

2007

Sun Safety and Tanning

Southwest Minnesota State University

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Recommended Citation

Southwest Minnesota State University, "Sun Safety and Tanning" (2007). *Health/Nutrition*. Book 6.
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Sun Safety & Tanning
 The sun's rays can be harmful to your skin and eyes. To protect yourself, use sunscreen and wear protective clothing. Sunburn can lead to skin cancer and other health problems. Tanning beds also increase your risk of skin cancer. It's important to take steps to protect your skin from the sun's harmful rays.

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Sun Safety & Tanning
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