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Exercise

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Exercise

Lake Michigan's not a photo op like lakes in Washington State. It's blunt and flat, a worker in a hard hat, and those who swim it become Midwestern, glossing over a depression so old no one saw it coming. The woman crawling to the breakwater drags a blow-up buoy: note swimmer, it signals tonelessly. The lake shifts its plain body, paying no mind to any of us. It is not the result of divine intelligence; a glacier had to move from A to B. Imagine that determination as beauty.

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