

The Collegian

Volume 115 2017-2018

Article 9

11-7-2017

Volume 115, Number 9 - Tuesday, November 07, 2017

Saint Mary's College of California

Follow this and additional works at: <https://digitalcommons.stmarys-ca.edu/collegian>



Part of the [Higher Education Commons](#)

Recommended Citation

Saint Mary's College of California (2017) "Volume 115, Number 9 - Tuesday, November 07, 2017," *The Collegian*: Vol. 115 , Article 9.

Available at: <https://digitalcommons.stmarys-ca.edu/collegian/vol115/iss1/9>

This Issue is brought to you for free and open access by Saint Mary's Digital Commons. It has been accepted for inclusion in The Collegian by an authorized editor of Saint Mary's Digital Commons. For more information, please contact digitalcommons@stmarys-ca.edu.



The Collegian

MORAGA, CALIFORNIA • VOLUME 115, NUMBER 9 • TUESDAY, NOVEMBER 7, 2017 • STMARYSCOLLEGIAN.COM • TWITTER: @SMC_COLLEGIAN • FACEBOOK.COM/SMCCOLLEGIAN

President Donahue addresses the College's future Address focused on college finances, collaboration, and Lasallian mission

BY KATE ARENCHILD
NEWS REPORTER

On Wednesday, Nov. 1, President Donahue delivered his third President's address. His goal was to clarify the priorities of Saint Mary's College and outline how these will be focused on exactly. The event was heavily attended by staff, administration, and faculty from across campus. A small handful of students were present.

The address began by a prayer using the Lasallian invocation, "Let us Remember...that we are in the Holy presence of God." He continued, "Lord, God of life, Creator, Savior, and constant companion, let us remember that we are always in your presence and that you are both our source and our end. Help us to follow the way of John Baptist de la Salle, to be witnesses of hope and channels of love, to be effective educators and advocates of our students."

He then listed many accomplishments, showcasing the rigor and vitality of Saint Mary's academics. He highlighted the 75th anniversary of the Collegiate Seminar Program, the 25th anniversary of the Performing Arts program, and the recent opening of the STEM (Science, Technology, Engineering, Math) Center in Assumption Hall. He boasted of Saint Mary's being placed within the top 25 percent of higher educational institutions according to the Wall Street Journal as well as being in the Top 10 Regional Universities of the West according to U.S. News and World Report.

He then stated his three priorities for moving forward: further stabilizing the financial situation of the College, fostering collaborative leadership, and reaffirming the Lasallian-Catholic Mission.

Of primary importance, he stated, was the health of the budget. The voluntary separation program last year saved the College \$7.8 million. As a tuition-driven institution, enrollment is of high priority



PRESIDENT DONAHUE'S address was given in the Soda Center during Community Time. (Kristen Geibel/Collegian)

for Saint Mary's, and the undergraduate population is higher than the previous year. The school raised \$13.7 million, and its endowment is at \$182 million, both of which reflect a growing "culture of philanthropy" at Saint Mary's, the President said.

There is new leadership within the Board of Trustees, aimed at shifting from cost cutting towards investing in the College's future in an entrepreneurial way. There is a new committee being founded called the Business and Academic Committee that will be comprised of faculty, staff, administrators, and trustees. Saint Mary's must innovate, Donahue emphasized, or suffer the consequence.

While a growing student population is necessary for Saint Mary's as a tuition driven institution, he stated that the school is already dealing with capacity issues. He spoke of how much financial aid is appropriate to be giving out, keeping in mind both the mission and the financial health of the College. Currently, 80 percent of students receive financial aid. He proposed that the question be asked if we

need to admit more full-paying students. He emphasized that whatever financial decisions are made, the mission of the school will remain in the forefront of all decisions.

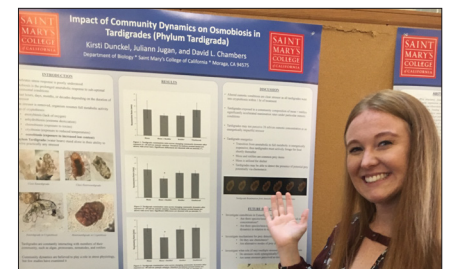
Next, he spoke of "superb, collaborative leadership." The search for the new Provost culminated in four candidates visiting the school during October. President Donahue will be releasing his decision soon. The question of shared governance is one that he remains committed to, especially when trying to understand the needs of faculty. There has been a \$50,000 increase in funding for faculty to conduct research, attend conferences, and pursue their academic vocations. This announcement was met with a quiet cheer, presumably from the faculty members in attendance.

The third priority was how, as an institution, the College is to be Lasallian for the present moment. "We must capture the past while simultaneously incentivizing programs to bring us to where we need to be for our mission," see Donahue, page 3

What's Inside

NEWS

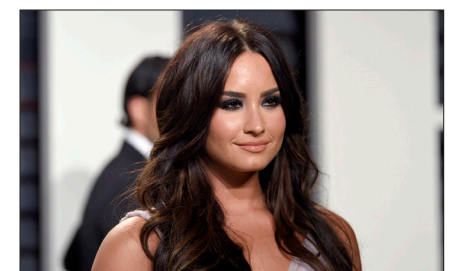
STUDENTS PRESENT SUMMER SCIENCE RESEARCH
Research students reflect on their various experiences and findings. PAGE 2



AWARD WINNING FILMMAKER SHOWS FILM AND GIVES LECTURE
Event hosted by newly-founded Institute for Latino and Latin American Studies. PAGE 3

CULTURE

DEMI LOVATO DOCUMENTARY
New movie sheds light on the singer's struggle with substance abuse and her road to recovery. PAGE 4



KAKI KING CONCERT CAPTURES CROWD WITH PERFORMANCE
Berkeley show demonstrates how modern technology meets instrument prowess. PAGE 5

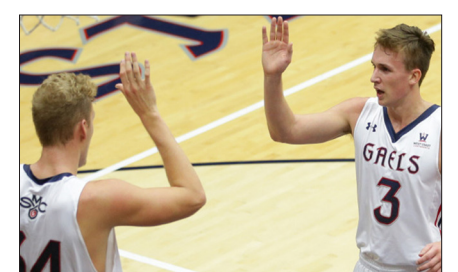
OPINION

KEVIN SPACEY FACING CLAIMS OF SEXUAL ASSAULT
The admission of his sexuality has confused the issue and has led to further investigation. PAGE 6



SPORTS

NATIONAL SPORTS: WORLD SERIES
In one of recent memory's most thrilling World Series, the Astros bested Los Angeles in seven games. PAGE 7



SAINT MARY'S BASKETBALL PREVIEW
Women's and men's basketball begin their seasons with high expectations. PAGE 8

College Republicans seek open dialogue for students

BY MAUREEN THAETE
ASSISTANT NEWS EDITOR

"We want to give a professional opportunity and a place to just talk about politics. That's what we have consistently been since the founding," said Kavya Maddali '18, the President and co-founder of the College Republicans of Saint Mary's College. In the midst of the organization's third year and a contentious political climate, Maddali spoke with The Collegian about why she thinks the political organization is important for conservative students on campus.

This organization was founded by Maddali, Victoria Mosby '17, and Andre Satchlian '17 in the spring semester of 2016 as a chapter of California College Republicans (CCR), a subdivision of the College Republican National Committee. "Our goal is to recruit, train, inform, and to empower any existing and potential College Republican on campus," said Maddali.

Explaining why this particular political organization is important to Saint Mary's, she said, "A lot of people [on this campus] are not aware that we're an organization. Since in California, campuses tend to be very liberal, we're super happy to have this organization."

"We give many professional opportunities to our club," Maddali said, explaining that through CCR, members "get a chance to network with professionals, and it's not just people who are interested in politics." She noted that club members can network with lawyers, doctors, and various business people but also have the chance to get involved with local politics. Maddali says she received the opportunity to work with Assemblywoman Catharine Baker, whose district encompasses the Lamorinda area.

Maddali cited the impact of the whole organization's work in local politics, describing their work during last year's elections. "We call them 'deployments,' where we go across the state to work on campaigns," she said. She mentioned the club's special attention to Catherine Baker's campaign, saying, "We definitely helped win that campaign, for sure." Overall, she said it was important for students to receive this "hands-on experience" of working within the political process that they don't get in the classroom.

Maddali expressed the organization's desire to "promote fair dialogue and give students an opportunity to partake in political discourse." This particular goal is one of the reasons for "Across the Aisle," the upcoming panel on bipartisanship

that the College Republicans are hosting in partnership with the Young Democrats.

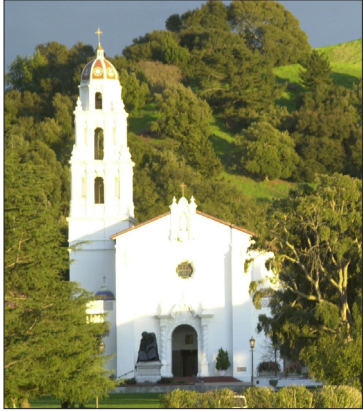
"I don't think we should look past our differences, because that doesn't make knowledge," said Maddali, who explained that the panel, featuring Republican Catharine Baker and Democrat State Senator Steve Glazier, is an opportunity to create dialogue during a time of heightened polarization.

"Since in California, campuses tend to be very liberal, we're super happy to have this organization."

"You see our neighbors, Berkeley, where they can't even host speakers or talk to each other," said Maddali. "We want to show how our community really does value inclusivity and respect for all people." The panel, which will be open to the public, is scheduled for Nov. 15 in Dryden Hall.

"[Activism] is not a big part of our platform, Maddali said. "We welcome it, but it is not something we are pushing." see College Republicans, page 2

THE INSIDE PAGE



The Collegian

SAINT MARY'S COLLEGE OF CALIFORNIA

P.O. Box 4407
Moraga, CA 94575
206 Ferroggiaro Hall

www.stmaryscollegian.com
staff@stmaryscollegian.com

Telephone: (925) 631-4279
Facebook.com/smccollegian
Twitter: @SMC_Collegian

GABBY VANACORE
DEAN BOERNER
Editors-in-Chief

JACOB TURNROSE
News Editor

MAUREEN THAETE
Assistant News Editor

MARSHALL LYMBURN
SARAH KNEBEL
Opinion Editors

CAMILLA MARAIS
KALI KUSHNER
Culture Editors

KIMBERLY PASCHAL
TYLER BINDI
Sports Editors

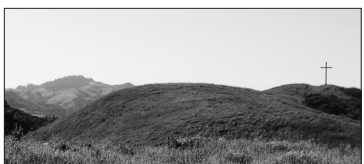
ELIZABETH MAGNO
Chief Copy Editor

TERRILYN HO
Copy Editor

KRISTEN GEIBEL
Photo Editor

SHAWNY ANDERSON
Faculty Adviser

The Collegian is the official newspaper of Saint Mary's College, published weekly, except during examination periods and academic recesses. The Collegian reserves the right to hold and edit all submitted materials, solicited and unsolicited. The Collegian's Editorial Board is comprised of all oversight staff members. Other opinions expressed are not necessarily endorsed by The Collegian, its contributors and/or advertisers. Advertisers do not necessarily reflect the view of The Collegian. The Collegian strives for accuracy and fairness in the reporting of news. If a report is wrong or misleading, a request for a correction or clarification may be made.



"To act upon one's convictions while others wait,
To create a positive force in a world
where cynics abound,
To provide information to people when
it wasn't available before,
To offer those who want it, a choice—"
—TED TURNER

College Republicans: club provides opportunities for conservative students on campus

CONTINUED FROM PAGE 1

While activism may not be a part of the organization's platform, Maddali says, "We really want to give back to the community and help as much as we can."

In addition to the bipartisan panel, some other new developments for the organization this year include a focus on philanthropic work in the community, said Maddali.

"Philanthropy is big for us, because we think that's huge in the conservative mind to do personal good. That's a conservative ideology."

Some of the club's projects include starting donation bins, volunteering at the Veteran's Hospital in San Francisco, and partnering with Be The Match and Love Your Melon for swab drives.

Maddali said the club's regular

meetings are discussion based and an opportunity for members to voice their varying opinions.

Maddali mentioned that with all of the topics covered, including last year's election-based discussions, members are not always "unanimously" in agreement. "It shows the diversity itself within the conservative party," she said.

Ultimately, in spite of the way the GOP's reputation has

evolved under the current presidential administration, Maddali concluded by stating, "We're a very diverse and inclusive club." According to Maddali, all members of the campus community, regardless of political affiliation, are welcome to attend the club's meetings.

Regular meetings are held bi-weekly on Thursdays in Dante, room 218.

Science students present summer research findings

BY SABRINA NGUYEN
NEWS REPORTER

The research Saint Mary's students had participated in over the summer culminated in poster-board presentations and papers on Oct. 7, 2017 at the 32nd Annual Student Research Poster Session and Award Ceremony in Brousseau Hall. Students had the opportunity to share their work and findings with their peers and other faculty members.

During the summer, participants conducted meaningful projects that relate to real world issues. Fabiola Zaragoza '19 said she spent her summer making plasmids that could potentially knock down a gene in microalgae to unlock microalgae's potential for combating climate change.

Meagan Lasecke '19 examined the impact of the pratfall and gender biases on likability of professors in academia. "Gender biases in particular are very strong in academia with male professors tending to be seen as more worthy of receiving tenure than female professors," said Lasecke.

Summer research had also given students the chance to practice the skills they learned from lab courses at Saint Mary's, study their interests, and encounter surprises about their

projects and themselves.

Maya Szafranec '19, who was studying the Temporal and Spatial Trends of the Ozone Weekend Effect in Southern California, had the opportunity to work with Dr. Joel Burley, a professor in the Chemistry Department, on his collaborations with the U.S. Forest Service.

"It was really interesting to be a part of the communication between all the scientists and learn about how the work of an atmospheric chemist, such as Dr. Burley, can interact with that of a microbiologist studying fungi," said Szafranec.

Kirsti Dunckel '19 was also able to participate in field experience outside of the laboratory, learning how to take care of and work with living organisms.

"I wasn't expecting to grow so attached to the tardigrades. They're honestly incredible—they have the ability to go ametabolic (dormant) in the face of an inescapable stressor, and they stay like that for decades. Imagine if we were that resilient!"

From her summer research experience, Dunckel learned that she wants to go to graduate school after she finishes her undergrad at Saint Mary's.

Students who participated in summer research experienced a lot of trial and error and learned to deal



SUMMER RESEARCH PROGRAM students present their results. (Sabrina Nguyen/COLLEGIAN)

with failure and how to come up with better mechanisms for achieving desired results.

Moises Hernandez, who studied the structures of two proteins called mitochondrial intermediate peptidase (MIP) and Neurolysin (NLN), said he "had gained much more patience from research due to long experiment times and having to constantly repeat experiments that had not provided the desired results."

"I had realized that three months of research might seem to be a long time, but in reality, it's a very short

time in terms of doing research," said Hernandez.

"Research is a continual thing," said Zaragoza, who is currently picking up where she left off in her research from the summer.

"Science is a lot more messy than the framework of a textbook makes it seem," said Szafranec. "It was never quite clear to me how much of scientific research is being able to pick up the pieces after everything falls apart until this summer, but I really wish it was something more people understood."

Crime Beat

10/12/17 6:07 p.m.
Incident: Fire Alarm
Location: Guerrieri East
Synopsis: Food cooking set off alarm - no fire, smoke, or scorching; referred to Facilities Services and Residential Experience.

10/12/17 11:00 a.m.
Incident: Information
Location: Off Campus Housing
Synopsis: Harrassing calls and text messages; referred to Associate Dean of Students.

10/13/17 12:12 a.m.
Incident: Medical Incident
Location: Augustine Hall
Synopsis: Student With breathing issues transported to John Muir Hospital; referred to Residential Experience and Health and Wellness Center.

10/13/17 4:30 p.m.
Incident: Theft
Location: Brother's Parking Lot
Synopsis: Two grey folding seats from a drift boat missing; referred to Moraga PD.

10/14/17 1:45 a.m.
Incident: Student Handbook Violation

Location: Ageno West
Synopsis: Noise violation and possession of marijuana paraphernalia; referred to Residential Experience.

10/15/17 9:00 a.m.
Incident: Fire Alarm
Location: Freitas Hall
Synopsis: Food cooking set off alarm - no fire, smoke, or scorching; referred to Facilities Services and Residential Experience.

10/15/17 9:57 p.m.
Incident: Verbal Threat
Location: De La Salle Drive
Synopsis: Road rage while driving to campus and while on campus; suspended.

10/16/17 7:31 p.m.
Incident: Fire Alarm
Location: Ageno West
Synopsis: Food cooking set off alarm - no fire, smoke, or scorching; referred to Facilities Services and Residential Experience.

10/16/17 5:21 p.m.
Incident: Possible Harassment
Location: De La Salle Hall
Synopsis: Unwanted contact and advances; referred to Residential

Experience.

10/19/17 4:30 p.m.
Incident: Medical Incident
Location: McKeon Pavillion
Synopsis: Student found intoxicated and passed out - Moraga Fire called to assess student; referred to Health and Wellness Center and Residential Experience.

10/20/17 1:08 a.m.
Incident: Student Handbook Violation
Location: De La Salle Hall
Synopsis: Noise violation, possession and consumption of alcohol and possession of SMC property; referred to Residential Experience.

10/20/17 12:28 a.m.
Incident: Student Handbook Violation
Location: Guerrieri East
Synopsis: Noise curfew violation; referred to Residential Experience.

10/20/17 7:45 A.m.
Incident: Burglary and Attempted Felony Vandalism
Location: Art Gallery and Rheem Art Storage
Synopsis: Under investigation; referred to Moraga Police Depart-

ment

10/21/17 3:47 p.m.
Incident: Fire Alarm
Location: Guerrieri East
Synopsis: Student using flat iron smelled smoke and then fire alarm went off - no fire, smoke or scorching. Referred to Residential Experience and Facilities Experiences.

10/21/17 8:51 p.m.
Incident: Outside Noise Complaint
Location: Redwood Grove
Synopsis: Loud music from a wedding - DJ notified to turn off music. Referred to Chief of Public Safety.

10/24/17 9:15 p.m.
Incident: Hit and Run
Location: Fillippi Parking Lot
Synopsis: Vehicle damage witnessed by student and suspect vehicle being investigated.

11/1/17 8:49 a.m.
Incident: Suspicious Circumstances
Location: Ageno A
Synopsis: Student seen climbing in window - was confronted and told to leave. Referred to Residential Experience.

NEWS

Campus Snapshots



Student carves pumpkin at SPOOKTACULAR, put on by CAB. (Adriana Avila/COLLEGIAN)



SPOOKY STUDENTS get their cards read at Spooktacular. (Adriana Avila/COLLEGIAN)

Campus Calendar

Close Looking: An Approach to Reading the Visual Arts

Tuesday, Nov. 7

3:00-4:15 p.m.

Faculty Staff Dining Room

Contact Krista Varela

kdv1@stmarys-ca.edu

Indigenous Filipino Psychology in a Globalized Context

Tuesday, Nov. 7

7:00-9:00 p.m.

Soda Activity Center: Lafayette Room

Contact Office of Mission

x4406

Honoring our Vets on Veteran's Day

Wednesday, Nov. 8

1:00-2:30 p.m.

Dante Hall: Quad

Contact Cynthia Cutshall

cac13@stmarys-ca.edu

For Love and Money: The Afternoon Series Welcomes Manjula Martin

Wednesday, Nov. 8

2:30-3:30 p.m.

De La Salle Hall: Hagerty Lounge

Contact MFA in Creative Writing

writers@stmarys-ca.edu

Glow Fitness

Wednesday, Nov. 8

4:00-8:00 p.m.

Joseph L. Alioto Recreation Center

Contact Campus Recreation

campusrec@stmarys-ca.edu

Eucharistic Adoration

Wednesday, Nov. 8

8:30 p.m.

Chapel: Main

Contact Laura Hazen

leh4@stmarys-ca.edu

Cafe' MMC

Thursday, Nov. 9

7:00-8:30 p.m.

Korth Academic Center: Mission and Ministry Center

Contact Eddie Ventura

edv1@stmarys-ca.edu

The Campus Calendar column is a service highlighting major events of the week. To include your event, email details to staff@stmaryscollegian.com. Due to space limitations, we cannot list individual club meetings.

Institute for Latino and Latin Studies screens film

BY LAUREN SCOTT
CONTRIBUTING WRITER

On Wednesday, Nov. 1, the newly founded Institute for Latino and Latin American Studies hosted an event with filmmaker Guita Schyfter. Schyfter is an acclaimed Costa Rican filmmaker whose films center around religion, identity, gender, and culture in Latin America. One of her most popular films, "Novia Que Te Veá," was nominated for Best Direction at the Mexican Ariel Awards and won Best First Work.

The event featured a screening of the film and a lecture on it from Schyfter. Her films draw from her own life experience growing up as a Jewish-Costa Rican amid turbulent times. During the discussion, Schyfter recalled that she began storytelling because of her mother, who told her stories at a

young age.

While she is in a creative industry, Schyfter has never considered herself to have a big imagination and hasn't changed over the past 20 years of her film career. Instead, she says she must research and consider real events and issues for her films. She recalled that she was given advice once to "tell the story of a little village because if you do that, you'll be talking about the whole world." As a result, she started looking for stories in her roots: her religion.

After she examined her Jewish upbringing, she came up with her idea for "Novia Que Te Veá," which follows the lives of two Mexican-Jewish girls and marked her transition from documentaries to feature films. She stated that she "wanted to talk about being Jewish but did not want it to be personal." Her film smashed the idea of one

single Mexican identity and was the first of its kind in Mexico. In this way, Schyfter was able to explore a version of her real life experiences being Jewish-Costa Rican through story.

Schyfter talked about the ideas behind her film "Orphans" as well and explained its significance in relation to Mexican history. In the film, Schyfter relates Mexico after the Spanish Crown left to an orphan finding his way. In this way, Schyfter was able to make captivating statements about Mexican history and culture through the story of a boy. She describes her historical fiction films as a window into how she sees past events.

While the discussion was based around Schyfter's films, she offered her opinion on the current cultural, political and social issues going on today as well. When asked about xenophobia today, Schyfter

stated, "We must learn to tolerate each other because xenophobia is not part of human nature."

She then went on to talk about how American cinema has remained dominant in most other countries, including those in Latin America. While many countries like Mexico have had a strong, local film presence, many foreign films do not reach the same success of mainstream films released from Hollywood.

She described how it sometimes can be a battle to get theatres and screens to show Mexican-made films, despite them being from the same country. Smaller foreign films simply cannot compete with the wide release and publicity that Hollywood films garner. Schyfter maintains that there are still plenty of beautiful Mexican films that give important insights into the culture they come out of.

Donahue: Hopeful for the campus's future

CONTINUED FROM PAGE 1

he said. Donahue spoke about vocation and its relationship to mission. "Vocation calls us to ask certain questions. What are my purposes? What are our purposes? Where do my intellect, my experiences, my aspirations, my skills, my joys, my passions, lead me? Wouldn't you like to think that most of our students ask that question on some level? How do you create purpose, direction, and meaning? The entire campus needs to do it. There must be a connection between education, purpose, and direction." In January, Donahue will be starting faculty and staff vocation groups to discuss how the college can do this better. He asked: "How is God acting in our lives and in the life of this institution? What is God calling us to do and to be?"

The school's commitment to inclusive excellence and diversity remains strong, he said. Diversity is key, Donahue stressed, because the faculty should come to closely match the population of the students. It is fundamental to realize the rich diversity that we have as a community. Conversations across differences need to occur, and students should understand how rich of a resource diversity is in their lives. President Donahue joined college presidents

across the country to sign a letter supporting DACA and asking for Congress to address the issue. Additionally, he has been in conversation with Congressman Mark DeSaulnier about DACA and other issues surrounding higher education.

He continued speaking about various programs used to advance the cause of diversity on campus, from the CCIE hosting 44 days of black history beginning in January to celebrate the US's first black president to the advances of the GUIDE (Gaels Uniting for Inclusion and Diversity through Education) training. He will also be seeking to raise salaries and benefits of the employees of the campus, reinstating benefits that were removed last year during budget cuts and even raising salaries.

He ended by stating: "I take no greater pride than seeing our students work through the issues—intellectual, academic, social, political, cultural, religious, and sexual, that are critical to defining a life, and we do that extremely well. I am committing myself and this institution to making sure that we achieve the goals we have set out for ourselves."

There will be a Q&A session at 1:00 p.m. on Wednesday, Nov. 8 in the Soda Center.

CAB hosts "Spooktacular"

BY ADRIANA AVILA
NEWS REPORTER

On Monday, Oct. 30, the Campus Activities Board (CAB) hosted "Spooktacular," a Halloween party that consisted of a hypnotist, a tarot card reader, free food and a costume contest. Students also had the chance to carve pumpkins, take photos in a photobooth, and, of course, eat candy.

CAB started planning this spooky event in September. Special Events Coordinators, Isabella Ferrante '19 and Aly Henry '20, were in charge of this special event. Ferrante said, "The CAB team was instrumental in helping us, from putting up decorations to organizing publicity. Our collaboration made the night possible, so it was really a team effort!" Their hard work and creativity drew 150 students to the event.

"The hypnotist show and costume contest were a total hit," said Ferrante. Dr. Dave Hill, a professional hypnotist in the Bay Area, was a crowd favorite. Hill has been on the popular television show, "Mythbusters." Several students voluntarily went on stage to see if they'd get hypnotized. Whenever he made someone sleep, the audience would let out a big gasp. "The hypnotist was hilarious and had the entire audience roaring," said Ferrante. Those who participated in the costume contest went all

out. Some students dressed up as piñatas, crayons, superheroes, witches, possessed dolls, and Disney characters. The first place winner, Carson King, who dressed up as the Moraga sinkhole, won an iPad. King wore caution tape, a "road work ahead" sign, mini traffic cones, construction trucks, and a construction hat with signs that read "Rheem Blvd." and "Center St."

Another popular part of the night was the tarot card reader. Many students waited in line to have their cards read. The card reader had individuals pick five cards from the deck. With these five cards, the reader explained how the words on them could relate to the individual's life. Claire Arakaki '19 and Joy Balinbin '19 enjoyed their card reading experience. "It was scarily accurate," said Arakaki. "I've always been interested in seeing a card reader. It's cool that I can finally check it off my bucket list," said Balinbin. Arakaki and Balinbin also enjoyed divulging in free food, carving a pumpkin, and taking photos with their suitemates.

"We loved seeing so many students enjoying the event. There was such a fun atmosphere. We were surprised by the diversity of students from all different grades that attended and all the incredible costumes," said Ferrante. The CAB team hopes to make "Spooktacular" an annual Saint Mary's event.

CULTURE

Demi Lovato's story of recovery: "Simply Complicated"

BY AUBRIE MCKEEVER AND
RAMYA RAMAMOORTHY
STAFF WRITERS

Last weekend, we watched the Demi Lovato documentary, "Simply Complicated," which was a free, hour-long movie on YouTube.

With her family involved as well, the documentary depicted Lovato's life thus far, including the bullying she endured as a child. Not only was she teased for her weight, but her classmates signed a petition telling her to kill herself. As if this wasn't enough to deal with, Lovato simultaneously dealt with terrible mood swings.

Lovato quickly rose to fame after she starred in the 2008 Disney Channel movie "Camp Rock." For a fifteen-year-old, Lovato managed a lot of responsibilities. She stated in the documentary, "I was now working on my music, my TV show, and movies, all at the same time...I felt the pressure to sing music people would like, rather than what I would like...I was a perfectionist and really wanted to be the best of the best."

Lovato was constantly trying to make music that people would like. She maintained a certain image and strove to please her fans.

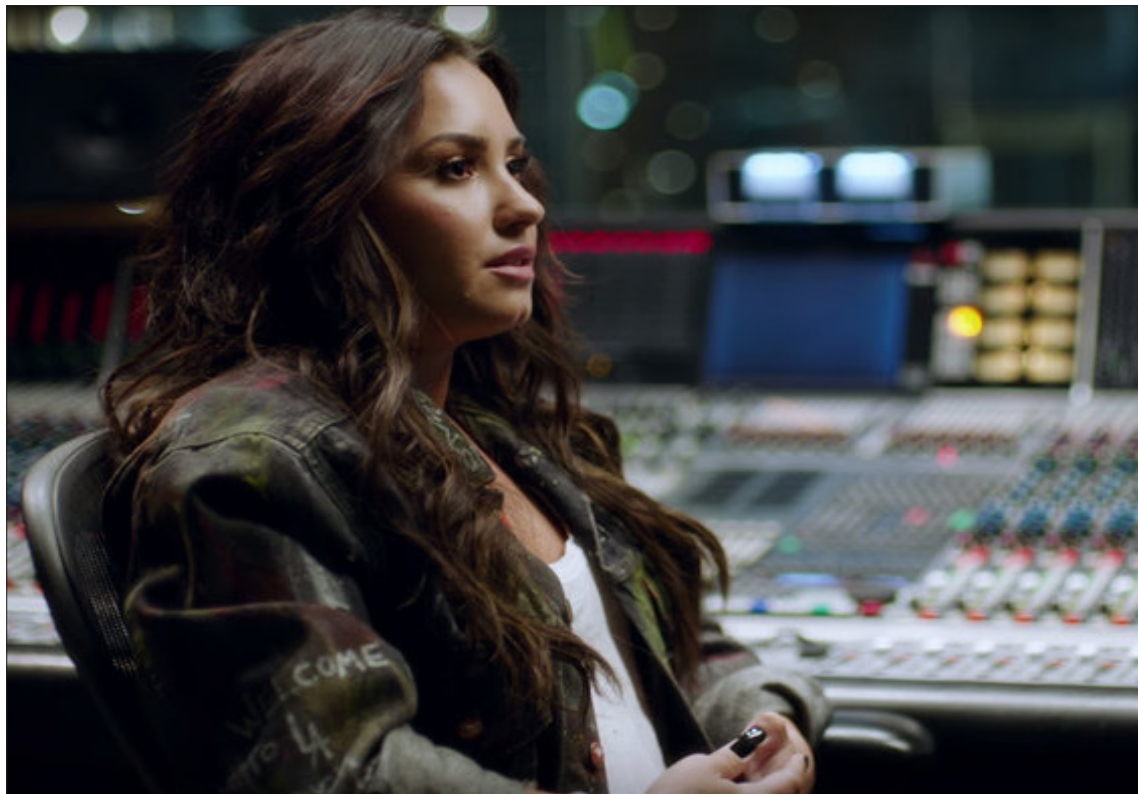
But all of the pressure and fame took a toll on the singer. The former Disney Channel star developed a severe anxiety disorder and suffered from pre-existing mental health issues. She also found herself dealing with depression, bipolar disorder, and drug addiction. She stated, "I was awful to be around," and "I was not easy to work with."

The situation only got worse during the tour for "Camp Rock 2," during which Lovato snuck in Adderall and threw a huge party with the rest of the cast members. Lovato was angry when she found out someone ratted her out for having Adderall, so she manipulated her manager into identifying the dancer who had revealed her drug use. Soon after, Lovato and her crew had to leave to catch a plane when, out of nowhere, she walked up to the dancer and punched her in the face.

The incident with the dancer kept Lovato in the spotlight, but her actions only prolonged her struggles. It got to a point where Lovato considered suicide. Afraid of losing the people she loved, Lovato realized the need to help herself in order to keep her career and most importantly, to keep her team. She went to rehab and eventually got better, but it took time.

After managing everything Lovato had to deal with, she overcame most of her struggles due to a strong support system consisting of her family, friends, personal development coach, fitness coach, and managers. She took sincere efforts to take care of herself, and today she has maintained five and a half years of sobriety.

In addition, her personal development coach, Mike Bayer, encouraged her to exercise in order to have a healthy mind and body. She now trains in mixed martial arts as well as jiu-jitsu. Lovato stated, "I know that I would be in a very dark place without [the



DEMI LOVATO shares her struggles with substance abuse, mental illness, and pressure under Hollywood's spotlight. (Courtesy of Billboard)

gym]."

However, one issue she still faces is an addiction to food. She constantly thinks about food and wants to binge, but kickboxing and martial arts have saved her from giving in to her eating disorder. This has helped her take her mind off of food in a healthy way.

The documentary opened our eyes to the negative effects of fame, the importance of mental health awareness, and Lovato's personal transformation, which most fans are unaware of. It revealed a lot about Lovato's life and everything she had to go through.

In Lovato's case, most fans think of a pop star as someone who has it all, but even they experience depression, anxiety, addiction, and other issues. We learned a lot after watching this film and would recommend people to watch it, as it deals with many serious subjects, including the downside to fame, drug abuse, eating disorders, addiction, and depression, which are issues that people may be struggling with in our society.

The biggest issue is that people are afraid to seek or accept help. Thankfully, Lovato's manager never left her side.

If it was not for her team and family, Lovato may have attempted suicide.

While Lovato's story is very inspiring, it does not address the fact that Lovato had a certain level of privilege in dealing with her mental illness. Throughout the movie, there were people who talked about how they supported Lovato—her best friend, her mom, her sisters, her personal development coach, her manager, and her fitness instructor.

There are people who have to seek mental health support on their own without the help of a support network because they feel have to keep it a secret from their friends and family. Moreover, most people aren't able to afford a personal development coach and a fitness instructor.

Despite the hardships that Lovato faced (and this article is not intended to invalidate these hardships), she had more support and money than others who

face the same issues would have. A personal development coach and fitness instructor would be helpful to anyone, especially those who struggle with their mental health. However, only those like Demi Lovato, who is in the upper class, can afford these resources.

Lovato had much more support than many other people with mental illness would have had.

Despite her hardships, she overcame her struggles and succeeded musically with the support of her loved ones. In order to improve oneself, one must take action and trust in loved ones. Since Lovato was able to do so, she came out of the darkness and into the light. She states, "You have to surrender, because that's when the change is going to happen."

Fair trade for college students

BY CAMILLA MARAIS
CULTURE EDITOR

As a college student, it is no surprise that I don't have a surplus of money to spend on clothes. Most of my paycheck goes to food, concerts, and maybe even a pedicure if I'm feeling a little more luxurious. That being said, cheap online sites, such as Forever 21 and other hidden gems with most items under \$10, have been my go-to for the last few years. It's easy, it's accessible, and it lessens the guilt of buying a new outfit for every event.

Then, similarly to how I become aware of most social justice issues, I watched the documentary "The Dark Side of Chocolate." This film illustrated the horrible reality that is embedded within our American society. Committed to my low-budget items but horrified by the system my dollars were contributing to, I decided to make a conscious effort to only purchase items that are fair-trade, specifically within the clothes department. While this definitely takes more intentional shopping (I spent many afternoons googling different certified fair-trade brands), there is an impressive selection available in our great country. In terms of reasons as to why fair trade is the way to go, the benefits for humanity as a whole are astounding. Fair trade companies generate funds for their workers. These funds are used to improve the education and environment of the company as well as workers' communities. Fair trade companies also benefit consumers, as their products are held to certain standards of quality. They also are required to use machinery and practices with the lowest possible environmental impact. Fair trade protects worker's safety, prevents human trafficking, keeps children out of the work place, and ensures fair wages and benefits.

All that being said, here are some incredible fair trade companies for you to indulge in.

ASOS Eco—The most exciting feature of ASOS Eco is their sub-brand, ASOS Made in Kenya. This collection is made in partnership with SOKO Kenya.

Ben & Jerry's Ice Cream—As if we needed another reasons to indulge in pints of creamy goodness, Ben & Jerry's have confirmed that everything in their pints are fair-trade. From their cocoa, dairy, sugar, coffee, and more, this brand is committed to ethical sourcing for all their products.

MY SISTER—The brand states that its mission is "to prevent sex trafficking, educate communities, empower the population, provide after-care for survivors, and offer growth opportunities to at-risk women through the sales of our statement-making, ethically-sourced apparel and accessories."

Patagonia—Yes, this trending brand is fair-trade! Known for their quality outerwear, the brand is committed to "Build the best product, cause no unnecessary harm, [and] use business to inspire and implement solutions to the environmental crisis." With their activist and environmental focus, Patagonia is a brand we will keep loving.

5A Rent-A-Space



is St. Mary's Storage Place



Fall Student Special

20% OFF for 3 mos.

8 x 8 units and less - Offer exp. 1/15/18

- Store if your dorm room is too full
- Store to protect items while away
- Store during Christmas break
- Store for sabbatical
- We've got boxes, locks & Packing supplies

We move you in FREE when you rent a unit!



455 Moraga Rd. Ste. F
(925) 643-2040
rent on-line 5aspace.com

Serving Our Community for over 45 Years




Store It Yourself & Save



CULTURE

The ultimate fall playlist to complement every genre and autumn activity

BY MADISON LATTNER
STAFF WRITER

As the leaves start to change, and a slight breeze roams around campus, Saint Mary's transitions into fall.

We wrap ourselves with sweaters as we walk to our 8:00 a.m. classes, we put our bedroom fans away for the spring, and we hear the crunching of leaves under our feet as we walk to class. Trader Joe's beckons us with its smorgasbord of Pumpkin Joe-Joe's and maple-pecan scones. We coerce our roommates into day trips to the pumpkin patch, the cornfield, breweries, and to wine-tasting venues.

While I enjoy these activities as much as any other fall lover, my passion is to address a fundamental component of these activities: good music. This topic is especially important to me because of how difficult finding good fall music can be.

I want to feel cozy when engaging in fall activities, not sad. I want to feel nostalgic, but not outdated. I want to feel festive, but I can only listen to "Monster Mash" so many times.

Most fall playlists I come across are either moody and depressing, obnoxious and juvenile, or aren't "fall" enough. After almost 21 years of experiencing this fall struggle (yes, I am counting the fall of my birth), I have finally composed what I consider to be the ultimate fall playlist. It is warm, eccentric, and most importantly, it honors autumn. It is perfect to blast while drinking a Maple-Pecan Latte, driving to pick apples, or carving pumpkins with your roommates. It is fall.

"Chanel" - Frank Ocean

Frank Ocean's smooth, vibey sound is perfect for the moodier tone of autumn. The R&B style of the tune is softened by the harmonics, creating a perfect sound for cold nights out.

"Don't Dream It's Over" - Crowded House

This is the ultimate nostalgic ballad to blast with the windows down. The '80s style of this sweet song will have your crew singing all the way to the pumpkin patch.

"Flowers in Your Hair" - The Lumineers

The Lumineers' folk song brings the cozy and comforting essence of fall. Hum along while weaving dried leaves in your friend's hair, crowning each other rulers of the pumpkin patch.

"Love Somebody" - St. Lucia

If cuffing season's pull wasn't strong enough, this song will have you craving some autumn loving pronto. The heartfelt vocals of St. Lucia, paired with their iconic 80s beats will have you dying to love somebody as soon as humanly possible.

"Like Real People Do" - Hozier

Less dark than his renowned single, "Take Me To Church", this track captures the deep and beautiful style of Hozier. The hauntingly beautiful harmonies of the track pair perfectly with the guitar-led melody.

"Lack of Color" - Death Cab for Cutie

Being one of Death Cab for Cutie's more underrated songs, "Lack of Color" immediately transfers listeners to a state of peace and quietness. Despite the abundance of orange, yellow, and red in the fall

season, this song is a must have on any fall playlist.

"Coffee" - Miguel

Besides being one of our favorite hot drinks, "Coffee" has the sensual sound that makes us want to cuddle up with someone. Miguel's sweet vocals paired with a raunchy beat amps up the excitement for festivities in fall.

"Little Darling" - Lewis Watson

Nothing screams "fall" quite like a guitar-playing, British singer/songwriter pouring his heart out to you. Play this song, and imagine yourself being serenaded in a London pub on a rainy day.

"The Stable Song" - Gregory Alan Isakov

This song has the warming properties of a cup of tea. The tasteful banjo paired with acoustic guitar brings the folk-coziness every fall-lover craves.

"We Are The Tide" - Blind Pilot

While beach terms may be more reminiscent of summer months, Blind Pilot's upbeat track is the perfect background sound for jumping into piles of leaves. This song might also be cheerful enough to ease the frustrations of cranberry-sauce-making-mishaps.

"Yellow" - Coldplay

This song needs no introduction. Whether you are driving to a pub crawl, carving pumpkins, or running through a corn maze, "Yellow" makes everything feel like an adventure.

"After the Storm" - Mumford and Sons

"After the Storm" is coming back to a warm home, pulling on your sweats, making a hot drink, and recovering from the day's madness.

Let Mumford and Sons comfort you through their captivating lyrics and beautiful guitar.

"Milk" - The 1975

The upbeat, British, and '80s sound of "Milk" makes it the perfect jam for nights out on the town. The 1975 provides the festive and exhilarating soundtrack to all your shenanigans.

"The Night" - HONNE

The sensual and clean sound of HONNE will set the tone of any brisk October night. Pour yourself a glass of wine, put on "The Night," and get ready to unwind.

"Fake Empire" - The National

While The National's melodies may sound like any established indie band, the vocals on "Fake Empire" are what set this track apart. This song is best played on the drive home from a legendary night, preferably while driving across the Bay Bridge.

"Michicant" - Bon Iver

If you have a fall playlist without Bon Iver, you do not have a fall playlist. I especially enjoy the percussions on this track, which happen to match the sound of stepping onto a crunchy leaf.

"Old Pine" - Ben Howard

Shoutout to Ben Howard for creating one of the most darling fall songs of all time. If the catchy vocals of this song don't captivate you, Howard's incredible guitar riffs will.

"Fast Car" - Tracy Chapman

This song is as timeless as it is beautiful. On brisk afternoon drives, put on some Tracy Chapman and sing about some fast cars.

"current location" - LANY

With an '80s influence and dreamy vocals, LANY gives us another song to fall for. This is a par-

ticularly good ballad for those of us who have loved ones who will not be coming home for Thanksgiving.

"Summer Friends" - Chance the Rapper ft. Francis and the Lights & Jeremih

Don't let the track title confuse you: This song is not about summer. For a catchy beat and vibey sound, listen to Chance and reminisce on the friends of seasons past.

"Please, Please, Please Let Me Get What I Want" - The Smiths

This song is such a classic. With a nostalgic sound and some heartfelt lyrics, The Smiths will sing you into chillier times with this great track.

"Closing Time" - Semisonic

If screaming "I know who I want to take me home!" with a lap full of pumpkins doesn't mean autumn is here, I don't know what does. Bring this classic jam with you on all your favorite fall activities.

"In The Blood" - John Mayer

Fall is a season centered around family, and John Mayer recognizes that with "In The Blood." This track will have you thinking about all the fun fall activities ahead, especially encounters with your weird older relatives.

"Luna" - Bombay Bicycle Club

While "Luna" is not a nationally recognized fall song, the title is reminiscent of all autumn activities that happen under the light of the moon. Also, it has a great beat and catchy chorus.

"Everybody Wants to Rule the World" - Tears for Fears

This song screams nostalgia; in its first 15 seconds, you can already picture fall football games, coffee dates, and decorating for the holidays. Put on some Tears for Fears, and get ready for the feels.

New-age artist Kaki King captivates Berkeley with her unique guitar act

BY CARSON KING
STAFF WRITER

On the night of Oct. 20, the marquee outside of the Freight and Salvage Coffeehouse in Berkeley was arranged to read "Tonight - Kaki King," marking the place as a traditional concert venue. However, when I stepped inside, the flyers for guitar, ukulele, banjo, and other you-name-it-players clearly communicated that this was a musician's space. The non-profit, which sponsors nightly shows and community programs, marks itself as "the home of traditional music."

While Kaki King, a guitarist who has been called "a genre unto herself" by Rolling Stone, has been celebrated by classical guitar players for her incredible technique, her performance that night was far from a traditional acoustic set. As a part of her innovative "The Neck is a Bridge to the Body" tour, this show was a combination of instrumental guitar gig and electric light show.

The program, touring since 2015, uses projection mapping to place images directly onto a custom white guitar as it is being played. The graphics that appear both on the guitar and on the larger screen behind it are, at times, controlled by King through technology that desig-



KAKI KING intertwines modern technology with her music to provide audience members with an unforgettable performance. (Courtesy of TED)

nates certain visuals to specific pitches. Other elements of the video effects are manipulated by a visual designer. The story of the show is loosely framed as a creation myth with the guitar as "an ontological tabula rasa."

Despite having already established a career more than fifteen years ago, King had never before incorporated visual art into her music. She found this new inspiration just a few years ago, after undergoing eye surgery that significantly restored her

vision. She had previously been legally blind. In a 2016 interview with UPROXX, King said, "[the surgery] changed a lot of things about how I interacted with the world. It was reinvigorating my relationship to the guitar."

King frequently talks about her experience growing up as a Queer girl in the south and how music was the only medium through which she found solace and friendship during those tough years of her life. One of the highlights of this program

was an interlude in an otherwise intense concert that comedically shares this part of King's story. Here, the audience was directly addressed by the guitar as King played expressive phrases that served as narration to the story. The abstract graphics that made up most of the show was interrupted by the text of what the guitar was "saying." The accompanying video, titled "Roaming Guitar," featured only guitars as characters but told a poignant story of an outcast

who was looking for the right people—I mean guitars—to influence her life and music.

In the same interview, King shared, "If you look at what was said about me in the media, it was all about technique... it was never about, 'God, when I listen to her music it makes me feel this way,' which is what I was trying to accomplish."

That night in Berkeley, she left the audience in awe with a show that was not only visually and sonically breathtaking, but emotionally impactful as well. The swelling sound as she played the strings stirred feelings of melancholy and motivation in me while instilling moments of introspection and inspiration.

After the show, I had the chance to meet King at the merch table. As long-time fan, it felt like I was in a dream. With her slick platinum undercut matching her all white outfit, she seemed ethereal. I was dumbfounded and immediately forgot all of the jokes I could have made about us sharing a last name. As I fumbled to unwrap the CD for her to sign, the only thing I managed to mutter was, "Thanks, you are so important to me." Not only was this concert an amazing performance, but it is a night that I will never forget.

OPINION

Kevin Spacey reveals his sexuality to avoid sexual assault claims



KEVIN SPACEY faces accusations of sexual assault and uses these claims as a platform to expose his true sexuality. (Courtesy of Business Insider)

BY VICTORIA VIDALES
STAFF WRITER

Over the past week, Hollywood actor Kevin Spacey has been in the spotlight due to accusations of sexual assault. However, this case is different from the most recently publicized Harvey Weinstein case, as those accusing Spacey of sexual assault are men.

Although it may seem uncommon for males to be victims of sexual assaults, many are, with the majority being children. Spacey's unorthodox approach to defending his actions continues to anger many people and raises questions about how sexual assault should be treated. This example should be an eye-opening revelation for the public that anyone

can be the victim of a sexual assault and action needs to be taken.

In an interview with BuzzFeed on Oct. 29, actor Anthony Rapp accused Spacey of making an unwanted sexual advance towards him in 1986, when Rapp was only 14 years old. Rapp claimed that he was invited to a party that the then 27-year-old Spacey was throwing at his house. Bored that only adults were there, Rapp proceeded to watch TV in an alternate room. Several hours later, Spacey arrived at the door and forcefully pushed Rapp onto the bed. Fortunately, Rapp was able to escape Spacey's grasp and exit the apartment. He described Spacey as appearing drunk.

This is a disturbing story that details an attempt to sexually assault a

child. Victims of sexual assaults may face a traumatic and altered view of the world around them, which must be incredibly difficult for a child victim to live with. It is very brave of Rapp to come forward with his story of survival, and hopefully his revelation can encourage other victims to come forward.

In response to Rapp's accusation, Spacey issued a statement via Twitter, where he claimed that he did not remember the incident and that if it did happen, it was the result of drunken behavior. He then proceeded to publicly "come out" as a gay man.

Spacey's decision to come out as gay as an attempt to cover up the actions of his alleged sexual assault is cowardly. Pedophiles can be a

part of any sexual orientation, and sexual orientation should never be an excuse for an attempted assault. Spacey put his victim through unimaginable pain and trauma with his actions, and he should take full responsibility for them—not hide behind his sexual orientation.

Spacey put his victim through unimaginable pain and trauma with his actions, and he should take full responsibility for them—not hide behind his sexual orientation.

Many other men have followed Rapp in publically sharing their stories of assault by Spacey. Two anonymous victims have come forward to claim that they had sexual relationships that eventually turned into sexual assaults from Spacey in 1984 and 1985. The victims were 14 and 17 at the time. Filmmaker Tony Montana, who was in his thirties during the incident, has accused Spacey of groping him in 2003. In 2010, then 19-year-old barman Daniel Beal argues that Spacey exposed himself to him before bribing him with an expensive watch to keep quiet.

These are examples of continual predatory behavior on Spacey's part, as he repeatedly displays the actions of a sex offender. Rapp's assault was not a one-time event but possibly the beginning of numerous assaults. Spacey claims that he has fallen in

love before, but these actions do not display love. Instead, Spacey is taking advantage of innocent and unwilling people, using them to fulfill his twisted desires.

Many members in the public eye have publicly denounced Spacey's molestation actions and twisted response. Comedian Wanda Sykes, talk show host Rosie O'Donnell, and actress Rose McGowan are among Hollywood's big names that have spoken out against Spacey. It is very powerful that most of Hollywood is not standing by Spacey but is standing with his victims.

Spacey's attorneys claim that he is seeking treatment for his "illness" and has no further statements at this time. I do not believe there is treatment for pedophilia, and Spacey has shown that he is a repeat offender.

It seems to be a trend that men accused of sexual assault deflect the blame on ridiculous arguments. Spacey is not a pedophile, but he is "gay." Harvey Weinstein and Bill Cosby are not rapists; they are "sex addicts." It is time for these men and others like them to be held fully responsible for their actions. We cannot simply forget about what they have done and move on to the next big news story. Victims need to be supported through action.

Support for assault victim hotlines and participation in anti-sexual assault events are small ways that ordinary people can stand in solidarity with assault victims. Now is the time for sexual assault of all kinds to stop, and that starts with everyday people doing their part to protect each other. This entails people showing their compassion and empathy towards victims who are brave enough to reveal themselves. The blame for an assault should never be on a victim; the perpetrator is always responsible.

Inhumane treatment of pit bulls is to blame for aggressive behavior

BY TARA GEORGE
CONTRIBUTING WRITER

On Saturday, Oct. 21, a seven-year-old boy was killed by two of their neighbor's pit bulls in Lowell, Massachusetts. One of the pit bulls was euthanized, and the other is in the care of animal control. This boy is one of many pit-bull-caused fatalities. Stemming from this issue comes the controversial topic of whether these animals should be household pets. Before developing a solid stance on the issue, one must acknowledge and understand the various aspects of this breed.

The pit bull breed isn't an original breed; it originated from the Old English Bulldog and was mixed with other terrier breeds. The new hybrid became known as the American pit bull. This breed was eventually created to perform in dogfights as early as the 1800s. Today, pit bulls are one of the most abused and mistreated breeds due to their continual use in dogfighting rings as well as the harsh stigmas placed on these animals. Some of the common stigmas placed on this breed are that they possess locking jaws, they can turn on their owners without warning, they have powerful bites, and, because of their aggressive nature, they are not safe to have around children.

I believe that any breed of dog that is mistreated or abused can possess some, if not all, of these proper-



THE PLACE OF PIT BULLS in households is in question after a young boy was killed by his neighbor's domesticated animal. (Courtesy of Time)

ties. I am a firm believer that it is the complete responsibility of the owners to raise the dog in a proper and loving environment that it deserves. Like humans, dogs have very unique and different personalities. If a pit bull has more aggressive tendencies, it's important for the owners to pay attention and correct this behavior as a puppy. As far as locking jaws go, this attribute is not only limited to pit bulls but to any aggressive dog. Chihuahuas and Dachshunds are

the most aggressive breeds in both dog-to-dog interactions and dog-to-person interactions. However, pit bulls get stuck with the blame because they are able to do more damage due to their size.

By nature, pit bulls are actually very social, friendly, and loving dogs. However, with a history of abuse and attacks, they have been thought of as very aggressive and unwanted dogs. To answer the question on whether or not they should be

household pets, I believe that they have as much right as any other breed. However, if you were to ask me this question in high school, I would give you a completely different response. My dog, who is a Border Collie-Australian Cattle Dog mix, is a very friendly and playful dog. When I was taking her for a walk one day, a pit bull came out of the blue and started attacking her. Luckily, she didn't fight back and didn't suffer any major injuries.

Because of this incident, I hated the entire breed. It wasn't until years later, when I met a pit bull that was one of the sweetest dogs I knew, did I realize that not every pit bull is an evil animal waiting to attack someone.

By nature, pit bulls are actually very social, friendly, and loving dogs.

Putting problems and stigmas aside, there are actually benefits that can come out of owning a pit bull. Some of these perks are the strong bond that you can form with the dog and the immense loyalty they have for their owners. These dogs are instinctively protective and are great to have around children. Some more pros are that they don't have a lot of health problems compared to other dogs—they are low maintenance and easily trainable.

With owning any dogs, it is important for the owners to be involved with their pets and not only train but develop a relationship with them as well. I feel like any dog has the potential to attack and create a lot of damage, but it is the responsibility of the owner to nurture the dog and prevent these kinds of behaviors from being acted upon. Only then can they truly be a man's best friend.

SPORTS

Meet the athlete: Saint Mary's libero Madi Wilkerson

BY NATHANIEL SCHULTZ
OPINION COLUMNIST

Like many other student athletes at Saint Mary's, senior Madi Wilkerson knows what it's like to balance academics and athletics. Wilkerson is a Politics major with a minor in Theology and Religious Studies. She is also a libero on the women's volleyball team.

Wilkerson has been playing volleyball since the seventh grade, but she says she has never been as busy as she is now. "[I] start my day with sleeping in if that's possible," says Wilkerson. "I am typically not a morning person,

The libero has big plans to play volleyball in Europe for a few professional seasons after her graduation from Saint Mary's.

but that's what coffee is for."

Most of her classes are in the mornings because the volleyball team has practice in the afternoons or evenings, so getting her classes done early is most efficient. "After class, I have lunch and hopefully get a short nap in. Once I wake up, I study, and then it's almost time for practice, so I head to the gym for pre-practice. After



MADI WILKERSON encourages her teammates during pregame volleyball warmups. (Courtesy of Picssr)

practice (depending how long we train for) I will either study more or go to bed. That's basically it!"

Wilkerson doesn't often get a break from volleyball and academics, but when she does she likes to relax, which sometimes means sleeping or going shopping with her friends. She doesn't get to watch Netflix often, but the last show she did watch was "The 100" during the summer, a team favorite. Right now, she is waiting for season five of "The 100" to come out.

Wilkerson says she came to

Saint Mary's because she "was always drawn to the smaller school aspect in a small town versus living in the big cities." She definitely has found the smaller school feel at Saint Mary's. Her favorite thing about Saint Mary's is the campus itself, but more specifically, "how beautiful and peaceful it is being tucked away in Moraga." Her favorite spot on campus is the Chapel Lawn.

The libero has big plans to play volleyball in Europe for a few professional seasons after her graduation from Saint Mary's. Before she

fulfills her graduation goals, she really wants to enjoy her senior year and just soak her time at Saint Mary's before it's done. She says, "Being a senior, you can't help but realize that everything you do will be your last."

For the volleyball team, Wilkerson says, "I hope to be the best team we can be, both on and off the court." Wilkerson may be from the Lone Star State, but she certainly isn't the only star on the team, and she encourages all students to come out and support her and her teammates.

Sports this week

MEN'S BASKETBALL



Sat. vs Saint Francis, 5:00 p.m.
Mon. vs NMSU, 7:00 p.m.

The men's basketball team looks to start the season off strong after an impressive postseason run a year ago.

WOMEN'S BASKETBALL



Fri. @ CAL, 5:00 p.m.
Sun. vs WSU, 1:00 p.m.

The Gaels travel to East Bay rival California before coming home to face Washington State.

WOMEN'S VOLLEYBALL



Sat. @ Pacific, 1:00 p.m.

Saint Mary's looks to pick up a conference victory after a couple of tough road losses as they travel to Stockton to play Pacific.

MEN'S SOCCER



Sat. vs Pacific, 1:00 p.m.

The Saint Mary's men's soccer team will attempt to finish off their season with a victory over Pacific at home on Senior Day.

MEN'S GOLF

Mon. - Wed. @ Pebble Beach

The golf team will travel down to Pebble Beach, CA to participate in the Saint Mary's Invitational.

WOMEN'S ROWING

Sat. @ Foster City, 9:00 a.m.

The Saint Mary's rowing team will hit the road to Foster City, CA to row in the Head of the Lagoon.

World Series brings baseball back to spotlight



GEORGE SPRINGER celebrates with his teammates after a home run. (Courtesy of Fox News)

BY TYLER BINDI
SPORTS EDITOR

The 2017 World Series proved to be one of the most entertaining championship series in Major League Baseball history. The 113th edition of the Fall Classic featured the Houston Astros and the Los Angeles Dodgers in a seven-game thriller. The Astros were able to win their first World Series in franchise history as they defeated the Dodgers four games to three, including an emphatic 5-1 victory in game seven.

In a year where Major League

Baseball set the record for most total home runs ever hit in the regular season, the long-ball trend continued throughout the duration of the postseason. This World Series was unlike any other, as the two teams combined for a record 25 total home runs hits throughout the seven games. The Astros accounted for 15 homers while the Dodgers recorded 10, with the teams combining for eight in game two alone to set a World Series single game record.

When the final out was recorded it was clear that Houston outfielder, George Springer,

deserved to be named the Most Valuable Player of the series. Springer tied a World Series record by hitting five home runs to join the elite company of Reggie Jackson and Chase Utley as the only players ever to homer five times in a World Series. Springer finished the series with a .379 average, including three doubles, seven RBI, eight runs scored, and of course the five home runs.

The two most memorable games of the series were certainly game two and game six. Game two went into extra innings, where Springer would hit

a clutch two-run home run in the top of the 11th inning to give the Astros a 7-6 victory and tie up the series at one game apiece. Game five took a measly five hours and 17 minutes to complete as the Astros defeated the Dodgers 13-12 to give the Astros an important 3-2 series lead. The game was finally concluded in the bottom of the 10th inning when Astros third baseman Alex Bregman hit a two-out walk off single that will go down as one of the biggest hits in the team's history.

This World Series was unlike any other as the two teams combined for a record 25 total home runs hit throughout the seven games. The Astros accounted for 15 homers while the Dodgers recorded 10...

The 2017 World Series will be remembered as one of the most exciting Fall Classics in baseball's storied history. The year of the home run provided added drama, constant action, and countless comebacks. With all of the uncertainties surrounding the world, one thing is for sure: Baseball is heading in the right direction with a product that is younger, faster, stronger, and more entertaining than ever.

SPORTS

Men's, women's soccer battle Pacific in pair of close matches

BY KIMBERLY PASCHAL
SPORTS EDITOR

On Saturday, Nov. 4, Gaels fans saw an exciting double-header with men's and women's soccer taking on the Pacific Tigers. The day started off at noon with a men's soccer match. The Gaels tied 0-0 after double overtime. Men's soccer is now in fifth place in WCC standings with eight conference points. Following the men's match, the women took the field to celebrate Senior Day and defeated the Tigers 1-0. The women finished their season 7-11-1 overall and 3-5-1 in WCC action.

The first half went scoreless with a tough defensive battle between the Gaels and Tigers. In the 17th minute, the Gaels almost took a lead with Jakub Svehlik's shot in the 18-yard box, but Pacific's keeper Curtis Goldsmith saved the Tigers. The first 20 minutes of the match had the Gaels' strong defense hold the Tigers to no shots. In the opening 45 minutes, both teams had a combined seven shots, and only one was on frame.

Lucas Andrews almost launched the Gaels over the Tigers with a shot on goal with 20



MALEAH MILNER saves a shot to preserve the Gaels' 1-0 victory against Pacific. (Courtesy of SMC Gaels)

minutes remaining, but the shot was saved by a Tigers defender. Stephen Dougherty curled a free kick outside the 18-yard box at the 76th minute, but the shot hit the fingertips of the Tigers' keeper and bounced off the left post. With the match tied 0-0 at the end of regulation, the Gaels and Tigers headed into overtime. Both teams had a combined nine shots in overtime and double overtime. Pacific almost took the

match with a shot on goal, but a strong save by Remi Prieur forced a corner kick and the 0-0 draw.

Saturday's match is the sixth time this year the Gaels have gone into extra time. The Gaels host their final match of the regular season against the Portland Pilots on Saturday, Nov. 11 at 1:00 p.m. Saint Mary's will also honor seven seniors in celebration of Senior Day.

The second part of the Satur-

day afternoon doubleheader was a women's soccer matchup also against the Pacific Tigers. The Gaels celebrated five seniors: Valerie LaForge, Hannah Diaz, Jaslyn Gullien, Jackie Dutton, and Heather Seybert.

The match went scoreless in the first half with a solid defense against the Tigers. The Gaels forced six shots outside the 18-yard box in the first 40 minutes of the match. At the 48th minute,

Anyssa Dominguez almost broke the tie with a shot from 17 yards out, but the shot was saved by Pacific's keeper Regan Heslop.

At the 55:55 mark, the Gaels took the lead with a penalty kick off a foul by Jasmine Edwards. At the 59th minute, Pacific almost tied the match, but fortunately for the Gaels, it hit the crossbar. The Tigers had another attempt to tie the match at the 85th minute mark, but the Gaels keeper, Maleah Milner, tipped the shot off her finger to save the Gaels.

Head coach Travis Clarke said, "We played well today, and I was happy with our team's energy. We had chances and converted on the penalty kick. Our defense did their job again, and it was great to see a solid performance in today's match." When asked about his five seniors, Clarke said, "I couldn't be more proud of the senior class. They have been great to coach and have been tremendous leaders for our young team."

The Gaels finished their season 7-11-1 overall and 3-5-1 in WCC action. As a team, the Gaels grabbed 10 conference points—the most points in conference play since 2003—which meant a lot for Coach Clarke.

Basketball preview: High expectations set stage for 2017-18 season

BY DEAN BOERNER
EDITOR-IN-CHIEF

A Women's National Invitational Tournament (WNIT) first-round exit and an NCAA Tournament second-round exit culminated the 2016-2017 campaigns of the two Saint Mary's basketball programs, who are poised to accomplish at least as much this season. Paul Thomas, the head coach of the women's team, will look to build off the program's sixth-straight 20-win season and eighth-straight WNIT appearance, while Randy Bennett's men's squad has a program record-setting season to follow up.

Thomas's club will be without the talents of Devyn Galland, Shannon Mauldin, Devon Brookshire, and Samira McDonald, but the Gaels return four of five starters and six total players who saw action in the majority of the team's games last season.

The Gaels' frontcourt duo of Galland and Carly Turner has been split up with Galland's graduation, opening up a spot to potentially be filled by redshirt sophomore Jasmine Forcadilla, who appeared in 31 of 33 possible games during last season. Forcadilla would run the offense alongside Turner, a steady scorer from the shooting guard position who averaged 10 points per game and shot 38 percent from behind the three-point arc, good enough for fourth in the West Coast Conference.

The strength of the roster lies in its starting backcourt. Senior guard Stella Beck, junior forward Sydney Raggio, and junior forward Megan McKay will likely round out Thomas's starting lineup. McKay, who started 29 of 33 games last season, led the Gaels and the conference with a 55.7 field goal percentage. The 6-foot-3 junior also led Saint Mary's in rebounding with 7.8 rebounds per game, which was fourth in the WCC. Raggio, a second-team All-WCC selection, averaged 10.3 points and 7.7

rebounds per game and finished her sophomore season with a strong performance in the WCC tournament. Then there's Beck, an All-WCC first-team selection who averaged 13 points per game and 1.5 steals per game and shot 54.6 percent from the floor.

With such a talented backcourt, it's no surprise that Saint Mary's dominated most of their competition from a rebounding standpoint; the Gaels led the conference in both offensive and defensive rebounding.

What held Saint Mary's back last year—and could hold them back this year as well, given the similar personnel of the two rosters—was turnovers. Saint Mary's averaged a conference-worst 19 turnovers per game and a conference-low 6.4 steals per game, which led to the Gaels defense forcing the fourth lowest amount of turnovers in the WCC. This combination of an offensive carelessness and a defensive inability to steal new possessions from the opposition limited the success of an altogether talented roster last year, and the success of the Gaels in correcting this Achilles' Heel could be the determining factor in whether or not they can upset preseason favorite Gonzaga come conference tournament time.

Picked as the preseason favorites in the WCC Coaches Poll and ranked No. 22 in the Associated Press and USA Today Coaches Poll, the Saint Mary's men's basketball team comes into the 2017-2018 season with high expectations—and for good reason. Last season, the Gaels tied the program record for wins in a season with 34, set the program record for conference wins in a season with 16, and made the program's ninth ever NCAA Tournament appearance, where they bested a formidable VCU team in the first round before falling to an uber-talented 31-4 Arizona team in the round of 32.

Since then, Saint Mary's lost two



SAINT MARY'S BASKETBALL is in great shape with two contending programs taking the court this week. (Courtesy of SMC Gaels)

of their six best players in guard Joe Rahon and forward Dane Pineau, but the Gaels will carry most of their key pieces from last season into this year.

The Gaels will look to fill the hole left by Rahon's departure and can do so with a combination of increased productivity from senior guard Emmett Naar and the emergence of newcomer Cullen Neal, a redshirt senior from Ole Miss. Naar, who tied Rahon for the WCC lead in assists with 5.6 per game last season, will probably take an even greater playmaking role than last season, but the 6-foot-2 senior will also be complemented by Neal, who averaged nine points per game last year and makes for yet another capable three-point shooter on a roster already filled with them.

Saint Mary's will also benefit from a more experienced group of guards coming off the bench. After appearing in 29 out of 34 games during his freshman season, sophomore guard Jordan Ford could take the next step as a more reliable backup point guard. Similarly, redshirt sophomore

Tanner Krebs could be positioned for a very productive year coming off the bench. The 6-foot-6 guard out of Australia had a breakout couple of games in the NCAA Tournament, adding 12 points in each of the two high-pressure contests.

The Gaels 2016-2017 starting backcourt is intact heading into this season and is led by senior center Jock Landale, who took the WCC by storm in his junior year. Landale finished fourth in the West Coast Conference in scoring last year at a shade under 17 points per game, and he led the conference in rebounding (9.5 rebounds per game) while finishing second in field goal percentage (61.1 percent).

Along with Landale, the Saint Mary's starting backcourt will feature forwards Evan Fitzner and Calvin Hermanson. A 6-foot-10 junior out of San Diego, Fitzner quietly put together the second-best three-point percentage in the WCC last year. His scoring dipped from 8.7 points per game to 5.5, but the stretch forward could have a

bounce-back year while doing a great job spacing the floor for the efficient Saint Mary's offense. Hermanson also adds outside scoring to the Gaels offense. On a team full of great shooters, Hermanson might be the best; the senior shot 43 percent from behind the three-point arc last season, which was the best in the WCC, and he added 13 points per game for the Gaels.

Saint Mary's is projected to do well because of the talent and reliability of their five or six best players, but a number of question marks exist outside this main core. Saint Mary's has a trio of redshirt freshman that will look to make an impact, consisting of forward Elijah Thomas, guard Tommy Kuhse, and 7-foot-1 center Jock Perry. In addition, Saint Mary's will look for continued contributions from Kyle Clark and Jordan Hunter. If the Gaels can get reliable minutes from these bench players, the sky is the limit for Randy Bennett's club, and another, perhaps deeper, run into the NCAA Tournament will be in play.