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A Taste of Cuba: A Journey through Cuba and Its Savory Cuisine

Cynthia Carris Alonso

Valerie Feigen

Jose Luis Alonso

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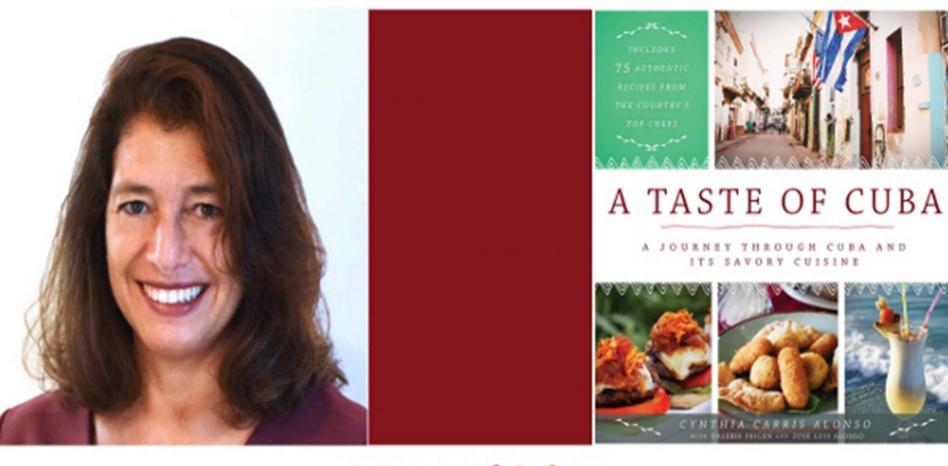
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The Green School at Books & Books

Cuban Research Institute



A Taste of Cuba: A Journey through Cuba and Its Savory Cuisine

Book Presentation with Author Cynthia Carris Alonso and Coauthors Valerie Feigen and José Luis Alonso

Saturday, May 12, 2018 | 7:00 PM | Books & Books | 265 Aragon Ave., Coral Gables

From the leading photographer of Cuba, A Taste of Cuba is a stunning culinary and visual journey through Cuba that presents 75 authentic, never-before-shared recipes from the world's most inventive chefs. In a country shrouded in secrecy, a mouthwatering, but little-known food scene is emerging. A Taste of Cuba offers unprecedented access into the kitchens of Cuba's top chefs, where the country's most delectable dishes are created and where the chefs will share for the very first time, their brilliant techniques, inspiration, and best recipes.

In this one-of-a-kind volume, renowned Cuba photographer Cynthia Carris Alonso and her Cuban husband, José Luis Alonso, take you with them on their ride through Havana and around the country, as they stop in Cuba's twenty top restaurants and paladares—private, family-owned establishments—along the way. Inside you'll see how Cuban chefs are world-class resourceful and inventive, adapting their dishes based on the changing ingredients available on the market. Seventy-five original recipes supplied by Cuba's top chefs, tested and translated for an American kitchen by chef Valerie Feigen, will allow you to make the chefs' best appetizers, main courses, desserts, and drinks in your home.

Cynthia Carris Alonso is an acclaimed photographer, writer, and author of Passage to Cuba (2015). Since 1992, she has regularly traveled to Cuba, documenting its news, musicians, and culture for music recording companies and publications such as Newsweek, Vanity Fair, Businessweek, and People en Español. Ms. Alonso has appeared as a Cuba consultant on national television, in print, and on radio. Her images have been exhibited throughout the United States and in Canada and Brazil. She lives in New York City with her husband and daughter.

To confirm your attendance and for more information, please call (305) 348-1991 or write cri@fiu.edu.



