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17 β -Estradiol Potentiates the Reinstatement of Cocaine Seeking in Female Rats: Role of the Prelimbic Prefrontal Cortex and Cannabinoid Type-1 Receptors

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Abstract

Clinical observations imply that female cocaine addicts experience enhanced relapse vulnerability compared with males, an effect tied to elevated estrogen phases of the ovarian hormone cycle. Although estrogens can enhance drug-seeking behavior, they do not directly induce reinstatement on their own. To model this phenomenon, we tested whether an estrogen could augment drug-seeking behavior in response to an ordinarily subthreshold reinstatement trigger. Following cocaine self-administration and extinction, female rats were ovariectomized to isolate estrogen effects on reinstatement. Although neither peak proestrus levels of the primary estrogen 17β -estradiol (E2; 10 $\mu\text{g}/\text{kg}$, i.p., 1-h pretreatment) nor a subthreshold cocaine dose (1.25 mg/kg, i.p.) alone were sufficient to reinstate drug-seeking behavior, pretreatment with E2 potentiated reinstatement to the ordinarily subthreshold cocaine dose. Furthermore, E2 microinfusions revealed that E2 (5 $\mu\text{g}/0.3 \mu\text{l}$, 15-min pretreatment) acts directly within the prelimbic prefrontal cortex (PrL-PFC) to potentiate reinstatement. As E2 has been implicated in endocannabinoid mobilization, which can disinhibit PrL-PFC projection neurons, we investigated whether cannabinoid type-1 receptor (CB1R) activation is necessary for E2 to potentiate reinstatement. The CB1R antagonist AM251 (1 or 3 mg/kg, i.p., 30-min pretreatment) administered prior to E2 and cocaine suppressed reinstatement in a dose-dependent manner. Finally, PrL-PFC AM251 microinfusions (300 ng/side, 15-min pretreatment) also suppressed E2-potentiated reinstatement. Together, these results suggest that E2 can augment reactivity to an ordinarily subthreshold relapse trigger in a PrL-PFC CB1R activation-dependent manner.

Introduction

Correlational clinical studies suggest that cocaine-dependent females experience greater relapse vulnerability than males. Females experience greater difficulty abstaining ([Gallop et al, 2007](#)), relapse incidence ([Ong et al, 2005](#)), and periods of resumed use following relapse ([Carpenter et al, 2006](#)). This heightened vulnerability is therefore a crucial, yet currently untreated, women's health issue. Although women may be more vulnerable to relapse, the neurobiological basis for this sex difference is poorly characterized.

A primary contributor to sex differences in relapse is the ovarian hormone cycle. Elevated estrogens left unopposed by progesterone correspond to increased drug cue-elicited craving ([Sinha et al, 2007](#); [Anker and Carroll, 2011](#)), impulsive reward-seeking ([Reimers et al, 2014](#)), and positive subjective effects of cocaine ([Evans and Foltin, 2006](#); [Terner and de Wit, 2006](#)). Preclinical studies using the self-administration/reinstatement procedure demonstrate higher levels of reinstatement during proestrus, when 17β -estradiol (E2) levels peak in the rodent estrous cycle ([Feltenstein et al, 2011](#)), and estrus, when E2 levels are moderate while progesterone remains low ([Kippin et al, 2005](#); [Feltenstein and See, 2007](#)). Reinstatement is, furthermore, facilitated by chronically elevated E2 ([Larson et al, 2005](#)). In clinical studies, the higher estrogens and basal progesterone of

the follicular phase correspond to greater psychostimulant responsiveness relative to the luteal phase ([Turner and de Wit, 2006](#)), and E2 administration during the follicular phase augments the euphoric effects of psychostimulants ([Justice and de Wit, 2000](#)). Though these data suggest that elevated estrogens promote the enhanced relapse vulnerability exhibited by females, the mechanisms whereby these effects are produced, and in which brain regions, are not well understood.

One brain region implicated in relapse is the prelimbic prefrontal cortex (PrL-PFC). A glutamatergic projection from the PrL-PFC to the nucleus accumbens represents a key pathway through which stimuli trigger relapse to cocaine use ([Kalivas and Volkow, 2005](#)). Cocaine administration directly into the PrL-PFC is sufficient to trigger reinstatement ([Park et al, 2002](#)), while inhibition of the PrL-PFC using tetrodotoxin ([Capriles et al, 2003](#)), baclofen/muscimol ([McFarland et al, 2003](#)), or optogenetic-based manipulations ([Stefanik et al, 2013](#)) prevents cocaine-primed reinstatement. Notably, enhanced cocaine seeking in females corresponds to heightened PrL c-fos reactivity ([Zhou et al, 2014](#)), an effect likewise elicited by elevated E2 ([Wang et al, 2004](#)). Thus the PrL-PFC represents a likely site for estrogens to promote cocaine seeking.

Endocannabinoids are important regulators of PrL-PFC neuronal excitability ([Hill et al, 2011](#); [Martin-Garcia et al, 2016](#)). We have previously reported that glucocorticoids attenuate inhibitory constraint on PrL-PFC pyramidal neurons via mobilization of the endocannabinoid 2-arachidonoylglycerol and activation of cannabinoid type-1 receptors (CB1Rs) that regulate GABAergic interneurons ([Hill et al, 2011](#)). As E2 has also been reported to mobilize endocannabinoids ([Huang and Woolley, 2012](#); [Tabatadze et al, 2015](#), [Peterson et al, 2016](#)), endocannabinoid signaling via PrL-PFC CB1Rs represents a potential mechanism by which estrogens influence cocaine-seeking behavior.

We hypothesized that, in females, estrogens augment reactivity to triggers for cocaine use, thereby conferring enhanced relapse vulnerability. To test this hypothesis, we used a variation of the preclinical self-administration/reinstatement procedure, which has predictive validity for relapse in humans ([Epstein et al, 2006](#)), wherein proestrus-level E2 potentiates reinstatement of drug seeking to an ordinarily subthreshold dose of cocaine. To investigate the role of the PrL-PFC in E2 effects on cocaine seeking, we tested the sufficiency of intra-PrL E2 injections for potentiating cocaine-primed reinstatement. Moreover, to determine the involvement of endocannabinoid signaling, we tested the effect of CB1R antagonism, systemically and intra-PrL-PFC, on E2-potentiated cocaine seeking.

Materials and methods

Subjects

Sexually mature female Sprague Dawley rats (90-day old/250 g minimum at study onset) obtained from Envigo (Indianapolis) were single-housed under a reversed 12 : 12 light–dark cycle (lights off at 0700 hours) with *ad libitum* access to standard rat chow and water. Experiments were performed in the dark phase and in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals, Eighth edition. All experiments were approved by the Marquette University Institutional Animal Care and Use Committee.

Catheterization and Cannulation

Rats were surgically implanted with intracranial cannulae and indwelling intravenous catheters for cocaine self-administration as previously described ([Graf et al, 2013](#); [McReynolds et al, 2016](#)), with minor adaptations. See [Supplementary Methods](#) for more information.

Cocaine Self-Administration, Extinction, and Reinstatement Testing

All self-administration experimental procedures were conducted as previously described ([Graf et al, 2013](#); [McReynolds et al, 2016](#)), with minor adaptations. Briefly, females underwent daily 2-h cocaine self-administration sessions for 10–14 days, followed by extinction training under identical conditions. Following establishment of extinction criterion, all females were surgically OVXed prior to reinstatement except for one cohort tested across the ovarian hormone cycle. Extinction criterion was re-established between tests, which were administered in a counterbalanced design. See [Supplementary Methods](#) for more information.

Ovariectomy (OVX)

Bilateral surgical OVXs were conducted using a dorsal approach as previously described ([Twining et al, 2013](#)). See [Supplementary Methods](#) for more information.

Drugs

Cocaine hydrochloride was obtained through the National Institute on Drug Abuse Drug Supply Program. 2-Hydroxypropyl- β -cyclodextrin (HBC), HBC-encapsulated E2, and AM251 were purchased from Sigma-Aldrich. Cocaine, E2, and HBC were dissolved in 0.9% bacteriostatic saline. Systemic AM251 was first dissolved in 100% ethanol and then in Cremaphor and saline in a 1 : 1 : 18 ratio. Intra-PrL AM251 was first dissolved in DMSO and then saline in a 1 : 9 ratio.

Statistics

Statistical analyses were conducted using the SPSS software and consisted of unpaired *t*-tests or one- or two-way repeated-measures ANOVAs followed by Bonferroni-corrected *post hoc* and paired *t*-test analyses when appropriate. Statistical significance was defined as $P < 0.05$ for all analyses.

Estrous-Phase Determination and Recapitulation

Estrous phase was monitored daily by vaginal lavage, with blood samples simultaneously collected by intravenous catheter (see [Supplementary Methods](#)). Blood samples were also collected from OVXed females given E2 (10, 50, or 100 $\mu\text{g}/\text{kg}$, i.p.; 1-h pretreatment) or vehicle. To identify a proestrus-recapitulating dose, plasma E2 levels were compared following ELISA measurement (Cayman Chemicals) conducted per the manufacturer's protocol.

Experiment 1: E2-Potentiated Reinstatement of Cocaine Seeking

Female rats received intravenous catheters and underwent cocaine self-administration and extinction training. To avoid effects on self-administration and extinction and isolate effects on reinstatement, rats did not undergo OVX until after establishing extinction criterion. Following recovery and extinction criterion re-establishment, a counterbalanced design was used to administer the following drug treatments ($n=5$): E2 (10 $\mu\text{g}/\text{kg}$, i.p.; 1-h pretreatment)/saline, HBC/saline, E2/cocaine (0.625, 1.25, or 2.5 mg/kg , i.p.), and HBC/cocaine. Animals were re-extinguished to criterion between tests.

Experiment 2: Intra-PrL E2-Potentiated Reinstatement of Cocaine Seeking

Female rats were surgically implanted with intravenous catheters and bilateral intra-cranial cannulae targeting the PrL-PFC prior to self-administration and extinction. Following extinction establishment, surgical OVX, and then extinction re-establishment, females were tested for reinstatement under the following four conditions ($n=9$): intra-PrL E2 (5 $\mu\text{g}/\text{side.}$; 15-min pretreatment)/saline, intra-PrL HBC/saline, intra-PrL E2/cocaine (1.25 mg/kg , i.p.), and intra-PrL HBC/cocaine. Following study completion, cannulae placements were assessed (see [Supplementary Methods](#)) and anatomical misses were excluded from the study ($n=2$).

Experiment 3: CB1R Activation Role in E2-Potentiated Reinstatement

To investigate CB1R involvement in E2-potentiated reinstatement, females underwent cocaine self-administration, extinction, and OVX prior to reinstatement testing under the following five conditions ($n=7$): vehicle/E2 (10 $\mu\text{g}/\text{kg}$, i.p.; 1-h pretreatment)/saline; vehicle/HBC/saline; vehicle/HBC/cocaine (1.25 mg/kg, i.p.), vehicle/E2/cocaine, and AM251 (1 or 3 mg/kg, i.p.; 30-min pretreatment)/E2/cocaine.

To determine whether CB1R activation is necessary specifically for E2-potential effects, and not just the priming effects of cocaine, a group of rats was tested for AM251 effects on suprathreshold (eg, 5 mg/kg) cocaine-primed reinstatement. Following self-administration, extinction, and OVX, testing occurred under the following conditions ($n=4$): vehicle/cocaine (5 mg/kg, i.p.), AM251 (1 or 3 mg/kg, i.p., 30-min pretreatment)/cocaine.

To determine whether PrL-PFC CB1R activation contributes to E2-potentiated reinstatement, rats underwent catheterization and bilateral intra-PrL cannulation, self-administration, extinction, and OVX prior to reinstatement testing under the following five conditions ($n=7$): intra-PrL vehicle/HBC/saline; intra-PrL vehicle/E2 (10 $\mu\text{g}/\text{kg}$, i.p.; 1-h pretreatment)/saline; intra-PrL vehicle/HBC/cocaine (1.25 mg/kg, i.p.); intra-PrL vehicle/E2/cocaine, and intra-PrL AM251 (300 ng/side, 15-min pretreatment)/E2/cocaine. A higher AM251 dose (1 $\mu\text{g}/0.3 \mu\text{l}/\text{side}$) was also tested, but the increased DMSO concentration (70%) required to solubilize the drug had non-specific disruptive effects on behavior. Following study completion, cannulae placements were assessed. No anatomical misses were found.

Results

Estrous-Phase Determination and Recapitulation

To identify a proestrus-recapitulating dose, E2 blood levels were measured by ELISA across the estrous cycle (proestrus $n=21$, estrus $n=13$, metestrus $n=13$, diestrus $n=11$). We found peak pmol/ml E2 levels ($33.9 \pm 15.8 \text{ pg}/\text{ml}$) during proestrus ([Figure 1](#)). Next, trunk blood was collected from OVXed females following E2 replacement (0 $\mu\text{g}/\text{kg}$ $n=4$, 10 $\mu\text{g}/\text{kg}$ $n=8$, 50 $\mu\text{g}/\text{kg}$ $n=7$, 100 $\mu\text{g}/\text{kg}$ $n=3$; 1-h pretreatment). E2 injections dose-dependently increased blood levels ([Figure 1](#)), with 10 $\mu\text{g}/\text{kg}$ E2 approximating proestrus levels (unpaired t -test; $t(27)=0.3853$, $p=0.7030$) and both 50 ($t(26)=3.724$, $p<0.001$) and 100 $\mu\text{g}/\text{kg}$ E2 ($t(22)=3.303$, $p<0.01$) surpassing physiological levels. We, therefore, conducted testing for E2-potentiated reinstatement using 10 $\mu\text{g}/\text{kg}$ E2.

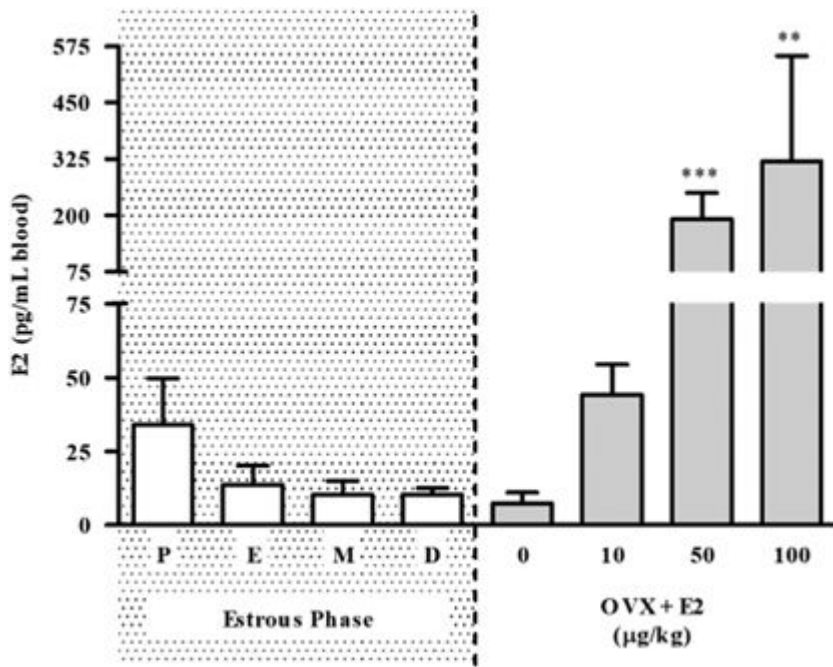


Figure 1 Proestrus-level E2 recapitulation. Circulating E2 plasma levels corresponding to each estrous phase in gonadally intact females compared with plasma levels evoked by E2 replacement in OVXed females. P = proestrus, E = estrus, M = metestrus, and D = diestrus. Data are represented as mean±SEM. ** $P < 0.01$, *** $P < 0.001$ versus proestrus blood levels.

Cocaine Self-Administration and Extinction

A cocaine self-administration and extinction timeline is depicted in [Figure 2a](#). Responding on the first and last day of self-administration and extinction is summarized for each experiment in [Supplementary Table S1](#) (see [Supplementary Materials](#)). Female rats readily acquired cocaine self-administration and displayed extinction. Neither self-administration nor extinction varied significantly across experiments.

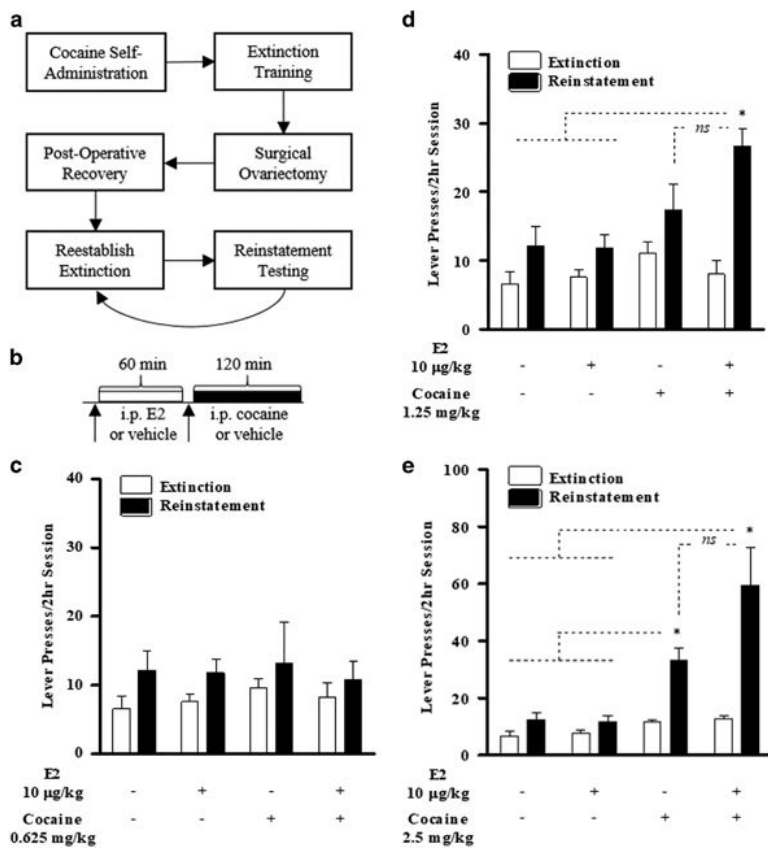


Figure 2 Proestrus-level E2 potentiates the reinstatement of cocaine seeking to subthreshold cocaine priming dose. Following re-establishment of extinction criterion post-ovariectomy, females were tested for reinstatement in response to 0.625, 1.25, and 2.5 mg/kg cocaine. (a) General timeline for cocaine self-administration and extinction training. (b) Timeline for reinstatement testing. Testing for the effects of 10 µg/kg E2 on (c) 0.625 mg/kg cocaine, (d) 1.25 mg/kg cocaine, and (e) 2.5 mg/kg cocaine in OVXed females. Data are represented as mean±SEM. NS, not significant, * $P < 0.05$.

Experiment 1: E2-Potentiated Reinstatement of Cocaine Seeking in OVXed Females

We initially tested for reinstatement across a cocaine dose–response curve to identify a subthreshold dose ($n=5$; [Supplementary Figure S1](#)). Similar to previous reports ([Lynch and Carroll, 2000](#)), we found 0.625 and 1.25 mg/kg cocaine to be subthreshold and 2.5 and 5.0 mg/kg cocaine to be suprathreshold for reinstatement.

To determine the effects of proestrus-level E2 on cocaine-induced reinstatement, we examined the effects of 10 µg/kg E2 on reinstatement to 0.625 mg/kg ([Figure 2c](#); $n=5$), 1.25 mg/kg ([Figure 2c](#); $n=5$), and 2.5 mg/kg ([Figure 2d](#); $n=5$) priming doses of cocaine; see [Figure 2b](#) for design. Significant reinstatement was not observed in animals treated with 10 µg/kg E2 alone. Similarly, significant reinstatement was not observed following 0.625 mg/kg cocaine, either alone or in combination with 10 µg/kg E2 ([Figure 2c](#)). However, while 1.25 mg/kg cocaine alone did not reinstate cocaine seeking, robust reinstatement was observed when this dose was combined with E2 ($n=5$, [Figure 2d](#)). A two-way repeated-measures ANOVA showed significant main effects of day (extinction vs reinstatement; $F_{(1,4)}=43.657$, $p < 0.01$), treatment ($F_{(3,12)}=7.015$, $p < 0.01$), and a significant interaction ($F_{(3,12)}=6.286$, $p < 0.01$). *Post hoc* tests revealed significant reinstatement responding relative to extinction only in the E2/cocaine condition ($p < 0.01$).

To determine whether the E2-potentiated reinstatement observed in OVXed females models reinstatement responding during proestrus, a cohort of gonadally intact females was tested for reinstatement to 1.25 mg/kg cocaine across the estrous cycle ([Supplementary Figure S2](#)). A two-way repeated-measures ANOVA revealed a

significant interaction between day (extinction vs reinstatement) and estrous phase ($F_{(3,14)}=3.927$, $p<0.05$), with higher responding during reinstatement relative to extinction in proestrus ($p<0.05$).

Robust reinstatement was also observed in response to 2.5 mg/kg cocaine ([Figure 2e](#)). A two-way repeated-measures ANOVA revealed significant main effects of day (extinction vs reinstatement, $F_{(1,4)}=28.297$, $p<0.01$), treatment ($F_{(3,12)}=12.439$, $p<0.001$), and a significant interaction ($F_{(3,12)}=7.155$, $p<0.01$). *Post hoc* tests revealed significant responding during reinstatement relative to extinction following both HBC/cocaine ($p<0.01$) and E2/cocaine ($p<0.05$). Although not statistically significant, higher reinstatement responding was observed in the E2/cocaine condition compared with HBC/cocaine.

We also determined the relationship between E2 dose (0, 10, 50, and 100 $\mu\text{g}/\text{kg}$, i.p.; 1-h pretreatment) and reinstatement to subthreshold cocaine (0.625 mg/kg, i.p.; [Supplementary Figure S3](#)). A two-way repeated-measures ANOVA revealed a significant interaction between day and treatment ($F_{(3,12)}=5.630$, $p<0.05$). The E2 effects on reinstatement were dose-dependent, as *post hoc* tests revealed significant responding during reinstatement relative to extinction following 100 $\mu\text{g}/\text{kg}$ E2/cocaine ($p<0.05$).

Experiment 2: Intra-PrL E2-Potentiated Reinstatement of Cocaine Seeking in OVXed Females

To investigate the PrL-PFC contribution to E2-potentiated reinstatement, we determined the ability of bilateral intra-PrL E2 injections (5 $\mu\text{g}/0.3 \mu\text{l}/\text{side}$; 15-min pretreatment) to potentiate cocaine seeking in response to 1.25 mg/kg cocaine ($n=7$; see [Figure 3a](#) for design). As with systemic E2, neither intra-PrL E2 nor 1.25 mg/kg cocaine alone reinstated cocaine seeking, but robust reinstatement was observed with their combination ([Figure 3b](#)). A two-way repeated-measures ANOVA showed a main effect of day (extinction vs reinstatement, $F_{(1,6)}=7.970$, $p<0.05$), treatment ($F_{(3,18)}=3.317$, $p<0.05$), and a significant interaction ($F_{(3,18)}=4.633$, $p<0.05$). *Post hoc* tests revealed significant responding during reinstatement relative to extinction in the intra-PrL PFC E2/cocaine condition ($p<0.05$). Intra-PrL E2/vehicle cannulae placements are depicted in [Figure 3c](#), and a representative PrL histology image is shown in [Figure 3d](#).

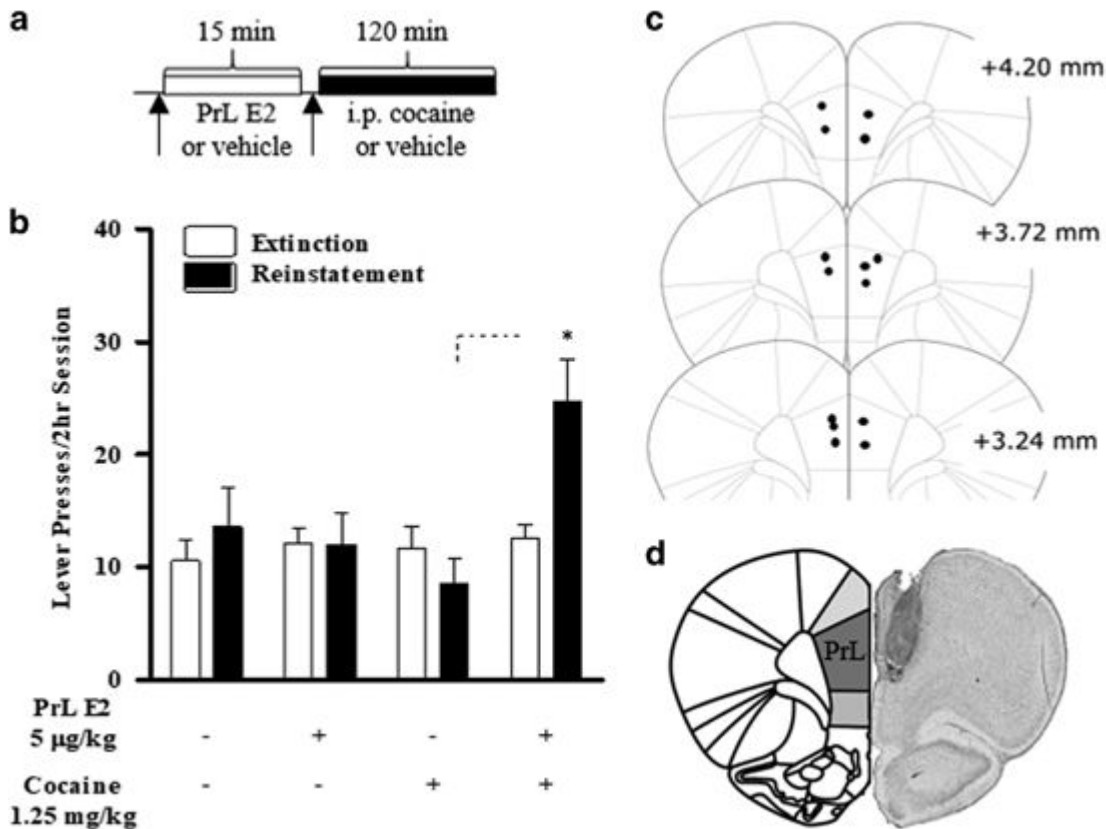


Figure 3 Intra-PrL E2 potentiates the reinstatement of cocaine seeking to subthreshold cocaine priming dose. Following re-establishment of extinction criterion post-ovariectomy, females were tested for reinstatement in response to intra-PrL E2 and 1.25 mg/kg cocaine. (a) Timeline for intra-PrL E2-potentiated reinstatement. (b) Testing for the effects of intra-PrL E2 5 µg/0.3 µl E2 on reinstatement in response to 1.25 mg/kg OVXed females. (c) PrL cannulae placements for intra-PrL E2 microinfusions. (d) Representative histology image of PrL cannulae placements. Data are represented as mean±SEM. * $p < 0.05$.

Experiment 3: Role of CB1R Activation in E2-Potentiated Reinstatement

We previously reported a role for endocannabinoid signaling via CB1Rs in corticosterone-potentiated cocaine-primed reinstatement in male rats (McReynolds et al, 2016). To determine whether CB1R activation has a similar role in E2-potentiated reinstatement, female rats were tested for E2-potentiated reinstatement following pretreatment with the CB1R inverse agonist, AM251 (see Figure 4a for design). AM251 pretreatment (1 or 3 mg/kg, i.p.; 30-min pretreatment) prior to E2 (10 µg/kg, 1-h pretreatment) and cocaine (1.25 mg/kg) dose-dependently reduced potentiated reinstatement ($n=7$; Figure 4b). A two-way repeated-measures ANOVA showed significant main effects of day (extinction vs reinstatement; $F_{(1,6)}=9.373$, $p < 0.05$), treatment ($F_{(5,30)}=3.000$, $p < 0.05$), and a significant interaction ($F_{(5,30)}=3.948$, $p < 0.01$). *Post hoc* testing revealed significant responding during reinstatement relative to extinction only in the vehicle/E2/cocaine condition ($p < 0.05$). Comparison across reinstatement test conditions using one-way repeated-measures ANOVA followed by *post hoc* testing revealed greater reinstatement in the vehicle/E2/cocaine condition relative to 3 mg/kg AM251/E2/cocaine ($p < 0.05$).

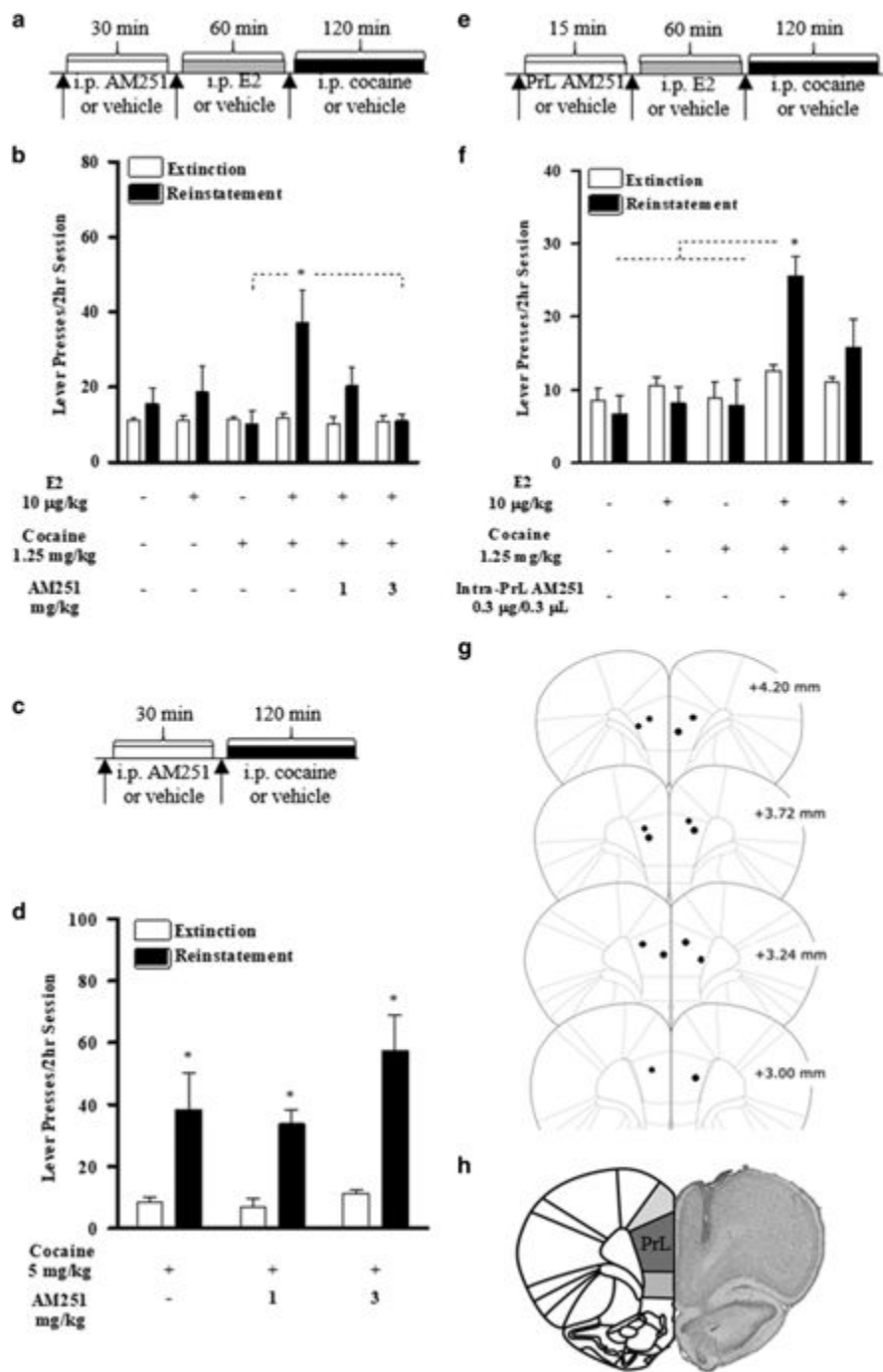


Figure 4 Necessity for CB1R activation in E2-potentiated reinstatement of cocaine seeking in OVXed females. (a) Timeline for CB1R antagonism in E2-potentiated reinstatement. (b) Testing for the effects of CB1R antagonism (AM251; 1 and 3 mg/kg) on 10 µg/kg E2-potentiated reinstatement to 1.25 mg/kg cocaine in OVXed females. (c) Timeline for CB1R necessity in cocaine-primed reinstatement. (d) Testing for the requirement of CB1R activation (AM251; 1 and 3 mg/kg) in 5 mg/kg cocaine-primed reinstatement in OVXed females. (e) Timeline for intra-PrL CB1 antagonist in E2-potentiated reinstatement. (f) Testing for E2-potentiated reinstatement following intra-PrL CB1 (AM251; 300 ng/0.3 µl) antagonism. (g) PrL cannulae placements for intra-PrL CB1 antagonist microinfusions. (h) Representative histology image of PrL cannulae placements. Data are represented as mean±SEM. * $P < 0.05$.

To determine whether CB1R activation is necessary specifically for E2 effects, or for cocaine-primed reinstatement generally, rats ($n=4$) received systemic AM251 (1 or 3 mg/kg, i.p.) or vehicle prior to testing for reinstatement in response to suprathreshold cocaine (5 mg/kg, i.p.; see [Figure 4c](#) for design). AM251

pretreatment did not suppress reinstatement to suprathreshold cocaine ([Figure 4d](#)). Two-way ANOVA showed main effects of day (extinction vs reinstatement; $F_{(1,3)}=39.256$, $p<0.01$), but no effects of treatment or interactions. *Post hoc* tests did not reveal significant differences in reinstatement responding between conditions.

To determine whether PrL-PFC CB1R activation is necessary for E2-potentiated reinstatement, rats ($n=7$) received bilateral PrL-PFC AM251 (0.3 $\mu\text{g}/0.3 \mu\text{l}/\text{side}$; 15-min pretreatment) or vehicle injections prior to testing for reinstatement in response to E2 (10 $\mu\text{g}/\text{kg}$; 1-h pretreatment) and low-dose cocaine (1.25 mg/kg ; see [Figure 4e](#) for design). Intra-PrL AM251 significantly attenuated, but did not fully block, E2-potentiated reinstatement ([Figure 4f](#)). A two-way repeated-measures ANOVA revealed a trend towards a main effect of day (extinction vs reinstatement; $F_{(1,6)}=4.450$, $p=0.079$), a significant main effect of treatment ($F_{(4,24)}=6.449$, $p<0.001$), and an interaction between reinstatement and treatment ($F_{(4,24)}=3.609$, $p<0.05$). *Post hoc* testing revealed significant responding during reinstatement relative to extinction under the intra-PrL PFC vehicle/E2/cocaine condition ($p<0.01$). Comparison across reinstatement test conditions using one-way repeated-measures ANOVA followed by *post hoc* testing revealed greater reinstatement in the vehicle/E2/cocaine condition relative to vehicle/HBC/saline ($p<0.001$), vehicle/E2/saline ($p=0.05$), and vehicle/HBC/cocaine ($p<0.05$). However, no statistically significant differences were observed between the AM251/E2/cocaine condition and the other reinstatement conditions. Intra-PrL AM251/vehicle cannulae placements are depicted in [Figure 4g](#), and a representative PrL histology image is shown in [Figure 4f](#).

Discussion

We demonstrated that acute proestrus-level E2 potentiates cocaine seeking in OVXed female rats, in part via PrL-PFC CB1R-dependent actions. We found that E2 (10 $\mu\text{g}/\text{kg}$, i.p.) alone is insufficient to reinstate cocaine seeking but does potentiate reinstatement in response to ordinarily subthreshold cocaine (1.25 mg/kg , i.p.). These findings align with prior reports of greater propensity to drug seeking during heightened estrogen phases ([Kippin et al, 2005](#); [Feltenstein et al, 2011](#); [Feltenstein and See, 2007](#)) and are consistent with our own observation of reinstatement to subthreshold cocaine only during proestrus. Moreover, they extend a report that 9 days of E2 administration promotes cocaine-primed reinstatement in OVXed female rats ([Larson et al, 2005](#)) by demonstrating that acute E2 is sufficient to promote cocaine seeking. The observation that peak physiological E2 levels can 'set the stage' for drug seeking in females is akin to our prior findings that stress-response level corticosterone also potentiates cocaine-primed reinstatement in males ([Graf et al, 2013](#); [McReynolds et al, 2016](#)).

PrL-PFC E2 Actions

The E2 influence on cocaine seeking likely involves the PrL-PFC. Intra-PrL E2 injections reproduced the potentiating effects of proestrus-level E2 on cocaine seeking. As activation of PrL-PFC glutamatergic projections to the nucleus accumbens is critical for cocaine-primed reinstatement ([Capriles et al, 2003](#); [McFarland et al, 2003](#); [Kalivas and Volkow, 2005](#); [Stefanik et al, 2013](#)), we hypothesize that E2 acts within the PrL-PFC to facilitate activation of this pathway, likely by enhancing pyramidal neuron excitability. Accordingly, E2 both enhances excitation ([Oberlander and Woolley, 2016](#)) and suppresses inhibition ([Huang and Woolley, 2012](#); [Tabatadze et al, 2015](#)) of pyramidal neurons in other brain regions. Furthermore, basal PFC dopamine levels fluctuate in an estrous cycle-dependent manner ([Dazzi et al, 2007](#)). Finally, heightened PFC c-fos activity corresponds to elevated E2 levels ([Wang et al, 2004](#)) and augmented cocaine seeking in females ([Zhou et al, 2014](#)). Thus we hypothesize that low-dose cocaine produces an excitatory drive on accumbens-projecting PrL pyramidal neurons that is subthreshold for pathway activation, except within an elevated E2 context.

It is unclear whether findings derived using a cocaine-primed reinstatement procedure can extend to other reinstatement triggers. Although the PrL-PFC appears generally important for drug-seeking behavior ([Kalivas and](#)

[Volkow, 2005](#)), the neural circuitry underlying cocaine-primed reinstatement may differ from context-, cue-, and stress-induced reinstatement (e.g., [Lasseter et al, 2010](#)). Future studies will investigate the ability of E2 to potentiate reactivity to other triggers.

Endocannabinoid Signaling: Estrogen Regulation

E2 could modulate PrL-PFC neuronal excitability through endocannabinoid signaling regulation. Estrogens have been reported to mobilize endocannabinoids ([El-Talatini et al, 2010](#); [Huang and Woolley, 2012](#); [Tabatadze et al, 2015](#); [Peterson et al, 2016](#)) and regulate CB1R binding ([Rodriguez de Fonseca et al, 1994](#); [Castelli et al, 2014](#); [Riebe et al, 2010](#)). PrL-PFC CB1Rs in females are expressed on the same interneuron terminals that exert tonic inhibitory constraint on pyramidal neurons in males ([Chiu et al, 2010](#); [Hill et al, 2011](#)), and in males, PrL-PFC CB1R activation suppresses this GABAergic inhibition ([Hill et al, 2011](#)). In the present study, systemic CB1R antagonism (AM251; 1 or 3 mg/kg, i.p.) suppressed E2-potentiated reinstatement in a dose-dependent manner, demonstrating that E2 effects on cocaine seeking are attributable to endocannabinoid mobilization and CB1R activation. By contrast, the same AM251 doses failed to block reinstatement to suprathreshold cocaine (5 mg/kg, i.p.), consistent with our previous findings in males ([McReynolds et al, 2016](#)), indicating that, while CB1R activation mediates the E2 influence on cocaine seeking, it is not required for cocaine-primed reinstatement in the absence of elevated E2 levels. The PrL-PFC endocannabinoid signaling contribution to E2-potentiated cocaine seeking was tested by administering PrL-PFC AM251 prior to E2 and cocaine, which suppressed E2-potentiated reinstatement. E2-induced CB1R-mediated suppression of inhibition may, therefore, render the PrL-PFC more excitable by ordinarily subthreshold triggers and thus enhance relapse vulnerability.

E2-Potentiated Reinstatement: Alternative Mechanisms

Although PrL-PFC CB1R antagonism attenuated E2-potentiated cocaine seeking, in contrast to systemic AM251, intra-PrL-PFC AM251 failed to fully block potentiated reinstatement. There are several reasons why this may have occurred. First, we were unable to test AM251 concentrations $>0.3 \mu\text{g}/\text{side}$ due to solubility issues, as the greater DMSO concentrations required to solubilize AM251 suppressed reinstatement under vehicle control conditions (data not reported). Thus it is possible that we were unable to achieve complete PrL-PFC CB1R antagonism. Second, the ability of E2 to produce widespread effects throughout the brain suggests that E2-CB1R effects in multiple brain regions, such as the nucleus accumbens and ventral tegmental area, may converge to enhance cocaine seeking during heightened estrogen periods. For example, E2 has been reported to produce CB1R-dependent effects on nucleus accumbens spine density, which correspond to cocaine sensitization ([Peterson et al, 2016](#)). Third, E2 regulation of the HPA axis could contribute to its effects on cocaine seeking. 17 β -Estradiol stimulates corticosterone release ([Lo et al, 2000](#); [Niyomchai et al, 2005](#); [Weiser and Handa, 2009](#)), and corticosterone attenuates PrL-PFC inhibitory synaptic transmission via endocannabinoid mobilization and CB1R activation ([Hill et al, 2011](#)) and potentiates reinstatement in a CB1R-dependent manner in males ([McReynolds et al, 2016](#)). However, as intra-PrL E2 recapitulates the systemic E2 effects on cocaine seeking, it is unlikely that E2-induced HPA axis activation exclusively accounts for its effects on reinstatement.

Although the receptor mechanism through which PrL-PFC E2 acts to promote cocaine seeking is unclear, the rapid effects suggest a non-genomic mechanism of action. Estrogen receptor- α (ER α), estrogen receptor- β (ER β), and G-protein-coupled estrogen receptor-1 (GPER1) are all expressed in the PFC and, although primarily localized to presynaptic axon terminals, they are also found in dendrites where they could regulate endocannabinoid production ([Almey et al, 2014](#)). In the hippocampus, E2 activation of ER α mobilizes the endocannabinoid, *N*-arachidonylethanolamine, via interaction with mGluR1, resulting in a CB1R-dependent attenuation of GABA release in females ([Huang and Woolley, 2012](#); [Tabatadze et al, 2015](#)). The CB1R-dependent ability of E2 to promote behavioral sensitization also requires an ER α -mGluR1 interaction ([Peterson et al, 2016](#)). However, it is unknown whether similar regulation occurs in the PFC. ER β increases presynaptic glutamate transmission in the female rat hippocampus ([Oberlander and Woolley, 2016](#)) and is required for potentiation of

excitatory synaptic transmission in the female mouse hippocampus ([Galvin and Ninan, 2014](#)). Moreover, chronic ER β , but not ER α , activation promotes cocaine-primed reinstatement in female rats ([Larson and Carroll, 2007](#)). However, it is unclear how ER β -induced endocannabinoid signaling could increase excitatory synaptic function. Although GPER1 activation increases postsynaptic glutamate sensitivity ([Oberlander and Woolley, 2016](#)), effects on endocannabinoid signaling have not been reported.

OVX and Physiological E2 Considerations

One caveat of the present study was that rats were surgically ovariectomized to permit precise control over E2 levels during reinstatement testing. Importantly, to avoid effects on cocaine self-administration ([Zhao and Becker, 2010](#); [Lynch and Taylor, 2005](#)) and extinction ([Twining et al, 2013](#)) that could later confound reinstatement, rats underwent OVX after self-administration and extinction and just before reinstatement testing. The purpose of the experiment was to reproduce proestrus-level E2 and assess effects on cocaine seeking. However, we did not directly compare the effects of the proestrus E2 dose with lower E2 doses that recapitulate other estrous cycle phases. We did, however, demonstrate that potentiated reinstatement is only observed in response to 1.25 mg/kg cocaine during proestrus in gonadally intact females and that the E2 effects on cocaine seeking are dose-dependent, as supraphysiological E2 levels further augmented reinstatement vulnerability. Additionally, chronic OVX has been shown to attenuate cocaine-primed reinstatement ([Larson et al, 2005](#); [Larson and Carroll, 2007](#)), so elevating E2 in the face of chronically depleted estrogens likely has differential consequences for cocaine seeking than what is observed in intact cycling rats in proestrus. Indeed, OVX produces neuroadaptations that could modulate behavior, including CB1R and ER binding and expression changes in brain regions associated with cocaine seeking ([Rodriguez de Fonseca et al, 1994](#); [Riebe et al, 2010](#); [Castelli et al, 2014](#); [Rose-Meyer et al, 2003](#); [Bastos et al, 2015](#)). Moreover, we report higher proestrus E2 levels in cocaine-naïve females than those reported following self-administration ([Feltenstein and See, 2007](#)), suggesting that a dose recapitulating cocaine-naïve proestrus E2 levels could prove supraphysiological in cocaine-experienced OVX females. However, whether E2 levels are persistently suppressed following self-administration is unknown.

Progesterone Influence Over Relapse

Although the present findings implicate E2 as a key determinant of sex and cycle-related influences on cocaine use, other sex hormones are also likely involved. Most notably, while estrogens may act to enhance relapse vulnerability, progesterone may provide protection against it ([Sofuoglu et al, 2002](#); [Evans and Foltin, 2006](#); [Sinha et al, 2007](#)). Higher reinstatement responding is observed during low progesterone phases ([Feltenstein and See, 2007](#)). Future experiments will examine how covariation in E2 and progesterone levels relate to reinstatement vulnerability.

Conclusions

Taken together, our findings provide evidence that high estrogen brain states can promote cocaine seeking through endocannabinoid signaling regulation and PrL-PFC actions. These findings have implications for understanding sex differences in relapse vulnerability and variation in propensity to seek cocaine across the reproductive cycle in women. Moreover, as recent clinical findings suggest that, compared with men, women diagnosed with substance use disorder exhibit different sensitivity and responsiveness to some medications ([Fox et al, 2013, 2014](#)), the ability of E2 to regulate endocannabinoid signaling in females may guide the development of sex-specific treatment approaches aimed at relapse prevention.

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Supplementary information

Word documents

[Supplementary Information](#)

Supplemental Materials and Methods

Estrous phase determination and recapitulation: Estrous phase was monitored daily by vaginal lavage. Vaginal epithelial cells were collected by distilled water lavage every 24-hrs for 3-wks and stained using Papanicolaou (Sigma) and hematoxylin (Vector) reagents. Cell types were visualized and differentiated under a Nikon 55i Eclipse microscope using Nikon NIS Elements, and the ratio of three cell types was used to determine estrous phase. Briefly, proestrus was defined by predominant presence of large round nucleated epithelial cells, estrus by large cornified epithelial cells, diestrus by leukocytes, and metestrus by a mixture of the three. Blood samples were simultaneously collected by intravenous catheter for measurement of circulating E2 levels across the estrous cycle. OVX'ed females were given E2 (10, 50, or 100 µg/kg, i.p.; 1-hr pretreatment) or vehicle followed by trunk blood collection for E2 measurement. All blood samples were centrifuged at 1000 x g for 10-min, and plasma supernatant collected and stored at -80° for later analysis. To identify a proestrus-recapitulating dose, plasma E2 levels were measured using an acetylcholinesterase-linked ELISA (Cayman Chemicals) per the manufacturer protocol.

Intravenous catheterization and intracranial cannulation: Rats were surgically implanted with indwelling intravenous catheters for cocaine self-administration as previously described (Graf *et al*, 2013; McReynolds *et al*, 2016) with minor adaptations. The tubing length [Silastic; Dow Corning; (0.6-mm i.d.×1.1-mm o.d.) x 40-mm] was shortened to 6-cm between the back-mounted cannula (Plastics One) and vein insertion point, and then flat-cleaved to 3.1-cm between the vein insertion point and distal end prior to implantation, to accommodate for the smaller female body size. Rats received carprofen analgesics (2 mg/5 g tablet/day for 3-d) following surgery, and intravenous cefazolin antibiotics (0.2 mg/day for 5-d) thereafter. Following 1-wk of recovery, rats initiated cocaine self-administration training. At the time of catheterization, some rats received bilateral 11-mm, 26-gauge cannula aimed 0.5-mm above the PrL-PFC, and the following coordinates were used: anteroposterior (A/P), +2.8-mm; mediolateral (M/L), +1.0-mm; dorsoventral (D/V), -3.5-mm at 8°. All surgeries were conducted under ketamine (100 mg/kg, i.p.) and xylazine (10 mg/kg/0.65mL, i.p.) anesthesia.

Cocaine self-administration: All self-administration experimental procedures were conducted in operant conditioning chambers, fitted with retractable levers and cue lights, housed in sound-attenuating compartments (Med Associates, Inc.). Rats were initially trained to press an active lever, with an associated reward availability cue light, under a fixed-ratio (FR) 1 schedule for sucrose pellet rewards. Following acquisition of lever pressing, the rats were transitioned to self-administer cocaine (0.5 mg/kg/0.2 mL infusion) during daily 2-hr sessions. Infusions were delivered over the course of 5-sec, followed by a 10-sec time-out period during which lever pressing was not reinforced and the cue light above the active lever switched off. Responding on an unrewarded, inactive lever was also recorded. Once stable high responding (>20 infusions/2-hr session) was maintained under an FR4 schedule of reinforcement for 10-14 days, the cocaine syringe was replaced with saline and animals underwent extinction training.

Extinction training: Following maintained cocaine self-administration, rats were subjected to identical conditions as before except lever responding resulted in saline infusions instead of cocaine. Once responding dropped below extinction criterion (<15 total lever presses/2-hr session for 2 of 3 last consecutive sessions), rats underwent surgical ovariectomy. Following a 1-wk recovery period, animals reinitiated extinction sessions until criterion was reestablished.

Surgical ovariectomy (OVX): Bilateral surgical OVXs were conducted using a dorsal approach as previously described (Twining *et al*, 2013). Following anesthesia, a 2-cm horizontal incision was cut through the skin on the midline approximately 3-cm anterior to the iliac crests. Then, using that incision as a moveable window, bilateral 0.5-cm incisions were made through the muscle approximately 1.25-cm above and 2-cm lateral to the iliac crests. Blunt forceps were used to visualize and gently externalize the ovaries, which were then clamped off at the oviduct with a hemostat. Non-absorbable suture thread was used to tie off the oviduct and associated blood vessels below the hemostat. The ovary was then excised, the hemostat unclamped, and the integrity of the sutures assessed prior to replacing the tissue into the peritoneum and closing.

Reinstatement testing: Following reestablishment of extinction criterion, animals underwent reinstatement testing. Reinstatement conditions were identical to extinction, except for hormonal and/or cocaine pre-treatment. Tests were administered in a counterbalanced design, and extinction criterion reestablished between tests.

Cannulae placement checks: Following study completion, brains were fixed with 4% paraformaldehyde and cryo-protected with 30% sucrose. Subsequently, brains were blocked and sliced into 50- μ M coronal sections on a cryostat, and stained with cresyl violet to confirm cannula placement. Anatomical misses were excluded from the study.

Experiment S1: Cocaine-primed reinstatement dose-response curve: Following self-administration, extinction, and recovery from surgical ovariectomy, we tested a cohort of females for reinstatement to a range of cocaine-priming doses. To study the enhancing effects of E2 on reinstatement responding, we first identified a priming dose of cocaine (1.25 mg/kg, i.p.) that was sub-threshold for reinstatement. Finding that, we also tested higher supra-threshold (2.5 and 5.0 mg/kg, i.p.) and lower sub-threshold (0.625 mg/kg, i.p.) priming doses.

Experiment S2: Proestrus-potentiation of reinstatement: Following extinction, gonadally-intact females were tested for reinstatement in response to sub-threshold cocaine (1.25 mg/kg, i.p.) in a phase-agnostic manner. Estrous phase was monitored by vaginal lavage collected daily following extinction and reinstatement sessions. The influence of estrous phase on reinstatement responding was retroactively determined by subdividing reinstatement tests according to estrous phase.

Experiment S3: Estrogen-potentiated reinstatement dose-response curve: Following extinction and recovery from surgical ovariectomy, females were tested for reinstatement in response to E2 and low sub-threshold cocaine (0.625 mg/kg, i.p.). To determine whether heightened E2 levels could produce heightened reinstatement responding, animals were pretreated with an increasing range of E2 doses (0, 10, 50, and 100 μ g/kg, i.p.; 1hr pretreatment) prior to cocaine administration.

Supplemental Results

Table S1: Data represent total active lever responses/2-h session for Figures 2, 3, 4, S1, and S2 during the first and last FR4-days of cocaine self-administration (SA) and on the first and last day of extinction before reinstatement. The number of days to reach extinction criteria before ovariectomy for each experiment is also reported. Data are represented as mean \pm SEM.

Table S1: Cocaine self-administration and extinction responding					
	Cocaine Self-Administration		Extinction		Extinction Duration
Experiment (n)	First Day	Last Day	First Day	Last Day	# Days
2					
10 E2/Cocaine; (5)	113 \pm 7.4	150.8 \pm 41.7	76.2 \pm 16.6	8 \pm 1.7	12 \pm 1.9
3					
PrL E2/1.25 Cocaine; (7)	127.4 \pm 10.6	125.7 \pm 21.3	46.7 \pm 6.6	10.4 \pm 1.5	13.6 \pm 3.4
4B					
AM251/E2/1.25 Cocaine (7)	178.3 \pm 43.7	130.7 \pm 23.3	85.4 \pm 18.5	14.6 \pm 1.5	17.7 \pm 4.1
4D					
AM251/5.0 Cocaine (4)	134.8 \pm 50.6	104 \pm 27.7	42.2 \pm 14.4	12.3 \pm 1.9	17.5 \pm 4.4
4F					
PrL AM251/E2/Cocaine; (7)	171.4 \pm 31	97.6 \pm 10.6	72.9 \pm 19.6	9.3 \pm 1.8	19.7 \pm 5.8
S1					
Cocaine Dose Response (23)	148 \pm 18.6	142.7 \pm 17.5	70 \pm 8.9	11.9 \pm 0.8	15.4 \pm 2.3
S2					
Proestrus Potentiation (14)	121.6 \pm 15.3	112.3 \pm 11.7	84.2 \pm 16.6	9.7 \pm 0.7	12.9 \pm 3.7
S3					
E2 Dose Response (5)	134.3 \pm 19.8	170.4 \pm 33.4	74.5 \pm 13.3	11.5 \pm 1.5	15.5 \pm 3.9

Table S1: Cocaine self-administration and extinction responding					
Experiment (n)	Cocaine Self-Administration		Extinction		Extinction Duration
	First Day	Last Day	First Day	Last Day	# Days
2 10 E2/Cocaine; (5)	113 ± 7.4	150.8 ± 41.7	76.2 ± 16.6	8 ± 1.7	12 ± 1.9
3 PrL E2/1.25 Cocaine; (7)	127.4 ± 10.6	125.7 ± 21.3	46.7 ± 6.6	10.4 ± 1.5	13.6 ± 3.4
4B AM251/E2/1.25 Cocaine (7)	178.3 ± 43.7	130.7 ± 23.3	85.4 ± 18.5	14.6 ± 1.5	17.7 ± 4.1
4D AM251/5.0 Cocaine (4)	134.8 ± 50.6	104 ± 27.7	42.2 ± 14.4	12.3 ± 1.9	17.5 ± 4.4
4F PrL AM251/E2/Cocaine; (7)	171.4 ± 31	97.6 ± 10.6	72.9 ± 19.6	9.3 ± 1.8	19.7 ± 5.8
S1 Cocaine Dose Response (23)	148 ± 18.6	142.7 ± 17.5	70 ± 8.9	11.9 ± 0.8	15.4 ± 2.3
S2 Proestrus Potentiation (14)	121.6 ± 15.3	112.3 ± 11.7	84.2 ± 16.6	9.7 ± 0.7	12.9 ± 3.7
S3 E2 Dose Response (5)	134.3 ± 19.8	170.4 ± 33.4	74.5 ± 13.3	11.5 ± 1.5	15.5 ± 3.9

Figure S1: A two-way independent measures ANOVA showed significant main effects of reinstatement testing (extinction vs. reinstatement; $F(1,4)=65.584$, $p<0.001$) and a significant interaction between reinstatement day and condition (0, 0.625, 1.25, 2.5, 5.0 mg/kg cocaine; $F(4,58)=13.902$, $p<0.001$). Post-hoc testing revealed significant reinstatement to 2.5 ($p<0.01$) and 5.0 ($p<0.001$) mg/kg cocaine compared to all other doses, with no significant difference in reinstatement between 2.5 and 5.0 mg/kg cocaine ($p=0.412$). Data are represented as mean ± SEM.

Supplementary Figure 1

Cocaine-Primed Reinstatement Dose Response Curve

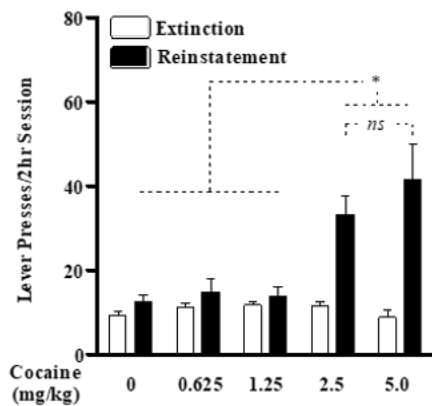


Figure S2: The adjusted experimental design for testing gonadally-intact females across the estrous cycle is found in Figure S2A. A two-way repeated measures ANOVA revealed a significant interaction between day (extinction vs. reinstatement) and estrous phase (Figure S2B: estrus = E, metestrus = M, diestrus = D, and proestrus = P; $F_{(3,14)}=3.927$, $p<0.05$). Higher responding during reinstatement relative to extinction was observed in the proestrus phase of the ovarian hormone cycle ($p<0.05$). Data are represented as mean \pm SEM.

Supplementary Figure 2
Proestrus Potentiation of Reinstatement

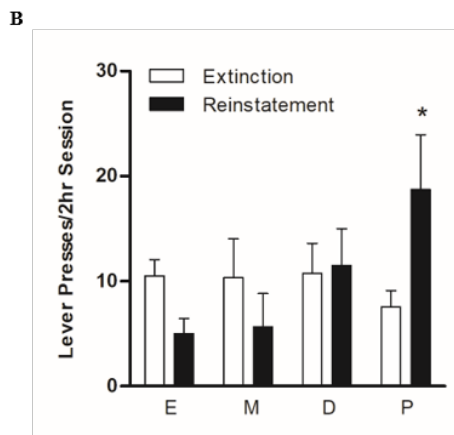
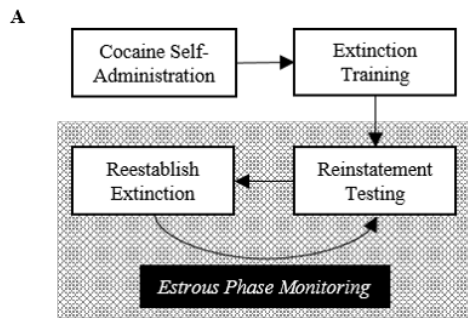
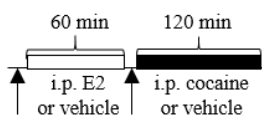


Figure S3: A trend toward a main effect of reinstatement testing (extinction versus reinstatement; $F(1,4)=4.948$, $p=0.090$), along with a significant interaction between reinstatement testing and condition (0 $\mu\text{g}/\text{kg}$ E2/Cocaine, 10 $\mu\text{g}/\text{kg}$ E2/Cocaine, 50 $\mu\text{g}/\text{kg}$ E2/Cocaine, 100 $\mu\text{g}/\text{kg}$ E2/Cocaine; $F(3,12)=5.630$, $p<0.05$) were shown by two-way ANOVA. Post hoc testing revealed a strong trend toward higher responding during reinstatement following 100 $\mu\text{g}/\text{kg}$ E2/cocaine versus all conditions (compared to: 0 $\mu\text{g}/\text{kg}$ E2/Cocaine, $p=0.064$; 50 $\mu\text{g}/\text{kg}$ E2/Cocaine, $p=0.066$ 100 $\mu\text{g}/\text{kg}$ E2/Cocaine, $p=0.087$). Paired t-test analyses revealed higher reinstatement responding relative to extinction in the 100 $\mu\text{g}/\text{kg}$ E2/Cocaine condition ($t(4)=-3.252$, $p<0.05$). Data are represented as mean \pm SEM.

Supplementary Figure 3

Effects of E2 on Subthreshold Cocaine-Primed Reinstatement

A



B

