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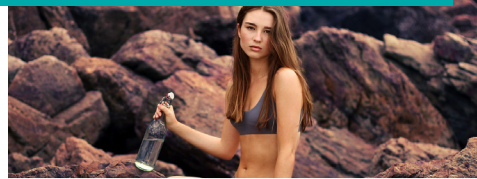
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Office of Facilities Management working to enhance parking experience for students

By: **Madelyn Rinka**
News Editor

The Office of Facilities Management is investigating ways to use an app or other forms of technology to enhance the parking experience at NSU.

On Jan. 19, President Hanbury held a town hall meeting in HPD to discuss student concerns with those in attendance. Among those concerns was parking. President Hanbury and Daniel Alfonso, vice president of Facilities Management, briefly spoke about the possibility of adding new technologies to NSU to improve the overall parking experience of students. Since then, Alfonso has been diligently working to try to get these new features in place.

One of the concepts mentioned was a smart parking app that would help students find parking spots.

“The president would like to see us develop technology so that people have the ability to find where the parking availability is,” explained Alfonso. “So that if you’re driving to campus,

and you want to know where parking availability is, you can look on your app on your phone and figure out, ‘Hey, the parking garage at the west side is already full, but there’s surface parking available.’”

Since the town hall meeting, the staff in the Office of Facilities Management has been speaking with professional developers to try to get this idea up and running.

“We are now talking to folks that are experts in the field of parking, in terms of managing parking facilities and spaces, and we’re looking to develop the technology within the university that would allow us to do that,” said Alfonso.

Alfonso estimated it could cost anywhere from just under \$1 million to \$4 million to improve parking technology. The price would depend on the kind of technology implemented. For example, a more expensive option would be able to track license plates to tell the user where his or her car is simply by typing in

“The president would like to see us develop technology so that people have the ability to find where the parking availability is.”

Daniel Alfonso, vice president of Facilities Management

the number. Whereas, a less capital-intensive alternative would just show which parking spots are available. At this early stage in development, it is too soon to predict an exact price.

In addition to the current parking spaces, NSU is planning on building a new parking garage to help accommodate students to be

housed in the new residence hall that is set to open in August of 2019.

“We have about 8,000 parking spaces on campus [without the new garage]. The new parking garage will give us 9,200 [total] parking spaces,” said President Hanbury at the town hall meeting on Jan. 19. “To give you some idea, that’s more parking spaces than downtown Fort Lauderdale.”

According to Alfonso, Facilities just recently received the approval on the architectural rendering, and now the office is working on getting ready to get a permit from the town of Davie to start construction. It is expected that the parking structure will be accessible around the same time as the opening of the residence hall set to open in the fall semester of 2019.

Students are encouraged to reach out to Daniel Alfonso at djalfonso@nova.edu with any questions, comments or concerns about parking or facilities.

NSU celebrates the Chinese New Year through Diversity in Action Series

By: **Michaela Greer**
Co-Editor-in-Chief

On Feb. 16, from 5 p.m. to 6 p.m., the Office of Student Leadership and Civic Engagement (SLCE) will partner with Weekend Programming to host an event to celebrate the Chinese New Year.

The event is part of the recently introduced Diversity in Action series and will take place in the UC Pit, ending at Gold Circle Lake with a Chinese lantern lighting release.

Garrett Horejsi, graduate assistant for Student Leadership and Civic Engagement, said that the events were created to help foster inclusion, learning and awareness among NSU’s community.

“I don’t think many people know much about Chinese New Year — myself included until we started this process,” said Horejsi. “I think that if you’re not a part of the culture, you don’t know much about it which is most of the reason that we decided to do this. The point of this program is to expose people to cultures, ideas and discussions that they maybe have not thought about before.”

He underscores this need by explaining that the original intent was to collaborate with

a student organization. However, upon further investigation, the staff learned that there were no clubs or organizations which specifically catered to this population causing SLCE and Weekend Programming to consult with various local resources to create the event.

Horejsi said that students can expect to learn through the various activities including Chinese calligraphy and painting, as well as the lantern festival, which will be a part of the celebration. He stated that the goal was to introduce students to some of the customs and traditions of Chinese culture through brief explanations and discussions which will take place during the activities rather than having students sit through a lecture.

“Lectures are not the most exciting thing to do and we don’t think students are going to leave thinking ‘Wow, I’ve immersed myself in this experience and I know everything there is to know about Chinese New Year,’” said Horejsi. “But we’re hoping to at least introduce students to some of the aspects of Chinese New Year so that [students] can go home and hopefully leave with some additional knowledge than what they

came in with, and maybe even want to talk to someone else about it to kind of just start the conversation.”

He said that the inspiration for events like this and the creation of the Diversity in Action Series was prompted by his supervisor after beginning his first year of graduate assistantship. He was tasked with inventing programming which would fill an underserved need on NSU’s campus. After transferring from an institution he described as predominately white and “very Lutheran and Scandinavian,” he discovered that NSU’s diversity was not a large part of the conversation at the university.

“There are all kinds of diversities that should be talked about and which aren’t even being talked about on campus, and if it is then it isn’t really being approached from an administrative standpoint,” said Horejsi. “You’re [students] are probably not going to be sitting in your corporate job talking extensively about Chinese New Year but this all leads to an understanding of how to communicate with people who are different from you and developing that lifelong learner attitude.”

Horejsi said that the event has been organized in a way that will meet each student at his or her individual level of comfort by allowing them to engage in as much or as little discussion and activity as they choose.

“It’s very much an opportunity for you to be exposed to something new in a low-risk setting,” said Horejsi. “It’s very much a passive experience. So, if you want to learn a lot, stay engaged with the conversation and learn all about it. If you don’t know about it and don’t want to be overwhelmed, come paint a lantern and we’ll talk to you about why it’s important; eat a mooncake and then be on your way — very simple.”

The Diversity in Action series will continue next month on March 22 at 5:30 p.m. with a women’s leadership event in celebration of Women’s History Month. On April 9, there will also be a LGBTQ+ event from 5 p.m. to 6 p.m. Both events will take place at NSU’s Flight Deck Pub. For more information on any of these events, contact Garrett Horejsi at gh591@nova.edu or by calling 954-262-7293.

News Anchor

Stay up to date with international and national events.

SpaceX Rocket successfully launches

Elon Musk's SpaceX Falcon Heavy rocket successfully launched on Feb. 6. According to CNN, the 27-engine rocket carried a spacesuit dummy and a Tesla into space. SpaceX hopes to use rockets to bring people to Mars in the future.

President Trump requests military parade

The Pentagon is preparing to plan a military parade requested by the president. According to The New York Times, Donald Trump was inspired to host the event after witnessing France's Bastille Day parade. Trump made this request at a Jan. 18 meeting with top generals. The Pentagon announced that it is considering scheduling the parade to take place in November.

Earthquake in Taiwan causes over 200 injuries and four deaths

A magnitude 6.4 earthquake rocked the east coast of Taiwan on Feb. 6. The earthquake's center was about 13 kilometers from the city of

Hualien. There have been over 200 injuries and four deaths reported. As of Wednesday morning, Taiwan's news agency, CNA, said over 145 people are unaccounted for.

House Minority Leader's protest breaks records

House Minority Leader Nancy Pelosi broke House records as she protested the newest government funding bill on Feb. 7. According to USA Today, she spoke for an unprecedented eight hours on behalf of the DACA Dreamers. Her speech is not considered a filibuster.

US life expectancy drops for the second year in a row

The life expectancy rate has fallen for the second year in a row in the United States, according to the BMJ. The drop was caused by a combination of drug and alcohol use as well as suicides. The BMJ stated the decrease was the largest among white Americans who live in rural areas.

News Briefs

NSU Alumni Association and the Doctor of Health Science Alumni Chapter to host Ninth Annual Interdisciplinary Conference

The Ninth Annual Interdisciplinary Conference will be held on Feb. 21-23. The event will feature a variety of professional speakers who will discuss research regarding topics such as telemedicine and opioid use. The conference is \$15 for students per day which includes meals as well as event certificates. For more information, contact alumni@nova.edu or call 954-262-2118.

College of Osteopathic Medicine faculty receives Kenyon-Favreau Research Award

Janet Lynn Roseman-Halsband received the 2017 Kenyon-Favreau Research Award. She is an assistant professor of integrative medicine at the Dr. Kiran C. Patel College of Osteopathic Medicine. Her award-winning work was about obstetrics and gynecology with residents at Women & Infants Hospital in Providence, Rhode Island. For additional information, visit sharkfins.nova.edu.

Office of Career Development to host Networking After Class

The Office of Career Development is hosting a Networking After Class event on Feb. 21 at Flight Deck to allow students to network with NSU alumni. Participating students are required to wear professional attire and can register for the event via Handshake at app.joinhandshake.com/events/115071.

NSU Art Museum Fort Lauderdale is now hiring

The NSU Art Museum Fort Lauderdale announced on that there are several federal work study job positions open. The positions include working as a visitor service representative, clerk in the museum store and as a cafe sales assistant, membership associate, marketing associate, education associate and gallery assistant. For more information, contact Cindy Jo White at cindy.white@moafl.org.

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Senior art students to display compiled works

By: Madelyn Rinka
News Editor

NSU's two senior art majors, communication studies and visual art double major Michaela Greer, and graphic design major Carli Lutz, will present their works in the Performance Theater Lobby of the Don Taft University Center beginning on Feb. 20. The seniors will exhibit a compilation of artworks created throughout their undergraduate careers. For the two students, it will be the first time their sole pieces have been collectively on display.

"It's all at once amazing and terrifying, because I'm anxious to know what people who view it will think about it," said Greer. "I have a lot of pieces in the show that I have not created while in a typical class setting ... and previously, all of my artwork that has been viewed has only been critiqued in a class setting."

Lutz expressed a similar sentiment. "Everyone seeing what I've made is a weird feeling, but it's kind of nice. I've worked really hard over the past few years on it, I'm glad that I can finally let everyone see it out in public."

While the two artists have been in the visual arts for a while, their styles of arts, mediums and thematic focuses vary widely.

"My situation was a little different because I came in as a studio art person, but I wasn't able to take a lot of the traditional studio art classes — I have not even taken a painting class, which is unfortunate but it's something that I enjoy doing," Greer said.

Instead, she has focused on what she has been introduced to in other ways, like wood-burning, photography, drawing and a little graphic work. Greer's work focuses on a variety of themes, based what she is experiencing at the time of the creation of a piece, from racial injustices to daily frustrations.

Lutz, on the other hand, mainly works with graphic design, but some illustration and a little bit of painting will be featured in her section of the exhibit.

"My art is usually pretty weird — it's usually around one person as my subject matter,"

said Lutz.

She also explained that a lot of her art is reflective of her experiences and emotions.

Their show, titled "Juxtaposition," has been promoted around the university with a poster designed by Lutz, and features one of Greer's paintings in the background. There will be an opening reception on Feb. 20 from 5-7 p.m. in the Performance Theater Lobby of the Don Taft University Center. Admission is free and refreshments will be provided. The two artists will be present to speak with attendees.

For more information, call 954-262-7632, or visit cahss.nova.edu/arts for a complete list of events.

It should be noted that both Michaela Greer and Carli Lutz Carli work for The Current as co-editor-in-chief and chief of visual design, respectively.

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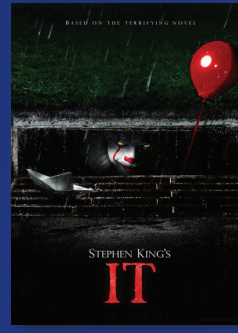


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1-Feb	I, Daniel Blake	The Killing of a Sacred Deer	So B It	Brad's Status	American Made	Breathe	Happy Death Day	The Bachelors	Thank You for Your Service	Loving Vincent	The Foreigner
2-Feb	Brad's Status	My Little Pony: The Movie	The Killing of a Sacred Deer	Love Beats Rhymes	Blade Runner 2049	Marshall	Geostorm	Polina	It	Overdrive	The Snowman
3-Feb	Love Beats Rhymes	Breathe	My Little Pony: The Movie	The Bachelors	The Foreigner	Loving Vincent	Thank You for Your Service	So B It	The Snowman	I, Daniel Blake	American Made
4-Feb	The Bachelors	Marshall	Breathe	Polina	Geostorm	Overdrive	It	The Killing of a Sacred Deer	Happy Death Day	Brad's Status	Blade Runner 2049
5-Feb	Polina	Loving Vincent	Marshall	So B It	The Snowman	I, Daniel Blake	Blade Runner 2049	My Little Pony: The Movie	Geostorm	Love Beats Rhymes	Thank You for Your Service
6-Feb	So B It	Overdrive	Loving Vincent	The Killing of a Sacred Deer	Thank You for Your Service	Brad's Status	The Foreigner	Breathe	American Made	The Bachelors	It
7-Feb	The Killing of a Sacred Deer	I, Daniel Blake	Overdrive	My Little Pony: The Movie	Blade Runner 2049	Love Beats Rhymes	Geostorm	Marshall	It	Polina	Happy Death Day
8-Feb	My Little Pony: The Movie	Brad's Status	I, Daniel Blake	Breathe	American Made	The Bachelors	Happy Death Day	Loving Vincent	Thank You for Your Service	So B It	The Foreigner
9-Feb	Breathe	Love Beats Rhymes	Brad's Status	Marshall	Blade Runner 2049	Polina	Geostorm	Overdrive	It	The Killing of a Sacred Deer	The Snowman
10-Feb	Marshall	The Bachelors	Love Beats Rhymes	Loving Vincent	The Foreigner	So B It	Thank You for Your Service	I, Daniel Blake	The Snowman	My Little Pony: The Movie	American Made
11-Feb	Loving Vincent	Polina	The Bachelors	Overdrive	Geostorm	The Killing of a Sacred Deer	It	Brad's Status	Happy Death Day	Breathe	Blade Runner 2049
12-Feb	Overdrive	So B It	Polina	I, Daniel Blake	The Snowman	My Little Pony: The Movie	Blade Runner 2049	Love Beats Rhymes	Geostorm	Marshall	Thank You for Your Service
13-Feb	I, Daniel Blake	The Killing of a Sacred Deer	So B It	Brad's Status	American Made	Breathe	Happy Death Day	The Bachelors	Thank You for Your Service	Loving Vincent	The Foreigner
14-Feb	Brad's Status	My Little Pony: The Movie	The Killing of a Sacred Deer	Love Beats Rhymes	Blade Runner 2049	Marshall	Geostorm	Polina	It	Overdrive	The Snowman
15-Feb	Love Beats Rhymes	Breathe	My Little Pony: The Movie	The Bachelors	The Foreigner	Loving Vincent	Thank You for Your Service	So B It	The Snowman	I, Daniel Blake	American Made
16-Feb	The Bachelors	Marshall	Breathe	Polina	Geostorm	Overdrive	It	The Killing of a Sacred Deer	Happy Death Day	Brad's Status	Blade Runner 2049
17-Feb	Polina	Loving Vincent	Marshall	So B It	The Snowman	I, Daniel Blake	Blade Runner 2049	My Little Pony: The Movie	Geostorm	Love Beats Rhymes	Thank You for Your Service
18-Feb	So B It	Overdrive	Loving Vincent	The Killing of a Sacred Deer	Thank You for Your Service	Brad's Status	The Foreigner	Breathe	American Made	The Bachelors	It
19-Feb	The Killing of a Sacred Deer	I, Daniel Blake	Overdrive	My Little Pony: The Movie	Blade Runner 2049	Love Beats Rhymes	Geostorm	Marshall	It	Polina	Happy Death Day
20-Feb	My Little Pony: The Movie	Brad's Status	I, Daniel Blake	Breathe	American Made	The Bachelors	Happy Death Day	Loving Vincent	Thank You for Your Service	So B It	The Foreigner
21-Feb	Breathe	Love Beats Rhymes	Brad's Status	Marshall	Blade Runner 2049	Polina	Geostorm	Overdrive	It	The Killing of a Sacred Deer	The Snowman
22-Feb	Marshall	The Bachelors	Love Beats Rhymes	Loving Vincent	The Foreigner	So B It	Thank You for Your Service	I, Daniel Blake	The Snowman	My Little Pony: The Movie	American Made
23-Feb	Loving Vincent	Polina	The Bachelors	Overdrive	Geostorm	The Killing of a Sacred Deer	It	Brad's Status	Happy Death Day	Breathe	Blade Runner 2049
24-Feb	Overdrive	So B It	Polina	I, Daniel Blake	The Snowman	My Little Pony: The Movie	Blade Runner 2049	Love Beats Rhymes	Geostorm	Marshall	Thank You for Your Service
25-Feb	I, Daniel Blake	The Killing of a Sacred Deer	So B It	Brad's Status	American Made	Breathe	Happy Death Day	The Bachelors	Thank You for Your Service	Loving Vincent	The Foreigner
26-Feb	Brad's Status	My Little Pony: The Movie	The Killing of a Sacred Deer	Love Beats Rhymes	Blade Runner 2049	Marshall	Geostorm	Polina	It	Overdrive	The Snowman
27-Feb	Love Beats Rhymes	Breathe	My Little Pony: The Movie	The Bachelors	The Foreigner	Loving Vincent	Thank You for Your Service	So B It	The Snowman	I, Daniel Blake	American Made
28-Feb	The Bachelors	Marshall	Breathe	Polina	Geostorm	Overdrive	It	The Killing of a Sacred Deer	Happy Death Day	Brad's Status	Blade Runner 2049

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Understanding what the \$250 million NSU received means for you

By: **Christina McLaughlin**

Opinions Editor

Three weeks ago, NSU hosted the 20th Annual Celebration of Excellence, which recognized those serving the community as well as significant donors whose gifts totaled \$1 million or more. Six individuals, whose donations helped to achieve NSU's "Realizing Potential" campaign three years ahead of schedule, were inducted into the NSU Fellows Society "Shark Circle" during this year's event. Still, inquiring minds wanted to know: What should students expect to see now that the monetary goal for "Realizing Potential" campaign has been met?

A little context about the campaign

The "Realizing Potential" fundraising campaign started in 2008 with a landmark goal of reaching \$250 million by September 2020, in line with the Vision 2020 outlined by President Hanbury. NSU's "Realizing Potential" campaign surpassed this goal last month, amassing a total of \$252.5 million in donations. According to NSU's website, the early success of this campaign reflects "high donor confidence in NSU's ability to turn aspirations into reality."

But what does all of this really mean?

The breakdown

This campaign is comprised of direct contributions, gifts which are intended to be disbursed over time as well as estate plans which have been signed over. These are then separated into three distinct funds: support for students, support for faculty and support for "21st century education." According to NSU officials, the latter is an element of which will help make our institution exceptional, unique and well-poised for the future.

Jennifer O'Flannery Anderson, vice president for advancement and community relations, said that this will not only attract more students and recognition to the university, but also bring academic support for students.

The exact breakdown of the goal is as follows:

\$125 million goal for student support

\$75 million goal for faculty support

\$50 million goal toward 21st century education

Since the campaign goal was surpassed, the final totals of the campaign amounted to

\$140 million in student support, \$50.5 million in faculty support and \$61 million for 21st century education. According to Anderson, a majority of these donations and gifts will have a clear focus on scholarships for students, and will even contribute to those currently enrolled.

One third of the campaign — \$80 million — will go directly to the university's endowment fund. Typically, endowments, which are donated to universities, are meant to be invested to grow the principal and provide additional investments in the long term.

"This is a way to ensure that the university has a strong basis of financial strength and it is also an element by which our institution is evaluated compared to other institutions," said Anderson.

What students will begin to see

One change that resulted from reaching this goal was the opportunity for donors to not only donate gifts, but to have buildings, programs and similar property named after them. The "Realizing Potential" website outlines, in detail, these opportunities. Recent accolades include

the naming of the Dr. Kiran C. Patel College of Allopathic Medicine, the Dr. Pallavi Patel College of Health Care Sciences, the Ron and Kathy Assaf College of Nursing, and the Rick Case Arena.

When President Hanbury implemented this campaign, his primary goal was to make sure NSU's endowment could grow to show the strength of the university and the trajectory path that NSU is heading down.

According to Anderson, through the town hall meetings, Hanbury hopes to gain input from faculty, staff and students about their vision and aspirations for NSU so that those thoughts can be incorporated into an enhanced strategic plan for the university. It is from that plan that the university can develop new priorities for philanthropy in the future.

"Philanthropy is one of key elements that differentiates excellence at an institution," said Anderson. "We've been fortunate to have gotten many [donations] in large and small amounts ... some of the ways people will see impacts is through scholarship and improved facilities," said Anderson.

Celebrating the season of Lent with NSU's Catholic L.I.F.E.

By: **Michaela Greer**

Co-Editor-in-Chief

This year, Feb. 14 will mark the beginning of the season of Lent. According to USA Today, Lent signifies the period of 40 days where Jesus wandered through the desert, praying and fasting following his baptism. As such, each year, Christians around the world honor this time through their own journey through prayer and fasting.

Claudia Stevens, president of Catholic L.I.F.E., explained more about this season and how NSU students can celebrate Lent.

What is the importance and significance of Lent?

"Lent is a time of personal reflection of one's faith. It is encouraged throughout the year to make this a [regular] thing in a person's life; to deeply take a look at your faith to see if you are actively being faithful and have a relationship with God and Jesus. However, it is understood

that people are human, make mistakes, sin, and obviously forget or don't have time to do this everyday. That is why Lent is especially important."

"It is like the time when Jesus was tested with his faith and had to really look into himself to see his commitment to who He was, before giving up His body to die on a cross. We, too, must look inward to see if we are really bonding through our faith with the Lord, and to allow ourselves to see that if we aren't, we are given this chance through the sacrifices we make during Lent."

Is Catholic L.I.F.E. hosting any events to recognize this season?

"Well, [throughout] the year we have our meetings. These used to be on campus, but are now at Saint David's Catholic Church after the 10 a.m. and 11:15 a.m. masses where there is

also free food and donuts. At these meetings, students can expect to learn new information about possible e-board positions, prayers and bond with the group members."

"We will also be having movie nights, conferences, a fish fry at Saint David's Catholic Church, and a College Legislative Liaison Program for leaders. Anyone interested can find out more information in the emails we sent through our listserv, by emailing me [at cs2443@mynsu.nova.edu] or by attending our gatherings after masses."

Do students have to be Catholic to participate?

"No, the word "Catholic" itself means "universal" and we are, therefore, open to all students from any faith background. We also love to collaborate on events with organizations of different faiths, so if anyone is interested in

doing an event, they can definitely email me."

"Plus, Catholic L.I.F.E. also has started a mass carpooling initiative so anyone who needs a ride to mass can contact me. Also, if anyone with a car would be interested in making our group bigger by helping students get to mass with us, they can also reach out to me."

What do you hope students will take away from these events?

"We hope that students will know we are here for them, and if they need prayer for anything we will be sure to help. We want to help students grow in their faith and if students are concerned about their faith while in college, we want to help guide them along the way."

"We also hope that students, no matter their faith or background which they come from, will become curious about who we are and come to more of our events."



Career Corner



How to best prepare for an interview

By: **Cierra Bussard**

Contributing Writer

Cierra Bussard joined the Office of Career Development in July 2017 as a Career Advisor and is pursuing her master's degree in College Student Affairs at NSU. She loves working with all populations of students but has a particular focus on helping veteran students meet their career goals.

Preparing for an interview is crucial; whether it's for a job, internship, or professional program. Being able to reflect on your skills and past experiences will help you better articulate why you are a great candidate to the employer. Here are some strategies to help effectively answer common interview questions.

"Can you tell me a little about yourself?"

Many people are thrown off when this is the first question an employer asks during an interview and tend to panic or go off on a tangent. It's important to keep our response short but also have structure. You want to give the employer a quick snapshot of who you are, what

unique skills you bring to the table, and what led you to this point. Just make sure to always end your response by tying it back to the job you are currently applying for and why you are excited for this opportunity.

"Why are you interested in this position?"

Whenever you are applying for a position, it's always a good idea to save the job description so you can refer to it when preparing for the interview. Ask yourself: "What important skills do I have that this job is looking for?"

It's also helpful to do some research on the company. Pay attention to their projects, initiatives, and core values. Being able to address how your values align with theirs, while highlight skills you possess that specifically relate to the position you are applying for will make you a competitive candidate.

"What are your strengths and weaknesses?"

When listing strengths and weaknesses, always remain focused on the job description.

Self-reflect on your strengths and how they align with the position. Make sure for each strength you list, you provide an example to support it. When the interviewer asks what your weakness are, they are trying to see if you can self-evaluate. It's important to be honest, while refraining from highlighting a weakness that will hinder you when doing the job. For example, if you're looking for a customer service position, it's probably not the best idea to announce that your weakness is working with people. Also avoid saying your weakness is that you're a "perfectionist." This answer is very vague, cliché, and doesn't really answer the question. Share a weakness that you've self-identified and worked through in order to improve yourself.

"Can you tell me about a time when you took initiative?"

With this type of question, employers want to know about a specific example where you demonstrated strong leadership skills. Again, it's important to structure your response.

When answering this type of question, using the "STAR format" can help organize your thoughts to answer the question efficiently.

Situation - Give the employer a brief overview of the incident.

Task - What was the problem that needed to be solved?

Action - What steps did you take in order to resolve the issue?

Result - What was the result of the actions you took? Also, what did you learn from this experience?

These are only a few common examples of questions that you may be asked during an interview. Doing your research, reflecting on past experiences, and focusing on individual skills will make you a competitive candidate and give you the confidence to tackle any question an employer may ask you.

That Time I.... *couldn't figure out what time it was*

By: **Maha Barakat**
Contributing Writer

Maha Barakat is a freshman majoring in Communication Studies. She is currently works at NSU's student-run television station, SUTV.

There are only two things that daylight saving time has ever done for me: made me late for my bus and made me miss my bus. There's no argument concerning whether I like time change. The only thing I can say is that I've learned how to get ready for school in five minutes tops. This came in handy for me on one fine, early morning.

After a long night of studying, YouTube breaks, and complaining, I finally went to sleep at 3 a.m. The only thing I remember after that, is the blaring sound of my alarm. I quickly shot up from bed and scrambled to change, brush my



PRINTED WITH PERMISSION FROM Freshman Maha Barakat laughs as she details her fondest memory of troubles with a shifting daylight saving time.

teeth and head out the door. As I looked around, the streets felt empty and it was oddly quiet. I shrugged it off; I was honestly more concerned with how incredibly late I was for school.

As I was driving along, ignoring the terrible

gut feeling I had, I looked down at my GPS for a split second. I didn't process what the time on the screen read until a couple seconds after I saw it. As soon as my brain realized that it was 5:45 a.m. and not 6:45 a.m., I immediately began yelling at myself. I was so upset with myself because not only did I look like a wreck because I rushed out of the house, but I was too tired for my own good.

I debated just driving to school anyway, and dealing with the extra mishaps, like forgotten items or wardrobe malfunctions, carrying on throughout my day. After about five more minutes, I was over it. I took the first exit and went straight back home. Going back home was so satisfying that I didn't even second guess myself.

Once I got home, I made myself some breakfast, did my makeup, and watched a little television. Everything seemed fine until my mom came downstairs. As soon as she saw me, she froze in her steps. Almost instantly, she started yelling at me about skipping school. I, of course, was very confused because I assumed that I was still early for school. She walked over to me and shoved her phone in my face so I could see that, in fact, I was extremely late for school.

As it turned out, my car displayed the wrong time because it was in fact daylight saving time, and my alarm was right the whole time. To top it off, I missed my first period class, and I was confused about the time the rest of the day. That day, I showed up late for every class, and concluded that daylight savings sucks.

Celebrating Black History Month at NSU

By: **Diego Galvez**
Sports Editor

Since 1926, Americans have been celebrating, empowering and fostering awareness about the African-American community every February in what is now known as Black History Month. This celebration has served as a way to pay tribute to all of the amazing things the Black community has done. To that point, the NSU community has come up with a handful of events that will allow students, faculty and staff to learn more about importance of Black History Month and the achievements of its heroes.

NSU's Black Student Union (BSU) has organized the following events:

On Feb. 17 BSU representatives will reach out to the local community to help school-aged children with homework and engage in fun

indoor/outdoor activities. The event will take place beginning at 9 a.m. at the Rick and Rita Case Boys & Girls Club located at 7525 NW 33rd St, Hollywood, Fla. 33024. For additional information, or to register to volunteer, contact Jocelyn Hunter at jh2635@mysu.nova.edu.

BSU will also host a movie night on Feb. 19, in which they will feature the movie "I Am Not Your Negro" in the Commons residence hall in room 123 A/B at 7:30 p.m. This film delves into black history and focuses on the connection between the Civil Rights Movement and the #BlackLivesMatter movement. It also aims to question the degrees of black representation within our society. BSU secretary Shylia Barnes said that this particular film will illustrate some of the social issues that people of color have

experienced throughout time.

Later on Feb. 23, the organization will collaborate with the Office of Campus Life and Student Engagement and Open Expressions to present their second Revolution and Rhyme event. This event is designed to promote the arts through song, poetry, dance, painting and other artistic expressions. Students are encourage to perform selections relevant to Black History Month. The event will take place in the UC Pit at 6 p.m.

Members of the NSU community will also host additional events this month in celebration of Black History Month.

On Feb. 19, the NSU community is invited to enjoy Jazz in the Gallery, an event which will feature an array of jazz music performed by the

Broward College Jazz Combo. The event will take place in the Alvin Sherman Library, Cotilla Gallery from 2 p.m. to 3 p.m.

The events continue into next month with a poetry and spoken word night on Mar. 2 called "Let's Speak Truth." Students are invited to attend the event sponsored by the Alvin Sherman Library and listen to MC Quick the Poet, as well as other local spoken word artists and poets, present pieces during this celebration of creativity. The event will take place in the Alvin Sherman Library, Cotilla Gallery from 6:30 p.m. to 8:30 p.m.

To learn more about various on-campus Black History Month events available to the NSU community, visit nova.edu/blackhistory/ events.

Looking for love or...not: Pick the right dating app for you

By: **Jenna Kopec**
Co-Editor-in-Chief

So, maybe you're tired of being alone on Valentine's Day. Maybe you're looking for a convenient "friend with benefits" or maybe you're just bored and like flirting with people. Whatever the reason, if you're finding yourself looking toward the world of online dating, it can be hard to know how to start — especially once you know that you have options; free options.

That's right, there's more than just Instagram direct messages. Here's a breakdown of the free dating apps available to college students; ones that you've likely heard about and some which may be new to you.

Tinder

Chances are, you've heard about Tinder. It's arguably the reason why dating apps have become so popular. Tinder is pretty straight forward; you're shown images of other users and you swipe right to "like" them and swipe left to pass. If two users swipe right on each other's profile, the pair are matched and given

the opportunity to talk.

Tinder allows users to set preferences based on gender, age and distance of users. Although it is typically referred to as a "hook up" app, it's certainly not that way by rule. So, if you have specific expectations, like finding a relationship or a no-strings-attached situation, you might want to mention that to your matches. Either way, meeting someone becomes more likely when you're using a tool that boasts 1.6 billion swipes a day and over 20 billion total matches.

Grindr

Grindr is very similar to Tinder, except it's designed to specifically serve the gay male community. With three million active users who use the service daily, Grindr credits itself with being the largest social networking service for the LGBTQ community. You can also customize your profiles similarly to how you can on Tinder, but with the addition of indicating which

pronouns you prefer to be addressed.

Bumble

Bumble sets out to help users make meaningful connections by empowering women. This app isn't exclusively used for dating since users can also set their "mode" to indicate that they are searching for friends or business connections to swipe that way. The app works by showing you other users who are swiping in the same mode that you are.

Although it begins with the same premise of swiping on who you would like to date, Bumble does come with some benefits. By sending a specific photo of yourself to the company, you can verify your account, which helps deter catfishing. The real difference comes with the app's time restraints and messaging requirements. On this app, women have to make the first move — meaning send the first message — within 24 hours of matching with someone or the option to communicate disappears forever. In

turn, men also have to respond within 24 hours. The feature was designed to ensure that matches actually lead to conversations. The app claims to have facilitated 1.3 million matches and one million first moves by women every day.

Coffee Meets Bagel

Coffee Meets Bagel was developed in 2012 with the idea of meaningful relationships in mind and is arguably the app on this list most designed for relationships. Every day at noon men receive 21 potential matches — that the app calls bagels — which are selected using algorithms based on information from your profile. Men can either like or pass on the profiles. Then, women are shown the profiles of men who have already "liked" them to decide whether or not they wish to connect and chat. The app also has settings for the LGBTQ community. The app boasts that it has made one billion introductions so far.

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Charlie Albright: The journey behind the music

By: **Madelyn Rinka**
News Editor

Charlie Albright is a classical pianist, composer and improviser. An official Steinway artist, Albright graduated from Harvard College, New England Conservatory, as the first classical pianist in the schools' five-year BA/MM joint program. He also received a post-graduate artist diploma in 2014.



PRINTED WITH PERMISSION FROM C. ALBRIGHT
Charlie Albright has been playing piano since he was three and a half years old and says he never stopped loving it.

How long have you been playing piano, and why did you start?

"I started when I was three and a half, we had a little clunky-junky upright piano in our house, I think we got it from a garage sale... I guess I climbed up when I was three and a half on the piano and began pecking out 'Twinkle Twinkle Little Star' by ear. My mom heard me from the kitchen and she came out and asked who taught me that. And — I don't remember any of it, this is what I'm told — I guess I said that nobody taught me. She saw that I had a knack for it and so she taught me the little [piano] that she knew. Then I went to several teachers who taught me exclusively how to play only by ear. It wasn't until I was about seven or eight that the jazz teacher I was learning from at that point told my parents that 'Charlie should have a year's worth of classical music training to

develop his technique.' He recommended me to my first serious teacher, Nancy Adsit. I was with her until college, for 12 years or so."

How did you realize you wanted to be a professional pianist?

"It was a long process coming. I've been playing piano for as long as I can remember, and I've always loved — well you hate it sometimes — but overall you love it, for me at least ... The music career, and arts in general, I think for a

lot of people, it's so risky. How do you get to Carnegie Hall? Practice, practice, practice? No, no — know the manager, that's how. It's kind of along those lines. You can practice and work your hardest and do your best, but that will only get you so far. A lot of the success in a music career is a blessing, luck, knowing the right people, having the right audience at the right time, a lot of it is out your control."

What's your favorite genre of music to play, and do you ever perform your own music?

"I don't have a favorite. I play a lot of classical ... but I do a lot of other stuff. Depending on the tours I'm on, I'll throw in 'Great Balls of Fire.' I love jazz and rock and roll and boogie woogie, it's just fun. That's the kind of stuff that I've played ... before I started learning how to play music when I was seven or eight. In terms of [playing] my own music — absolutely! I love improvising. Sometimes I'll even give an entire concert just purely improvised."

Is there a performance that you've done that was particularly memorable?

"Let's see. I have to pick one. One of the coolest ones I remember doing was, I think I

was a sophomore in college. I got an email one morning from the director of the office of the arts at school, and he said, 'Charlie, Senator Ted Kennedy is having a special honorary degree ceremony here, and we wanted to know if you'd be interested in performing for the ceremony with Yo Yo Ma.' And I was like, 'Well of course!' So we did that, and that was my first time ever performing with Yo Yo Ma, and that was amazing."

What would you tell someone who is hoping to accomplish what you have in their future?

"Oh my goodness ... too much to tell. First of all, you need to keep loving it. Of course you have times where it's up and down. Nobody likes their job 100 percent of the time, that's called life. No matter how passionate you are about something, there's times when it sucks. That's with anything. For music, you have to maintain that love."

Albright will be having a Salon Concert on Feb. 16 from 6 to 9 p.m., and an Interview/Masterclass on Feb. 17 from 10 a.m. to 12 p.m. in the Performance Theater of the Don Taft University Center.

SOUNDBITE

"Amen" by Rich Brian

By: **Adam DeRoss**
Contributing Writer

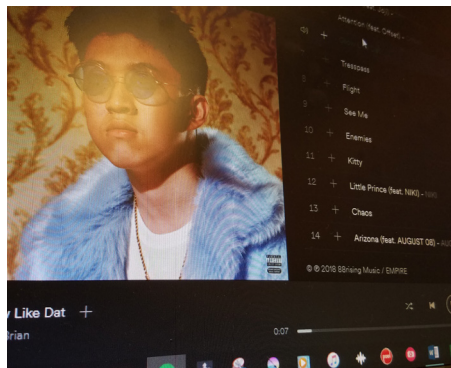
Eighteen-year-old rapper Brian Imanuel is one of the most widely known underground hip-hop artists in the community and on the 88rising record label. After growing up homeschooled in Indonesia and spending most of his time on the internet, Imanuel released a semi-serious rap song, "Dat \$tuck" under the moniker Rich Chigga. The song and accompanying music video went viral, launching Imanuel into the public eye and inspiring him to continue making music. After signing to 88rising and releasing a few more singles, Imanuel dropped his very first studio album "Amen" on Feb. 2, under the name Rich Brian. While the record does carry some of the charming signature aspects that made Imanuel famous in the first place, most of the tracks sound too similar instrumentally, vocally and lyrically to make it stand out.

Best Cuts

Over the course of the 14 track record, three of them really exemplify Imanuel's talent. The first, "Cold," is the second track on the record and features lyrics that contemplate Imanuel's changing attitude and personality now that he has been thrown into the spotlight. He brings

in a lot of relatable anecdotes and sentimental stories that really push the emotional aspects of the writing. His flow is clear and concise and carries the same deep-voiced swagger that it normally does. But, depending on who's listening, that may be a good thing or it might just be too much more of the same. Either way, there is a slight disconnect between his writing and his performance. Since he carries the same flow and mannerisms that he normally would, the more emotional lyrics attached to this track lose some of their impact. The instrumental is simple but effective with its combination of electronic synth riffs and heavily modulated piano chords on top of a jittery trap percussion line.

"Introvert" features fellow 88rising rapper Joji and features a smooth and calming melody constructed from '80s style synths and drums, almost like it belongs in a hazy disco at one in the morning. As the title suggests, the lyrics on the cut feature heavy introspection from both Imanuel and Joji about the challenges that come from being famous. They reflect on the experience of going from being nobody to known all over the world in a very short period of time and missing some of the more private



PRINTED WITH PERMISSION FROM A. DEROSS
"Amen" wasn't a complete disappointment, but it wasn't necessarily fulfilling either.

aspects of life before fame. While the flow Imanuel uses to deliver his lines is more or less the same as on the other tracks, he does take the time to slow down and be more deliberate with his performance, making it a bit more interesting and fitting to his writing. Joji brings a good juxtaposition to this with his usual breathy and wispy inflections.

"Glow Like Dat" was one of the singles Imanuel released leading up to the album and it's one of the crowning jewels of the whole project.

The instrumental is a beautifully syrupy, flowery collection of blossoming acoustic guitars and subtle piano chords on top of the usual tinny snares and hi-hats Imanuel employs on his beats. The lyrical content is less thematically interesting on this cut, being about Imanuel's ex and how he misses her. However, the context surrounding his experience with this girl makes it a little more personal and engrossing. Imanuel was in a long distance relationship with this girl while he was being homeschooled in Indonesia and she was living in Maryland; meaning that she was one of the few people he was in frequent contact in the years leading up to "Dat \$tuck."

88rising is known for featuring unique and unconventional hip-hop artists, and Rich Brian definitely fits both of those criteria. However, it seems that it's too early in his career for him to have completely figured out his creative process. While the collection of tracks on "Amen" aren't bad, they aren't too new or too interesting either — with some exceptions. However, as one of 88rising's flagship artists, it's doubtful that Imanuel will stop here. Whether his next release is more engaging or not remains to be seen.

OFF SHORE CALENDAR

Mardi Gras Party
Feb. 13 | 8 p.m.
@The Funky Biscuit

Hump Day Food Truck Collective
Feb. 14 | 5 p.m.
@Tamarac Recreation Center

Sierra Hull
Feb. 15 | 8 p.m.
@Amaturo Theater

Hollywood ArtWalk
Feb. 17 | 7 p.m.
@Comfort Zone Studio & Spa

Sunday Outdoor Movies
Feb. 18 | 10 p.m.
@Dada Restaurant & Lounge

Local spots to jam on a budget

By: **Nicole Chavannes**
Copy Editor

As a struggling college student, there are two things I enjoy immensely: free stuff and live music. Combine these and you can get great entertainment that costs you nothing at all – except for the obvious, like transportation, food and drink. If you’re looking for a musical escape that won’t break the bank, read on for some local spots to hear free, live music in the SoFlo area.

Be the spectacle on karaoke night

If karaoke is your scene, there are a number of places in the area that are either karaoke bars or host karaoke nights. These venues are perfect if you enjoy getting up on stage – regardless of whether you sound like the next Beyonce or some species of wailing animal – or if you prefer sitting back and listening to the amateur talent on stage.

Restaurants like ROK, a Korean-fusion restaurant in Lauderhill, offer both delicious food and karaoke daily. Other venues, like The

Inn-Field Bar and Grill and Smarty Pants Bar, both on Oakland Park Blvd. in offer karaoke on Friday and Saturday nights. Smarty Pants also has matinee karaoke on Sundays, for those that prefer daytime entertainment. Even Ye Olde Falcon Pub on University Drive, mere minutes from NSU’s Davie/Fort Lauderdale campus, offers karaoke on Monday nights.

Park yourself at free concerts

If live concerts are more your speed, Gulfstream Park, Flamingo Gardens, Sunrise Civic Center Amphitheater, Mickel Park in Wilton Manors and Fort Lauderdale’s Riverwalk all offer live music and art events every month. These events are perfect for nighttime picnics with friends or trying out various food options as you listen to live music.

Gulfstream Park offers live music of varying genres every Saturday night, and features recurring artists Benji Rafaeli and

Travis Bridges every Tuesday and Sunday night, respectively. Flamingo Gardens hosts First Friday Food Trucks every month, featuring spinning DJ Anarchy and South Florida Bluegrass Association bands. The City of Sunrise will also its Tunes ‘N Trucks concert series on the second Friday of every month until May, featuring varying genres of music each Friday. Mickel Park will be continuing its third annual Music at Mickel Concert series, featuring a different genre of live music on every third Friday of each month until April. For a daytime equivalent, visit Fort Lauderdale Riverwalk’s Sunday Jazz Brunch, which features live music on three different stages on the first Sunday of every month.

Enjoy a meal and a song

Sometimes lounging in the grass or walking around for your food doesn’t sound too appealing – but never fear, there are plenty of

sit-down spots that offer both standard service and live entertainment.

Rock Bar in Fort Lauderdale beach features a live DJ every Thursday through Sunday night, as well as an oceanfront dining experience – though admittedly, the menu can be a bit of a splurge for the college student on a budget. For a more affordable meal-and-music combo for any time of day, try Nick’s Bar & Grill on Hollywood beach, which features delicious seafood and local musicians, as well as the occasional karaoke scene.

No matter what your musical or atmospheric preference, South Florida’s got an abundance of options to choose from in the way of free, live entertainment. Don’t hesitate to get to know the area more and browse some of its musical and artistic offerings; you’re bound to find something that suits you.



STAFF PICKS: WHAT'S YOUR FAVORITE LOVE SONG AND WHY?

By: **The Current**

Michaela Greer, co-editor-in-chief, said:

“My favorite love song is probably ‘Girl from Ipanema’ by Astrud Gilberto, Stan Getz and João Gilberto. The singers croon the story — first in English and then in Portuguese — of a man who watches a girl that he likes walk by him each day, lacking the courage to approach her. I think it touches me deeply because it’s such a simple and relatable occurrence. After all, how often have we seen someone and missed our opportunity to reach out to them? Yet, this sorrowful reality is sung about so sweetly; a true classic.”

Diego Galvez, sports editor, said:

“My favorite song is called ‘Caraluna’ by Bacilos. It’s a hispanic song which came out when I was a kid and I used to sing it with my

mom whenever it played on the radio. Every time I hear it I remember those simpler times when it was just me, my mom and the song playing in my mom’s car.”

Christina McLaughlin, opinions editor, said:

“One of my favorite love songs is ‘You Are My Sunshine’ by Johnny Cash. My dad used to sing it to me when I was little as a lullaby and the message of the song always stuck with me. It’s a song that’s been in my family for years and I hope I can sing it to my own kids one day.”

Skylyr Vanderveer, multimedia manager, said:

“My favorite love song is ‘One’ by U2. It’s been my mom’s ringtone for my dad for years. Whenever I hear the song, I just think about my

parents and it gives me such joy.”

Jenna Kopec, co-editor-in-chief, said:

“I don’t think I have a favorite love song, but one that I always thought was really beautiful was ‘Inside Your Heaven’ by Carrie Underwood. It’s not a song so much about infatuation, but about actually being there for the person that you love and becoming their so-called ‘person.’”

Nicole Chavannes, copy editor, said:

“Favorites are always hard for me, but I love Adele’s version of ‘Make You Feel My Love.’ Something about it is so simple and sweet, but melancholy at the same time. I can’t help but feel emotional each time I hear it.”

Sydney Stoneback, multimedia and visual design assistant, said:

“My favorite love song is ‘You Belong With Me’ by Taylor Swift. I love all of the old Taylor songs, but this one never fails to brighten my mood, especially when I’m screaming the lyrics at the top of my lungs while driving with the windows down in my car.”

Madelyn Rinka, news editor, said:

“My favorite love song is ‘Dancing in the Moonlight’ by King Harvest. It’s not exactly about a romantic kind of love, but just like a ‘having a good time’ sort of love. I just love how upbeat and positive it is, it always puts everyone in such a mood.”

Justin Timberlake’s “Man of the Woods”

By: **Veronica Rodriguez Mendoza**
Contributing Writer

On Friday, Feb. 2, Justin Timberlake released his fifth-studio album titled “Man of the Woods,” two days before his Super Bowl LII halftime performance. This album includes 14 solo tracks along with two collaborative songs with Alicia Keys and Chris Stapleton. In the album’s promo video, Timberlake walks through the woods knee-deep in snow drifts, bathes in the river, burns bonfires and watches herds of horses. Prior to the release of “Man of the Woods,” Timberlake’s last studio work was in 2013, when he released “The 20/20 Experience” and “The 20/20 Experience: 2 of 2.” During

his 20-year career, Timberlake has dabbled in various genres and become an icon for all of pop culture. “Man of the Woods” is a collection of everything Timberlake has done musically over the years, which is why the album’s music varies between the styles of Country, R&B and hip-hop.

“Man of The Woods” is the lightest-sounding album released by Timberlake. The basis of most of the songs are mainly acoustic guitar riffs with a touch of R&B sounds. The title track “Man of the Woods” is a dedication to his wife, Jessica Biel, which is reminiscent of



PRINTED WITH PERMISSION FROM J. KOPEC
Justin Timberlake traces through his past on “Man of the Woods” by revisiting the many sounds of his career.

the song “Don’t Worry, Be Happy” by Bobby McFerrin. In the single “Filthy,” Timberlake

uses techno and heavy robotic space funk sounds. The song “Wave” arranges sounds that demonstrate the Caribbean reggae style. “Sauce” is a funky rock in the spirit of late Prince. With its harmonies, the song “Higher-Higher” reminds us of Stevie Wonder, and the name clearly refers to one of his famous songs, “Higher Ground.” Along with “Breeze off the Pond,” “Higher-Higher” represents pop-soul style. In this album, Timberlake shows his talent as a songwriter and manages to provide a different style of music for his fans that include catchy beats.

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ATHLETE OF THE WEEK: Jordan Lentz



By: **Christina McLaughlin**
Opinions Editor

Jordan Lentz is a senior exercise and sports science major. She's played on the women's soccer team since 2014.

When did you start playing soccer?

"I didn't start playing soccer until I was 11. I grew up playing basketball and I accompanied my friend to a [soccer] tryout and they threw me in goal because they didn't have a keeper. Ever since then, I've loved it and played it."

What made you start playing soccer?

"I thought to myself 'okay I'm really good at this sport, I might as well run with it.' For a long time I played both [soccer and basketball] and when I got to high school, I chose to focus just on soccer because I found I was having better opportunities for travel and I was getting more looks from scouts."

Favorite memory of being on the team?

"This year, we did the best in NSU women's soccer history and we were first in the conference and we are going to receive rings. That has been my favorite memory of soccer all together; it's a huge accomplishment. We were seventh in the conference my freshman year and I'm glad I could see [our team] go from seventh to first while I've been here. I'm glad I could see that unravel before me."



PRINTED WITH PERMISSION FROM D. HENDRICKS
Jordan Lentz said that if she wasn't playing soccer, she probably wouldn't have made it to NSU.

Favorite thing to do after a match?

"Eat. I'm always starving [after a game]. It's a four or five-hour period that I haven't eaten so I like to go out and get food. This season, a lot of the time, my family and I went to Ale House after a game. I'm a spicy-food person so that's my go-to."

What are you planning to do after your bachelor's at NSU?

"Hopefully staying at NSU. I'm in the

process of sending in my video interview to the occupational therapy program and I won't hear back till March. I'm waiting on two other schools as well and I know I will definitely get in somewhere and I'm hoping it will be here."

What would you be doing if you didn't play soccer?

"First off, I wouldn't be here. No offense to NSU but, [without a scholarship] tuition could be expensive and I'm so glad that I do play soccer. If I wasn't playing soccer, I'd probably be at a big university and also playing sports like clubs or teams. I still would be participating in sports of some kind because I can't not; I've done it so long."

What are your other hobbies?

"I love binge-watching Netflix. I like going on adventures and finding new parks or new places to hike, new antique stores like anything people don't usually do every day. I like to read and write and also research a lot. I'm an exercise science major so I do a lot of researching in the field. I want to become an occupational therapist so I do some research in that just so I have a better base of knowledge."

What is your favorite thing about NSU?

"The family aspect of NSU — I can walk around [the athletic building] and everyone says

'hi' to you and is willing to help you out. The community — there's a beach close to campus, we have the best library in the area and I love to read so that's a plus ... there's downtown, there's concerts all the time. At NSU, I feel like everybody fits in their own niche and that's important to me."

What is the key to success?

"Putting everything in my calendar. Thank God for technology because if I didn't put assignment due dates or meeting times in my calendar then I would forget something. People forget to do things and in life ... you're not able to forget anything so being organized is definitely the key to success."

How has being a student athlete prepared you for the future?

"The first thing I learned was time commitment. I learned quickly that school was more important than soccer. I learned about time-management and motivation. Teamwork helps a lot and it's important to me. If I get into a practice in the future and I can't get along [with my coworkers] then I won't be successful. Being a student-athlete definitely helped me with that."

On The Bench:

Congratulations, Sports Illustrated, you missed the point

By: **Jenna Kopec**
Co-Editor-in-Chief

If you needed or wanted a reason to loathe Sports Illustrated's infamous annual Swimsuit Issue, they provided one. In a misguided effort to support the #MeToo movement, the magazine hosted a photoshoot where models posed nude with words painted on their bodies in place of their typical Swimsuit Issue which will debut Feb. 13.

According to USA Today, this was all a part of the magazine's "In Her Own Words" project, where they encouraged women to define themselves with positive words. Thus, women wrote words like "truth," "nurturer" and "human" on their skin. Of course, this was done with a twist: making sexy poses for the shoot. Cue shock and awe.

If the thought of the photoshoot doesn't fill you with joy, congratulations, you're on the right track. If you're feeling confused, let me clue you into why this was, for lack of a better term, a very stupid idea. First of all, the fact that, as a society, we feel the need to keep reminding people that women are "strong" and "human" is pretty pathetic. The entire premise of labeling women like this is similar to Keith Urban's "Female," which to a lesser extent, also missed the point of the #MeToo movement. But, I digress.

The main reason why you should be disappointed in this issue of Sports Illustrated, is because they attempted to support a movement that raises awareness about sexual harassment and sexual assault by sexually objectifying women. Because heaven knows what we need to solve the issue of sexual violence against women is the word "natural" written across the bare bottom of a sexually posed woman.



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Singer Kaya Jones took to Twitter on Feb. 7 to describe her disappointment in the Sports Illustrated photoshoot.

I'm not the only one who's noticed. Kaya Jones, a singer who has experienced sexual abuse and is a part of the movement, tweeted on Feb. 7 that she was disgusted by the magazine's contradictory attempt at empowerment. Alexandra Schwartz, a staff writer for The New Yorker, called the photos that have been released so far "human Mad Libs" and said that the dark marker written on the skin of only white women — at least from what we've seen so far — seems to speak more to how society continues to silence women, particularly women of color, rather than allowing them to have a voice.

Most importantly, there's nothing about the campaign or the shoot that talks about the issue of sexual assault and harassment. Instead, it avoids a topic that society has been avoiding forever, while pretending to listen to what thousands of women are trying to say. Pacification without action — another popular trend.

So, congratulations, Sports Illustrated, for being a part of the very problem that movement is trying to solve.



Men's Basketball

The Sharks won with a score of 91-77 against Saint Leo on Feb. 7. Junior David Dennis filled up the scoreboard with 27 points made overall followed by Freshman Nick Smith who scored 18 points overall.

Women's Tennis

The Sharks brought home an astonishing 9-0 win against Southeastern University on Feb. 8. Freshman Alex Yeardeley had her first collegiate win at the NSU Tennis Complex. In both doubles and singles matches, the Sharks took a advantage of their opponents with their back-to-back wins.

Women's basketball

The women's basketball team suffered a loss against Saint Leo with a score of 52-55 on Feb. 7. The Sharks took an advantage early on led by Sophomore Maria Bardeeva and Freshman Skyla Osceola. However, the Saint Leo Lions pushed through the third and fourth quarter, which ultimately gave them the win.

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ON DECK

WOMEN'S BASKETBALL

vs. Rollins
Feb. 14 | 5:30 p.m.
Rick Case Arena

@Barry
Feb. 17 | 2 p.m.
Miami Shores, Fla.

MEN'S BASKETBALL

vs. Rollins
Feb. 14 | 7:30 p.m.
Rick Case Arena

@Barry
Feb. 17 | 4 p.m.
Miami Shores, Fla.

MEN'S BASEBALL

@St. Thomas
Feb. 13 | 6 p.m.
Miami Gardens, Fla.

WOMEN'S GOLF

vs. Lady Moc Classic
Feb. 19-20
Lakeland, Fla./Grasslands

MEN'S GOLF

vs. Matlock Invitational
Feb. 13
Lone Palm Golf Club, Lakeland, Fla.

WOMEN'S SOFTBALL

@Lynn
Feb. 17 | 1 p.m.
Boca Raton, Fla.

@Lynn (DH)
Feb. 18 | 12 & 2 p.m.
Boca Raton, Fla.

WOMEN'S ROWING

@Barry (Scrimmage)
Feb. 17
Miami, Fla.

MEN'S TRACK & FIELD

@Embry-Riddle First Chance/
Last Chance
Feb. 17 | All day
Daytona Beach, Fla.

WOMEN'S TRACK & FIELD

@Embry-Riddle First Chance/
Last Chance
Feb. 17 | All day

WOMEN'S TENNIS

vs. Florida Tech
Feb. 16 | 1 p.m.
NSU Tennis Complex

vs. No. 24 Saint Leo
Feb. 17 | 10 a.m.
NSU Tennis Complex

OUT OF THE SHARKZONE

Pirates catcher's mother kidnapped in Venezuela

According to USA Today, the mother of Pittsburgh Pirates catcher Elias Diaz was kidnapped in Venezuela Thursday afternoon. The kidnapping of the relatives of famous people has become common in Venezuela during the nation's political crisis. As a result, many Venezuelan major league players have been forced to hire security personnel in order to keep their families safe. The news of the incident came as the catcher was preparing to report to the team's spring training camp in Bradenton, Fla.

Rob Gronkowski considering an acting career

According to NBC Sports, Patriot's tight end Rob Gronkowski is considering retirement to pursue a career in acting. Gronkowski, or "Gronk," was told by former players and now Hollywood superstars Dwayne "The Rock" Johnson and Sylvester Stallone, that he could make millions of dollars in action films. The report comes after Gronkowski told friends that the injuries sustained from the sport have taken a toll on him. Gronkowski is the fourth highest paid Patriot behind Tom Brady, Stephon Gilmore and Devin McCourty.

Cavaliers make deals in radical restructuring

The Cleveland Cavaliers drastically reshaped their rosters hours before the NBA's annual trade deadline, according to The New York Times. They agreed to two separate deals in order to acquire Jordan Clarkson and Larry Nance Jr. from the Los Angeles Lakers, George Hill from the Sacramento Kings and Rodney Hood from the Utah Jazz. Additionally, they shipped out six veteran players — including former All-Star guard Isaiah Thomas — in order to make those moves happen and infuse its team with much-needed youth and athleticism.

US beats Russian athletes in curling

The U.S. defeated their Russian counterparts in the new discipline of mixed curling, according to CNN. In a not-so-close match between brother and sister duo Matt and Becca Hamilton sweep a 9-3 win over Anastasia Bryzgalova and Aleksandr Krushelnitckii. As a nation, Russia isn't competing in South Korea after been banned by the International Olympic Committee in December in the aftermath of the McLaren Report.

Finding Fitness:

Saying goodbye to hitting the gym, and hello to HIIT workout regimens

By: **Michaela Greer**
Co-Editor-in-Chief

Now that the semester is in full-swing, resulting in a tight schedule for most students, it can seem almost impossible to find a way to squeeze in a work out at the gym. Or perhaps you've simply grown tired of trying to use the crucial equipment sitting in front of the mirrors where the "social media gym-stars" have clamored. Whatever the reason, working out away from the gym may just be more ideal for you. Enter: high intensity interval training (HIIT) workouts; an incredible combination of exercises you can do anywhere without the need for any equipment.

What are HIIT workout regimens?

High-intensity interval training workouts refer to regimens which alternate between vigorous bursts of activity and short periods of rest. According to Shape magazine, the intense spurts of energy push your body's repair cycle into "hyperdrive," effectively burning more calories than traditional methods of exercising such as a long run.

Benefits of HIIT workouts

A 2011 study conducted by the American College of Sports Medicine showed that two weeks of HIIT workouts improved participants' aerobic capacity as much as six to eight weeks of endurance would have. People continue to do HIIT workouts simply because while they are challenging, they are also highly effective. Furthermore, according to Shape magazine, studies have shown that you will burn more fat, lose weight instead of precious muscle, increase your metabolism and build a healthier heart through HIIT. Of course, as mentioned above, there is the added bonus that these exercises can be done anywhere, no equipment necessary.

Try it for yourself

I first learned about these types of workouts from my younger sister who has become increasingly interested in personal fitness. I'll confess that when she told me that there were only five exercises in this particular routine, I didn't even expect to really break a sweat. Without describing my state after this workout was completed, I will simply go on record stating that I was absolutely mistaken. Here is a breakdown of the workout we did as



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Hitting the gym could possibly become a thing of the past with the introduction of these types of HIIT workouts.

demonstrated by YouTuber Whitney Simmons in her "10 Minute Fat Blasting HIIT Workout:"

Front jumping squats with "hut, hut, hike" side-to-side transitions

Stand with your feet shoulder-width apart. Get into a squatting position, clasping your hands together in front of you.

Jump forward twice and then shuffle sideways three paces, bringing your knee toward your chest for the last movement. Repeat this motion, moving in the other direction.

Plank walks to a half-burpee

Get into a planking position, then move forward "walking" on your hands and toes a few paces, bringing your feet up toward your hands.

From this position, jump upwards stretching your hands toward the sky or ceiling. Side hops to planking shoulder taps

In a squatting position with feet shoulder-width apart, hop sideways three times.

Transition into a plank.

Bring your right hand to your left shoulder while in this position. Switch hands and alternate the movement four times.

Bear crawls to oblique mountain climbers

Stand up straight with feet together and then touch your toes.

"Walk" your hands away from your toes, transitioning into a planking position.

While in this position, bring your right leg toward your left elbow.

Return to the planking position, alternating the leg movement four times.

Walking lunges to knee raises

Stand with your hands on your hips to provide balance.

Take step forward, bending at the knee to complete the lunge.

Using the other leg, step forward and move into a standing position.

Jump forward eight times, bringing your knees as high as you can.

We did each exercise for a total of 40 seconds each, resting for 20 seconds in between. Then, we repeated the entire process for a second time. Spans of exercise and periods of rest can be adjusted based on your individual levels of fitness. However, it is important not to extend the rest time too much, as this will defeat the purpose of the HIIT workouts. My words of advice: Keep a towel and a bottle of water handy because after this workout, you'll need it.

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The Winter Olympics should be appreciated

By: **Jieun Son**
Contributing Writer

The 2018 Winter Olympics are just around the corner. Starting with the opening ceremony on Feb. 9 to the closing ceremony on Feb. 25, the sporting world's attention will turn to Pyeongchang, South Korea.

Pyeongchang is 80 miles outside of Seoul, the capital of South Korea. This city is best suited for Winter Olympics, not only because mountains cover more than 80 percent of the terrain, but also because it attracts winter enthusiasts with its pristine skiing conditions. The city's largest resort, Alpensia Ski Resort is fully prepared to welcome the world.

Despite this, there seems to be a lack of interest in the Winter Olympics. This might be because the venues and countries participating are not as varied as the summer games. However, the Winter Olympics are awesome in their own right. Some of the countries involved are from tropical climates, which means that they had no access to the climate their sports are involved

in — nations like these come from regions like Africa, Oceania, the Caribbean and Central and South America. Most of these countries don't medal in their sports, but the fact that they reached the Olympic level and had the courage to participate against experienced opponents is commendable.

These sports are specific to the season, and so there are some popular sports that can only be done in the Winter Olympics, such as ski-jumping and snowboarding. Moreover, for the 2018 Pyeongchang Winter Olympics, the International Olympic Committee added some new events such as freestyle skiing, big air snowboarding, mass start speed skating and mixed double curling, making the games even more exciting.

Even if you are not a winter sports enthusiast, watching the skiers' performances of aerial flipping and spinning or the figure skaters spinning three times in the air should

make anyone feel joyful. Much of the Winter Olympics take place in the air: ski-jumping, slopestyle, aerials and figure skating jumps. The aerial acrobatics are some of the best parts of any Olympic Games because those are not scrupulous about detailed formality. Results are unpredictable, so every event is suspenseful until the end.

These sports are quite dangerous too, which adds some thrill to the whole event. According to the International Olympics Committee report, the athletes who competed in Winter Olympics have been injured more than any other athletes. If you have ever seen a photograph of an athlete who tumbled down the hill, you might have experienced pain just by watching. Nonetheless, people are still watch the games, whether it's because of the thrill or because of the vicarious achievement.

Apart from danger, the Winter Olympics host artistic beauty and grace in events like

figure skating. Danger and grace seem like oil and water, but it is an intriguing and entertaining mix. It's interesting to see athletes defy the norm, like when ski-jumpers remain remarkably graceful as they land jumps on an ice chute at 80 miles per hour.

Besides the games themselves, the two-hour opening ceremony is sure to be enjoyable with a parade incorporating all 93 participating countries, an artistic program featuring an assortment of visual and musical performances unique to South Korea and, of course, the lighting of the Olympic torch. There will be virtual reality programming to enjoy; the NBC Sports VR app will feature over 50 hours of virtual reality. In short, the Winter Olympic Games are sure to offer excitement and joy in the next few weeks.

Stand up against Photoshop

By: **Suvina Daryanani**
Contributing Writer

Have you used Photoshop for your portrait pictures? We all do, but do you have any limitations to the amount of retouching you do on your photos? Altering models bodies and faces is easy enough with the software that we have today, but why publicize unreal images? It is understandable that you may want to remove small imperfections such as acne or red eyes. However, recently several models and actresses have complained that published pictures of them in magazines or news articles do not look like them. Overdoing edits and retouching photographs only cause unrealistic portrayals of an image, and we should know when to draw the line.

In the consumer world, there seems to be an abundance of "perfect-bodied" men and women This influences women, and even men, regarding their lifestyle choices, since their preferences are altered with the influence of

digital media. DIY photography posted a recent article about retouched photos and stating:

"As with everything in life, in retouching it's also important to know where to draw a line. If we remove personal traits off of someone, we can make them feel insecure and feel bad about themselves. Not to mention that, if we excessively retouch a photo of a client, they might feel unsatisfied with the results. And they have all the right to feel that way, because it's not really them in the photos."

Ads and promotions sell more than products; they sell beauty, value, sexuality and normalcy. We should discontinue the altered advertising; it is not necessary for companies to promote such negativity for models, celebs or anyone portraying them in a magazine or any type of advertisement.

Zendaya, Lady Gaga, Keira Knightley, Lorde and several other celebrities have all

publicly protested against the use of Photoshop. Most recently, after posing for the cover page on the Modeliste magazine, Zendaya felt outraged that the company manipulated her body skin. This 19-year-old actress took a stand to express her frustration on social media. Later, when Lady Gaga was published on the front cover of Vogue magazine, many people complained that the photo portrayed a vast difference from what she really looks like. Lady Gaga addressed this issue on Instagram by questioning the editors as to why they enhanced a good image into a fake image.

Unlike the aforementioned companies, other well-known companies have gradually stopped using Photoshop and when they do use it, they make the public aware that the image is "retouched." Modcloth, Seventeen Magazine, Aerie and Darling Magazine were the first four companies to completely cut out retouched

photos.

In fact, on Aerie's website, before you browse through their clothing, images or updates, you'll find this quote: "Some girls wear makeup. Some girls don't. Some girls wear push up bras & some just won't. Lots of girls live in heels & others in flats. Long hair, blue hair or maybe none of that. No matter your choices, let's be clear, you won't find retouching on any girl here. Simply stated, we made a deal. Trends may come and go but We Will Always Be Aerie Real."

Companies are slowly reducing the amount of editing done on celebrities and models' pictures. Changing facial features, body shapes or skin color are all unrealistic representations of actual people. Why promote imaginary and unrealistic photographs of already beautiful people?

Social media challenges need to be stopped

By: **Diego Galvez**
Sports Editor

It's pretty safe to say that everyone reading this article knows about the famous "Cinnamon Challenge" that ruled the internet six years ago. It was a really basic challenge that people still do sometimes. The challenge consisted of pouring some cinnamon on a spoon and then trying to swallow it. According to Livestrong.com, because cinnamon is made up of water-resistant cellulose, saliva does nothing to it and that's why you find all those "funny" videos of people puking, gasping for air and spilling cinnamon all around them. This challenge is dangerous but can also be considered the starting point of what we now know as viral internet challenges.

Unfortunately, these challenges are nothing but outlandish tasks that you're almost guaranteed to fail at. Once it goes "viral," people, especially teens, try to recreate them in order to be one of the few individuals to attempt the challenge and actually succeed at it. Some challenges are simple and innocent, like the "Try Not to Laugh Challenge." Others have actually been good for society, like the "Ice Bucket Challenge," which was one of the few challenges that people all around the world participated in help to raise money and promote awareness for amyotrophic lateral sclerosis, also commonly known as ALS.

Personally, I was one of the millions of people who did this to raise awareness of the disease and I had fun doing it because my friends

did it as well and it was harmless. However, the most popular challenges are usually the more dangerous ones. These types of challenges can be stupid, reckless and often really immature, representing the worst of the internet culture. They attract the eye of the public and attention from the media for how absurd they are and make parents worry because the results can sometimes be fatal.

One example of a controversial and idiotic challenge is known as the "Passing-out Challenge." The premise for this challenge, as the name suggests, requires that the participant choke or hold their breath until they pass out. The challenge has led to many unfortunate consequences, including the recent death of a 12-year-old child.

Lately, the "Tide Pod Challenge" has made front-page news because of how unbelievable it is. People who dare to do this have reached a new level of stupidity. Why would you put your life at risk by eating a pod full of laundry detergent? Why would you justify this by saying that it looks tasty? Yet, here we are, warning young adults about the dangers of eating poison. For all I know, this may be today's version of natural selection. Either way, we need to put an end to these dangerous, viral social media challenges.



Parking Tickets

By: **Bianca Galan**
Contributing Writer

NSU students are opinionated about all kinds of things, from universal social issues to NSU-specific concerns. Sometimes, however, we Sharks just need to rant about the smaller things in life to let off some steam. In this column, The Current asks: water your thoughts?

Have you ever had a day when you wake up in a great mood, eat an amazing breakfast and happily drive to class? Has your day ever been ruined by finding out that you have a \$40 parking ticket for an old decal? I've gotten two parking tickets, which in my opinion are useless. Getting a parking ticket from Public Safety means paying \$30-\$40 dollars or trying to appeal the ticket by having to fill out long form and having to appear to court. Aside from the the amount of money you have to pay for something as

simple as an old decal, you have to spend time actually going to court to try save this money.

Public Safety, just give us warnings. The first time I got a parking ticket was because I had a 2017 decal instead of 2018, which mind you, we were still in 2017. How did they expect me to know that I had to change my decal a year before? In situations when not everyone knows about something, warnings should be given first. If Public Safety finds that someone ignored the warning, then they should give the actual parking ticket. It is totally unfair for us to have a million things to do and work hard for our money, only to then get a ticket for something that we didn't even know about. One more time: give us warnings instead of \$40 tickets.



Seriously Kidding

A satire column.

NSU debuts social media platform Sharkchat

By: **Marti Bennett**
Contributing Writer

The popular social media platform, Sharkchat, has taken NSU by storm. The app allows individuals to send completely private pictures to their acquaintances for up to 10 seconds and even incorporates a news section to boot. On NSU's campus, it is common to see students so engrossed in their "Shark-chatting" that they sometimes walk straight into trees or poles as a result. Although the concussions are slightly unfortunate, the adoration students have for this social media platform is awe-inspiring.

One advantage of using this app is the total and complete privacy it assures. It's not like the technologically innovative minds here at NSU can discreetly save the image appearing on their screen with various hacks. That's unheard of, as the contents on Sharkchat, along with all social media sites, are 100 percent private.

Another vacancy that Sharkchat fills is the need to be connected with others 24/7 on and off campus. Thank goodness most people have anywhere from around 100-200 "streaks" where they spend only about 10 minutes performing

the important task of sending attractive photos of themselves to the recipients on their streaks list.

Lexi Garcia, a junior biology major, stated she "finally cut her streaks down to an astonishingly low number of 400." After all, the number of days spent pressing the "send" button to peers, has been shown to measure the validity of a friendship.

Sharkchat is also an important tool in measuring the trust of a friend. This is evident in the case of Millie Hayes, a sophomore communication major.

Haye's "ex-best friend," Mayde Uppe, described the situation that caused their friendship to go down-hill: "Millie saved all of our secretive conversations and screenshotted photos of me showcasing my multiple chins," said Uppe. "Thanks to Sharkchat, I now know Millie is not to be trusted."

The app can also help students find out who their best friend is. The name at the top of the list is the individual's best friend, and if you are also

their best friend, then a yellow heart will appear by both of your names.

Freshman exercise science major Alexandra Hinge claimed, "Although I thought my best friend was my neighbor since second grade, now I know it's the random guy who Sharkchats me daily in order to 'get to know me better,'" said Hinge. "We even obtained a yellow heart."

Although she might not know where her newly designated counterpart lives, she later said that she was grateful to have found her real best friend.

In Sharkchat's Discover page, the news stories on the top of the section are the most relevant and important. Last week's headline, "NSU freshman Suzy Gerber and NSU senior Tommy Lewis seen sharing a smoothie bowl at Delicious Raw," were found at the top of the page. Less pressing issues such as The State of the Union speech were found near the bottom.

If you want to read a message but do not want the sender to know you read it, Sharkchat's

technology has a loophole just for you. Users simply have to slide their touchscreen two-thirds of the way to the right in order to read a message without sending a read receipt, thus avoiding the pressure of having to reply.

"One time I used the two-thirds method to see a chat from my boyfriend," said freshman Lisa Brennan. "He wanted to break up with me. Due to this loophole, I have yet to open the chat from two months ago and am still a part of that relationship to this day; crisis averted."

A final feature of Sharkchat is the big open arrow present after someone opens but does not reply to a message. Receiving this symbol is a clear sign that you do not warrant the efforts of a reply. Ouch. But at least Sharkchat allows you to block this person to avoid such terrible humiliation in the future.

So far, the general consensus of the NSU student population is that Sharkchat is here to stay; yet another success story for NSU. It's left to be seen how NSU will top this flourishing venture in their future endeavors.

SHARK SPEAK

HOW WELL DO YOU THINK NSU CLUBS,
ORGANIZATIONS AND ADMINISTRATION RUN
HOLIDAY-SPECIFIC EVENTS?



"I think NSU is very organized when it comes to those things and they have a lot of attention grabbers and students who persuade people to [go to these events]. There are a lot of attractions.

-Saba Ansari, sophomore biology major



"I think they do events pretty well. They have a lot of events to choose from. I know a lot of the athletes are going to the basketball game and then there are events in the actual dorms, like Commons and Goodwin. There are a lot of events to go to, it just depends on who your friend group is and where your friends are going. I go home for most holidays because I am from Rhode Island, but my friends that stayed for Thanksgiving said that they had pretty good food."

-Jaylynn Thomas, freshman speech language pathology major



"The events I have been to have been run well and they are really good. It is just that [I don't know about] holiday-specific ones. I did not know that we had the Super Bowl [event], I didn't even know we had one for that."

-Janai Moodie, freshman business management major



"They probably run it really well. I just do not know about any of them because they do not really put it out there as well as they could. I live on campus so they should put it out more and add more posters and stuff like that."

-Jessica Cintron, freshman human development and family studies major



"I went to the Super Bowl [event] and it was good. There was a lot of food and beverages and I had a really great time."

-Yandi Augustin, graduate MBA student

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