

A Foreign language Guide to **Health Care**



English
French
German
Italian
Spanish

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A Preliminary Word . . . Health Tips for the Traveler

Most travel experts agree that the success of your trip depends on the amount of planning you do. However, planning for the possibility of sickness or injury during your travels, particularly in foreign countries, is often overlooked.

One way to minimize the chance that your vacation will be spoiled is to take along a "medical travel kit." The kit should include such items as a first-aid booklet, adhesive bandages, antiseptic, cotton, scissors, tweezers, thermometer, adhesive tape, gauze, sunburn lotion, aspirin, a medication for temporary relief of diarrhea and one for motion sickness, an antacid, milk of magnesia tablets and a bismuth compound for upset stomach.

If you have any chronic ailments such as a heart condition, diabetes or hay fever, you should carry enough of the proper medications and equipment to last the whole trip. If you wear glasses or contact lenses, take along an extra pair as well as your prescription in case you must have a new pair made.

In the event of an emergency, you should also have with you a brief record of any chronic ailments or other serious medical problems. You should also have a record for yourself and members of your family consisting of your blood types and allergies, such as an allergy to penicillin or any other drug.

You can have emergency information about any special medical problems or allergies engraved on personalized bracelets or medallions which are available from jewelry shops, drug stores, department stores and hospital gift shops. One source is the nonprofit Medic Alert Foundation, P.O. Box 1009, Turlock, Calif. 95380. The foundation keeps your medical record on file and physicians anywhere in the world may phone collect for further information about you.

As part of your basic protective health package, be sure to arrange for the immunizations or booster shots called for by the countries you plan to visit.

The best way to locate a doctor in any

foreign country is to call the American Embassy, the British Embassy or your U.S. airline or shipping line. Your Blue Cross Plan also recommends taking along a list of qualified, English-speaking physicians.

Intermedic, Inc., an organization that has compiled worldwide lists of physicians, will provide, for an annual fee, a directory of English-speaking doctors meeting its professional requirements in 200 cities throughout the world. The address of Intermedic, Inc. is 777 Third Avenue, New York, New York 10017.

Another organization, called the International Association for Medical Assistance to Travelers, provides a similar service. Its address is 350 Fifth Avenue, New York, New York 10001.

To prepare for the possibility of being hospitalized, it is a good idea to check your hospitalization and medical coverage before taking your trip. And be sure to take your Blue Cross and Blue Shield Plan identification card with you.

If you find it necessary to enter a hospital

abroad, you will probably have to pay your bill when you are discharged. However, your local Blue Cross Plan may reimburse you for part of your costs, the amount depending on the provisions of your Blue Cross contract. For this reason, save all your hospital receipts and be sure to get full statements from the hospital and attending physician describing the nature of your illness or accident and the treatment you have received for it. Send these to your Blue Cross Plan as soon as possible.

We hope that you remain well enough during your trip so that you don't have to use the foreign language information provided in this booklet. If you do get sick or have an accident, you may not need this information since English is spoken in many large cities abroad.

Otherwise, you will find it handy to refer to the words and phrases in the pages that follow. You'll find them conveniently arranged in French, Spanish, Italian and German, as they are spelled and in their phonetic pronunciation, approximating as

closely as possible the way they should sound.

With this booklet, we send you these wishes:

Bon Voyage!

Buen Viaje!

Buon Viaggio!

Glückliche Reise!

Blue Cross Association

SPECIAL NOTE: This booklet has an additional "reverse" use. It can be furnished to foreign-speaking patients by U. S. hospitals, physicians, dentists, pharmacists or others for their use in seeking assistance with their health care needs. A foreign-speaking patient can find the desired phrase in his or her language and then pronounce (or simply point to) the English equivalent.

Notes on the English Transcriptions

These notes are meant to give you the pronunciation of the phrase as it would appear in normal English spelling. These examples are only rough approximations. In words of more than one syllable, the syllable to be stressed appears in all capitals. If your pronunciation is not understood, point to the foreign phrase and let the other person read it.

Pronounce the transcription as you would in English. Note the following transcription symbols which represent sounds for which no exact equivalent appears in English:

Ö—shape lips for English *o* in "note," then try to pronounce *e* of "met."

Ü—shape lips for English *oo* of "boot," then try to pronounce *ee* of "feet."

ÃH—English *a* of "father," but shut off passage between nose and mouth as if you had a heavy cold.

ÊH—English *e* of "met," but shut off nasal passage as above.

ÃW—English *aw* of "awful," but shut off nasal passage.

ÜH—English *e* of "the" in "the man," but shut off nasal passage.

ZH—English *s* of "pleasure."

KH—English *ch* of "loch," "Bach."

Ç—English *h* of "huge," strongly pronounced.

Í—English *i* of "minor."

(In some languages, particularly Italian and Spanish, you have the masculine and feminine genders. In these cases the form that is given in parenthesis is the feminine gender.)

Temperature Conversion Table

FAHRENHEIT AND CENTIGRADE SCALES

Fahrenheit	96°	97°	98°	98.6°	99°	100°	101°	102°	103°	104°	105°	106°
Centigrade	35.6°	36.1°	36.7°	37°	37.2°	37.8°	38.3°	38.9°	39.4°	40°	40.6°	41.1°

For Temperatures not Shown:

To convert Fahrenheit to Centigrade, subtract 32, multiply by 5 and divide by 9

To convert Centigrade to Fahrenheit, multiply by 9, divide by 5 and add 32 degrees.

When You Feel Sick or Have an Accident



ENGLISH

I am ill.

FRENCH

Je suis malade.
zhuh süee ma-LAD

I feel sick.

Je ne me sens pas bien.
zhuh nuh muh sāh pah byēh

There has been an accident.

Il y a eu un accident.
ee-LYA ü üh nak-see-DĀH

Help!

Au secours!
oh suh-KOOR

Please help me (him, her, us).

Aidez-moi (-le, -la, -nous), s'il vous plaît.
eh-DAY-mwah (-luh, -la, -noo) seel voo pleh

Hurry! or Quick!

Dépêchez-vous! or Vite!
day-peh-SHAY-voo veet

GERMAN

Ich bin krank.
ic bin krank

Mir ist schlecht.
meer ist shleçt

Es ist ein Unfall geschehen.
es ist in UN-fall
ge-SHAY-uhn

Hilfe!
HIL-fuh

Bitte, helfen Sie mir (ihm, ihr, uns).
BIT-tuh, HEL-fuhn zee meer
(eem, eer, uns)

Beeilen Sie sich! or Schnell!
be-ł-luhn zee ziç shnel

ITALIAN

Sono ammalato (ammalata).
SOH-noh ahm-mah-LAH-toh
(ahm-mah-LAH-tah)

Sto male.
staw MAH-lay

C'è stato un incidente.
cheh STAH-toh oon
een-chee-DEHN-tay

Aiuto!
ah-YOO-toh

Mi (l', l', ci) aiuti, per favore.
mee, lah-YOO-tee,
chah-YOO-tee, payr
fah-VOH-ray

Si sbrighi! or Presto!
see SBREE-ghee
PREHS-toh

SPANISH

Estoy enfermo (enferma).
EHS-toy ehn-FEHR-moh
(ehn-FEHR-mah)

Me siento mal.
meh SYEHN-toh mahl

Hubo un accidente.
OO-voh oon
ahk-see-DEHN-teh

¡Socorro!
soh-KOHR-roh

Por favor, ayúdeme (-lo, -la, -nos).
pohr fah-VOHR,
ah-YOO-deh-meh (-loh, -lah, nohs)

¡Apresúrese usted! or ¡Pronto!
ah-preh-SOO-reh-seh
oos-TEHD
PROHN-toh

**When You
Feel Sick or
Have an Accident
(continued)**

ENGLISH

Call the police!

FRENCH

Appelez un agent!
a-PLAY üh na-ZHÄH

Send for an ambulance!

Appelez une ambulance!
a-PLAY ün äh-bü-LÄHS

Please get a doctor.

Faites venir un médecin, s'il vous plaît.
feht vuh-NEER üh mayd-SÉH, seel voo pleh

**Where can I find a good
(English-speaking) doctor?**

**Où puis-je trouver un bon
médecin (qui parle anglais)?**
oo püeezh troo-VAY üh baw
mayd-SÉH (kee parl
äh-GLEH)

GERMAN

Rufen Sie die Polizei!
Roo-fuhn zee dee po-li-TSÍ

**Lassen Sie einen
Krankenwagen kommen!**
LAS-suhn zee Ī-nuhn
KRANK-uhn-vah-guhn
KOH-muhn

Bitte, holen Sie einen Arzt.
BIT-tuh, HOH-luhn zee
Ī-nuhn artst

**Wo gibt es einen
englischsprechenden Arzt?**
voh gipt es ī-nuhn
EN-glish-shpre-çuhn-duhn
artst

ITALIAN

Chiama la polizia!
KYAH-mee lah
poh-lee-TSEE-ah

Chiama un'ambulanza!
KYAH-mee
oo-nahm-boo-LAHN-tsah

**Chiama un medico, per
favore.**
KYAH-mee oon
MEH-dee-koh, payr
fah-VOH-ray

**Dove posso trovare un buon
medico (che parli inglese)?**
DOH-vay PAWS-soh
troh-VAH-ray oon bwawn
MEH-dee-koh (kay PAHR-lee
een-GLAY-say)

SPANISH

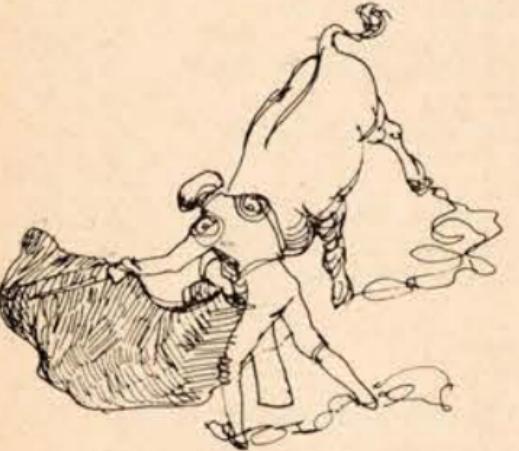
Jlame a la policia!
LYAH-meh ah lah
poh-lee-SEE-ah

**jMande buscar una
ambulancia!**
MAHN-deh voos-KAHR
OO-nah
ahm-boo-LAHN-syah

Por favor, llame a un médico.
pohr fah-VOHR, LYAH-meh
ah oon MEH-dee-koh

**¿Dónde puedo encontrar un
buen médico que hable
inglés?**
DOHN-deh PWEH-doh
ehn-kohn-TRAHR oon
bwehn MEH-dee-koh keh
AH-vleh een-GLEHS

When You
Feel Sick or
Have an Accident
(continued)



ENGLISH

Where can I find a good surgeon, (dentist, optometrist, pharmacy)?

FRENCH

Où puis-je trouver un bon chirurgien (dentiste, opticien, une bonne pharmacie)?
oo püeezh troo-VAY üh baw shee-rür-ZHYEH
(däh-TEEST, awp-tee-SYEH,
ün bawn far-ma-SEE)

Take us (me, him, her) to a doctor.

Amenez-nous (-moi, -le, -la)
chez un médecin.
am-NAY-noo (-mwah, -luh,
-la) shay züh mayd-SÉH

Take me (him, her, us) to a hospital.

Amenz-moi (-le, -la, -nous) à
l'hôpital.
am-NAY-mwah (-luh, -la,
-noo) a loh-peel-TAL

GERMAN

Wo gibt es einen guten Chirurgen (Zahnarzt, Augenarzt, eine gute Apotheke)?
voh gipt es Ī-nuhn GOO-tuhn ki-RÜR-guhn (TSAHN-artst, OW-guhn-artst, ī-nuh GOO-tuh a-po-TAY-kuh)

Führen Sie uns (mich, ihn, sie) zu einem Arzt.
FÜH-ruhn zee uns (miç, een, zee) tsoo ī-nuhm artst

Führen Sie mich (ihn, sie, uns) in Krankenhaus.
FÜH-ruhn zee miç (een, zee, uns) in KRAHN-kuhn-hows

ITALIAN

Dove posso trovare un buon chirurgo (dentista, optometrista, una buona farmacia)?
DOH-vay PAWS-soh troh-VAH-ray oon bwawn kee-ROOR-goh (dayn-TEES-tah, ohp-toh-may-TREES-tah, OO-nah BWAW-nah fahr-mah-CHEE-ah)

Ci (mi, lo, la) conduca da un medico.
chee (mee, loh, lah) kohn-DOO-kah dah oon MEH-dee-koh

Mi (lo, la, ci) conduca all'ospedale.
mee (loh, lah, chee) kohn-DOO-kah ahl-lohs-pay-DAH-lay

SPANISH

¿Dónde puedo encontrar un buen cirujano (dentista, optometrista, una buena farmacia)?
DOHN-deh PWEH-doh ehn-kohn-TRAHR oon bwehn see-roo-HAH-noh (dehn-TEES-tah, ohp-toh-meh-TREES-tah, OO-nah VWEH-nah fahr-MAH-syah)

Llévenos (-me, -lo, -la) a un médico.
LYEH-veh-nohs (-meh, -loh, -lah) ah oon MEH-dee-koh

Lléveme (-lo, -la, nos) a un hospital.
LYEH-veh-meh (-loh, -lah, -nohs) ah oon ohs-pee-TAHL

**When You
Feel Sick or
Have an Accident
(continued)**

ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
Where is the nearest hospital?	Où se trouve l'hôpital le plus proche? oo suh troov loh-peee-TAL luu plü prawsh	Wo ist das nächste Krankenhaus? voh ist das NAYÇ-stuh KRAN-kuhn-hows	Dov'è l'ospedale più vicino? doh-VEH lohs-pay-DAH-lay pyoo vee-CHEE-noh	¿Dónde está el hospital más cercano? DOHN-deh ehs-TAH ehl ohs-peee-TAHL mahs sehr-KAH-noh
He (she) is injured.	Il (elle) est blessé (blessée). eel (ehl) eh bleh-SAY (bleh-SAY)	Er (sie) ist verletzt. ayr (zee) ist fer-LETST	È ferito (ferita). eh fay-REE-toh (fay-REE-tah)	Está herido (herida). ehs-TAH eh-REE-doh (eh-REE-dah)
Don't move him (her).	Ne le (la) bougez pas. nuh luh (la) boo-ZHAY pah	Bewegen Sie ihn (sie) nicht. be-VAY-guhn zee een (zee) niçt	Non lo (la) sposti. nohn loh (lah) SPAWS-tee	No lo (la) mueva. noh loh (lah) MWEH-vah
He (she) has fainted.	Il (elle) s'est évanoui (évanouie). eel (ehl) seh tay-va-NWEE (tay-va-NWEE)	Er (sie) ist in Ohnmacht gefallen. ayr (zee) ist in OHN-makht ge-FAL-luhn	È svenuto (svenuta). eh svay-NOO-toh (svay-NOO-tah)	Se desmayó. seh dehs-mah-YOH
Help me carry him (her).	Aidez-moi à le (la) porter. eh-DAY-mwah a luu (la) pawr-TAY	Helfen Sie mir ihn (sie) zu tragen. HEL-fuhn zee meer een (zee) tsoo TRAH-guhn	Mi aiuti a portarlo (-la). mee ah-YOO-tee ah pohr-TAHR-loh (-lah)	Ayúdeme a llevarlo (-la). ah-YOO-deh-meh ah lyeh-VAHR-loh (-lah)

**When You
Feel Sick or
Have an Accident
(continued)**



ENGLISH

He (she) is bleeding.

FRENCH

**Il (elle) saigne.
eel (ehl) SEH-nyuh**

Stop the bleeding!

**Arrêtez le sang!
a-reh-TAY luh säh**

Keep him (her) warm.

**Gardez-le (-la) au chaud.
gar-DAY-luh (-la) oh shoh**

I feel dizzy.

**J'ai le vertige.
zhay luh vehr-TEEZH**

**He (she) has a fracture
(bruise, cut, burn).**

**Il (elle) a une fracture
(contusion, coupure,
brûlure).
eel (ehl) a ün frak-TÜR
(kāw-tü-ZYĀW, koo-PÜR,
brü-LÜR)**

GERMAN

**Er (sie) blutet.
ayr (zee) BLOO-tuht**

**Stillen Sie das Bluten ein!
SHTIL-luhn zee das
BLOO-tuhn īn**

**Erhalten Sie ihn (sie) warm.
er-HAL-tuhn zee een (zee)
varm**

**Mir ist schwindlig.
meer ist SHWIND-liç**

**Er (sie) hat einen Bruch (eine
Quetschung, eine
Schnittwunde, eine
Brandwunde).
ayr (zee) hat ī-nuhn brookh,
(I-nuh KVET-shung, I-nuh
SHNIT-vun-duh, I-nuh
BRANT-vun-duh)**

ITALIAN

**Sanguina.
SAHN-gwee-nah**

**Bisogna tamponare il sangue!
bee-SOH-nyah
tahm-poh-NAH-ray eel
SAHN-gway**

**Lo (la) tenga al caldo.
loh (lah) TEHN-gah ahl
KAHL-doh**

**Mi gira la testa.
mee JEE-rah lah TEHS-tah**

**Ha una frattura (una
contusione, un taglio, una
scottatura).
ah OO-nah fraht-TOO-rah
(OO-nah
kohn-too-SYOH-nay, oon
TAH-lyoh, OO-nah
skoht-tah-TOO-rah)**

SPANISH

**Está sangrando.
ehs-TAH sahn-GRAHN-doh**

**¡Tape la hemorragia!
TAH-peh lah
eh-mohr-RAH-hyah**

**Manténgalo (-la) caliente.
mahn-TEHN-gah-loh (-lah)
kah-LYEHN-teh**

**Estoy mareado (mareada).
ehs-TOY mah-reh-AH-doh
(mah-reh-AH-dah)**

**Tiene una fractura (una
contusión, un corte, una
quemadura).
TYEH-neh OO-nah
frahk-TOO-rah (OO-nah
kohn-too-SYOHN, oon
KOHR-teh, OO-nah
keh-mah-DOO-rah)**

**When You
Feel Sick or
Have an Accident
(continued)**

ENGLISH

I'm feeling better, thank you.

FRENCH

Je me sens mieux, merci.
zhuh muh sāh myō,
mehr-SEE

It hurts here.

J'ai mal ici.
zhay mal ee-SEE

I cannot move my arm (hand).

**Je ne peux pas bouger le bras
(la main).**
zhuh nuh pō pah boo-ZHAY
luh brah (la mēh)

**Please notify my husband
(my wife).**

**Prévenez mon mari (ma
femme), s'il vous plaît.**
pray-VNAY māw ma-REE
(ma fam), seel voo pleh

GERMAN

Ich fühle mich besser, danke.
iç FÜH-luh miç BES-suhr,
DAN-kuh

**Es tut mir hier weh.
es toot meer heer vay**

**Ich kann meinen Arm (meine
Hand) nicht bewegen.**
iç kan Mī-nuhn arm (MI-nuh
hant) niçt be-VAY-guhn

**Benachrichtigen Sie bitte
meinen Mann (meine Frau).**
be-NAKH-riç-ti-guhn zee
BIT-tuh Mī-nuhn man
(Mī-nuh frow)

ITALIAN

**Sto meglio, grazie.
staw MEH-lyoh, GRAH-tsyay**

**Mi fa male qui.
mee fah MAH-lay kwee**

**Non posso muovere il braccio
(la mano).**
nohn PAWS-soh
MWAW-vay-ray eel
BRAH-chyoh (lah MAH-noh)

**Avvisi mio marito (mia
moglie), per favore.
ahv-VEE-see MEE-oh
mah-REE-toh (MEE-ah
MOH-lyay) payr
fah-VOH-ray**

SPANISH

**Me siento mejor, gracias.
meh SYEHN-toh
meh-HOHR, GRAH-syahs**

**Me duele aquí.
meh DWEH-leh ah-KEE**

**No puedo mover el brazo (la
mano).**
noh PWEH-doh moh-VEHR
ehl BRAH-soh (lah
MAH-noh)

**Haga el favor de avisar a mi
marido (a mi esposa).
AH-gah ehl fah-VOHR deh
ah-vee-SAHR ah mee
mah-REE-doh (ah mee
ehs-POH-sah)**

At the Doctor's



ENGLISH

I would like to see the doctor.

FRENCH

Je voudrais voir le médecin.
zhuh voo-DREH vwahr luh
mayd-SĒH

I do (not) have an appointment.

J'ai un rendez-vous.
(Je n'ai pas de rendez-vous.)
zhay üh rāh-day-VOO (zhuh
nay pah duh rāh-day-VOO)

When can I see him?

Quand puis-je le voir?
kāh püeezh leh vwahr

Can I wait until he comes?

Puis-je attendre son retour?
püeezh a-tāh-DRUH sāw
ruh-TOOR

Doctor, I don't feel well.

Docteur, je ne me sens pas bien.
dawk-TÖR, zhuh nuh muh
sāh pah byēh

GERMAN

Ich möchte den Arzt sehen.
iç MÖÇ-tuh dayn artst
ZAY-uhn

Ich habe eine (keine)
Verabredung.
iç HAH-buh ī-nuh (KĪ-nuh)
fer-AP-ray-dung

Wann kann ich ihn sehen?
van kan iç een ZAY-uhn

Kann ich warten, bis er
kommt?
kan iç VAR-tuhn, bis ayr kommt

Herr Doktor, ich fühle mich
nicht wohl.
her DOK-tor, iç FÜH-luh miç
niçt wohl

ITALIAN

Vorrei vedere il dottore.
vohr-REH-ee vay-DAY-ray
eel doht-TOH-ray

(Non) ho un appuntamento.
(nohn) aw oon
ahp-poon-tah-MAYN-toh

Quando posso vederlo?
KWAHN-doh PAWS-soh
vay-DAYR-loh

Posso aspettare finchè venga?
PAWS-soh ahs-payt-TAH-ray
feen-KAY VEHN-gah

Signor dottore, non mi sento
bene.
see-NYOHR
doht-TOH-ray,nohn mee
SEHN-toh BEH-nay

SPANISH

Quisiera ver al médico.
kee-SYEH-rah vehr ahl
MEH-dee-koh

(No) tengo turno.
(noh) TEHN-goh TOOR-noh

¿Cuándo podré verlo?
KWAHN-doh poh-DREH
VEHR-loh

¿Puedo esperar que venga?
PWEH-doh ehs-peh-RAHR
keh VEHN-gah

Doctor, no me siento bien.
dohk-TOHR, noh meh
SYEHN-toh vyehn

**At the Doctor's
(continued)**

ENGLISH

I have a headache.

FRENCH

J'ai mal à la tête.
zhay ma-la la teht

I have a stomachache.

J'ai mal à l'estomac.
zhay ma-la lehs-taw-MA

I have a cut.

J'ai une coupure.
zhay ün koo-PÜR

I have a pain here.

J'ai mal ici.
zhay ma-lee-SEE

I have a pain in my chest.

J'ai mal à la poitrine.
zhay ma-la la pwah-TREEN

in my hand.

à la main.
a la mēh

GERMAN

Ich habe Kopfschmerzen.
iç HAH-buh
KOPF-shmer-tsuhn

Ich habe Magenschmerzen.
iç HAH-buh
MAH-guhn-shmer-tsuhn

Ich habe eine Schnittwunde.
iç HAH-buh ī-nuh
SHNIT-vun-duh

Mir tut es hier weh.
meer toot es heer vay

Ich habe Schmerzen in der
Brust.
iç HAH-buh SHMER-tsuhn in
dayr brust

in der Hand.
in dayr hant

ITALIAN

Ho un dolor di testa.
aw oon doh-LOHR dee
TEHS-tah

Ho mal di stomaco.
aw mahl dee STAW-mah-koh

Ho un taglio.
aw oon TAH-lyoh

Ho un dolore qui.
aw oon doh-LOH-ray kwee

Ho un dolore al petto.
aw oon doh-LOH-ray ahl
PEHT-toh

alla mano.
ahl-lah MAH-noh

SPANISH

Tengo dolor de cabeza.
TEHN-go doh-LOHR deh
kah-VEH-sah

Tengo dolor de estómago.
TEHN-goh doh-LOHR deh
ehs-TOH-mah-goh

Tengo un corte.
TEHN-goh oon KOHR-teh

Tengo un dolor aquí.
TEHN-goh oon doh-LOHR
ah-KEE

Siento un dolor en el pecho.
SYEHN-toh oon doh-LOHR
ehn ehl PEH-choh

en la mano.
ehn lah MAH-noh

**At the Doctor's
(continued)**



ENGLISH

in my foot.

FRENCH

au pied.
oh pyay

in my shoulder.

à l'épaule.
a lay-POHL

in my ankle.

à la cheville.
a la shuh-VEE-yuh

in my finger.

au doigt.
oh dwah

in my thumb.

au pouce.
oh poos

My arm hurts.

J'ai mal au bras.
zhay ma loh brah

leg

à la jambe.
a la zhāhb

GERMAN

im Fuss.
im foos

in der Schulter.
in dayr SHUL-tuhr

im Fussknöchel.
im FOOS-knö-çuhl

im Finger.
im FING-''hr

im Daumen.
im DOW-muhn

Mein Arm tut weh.
min arm toot vay

Bein
bin

ITALIAN

al piede.
ahl PYEH-day

alla spalla.
ahl-lah SPAHL-lah

alla caviglia.
ahl-lah kah-VEE-lyah

al dito.
ahl DEE-toh

al pollice.
ahl PAWL-lee-chay

Mi fa male il braccio.
mee fah MAH-lay eel BRAH-choh

la gamba.
lah GAHM-bah

SPANISH

en el pie.
ehn ehl pyeh

en el hombro.
ehn ehl OHM-broh

en el tobillo.
ehn ehl toh-VEE-lyoh

en el dedo.
ehn ehl DEH-doh

en el pulgar.
ehn ehl pool-GAHR

Me duele el brazo.
meh DWEH-leh ehl BRAH-soh

la pierna.
lah PYEHR-nah

**At the Doctor's
(continued)**

ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
nose	au nez. oh nay	Meine Nase MĪ-nuh NAH-zuh	il naso. eel NAH-soh	la nariz. lah nah-REES
lip	à la lèvre. a la LEH-vruh	Lippe LIP-puh	il labbro. eel LAHB-broh	el labio. ehl LAH-vyoh
back	au dos. oh doh	Rücken RÜ-kuhn	la schiena. lah SKYEH-nah	la espalda. lah ehs-PAHL-dah
neck	au cou. oh koo	Genick ge-NIK	il collo. eel KAWL-loh	el cuello. ehl KWEH-lyoh
ear	à l'oreille. a law-REH-yuh	Ohr ohr	l'orecchio. loh-RAYK-kyoh	el oido. ehl oh-EE-doh
eye	à l'oeil. a LÖ-yuh	Auge OW-guh	l'occhio. LAWK-kyoh	el ojo. ehl OH-hoh
face	au visage. oh vee-ZAZH	Gesicht ge-ZIČT	la faccia. lah FAH-chah	la cara. lah KAH-rah
head	à la tête. a la teht	Kopf kopf	la testa. lah TEHS-tah	la cabeza. lah kah-VEH-sah

**At the Doctor's
(continued)**



ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
cheek	à la joue. a la zhoo	Backe. BAK-kuh	la guancia. lah GWAHN-chah	la mejilla. lah meh-HEE-lyah
I have fever.	J'ai de la fièvre. zhay duh la FYEH-vruh	Ich habe Fieber. iç HAH-buh FEE-buhr	Ho febbre. aw FEHB-bray	Tengo fiebre. TEHN-goh FYEH-vreh
I have a cold.	Je suis enrhumé. zhuh süee zäh-rü-MAY	Ich habe mich erkältet. iç HAH-buh miç ehr-KELT-et	Ho un raffreddore. aw oon rahf-frayd-DOH-ray	Tengo un resfriado. TEHN-goh oon rehs-FRYAH-doh
I have a cough.	J'ai une toux. zhay ün too	Ich habe einen Husten. iç HAH-buh I-nuhn HUS-tuhn	Ho tosse. aw TOHS-say	Tengo tos. TEHN-goh tohs
I have a sore throat.	J'ai mal à la gorge. zhay ma la la gawrz	Ich habe Halsschmerzen. iç HAH-buh HALS-shmer-tsuhn	Ho mal di gola. aw mahl dee GOH-lah	Tengo dolor de garganta. TEHN-goh doh-LOHR deh gahr-GAHN-tah
I have indigestion.	Mon estomac est dérangé. māw ehs-taw-MA eh day-rāh-ZHAY	Ich habe eine Magenverstimmung. iç HAH-buh I-nuh MAH-guhn-fer-shtim-mung	Ho indigestione. aw een-dee-jays-TYOH-nay	Tengo indigestión. TEHN-goh een-dee-hehs-TYOHN

**At the Doctor's
(continued)**

ENGLISH

I have dysentery (diarrhea).

FRENCH

J'ai de la dysenterie (de la diarrhée).
zhay duh la dee-sāht-TREE
(duh la dya-RAY)

I am constipated.

Je suis constipé (constipée).
zhuh süee kāw-stee-PAY
(kāw-stee-PAY)

I think I may have food poisoning.

Je crois que j'ai une intoxication alimentaire.
zhuh krwah kuh zhay ün
ēh-tawk-see-ka-SYĀW
a-lee-māh-TEHR

I am having trouble sleeping.

J'ai des insomnies.
zhay day zēh-sawm-NEE

GERMAN

Ich habe die Ruhr (den Durchfall).
iç HAH-buh dee roor (dayn DURÇ-fal)

Ich bin verstopft.
iç bin fer-SHTOPFT

Ich glaube, ich habe vielleicht eine Lebensmittelvergiftung.
iç GLOW-buh, iç HAH-buh feel-LİÇT İ-nuh
LAY-buhns-mit-tuhl-fer-gif-tung

Ich schlafe nicht gut.
iç SHLAH-fuh niçt goot

ITALIAN

Ho dissenteria (diarrea).
aw dees-sayn-tay-REE-ah
(dee-ahr-RÉH-ah)

Sono stitico (stitica).
SOH-noh STEE-tee-koh
(STEE-tee-kah)

Credo di soffrire di avvelenamento prodotto da cibi avariati.
KRAY-doh dee sohf-FREE-ray dee ahv-vay-lay-nah-MAYN-toh proh-DOHT-toh dah CHEE-bee ah-vah-RYAH-tee

Non posso dormire.
nohn PAWS-soh dohr-MEE-ray

SPANISH

Tengo disentería (diarrea).
TEHN-goh dee-sehn-teh-REE-ah
(dyahr-REH-ah)

Estoy estreñido (-a).
ehs-TOY ehs-treh-NYEE-doh
(-dah)

Creo que tengo intoxicación alimenticia.
KREH-oh keh TEHN-goh een-tohk-see-kah-SYOHN
ah-lee-men-TEE-syah

Tengo dificultad en dormir.
TEHN-goh dee-fee-kool-TAHD ehn dohr-MEER

At the Doctor's (continued)



ENGLISH

I find it difficult to breathe.

FRENCH

J'ai de la difficulté à respirer.
zhay duh la dee-fee-kül-TAY
a reh-spee-RAY

I have a bad sunburn.

J'ai attrapé un coup de soleil.
zhay a-tra-PAY üh koo duh
saw-LEH-yuh

I have something in my eye.

J'ai quelque chose dans l'oeil.
zhay KEHL-kuh SHOHZ däh
LÖ-yuh

I stepped on a nail.

Je me suis enfoncé un clou
dans le pied.
zhuh muh süee äh-fäw-SAY
üh kloo däh luh pyay

I feel dizzy.

J'ai le vertige.
zhay luu vehr-TEEZH

GERMAN

Ich atme mit Mühe.
iç AHT-muh mit MÜH-uh

Ich habe einen schlimmen
Sonnenbrand.
iç HAH-buh l-nuhn
SHLIM-muhn
ZON-nuhn-brant

Mir ist etwas ins Auge
gefallen.
meer ist ET-vas ins OW-guh
ge-FAL-luhn

Ich bin auf einen Nagel
getreten.
iç bin owf l-nuhn NAH-guhl
ge-TRAY-tuhn

Mir ist schwindlig.
meer ist SHVIND-liç

ITALIAN

Ho difficoltà a respirare.
aw deef-fee-kohl-TAH ah
rays-pee-RAH-ray

Ho una brutta scottatura
solare.
aw OO-nah BROOT-tah
skoht-tah-TOO-rah
soh-LAH-ray

Ho qualcosa nell' occhio.
aw kwahl-KAW-sah
nayl-LAWK-kyoh

Ho calpestato un chiodo.
aw kahl-pays-TAH-toh oon
KYAW-doh

Mi gira la testa.
mee JEE-rah lah TEHS-tah

SPANISH

Tengo dificultad en respirar.
TEHN-goh
dee-fee-kool-TAHD ehn
rehs-pee-RAHR

Tengo quemadura de sol.
TEHN-goh
keh-mah-DOO-rah deh sohl

Tengo algo en el ojo.
TEHN-goh AHL-goh ehn ehl
OH-hoh

Pisé un clavo.
pee-SEH oon KLAH-voh

Estoy aturrido (aturdida).
ehs-TOY ah-toor-DEE-doh
(ah-toor-DEE-dah)

**At the Doctor's
(continued)**

ENGLISH

I sprained my wrist (ankle, leg).

FRENCH

Je me suis foulé le poignet (la cheville, la jambe).
zhuh muh süee foo-LAY luh
pwah-NYEH (la shuh-VEE-yuh, la zhāhb)

GERMAN

Ich habe mir das Handgelenk (den Fussknöchel, das Bein) verrenkt.
iç HAH-buh meer das HANT-ge-lenk (dayn FOOS-knö-çuhl, das BĪN) fer-RENKT

ITALIAN

Mi sono slogato il polso (la caviglia, la gamba).
mee SOH-noh sloh-GAH-toh eel POHL-soh, (lah kah-VEE-lyah, lah GAHM-bah)

SPANISH

Se me ha torcido la muñeca (el tobillo, la pierna).
seh meh ah tohr-SEE-doh lah moo-NYEH-kah (ehl toh-VEE-lyoh, lah PYEHR-nah)

Is it sprained?

Est-ce une foulure?
ehs ün foo-LÜR

Ist es (er, es) verrenkt?
ist es (ayr, es) fer-RENKT

È slogato (slogata)?
eh sloh-GAH-toh (sloh-GAH-tah)

¿Está torcido (torcida)?
ehs-TAH tohr-SEE-doh (tohr-SEE-dah)

Is it broken?

Est-ce une fracture?
ehs ün frak-TÜR

Ist es gebrochen?
ist es ge-BRO-khuhn

È rotto (rotta)?
eh ROHT-toh (ROHT-tah)

¿Está roto (rota)?
ehs-TAH ROH-toh (ROH-tah)

Are you going to take x-rays?

Allez-vous prendre des radiographies?
a-LAY voo PRÄH-druh day ra-dyoh-gra-FEE

Werden Sie Röntgenaufnahmen nehmen?
VER-duhn zee RÖNT-guhn-OWF-nah-muhn NAY-muhn

Farà una radiosкопия?
fah-RAH OO-nah rah-dyoh-skoh-PEE-ah

¿Va usted a tomar una radiografía?
vah oos-TEHD ah toh-MAHR OO-nah rah-dyoh-grah-FEE-ah

Do I have to go to the hospital?

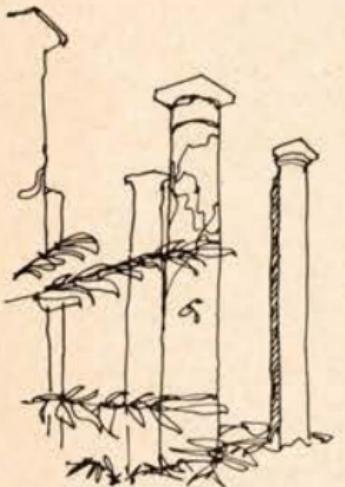
Me faut-il aller à l'hôpital?
muh foh-tee la-LAY a loh-peee-TAL

Muss ich ins Krankenhaus gehen?
mus iç ins KRAN-kuhn-hows GAY-uhn

Devo andare all' ospedale?
DAY-voh ahn-DAH-ray ahl-lohs-pay-DAH-lay

¿Tengo que ir al hospital?
TEHN-goh keh eer ahl ohs-pee-TAHL

**At the Doctor's
(continued)**



ENGLISH

Do I have to stay in bed?

FRENCH

Faut-il que je reste au lit?
foh-teel kuh zhuh rehst oh lee

For how long?

Pour combien de temps?
poor kāw-BYĒH duh tāh

How much temperature do I have?

Quelle est ma température?
keh leh ma tāh-pay-ra-TŪR

Is my illness serious (contagious)?

Est-ce que ma maladie est grave (contagieuse)?
ehs kuh ma ma-la-DEE eh grav (kāw-ta-ZHÖZ)

Do I have to be operated on?

Faut-il m'opérer?
foh-TEEL maw-pay-RAY

GERMAN

Muss ich im Bett bleiben?
mus iç im bet BLI-buhn

Wie lange?
vee LAN-guh

Wie hoch ist meine Temperatur?
vee hohkh ist MĪ-nuh tem-peh-ra-TOOR

Bin ich sehr krank? (Ist meine Krankheit ansteckend?)
bin iç zayr krank (ist MĪ-nuh KRANK-hít an-SHTEK-kuhnt)

Muss ich operiert werden?
mus iç oh-pe-REERT VER-duhn

ITALIAN

Devo stare a letto?
DAY-voh STAH-ray ah LEHT-toh

Per quanto tempo?
payr KWAHN-toh TEHM-poh

Che temperatura ho?
kay taym-pay-rah-TOO-rah aw

E grave (contagiosa) la mia malattia?
eh GRAH-vay (kohn-tah-JOH-sah) lah MEE-ah mah-laht-TEE-ah

Sarà necessario operare?
sah-RAH nay-chays-SAH-ryoh oh-pay-RAH-ray

SPANISH

¿Tengo que guardar cama?
TEHN-goh keh gwahr-DAHR KAH-mah

¿Por cuánto tiempo?
pohr KWAHN-toh TYEHM-poh

¿Qué temperatura tengo?
keh tehm-peh-rah-TOO-rah TEHN-goh

¿Es grave (contagiosa) mi enfermedad?
ehs GRAH-veh (kohn-tah-HYOH-sah) mee ehn-fehr-meh-DAHD

¿Tendrá que operarme?
tehn-DRAH keh oh-peh-RAHR-meh

**At the Doctor's
(continued)**

ENGLISH

When do you think I will be better?

FRENCH

Quand croyez-vous que j'irai mieux?
kāh krwah-YAY voo kuh zhee-RAY myō

Do I have to follow a special diet?

Dois-je suivre un régime spécial?
dwahzh SÜEE-vruh üh ray-ZHEEM spay-SYAL

I am on a special diet.

Je suis un régime spécial.
zhuh süee üh ray-ZHEEM spay-SYAL

I have ulcers.

J'ai des ulcères.
zhay day zül-SEHR

I am allergic to ____.

Je suis allergique à ____.
zhuh süee a-lehr-ZHEEK a

GERMAN

Wann glauben Sie dass es mir besser gehen wird?
van GLOW-buhn zee das es meer BES-suhr GAY-uhn virt

Muss ich eine Sonderdiät einhalten?
mus
iç İ-nuh ZON-duhr-di-et İN-hal-tuhn

Ich halte eine Sonderdiät ein.
iç HAL-tuh İ-nuh ZON-duhr-di-et in

Ich habe Magengeschwür.
iç HAH-buh MAH-guhn-ge-shvühr

Ich bin allergisch gegen ____.
iç bin al-LER-gish GAY-guhn

ITALIAN

Quando crede che starò meglio?
KWAHN-doh KRAY-day kay stah-RAW MEH-lyoh

Dovrò stare a dieta speciale?
doh-VRAW STAH-ray ah DYEH-tah spay-CHAH-lay

Sto a dieta speciale.
staw ah DYEH-tah spay-CHAH-lay

Ho un' ulcerा.
aw oo-NOOL-chay-rah

Sono allergico (allergica) a ____.
SOH-noh ahl-LEHR-jee-koh (ahl-LEHR-jee-kah) ah

SPANISH

¿Cuándo cree usted que voy a estar mejor?
KWAHN-doh KREH-eh oos-TEHD keh voy ah ehs-TAHR meh-HOHR

¿Tendré que estar a dieta especial?
tehn-DREH keh ehs-TAHR ah DYEH-tah ehs-peh-SYAHLL

Estoy a dieta especial.
ehs-TOY ah DYEH-tah ehs-peh-SYAHLL

Tengo úlceras.
TEHN-goh OOL-seh-rahs

Soy alérgico (alérgica) a ____.
soy ah-LEHR-hee-koh (ah LEHR-hee-kah) ah

**At the Doctor's
(continued)**



ENGLISH

I am a diabetic.

FRENCH

Je suis diabétique.
zhuh süee dya-bay-TEEK

I take regular medication for
_____.

Je prends régulièrement des
médicaments pour _____.
zhuh präh ray-gü-lyehr-MÄH
day may-dee-ka-MÄH poor

Where can I have the
prescription filled?

Où puis-je faire préparer
l'ordonnance?
oo püeezh fehr pray-pa-RAY
lawr-daw-NÄHS

How often do I have to take
the medicine?

Combien de fois faut-il
prendre le médicament?
käw-BYEH duh fwah
foh-TEEL PRÄH-druh luh
may-dee-ka-MÄH

GERMAN

Ich bin zuckerkrank.
iç bin TSUK-kuhr-krank

Ich nehme regelmässig
Medizin für _____.
iç NAY-muh
RAY-guhl-mes-siç
me-di-TSEEN führ

Wo kann ich das Rezept
zubereiten lassen?
voh kan iç das re-TSEPT
TSOO-be-RÍ-tuhn LAS-suhn

Wie oft muss ich die Medizin
nehmen?
vee oft mus iç dee
me-di-TSEEN NAY-muhn

ITALIAN

Ho il diabete.
aw eel dee-ah-BEH-tay

Prendo regolarmente una
medicina per _____.
PREHN-doh
ray-goh-lahr-MAYN-tay
OO-nah may-dee-CHEE-nah
payr

Dove posso far preparare
questa ricetta?
DOH-vay PAWS-soh fahr
pray-pah-RAH-ray
KWAYS-tah ree-CHEHT-tah

Quante volte al giorno devo
prendere la medicina?
KWAHN-tay VAWL-tay ahl
JOHR-noh DAY-voh
PREHN-day-ray lah
may-dee-CHEE-nah

SPANISH

Soy diabético (diabética).
soy dyah-VEH-tee-koh
(dyah-VEH-tee-kah)

Tomo regularmente medicina
para _____.
TOH-moh
reh-goo-lahr-MEHN-teh
meh-dee-SEE-nah PAH-rah

¿Dónde pueden prepararme la
receta?
DOHN-deh PWEH-dehn
preh-pah-RAHR-meh lah
reh-SEH-tah

¿Cuántas veces al día tengo
que tomar esta medicina?
KWAHN-tahs BEH-sehs ahl
DEE-ah TEHN-goh keh
toh-MAHR EHS-tah
meh-dee-SEE-nah

**At the Doctor's
(continued)**

ENGLISH

**May I have a sedative
(sleeping pill)?**

FRENCH

Puis-je avoir un calmant
(somnifère)?
püeezh a-VWAHR üh
kal-MÄH (sawm-nee-FEHR)

When should I see you again?

Quand faut-il vous revoir?
käh foh-TEEL voo
ruh-VWAHR

When can I travel?

Quand pourrai-je voyager?
käh poo-RAYZH
vwah-ya-ZHAY

What is your fee?

Qu'est-ce que je vous dois?
kehs kuh zhuh voo dwah

GERMAN

Darf ich ein
Beruhigungsmittel (eine
Schlaftablette) haben?
darf iç in
be-ROO-i-gungs-mit-tuhl
(I-nuh)
SHLAHF-ta-BLET-tuh)
HAH-buhn

Wann soll ich Sie
wiedersehen?
van zol iç zee
VEE-duhr-zay-uhn

Wann kann ich wieder reisen?
van kan iç VEE-duhr RI-zuhn

Was bin ich Ihnen schuldig?
vas bin iç EE-nuhn SHUL-diç

ITALIAN

Posso avere un calmante (un
sonnifero)?
PAWS-soh ah-VAY-ray oon
kahl-MAHN-tay (oon
sohn-NEE-fay-roh)

Quando dovrò rivederla?
KWAHN-doh doh-VRAW
ree-vay-DAYR-lah

Quando potrò viaggiare?
KWAHN-doh poh-TRAW
vyah-JAH-ray

Qual' è il Suo onorario?
kwahl eh eel SOO-oh
oh-noh-RAH-ryoh

SPANISH

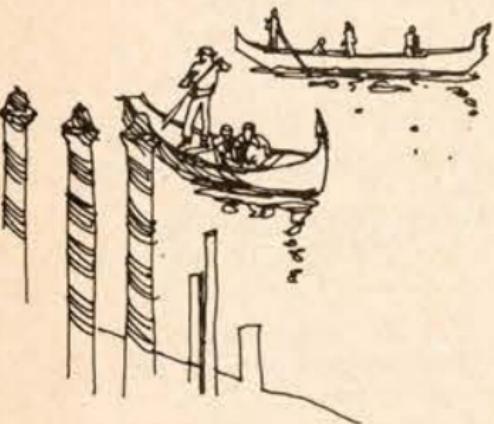
¿Puede darme un calmante
(somnífero)?
PWEH-deh DAHR-meh oon
kahl-MAHN-teh
(sohm-NEE-feh-roh)

¿Cuándo tendré que verle otra
vez?
KWAHN-doh tehn-DREH
keh VEHR-leh OH-trah vehs

¿Cuándo podré viajar?
KWAHN-doh poh-DREH
vyar-HAHR

¿Cuánto le debo?
KWAHN-toh leh DEH-voh

At the Dentist's



ENGLISH

Can you recommend a good (English-speaking) dentist?

Where is the nearest dentist?

I (don't) have an appointment.

FRENCH

Pourriez-vous me recommander un bon dentiste (qui parle anglais)?
poo-ree-AY voo muh ruh-kaw-mäh-DAY üh bāw dāh-TEEST
(kee parl āh-GLEH)

Où se trouve le dentiste le plus proche?
oo suh troov luh dāh-TEEST
luh plü prawsh

J'ai un rendez-vous. (Je n'ai pas de rendez-vous.)
zhay üh rāh-day-VOO (zhuh nay pah duh rāh-day-VOO)

GERMAN

Können Sie einen guten (englischsprechenden) Zahnarzt empfehlen?
KÖN-nuhn zee T-nuhn GOO-tuhn (EN-glish-SHPRE-çen-duhn)
TSAHN-artst emp-FAY-luhn

Wo wohnt der nächste Zahnarzt?
voh vohnt dayr NAYÇ-stuh TSAHN-artst

Ich habe eine (keine) Verabredung.
ic HAH-buh T-nuh (K-nuh) fer-AP-ray-dung

ITALIAN

Mi può indicare un buon dentista (che parla inglese)?
mee pwaw een-dee-KAH-ray oon bwawn dayn-TEES-tah
(kay PAHR-lee een-GLAY-say)

Dov'è il dentista più vicino?
doh-VEH eel dayn-TEES-tah pyoo vee-CHEE-noh

Ho un appuntamento. (Non ho appuntamento.)
aw oon ahp-poont-tah-MAYN-toh.
(nohn aw ahp-poont-tah-MAYN-toh)

SPANISH

¿Puede usted recomendarme un buen dentista (que hable inglés)?
PWEH-deh oos-TEHD reh-koh-mehn-DAHR-meh oon bwewn dehn-TEES-tah (keh AH-vleh een-GLEHS)

¿Dónde está el dentista más cercano?
DOHN-deh ehs-TAH ehl dehn-TEES-tah mahs sehr-KAHN-noh

(No) tengo turno.
(noh) TEHN-goh TOOR-noh

**At the Dentist's
(continued)**

ENGLISH

Can you give me an appointment as soon as possible?

FRENCH

Pourriez-vous me donner un rendez-vous le plus tôt possible?
poo-re-AY voo muh daw-NAY üh räh-day-VOO luh plü toh paw-SEE-bluh

I have a toothache.

J'ai mal aux dents.
zhay ma loh däh

This tooth hurts.

Cette dent me fait mal.
seht däh muh feh mal

I cracked my tooth.

Je me suis fêlé une dent.
zhuh muh süee feh-LAY ün däh

GERMAN

Kann ich mich so bald als möglich mit dem Zahnarzt verabreden?
kan iç miç zo balt als MÖHG-liç mit daym TSAHN-artst fer-AP-ray-duhn

Ich habe Zahnschmerzen.
iç HAH-buh TSAHN-shmer-tsuhn

Dieser Zahn tut mir weh.
DEE-zuhr tsahn toot meer vay

Ich habe meinen Zahn gebrochen.
iç HAH-buh MĪ-nuhn tsahn ge-BRO-khuhn

ITALIAN

Mi può fissare un appuntamento al più presto?
mee pwaw fees-SAH-ray oon ahp-poon-tah-MAYN-toh ahl pyoo PREHS-toh

Ho mal di denti.
aw mahl dee DEHN-tee

Questo dente mi fa male.
KWAYS-toh DEHN-tay mee fah MAH-lay

Mi si è rotto un dente.
mee see eh ROHT-toh oon DEHN-tay

SPANISH

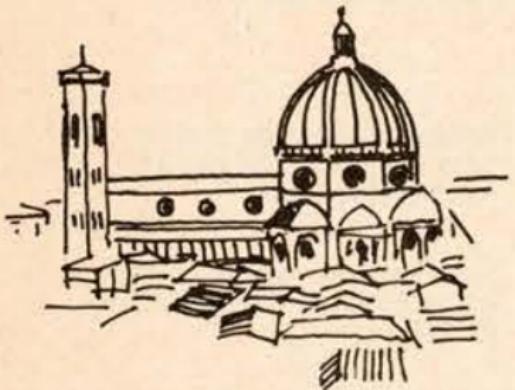
¿Puede usted darmel una hora cuanto antes?
PWEH-deh oos-TEHD DAHR-meh OO-nah OH-rah KWAHN-toh AHN-tehs

Tengo un dolor de muelas.
TEHN-goh oon doh-LOHR deh MWEH-lahs

Me duele este diente.
meh DWEH-leh EHS-teh DYEHN-teh

Se me rompió un diente.
seh meh rohm-PYOH oon DYEHN-teh

At the Dentist's (continued)



ENGLISH

Can you give me something to relieve the pain?

Please use novocaine, rather than gas.

I am allergic to novocaine.

FRENCH

Pourriez-vous me donner quelque chose pour soulager la douleur?
poo-ree-AY voo muh daw-NAY KEHL-kuh shohz poor soo-la-ZHAY la doo-LÖR

Donnez-moi de la novocaine plutôt que du gaz, s'il vous plaît.
daw-NAY mwah duh la naw-vaw-ka-EEN plü-TOH kuh dü gaz, seel voo PLEH

Je suis allergique à la novocaine.
zhuh süee a-lehr-ZHEEK a la naw-vaw-ka-EEN

GERMAN

Können Sie mir etwas geben um den Schmerz zu lindern?
KÖN-nuhn zee meer ET-vas GAY-buhn um dayn shmerts zu LIN-duhrn

Bitte, geben Sie mir Novokain statt Gas.
BIT-tuh, GAY-buhn zee meer noh-voh-ka-EEN shtat gas

Ich bin allergisch gegen Novokain.
iç bin al-LER-gish GAY-guhn noh-voh-ka-EEN

ITALIAN

Mi può dare qualcosa per alleviare il dolore?
mee pwaw DAH-ray kwahl-KAW-sah payr ahl-lay-VYAH-ray eel doh-LOH-ray

La prego di adoperare la novocaina invece del gas.
lah PREH-goh dee ah-doh-pay-RAH-ray lah noh-voh-kah-EE-nah een-VAY-chay dayl gahs

Sono allergico (allergica) alla novocaina.
SOH-noh ahl-LAYR-jee-koh (ahl-LAYR-jee-kah) ahl-lah noh-voh-kah-EE-nah

SPANISH

¿Puede usted darme algo para aliviar el dolor?
PWEH-deh oos-TEHD DAHR-meh AHL-goh PAH-rah ah-lee-VYAHHR ehl doh-LOHR

Haga el favor de usar la novocaina más bien que el gas.
AH-gah ehl fah-VOHR deh oo-SAHR lah noh-voh-kah-EE-nah mahs byehn keh ehl gahs

Soy alérgico (alérgica) a la novocaina.
soy ah-LEHR-hee-koh (ah-LEHR-hee-kah) ah lah noh-voh-kah-EE-nah

**At the Dentist's
(continued)**

ENGLISH

I would (not) like the tooth extracted.

FRENCH

Je (ne) voudrais (pas) me faire arracher la dent.
zhuh (nuh) voo-DREH (pah)
muh fehr a-ra-SHAY la dāh

GERMAN

Ich möchte den Zahn (nicht) ausgezogen haben.
iç MÖÇ-tuh dayn tsahn (niçt)
OWS-ge-tsoh-guhn
HA-buhn

ITALIAN

(Non) mi piacerebbe che il dente fosse estratto.
(nohn) mee
pyah-chay-REHB-bay kay eel
DEHN-tay FOHS-say
ays-TRAHT-toh

SPANISH

(No) quisiera que me sacara el diente.
(noh) kee-SYEH-rah keh meh sah-KAH-rah ehl DYEHN-teh

The filling has fallen out.

Le plombage est tombé.
luh pläw-BAZH eh tāw-BAY

Die Plombe ist herausgefallen.
dee PLOM-buh ist he-ROWS-ge-fal-luhn

Mi è ceduta l' otturazione.
mee eh kah-DOO-tah
loht-too-rah-TSYOH-nay

El empaste se cayó.
ehl ehm-PAHS-teh seh kah-YOH

I have lost a filling.

J'ai perdu un plombage.
zhay pehr-DÜ üh pläw-BAZH

Ich habe eine Plombe verloren.
iç HAH-buh İ-nuh
PLOM-buh fer-LOH-ruhn

Ho perduto un' otturazione.
aw payr-DOO-toh
oo-noht-too-rah-TSYOH-nay

Perdí un empaste.
pehr-DEE oon ehm-PAHS-teh

Can you fill it now?

Pourriez-vous la plomber maintenant?
poo-ree-AY voo la pläw-BAY
mēht-NÄH

Können Sie ihn jetzt plombieren?
KÖN-nuhn zee een yetst
plom-BEE-ruhn

Me lo può otturare adesso?
may loh pwaw
oht-too-RAH-ray
ah-DEHS-soh

¿Me lo puede usted empastar ahora?
meh loh PWEH-deh
oos-TEHD ehm-pahs-TAHR
ah-OH-rah

**At the Dentist's
(continued)**



ENGLISH

I would prefer a silver (gold, temporary) filling.

FRENCH

Je préférerais un plombage en argent (en or, provisoire).
zhuh pray-fay-reh-REH üh
pläw-BAZH áh nar-ZHÄH
(äh nawr, praw-vee-ZWAHR)

GERMAN

Ich würde eine Silberzahnfüllung (Goldzahnfüllung, provisorische Zahnpfützung) vorziehen.
iç VÜR-duh ī-nuh
ZIL-buhr-TSAHN-fü-lung (GOLT-TSAHN-fü-lung, pro-vi-ZOH-ri-shuh TSAHN-fü-lung)
FOHR-tsee-uhn

ITALIAN

Preferirei un' otturazione d'argento (d'oro, provvisoria).
pray-fay-ree-REH-ee
oo-noht-too-rah-TSYOH-nay
dahr-JEHN-toh (DAW-roh, prohv-vee-SAW-ryah)

SPANISH

Preferiría un empaste de plata (de oro, temporáneo).
preh-feh-ree-REE-ah oon ehm-PAHS-teh deh PLAH-tah (deh OH-roh, tehm-poh-RAH-neh-oh)

Can you repair this denture?

Pourriez-vous réparer ce dentier?
poo-ree-AY voo ray-pa-RAY
suh däh-TYAY

Können Sie dieses Gebiss reparieren?
KÖN-nuhn zee DEE-zes
ge-BIS re-pa-REE-ruhn

Può accomodare questa dentiera?
pwaw
ahk-koh-moh-DAH-ray
KWAYS-tah dayn-TYEH-rah

¿Puede usted arreglar esta dentadura?
PWEH-deh oos-TEHD
ahr-reh-GLAHR EHS-tah
dehn-tah-DOO-rah

Can you make a new denture?

Pourriez-vous me refaire un autre dentier?
poo-ree-AY voo muh
ruh-FEHR üh NOH-truh
däh-TYAY

Können Sie ein neues Gebiss machen?
KÖN-nuhn zee īn NOI-uhs
ge-BIS MA-kuhn

Mi può fare una dentiera nuova?
mee pwaw FAH-ray OO-nah
dayn-TYEH-rah NWAW-vah

¿Puede usted hacer una dentadura nueva?
PWEH-deh oos-TEHD
ah-SEHR OO-nah
dehn-tah-DOO-rah
NWEH-vah

**At the Dentist's
(continued)**

ENGLISH

My gums hurt me.

FRENCH

Les gencives me font mal.
lay zhāh-SEEV muh fāw mal

GERMAN

Mein Zahnfleisch tut mir
weh.
min TSAHN-flīsh toot meer
vay

ITALIAN

Mi fanno male le gengive.
mee FAHN-noh MAH-lay lay
jayn-JEE-vay

SPANISH

Me duelen las encías.
meh-DWEH-lehn lahs
ehn-SEE-ahs

How long will it take?

Combien de temps cela
prendra-t-il?
kāw-BYĒH duh tāh suh-LA
prāh-dra-TEEL

Wie lange wird es dauern?
vee LANG -uh virt es
DOW-uhrn

Quanto tempo ci vorrà?
KWAHN-toh TEHM-poh
chee vohr-RAH

¿Cuánto podrá tardar?
KWAHN-toh poh-DRAH
tahr-DAHR

**How many visits will
it require?**

Combien de visites me
faudra-t-il?
kāw-BYĒH duh vee-ZEET
muh foh-dra-TEEL

Wieviele Besuche wird es
brauchen?
vee-FEE-luh be-ZOO-khuh
virt es BROW-kuhn

Quante visite ci vorranno?
KWAHN-tay VEE-see-tay
chee vohr-RAHN-noh

¿Cuántas visitas se
necesitarán?
KWAHN-tahs bee-SEE-tahs
seh neh-seh-see-tah-RAHN

How much will it cost?

Combien est-ce que cela
coûtera?
kāw-BYĒH ehs kuh suh-LA
koo-TRA

Wieviel wird es kosten?
vee-FEEL virt es KOS-tuhn

Quanto costerà?
KWAHN-toh kohs-tay-RAH

¿Cuánto va a costar?
KWAHN-toh vah ah
kohs-TAHR

Ouch!

Aïe!
a-ee

AU!
OW

ahi!
AH-ee

¡Ay!
ahy

Stop!

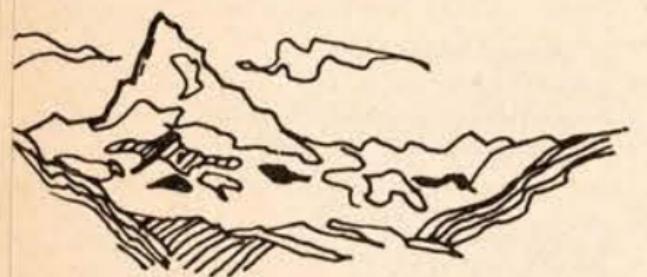
Arrêtez!
a-reh-TAY

Halten Sie an!
Hal-tuhn zee an

Arresti!
ahr-REHS-tee

¡Pare usted!
PAH-reh oos-TEHD

At the Hospital



ENGLISH

This is my Blue Cross identification card.

FRENCH

Voici ma carte d'identité d'assurance maladie (Blue Cross).
vwah-SEE ma kart dee-dāh-tee-TAY da-sü-RĀHS ma-la-DEE

I will need a detailed bill to collect my health insurance.

J'aurai besoin d'une note détaillée pour toucher mon assurance.
zhaw-RAY buh-ZWĒH dün nawt day-ta-YAY poor too-SHAY māw na-sü-RĀHS

GERMAN

Hier ist meine Krankenkasseidentifikations-karte (Blue Cross).
heer ist Mī-nuh KRANK-uhn-kas-suh-i-den-ti-fi-ka-TSYOHNS-kar-tuh

Ich werde eine ausführliche Quittung brauchen, um meine Krankenkasseven-sicherung zu erhalten.
iç VER-duh ī-nuh ows-FÜHR-li-çuh KVIT-tung BROW-khuhn, um Mī-nuh KRANK-uhn-kas-suh-fer-ZI-çuh-rung tsoo er-HAL-tuhn

ITALIAN

Ecco la mia tessera della Blue Cross (Croce azzurra).
EHK-koh lah MEE-ah TEHS-say-rah DAYL-lah (KROH-chay ah-DZOOR-rah)

Avrò bisogno di un conto particolareggiato per riscuotere la mia assicurazione medica.
ah-VRAW bee-SAW-nyoh dee oon KOHN-toh pahr-tee-koh-lah-ray-JAH-toh payr rees-KWAW-tay-ray lah MĒ-ah ahs-see-koo-rah-TSYOH-nay MEH-dee-kah

SPANISH

Aquí tiene usted mi tarjeta de seguro contra enfermedades (Blue Cross).
ah-KEE TYEH-neh oos-TEHD mee tahr-HEH-tah deh seh-GOO-roh KOHN-trah ehn-fehr-meh-DAH-dehs

Necesito una cuenta detallada para cobrar mi seguro de sanidad.
neh-seh-SEE-toh OO-nah KWEHN-tah deh-tah-LYAH-dah PAH-rah koh-VRAHR mee seh-GOO-roh deh sah-nee-DAHD

**At the Hospital
(continued)**

ENGLISH

How long will I have to remain here?

FRENCH

Combien de temps faudra-t-il que je reste ici?
kāw-BYĒH duh tāh foh-dra-TEEL kuh zhuh rehst ee-SEE

When may I have visitors?

Quand puis-je avoir des visites?
kāh püeezh a-VWAHR day vee-ZEET

What are your rates?

Quels sont vos tarifs?
kehl sāw voh ta-REEF

GERMAN

Wie lange muss ich hier bleiben?
vee LANG-uh mus iç heer BLI-buhn

Wann darf ich Besuch bekommen?
van darf iç be-ZOOKH be-KOM-muhn

Welche sind Ihre Preise?
VEL-çuh zint EE-ruh PRĪ-zuh

ITALIAN

Quanto tempo dovrò rimanere qui?
KWAHN-toh TEHM-poh doh-VRAW ree-mah-NAY-ray kwee

Quando potrò ricevere visite?
KWAHN-doh poh-TRAW ree-chay-VAY-ray VEE-see-tay

Quali sono le tariffe?
KWAH-lee SOH-noh lay tah-REEF-fay

SPANISH

¿Cuánto tiempo tendré que quedarme aquí?
KWAHN-toh TYEHM-poh tehn-DREH keh keh-DAHR-meh ah-KEE

¿Cuándo podré recibir visitantes?
KWAHN-doh poh-DREH reh-see-VEER bee-see-TAHN-tehs

¿Cuáles son sus tarifas?
KWAH-lehs sohn soos tah-REE-fahs

What the Doctor (or Dentist) May Say

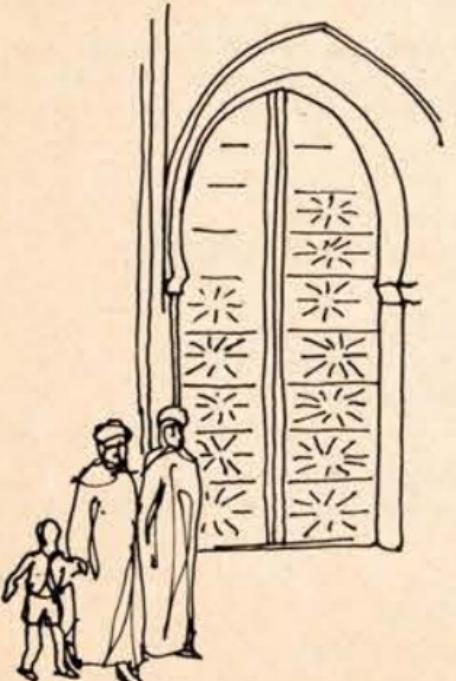


ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
What seems to be wrong?	Qu'est-ce qui ne va pas? keh's kee nuh va pah	Was fehlt Ihnen? vas faylt EE-nuhn	Che c'è che non va? kay cheh kay nohn vah	¿Qué le ocurre? keh leh oh-KOOR-reh
Are you all right now?	Êtes-vous bien maintenant? eht voo byēh mēht-NĀH	Geht es Ihnen jetzt gut? gayt es EE-nuhn yetst goot	Sta bene adesso? stah BEH-nay ah-DEHS-soh	¿Está usted bien ahora? ehs-TAH oos-TEHD byehn ah-OH-rah
Where does it hurt?	Où avez-vous mal? oo a-VAY voo mal	Wo tut es Ihnen weh? voh toot es EE-nuhn vay	Dove fa male? DOH-vay fah MAH-lay	¿Dónde le duele? DOHN-deh leh DWEH-leh
For how long?	Depuis quand? duh-PÜEE kāh	Wie lange? vee LANG-uh	Da quanto tempo? dah KWAHN-toh TEHM-poh	¿Desde cuándo? DEHS-deh KWAHN-doh
How long have you been ill?	Depuis quand êtes-vous malade? duh-PÜEE kāh eht voo ma-LAD	Wie lange sind Sie schon krank? vee LANG-uh zint zee shohn krank	Da quanto tempo è ammalato (ammalata)? dah KWAHN-toh TEHM-poh eh ahm-mah-LAH-toh (ahm-mah-LAH-tah)	¿Desde cuándo está usted enfermo (enferma)? DEHS-deh KWAHN-doh ehs-TAH oos-TEHD ehn-FEHR-moh (ehn-FEHR-mah)

**What the Doctor
(or Dentist)
May Say (*continued*)**

ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
Lie down.	Étendez-vous. ay-tāh-DAY voo	Legen Sie sich hin. LAY-guhn zee ziç hin	Si corichi. see KAW-ree-kee	Acuéstese. ah-KWEHS-teh-seh
Remove (take off) your clothes (to the waist).	Déshabillez-vous (jusqu'à la ceinture). day-za-bee-YAY voo (zhüs-KA la sēh-TÜR)	Entkleiden Sie sich bis zur Hüfte. ent-KLĪ-duhn zee siç bis tsoor HÜF-tuh	Si spogli fino alla vita. see SPAW-lyee FEE-noh AHL-lah VEE-tah	Desnúdese hasta la cintura. dehs-NOO-deh-seh AHS-tah lah seen-TOO-rah
Open your mouth.	Ouvrez la bouche. oo-VRAY la boosh	Öffnen Sie den Mund. ÖF-nuhn zee dayn munt	Apra la bocca. AH-prah lah BOHK-kah	Abra la boca. AH-vrah lah VOH-kah
Stick out your tongue.	Montrez-moi la langue. māw-TRAY mwah la lähg	Zeigen Sie mir Ihre Zunge. TSI-guhn zee meer EE-ruh TSUNG-uh	Mi faccia vedere la lingua. mee FAH-chah vay-DAY-ray lah LEEN-gwah	Muéstreme la lengua. MWEHS-treh-meh lah LEHN-gwah
Breathe (hard).	Respirez (profondément). reh-spee-RAY (praw-fāw-day-MĀH)	Tief atmen. teef AHT-muhn	Respiri (forte). rays-PEE-ree (FAWR-tay)	Respire (fuerte). rehs-PEE-reh (FWEHR-teh)
Inhale.	Inspirez. ēh-spee-RAY	Einatmen. ĒN-aht-muhn	Aspiri. ahs-PEE-ree	Inhale. ee-NAH-leh

**What the Doctor
(or Dentist)
May Say (*continued*)**



ENGLISH

Exhale.

FRENCH

Expirez.
ehk-spee-RAY

You have fever.

Vous avez de la fièvre.
voo za-VAY duh la
FYEH-vruh

I will give you an injection.

Je vais vous faire une piqûre.
zhuh vay voo fehr ün
pee-KÜR

Take this (in water).

Prenez ceci (dans de l'eau).
preh-NAY suh-SEE (dāh duh
loh)

Have this prescription filled.

Faites préparer cette
ordonnance.
feht pray-pa-RAY seht
awr-daw-NAHS

GERMAN

Ausatmen.
OWS-aht-muhn

Sie haben Fieber.
zee HAH-buhn FEE-buhr

Ich werde Ihnen eine Spritze
geben.
iç VER-duh EE-nuhn İ-nuh
SHPRI-tsuh GAY-buhn

Lösen Sie es in Wasser auf.
LÖH-zuhn zee es in
VAS-suhr owf

Lassen Sie dieses Rezept
zubereiten.
LAS-suhn zee DEE-zuhs
re-TSEPT TSOO-be-ri-tuhn

ITALIAN

Esali.
ay-SAH-lee

Ha febbre.
ah FEHB-bray

Le farò un'iniezione.
lay fah-RAW
oo-nee-nyay-TSYOH-nay

Prenda questo (con un po'
d'acqua).
PREHN-dah KWAYS-toh
(kohn oon paw DAHK-kwah)

Faccia preparare questa
ricetta.
FAH-chah
pray-pah-RAH-ray
KWES-tah ree-CHEHT-tah

SPANISH

Exhale.
ehk-SAH-leh

Usted tiene fiebre.
oos-TEHD TYEH-neh
FYEH-vreh

Le voy a poner una inyección.
leh voy ah poh-NEHR
OO-nah een-YEHK-syohn

Tome esto (con un poco de
agua).
TOH-meh EHS-toh (kohn oon
POH-koh deh AH-gwah)

Haga preparar esta receta.
AH-gah preh-pah-RAHR
EHS-tah reh-SEH-tah

**What the Doctor
(or Dentist)
May Say (*continued*)**

ENGLISH

Are you allergic to ____?

FRENCH

Êtes-vous allergique à ____?
eht voo a-lehr-ZHEEK a

Do you feel better now?

**Vous sentez-vous mieux
maintenant?**
voo säh-TAY voo myö
měht-NÄH

Come back on ____.

Revenez le ____.
ruh-vuh-NAY luh

You have to stay in bed.

Il faut que vous restiez au lit.
eel foh kuh voo rehs-TYAY oh
lee

GERMAN

Sind Sie allergisch gegen ____?
zint zee al-LER-gish
GAY-guhn

Fühlen Sie sich jetzt besser?
FÜH-luhn zee ziç yetst
BES-suhr

Kommen Sie am ____ zurück.
KOM-muhn zee am ____
tsu-RÜK

Sie müssen im Bett bleiben.
zee MÜS-suhn im bet
BLI-buhn

ITALIAN

È allergico (allergica) a ____?
eh ahl-LAYR-jee-koh
(ahl-LAYR-jee-kah) ah

Si sente meglio adesso?
see SEHN-tay MEH-lyoh
ah-DEHS-soh

Ritorni ____.
ree-TOHR-ni

Deve rimanere a letto.
DEH-vay ree-mah-NAY-ray
ah LEHT-toh

SPANISH

**¿Es usted alérgico (alérgica) a
_____?**
ehs oos-TEHD
ah-LEHR-hee-koh
(ah-LEHR-hee-kah) ah

¿Está usted mejor ahora?
ehs-TAH oos-TEHD
meh-HOHR ah-OH-rah

Vuelva el ____.
BWEHL-bah ehl

**Usted tiene que guardar
cama.**
oos-TEHD TYEH-neh keh
gwahr-DAHR KAH-mah

**What the Doctor
(or Dentist)
May Say (*continued*)**



ENGLISH

You have to go to the hospital.

FRENCH

Il faut que vous alliez à
l'hôpital.
eel foh kuh voo za-LYAY a
loh-pee-TAL

What is your name?

Comment vous appelez-vous?
kaw-MAH voo zap-LAY voo

What is your address?

Quelle est votre adresse?
kehl eh VAW-truh a-DREHS

Who is your next of kin?

Qui est votre parent le plus
proche?
kee eh VAW-truh pa-RÄH luh
plü prawsh

GERMAN

Sie müssen ins Krankenhaus
gehen.
zee MÜS-suhn ins
KRANK-uhn-hows GAY-uhn

Wie heißen Sie?
vee HÍ-suhn zee

Wo wohnen Sie?
voh VOH-nuhn zee

Wer ist Ihr nächster
Verwandter?
vayr ist eer NAYÇ-stuhr
fer-VANT-tuhr

ITALIAN

Deve andare all'ospedale.
DEH-vay ahn-DAH-ray
ahl-lohs-pay-DAH-lay

Come si chiama?
KOH-may see KYAH-mah

Qual' è il Suo indirizzo?
kwah-LEH eel SOO-oh
een-dee-REE-tsuh

Chi è il Suo parente più
prossimo?
kee eh eel SOO-oh
pah-REHN-tay pyoo
PRAWS-see-moh

SPANISH

Usted tiene que ir al hospital.
oos-TEHD TYEH-neh keh eer
ahl ohs-pee-TAHL

¿Cómo se llama usted?
KOH-moh seh LYAH-mah
oos-TEHD

¿Cuál es su dirección?
kwahl ehs soo
dee-rehk-SYOHN

¿Quién es su pariente más
próximo?
kyehn ehs soo
pah-RYEHN-teh mahs
PROHK-see-moh

At the Drugstore

ENGLISH

Where is the nearest drugstore?

FRENCH

Où se trouve la pharmacie la plus proche?
oo suh troov la far-ma-SEE la plü prawsh

Is it open now?

Est-elle ouverte maintenant?
eh tehl oo-VEHRT měht-NĀH

When will it be open?

Quand sera-t-elle ouverte?
kāh sra-TEHL oo-VEHRT

I would like you to fill this prescription.

Je voudrais faire préparer cette ordonnance.
zhuh voo-DREH fehr pray-pa-RAY seht awr-daw-NĀHS

GERMAN

Wo is die nächste Apotheke?
voh ist dee NAYÇ-stuh a-po-TAY-kuh

Ist sie jetzt geöffnet?
ist zee yetst ge-ÖF-nuht

Um wieviel Uhr öffnet sie?
um vee-FEEL oor ÖF-nuht zee

Ich möchte dieses Rezept zubereiten lassen.
iç MÖÇ-tuh DEE-zuhs re-TSEPT TSOO-be-ri-tuhn LAS-suhn

ITALIAN

Dov'è la farmacia più vicina?
doh-VEH lah fahr-mah-CHEE-ah pyoo vee-CHEE-nah

È aperta adesso?
eh ah-PEHR-tah ah-DEHS-soh

A che ora apre?
ah kay OH-rah AH-pray

Vorrei che mi preparasse questa ricetta.
vohr-REH-ee kay mee pray-pah-RAHS-say KWAYS-tah ree-CHEHT-tah

SPANISH

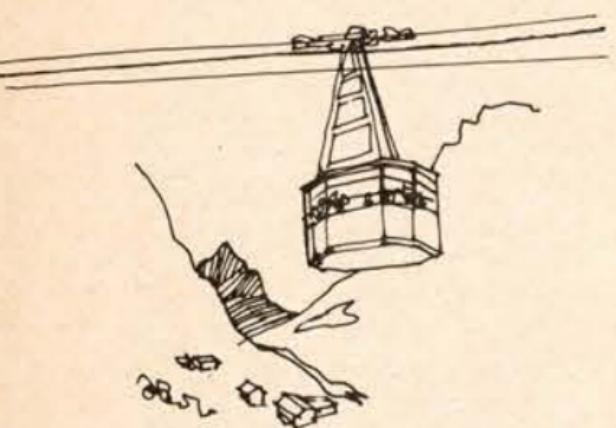
¿Dónde está la farmacia más cercana?
DOHN-deh ehs-TAH lah fahr-MAH-syah mahs sehr-KAH-nah

¿Está abierta ahora?
ehs-TAH ah-VYEHR-tah ah-OH-rah

¿Cuándo estará abierta?
KWAHN-doh ehs-tah-RAH ah-VYEHR-tah

Quisiera que usted me preparara esta receta.
kee-SYEH-rah keh oos-TEHD meh preh-pah-RAH-rah EHS-tah reh-SEH-tah

At the
Drugstore (*continued*)



ENGLISH

When will it be ready?

FRENCH

Quand sera-t-elle prête?
kāh sra-TEHL preht

What is the cost?

Combien est-ce que ça coûte?
kāw-BYEH ehs kuh sa koot

I want absorbent cotton.

Je voudrais du coton hydrophile.
zhuh voo-DREH dù kaw-TĀW ee-draw-FEEL

adhesive tape.

du sparadrap.
dù spa-ra-DRA

aspirin.

de l'aspirine.
duh las-pee-REEN

GERMAN

Wann wird es fertig sein?
van virt es FER-tic sin

Wieviel kostet es?
vee-FEEL KOS-tuht es

Ich möchte etwas Watte.
iç MÖC-tuh ET-vas WAT-tuh

einen Heftpflaster.
I-nuhn HEFT-pflas-tuhr

etwas Aspirin.
ET-vas as-pi-REEN

ITALIAN

Quando sarà pronta?
KWAHN-doh sah-RAH PROHN-tah

Quanto costerà?
KWAHN-toh kohs-tay-RAH

Vorrei del cotone idrofilo.
vohr-REH-ee dayl koh-TOH-nay ee-DRAW-fee-loh

del nastro adesivo.
dayl NAHS-troh ah-day-SEE-voh

dell'aspirina.
dayl-lahs-pee-REE-nah

SPANISH

¿Cuándo estará lista?
KWAHN-doh ehs-tah-RAH lees-TAH

¿Cuánto va a costar?
KWAHN-toh vah ah kohs-TAHR

Quiero algodón hidrófilo.
KYEH-roh ahl-goh-DOHN ee-DROH-fee-loh

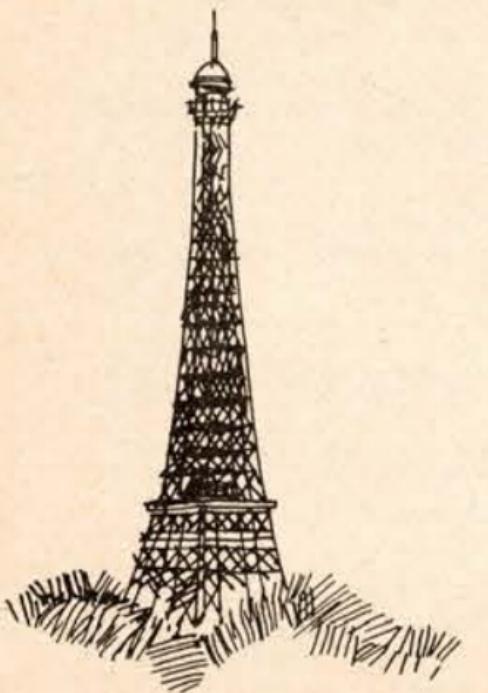
esparadrapo.
ehs-pah-rah-DRAH-poh

aspirina.
ahs-pee-REE-nah

**At the
Drugstore (continued)**

ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
a bandage.	une bande. üñ bāhd	ein Verband. in fer-BANT	una fasciatura. OO-nah fah-shah-TOO-rah	una venda. OO-nah VEHN-dah
bicarbonate of soda.	du bicarbonate de soude. dü bee-kar-baw-NAT duh SOOD	etwas Sodabikarbonat. ET-vas SOH-da-bee-kar-bo-NAHT	del bicarbonato. dayl bee-kahr-boh-NAH-toh	bicarbonato de soda. bee-kahr-boh-NAH-toh deh SOH-dah
boric acid.	de l'acide borique. duh la-SEED baw-REEK	etwas Borsäure. ET-vas BOHR-zoi-ruh	dell'acido borico. dayl-LAH-chee-doh BAW-ree-koh	ácido bórico. AH-see-doh VOH-ree-koh
castor oil.	de l'huile de ricin. duh lüeel duh ree-SĒH	Rizinusöl. ri-TSEE-nus-öhl	dell'olio di ricino. dayl-LAW-lyoh dee REE-chee-noh	aceite de ricino. ah-SEY-teh deh ree-SEE-noh
cleansing tissues.	des kleenex. day kleenex	einen Paket Kleenex. I-nuhn pa-KAYT kleenex	dei kleenex. DAY-ee kleenex	kleenex.
cough syrup.	du sirop pour la toux. dü see-ROH poor la too	etwas Hustensyrup. ET-vas HUS-tuhn-see-rup	dello sciroppo per la tosse. DAYL-loh shee-RAWP-poh payr lah TOHS-say	jarabe para la tos. hah-RAH-veh PAH-rah lah tohs

**At the
Drugstore (*continued*)**



ENGLISH

gauze.

FRENCH

de la gaze.
duh la gaz

iodine.

de la teinture d'iode.
duh la tēh-TŪR dyawd

a mild laxative.

un léger laxatif.
üh lay-ZHAY lak-sa-TEEF

something for diarrhea.

quelque chose contre la
diarrhée.
KEHL-kuh SHOHZ
KĀW-truh la dya-RAY

quinine.

de la quinine.
duh la kee-NEEN

GERMAN

Gaze.
GAH-zuh

Jod.
yoht

ein leichtes Abführmittel.
in LĪC-tuhs AP-führ-mit-tuhl

etwas gegen Durchfall.
ET-vas GAY-guhn DURÇ-fal

etwas Chinin.
ET-vas ki-NEEN

ITALIAN

della garza.
DAYL-lah GAHR-dzah

della tintura di iodio.
DAYL-lah teen-TOO-rah dee
YAW-dyoh

un purgante leggero.
oon poor-GAHN-tay
lay-JEH-roh

qualcosa contro la diarrea.
kwahl-KAW-sah KOHN-troh
lah dee-ahr-REH-ah

delle pastiglie di chinino.
DAYL-lah pahs-TEE-lyay dee
kee-NEE-noh

SPANISH

gaza.
GAH-sah

yodo.
YOH-doh

un laxante ligero.
oon lahk-SAHN-teh
lee-HEH-roh

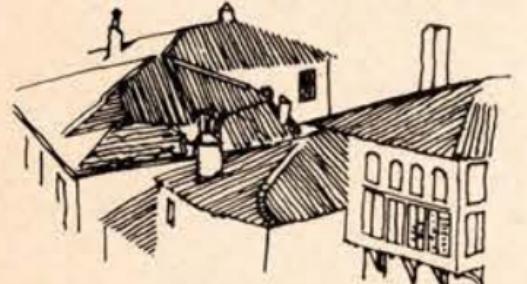
algo para la diarrea.
AHL-goh PAH-rah lah
dyahr-REH-ah

quinina.
kee-NEE-nah

**At the
Drugstore (continued)**

ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
razor blades.	des lames de rasoir. day lam duh ra-ZWAHR	Rasierklingen. ra-ZEER-kling-uhn	delle lamette da rasoio. DAYL-lay lah-MAYT-tay dah rah-SOH-yoh	hojitas de afeitar. oh-HEE-tahs deh ah-fey-TAHR
sanitary napkins.	des serviettes hygiéniques. day sehr-VYEHT ee-zhyay-NEEK	Binden. BIN-duhn	degli assorbenti igienici. DAY-lyee ahs-sohr-BEHN-tee ee-JEH-nee-chee	toallas higiénicas. toh-AH-lyahs ee-HYEH-nee-kahs
talcum powder.	de la poudre de talc. duh la POO-druh duh talk	Talkpuder. TALK-poo-duhr	della polvere di talco. DAYL-lah POHL-vay-ray dee TAHL-koh	pólv o de talco. POHL-boh deh TAHL-koh
a thermometer.	un thermomètre. uh tehr-maw-MEH-truh	ein Thermometer. in ter-mo-MAY-tuhr	un termometro. oon tayr-MAW-may-troh	un termómetro. oon tehr-MOH-meh-troh

At the Optometrist's



ENGLISH

Can you recommend a good (English-speaking) optometrist?

Where is the nearest optometrist?

I have lost my glasses (contact lenses).

FRENCH

Pourriez-vous me recommander un bon opticien (qui parle anglais)?
poo-ree-AY voo muh
ruh-kaw-mäh-DAY üh bāW
nawp-tee-SYEH (kee parl
āh-GLEH)

Où se trouve l'opticien le plus proche?
oo suh troov lawp-tee-SYEH
luh plü prawsh

J'ai perdu mes lunettes (verres de contact).
zhay pehr-DÜ may lü-NEHT
(vehr duh kāw-TAKT)

GERMAN

Können Sie einen guten (englischsprechenden) Optiker empfehlen?
KÖN-nuhn zee Ī-nuhn
GOO-tuhn
(EN-glish-SHPRE-çen-duhn)
OP-ti-kuhr emp-FAY-luhn

Wo ist der nächste Optiker?
voh ist dayr NAYÇ-stuh
OP-ti-kuhr

Ich habe meine Brille (Kontaktlinsen) verloren.
iç HAH-buh MI-nuh
BRIL-luh
(kon-TAKT-lin-zuhn)
fer-LOH-ruhn

ITALIAN

Mi può indicare un buon optometrista (che parli inglese)?
mee pwow een-dee-KAH-ray
oon bwawn
ohp-toh-may-TREES-tah (kay PAHR-lee een-GLAY-say)

Dov'è l'optometrista più vicino?
doh-VEH
lohp-toh-may-TREES-tah
pyoo vee-CHEE-noh

Ho perduto gli occhiali (le lenti a contatto).
aw payr-DOO-toh lyee
ohk-KYAH-lee (lay LEHN-tee
ah kohn-TAHT-toh)

SPANISH

¿Puede usted recomendarme un buen optometrista (que hable inglés)?
PWEH-deh oos-TEHD
reh-koh-mehn-DAHR-meh
oon bwehn
ohp-toh-meh-TREES-tah (keh AH-vleh een-GLEHS)

¿Dónde está el optometrista más cercano?
DOHN-deh ehs-TAH ehl
ohp-toh-meh-TREES-tah
mahs sehr-KAH-noh

Perdí mis gafas (microlentillas).
pehr-DEE mees GAH-fahs
(mee-kroh-lehn-TEE-lyahs)

**At the
Optometrist's
(continued)**

ENGLISH

I have broken my glasses.

FRENCH

J'ai cassé mes lunettes.
zhay ka-SAY may lü-NEHT

GERMAN

Ich habe meine Brille
zerbrochen.
iç HAH-buh MĪ-nuh
BRIL-luh tser-BRO-khuhn

ITALIAN

Mi si sono rotti gli occhiali.
mee see SOH-noh ROHT-tee
lyee ohk-KYAH-lee

SPANISH

Se me han roto las gafas.
seh meh ahn ROH-toh lahs
GAH-fahs

Can you repair my glasses?

Pourriez-vous réparer mes
lunettes?
poo-ree-AY voo ray-pa-RAY
may lü-NEHT

Können Sie meine Brille
reparieren?
KÖN-nuhn zee MĪ-nuh
BRIL-luh re-pa-REE-ruhn

Mi può accomodare gli
occhiali?
mee pwaw
ahk-koh-moh-DAH-ray lyee
ohk-KYAH-lee

¿Puede usted arreglar me las
gafas?
PWEH-deh oos-TEHD
ahr-reh-GLAHR-meh lahs
GAH-fahs

Can you put in a new lens?

Pourriez-vous y mettre un
autre verre?
poo-ree-AY voo zee
MEH-truh üh NOH-truh vehr

Können Sie eine neue Linse
einsetzen?
KÖN-nuhn zee Ī-nuh NOI-uh
LIN-zuh ĪN-zet-suhn

Ci può mettere una lente
nuova?
chee pwaw MAYT-tay-ray
OO-nah LEHN-tay
NWAW-va

¿Puede usted poner un cristal
nuevo?
PWEH-deh oos-TEHD
poh-NEHR oon krees-TAHL
NWEH-voh

Do you sell contact lenses?

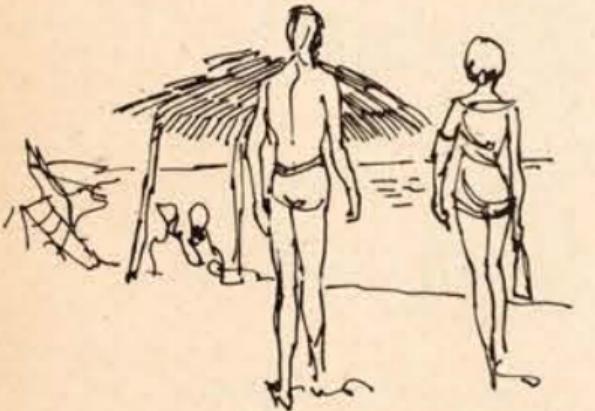
Vendez-vous des verres de
contact?
vāh-DAY voo day vehr duh
kāw-TAKT

Verkaufen Sie Kontaktlinsen?
fer-KOW-fuhn zee
kon-TAKT-lin-zuhn

Vende lenti a contatto?
VAYN-day LEHN-tee ah
kohn-TAHT-toh

¿Vende usted microlentillas?
BEHN-deh oos-TEHD
mee-kroh-lehn-TEE-lyahs

**At the
Optometrist's
(continued)**



ENGLISH

I do (not) have the
prescription for my glasses.

FRENCH

J'ai une ordonnance (je n'ai
pas d'ordonnance) pour mes
lunettes.
zhay ün awr-daw-NÄHS
(zhuh nay pah
dawr-daw-NÄHS) poor may
lü-NEHT

What frames do you have?

Quels genres de montures
avez-vous?
kehl ZHÄH-ruh duh
mäw-TÜR a-VAY-VOO

How much will it cost?

Quel en est le prix?
kehl äh neh luh pree

How long will it take?

Combien de temps
faudra-t-il?
kaw-BYEH duh täh
foh-dra-TEEL

GERMAN

Ich habe ein (kein) Rezept für
meine Brille.
iç HAH-buh in (kin)
re-TSEPT führ MI-nuh
BRIL-luh

Was für Rahmen haben Sie?
vas für RAH-muhn HAH-
buhn zee

Wieviel kostet es?
vee-FEEL KOS-tet es

Wann wird sie fertig sein?
van virt zee FER-tiç zin

ITALIAN

(Non) ho la ricetta per gli
occhiali.
(nohn) aw lah ree-CHEHT-tah
payr lyee ohk-KYAH-lee

Che genere di montatura ha?
kay JEH-nay-ray dee
mohn-tah-TOO-rah ah

Quanto costerà?
KWAHN-toh kohs-tay-RAH

Quanto tempo ci vorrà?
KWAHN-toh TEHM-poh
chee vohr-RAH

SPANISH

(No) tengo la receta para mis
gafas.
(noh) TEHN-goh lah
reh-SEH-tah PAH-rah mees
GAH-fahs

¿Qué armaduras tiene usted?
keh ahr-mah-DOO-rahs
TYEH-eh oos-TEHD

¿Cuánto va a costar?
KWAHN-toh vah ah
kohs-TAHR

¿Cuánto podrá tardar?
KWAHN-toh poh-DRAH
tahr-DAHR

Useful Everyday Expressions

ENGLISH

Good morning (afternoon,
evening, night).

FRENCH

Bonjour (bonjour, bonsoir,
bonne nuit).
bāw-ZHOO, (bāw-ZHOO, bāw-SWAHR, bawn NÜEE)

Hello.

Bonjour.
bāw-ZHOO

Good-bye.

Au revoir.
oh-ruh-VWAHR

How are you?

Comment allez-vous?
kaw-MĀH-ta-lay-VOO

Very well, thank you.

Très bien, merci.
treh byēh, mehr-SEE

Please.

S'il vous plaît.
seel voo PLEH

GERMAN

Guten Morgen (Tag, Abend,
gute Nacht).
GOO-tuhn MOR-guhn (tahk,
AH-buhnt, GOO-tuh nakht)

Guten Tag.
GOO-tuhn tahk

Auf Wiedersehen.
owf VEE-duhr-zay-uhn

Wie geht's?
vee gayts

Danke, sehr gut.
DAN-kuh, zayr goot

Bitte.
BIT-tuh

ITALIAN

Buon giorno (buon giorno,
buona sera, buona notte).
bwawn JOHR-noh
(BWAW-nah SAY-rah,
BWAW-nah NAWT-tay)

Ciao.
CHAH-oh

Arrivederci.
ahr-ree-vay-DAYR-chee

Come sta?
KOH-may stah

Bene, grazie.
BEH-nay, GRAH-tsyay

Per favore.
payr fah-voh-ray

SPANISH

Buenos días (buenas tardes,
buenas tardes, buenas
noches).
BWEH-nohs DEE-ahs
(BWEH-nahs TAHR-dehs,
BWEH-nahs NOH-chehs)

¡Hola!
OH-lah

Adiós.
ah-DYOHS

¿Cómo está usted?
KOH-moh ehs-TAH
oos-TEHD

Muy bien, gracias.
mooy vyehn, GRAH-syahs

Por favor.
pohr fah-VOHR

**Useful Everyday
Expressions
(continued)**



ENGLISH

Thank you.

FRENCH

Merci.
mehr-SEE

You're welcome.

Je vous en prie.
zhuh voo-zāh pree

Pardon me.

Pardon.
par-DĀW

Yes.

Oui.
wee
Si.
see (in reply to a
negative question)

No.

Non.
nāw

GERMAN

Danke schön.
DAN-kuh shōhn

Bitte sehr.
BIT-tuh zayr

Entschuldigen Sie.
ent-SHUL-di-guhn zee

Ja.
yah

Nein.
nīn

ITALIAN

Grazie.
Grah-tsyay

Prego.
PREH-goh

Scusi.
SKOO-see

Sì.
see

No.
naw

SPANISH

Gracias.
GRAH-syahs

De nada.
deh NAH-dah

Dispéñeme usted.
dees-PEHN-seh-meh
oos-TEHD

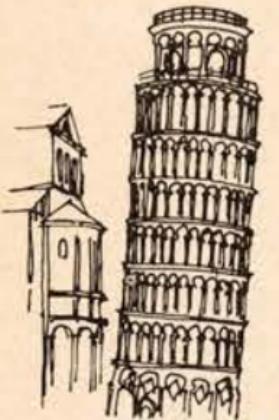
Sí.
see

No.
noh

Numerals

ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
one	un (üh); une (ün)	eins (ins)	uno, una (OO-noh, OO-nah)	uno, una (OO-noh, OO-nah)
two	deux (dö)	zwei (tsvī)	due (DOO-ay)	dos (dohs)
three	trois (trwah)	drei (dri)	tre (TRAY)	tres (trehs)
four	quatre (KA-truh)	vier (feer)	quattro (KWAHT-troh)	cuatro (KWAH-troh)
five	cinq (sēhk)	fünf (fünf)	cinque (CHEEN-kway)	cinco (SEEN-koh)
six	six (sees)	sechs (zezs)	sei (SEH-ee)	seis (seys)
seven	sept (seht)	sieben (ZEE-buhn)	sette (SEHT-tay)	siete (SYEH-teh)
eight	huit (üeet)	acht (akht)	otto (AWT-toh)	ocho (OH-choh)
nine	neuf (nöf)	neun (noin)	nove (NAW-vay)	nueve (NWEH-veh)
ten	dix (dees)	zehn (tsayn)	dieci (DYEH-chee)	diez (dyehs)
eleven	onze (āwz)	elf (elf)	undici (OON-dee-chee)	once (OHN-seh)
twelve	douze (dooz)	zwölf (tsvölf)	dodici (DOH-dee-chee)	doce (DOH-seh)
thirteen	treize (trehz)	dreizehn (DRĪ-tsayn)	tredici (TRAY-dee-chee)	trece (TREH-seh)
fourteen	quatorze (ka-TAWRZ)	vierzehn (FEER-tsayn)	quattordici (kwaht-TAWR-dee-chee)	catorce (kah-TOHR-seh)
fifteen	quinze (kēhz)	fünfzehn (FÜNF-tsayn)	quindici (KWEEN-dee-chee)	quince (KEEN-seh)
sixteen	seize (sehz)	sechzehn (ZEÇ-tsayn)	sedici (SAY-dee-chee)	dieciséis (dyeh-see-SEYS)
seventeen	dix-sept (dee-seht)	siebzehn (ZEEP-tsayn)	diciassette (dee-chahs-SEHT-tay)	diecisiete (dyeh-see-SYEH-teh)

Numerals (continued)



ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
eighteen	dix-huit (dee-ZÜEET)	achtzehn (AKHT-tsayn)	diciotto (dee-CHAWT-toh)	dieciocho (dyeh-see-OH-choh)
nineteen	dix-neuf (deez-NÖF)	neunzehn (NOIN-tsayn)	diciannove (dee-chahn-NAW-vay)	diecinueve (dyeh-see-NWEH-veh)
twenty	vingt (vēh)	zwanzig (TSVAN-tsiç)	venti (VAYN-tee)	veinte (BEYN-teh)
twenty-one	vingt et un (vēh-tay-ÜH)	einundzwanzig (İN-unt-tsvan-tsiç)	ventuno (vayn-TOO-noh)	veintiuno (beyn-TYOO-noh)
twenty-two	vingt-deux (vēh-DÖ)	zweiundzwanzig (TSVİ-unt-tsvan-tsiç)	ventidue (vayn-tee-DOO-ay)	veintidós (beyn-tee-DOHS)
thirty	trente (trährt)	dreissig (DRİ-siç)	trenta (TREHN-tah)	treinta (TREYN-tah)
forty	quarante (ka-RÄHT)	vierzig (FEER-tsiç)	quaranta (kwah-RAHN-tah)	cuarenta (kwah-REHN-tah)
fifty	cinquante (sēh-KÄHT)	fünfzig (FÜNF-tsiç)	cinquanta (cheen-KWAHN-tah)	cincuenta (seen-KWEHN-tah)
sixty	soixante (swah-SÄHT)	sechzig (ZEÇ-tsiç)	sessanta (says-SAHN-tah)	sesenta (seh-SEHN-tah)
seventy	soixante-dix (swah-säht-DEES)	siebzig (ZEEP-tsiç)	settanta (sayt-TAHN-tah)	setenta (seh-TEHN-tah)
eighty	quatre-vingts (ka-truh-VĒH)	achtzig (AKHT-tsiç)	ottanta (oht-TAHN-tah)	ochenta (oh-CHEHN-tah)
ninety	quatre-vingt-dix (ka-truh-vēh-DEES)	neunzig (NOIN-tsiç)	novanta (noh-VAHN-tah)	noventa (noh-VEHN-tah)
one hundred	cent (säh)	hundert (HUN-duhrt)	cento (CHEHN-toh)	ciento (cien) (SYEHN-toh) (syehn)

Days of the Week

ENGLISH	FRENCH	GERMAN	ITALIAN	SPANISH
Monday	lundi (lüh-DEE)	Montag (MOHN-tahk)	lunedì (loo-nay-DEE)	lunes (LOO-nehs)
Tuesday	mardi (mar-DEE)	Dienstag (DEENS-tahk)	martedì (mahr-tay-DEE)	martes (MAHR-tehs)
Wednesday	mercredi (mehr-kruh-DEE)	Mittwoch (MIT-vokh)	mercoledì (mayr-koh-lay-DEE)	miércoles (MYEHR-koh-lehs)
Thursday	jeudi (zhö-DEE)	Donnerstag (DON-nuhrs-tahk)	giovedì (joh-vay-DEE)	jueves (HWEH-vehs)
Friday	vendredi (väh-druh-DEE)	Freitag (FRĪ-tahk)	venerdì (vay-nayr-DEE)	viernes (BYEHR-nehs)
Saturday	samedi (sam-DEE)	Samstag (ZAMS-tahk)	sabato (SAH-bah-toh)	sábado (SAH-vah-doh)
Sunday	dimanche (dee-MÄHSH)	Sonntag (ZON-tahk)	domenica (doh-MAY-nee-kah)	domingo (doh-MEEN-goh)

Months of the Year



ENGLISH

January

February

March

April

May

June

July

August

September

October

November

December

FRENCH

janvier (zhāh-VYAY)

février (fay-vree-AY)

mars (mars)

avril (a-VREEL)

mai (may)

juin (zhüēh)

juillet (zhüee-YEH)

août (oo)

septembre (sehp-TÄH-bruh)

octobre (awk-TAW-bruh)

novembre (naw-VÄH-bruh)

décembre (day-SÄH-bruh)

GERMAN

Januar ((YA-nu-ahr)

Februar (FE-bru-ahr)

März (merts)

April (a-PRIL)

Mai (mī)

Juni (YOO-ni)

Juli (YOO-li)

August (ow-GUST)

September (zep-TEM-buhr)

Oktober (okt-OH-buhr)

November (no-VEM-buhr)

Dezember (de-TSEM-buhr)

ITALIAN

gennaio (jayn-NAH-yoh)

febbraio (fayb-BRAH-yoh)

marzo (MAHR-tsoh)

aprile (ah-PREE-lay)

maggio (MAH-joh)

giugno (JOO-nyoh)

luglio (LOO-lyoh)

agosto (ah-GOHS-toh)

settembre (sayt-TEHM-bray)

ottobre (oht-TOH-bray)

novembre (noh-VEHM-bray)

dicembre (dee-CHEHM-bray)

SPANISH

enero (eh-NEH-roh)

febrero (feh-VREH-roh)

marzo (MAHR-soh)

abril (ah-VREEL)

mayo (MAH-yoh)

junio (HOO-nyoh)

julio (HOO-lyoh)

agosto (ah-GOHS-toh)

septiembre or setiembre (seh-TYEHM-breh)

octubre (ohk-TOO-vreh)

noviembre (noh-VYEHM-breh)

diciembre (dee-SYEHM-breh)

MARIO ANDREW PEI

Dr. Pei is a linguist and teacher, recognized as one of the world's foremost authorities on language. His broadcasts for the World War II Office of War Information, Voice of America and Radio Free Europe have included lectures and discussions in French, Italian, German, Dutch, Czech and Romanian. During World War II he created a 37-language course ("The World's Chief Languages") at Columbia University. Born in Italy, he came to the United States as a boy and was educated in New York, including an AB at City College and a PhD at Columbia. He taught Romance Languages and Latin at City College and in 1937 joined the faculty of Columbia. One magazine article about him says that, "with the possible exception of one member of the United Nations Secretariat, Mario Pei reads, speaks or understands more languages than any living man."

JOHN FISHER

Dr. Fisher is Professor of Languages and Chairman of the Department of Modern Languages, Fairleigh Dickinson University, New Jersey. He earned his PhD in Romance Philology at Columbia and has taught at Wagner College, University of Detroit, Fordham and Columbia. He collaborated with Dr. Mario Pei in the "Getting Along" series of books in French, Spanish, Portuguese and Russian. In addition to his study of the Vegliote vocabulary, he is at present doing research on the lexical affiliations of Sardinian.





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