2) peak optical absorption at the near-infrared region, allowing deeper imaging penetration than at the visible range, 3) rapid drainage into lymphatic channels, 4) accumulation of Au nanocages in excess of the original concentration, generating stronger PA signals (high SNR), 5) good spatial resolution, and 6) low cost. To evaluate this technique for clinical use, we also demonstrated that the proposed method could reach as deep as 33 mm below the skin surface with good contrast. This depth is greater than the mean depth of SLNs in human beings. Once Au nanocages are approved by the FDA, the next step will be a pilot study on human beings. In addition, with the aid of bioconjugation with antibodies for specific cancer cells, the Au nanocage based method can potentially provide noninvasive SLNB, while allowing simultaneous SLN identification.

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