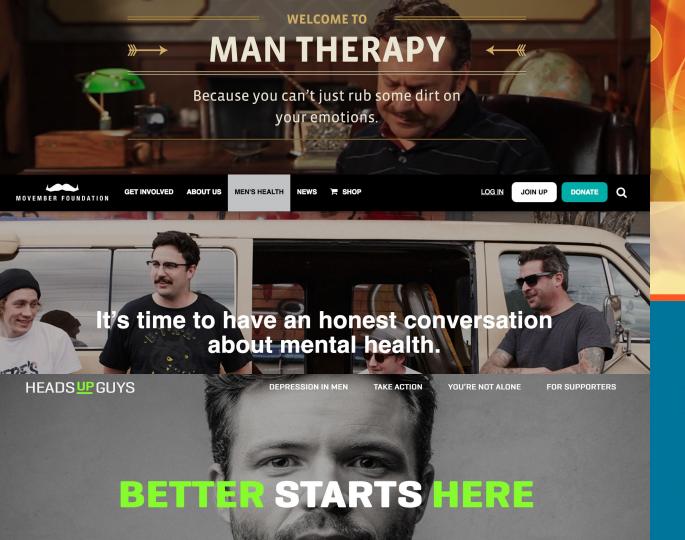
## MEN'S MENTAL HEALTH



## Men and Depression

Are you tired and irritable all the time?
Have you lost interest in your work, family,
or hobbies? Are you having trouble
sleeping and feeling angry or aggressive,
sad, or worthless? Have you been feeling
like this for weeks or months?

If so, you may have depression.

## THE FACTS



1 in 4

Men experience anxiety, depression, and drug dependence.



Women are 1.7X

more likely to report a neurotic disorder.



3 in 4

Suicides are committed by men.



1 in 4

Men drop out of therapy prematurely.