

# The Cowl



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## PC Dance Club Shines in Final Showcase

by Brigid Walshe '19  
A&E Staff

ON CAMPUS



This past weekend, Providence College's Dance Club put on its spring show, which gave the PC community a chance to see some of their friends and peers do an activity they love.

PC's Dance Club is a student-run, student-choreographed dance club on campus. Members sign up for dances at the beginning of the semester and practice each dance once a week until the show at the end of the semester. Members also participate in Sunday classes, which are open to the entire campus and perform at various school-sponsored events, like Late Night Madness.

The show was about two hours long and featured dances of all different styles. From lyrical to tap to musical-theatre, the show had it all. Members performed a tap number to "The Fresh Prince of Bel-Air," a lyrical number to "Shallow" from *A Star is Born*, and a high-energy dance to *Hairspray's* "You Can't Stop the Beat," choreographed by PC Dance Club's president, Jacqueline Michels '19. The show ended with an emotional senior dance, which featured all senior members of Dance Club. For many, it was their last time dancing on a stage.

Dance Club/15

## RCIA Students Receive the Sacraments



RCIA students and Campus Ministry staff with Reverend Robert Evans.

PHOTO COURTESY OF PROVIDENCE COLLEGE CAMPUS MINISTRY/FACEBOOK

by Hannah Langley '21  
Asst. News Editor

CAMPUS MINISTRY

Every year, dozens of Providence College students decide to affirm their faith within the Catholic Church by undergoing the RCIA program at PC.

RCIA, or "Rite of Christian Initiation for Adults," is a program instituted by the Catholic Church that

allows members of the Church to partake in receiving the sacraments of Baptism, Communion, and/or Confirmation, as well as a reception service that recognizes members of Protestant denominations entering into the Catholic Church.

This year, the RCIA Mass was held on Sunday, April 28 at 7 p.m. and was celebrated by Reverend Robert Evans, Auxiliary Bishop of Providence.

RCIA/2

## Saying Goodbye to Friartown

### PC Athletes Pursue Professional Careers



by Meaghan Cahill '20  
Sports Co-Editor

ATHLETICS

There will be noticeable absences on the rosters of both the men's basketball and hockey teams next year. Besides from the six graduating seniors on the hockey team and two seniors

on the basketball team, hockey players Josh Wilkins '20, Brandon Duhaime '20, Jacob Bryson '20, and Jay O'Brien '22 alongside basketball player Alpha Diallo '20 have all decided to pursue a professional career in their respective sports.

Bryson was the first player to announce his decision to cut ties

with his college eligibility when, on April 15 he signed a three-year, entry-level contract with the Buffalo Sabres. Having completed three full seasons with the Friars, the tri-captain of the hockey team recently earned Second Team Hockey East All-Star honors after a successful junior season that consisted of four goals and 24

assists (28 points total) in 42 games.

A 2017 fourth round draft pick (99th overall), Bryson has completed 121 games total with the Friars and notched 73 points during that time. He also was a two-time recipient of Hockey East's Len Ceglarski Sportsmanship Award.

In place of completing both his junior and senior years at Providence College, Bryson will compete at an amateur tryout with AHL Rochester before his contract kicks in at the start of the 2019-2020 season.

Duhaime, like Bryson, also finalized an entry-level contract that will conclude his college eligibility. The fourth round, 106th overall 2016 draft pick was selected by the Minnesota Wild and will be playing for their AHL team, the Iowa Wild, on an Amateur Tryout Agreement. He dressed in 117 games as a Friar and during the course of three years, he totaled 22 goals, 50 assists, and a plus-18 rating.

Along with the April 16 announcement that he would not be continuing his career as a Friar, Duhaime made sure to thank the entire PC community, especially his coaches and teammates, for an "incredible" three years saying, "The memories made at Providence College were some that I will never forget."

Friars/25

Brandon Duhaime '20 (above) will trade in his Friars uniform for Minnesota green next season.

JAY WILLETT '20/THE COWL

## UNDER THE HOOD

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## Diving Deeper

### “Beyond Your News Feed” Podcast Hits PC Radio Waves

by Maura Campbell '22  
News Staff

ON CAMPUS

Podcasts are quickly becoming a popular medium to educate, create, and explore. With all of the different options and podcast topics to choose from, the community here at Providence College may not be aware that the political science department has its own podcast, called *Beyond Your News Feed: Understanding Contemporary Politics*.

*Beyond Your News Feed* is a collaborative work that began in the fall of 2018 when Dr. Bill Hudson, chair of the political science department, spoke with Joe Carr '83, associate vice president for marketing and communications, about the possibility of producing a podcast sponsored by the department.

Since then, *Beyond Your News Feed* has produced six episodes and will continue production in upcoming years. Dr. Hudson spoke about the content of the podcast and its future here at the College.

“We, as the title of the podcast suggests,” he said, “want to move beyond surface journalistic reporting on political events and provide listeners with historical background and analytical perspectives on what they read from their daily news sources.”

Essentially, the goal of *Beyond Your News Feed*



PHOTO COURTESY OF SOUNDCLLOUD.COM

**Beyond Your News Feed hosts conversations with professors.**

is to dive deeper into political topics that surface-level news reporting may not fully explain.

The content of the podcast tends to vary depending on who is involved. “We have a deep and broad range of expertise in the political science department,” Hudson explained.

For example, the episode that featured Dr.

Gizem Zencirci focused on Turkish politics, where the episode featuring Dr. Susan McCarthy focused on Chinese politics. Faculty members speak on the topics in which their expertise is centered. In addition, several episodes have been produced on American politics, including the 2018 midterm elections.

In addition, student involvement in *Beyond Your News Feed* has grown since the formation of the podcast.

Regan Wind '20 works as a podcast engineer, managing production, editing, and uploading. In the future, more students in the department could become involved in the podcast, especially those working on research projects that could be used as topics for an episode.

Although *Beyond Your News Feed* is produced by members of the political science department, it is available as a resource to the entire Providence College community, including current students, alumni, and other faculty and staff.

“I hope students can gain more in-depth insights into political events by listening to *Beyond Your News Feed*,” Hudson said, explaining that the podcast, once it falls into a regular schedule, can be expected to comment on political events soon after they happen.

Members of the PC community who want to gain a more in-depth understanding of worldwide political events, regardless of their major or background, can access *Beyond Your News Feed* at [www.soundcloud.com/pcpolysci](http://www.soundcloud.com/pcpolysci) or on an installed podcast app.

## Keeping the Faith

### Students Undergo Rite of Christian Initiation for Adults

#### RCIA:

Continued from front page

This year's class, led by Father Bonaventure Chapman, O.P., Sister Anne Frances, and Sophie Palopoli '19, a student coordinator of RCIA, had seven baptisms, nine receptions into the Church, 21 First Holy Communions, and 40 confirmations.

Participation in the RCIA program this year proved to be one of the largest classes in the College's history, according to Fr. Bonaventure.

Fr. Bonaventure explained what members of the RCIA class underwent in order to receive one or all of these sacraments or services.

The program, he explained, is nine months long, and covers various aspects of the Catholic faith, all of which can be found in the Catechism of the Catholic Church.

During these nine months, students attend weekly classes, as well as a service trip with My Brother's Keeper, an organization based in Massachusetts that helps deliver furniture and food to local families in need.

The students also attend a retreat held in Duxbury, Massachusetts, where the candidates are given the chance to “spend time in prayer, group discussions, silence, Eucharistic Adoration, and listen to talks by students from previous RCIA classes,” according to Fr. Bonaventure.

Each student, Fr. Bonaventure also explained, had a sponsor, who was a family member or friend that embodies the Catholic message and could act as a model and witness to the candidate in their new spiritual journey.

In response to the RCIA Mass, Fr.



PHOTO COURTESY OF PICRYL.COM

**RCIA candidates can partake in one or several Catholic initiation services.**

Bonaventure stated his excitement about the event and his positive outlook on the program for the PC community. “RCIA is an amazing chance for students to complete their sacraments, or begin the journey of faith.”

He expressed his gratitude for being able to partake in such an important role in the program, saying, “It was an absolute honor and privilege to walk with and guide the students during the school year and obviously the RCIA Mass.” He continued, saying how being part of RCIA was one of the highlights during his time as a chaplain at PC.

Father Brian Shanley, O.P., and Father James Cuddy, O.P., also made statements about the RCIA Mass in an email sent out to the College this past Sunday, April 28. Frs. Shanley and Cuddy, thankful for the 40 RCIA candidates entering into the Catholic community, made a statement to remind those of the PC community to remember those injured recently in acts of violence against people of faith, especially those most recently in Sri Lanka and San Diego. In their statement, they lamented, saying, “Let us pray for those who were injured or killed in San Diego, and for their families. And let us ask God to grant us some measure of inspired grace – that people of all faiths may work together to bring healing and hope to our world.”

Congratulations to the following RCIA candidates:

Kelsey Agnew '22  
Hannah Araujo '21  
Erin Beaton '19  
Thomas Beaton '22  
Adrian Bobadilla '19  
Ross Burch '19  
Margaret Burns '19  
Stephanie Collins '22  
Sean Connell '21  
Kelsie Cummings '21  
Hannah DeJordy '22  
Carson Delaney '21  
Rachel Denney '22  
Emma Duhamel '21  
Haley Gervino '22  
Bryan Gilbert '21  
Alexandra Guzman '22  
Ariana Hafferty '22  
Maeve Hickey '21  
Siobhan Hickey '21  
Anxhela Hoti '20  
Katherine Iwanowicz '21  
Giovani Jimenez '22  
Korey Lord '21  
Peter Mackey '21  
Katherine Markham '22  
Abigael McShane '19  
Cassandra Mirasolo '22  
Erin Muldoon '21  
Joel Nolette  
Janet Odunade '19  
Hannah Pederson '22  
IB Polanco Perez '19  
Sofia Rodriguez '22  
Emma Russo '21  
Samantha Sierra '22  
Jerome Sullivan '21  
Brenna Thompson '20G  
Harrison Tramosch '21  
Mary Madeline Warren-Kelly '19

# Close to Home

## *Friars Celebrate Earth Day*

by Malena Aylwin '22  
News Staff

ON CAMPUS

Earth Day is an annual holiday recognized internationally on April 22 to demonstrate support for environmental protection and wildlife conservation. First celebrated in 1970, it now includes events coordinated globally by the Earth Day Network in more than 192 countries.

In celebration of Earth Day, Providence College, along with WDOM 91.3 FM and PC Go Green held an Earth Day Carnival on Sunday, April 28 from 11-3 p.m.

Thought the carnival was originally planned to be held on Slavin Lawn, but it was moved to Lower Slavin due to the rain.

The event and activities were organized by EcoPC, which consists of 12 EcoReps and their respective hall councils.

There were as many as 22 tables, each with different activities and ideas all honoring Earth Day. Some of the featured activities included decorating clay pots and mason jars, reusable canvas bags, free koozies, lactose-free ice cream, Earth Day trivia to win a metal straw, and other fun activities.

Kailey Humason '22, who won a metal straw, said, "It was really nice to see what we can do as college students to help our planet. It can even be

in little ways, such as using a metal straw for your coffee, that can have a big impact."

There were various clubs present like Gaelic Society, Photo Club, Student Congress, American Marketing Association, as well as outside groups like Sunrise, National Grid, Rhode Island Resource Recovery Corporation, Waste Management, Like No Udder, and Glow Smoothie Cafe. Live music was provided by both an outside band and a PC student group. They also had free pizza, popcorn, and numerous giveaways.

Fatima Velasquez '22 stated, "The Earth Day carnival was a complete success. They had a lot of fun games and prizes that revolved around the same theme: saving and being aware of our planet. This is an ongoing problem that in 10 to 15 years we will all have to face it and so will our kids, so I think everyone should be more serious and interested because, after all, it is our planet and our lives that are at stake."

Some students were more concerned than others regarding our planet's status.

Grace Crowley '22 said, "I feel like everyone should be more involved in these types of activities because it's just so sad how our planet is dying in front of our very own eyes, and half of the people don't seem to care enough."

Overall, around 300 students, staff, and families stopped by to participate in the activities and learn how to protect the planet.



Students take part in Earth Day festivities by painting flower pots.

CAMERON VILLARUEL '21/THECOWL

# Walk Helps Raise Awareness for Alzheimer's

by Max Waite '21  
News Staff

ON CAMPUS

The poor weather this past Friday, April 26, did not prevent the hardworking and dedicated Providence College Health Care Club from holding their annual "Walk to End Alzheimer's" fundraiser.

Originally supposed to be held on Aquinas Lawn, the event was moved inside the Aquinas Hall lounge from 2-5 p.m. due to the rain. The event was lively as ever, and the Health Care Club provided great snacks like Providence Bagels, as well as great music.

This year was the sixth annual fundraiser for Alzheimer's awareness. The event started with a PC student who wanted to make a difference in the College community. She wanted to raise awareness for Alzheimer's, which unfortunately emotionally cripples families all too often.

Since then, it has been the Health Care Club's primary networking service project and has been extremely successful.

The event originally began with the College community all walking a lap around the Ray Treacy track. This time, however, the walk took place in Providence this past October.

This year, in an effort to boost the event's attendance, the Providence College Health Care Club decided to take a different approach for putting on the event.

The artificial flowers in the ground outside the entrance to Aquinas Hall provided students with a warm welcome to the event, while the energetic and friendly personalities of the club members made the event a pleasant experience to attend. All donations were welcome through either Venmo or cash, no matter the amount.

When speaking with Arriana Arroyo '20, President of the Health Care Club, she was excited with the outcome of the event. In addition to the fundraiser, the Health Care Club is also involved in an initiative called "Pen Pal for a Purpose" with a partnership through a local nursing home.

LAURA CHADBOURNE '20/THECOWL

# Featured Friar: John Stablein '19

## *Senior Savors His Final Days at PC*

by Kyle Burgess '21  
News Co-Editor

FEATURED FRIAR

Four years of being a Friartown resident has come and gone in the blink of an eye for John Stablein '19.

Between his commitments to Student Congress, Senior Ring Weekend and Senior Week/ Commencement Cores, and his involvement in the Dirigo Leadership Honor Society as well as the Beta Gamma Sigma Honor Society, it is easy to see how time seemed to fly by.

Stablein, hailing from Huntington, Connecticut, cites his service in congress as his most cherished experience here at Providence College for bringing him together with his closest friends on campus.

After joining the organization in his sophomore year, "Stabs," as he is commonly referred to by friends and acquaintances, joined the

Student Life Committee as a Sodexo representative.

He took up this position again his junior year, learning to juggle it along with his new responsibilities as treasurer of the class of 2019.

**"This school has truly become my second home since the beginning of my freshman year and it forever will be."**

Towards the end of junior year, Stablein decided that his final year on campus should be spent in an executive position from which he could institute financial reforms that would ensure funding for student events.

Running on this promise, Stablein won the position of Executive Treasurer at the beginning of this academic year. "I have learned so much from working closely with the Office of Student Activities and

Cultural Programming and the Office of the Dean of Students," Stablein explained.

"I would like to thank both of those offices for having a significant impact on my professional development and growth, especially throughout this year."

Looking forward to life beyond the gates of PC, the finance and health policy and management (HPM) double-major will take up a data support and solutions position at a healthcare software company back in his home state of Connecticut.

He believes that this opportunity is the perfect combination of his majors and will propel him to a career of working face-to-face with future clients instead of behind the computer screen.

In addition to reminiscing about his career as a PC undergrad, Stablein offered invaluable advice to incoming freshmen as well as the underclassmen he leaves behind.

"Above all, enjoy every single minute at PC. This school has truly



PHOTO COURTESY OF JOHN STABLEIN '19

**Stablein '19 will miss his time at PC.**

become my second home since the beginning of my freshman year and it forever will be. Go out as much as you can and, most importantly, have fun because before you know it, it will be time for graduation."

# Bursting the PC Bubble

## Catholic Churches Attacked in Sri Lanka

### *Christian Community Comes Together in Solidarity*

by Brian Garvey '20  
News Staff

#### WORLD NEWS

On what should have been a day of rest and worship, a devastating wave of attacks in Sri Lanka left more than 250 people dead and hundreds more injured on Easter Sunday.

By Sunday afternoon, there were a total of eight explosions that tore through churches and hotels across the country. "These are certainly acts of terror," the High Commissioner of Sri Lanka to the UK Manisha Gunasekera told the media late Sunday.

"This is an attack against the whole of Sri Lanka because Sri Lanka is very multi-ethnic, multi-religious, and multi-cultural country, and the whole country comes together in celebration of Easter Sunday."

The first three attacks occurred nearly simultaneously at 8:45 a.m. at three different churches: St. Anthony's Shrine in Colombo, St. Sebastian's Church more than 22 miles north in Negombo, and the evangelical Zion Church in Batticaloa, 196 miles away from Colombo on Sri Lanka's east coast.

Follow-up explosions occurred on Sunday morning at three high-end hotels in Colombo: the Cinnamon Grand, Shangri-La Hotel, and The Kingsbury.

By the afternoon, an additional two blasts occurred at a hotel in front of the Dehiwala Zoo in Dehiwala-Mount Lavinia and at a private house in Mahawila Gardens, in Dematagoda, while police officers were conducting a house raid.

Sri Lanka's Christian community appeared to be the main target of these coordinated attacks. Christianity is a minority religion in Sri Lanka, with fewer than 8% of their 21.4 million people identifying as Christian.

Sri Lankan intelligence services believe the Easter Sunday suicide bombers had "very clear" links to ISIS, according to President Maithripala Sirisena. He went on to say that ISIS had provided training to the attackers and that links between ISIS and Sri Lanka could be traced back 15 years.

The government of Sri Lanka has come under serious scrutiny due to egregious oversight in the weeks leading up to the attacks.

At least two weeks ago, intelligence officials from both India and the United States warned Sri Lankan government agencies about a plot threatening the country's churches and tourist sites.

A week later, the Sri Lankan Defense

Ministry advised the inspector general of police of the potential attack, including a complete list of names and addresses of suspects. Several of these suspects actually did carry out these attacks.

Furthermore, the deputy inspector general of police released a memo to several government directors—the heads of the Ministerial Security Division, Judicial Security Division, and Diplomatic Security Division—laying out the threat and a list of suspects.

Sri Lankan officials had also received previous warnings about the terrorist cell from the Sri Lankan Muslim community, and the vice president of the Muslim Council of Sri Lanka claimed that he had warned the Sri Lankan military about the group as far back as three years ago.

This massive disconnect is due to the fact that the Sri Lankan government remains bitterly divided,

with the president and prime minister at war with each other.

Sri Lanka went through a constitutional crisis last year, when President Maithripala Sirisena attempted to remove Prime Minister Ranil Wickremesinghe from office and replace him with an authoritarian leader. Sri Lanka had also been immersed in Civil War since 2009.

Support to Sri Lanka has poured in from throughout the world. Pope Francis, during Easter Mass, denounced the attacks, and appealed to the rest of the world to find a way to end such senseless violence. "I want to express my loving closeness to the Christian community, targeted while they were gathered in prayer, and all the victims of such cruel violence," Francis said. "I entrust to the Lord all those who were tragically killed and pray for the injured and all those who are suffering as a result of this dramatic event."

Closer to home, Father Brian Shanley, O.P., in an open letter to Providence College, stated, "Providence College joins the people of Sri Lanka and people around the world in mourning the tragic loss of life, and in condemning this senseless violence. We grieve with the members of the Sri Lankan Catholic community, and we pray for all those who were injured or killed in the bombings. We will be remembering all of the victims during upcoming Masses at St. Dominic Chapel."

For those who would like to support the recovery and rebuilding of Sri Lanka, please use the Sri Lanka Red Cross Society or research a reputable GoFundMe page.



The attacks on Sri Lankan churches were denounced across the world.

Know a Fellow Friar

You Think Should be

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## PC Students Scour for Finals Study Spots *The Best Places to Branch Out from the Deep Quiet Zone*

by Emily Ball '22  
Opinion Staff

CAMPUS

With finals season approaching quickly, Providence College students are scouring the campus to find their perfect study spot. Even with the smaller campus size, PC has a vast amount of study spaces for students to use.

Although the library seems to be the ideal spot for most students, there are many other spots that offer a more physically-appealing space.

Students, no matter their major, should feel comfortable studying at any academic building or study spot on campus. In fact, as an English major, the new science building is my favorite spot to study.

Some may argue that there is a level of discomfort for students to study in an academic building if their major does not correspond with the classes in that building; however, everyone is there for the exact same purpose: to study.

"Even though I am a biology major, my favorite spot to study on campus is Ruane because I like to study in a classroom setting," Maddie Guth '22 said. "Nobody cares at all if a non-humanities major uses the study spaces in Ruane."

With a large selection of classrooms, Ruane is the perfect spot for students



The Center for Catholic and Dominican Studies, located in Aquinas Hall is a quiet space for students to study for final exams.

BRIANNA COLLETTI '21/THE COWL

who enjoy the classroom-like feel.

For a more modern building and feel, both the Science Complex and the Arthur F. and Patricia Ryan Center for Business Studies offer new technologies and a more 21st century appearance.

Although all students are able and welcome to study in these buildings, students with majors that have classes in those specific buildings should study there because it allows them to learn the information in the setting where they take their classes.

"I study in the business school sometimes because I have classes there and it helps to study there for the classes I have," Kevin Rockwal '22 said. "It is also

a modern environment and you can get a nice, quiet spot upstairs."

Nevertheless, students whose majors do not apply to these academic buildings enjoy and use them because they offer a unique space that differs from their typical academic settings.

"I am always studying in the science building even as a finance major because I feel most productive when I am there," Sam Ciaburro '21 said. "I think that mixing up the setting where I study works well for me. It helps me to study in a space that is different from my typical business classroom."

Nevertheless, the library is still the ideal study space for some students who

are unable to get work done in any other building on campus.

"The library is the only place where I will study because I get my best work done the quickest there," Aidan Schifano '22 said. "I find that there are minimal distractions there, especially with the deep quiet zones, which other buildings do not have."

Because there are plenty of spots on campus to study, students have many options in choosing where to get their work done. Students with any major are able to study at any of the academic buildings, and they should experiment with different study spots across PC's campus.

## Should PC Have an Armed-Guard Campus Police Force?

by Savannah Plaisted '21  
Opinion Staff

POLITICS

The question of constitutional rights to gun ownership and how to apply them properly within public settings has been coming into question more and more in the United States given the number of mass shootings in recent years.

With that, schools need to take into account how to make students feel the most safe in their places of learning. Many schools are doing so with more security (sometimes armed security), bulletproof glass, and various other means.

The problem with arming guards is that it can sometimes have the opposite of the intended effect on students. Many students state that they actually feel less safe with armed guards on school grounds, as guns themselves make them feel more on edge.

After interviewing various students here at Providence College, it was interesting to see how oftentimes party affiliation had nothing to do with students' attitudes on arming guards.

"I'm a registered Republican. I do not think I would feel safer if the security on PC's campus had guns and the reason is I just don't think it's necessary—I don't think it would solve anything more than if they didn't have them," says Connor Christuk '21.

Christuk brings up an interesting point, as there have, of course, been instances in which guards have been able to stop or at the very least slow down shooters; however, they do not have a 100 percent success rate.

In the instance of the Parkland shooting, the school had a resource officer that was armed, and he left the scene and failed to go after the shooter, an action for which he has since resigned.

In the case of PC, the campus is in very close proximity to the police station, thus police have the ability to be on campus very quickly in the case of an emergency.

"I would not feel safer on campus if we had armed guards. I don't think that guns make people feel safer...in psychology it was found that just having a gun present in a room made people feel more violent and aggressive," said Madison Gilmore '21.

It is necessary that students are comfortable in their learning environment since much of the information students are learning about is what will prepare them for their future careers. By even having an armed guard present, it can be hard to be comfortable given that their very presence implies that there is a threat.

There are of course some people that do see

the benefits of armed guards outweighing the negatives, as Jack Sherlock '20 explains.

He said, "I am a registered Republican, and I definitely would feel safer. [At] the place I went to school in Virginia, we had a licensed cop on campus all day, and I think that was one of the best things about that school because that makes it much less of a target if an assaulter knows they're going to encounter police right on campus."

Sherlock continued on to refer to PC's open campus, which definitely does serve as a ground for easy entry by those attempting to harm students on campus. Although there are security guards at the entryways to campus, most will not request much if anything from those coming on campus.

With these factors in mind, do you think you would feel safer on a campus with armed guards?



The recently renamed Office of Safety and Security is responsible for the safety of students both on and off campus.

NICHOLAS CRENSHAW '20/THE COWL

# Writer vs. Writer

## *Exams or Essays for Finals?*

by Kelly Wheeler '21  
Opinion Staff

### EXAMS

As finals week approaches, stress and panic loom in the air around campus. Finals can come in many different forms, but most professors assess their students' absorption of knowledge throughout the semester by way of either final examinations or final papers. Although neither option is particularly desirable, there are many reasons why exams prevail as the more pleasant option of the two.

When you sit down to take a final exam, you must complete it within a two-hour time frame. You do not have distractions like cellphones, laptops, and talkative friends around you to compromise your concentration.

This forces you to focus and be productive, and once you finish working hard for those two hours, you are done. Courtney Salinsky '20 said, "Even though exams are very stressful—especially the night before—once you take them, they're over and you immediately feel a huge relief."

Papers, on the other hand, can take an untold number of hours to complete. You are bound to waste several hours scrolling through your social media feeds when you get bored or worse, develop writer's block. Once you finally get all your ideas on paper and meet the mandatory word count, you must then devote a considerable amount of time towards editing your work. The writing process can easily become prolonged, and as a result it can be an extremely painstaking experience.

Additionally, professors often grade

final papers more rigorously than they do exams. Professors know that students are pressed for time when they are taking exams, so they are much more lenient when grading them. With papers, however, professors realize that students have access to endless resources and have copious amounts of time to complete them. Therefore, professors have higher expectations for the final product, and they are more likely to deduct a disproportionate number of points for minor blemishes.

Every student has their own personal preference when it comes to finals. However, when you factor in the procrastination, distractions, and high expectations that come along with final papers, finals week is considerably less excruciating when professors stick to giving final exams.

by Marie Sweeney '20  
Opinion Staff

### ESSAYS

Papers and exams are very familiar and frequent assignments to the average college student, especially in the midst of finals week. Although everyone has their differing opinions and preferences in terms of assessment, writing a paper is more enjoyable and beneficial to a student and is a better assessment of critical thinking and overall learning than taking an exam.

Not only are you able to use a wide variety of resources when writing an essay, such as books, the internet, and more, but essays

also allow for more creativity and critical thinking. There are no strict right answers when it comes to writing an essay, especially because you have the ability to support your points with evidence.

On the other hand, exams are much more concrete and specific. Most of the time, especially for multiple-choice questions, there is strictly one right answer that can cost you a substantial amount of points if you fail to choose it. In an essay, you have much more room for error. Furthermore, essays grant students more time to develop their ideas, whereas exams require a time limit that can be difficult for some students who need more time to develop their thoughts.

Another benefit of an essay is the ability to read over your work and even have others edit it for you. Sometimes professors will offer the option of allowing students to ask questions regarding the prompt and in some cases, they will offer to check over your paper before it is due to give you feedback on your draft.

Caroline Mallon '20 stated, "I prefer papers because they give you more room to show how much you know about the subject and to back yourself up, which is usually impossible in most exam formats."

Although every student is different and some may strongly prefer taking an exam over an essay, there are countless reasons why essays are a much better form of assessment of students' learning that more professors should consider.



Some students prefer writing essays on their own time as opposed to taking a scheduled final exam.

BRIANNA COLLETTI '21/THE COWL

# Reevaluating International Tragedies

## *Spread Awareness, Not Instagram Photos*

by Hannah Paxton '19  
Opinion Co-Editor Emerita

### SOCIETY

In light of recent tragedies, like the burning of the Notre-Dame de Paris Cathedral and the attacks in Sri Lanka that occurred on Easter, it is interesting to see what types of events elicit a reaction from the world, especially from those who have the resources to evoke change.

On April 15, the roof of the Notre-Dame caught fire, and the world was watching. It was plastered on every screen, every news channel, and across every platform of social media. Pictures of a beloved church burning shocked and unsettled millions.

In response to this heartbreaking event, donors, led by three of France's wealthiest families, are prompting fundraising efforts in order to restore the damage, topping \$700 million. These wealthy donors pledged within 24 hours of the incident.

Meanwhile, recent assaults on churches and hotels in Sri Lanka on Easter Sunday as well as the Chabad of Poway synagogue in San Diego, California last Saturday, have no reported wealthy donations promised for relief efforts.

Evidently, these events have received ample news coverage and fundraising endeavors, but not to the same scale that the Notre-Dame fire collected, and with such an instantaneous response.

With this in mind, it is worth reflecting on what issues constitute millions of dollars worth of philanthropy. There is no question that the burning of the Notre-Dame is an appalling crisis, and worthy of attention.



Onlookers rushed to capture the burning of the Notre-Dame de Paris Cathedral on April 15.

PHOTO COURTESY OF WIKIMEDIA COMMONS

Yet incidents like those in Sri Lanka and California happen frequently, almost every day, that do not only affect revered structures, but hundreds, and sometimes thousands of people.

When Notre-Dame was on fire, many rushed to post pictures of their visit to the cathedral from their experiences abroad on Instagram. They remarked on the sadness they felt to see a cherished building become tarnished.

While this is a kind gesture, it does little to directly aid the rebuilding efforts or even call attention to the tragedy. Instead, it appears to be another opportunity to showcase one's time abroad.

Similarly, many posted on Instagram photos from spring break or study abroad photos on Earth Day, commenting on the beauty that the world has to offer. Rarely did these photos provide any insight into how

we can help protect the planet.

In the age of social media, it is easy to get carried away with what we post, as we are presenting ourselves to the world.

However, when it comes to vital issues that affect human life, we should all make an effort to use these platforms, and whatever resources we have, to save lives.

As college students, potentially with thousands of dollars of debt, it might be difficult for us to lend a hand in aiding relief to places like Sri Lanka and California. But as avid users of social media, we should take advantage of the wide audience to help spread awareness about these issues.

If we care about people and the Earth as much as we claim to on Instagram, then that devotion should be channeled into productive solutions.

# Co-Ed Housing Creates Stronger Community

by Julia McCoy '22  
Opinion Staff

CAMPUS

Regardless of what school you attend, freshman year is full of adjustments. Here at Providence College, those adjustments do not end after the first year.

Students in their second year are finally able to live in the same building as their peers of the opposite gender. For the first time, they will be walking by people in the hallways and sharing a laundry room with people they had not encountered before in this setting.

At first glance, this obviously appears to be a liberating and fun experience; but just how much adjustment does it take?

For some, the laundry room seems to be one of the biggest concerns. When asked about this subject, Abigail Pruchnicki '22 said, "It's definitely going to be an adjustment. And I'm sure, too, that it will always be busy in the laundry room."

Socializing and being able to have easier access to your friends' rooms is, to most, a major improvement. Instead of having to wait for them to open the door to a building for you or sign you in at night, students are now able to walk down the hall and see their friends.

The most notable features of both Suites Hall and Aquinas Hall are the magnificent study halls that the two buildings boast. These areas provide great opportunities for group studying with your peers and new neighbors.

These study rooms create a sense of community that is lost on freshmen. Of course, students have the opportunity to go to the library or a collaborative study room, but nothing tops the convenience of being able to stay in the same building that you live in to work on a project.

Within the last year especially, freshman students were limited on their shared study spaces, even within



The laundry room in Suites Hall is used daily by both male and female students.

PHOTO COURTESY OF ELIZABETH HALL '21

their own all-girls or all-boys dorms. For example, McVinney Hall lost its study rooms in favor of four extra dorm rooms to accommodate for overenrollment.

Some students have noticed a lack of community in their first-year dorms this year, and it appears that the lack of communal areas may have contributed to this fall. "It would be nice to have a big space to hang out with friends. I'm looking forward to that next year," said Pruchnicki.

The College's admissions levels seem to be always on the rise, and for this reason it is not unreasonable to believe that new dorm buildings could be a possibility if the trend continues in the coming years.

That would, of course, raise the question of how the building will be set up. Would the half-and-half style

of Aquinas prevail, or would the school opt for more traditional single gender dorms?

Most likely, this decision would depend entirely upon the gender distribution of the students entering.

Regardless, being able to foster and cultivate relationships with the peers that you share a dorm with is integral to any college experience. It is important to feel comfortable and at home in your building.

As rising sophomores, it is important to consider this adjustment when we move in next semester.

Without a doubt, the first hurdle has been jumped. Nothing can beat the awkwardness and anxiety that freshman year contains. Whatever we go through now, it will be as a community.

## Escaping the On-Campus Mindset *Learn to Take Advantage of Off-Campus Opportunities*

by Anthony Hart '19  
Guest Writer

CAMPUS

Providence College students miss out on essential life experience and personal development because, throughout their four years, they often remain in what many call the "PC Bubble." During the school year, students tend to remain on campus or in the immediate surrounding neighborhoods with minimal exposure to the world outside of PC. I, myself, have experienced the claustrophobic feeling that comes with a limited ability to access areas outside of the campus area as a result of a lack or ignorance of available sources of transportation. There is not one person or department to blame for the feeling of entrapment that many students face; we all chose to go to a school located in a city and, more specifically, in an area that offers minimal off-campus entertainment options within walking distance. But let us face it, one can only walk to LaSalle, PC Foodmart, or a local pizza joint so many times before it becomes dull or one gains five pounds.

Remaining on-campus for the majority of the eight-ish months that students are at PC during the year keeps them in a singular frame of mind. During that time, the College and Eaton Street make up the majority of many students' college experience. It is oh so common of a routine—wake up, go to class, exercise, study, go to a weekend get-together that is similar to the one from the week before, repeat. The difficulty, expense, and/or mere inconvenience of trying to get off campus keeps many

students in this mindset, hindering them from embracing the "real world" and the wonderful cultures that make up the city of Providence. This is not to say that there is anything wrong with the overall PC culture. However, although the "Friar Family" attitude at PC is unique and comforting, just like our own families at home, it can become smothering and drive us crazy.

For these reasons, I believe that the College should take greater steps to educate students, especially incoming students, on the transportation resources available to students, including the RIPTA and PC's Shuttle Services. Sure, college students are older and (hopefully) mature enough to figure out the RIPTA schedule and take the bus on their own. Nevertheless, the RIPTA, while free and incredibly useful, is under advertised by the College and outright confusing. In fact, from what I have experienced and what I have been told by my peers, the RIPTA occasionally fails to stop at the only bus stop on campus, located next to the security gate on Huxley Avenue. Incoming students may hear about the RIPTA from an orientation leader or through word of mouth, but the schedule and drop-off locations could be better broadcasted by the College during orientation and throughout residence halls.

PC Shuttle Services is another form of transportation which is extremely helpful but is unknown to a large portion of the student population. Nonetheless, there are two loops made by shuttle services. According to Transportation Services, the first loop is the "Neighborhood Shuttle Loop" which picks students up at Raymond Dining Hall and makes stops

at "PC Annex, Shaws Supermarket, Golden Crust Pizza, Shell Station on Admiral and River Avenues, Admiral and Carteret Street, CVS on Admiral Street, Douglas Avenue at Berkshire, and PC Foodmart." There is also the East Side Shuttle which goes as far as CVS on Thayer Street and the Providence Place Mall to pick up and drop off students.

In addition to spreading the word about PC Shuttle Services and better explaining the RIPTA, the one obvious—yet highly unrealistic—way that the College could help pop the PC Bubble is to expand student parking. It is clear that the campus has limited space, and expansion is unlikely considering the College's urban location. However, the fact that even seniors are not guaranteed a parking spot on campus is laughable. After three years of taking the RIPTA and spending money on Uber and

Lyft, many seniors are deprived of on-campus parking because spaces are full within two hours of the parking application going online. This means another year of taking the RIPTA or bumming a roommate's car to go to the grocery store. Meanwhile juniors, and even a small number of sophomores who "know somebody," receive parking spaces.

Whatever steps the College does or does not take, I believe that the development of PC students is hindered by their limited exposure to the world outside of campus during the school year. A simple explanation of the RIPTA at orientation, an increase in advertising for PC Shuttle Services, and/or the expansion of student parking could help to pop the PC Bubble and expand the horizons of all students throughout their four years at the College.



PC students can utilize the RIPTA for free with their student ID to travel around the city.

PHOTO COURTESY OF WIKIMEDIA COMMONS

# Letter to the Editor

## *ROTC Partakes in Cultural Understanding & Leadership Program*

by Kyle Newton '20  
Guest Writer

CAMPUS

Many juniors at Providence College expand their horizons by studying abroad. Unfortunately, with the time commitment of ROTC, many cadets are unable to have this experience. However, the United States Army does offer cadets the opportunity to go to countries all over the world through the Cultural Understanding & Leadership Program (CULP). CULP is offered to sophomore and junior cadets from across the United States, making the selection for CULP very competitive, as only a few hundred are selected out of thousands that apply every year. This year, cadets were sent to countries in every region of the world, except countries in the Middle East, though missions to that region are being established in the near future. Some of the locations included countries such as Togo, Peru, Estonia, and Nepal. I was fortunate enough to be assigned for a month-long mission to Vietnam.

My time in Vietnam was more fulfilling than anything I could

have imagined. Not only did my company, which consisted of myself and 32 other cadets from across the country, engage in military to military activities, but we also performed many humanitarian acts. The importance of establishing different military bonds is essential for a strong relationship between two countries and in this case, due to the United States and Vietnam's past conflicts, the diplomatic and military relationships are very delicate.

However, there was little to no animosity towards Americans. This came as much of a surprise to the cadets. The Vietnamese people explained that throughout their 4,000-year history, conflicts between Vietnam and China raged for approximately 1,000 years.

During the Age of Imperialism, Vietnam and the French government were in constant conflict for 50 years. Thus, the Vietnamese people explained that their animosity is towards the Chinese and the French, not the Americans, as the 15 years of conflict between our two countries was a time of foolish decisions on both sides. Our military to military engagements were beneficial for both nations, as bonds were strengthened, showing that our countries can put aside our political differences

and form a lasting and beneficial relationship. Yet, the aspect of the mission that resonated with me the most was our humanitarian work throughout Vietnam.

The humanitarian work which I found the most fulfilling was the number of times our CULP mission visited the orphanages throughout Vietnam. In the capital of Hanoi, we visited the SOS Village of Hanoi. This is an establishment not only for orphans, but also for children who come from broken homes.

As gifts, we gave out school supplies to children ranging from elementary age to high school age. For most of these children, the school supplies we gave them were the first supplies they could call their own.

After this, the cadets spent the next few hours playing with the children. Activities ranged from face painting to attempting to make balloon animals, as many were unsuccessful, to playing sports. The joy on the children's faces showed every cadet there that even when someone faces great adversity, happiness can still be found.

Later in our mission, we traveled to the city of Da Nang, on the coast of Vietnam. There we visited another SOS Village. The CULP cadets were able to provide food and milk to the

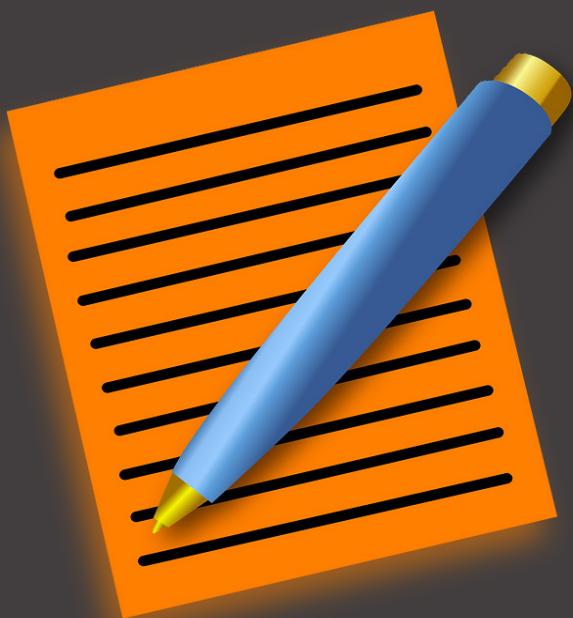
children, as it is difficult for the SOS Villages to adequately feed everyone. Visiting the SOS Villages was a humbling experience, as it showed how fortunate many of us are growing up and living in a country as strong and prosperous as the United States, and that the work we did at those orphanages hopefully could lead to better lives for these children.

While studying abroad is a once in a lifetime opportunity for many Providence College juniors, it was not one that I was afforded due to the time commitment of ROTC. However, the Army's Cultural Understanding & Leadership Program provided myself, and Providence College student Marc Davis '19, the opportunity to travel to Vietnam, experience their culture, and strengthen ties between two countries whose past conflicts seemed to have jeopardized future relations. CULP has opened my eyes to different countries and cultures, and I am beyond grateful for the opportunity to represent the United States Army, as well as Providence College in Vietnam. I am excited to see how the relationship between our two countries will unfold in the future.

# Do You Have an Opinion?

## Write a Letter to the Editor!

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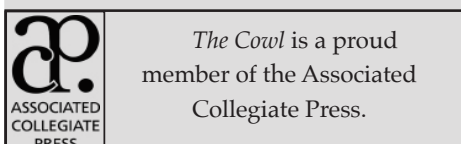
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# Looking Forward to the Future of *The Cowl*

## Preparing for the 2019-2020 School Year



by Kerry Torpey '20  
 Editor-in-Chief

EDITOR'S COLUMN

As I look back at my experiences thus far on *The Cowl*, the two people that first come to mind are my former Arts & Entertainment

editors, Patrick Lovett '17 and Paige Calabrese '18. If it was not for Pat and Paige, I would not have had the confidence to even think about stepping into an editorial position. So, thank you to Pat, Paige, as well as my former co-editors Abigail Czerniecki '19 and Patrick Fuller '21, for so much support. If you had told me during my freshman year writing for A&E that I would be Editor-in-Chief senior year, I would have never believed it.

I struggle to put into words just how deep-rooted and profound *The Cowl* is in Providence College history. For years, it has been a resource for students, faculty, alumni, and more to hear the news from us: the students. Through *The Cowl*, our perspectives and words find a platform in which they can be acknowledged and understood by others. To have the opportunity to lead an amazing, dedicated,

and talented group of writers and editors in making our mark in this history is an honor that I will cherish forever.

Looking ahead to next school year, I remind myself of the legacy of the current Editor-in-Chief, Taylor Godfrey, and Associate Editor-in-Chief, Abigail Czerniecki '19. As I step into this position, I look to Taylor and Abby as examples of what a strong and dependable leader in our community is. Their hours of hard work, dedication, and support for the entirety of *The Cowl* staff motivates my AEIC Katherine Torok '20 and me to follow in their footsteps.

With that, I would like to thank Taylor and Abby for their incredible leadership and encouragement this year. You will be dearly missed! Going forward, Katie and I are excited for another amazing year on *The Cowl!*

# TANGENTS & TIRADES

## Pre-Summer Blues

As the end of the school year rapidly approaches, and the weather grows warm and sunny, the pre-summer blues of a college student begin to set in.

By the time each student has finished their finals and the warm weather has finally come to stay, we must pack up, go home, and say goodbye to Providence College.

That considered, the end of the college year frequently induces the antithesis of the energizing effect the start of summer evoked during one's high school years, as the sorrow of saying goodbye to college friends and roommates and the thought of working 9-5 all summer can be evocative of a pre-summer blues.

Summer really should serve as an opportunity to unwind or pursue something that you've been wanting to do but haven't had the time for during the year. Re-organize or redecorate your room, start a book, a new TV series, or a new workout routine.

Pick up an instrument, get involved with some community service, reconnect with your closest high school friends, and perhaps catch up with some other buddies that you perhaps have not connected with since graduation.

Although leaving the liveliness of PC may seem disheartening, it is important to remember summer is a vital time to recharge, refuel, and restart, and enjoy hobbies, company, and weather that might not have been possible during the school year.

—Alyssa Cohen '21



PHOTO COURTESY OFFREESTOCKPHOTOS

## Get to Know Someone by Their Stickers

The best way to judge a person is not by looking at their clothes or hairstyle, asking them their major, or looking at their Instagram bios. Those only reach the material aspects of life or personality.

Rather, take a peek at their laptop stickers the next time they whip out their computers in class or at the library; they are the quickest and easiest way to spot a person's interests and passions in a second.

Do they have an image of Prison Mike? Chat them up about *The Office*. Donkey or an Elephant? Boom, you know which politics to discuss—or avoid. Boston, New York City, or any other cities or states? Their hometown or favorite vacation spot.

With just a small image or text, so much information can be gleaned from a laptop; favorite television shows or sports teams, quotes, hobbies, or passions, whether or not they care about aesthetic. The insight is endless.

When looking for conversation starters, commenting on a sticker is a surefire method of initiating an organic discussion.

—Elizabeth McGinn '21



PHOTO COURTESY OF REDBUBBLE

## Give the Empanada Truck a Try

As the academic year winds down and most students try to come to terms with the prospect of leaving campus for the summer, or for seniors coming to terms with graduating, students may find themselves realizing that they have not done everything on their school year bucket lists.

One place that students should definitely aim to go before going home after finals is the empanada truck that can be found next to Sam's Food Store just off campus.

It is slightly tucked away and may not be noticeable upon first glance, however, that is part of its charm. It is easy enough to drive or walk past food trucks but this is definitely one students should venture to before leaving for the summer.

At just \$1 for one empanada, it is a deal that cannot be beat and one that is also pretty hard to come by. And the best part is that the empanadas are really good, even if the incredibly affordable pricing may be a bit off-putting at first glance. Once you taste that first empanada, you will never look back.

It does not get any better for a college student than to have cheap, good food in an incredibly convenient location.

So before you write off the empanada truck, give it a try the next time you go past it. Finding a great new food place before leaving after finals will make you that much more excited to return to campus.

—Bridget Blain '19



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**Student Move-Out Time!**

From **TUESDAY, MAY 7**, through **TUESDAY, MAY 21**, the Providence College Recycling Program will be collecting donations of **NON-PERISHABLE FOOD** and **CLOTHING** (in **GOOD** condition, please).

Please drop off donations in labeled boxes in the lobby of your residence hall.

- Food will be donated to the RI Food Bank
- Clothing will be donated to the St. Vincent de Paul Society

**QUESTIONS?**  
PLEASE ASK YOUR RA OR CALL THE RECYCLING HOTLINE, X 1881  
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All in McPhails at 9pm

Sunday, May 5th: Wings Over  
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Tuesday, May 7th: Wendy's  
Wednesday, May 8th: Chick Fil A  
Thursday, May 9th: Jersey Mike's  
Friday, May 10th: Big Tony's

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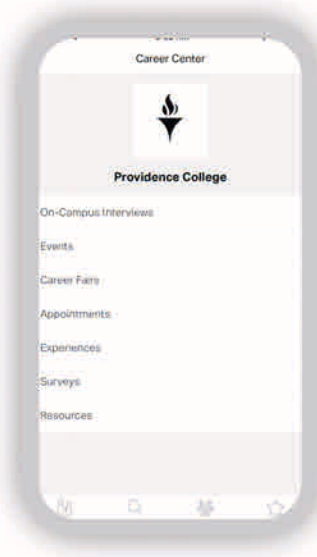
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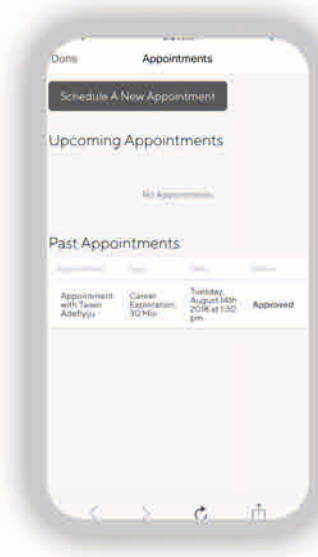


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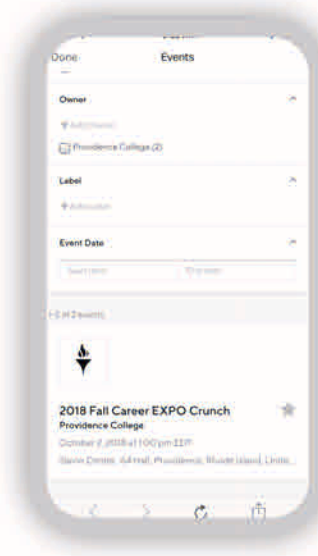
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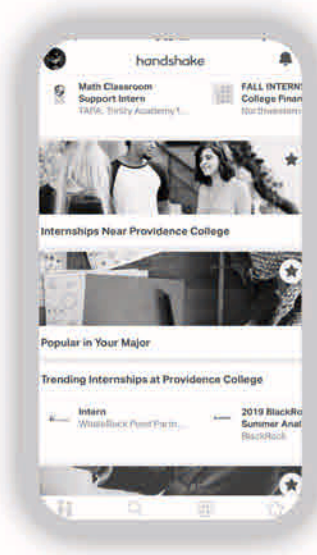
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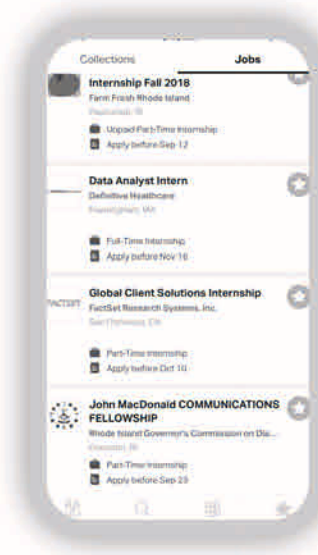
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# PHOTOGRAPHY

May 2, 2019



LILLIE HUNTER '22/THE COWL

**LEFT:** Students participate in Friars United for Service in Our Neighborhoods on Saturday, April 27.

**BELOW:** Megan Donadio '19 performs at the senior A cappella show on April 29 with Providence College's co-ed group, Strictly Speaking.



WILLIAM BOZIAN '19/THE COWL



CAMERON VILLARUEL '21/THE COWL

**ABOVE:** The Providence College Dance Company performs on Friday, April 27 for their annual spring semester show. Dancers showcase the pieces that they have been working on throughout the semester.

**RIGHT:** Steve Lawrence '21 participates in inflatable games at the Board of Multicultural Student Affairs' Cultural Jamboree on Friday, April 26.

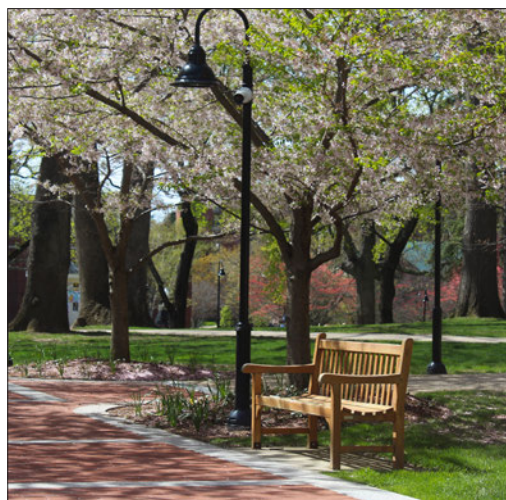
**BELOW:** *The Cowl* photography staff took photos of spring on campus for a creative piece.



LAURA CHADBOURNE '20/THE COWL



CAMERON VILLARUEL '21/THE COWL



JAY WILLETT '20/THE COWL



LAURA CHADBOURNE '20/THE COWL



LAURA CHADBOURNE '20/THE COWL



WILLIAM BOZIAN '19/THE COWL

# ROVING PHOTOGRAPHY

*What is one line of advice you would give to an incoming freshman?*



**"Don't be afraid to try new things."**  
Jill Martinez '19



**"Be organized."**  
Chris Campanelli '19



**"Get to know a Friar."**  
Ryan O'Keefe '19



**"Live every moment to the fullest."**  
Gianna Signorelli '19



**"Do homework before partying."**  
Amber Gladstone '19



**"Pick your teachers wisely."**  
Sean Sweeney '19



**"Don't underestimate yourself."**

**-Elle Woods**

PHOTO COURTESY OF MGM

**Photos by Nora Johnson '20, Photography Co-Editor**



## Clam Jam: A Clam Dunk

### Board of Programmers Salvages Fun Times Despite Bad Weather

by Joshua Carone '22  
A&E Staff

ON-CAMPUS

Despite her best efforts, not even Mother Nature could ruin Clam Jam and the fun of the second-to-last Saturday of the school year.

The Board of Programmers (BOP) brought life to an otherwise dreary day with their annual Clam Jam, an event dedicated to bringing the Providence College community together to top off the school year.

The clams were originally supposed to be jammed on Smith Quad, but inclement weather forced the Social Committee to move the event indoors to the Peterson Recreation Center.

Nevertheless, the rain could not stop the Friars from enjoying the many attractions Clam Jam had to offer, which ranged from inflatable bouncy houses to airbrush tattooing.

If one were to get tired from jumping up and down on the inflatable obstacle courses or being drawn as a caricature, BOP provided an assortment of food from a variety of caterers to satisfy any craving. The popular choices came in the form of Nettie's Kettle Corn, Palagi's Ice Cream Truck, and Haven Brothers.

And, of course, no Clam Jam is successful without live music. Luckily, the acoustics of Peterson were perfect for the musical stylings of the Cape Cod Slackers, who filled Peterson with covers like "Brown Eyed Girl" and "Dancing In The Moonlight."

Karl Reidel '20 helped plan the event with the BOP social committee and was incredibly happy with its outcome: "We would call this event a huge success. The goal of Clam Jam is to engage the whole campus community in an end-of-the-year celebration, and



Lauren Muldowney '22 serves Iggy's Doughboys to Providence College students.

CAMERON VILLARUEL '21/THE COWL

even with the slight change of location due to the weather, we were still able to draw a large crowd throughout the whole duration of the event."

There was a huge turnout of Friars for the event, happy to spend the rainy day indoors with friends and enjoy the many attractions the event had to offer.

With finals week on the horizon, the event was a perfect opportunity to blow off some steam and relax as a community before the stress of the last couple weeks begins to take hold.

Julia Wilson '22 was one of many freshmen to be entertained at their first Clam Jam. When asked about her experience, Wilson said, "I love how BOP puts on events like Clam Jam. They think of everything we could want to make people want to come, so it's a great way to bond with my PC community."

Yet another successful BOP endeavor, Clam Jam was able to blissfully bring PC students the sense of youth and community we all want for with essays to write and tests to study for.

## Dance Club Spring Showcase Senior Send-off

### Dance Club:

Continued from front page

One of the best, and most unique, aspects of Dance Club is that it is open to students of all skill levels, whether you have been dancing since you could walk or have never danced a day in your life. It is a great way to meet new people and bring different people together through their love of dance.

Morgan Starkey '20 said her favorite thing about Dance Club is how welcoming, patient, and kind everyone is on the club. Starkey had never personally danced before joining Dance Club, and choreographers have gone out of their way

to make everyone feel comfortable and confident doing their dances. Starkey was a member of the "Fresh Prince" tap dance, choreographed by Bailey Zimmitti '20, and she was one of the three girls who had never tapped before. Zimmitti took the time to really turn them into "tippity tapping queens." The club has introduced Starkey to so many new people who she might not have met otherwise.

Performance weekend is exciting for members, who all get to come back together, and Starkey says that she loves seeing and hearing her friends and family shouting from the audience during shows. The cheers always put a smile on her face. The student-run club successfully produced another exciting performance for their Spring Dance Showcase.



The Dance Club claps in sync at their spring performance.

NORA JOHNSON '20/THE COWL

**"Success in life comes from eating, wearing clothes, taking medicine, and living in a house."**

—Said no parent, teacher, or leader. Ever.

Yet, the vast majority of foreign aid to Haiti goes to relieve basic and immediate needs.



Volunteer for The Haitian Project and be a part of **real and lasting change** through the power of education.

Based on the success of its flagship school in Port-au-Prince, The Haitian Project is embarking on a plan to develop a national system of 10 Louverture Cleary Schools, significantly increasing access to Catholic education and providing Haiti with the human capital it needs to emerge as a successful nation.

Volunteers are needed to teach in Haiti for a term of one or more years and in the U.S. to serve on regional support teams.



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[HaitianProject.org](http://HaitianProject.org)  
to learn, volunteer,  
and support.

# Social Cues: Cage the Elephant Release Dark New Album

## Shultz and Company Discuss Divorce, Loss on New Record

by Julia Vaccarella '20  
A&E Staff

MUSIC

Cage the Elephant, most commonly recognized for their 2009 hit, "Ain't No Rest for the Wicked," is one of the most prolific, household names in rock music today. Two years after winning a Grammy for Best Rock Album, the band released its highly anticipated fifth studio album on April 19, entitled *Social Cues*. Its debut comes in a timely fashion, as the band prepares for a headlining tour with Beck, who is also featured in one of the new songs.

Cage the Elephant is no stranger in the industry. Considering the band's status in the indie-alternative sphere today, the expectations of anything that the group puts out are exponentially high. It is evident that the band has evolved over time as many bands do, but they have done so in such a way that still enables them to stand out. *Social Cues* takes on a very personal tone, with several pieces highlighting some of the deepest struggles plaguing lead vocalist, Matt Shultz. The record touches upon divorce, loss, and fame, among other themes. The opening track, "Broken Boy," sets this tone and alludes to what is to come.

Shultz's divorce has been at the forefront of the discussion on *Social Cues* and Cage deliberately exposes this in "Ready to Let Go." It was released as a single prior to the album's full debut and skyrocketed to the top of the alternative charts for weeks. Shultz said in an interview with *Billboard*, "I've been asked quite often if it's a dark song, or was it a hard song to write, or was the record hard to write. I actually see a deep brightness within it. There's a saying, 'bright sadness,' and with hope or any kind of release there's an undercurrent of grief, but that's a part of joy."

Ironically enough, the blatant juxtaposition between grief and joy is inherent in *Social Cues*. Holding steadfast to these intense topics, Cage also alludes to dealing with loss. Not only does this add to the personal nature of the record's lyrics, but it

also reveals the universality behind this message, whereby one can experience loss in a literal sense, as well as through the end of a relationship.

In addition to dealing with the complexities of a divorce, Shultz and his brother, Brad, who is also a member of Cage, have lost several family members and friends. This too is reflected in *Social Cues*. This concept extends further, even going so far as to relay the brothers' motivations

behind choosing to name the record *Social Cues*. Ari Shapiro of *NPR* says, "The message of this new music, the brothers say, is to reject feeling guilty about grief or obsessing over social cues."

Cage the Elephant certainly takes risks on *Social Cues*, but at their core, the band has stayed true to what they want to present to their audience, making music that is personal and indicative of the members' real experiences.



*Social Cues* MARKS CAGE THE ELEPHANT'S FIFTH ORIGINAL STUDIO ALBUM.

PHOTO COURTESY OF CAGE THE ELEPHANT ON SPOTIFY

# Shared Introspection: Kevin Abstract's Album ARIZONA BABY

by Peter Keough '20  
A&E Staff

MUSIC

When dreaming of making it big, it would be normal to assume that achieving fame would solve all of one's problems. For rapper and pioneering member of the BROCKHAMPTON collective Kevin Abstract, born Clifford Ian Simpson, this was certainly a mindset he maintained during his early career. He thought that if he was able to gain a following and make a name for himself, everything would be okay. On his new solo album, *ARIZONA BABY*, he wants to make it clear that, unfortunately, this was not the case for him.

His first solo work since 2016's *American Boyfriend: A Suburban Love Story*, *ARIZONA BABY* strips back much of the upbeat and brash energy that Abstract has brought to a lot of BROCKHAMPTON's output in recent years. In a tweet from April 16, Abstract claimed he was releasing his own individual work because "some s\*\*t is too personal / self indulgent to put on a group album." Instead of feeling as if the listener is meant to be on a dance floor or jumping around in a mosh pit, the songs on this album make one feel as if they are sitting alongside Abstract, listening to him tell his own story.

While this puts Abstract at the forefront of each and every song on the work, it certainly does not leave him working on his own on *ARIZONA*



Kevin Abstract balances a solo career with his group side project BROCKHAMPTON.

PHOTO COURTESY OF WIKIMEDIA COMMONS

*BABY*. Produced by himself, Jack Antonoff, and BROCKHAMPTON's Romil Hemnani and Jabari Manwa, much of the album was conceived and carried out in the company of familiar friends. It also boasts features from BROCKHAMPTON members Joba and bearface, as well as Antonoff, Ryan Beatty, and up-and-coming artist Dominic Fike. With this collection of producers, performers, and friends, Abstract was able to piece together a truly individualistic and distinct work.

The manner in which this work was released was also of great interest to fans of Abstract's work. Instead of

releasing the complete 11-track-long work all at once, Abstract decided to release it in smaller EPs over the course of a three week period between April 11 and April 25. These EPs, entitled *ARIZONA baby* and *Ghettobaby*, were each accompanied by a music video as well as the promise of more music in the near future. Following the release of the full album on April 25, Abstract staged what could be called a performance art piece as well. Entitled "#THE1999," he livestreamed himself walking on a treadmill outside of his childhood home in Corpus Christi, Texas for 10 straight hours while fans and

supporters came to interact with him.

Each of these EPs, art pieces, and the album as a whole contain one continuous theme that runs as a thread throughout. This is the choice of Kevin Abstract to bare his psyche and thoughts to the world through the release of *ARIZONA BABY*. With this project, he was able to create something extremely intimate, and provided the world with the luxury of being able to listen to it and hear what he has to say. Fame has not provided Kevin Abstract with a solution to all of his problems, but it has given him a following with which he can share himself.

# Party In the Desert: Highlights of Coachella 2019

## *Influencers and Musicians Dominate Festival Scene*

by Grace Whitman '22  
A&E Staff

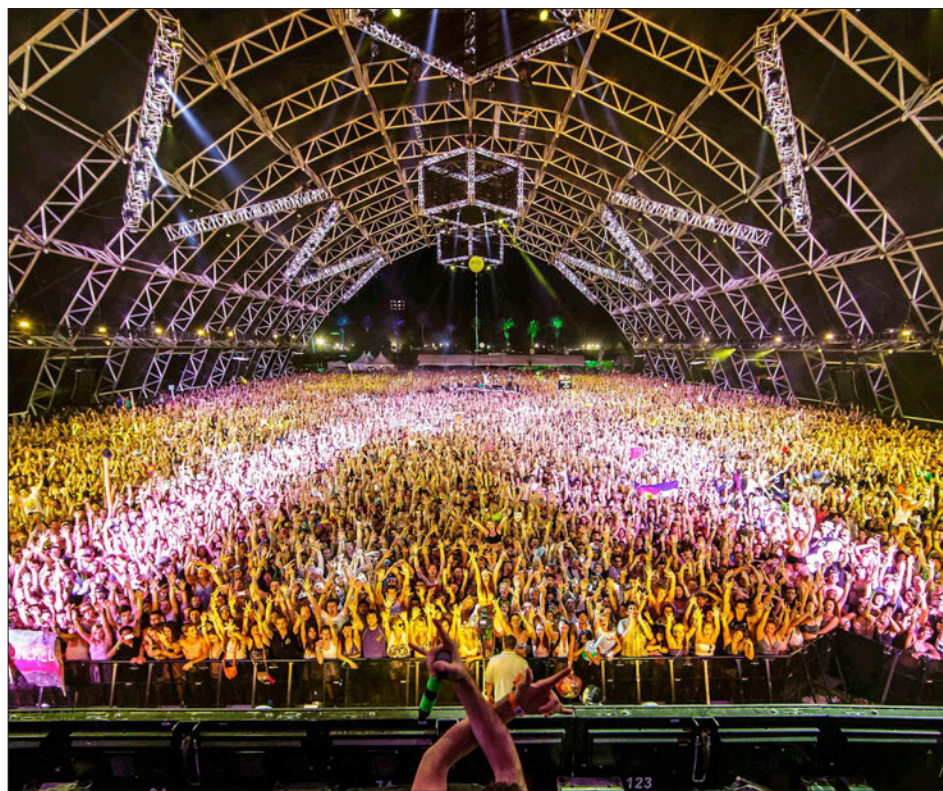
VARIETY

The 2019 Coachella Valley Music and Arts Festival in Indio, California was an event to remember. The festival highlighted so many aspects of the music industry through inspiring debut performances, surprise appearances, and unforgettable headlining acts. The best pop, country, hip-hop, and indie artists took to the hot Colorado Desert of California to entertain over 100,000 people.

For the 20th year of Coachella, Goldenvoice went all out for their lineup. Music fans gathered to hear performances by artists on multiple stages, including sets by Childish Gambino, Tame Impala, Khalid, Zedd, Kacey Musgraves, Billie Eilish, BLACKPINK, Janelle Monáe, Ariana Grande and dozens of new and upcoming artists like Social House.

Country-pop crossover star, and Grammy Album of the Year artist Kacey Musgraves represented country music well at Coachella, performing her hit songs "Rainbow" and "High Horse." Additionally, 17-year-old pop star Billie Eilish brought her signature raspy vocals, adding to her sinister persona, which left the crowd in awe.

The surprise guests that



Coachella is famous for its massive outdoor raves.

PHOTOS COURTESY OF WIKIMEDIA COMMONS

the artists brought on stage truly made the festival one to remember. Cardi B seems to be everywhere, and Coachella was no exception. Cardi B made a surprise appearance on DJ Snake's set. She performed her verse in "Taki Taki" alongside other surprise guests Selena Gomez and Ozuna.

Ariana Grande brought some huge surprise guests between the two weekends, starting with the 2000s boyband \*NSYNC. \*NSYNC came out to perform a part of Ariana's hit song "break up with your girlfriend, i'm bored," which samples their song "It Makes Me Ill." They also performed \*NSYNC's

1997 hit "Tearin' Up My Heart." Nicki Minaj also joined Grande for two of her songs, "Bang Bang" and "Side To Side." During week two of Coachella, Grande closed the event by bringing out an impromptu guest, Justin Bieber. This was Bieber's first live performance in two years and he also teased his new album.

Katy Perry also made an appearance during ZEDD's set performing their song "365" during weekend one while Alessia Cara and Maren Morris joined him for weekend two.

Although Coachella's roots are grounded in music, it has become way more than that in recent years for all types of art. It features art installations by artists like Robert Bose, who is known for his balloon chain. This consists of an interactive balloon chain which is hundreds of meters long and floats hundreds of feet above concertgoers.

Coachella has also become a major fashion hotspot for influencers to show off their outfits. It is packed with celebrities, from the artists who are performing to stars who just want to hang out. This year, some of the biggest celebrities in attendance included Kendall and Kylie Jenner, Vanessa Hudgens, and Madison Beer.

Coachella 2019 was one that people will remember forever as its lineup had a piece in nearly every corner of the charts.

# Beyoncé Releases Netflix Documentary *Homecoming*

## *Celebrates Black Pride Looking Back at Coachella 2018*

by Anne DeLello '20  
A&E Staff

MUSIC/FILM

In between the two weekends of Coachella 2019, fans of the festival were pleasantly surprised by the reveal of Beyoncé's *Homecoming* documentary, which details the road to her 2018 Coachella performance. Not only does Beyoncé's documentary feature segments of her journey from giving birth to her twins in 2017 to her performance in 2018, but fans can experience her entire Coachella show while watching this documentary.

When she performed at Coachella, Beyoncé became the first black woman to ever headline the festival. She took this to heart when creating her show, saying that, "I wanted every person that has ever been dismissed because of the way they look to feel like they were on the stage killing 'em." The singer also goes on to say that, "It was more important that I brought our culture to Coachella." In the performance, Beyoncé achieved this when she sang the Black National Anthem after the performance of her song "Freedom."

More specifically, Beyoncé wanted to emphasize the importance of historically black colleges, and how they educate students to become both "culturally aware" and "intellectually sound." She does this by including clips from influential black Americans throughout history, including Malcolm X.

*Homecoming* does not simply feature a typical documentary style setup with interviews of people involved in setting up the performance. Instead, the Netflix film shows her entire performance, with clips from both shows. During the performance, there are intermittent tapes placed between sets. However, the only person who really speaks during these clips is Beyoncé herself.

Fans of Beyoncé who have not already seen her *Homecoming* performance, and even those who have, will love watching her performance in the documentary. It features fan favorites like "Drunk in Love" and "Run the World." She even goes so far

as to bring former members of her group Destiny's Child, Kelly Rowland and Michelle Williams, onto the stage to sing "Say My Name." Her sister Solange Knowles also comes on stage at one point.

Alongside these special guests, Beyoncé, as the architect of the show, managed to weave together an electric group. It includes backup singers, dancers, and performers who join her on stage. The tribe of performers alongside her only enhances the performance and give black individuals the opportunity to showcase their talent on a major stage alongside Beyoncé herself.

This groundbreaking performance of the first black woman to headline the Coachella stage did not come without hard work on behalf of the singer and mother of three. Having just had her twins, she cites

her struggle getting back into performing, saying that, "I definitely pushed myself further than I knew I could, and I learned a very valuable lesson, I will never, never push myself that far again." Not only did she have three months of performance rehearsals before the show, but she also had four months of singing rehearsals before that. Her dedication paid off. Both the show itself and this film are widely praised.

At the end of the film, Beyoncé states her gratitude at being "able to take these crazy ideas and actually make it into something that heals people and that may spark vision in people that shows them to dream big." She certainly achieves this in her performance and this documentary. The film allows the performance to live on for years to come in an effort to celebrate black culture.



Beyoncé's 2018 Coachella performance focused on black power and heritage.

PHOTO COURTESY OF LAURA BUSACCA/GETTY IMAGES FOR COACHELLA

# Hip Hop Artist Aries Drops *Welcome Home* Teenage Producer Demonstrates Genre Versatility

by Dan O'Neill '21  
A&E Staff

MUSIC

On April 18, up-and-coming hip hop artist Aries released his debut album, *Welcome Home*. The album is a powerful nine-track collective project of his previously released singles. It has been quite the journey for the new artist, as he has been working towards this release since 2018 with the release of his single entitled, "Carousel."

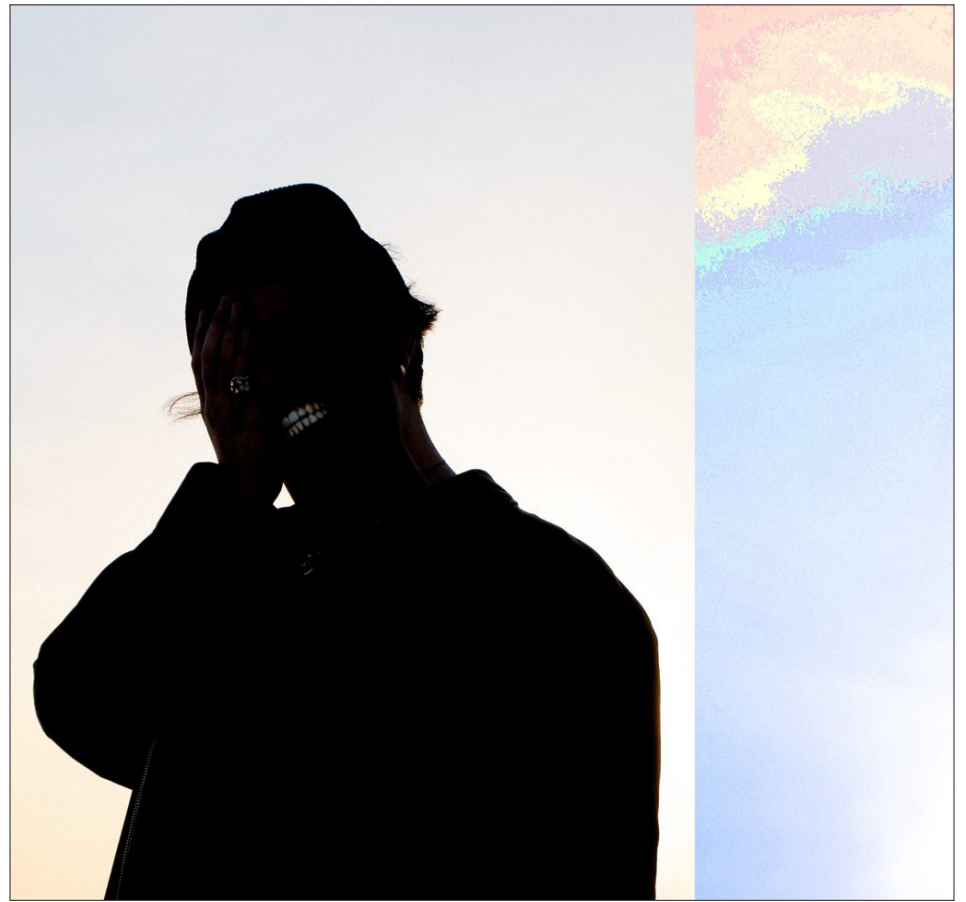
Aries has sent shockwaves through the hip hop industry, mostly due to his talent as a producer, as well as a songwriter and singer. His musical releases before this album have been rather upbeat and quick songs, but the new album brings his more emotional side into the spotlight. Songs like "Racecar" and "Sayonara" were instant hits for his fans, but new songs like "Pony" show a change to the artist's pace.

Aries is definitely different from other popular hip hop artists; he has his own YouTube channel where he talks about his own remixes, as well as quick tutorials on the creation of his music. The artist also gives fans an insight into his personal life through vlogs and shows how he accomplishes his creation of music day-to-day. This gives his fans a

different perspective on the creation of music in general. He personalizes his artistic processes in this way.

The 25-minute debut album includes some fan favorites that were previously released, but the new songs on the album show off his songwriting ability by melding hip hop with other genres including jazz and rock & roll. His personality is shown on the new tracks, as he writes about personal heartbreak and changes in his life. His YouTube channel, coupled with this artistic change, allows for fans to gain insight into the artistic lifestyle he leads, as well as the all too human problems he faces just like everyone else.

While the change to his lyrics and attitude are important to the album, the most impressive aspect of Aries' ability as an artist is that he keeps the majority of his songs upbeat, danceable, and rhythmic in some way. The beats he creates to back his songwriting are impressive since they are created from scratch. Most people think that the beats he creates are meant strictly for hip hop music, but his creativity allows for a dynamic range of genres to be used in his production. He has combined jazz, rock, country, and even lo-fi. The thunderous bass and ecstatic high hats are what keeps his songs, regardless of the mood or genre, danceable and catchy. The lyrics are what fans seem to



Aries is taking the underground rap scene by storm.

PHOTOS COURTESY OF ARIES ON TWITTER

love the most off of the album. He keeps all of his songs relatable. He is a master of pop in his ability to relate his own life through music

while still making his songs catchy. Aries' talent as a producer and songwriter makes him a young artist to watch in the coming years.

## AMERICAN MUST-READS

Life is too short to read everything. It may even be too short to major in American studies, history, or English. This column, brought to you by professors in American studies, history, and English, highlights the books you simply cannot let pass, whatever your major. Start your list!

by Dr. Eric Bennett  
Assistant Professor of History

LITERATURE

Does capitalism have anything to do with Christianity? Since the faith predates the economic system by fifteen centuries, give or take, it seems strange to make the case. But in the United States during the Cold War, many Americans believed that free markets and holy scripture formed one indissoluble outlook and that communism and atheism formed another. Ronald Reagan thrived politically on that antithesis, and Paul Ryan maintained it until quite recently.

Perhaps no twentieth-century voice preached it so influentially as William F. Buckley, whose 1951 denunciation of socialism and atheism at Yale reads, in retrospect, like a blueprint for the GOP until Trump. "I myself believe that the duel between Christianity and atheism is the most important in the world," Buckley, then twenty-four, wrote. "I further believe that the struggle between individualism and collectivism is the same struggle reproduced on another level."

Whether you are a small government evangelical, a Catholic progressive, an atheistic humanitarian, or an agnostic MBA type, *God and Man at Yale* remains fascinating seven decades

later. The world picture it presents, in lucid over-simplicity, has turned to mud. Widening income inequality and catastrophic environmental damage make it ever the harder to feel the clear Christian virtue in unregulated capital, while oligarchic influence across the globe cripples any argument that free markets guarantee free citizens. In the Trump era, Buckley's screed feels like a museum piece—but one of interest to those, right or left, taking stock of the teetering order, and wondering, as the Cold War fades from memory, what comes next.

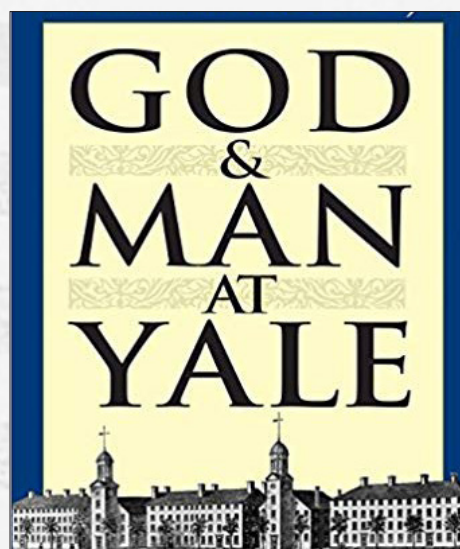


PHOTO COURTESY OF AMAZON

## Avengers: Endgame Wraps Up Marvel Saga

by Madeline Weaver-Nolting '19  
A&E Staff

FILM

Get ready to laugh, cry, cheer, and say goodbye to some of your favorite superheroes. I, like hundreds of thousands of people around the world, watched *Avengers: Endgame* during its opening weekend. This spoiler-free review focuses on the end of the *Avengers* era, but the beginning of a new one. Producing 22 movies since 2007 and taking in over \$19.8 billion; the film franchise is the highest-grossing of all time. The movie turned out to be an obvious success, grossing \$1.2 billion worldwide in only five days. The movie broke its successor's record, *Avengers: Infinity War*, which amassed \$640 million on the same weekend last year. With a 96 percent review by Rotten Tomatoes, it is clear that the movie is a fan favorite and a brilliant piece of work that will make a lasting impression. Whether you are a new fan, or have been a fan since the very beginning, *Avengers: Endgame* has something for everyone.

The movie answers questions that were left open at the end of the cliffhanger from *Avengers: Infinity War*. The movie focuses on the survivors of Thanos after half of the people on Earth were killed. All of the survivors have created their own paths as they try to move on with what has happened, while others are stuck in the past and are desperate to try to bring back their friends. *Avengers: Endgame* is a bittersweet roller coaster of emotions. Rotten Tomatoes calls it, "Exciting, entertaining, and emotionally impactful." *Avengers: Endgame* does whatever it takes to deliver a satisfying finale to Marvel's epic Infinity Saga. The fast-paced, emotional movie will make the nearly three hours feel

like nothing. Most of the movie was so unpredictable, keeping the audience on the edge of their seats. Love, death, reunion—*Avengers: Endgame* was a tribute to the dedicated fans who have invested so much time into the series.

Goodbyes are never easy and there are definitely mixed reactions with how the movie was wrapped up. If you are expecting a clichéd happy ending, you will not be pleased. The Russo Brothers, Anthony and Joe Russo, were the co-directors of the movie and some fans were not as happy with how some of the storylines ended for the characters. However, this is not the end for many of the newer superheroes, with another nine films in the process of being released, including *Spider-Man*, *Black Panther*, and *Guardians of the Galaxy* movies planned. There is still something to look forward to, especially because Disney is creating a streaming service with planned TV shows about Loki, Sam and Bucky, and Scarlett Witch and Bucky. One door has closed for Thor, Tony Stark, Black Widow, Bruce Banner, Hawkeye, and Captain America, but another door has opened the future of the Marvel Universe.

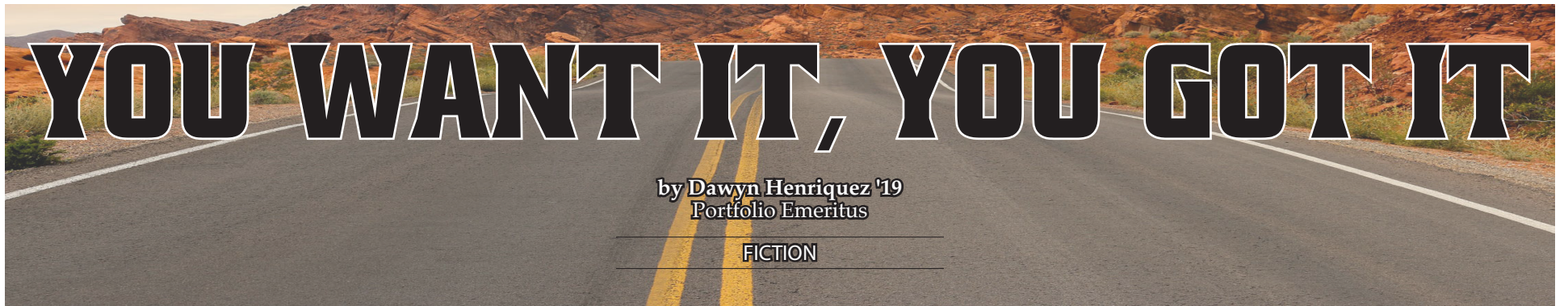
MARVEL STUDIOS

# PORTFOLIO

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Providence College's Home For Creative Writing

May 2, 2019



She was never the quiet type. Her voice was always the one booming through the jams at parties, the one to say hello as though you were a football field away when you were only a couple feet from her, the one who needed to be told that she was yelling in the middle of class (when she was still enrolled at Parkton High).

That morning was no different. The sun had barely shed the sleep out of its rays to climb over the horizon. But hearing her, one would think it was the middle of the day. The landline was pulled most of the way into the kitchen by its curly cord. She spoke as though each word was being chased by the last and as though her jet engine of a voice couldn't wake anyone, but it did.

"Angelita mamaguebo, I have to go," she said into the phone as she finished off the last of the groceries on a sandwich.

"Muchacha gimme 10 minutes. I have a son too, you know?" Angel said from the other side through the muffling sounds of getting a shirt on a sleepy 7 year-old.

"He's already waiting for me outside, yo no tengo diez minutos."

She wrapped the sandwich in plastic wrap and scrawled "morenito" with a heart over it and placed the would-be breakfast on the counter.

"Don't be a b-i-t-c-h... aunque sea dile bye al niño. Just wait for me, I'll be there soon."

Click.

She placed the phone back on the wall in the dining/living room and went back towards the bed on the other side of the ratty

studio. A packed suitcase sat beside the nightstand. She looked over at him, guilt trying to push itself into her esophagus. He lay there as though lifeless, the black tee he wore to sleep once hers, but now his since the moths took a liking to making holes in it. In the semidarkness she could see him lying there, the blanket still halfway on his small body, resting on his side with his hands tucked under the pillow, his eyes alert as though they'd been open for an hour.

He looked just like her, right down to the high cheekbones and the dark skin that made people call her Haitian on the island as though it were an insult (of course that is how she took it). All he got from her were



her looks; who he was came out of the ether fully formed and nothing like her. He was quiet, cried for less than five minutes at birth, cried only when he was hungry or needed to be changed (and never for too long), and as he grew older, he cried less. At that point she hadn't seen him shed a tear for almost a year. His almost black eyes took the world in and let none of it out. His great aunt used to say "él nació críado;" he was born raised.

"Go back to sleep, morenito, I'll be back soon," she soothed.

He didn't say a word, just kept staring into her as though he was the parent and she the child feeding him bullshit they both knew

wasn't true. She knew he wasn't buying it; she could feel it as she stooped down and got eye level with him.

"Your auntie is gonna be here soon to pick you up and take care of you for a bit," she said as she knelt.

Silence.

"I love you, morenito. Tures mi alma...you're my soul," her eyes began to water.

She reached over into her suitcase and pulled out her Discman and the CDs she knew he liked: Ice Cube's AmeriKKKa's Most Wanted (that she'd just recently bought) and ATCQ's debut.

"Here, hold these until I get back," she said.

She placed the black saucer and headphones in his small outstretched

hands, leaving the CDs beside him on the bed, and placed one kiss on his forehead before getting up and hurrying out. He listened to her footsteps run down the three flights of stairs and got up once he heard the door slam on the first floor.

In quick succession, he threw on his thong sandals and a pair of shorts that were lying around and ran after her. He wasn't sure what he was doing. He just knew that he didn't want her to be gone. Didn't want her to leave him forever. He ran out of the heavy white door of Fort Knox, what the two of them had taken to calling the heavily surveilled building they lived in, and

saw her getting into an all-white semi with the slogan "You Want It, You Got It" in a yellow bubble plastered across the length of its haul. Its wheels were as big as him and the engine roared louder than her voice ever could.

"Mom!" He yelled, the loudest he's ever spoken.

The passenger door to the haul gave an audible thunk in response. The semi growled and hissed as the driver, some white guy in his late thirties from the look of it, put it into drive and started to take off. He ran behind it, yelling for the first time in his life, tearing his vocal chords raw, flexing an inheritance he had not yet learned to control. He could see her

face in the side mirror, her angular features making her look mean even when she didn't mean to be. Her high cheekbones, that made her big eyes small when she laughed, took some of the threat out of her look though. She was radiant. He could see her looking at him in the side mirror. The same blackened brown eyes she had given him, staring at him in the reflection, seeing him run after her, but not saying a single word to stop the truck's movement.

He couldn't catch up. His legs much too short and his lungs too empty. He could all but stare as the semi turned out of Saratoga Lane. His voice was shot, his throat stripped and throbbing, and the thong of one sandal torn out. His dark eyes were wet but stayed focused on the slogan "You Want It, You Got It" emblazoning the black script and yellow circle into his memory. Before long, tears streaked down his cheeks.

# TINCTURE

by Julia Zygiel '19  
Portfolio Emeritas

FICTION

My head is buried in my folded arms as my heart hammers in my chest. My nose presses uncomfortably into the desk, but this is the only tried and true method for hiding the cloud of piss yellow panic that's trying to suffocate me. I pull the hood of my sweatshirt up, praying simultaneously that it's able to contain the whole thing and that my professor will drone on past his allotted lecture time per usual so I can get myself under control. But the art of coming down from an attack is sometimes in moving on and forgetting about it, and right now all I can do is think about people wincing at the cloud that now surrounds my head, thinking I'm some freak because not everything I feel is picture perfect. Even worse, I imagine them full of pity and trying to help. Asking what's wrong.

As the end of the class approaches I can feel the cloud condensed in the small space of my hoodie, pressing uncomfortably against the back of my neck and wrapping around, its misty tendrils wriggling into my ears, making everything sound muted. I raise my head ever so slightly, trying to focus on the professor's lips and the faraway sound of his voice so that I can tell if he dismisses class. Instead the cloud comes to hang over my eyes, making everything appear jaundiced. It begins to expand into the air in front of my face, leaking out of the small crevice I have created for it, and panic propels my face back down against the desk with lightning speed.

By the time that the cloud must be staining my hoodie, hair, and skin bright yellow, everyone starts packing their bags and leaving the class while I'm stuck hunkered over my desk. I could try to listen to music, but the movement of getting my earphones out of my backpack could draw the attention of the class. Plus, if I move my arms the cloud will escape into the air, which will definitely draw the attention of the class. On top of this, I'm sure that the thought train of my worrying has only made the yellow even more saturated and noticeable. I can feel a hiccup of fear caught in my throat, threatening to choke me, when a cool palm on my shoulder interrupts the storm of my emotion.

"Hey." Alexandra's voice matches the sensation of her palm, cool and disembodied. Her voice washes over and

blanks me out and wrests me from my emotions, a welcome change after the past half hour of class. The blankness struggles with my panic for a moment, and then I feel the grip on my heart loosen and dissolve. Gently, she pulls me up from my position on the desk.

"How was class?" Her tone is teasing. Neither of us can count the amount of times she's had to save me from my own embarrassing emotion in public places, and she does not often let me forget it. But the familiar crease in her brow is there. She's worried about me. This has

be upset about it tonight and maybe tomorrow, she eliminates emotion from the equation for the time being. It isn't logical to be upset; it will only result in stress and heart ache, so I'm not. Slowly we walk to our dorms and slowly the midnight blue grows lighter and lighter and disappears from her headspace. Briefly, I wonder if I could do something to neutralize some of her emotions in turn, but I'm not sure I should wish that upon her.

\*\*\*

"I want to feel more."

We are sitting outside of the library, on the marble ledge that



happened too many times this week.

"It was fine." I want to bristle at the teasing, but I can't. Alexandra neutralizes me, she saves me from panic attacks, but she brings me down from euphoria as well. I don't mind the light pink of joy or the warm red of excitement. It makes me feel like the people I envy on the streets, who live in their color of emotion without shame. Who feel normal and proudly display it. Alexandra, who creates beautiful color no matter her mood, cannot understand my envy.

"I'm sorry," she sighs, sounding forlorn. Being that I don't display much emotion when she's around, she's become surprisingly adept at reading my mind. Around her head and shoulders, a cloud of midnight blue forms, gaining a few sideways glances.

"It's okay," I tell her, and I mean it. Though I know I'll

looks out onto the gardens. When I say this, Alexandra pulls a face, her brow creasing once more in worry and confusion.

"Feel more?" she laughs. "I thought you felt too much."

I swing my foot back and forth out of lack of preoccupation, considering my words.

"I don't like feeling numb, being neutral."

She scowls for a minute, then her expression clears. "I thought I was helping you." Her tone is measured, the way it gets when she's trying to stop a cloud from forming. "I don't understand what you're trying to say."

"Then listen. Please."

Her lips work to protest, but she produces no sound. She shifts a hand, as if she wants to reach for the reassuring hand on the shoulder but is too afraid. Instead, she begins to sway, touching her shoulder to mine periodically.

"Okay. Tell me."

For the first time in a long

time I feel complete in a color of emotion, with her allowing me to slowly glean the hues of my feeling as she rhythmically sets me to swaying.

"I don't want you to help me anymore," I burst out, a bloom of dark purple clouding around me. It stains her shoulder when she bumps against me, but she doesn't quell it. I don't feel the blank washing over. She doesn't say anything, and I can feel from the way she is gripping the marble ledge that this is as far as her active listening skills have stretched in a long time.

"I want to feel everything I feel, and I want to revel in it, and wallow in it, and I don't want to forget what it feels like to feel good, but I don't want to forget what it feels like to feel bad either. I want to feel like a human again, with all the highs and lows. I need help, but not a cure-all. You get better by going through, not around."

"But you asked me to. I thought you wanted this to begin with." Her grip on the ledge tightens, trying to resist her instincts in this situation, but I can feel the familiar tug of her hand at the backdoor of my mind anyhow.

"I did." I say it quietly, tears pricking at my eyes. "But I didn't mean it all the time." My resistance is enough to banish her presence from my mind. The purple stain of my aura, created by the dirty blue of betrayal and the painful bright red of passionate fury, takes up all corners of my vision.

"I'm sorry," she says finally, after a silence that feels like an eon. "I didn't want to make you incomplete. Just better."

Despite myself, I reach for her hand and squeeze, letting the purple that has run down my arms stain both of our hands like ink spilled over parchment. The crease has anchored itself once more on her forehead, her face registers only confusion. Apprehension lurks just beneath her tongue.

I smile for her. "It's okay," I say, knowing it might not be, but knowing that's what I want. "Thank you for apologizing."

She holds up our now purple-as-night arms, her lips part in a smile, the apprehension dispersing in the air.

"I love you," she says to me, "and I want to make it right."

Deep down in my stomach I believe her, and the deep purple cloud that surrounds us turns bright, then lilac, then is gone, and we are clean again.

# The Typical Town

by Sarah Kirchner '21  
Portfolio Staff

POETRY

The night sky looked typical tonight,  
With those stars that appear to always be falling down.  
The stars that represented the thousands of lights in a town,  
The town that I constantly tried to ignore.

They say that this is normal  
And that "normal" was the life I was meant to live.  
So I wait, and live, until somebody notices me.  
Those lights may be bright, but they don't shine for me.

The typical lights were not so typical to me.  
The lights drown me out, and none of the people even see.  
Those people whisper comments that don't make sense,  
So, I just sit, in the way back, and watch  
The town with too many people, waste their time on too many things.

PHOTOS COURTESY OF PIXABAY.COM & GRAPHIC DESIGN BY JULIA ZYGIEL '19

# REFLECTING

by Sarah Heavren '21  
Portfolio Staff

POETRY

Looking back, I wonder  
About the year I lived  
With every blunder.  
Did I have more to give?

Looking back, I question  
Whether I did enough.  
In joy and depression  
Did I do the right stuff?

Looking back, I ponder  
Some choices that I made.  
All the time I squandered  
Was it all worth the trade?

Looking back, I conclude  
What I thought, felt, and said  
Has all been a prelude  
To more that lies ahead.

PHOTOS COURTESY OF PEXELS.COM

by Mark Fairchild '20  
Portfolio Staff

CARTOON



Dear T&E...

*Making PC an emotionally stable place  
one letter at a time.*

My parents just called me and said that they cannot help me move out after my last final exam because they are taking a trip down to Florida to "get a summer tan." How do I get all my stuff out of my room and go home?

Trying to get home,  
Dorothy Gale

Dear Dorothy Gale,

That is quite the predicament you've got yourself in. I would recommend, as a devout Catholic, that you pray. Pray that Daenerys Targaryen will arrive with her mighty dragons, pick you and your belongings up, and fly you home in a fantastical display of mythology come to life. Or call an aunt, that might help too.

Best,  
Tiff of House Tiff, Last of Her Name

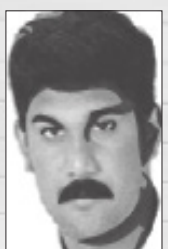


TIFF

Dear Miss Gale,

That's A+ parenting right there. Here's what I would do in that situation: find a friend who can store all of your boxes in their garage, and hop on the next flight to Florida. When your parents are in line for the "It's a Small World" ride at Disney, make sure you are right in front of them, then turn around and say hello. It'll really be a small world for them.

Enjoy Florida,



EARL

# Listomania\*

## Rejected Listomania Topics:

- How to solve the PC housing crisis (we couldn't)
- Things people get unnecessarily offended by
- What to name the New Science Building
- Weird flexes
- Why Fr. Shanley really went on sabbatical
- Things you find in Suites Hall over the weekend
- How Friars Club 0selects its members
- Statistics for students entering into jobs upon graduation
- How to pay for tuition increases
- Advice for the PC Men's Basketball Team
- How to E-sport
- Replacements for Fr. Shanley
- Why Listomania is satirical
- Suspects for the Serial Pissah
- How Trump actually colluded with Russia
- Other words for pride

\*This is a satirical page that does not reflect the views of Providence College or The Cowl.



May 2, 2019

## Track and Field Head to Big East

by Cam Smith '21  
Sports Staff

TRACK AND FIELD

The Providence College Men's and Women's Track and Field Teams produced some magnificent results last week while participating in two meets. On Thursday, the teams traveled to the University of Pennsylvania to take part in the 125th running of the Penn Relays. The Relays are touted as the world's first and most widely recognized annual relay event, each year bringing in crowds of up to 100,000 people. Top athletes from around the country and around the world compete in the event that pre-dates even the NCAA.

The highlight of the meet for the Friars was undoubtedly the performance of Brianna Ilarda '19RS. Competing in the women's 3,000 meter steeplechase, Ilarda jumped out to an early lead and simply refused to relinquish her top spot. With five laps to go, the redshirt senior pulled away even further, leaving her competition struggling to keep pace as she cruised to a record setting victory. Indeed, Ilarda's time of 9:55.43 was not only a personal best, but also a Penn Relays record, as she surpassed the previous time by over a second. This was Ilarda's third win in the event in the last four years.

Ilarda was not the only PC representative to impress on Thursday,



Due to her performance this past weekend, Ilarda (above) was named the Big East's Women's Track Athlete of the Week.

as three other Friars finished in the top 15 in their respective events. In the women's 5,000 meters, Abbey Wheeler '20 and Regan Rome GR each ran fantastic races, proving they belonged alongside the top competition in the country. Wheeler and Rome ran most of the race in the lead pack, and as the race went on, both were part of the top five that began to pull away from the other runners.

Eventually, with one mile left,

Wheeler and two other runners again pulled away and Wheeler was able to obtain sole possession of the lead. The three would remain neck and neck in the last mile, and Wheeler would end up finishing third with a remarkable time of 16:07.01, just seconds off the pace of the first-place finisher. Rome, too, would post a tremendous time of 16:33.97, good enough for the eighth overall spot in a race that consisted of 63 top-notch participants. In the past, Wheeler's

time has qualified for the NCAA East Preliminary Round, producing optimism that she'll be able to represent the Friars on the biggest stage.

Running in the top heat of the men's 5,000 meters, Marcelo Rocha '21 finished 13th in a race that a whopping 102 participants competed in. Rocha ran a very steady event, and his impressive time of 14:17.19 was only a mere 15 seconds behind the winner. The time was also a personal record for Rocha, who has been a pivotal part of the men's squad all year long.

Returning home to Providence, the Friars made a quick journey over to Brown University, where they competed in the Brown Springtime Invitational against several local institutions such as the University of Rhode Island, Northeastern University, and the University of Connecticut. Some notable results on the men's side, include Jack Carleo '21 taking home the top prize in the 800 meters with a time of 1:53.03 and Angus White '21 finishing just a tenth of a second behind the winner of the 1,500 meters. Over on the women's side Emma Fink '22 placed second in the high jump with a mark of 1.55 meters while Megan Stenberg '21 also secured a second-place finish in the 100 meter hurdles with a time of 15.76.

The Friars will now enjoy a well-deserved week off before turning their sights to the Big East Championships, set to take place on May 10 and 11 at Icahn Stadium in New York City.

## Hockey and Basketball Players Sign Pro-Contracts

### Friars:

Continued from front page

The last Friar who has decided to pursue a professional career is Josh Wilkins '20, who signed a two-year, entry-level contract with the Nashville Predators.

"Been a crazy few days but I'm excited to sign my first NHL contract," he announced on social media. "Thank you Friars hockey for an incredible three years."

Wilkins posted 46 points (20 goals and 26 assists) this past season; this is the best offensive season a Friar has had in over 15 seasons. He is not just the only 20-goal scorer since 2002-2003, but Wilkins is also the 54th hockey player to reach the 100-point milestone (he totaled 108 points over the course of three seasons).

And finally, rounding out the members of the hockey team who will not be returning next year is O'Brien. The Philadelphia Flyers prospect has decided to leave the College after what he described as a "tough" year in terms of injuries and playing style. Wanting to "play more hockey" and "have fun playing hockey again," O'Brien commented that he will be looking to play in either the United States Hockey League, the Canadian major junior level, or the British Columbia Hockey League to "get back on track."

It may be the end of their career as Friars for Bryson, Duhaime, Wilkins, and O'Brien, but for basketball player Diallo, coming back for his senior season will still be an option if things do not pan out the way that he wants in the 2019 NBA Draft.

Diallo announced on April 16 that he will submit an application to be an early entrant, which means that he will have the opportunity to withdraw his name by May 29 and come back to PC for his

senior year.

In an official statement announcing his intentions, Diallo said, "I am excited to go through the workout process. I believe this process will help me grow as a player. I enjoy being at Providence College and playing for the Friars. The Friars have a strong group of players returning next season, and I believe the team could compete for a conference championship."

Named to the Second Team All-Big East, Diallo put up 1,155 career points in 99 games with the College; he ranks 33rd all-time in scoring for the College.

Head Coach Ed Cooley commented on Diallo's decision saying that "this process will enable him to gain knowledge and experience about the potential for his future in professional basketball."



After leading the team in points and rebound Diallo looks to be the first Friar to be drafted since 2016.

With the exception of O'Brien, all four players will be joining a group of very successful Friars in the big leagues. Most noticeably, for hockey, is former Friar Noel Acciari '15, who is currently playing with the Boston Bruins in the Stanley Cup Playoffs as a key part of their third line. A member of the 2015 National Championship Team, the style of play that Acciari developed at PC is what makes his NHL career so successful today.

According to Head Coach Nate Leaman, "[Acciari] takes the puck to the net hard, stays on the rebound and scores. That's Friar hockey. That's why Noelly's out there."

And while Acciari may be the most notable recent PC alum in the NHL,

Bryson, Duhaime, and Wilkins can also be added to a list that contains some NHL greats such as Hal Gill, Fernando Pisani, and Chris Therien.

In Diallo's case, should he chose to keep his name entered in the draft, he will be joining a long list of former Friar players who have gone pro, as well as current pro-player Kris Dunn, who graduated in 2016 and is now playing with the Chicago Bulls after being picked fifth overall in the 2016 NBA Draft. Dunn most notably scored a season-high 26 points—eight of which were in overtime—and had 13 assists in a 126-120 overtime win against the Washington Wizards on March 20.

On the former basketball player, PC Athletic Director Bob Driscoll said, "He plays both ends of the court at an elite level all the time. Usually people are good at one or two things. He can rebound, he can pass." All of which are skills that he was able to develop and grow during his four years at PC.

In addition to former Friars making it big in both the NHL and NBA, PC can also boast that their athletes from all sports are having great success in their professional careers. Tate Boyce '19 just signed with the Boston Cannons after they drafted him in the first ever Premier Lacrosse League Collegiate Draft. Also, former cross-country and track runner, Emily Sisson '14 just became the sixth-fastest American in history on a record eligible course after finishing the London Marathon with a time of 2:23:08.

PC has a legacy of producing top-notch athletes who go on to have great careers in their chosen sport and while Wilkins, Duhaime, Bryson, and Diallo are only just taking the first steps to further their professional career, the College most certainly wishes them the best as they set out to make a name for themselves outside of a college setting.

# Men's Lacrosse Wins Regular Season Finale

## *Friars Earn Three-Seed for Big East Tournament*

by Gavin Woods '22  
Sports Staff

MEN'S LACROSSE

Thanks to a 9-8 overtime win over Villanova University last Saturday at Chapey Field, the Providence College Men's Lacrosse Team is heading to the Big East tournament. Following two tough losses to University of Denver and Brown University, respectively, the Friars bounced back in a big way to become the third seed in the Big East standings. PC will now look forward to their first game of the Big East tournament against Georgetown University.

The name of Saturday's game was offense. The first goal came less than five minutes into the opening quarter from Villanova. However, the Friars responded with two consecutive goals from Duncan McGinnis '19 and Evan McGreen '21 at 7:35 and 5:32, respectively. The Friars held their lead until 1:23 left in the quarter when Villanova's Corey McManus scored an emphatic goal to tie the game at two goals apiece, assisted by Keegan Kahn. The Wildcats won the following faceoff, giving them just over a minute to attempt another goal. McManus fired Villanova's last shot in the quarter, which was saved by PC keeper, Tate Boyce '19. With 14 seconds left on the clock, the Friars had one last chance to clear the ball to the Wildcats' territory. Following the successful clear,

the PC offense worked the ball around until McGreen was able to find David Procopio '19 for the buzzer-beater goal.

The Friars continued trading goals with the Wildcats throughout the second and third quarters, until Villanova extended their lead to two goals with 12:51 left in the fourth quarter. This began an eight-minute

stalemate between the two teams.

With only 4:46 left in the game, it began to look bleak for the Friars until Dan Axelson '20 delivered a much needed, unassisted goal to reduce the deficit to one goal. Despite losing the following faceoff, PC was playing with all the momentum. Boyce produced a game-saving stop to give the Friars

another chance. After successfully clearing the ball to the opposing side, PC's Tim Hinrichs '21 hoped to tie the game with a side-arm shot that narrowly missed, hitting the crossbar.

Following this possession, Villanova recovered the ball and began an attempt to run out the clock. Yet another save from Boyce gave the Friars another chance at redemption.

After turning the ball over once again, a Villanova defender launched the ball to the opposing side with ten seconds remaining in the game. Miraculously, Boyce recovered the ball and sent it to the Villanova side, where the Friars recovered. In the dying seconds of the game, McGreen was able to feed Nick Hatzipetrakos '19 for a diving goal to force overtime. This goal added tremendously to the Friars' confidence which enabled Colin Keating '19 to score the game-winning unassisted goal just five seconds into OT.

This pivotal conference win gave PC a regular season record of 7-8, 3-2 within the Big East. This win was essential, as it secured their position to play Georgetown instead of the number one seed, Denver. Nonetheless, Georgetown will prove to be a true test for the Friars as the Bulldogs won the previous regular season matchup in a 15-17 shootout. Georgetown boasts an impressive regular season record of 11-4; however, they share the same conference record of 3-2 with PC.



PHOTO COURTESY OF PC ATHLETICS

Brenden Kearns '19 was one of four players to get at least two points in the overtime victory over Villanova.

# Club Golf Competes at National Tournament

by Scott Jarosz '21  
Sports Staff

GOLF

To say that the Providence College club golf team has had a successful year would be an understatement. The team plays tournaments in both the fall and spring, and has consistently performed well as a group year-round.

The team asserted its presence right off the bat in the very first tournament. Towards the beginning

of September 2018, the Friars participated in the NCAA Division III Bowdoin Invitational. In a field of 12 teams, the Friars placed at an impressive second place. In the first round of the tournament, the team shot a collective 309, with Rio Holzwarth '22 leading the team with a low round of 76. The Friars had even more success in the second round, shooting 297 as a team, the lowest round for any team in the entire tournament. Captain Matt Carlson '20 led the Friars with a 71, leading him to earn the #2 overall spot in the

62-player field.

The Bowdoin Invitational was far from the only highlight of the team's fall season. Later in September, the team traveled to Agawam, Massachusetts to participate in the NCCGA New England Regional. The Friars brought both its "A" and "B" teams to the tournament and both performed exceptionally. The A team could not have performed much better, collectively shooting 748 over the course of two rounds, and beating second place University of Connecticut by 20 shots.

The Friars' A team was led by Holzwarth who shot a 73 and 72 for a combined 145, good enough to earn the honor of being named medalist. The Friars' B team also played well as a whole, scoring 782 over the course of two days, earning them the third-place spot. The low scorer for the B team was Alex Whitmore '20, who shot a 75 and an 81 for a combined score of 156. The team's performance at the New England Regional earned them the #5 spot in the NCCGA nationwide rankings.

The team's quality golf carried over into the 2019 spring season as well. On April 7, the Friars shot a combined 755 over two rounds to win the spring New England Regional tournament and qualify for the National Championship. Leading the team was Ian Axford '20, who shot two impressive rounds of 76 and 75 for an overall score of 151, earning him the title of medalist for the regional.

The National Championship took place at the Birck Boilermaker Golf Complex at Purdue University in Indiana. The tournament took place on April 27 and April 28, and the Friars placed third as a team in the entire nation. This top three finish in the tournament was a perfect finish for the team's very successful season. When asked about how the team maintained its success throughout the year, Carlson said, "By having fun and constantly competing against each other and by holding everyone accountable."

This mentality clearly paid off for the team as it had lots of success over the course of the year, winning multiple tournaments and consistently shooting well.



The Golf Team has qualified for their second straight National Tournament this upcoming Fall in Myrtle Beach, NC.

PHOTO COURTESY OF PC CLUB GOLF

## Editor's Corner: Year in Review of Sports

by Jack Belanger '21  
Sports Co-Editor

EDITOR'S CORNER

As the year comes to a close (though not for all spring sport athletes), I wanted to look back on the year for Providence College sports. This year, the sports section of *The Cowl* covered big moments and special people that deserved recognition from the Friar community. As a section, we made it a point to cover all sports across campus, get the inside scoop from athletes and coaches, and recognize students who competed away from campus.

In the fall, we covered the Providence College Men's Soccer Team celebrating their 50th season as they made it to the Big East semifinals. Abbey Wheeler '20 won NCAA Cross Country Division I National Athlete of the Week twice during the cross-country season, it seemed every week she was among the top racers as she won three races during in the fall and came in fourth during the Big East race.

Even though the PC Men's Basketball Team did not perform to everyone's expectations, the team still had a fairly successful season and the winter sports season remained the peak for PC athletics. The freshman class proved that the team will stay competitive for years to come. The PC Women's Basketball Team had their most successful season in recent memory, posting a 19-16 overall record as well as earning their first Big East tournament win since 2001 and earning a spot in the Women's National Invitational Tournament. Jovana Novic '19 broke the College record for three-pointers and Mary Baskerville '22 had a stellar rookie season as she went on to win Big East Freshman of the Year.

The Women's Ice Hockey Team brought in Matthew Kelly as their new head coach and found immediate success. The team had an outstanding season that saw them ranked in the top 10 for most of the season. Men's ice hockey also had a historic season. After losing several stars from last season, the team retooled, filled the missing holes, and made their sixth straight national tournament. In the first round the Friars came back from a 3-0 to Minnesota State University by scoring six unanswered goals. They would ride that momentum all the way to their fifth Frozen Four appearance in College history. While the team fell short of making the finals, this was one of Nate Leaman's finest seasons as a coach.

The PC Men's and Women's Track and Field Teams continued to have success during the indoor season. Millie Paladino '19RS was named 2019 Northeast Region Female Track Athlete of the Year after she won the Big East title in the 3,000-meter race and came in third at the NCAA championship for the mile run.

This spring, the PC Women's Softball Team is currently in a breakout season as they are 28-20 after a disappointing season last year. Outfielder Emma Lee '19 set the school record for most career hits with 215. Former Friar Emily Sisson '14 finished sixth in the London Marathon with a time of 2:23.08, which was sixth fastest for an American woman in history.

Outside of reporting on the games, *The Cowl* managed to get exclusive interviews with several athletes and coaches such as Track and Field Coach Ray Treacy, Paladino, Wheeler, and Vincent Desharnais '19. Next year, we hope to give students, teachers, and alumni an even more in-depth look into what is happening for the Friars.

# Providence College Investigates: What Was the Top PC Sports Moment of the Year?

## Men's Ice Hockey Frozen Four Run

by Sullivan Burgess '20  
Sports Staff

PCI

On March 31 at the Dunkin' Donuts Center in Providence, the Providence College Men's Ice Hockey Team defeated Cornell University 4-0, punching their ticket into the NCAA's Men's Ice Hockey Frozen Four Tournament.

This would be the team's second time

in the Frozen Four in the last four years, and second appearance for Coach Nate Leaman and his Friars. This has also been the team's sixth appearance in the tournament.

This moment not only brought excitement into the locker room, but also created buzz among students on campus ranging from freshmen to seniors. A moment such as this does not happen very often in the PC community and every student wanted to make sure

they would be part of history in the making.

The season resulted in a 22-11-6 record for the Friars and put them in the fourth seed in the East Regional section of the tournament against Minnesota State, Northeastern University, and Cornell University.

The Friars' first game took them against Minnesota State at the Dunk, where students, alumni, and fans from around the country gathered to support their Providence Friars. The crowd was electric and helped Providence secure the win with a 6-3 victory and move onto the next round against Cornell University.

The Friars then won 4-0 against Cornell University and the Dunk could not have been any crazier.

The Friars then found themselves preparing for the tournament in Buffalo to play the University of Minnesota-Duluth. Though the Friars hustled every period, they lost 4-1, ending the Cinderella story.

No one had expected PC would make it this far let alone be in the Frozen Four tournament, so defying the odds brought nothing but joy and excitement to the students. It is safe to say that even if some students were not the biggest hockey fans, they definitely enjoyed rooting for and supporting the accomplishments of the team.

While it may not have been the outcome we hoped for, the history behind it and the accomplishments the team achieved will never be forgotten.



PHOTO COURTESY OF PC ATHLETICS

Despite a short stay in Buffalo, the Friars were able to give fans a reason to cheer after a goal by Josh Wilkins '20.

## Men's Soccer Upsets #8 Southern Methodist

by Thomas Zinzarella '21  
Sports Staff

PCI

One of the best moments in Providence College Athletics this year came before many students stepped foot onto campus. In their first game of the season, the Providence College Men's Soccer Team went on the road and knocked off the 8th-ranked Southern Methodist University Mustangs 2-1 in double-overtime. The Friars were coming off a 5-8-5 season in 2017 where they made a big splash to open the 2018 season.

In the previous season, SMU had a lot of success on the field. The Mustangs captured the American Athletic Conference regular season and conference title. The Mustangs would also go on to reach the Sweet 16 of the NCAA Tournament. They had compiled a 17-3-1 in 2017, including a perfect 13-0-0 record on their home turf.

The Mustangs returned one of the best players in the AAC, Garrett McLaughlin, who lead the conference in scoring with 14 goals and 31 points.

After a scoreless opening forty-five minutes, the Friars began the scoring in the 52nd minute when Tiago Mendonca '20RS netted the Friars first goal of the season. Brendan Constantine '19 came close to doubling their lead with a chance in the 55th minute. With just over ten minutes to go in game, SMU would tie the game up.

It would remain a deadlock at one

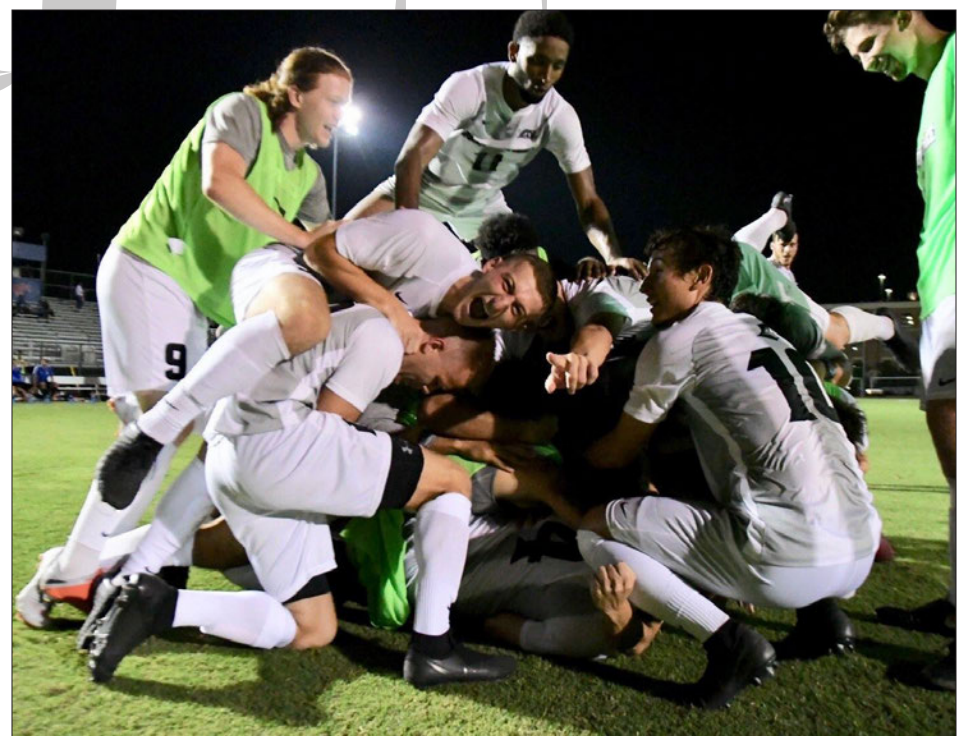


PHOTO COURTESY OF PC ATHLETICS

The upset win in their first game of the season set the tone for the season that the Friars would be a tough opponent no matter who they faced.

until the 104th minute in double-overtime when Alex DaCosta '20 scored the game winner. DaCosta would be named to the All-Tournament team.

A key factor in the Friars' victory was netminder Colin Miller '19, who recorded eight saves for the Friars, including a couple down the stretch of regulation. Even though SMU outshot the Friars 24-8, SMU only had nine on target.

The Friars opened the 2018 season

in a big way that would help set up their success for the rest of the season. The Friars would go on to finish 10-7-2 on the year, including a 6-2-1 record in conference.

Although many of the teams in Friartown had knocked off nationally ranked opponents, I believe this men's soccer victory over SMU at the start of the season was by far one of the biggest moments in PC sports this year.

## A Look Around Friartown

### Lacrosse:

4/27 vs. Villanova University, win 9-8 (OT)

### Upcoming:

5/2 vs. Georgetown University  
(Big East Tournament)

### Softball:

4/28 vs. Butler University, win 4-0

4/30 at University of Massachusetts-Amherst,  
loss 4-5

### Upcoming:

5/4 at Georgetown University (Doubleheader)

5/5 at Georgetown University

5/10 Big East Tournament

### Track and Field:

4/28 at Brown Invitational

### Upcoming:

5/10-11 Big East Championships

5/23-25 NCAA First Round

6/5-8 NCAA Championships

# Good Luck to All Our Big East Athletes!



## PC Softball Still on the Hunt

### Breakout Season Gives Friars Postseason Hopes

by Eileen Flynn '20  
Sports Staff

SOFTBALL

As we take a look back on this year, it is hard not to talk about the Providence College Softball Team. The season started off with a doubleheader in the Sunshine State, the Friars faced University of Massachusetts-Lowell and Georgia Institute of Technology in the River City Leadoff Tournament in Jacksonville, Florida. While the rest of the school was in the middle of winter, the Lady Friars were warming up for an impressive season.

PC played their next tournament the following weekend and faced teams such as St. Joseph's University, University of Kansas, and the University of Massachusetts-Amherst. Although the team did not leave Florida with a winning record, the team was finding their rhythm and working through the kinks. The next team trip came at the beginning of March during the College's spring break.

Allison Abbatiello '19, one of the seven seniors on the team, says her favorite team memory was when the girls went to a Yankees Spring Training game. She said that even though "there were only about five or six of us who are diehard Yankee fans, the game was a really special experience." The team spent their spring break bonding and with the new coaching staff, there were a lot of new relationships that needed to be built.

Jill Karwoski was named the head coach of the Friar's softball team at the beginning of this year. With past experience as an assistant coach for the Friars in 2013, Karwoski was welcomed with open arms along with Assistant Coach Bree Nasti.

Abbatiello is just one of the many seniors on the team who have helped with the transition of leadership. "Although there was an unexpected adjustment to our program, I remained calm and became supportive of my teammates and new

coaches."

The team chemistry was evident in their performance during the week in Florida, when they won four out of the five games. The College won close match-ups against Furman University, Central Michigan University, United State Military Academy, and Saint Francis University.

The momentum was not stopped with the change in weather, back in New England the Friars were continuing to play well against top teams like Boston College. Daniela Alvarez '22, pitched her seventh complete game of the season and her third shutout.

Competition is always amped up a level when it is time to play the Big East teams. St. John's University won two out of the three game series, however, the 10-6 victory for Friars was promising for their future.

The team went on to sweep two strong Big East teams, Creighton University, and Butler University. Their most recent win was extra special for Abbatiello because in the midst of a close game, she reached a milestone she has been working towards her whole career at Providence College.

On senior day nonetheless, Abbatiello made perfect contact with the ball and sent it over the fence for a three-run home run. Vanessa Portillo '19 followed fellow senior Abbatiello's lead and expanded the lead for the Friars to 4-0 after she hit a home run as well.

"During my last home game of my collegiate career, I hit my first home run which was shortly followed by another home run from Vanessa Portillo. It was so exciting and a great way to conclude the seniors' final game in Friartown."

Although there will be no more home games for the Friars, their season is all but over. Make sure to follow along as the team plays University of Massachusetts-Amherst and Georgetown University, and hopefully gets a chance to compete in the Big East championship.



The team cheers on Vanessa Portillo '19 as she rounds home on her second home run of the season in the game against Harvard University.

PHOTO COURTESY OF PC ATHLETICS

# Commencement 2019

*Swan Songs*  
*pages 2-5*

*Summa Cum*  
*Laude*  
*pages 6-7*





## By: Taylor Godfrey, Editor-in-Chief Emerita

While the end of senior year is full of procrastination, the thing I may have been procrastinating most was writing this swan song. How do you say goodbye to something that has meant the world to you for four years? How do you say goodbye to something that has given you best friends and the best memories of your college career? How do you say goodbye to something that has made you who you are? I'm still trying to figure that out.

When I joined *The Cowl* staff in the fall of freshman year, I could not imagine being where I am now. I remember the feeling of seeing my first article published on the front page of the Opinion section and the thrill of seeing my name in newsprint.

Then in that spring, I joined the editorial staff. The freshman scared to even knock on the door to be let into the office could hardly have pictured herself sitting at the Editor-in-Chief's desk for the past year.

Serving as Editor-in-Chief this year has been my great privilege. It may not always seem like it in the middle of a usual Wednesday panic when we all question what we are doing or who is reading any

of this, but *The Cowl* is a huge part of this PC community. For over 80 years we have been a place for students to share their voices and a place in which to have important conversations on campus. It has been a pleasure and an honor to serve my community in this way.

But of course I could not have done this alone. I want to thank Abby for all her hard work as Associate Editor-in-Chief. I did not know you very well going into this year, but I think we have made a great team and I am grateful for the opportunity I had to work with you. A big thank you to Tom Tobin too. As an English major, I am not always the best with numbers, but Tom, you were always there to answer any of my questions and to make me and Abby's dreams for *The Cowl* a reality.

And a huge thank you to our advisor, Richy. From navigating the administrative side of being Editor-in-Chief to supporting me whenever I had a breakdown to always being there with a high five, Richy has been a rock for me this year.

As sad as I am to leave *The Cowl*, I know I am leaving it in capable hands. Looking back to this day

last year, I can hardly remember being in Kerry and Katie's shoes. But, with Marla's help and support, I embarked on perhaps the best adventure of my life. I am so excited to watch as Kerry and Katie embark on that same adventure and I cannot wait to see how they will make this paper their own.

For four years *The Cowl* has been a safe space for me. Any troubles with roommates or stress about exams and papers melted away when I came into this office. *The Cowl* has been there for me whenever I needed it and for that I am and will always be eternally grateful.

I have spent 72 total Wednesdays in the *Cowl* office. 72 late nights spent in a windowless room in the back of Slavin that has come to be my home. Everyone says the weekends are the best days of the week, but, despite all the stresses, my favorite day of the week has always been Wednesday. *The Cowl* has become such an important part of me and I am forever, forever thankful for the courage of my freshman year

self to walk up to that table at the involvement fair and make the best decision of her life.



## By: Abigail Czerniecki, Associate Editor-in-Chief Emerita

There are not many families like the Friar Family and there are even less families that are like *The Cowl* family—I am fortunate enough to have been a part of *The Cowl*. I searched for a long time until I found a place that felt most welcoming and most loving. *The Cowl*, to me, was a place where others listened to my terrible jokes and student teacher stresses. It was a place where others recognized and honored my strengths and struggles. This organization was filled with Providence College students who made me laugh until those slick tears fell down my cheek, but it was also an organization that had those who wrapped their arms around me when those slick tears were during my hardships.

I began my career with *The Cowl* as a young, eager writer for Portfolio. Joey, the editor at the time, saw my potential as a writer and an editor and suggested I apply for the Arts & Entertainment editing position. So, I applied for the A&E Editor position and was given the position entering my Junior year,

which leads me to my first thank you. Kerry, you are a remarkable human and an amazing A&E Co-Editor. The laughable moments we shared are irreplaceable. You have a talent to lead with confidence and humility and I am positive you will exceed your own expectations next year as Editor-in-Chief of *The Cowl*.

As I continued with *The Cowl* my junior year, I decided I wanted to take my skills and apply them from a bigger role. I wanted to be a part of the years and years of tradition that resonated in *The Cowl*. I took what I had learned and applied to be the Associate Editor-in-Chief. I knew I no longer wanted to be just a part of *The Cowl*, but I wanted to contribute to the years of success and tradition of the newspaper. From writer to editor and then to Associate Editor-in-Chief of the paper was an adjustment and I could not have done it without those who have helped and guided me along the way. Thank you to predecessors, that trained me and prepared me to take on this position. Marla and Paige, you perfectly modelled what

a team of editors is to look like, and act like in an environment filled with various emotions.

This year also would have not been so successful and especially fun if it were not for my best-looking copy editors. Annie and Courtney, your dedication to this paper is evident in each publication. I do not doubt the two of you will have successful futures following graduation. Continue to make people laugh, continue to make people feel loved and welcomed, and most importantly continue to show your compassionate souls to the world.

Before I sign off and leave my last mark on this paper, there is one more person I need to thank and recognize and that is the Editor-in-Chief. Taylor, this year was filled with twists and turns, but you handled each one with poise and confidence. Your love for others, writing, and of course London, was present throughout the year. You should be extremely proud of what you have accomplished. It was a pleasure to have worked alongside

of you. I want to congratulate Kerry Torpey and Katie Torok as Taylor and my successors. I wish you the best of luck next year! Use your voice for good.

For those of you that have joined me in my experience from writer to Associate Editor-in-Chief, your names are forever engraved upon my heart.





# By: Annie Shelley, Head Copy Editor Emerita

After roughly 120 *Cowls*, approximately 5,760 articles, and an infinite number of laughs and oxford commas, it is with great sadness that I am finally preparing to hang up my green pen. I started my *Cowl* journey as a freshman, stepping into the office during my first week on campus and never looking back. I knew from that first late Wednesday night that I had found a home on campus.

LL04, which everyone walks by when they leave the Slavin Center never knowing how much work is going on inside, is one of the most special places I have ever had the privilege of being a part of. This staff is full of caring, supportive, and loyal friends, and becoming a part of it was easily one of the best decisions I made at Providence College.

As my time as Head Copy Editor comes to an end, there are so many truly amazing individuals I would like to thank. To Casey Clark—thank you for hiring me and for being one of the best lifelong friends and teachers this office ever gave to me. To my sister, Abby Shelley, for encouraging me to be a part of a place where she knew I would feel at home.

To Katie Coyne and Annie Loftus, my predecessors, thank you for showing me how to lead with a kind heart and a strong pen. CJ, Maddie, and Kathy, my successors, I am so proud of the editors, and people, you have become. Cherish each moment you have left here.

Taylor Godfrey and Abby Czerniecki, thank you for everything you do to make this paper so outstanding. To the seniors, and to the entire staff, thank you for putting up with our table's antics, for all of the late nights, and for your friendship. To my lovely staff of copy editors, you make me so proud to work here every week—your hearts and minds shine so bright and I am better because I know each one of you. I cannot express enough how much I will miss laughing for hours on end with all of you.

And finally, to Courtney Day. Thank you for coming on this ride with me, from the very beginning. I would not have survived four years, and especially not this year, without you by my side—you are truly special. Wherever I am headed next, everything *The Cowl* gave to me will be right there with me.



## By: Courtney Day, Asst. Head Copy Editor Emerita

Four years ago as a nervous freshman about to enter college, I took a risk and applied to be a copy editor on *The Cowl*. Now I can say that it was the best decision I have made at Providence College. *The Cowl* is truly a family; the friendships that are formed at *The Cowl* are testaments to how strong the Friar Family truly is in Slavin LL04, and it is one of the things I will miss most about PC.

First, I want to thank the incredible Annie Shelley for being the best partner a gal could have; I could not have made it through these last four years without you. You kept me constantly laughing when all I wanted to do was fall asleep after editing for 10 hours straight, and you led us all with ease.

Maddie, CJ, and Kathy, you three are a TRIO if I have ever seen one and I love you all so much. We are leaving the green pen in the best hands and I could not be more excited for you guys. Do not forget about me or WHP, and mostly importantly, enjoy your last year. It really does fly by.

To my fellow seniors and the rest of my lovely copy editors, thank you all for being the best people to work with and for loving grammar, goofing around, and late nights spent editing as much as I do. I am so proud of all of your hard work and dedication that you have put into this publication week after week; the 14 of you are what I will miss the most about *The Cowl*. To those not graduating, keep up the amazing work and remember to enjoy the ride.

To Abby and Taylor, thank you both for leading *The Cowl* with grace, and congratulations to Kerry and Katie on becoming the future leaders of *The Cowl*, I have no doubt in my mind that you will be amazing EICs. And to the rest of the legendary *Cowl* staff, thank you guys for putting up with my constant antics and jokes, and for always laughing with—and mostly at—me on Wednesdays. I will miss you all so so much.

Thank you, *Cowl*, for everything you have given me these past four years, I truly had the time of my life.

## By: Karlene Cudak, Copy Editor Emerita

Unlike many of the other seniors, I have only been on *The Cowl* for this past year; however, it was one of the most incredible experiences I have had while at Providence College. *The Cowl* has introduced me to some remarkable people and it was incredible to be surrounded by intelligent, grammar-focused, and like-minded students. I truly enjoyed each week being a copy editor and the privileges that came with it. I will never forget our many memories made on *Cowl* Wednesdays, at banquets, or at events I attended for the paper. All I can write now is that I am so thankful for everyone and everything *The Cowl* has given to me during my last year at PC and I cannot wait to continue reading it after graduation.



## By: Megan Stuart, Copy Editor Emerita

For most people, Wednesday is the day of the week that comes before Thursday and follows Tuesday. While that definition holds true, my Wednesday's, for the past three years, have always had the word "*Cowl*" in front of it. Every Wednesday I have gripped my black pen with pride and read the words, thoughts, and opinions of my fellow Cowlers, and have been tasked, as a copy editor, to bring their message to the Providential (and ironically spirited) black ink that blankets the white pages of *The Cowl*. Today, I hold my pen with fulfillment. Every Wednesday for the past three years, *The Cowl* has filled me with long laughs at the copy editor table, it has filled my camera roll with memorable moments from our bi-

annual banquets, and cheesily, but truthfully, it has filled my heart with a sense of purpose of helping publish a newspaper. Every Wednesday, *The Cowl* has given me that, and today it has successfully filled my eyes with tears as I place my black pen back into its holder.

It seems silly to thank an inanimate object, like a newspaper, for giving me things that are so real—but I suppose that can be regarded as poetic, and I would hope Portfolio would commend me for that. So, that being said, thank you *Cowl* for giving me good friends, life lessons, and a few pounds (from Big Tony's pizza). I will forever cherish those memories, and I will forever know Wednesday with "*Cowl*" in front of it.

## By: Hannah Echo, Copy Editor Emerita

Coming into senior year, I was searching for one more way I could become further involved at Providence College. Before September had even begun, I had found it, in the form of copy editing at *The Cowl*.

I have spent every Wednesday evening of this school year hunched over stacks of articles, moving meticulously through them with a black pen. I will admit that having the last piece of the night pass through the final round of editing is always a relief, and that I am happy to bid the windowless office goodbye until the next Wednesday.

However, now that my final *Cowl* Wednesday has come and left, I am sorry to see it go. I have made more new friends, read more articles, and consumed more pizza than I ever imagined I would when I edited for the first time in August. Thank you to everyone who made my experience so wonderful. I know exactly where I will wish I was when next Wednesday arrives.



### By: Hannah Paxton, Opinion Editor Emerita



### By: Bridget Blain, Opinion Staff Emerita

If you told me that after four years I would fall in love with a newspaper, I probably would not believe you. I have loved writing my entire life, whether it was pouring my thoughts into my middle school diary, or even spending long, tedious nights on a fifteen page paper for class, I knew that it was not just something I wanted to do, but I had to do. My high school did not have a newspaper, so there were very few opportunities for me to express my passion for writing creatively— until I came across *The Cowl*. To be honest, I did not feel like I was part of much

the first couple of years. I wrote articles, sent them in to the editors, and that was it. But once I started editing myself, all of that changed. It sounds cliché, but I really did learn a lot about my own writing after editing it. Looking back on my articles from freshman year, I wondered how they ever got published. But more importantly, I learned a lot about myself as a person. *The Cowl* truly helped me to grow over these past four years, and without it I am not sure I would be where I am today. I am lucky enough to have met so many people who I never want to leave, as

well as a place —tucked into a hidden corner of Slavin—that I never want to leave either. I want to especially thank my co-editors Andrea Traietti and Katie Torok, without whom I think I would fall apart every week, and who always make Cowl Wednesdays, even when they are long, all the more enjoyable. So yes, I fell in love with a newspaper. But if I learned anything after spending hours on end at a desk, staring at a computer screen, stuffing my face with pizza, and laughing until I cried with the best of Providence College, a newspaper really has a lot to offer someone.

When I started writing for the Opinion section of *The Cowl* I had no idea how much joy I would find in being able to write about events and topics that genuinely interested me. I did not apply to be a writer for *The Cowl* until my sophomore year. As a nervous freshman, the idea of having my private thoughts published for the entire campus to read was intimidating. Looking back, I wish I had joined *The Cowl* even sooner than I did. It has been such a positive experience to be able to work with and learn from my editors and fellow writers over the years. I will never forget the connections made and the opportunities for dialogue that were given to me because of my decision to apply to write for *The Cowl*. It was truly one of the best decisions I made as a student at Providence College.



### By: Tom Tobin, Managing Editor Emeritus

### By: Sam Scanlon, Sports Staff Emeritus

I have always loved to write. It came easy to me, no matter what the subject. However, sports have by far been the biggest part of my life.

That is the reason for giving a resounding “yes” to Liza, when she asked me if I was interested in writing for the Sports section in *The Cowl* sophomore year. I could not think of a better opportunity to combine something I loved to do with something that I call my biggest passion.

This opportunity allowed me to look at sports in a different way, connect with athletes, and give my own opinion. I am especially thankful for getting to write many articles about Friars Hockey and sharing some great stories about the guys.

I have loved writing about sports for the last three years and would like to thank everyone at *The Cowl* for allowing me to do so.

I joined *The Cowl* my sophomore year, and it has truly been a special experience. I first became interested in *The Cowl* when I found out there was a position open on the business staff. The business staff handles advertisement sales, budget management, and planning events for the staff. At the time, I was eager to develop sales skills, and I saw this position as the perfect opportunity to develop these skills. Now that I am handing off my position, I definitely believe I made the right choice in joining *The Cowl* not only because of the skills I have developed, but also because of the people I have met.

I am very fortunate to have met so many hard-working and passionate people, and there are four people I would like to especially thank. Thank you to my predecessor, Abby Shelley, you really took the time to train me in the ins and outs of the position and I greatly appreciate all of your help. Richy Kless, you are one of the most thoughtful and caring individuals I have ever met. I am so happy to have gotten to know you, and I am happy to call you both a mentor and a friend. Taylor and Abby, your dedication to *The Cowl* is remarkable, and I am very lucky to have met two amazing people.

Not many people see the time and hard-work that each staff member puts into every issue the way that I do. That is why I have always enjoyed delivering the pizzas on Wednesdays, planning the banquets, and getting the staff gifts—they all deserved it.

### By: Liza Sisk, Sports Staff Emerita



It has been such a privilege for me to be a part of *The Cowl* for the past four years. I really enjoyed the opportunity to incorporate my interests in sports and writing in an amazing extracurricular activity. The passion and drive of the individuals on *The Cowl* is inspirational and I will miss the kindness and support I received from each reporter and editor. Shout out to Meaghan and Jack for their amazing work as editors of the sports section! I look forward to keeping up with *The Cowl* after graduation. Congratulations to all the other seniors!

Thank you so much!!!! Good luck next year.

### By: Julia Zygiel, Portfolio Editor Emerita

Although I have been a senior for the whole scholastic year, I have been avoiding thinking about the ramifications of the title for the majority of that time. But now graduation, and this swan song, stare me in the face. For two and a half out of my glorious four years at PC I have been part of the Portfolio Staff of *The Cowl*, and for that time I have been surrounded by prose writers, and poets, and prose poets, but above all I have been surrounded by storytellers. As a writer, my favorite memories have been sitting around the table in *The Cowl* office during the weekly Portfolio meeting, rattling off possible Listos and Tiff and Earl questions, and laughing at each other’s (clearly) satirical suggestions. As an editor it has been absolutely delightful to read our writers’ stories and poems each week and make sure they get the attention needed to make them shine. Perhaps my favorite memory of all was this year’s Scowl edition, featuring our own Jay Willett’s investigation into the identity of PC’s ‘Serial Pissah’. Memories aside, I would not be the writer that I am today without *The Cowl*. The feedback and care that my stories have received in the hands of *The Cowl* have been priceless to me, and each and every story I have had published was a stepping stone on the endless road of improvement. Being able to get my work out to (hopefully) entertain the campus with my stories and poems is an experience that I would not trade for the world. Being approached by fellow writers and readers and knowing that I achieved that goal has been incredibly important to me during these four years. I will always look back on this experience and opportunity as a formative one, and I know that next year and for many years to come Porfolio staff will continue to contribute to this wonderful newspaper in incredibly meaningful ways.





By: *Brigid Walshe,*  
A&E Staff Emerita



College is a time where you truly start to shape the person that you want to become and find your passion that will guide you through the rest of your life. Coming into PC with no prior experience writing for a newspaper, *The Cowl* was a new opportunity for me to break out and try something completely new. For three years, A&E allowed me to write about things that I am passionate about, like music and film, and I made some amazing memories along the way.

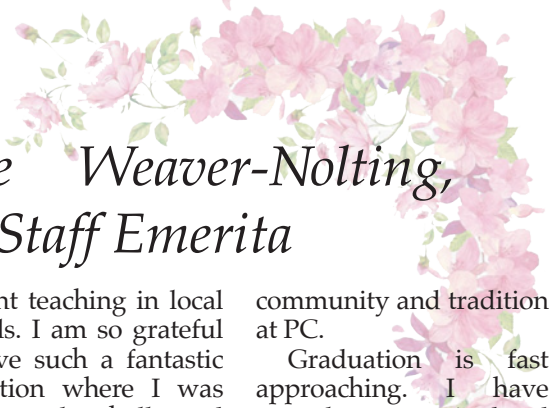
Providence College will always have a place in my heart, and will be a part of the person I am and the person that I will become. I can never be grateful enough for all of my friends that helped make PC my home for the past four years. So thank you to all the wonderful people I've met thanks to *The Cowl* for making it such a great experience that I will cherish forever.

By: *Jamie Warren,* Social Media  
Curator Emerita

As graduation grows near, I find myself reflecting on my memories and experiences at Providence College. Many of the memories and friendships I gained were from *The Cowl*, and I will hold on to them for a long time.

Most importantly, *The Cowl* gave me a way to leave my own small legacy here. I am so thankful that years from now, I will be able to look back on the words and stories written by this team and reminisce on the moments spent here. *The Cowl* captured the essence of our community, humor, and creativity and I am happy I was able to help share that.

By: *Maddie Weaver-Nolting,*  
A&E Staff Emerita



Walking onto the Providence College campus my freshman year of college, I was so nervous. Flash-forward, my four years at the College have been some of the best memories in my life. I have been able to go on so many adventures and gotten the true PC experience. Surviving Civ, going to athletic events, and being a member of the Friar Family are just some of the few experiences that I will hold onto forever. I was one of the lucky ones—I met some of my best friends my first year of college and met many later on. I am so thankful for the friends that I have made and who will continue to be in my life after we graduate. I have been able to have so many life-changing opportunities because of PC, including studying abroad in London and pursuing my major in Secondary Education by

student teaching in local schools. I am so grateful to have such a fantastic education where I was continuously challenged and intelligent professors with diverse backgrounds in their fields. Being at PC hasn't always been easy, but in the end I don't regret a minute of it. As I write my last article for *The Cowl*, I write it with a heavy heart. Writing for *The Cowl* has been one of the best experiences at Providence College and I will miss it dearly. Writing for the Arts and Entertainment section has been so much fun as I have been able to write about new, interesting topics each week. I have grown as a writer and have been able to work with people with common interests as my own. I highly recommend everyone to join *The Cowl* (even if you are not an English major) because it is a wonderful

community and tradition at PC. Graduation is fast approaching. I have never been so excited and terrified in my life. For the first time in my life I have no plans whatsoever, other than planning to be a teacher. A year from now everything will be so different. The unknown is scary. Whether we are ready or not, graduation is almost here. The next two weeks will be filled with laughing and crying as we say goodbye. We won't be saying goodbye to just our friends, but also Providence College. We have gone from teenagers to adults and our home for four years. It is clichéd, but one door is closing—many of us will no longer be living with our college friends or even in the same state. An era is ending. And yet, the future is bright. Another door is opening and a new, brilliant era is just beginning.



# Summa Cum Laude, 2019



**Name:** Hannah Abrantes  
**Major:** Psychology  
**Post grad:** She will attend UMass Boston to pursue her Master's in school psychology and will work in Boston Public Schools.



**Name:** Natasia Burzynki  
**Major:** Marketing  
**Minor:** Finance and Spanish  
**Post grad:** After a summer internship with the Procurement and Vendor Management Team at Goldman Sachs, she will be returning post-grad to begin fulltime employment with the Services Division.



**Name:** Mary Creedon  
**Major:** Quantitative Economics, and Sustainability (BA)  
**Post grad:** She will serve as an Americorps VISTA Native Food Sovereignty Fellow for the Food Sovereignty Initiative of the Rosebud Sioux Tribe on the Rosebud Indian Reservation in South Dakota.



**Name:** Ysabelle Errico  
**Major:** Elementary/ Special Education  
**Post grad:** She will be pursuing a Master's degree in moderate disabilities at Endicott College while teaching in an elementary school in Ipswich, Massachusetts.



**Name:** Kelli Jenney  
**Major:** History and Social Work  
**Post grad:** She will be attending New York University on scholarship to get my Master's in Social Work on the Advanced Standing Track.



**Name:** Danielle Maraia  
**Major:** Biology  
**Post grad:** She plans to apply to medical school for the 2020 cycle. During her gap year, she hopes to be working in a clinical research position.



**Name:** Nicola Altieri  
**Major:** Finance  
**Minor:** Mathematics  
**Post grad:** He accepted a role as part of IGT's finance rotation program with plans to rotate through FP&A, Treasury, and North American Lottery Finance.



**Name:** Isabella Christilles  
**Major:** Studio Art  
**Minor:** Art History  
**Post grad:** She will be working as an Exhibits Technician at the San Antonio Children's Museum in Texas.



**Name:** Kathleen Cullen  
**Major:** Mathematics and Secondary Education  
**Post grad:** She plans to teach high school mathematics to gain work experience before pursuing a graduate degree in either mathematics or an education related field.



**Name:** Taylor Godfrey  
**Major:** English  
**Minor:** Spanish  
**Post grad:** She will be taking the year off to work on applications for graduate school in English literature.



**Name:** Joseph Kapur  
**Major:** Finance  
**Minor:** Accounting  
**Post grad:** After graduation he will be living in Boston and working in Burlington, Massachusetts as an investment banking analyst at Mirus Capital Advisors.



**Name:** Amanda Barry  
**Major:** Accountancy  
**Minor:** Economics **Post grad:** She will be interning at Deloitte in New York City this summer and then returning to PC for the MBA Accounting Cohort Program.



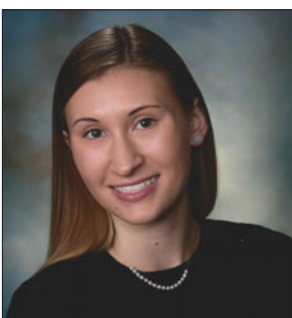
**Name:** Diedre Coulter  
**Major:** Mathematics  
**Minor:** Computer Science  
**Post grad:** She will attend the University of Notre Dame to pursue a Ph.D in Mathematics, with a fellowship and graduate assistantship.



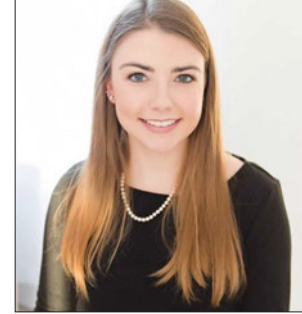
**Name:** Madeline Daly  
**Major:** Elementary/ Special Education  
**Post grad:** After finishing out the academic school year teaching in Attleboro, she plans to be a special education teacher in her home state of Connecticut.



**Name:** Victoria Grasso  
**Major:** Health Policy and Management, Biology  
**Post grad:** After graduation, she will be moving to Philadelphia to attend Thomas Jefferson University for her Masters in Physician Assistant Studies.



**Name:** Kathleen Kuzmin  
**Major:** Economics and Spanish  
**Post grad:** She will relocate to Boston following graduation to begin full time work at Liberty Mutual Insurance in their Analytics Development Program.



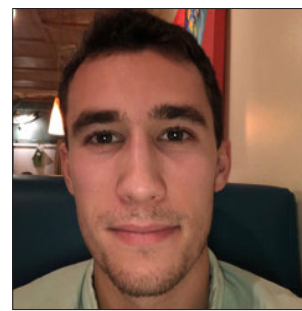
**Name:** Kellie Bessette  
**Major:** Marketing  
**Minor:** Finance  
**Post grad:** Beginning this summer, She will be working as a Business Associate on the Marketing team with Wayfair at their headquarters in Boston.



**Name:** Kevin Cranney  
**Major:** History  
**Minor:** Classics  
**Post grad:** He will be teaching English in Malaysia for a year on a Fulbright English Teaching Assistantship.



**Name:** Michael DeBarge  
**Major:** Political Science  
**Minor:** History  
**Post grad:** He will be attending the London School of Economics and Political Science for my MSc in Conflict Studies.



**Name:** Walter Phelps Jacob IV  
**Major:** Biology  
**Minor:** Liberal Arts Honors Program  
**Post grad:** Work at the National Institutes of Health (NIH) in Bethesda, Maryland doing Huntington's disease research, and then pursue an M.D./Ph.D. in neuroscience.



**Name:** Hannah Mackie  
**Major:** Global Studies and Sociology  
**Minor:** Asian Studies  
**Post grad:** Exploring her opportunities.





**Name:** Cassandra Pelli  
**Major:** Elementary / Special Education  
**Minor:** Theology  
**Post grad:** She will be a member of the Urban Catholic Teacher Corps at Boston College, earning a Master's of Education while teaching at Lawrence Catholic Academy.



**Name:** Nicholas Ogrinc  
**Major:** English and Philosophy  
**Post grad:** He will be applying to graduate programs and improving his language skills.



**Name:** Jacqueline Michels  
**Major:** History / Secondary Education  
**Minor:** Art History  
**Post grad:** Providence Alliance for Catholic Teachers (PACT Program) - teaching History in Worcester while getting her M.Ed at PC and living in community with other PACT teachers.



**Name:** Abigail Mattern  
**Major:** Marketing  
**Post grad:** Will work for LEGO Systems, Inc. in Enfield, Connecticut in the role of Associate Marketing Manager on the Digital Marketing team.



**Name:** Daria Purdy  
**Major:** Global Studies  
**Minor:** Economics and Writing  
**Post grad:** Pursuing her MS in International Communications at St. John's University.



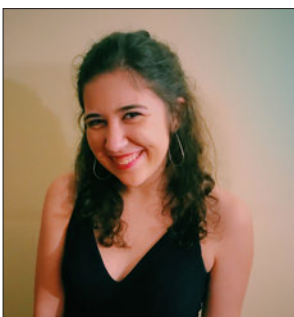
**Name:** David Quattrochio  
**Major:** Political Science  
**Minor:** Writing  
**Post grad:** In the interview process.



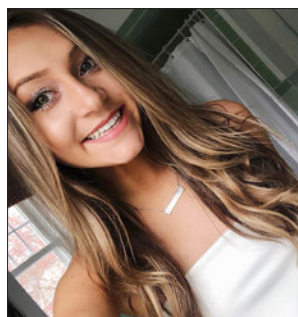
**Name:** Claire Rigaud  
**Major:** Mathematics  
**Minor:** Public and Community Service Studies  
**Post grad:** She plans to either teach Mathematics for a year or live in Angers, France for a year to reconnect with her roots while she applies to graduate school.



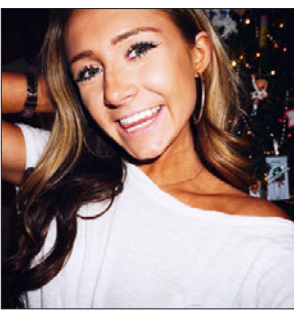
**Name:** Sarah Roberts  
**Major:** Biology  
**Minor:** Liberal Arts Honors Program  
**Post grad:** She will attend medical school in the fall although she has not yet selected an institution.



**Name:** Caleigh Rockwal  
**Major:** Sociology  
**Minor:** Black Studies and Political Science  
**Post grad:** She will be serving in the Teach for America corps as a middle school social studies teacher in South Carolina.



**Name:** Erika Ross  
**Major:** Social Work  
**Minor:** Management  
**Post grad:** This coming fall, she will be attending Fordham University's school of social work. She has been accepted into their full-time, advanced standing program to receive her Masters degree in Social Work (MSW).



**Name:** Erin Ross  
**Major:** Social Work  
**Minor:** Sociology  
**Post grad:** She will be receiving her master's in social work (MSW) from Fordham University's School of Social Work full-time advanced standing program starting this upcoming fall.



**Name:** Caroline Royal  
**Major:** Psychology  
**Minor:** Sociology  
**Post grad:** She is pursuing an M.S.Ed. in Counseling and Mental Health Services within the University of Pennsylvania's Graduate School of Education.



**Name:** Nicole Sileo  
**Major:** Biology  
**Post grad:** She will be attending Boston University School of Medicine in the Fall of 2019 to work towards receiving her M.D.



**Name:** Nikki Silva  
**Major:** Sociology and Political Science  
**Post grad:** She is beginning the Masters of Fine Arts Program at SMFA at Tufts in Boston this upcoming Fall of 2019.



**Name:** Georgianna Silveira  
**Major:** Biology  
**Post grad:** She is working for the City of Somerville, Massachusetts as their first Environmental Health Coordinator, currently focusing on rodent population control.



**Name:** Brenna Smith  
**Major:** Sociology and History  
**Post grad:** She will be working for the New York Liberty of the WNBA for the summer while pursuing a full-time position.



**Name:** John Stablein  
**Major:** Finance and Health Policy & Management  
**Post grad:** He accepted a Data Support and Solutions Analyst position at Remedy Partners, a healthcare software company based in Norwalk, Connecticut.



**Name:** Lindsay Stefano  
**Major:** Accounting / **Minor:** Finance  
**Post grad:** She will be interning at KPMG in Hartford, Connecticut this summer, and will be returning to Providence College in the Fall to complete her MBA in the Accounting Cohort 4+1 Program.



**Name:** Megan Stefanski  
**Major:** Accounting  
**Minor:** Finance  
**Post grad:** After graduation she will be moving to Boston, Massachusetts and working at EY in their FSO Assurance practice.



**Name:** Madeline Teixeira  
**Major:** Accounting  
**Minor:** Spanish and Latin American Studies  
**Post grad:** After graduation she will be living in Boston and working at PricewaterhouseCoopers.



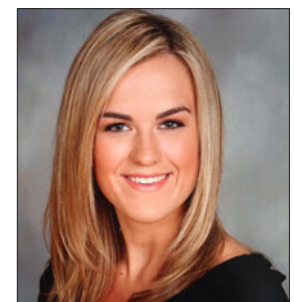
**Name:** Josette Tugander  
**Major:** Psychology  
**Minor:** Liberal Arts Honors Program  
**Post grad:** She will be working as a research assistant in a developmental psychology lab at NYU. She plan to soon pursue a graduate degree in school psychology



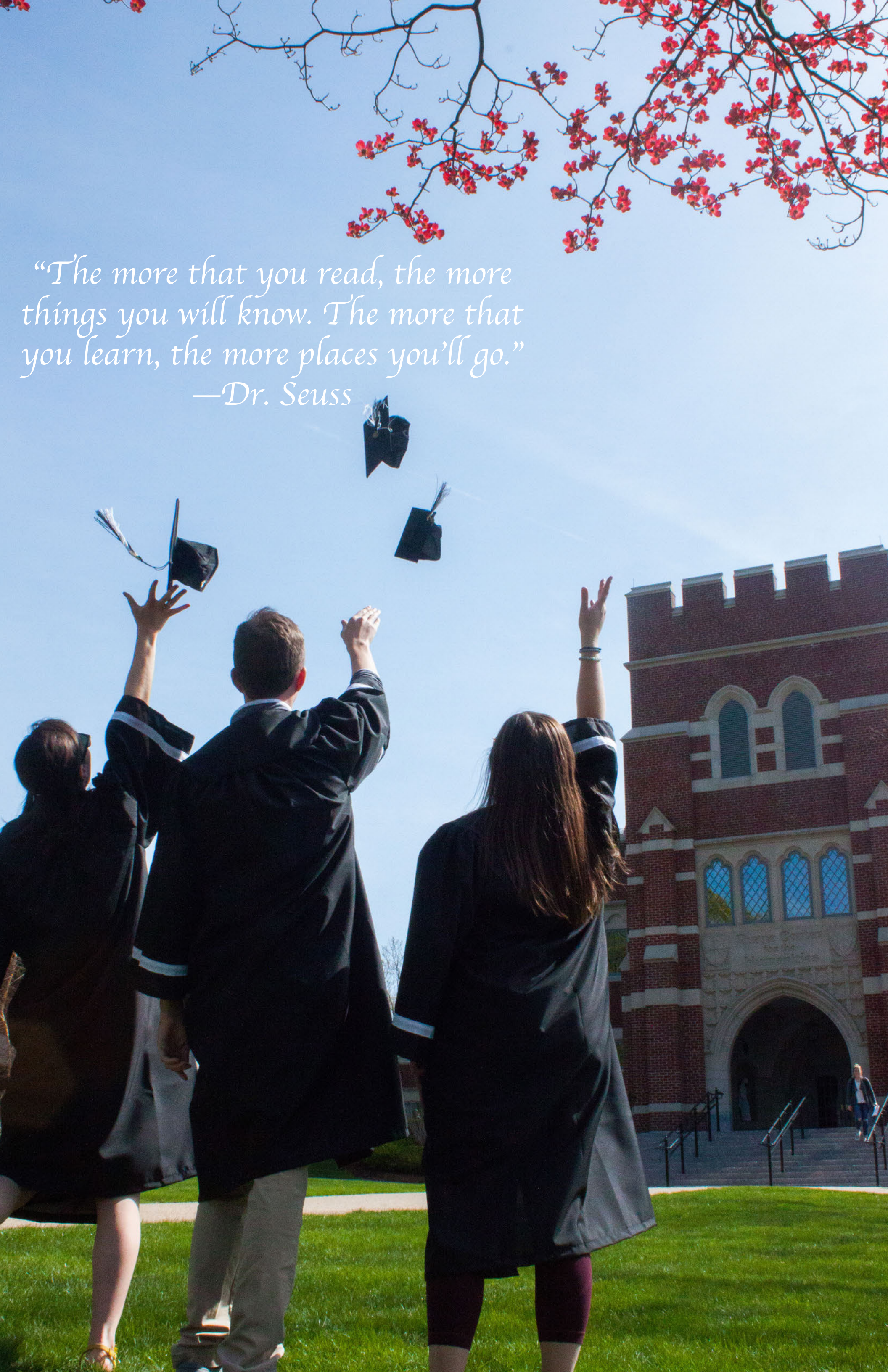
**Name:** Kerry Vitagliano  
**Major:** Global Studies  
**Minor:** Philosophy and Spanish  
**Post grad:** She is looking for jobs in the Higher Education Study Abroad Field in the Boston Area.



**Name:** Haley Wolfe  
**Major:** English  
**Minor:** Business Studies Certificate  
**Post grad:** She is currently applying to be a college admissions counselor at smaller, liberal arts schools along the East Coast.



**Name:** Sarah Zipp  
**Major:** Marketing  
**Minor:** Finance  
**Post grad:** She will be working at Lockton Companies as a Benefits Analyst in their Boston office upon graduation.

A photograph of three graduates in black gowns standing on a green lawn, throwing their black mortarboard caps into the air. In the background is a large, multi-story brick building with arched windows and a central entrance. The sky is blue with some red flowers visible in the upper right corner.

*“The more that you read, the more things you will know. The more that you learn, the more places you’ll go.”*

*—Dr. Seuss*