

the PROSPECTUS

Free

RECENT MEASLES OUTBREAK IN CHAMPAIGN-URBANA

paulBENSON | Reporter

ON JANUARY 24TH, 2019, the Champaign-Urbana Public Health District put out a Measles Alert for the Champaign-Urbana area. According to Sarah Maxwell, Wellness Coordinator at Parkland College, "Right now, in Champaign-Urbana we only have one case of measles that's been confirmed, but we do have a lot of exposed people... So, people that were exposed that are not vaccinated or have not been vaccinated are asked to watch for any signs or symptoms that might come up. And if you think about campus, specifically the U of I, because that's where the student was, anybody that was exposed, that does not have vaccination is asked to stay off the campus for the 21-day exposure period." Measles is an airborne disease that spreads easily. The C-U Public Health District included a

list of exposure sites with the alert they put out.

You can find this list in the, "Measles Precautionary Notice" email Sarah Maxwell sent out to Parkland Students on February 1st, 2019. The News Gazette put together a map based on this list, which can be found in this paper. Sarah Maxwell mentions that Measles is still present in an area two hours after the contaminated person has left. So, if anyone has been at one of the exposure sites during the specified times or 2 hours afterwards and are feeling symptoms such as, rash, high fever, cough, runny nose, red watery eyes, then contact the Champaign-Urbana Public Health District on 201 W Kenyon Rd, Champaign, IL.

The News-Gazette also Contacted Julie Pryde, C-U Public Health District Administrator, and found that the 6 people who had been exposed with symptoms have tested



Source: Professor Gordon from SA Health

negative for Measles. This is good, as the goal is for the 21-day exposure period to pass without any other cases of the Measles. Sarah Maxwell goes into detail, "If we have a new case that pops up, our 21-day exposure time frame starts all the way back

over. So, it can be so cyclical in a sense that you get all the way up to day 20, and then have a confirmed case and now you start all the way back over." If there is no other case of Measles reported by February 9th then the exposure time will expire and hopefully

"The decrease in vaccinations has led to recent outbreaks of diseases that were thought to be 'eliminated', such as measles."

that will be the end of the outbreak.

While unvaccinated people should be more worried than people who are vaccinated, there is still a very small chance of getting the disease if you've been vaccinated. The Center for Disease Control says, "Two doses of MMR vaccine are about 97% effective at preventing measles; one dose is about 93% effective." While those are very good odds, just like everything in life, the odds aren't 100% certain. Sarah Maxwell says, "Everybody should be taking [the alert] seriously. You can still get it even if you're vaccinated, you just won't have as serious of a case if anything

at all. So, it is more or less people that don't have the vaccination, not only is it more serious as an illness for them, but then they're also more likely to spread it to other people."

It's worth noting that Measles is an entirely preventable disease through vaccinations. The National Center for Biotechnology Information published the article, The Anti-vaccination Movement: A Regression in Modern Medicine. In this peer reviewed article, it explains how, "The decrease in vaccinations has led to recent outbreaks of diseases that were thought to be 'eliminated', such as measles." This is one of the many sources that Anti-vaxxers should look into and really consider the risks involved in not vaccinating their children. Hopefully, outbreaks of preventable diseases will cease to spread in the area as people take more health precautions.

Jan. 12 and 13, 2019

Texas Roadhouse: 3 p.m.-close

Jan. 14, 2019

- UI's Mumford Hall: 8 a.m.-noon
- UI's David Kinley Hall: 9 a.m.-1 p.m.
- UI Psychology Building: 10 a.m.-2 p.m.
- County Market: 5:30-8:30 p.m.

Jan. 15, 2019

UI Agricultural Engineering Science Building: 9 a.m.-1 p.m.

Jan. 17, 2019

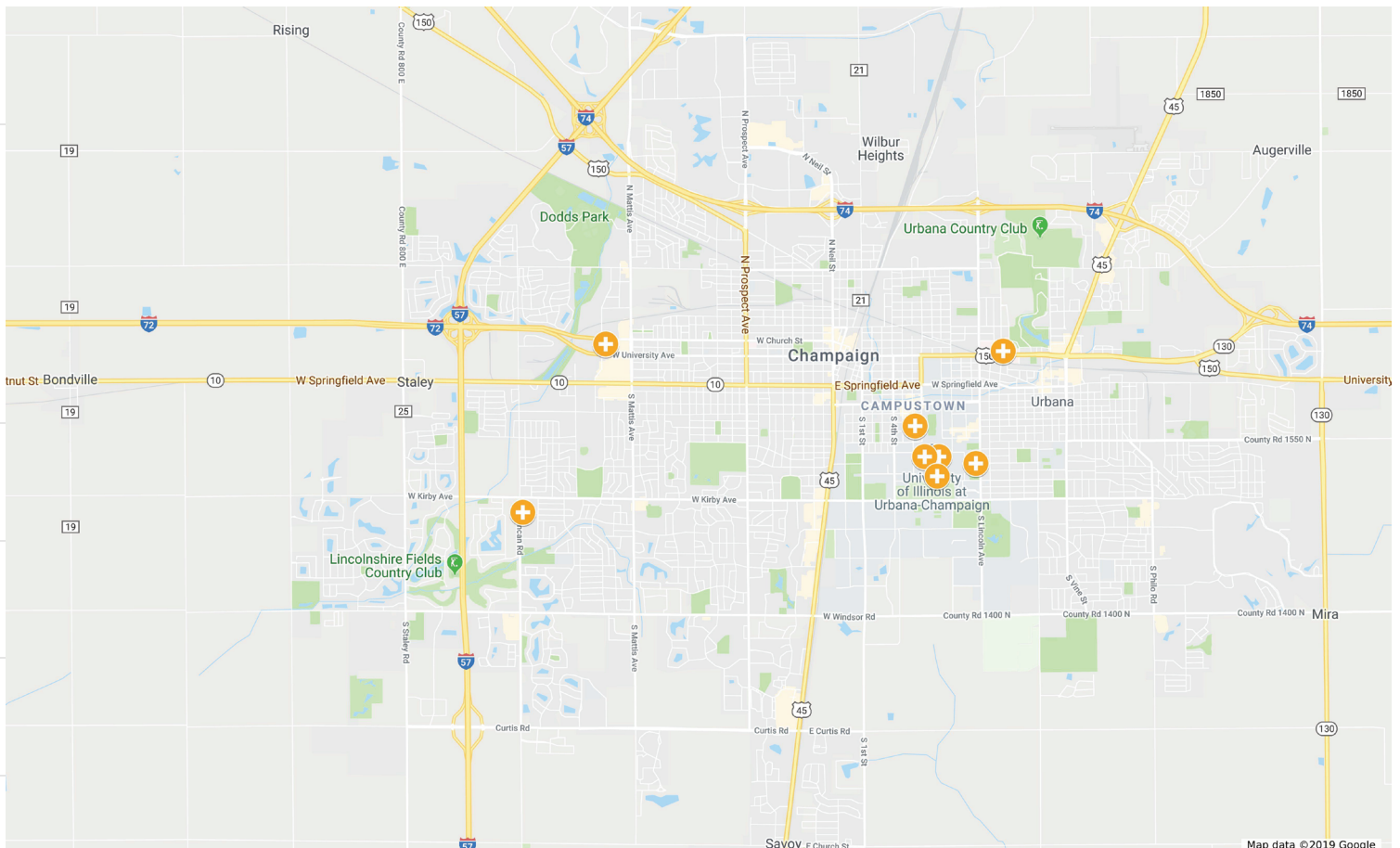
UI's McKinley Health Center: 8-11 a.m.

Jan. 18, 2019

UI's McKinley Health Center: 2-5 p.m.

Jan. 19, 2019

Carle Foundation Hospital Emergency Room: 11:30 a.m.-3:30 p.m.



Places where the Champaign-Urbana Public Health District said people may have been exposed to someone with measles, according to an alert released Thursday, Jan. 24, 2019. Source: Ben Zigterman | News Gazette

Parkland Students Visualizing Their Goals

nicolineHANSEN | Reporter

ON MONDAY, JANUARY 28th, Parkland

College hosted a vision board event for its students, which gave them an opportunity to envision, visualize, and set goals for their future.

A great atmosphere, a strong smell of popcorn, and relaxing music filled room U140 on Monday, February 28th, when the Center for Academic Success hosted their vision board event. This was an event intended for students to gain an overview over their goals, whether it being goals for their academic career, health, or everyday life. With magazines and other supplies provided, all the students had to bring were their creativity.

The idea behind the workshop was to provide the students of Parkland College with an opportunity to make their goals visible in a creative

way. Melanie Whited, the event organizer, shares that "a vision board gives permission to dream, and to start the next small step towards accomplishing our goals". The event was built up around answering questions such as 'who am I?', 'what are my goals?', and 'how do I want to achieve them?'

One of the students who stopped by the event was Shelly Richardson. After seeing a poster advertising the event, Shelly decided to go as she had time to kill before work. "I thought this would be really beneficial. The art aspect of it is really soothing, plus I also get something to look at and remind myself what I want to accomplish this year" Richardson shares. Some of her goals were beauty and fitness related, while her vision board also contained smaller goals such as reminding

"A vision board gives permission to dream, and to start the next small step towards accomplishing our goals". — Melanie Whited

herself to eat breakfast every day.

Another student who attended the workshop was Chyna Robinson, a nursing student. While Chyna shared some of the same goals as Shelly, such as working towards better health through fitness, more internal goals were also

worked into her vision board. Robinson wishes to reach her goals of happiness and greater self-esteem while working towards a nursing career. Furthermore, a traveling goal was also added to the board.

While it might seem like Robinson has quite a few goals she wants

to achieve, it is far from impossible. Academic coach, Jessica Jackson, is a great example of this. Jessica has a lot of experience when it comes to creating vision boards. In fact, she likes to create one every year. "One year I put on my board that I wanted to travel abroad and purchase my first home. I thought there was no way I could accomplish both in one year" Jackson states. However, after her vision board motivating her to take small steps towards her goals each day, both these major goals were accomplished. Jessica ended up both traveling to South America and closing on her first home within the same year.

One thing that helped Jessica accomplish her goals was to share her vision board with close friends and family. By doing so, her friends and family became accountability partners

on her goals. Though a vision board makes your goals visible, additional help from loved ones can work as motivation to take the next step that will bring you closer to your goal.

The vision board workshop ended up being a huge success both for the students and the academic coaches. "What I learned from this workshop is that we have some really motivated and creative students at Parkland" Melanie Whited shares. These vision boards will not only help students to achieve their goals but will also serve as valuable information for Melanie and her co-workers. "This information allows us to strategically think of ways to come alongside the students we serve and help them achieve these goals" Whited adds as her final comment.



Center for Academic Success workshop. Source: Sidney Mounts

For general inquiries | prospectus@parkland.edu • Adam Rahn | Managing Editor | arahn@parkland.edu
 Joshua Clark | Advisor, Student Life | jclark@parkland.edu

Meet the CobraVenture Student Entrepreneurs

PART 2

ayla **McDONALD** | Co-Editor

IN THE MEET the CobraVenture Student Entrepreneurs! Part 1 installment article from the January 31st edition of the Prospectus Newspaper, we met four of the Parkland students who have been chosen to partake on the journey towards being their own business owners through CobraVenture, Parkland College's first

business cohort for students.

During spring semester 2019, the ten CobraVenture student participants will meet regularly to receive mentorship from an advisory committee consisting of Parkland faculty, local business owners, and other community members who have experience with business. "The cohort model provides for a close-knit group to embark on the process together, through a series of

workshops on topics important to getting their businesses started," the CobraVenture page of parkland.edu said. "Led by a facilitator, workshop topics are presented by Parkland faculty, business leaders, and alumni. Students do not receive academic credit for participation, but rather real-world skills that enhance what they have learned in the classroom."

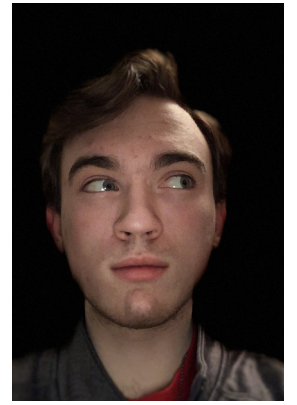
In this the Part 2 installment, we are

introduced to two more of the ten CobraVenture prospective student entrepreneurs, Dylan Tyler and Gayle McDonald, and read as they share about their business ideas.

At the end of Spring semester 2019, the CobraVenture student entrepreneurs will have an opportunity to pitch their business ideas to a panel of judges for a shot at receiving up to \$3,000 in seed money from Parkland College. "For the 2019 cohort, students can earn up to

\$3,000 in seed money for their business through participation in the CobraVenture capstone Pitch Showcase in May," the CobraVenture page at parkland.edu said.

For updates on the CobraVenture student entrepreneurs, and for information about the CobraVenture cohort for Fall 2019 semester, search for CobraVenture at parkland.edu and check the Parkland College newsfeed.



Source: Dylan Talyer

Dylan Talyer Good Game & Food

"Hi, my name is Dylan Taylor. I'm majoring in Computer Science. My business idea is a gaming Cafe for retro games, modern games, board games, and card games. I wanted a way to share the joys of retro gaming with people, and realized that retro gaming can cost hundreds just to get started.

I'm excited about this opportunity with CobraVenture because it allows me to meet people who have made it through the process, and it allows me to have mentors in this field."

Gayle McDonald | PS31: Productions



Source: Gayle McDonald

Hailing from Los Angeles, California, Gayle McDonald is a Communications and Media Production major at Parkland who plans to start a business of Conference and Event Planning.

"Windsor Media Productions is an all-inclusive event-planning and conference production company started by Gayle McDonald. It incorporates multimedia and live performance in original ways that ensure participant engagement and enjoyment.

Originally from Los Angeles, Gayle honed her conference planning skills early by coordinating over 150

academic and social conferences over a single summer. She honed a system during those early years that ensured conference participants would enjoy a well-run event. However, she never felt that was enough.

After spending many years in education learning new ways to engage students of all ages, she decided to expand those skills into her conferences. When she moved to central Illinois, she quickly added the media production skills she learned at Parkland College to the mix. The result of the combination of these skills will be events that

are beyond imagination. Engaging, entertaining, and motivating will be the hallmarks of any event produced by Windsor Media Productions. Gayle's multimedia and event management skills, combined with her research in education and engagement, will surely lead to an extraordinary experience for all participants."

McDonald can be contacted through her business email address at WindsorMediaProductions@gmail.com.



Students making visual arts with magazine clippings and sticks of glue.

Source: Sidney Mounts



Students checking out the clubs and organizations around Parkland. Source: Sidney Mounts



Parkland campus clubs and organizations set up tables for the SOS. Source: Sidney Mounts

PARKLAND COLLEGE CELEBRATES

Black History Month February 2019

history, heritage,
and hope:
looking forward

<p>FEB 5 "Reasons to Re-think Black History Month" by Joe Walwik Dine and Discuss series, noon-1p, U140</p> <p>FEB 6 Black Student Success Project 1-2p, U140</p> <p>FEB 12 "Black Muslims in the U.S." by Evelyn Reynolds Dine and Discuss series, noon-1p, U140</p> <p>FEB 13 "Leaning In and the Black Experience" by Marietta Turner noon-1p, U140</p> <p>FEB 14 Black History Month Luncheon 1130a-1p, U140</p> <p>FEB 19 "Black Panther and AfroFuturism" by Amber Landis Dine and Discuss series, noon-1p, U140</p> <p>FEB 20 "Racialized Stress/Trauma in Higher Education" by Nathan Stephens 11a-noon, U140</p> <p>Black Student Success Project 1-2p, U140</p>	<p>FEB 21 "The Art of Kehinde Wiley, painter of former president Barack Obama's official portrait" by Laura O'Donnell and Lisa Costello 11a-noon, U140</p> <p>FEB 25 "Diversity in the Classroom" by Willie Fowler 10-11a, D105</p> <p>FEB 26 "Donald Trump and African Americans: Has He Delivered?" by Willie Fowler 11a-noon, D105</p> <p>FEB 27 "Afro Puerto Rican Women in Popular Culture" by Maritza Quinones 11a-noon, D105</p> <p>Cultural Fashion Show noon-1p, cafeteria</p> <p>MAR 1 "Student Voices: Spoken Word and Original Songs by Parkland Students" conducted by the academic coaches of the Center for Academic Success Cafeteria Stage</p>
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PARKLAND COLLEGE

Come blow your horn at Second Stage

emmaFLEMING | Co-Editor

OPENING NIGHT FOR Parkland's 28th Annual Student Production, *Come Blow Your Horn*, is tonight! The comedy show, created by famous playwright, Neil Simon, is directed by Melissa Goldman and includes an all-student crew. The show will be held in Parkland's Second Stage Theatre and will begin at 7:30 p.m. The show will be followed by a student-led talkback to answer any questions that audience members may have. The show times for *Come Blow Your Horn* are Friday, Feb. 8, Saturday, Feb. 9, Friday, Feb. 15 and Saturday, Feb. 16 all starting at 7:30 p.m. There is also a matinee on Sunday, Feb. 17 starting at

3 p.m. Tickets are \$10 per person.

Melissa Goldman, the student director, says that this production is unlike any other. "It's an all student production," Goldman said. "Every aspect of the show is student done, like student costume design, lighting design, and sound design." To Goldman, one of the most attractive features of *Come Blow Your Horn* is that the show is produced by Parkland students, alone. "We get a budget and we all put it together within the time that we have," Goldman said. The cast and crew have spent a lot of time together working on the show, and Goldman hopes that

students and community members will be able to see that. "Getting to work with the cast and seeing them get along with each other has been a really nice breath of fresh air," Goldman said. "I hope that the audience takes away the opportunities

"Every aspect of the show is student done, like student costume design, lighting design, and sound design." — Melissa Goldman

that Parkland gives for theater, and that just because shows are student produced doesn't mean that they can't be high quality."

With the time that the students have been allotted, Goldman said that her cast and crew have been preparing for

the production for almost four weeks. Goldman and her team have been trying to bring the hilarious story of Alan and Buddy Baker to life. "This show is about two brothers," Goldman said. "It is about how Alan lives a swinging 60s

bachelor life and does what he wants and his little brother, Buddy, is ready to experience that life under his brother's wing."

Thom Billam, who plays Buddy Baker, added that the show is a comedy about the messy lives of the two brothers. "One

day he [Buddy] decides he's had enough of living at home, so he moves in with his brother, Alan," Billam said. "It happens at the worst possible time for both of them, and things get more and more chaotic." Billam plays one of the lead roles, alongside David Katz who is playing Alan Baker. Other members of the cast include Celia Mueller as Connie Dayton, Lizz Morris as Peggy Evans, David Laker as Mr. Baker, and HeatherAnn Layman as Mrs. Baker.

Another important aspect of the show is the set design. Considering that most of the show takes place at home, a convincing apartment atmosphere is necessary. Parker Evans, the student

set dresser for the show, says that the set design process has been both tedious and rewarding. "It's exciting to see all the different pieces come together into one show," Evans said. The student-designed set closely mimics that of an actual apartment; this adds a realistic element to the comedy show. "The proudest things for me were definitely the wall paper and the counter-tops," Evans said. "Those are definitely the things I put the most work into." Evans said that the set was complete with wallpaper, furniture and appliances after one week, after approximately one hundred 60s-themed rectangles were painted onto the apartment walls.



Left to right: David Katz as Alan Baker and Thom Billam as Buddy Baker.

Source: Emma Fleming



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Cobra Sports

Tapscott, Williams Jr. Named Parkland Athletes of the Month

By Chad Beyler

Basketball duo led Cobras in January

CHAMPAIGN, III. – Parkland Athletic Director Brendan McHale honored a pair of Cobra basketball players on Friday, February 1, naming sophomore Micah Tapscott and freshman Bruno Williams Jr. its Parkland Athletes of the Month. Tapscott led the women's squad with 15.8 points and 6.5 rebounds per game, while Williams Jr. 13.2 points and 5.3 rebounds per game.

Starting with her final game of December, sophomore forward Micah Tapscott has fired off seven straight double-digit scoring performances, highlighted by a double-double in her most recent game on January 26 against Danville Area. Averaging 9.3 points per game in November and 10.1 in December, Tapscott has been a constant leader on the court in the first month of 2019 with 15.8 points per game. Aiding the offensive presence was an increased shooting efficiency from both the field and free-throw line. Tapscott upped

her shooting percentage by 12.6 percent from December – hitting 53.8 percent of her shots – while also raising

six-game January slate was the Petersburg, III., native's domination against Kankakee on January 15.

was on Micah to start this season," explained women's head coach Mike Lindemann. "But lately, she has really

the boards." Leading the men's squad in January – currently ranked No. 7 in NJCAA Division II

average was an improved shooting efficiency, 51.7 percent, from the field while taking a season-high 5.2 shots per game. On the defensive end, Williams Jr. again raised his game with nearly six rebounds per game to go along with 1.3 steals per contest. Williams Jr.'s biggest output of the month came on January 14 at Rend Lake when the Cobra big man knocked down 10 of 11 shot attempts, and 4 of 5 free throw attempts, for a season-high 24 points while also bringing down eight rebounds.

"Brunard has been a consistent presence for us all season long," said men's head coach Anthony Figueroa. "He continues to make improvements on both ends of the floor, and hopefully will be playing his best basketball as we enter the region tournament."

Both Parkland basketball programs are back in action on tomorrow, February 2, as they host John Wood at 1 p.m. and 3 p.m. The Cobras will then have a quick, two-day prep for Lincoln Land on Monday, February 4, to conclude the three-game homestand.



Source: Chad Beyler

her free-throw percentage from 50 percent up to 84.6 percent. On the defensive end, the second-year Cobra has maintained her year-long presence on the glass with 6.5 rebounds per game while also averaging a block per game. Highlighting the

Leading the Cobras to a 64-49 home victory, Tapscott tied her career high with 27 points, hitting 75 percent of her field goal attempts, and grabbed seven rebounds.

"After having had an outstanding freshman year, more attention and pressure



Source: Chad Beyler

settled back into playing her game and, as a result, her production has picked up and been very strong. While she is obviously always a scoring threat, a big key to her success has been finding other ways to contribute, specifically on

– Bruno Williams Jr. earns the honor after his best month of the season. Averaging 11.4 points per game in November and 6.3 in December, the first-year Cobra increased his output to 13.2 points per game. Leading the higher per-game

Dr. Mae Carol Jemison



According to the NASA website, Dr. Mae C. Jemison was the first female African American astronaut. In 1992, she boarded the Endeavor and became the first African American female in space. Dr. Jemison, born on October 17, 1956, was also the first African American woman to be selected for the NASA training program. Alongside her astronautical work, Dr. Jemison has experience as both an engineer and medical researcher.

Women Leadership Panel

February 27, 2019

Noon – 1 p.m.

Room U140

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thePROSPECTUS

Parkland's campus-wide student newspaper since 1968

Room U111
2400 W. Bradley Ave.
Champaign, IL 61821
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The Prospectus works to proliferate information relevant to Parkland-goers and provide its student workers with a space conducive to the learning environment.

The Prospectus is Parkland College's campus-wide student newspaper, and has been in constant production since late 1968. Our reporters and editors are exclusively students of Parkland College with a variety of majors and career interests, not just communications and journalism. We set out to provide an outlet for students to further develop their writing, photography, communication, time management, and critical thinking skills while producing a quality, trusted source of news for Parkland-goers. The Prospectus publishes weekly during Parkland's spring and fall semesters and three times during the summer semester.

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aylaMCDONALD – Co-Editor
emmaFLEMING – Co-Editor
paulBENSON – Reporter
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