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## Book Review of Health to Match Her Dedication by James T. Nix, M.D. and C.J. Fecher, Ph.D.

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# Book Review

## Health to Match Her Dedication

BY JAMES T. NIX, M.D. AND C. J. FECHER, PH.D.

This manual on medical care of religious is a compilation of writings by fourteen authors — each an authority in the field of physical and mental health. It represents a first and a basic contribution to the promotion of adequate health care in religious communities. It is the direct outgrowth of an effort launched by the National Federation of Catholic Physicians' Guilds when Dr. James Nix was appointed chairman of its committee to upgrade health of clergy and religious.

The second author, Dr. Con J. Fecher, has been the pioneer in statistical and actuarial studies of the health of nuns. His first study was in 1927. In cooperation with Dr. Nix and the Conference of Major Religious Superiors, his studies have expanded widely since 1955.

The American Cancer Society has shown its confidence in the progressive investigation by two successive grants for the study of cancer deaths in nuns.

The scope of the manual includes:

1. A history of the studies on religious health.
2. The need for a comprehensive health program.
3. The inauguration of a specific health program.
4. The administration of the program and
5. Mental Health.

*Health to Match Her Dedication* is a catechism of health promotion long needed by medical, psychological, sociological and administrative *ancilli/ae domini*.

Copy price is \$1.75 — or \$1.50 in quantity.

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