

# Ballot Bowl gets out the vote

By Jana Kadah  
COPY EDITOR

San Jose State University has joined the Ballot Bowl – a statewide competition held by the California Secretary of State, to see which CSU campus can get the most students to register to vote.

The 23 CSUs have been competing since the beginning of the semester, but share the same goal: get more young people to vote in the 2018 midterm elections, held on Nov. 6.

“Students are underrepresented . . . especially in midterm elections. They vote at lower than 20 percent and there are so many issues that affect students in midterms,” political science professor Mary Currin-Percival said.

Currin-Percival and her political participation class teamed up with Associated Students (AS), Pi Sigma Alpha, and the

Silicon Valley Leadership Group for a campaign called SJSU Votes.

SJSU Votes is a non-partisan, student-driven campaign to increase student voter registration.

“Non-partisan, meaning that it doesn’t matter what side you take. What matters is that we get the message out for people to vote,” political science senior Albert Alkakos said.

Alkakos is a student of Currin-Percival and was required to participate in SJSU Votes for his class. He said he has enjoyed helping students register for the upcoming election.

“The student demographic is especially underrepresented in our elections so we hope to motivate people so we can have our voice heard in the local government,” Alkakos said.

In presidential elections, young people voter turnout



HUAN XUN CHAN | SPARTAN DAILY

English freshman Russell Alegre and psychology sophomore Masha Wenning write their reasons for voting this election season on Tuesday in front of Joe West Hall.

VOTERS | Page 2



PAUL HANG | SPARTAN DAILY

A student gets her hair styled by a professional hair artist during the Style for Success showcase on Tuesday.

# Career Center helps students dress for success

By Paul Hang  
STAFF WRITER

San Jose State University students received professional advice on makeup, grooming and professional attire at an interactive showcase in the Student Union on Tuesday.

Students who attended met a wide range of styling professionals who aided them in taking pictures with various business attire or get their makeup done by cosmetics company Sephora.

Dozens of attendees clamored into the meeting room as soon as

the event opened up for students. Masters of Business Administration student Kayla Huynh was informed about the Styled For Success workshop from her professor.

“I came to this event because I wanted to learn more about professional styling,” Huynh said.

Huynh said she enjoyed her experience at the styling showcase and tried various booths; she thought they were beneficial when experiencing them.

“There were a lot of booths and each booth had different activities,” Huynh said. “I think it’s going to help me grow as a professional.”

Of all the booths she tried, Huynh thought the hair and makeup portion was her favorite.

“I’m really bad at that by myself,” Huynh chuckled.

Associate Director of Career Education Anita Manuel summarized the annual Styled For Success showcase as an event that aims to boost students’ confidence and prepare them for job interviews.

“You want to ensure you feel your best and that you’re confident for that interview,” Manuel said.

Manuel mentioned making a first

MAKEOVER | Page 2

# ‘Latinx’ term brings inclusiveness

By Hugo Vera  
STAFF WRITER

Student interns and faculty members from the Chicana/Latina Student Success Center (CLSSC) held an open discussion and luncheon on Thursday that was designed to educate and tackle misconceptions surrounding the term “Latinx.”

The conversation began as attendees arrived to the center and divided themselves into smaller discussion groups in which they were able to share their own definitions for terms such as “Chicano,” “non-binary” and “Hispanic.”

The focus of the workshop then centered on a video produced by the Latinx online comedy group, Mitu. In their video titled “What’s With the X in Latinx?” comics dissected the origin and context of the word Latinx.

The video informed viewers that in typical Spanish grammatical custom, the male possessive of any word is usually the most dominant.

For example, males might identify as “Latino” and females may identify

“The goal of this [workshop] was to open people up to more inclusive terms to identify as.”

Janely Cerda  
psychology senior

as “Latina,” but (grammatically speaking) if you have a room with one Latino and 16 Latinas inside, you still refer to the entire party as “Latino.”

As a result, many of the grammatical norms associated with the Spanish language have long been criticized for being male-centric as well as Castilian/Eurocentric.

“The goal of this [workshop] was to open people up to more inclusive terms to identify as,” the center’s student intern and psychology senior Janely Cerda said.

TERMINOLOGY | Page 2



## A&E

‘A Star is Born’ film and soundtrack earn five stars

Page 3



## Opinion

Sexbots can offer a romantic companionship

Page 4



## Sports

Volleyball team downs Wolf Pack in conference matchup

Page 6

Need a study break? TwitchCon is coming to San Jose!

Get your tickets at twitchcon.com and join us Oct. 26–28.







HUAN XUN CHAN | SPARTAN DAILY

Political science junior Shaun Banh guides kinesiology sophomore Sierra Tringale and liberal studies sophomore Sophia Casillas guides through voter registration on Tuesday.

## VOTERS

Continued from page 1

was the lowest group at 49 percent in 2016, according to the Pew Research Center.

Midterm voter turnout for people within the age of 18 to 34 was also the lowest at 19.9 percent, a record low since WWII, according to Currin-Percival.

“If you want policies that help you, like better student loan relief, or better pell grants, or the possibility of better housing in the future, you got to show up to vote in these elections, and more importantly midterm elections,” Currin-Percival said.

Currin-Percival added

that midterm elections are especially important for students because policies concerning the aforementioned topics are covered in state and local elections.

While Currin-Percival has previously run student registration campaigns in her classes, this is the first time she teaming up with AS and the Ballot Bowl.

AS Director of External Affairs, Grace Pang registered SJSU in the Ballot Bowl.

“While students are very opinionated and passionate about issues affecting them and their communities, sometimes they feel like voting isn’t going to make a difference,” Pang said.

“Our campaign is to

show that the student vote really does matter and that the student vote can make a big impact.”

Over the weekend SJSU was in fourth place in the Ballot Bowl, but has fallen to seventh place this week, according to Pang.

The only way student registrations will count toward SJSU’s score in the Ballot Bowl is to register using the link <https://tinyurl.com/SJSUVotes>.

“There is evidence that this is habit forming. If you get students involved early, they are much more likely to vote later on and continue to vote throughout their life,” Currin-Percival said.

SJSU Votes will be

tabling at Seventh Street Plaza and near the dorms until Oct. 22 – the last day to register in order to vote in the midterms.

Visit [www.sjsuvotes.org](http://www.sjsuvotes.org) to register to vote, verify registration status, check SJSU Votes tabling and event times and contact local officials.

Follow Jana on Twitter  
@jana\_kadah



Scan here to register to vote online.

## MAKEOVER

Continued from page 1

impression is important for job interviews. Students must be able to dress in the appropriate attire and have the skills to convince the interviewer to hire them.

“One of the number one things you need is that first impression. How you present yourself in both style, dress and what you say will set you apart from other job candidates,” Manuel said.

According to The Balance Careers, a website that focuses on providing tips to be successful at your job, the most important aspect of job interviews is the beginning. This is the opportunity where students must convince his or her interviewer why they should be hired.

J.C.Penney reached out to San Jose State two years ago when they hired past SJSU students and thought of the idea to bring business attire and stylists on campus to help out students.

Manuel wanted to ensure students don’t have to pay as much for business attire because it can be expensive.

“We also hosted a career closet which means we have professional gear ready for students if they can’t afford it,” Manuel said. “Like a suit or a tie which can be really expensive.”

The Balance Careers recommends that men wear business attire such as a suit or a tie. However, the cost of these items can be detrimental to some students who are on a budget.

While the style showcase predominantly focused on students’ appearance, career

How you present yourself in both style, dress and what you say will set you apart from other job candidates.

Anita Manuel  
Associate Director,  
Career Education

counselor Mark Isham was there to help students in a different aspect.

“I provide career coaching, counseling and education primarily to undergraduate students in the college of business,” Isham said.

Isham appreciates the corporate partnerships with Sephora and J.C.Penney. The company sponsored the events and made donations to the closed closet, a place where students can try out professional gear for free, in the career center.

“They can come and fill out an application and actually take one outfit that’ll help them be ready for an interview,” Isham said.

Manuel stated this was the second event in the Styled For Success series at SJSU and they plan on doing it every semester after the success of the first one.

“The reason that we’re doing it every semester now because there’s a demand for it. We usually have several hundred students who participate,” Manuel said.

Follow Paul on Twitter  
@iTz\_BisyMon



HUGO VERA | SPARTAN DAILY

Panel organizers from the Chicana/Latina Student Success Center holds a forum the forum on the usage of the term “Latinx” on Thursday.

## TERMINOLOGY

Continued from page 1

Students in attendance cleared up common misconceptions such as the true meaning and context of the word “Hispanic.” The term ‘Hispanic’ is only used to refer to individuals from the Iberian Peninsula (which includes Spain and Portugal).

Therefore, it is technically inaccurate for a person with indigenous Latin American, Caribbean and/or African ancestry to refer to themselves as solely Hispanic according to Mexican-American studies professor Gregorio Mora-Torres.

“What’s great about a discussion like this is that students are able to gain a sense of knowledge about where they really come from and how they can better label one another in a way that’s accurate and respectful. Positive change will stem from this,” sociology senior Michael Ladson said.

The term “Latinx” itself stems from intercultural ori-

gins. As stated by the Arizona State University Barrett Honors Project, the term was partially inspired by African-American and Muslim activist Malcolm X.

Originally born Malcolm Little, the civil rights pioneer changed his surname to “X” as stated in his autobiography.

The letter “X” is used in algebra as a variable to represent the unknown and Malcolm X adopted this name because he had no real concept of what his indigenous/ancestral African surname would have been.

Because it was common for former African-American slaves to adopt the surname of their captors, most African-Americans to this day have no records of their ancestral family names. Trying to piece together this mystery is like solving an algebraic problem, hence the importance of the “X” as a social construct.

Using an “X” at the end of demonym allows for the term to be unisex or non-binary at the same time. This concept isn’t limited to just

Language is ever-evolving and it’s important that we establish which pronouns and adjectives we want ourselves to be remembered as.

Janely Cerna  
psychology senior

Spanish speakers. Individuals of Filipino descent have also been prone to use the term ‘Filipinx’ to simultaneously refer to both men and women of Filipino descent.

“Language is ever-evolving and that’s why it’s important that we establish which pronouns and adjectives we want ourselves to be remembered as,” Cerna said.

Follow Hugo on Twitter  
@Hugo\_VII



# Jump Start Your Future.

SAN JOSE STATE UNIVERSITY

## Students, Faculty & Staff Are All Eligible To Join!

Show us your SJSU Student I.D. at our City Centre Branch and RECEIVE A FREE GIFT!\*

- ◆ Free Rewards Checking.
- ◆ Free Online and Mobile Banking.
- ◆ Free, unlimited ATM use at CO-OP network, 7-Eleven Stores and County Federal ATM Locations.
- ◆ Free Car Buying Service and College Auto Loan Program.
- ◆ Free Financial Education Seminars.
- ◆ Multiple Branch Locations, many conveniently open on Saturdays!

**Santa Clara County Federal Credit Union**  
City Centre Branch & ATM  
140 E. San Fernando St.  
On the corner of 4th St. across from MLK Library  
San Jose, CA 95112  
**(408) 282-0700**  
[www.sccfcu.org](http://www.sccfcu.org)  
\*Redeemable only at the City Centre Branch

www.facebook.com/sccfcu    www.twitter.com/sccfcu





# Film delivers romantic heartbreak

Drama depicts power dynamics in relationships

By Elizabeth Rodriguez  
CONTRIBUTING WRITER

Lady Gaga bares her artistic soul on the silver screen and proves she is a triple threat as she makes her movie debut in “A Star Is Born” alongside Bradley Cooper.

Gaga plays Ally, a rising pop star who tries to balance her new-found fame and tumultuously passionate love life with country rock ‘n’ roll star Jackson Maine, played by Cooper.

Ally, a slightly shy and insecure singer-songwriter, is a waitress who also moonlights as a singer at a drag bar.

She first meets Maine when she performs “La Vie En Rose.”

They quickly fall in love with one another as they share their passion and talent for music and song writing.

The chemistry between both actors is undeniable in this modern rock ‘n’ roll remake of the 1937 original film.

One can almost smell the Marlboro Reds and Jameson through the guitar riffs and hear the roar of the crowd as Cooper shows off his rugged singing skills.

Gaga complements his vocals with her smooth and elegant voice. She,



PHOTO COURTESY OF WIKIMEDIA COMMONS

A remake of the 1937 original, “A Star Is Born” stars Lady Gaga as Ally, an up-and-coming singer-songwriter. She works opposite Bradley Cooper, who also directed the film, who plays country rock star Jackson Maine.

a star in her own right, shows that she can not only sing and play piano, but can also act.

Ally and Maine fall in love in a fiery romance that burns through the screen.

Every look Cooper and Gaga give each other shows how comfortable each actor is with one another.

The film tackles the issue of success within a relationship, the music industry and

substance abuse.

As Ally’s fame begins to rise, she eclipses Jackson’s fame when her record label tries to change her image to a generic bubblegum pop star.

Jackson disagrees with these changes and begins to drink heavily, which then affects Ally’s career.

Jackson proposes to Ally in true rock star fashion with a makeshift ring made out of a guitar string and they marry that same day.

Jackson’s drinking begins to worsen however, which puts a strain on their relationship. There is a hint of jealousy from Jackson, but his love for Ally is so immense, he enters treatment for alcoholism to try to save the marriage.

In one scene, Ally lays down next to Jackson and places her head on his chest and confesses to him that she is willing to put her career on hold to stay and help Jackson.

Throughout the film we are immersed and captivated by two musical souls who find and make each other better against all the odds that life brings.

Gaga proves that a true film star has been born as she shows off her acting talents on the big screen.

She won a Golden Globe in 2016 for her appearance on “American Horror Story: Hotel.”

We see a different side of the flamboyant

movie review

“A Star is Born”

Rating:



Directed by:

Bradley Cooper

Starring:

Bradley Cooper, Lady Gaga

Genre:

Romance drama

singer as she leaves her wild costumes behind and transforms into this barefaced actor we see on screen.

This film is a passionate and rock-fused love story between two musicians that shows that despite having a deep love for one another, sometimes love may not be enough to save someone from their own demons.

Cooper and Gaga work perfectly well together that one can’t help but cheer for Ally and Maine to find peace and love.

Despite a somber ending, this film will leave audiences with a restored feeling that true love is real.

The film will have you believe that love can be found at any local dive bar.

Follow Elizabeth on Twitter @elizarodrinews

## Soundtrack radiates with ‘Star’ power

By Myla La Bine  
STAFF WRITER

If someone asked me to describe what genre the soundtrack for the film “A Star is Born” is, I’d have a difficult time.

The 34-track album has songs from a wide range of genres, such as country-rock and pop, and also features dialogue from the film.

The opening track, “Intro,” is audio from the beginning of the film which starts with Bradley Cooper’s character, singer Jackson Maine, playing a concert.

It lasts 20 seconds and gives you the feeling of being at a rock concert, with a crowd cheering loudly in the background.

It transitions smoothly into the first song on the album “Black Eyes.”

The song is a guitar-heavy, classic rock influenced track, that Cooper flawlessly performs.

I was unsure of how his voice would sound, given that he is known for only being an actor, but was pleasantly surprised by the strength of his vocal range.

“Black Eyes” is certainly a highlight on the album for this reason, and a perfect start to the soundtrack.

Lady Gaga appears for the first time a few tracks later, performing a cover of the classic French song, “La Vie En Rose.”

Fans of the singer will love this rendition, which showcases her powerful vocals and serves as the introduc-

album review

“A Star is Born”

Rating:



Artist:

Bradley Cooper, Lady Gaga

Release date:

Oct. 5, 2018

Genre:

Country rock

tion to her character Ally. now” have much more of an emotional impact. From that point on, it’s clear that the two are united as one.

My other favorite is “Music To My Eyes,” a slow love duet with a light rock tone. It features a mellow-sounding electric guitar in the background and has romantic lyrics like, “Take me to your paradise on a musical ride / I’m in love with your music baby / You’re music to my eyes.”

The song sounds as though it is being sung by a real-life couple, and I believe it’s because of Cooper and Gaga’s undeniable chemistry.

Though you cannot physically see them, you can absolutely tell that their characters are in love with each other by listening to the track.

In between songs are short portions of dialogue from the film, which are meant to be miniature interludes.

The dialogue tracks work well because each one sets the scene for every song.

For example, one called “How Do You Hear It?” has Ally describing a specific piano beat for a song she’s writing. It’s immediately followed by the actual song, “Look What I Found,” which has that exact beat.

These tracks make it seem like listening to the album is part of an experience, which is its most unique aspect.

That being said, the soundtrack for “A Star is Born” is a wonderful accompaniment to the spectacular film.

Follow Myla on Twitter @mylabin25

# TAKE WINTER SESSION

Be 3 UNITS closer to graduation

Save \$685 in Campus Fees\*

csu.sjsu.edu/winter

\*Winter session is the only SJSU semester that doesn't charge mandatory campus fees



# Sexbots simulation enhances stimulation



**Paul Hang**  
STAFF WRITER

Did you know America is planning to open a sexbot brothel?

According to Big Think, KinkySdolls, a sexbot brothel company, planned to release a second site in Houston. KinkySdolls would be the first sexbot brothel in America.

There is currently criticism over this idea where critics believe it would increase

target men.

In a YouTube video titled, "The Future of Sex? | Sex Robots and Us," uploaded by BBC Three, Venus O' Hara, a professional sextoy tester, tried to experiment with the sextoys to see if it can give pleasure to women.

"I didn't feel that he was fully engaged," Hara said.

Owner of KinkySdolls, Yuval Gavriel said in a

for them looking for a female partner.

I think these dolls are a great alternative for men to get their sexual pleasure. You can only enjoy so much by masturbation through pornographic films and magazines that it becomes stagnant.

There are cheaper and alternative sex toys like the Fleshlight.

A Fleshlight is a toy that simulates a woman's vagina, but I think it doesn't really compare to the full experience of a sexbot.

It's just lacking human intimacy.

There are men who have penis size issues. I'm sure most women have a preference to their male partner's penis size.

But what happens if your partner has a penis that's as big a paper clip while erect?

I'm sure this is a problem for a lot of women because how can you enjoy an intimate connection with your partner if he's that small? They might want something bigger and thicker.

With that mentioned, I think it'll just depress those men and make them feel more insecure when approaching a relationship with a woman.

This is where sexbots could help make them feel better.

Men can take advantage

of sexbots and enjoy the full sexual experience without getting turned down by women because of lack of social skills or small penis issues.

I think it'll definitely be beneficial in the long run for our society.

According to the New York Post, Masayuki Ozaki, a married man had more satisfaction and chemistry with a sex doll than his actual wife. He named the

doll, Mayu.

I think sex dolls have the ability to provide more satisfaction than a woman. Some people might find more affection in a sex doll than actual humans.

"But the moment I saw Mayu in the showroom, it was love at first sight," Ozaki said.

I think these dolls can decrease rape among women because instead of being desperate and

aggressive for sex, men can simply buy a doll that can substitute as one and they won't have to worry about any boundaries.

Yes, sexbots are fairly weird in today's society, but at the same time, I think these objects will do some good for our society in the future.

Follow Paul on Twitter @iTz\_BisyMon

## Spartan Daily

**EXECUTIVE EDITOR**  
JACKIE CONTRERAS

**MANAGING EDITOR**  
BEN STEIN

**EXECUTIVE PRODUCER**  
MARCI SUELA

**PRODUCTION EDITOR**  
ELISE NICOLAS

**NEWS EDITOR**  
MELISA YURIAR

**A&E EDITOR**  
WILLIAM DELA CRUZ

**OPINION EDITOR**  
JASMINE STRACHAN

**SPORTS EDITOR**  
GABRIEL MUNGARAY

**PHOTO EDITOR**  
NICHOLAS ZAMORA

**MULTIMEDIA EDITOR**  
MAX RUAN

**MULTIMEDIA REPORTER**  
NICHOLAS GIRARD

**ONLINE EDITOR**  
SARAH KLIEVES

**COPY EDITORS**  
DOMINOE IBARRA  
JANA KADAH  
AMANDA WHITAKER

**STAFF WRITERS**  
HUAN XUN CHAN  
PAUL HANG  
CLAIRE HULTIN  
MYLA LA BINE  
WINONA RAJAMOCHAN  
NORA RAMIREZ  
MELODY DEL RIO  
VICENTE VERA  
HUGO VERA

**PRODUCTION CHIEF**  
MIKE CORPOS

**NEWS ADVISERS**  
NISHA GARUD PATKAR  
SCOTT FOSDICK

**ADVERTISING ADVISER**  
TIM HENDRICK

**ADVERTISING DIRECTOR**  
JESSICA EWING

**CREATIVE DIRECTOR**  
KIMO PAMINTUAN

**ADVERTISING STAFF**

ALAN CHO  
KRYSTAL DANG  
SOMER ELLIS  
RICKY LAM  
CHRISTOPHER LAPENA  
PAWAN NARAYAN  
LEANN MAE RACOMA  
JENNIE SI  
NICOLAS SISTO  
KIANA UNTALAN

### CONTACT US

#### EDITORIAL

**PHONE:**  
(408) 924-5577

**EMAIL:**  
SPARTANDAILY@GMAIL.COM

#### ADVERTISING

**PHONE:**  
(408) 924-3270

**EMAIL:**  
SPARTANDAILYADVERTISING@GMAIL.COM

## I think these dolls are a great alternative for men to get their sexual pleasure.

sex trafficking and prostitution. I disagree with that statement.

The fact that these dolls are basically robots and not actual human beings, it should not count as human trafficking.

I think this whole idea of having a sexbot brothel is a step in the future age of our society.

People should know that these dolls predominantly

Big Think article, you can also buy the dolls instead of having an 80-minute session. The dolls are priced around \$2,000 to \$5,000.

Big Think mentioned that critics thought this would encourage men to objectify women and not socialize.

The thing is, there are men who might not be good at socializing, which can be a problem

# CLASSIFIEDS

## CROSSWORD PUZZLE

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20				21				22						
			23							24				
25	26	27				28	29	30	31					
32					33							34	35	36
37					38						39			
40				41						42				
				43						44				
45	46	47	48							49				
50					51	52		53				54	55	56
57								58				59		
60					61							62		
63					64							65		

### ACROSS

- Poop
- Cokes or Pepsis
- Wan
- Connects two points
- Revere
- Nile bird
- Affirm
- Resentment
- Reporter
- Saliva
- Petroleum
- Snouts
- Groves
- A green fabric mixture
- Follow as a result
- Eastern newt
- God of love
- Brown bear
- Salt Lake state
- Morning moisture
- Style
- Unrefined
- Booking
- Tablet
- French for "Friend"
- Honors
- Voter

### DOWN

- Family group
- Rend
- Once more
- Characters
- An esoteric theosophy
- Norse god
- A parcel of land
- Anagram of "Star"
- Dribble
- Kind of bean
- Assists
- Fine thread
- SSSS
- Washing machine cycle
- Glove
- Implored
- Old stories
- Affirm

- Small slender gulls
- Accustom
- Willow
- Religious sister
- Decorative case
- Portuguese folksong
- Not now
- Spelling contest
- Whip with nettles
- Welcome
- Arrived
- Gully
- Dresses
- Soup server
- A financial examination
- Clips
- City in Peru
- Any day now
- Hearing organs
- Layer
- Poems
- A musical pause
- Louse-to-be

## SUDOKU PUZZLE

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

			5	9				8
6			8		4			
			6		2			
	4				8			
8	5		3			1	7	
	9				6			
	1	7						
	5	4					9	
7			5	1				

## JOKIN' AROUND

What do you call a large wolf that meditates?

Aware wolf.

## SOLUTIONS 10/9/2018

4	5	9	6	1	3	2	7	8
2	6	3	4	7	8	9	1	5
7	8	1	9	2	5	4	6	3
1	7	4	3	9	6	5	8	2
9	2	8	1	5	7	3	4	6
6	3	5	8	4	2	1	9	7
8	4	7	5	3	9	6	2	1
5	9	6	2	8	1	7	3	4
3	1	2	7	6	4	8	5	9

P	A	N	D	A		B	E	D	S		V	A	S	T	
O	R	I	O	N		R	A	R	E		E	W	E	R	
R	E	T	R	O		U	S	E	R		N	A	P	E	
T	A	S	K	M	A	S	T	E	R		T	R	A	Y	
			A	S	K				A	R	I	E	L		
U	N	R	O	L	L		P	E	T	A	L				
S	O	U	P	Y		R	O	S	E	W	A	T	E	R	
E	D	I	T			W	O	U	N	D		T	I	D	E
D	E	N	I	G	R	A	T	E		S	O	N	G	S	
			M	A	I	D	S			C	O	R	S	E	T
			G	U	I	L	T			B	U	M			
S	U	N	S			I	N	C	I	D	E	N	T	A	L
W	A	I	T			N	O	O	K		H	O	U	S	E
A	N	T	I			G	A	T	E		O	I	N	K	S
B	O	S	C			S	H	E	D		W	R	E	S	T

**Calculus, History, SAT, ACT Tutor**  
For high school students  
Submit: [www.jobfortutor.com](http://www.jobfortutor.com)

Email: [santaclaraca@collegenannies.com](mailto:santaclaraca@collegenannies.com)

**Sitter, Nanny, Child care On-Call and / or part time**

Submit application: [www.jobforsitter.com](http://www.jobforsitter.com)  
Email: [santaclaraca@collegenannies.com](mailto:santaclaraca@collegenannies.com)

Place your Classified Ads Online at **Spartandaily.CampusAve.com**



# Team sports build for better minds



**Melody Del Rio**  
STAFF WRITER

Today when I walk the streets of San Jose, I see more children zoned in on their electronic devices and less on a court.

According to The Aspen Institute Project Play, “Physical activity can affect attitudes and academic behavior, including enhanced concentration, attention and improved classroom behavior.”

I grew up in a strict no-video games household. Where 15 minutes of playing PlayStation was equivalent to playing video games for two hours, according to my dad.

My dad didn’t understand why my sister and I would want to stay indoors when we were

fortunate to have a pool in the backyard and a basketball hoop in the front yard.

I remember that I’d get frustrated with my parents because I wanted to play my Pokémon video game and they wouldn’t let me.

Instead, my parents enrolled me in whatever sport was in season.

I always played a sport and during the summer when there was downtime, I was in a pool or playing outside with the other kids in my neighborhood. My sister and I were busy kids.

At the age of 8, I started to play travel softball and during that time I was sometimes enrolled

in two sports at the same time.

I understand why my parents kept my sister and I busy and I am glad that I didn’t spend my childhood years with my eyes glued to a screen.

Sports have been the basis of my existence. Without it, I don’t think I would be the same

life satisfaction and self-rated health.

Sports taught me the reality of failure, but it also taught me how to try again. Being on a team trained me to be the best I could be.

It also taught me that I needed to execute the plays in order to help my team.

when I write for the Spartan Daily.

According to the YMCA website, sports provide children with the opportunity to develop social and collaborative skills as they learn to interact with peers and navigate relationships in a safe and engaging manner.

My professors, bosses, fellow staff writers and family all hold expectations for me to do my best.

Though I am the one who ultimately decides if I fail or not, I also do my best to not let them down and to prove others wrong.

When my peers tell me that they never played a team sport while growing up, I’m puzzled. I wonder if they had a childhood or if they sat in front of a screen all their lives.

When I was exposed to the truth, that not everyone participated in sports growing up, it gobsmacked me because

I grew up in a small town where everyone played a sport.

Then I thought about the kids, specifically the ones who live in large cities, who are currently growing up in a world navigated by technology.

For this reason, I feel the need for human interaction is at an all-time high.

I understand that technology is helping children learn and that video games help exercise parts of the brain but there are some things that technology can’t teach.

My experience with sports convinced me that children ranging from 6 to 10 years old should be enrolled in team sports.

Team sports gives children the ultimate exposure to other kids, activities and experiences.

**Sports taught me the reality of failure but it also taught me how to try again.**

person I am today.

I don’t think I would have the determination, social skills or focus I have if it weren’t for sports.

According to a BMC Public Health study, being involved in at least one activity was found to be significantly associated with higher

If one of my teammates was down, I needed to help them get back up on their feet.

If I was down, my teammates were there to help me. My teammates were my support and I was theirs.

This is the type of thinking I still have for my school work and

Follow Melody on Twitter @spartanmelody

## Young girls need women superheroes



**Claire Hultin**  
STAFF WRITER

When we think about superheroes, our minds shift to Superman, Batman, Captain America and other strong males who come to save the day from the bad guy.

Growing up, I only ever knew of male superheroes and I did not think it was acceptable for a female to be a strong, tough woman.

In a study done by FiveThirtyEight.com,

ing that a male child’s self-confidence will grow by watching superhero films.

However, I believe this statement would ring true to young girls as well if women were shown more frequently in superhero films.

There are a few female superheroes who have cast an important light on the strength of women.

For example, a remake of “Wonder Woman”

and boost young girls’ self-esteem.

Growing up, I often thought that men were stronger and more powerful than women, and what I saw in the media had a lot to do with the mindset I had.

Television and movies are a huge part of a kid’s childhood and they will believe what they see on TV.

If we are constantly showing young girls that men are the only superheroes, they will believe that women cannot be tough or save the day.

However, with films like “Wonder Woman” and “Captain Marvel” becoming more popular and appearing in the media more, young girls can have strong female figures to look up to and idolize.

The media shapes what we think about the world, especially in adolescent years when children’s minds are developing.

Consequently, if all we see in the media are male superheroes, we will think that men are the only strong figures.

Female exposure in films (not just superhero films), is a topic frequently debated about in Hollywood.

Though female superheroes have become more common in recent years, the numbers still do not lie.

There is still a large majority, as 69.4 percent of superheroes are still male.

Though Hollywood and the film industry have made progress, we still have a long way to go for strong female representation in superhero films.

30.6 percent of the Marvel Universe includes female characters.

In a world where 51 percent of the population is made up of women, the statistic of female characters in superhero movies is unreasonable.

Women need more representation in superhero films, as young girls need to look up to more strong women.

In an article from CNN, Henry Hanks wrote “A fascination with superheroes can benefit a child in many ways, including boosting his self-confidence and making him feel powerful.”

Hanks uses the pronoun “him,” insinuat-

with actress Gal Gadot blew up the box office in 2017 and became the highest-grossing superhero origin film, according to Forbes.

It was also announced that in 2019, Brie Larson will be playing an important role as Marvel’s Captain Marvel.

In comic books, Captain Marvel was Marvel’s first female key character in 1968.

The movie’s trailer released earlier in the month and it has created a lot of buzz in Hollywood.

I think characters like Wonder Woman and Captain Marvel can create a sense of empowerment

Follow Claire on Twitter @ClaireHultin

### stay connected

**FACEBOOK:**  
spartandaily

**INSTAGRAM:**  
@spartandaily

**TWITTER:**  
@spartandaily

**YOUTUBE:**  
spartandailyYT

### Have a story idea?

Contact us at [spartandaily@gmail.com](mailto:spartandaily@gmail.com).

### send a letter to the editor

Letters to the Editor may be placed in the letters to the editor box in the Spartan Daily office in Dwight Bentel Hall, Room 209 or emailed to [spartandaily@gmail.com](mailto:spartandaily@gmail.com) to the attention of the Spartan Daily Opinion Editor.

Letters to the Editor must contain the author’s name, address, phone number and major. Letters become property of the Spartan Daily and may be edited for clarity, grammar, libel and length. Only letters of 300 words or less will be considered for publication.

Published opinions and advertisements do not necessarily reflect the views of the Spartan Daily, the School of Journalism and Mass Communication or SJSU. The Spartan Daily is a public forum.

## File Your Fall 2019 - Spring 2020 Financial Aid Application Today!

Applications open October 1st, 2018

[www.fafsa.gov](http://www.fafsa.gov) || [dream.csac.ca.gov](http://dream.csac.ca.gov)

Priority deadline for maximum funding:

**March 2nd, 2019**

**FINANCIAL AID AND SCHOLARSHIP OFFICE**

For more information: [sjsu.edu/faso](http://sjsu.edu/faso) or contact [fao@sjsu.edu](mailto:fao@sjsu.edu)



# Spartans trap Wolf Pack at home

By Hugo Vera  
STAFF WRITER

The San Jose State University volleyball team defeated the University of Nevada 3-1 in a key matchup in the Mountain West Conference on Tuesday night.

Nevada sophomore outside hitter Kayla Afoa scored early in the first set until the Spartans contested the play with a "hand on ball" challenge.

The point was then over-

## WOLF PACK

# 1

## SPARTANS

# 3

turned and the Spartans yielded six unanswered points with long range spikes from junior middle blocker



PHOTO COURTESY OF LUKE JOHNSON

Spartans freshman middle blocker Haylee Nelson spikes the ball past two Nevada defenders during the team's 3-1 victory Tuesday at the Spartan Gym.

Thaliana Grajeda and senior libero Luiza Andrade.

The Wolf Pack responded in turn as senior defensive specialist Mo Maluotoga and junior outside hitter Jamila Minor scored to keep the Pack in the first set, but ultimately lost the set by three points, 25-22.

The second set yielded an initial tie when junior outside hitter Fernanda Vido delivered a series of serves that repeatedly sent Wolf Pack freshman libero Kaila Spevak and sophomore outside hitter Sam Hayward scrambling for floor coverage.

Vido's offensive prowess

propelled the Spartans to a substantial lead midway through the set to produce a final second set score of 25-17.

Nevada then rallied in the third set with a series of short-range spikes that allowed for a Wolf Pack lead.

Hayward's efforts to block and pressure Spartan setter Kaitlynn Zdroik pushed the Wolf Pack to go on a 7-0 run to close out the third set 25-21.

Despite wearing a compression-sling around her right shoulder, Vido con-

tinued to act as the primary Spartan server for most of the fourth set.

Along with freshman setter Mamie Garard, Vido contributed over 30 sets played and shot multiple spikes over the head of Nevada setter McKayla Wuensch.

Spartan middle blocker Haylee Nelson emboldened the team's offensive swinging in addition to guarding Nevada's junior middle blocker Shiloh Peleras.

A visibly exhausted Nevada team then contin-

ued to drive serves into their own net and to make other critical errors that resulted in the Spartans taking the final set 25-21.

"It was hard losing a [third] set that we obviously were supposed to win but we played with more power until the very end," senior offensive hitter Giulia Gavio said. "We play with the same heart every night and we play each set and each match as it's the last one."

The very close third set loss was a general topic of discussion among the

team postgame.

"We just had to keep playing with straight heads and to keep swinging," Grajeda said. "We had to cover [the ground] from the bottom of the block and in these situations you just swing wide and keep going."

This win puts the Spartans at 2-5 in conference play, looking ahead of matchups with eight other conference teams including volleyball powerhouses UNLV and Air Force.

"We have to always come into this gym ready to play

better and not be afraid to make really big swings. I'm proud of our setters for getting aggressive, especially [Gavio] and Nelson for getting those really big bombs out," head coach Jolene Shepardson said.

"The Mountain West is still up for grabs," Shepardson concluded.

The Spartans next match is on the road against Air Force on Thursday with first serve at 6:30 p.m.

Follow Hugo on Twitter  
@HugoV\_II

## TIRED OF COMMUTING???



## ON-CAMPUS HOUSING AVAILABLE!

CONVENIENT LOCATION



APARTMENTS & RESIDENCE HALLS



ON-CAMPUS PARKING



SHARED/PRIVATE ROOMS



ALL UTILITIES INCLUDED



PAYMENT PLANS AVAILABLE

### SIGN UP TODAY!



SJSU | UNIVERSITY HOUSING SERVICES

(408) 795-5600 — www.housing.sjsu.edu

