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Governors State University

March 4, 2015 • Volume 16 • Issue 9

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GSU President Elaine Maimon during open discussions about university programs and affairs, possible budget changes, and general student involement.

## President Maimon talks budget cuts

By Kyle H. Horn Editor in Chief

**Governors State University** President Elaine Maimon is hopeful that the proposed 31.5 percent across-the-board cut in public university funding will not have too great an impact on GSU. However, if the reduction were to be implemented, President Maimon said the university would lose \$7.8 million in state funding. "I have some hope with Gov. (Bruce) Rauner's analysis of the situation, as well as the general assembly, because community colleges were not cut at all; no cuts at all to the MAP program," President Maimon said in an interview. "That is good news, because what that says is that Gov. Rauner, and his staff, really do see how important it is to support low income students advancing themselves for success."

a vital role in the community the same way that community colleges do, providing quality education to families who otherwise could not afford one.

President Maimon cited GSU's recent financial history as evidence to support her contention "there is no fat here." She explained that university officials have worked hard to maximize efficiency and remove what fat once existed. "In the last 5 fiscal years, state appropriations for the Governors State University have decreased 7.7 percent," she said. "In that same period GSU has grown the number of credit hours taught by 10.4 percent, the highest growth rate for a public, four-year university in the state of Illinois"

that the kind of growth Krcatovich describes is exactly what Gov. Rauner talked about in his platform, which is to create a better educated Illinois.

When asked to comment on what may be cut in the event of a worst-case scenario situation, reserved president Maimon comment due to the speculative nature of the topic. However she did say, "When you're talking about cuts of this magnitude, it's not something you do around the edges. It's something that all the public universities would have to be doing major kinds of rethinking and it isn't appropriate to do that full scale kind of rethinking now, except to say that that's what it would take." President Ultimately, Maimon made it very clear that Gov. Rauner is only one part of the process that ultimately will determine the level of appropriations public universities

will receive. The process will play out over the coming months, during which time President Maimon will make GSU's case in front of the Illinois Senate and House of representatives in April. She also stated that student and community involvement are crucial in achieving success in this issue and that methods for involvement are currently being developed. President Maimon said that she believes she has a strong case to make on behalf of the university and that it will require student and community involvement to help GSU maintain its budget. The president's overall tone was one of optimism and opportunity for improvement. The general assembly, under normal circumstances, should reach a decision on May first, though there is high probability for that date to change.

She said that GSU plays

Maimon said those statistics came from the Director of Institutional Research and Effectiveness, Marco A. Krcatovich II. She went on to say

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Address Correspondence to: Phoenix Newspaper, Governors State University, 1 University Parkway Room E2543, University Park, IL 60466

Faculty Advisor: Dr. Deborah James Editor-in-Chief: Kyle. H. Horn Associate Editor: Brian C. Bock Online Editor: Brenda Torres Staff Writer: Bob Meyers Business Manager: Sheila Perry Industry Professional Guest Mentor: Randall Weissman



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# Feature Elizabeth Johnson

Interview by Brenda Torres Online Editor

**Phoenix:** How did you get into teaching?

**Dr. Johnson:** Honest answer is I was a probation/ parole officer. I had the desire to promote into being a federal P.O. The requirement was a master's degree. When I took my first Master's class, which was like a Cultural Pluralism in the United States, I fell in love and I said "forget being a federal P.O., I want to be a professor." The actual professor of the class became my thesis chair and is still a very strong mentor in my life.

**Phoenix:** What classes do you teach at the university?

**Dr. Johnson:** What classes don't I teach? I teach a variety of history and social science classes. I even create classes that connect to my research interests. Many of these classes are more pop culture classes, bur still have a history base. I teach you with economic history, all types of American history, Pre-Colonial and Modern African history, African American history, Caribbean history, and the list goes on, but I also teach some GNSX and graduate courses for POJS majors.

**Phoenix:** You're an African American historian. Can you tell me your perspective on Black History Month?

**Dr. Johnson:** I believe that Black History Month should be 365, not just a month. In terms of its history,

Transcribed by Brian Bock Associate Editor

Campus involvement is crucial to leading a well-rounded university career. Extra curricular activities allow for students to gain a better understanding of some of their passions, while also helping the community grow. One student



Dr. Elizabeth Johnson

Dr. Carter G. Woodson started it as a Black History Week in 1926, and it has evolved into Black History Month. The reason I say Black History Month should be 365 days/year is the same perspective that I take about learning about all racial groups. I wouldn't just say Hispanic/ Latino Month. I want to do Hispanic/ Latino awareness 365 days/year. I don't want to say, Asian Month or Native American Month, I want to grow in racial/ cultural year round. One of the ways that we can do this as a population, not just as professor-student, but also as a population, is having curiosity to say, "I want to learn about all racial groups."

I don't want to be labeled "the black professor,"". meaning, I only teach the "black stuff." or that my race is the sole definition of who I am as a distributor of Truths/truths. When I was working on my Ph.D., each pedagogy class I took focused

on getting students to think outside of the box. One of the ways I try to do is by debunking myths. I want to debunk myths that only black folks can talk about black folks. Or only white folks can talk about white folks because that's a myth. If you ask me does my research often have a racial tone to it, the answer is "yes." I do have a passion to bring some black issues to light. My current manuscript focuses on West Africa, the Caribbean, and black women in the United States through Nollywood melodramas. I also have an article coming out about black actresses in the 20th and 21st centuries.

**Phoenix:** You wrote Resistance and Empowerment in Black Women's Hair Styling. Can you tell me what's it is about and what made you write it.

Dr. Johnson: My book is an interdisciplinary study of black women and how their hair becomes a physical manifestation of their self-identity, revealing a private and personal mindset. I talked about blogs and vlogs connected with hair adornment, wove in a little history of black women's hair during enslavement, twisted in content analysis of magazine advertisements that focus on black hair care products, piled on a little West African standards of adornment, and spiraled in the marketing of braids. I have pictures in my book of different hair accents that one might put in your their hair to compliment a style or worn for a special African ceremony.

I wrote this book because I think that there's a lot of negativity connected to black women and their hair and styling. Consider the "Pocahontas braids" with Native American and one may visualize what that actually looks like, there is nothing negative with when making that connection. Most recently, there were negative comments about actress/singer Zendaya at the Oscars for her choice to adorn her hair in locks for this event. I hope that the readers of my book regardless of their gender, or race look within themselves from having read the book and say, "You know what, if I make a choice to adorn my hair this way, if I make a choice to dress that way, it's my choice. I want to feel empowered such choices and be honest to myself."

**Phoenix:** What's your favorite part about teaching?

Dr. Johnson: Being a professor is the first career that I've had where proactive in individuals' lives. When I worked for the corrections system, r the police department and probation/ parole, I always was reacting to individual's lives - normally because they broke the law. Being a professor was my first opportunity to be involved in individual's lives on a proactive basis. Notice I keep saying involved in the their lives because my teaching is not just in the classroom. My teaching is through writing books and articles, speaking at different community events and conferences, and volunteering in the community. These are some proactive measures of being involved in people's lives. I love it!

## Student Spotlight: Snehal Chavda

Advisory Board, and devoting most of my time and focus on school and my thesis project.

**Phoenix:** What fueled your drive to be so involved and invested in the GSU community?

**Chavda:** I have immense respect for the professors and staff at GSU who

crowning moment. It is a combination of all the activities and all the people involved in it that has given me the opportunity to fulfill my personal need to give back to the community and aspire to excel in science. My fulfillment has come from forming a strong bond with fallow students willing to lend support through a difficult semester, or helping with research, it has also come in the form of faculty members who believe in me and readily offer their time and mentorship in assisting me to achieve my career goals, and all the staff members who are always willing to go above and beyond to afford their assistance.

**Chavda:** Structure and ability to maintain a level of organization. I usually make a list of 'things to do' each night and email it to myself, which helps me prioritize and keep track of all the deadline.



that exemplifies a commitment to the campus community is Snehal Chavda.

**Phoenix:** How many/Which GSU student organizations have you been a part of since the start of your education here?

**Chavda:** In past years I have been the President of The Undergraduate Research Club and a member of the Student Coalition for Diversity and Social Justice, I participated in university held events such as Relay for life, Violence against Women, and the STEM camp. I have also volunteered for Illinois State Academy of Science conference hosted by GSU, commencement ceremony and other similar events held at school. Currently I am the president of the Biology Club, a member the Library are always willing to give their time and guidance to a student. Being a part of each of these organization exposed me to various disciplines within the university facilitating an intellectually gratifying platform to discuss issues impacting social justice, learning about an individual's battle through a life threatening disease, or highlighting the significance of research and most of all volunteering in events which highlight our university and celebrate its students. These are some of the driving forces behind me being so involved.

**Phoenix:** Is there any one moment that sticks out in your mind that speaks to the fulfillment of being involved around campus?

Chavda: For me there wasn't any a

**Phoenix:** What plans do you have for the future?

**Chavda:** I plan to finish my MS in Environmental Biology and hope to establish my career as a researcher and health-care provider.

**Phoenix:** Given your great ability to prioritize, can you give any advice to students struggling with time management?

Snehal Chavda, GSU grduate student

#### Orbis

## Community colleges plan to undergo big changes

By Brian Bock Associate Editor

During the most recent State of the Union address, President Obama expressed his goal to make community college free to students. This idea is an altruistic endeavor, but it may be easier said than done.

"This is something that we're going to need to talk about and continue to work on over a period of time," said James Kvaal, deputy director of the White House's domestic policy council.

The future of free community college will ultimately come down to the Republican majority congress. Congress may keep the President's wish for free education just that, a wish.

Many members of congress that are in favor of this new education initiative see this as a natural step in the evolution of education.

"We are now suggesting that K through 12 is 20th-century talk, now it's K through 14," said Senator Dick Durban.

Students affected by the new initiative have less than an enthused viewpoint on free community college. Though many students come to GSU from community colleges, if community college becomes free it might change the way students look at higher education in general.

"If community college were free, I wouldn't have gone. At that point, it would have been too optional," said GSU alumni Chad Ebling.



President Barack Obama during his State of the Union Address, Jan. 20, 2015

### Immigration legislation halted

By Bob Meyers Staff Writer

According to USA Today, on February 16, U.S. District Court Judge Andrew Hanen ordered an injunction on President Obama's immigration policies. The order will halt, at least temporarily, the Obama administration implementing President from Obama's immigration policies until the court rules on whether or not the policies are constitutional.

On February 23, the U.S. Justice Department filed an appeal over Judge Hanen's decision and asked that Obama's policies come into effect while the appeal progresses.

# **Gov. Rauners' State of the State Address**



Governor Bruce Rauner during his State of the State Address Feb. 4, 2015

#### by William Wright **Contributing Writer**

Earlier this month Governor Rauner gave his first State of the State Address, outlining his aims for his term, in a speech that focused strongly on improving the state's economy and the quality of life for both individuals and businesses within Illinois.

in apprenticeships in the state, the process by which companies bid on state infrastructure projects, and the high property taxes within the state, which have risen faster than employee salaries overall. He also stated his plan to raise the minimum wage to \$10 over the next seven years. One large section of his speech made mention of his controversial plan to make Illinois a "right to work" state, by creating "employee empowerment zones," calling it a winwin situation for both the worker and the employer, while also mentioning a need to curtail union lobbying of state officials. After briefly speaking about crime and the need for the judiciary and sentencing reform, Rauner also spoke at length on education, stating a need to make education for children a top priority from "cradle to career", and outlining a need to offer parents and students a choice in their education, mentioning charter as an

alternative, and the need for increased funding to trade and technical schools, and community colleges. He also spoke on the detriments of too much testing and bureaucracy.

unprecedented increases in tuition fees, Rauner's 2015 budget includes cuts to State Universities, mirroring identical cuts made by Walker in Wisconsin. However, it seems unlikely Rauner's budget will pass the state legislature, various members of which have labelled the budget "not politically viable"; and the cuts to state pensions, which are similar in nature to the cuts attempted by Quinn's administration in 2011, are likely to be struck down by the state supreme court. Rauner faces a tough battle getting his budget passed, and will have to stick to his bi-partisan values, and likely make a lot of compromises before it becomes passes. Regardless of the outcome, Rauner's State of the State address, and his 2015 budget make it clear his sights will be set squarely upon the state's economy during his tenure as governor.

Rauner opened his speech with a strong call for bipartisanship, asking that the lawmakers of Illinois work together for the betterment of its people. It set a clear tone for the speech, delivered in front of Illinois' veto-proof democratic-majority state legislature. The newly elected governor soon went on to point out the hundreds of thousands of Illinois residents leaving the state, along with numerous businesses, in favor of its more "business friendly" neighbors, like Indiana.

Rauner went on to outline issues with the number of non-whites

Rauner's speech outline strong aims to work for not just the current generation of Illinois residents, but future ones as well, his plans for education being a part of that.

Not long after his speech, Rauner's \$3.15 billion 2015 budget was released, mirroring many of the themes he outlined in his speech. The governor has avoided raising taxes or taking out further loans to help clear the state's backlog of unpaid bills. Instead, it seems Rauner has taken some inspiration from Wisconsin Governor Scott Walker. The budget makes \$6.7 billion in cuts to state spending on healthcare for the poor and pensions for state workers. Additionally, despite his campaign's education plan lambasting Quinn for cuts to higher education and

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# Campus Black Women Rock



Devena Francois, Legend Award Recipient



Ashieka Daniels, Artist Award Recipient



Amy Hilliard, keynote speaker for Black Women Rock

#### Black Women Rock keynote speaker Amy Hilliard

By Sheila Perry Business Manager

Keynote Speaker Amy Hilliard, a native Detroiter and honors graduate of both Howard University and the Harvard Business School, is the founder and CEO of The Comfort Cake Company®. Ms. Hilliard was named a 2009 Business Leader of Color by Chicago United, was selected by The Clinton Foundation for their Entrepreneurship Mentor Program, and is a graduate of the Chicago Urban League's nextONE program. Ms. Hilliard, the first African-American elected to the board of the National Association of the Specialty Food Trade, currently sits on the Multi-Cultural Advisory Board of PepsiCo and was recently elected to the Board



of Trustees of Howard University.

Ms. Hilliard is an internationally recognized speaker and author of *Tap into Your Juice, Find Your Gifts, Lose Your Fears and Build Your Dreams,* which have been endorsed by Michelle Obama.

A recognized social activist in the Chicago community, Ms. Hilliard established the HUGS Foundation in 2009 to further develop the entrepreneurial spirit in others through mentorship and scholarship programs. The mission of the HUGS Foundation is to inspire humble, unbelievable greatness and success. Ms. Hilliard's latest book, *Pounding Cake into Business* will be released soon.





Dr. Rasdidah Muhammad, Scholar Award Recipient



Roseanne Harris, Philanthropist Award Recipient

#### Interview with Robert Clay- Chair of Black Women Rock

Interviewed by Sheila Perry Business Manager

The Phoenix interviewed Robert Clay, Committee Chair of Black Women Rock. He was very excited about the growth and the **Phoenix:** Where is the event going next year?

**Robert Clay:** The Black Women Rock Scholarship is a new endeavor to be awarded in the Fall of 2016. The Black Women Rock Scholarship will be open to all African American female first year and transfer students with the grade point average3.0 or greater along with documented civic engagement. Also, next year we are seeking to expand more in our She Speaks, which is a version of Ted Talks that will empower and educate women. We also plan to add more categories to highlights the many gifts and skills of Black women.

future success of Black Women Rock.

**Phoenix:** Why is this event so important?

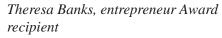
**Robert Clay:** This is the 3rd annual Black Women Rock event. Black Women Rock was first established to honor and celebrate Black women in the accomplishment as an award show. But this year we added a resources and vendor fair and tomorrow we are hosting a Red Carpet affair to take this event to higher heights and deeper depths. We will honor and celebrate women who are extraordinary in many areas. We also this year we have launched A Black Women Rock Scholarship, and we are excited about the many other possibilities.

**Phoenix:** How do you plan to raise proceeds to support the scholarship?

**Robert Clay:** Proceeds from the vendors fair will support the Black Women Rock Scholarship and next year this event will be a ticketed affair, in which all proceeds, along with our sponsors and donations will support the scholarship.



Dr. Phyllis West, Advocate Award Recipient





Hollie Campbell, Sheree Sanderson, Jacquelyn Small, Karen Cesar-Smith

### Campus

# The legacy campaign

By Brenda Torres Online Editor

The Development Office of GSU is starting their annual campaign, "The Legacy Campaign" for graduates. Graduates participating in the campaign are asked to contribute \$20.15, to give students the opportunity to give back as a part of a legacy. The donation amount, of \$20.15, is related to the graduation year.

If graduates wish to participate, they will receive a clear piggy bank, to place the \$20.15. The piggy banks are symbolic and can be picked up at the Development Office, D34200.

Currently, the Development Office is focusing on the GSU Promise. According to Director Jacquelyn Small from the Development Office , the GSU Promise is "a \$1,000,000 endowment that the university is building to provide scholarships to graduates,"

Contributions to the campaign go to the GSU Promise Scholarship. Small stated that, "Graduates have an opportunity to honor someone whom they feel has been instrumental in their life and helped them succeed. It can be a family member, professor, children, pastor, whomever they choose." If graduates choose to honor a person, there is an additional cost of \$25 per person. A video created by DLMD will play prior to the May 2015 Commencement showing graduates names and those they have chosen to honor.

Kristen Efantis, a Peer Mentor for New Student Programs stated, "I think it's cool to have the money go back to the students. You're thanking people for helping you, and then you're helping others. I encourage all 2015 graduates to participate."

The Legacy Campaign has started. Look for flyers posted around campus student bulletin boards.



Kristen Efantis contributing to Legacy Campaign piggy bank.

hypochondriac finds a friend in the

neighbor. Kimberly finds support in

her new friend Jeff, but she does not

share anything about her past to him.

Just as Kimberly and her family are

getting adjusted to the new place,

Debra, Pattie's con-artist sister, shows

up just in time for Kimberly's birthday.

Debra, homeless, follows Kimberly

back home where Buddy and Pattie

make it clear that she is unwelcome

there because of their past. Kimberly

must deal with all this family drama

as well as possibly falling in the love

for the first time.

#### Kimberly Akimbo teaser

Holly Britton Contributing Writer

Imaging being sixteen years old with progeria, a disease that cause premature aging, who is new in town. Kimberly Levaco finds herself in this very situation. After having to flee their home in Secaucus Kimberly and her parents, Buddy and Pattie, are trying to start anew in Bogota. Buddy, who is consistently drunk, does his best to leave their past back in Secaucus.

Meanwhile Pattie, a pregnant

#### New in your myGSU Portal

Checking-out what is new at the library

By Brian Bock Associate Editor

The GSU library is one of the areas on campus that is known for its resources. Like most libraries, there are books that can be checked-out, but there are also additional resources that help students thrive at GSU.

One of the newest additions to the library's family of resources is the improved library portal on the myGSU mobile app. The improvements made to the mobile app allow for students to access the library's I-Share VuFind mobile discovery interface and course reserves. This allows for students to access the library resources at the touch of a button. These resources can easily be accessed by downloading the myGSU app from the iTunes and GooglePlay store. The resources provided in the app benefit the new freshman class and their tablets, allowing for maximum mobile interface.

For students that prefer to have a more hands-on approach, the library's reference desk helps students refine their search for sources. The reference desk is located just before the microfiche area, and is manned by librarians that are trained to help students in their research. This desk is the first step in putting together a well-researched paper or project. The librarians at the reference desk help students sift through the myriad of journals, books and media in order to find the most valuable resources.

As much as the library assists students in their schoolwork, the library also has resources to help students broaden their horizons in other fields. One instance of this is the perpetual book sale taking place on the library balcony. The books range from many different subjects including religion and spirituality, international business, self-improvement and fiction. Selected titles from the book sale include Soul Healing Miracles by Dr. Zhi Gang Sha, Five Novels by W. Somerset Maugham and Find it Fast by Robert Berkman. It only costs a dollar donation to take home any of these books.

The library is committed to helping students thrive on campus. For more information about the resources presented, visit the library reference desk, download the myG-SU app or take a visit to the balcony lounge to find out more.

## President Maimon hosts open forum with students and university leaders

#### Continued from front page

By Bob Meyers and Brian Bock Staff Writer, Associate Editor

Students filled Prairie Place on March 3, 2015 in order to hear President Maimon and campus community leaders discuss topics that affect GSU. Joining President Maimon for her chat were campus security leader Chief McGee and student senator Addison Jackson, Jr.. Topics included tutoring, meals, transportation and scholarships.

President Maimon began her chat with outlining some of the changes to the GSU tutoring program. "This semester, we've also expressing room for possible change.

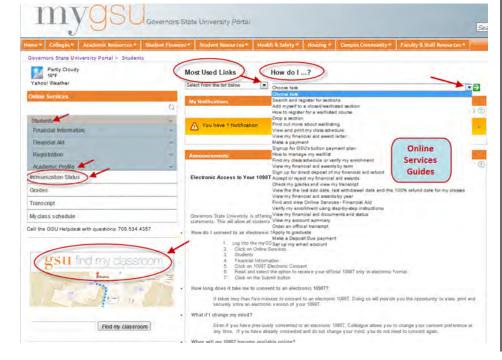
"We appointed a committee and are looking to get a new dining agreement that will start in July," said Maimon.

Chief McGee was on hand to address transportation concerns, such as getting to the train station after normal campus hours.

"We've hired drivers to drive the shuttle bus from 7 a.m. until 11 p.m. After 11, officers will provide driving services. All you need to do is call 708-534-4500," said McGee.

Student Senator, Addison Jackson, Jr., was able to speak on the prospects of the GSU Promise Scholarship.

"Our goal is to raise \$100,000 dollars. Not only will that help yourselves later on down the road, but for those in your families who wouldn't normally be able to go to school. We are building degrees. We are building careers," said Jackson. Addison also told those gathered that GSU students would be taking a trip down to Springfield in order to voice their concerns over a slashed GSU budget. This trip will be taking place on April 14, 2015.



Changes to myGSU Portal, check immunization status, use dropdown menu to browse popular links, View online service guides, and find any room on campus via Google Maps expanded tutoring and also created 25 study tables for math, reading, etc. We received \$20,000 dollars more for tutoring. Tutors get paid more than typical student employees," said President Maimon

Maimon echoed the sentiment that the GSU tutoring program represents a vital learning experience not only for the student, but also the tutor.

"Students are getting first-hand experience and skills supervising," said President Maimon. Continuing, "I would like the university to match work study money dollar for dollar."

During her chat, Maimon disclosed that the cafeteria has also been undergoing changes, including the addition of gluten-free and vegetarian options available, while Maimon expressed her thoughts about the new budget.

"The most important thing for our governors and legislatures to know is that we are a success story. We have earned your investment. Illinois should be proud of GSU," said Maimon

#### **Artes**

# The Artistic Voice



Geoffry Bates Speaking for Nathan Manilow Sculpture Park presentation

By Ashieka Daniels Art Columnist

#### Lunch With The President

Monday, February On 23, 2015, selected students had an opportunity to have lunch with Dr. Elaine Maimon, President of Governors State University. Artwork was chosen from the All Student Art Show by the Visual Arts Gallery Director, Jeff Stevenson. The President's Exhibition was started at the request of Dr. Maimon because of her desire to be surrounded by student art. At the luncheon, students had an opportunity to talk about their work and answer questions for the president and other students. The artists who are showcased in the President's Exhibition are: Jessica Roeda, Jeanetta Brown, Sara Strucinski, Alicia Post, Ashieka Daniels, Nicholas Murdock, Brittany Vance, Manuel Mendieta, Kristine O'Reilly, J.K. Hanacek and Carrie Carlson. The President's Exhibition can be viewed in the hallway of the President's Suite.

#### Nathan Manilow Sculpture Park

Southland Associates of The Art Institute of Chicago. This is a satellite membership group with a total of 16 people. The topic of his presentation discussed the difference between design, sculptural design and sculpture. His presentation is designed to make young people aware that there are infinite opportunities for careers in areas that involve visual design. Bates shared his thoughts on sculpture and design by stating, "Everything we experience on a daily basis except fellow human beings and the natural world (i.e.: plants, animals, geology, and weather), in other words: the built environment was designed by someone. T-shirts, jeans, jackets, chairs, tables, bottles, books, ipods, buildings, roads, signs

- it took a human being to give them form. One important concept was the idea that, with Design, the function is more important than the idea. The essence of good design form is successful function." Louis Sullivan the great Chicago architect said, "Form follows function." In sculpture, the idea is more important than the function. When asked what was the importance of speaking to different groups Bates stated, "Part of outreach for the NMSP is addressing groups outside the university to raise awareness and the profile of the park. We encourage folks to just



Speaker, Geoffry Bates, and guests chatting after Nathan Manilow Sculpture Park Presentation

come and visit and we hope they may wish to become involved in the park's activities. When you visit, you won't necessarily have a transcendent experience but you will experience gorgeous, open, landscape, wildlife in a variety of forms, and exceptional, challenging artworks. And, you'll get some exercise!" Bates has taught classes based on the arts through The Knowledge Exchange which is a part of GSU's Continuing Education Center. It evolved from the T.A.L.E. (The Adult Learning Exchange) group begun by Bill Dodd back in the 70s. This is currently administered by Suzanne Patterson and offers a focused group of not-forcredit classes on Fridays for anyone who chooses to sign up. His next class, 20th Century Sculpture and the Nathan Manilow Sculpture Park,

will focus on 20th century work and the artworks available in the Nathan Manilow Sculpture Park (NMSP). Classes will be held on the following dates: April 3rd, April 10th, April 24th, May 1st, May 15th, May 22nd, May 29th. Please contact Suzanne Patterson for more information.

#### Art of Science Competition: H2O

The inaugural Art of Science Competition: H2O highlights the inherent beauty that exists at the interface between art and science. This is a juried competition and is open to students, staff and faculty of GSU. There will be cash prizes totaling \$1100. For more details and rules please visit http://www.govst. edu/cas/artscience/. All submissions must be received by March 31st, 2015.



"The Phoenix" scultpure in the Nathan Manilow Sculpture Park

Jupiter Ascending

On Wednesday, February 25, 2015, Geoffrey Bates, Director of the Nathan Manilow Sculpture Park, gave a presentation to the



Guests of the Nathan Manilow Sculpture Park Presentation



Film trailer screenshot courtesy of Youtube.com

By Kyle H. Horn Editor in Chief

On Feb. 6th Jupiter Ascending starring Mila Kunis, Channing Tatum and Sean Bean hit theaters and boasted a unique story line and some sparkling sci-fi eye candy.

Jupiter Jones played by Mila Kunis is destined for greatness based off the astrological circumstances of her birth. Though her life of cleaning other peoples houses and struggling for money leave her less than satisfied, a strapping genetically engineered hired gun, Caine, played by Channing Tatum, comes to take her away. After dodging a dozen different ways to die, including a dubious betrothal, the two find themselves fighting, of course, for the fate of the Earth.

The film does offer some unique plot elements but ultimately fits into the standard mold of Scifi action. That is not to say that it is not worth a watch as it was entertaining, witty, clever and quite visually stunning from beginning to end. Jupiter Ascending received a 5.9 on IMDB and an audience score of 47% (critic score: 24%) on Rotten Tomatoes. Do not be discouraged by low scores, the film is certainly worth a movie night pick

#### Vitae

# Politics at the Oscars



Highlight of the 87th annual Oscar, photo courtesy of newsweek.com

By Bob Meyers Staff Writer

The 87th annual Academy Awards took place at the Dolby Theater in Hollywood, Los Angeles, California on February 22. Host Neil Patrick Harris opened the show by coming on stage in his underwear and jokingly proclaiming, "Today, we honor Hollywood's best and whitest. Sorry, brightest."

During her speech accepting her Academy Award in the Best Supporting Actress category for her role in Boyhood, Patricia Arquette dedicated her award to "every woman who gave birth" and spoke about the need for equality for women around the world.

Said Arquette: "It's our time to have wage equality once and for all and equal rights for women in the United States of America."

Next, J.K. Simmons accepted his Best Supporting Actor Oscar for "Whiplash" and offered his words on the passage of time and the need for parents after thanking his wife and children. "Call your mom. Everybody, to all these, like a billion people or so, call your mom, call your dad. If you're lucky enough to have a parent or two alive on this planet, call them. Don't text, don't email. Call them on the phone. Tell them you love them, and thank them, and listen to them for as long as they want to talk to you. Thank you. Thank you mom and dad." Furthermore, while accepting their Academy Award for Best Original Song for Selma's "Glory", John Legend and Common addressed the struggle for racial equality that has been going on for over 50 years.

"We know that the Voting Rights Act that they fought for 50 years ago is being compromised right now in this country," Legend said.

Legend continued: "We know that right now the struggle for freedom and justice is real. We live in the most incarcerated country in the world. There are more black men under correctional control today than there were under slavery in 1850."

Common talked about the march to Montgomery, Alabama from Selma, with particular mention of the Edmund Pettus Bridge.

"This bridge was once a landmark of a divided nation but now is the symbol for change. The spirit of this bridge transcends race, gender, religion, sexual orientation, and social status. The spirit of this bridge connects the kid from the South Side of Chicago dreaming of a better life to those in France standing up for their freedom of expression, to the people in Hong Kong protesting for democracy."

Citizenfour director Laura Poitras brought forth discussion on the divide over Edward Snowden and his actions.

"The disclosures that Edward Snowden revealed don't only expose a threat to our privacy, but to our democracy itself. When the most important decisions being made affecting all of us are made in secret, we lose our ability to check the powers that control. Thank you to Edward Snowden for his courage, and for the many other whistleblowers. And I share this with Glenn Greenwald and other journalists who are exposing truth. Thank you."

Additionally, while accepting his Academy Award for Best Adapted Screenplay for writing "The Imtation Game", screenwriter Graham Moore spoke about his suicide attempt at 16 and the freedom to be weird for outsiders. The speech aimed to give hope for those suffering from depression and shined a light on suicide awareness.

Moore said, "I tried to commit suicide at 16 and now I'm standing here. I would like for this moment to be for that kid out there who feels like she doesn't fit in anywhere. You do. Stay weird, stay different, and then when it's your turn and you are standing on this stage please pass the same message along."

#### Library Resources every Graduate Student should Utilize

#### By Matt Gentry Columnist

"We are here to help." This was the resounding overall message after my meeting with Dean of the Library, Ms. Lydia Morrow-Ruetten. I was pleasantly surprised to learn about different resources that the GSU Library offers to all students, and which are especially valuable for is especially true when conducting research. Because many of us grew up in the digital age, Google is often the first place we turn, and this often gets us into trouble. In fact, for primary source research, library databases are not only more valid, but they are also faster. Student workers at the front desk are friendly and can help you overcome "Library Anxiety" so you can take advantage

organize citation efficiently. Find more info online at http://libguides. govst.edu/workshops.

- Study rooms in the library can be reserved and are technology friendly and ready for studying or group work.

OPUS is an awesome repository of original work submitted by GSU faculty and students. Want to see how interconnected this world is? Go to www.opus.govst.edu to check out an interactive map of where in the world GSU articles are being downloaded. 300+ articles have been downloaded using OPUS in the last week, and the student capstone project by Lauren Drish has received national recognition for being popular in the Digital Commons Network! Writing Center Tutors can also be found at the library Research Desk. Check out www.govst.edu/ library for details. With a strong vision of service, Dean of the Library Ms. Lydia Morrow-Ruetten welcomes your input. Contact her at lruetten@ govst.edu or stop by her office in the library. As she herself stated, "My door is always open."



graduate students.

Many graduate students will be required to submit dissertations, capstone projects, and original research in order to receive their graduate degree. As a graduate student, research and primary source citation are much more important for quality work than in undergraduate education. If you have such a project, be sure to introduce yourself to your subject area librarian who can help you. Check out www. govst.edu/library for library faculty information.

An important mental mindset to understand is that we are not undergraduate students anymore. The strategies we used as undergraduates may not work for graduate studies. While this mindset is applicable to many scenarios, this of the many resources this underutilized space offers. Once you learn to navigate the library website and set up an account, you can access library databases anywhere, even off campus.

Excellent resources to help graduate students:

- Every college has an assigned librarian who is happy to host seminars on topics of your choice. They are even willing to come to your class!

- The GSU Library is mobilefriendly! Finding research is just as easy as going to Google using the myGSU mobile app.

- There are numerous workshops offered each month to teach commonly requested skills. In March alone, there are seven workshops on topics such as how to

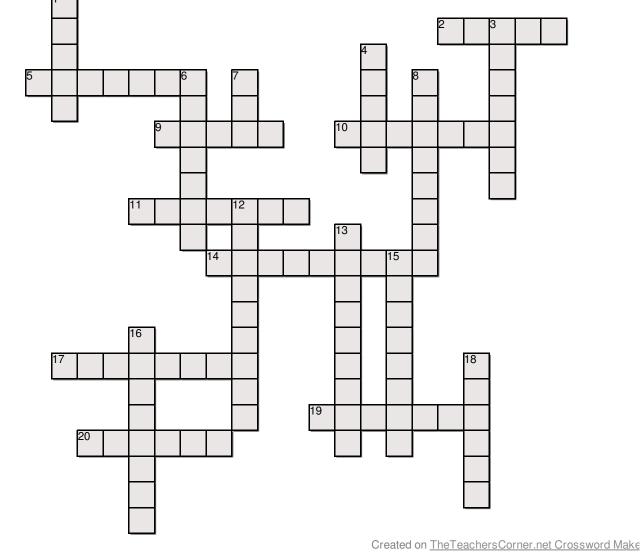
## Relationship Column

Br Critisha Ashley Columnist

I believe love begins with trust, not just any trust, "full trust". I am talking about the kind of trust that knows no bounds between two people who love each other. This includes all relationships because without trust a relationship will not work. It is like trying to paddle a boat without ores and the only thing you can do is float along until you reach land. I found myself in situations where love was not enough without trust, it left me wondering and empty. Once that trust was broken I found myself floating through it all and not just a romantic relationship but other important relationships that affected my life and still is affecting my life. When you completely put your trust in someone it is an exhilarating and it releases a load of uncertainty about yourself. I think this is the time in our lives where we truly accept ourselves when we are able to put full trust in someone. It is a feeling that words could not express and I am pretty sure many of you know what I am speaking about. To those who don't know keep searching, that person is waiting for you. When you have people in your life that you can put your full trust in, this is when a person begins to truly live their life because you have been honestly discovered for all that you are and doing. From what I see around me it is amazing to have someone that you can fully trust. "The Best Proof of Love is Trust"! By the Joyce Brothers

We have to learn without trust we have nothing. I find myself learning to trust people all over again in spite of the hurt and pain that were inflicted on me in the years I lived thus far. In the last year I have encountered people that are worthy of my trust but finding myself not able to trust so easily because of past experiences but had to ignore it and go with my gut feelings. I found many of my friends with a good man that they could not trust because of past experiences with men in general and lost their man because of lack of trust. I know in order for us to get over the past, I have to let go of past painful experiences and this starts with forgiving them and me. You cannot move forward if you keep taking steps backwards and keep reliving the past by not trusting. I found that trusting yourself leads to fully trusting someone you love. I think my advice to everyone who wants to be in a meaningful and successful relationship of any sort, one has to find and trust their self. This is the true foundation of full trust! Keep in mind we all have trust issues but we should never let it keep us from finding love. Here are five tips you can take with you to promote trust growth: trust yourself, define what trust means to you, have an open relationship (transparency and communication), Give trust to get trust, and never abuse the other person's vulnerability when trusting. As I always say, just food to feed your thoughts!

## Entertainment



#### <u>Across</u>

- 2. Calamari
- 5. Always comes out of your pocket in knots
- 9. 'I am not a crook'
- 10. Kanye thinks she deserves every award
- 11. Lights up your backyard during summer
- 14. Iconic American food
- 17. A little of everything
- **19.** Jams often and is never full
- 20. Think 'eh' and north

#### Down

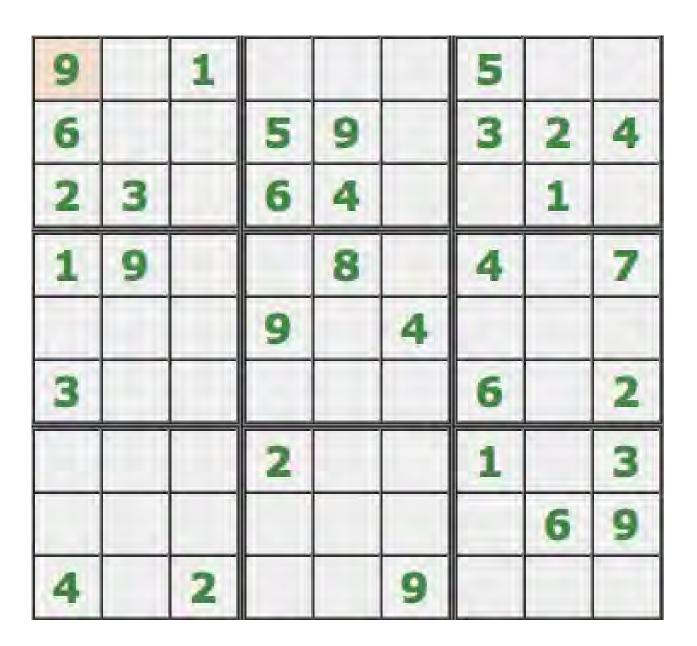
- 1. Remember the Alamo
- 3. small four stringed instrument
- 4. A lion and a tiger
- 6. The source of a common fear
- **7.** doctor\_\_\_\_?
- 8. 'Space, the final \_
- **12.** Another word for pancakes

13. A game often found in the entertainment section

15. Purple and named after breakfast

**16.** What one might yell as they jump from a high place

18. Sea unicorn



## **Athletics and Entertainment**

## Wake up with the sun; Sun salutation

#### By Brian Bock Staff Yogi

Waking up with back pain is a reality that many face. A way to counteract back pain is to do yoga in the morning. The repeated stretching not only helps to loosen up the back and other key muscle groups, but also helps clear the mind for the day ahead.

One simple routine that even a novice yogi can do is the sun salutation. This routine of poses helps to get the body ready for the day ahead.

**Pose one**: Mountain-stand tall and straight, take a deep inhale and find your breath.

**Pose two:** Backbend-release backward while standing, slowly inhaling as you bend your trunk backward.

**Pose three:** Forward Fold- bend from your hips forward, letting your arms hang down and relax.

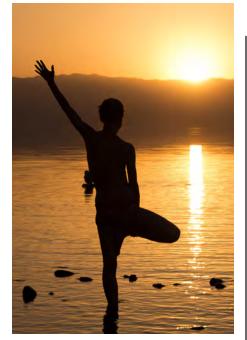
**Pose four:** Low lunge-step right foot back and keep left leg in a 90-degree angle. Let the right leg rest on the ground.

**Pose five:** Runner's lunge- raise the right leg and hold.

**Pose six:** Plank- move left leg back and keep upright, align the spine to be perfectly straight, making the body like a stiff board.

**Pose seven:** Cobra- drop the hips and use the arms and shoulders to extend upward.

**Pose eight:** Down Dog- invert the cobra and raise your hips towards the



Sunrise yoga helps to alleviate backpain. Tree Pose

ceiling as you support yourself with the legs and arms.

**Pose nine:** Low lunge-move back into low lunge, this time reserving the legs.

**Pose ten:** Forward fold- again, bend at the hips and let the arms relax and fall to the ground.

**Pose eleven:** Backbend- extend the torso back and take a big inhale.

Pose twelve: Mountain- exhale and stand tall in mountain.

Sun salutation can be done every day, but like any physical activity, make sure a doctor has given clearence to do physical activity. 07 June 2009 Dear diary,

I believe we can admire others. It's nice to look up to people and think they're something special. I'm talking about people who look like they are successful but whose lives are falling apart behind closed doors. Your example (good or bad) will speak louder than anything you say. This is the story of my mother and me; two very different people. I did not choose my mother. And while she did choose to have me (a choice for which I am eternally grateful), I suspect there were many ways that I did not turn out to be exactly the daughter she might have hoped for. I know there were many times when she was not exactly the kind of mother I wanted and needed.

So what were my mother and I to do? No matter how hard we might try, we could not change each other. No one person ever can change another. This being the case, was it possible that we could ever accept each other? Appreciate each other? Know each other? Love each other? Perhaps. Maybe she can just die and I can be happy and move on? Yes, this is the way to solve the problem! Haha! Sincerely, Nicole J.

"Shadow" Original Fiction

**By Robin Taylor** 

My diary holds my true thoughts on how I feel about my biological mother, but in reality I consider myself to be loving, kind hearted, and caring for others and their feelings. Most people don't look at me in that way; even family members don't see what I see. In my family there are four children total, Thomas and Keith, the two boys, and the two girls Kim and Nicole. Out of four I was the last one to be born. I, Nicole was the one who struggled the most to understand the reason my mother treated me like I was her unwanted stepchild.

It all started when I was born. Two weeks later, I went into foster care. From the days I remember, it was fun, safe, calm, and it was my home. When I was three, I left foster care and mama Susan, my foster mother, dropped me off at my biological mother's house. Her name was Jean. I was so young and terrified to go to my so-called "mothers" house. Now I'm older and I still feel the same way, but with far more hatred toward my mother, "Jeeean"

This is the first installment of the original fiction "Shadow" by Robin Taylor. Look forward to the next installment in the following issue.



SUBMIT your fiction, poetry, personal essays, photography or other visual art to : <u>Reconstructed@govst.edu</u>

no later than March 31.

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# Friday, April 10, 2015 6pm- Midnight Hall of Governors

# Register Your Team, and Help Fight Cancer www.relayforlife.org



# EDUCATION – EMPOWERMENT Celebrate Women's History Month March 2015 For A Full Schedule of Events Visit www.govst.edu/studentlife