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Chi

Heather Bechtler

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► ***The Forgotten Wanderer*** | Dale Bridges
Art Editor's Choice



► ***Chi*** | Heather Bechtler
Poetry Editor's Choice

Blue tinted glasses
That you'll never see
Properly through
Unless it's a copper correction
Of the thinning stomach
Or the grey eyes
Grown salty and green
As the fruit salad
Frustration sloshed down
In twenty-five bites
Of thirty-two chews
And a thousand swallows
Singing over the exclamations
Your mother exerted
Over ten-thirty yoga exercises
Illuminated at three in the morning
On a half baked mind
And a restless spirit
Pining over insights
Realized over twice more
In the company
Of blue tinted glasses.