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Parkland College

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Taking Flight


Aviation students earn spot in national flight competition


Photo by Scott Wells | The Prospectus

The Frasca 241 Flight Simulator sits inside Parkland College's Institute of Aviation at Willard Airport in Savoy, Ill. The simulator is currently used to train students flying the Piper Archer aircraft. Top airplane photo courtesy of the Institute of Aviation.

Parkland College

A flight team from the Parkland College Institute of Aviation at the University of Illinois finished strong during recent regional competitions, qualifying for a national berth.

Parkland scored third place overall at the National Safety and Flight Evaluation Conference's (SAFECON) Region 8 competition, held October 7-10 at Lewis University in Lockport, Illinois.

The competition is sponsored by the National Intercollegiate

Flying Association (NIFA). Teams competing were Southern Illinois University, Lewis University, Purdue University, Quincy University, Indiana State University, and Parkland College.

Parkland's team ranked third for both flight events and ground events. Several members on Parkland's team also received top honors during the competition.

Aviation institute Director Sybil Phillips won the Coach of the Year Award, while students Megan Tieman of Bement and Fran Tao of China won

first and second place, respectively, in the female college aviator category. The national SAFECON will be held May 9-14, 2016, at the Ohio State University in Columbus. NIFA was formed for the purposes of developing and advancing aviation education; to promote, encourage and foster safety in aviation; to promote and foster communications and cooperation between aviation students, educators, educational institutions and the aviation industry; and to provide an arena for collegiate aviation competition.

Gaming culture prevalent on 88.7



Photo by Deane Geiken | Parkland College

Parkland students Wes Stites (left) and Jason Haye (right) co-host the radio show "Afternoon Delight" on 88.7 WPCD, Parkland College's radio station.

Zach Trueblood
 Staff Writer

Geek and nerd pop culture has permeated society as of late and although these themes, concepts, and ideas have always been there for those looking for them, becoming mainstream is more of a recent occurrence.

The Entertainment Software Rating Board found that 67 percent of households owned videogames in the United States back in 2009. Statista.com forecasts the videogame industry to generate around 115 billion dollars in revenue in 2015.

"There is no difference between the guy who can quote football and baseball stats, as there is to the guy who can quote rules in a roleplaying game, board game, or videogame. One is just more socially accepted than the other and that's kind of unfair," Deane Geiken the radio director here at Parkland, stated.

Geiken is an avid gamer, both in board games and video games. He hosts his own morning show on 88.7 titled "Geeking with Geiken."

"My show is maybe a little bit more serious, they're all serious, but I like to get into the deeper parts of being a geek," Geiken said.

88.7 WPCD FM is Parkland College's own radio station. As director, Geiken feels that this year the station has a bit more of a geeky slant to it—whether that's in the shows or the DJs themselves.

88.7 also has two other shows centered around geek, gaming, and pop culture. One of those is "Afternoon Delight" hosted by Jason Hayes and Wes Stites. The other is "The Rugged Nerd" hosted by Ryan Marshall and Tommy Tracy.

Stites and Hayes' show Afternoon Delight was started when both were students and in a communications class that required air-time. They bonded over the fact that both loved videogames.

"We went about five years from when we were students to when we restarted the show this past year," Hayes said. "I was kind of throwing the

Parkland graduate featured on 'The Amazing Race'

Peter Floess
 Staff Writer

A Parkland graduate traveled around the world to compete in the popular CBS show "The Amazing Race."

Alex Manard of Champaign and his cousin Adam Dingeman of Valley Village, Calif. applied to the CBS show, "The Amazing Race" so they could try going around the world in three weeks from late June to early July of 2015.

According to Manard, he and Dingeman applied to the "Amazing Race" online in April of 2014.

"We got a call in December saying we were under consideration. That following April we got a call saying we were on the show," Manard said.

The first leg of the contest was to Rio de Janeiro, Brazil, which Manard remembers as "an awesome experience."

In Rio, the cousins had to play beach volleyball against a local beach soccer team on a volleyball court on Copacabana Beach. Manard



Photo courtesy of CBS

Parkland graduate Alex Manard (right) competes with his teammate and cousin Adam Dingeman (left) of Valley Village, Calif. during the CBS show "The Amazing Race" over the summer. Manard made it to Buenos Aires before being eliminated from the show.

called this sport match his "favorite part" of being in Rio. At the end of the episode in Rio, Manard and Dingeman were in sixth place.

Manard remembers his second leg of the trip in Buenos Aires as being

SEE RACE PAGE 5

SEE 88.7 PAGE 5

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Fact or Fiction

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 the U.S. is 14 years old.

Answer on page 5


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NEWS

Equine science degree dropped at Parkland

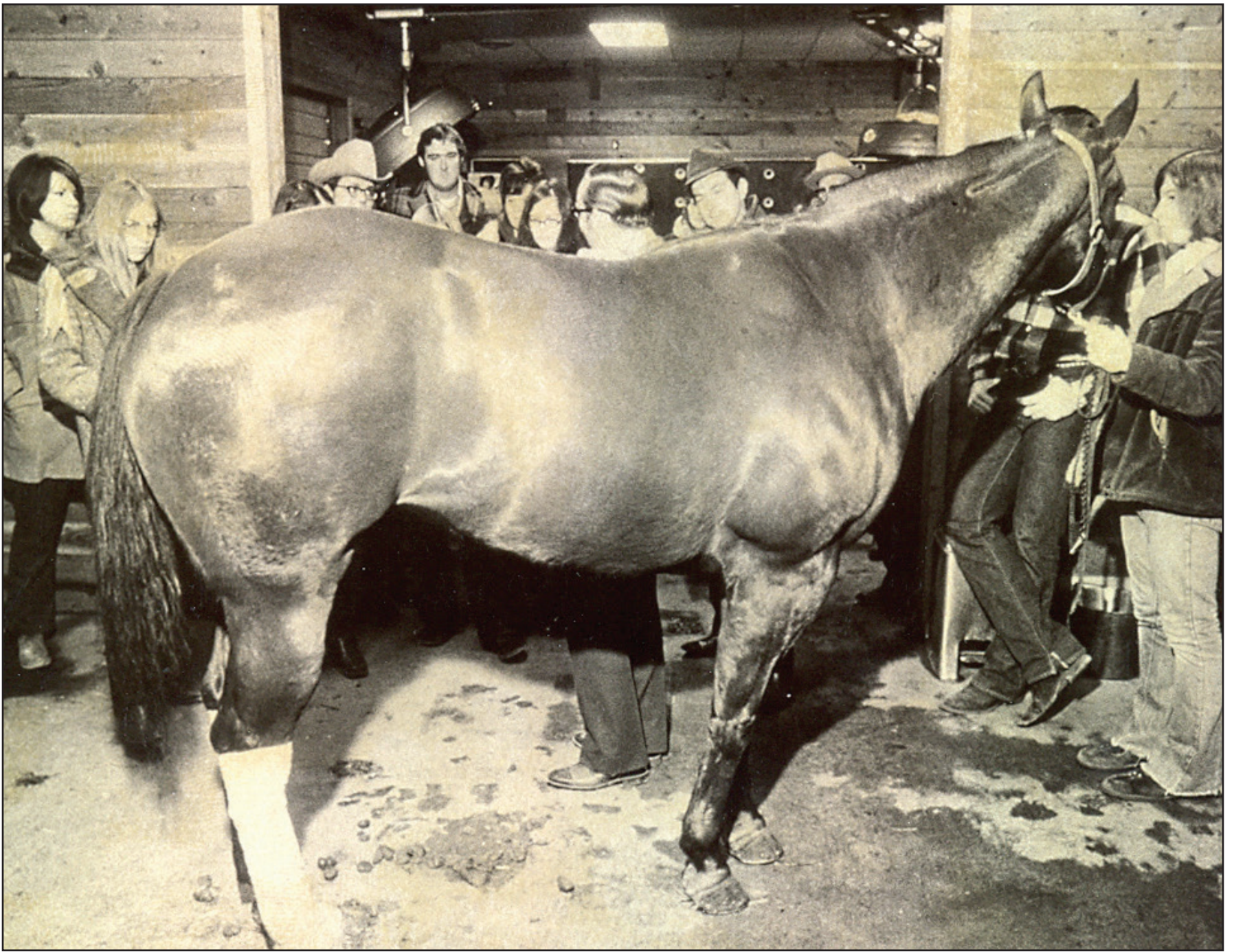


Photo courtesy of Parkland Archives

Parkland students gather around a horse during one of Parkland's first Equine Management classes in 1975.

Sarah Powers
Staff Writer

It's time to say farewell to the Parkland Equine Management A.A.S. degree, which will no longer accept students this coming spring semester.

While the equine management degree has always been one of Parkland's smaller programs, drastic decline in student enrollment led to a decline in program funding, which ultimately brought department leaders to this difficult decision.

Students currently enrolled in the program will finish out their classes and receive the last Equine Management A.A.S. degrees Parkland will ever offer.

"The equine program has always been small in terms of enrollment for years, but it wasn't always that way," said Bruce Henrikson, chair of the business and agri-sciences department, who started at Parkland the same year as the program.

As the program grew from

its start in 1975, staff believed the need for an on-campus equine facility was essential for continued success.

Parkland is one of two colleges in Illinois that offered a two-year equine associates degree program without an equine facility, and it was felt that the college could not provide students with the robust educational experience originally intended.

Several plans were laid to build a state-of-the-art equine facility on campus, to be called the Illinois Equestrian Center, that would serve as training grounds for animal science classes, as well as the Parkland and University of Illinois IHSA equestrian teams.

As enrollment numbers began to fall, building the Illinois Equestrian Center also became hope to draw students in from across the state. However, without being able to meet fundraising goals, the facility was never built.

Even with plans for

improving the equine education at Parkland, there still is the issue that there aren't many opportunities for graduates.

"There's not a lot of horse jobs around here, but occasionally someone is hired to give lessons, or start on their own lesson program, but for that you also need a barn. Not a lot of people have the assets to make that a reality," Henrikson said.

According to the Horseman's Council of Illinois, the Illinois horse industry produces a GDP over \$3.5 billion and provides almost 16,000 full-time jobs. However, an equine science associates degree is one of the few that has the lowest graduate employment rates.

This pushes a lot of students to the realization that more schooling is necessary to have a secure position in the equine industry, or even that a different career path may be the best decision.

"Being in the program is teaching me a lot about the business practices of owning



Photo courtesy of Parkland Archives

From left to right, Parkland Equine Management students Monika Tross, Laetitia Johnson, Andy Metcalf, and Mike Potter proudly display their awards from a youth horse judging event in 1983.

a horse barn, but I'm also getting a degree in welding for backup," said Lena Daugherty, one of the last students going through the degree program. Daugherty would like to own her own stable one day.

When the last of the students finish their degrees, there will no longer be any equine classes for credit, but several

for non-credit community education classes.

Other than a decline in interest for equine sciences, the other programs in business and agri-science are growing. Leading the race is Precision Agriculture, which teaches students to use a top-line GPS technology to track soil quality in farm fields.

Political science courses offer broad education

Matthew Moss
Staff Writer

Why should a student take political science? It's a question one Parkland College professor can answer with ease.

"Political science is one of the fastest growing majors in the country," Willie Fowler said, the instructor in charge of setting up political science courses at Parkland. "There are some 72 sub-fields of political science."

Parkland's core curriculum requires each student to take and pass at least three social and behavioral science courses to graduate. Political science is grouped under this category.

The political science courses offered at Parkland can not only teach the essence of politics and how the political system operates, but introduce students to many different ways of thinking.

Fowler says political

science courses teach students the important knowledge of the operations of their government and how to hold their government leaders accountable, as well as understanding how to effectively participate in politics.

"A student can gain a greater knowledge of ... how to access the system, how to get their voice heard in the system," Fowler says.

There are four different political science courses a Parkland student can take. These are introduction to political science, American national government, state and local government, and international relations.

Political science is part of the social sciences and human services department. Aside from political science, the department also offers courses on anthropology, education, economics, psychology, sociology, and many other fields of study.

Fowler says that political science itself incorporates many other aspects discussed in other social and behavioral science courses and can be a good segue into other classes.

"Political science is a good mix of history, there is some geography ... there is some sociology, there's a little bit of everything," Fowler said.

Terry Harshbarger, a history professor at Parkland, minored in political science and found interest in analyzing how governments are formed and operate in different parts of the world and different points throughout history.

"The foundations of governments are what political science is about," said Harshbarger. "If you go around the world, there are various ways in which to construct or erect those foundations."

Joseph Walwik, head of the social sciences and human services department, says

that politics is an important aspect of society and is a topic everyone should learn before being thrust into the world

"Politics is the art of what we do. It's the art of compromise; it's the art of getting things done."

Joseph Walwik

Head of the Social Sciences and Human Services Depts.

and left to their own devices.

"Politics is the art of what we do," Walwik said. "It's the art of compromise; it's the art of getting things done."

Walwik says there is a prevailing belief that the focus of political science is on political parties, a topic that can be rather divisive.

He insists that while political parties are brought

up in political science as an unavoidable element of politics, the focus of these courses is on studying how politics operates and how the people who take part in it interact.

"These are about human interactions and from different perspectives," Walwik said. "Learning about how humans have interacted and continue to interact can only help you to navigate the world you're going in to."

Walwik urges students to look into taking not just political science courses, but other social science and human services courses. He says the social and behavioral sciences help to mold a student into a true "Renaissance man."

"All these courses end up fitting together in a way that it produces a well-rounded person," Walwik said. "Take political science, take history, take sociology."

LIFESTYLE

Resources available to help cope with test anxiety

Sierra Benson
Staff Writer

Midterms are upon us and with it comes test anxiety. For those feeling that gut-wrenching pressure, never fear. There are resources available online or at Parkland that may help during this time.

The Wellness Center as well as counseling and advising are free to students and offer a lot of useful information.

Many students are not aware of the benefits provided by the Wellness Center, located in Student Life. Next to their office is a secluded room with two reclining chairs, a massage chair, CD player, and an assortment of tea. There is information on managing your time, breathing techniques, and even a guided script to help anyone practice meditation. All of these tools are beneficial in reducing stress.

Sara Estock is the wellness coordinator and says while regular meditation could help clear those persistent worrying thoughts, it's sometimes difficult to practice.

"Half of the problem, I think, with people who try to meditate is that they don't practice it long enough so they don't really see the effects of it," Estock said.

The previous wellness coordinator, June Burch, was certified to give 10-minute massages to students feeling tense. Since Estock is not certified in massage therapy she has a different plan.

"What I'm trying to do is coordinate with our massage therapy program for the spring semester because they



Photo by Zonghui Li | The Prospectus

Parkland student Robert Johnston rests his head while waiting to get a massage in the Comfort/Meditation Room, located in Student Life, on Friday, Oct. 16, 2015.

have to get those hours in of practice," she said.

People enjoyed the massage aspect of the Wellness Center when Burch was around so it could possibly be coming back in the spring.

No appointments are necessary at the Wellness Center so anyone can walk in at any time to take a break and reduce their stress.

Estock encourages more students to take advantage of the Wellness Center.

"This room is so underutilized, I think that students who are looking for a quieter place should just come and sit down and relax for a little while," she said.

There is also free tea to choose from if students or

faculty bring a mug.

Of course if any students are suffering with any form of anxiety, not just test anxiety, they can always visit counseling and advising. The personal counseling is separate from academic advising.

Students can walk in and do what is called an intake. A page needs to be filled out, and a counselor is assigned based on what kind of issues the student is struggling with. It is completely confidential and nothing said is put on record.

Counselor Jennifer Klatsky says, "Lots of anxiety is normal. It's normal to be anxious about a test. A certain amount of that adrenaline rush is going to help you

perform better... Anxiety that interferes with daily functioning is where you draw the line."

Klatsky not only has a background in counseling but also a health degree and says there are all kinds of ways to treat symptoms of anxiety. While many may benefit from medication, Parkland counselors do not prescribe medication to students.

Instead Klatsky suggests some other simple coping techniques such as taking a break or eating to help improve your mood.

Most students tend to skip out on meals so keeping a bag of nuts in the car, grabbing an apple, or having some string cheese for the morning

can provide more energy throughout the day. Boiling a bunch of eggs and peeling them is a good idea too, she said.

Getting enough sleep is also a big issue for students who are attending school and working.

"Sometimes the anxiety itself interferes with sleep, some people sleep too much, some people fall asleep and wake up [too early]. It has lots of those kinds of repercussions," Klatsky said.

Physical exercise is important to relax those muscles. If the muscles are relaxed you can sleep or function better in general.

"There's a tremendous amount of research that shows physical exercise is as effective as, if not more than, traditional counseling and medication. For some people a combination of those things is fabulous," Klatsky said.

She recommends walking around the school during a break between classes or clenching fists every so often. If fingernails dig into the skin, use a stress ball.

Above all, breathing is extremely important. A soothing voice, music, or guided imagery should calm the nerves.

Often people who have anxiety feel out of control, their heart races, their body sweats, sometimes there are panic attacks that literally take the breath away. Breathing gives back control to the person.

For more information on how to deal with an anxiety disorder or be mentally as well as physically healthier visit www.studenthealth101.com.

Parkland to highlight respiratory care program next week

Zach Trueblood
Staff Writer

The respiratory care program, one of Parkland's health professions, is a clinical based program that makes sure the pulmonary system is functioning properly. The Respiratory Care Club has a number of events planned for Respiratory Care Week the week of Oct. 25.

In observance of Respiratory Care Week October 25-31, the respiratory care program will host an open house on Thursday, Oct. 29 from 10 a.m. to 1 p.m. in room L241. All students and staff are encouraged to come by and learn about the exciting field of respiratory care.

Respiratory Care Club advisor Molly Martin said the club will be using this week to show their gratitude to their clinical sites for their mentoring of respiratory care students.

Gurvinder Rakalla is the vice president of the Respiratory Care Club. A few of Rakalla's duties as vice president include informing the class about the Respiratory Care Club and upcoming events, recording minutes of IOC meetings, being a strong advocate of the



Photo courtesy of Molly Martin | Parkland College

Parkland students (left to right) Suzi Somers, Allison Smith, Jamie Buck, Lindsay Eggers and Kris McClain stand at the Respiratory Therapy Club during Parkland College's Auto Show on May 2, 2015.

respiratory care program, and attending leadership conferences.

"This upcoming Respiratory Week is very important to the respiratory care program at Parkland College because it recognizes the importance of the respiratory care profession and promotes awareness of lung health issues and practices,"

Rakalla said. "It will allow us to motivate and encourage patients and their families in their battles against lung disease, educate by taking awareness of lung diseases such as asthma and COPD to the community, inspire others by building the desire in others to enter the respiratory care profession."

Rakalla works alongside Respiratory Care Club

president Mitch Corlas. This is Corlas' first semester as president but he was previously vice president. Both plan to obtain an Associate of Applied Science degree in the respiratory care program.

Corlas has plans to engage alumni from the program and keep students, faculty, and staff educated about the program throughout the

semester. Respiratory Care Week is just the start of some of Corlas' plans.

"Lots of people welcome us into their rooms in the hospital and have no idea what we do or who we are when we provide care to them," Corlas said. "Teaching people about our profession gives others a chance to review their own pulmonary health and evaluate their own health regardless of what their current health situation is."

This sentiment reinforces the statement that respiratory care program director Midge Seim made. Seim believes that respiratory care is "one of the best kept secrets in healthcare."

"The respiratory care program goals are to prepare the graduates to have the knowledge, clinical skills, and professional behaviors that are essential for a graduate to enter into the practice of respiratory care in a clinical setting," Seim stated.

Seim explained that respiratory therapists see those patients that have difficulty breathing. Chronic Obstructive Pulmonary Disease (COPD) is the number three killer in the

SEE CARE PAGE 5



Photo courtesy of Molly Martin | Parkland College
Parkland Student Mitch Corlas stands at the Respiratory Club's booth during Parkland's open house.



Photo courtesy of Molly Martin | Parkland College
Student Jamie Buck displays her poster on Aerosol Therapy in Parkland's College Center.



Photo courtesy of Molly Martin | Parkland College
Students Hayley Briggs (left) and Ashlyn Gregory (right) stand at a smoking cessation table in Parkland's cafeteria.

NATION

Police seek clues after ZombiCon shooting

Tamara Lush
Associated Press

Fort Myers police released a description of a suspect in the deadly shooting at a zombie festival and said Monday they had heavily scrutinized a bystander's video showing ghoulish-dressed revelers screaming and running in every direction after four gunshots rang out.

No arrests have been made and police have not released a motive in Saturday's shooting, which killed one person and wounded five others. The chaotic scene sent throngs of crowd goers pouring through the streets.

The shooting happened around 11:45 p.m., just 15 minutes before the event officially ended. Large crowds were still in downtown Fort Myers and authorities quickly cleared out nearby bars and set up crime scene tape, while others patrolled the area with rifles searching for a suspect.

"The Fort Myers Police Department would like to thank the many tipsters who are providing information as we vigorously work to solve this heinous crime. Please keep the tips coming as they are invaluable," the department said in a statement.

Authorities said the shooter is a white or possibly Hispanic man in his late teens or early twenties. He was dressed in a black T-shirt and wore a flat-billed black and red ball cap. He was spotted firing a black semi-automatic handgun.

Police also released a video from someone who was at the festival. In the footage,



Photo by Melissa Montoya-Ocampo | The News-Press via AP
Emergency medical workers and police work next to a person at the scene of shooting Saturday, Oct. 17, 2015, at ZombiCon in Fort Myers, Fla. Police say a shooting at the gathering killed one person and injured four others.

hundreds of people in costume could be seen milling around, some having their photos taken with a person dressed in a large skull head and holding a scepter. Four loud pops can be heard in the video, and then people started to run.

Jill Stancel watched as a crowd of face painted, fake blood-spattered ZombiCon revelers ran through the streets in terror. She quickly gathered her family and several passing strangers inside her family's barbershop and locked the door.

"I was right here," Stancel said. "A mass of people ran

screaming and trying to get in the shop."

Fort Myers Police Lt. Victor Medico said Expavious Tyrell Taylor, a 20-year-old who played football at ASA College, a junior college in Miami, died at the scene. Four others were taken to the hospital with non-life threatening injuries and one additional victim refused medical attention, authorities said.

Authorities were reviewing surveillance videos from nearby restaurants and shops in search of clues.

Jasmine Gaure, Taylor's girlfriend, told the newspaper

they had only been at the festival for about 45 minutes. They were standing in line for a drink and hit the ground with everyone else when they heard the shots.

When everyone raised their heads a few minutes later, Taylor was motionless, still wearing his creepy clown mask.

Gaure, 26, said Taylor was interested in forensic science and had worked a funeral home preparing bodies for burial to get experience. He was hoping to become a mortician.

"He was heading in the right direction, he was going

to be somebody," Gaure said.

ASA football coach Ernest Jones told the newspaper Taylor "stood out." He was a walk-on player and was one of 6 out of 200 who made the cut in an August tryout.

The annual festival had been expected to draw more than 20,000 fans dressed as zombies.

A statement on the ZombiCon Facebook page said organizers were saddened by the news and the group takes the safety of its patrons very seriously.

ZombiCon has been a popular event for nearly a decade, but some local residents and business owners have not welcomed the crowd of costumed revelers in the street dressed as limping, bloated, degrading corpses.

One restaurant posted signs warning visitors that ZombiCon participants were not welcome. "Quarantined. No Zombies allowed," the signs read.

Several members from a religious group also picketed the event this weekend.

Mayor Randall P. Henderson Jr. said the shooting would speed up plans to install security cameras throughout downtown. The ZombiCon shooting is the latest of several shootings, which the mayor said are difficult to prevent because they are often random and late at night.

Yet he said the cameras would make it easier to catch criminals quickly.

"Sadly, we're moving in that direction. We need to be way more vigilant to keep citizens safe," he said.

Man charged after calling TV station about girl's 1982 death

Greg Moore
Associated Press

MILWAUKEE (AP) — Authorities have charged a man with second-degree murder after he called a Milwaukee TV newsroom and discussed details of a cold case involving a Milwaukee seventh-grade girl whose body was found more than 30 years ago.

Prosecutors say Jose Ferreira is responsible for the death of 13-year-old Carrie Ann Jopek, who went missing in 1982.

"It's been 33 years since she's been gone," the girl's mother, Carolyn Tousignant, said after Ferreira was taken into custody. "I've been praying for this day."

The case resurfaced last week when WISN 12 News reported that Ferreira called its newsroom and discussed the case.

"His story was very detailed — disturbingly so," Chris Gegg, the station's news director, said in a statement emailed to The Associated Press on Sunday.

Gegg didn't elaborate about those details, but said the station called police because of "several red flags." Ferreira was later arrested in the case, which had long been dormant.

Jopek disappeared after she was suspended from school for roaming the halls. Tousignant said her daughter got kicked out on purpose so she could go to a house party.

Tousignant said the school called and gave her the option of picking the girl up from the office, but she chose not to because they lived only a block away. It's a decision she has come to regret.

"I blame myself sometimes," the girl's mother said. "She would've snuck

over there anyway."

Tousignant started searching the neighborhood when she realized her daughter was missing, and even went to the home where her body was later found.

The case went quiet until someone repairing an old deck came across the girl's body 17 months after her disappearance.

"She spent two of her birthdays underneath that porch," Tousignant said.

Ferreira was a teenager when Jopek died. He is now 50 years old, and it's not clear why he chose to call the TV station.

He appeared in court Saturday, Milwaukee police spokesman Tim Gauerke confirmed via email. Ferreira's attorney, Melissa Nepomiachi, didn't return a message from The Associated Press seeking comment Sunday.



Photo by Greg Moore | AP Photo
In a Friday, Oct. 16, 2015 photo, Carolyn Tousignant speaks while going through clippings about the 1982 disappearance of her daughter, Carrie Ann Jopek, in her Milwaukee, Wis., home.

Ferreira remains in custody in Milwaukee County Jail.

"I never put it out of my mind," said Tousignant. "Every time I watch 'Cold Case' or some other

detective show, I would hope and pray one of these days we get the person who did that to Carrie."

"I miss her," she added, "so much."

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FROM PAGE 1
RACE

“extremely cool” because they got to sleep in the church where Pope Francis was baptized.

Manard also enjoyed collecting cardboard with the recyclable collectors, known as cartoneros, of Buenos Aires.

“Adam and I were having so much fun just being ourselves and collecting cardboard,” Manard said.

Manard and Dingeman came in last to the pit stop in Buenos Aires and were eliminated from the show.

Manard said the experience gave him a whole new perspective on the world.

“There is so much more to experience than just in the United States. All I want to do now is travel and go on adventures,” Manard said.

Before Manard went on “The Amazing Race,” he went to Parkland College.

He fondly remembers receiving his coaching license from kinesiology instructor Chris Warren.

“Chris Warren was one of my favorite professors at Parkland. He helped and

taught me so many different things about the human body and the kinesiology program at Parkland. He is an awesome professor and person and I would recommend him to anybody and everybody,” Manard said.

Warren said he remembers Manard, as someone who was “small in stature but has a big personality.”

“We called him ‘Big Al’ in class,” Warren said.

Warren believed that Manard enjoyed kinesiology classes because students would often have discussions about “hot topics.” Warren said that format of class “gave him the opportunity to share his thoughts and interact with his classmates.”

Study Abroad
At Parkland College, a person does not necessarily have to be on the “The Amazing Race” to see the world. Parkland College offers trips to Austria, China, Costa Rica, Ecuador, England, France, Ireland, and Spain.

According to Jody Littleton, the study abroad coordinator, Parkland College and other community colleges share programs, so Parkland students can study in a number of countries.

Littleton believes that all

students should have the chance to study abroad in college.

She believes students should “work through the barriers of cost and time because it will be a life changing experience.”

One student, Marie Michelle Castle of Peoria, went to the University of Burgundy in Dijon, France through the Parkland study abroad program in the summer of 2015.

Castle believes that studying abroad has made her more tolerant of other people.

“I don’t know how to put it into words, the overwhelming feeling of gratitude to be able to go to school [in Dijon] with people from all over the world. France has given me the opportunity to learn French and also learn more about people [from all over the world],” Castle said.

“We’ve learned to be patient with each other when we don’t know the right word to say in French or English. It doesn’t matter where we are from or what we look like, at the end of the day we all want to be heard, we all want to be understood and we all want to be appreciated,” she added.

FROM PAGE 1
88.7

idea around with Deane about doing the show again and our work schedules finally allowed time.”

“Afternoon Delight” covers new, existing, and past games. Hayes is a retro videogame collector and Stites plays the more current games. The show is pebbled with informative bits about the games themselves accompanied with banter between the two. Sometimes this banter stems from a fierce rivalry due to Hayes being a Cubs fan and Stites being a Cardinals fan.

Marshall and Tracy’s show “The Rugged Nerd” has similar aspects to “Afternoon Delight” but delves into current news revolving around videogame and geek culture. Both are in the Communications 142 class that requires on-air time.

“We met through work and it really just started out with us chatting about videogames. It’s evolved more into the broad scope of nerd culture,” Marshall said.

Tracy believed that the ease of connecting with other gamers has improved over the years.

“Growing up in the 90’s you’d play your favorite game and do something awesome but you’d have to wait until school the next day to share it with all your friends. Now it’s so much easier to connect with other gamers online,” Tracy said.

Gaming has evolved over the years and become widely accessible by many people.

Many students at Parkland are gamers in one way or another. The struggle to find a balance between school and gaming can be difficult at times.

“Gaming can take up a lot of your time but they should be students first. I’ve still been toying around with the idea of making a gaming club but when you try to organize and structure games, that’s the hardest thing to do because gaming is supposed to be fun,” Geiken stated.

Not that there is anything standing in the way of it happening but Geiken feels that there should be an outlet on campus for those students that would like to game.

Geiken helped put on one of those outlets in the Planetarium- the Artemis SpaceShip Bridge Simulator. It was a simulation similar to that of being on the bridge of a ship from Star Trek. Artemis was very well received and each session was fully booked. Plans are in the works to possibly bring it back.

There are avenues for gamers, geeks, and nerds at Parkland and 88.7 is one way they can stay up to date and informed on current and past topics.

“It’s just another form of fandom and loving what you do. I think being a geek is being uber excited about your loves, expressing that and not caring what anyone thinks,” Geiken said.

Tune in to 88.7 WPCD FM to hear “Afternoon Delight” Wednesdays from 12-2 p.m. and “The Rugged Nerd” Tuesdays and Thursdays from 12-2 p.m.

FROM PAGE 3
CARE

United States. Other diseases like asthma lead to the highest number of missed school days.

“The respiratory therapist is there quietly to make sure the patient has the best quality of life they can have, in spite of having a chronic illness. Even though there is relatively little that a respiratory therapist can cure, we’re there for the rough times while another form of intervention can be implemented,” Seim said.

Seim teaches a full course load alongside Martin. Seim has been working on the reaccreditation process as the program must show

that it has been meeting certain requirements. Martin provides support to the Respiratory Care Club in the form of direction and development of certain leadership skills.

“The purpose of the Respiratory Care Club is to provide community support in the awareness, and prevention of lung disease,” Martin said. “This also allows for the increased awareness of the respiratory care profession. While participating in club activities students develop important leadership skills for their future career path.”

Corlas explained that membership in the club has helped him meet many new people and have fun at the same time. He believed that the course load for the respiratory care program

was manageable with a good deal of preparation each semester for the consecutive semester.

For those interested in joining the respiratory care program, a health professions application must be submitted by the March 1 deadline for acceptance in the fall semester. Every respiratory care student is automatically a member of the Respiratory Care Club but membership is open to all students.

The club will have future events this semester as November is COPD Awareness Month and Nov. 19 is the Great American Smoke Out.

For more information contact Midge Seim at mseim@parkland.edu or Molly Martin at mmartin@parkland.edu.

FROM PAGE 7
SHOT

gunfight re-enactments and historical sites.

The Tombstone Vigilantes were formed in 1946 and are dedicated to preserving and passing along Tombstone’s

history to tourists who visit the town near the U.S.-Mexico border. The group also performs mock hangings where unsuspecting victims are tried and convicted by the Tombstone Vigilantes.

A message seeking more information about the shooting was not immediately returned.

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thePROSPECTUS

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All unused issues of The Prospectus are donated to the Parkland College Veterinary Technology program or the Champaign County Humane Society.

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XKCD

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... ..

PROBLEMS WITH THE p-VALUE AS AN INDICATOR OF SIGNIFICANCE

... ..

OVERFEEDING OF LABORATORY RODENTS COMPROMISES ANIMAL MODELS

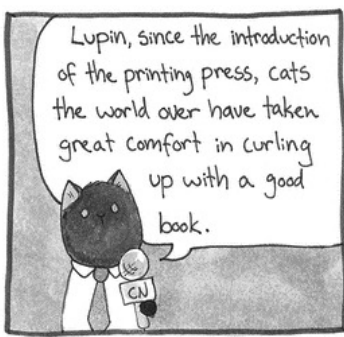
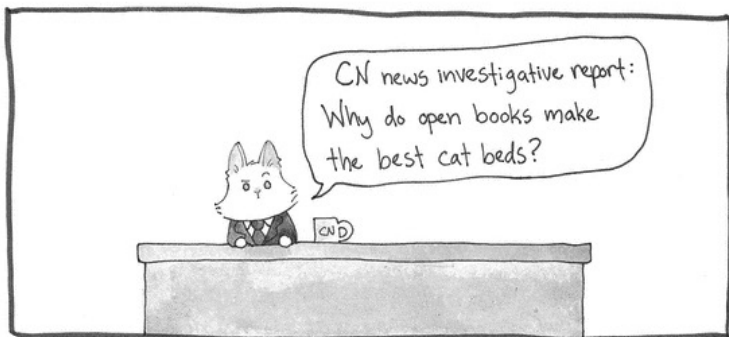
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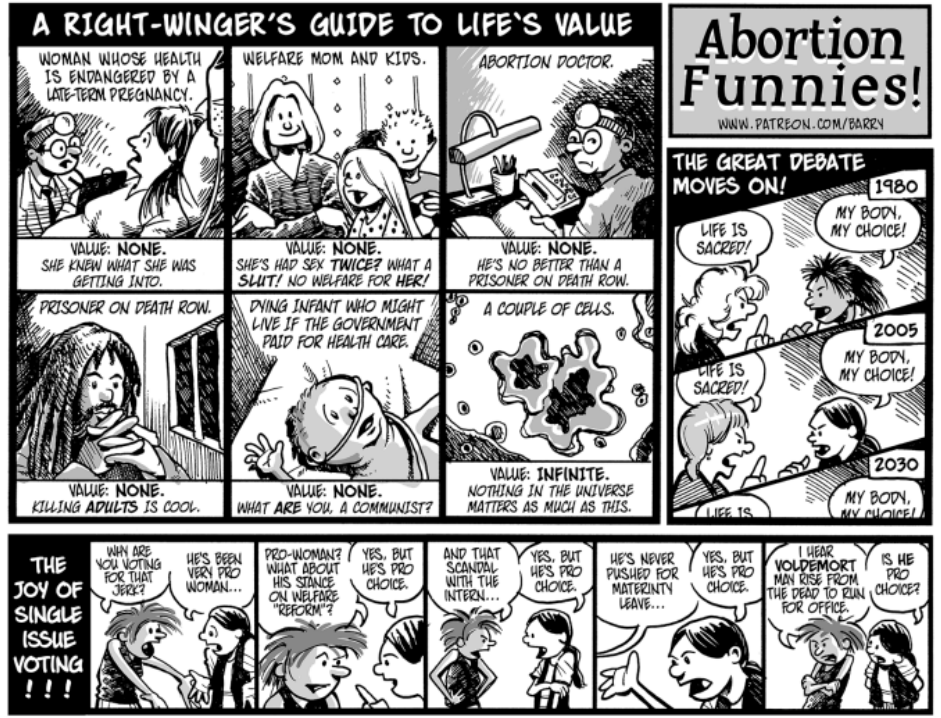
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CONTROLLED TRIALS SHOW BUNSEN BURNERS MAKE THINGS COLDER

... ..



Georgia Dunn ©2015



Crossword

(solve for the answers below)

1		2		3		4		5		6		7		8
9										10				
11								12					13	
14		15						16				17		
							18							
19										20				21
22				23						24			25	
										26				
27		28						29						
30						31								

Eleven of the clues are partial – they have no definitions. Their answers all belong to a group. The missing member of this group should be written under the grid.

Missing member of group: _____

- ACROSS**
- 1 A guitar section playing with Dire Straits (11)
 - 7 Return loan of transport (3)
 - 9 Important businessman shortly scolds and curses (9)
 - 10 One has to leave an abusive woman (5)
 - 11 A diamond in Italy? (6)
 - 12 Loses one's temper when trousers are lifted? (6,2)
 - 14 Character in Greek semi-chorus (6)
 - 16 Eastern girls love a frolic here? (8)
 - 19 Make a trip to a Greek island to see the birds (8)
 - 20 The Spices split up... (6)
 - 22 ...as Geri heads off to America after a... (8)
 - 24 ...chart rating finds Spices' current number going from No 1 to No 6 (6)
 - 27 A right that is given to society (5)
 - 29 Is able to get hold of cut price alternative (9)
 - 30 It was familiar to Tolstoy (3)
 - 31 Mallard perhaps or cuckoo nesting around river, note (5,6)

- DOWN**
- 1 Sense the French to be involved with trickery (7)
 - 2 Good metal alloy, with no hint of tarnish, should (5)
 - 3 Eight-legged creature is a natural mutant – time's involved (9)
 - 4 A new note given in advance payment (4)
 - 5 Fashionable journalist, describing passionate lust, caused offence (8)
 - 6 River has no point to divide (5)
 - 7 Lawyers can be a joke in Scotland (3)
 - 8 Score after whistle has finally gone: 3.14 to nil (7)
 - 13 Of minerals containing mixture of silicon and aluminium compounds, principally (5)
 - 15 A vulture you are, you b—, you, you hear! (5)
 - 17 Setter is in a race, showing vigour (9)
 - 18 Magical little man is discovered in little house, married to a relative (8)
 - 19 A number coming in to follow Labour (7)
 - 21 Street on the Andes, say? That's odd (7)
 - 23 First off, searches person for weapons to eliminate these? (5)
 - 25 Short sleeved by melancholic (5)
 - 26 Plans to return junk mail (4)
 - 28 Affirmation made at the altar – in this language? (3)

Last week's answers

1	U	N	2	R	E	3	V	4	I	5	S	6	A	7	E	8	S	I	9	R
	N	Y		A		L		E		S		U		E						
9	B	R	A	I	L	L	E		10	B	E	G	O	N	I	A				
	E	L		K		I		A		A		S		L						
11	L	U	S	T	Y		12	P	E	T	E	R	S	H	A	M				
	O		R		N	E		D		A										
13	V	14	I	R	G	I	N	I	A		15	O	D	16	I	N				
	E		I		E		R		17	C		18	R		E		E			
19	D	O	G	E			20	T	R	I	A	S	S	I	C					
	D	E	H		21	W		22	I	O		G			E					
23	D	E	T	H	R	O	N	E	S		24	N	O	25	N	E	S			
	E	M		A		O		S		A		A		S						
26	F	R	I	S	S	O	N		27	T	E	R	M	I	N	I				
	O		N		S		E		I		O		R		T					
28	E	N	D		U	E		29	S	P	E	A	K	E	A	S	Y			

FEATURE

Wesley Food Pantry continues to serve students, community



Operations Manager Dawn Longfellow (right), Parkland volunteer Del Jacobs (middle), and Director Katie Thomas (left) work at the Wesley Food Pantry on Saturday, Oct. 3, 2015.

Bill Kirby
Staff Writer

The Wesley Food Pantry aims to provide an additional source of food for Parkland students and the greater community.

The pantry distributes four times per month at its Parkland location and once a month at its U of I campus location. The goal of the Wesley Food Pantry is to fight hunger and food insecurity.

The Parkland location was established in 2013 and originally opened for students and their families after teachers and administrators were noticing that students' needs weren't being met.

Many Parkland students already have children and families to support while going through school. The Wesley Food Pantries aimed to alleviate some of the stress put on students so they would have a better chance to succeed.

Parkland's location has since expanded and now receives government USDA commodities. Part of the requirement for receiving government commodities is that the location be open to the public and that they distribute four times a month.

According to a Feeding America study, 34 percent of Americans have to make a choice between paying for food and paying for other expenses, like gas for the car, paying for housing and paying for medical expenses.

When food stamps and pay checks are running low the pantry aims to relieve families and give them an extra push to make it through the month, without having to decide between food and other basic needs.

They make new clients feel welcome in a non-threatening environment. New clients will fill out a basic sheet that verifies that a family or person is within income guidelines to qualify.

The income guidelines are about two times the federal poverty limit. It is also a trust policy as they won't ask for proof of employment. The grants the food pantry receives require an ID to be shown. It's a head count and a way to keep track of new clients.

After registering, clients will receive a set number of bags based on their household size and a shopping cart.

Food offered comes from the balanced food groups. Clients will always find cereal, grains and oatmeal.



The Wesley Food Pantry offers food to the community at two locations, on Green and Goodwin in Urbana, and at Parkland's location in the S Wing.

Often times fresh produce and frozen meats will be offered. If the pantry can't come across frozen meat, other sources of protein will be offered. Clients will always find canned vegetables and fruit. Sometimes they even offer fun items like cookies.

What sets the Wesley Food Pantry apart from other food pantries is client choice. Clients know what their families need and the choice is up to the clients as far as what they think will help their families get through the month. Some people take a small amount of food, and carry it to class.

Others get a weeks' worth of groceries to help them make it through the month. They make it as much like going to the grocery store as possible.

The main avenue for getting the word out about the Parkland location has been word of mouth. In their first months of being open they weren't sure whether or not they would make it.

The location opened with only a handful of people coming in. Now it's a strong community resource that reaches Parkland students, their families and the greater community.

Photo by Zonghui Li | The Prospectus

Photo by Zonghui Li | The Prospectus

Actor shot during fake gunfight

TOMBSTONE, Ariz. (AP) — An actor staging a historical gunfight in the Old West town of Tombstone was shot with a live round during a show that was supposed to use blanks, leading officials to call for the re-enactments popular with tourists to be put on hold.

The shooting happened Sunday afternoon as two performers from the Tombstone Vigilante group re-enacted a gunfight in the 19th century mining town made famous by Wyatt Earp, Doc Holliday and the O.K. Corral. A bystander also was hurt but declined medical treatment.

One of the actor's guns fired live rounds, hitting a fellow member of the group, the Tombstone Marshal's Office said. Ken Curtis fell to the ground and was flown to a hospital in Tucson, where he underwent surgery to remove the bullet.

Curtis was listed in good condition Monday at Banner-University Medical Center in Tucson, hospital spokeswoman Elyse Palm said. She declined to give further details about his injuries.

At least two bullets struck nearby businesses, hurting a bystander, the Tombstone Marshal's Office said Sunday. The woman was not seriously injured, marshal's dispatcher Dee Jackson said Monday.

Authorities inspected the weapon and found one live round and five casings that indicated the gun was filled with live rounds prior to the skit, the marshal said.

Tombstone authorities called the shooting unprecedented. The marshal's office says Mayor Dusty Escapade advised the Tombstone Vigilante group to suspend gunfight skits as the investigation plays out.

"Tombstone takes pride in the safety and security of its townspeople and tourists alike, and the citizens of Tombstone can be assured that stringent safety protocol will be enforced prior to allowing any further gunfight skits," the marshal said in a statement.

Tombstone, about three hours southeast of Phoenix, was once a bustling mining town in the 1800s that now has about 1,500 residents and mostly caters to visitors who come to see

SEE SHOT PAGE 5

Oprah paying \$43.2M for Weight Watchers stake

NEW YORK (AP) — Oprah Winfrey is paying about \$43.2 million for a 10 percent stake in Weight Watchers and is joining the weight management company's board.

Shares of Weight Watchers nearly doubled after the deal was announced.

Weight Watchers International Inc. said in a filing with the Securities and Exchange Commission on Monday that as part of a five-year agreement, Winfrey has given the company the right to use her name, image, likeness and endorsement for the company, its programs, products and services, subject to her approval. She will also make personal appearances on the company's behalf.

For her part, Winfrey has the right to use Weight Watchers marks to collaborate with and promote the company, its programs, products and services. Winfrey will consult with Weight Watchers and help in the development, planning

and execution of its program and related initiatives.

"We are expanding our purpose from focusing on weight loss alone to more broadly helping people lead a healthier, happier life," said Weight Watchers President and CEO Jim Chambers said in a written statement.

Winfrey is buying approximately 6.4 million shares of Weight Watchers at \$6.79 per share. She will also receive options to buy an additional 5 percent of the company's fully diluted shares.

The New York-based company's board expands from nine to 10 members with Winfrey's inclusion.

The agreement has additional successive one-year renewal terms. Winfrey's term on the Weight Watchers' board expires in 2018.

Weight Watcher's shares soared \$6.09, or 90 percent, to \$12.88 in morning trading Monday. Its shares had been down 73 percent for the year through Friday.



Photo by Greg Allen | Invision via AP

In this Wednesday, Oct. 14, 2015, file photo, Oprah Winfrey attends the premiere of the Oprah Winfrey Network's (OWN) documentary series "Belief," at The Times Center in New York. Weight Watchers announced Monday, Oct. 19, 2015, that Winfrey is taking an approximately 10 percent stake in Weight Watchers for about \$43.2 million and joining the weight management company's board.

SPORTS

Golf team showing early season dominance



Photo by Zonghui Li | The Prospectus

Parkland's golf team practices on Wednesday, Oct. 14, 2015.

Adam Vilmin
Staff Writer

After starting the season with a third-place finish, the Cobra golfers have unleashed a tear of three straight team wins, including a Midwest Athletic Conference (MWAC) championship win. Leading the team is sophomore Dom Knight, who after flirting with a few first place individual finishes, found the top spot at the Millikin Invite.

"It's a good start to the season," head coach Corbin Sebens said. "

I knew we had a special group of guys, and I wasn't sure on how they would pick up on things, especially the freshmen, but with Dom [Knight] and Tom [Webster]

as sophomores leading the way, it's been going well."

Knight, who came into the season having high expectations, has been an imposing force on the course all season.

A summer that included making the second flight of qualifiers for the British Open back home in England has Knight playing with a tighter game this fall.

"I was playing [in the qualifiers] with a couple of guys who are very high ranked players back home. The field that week was strong, a bunch of tour players, including Retief Goosen. That was a good experience being around those guys, seeing the standard you need to be at," Knight said.

Retief Goosen is a two-time U.S. Open winner.

"Since day one, Dom has been a hard worker; always the first to get here and first to leave. He's always been a good player, so the win just gets a little more confidence under his belt," Sebens said. "The other guys see that and they elevate their game, so everyone plays better having that kind of leader."

Knight has also had an impact on roommate Josh Lamb's transition. Lamb came over this year to play from Scotland.

As Knight says, "It's different styles of golf and life." With Knight having been through the process already, it has been beneficial to Lamb.

"I know that last year it took me a little longer to get settled," Knight said. "This time, Josh has been acclimated in a few weeks. Obviously, we're miles away from home right now, so you'll never settle completely, but it's good to have it happen quicker."

The success at the beginning of the season will take some focus to sustain with the onset of winter until the spring and the start of qualifying for the national tournament. Sebens doesn't see a reason to worry.

"It's always difficult but not a bad thing to put the clubs away for a little, regroup and get healthy," Sebens said. "It can take a while to get back, but we're going to have the

mindset to get right back to where we are now when it's time to start hitting again."

"Obviously the fall gives us a lot of confidence," Knight said. "The spring though, is a completely new season. No one on the team has had any competition for three or four months. I'm pretty sure that we're going to reach a higher level than we have in the fall once we get the rust off."

Success and leadership like this have the Cobras' goals set high.

"We're not trying to go out and just see how well we can do. The goal is winning every tournament. That includes the National Championship. I think it could be a pretty special year," Sebens said.

Lamar Odom taken from Las Vegas hospital to Los Angeles

Sally Ho
Christopher Weber
Associated Press

LOS ANGELES (AP) — Lamar Odom left a Las Vegas hospital and is now in the Los Angeles area to continue his recovery a week after he was found unconscious at a Nevada brothel, a family representative said Tuesday.

The former NBA star was transported by helicopter from Sunrise Hospital and Medical Center in Las Vegas around 5 p.m. Monday, according to a statement from Odom's aunt JaNean Mercer.

She did not say where he was taken in Los Angeles.

The statement from the Mercer and Odom families thanked the hospital and Odom's fans and said his estranged wife, Khloe Kardashian, his father and his two children from a previous relationship are with him.

"He continues to make miraculous progress, taking a few steps in Los Angeles," the statement said.

Kardashian posted a separate statement to her website saying Odom made "incredible strides" at the Las Vegas hospital and thanking the doctors and nurses "for

their kindness and diligent work."

The family has received strength from the outpouring of support from Odom's fans, she said.

News of his release comes a day after a family statement said Odom's condition was improving. It said he was overcoming "insurmountable obstacles" and defying the odds.

The hospital and Odom's relatives have not revealed his prognosis, but the family has hinted at a long road ahead, saying they realize his "continued improvement" won't be easy.

Odom was found in extremely critical condition Oct. 13 at the Love Ranch brothel in the rural community of Crystal, Nevada. He regained consciousness and communicated for the first time Friday.

The brothel said workers saw him drink alcohol and take supplements sold as "herbal Viagra." The Food and Drug Administration issued a warning in 2013 against one brand he took, Reload, after it was found to contain sildenafil, the active ingredient in prescription Viagra.

He also told at least one of

the women that he had done cocaine, but the brothel says it did not see him take any drugs or find any there.

Love Ranch owner Dennis Hof has said that Odom arrived Oct. 10 for a four-day stay and spent \$75,000 on two women who accompanied him in a VIP suite.

The Nye County Sheriff's Office is investigating. Test results from blood samples obtained through a warrant still are pending, and authorities have not ruled out the possibility of taking action against the brothel or Odom.

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