

2015

On The Connective Tissues

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Recommended Citation

Wen, Shawn. "On The Connective Tissues." *The Iowa Review* 45.2 (2015): 40-40. Web.
Available at: <https://doi.org/10.17077/0021-065X.7574>

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On the connective tissues

“I don’t mime to look nice or cute. It must be tense.”

Collagen fibers
Braided, banded, packed
Coalesce and coalesce
Into macroaggregates, into fascicles and tendons
These little bundles of string tie muscle to bone
They stretch and spring
Tear, inflame

“The more I play now, the better I feel in my muscles, in my control.”

Ligaments are elastic
Under tension, they lengthen
The body stretches
Supple joints flower

“Do you make them laugh under the belt, or do you make them laugh with an idea? The best is laughter through tears, a laugh that hurts.”

Cutaneous
Of the skin
The nerve endings react
To heat and cold
To touch

“The more I play now, the better I feel in my muscles, in my control.”

I am the pant legs
I am the pant legs
I flare
I never hug the ankles
I bloom out