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The Santa Clara

WHAT'S INSIDE

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6 **OPINION** Why we need the humanities



8 SPORTS Day in the life of a student-athlete





NAPOLITANO NARRATES: Alumna Janet Napolitano came to Santa Clara on April 24 as part of the Eric Hansen Alumni Speaker Series, which is aimed to reach undergraduate political science students. She is the current president of the University of California system and a fomer governor.

Napolitano Comes to Campus

Notable alumna talks to political science community

Kimi Andrew THE SANTA CLARA

Janet Napolitano, Santa Clara alumna and current president of the University of California (UC) system, recently came to campus to discuss politics, education and reflect on the days when there was a pool in the Graham Residence Hall quad.

Students and faculty from the political science department, as well as other university faculty members, gathered in the De Saisset Museum auditorium Tuesdav evening to listen to one of Santa Clara's most distinguished alumni talk about life as a

Napolitano was joined on stage by Dr. Greg Corning, associate professor and chair

of the political science department, who Governor of Arizona from 2003-2009. moderated the discussion.

by the political science department in order to have alumni return to campus to share their knowledge and experiences with political science students.

As a student at Santa Clara, Napolitano worked hard and played hard, reminiscing on the "sorority" she and her friends created called Sigma Chow which was based on the "principle of fine eating."

Although Napolitano has long since left the university, she has tried to carry its Jesuit values with her ever since.

After getting a Bachelor of Science degree summa cum laude in political science in 1979 and becoming the university's first female valedictorian, Napolitano went on to obtain a law degree from the University of Virginia School of Law.

Soon after, she began her life in politics as U.S. Attorney for the District of Arizona from 1993-1997, then Attorney General of Arizona from 1998-2003 and eventually

In 2009, she became the United States The talk was part of the Eric Hansen Secretary of Homeland Security under Alumni Speaker Series, a series established President Barack Obama but stepped down 4 years later to take a position as President of the University of California, which she holds to this day.

During her time in the White House, she was an integral part of the creation of the DACA program, or Deferred Action for Childhood Arrivals.

"[President Obama] announced DACA from the rose garden and we implemented it 60 days later," Napolitano said. "We didn't know on the first day whether we'd have 500, 5,000 or 50,000 applicants. It turns out today that there are 700,000 young people in the US with DACA protection. President Trump has rescinded that program. I did what a lawyer does-I sued him."

For Napolitano, suing Trump was a way of standing up for what she believes in and practicing all-inclusion, Jesuit values she

See NOTABLE, Page 3

Santa Clara's **Shared History**

Ohlone Native American tribe often goes overlooked on campus

> Julia Green ASSOCIATE REPORTER

oogle "Santa Clara University" right now and the first image shown would be of the Mission Church. On any campus tour, the Mission Church—home of weddings, funerals and Catholic masses—is always the highlight.

However, for as many times as the Mission Church appears in photographs and Google searches, aspects of its history are often overlooked. Among these is the unnoticed history of the Muwekma Ohlone people who resided in this area before the university ever existed.

While the Mission Church is often a site of welcome and pride for residents of Santa Clara, it is a reminder of a painful past for many others. The eighth mission site in the chain of 21 Franciscan missions established by Padre Junípero Serra in the late 1700s, the land under the campus is an archaeological goldmine.

Whenever the university undertakes a construction project, cultural layers are unearthed-containing artifacts such as shell beads, pottery, stone tools and food remains that give clues to the history of the previous mission community. Not only is the university resting on top of these artifacts, but it also resides over thousands of native burials, most which are unmarked. Many of those buried are the ancestors of the present-day Muwekma Ohlone Tribe who still call the South Bay their

Ever since the Mission system disrupted their way of life, the Muwekma Ohlone have faced colonization, leading to systems of oppression. They have been denied land, federal recognition and access to the archaeological records of their ancestral heritage sites. Their voices are largely nonexistent on a campus that lacks Native American representation in both its faculty and student population.

As a Jesuit university, Santa Clara touts the idea of educating the whole person in order to create a more just, humane and sustainable world. However, one has to ask if ignoring this history of colonization really contributes to this vision.

Then anthropologist Alan Leventhal first met Rosemary Cambra in 1980, he knew very little about California Native Americans, despite working as the director of the San Jose State University (SJSU) anthropology lab for two years. Cambra proudly declared her status as Ohlone Indian and wanted to learn more about her heritage. As any good academic in the 80s would do, Leventhal suggested they visit the library.

Appearing within the card indexes in the SJSU library, the word "Ohlone" suggested,

See OHLONE, Page 3







@thesantaclara

CAMPUS SAFETY

Alcohol-Related Medical Emergency

April 19: A campus resident was intoxicated after $returning \, from \, an \, of f-campus \, party. \, SCFD \, was \, contacted$ and responded. The student was well enough to remain in his room.

April 21: A campus resident was reported intoxicated in his room. SCU EMS responded, but the resident was uncooperative and left his room upon EMS arrival.

Found Property

April 19: Cymbals were found and turned in to the

Information Report

April 19: A white powdery substance was reportedly found on a campus resident's desk in his room. The substance was identified as a prescription medication.

April 21: CSS responded to investigate a report of a fire extinguisher found in a campus resident's room. The fire extinguisher was not Santa Clara property.

April 29: A swarm of bees was found around a tree at the Benson Center. Caution tape was placed around the tree to block off the area.

Medical Emergency

April 19: A campus resident hit her nose on a wall while sleeping. She was given medical assistance at the Cowell Health Center.

April 23: A student fell down the west stairwell of Sanfilippo Residence Hall, injuring his ankle. He was evaluated and given medical assistance by EMS. He declined transportation to a hospital and was given crutches.

Student Behavior

April 20: Unidentified males were reported throwing water bottles off the third floor balcony of Lucas Hall. CSS questioned a student in the area who admitted throwing water bottles as a prank.

April 21: Four students were found swimming in the Sullivan Aquatic Center pool after closing hours. They were documented and admonished to leave.

April 23: Campus residents were reported having a physical and verbal altercation in their apartment and one of them locked himself in a bedroom. They were both questioned by a CSS officer. Alcoholic beverages were found in the room and were disposed of.

Suspicious Person

April 21: A non-affiliate male was sleeping in the bushes by the Benson Center. He was admonished for trespassing and asked to leave campus property.

Theft

April 21: A student reported his vehicle was stolen while parked on the second floor of the North Campus Parking Garage. SCPD was contacted and responded. Another stolen vehicle was located on the third floor of the same garage, with a backpack containing a collection of mail from different mailboxes.

From Campus Safety reports. Email news@thesantaclara.org.

Check out the Campus Safety Report online:

facebook.com/scucss @SCUCampusSafety

ASG Finalizes Stance on Recordings

Students must notify senate to create their own recording

Emma Pollans and Celia Martinez ASSOCIATE REPORTERS

With the gavel in hand and the name plaques in place, the Associated Student Government (ASG) showed it does not have time to mess around.

During their Week Three meeting, they discussed transportation in the Bay Area, considered potential Registered Student Organizations (RSOs), successfully passed a new recording bylaw and discussed matters of sustainability on

At the start of the meeting Matt Quevedo from the Silicon Valley Leadership Group gave a presentation in which he asked for Senate to endorse Regional Measure 3. The \$4.5 billion transportation bill seeks to expand public transportation in the Bay Area, most notably BART and CalTrain. If passed, this measure will result in a gradual increase

in bridge tolls on all local state-owned bridges. The measure is set to appear on the 2018 June ballot. Senate will decide in the coming weeks on whether they will endorse Regional Measure 3.

Six clubs on campus gave presentations at this week's ASG meeting in hopes of gaining RSO status. These clubs included Fight to End Animal Torture, or F.E.A.T; SCU Tap Club; Active Minds, whose goal is to spread advocacy, awareness and education of mental health on college campuses; CHAARG, a fitness club to motivate and inspire students to achieve their fitness goals; PERIOD., dedicated to providing feminine hygiene products to local homeless populations and the Middle Eastern and North African (MENA) Club Active Minds CHAARG and PERIOD. are national organizations.

At-large sophomore senator **Bjorn** Thyrring and first-year senator Sahil **Sagar** presented the final version of the new recording bylaws. These require that students submit a notification to the Senate Chair, through a Google Form, by the start of the meeting if they wish to create their own recording. Failure to do so will result in loss of recording privileges for the rest of the academic school year.

ASG will now create their own video recordings of all meetings and have them uploaded to a Santa Clara-hosted website, unedited with a watermark. Each recording will replace the previous one, where the older videos of past meetings will be archived on a Google Drive folder. University groups may also request to use an ASG recording for their own official publications, provided the request is approved with a super majority vote from the Senate.

This final version was voted on and passed by the Senate and will take effect fall quarter of 2018. Previously, ASG had a ban on all recordings during Senate meetings.

Sophomore senator Helen Kassa and first-year senator Ciara Moezidis presented a resolution encouraging Santa Clara to commit to the piloting of a Smart Pass program, allowing Santa Clara students to ride Valley Transportation Association (VTA) buses for a reduced price. The aim of this program is to help promote the use of public transportation and sustainability on campus.

The next Senate meeting will be at 7 p.m. on Thursday, April 26 in the California Mission Room.

Contact Emma Pollans at epollans@scu. edu and Celia Martinez at c4martinez@ scu.edu or call (408) 554-4852.

News in Brief



Global

- On Monday, students led peaceful protests in Nicaragua in response to President Daniel Ortega's social security overhaul. The protests turned violent as the government tried to impose order.
- Swedish DJ Avicii—real name Tim Bergling—died on April 20 in Oman. He was 28 years old. The cause of death is still unknown.
- Tortonto police are still trying to piece together the motive behind the van attack that left 10 people dead on Monday.
- The number of Fortune 500 chief executives named John are equal to the number of female executives, acording to "The New York Times."



National

- On Tuesday, U.S. federal judge John D. Bates ruled that DACA cannot be rescinded.
- Lance Armstrong paid \$5 million to settle claims that he defrauded the federal government by doping while his cycling team was sponsored by the U.S. Postal Service.

Santa Clara



- Community members are encouraged to wear denim today to support sexual assault survivors. Take Back the Night, a campus-wide stand against sexual assault and domestic violence, will take place tonight from 6-7 p.m. on the Alameda Mall.
- The Cowell Health Center and SCCAP are sponsoring a blood drive with the American Red Cross on Tuesday, May 1 from 12:00-6:00 p.m. in the Mission California Room of the Benson Center.

The Santa Clara

Since 1922

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95053-3190 **OUR POLICIES**

The Santa Clara is the official student newspaper of Santa Clara University.

The Santa Clara is written, edited and produced by students once weekly, except during holidays, examination periods and academic recesses.

letters to the editor from readers. Letters can be delivered to the Benson Memorial Center, room 13; mailed to SCU Box 3190 or emailed to: letters@ thesantaclara.org.

The Santa Clara welcomes

Our letters policy:

- ▶ Submissions must include major and year of graduation and/or job title, relation to the university and a phone number for verification.

 Letters should not exceed
- 250 words. Those exceeding the $\,$ word limit may be considered as publication as an article or in
- some other form. Anonymous letters will not

be considered for publication. The Santa Clara reserves the right to edit letters for

grammar, clarity and accuracy, or to shorten letters to fit the allocated space.

• All letter submissions

become property of The Santa ▶ The deadline for publication in Thursday's edition is the prior

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Ohlone People Share History with Santa Clara's Campus

Continued from Page I

in the SJSU library, the word "Ohlone" suggested, "See Costanoan." Under "Costanoan—derived from Costeños, a name given to the tribe by the early Spanish colonists and by the Bureau of Indian Affairs meaning "coast people"—it read, "see Ohlone."

t the time, the only really reputable book about Californian Native Americans was American anthropologist Alfred Kroeber's Handbook of the Indians of California. It was in that 1925 book that Kroeber declared that, "for all practical purposes," the Ohlone were extinct. All of the scholars, historians, anthropologists, educators and politicians embraced this sentence of extinction.

But back in 1980, standing in the SJSU library with her hands on her hips, Cambra disagreed.

If Cambra were to visit Santa Clara's campus today, less than five miles away from SJSU there too she would see little evidence of her people. According to the tribe's website, the aboriginal homeland of the Muwekma Ohlone Tribe once extended as far south as Morgan Hill and as far north as the San Francisco Bay.

For thousands of years, the Ohlone, and over 150 other tribal settlements, occupied the Bay Area with a population totaling over 10,000 people in the San Francisco Bay Area.

But when Spanish colonists arrived in 1769 with the goal of baptizing the Native Americans into the Roman Catholic faith and establishing a colonized labor force, the Ohlone way of life was disrupted. Once hunter-gatherers and fishing people, many Ohlone had to suddenly adopt the agrarian society present in the mission community.

Previously bearing distinct tribal identities, the Ohlone communities now had a mixed "mission" identity. Thousands of Native Americans died from illness epidemics, such as cholera, smallpox and measles, carried over by the Europeans. By 1830, the Ohlone numbers totaled only 2,500.

inda Hylkema spends a lot of time in the archaeology lab, located in the Ricard Observatory on campus. As the cultural resource management and campus archaeologist, Hylkema oversees all the campus excavations with the help of an Ohlone representative before any construction can begin. The school did not always invite Ohlone representatives to be a part

of this process. Hylkema, when she arrived at the university 20 years ago, had to work to change the digging policies to ensure a more respectful and inclusive relationship with the Native Americans. Before any construction can begin, this strict and careful excavation process must be conducted.

Despite Ohlone inclusion in the dig process, the university still does not openly educate community members through ample signage, with Hylkema noting that the administration prefers a "clear, uncluttered look." However, she is trying to make it well-known that "the Indians are still here."

he Muwekma Ohlone are trying to stress this too, despite a history that denies their existence and their rights. Leventhal said that when he interviewed Cambra's family members in the early 1980s, some of them showed him their Bureau of Indian Affairs (BIA) enrollment cards.

These registrations with the BIA, dating from 1928-32, 1948-57 and 1968-71 proved that the government once recognized the existence of their tribe, even after Alfred Kroeber, the American cultural anthropologist, declared them extinct in 1925 in his infamous handbook.

In 1989, the Tribal Council of the Muwekma Ohlone was forced to petition for federal acknowledgment. Years of lawsuits, several hundred pages of documentation and many frustrating deliberations ensued. Today, the U.S. government still has not reaffirmed their previous status as a federally recognized tribe and has determined that they have exhausted the regulatory process to become one once again.

When anthropology professor Dr. Lee Panich was first hired at Santa Clara, he helped in the excavation of the block of land near a different sort of historical university landmark: The Hut. This area of land was once a bustling site of the Ohlone mission community. Through his research, Panich hopes to uncover what archaeological evidence can tell us about these Native American communities

While many people think that the mission system was ultimately positive for the native populations, Panich believes that we have an obligation to reevaluate this conclusion using archaeological evidence.

Panich also wants the students and faculty of Santa Clara to be able to access the archaeological material found in excavations. In the early 1970s and 80s, professors and students were the ones who did the

archaeological work. However, because of various pressures placed on the university due to California laws such as the 2014 Native American Historic Resource Protection Act, administrators decided to move the archeological work out of academia and into operations.

"For various reasons, it is pretty difficult to actually do work on campus," Panich said. "There is a ton of archaeology that happens on campus with all the construction, but they contract that out to other people. Which is pretty frustrating in many ways. The people they hire do a good job, but that means all that stuff essentially goes into a black hole."

Panich believes that it is important for students and faculty to be more involved in campus archaeology in order to be a direct witness to the historical memory of the land. The archeology is tangible evidence of the indigenous history of Santa Clara. By keeping this evidence hid-

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den, the university—perhaps unwittingly—perpetuates the historical erasure of the Ohlone and the other native people who lived at Mission Santa Clara

eventhal said that when he was helping Rosemary Cambra trace her family lineage back to their aboriginal villages in 1980, archeologists saw no reason to recognize or embrace the existence of the Muwekma Ohlone. Most archaeological firms have not given the tribe access to their information excavated from their ancestral heritage sites. Leventhal identifies this as a continuation of a colonial system established hundreds of years before.

"Colonial systems either have a premeditated agenda to disenfranchise and delegitimize indigenous people or they stem from a society that is normative, one with no malicious intent but one with no knowledge about the existence of these surviving tribes," said Leventhal. Both systems are detrimental and destructive in many ways.

ith her blonde curls, pale skin and light blue eyes, junior Ella Fogel does not appear to be a quarter Native American, However, despite her complexion, her mother's family is part of the Lumbee tribe of North Carolina, where she has relatives today. When the Multicultural Center and the Office for Multicultural Learning reached out to her and the few other students with Native ties on campus her freshman year, they co-founded the Santa Clara University Native American Coalition for Change (SCUNACC).

Fogel and the SCUNACC hold educational events, which have included clay pot making, a discussion of matriarchal practices in Native groups and a documentary screening of "More than a Word," discussing offensive school mascots.

"Our goal is education about Native issues, and definitely the Ohlone people and the Native history with Santa Clara," Fogel said. "But also to just bring a Native group on campus. It's a really underrepresented population."

Although SCUNACC holds weekly meetings, they usually only consist of Fogel and the two other original co-founders, as the fourth has since graduated. One of the largest issues Fogel and her fellow club members are concerned with is Native representation on campus. In demographics listed on Sant Clara's admission website about the current first-year class, less than one percent of students claim American Indian or Alaska Native heritage.

Not only is Santa Clara's campus grappling with a history of Native suppression, but the school also seems to be missing a key element in celebrating Native American heritage: representation in its faculty and staff.

emorializing selective aspects of the Native American history is something the de Saisset Museum on campus has struggled with in the past. Director of the de Saisset Museum, Rebecca Schapp, discusses a time when Rosemary Cambra came into the museum to see the California History exhibit years ago. Upon viewing the exhibit, located in the lower level of the museum, she was justifiably upset because the exhibit made it seem as if her people were

simply a thing of the past.

The exhibit failed to recognize contemporary voices and modern day members of the tribe who are working on reviving their culture and traditions in their native home of the South Bay.

"The Mission system transformed and changed the way of life of the Muwekma Ohlone people in a significant way," Schapp said. "The California Indian population declined in large numbers, there was violence, indigenous resistance and killings. Some people refer to this period as an American genocide—even today, some people can't acknowledge what happened to the Ohlone people."

o the right of the entrance of the Mission Church, banners commemorate pieces of the church's history. On one titled "The Ohlone," it reads, "Upon establishing Mission Santa Clara, Fray Tomás de la Peña and Fray José Murguía met with a large native population, numbering more than 10,000. Today we know them as the Ohlone. Over time, the Ohlone population dwindled. Today, numerous families have reclaimed their Ohlone heritage and still reside in the Bay

Although this banner acknowledges the Ohlone presence in the past as well as today, it does little to explain why or how their numbers decreased so greatly during this time period. This "whitewashing" of history is something that Schapp and others in the de Saisset Museum are trying to end. Schapp is currently working with representatives from the Muwekma Ohlone group to make changes to the California History exhibit.

Their team hopes to include more contemporary Native American voices and artwork to share the rich and vibrant Ohlone still thriving today. The museum staff also put together an iBooks textbook free for anyone to download on their iPads or tablets called "Moving Forward: Santa Clara's Story of Transformation," which traces the history of the Mission Santa Clara de Asís.

The introduction of this iBooks textbook reads, "Much change was brought to the Ohlone with the arrival of the Spanish, but their culture endures. Their history is our history, an integral part of the story of the Bay Area."

An original version of this story was created for a magazine journalism class. Contact Julia Green at jgreen@scu.edu or call (408) 554-

Eric Hansen Alumni Speaker Series Nabs Napolitano

Continued from Page I

learned from her time at Santa Clara.

In addition to being all-inclusive, Napolitano learned that compromise is oftentimes necessary for the greater good of the situation and is something she had to practice a lot during her time in politics.

"Government is hard because you have to envision where you want to go, you have to persuade, you have to bring people along, you have to form coalitions," Napolitano said. "But you have to know how to compromise and how far you are willing to compromise in order to achieve a particular objective."

While in office in Arizona, Napolitano wanted to implement all-day kindergarten for every child in the state. Rather than put efforts and resources into that, the legislature wanted to create more private prisons

wanted to create more private prisons.

Although she didn't think that private prisons were worthy of their time, Napolitano

and the legislature were able to come to an agreement.

"We worked out a compromise where I got all-day kindergarten and for every public prison we built, we would contract out for a private prison," Napolitano said. "That was a compromise but in my mind it helped to achieve a larger objective. Those are the kinds of things that experience helps you do well."

Along with discussing her political experiences, Napolitano talked about her time as President of the UC school system and offered advice to Santa Clara's political science students.

"The UC is a large organization," Napolitano said. "The annual budget of UC is \$34.5 billion. When I left Arizona, the state budget was about \$10 billion. We are like a moderately large state with a large population of 18-year-olds."

As a public institution, the UC schools are barred by "Prop 209" from taking race or ethnicity into account when admitting students. That, however doesn't mean that they have to turn a blind eye in terms of preparation and outreach for prospective students.

During her time as President of UC, Napolitano helped create "Achieve UC," a program that prepares underrepresented minorities to attend a UC school.

Through the program, the percentage of minorities in the UC system has increased rapidly over the past five years, and Napolitano expects that increase to continue.

In terms of advice she has for women who are thinking of running for office, Napolitano responded by saying, "Do it."

And as for students who are unsure of what to do after graduating from Santa Clara, she offered important advice.

"The important thing is to be willing to take a chance, to be willing to explore and to realize that your first job is not going to be your last job," Napolitano said. "It's a start."

When asked to reflect on her fondest memories from her time at Santa Clara,

Napolitano made the students in the audience jealous by talking about the now-cemented-over pool that was once in the quad outside of Graham Residence Hall, as well as the club in the basement of Graham—Pipe Stage—that Steve Martin performed in when he was starting his comedy career.

The speaker series aims at reaching undergraduate political science students and Napolitano's visit did just that.

Jules Xenakis, a sophomore majoring in political science, attended Tuesday's talk.

"She has become my female role model," Xenakis said. "I always second-guess myself and my abilities and what I'm capable of. Listening to her talk, and the fact that she has been through part of my same path, going to Santa Clara, solidified in my mind that anyone can do anything if you work hard and put your mind to it."

Contact Kimi Andrew at kandrew@scu.edu or call (408) 554-4852.

SCENE

Thursday, April 26, 2018

A Frying Shame: Disappointment at #GetFried

French fries-only restaurant plays ketchup with the competition

> Perla Luna Managing Editor

Fries are difficult to mess up. But #GetFried—a cafe based exclusively on serving tons and tons of fries in every style (and with every sauce) you can imagine—certainly manages to fumble it. Having opened its doors in January, the #GetFried Fry Cafe bills itself as America's answer to Canada's famous poutine shops and Amsterdam's fry cafes.

When I first heard about this place, I had my share of concerns. I love fries as much as the next gal, but eating just a plate of fries for dinner didn't scream "appetizing" to me. "Heart attack" felt more accurate.

Still, my interest was piqued and, walking in to its hole-in-the-wall location, I was ready to convert.

Wood paneling adorns the inside of the cafe and extends to their patio, a nice little nook with yellow stools and a flat screen TV for watching the game. The staff was friendly and, with only a few customers inside, the wait time was quick.

For my tasting, I tried four $\,$ of their most popular topped fry baskets: Oh' Canada, Rocky Balboa, Avocado Explosion and Sweet Tooth. The type of fry each basket comes with is up to you, giving the customer more choice and more risk.

Oh' Canada is the cafe's poutine dish, clearly inspired by its north-of-the-border

Their waffle fries were perfectly seasoned and were, by far, the most well-executed style of fries out of the ones I tried. The rubbery milkiness of the mozzarella cheese curds, meanwhile, didn't compliment the saltiness of the gravy particularly well. My taste buds couldn't get a hold on the flavor, and I opted instead to dig out the waffle fries to eat on their own.

The Rocky Balboa, their take on philly cheese steaks, was the weakest of the bunch.



#GetFried opened this last January as a restaurant made especially for fry lovers. Their menu challenges the conventions of a fast food favorite.

I was expecting creamy goodness to inspire the eye of the tiger in me, but alas the fun name is the biggest draw here. In a bed of straight-cut fries, the meal is topped with sirloin (not tender enough), sweet peppers (barely any) and melted nacho cheese (plasticy).

The standouts were by far the savory Avocado Explosion and the Sweet Tooth.

The former is any avocado lover's dream, paired with plenty of (some would say too much) chicken, cilantro, bacon and tangy cheese sauce/ avocado aioli combo. It's like if a street taco had a baby with the In-N-Out animal fries.

Served with powdered sugar, a scoop of ice cream and chocolate sauce, the Sweet Tooth was a trip down memory lane with each bite. Its crisp "funnel fries" were deep-fried decadence and overall make a perfect, summertime snack. Appropriate, considering its location right down the street from Great

America.

With a choice of medium or large sizes, each individual basket will run vou about \$7, a reasonable price considering all the toppings included.

Their finger foods section-pizza logs, buffalo crunch rolls, crispy chicken fingers-is a bit pricier but you can always go dutch for \$5. You'll snag a fry style of your choice and a sauce, including chipotle mayo, basil pesto mayo, garlic lemon aioli or roasted pepper.

By the end of my fry feast, none of my hesitations were $really\,eased.\,Their\,house\,fries$ weren't all that special and the baskets felt more food truck than gourmet. The sports bar vibe they're going for might work for some once the shop gets more settled in, but that someone isn't me. I guess I'm just not ready to #GetFried.

Contact Perla Luna at pluna@scu.edu or call (408) 554-4852.

Images of Home at San Jose Museum of Art

New exhibit displays the ever-changing nature of place and belonging

> **Ethan Beberness** THE SANTA CLARA

"Home" can be a difficult concept to define during your college years.

Some students are more keen to call the house where they grew up their home and consider their college residence a temporary place to sleep.

In the traditional American mind, homes are often imagined as idyllic interpretations of the 20th century American dream. Regardless of how successful previous generations were at achieving the dream of homeownership, the image of the house in the suburbs was burned into the American imagination.

"The House Imaginary," a collection of works curated by Lauren Schell Dickens at the San Jose Museum of Art, both observes suburban scenes and challenges the notion that the home is simply a dwelling.

"In our increasingly itinerant and unstable world, 'The House Imaginary' brings together varied explorations of the house as both an architectural and psychological space," Dickens said in a statement written by the entrance to

In "dolefullhouse," Japanese artist Tabaimo explores the psychological aspect of foreign influence on homes in his country. Using "hand-drawn images that evoke traditional Japanese woodblock prints" and digital manipulation, Tabaimo created an animated sequence that follows a pair of hands continuously arranging rooms as an octopus (repre $senting \, for eign\, influence) \, destroys \, the \, house$ with its tentacles.

Another non-traditional home environ-

ment is the prints of a home in the Minidoka War Relocation Center, an internment camp in Idaho where American artist Roger Shimomura spent the early part of his childhood. These memories inspired a series of prints called "Memories of Childhood."

Many of the scenes look as if they could have taken place anywhere in the U.S., if it were not for the barbed wire prominently featured in nearly every print. "As wonderful as it had now, the dream is just home, not ownership. I think this is better," reads a visitor comment card hanging by the exhibit entrance.

Maybe so. While millenials have a reputation for being permanent renters, The Wall Street Journal reported in January 2018 that "The U.S. homeownership rate rose in 2017 for the first time in 13 years, driven by young buyers who overcame rising prices, tight supply and strict lending conditions to purchase

living. Students frequently move between new houses, apartments or dorms every year. It is not irregular for student housing to feature cramped rooms barely fitting the two or more students who sleep there each night. Some students will even share rooms with friends who are not listed on the lease in an effort to make their rent more affordable

The home rental game can be both incredibly difficult to break into and a defining factor of a student's social experience.

'[Home renting] was this huge mystery that you had to already know about," senior Brian Huhn said in an interview with The Santa Clara.

As a first-year, he found that the local housing market was all about who you knew. Some property managers require leases be signed a vear in advance, according to Huhn.

Huhn's first off-campus residence was found through a friend who had a family connection to an apartment a few blocks off

He has come to define his home not as a specific location, but rather as a group of people that he feels comfortable and happy with. "You can live in a mansion with a**holes and you'll hate it, you know what I mean?" he said, "Or, you can live in Swig, in one of the smallest, most disgusting rooms where people have thrown up in the sinks a thousand times and peed out the window, and I still loved it there because of the people."

In short, "The House Imaginary" teaches us a lesson. It is an exercise in growth. As we become older, our definitions of home may

We can form attachments not just to the people we live with, but also to the details of the places we live. "The House Imaginary" is the place to start exploring where and how you feel at home.

Contact Ethan Beberness at ebeberness@scu. edu or call (408) 554-4852.



PHOTO BY FTHAN BEBERNESS

"The House Imaginary" at the San Jose Museum of Art blends multifarious perspectives on the concept of what a home is. The exhibit touches on the greater social and cultural implications of what homes are around the world.

seemed to live close to most of my friends and relatives. I remember never fully understanding exactly why we moved, and wondering if we were ever going to go back home," Shimomura said in a statement about his work.

Some visitors reacted positively to the challenge against traditional notions of home.

"Home ownership was the American Dream for my generation. For generations their first homes." Perhaps this shift signals the permanence of home ownership and the American dream in our culture.

For students at Santa Clara, home ownership is barely on the radar. The family home featured in the majority of the works in "The House Imaginary" and experienced by many students during their childhoods and adolescence is replaced with high-priced communal

Director of Campus Ministry discusses education and religion

Gavin Cosgrave Special Correspondent

Lulu Santana has been at Santa Clara longer than most students have been alive. She started as a graduate program Resident Minister—living on the seventh floor of Swig Residence Hall in 1996—and has primarily worked in Campus Ministry ever since.

Gavin Cosgrave: How did you end up working for Campus Ministry?

Lulu Santana: In my second year as a graduate student studying pastoral ministries at Santa Clara, I lived in Swig as a Resident Minister on the seventh floor.

I was also working part time at a parish. When I was looking for full-time jobs, someone suggested that I should apply for campus ministry. That wasn't the plan, but I gave it a shot and I realized that the highlight of my days was being with students in their highs and lows and everywhere in between. The class of 2000 helped me decide to stay here for a while.

GC: What did you learn from living on the seventh floor of Swig?

LS: I remember being very nervous about meeting students and wondering what they would think of me.

My room was on the end of the hall by a water fountain, and I realized that if I kept my door open, students would make their way over to get water. It was a reason to get students to talk to me.

I remember Halloween, which was a time when a lot of people were exploring what they would do socially and how to connect safely. Some students who had come to off-campus parties, and I remember the way that students looked out for each other.

There were great conversations about life, family, being homesick, faith. I realized that this was a time when students were asking questions about life.

GC: What changes have you noticed in the past 20 years at Santa Clara?

LS: I think the cell phone has changed a lot of things. Back then, people would gather in lounges to watch TV, so it was a little easier to gather. People weren't looking down texting or wearing earbuds. My own habits have changed as well.

One thing that hasn't changed is that students have a hunger for deep conversation, a hunger to be heard and be listened to and connect with people.

GC: Campus Ministry's three values are "belonging, believing and becoming." Why is belonging the first one?

LS: People have a desire to connect. I know from talking to first-year students that the first few days are nerve wracking, asking, "Am I going to eat alone?" or "Will I have people to socialize with on the weekend?" It can become an isolating experience. We hope to

Voices of Santa Clara: Lulu Santana



PHOTO BY NICK KNIVETON

Lulu Santana is the current Director of Campus Ministry at Santa Clara. She works to inspire communication between people of diverse faith backgrounds at Santa Clara.

foster opportunities where people can feel a sense of belonging in a community and a faith, whatever that faith may be.

GC: How do you think about running programs that cater to both Catholic and non-Catholic students? How does that play in with students who had religions involvement in the past but now don't want any part of it?

LS: The growing trend among college students across the country is students who identify as "none." Many had some form of religious upbringing and decided that's not a priority for them or there has been conflict and tension.

We've adapted some of our programs to allow students of different beliefs to reflect on questions of meaning and purpose. Our interfaith dinner discussions, there may be people representing different faiths, but there are also people who have had a particular religious tradition but have a lot of questions. There's a sense of comfort in hearing other people from other faith traditions wrestle with questions.

GC: I read that you volunteer in the county jails. How did you get started with that and what do you enjoy about it?

LS: About 8 years ago, I got an email from the coordinator of detention ministries for the Catholic Diocese of San Jose who was looking for college student singers in a service at Juvenile Hall.

It reawakened a curiosity to be a volunteer in a detention city. Years ago, I used to go to the Dolores Mission in East LA on the immersion trip. That was something that really spoke to me but I knew I couldn't make a commitment at that time. When I met the coordinator, I told him that I had always wanted to do something like that.

I volunteer at the county jail with men awaiting sentencing, and it's been a life-changing experience. It's given me another window into humanity, and where we're broken. It's a whiplash being on campus and thinking of the opportunities our students have here, then visiting men the same age in jail, and thinking, "How can we create a better world where there's more opportunity?"

It's also been an eye-opening look into our criminal justice system. I've learned how long it takes for someone to go to trial or await sentencing, and the punitive nature of our sentencing.

The same thing that has been so rewarding about my time at Santa Clara has also been rewarding there: to acknowledge the dignity of people who are inmates and officers and the complexity of our system.

I've worked with some men who wanted to be baptized, and it's been something that I've been able to do that has been transformative. Even in a stark room that is used for a barber shop and playing cards and classes, there's an incredible sacredness that transcends those circumstances.

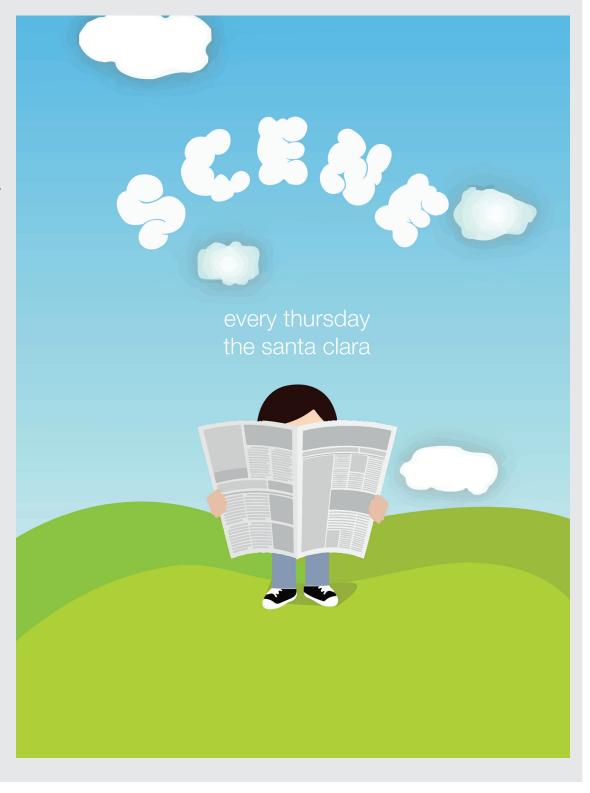
It's added to what I do at Santa Clara in terms of not taking things for granted and recognizing how one decision can change the trajectory of one's life.

No one's invisible, but there's certainly a reality when I go into a

jail that there are more men of color here, and the ache of that as well. Personally, it's been extremely meaningful work.

"Voices of Santa Clara," profiles noteworthy students and faculty. The Q & A is excerpted from the "Voices of Santa Clara" podcast.

Visit voices of santa clara.com or search "Voices of Santa Clara" on the iTunes Podcast App to hear the whole interview.



OPINION

Thursday, April 26, 2018

Matthew Bettencourt

How Studying the Humanities Can Benefit You

he other night at the HUB, I was working with a writer who told me, "English is not practical; it wouldn't bring me any additional value." As a Writing Partner, I've seen some writers who absolutely hate the humanities. But this student, a computer science major, was an English buff. Despite his love for English, he didn't see what value a humanities minor could bring to a STEM major. I personally believe anyone could benefit from a minor in the humanities in three ways.

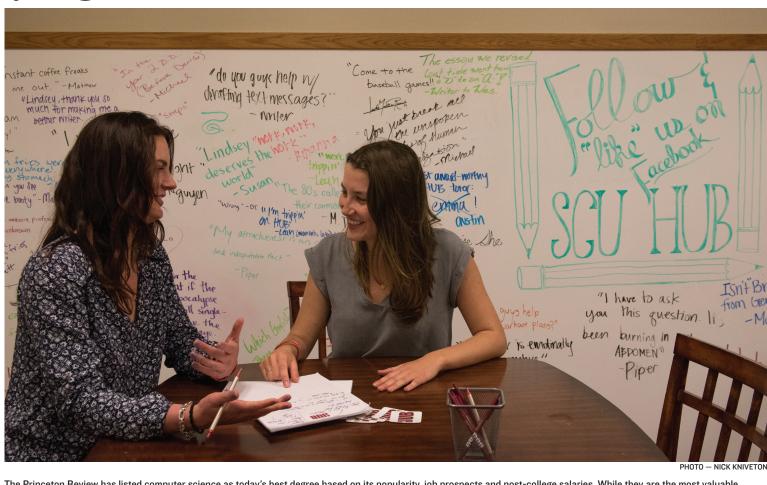
First, job applicability. That's why most of us are here at Santa Clara, isn't it? As an accounting major, people frequently ask me how my English minor is applicable to any career in accounting. To them, I explain that writing and communication skills are necessary for any career path. Yes, you heard me; the end of CTW does not mean the end of writing.

Even though I self-identified as a strong writer before my minor, the classes I took helped me understand the depths of writing, argumentation and rhetoric in ways that will provide me value regardless of what I do with my career. Of course, an English minor isn't for everyone, but that's not to say that no humanities minor will suit you.

Recently, Harvard Medical School began incorporating drama and literature into its program to help medical students become empathetic and reflective doctors.

Whether you're majoring in a natural science, engineering or business, the humanities can bring you value in unexpected ways. Humanities are making a comeback in the job market, and you're putting yourself at a disadvantage by not utilizing the full benefits of a liberal arts education.

Which brings me to my second point: Beyond increasing the value of your degree, the humanities can help you develop as a person. In the humanities, we take the time to think about the issues of the world that many of us take for granted. The purpose of the humanities is to question how the world is currently



The Princeton Review has listed computer science as today's best degree based on its popularity, job prospects and post-college salaries. While they are the most valuable, degrees in engineering, computer science and business may not touch upon salient aspects of the humanities fields, which include languages, philosophy, history and writing.

with the opportunities and tools to be the thinkers of societies and not just the bystanders.

My third and last point is this: the humanities are genuinely fun. I love my major and the classes I took within it, but quite frankly, by your fifth upper-division, our majors can feel a bit monotonous.

Let the humanities be the breath of fresh air during your quarter. Don't let it be something that stresses you out, but something that allows you to exercise a unique part of your mind and interact with different people.

The humanities offer us the unique opportunity to increase the value of our education and pursue our passions. Although I wasn't able to communicate it to the computer science major,

Don't let it be something that stresses you out, but something that allows you to exercise a unique part of your mind and interact with different people.

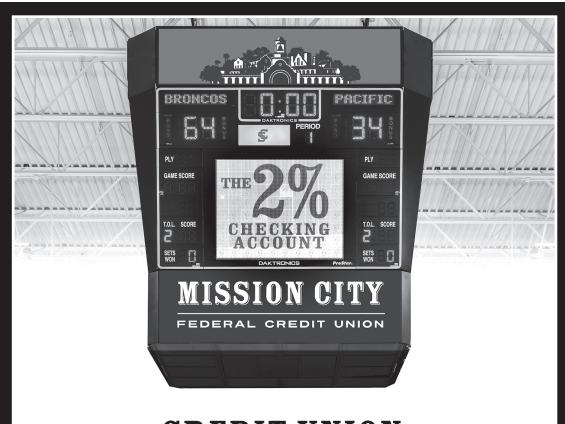
and to think of ways it should be. As a person, engaging in this process can help you develop a critical conscience and questioning mind.

The humanities also enable us to think about issues from different perspectives. Philosophers look at issues in terms of truth and justice while historians understand current events as products of human experience. Regardless of your discipline, the humanities provide you

there is value to a humanities minor. Santa Clara, after all, is a liberal arts school; take advantage of the unique interdisciplinary education that it has to offer.

Matthew Bettencourt is a senior accounting and information systems double major with a minor in English. He is also currently a Writing Partner at the HUB Writing Center.

Articles in the Opinion section represent the views of the individual authors only and not the views of *The Santa Clara* or Santa Clara University.



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STANDINGS

Baseball

| Team | WCC | Overall |
|------------------|--------|---------|
| San Francisco | 12-6-0 | 23-17-0 |
| Pepperdine | 12-6-0 | 21-17-0 |
| Loyola Marymount | 11-7-0 | 18-22-0 |
| Saint Mary's | 10-8-0 | 21-17-0 |
| Gonzaga | 10-8-0 | 20-18-0 |
| Brigham Young | 7-8-0 | 18-16-0 |
| Portland | 8-10-0 | 15-23-0 |
| San Diego | 7-11-0 | 18-22-0 |
| Pacific | 6-12-0 | 15-23-0 |
| Santa Clara | 4-11-0 | 16-21-0 |

Softball

| Team | WCC | Overall |
|------------------|-------|---------|
| Brigham Young | 8-1-0 | 26-20-1 |
| Loyola Marymount | 5-1-0 | 25-19-0 |
| San Diego | 5-4-0 | 17-25-0 |
| Pacific | 4-5-0 | 25-21-0 |
| Saint Mary's | 1-5-0 | 13-27-0 |
| Santa Clara | 1-8-0 | 6-33-0 |

Men's Tennis

| TD. | TTTOO | 0 11 |
|------------------|-------|---------|
| Team | WCC | Overall |
| San Diego | 8-1 | 14-7 |
| Brigham Young | 7-2 | 18-6 |
| Loyola Marymount | 7-2 | 17-5 |
| Portland | 6-3 | 13-6 |
| Santa Clara | 5-4 | 13-9 |
| Pacific | 3-6 | 6-17 |
| Pepperdine | 3-6 | 7-16 |
| Gonzaga | 3-6 | 10-9 |
| San Francisco | 2-7 | 4-16 |
| Saint Mary's | 1-8 | 4-17 |
| | | |

Women's Tennis

| Team | WCC | Overall |
|------------------|-----|---------|
| Pepperdine | 9-0 | 20-2 |
| Gonzaga | 7-2 | 16-6 |
| Loyola Marymount | 7-2 | 15-5 |
| Brigham Young | 6-3 | 13-8 |
| Saint Mary's | 6-3 | 12-6 |
| Santa Clara | 3-6 | 7-12 |
| San Diego | 2-6 | 10-10 |
| Pacific | 2-6 | 6-11 |
| San Francisco | 1-8 | 3-16 |
| Portland | 1-8 | 5-15 |

UPCOMING GAMES

Baseball

| Santa Clara @ San Francisco | Fri. 4/27 | 3:00 p.m. |
|-----------------------------|-----------|-----------|
| Santa Clara @ San Francisco | Sat. 4/28 | 1:00 p.m. |
| Santa Clara @ San Francisco | Sun. 4/29 | 1:00 p.m. |
| Santa Clara @ Cal Poly | Tue. 5/1 | 6:00 p.m. |

Softball

| Santa Clara @ Pacific | Sat. 4/28 | 12:00 p.m |
|------------------------|-----------|-----------|
| Santa Clara @ Pacific | Sat. 4/28 | 2:00 p.m |
| Santa Clara @ Pacific | Sun. 4/29 | 12:00 p.m |
| Santa Clara @ Stanford | Tue. 5/1 | 6:00 p.m |

Men's Tennis

| Santa Clara @ WCC Championships | Thu. 4/26 | 10:00 a.m. |
|---------------------------------|-----------|------------|
| Santa Clara @ WCC Championships | Fri. 4/27 | TBD |
| Santa Clara @ WCC Championships | Sat. 4/28 | TBD |

Women's Tennis

| Santa Clara @ WCC Championships | Thu. 4/26 | 10:00 a.m. |
|---------------------------------|-----------|------------|
| Santa Clara @ WCC Championships | Fri. 4/27 | TBD |
| Santa Clara @ WCC Championships | Sat. 4/28 | TBD |

Men's Rowing

| Santa Clara @ WIRA Championships | Sat. 4/28 | TBD |
|----------------------------------|-----------|-----|
| Santa Clara @ WIRA Championships | Sun. 4/29 | TBD |

Women's Water Polo

| Santa Clara @ GCC Championship | Sat. 4/28 | TBD |
|--------------------------------|-----------|-----|
| Santa Clara @ GCC Championship | Sun. 4/29 | TBD |

Cross Country/Track & Field

Santa Clara @ Bulldog Invitational Sat. 4/28 TBD

SPORTS BRIEFS

Softball

LOS ANGELES, CALIF.-Loyola Marymount University swept Santa Clara in a three-game series this past weekend. In the final game, the Broncos lost 6-0.

Senior Micaela Vierra started for Santa Clara, allowing three runs on six hits, a walk and two strikeouts. Four Broncos posted hits, including sophomore Eleni Spirakis and firstyear Lauren Schiek with doubles.

The Broncos are headed to play the University of the Pacific this Saturday at noon. The team will return home on May 11 against Saint Mary's College.

Men's Tennis

MALIBU, CALIF.-Men's Tennis is headed to the West Coast Conference tournament after a 4-3 victory over Pepperdine University.

Junior Connor Garnett sealed the win when the match was tied 3-3, winning against Pepperdine's Brian Berdusco. Garnett and his partner junior Kamran Khan took the only win as a doubles team for Santa Clara against Dennis Uspensky and Scotland Garapedian.

Santa Clara will go into the conference tournament 26 in the WCC tournament.



Baseball

Women's Beach Volleyball

in Claremont, California as the PULLMAN, WASH.—Santa Clara SANTA MONICA, CALIF. fifth seed of six. The team will finished a three-game series with Beach Volleyball finished out play the fourth seed University a no-hit game against Washing- their season with a defeat at the of Portland on Thursday, April ton State University. The Cougars WCC Championship. Loyola got an early lead by scoring three Marymount University swept runs in the bottom of the second Santa Clara, winning the top inning in this non-conference three positions. Santa Clara matchup.

> Sophomore Michael Praszker due to injuries. took his first start of the season, allowing five hits and five runs. to the University of Portland, Junior Luke Martin-Resnick took where they posted two wins over, striking out four Washing- with one in the first position. ton State players and allowing for Senior Kirsten Mead and junior two hits and a walk.

> Stadium this week to play Califor- Stephens and Cali Thompson. nia Polytechnic State University in their final home game. Santa with senior Erin Reineking and Clara will then travel to San Luis sophomore Michelle Gajdka. Obispo on May 1 to continue the series, but not before a three- to an end, the Broncos are begame series against the Univer- ginning to train for the indoor

had to forfeit their fifth game

The Broncos then moved on Hailey Lindberg came back to The Broncos return to Schott win the last two sets over Tani

Santa Clara also won fourth

As the beach season comes sity of San Francisco April 27-29. season coming up in the fall.

Contact Sophie Pollock at spollock@scu.edu or call (408) 554-4852.

New NCAA Reforms Don't Show Promise

Recent changes fail to address the real issues

Tim Dahlberg ASSOCIATED PRESS

Don't bother reading too deeply into the report of the latest NCAA commission on the mess that is big time college basketball.

No reason, because pretty much all you need to know about the Rice commission report released Wednesday is that the authors begin with a defense of the system as it ex-

Not surprisingly, they like the idea that athletes can get a college education by playing ball. Indeed, they make a point of saying that could be worth \$1 million all by itself, and could help change a player's family for generations to come.

What they don't like is the idea of paying the players themselves. And they have no desire to actually upend a system that-by their own report-is so flawed that it may implode at any moment.

"The state of men's college basketball is deeply troubled," the report says. "The levels of corruption and deception are now at a point that they threaten the very survival of the college game as we know it."

On that, at least we can all agree. If the FBI probe into bribing players to go to schools is any indication, we have just scratched the surface of the corruption in college athletics.

The billions that pour into college basketball every year are an infestation that has corrupted-in various forms-everyone from \$5 million a year coaches to the people who take the tickets at the door.

But while the probe headed by former Secretary of State Condoleezza Rice claims it wants actual reform, the proposals do little other than maintain the status quo.

There are no real new ideas and the ones voiced-mostly about forces outside the NCAA—will be difficult, if not impossible, to implement.

No surprise there, because $the\,real\,job\,of\,NCAA\,chief\,Mark$ Emmert and his cronies is to keep the money flowing.

They, you might remember, are the ones who keep warning us that the entire system of big time college athletics could collapse if the players who provide the actual labor are fairly compensated for their work.

So what did we really get out of a 60-page report by a commission hastily put together to try and counter the implications of an FBI probe?

Not much. Not much at all.

Yes, there are legitimate proposals made in good faith that serve some purpose, like doing away with one-and-donessomething that only the NBA has control over-and allowing athletes to hire agents. There are calls for shoe companies to help sort out the mess they helped create, and proposals to outsource investigations to professionals and impose tougher penalties for coaches and schools that break the rules.

Laughably, there are also calls for the NCAA to take over youth basketball and run its own teams and tournaments for those aspiring to play in college. Yes, the same organization that has no clue how to even run itself would somehow be in charge of thousands of teams and leagues while at the same time keeping out the influence peddlers from Nike, Under Armour and Adidas.

Yeah, good luck with that.

Give some credit to Rice and thers on the panel for finally fessing up to the depth of the corruption in college basketball. And the one thing the panel did get right is that the NCAA is basically paralyzed by its own incompetency.

Now that we've established a baseline, the problem is finding a way to fix it under the umbrella of the current system. And that's pretty much impossible, no matter how much lip service is paid to proposed reforms.

Yes, the NCAA commission speaks loudly on cheating, as it should.

There are recommendations like a five-year postseason ban, coaches effectively fired for life and the loss of postseason money that should have been in place years ago.

And the idea that the NCAA investigative and enforcement division should be farmed out is a good one, if only because the

bumbling gumshoes currently in place are both clueless and powerless. But the NCAA will never get

its member schools-much less the NBA, shoe companies and AAU coaches and officials-to come to terms on anything of any significance to fix things. The big schools don't agree

on much with the smaller schools, and the multimillion dollar contracts most of them have with the shoe companies ensure that won't change.

There may be a few proposals that get implemented on a piecemeal basis, but the people who have run the lucrative racket that is college basketball aren't going to give up their control easily.

And good luck telling the NBA what to do about oneand-dones when the league and its player union will do as they please.

Really, commission members had an impossible task and not much time to complete it.

Yes, they came up with a handful of good ideas which will get some debate and shift the attention away from the FBI probe.

But the issues that are eating at the underbelly of college basketball are rooted in the tremendous amount of money at stake for nearly everyone involved—except the players, of course.

And few currently drinking from that trough have any intention of changing anything that will get in the way of the cash flow.

SPORTS

Thursday, April 26, 2018

Take a Run in My Shoes



FACEBOOK

Senior cross country runner, Marisa Rudolph (far right), prepares for the start of a race. Rudolph, like all student-athletes, struggles to balance the stresses of college life with the daily demands of athletic training.

Cross country athlete goes through her daily grind

Marisa Rudolph Associate Reporter

At 6:15 a.m. my alarm blares. I feel like I just crawled into bed, given that I left the library at 11:30 the night before.

By 6:45, I'm walking out the door, swinging my school bag on my back and strapping my gear bag on my front. As I arrive at the front of Leavey, I greet a pile of fifty runners—half male, half female. Most of the group looks drowsy. Some are slumped against the wall with closed eyes.

Two women are using rollers and bands to work out the nagging tightness from the hundreds of miles of running we do each month. My hip is aching so I grab a lacrosse ball.

I lay down straight on the spot and grit my teeth. I'm slightly more awake now. We pile into vans headed to Baylands Park. It's a Tuesday, a workout day.

The first few steps of the warm-up are hard. A thread of pain shoots up my knee and my hip makes me rock too heavily to one side. I stare blankly at the ground feeling heavy. I crack my neck, shake my head, take a deep breath and lengthen out—relax.

Twenty minutes and about two and a half miles later, the aches and pains diminish as my muscles somehow remember they work. Dynamic drills and strides lead us to standing,

glistening with sweat, in front of the coaches. There's a crackling of energy now.

Today is one of our hardest workouts with almost seven miles of running near race pace.

"This workout is all about execution. Let's keep the tempo miles even and push hard on the fast intervals," Coach Pete says after rattling off the mileage and paces.

We line up at the first cone that the coaches have carefully measured out. "Three, two, one:

The first three steps are quick as we build momentum and shuffle around each other to find comfortable positions.

There's a teammate keeping stride to my right and three stomping on our haunches. My stride feels effortless and powerful; I'm floating. We pass the first quarter-mile mark, "85! Perfect!" I yell. The next 400 meters. "85!" Pete is hollering across the park. It's easy now—later it won't be.

We loop around the park, alternating tempo miles with speed work.

Our pack begins to break. As I start fading, a teammate yells, "Come on Mar, let's hit this eight!"

I try to deepen my breathe and dig deep. Now, with muscles burning and sweat pouring down, I have to command my protesting legs to keep moving.

We run through the last 400—"73!" I take a few steps on jello legs as teammates strew around the finish line. Some double over with hands on their knees while I clasp my hands behind my head and take a few unsteady steps.

After a cooldown, we are back in the vans. 8:45 in the morning and we already have 11 miles in the book.

Practice is far from over. Fifty sweaty, hot bodies pack into the small weight room in the basement. Our weight coach rattles off the lifts for the day—"Huddle up, y'all! Three, two, one: WORK!"

I strategize the best way to finish the workout as quickly as possible; I have to make it to my 10:20 class on time. Attempting to ignore my shaking legs, I head to the squat rack and load the weights.

I'm in the locker room by 10 o'clock—just enough time to change out of my sweaty clothes and into a fresh athletic look. I grab my school backpack and dig around.

Crap. I forgot to get food last night. My teammate offers me a banana as she cracks open her Clif bar. "You can't not eat after workouts," she says.

Three of us pile into our organic chemistry lecture right as our professor starts. I pull my notebook out on my desk—three problem sets later, I feel my eyes closing.

I keep sipping water trying to stay alert and fill my grumbling stomach.

It seems like only a minute later when I look down and see squiggles, despite my valiant attempts to maintain attention.

My teammate looks over and laughs. "Don't worry. I've got you today. We'll go to tutoring tonight anyways." Besides, she used my notes last week when she too couldn't keep her eyes open.

In the 10 minutes between class and lab, I manage to grab a bar from the coffee shop in Lucas.

My legs feel weak but I finish the threehour lab with a few random bursts of energy and a successfully synthesized indigo sample. It's almost 3 p.m. now.

I debate whether to head to Benson to get my first real meal of the day or to shower first.

I opt to shower—if I eat first, I'll fall asleep in my room. I have a paper due tomorrow and a chemistry quiz the day after. I can't afford to lose the time. It's 3:45 and I'm in the library.

At 5:30, I head back to the gym to give my brain a break.

My hip is still bugging me. I bike for twenty minutes—just enough to start to shake out the lactic acid.

The next twenty minutes are dedicated to stretching and rolling, listening to any cues my muscles might be sending me.

Every little bit of my lower body aches in one way or another.

Tomorrow, I'll have to find time to make it to the trainer.

After a quick dinner with friends, I meet my teammates for chemistry tutoring at 7 o'clock. I'm in the library by 8:30, and back to my room by 10:30 p.m. My paper isn't finished, but my eyelids aren't staying open any longer. I set my alarm for 6:15 a.m. and crawl into bed.

6:15 arrives. I hit snooze but manage to coax myself out of bed. By 6:45, I'm out the door with one backpack on the front, one on my back.

My body is tired, my mind is tired, but I can't help but smile when I walk up to my teammates.

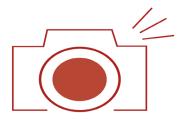
Today, like every other day, we will discover what we are capable of by pushing each other to the limit.

Contact Marisa Rudolph at mrudolph@scu. edu or call (408) 554-4852.

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