

University of Massachusetts Medical School

eScholarship@UMMS

---

PEER Liberia Project

UMass Medical School Collaborations in Liberia

---

2018-11

## Variables and Data Presentation

Richard Ssekitoleko

*Yale University*

Let us know how access to this document benefits you.

Follow this and additional works at: [https://escholarship.umassmed.edu/liberia\\_peer](https://escholarship.umassmed.edu/liberia_peer)



Part of the [Clinical Epidemiology Commons](#), [Epidemiology Commons](#), [Family Medicine Commons](#), [Infectious Disease Commons](#), [Medical Education Commons](#), and the [Statistics and Probability Commons](#)

---

### Repository Citation

Ssekitoleko R. (2018). Variables and Data Presentation. PEER Liberia Project. <https://doi.org/10.13028/214y-q515>. Retrieved from [https://escholarship.umassmed.edu/liberia\\_peer/6](https://escholarship.umassmed.edu/liberia_peer/6)

This material is brought to you by eScholarship@UMMS. It has been accepted for inclusion in PEER Liberia Project by an authorized administrator of eScholarship@UMMS. For more information, please contact [Lisa.Palmer@umassmed.edu](mailto:Lisa.Palmer@umassmed.edu).

# Variables and Data presentation

Richard Ssekitoleko

Department of Global Health

Yale University

# Objectives

By the end of this session you should be able to:

- Recognise different types of variables
- Explain how different types of variables are described
  - Using graphs
  - Using descriptive statistics
  - Understand associations between variables

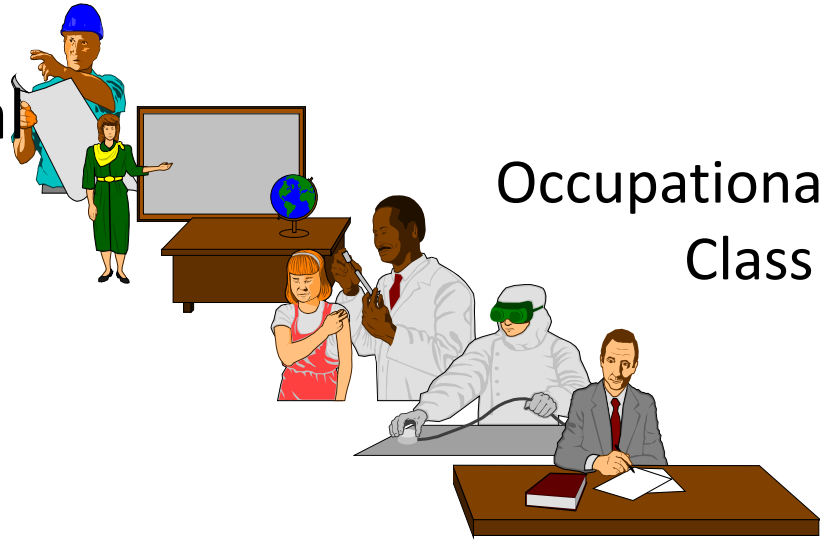
# Variables

- Variable
  - A characteristic that is observed or manipulated
  - Can take on different values e.g height, weight, blood pressure

# Types of variable

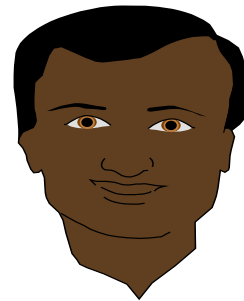
- Independent and dependent variables
  - Does smoking cause lung cancer
- Numerical
  - continuous
  - discrete (*counts*)
- Categorical
  - ordered categorical (*ordinal*)
  - unordered categorical (*nominal*)
    - dichotomous / binary

Ordered categorical



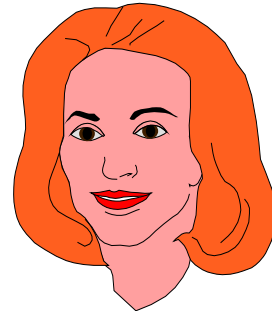
Occupational Social  
Class

Unordered  
categorical



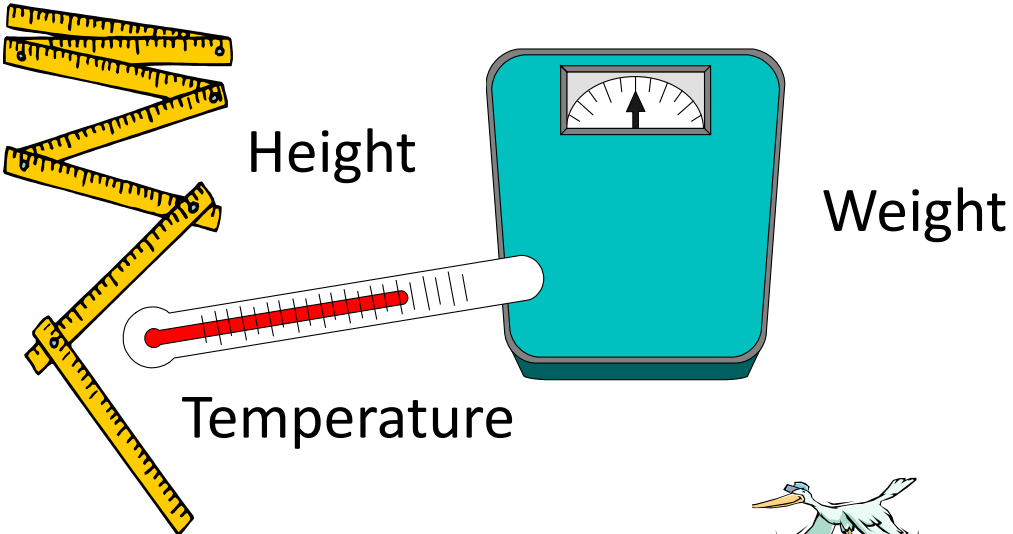
Ethnicity

Dichotomous

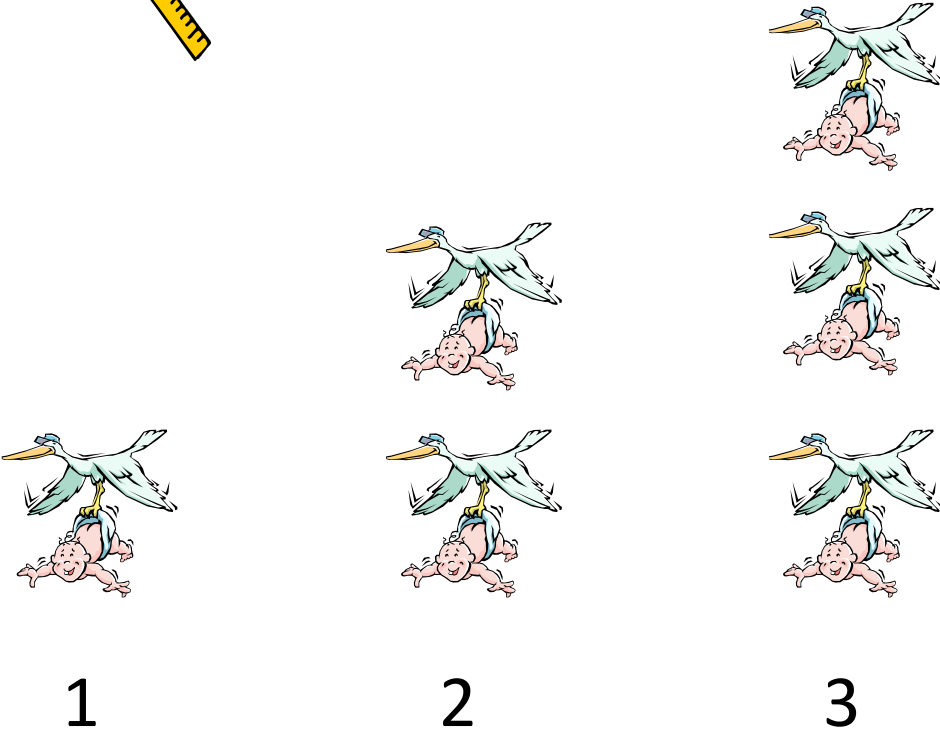


Gender

Continuous variables



Discrete variables





# What type of variable?

- Age
- Whether HIV +
- Size of tumour
- Stage of disease
- Number of siblings



# Levels of measurement

- There are 4 levels of measurement
  - Nominal, ordinal, interval, and ratio

## 1. Nominal

- Data are coded by a number, name, or letter that is assigned to a category or group
- Examples
  - Gender (e.g., male, female)
  - Treatment preference (e.g., manipulation, mobilization, massage)

# Levels of measurement (cont.)

## 2. Ordinal

- Is similar to nominal because the measurements involve categories
- However, the categories are ordered by rank
- Examples
  - Pain level (e.g., mild, moderate, severe)
  - Medical rank (e.g., undergraduate, Intern, medical officer, Registrar, Consultant)

# Levels of measurement (cont.)

- Ordinal values only describe order, not quantity
  - Thus, severe pain is not the same as 2 times mild pain
- The only mathematical operations allowed for nominal and ordinal data are counting of categories
  - e.g., 25 males and 30 females

# Levels of measurement (cont.)

## 3. Interval

- Measurements are ordered (like ordinal data)
- Have equal intervals
- Does not have a true zero
- Examples
  - The Fahrenheit scale, where  $0^\circ$  does not correspond to an absence of heat (no true zero)
  - In contrast to Kelvin, which does have a true zero

# Levels of measurement (cont.)

## 4. Ratio

- Measurements have equal intervals
- There is a true zero
- Ratio is the most advanced level of measurement, which can handle most types of mathematical operations

# Levels of measurement (cont.)

- Ratio examples
  - Range of motion
    - No movement corresponds to zero degrees
    - The interval between 10 and 20 degrees is the same as between 40 and 50 degrees
  - Lifting capacity
    - A person who is unable to lift scores zero
    - A person who lifts 30 kg can lift twice as much as one who lifts 15 kg

# Levels of measurement (cont.)

- NOIR is a mnemonic to help remember the names and order of the levels of measurement
  - **N**ominal
  - **O**rdinal
  - **I**nterval
  - **R**atio

# Collecting observations

*Data set:*

- Collection of observations on a variable
- Typical data set is often represented with a matrix of information.
- Each row represents an individual or unit, while each column represents a variable

No	age	sex	Ht	wt
1	13	f	138	35
2	25	M	142	40



# Summarizing Data

- Descriptive statistics
  - deal with the enumeration, organization, and graphical representation of data.
- Inferential statistics
  - deal with reaching conclusions from incomplete information, that is, generalizing from the specific sample

# Descriptive Studies

- Do not examine associations
- Just summarize outcomes or exposure
- Exposure or outcomes described in terms of time, place or person

# Descriptive statistics

- A way to summarize data from a sample or a population
- Illustrate the *shape*, *central tendency*, and *variability* of a set of data
  - The shape of data has to do with the frequencies of the values of observations

# DSs (cont.)

- Central tendency describes the location of the middle of the data
- Variability is the extent values are spread above and below the middle values
  - a.k.a., Dispersion
- DSs can be distinguished from inferential statistics
  - DSs are not capable of testing hypotheses

# Descriptive statistics for continuous data

- Measures of central tendency
  - Mean
  - Mode
  - Median
- Measures of dispersion
  - SD
  - IQR
  - Range



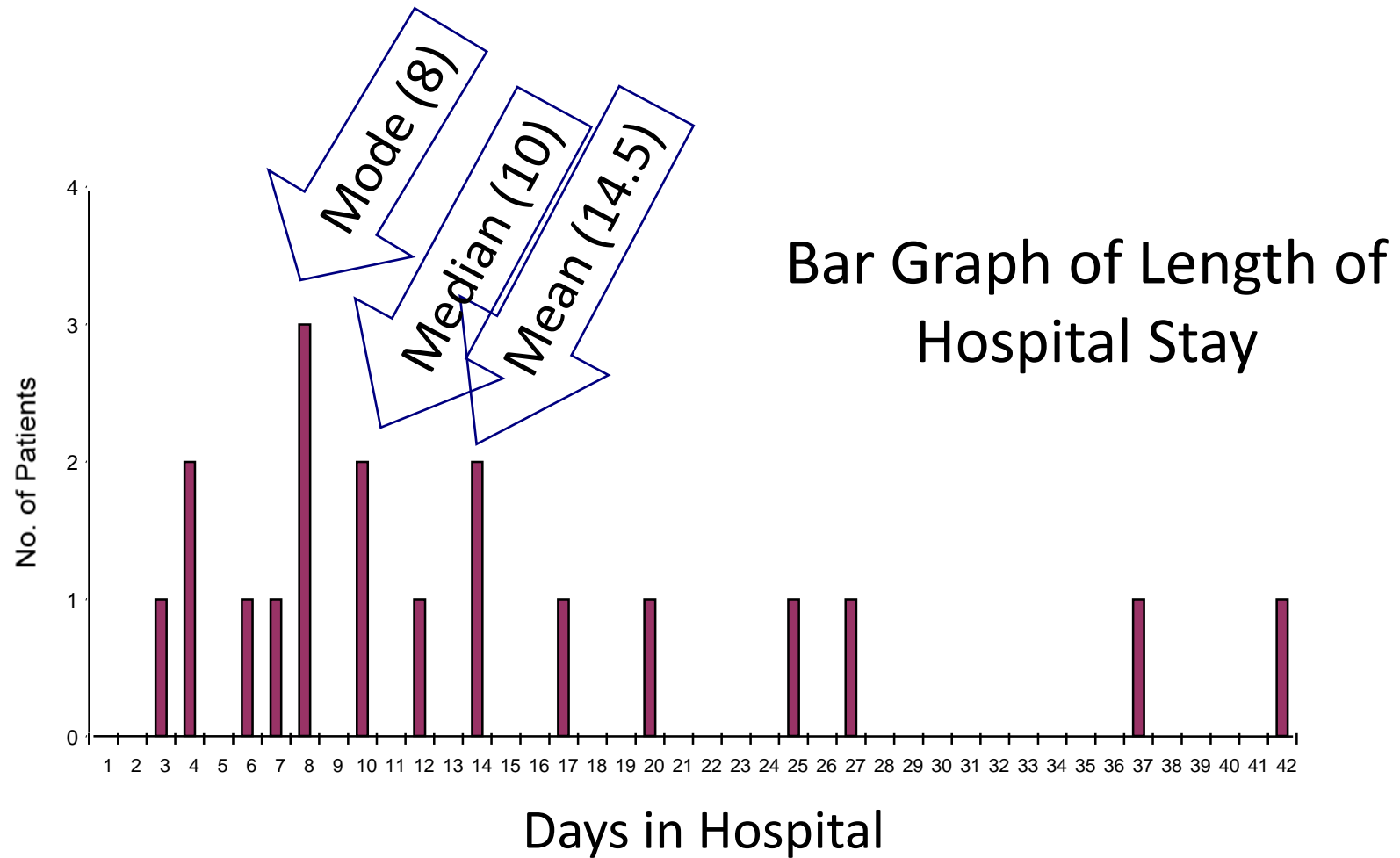
We will explore these measures using the following data on the number of days spent in hospital by 19 patients following an operation:

3 4 4 6 7 8 8 8 10 10 12 14 14 17 20 25 27 37 42

# Measures of Central Tendency

- **Mean ( $\bar{X}$ ):** The sum of all the values in a set of observations divided by the number of observations ( $\Sigma x/n$ )
- **Median:** The middle value when values are arranged in order
- **Mode:** The most frequently occurring value

# Measures of Central Tendency





# Measures of dispersion

- **Standard deviation (SD):** A measure of the spread of observations around the mean

$$SD = \sqrt{\frac{\sum_{i=1}^n (X_i - \bar{X})^2}{n-1}}$$

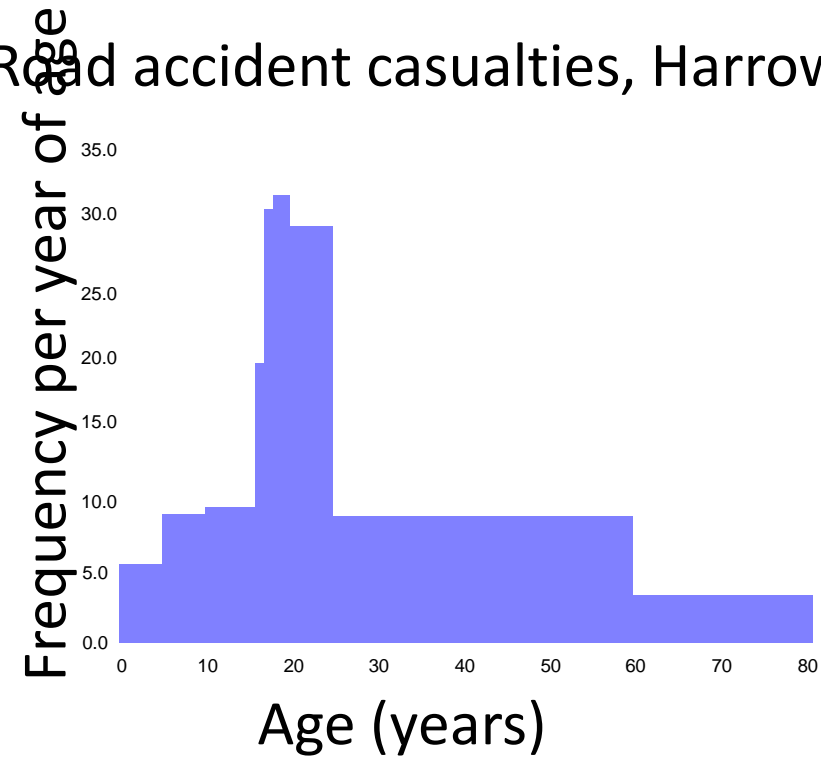
# Measures of dispersion

- **Inter-quartile range:**
  - Measure of dispersion around a median
  - The range from the first (25%) to the third (75%) quartiles of a distribution
- **Range:** The difference between the largest and smallest values in a distribution
  - Problem = over influenced by 'outliers'
- Reference range= mean  $-1.96 \times SD$  to mean  $+ 1.96 \times SD$  (in a normal distribution 95% of values lie within this range)

# Graphical presentation of continuous data

## Histogram

Road accident casualties, Harrow, 1985

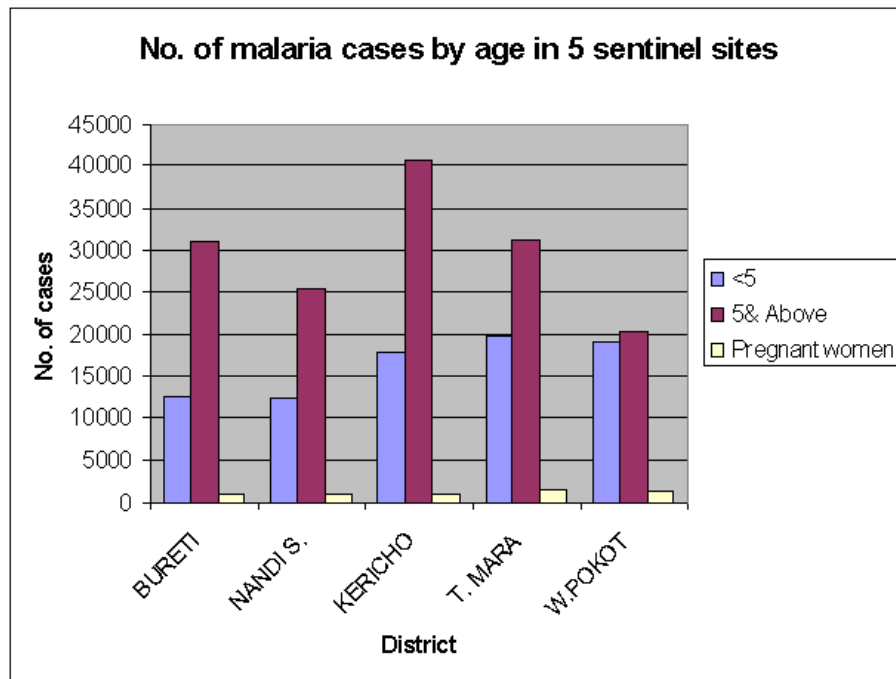


# Histogram

- Allows the inspection of the data for its underlying distribution
- Normal distribution, outliers, skewness,
- Unlike a bar chart, there are no "gaps" between the bars (although some bars might be "absent" reflecting no frequencies).
- This is because a histogram represents a continuous data set, and as such, there are no gaps in the data

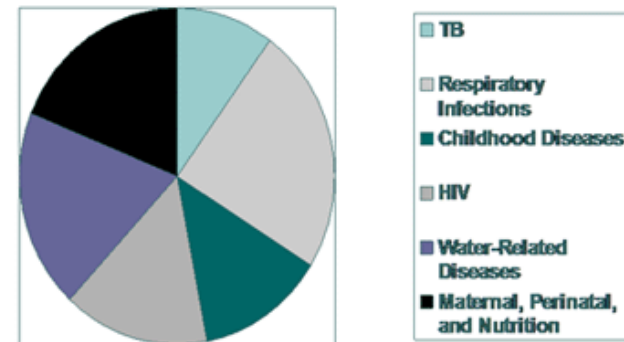
# Graphical Presentation of categorical data

## Bar Chart



## Pie Chart

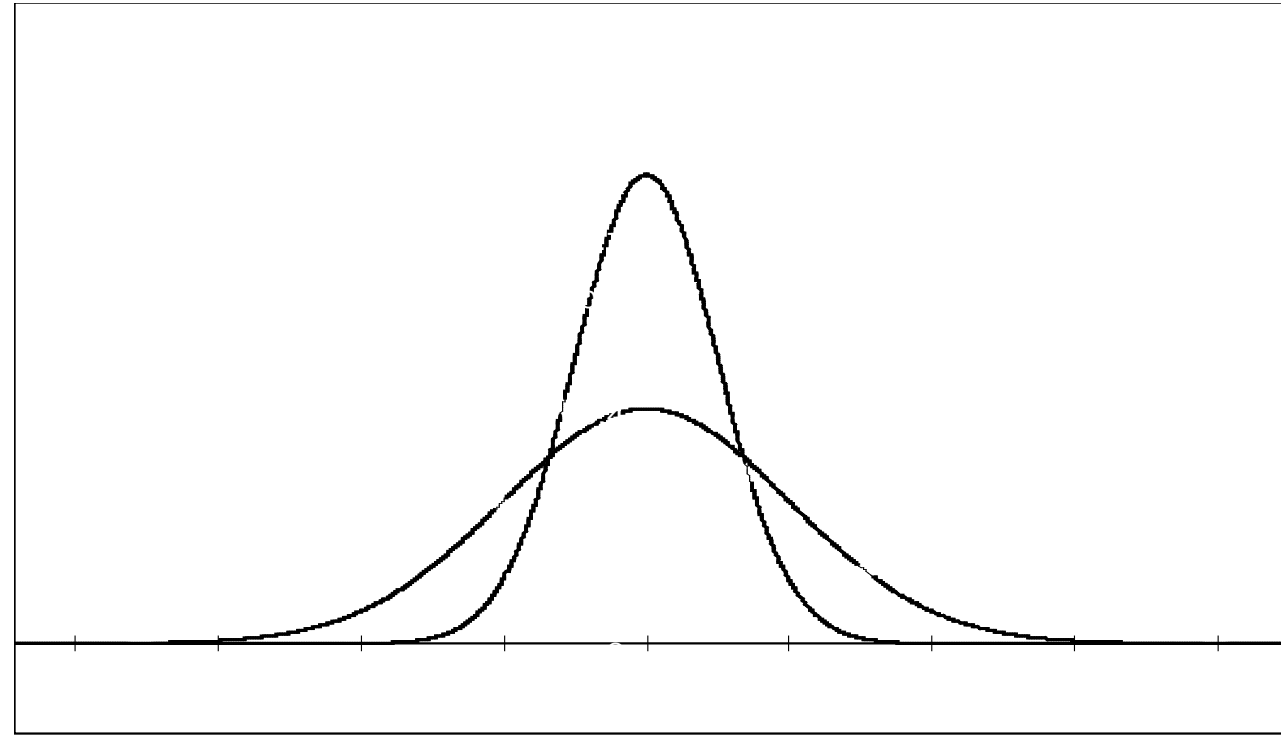
### Death from Infectious Disease

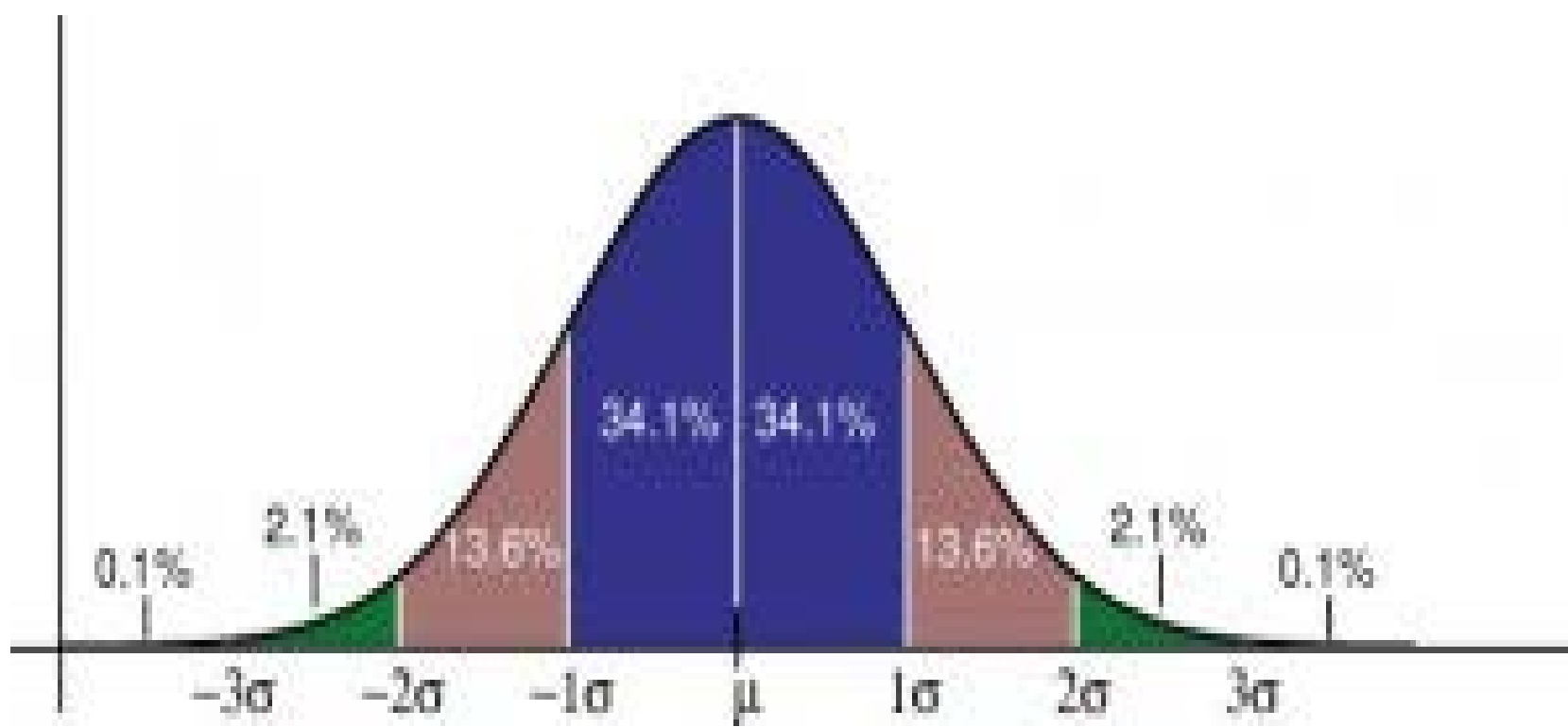




# The Normal Distribution

- Distribution of data are symmetrical around the mean
- Mean=Median=Mode
- 68.3% of observations lie within 1SD of  $\bar{X}$  ( $\bar{X} \pm 1SD$ )
- 95.4% lie between  $\bar{X} \pm 2SD$
- 99.7% lie between  $\bar{X} \pm 3SD$
- Standardization of data makes all normal distributions the same





The empirical rule tells you what percentage of your data falls within a certain number of standard deviations from the mean:

- 68% of the data falls within one standard deviation of the mean.
- 95% of the data falls within two standard deviations of the mean.
- 99.7% of the data falls within three standard deviations of the mean.

- Normal distribution also called a bell curve
- The mean and standard deviation completely specify a normal distribution
- Occurs naturally in many situations.
- Many groups follow this type of pattern e.g. Heights of people, Measurement errors, Blood pressure, IQ Scores, Salaries.



- The curve is symmetric at the center (i.e. around the mean,  $\mu$ ).
- Exactly half of the values are to the left of center and exactly half the values are to the right.
- The total area under the curve is 1.
- An observation in a distribution with mean  $\mu$  and standard deviation  $\delta$  can be standardized to get a Z-score  $(X - \mu) / \delta$
- Z-score tells how many standard deviations the original observation falls away from the mean and in which direction

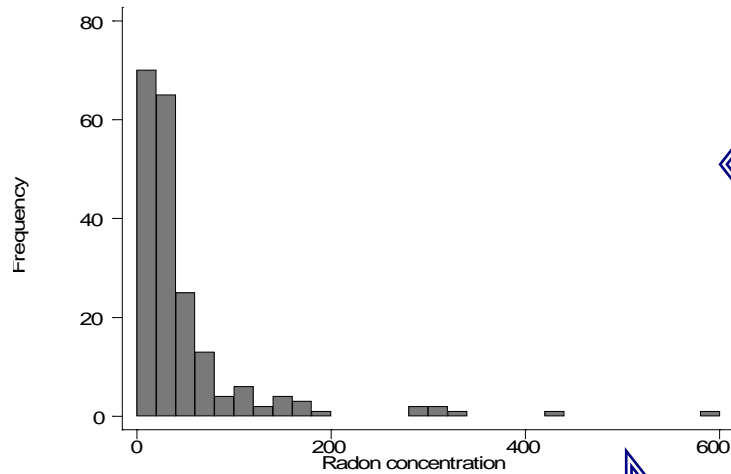
# Skewed distributions

- If one tail is longer than another, the distribution is skewed. skewness differentiates extreme values in one versus the other tail
- Also called asymmetric or asymmetrical distributions.
- Symmetry means that one half of the distribution is a mirror image of the other half.
- Kurtosis measures extreme values in either tail.
  - Distributions with large kurtosis exhibit tail data exceeding the tails of the normal distribution (e.g., five or more standard deviations from the mean).
  - Distributions with low kurtosis exhibit tail data that is generally less extreme than the tails of the normal distribution



- Clue to skewed data from derived statistics
  - Mean and the median differ considerably.
- Better to describe a skewed distribution by means of a median and Interquartile range
- Sometimes a transformation will convert a skewed distribution into a symmetrical one.
- Methods of transformation
  - Square root transformation
  - Logarithmic transformation
  - Quintile regression

# Skewed Distributions

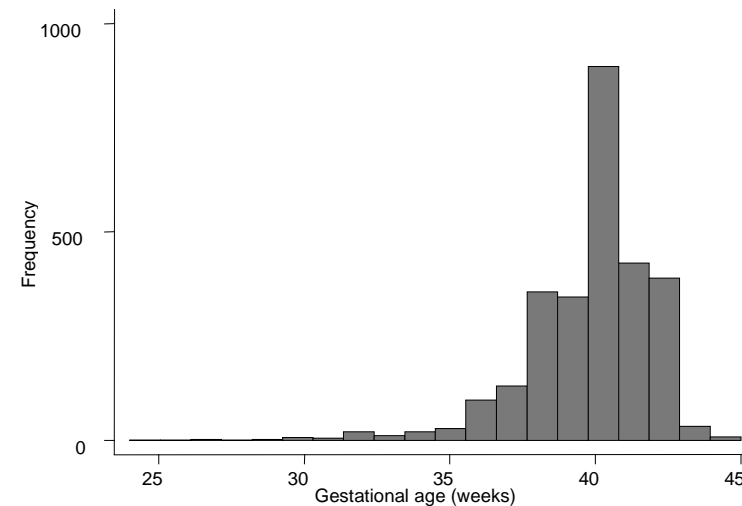


## Positively Skewed

- long tail to right
- $\text{mode} < \text{median} < \text{mean}$

## Negatively Skewed

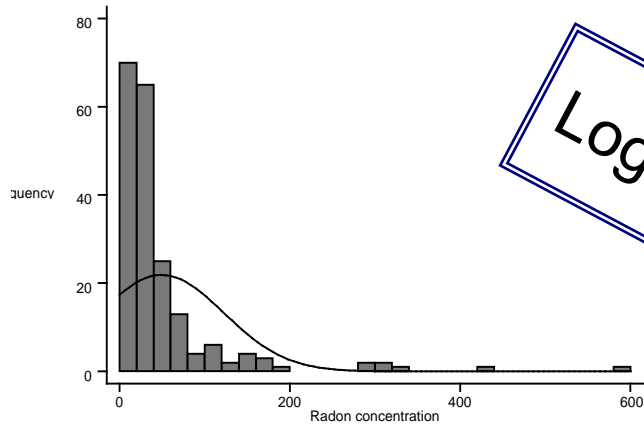
- long tail to left
- $\text{mean} < \text{median} < \text{mode}$



# Positively skewed data

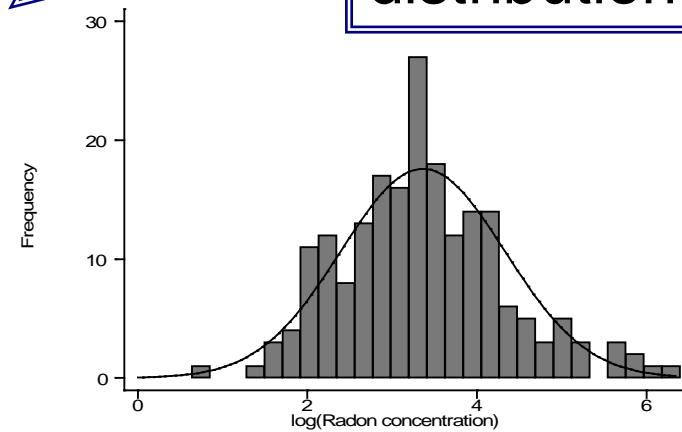
- Many blood tests e.g. HDLc, Triglycerides, CRP
- Arithmetic mean (SD) not ideal for describing data
  - e.g. Mean HDLc (SD) = 2.80 (2.97) mmol/l
  - What is wrong with above e.g.?
- May cause problems in regression models because of skewed residuals

# Log Transformations

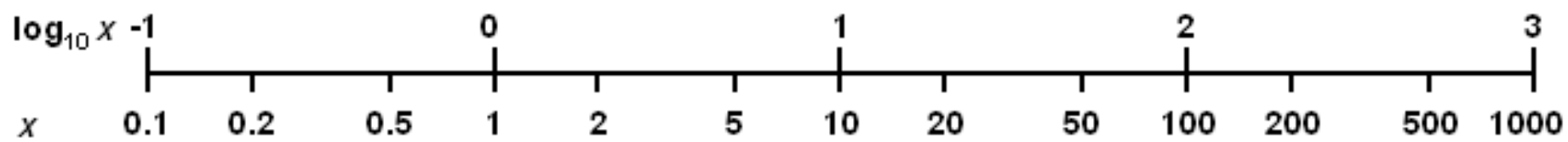
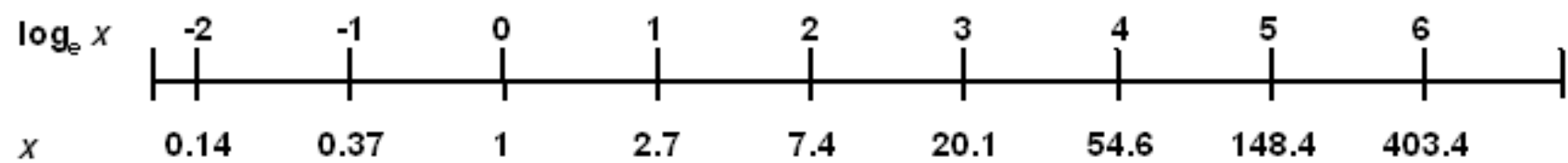


Positively skewed  
distribution

Log Transformation



More  
symmetrical  
distribution



# Analyses with skewed data

- Descriptive analyses
  - Geometric mean = log all values, calculate mean of logged values, exponentiate this mean
  - 95%CI of geometric mean or SD of logged mean
- Median (IQR)
- For right skewed data Median will be closer to geometric mean than it will arithmetic mean



# Descriptive statistics for categorical data

## Proportions and Percentages

- Proportions: Describe the share of one value for a variable in relation to a whole.
- Calculated by dividing the number of times a particular value for a variable has been observed, by the total number of values in the population

- **Percentage: Expresses a value for a variable in relation to a whole population as a fraction of one hundred.**  
Percentage total of an entire dataset should always add up to 100
- Calculated by dividing the number of times a value for a variable has been observed, by the total number of observations in the population, then multiplying this number by 100.

# Patients on each ward in JFK

<b>Ward</b>	<b>Number</b>	<b>Proportion (%)</b>
Medicine	400	0.4 (40)
Paediatrics	200	0.2 (20)
Surgery	150	0.15 (15)
Obstetrics	200	0.2 (20)
ENT	20	0.02 (2)
TB	30	0.03 (3)
Total	1000	1 (100)

# Exposures and outcomes

- For any study there is usually a hypothesis linking an exposure (e.g. blood sugar) with an outcome (e.g. risk of heart disease)
- There are various ways of displaying these associations depending on the types of variables
- Remember an exposure can also be treated itself as an outcome

# What are exposure & outcome in each of the following questions

- Does smoking cause lung cancer?
- Is HAART effective for reducing the risk of conversion to AIDS in HIV positive patients?
- Do younger individuals smoke more than older individuals?
- Is AIDS a risk factor for TB?

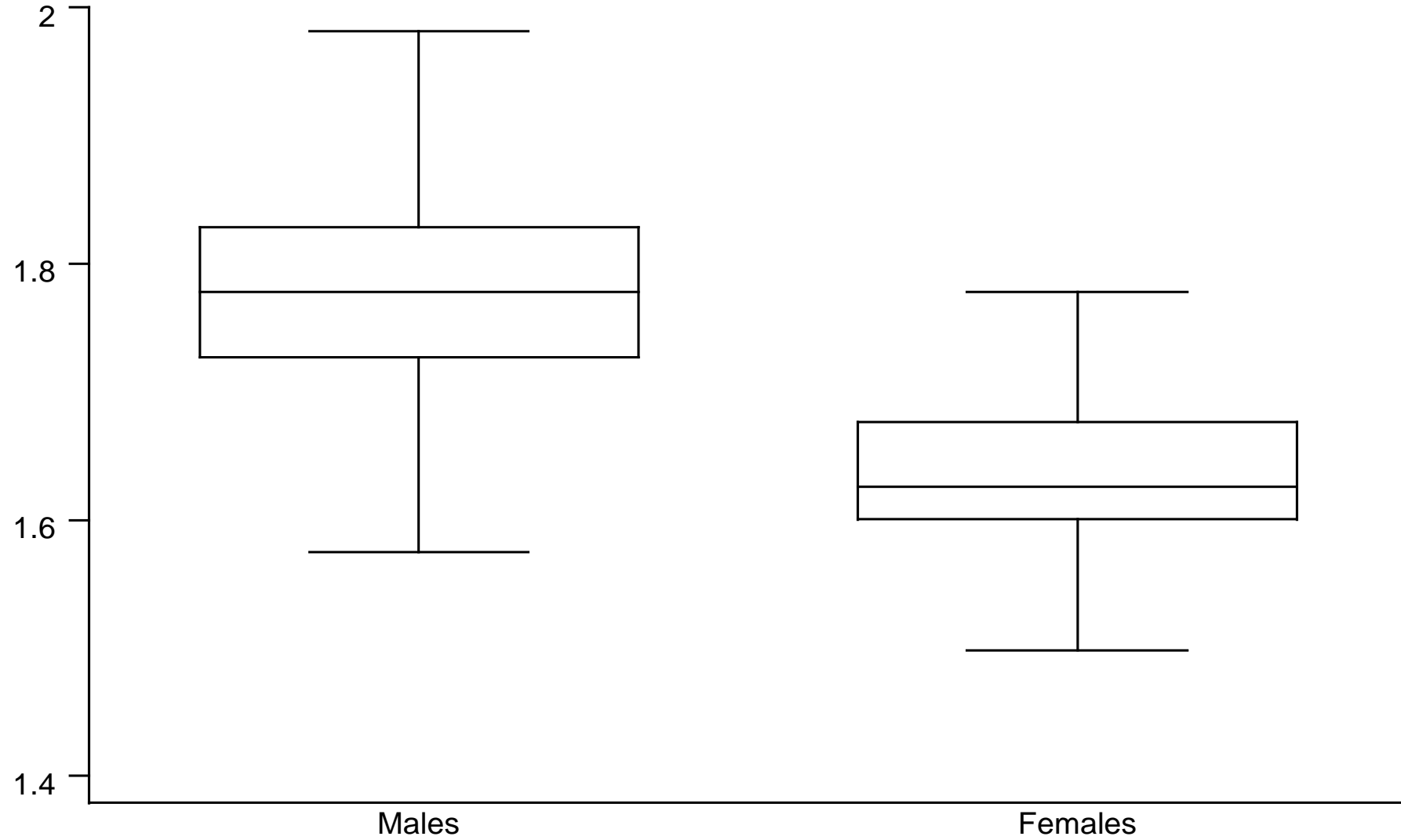
# Displaying exposure and outcomes

- Continuous exposure & continuous outcome
  - Scatter plot with regression line, correlation
- Categorical exposure & continuous outcome
  - Box and whisker plot
  - Table of means (SD) by categories
- Categorical exposure versus categorical outcome
  - Contingency table



# Box and whisker plot

Heights of males and females (m)



# Box and Whisker Plot

- Graphically presents groups of numerical data through their quartiles
- Bottom and top of the box are always the 25<sup>th</sup> and 75<sup>th</sup> Percentiles
- Band in the middle is always the Median or 50<sup>th</sup> Percentile
- They are non-parametric. Display variation in the samples of a statistical distribution without making assumptions of the underlying statistical distribution.



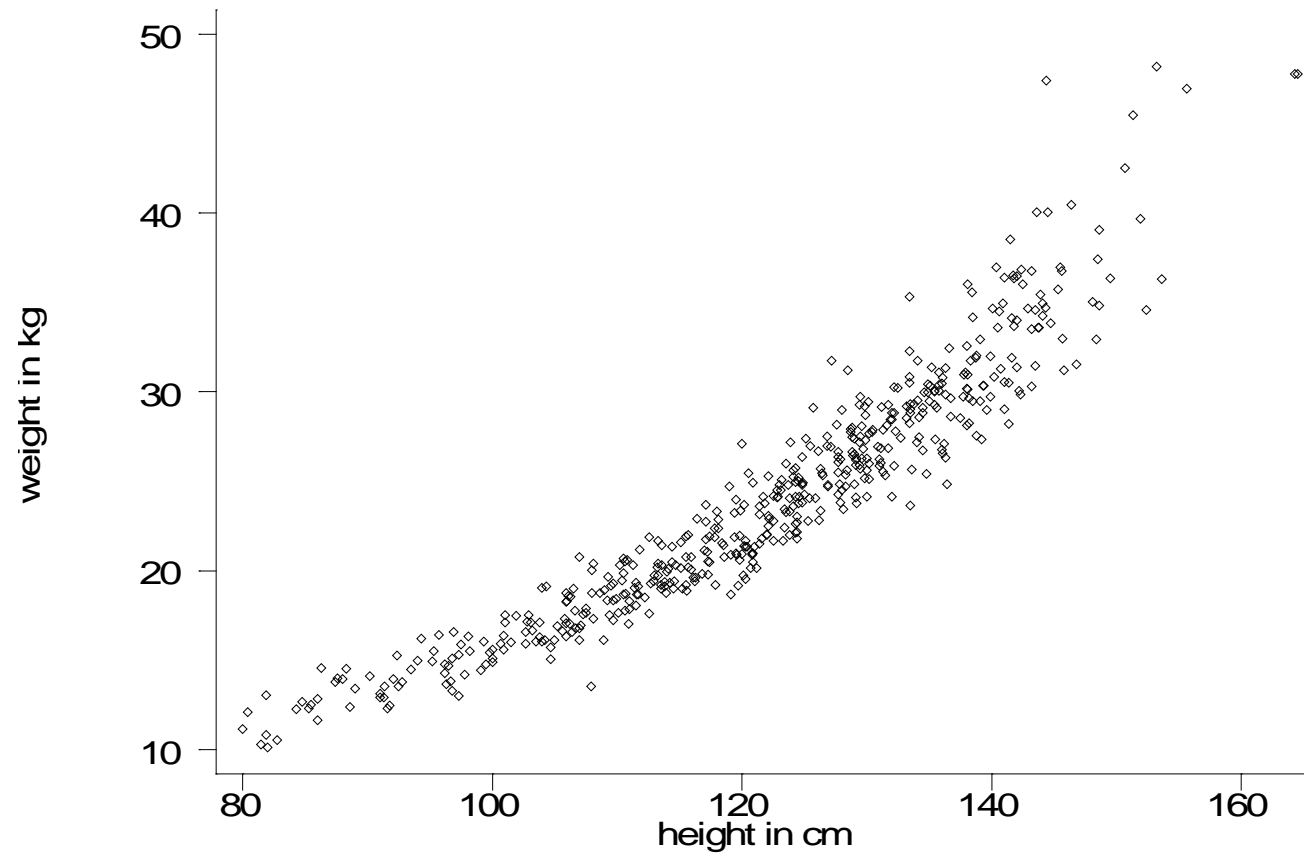
# Table of Means

	Training group (n = 10)		Control group (n = 9)		t-test		
	M	SD	M	SD	t-value	p	ES
Age (years)	21.6	1.4	21.7	2.7	0.06	0.95	0.03
Height (cm)	171.8	5.8	173.3	3.9	0.63	0.54	0.29
Weight (kg)	65.2	4.7	68.8	3.8	1.70	0.11	0.78

\*:  $p < 0.05$ , M: mean, SD: standard deviation, ES: effect size

# Scatter Plots

Weight against Height in Boys aged 2-14 Years

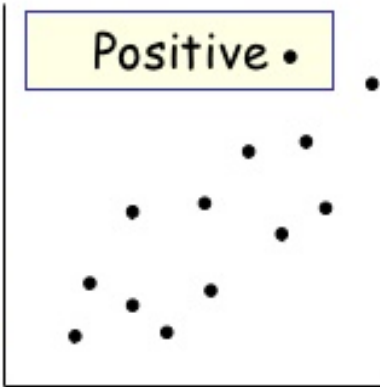


- Scatter plots are used to plot data points on a horizontal and a vertical axis.
- Show how much one variable is affected by another.
- The relationship between two variables is called their correlation.
- Correlation may be high, positive, negative low or zero.
- Correlation may seem to be present, but this might not always be the case.
- Both variables could be related to some third variable, explaining the variation or chance might cause an apparent correlation.

State the type of **correlation** for the scatter graphs below and write a sentence describing the relationship in each case.

1

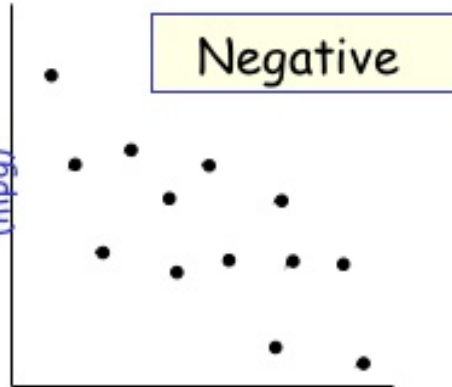
Physics test scores



Maths test scores

2

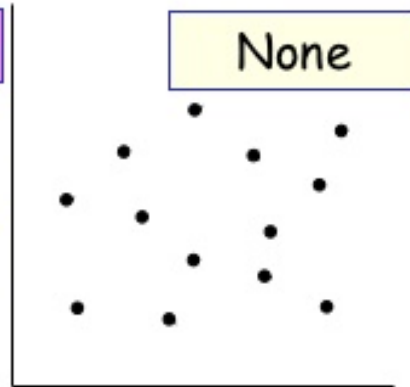
Petrol consumption (mpg)



Car engine size (cc)

3

Height

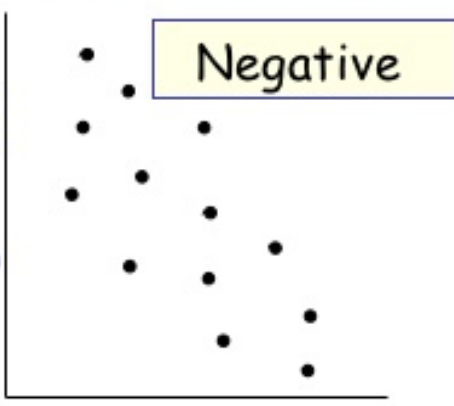


KS 3 Results

The older the car the less its value.

4

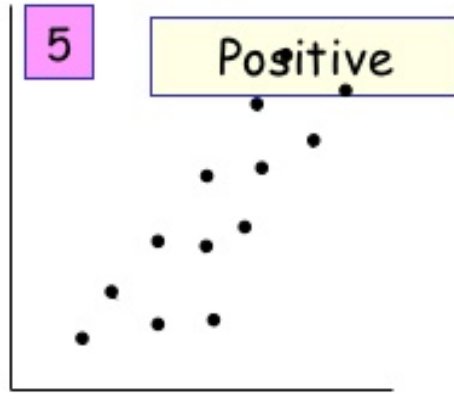
Heating bill (£)



Outside air temperature

5

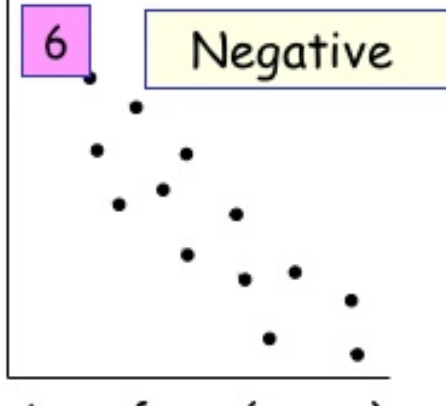
Sales of Sun cream



Daily hours of sunshine

6

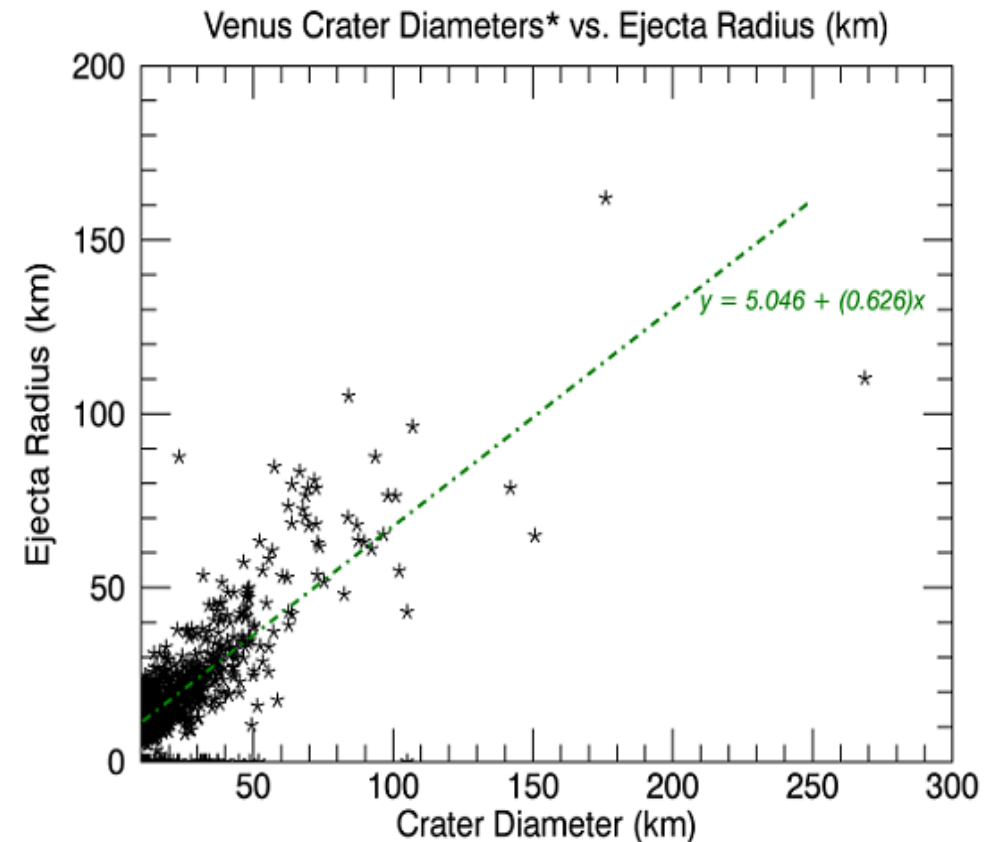
Value of car (£)



Age of car (years)

# Linear regression

- Regression line describes how a response variable Y changes as an explanatory variable changes
- The outcome is always on the Y axis
- The exposure is on the X-axis



\*for craters >10km

# Interpretation of correlation and regression

- Used mainly for linear relationships
- The regression line is affected by outliers
- The relationship between 2 variables could be explained by a 3<sup>rd</sup> unknown variable
- Association does not imply causation

# Contingency table

- Crosstabs or two-way tables
- Summarize the relationship between several categorical variables.
- Type of frequency distribution table, where two variables are shown at a go.

	infected	not infected	
inoculated	3	276	279
not inoculated	66	473	539
	69	749	818

**Cholera Inoculation Study, 1894-96**

- **U**sed by statisticians when they need to make sense of data that has more than one variable.
- Contingency tables are displayed in matrix, or grid, form.
- The numbers displayed give the frequency of each data point.
- The table allows one to better understand the data using probability and relative frequencies.
- Can use table to calculate odds ratios and risk ratios.
- Chi2 tests can be used to compare the association of different categorical variables



# Data Summary

- Distributions
  - Center (mean, median, mode)
  - Spread (variance & SD, IQR)
  - Shape (skewness)
  - Density models (normal: 67-95-99.7% rule)
- Association
  - Correlation (interpretation, pitfalls)
  - Regression (interpretation, pitfalls)
  - Chi2 test
  - Association vs causation

# References

- Introduction to the field of statistics: Moore, McCabe and Craig

# Acknowledgements

- Dr. Sarah Lewis: University of Bristol

Thanks

??