



# Changing Systems, Changing Lives

Jefferson College of Population Health

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Angela Foreshaw-Rouse, AARP, Manager, Community Outreach

Nora Dowd Eisenhower, JD, SLC, Director, Pro Bono Action

# Learning Objectives

1. Explain the story behind the Care Act and its impact in Pennsylvania.
2. Describe one of the newest trends in caregiving, known as 'financial caregiving' and its relationship to enhancing the quality of life for all as we age.
3. List the leaders in supporting older people Pennsylvania are and how can we collaborate across sectors to insure successful outcomes.

# AARP

- AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age.
- With a nationwide presence and nearly 38 million members, AARP strengthens communities and advocates for what matters most to families: health security, financial stability and personal fulfillment.
- AARP also produces the nation's largest circulation publications: AARP The Magazine and AARP Bulletin

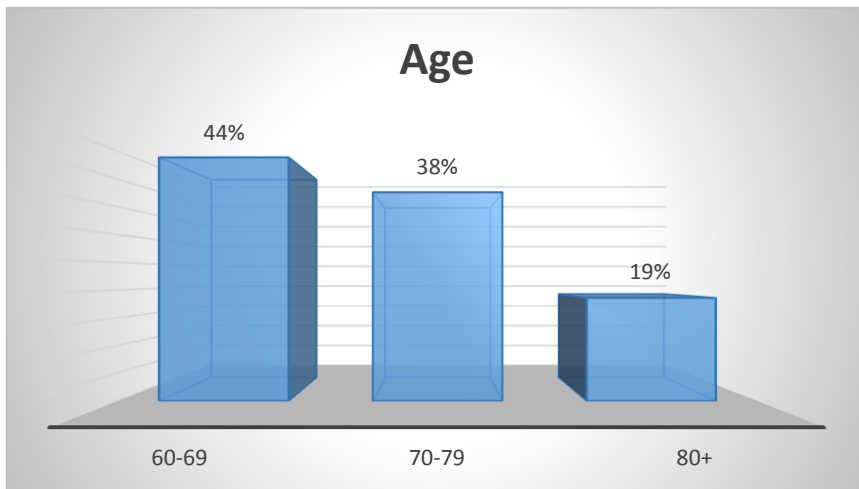
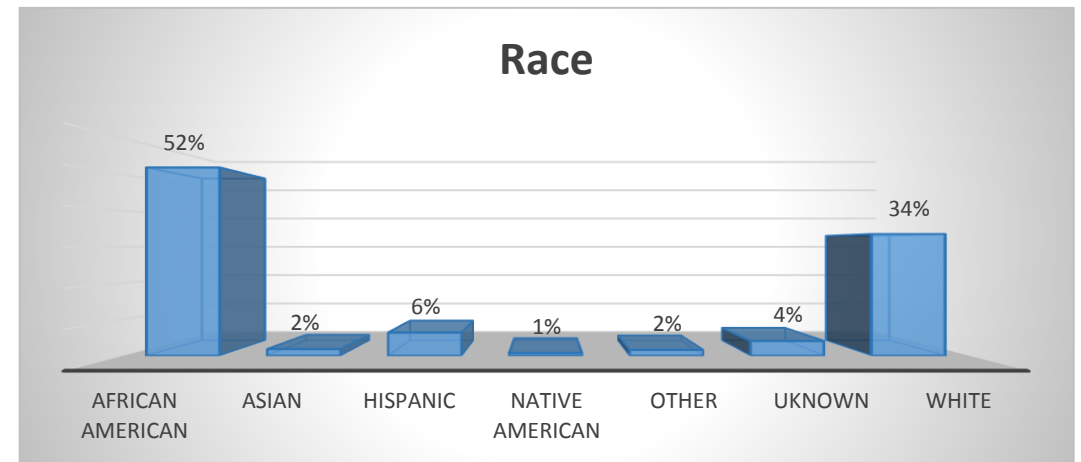
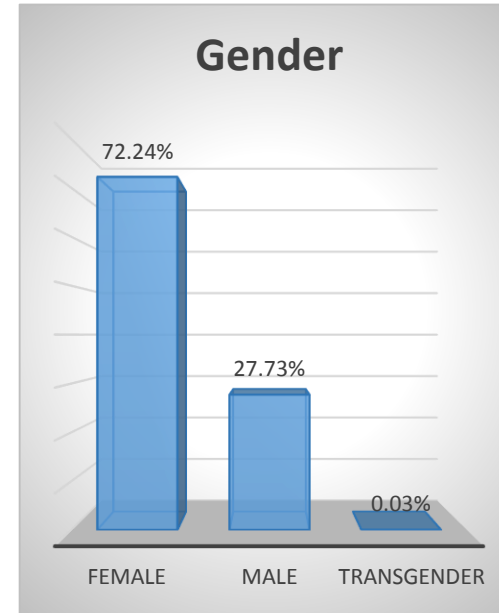
# SeniorLAW Center

- Independent non-profit organization founded in 1978
- **Serving over 5,000 seniors each year with:**
  - direct individual representation
  - legal advice, information & referral services
  - community legal education
  - professional training
  - systemic advocacy locally, regionally and nationally
- Legal staff *and* pro bono panel
- **Focus on those in the greatest economic and social need**
- All services are **free**
- **Only PA nonprofit dedicated wholly to protecting the legal rights of older people**
- Five regional offices in 2018

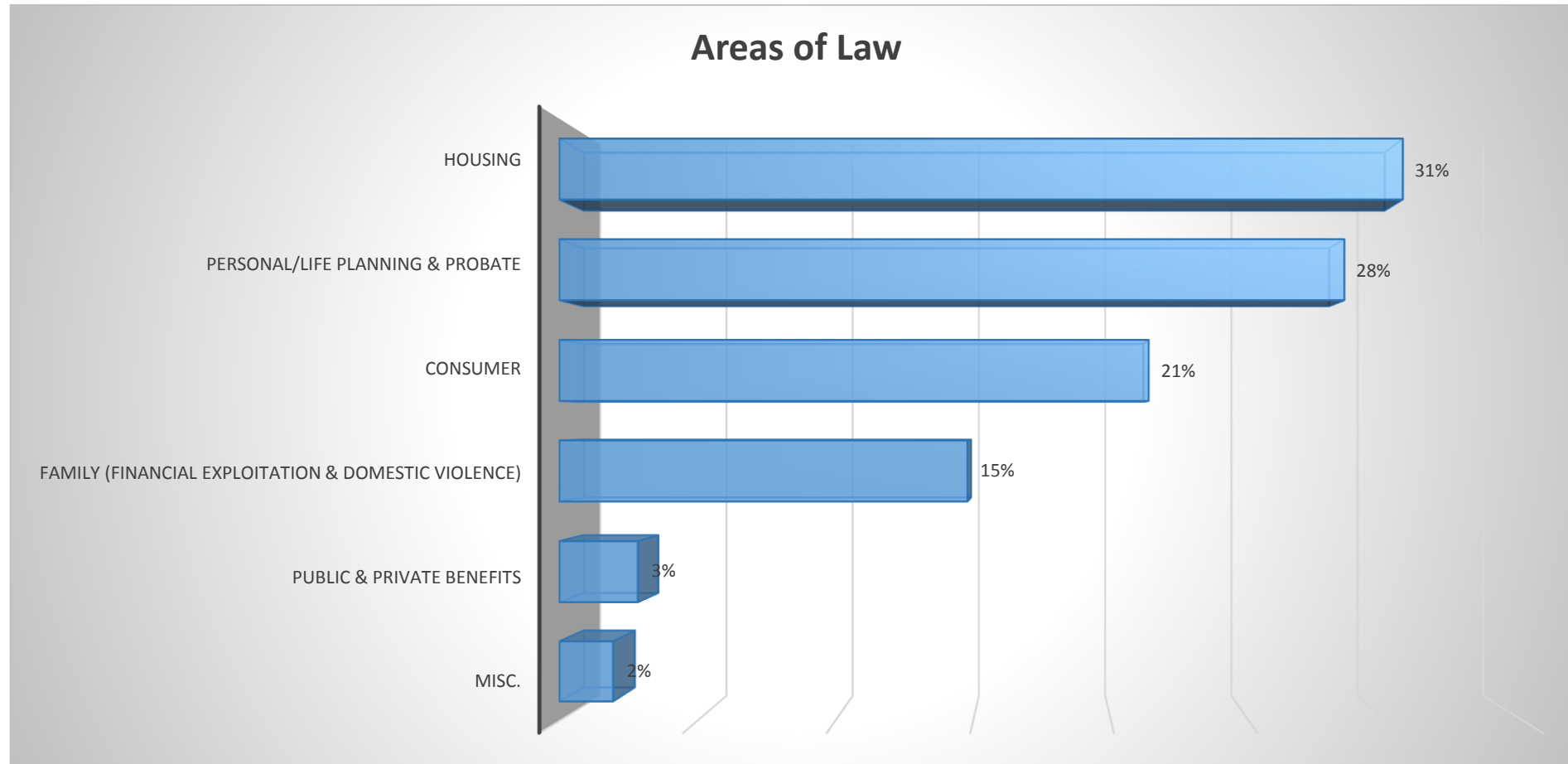


# 2018 Demographics

Clients SeniorLAW Center has served in Pennsylvania



# What are the issues?



Data is compiled from the 3,765 clients SeniorLAW Center served in Pennsylvania in 2018.

# Pro Bono Project for Community Impact Partnership

- Identify priority issues
- Impact the lives of older Pennsylvanians
- Innovate solutions



# Philadelphia Pro Bono Partners

Duane Morris®





# Systemic Advocacy

Address challenges through research, reform, and education



# The CARE Act

**C** aregiver

**A** dvise

**R** ecord

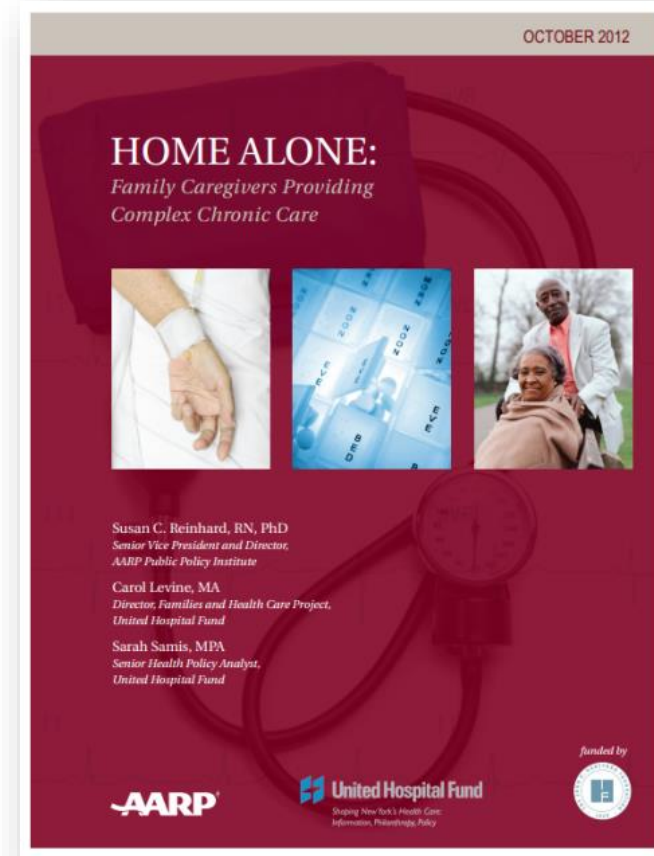
**E** nable



# AARP's Home Alone Report

AARP PPI surveyed 1,677 family caregivers and found:

- Family caregivers perform complicated medical/nursing tasks and medication management
- Training is limited
- Most care recipients do not receive home visits by health professionals
- Performing medical/nursing tasks may prevent institutional placement
- Quality of life is affected



# The CARE Act

The purpose of the CARE Act is to ensure that hospitals include the caregiver in discharge planning and provide necessary training

- **Provision #1: Designation**

- Record the name of the family caregiver upon

admission

- **Provision #2: Notification**

- Contact the family caregiver(s) prior to discharge to another facility or home
- Sets a time limit prior to discharge or transfer



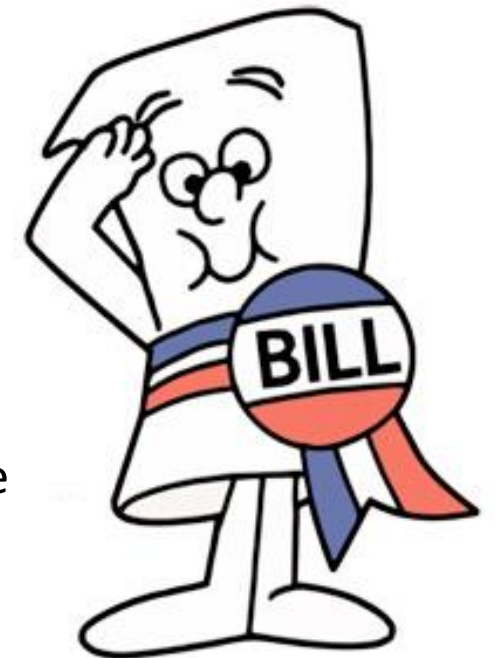
# The CARE Act

- **Provision #3: Consultation**

- Hospital consults with caregiver on discharge plan, taking into account the caregiver's capabilities and limitations
- Discharge plan includes contact information for necessary health and community resources

- **Provision #4: Training**

- Hospital gives caregiver the opportunity to receive instruction on all after-care tasks included in the discharge plan to be performed by the caregiver
- Caregiver gets opportunity to ask questions



# Website and Caregiver Story Collection

**I-HeartCaregivers™**  
We Give Our Heart: Our Stories

ABOUT: Topic: \_\_\_\_\_ LOCATED IN: State: \_\_\_\_\_ [Show Map](#)

**Alice**  
from New Jersey

When my mother-in-law, who was 89 at the time, indicated she didn't know when it was night a...

[READ MORE >](#)

**Julie**  
from Kentucky

My 88-year-old mother and 90-year-old stepfather moved four houses down from us two years ago. M...

[READ MORE >](#)

**Michael**  
from California

Six and half years ago my wife, Ann Marie was sent home from the hospital in Pasadena, California...

[READ MORE >](#)

**Nancy**  
from Maryland

When I reflect on my caregiving experience, I usually think about my mother's last four months: h...

[READ MORE >](#)

**Cindy**  
from Massachusetts

My family and I were first introduced to being caregivers in September 2000 when my sister Lisa s...

[READ MORE >](#)

**Amy**  
from Arizona

I've been a caregiver my entire adult life. First I helped support my grandparents. Then I helped...

[READ MORE >](#)

[View More Stories](#)

**More about AARP & Caregiving**  
We know every minute of your time counts. We're here to help.

[Caregiving Resource Center](#) [Fighting for Caregivers](#) [Online Caregiving Community](#)

**AARP**  
Real Possibilities

**I-HeartCaregivers™**

### Heart-ing Family Caregivers Across the Country

Every day, a silent army of Americans performs a great labor of love: caring for aging parents, spouses, brothers, sisters, aunts, uncles, friends... so they can remain in their homes. We are on duty 24/7, and often we can't even take a break. But we wouldn't have it any other way. We are the unsung heroes. Here are our stories. We hope you will share yours.

[Share Your Story](#)

help us fight for you and your loved ones: more support, help at home, workplace protections, training and more.

[Learn More](#)

**Elaine: CARE Act**

Each time Mom or Pop was discharged from the hospital, I was handed a dizzying list of responsibilities — medication changes, wound care, nebulizers and more became part of our reality.

[WATCH >](#)

**I-HeartCaregivers™**  
We Give Our Heart: Our Stories

ABOUT: Topic: \_\_\_\_\_ LOCATED IN: State: \_\_\_\_\_ [Hide Map](#)

# Current Project

Adapting the CFPB's Managing Someone Else's Money - Financial Caregiver Guides for use in Pennsylvania

- Caregivers need support:
- When they are thrust into the role of caregiver
- When they are confronted with the realities of a family member or a loved one dealing with issues of incapacity
- We want to be there when it is appropriate



# Our goal is to help you know what is important as a financial caregiver



- Do you know what you can do to help manage a loved one's finances when they are ill?
- Do you know how to identify her best interests?
- Can you help make sure they have the best Medicare Part D Plan each year?
- Do you know what federal or state benefits she may be eligible for?
- Do you know the most common scams or what financial exploitation looks like?



Questions?

What can we do together to move forward?

Next Steps...

# Resources

- [https://www.aarp.org/content/dam/aarp/research/public\\_policy\\_institute/health/home-alone-family-caregivers-providing-complex-chronic-care-rev-AARP-ppi-health.pdf](https://www.aarp.org/content/dam/aarp/research/public_policy_institute/health/home-alone-family-caregivers-providing-complex-chronic-care-rev-AARP-ppi-health.pdf)
- [www.aarp.org/caregiving](http://www.aarp.org/caregiving)
- [www.consumerfinance.gov/managing-someone-elses-money](http://www.consumerfinance.gov/managing-someone-elses-money)
- <https://eldercare.acl.gov/Public/Index.aspx>

# Thank you!

Angela Foreshaw-Rouse, MS, [aforeshaw@aarp.org](mailto:aforeshaw@aarp.org)

Nora Dowd Eisenhower, Esq., [neisenhower@seniorlawcenter.org](mailto:neisenhower@seniorlawcenter.org)

