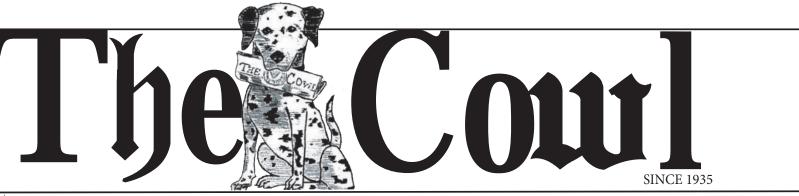
Providence College



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You're a Good Man, Charlie Brown Comes to PC The Student-Led Production Looks to Opening Weekend



by Peter Keough '20 A&E Staff

PLAY PREVIEW

During any given school year, Providence College's Department of Theatre, Dance, and Film will put on a sizable collection of shows. In 2018-2019 thus far, there have already been two completed large-scale theater productions, as well as multiple dance concerts.

The fall semester provided students with a production of *Bat Boy: The Musical*, while the department has just begun the spring semester with a run of *Lord of the Flies* performances. However, the next show to come out

However, the next show to come out of TDF is bound to provide viewers with something a little more close to home. Why? Because it is completely student-produced.

This upcoming weekend, TDF will be putting on an updated production of the 1967 musical comedy *You're a Good Man, Charlie Brown*.

TDF/Page 13

Directed by Teddy Kiritsy '19, You're a Good Man, Charlie Brown uses a small cast and a simple set to make a big impact.

LILLIE HUNTER '22/THE COWL

The Career Search Does Not End After the Expo There Are Other Resources On Campus for Students Post-Expo

by Maura Campbell '22 News Staff ON CAMPUS

Every Providence College student knows the anticipation leading up to the Career Expo: editing résumés, preparing introductions, and practicing their handshakes. The bright and bold signs around campus count down the days, encouraging students to get ready and excited.

Once the Career Expo has ended, students might find themselves without direction. Does the end of the Career Expo mean the job search ends, too? Not surprisingly, the answer to that question is no; in fact, the Career Expo can kick off the career search for many students, not end it. Despite this, it is common for students to feel unsure about what steps to take next. Stacey Moulton, associate director of the Center for



Moulton says, is using Handshake to further your career opportunities. Handshake, a platform that recently replaced eFRIARS, is used to connect employers with college students and recent college graduates.

PC's Handshake platform can be used to connect students specifically with employers that they met at the Expo.

Handshake is not exclusively for students looking for jobs right now, either. Moulton encourages students to utilize the platform to get some networking done, even if they attended the Career Expo just to get an idea of what it is all about. She explained, "If you are not looking for an internship or a job right now, let them know it was great meeting them and thank them for their advice." No matter how serious your job search is at this point, it is still helpful to make connections with potential employers.

CAMERON VILLARUEL '21/THE COWL

The Career Expo offers a chance for students to explore their post-grad options, but it is not the only place they can be looking.

Career Education, spoke about tips for students who may be struggling

with the post-Expo blues. One of the most important things,

Expo/ Page 4

UNDER TH	JEHOO	Providence College's Student-Run Newspaper Since 1935	
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NEWS

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PC Goes to D.C. for an 'Abroad' Experience

Students Work and Study in Nation's Capital

by Matthew Mazzella '20 News Staff

ON CAMPUS

Looking to study and gain experience in the nation's capital? Now you can, as Providence College has teamed up with American University to offer students the chance to study in Washington, D.C. for a semester.

The College is looking to give students more opportunities to gain exposure and broaden their horizons. This program gives students a chance to stay on American soil and get work experience through an internship in Washington, while taking classes towards their degree at PC.

Dr. Joseph Cammarano, professor of political science, is the director of the Washington Semester program, and he believes this opportunity is a great

chance for students to gain some valuable experience. Cammarano said, "The program is designed for students who wish to spend time gaining valuable and practical experience in public affairs, including law, journalism, public health, government, business, economics, and politics."

He continued, "Once an area is selected, students complete a related internship, seminars in the concentration area, and an optional elective course in any discipline offered at American University."

One of the biggest myths about this program is that it is only for political science majors.

Cammarano emphasized that it is open to all majors, stating, "Any major can find an internship experience and seminar that relates to their academic and career interests. In addition to political science, students from economics, business, philosophy, English, history, health policy, psychology, art, and theology have attended the program in recent years."

When asked about the benefits of the internship experience, Cammarano said "It provides an enormous number of internship opportunities in almost any discipline (for example, a biology major could intern at the National Institute of Health), access to a wide array of free cultural and political venues, and provides a wonderful international Capitol Hill is a large tourist attraction in Washington, D.C.

United States but would like a chance to study for a semester elsewhere and broaden their educational experience."

Matthew Williams '22 believes this is a great opportunity for PC students and that the program is something he could see himself taking advantage of later in his academic career.

Williams said, "I never knew about this program. With the study abroad program so popular here, it is easy for this program to fly under the radar. This program sounds very interesting, and is something I will definitely take into consideration."

With the addition of this program, students no longer need to go overseas to gain a new

experience for students who prefer to remain in the perspective. Living in another country is not for everyone, which is why this program is so great for Friars looking for a different experience.

Having the opportunity to get an internship not only offers a great experience in your major, but also allows for great networking opportunities for the future.

This is a great opportunity for students at the College. With the professional world getting more competitive, this is a great opportunity for students to get hands-on internship experience as a part of their course of study while studying in Washington. PC students now have the chance to build their résumés in the nation's capital.



PHOTO COURTESY OF OREILLY.COM

Extra! Extra! Read All About It! Phillips Memorial Library Partners with National Newspapers

by Kelly Martella '21 News Staff

ON CAMPUS

the library's recent partnerships.

Phillips Memorial Library recently purchased campus-wide licenses to the New York Times and the Wall Street Journal websites. Both newspapers have been in publication since the mid-19th century and are currently the 2nd and 3rd largest in U.S. circulation, respectively.

Morning and evening papers would be delivered to the front door twice a day, keepng the public informed about breaking news in their communities and from around the world.

the new partnership will allow direct access to the New York Times and the Wall Street Journal websites.

There are many benefits of this added feature. Assistant Library Director Sarah Edmonds explained, "Access to their websites allows for browsing and a more immediate, dynamic experience." are great academic These resources, and many students utilize the already existing databases for research purposes. However, the new partnership has a wide range of benefits beyond academics, and the library hopes the community will take the opportunity to explore them. "We know that they are great tools for teaching, as well as professional and personal growth and civic engagement," said Edmonds. "We hope that many members of the PC community will take advantage of these partnerships." These services will be available free of charge to everyone in the PC community-students, staff, and faculty. To sign up, contact Edmonds, or stop by Phillips Memorial Library to get more information.

Newspapers offer unique perspectives and historical contexts that can only be found in periodicals, and now millions of pages of them are readily available online. At

There was a time when reading the newspaper was the only way for people to keep up with current events.



The newspaper remains a reliable source of information.

PHOTO COURTESY OF BUSTLE.COM

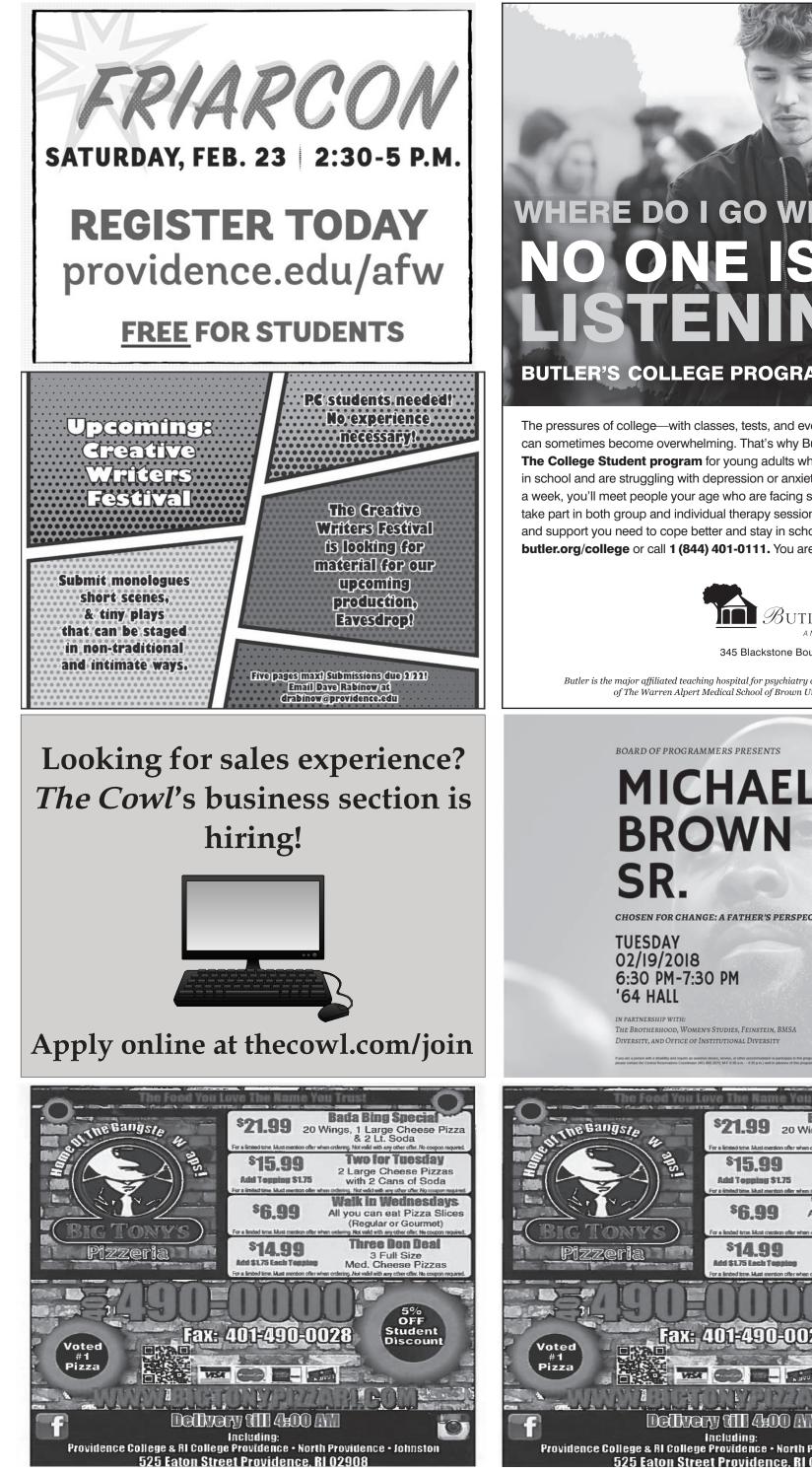
While this was the norm only a few decades ago, it now seems archaic to younger generations, college students in particular.

As the world becomes more digitized, it may seem like there is a lesser need for newspapers. This may be true in the physical sense — people are now more likely to scroll through articles on the Internet than actually flip through the paper.

But even in the world of Twitter feeds and Facebook updates, a newspaper can still be one of the most reliable sources of information.

Recognizing this modern dilemma, and in an effort to evolve in the digital world, almost all newspapers are now accessible online. This is not only true of issues that are currently being published, but many sites include past publications with articles spanning throughout history.

Content from these publications is already available to the PC community via the library's databases, however,



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<u>4 The Cowl</u>

Don't Let the Career Expo be an Expiration Date Steps for Students to Take Post-Career Expo

Expo:

Continued from front page

Keeping the momentum going, Moulton says, is important as well. She recommends using Handshake not only to connect with Career Expo employers, but to explore other career events and opportunities as well. The Career Expo is not the only career event in Providence, and the Center for Career Education is available throughout the semester for career advisement and coaching.

Another important aspect to consider following the Career Expo is the sheer number of opportunities available. Over 100 employers attend the Career Expo, which can be overwhelming. The large number of employers and career opportunities at the Expo can lead to confusion, particularly among students who may be undeclared or who are still unsure of a career path.

Moulton's advice for these students is to look at both their interests and their strengths. Though this might seem like simple advice, it can be difficult to actually observe and list your own interests and strengths.

"Family and friends can be a great help brainstorming these lists," Moulton said, adding that the Center for Career Education offers additional helpful resources.

The Center for Career Education recommends two online assessments, Focus and StrengthsFinder.

After the Career Expo, it is also important to continue networking. Networking does not just help with getting an internship or a job, but Moulton says it can also help students to "get an insider's perspective regarding the position and the organization" and determine whether they want to pursue these careers further.

Just as it is important to prepare for the Career Expo, it is important to follow up with employers,

opportunities and interests afterwards as well. Ŝimply put, the Career Expo should be used as an

opportunity to further job opportunities, and these

opportunities do not end with the Expo itself.

As always, the Center for Career Education is open for daily drop-in hours Monday through Friday from 10 am to 4 pm in Slavin 108.

Even though the spring Career Expo is in the rearview mirror, the opportunities for networking and furthering your career certainly are not.



The Career Expo offers students the opportunity to network with future employers.

CAMERON VILLARUEL '21/THE COWL

Be a Pioneer by Building Your Own Major A Look into the Process of Making an Individualized Major

by Kellie Johnson '22 News Staff

ON CAMPUS

At Providence College, students are privileged enough to receive a well-rounded education. The core curriculum is structured to give exposure to all different types of studies. From Development of Western Civilization courses to your natural science courses and so on, students are gifted with the ability to expand on their knowledge based on what they love.

While PC offers an extensive amount of majors to choose from, some students choose to expand their education and work with Director of Academic Advising Peter Palumbo to create an individualized major which is a unique and special opportunity.



In Harkins 213, students are able to drop by the office and pick up an information packet including all of the tools needed to create their own major.

In this document, students are required to get signatures from various advisors who are able to contribute to the major they are trying to create.

Students are expected to write a proposal, which includes their experience so far at PC, and why their current major is not the appropriate path for them.

major, you need to identify what

Students are given the freedom to create their own major based on pre-existing courses at PC.

PHOTO COURTESY OF WRITEMYPAPER4ME.ORC

your future, and how you are going to get there. It is the student's responsibility to meet with various academic advisors and professors on their own time in order to establish an academic plan.

In your academic plan, you have to identify your possible future goals and careers you could be interested in. Nobody will hold you accountable for these jobs, but in order to go through this process, students should show their passion and drive for their future endeavors.

Students then must map out the In order to create your own required courses for this major, and the credits earned from each course. it is exactly you want to do with For example, Corrie Traverse '20 made her own communications major. She carefully chose courses that would be required for her to pursue this communications degree, such as marketing and English courses. She identified the specific courses she plans on taking within her four years, along with electives, and justified why each course would benefit her education.

The last step on this document is to decide the classes you want to take to fulfill your core curriculum at the college.

Finally, students map out a general idea of the courses they intend to register for the rest of their years in college. This involves an organizational skill recommended for all students.

Various students on campus are working through this process to create minors as well. For example, a group of business students are working to create a psychology minor. Eventually, they hope to map out a curriculum that can be utilized school-wide for students with same interests as them.

Many students do not know about this opportunity to individualize their education. This is a valuable tool at PC, and students are encouraged to take advantage of it and create an education personalized to their needs and interests.

Understanding Homelessness in Rhode Island Dr. Eric Hirsch Discusses His Recent Research

by Alexandra Huzyk '20 News Staff

ON CAMPUS

Dr. Eric Hirsch, professor of sociology at Providence College, has dedicated his life's work to the fight for social justice, particularly, acting as an advocate for the homeless.

"When I was at the University of Chicago and taught at Columbia...I did a lot of community organizing and mainly tenant organizing," said Hirsch. "When I got to Rhode Island, I looked around for similar organizations and there weren't any. Which raises an interesting question, which is: why are there so few tenant organizations?'

Hirsch explained that according to the most recent data, collected in 2017, there were between 4,000 and 5,000 homeless people identified in the state of Rhode Island.

includes every This number individual who has stayed at least one night in a homeless shelter. However, of this group, about 1,000 people have been homeless for an extended period of time.

"I still think it's one of the worst things in our society that we allow homelessness to continue, when we know how to end it," said Hirsch, who believes that ending homelessness is a relatively easy and possible reality.

The solution, according to Hirsch, is to place people in apartments. "What we've shown through evaluative research, is that if you put people into apartments and surround them with supportive services," for disabilities, substance abuse, and mental health,

"then we can solve long-term homelessness."

This conclusion has developed over a period of time, stemming from an initial approach called 'Housing First.'

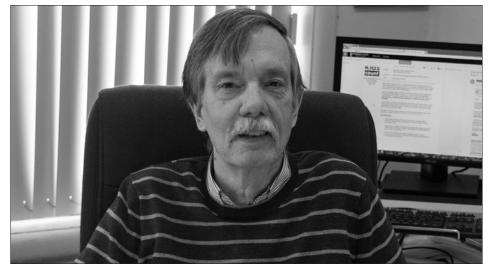
This method began in the 1980s and extended into the early 1990s, promoting the building of shelters for the homeless. In these shelters, it is typical that people have no privacy and are often surrounded by people struggling with substance abuse or mental health issues.

After the 'Housing First' approach, transitional housing programs were put into place to help transition people from living in shelters to permanent housing. Hirsch said, "We ultimately found that we couldn't find permanent housing at the end of the two-year program."

"The state of Rhode Island does very little to provide units, rental subsidies, and support services, unlike other states," said Hirsch. The Rhode Island government allots \$15 per person, which totals an approximate budget of \$15,000,000 to provide these necessary resources. In comparison, Connecticut and Massachusetts provide \$80 and \$100 per capita, respectively.

He cited this lack of funding and the government's focus on creating tax cuts for the wealthy, as well as trillions dollars of military spending, of delaying the implementation as of resources that can help to end homelessness.

"Our problem is much smaller than other states, but we don't have the political will to solve it," explained Hirsch. "The legislature, general assembly, and governor have to hear



Dr. Eric Hirsch advocates tirelessly for the homeless in Rhode Island. CAMERON VILLARUEL '21/THECOWL from their constituents." place for people to live," Hirsch stated.

As for public awareness, Hirsch said, "I think there are tons of rationalizations that people have to not feel guilty about poverty and homelessness."

He said that the most common arguments, that homelessness is attributed to laziness or severe incurable mental illness, are the furthest explanations from the truth. Oftentimes, homelessness is a result of an unfortunate series of catastrophic events occurring in a person's life.

"I try to make sure people's stories get out there so that the public can understand the reality of the situation and push for the housing programs that we need."

Hirsch is currently on sabbatical and has been working to close Harrington Hall Men's Shelter, a homeless shelter located in Warwick, Rhode Island.

"The shelter is not an acceptable

"We certainly have the resources to prevent people from sleeping in a place like this night after night, so why not use the money that keeps the Hall open for rental subsidies and apartments?"

Hirsch further explained that it is cost-efficient to create apartments, as it reduces the staffing costs in shelters and the necessity of emergency medical services.

Besides efforts to transition the men living in Harrington Hall into permanent residences, Hirsch has also been working to create a law that will ban landlords' discrimination on the basis of income.

For students who wish to become involved in the fight to end homelessness, Hirsch said that he can help connect students with the RI Coalition for The Homeless or a policy committee named The Housing and Homelessness Policy group.

Featured Friar: Nolan Donato '22 Freshman Steps onto the Stage Rather than the Rink

by Malena Aylwin '22 News Staff

FEATURED FRIAR

Nolan Donato '22 has already made quite an impression on the theatre, dance, and film department. In only his first year at Providence College, Donato has already joined several clubs and organizations like the A capella group, theatre, and church choir.

Donato recounts his earlier childhood times, stating, "When I was around eight years old, I remember jokingly singing the national anthem to my parents and for some reason, my mom just told me to keep on singing. Truth be told I absolutely hated it," he said.

primarily a hockey family; one of my brothers plays for the Bruins and the other one plays at Harvard. So obviously I was more of a sports kid; I used to play hockey all my life."

"Around my junior year of high school, I realized how much I really like singing and from there on I started to pursue it more and more, and now I am actually doing it full time which has been amazing for me," said Donato. He added, "I want to shout out to my family because when I realized that I wanted to sing instead of hockey, they have been more than supportive. I also wanted to say how great they have been with all of this."

After finally realizing that he was going to pursue singing, he enrolled at PC as a theatre major. "When I first got to school I was lucky enough to join 'Special Guests,' an all-male A capella group. It's a great group of people that I can kind of share a passion for music with. It has been a lot of fun doing that,"

stated Donato.

He also talked about his experience as a theatre major, saying how he is involved with the theatre department at PC, specifically musical theatre. "The whole experience has been great and very fun especially working in the Charlie Brown play," said Donato

Donato will appear this weekend, Feb. 15-17, in the famous Charlie Brown play, put on by the theatre department here at PC. "The people down there at the theatre department have been nothing but amazing," recounted Donato. He took a moment to thank all of his teachers and current peers for their help and warm welcoming

He later added that nobody in his family had pursued the "artistic" road. "My family was



Donato '22 performs at Rhode Island's local club, The Met.

Aside from theatre and A capella, Donato also sings at the 10 p.m. masses on Sundays. He says that the experience has "been really life changing for me, so I am also very grateful for that."

Donato also talked about people he has met and friends he has made. "There are a couple juniors and seniors in it, too, so that has helped me meet new people too." This has helped him branch out and at the same time make friends in all of the organizations he has joined.

Donato wishes to pursue his artistic side in the future. "I definitely want to continue this, and it is something that I can hopefully pursue whether it is theatre or a solo career in the future," he said.

He also stated that he is currently working on his music, saying, "Right now I'm in the works with a couple of things for my solo career which has been really good, I am just starting to put covers on the internet."

He is very hopeful for his career and is certain that being here at PC has given him a better and broader look at what he loves. "Hopefully by the time I graduate I have a better sense of what I love, but for now I think it's going great," ended Donato.

You can find Donato's music on SoundCloud under his name: Nolan Donato.

PHOTO COURTESY OF NOLAN DONATO '22

Bursting the PC Bubble

President Trump Gives Controversial State of the Union Address

by Kyle Burgess '21 Assistant News Editor

WORLD NEWS

OnTuesday, February 5, President Donald Trump spoke before Congress and the viewing American public in his annual State of the Union Address on Capitol Hill.

The address was originally intended to be delivered a week prior during the time of the federal government shutdown, but Speaker of the House of Representatives, Nancy Pelosi, requested that President Trump postpone the event until the shutdown had concluded.

According to the president, Pelosi elected to delay his address because she "doesn't want to hear the truth," adding that the Democratic Party at large had become "radicalized" and "very dangerous." Cooler heads prevailed, however, and President Trump conceded to her plea.

With the backdrop of tense political antagonism and right off the heels of the longest government shutdown in the nation's history, many Americans had high expectations for President Trump's message.

The evening began in the same maverick fashion which helped Trump to gain a large nonconformist following, with the president immediately diving into his speech without pausing for an introduction by Speaker Pelosi to the joint session of Congress.

Pelosi has since maintained that she did, in fact, introduce Trump and that no political slight occurred.

In ditching formalities, Trump attempted to begin his speech by reaching across the aisle to tap into the "unlimited potential" which could help to advance a nonpartisan agenda. He reminded those present that "millions of our fellow citizens are watching us now, gathered in this great chamber, hoping that we will govern not as two parties but as one nation."

His attempts at political unity were met with applause as he paid tribute to the courage and life of Joshua Kaufman, a Holocaust survivor and former Israel Defense Force member who embraced American ideals of equality and diversity when he moved to the United States.

Trump received praise in highlighting the **President Trump speaks before joint session of Congress.**

in Congress, many of whom attended his address donning white clothes in commemoration of women's suffrage won nearly a century ago.

Over the course of his hour and 22-minute long speech, President Trump shared the legislations he hopes to enact over the remainder of his first term in office: the elephant in the room being the construction of a wall on the United States' southern border. While the president maintained that a wall would be raised with or without congressional approval, he amended his original promise of a concrete wall to a more effective see-through one.

President Trump also called for an end to the investigations led by special counsel Robert Mueller into possible Russian collusion within his presidential campaign launched back in May 2017, claiming, "If there is going to be peace and legislation, there cannot be war and investigation. It just doesn't work that way!"

Perhaps one of the more controversial topics President Trump addressed was a potential law which would ban late-term abortions.

While very Republican in nature, these words seemingly contradict the opinions of a once "very pro-choice" New York businessman before bursting

record number of women representatives serving into the spotlight as the Republican presidential nominee.

> While a Democrat-controlled House would ensure such a law is not enacted for the foreseeable future, President Trump's stance served as a direct attack on the Reproductive Health Act in his home state which guarantees a woman's right to abort a child after 24 weeks of pregnancy if her life or health is at risk.

> Other topics of discussion during President Trump's address included the passing of a bipartisan infrastructure bill, another scheduled meeting with Chairman Kim Jong-un of North Korea in late February, the necessity to lower the cost of health care and prescription drugs, and the protection of patients with pre-existing conditions.

> Despite the president's attempts at promoting unity amongst Democrats and Republicans, his opposition was not very impressed, taking major issues with his remarks on abortion and insistence on a border wall in particular.

> It would appear that President Trump's America continues to struggle in a state of disunity, one which he hopes to remedy during his remaining two years in the Oval Office.



PHOTO COURTESY OF PBS.ORC



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Last Week's Answers

Across

- 3. Laura
- 4. Hannah
- 5. Courtney
- 8. Nicole
- 9. Kathy
- 11. Katie
- 14. Meaghan
- 15. Hannah
- 18. Oliva
- 19. Annie
- 20.Grace

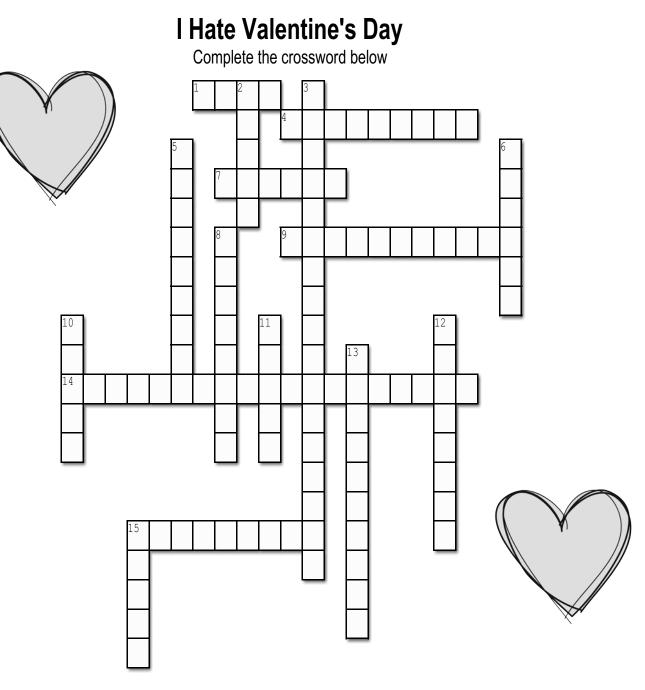
Down

1. Taylor

2. Andrea

6. Tuyehan

- 7. Pat
- 10. Abigail
- 12. Hannah
- 13. Jack
- 16. Sara
- 17. Connor



<u>Across</u>

1. 'l ____ you!' 4. In 1537, this English king officially declared February 14 the holiday of St. Valentine's Day. 7. Every year, thousands of romantics send letters addressed to

Verona, Italy to this famous Shakespearean character. 9. These candies have become a staple of Valentine's Day.

14. If you're single don't despair. You can celebrate this day instead. 15. Every year, more than 36 million heart shaped boxes of this candy are sold across the country.

Down

2. The red rose was the favorite flower of this goddess, the Roman goddess of love.

3. During the Victoria Era, those who didn't want the attention of certain suitors would anonymously send...'_

5. Physicians of the 1800s commonly advised their patients to eat to calm their pining for lost love.

6. Where was the first valentine written from?

8. In 1913, this company was the first in America to mass produce Valentine's Day cards.

- are red, violets are blue.' 10. '
- **11.** This beats approximately 60 to 100 times a minute.

12. This profession receives the most Valentine's Day cards, ahead of mothers and wives.

- 13. These two colors are know to be the colors of love.
- **15.** This iconic Valentine's Day figure began as a Greek god.



like my 20th







Cartoon by Mark Fairchild '20

OPINION

February 14, 2019

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Plea to Public Safety Let Uber and Lyft Drivers Through Huxley Gate

by Kelly Wheeler '21 Opinion Staff CAMPUS

When passing by the Huxley Avenue gate at Providence College, there is a high chance of seeing at least one student being picked up or dropped off by an Uber or Lyft driver. Ride sharing services are frequently utilized by PC students to reach their off-campus destinations.

However, as it stands, PC does not allow ridesharing drivers to pass through the Huxley Avenue gate, forcing students to be picked up and dropped off by these drivers on the perimeter of campus. Although this may seem trivial, allowing rideshare drivers to have access to the rest of campus would make the lives of students considerably more convenient.

The arguments for permitting rideshare drivers to enter campus extend much further than simply wanting to minimize the amount of walking involved out of sheer laziness. Many students who live on campus use ridesharing services to go grocery shopping. Thus, as a result of PC's policy, students must lug their bags full of groceries from the gate back to their rooms when they return from their trip. This is a difficult thing to do, and students would not have to struggle across campus with their bags if drivers could drop them off outside of their dorms.

Additionally, walking to and from the Huxley Avenue gate can be unpleasant when the weather is poor. New England winters can be very harsh, and it is not fun to trek to and from your Uber or Lyft in freezing temperatures or while it is snowing.

This policy also negatively affects students who have injuries that cause them to have trouble walking, such as Delaney Mayette '20. She said, "Last spring I took an Uber back from the hospital after I fractured one of the metatarsals in my foot. My Uber driver wasn't allowed past the gate, so I had to crutch all the way back to Aquinas."

PC restricts ridesharing drivers from entering campus as a preventative measure. Koren Kanadanian, director of public safety, said, "Once a vehicle is let on campus and we lose sight of them, they could park some place on campus and wander around. This brings up safety concerns. We want to make sure they are not wandering campus or dorms looking for students."

Although the College's safety concerns are valid, both Uber and Lyft conduct background checks on all potential drivers. Along with screening their driving records, these companies conduct criminal background checks on applicants to prevent those who have been convicted of various offenses, such as crimes that are violent or sexual in nature, from being hired.



Cars must check in with the security guard at the Huxley gate before entering campus.

Additionally, the Huxley Avenue gate is often left open when there are sporting events on campus, allowing anyone to come onto campus presumably to watch a game. If PC is comfortable letting unknown people pass through the gate at times like these, the College should be willing to allow ridesharing drivers to enter campus, especially considering they have passed a background check. Ridesharing services are incredibly popular among PC's student population. Although walking to and from the Huxley Avenue gate is not an impossible feat, there are many circumstances in which students would greatly benefit from being able to get picked up and dropped off by an Uber or Lyft driver right outside of their dorm building.

Commence On-Campus Composting

by Joshua Chlebowski '21 Opinion Staff CAMPUS

Composting is a wonderful way for unwanted food scraps to transform plant life, a juxtaposition between the unattractive remains of food and the beauty that comes from flowers and other vegetation.

Here at Providence College, there are currently no on-campus options for students interested in composting their leftover scraps. While off-campus options, such as the "Compost Depot" at Frey Florist, are touted as close-range choices available for students, they are not frequently utilized by students due to the fact they are out of students' ways. many students who live on campus do not have access to their own cars and are almost certainly not going to take an Uber with their compostables in hand.

This resigns them to an approximately 15-minute walk through the streets of Elmhurst with compostables in tow. Needless to say, this is not attractive to many students at the College.

Rallying students behind environmental causes is usually difficult, with many wondering how issues like disposing of recyclable items and trash in the correct bins will have an effect on their lives later on. The issue with off-campus composting locations is that they discourage students who would normally support environmentalism. The idea of first having to collect their compostables, then bring them on a stroll through the city in order to dispose of them turns even the most devoted, environmentallyfriendly students away. Additionlly, with the large number of products that can be composted (fruit peels, certain napkins, and types of tea bags) and are consumed and used by students, multiple trips to the Compost Depot would seem necessary.

Without a car, though, students are not likely to make the trek every few days to dispose of these items in an environmentally-friendly manner.

This does not mean that students should stop composting, or that composting is a waste of time. Rather, there are steps that the College can take in order to promote this behavior amongst its student

Frey Florist's Compost Depot, for instance, is only a five-minute drive from the PC campus. However,



Inside Frey Florist's on-site composting project.

body.

One option would be to install sites on campus for collection of compostable items, and eco-oriented groups could arrange for the transportation of these items to sites such as Frey Florist's Compost Depot at regular intervals.

During the academic year, students are shown just how much food is wasted in the dining halls on campus. Providing a composting collection receptacle within these locations could assist in minimizing the amount of food which is thrown out at meals.

Perhaps, a more ambitious plan would be to create composting locations here on campus. This would allow students to both contribute to the creation of compost, as well as to see the benefits of composting during the warmer months when the flowers and foliage of PC are in full bloom.

Though often overlooked, composting offers a way to recycle food and other disposable items, returning them to the soil in a way that benefits future plant life. Finding ways to make this ecofriendly option accessible to students here at PC will go a long way in creating environmentally conscious individuals, as well as contributing to campus beautification efforts.

NORA JOHNSON '20/THE COWL

by Angela Bueso '22 **Opinion Staff** SOCIETY

"Walls work and walls save lives," said President Donald J. Trump.

Walls—we see them all around us, literally. They are used to separate two entities from each other. Be it the walls in our dorms, which sometimes we wish were thicker, or those hypothetical walls that some people create in their minds to protect themselves from getting hurt. Some more "modern" walls are made of clear glass, which could end up being very fragile and offer no privacy.

Regardless of the material they are built from, they all have one thing in common-their purpose. Bottom line: walls are made for dividing,

isolating, and segregating. In 2015, billionaire Donald J. Trump began his campaign for the presidency, claiming he would "Make America Great Again." This automatically lead to the conclusion that he believes America is not already great, claiming that he would build a wall on the Mexican border to prevent immigrants from illegally entering the country. His whole focus and gimmick during this period was building "The Wall." He claimed that this mega

construction would be paid for by

the Mexican government and went so far as to assert that it was definitely going to be built. The topic of the wall and the immigration issue in the United States was once again discussed at his 2019 State of the Union Address, where he dedicated approximately 15 minutes to this issue.

Instead of appealing to a divided nation by spreading love, joy, or compassion, he appealed to the worst traits of human naturehatred and animosity.

Aren't we taught in school that the

purpose of history is to learn from me tell you something: a wall will the mistakes our ancestors made in the past and not repeat them?

Did we not learn anything from the Berlin Wall? Didn't Albert Einstein say the definition of insanity was doing the same thing over and over again and expecting different results? Didn't we praise President Ronald Reagan when he demanded that Mikhail Gorbachev, leader of the Soviet Union, "Tear down this wall!"?

Dear President Trump, as smart and interesting as I may find you, let



President Trump delivering his 2019 State of the Union Address.

not solve the immigration problem. As long as the countries these people are coming from continue to have high levels of violence, low GDP, deplorable living conditions, little to no job opportunities, and gargantuan numbers of people in poverty, the people will keep coming. It is human nature to survive. Darwin said it best: "survival of the fittest." Something in their hearts and brains motivates immigrants to look for better opportunities and to provide for their families. A wall cannot stop this drive.

Instead of wasting \$25 billion on building a wall, which will only protect one entrance to the United States, try allocating that money to aid majority countries, those same countries where the immigrants are coming from.

Subsidize U.S. companies to work with Latin American companies, which will provide more jobs and contribute to a more stable economy. People are not leaving their countries because they want to, but because they have to in order to have a better lives.

The idea that a wall on the southern border will solve the United States' immigration issue is not only erroneous but also foolish. When someone's back is against a wall, they have no choice but to push forward, and to look for new ways to cross over.

The Danger of Crime Entertainment Ted Bundy and You Glorify Criminal Behavior

by Bridget Blain '19 Opinion Staff

SOCIETY

Fascination with true crime is nothing new, but lately it seems impossible to get away from movies and documentaries about the dangers of charming criminals. Shows like Netflix's You and Conversations with a Killer: The Ted Bundy Tapes, along with the recent film about Bundy, *Extremely* Wicked, Shockingly Evil and Vile, seem to have created a blurred line between villain and hero.

The image of the suave, charming man who ends up being a killer has long been romanticized in films and literature, but takes on a different

to make it seem as though someone who did such terrible things deserves to have an entire documentary series based on their actions and justifications.

While it is beneficial to raise awareness that even seemingly normal, charismatic people can be dangerous, that message can be conveyed in a way that does not simultaneously glorify the criminals themselves.

Netflix's show You has also been criticized for romanticizing the main character, despite his incredibly violent actions. The main character portrays himself as a seemingly nice guy who commits violent crimes to protect his loved ones.

it paints his character in such a way that the

criminals are repeatedly portrayed in the media as beautiful and charming people with hidden double lives, the threat of normalizing male violence becomes possible.

While in order to accurately portray criminals such as Bundy it is necessary to show how they use their charming and "normal" personas to commit crimes, this is where the potential romanticizing should stop.

In most cases, the physical looks of a criminal should not be relevant or even be mentioned when analyzing their actions. There is a fine line between acknowledging that looks can be deceiving, and completely focusing on the outward appearance While the show is not condoning his crimes, of these criminals. There are so many groups of people whose voices are not heard, and it can be viewer may often find themselves sympathizing disheartening when people who commit terrible with him, even if just for a moment. When these crimes are given that platform instead of them.

significance in the digital age.

While the popularity of documentaries and films about true crime has created important conversations about the potential normalization of male violence, it has also led to audiences beginning to romanticize these seemingly "normal" criminals.

One of the most fascinating aspects of the show You and the documentary series The Ted Bundy Tapes is that they have given viewers the opportunity to get inside the head of terrifying criminals.

Not only that, but these are criminals who do not fit the stereotypical image of what we imagine a criminal to look like. It is human nature to want to understand what drives people to act in such horrific ways, but these shows have also raised concerns over whether or not the voices of these criminals should be heard.

In The Ted Bundy Tapes, for example, it becomes obvious that Bundy wanted to gain fame and attention for his crimes, which is exactly what these new documentaries and films are allowing him to do.

Should the voice of someone who committed such violent acts be listened to? It is dangerous

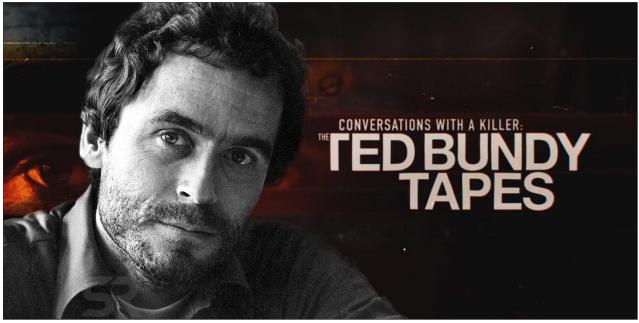


PHOTO COURESY OF SCREEN RANT

The first episode of Conversations with a Killer: The Ted Bundy Tapes aired on Netflix in late January 2019.

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Working Towards 'Friar Family'



by Taylor Godfrey '19 Editor-in-Chief

EDITOR'S COLUMN

The phrase heard most often on the Providence College campus is probably "Friar Family." Friar Family means that all students, staff, and faculty are supposed to be welcome and accepted in the community on this campus. And with Spotlight Providence, the first accepted students event for the class of 2023, happening this weekend, the

Friar Family will soon be growing and changing.

With last year's freshman class being the most diverse class of students vet, it is clear that the Friar Family is changing and will continue to change. Just like a traditional family, there will be disagreements and difficulties. But the wonderful thing about the Friar Family is the many different ideas and experiences that each member brings to campus, even if that means there will be arguments and disagreements. Throughout life we will all be in situations with people who do not share our opinions and college is a time when we can work on having these difficult discussions and on learning to have them respectfully.

It is not and never will be enough to continue to say "Friar Family" without understanding what must go into that idea. Families are never easy. They are made up of many different people with different ideas. Some may seem entirely unconnected except by genetics. Some may not be connected by genetics at all. But the concept of a 'family'

represents something enduring. The PC community is not just a group of people, but a family of people. And as anyone who has had an awkward family holiday dinner can tell you, avoiding difficult topics for the sake of 'family' is not a strategy that ends well. Work must be done to ensure that the "Friar Family" truly does mean family to everyone.

What is strange this year is that as I show PC off to these new members of the Friar Family, this is the first class of students that I will welcome to the College and yet, will never share the campus with. While I will still consider myself part of the PC community, the other members of the class of 2019 and I will soon no longer be involved in the discussions that happen on campus.

It will be up to the current and new students to continue to make the Friar Family on campus a family for everyone. It is important work, and if we are dedicated to the Dominican values of love and truth on which this school was founded, it is work that matters to each and every one of us.

TANGENTS & TIRADES

E-Tipping: Compensation for Dunkin' Nation

Dunkin' holds a special place in the hearts of Providence College students. The New England staple energizes exhausted students with its iced coffee, and employees always serve the muchneeded caffeine with a smile.

However, since most students pay with a card, these employees could be missing out on possible tips. A solution to this problem would be the installation of an electronic tip option, as seen at other businesses, in which the customer can opt to tip through their card.

In some businesses, the electronic tipping occurs at the end of a transaction. A pop-up on the screen offers the customer to select a percentage to tip, usually ranging from 10 percent to 20 percent.

Other establishments offer a "roundup option" which gives customers the option to tip change up to the next full dollar. For instance, if a coffee costs \$2.45, the remaining 55¢ can be allotted for tipping to reach a full \$3 charge on the card. This works similarly to cash tipping, since the majority of tips from cash usually originate from remaining coins. Since the Dunkin' employees work hard to provide a valuable service, always with great effort and friendliness, an electronic option for tipping can demonstrate the appreciation for their dedication. In this way, students can thank the employees for making their beloved coffee. After all, PC runs on Dunkin'.

`Democracy Dies' Ad Pays Respect to Journalists

Amongst the usual plethora of car and Bud Light commercials seen during this year's Super Bowl, there was an advertisement that stood out among the rest: the Washington Post's "Democracy Dies in Darkness" ad.

While Super Bowl commercials are usually funny and lighthearted, the Post took their ad in a different direction this year. They decided to highlight the importance of their work while also paying tribute to journalists who have been taken hostage and killed in the past few years.

The commercial emphasizes that "Knowing empowers us... knowing keeps us free." It was a rare political message amid the usually light commercial breaks, but it was absolutely necessary.

The phrase itself, "Democracy Dies in Darkness," is not new for the *Post*—it appeared on their website in early 2017—but the need for it persists. Another phrase, almost the opposite of the Post's slogan introduced itself

If DWC Work Leaves Ruane, DWC Books Should Leave the Library

As every freshman and sophomore at Providence College is enrolled in the Development of Western Civilization (DWC) program, the books required by most sections of DWC prove to be a hot commodity in the Phillips Memorial Library.

To that end, the library has implemented a policy limiting the use of their stock of DWC books to a two-hour check-out period within the library.

While this presents as logical, as these books are in high demand, it also proves problematic for students in situations where they may require book usage for a more extended period of time, such as when they are writing an essay or studying for an exam.

Additionally, the library is connected to the Ruane Center for the Humanities, which houses all of the College's DWC classrooms. If students were allowed to leave the library with checked-out DWC books on occasions when they forget their books for class in their dorm rooms, students would be better prepared for class as they could quickly grab a copy from the library. Not to mention the frequent circumstances where books for DWC become backordered in the bookstore, and in turn, a student cannot even begin his or her DWC reading until the book arrives, which in many cases consistently proves to come in the mail after their class has already read it. Needless to say, PC students should not be obligated to resort to book theft to merely complete their DWC homework, as this dilemma can be easily remediedthe College should invest in more copies of all DWC textbooks and allow students to check them out of the library to use at their convenience.

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around the same time: "fake news.

Introduced in the early months of President Trump's tenure, "fake news" encapsulates the president and his cabinet's idea that news outlets are not presenting facts and are instead exaggerating their stories as a way to gain support in opposition to the president.

This year's commercial seems to recognize and respond to these opinions. It highlights the importance of facts and remembers those who were forgotten for what they suffered through in order to deliver those facts. The ad was a poignant and touching tribute to the work of journalists and

the importance of facts in this polarized society.

—Julia McCoy '22

-Alyssa Cohen '21

PHOTO COURTESY OF MELVILLE HOUSE BOOKS

PHOTOGRAPHY

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February 14, 2019

TOP RIGHT: Patrick Duryea '19 demonstrates his talent of cutting hair while blindfolded on Fr. Peter Martyr Yungwirth, O.P., at the Mr. PC pageant on Friday, February 8. Patrick Duryea went on to win the competition against his fellow peers.

CENTER RIGHT: Students gather in McPhail's on Friday, February 8 for "Sazón y Movimiento," sponsored by the Organization of Latin American Students.

BOTTOM RIGHT: At one of the many booths during Inside Out Week, sponsored by Rec Sports, students collect cards that boast uplifting mantras and promote living a healthy life, both physically and mentally.

BELOW: Students enjoy food from various cultures at the "Taste the World" event hosted in '64 Hall on Thursday, February 7.

BOTTOM LEFT: Ariana Brown performs at Love Your Melanin on Wednesday, February 13. Love Your Melanin is a slam poetry event presented by Believers of Words, sponsored by the women studies department, PC Step Team, Motherland Dance Group, Women Empowered, National Association for the Advancement of Colored People, Brotherhood, Afro-Am, Board of Programmers, and Board of Multicultural Student Affairs.



LAURA CHADBOURNE '20/ THE COWL



BRIANNA COLLETTI '21/ THE COWL





WILLIAM BOZIAN '19/ THE COWL

BRIANNA COLLETTI '21/ THE COWL

Photos compiled by Laura Chadbourne '20 and Nora Johnson '20, Photography Co-Editors

PHOTOGRAPHY

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February 14, 2019

What is the best compliment you have ever received?

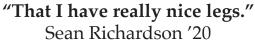


"My mom told me that I'm the glue that holds our family together." Deirdre McMahon '21



"That I'm especially thoughtful." Sam Lomax '20









"That I look like Lucy Hale." Devon Guanci '19





"That I look like an off-duty model." Sarah Hemeon '21

"That I have the best hair on campus." Matt Calogero '20



PHOTO COURTESY OF REFINERY 29

Photos by Brianna Colletti '21, Staff Photographer

ARTS & ENTERTAINMENT

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February 14, 2019

You're a Good Man, Charlie Brown Opens Friday Providence College Theatre, Dance, and Film Features Student-Led Production

TDF:

Continued from front page

Originally created by playwright John Gordon in conjunction with composer and lyricist Clark Gesner and based on the characters in Charles M. Schultz's classic comic strip Peanuts, the Theatre, Dance, and Film performance includes additional dialogue by Michael Mayer, as well as additional music and lyrics by Andrew Lippa. Since its inception, this musical has been on Broadway, toured the U.S., and more. Now, it is coming here to PC.

The upcoming TDF production of this theater classic is, as previously mentioned, an independent student production. Charlie Brown is being directed by Teddy Kiritsy '19, with a cast and crew composed entirely of members of the PC student body. Kiritsy and six other student cast members bring classic Peanuts characters to life through a variety of mediums during the show's runtime.

One of the most impressive aspects of this performance of Charlie Brown is how much Kiritsy and company are able to accomplish with a small cast and a limited number of props. Being performed in the John Bowab Studio Theater, the cast does not have a huge amount of stage space to work with. However, they take



From left to right, Emily Clark'19, Teddy Kiritsy'19, and Ailish Egan'22 all star in Charlie Brown. what space they have and make the most of it, using the stage to bring themselves closer to the audience.

The musical itself is not so much one flowing plotline, but more of a collection of vignettes that compose the story as a whole. These smaller scenes include a wide variety of theatrical mediums, from song and dance, to humor, to some more serious scenes. Thematically, the

mood varies as well, shifting from jokes about Beethoven to discussions of Charlie's mental health. However, through clever staging decisions, smooth transitions, and wellplaced music, the whole structure of Charlie Brown flows smoothly and blends each of these vignettes into a complete and enjoyable show.

As a whole, the student production of You're a Good Man, Charlie Brown

LILLIE HUNTER '22/ THE COWL

is a true success by Kiritsy and his talented cast. Any theatrical production coming from TDF is bound to be well-composed and impressive, but the added layer of Charlie Brown being student produced makes it that much more of a triumph. The show will run for this upcoming weekend, with presentations taking place Feb. 15 and Feb. 16 at 7:30 p.m., and Sunday, February 17 at 2 p.m.

Super Bowl LIII: Recapping Movie Trailers

by Joshua Carone '22 A&E Staff

TELEVISION/FILM

The audience for Sunday's game, between the Patriots and the Rams, had little to cheer for in a night filled with more punts than points. However, the surplus of advertisements showcasing the most anticipated movies of 2019 kept viewers engaged throughout, including a couple of fresh spots from Marvel, and a big night for fans of Jordan Peele. Here's a recap of some of the prominent trailers from Sunday:

Captain Marvel (March 8): Fans of the Marvel movies received another sneak the voice of Woody, was recently quoted on BBC's peek at the newest character to enter Stan

a sucker punch of nostalgia with the first look at yet another conclusion to a beloved franchise with a 30-second ad for Toy Story 4.

Keeping it light with a brief scene in which Buzz Lightyear (Tim Allen) is bullied by a pair of stuffed carnival prizes, audiences ranging from nine to 99 years old are finally reunited with the toys that shaped so many childhoods.

While the trailer itself was playful, Tom Hanks, *The Chris Evan's Morning Show* as saying *Toy Story* 4

Halftime Show: The Slump Continues

by Anne DeLello '20 A&E Staff

MUSIC

Going into the Super Bowl this year, there was a great deal of controversy surrounding the halftime show and the people who were performing in it. Maroon 5, Travis Scott, and Big Boi all performed on Feb. 3 at the Mercedes-Benz Stadium, and the

Lee's comic-book universe, Captain Marvel.

The trailer opens with Brie Larson's superheroine walking alongside another Air Force Pilot, giving off Top Gun vibes while also providing more insight into the history of one of Marvel's most powerful heroes. The ad switches to a more high-speed pace through a montage of clips from the film alongside the repeated phrase, "higher, faster, further." While comic-book enthusiasts are excited

for the origin story of Carol Danvers, fans are also intrigued to learn how Captain Marvel's storyline will play into the Avengers arch. Avengers: Endgame (April 26): It was only fitting that the biggest movie of the year premiere an ad during the biggest game of the year.

Chills set in during the 30-second ad interspliced with clips of the remaining Avengers, as Ant-Man (Paul Rudd), Iron-Man (Robert Downey Jr.), and Captain America (Chris Evans) flew across the screen.

Where do we go, now that they're gone?" reads a sign in this spot causing viewers to ask themselves the same question after the realization that there are two months left until the world could witness the end to the highest-grossing franchise of all time. Toy Story 4 (June 21): Pixar delivered

was the most emotional film out of the franchise, and that he "couldn't even get through the last scene."

Us (March 22): Jordan Peele was the arguable MVP of 2019's Super Bowl as he voiced one of the characters in the trailer for Toy Story 4 and was centerstage in the ad for The Twilight Zone remake. However, Peele received the most attention for the ad for his newest nightmare, Us.

The Get Out director's latest horror film terrified audiences on Christmas Day with the drop of the first trailer that gave viewers a preview of the Wilson family and their battle against the murderous versions of themselves. Lupita Nyong'o plays the mother in Peele's sophomore feature film, earning significant screen time in the minute-long Super Bowl ad as horror fans are once again introduced to her character's family and their dangerous doppelgangers.

The film's slick tagline "Watch Yourself" is a double-entendre that will echo in audience's minds as they stray away from mirrors and anticipation grows for the March release of the horror blockbuster. These upcoming movies and their trailers

featured something for all ages to enjoy.

GRAPHIC COURTESY OF PATRICK FULLER '21

question is, did they surpass America's expectations, or did the Super Bowl halftime slump continue?

The overwhelming majority says yes, the slump has continued. Maroon 5 gave a bland performance with a few exciting interruptions from Travis Scott and Big Boi. The band played to their strengths by featuring hit songs such as "She Will Be Loved" and "Sugar" in their set, but the fan favorites did not make the performance anything special. As USA Today put it, "Maroon 5 managed to clear the hilariously low bar of not being the worst halftime show of all time." In other words, they were nothing special, but at least they did not make things worse for the NFL.

The lacking performance given by Maroon 5 may have been exactly what the NFL wanted this year. With the controversy surrounding their treatment of Colin Kaepernick and the stars who said no to performing at this year's game, a mediocre show that did not draw much attention may have been their goal all along. Although appearances from Big Boi and Travis Scott redeemed the night slightly, it was not enough to make this halftime anything more than show average.

ICE Arrests Icon 21 Savage Music Community Rallies Around Rapper

by Daniel O'Neill '2	1
A&E Staff	

MUSIC

On Sunday, February 3, popular rapper, 21 Savage, was arrested and taken into custody by U.S. Immigration and Customs Enforcement (ICE) on the grounds that he is a United Kingdom citizen who overstayed his visa. The rapper's

lawyers are still working to get him released. 21 Savage rose to fame by rapping and making music about his life growing up in East Atlanta. His lyrics tell stories of the prominent drug scene, gang violence, and the deaths of his friends. 21 Savage's collaboration with producer Metro Boomin on the mixtape Savage Mode allowed him to burst into the rap scene outside of Atlanta. His debut album, Issa Album, followed, which reached #2 on the Billboard Top 200 list. Prior to his arrest by ICE, 21

Savage was one of the biggest rappers in America. Many were shocked on Feb. 3 to learn of 21 Savage's arrest, causing influential figures in the U.S. to show their support, including Offset and Cardi B. Georgia State Representative Hank Johnson of Georgia sent a letter to ICE to work towards releasing the rapper. Another, Erica Thomas, also released a statement to show support. 21 Savage's incarceration also prompted the creation of the hashtag #Free21 on Twitter. The East Atlanta rapper has proved that he

is an influential figure on the rap scene. Last summer he threw a back-to-school drive for children in the neighborhood where he grew up. Johnson was present and showed support for the rapper's hard work and his charitable contributions towards his community. 21 Savage's actions have proved that he is a positive influence for the children growing up in East Atlanta.

There are many questions regarding the true impact that 21 Savage has had on his community, specifically regarding the lyrical content of his songs. His most recent album, I Am > I Was, which scored the #1 spot on the Billboard 200, shows a newfound personal growth, as his past albums have primarily focused on the gang activities and crime he experienced growing up.

The new album demonstrates 21 Savage's personal reflections on the impact that his violent upbringing had on him, as well as the changing relationships he has with the people in his life. I Am > I Was shows that anyone can change their personal circumstances and make something positive and impactful out of their lives.

The sheer volume of people that have come forward to show support for the rapper is a testament to his personal improvement and impact on the rap community, as well as his community in East Atlanta. 21 Savage is one of the most prominent rappers on the Atlanta rap scene whose charitable efforts have led many to believe that his arrest is unjustified.

For the rap community, 21 Savage's arrest is hard to comprehend. But his arrest has also proven that the community can stick together and support each other when times get tough.



Social media responses to the East Atlanta rapper's arrest were originally comedic and unconcerned.

BOP Hosts Mr. PC

Contestants

Patrick Duryea '19 (Campus Ministry)

Marvin Taveras '19 (Board of Multicultural Student Affairs)

Connor Nolan '19 (Student Congress)

Reymond Ntiamoah '19 (Motherland Dance Group)

Christopher Froio '19 (Board of Programmers)

Ryan O'Keefe '19 (Friars Club)

Jerod Magazine '19 (New Student Orientation)

Matthew Gentile '19 (Residence Life)

Winners

1st: Patrick Duryea

2nd: Reymond Ntiamoah

3rd (Tie): Jerod Magazine and Connor Nolan

Judges

Kelly Donnellan '19

Tyré Richards '19

Rita Murphy '19

Host

William Oser '19

by Grace Whitman '22 A&E Staff

MUSIC

The American singer-songwriter Ariana Grande released her 12-track album, thank u, next, on Friday, February 8. The deep and emotional album followed a tough year for the pop singer who experienced the death of her ex-boyfriend, Mac Miller, and a break-up with ex-fiancé Pete Davidson. Grande struggled to cope while going to therapy as a result of the trauma endured from a 2017 terrorist attack at her concert in Manchester, England which killed 22 people and injured hundreds. The 25-year-old demonstrated unique maturity as she powered on with perseverance, grace, and strength, releasing back-to-back #1 hit singles, "thank u, next" and "7 Rings." Following *Sweetener* by six months, which debuted at #1 on the Billboard Top 200, thank u, next had the potential to feel rushed. Instead, the brilliant album shows wit and honesty. Themes of self-discovery and self-care run throughout the album, but there are also many moments of playfulness and humor. Grande's eighth song on the album, "ghostin," is presumably about Grande apologizing to Davidson while simultaneously mourning the loss of Mac Miller. She sings, "I know that it



breaks your heart/When I cry again over him." "Ghostin," shows a more emotional and vulnerable side of Grande among the other bolder tracks.

Later in the song, Grande sings, "Though I wish he were here instead." Grande says thank you to Miller for being there for her, although, for his sake, she should have let him go. The last song on the album, "break up with your girlfriend, i'm bored," presents the upbeat side of the singer. Grande told Twitter, "I added a fun one (lol) to replace one that I decided I don't think wanna share w the world."

Additionally, she released a music video for the track on the night of the album's release. On the surface, the lyrics suggest it is about wanting someone who is taken, but many fans believe there may be a hidden message in the video. At the end, Grande kisses the girl in the music video that looks just

like her instead of the boy. Some fans saw this as an example of self-love and getting out of a relationship she was not to be happy in. The song plays with Grande's themes of selfdiscovery and appreciation even in the most upbeat part of the album. The pop star has touched millions with her newest album full of diverse tracks, which exhibit strength and humility with unique instrumentals, melodies, and lyrics.

Ariana Grande won her first Grammy, Best Pop Vocal Album, for her album Sweetener AT THE 61ST GRAMMY AWARDS.

Writer vs. Writer: Best Valentine's Day Movie

The Notebook

by Catherine Goldberg '20 A&E Staff

FILM

up leaving her fiancé to marry Noah.

What is the most romantic movie ever made? Perhaps one of the most popular opinions among females at Providence College would be The Notebook. The 2004 film based on the Nicholas Sparks novel features a young Ryan Gosling playing Noah Calhoun, and Rachel McAdams playing Allie Hamilton.

The epic love story cuts between the couple at two stages in their lives. The film takes place in 1940s South Carolina, where mill worker Noah Calhoun resides, and debutante Allie spends her summers with her family. The two meet at a county fair and eventually fall desperately in love, but Allie's parents do not approve.

When the two separate as Allie goes off to college and Noah fights in World War II, they carry their love with them for seven years, but eventually, Allie gets engaged to another man. However, fate brings them back together.

When Allie sees a photo Noah in the newspaper with a house he built, based on the one they had dreamed of having together when they were young and in love, she rushes to see him. They come to realize that the spark and their love is still very much there. Allie ends

We see the couple in another phase of life in a series of flashbacks throughout the movie. The elderly couple live together in a nursing home, and Allie suffers from a severe case of Alzheimer's disease. The Notebook focuses on the roots of a marriage for life, not the heartbreaking effects of such an awful disease. Noah tries to remind Allie of their epic love story by reading Allie's old notebook out loud to her in the nursing home.

A definite tear-jerker, yet perfect display of true love, The Notebook is definitely in the running for best Valentine's Day movie.



PHOTO COURTESY OF PINTEREST

Sleepless In Seattle

by Brigid Walshe '19 Ă&E Staff FILM

In the spirit of Valentine's Day, it is time to start thinking about what quintessential, classic love stories you will want to watch with a box of chocolates, curled up on the couch. One of those has to be *Sleepless in Seattle*.

The plot follows Sam, who is still mourning the loss of his wife, Maggie. His son Jonah calls into a radio show and gets Sam to talk about how he is still hurt and missing Maggie. He becomes an overnight sensation, gaining the nickname "Sleepless in Seattle" from the radio show. Annie Reed, a Baltimore journalist, happens to hear his story on the radio, and it touches her so much that she starts to question her own life, including her engagement to her fiancé, Walter. Conflicted, she goes out on a mission to find Sam in person.

Sleepless in Seattle features two of the biggest film stars of the 1990s: Tom Hanks and Meg Ryan. Both portray their characters in a normal and loveable way, exuding a convincing chemistry. What makes this movie so great is that it shows how fate and destiny were on their side in the end. The movie is filled with coincidences, grief, miracles, and love, demonstrating how in a world bigger than ever, we

still end up where we need to be. It also shows that we can find love again, even when we are not expecting it.

It has been more than 25 years since the film was released, but it is a film that is both romantic and real, even in 2019.



Will Ferrell Reprises Role in *The Ron* Burgundy Podcast

by Julia Vaccarella '20 A&E Staff

PODCAST

The concept of the true crime podcast is one that is currently thriving. A twist on the traditional notion of this is now available from an unlikely source, with Will Ferrell reprising his role in the Anchorman series in the recently released The Ron Burgundy Podcast. The first episode of the show, titled "True Crime," came out on Feb. 7. It has been established that the

show will not be featuring true crime during every episode. The podcast description states, "Each episode has a different theme in which Ron engages in conversation with another notable person on the topic at hand. In true Ron Burgundy fashion, these conversations have a tendency to go off the rails...' Many podcasts operate this way, as it allows the host/hosts to engage in a much broader range of discussion. This is particularly fitting for the character of Ron Burgundy, who likely has the ability to provide some kind of commentary on almost any topic. Based on the Anchorman films, it seems that no other characters besides Ferrell as Ron Burgundy will be present, but it may be too early to say whether this is definitely true. The films are most commonly attributed to a 1970s setting, but it seems to be that the podcast takes place in the current time. The initial episode features a discussion of Lady Gaga, alternatively called "Lady Goo Goo," in a subtle pop culture reference to the film A Star is Born. The persona of Ron Burgundy, who begins the show seemingly unaware of what a podcast actually is, does seem to know that the most popular kind of podcast is indeed true crime. As a result, the focus shifts to this format later on in the episode. The



use of the running joke that casts Texas Senator Ted Cruz as the Zodiac Killer is featured prominently, as it is alluded to as something that many listeners would be familiar with. One downside to the podcast



Life is too short to read everything. It may even be too short to major in American studies, history, or English. This column, brought to you by professors in American studies, history, and English, highlights the books you simply cannot let pass, whatever your major. Start your list!

by Dr. Margaret Manchester Assistant Professor of History

LITERATURE

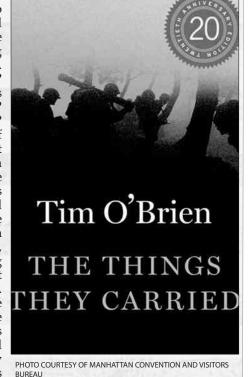
When Ken Burns and Lynn Novick aired their 10-part series The Vietnam War in late 2017, many Americans paused in a moment of national selfreflection. The television series has also sparked interest among Americans who were born after the war ended and who want to know more about the experiences in Vietnam and its ongoing significance in American memory. Why were American soldiers there? What did it mean for the Americans Vietnamese who fought? and What are the legacies of the war? The Things They Carried is one of the best contemporary works about the war experience, written by Tim O'Brien, who himself served in the 23rd Infantry Division. The work is a collection of short stories, narrated by O'Brien and linked together by the common experiences of the soldiers in his platoon. It is a modernist work, circling back repeatedly and enabling readers to view the same event from a multiplicity of perspectives. O'Brien asks, "How to Tell a True War Story?" The central actors in the book become familiar, and the readers believe the stories that have been told despite O'Brien's disclaimers that they are not true. Students in my classes

who have read this text believe the authentic voices in the novel and they have indirectly experienced war through its characters. It is powerful and compelling, funny and chilling. Ultimately, the real truth lies somewhere between the truth of the story and the audience who seeks it.



format of the Ron Burgundy revival is that the character is a news broadcaster. It is precisely his lack of awareness and understanding of what is going on that made the character worthwhile to watch in the Anchorman series. With The Ron Burgundy Podcast, we are able to hear Will Ferrell bring about this sense of confusion, but it is more effective as a visual approach within the films.

"So far, The Ron Burgundy Podcast is set entirely in a recording studio and, while Will Ferrell as Ron Burgundy is clearly the protagonist, the only stakes involved are in Ron's nervousness at putting on a good show. Also, it is not very similar in structure to many television shows or movies playing out instead without interruption in the style of a morning radio program," writes Joshua Dudley of Forbes. Going forward, it will be interesting to see which guests are featured and how they will play into bringing out Ron Burgundy as a character.



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SPORTS

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Friars Go Into "Do or Die" Mode as They Get Ready for Playoffs

by Sullivan Burgess '20 Sports Staff MEN'S BASKETBALL

The last week has been difficult and disappointing for the Providence College Men's Basketball Team, but nevertheless an improvement from what the season has provided, helping fans and students keep a positive mindset moving forward as the season progresses towards its finale at Madison Square Garden for the Big East Tournament.

The week began with the Friars headlining a home game against the 15-9 Georgetown University Hoyas. After a stunning defeat in overtime at Georgetown, the Friars looked to bounce back and secure a win. Unfortunately, while keeping a close game throughout the first half, the second half of the game belonged to Georgetown as they went on a scoring tear, defeating the Friars 76-67.

This put the Hoyas in fourth place in the Big East standings; while the Friars have jumped back and forth in the standings, currently they are in ninth place.

After the game, Head Coach Ed Cooley stated, "It has just been one of those years. You just have to hang in there and get onto the next game...I never want to get used to losing... and we have to get our team into a good space."

On a side note, during the game



Diallo, who averages 17 points per game, looks to get a shot off against Georgetown player on Wednesday, February 6.

forward/guard Alpha Diallo '20 became one of only 50 Friars to join the 1,000-point club.

Later that week, the Friars traveled down to the city that never sleeps and took on St. John's University with a record of 18-7. This was the first matchup of the two teams this season, and all eyes have been on St. John's point guard Shamorie Ponds, who led his team to victory against Marquette University.

However, the Friars managed to turn things around and handed St. John's a loss at their home court— Madison Square Garden—with a final score of 70-56. The game was led by center Nate Watson '21 who scored 18 points and had five rebounds. There was also a notable double-double from Diallo, who had 10 points and 15 rebounds.

This spark was needed as the Friars traveled down to play against the always red-hot Villanova University. While the Friars bounced back and forth for the lead against the Wildcats, the last few minutes of the second half belonged to the Villanova as they went on a scoring tear to end the game at 85-67. Watson lead in scoring again with another 18 point game and six rebounds, however, it was not enough to stop Eric Paschall and Phil Booth's 25 and 22 point game, respectively.

This now puts Providence at one of their lowest records at 14-11 overall, and 4-8 in the entire conference. The Friars now need to figure out a gameplay strategy that works for them for the remaining six games of the season.

The next game brings the team back home to the Dunk against Xavier University for the two teams' second matchup of the season. The last time these two met up in Cincinnati, the Friars found themselves a 64-62 victory, and will look to reignite that spark to avoid another losing streak.

While so far the road has seemed tough, the road ahead does show some light. It may look as if the Friars are knocked out right now with no chance of a March Madness appearance this season, but fans and critics will continue to show support for their hometown Friars.

Women's Basketball Splits Weekend Series

by Thomas Zinzarella '21 Sports Staff WOMEN'S BASKETBALL

This past weekend, the Providence College Women's Basketball Team returned home, where they had a two game homestand against the Seton Hall University Pirates and the St. John's University Red Storm. The Friars had previously played both of these teams on the road earlier in the year, falling to the Pirates back on Jan. 13, 79-73. The Friars hosted Seton Hall on Friday, February 8, defeating them 82-75 in Alumni Hall. Both teams started the game off hot by shooting over 50 percent from the floor before Seton Hall took a nine-point lead heading into halftime. The Friars were able to keep it close thanks to Kyra Spiwak '22, who scored 11 points in 12 minutes off the bench in the first half of the game. It was all Friars in the second half, led by Maddie Jolin '19 who scored 21 of her 25 total points in the second half. Jolin finished the game three for five from behind the arc and a perfect 10 for 10 from the charity stripe. Mary Baskerville '22 also pulled in a strong performance for the Friars, notching her 4th career double-double, scoring 14 points, 14 rebounds, and adding three blocks. Baskerville now has 41 blocks, tying the freshman program record, with five more Big East regular season contests to come. The Friars continued the charge with their defensive presence by holding the Big East leading scorer Shaheen Samuels to just three points in the second half after her 14-point burst in the first half. The Friars came back from a 13-point deficit



to split the season series.

After the game, Head Coach Jim Crowley believed that his team was outhustled in the first half, "The last three minutes of the 3rd quarter got us believing...a couple of shots dropped, and it just got us going." Coach Crowley emphasized his team "being able to get to the foul line" was key in the second half. The Friars shot 18 for 19 from the free throw line in the game while going 17 for 17 from the line in the second half.

PHOTO COURTESY OF LAURA CHADBOURNE '20/THE COWL

Kaela Webb '22, who was been named Big East Freshman of the Week for the week of Jan. 21, carries the ball up the court. On Sunday, the Friars took on St. John's University. The Friars defeated the Red Storm in overtime back on Jan. 11 with a score of 67-66. The Friars started the game hot with a 9-0 run before St. John's was forced to call a timeout.

The Friars continued to surge in the second quarter, when an 8-2 run put them ahead 23-12 before St. John's closed the half on a 15-4 run. The Friars once again tried to get to the free throw line in the second half as they did on Friday night. The Friars were a perfect 10 for 10 but were unable to lift the lid off the basket. Friars shot just 1-14 from downtown in the game. The Friars were defeated in the end by a final score of 60-57. They were once again led by Jolin, who scored 14 points while Baskerville followed suit with another double-double, scoring 11 points and snatching 11 rebounds. The Friars are now 14-11 ooveralland 6-7 in the Big East.

The Friars will head out to play the Xavier University Musketeers and the Butler University Bulldogs on the road before heading back to Providence to finish their regular season with a three game homestand. You can watch the Friars take on Xavier this Friday on Fox Sports 2 at 7 p.m. **Editor's Corner:** What People Can Learn From Patrice Bergeron's Career

> by Meaghan Cahill '20 Sports Co-Editor

EDITOR'S CORNER

Over the past week, the entire hockey community has been celebrating Patrice Bergeron as he reached yet another milestone in his careerplaying in 1,000 games. Former players, coaches, family members, and fans have expressed their gratitude for all that Bergeron has done on and off the ice in a series of interviews and videos shared by the Boston Bruins organization. Upon reflection, these videos have brought to mind not what Bergeron has given of himself, but what people, athletes and non-athletes alike, can take and learn from him over the course of his 16 year career.

1. In the face of adversity, never give up.

In October 2007, Bergeron's career almost ended when he suffered a grade-three concussion after a hit from behind during a game against the Philadelphia Flyers-there is no grade-four. His injury was so severe that in the months following the hit, the question was not "will he be able to recover and return to the game?" but "will his life in general ever be the same?" There was serious doubt that he would ever be able to play hockey again. Yet, Bergeron put all those doubts to rest when just over a year later he was back and scoring goals. Three more serious (but not as major) concussions later, Bergeron proved time and time again that when people think his career is finished they need to think again.

2. "We" not "Me" because selfishness gets you nowhere.

According to Boston Bruins announcer Jack Edwards, the media joke surrounding Bergeron is to see what it takes for them to get him to once refer to himself in the first person. It never happens. Bergeron's main focus has always been, and always will be, his teammates and their contributions. It is a true sign of his leadership perhaps, or just his character in general, but Bergeron's unselfish attitude is one that is known throughout the league and it is the one thing that players commented most about him. And to Bergeron, even when asked about his latest accomplishment of being the fifth Boston Bruins player to make it to 1,000+ games, he stated, "My best memories are always what we've accomplished as a team, and the friends I have made. It's honestly that's what I'm most proud of."

FORMER FRIARS: WHERE **ARE THEY NOW?**

Pro Ambitions Hockey Developers

by Cam Smith '21 Sports Staff

MEN'S HOCKEY

Jeff Serowik's '90 professional hockey career came to an abrupt conclusion 10 years after he graduated from Providence College. It was then that Serowik suffered his career-ending concussion during a breakout season in the National Hockey League (NHL). He had tallied six assists in 26 games as a smooth skating defenseman for the Pittsburgh Penguins.

Instead of taking time off from the ice following his injury, Serowik jumped right back onto it. "I graduated that Division I hockey and the NHL boasts numerous Pro Ambitions alumni. But, to Serowik, achievement on the ice is not the only way to measure success.

"It's great when you see kids have victories, going off to prep school or going off to college to play," Serowik explained. "But, the most rewarding thing for me is something like where a dad called me recently and said, 'Hey, my son came to your camp 10 years ago. He's working on Wall Street now. He said his boss gave him the job because of the handshake that he had."

At every camp he hosts, Serowik holds a handshake competition. There, he teaches the kids the importance of looking someone in the eye and maintaining a good firm grip. As his Wall Street anecdote shows, it certainly pays off down the

line.



your coaches. These kids are there, and they want to learn. They're little pieces of clay and you just got to mold the clay into the good people that you know they can be," Serowik explained. "All that stuff is rewarding." While a lot has changed for Serowik since he last skated for the Friars, the PC experience remains dear to his

heart. "Providence

was just a fantastic

on

"Hockey's hockey, we do a great

job out on the ice, but I think you can

differentiate yourself off the ice with your

relationships with

experience. It's a great school," he lauded. He also commented PHOTO COURTESY OF PRO AMBITIONS the transformation Serowik '90 (right) has grown his company to start having camps in European countries like Austria. the campus has

from Providence and that summer is when I started my camps, 29 years ago," Serowik said in a recent interview with The Cowl. "I started off with one or two camps per summer while I was playing [professionally]... After the injury my wife and I took a lot of the money we saved over the years and invested it in this Pro Ambitions and really blew it up."

Pro Ambitions Hockey is now the largest hockey development company in the world, offering dozens of different specialized training camps from "Hybrid Powerskating" to "European Micro Stick Skills." Their Division I AAA Camp features Serowik and many other Hockey East alumni as coaches in a camp that is the official development program of Hockey East. "We really took it throughout the country and into Europe and into Canada and kept expanding," Serowik said of the now massive scope of Pro Ambitions. "Each

undergone since his time in Friartown, citing his amazement about all the new changes. "There's a lot of chatter about it everywhere you go," he went on to say. "A lot of applicants, a lot of great things going on in Providence. Kudos to them, I'm proud of it.

In a testament to his good-natured disposition, Serowik closed his interview with some profound words about the lessons he hopes his campers take away from the camps they participate in. "Be the best you can be. Nothing replaces hard work. I want these kids working hard and being humble," remarked the PC alum. "The biggest thing: I want them to improve. I want them to be a great person off the ice and I want them to enjoy it and be passionate about it on the ice." With this philosophy of hard work and all-around improvement, it is clear that the next generation of hockey players are in good hands with Jeff Serowik and Pro Ambitions Hockey.

3. Have courage to persevere in any situation.

Game 6 of the 2013 Stanley Cup Finals against the Chicago Blackhawks ended with the Blackhawks as the victors, but Bergeron a legend. Against medical advisement, Bergeron played alongside his teammates with a plethora of injuries: torn rib cartilage, broken rib, separated shoulder, and a punctured lung. On his more recent injury that would take Bergeron out of the game for a month, teammate Brad Marchand commented how he would not succumb to his injury until the final buzzer went off, "Essentially, his whole body was broken, the whole upper half. And he still comes back to play. It's incredible." His toughness has become a staple on his résumé as a player and proves time and time again why he is considered the best of the best.

"Be the best you can be. Nothing replaces hard work. I want these kids working hard and being humble."

year we tinker with it... We try to keep up with the times. The game is so fast now that we've created these different types of power skating camps and we try to keep up with the technology. We've been doing this for so long, you don't want to get stale."

Serowik and his team certainly have the technology nailed down, as they even offer the Pro Ambitions app that supplies on and off the ice training right from your phone. With these technological feats, in addition to the masterful training kids get on the ice, it is no wonder



Providence College Investigates:

If the Big East Could Add One Team, Who Should It Be?

The University of Connecticut

by Scott Jarosz '21 Sports Staff PCI

As of late, there have been talks regarding the Big East conference adding a new team. The league was founded with basketball as its main asset, but eventually became a league with football powerhouses such as the University of Pittsburgh and Syracuse University.

In 2012, the non-football members of the Big East branched away from the football schools to form the new Big East.

The Big East conference currently features 10 members, seven of which were part of the original Big East. Butler University, Xavier University, and Creighton University were added to the conference as it shifted from focusing on football to basketball.

One team that was part of the original basketball-focused Big East was the University of Connecticut who, since its departure from the Big East, has joined the American Athletic Conference (AAC). While in the AAC, UConn has struggled and has been unable to prove that it belongs in the conference. UConn's football team failed to win a conference game in the 2018 season and finished with a record of 1-11, its sole win against Football Championship Subdivision (FCS) opponent University of Rhode Island.



The team failed to attract fans and according to the Hartford Courant, UConn's athletic department earned around \$40 million in revenue to go along with over \$80 million in expenses. Many signs are pointing to the UConn football program dropping down from the more-competitive Football Bowl Subdivision (FBS) to the FCS, where it would likely find more success

In addition to struggling in the AAC, UConn sticks out among the other members of its conference. It is the only member of the conference in New England, with its closest counterpart being Temple University, located in Philadelphia, Pennsylvania. Most other members of the conference are located in Florida, Texas, and other southern states. With this in mind, as well as UConn being an original member of the Big East, if the Big East decides to add an expansion team, it should be UConn. UConn was at its best when it was

a member of the Big East. Arguably, one of UConn's most iconic moments from this time was the men's basketball team's incredible 2011 run in the Big East Tournament when it won five games in a row, including the championship. The team went on to win the NCAA National Championship against Butler University. UConn returning to the Big East would also allow the renewal of the rivalry between Providence College and UConn.

Boston College

by Gavin Woods '22 Sports Staff PCI

The Big East conference has produced nail-biting matchups between rival schools along the east coast since 1979. It is hard to imagine the conference with any other teams, as the current teams have long been associated with one another. However, if the Big East were to add another team to their list, who would it be?

Several factors are involved when deciding a conference configuration. Perhaps the most important of these factors is the school size. Roughly all schools in the Big East are categorized as medium-sized schools, ranging from 4,000 to 16,000 undergraduate students.

Another variable in this decision is location. This factor, however, does not hold as much value as the size, as Marquette University is located in Milwaukee, Wisconsin, yet still participates in the Big East.

Nonetheless, the majority of Big East schools are located relatively close to the east coast region.

One school that satisfies both of these prequisites is Boston College. With an undergraduate class of roughly 9,300, as well as its location just outside of the city of Boston, the Eagles would be an appropriate addition to the Big East conference.

While size and location help to categorize colleges and universities in their respective conferences, it is ultimately the caliber of the

program that will determine whom they should play. The overall ambition of a conference is to produce a highly competitive tournament for the conference title. This begs the question, "Can Boston College compete with the Big East powerhouses?"

The answer to this question is complicated, as it is difficult to compare the teams in the Big East to Boston College, which is included in the Atlantic Coast Conference (ACC). However, it helps to look at nonconference games between Boston College and some of the Big East teams to see their compatibility. An example of this can be seen in the most recent meeting of Providence College and Boston College in basketball. This game took place on Tuesday, December 4, and it proved to be an exciting match-up. The two teams were neck-and-neck throughout the game, yet BC seemed to have a slight edge with a lead of four points at the half. Boston College continued their success in the second half, but the Friars were right behind them. Towards the end of the second half, Boston College led by three with one PC possession left in the game. If it were not for A.J. Reeves '22 scoring the last-second deep three point shot to take the Friars into overtime, Boston College would have walked away with the win. If nothing else, this meeting proved that Boston College has the potential to compete with the best the Big East has to offer.



Bringing BC back into the Big East would help reenergize the Friars and Eagles Northeast rivalry.

PHOTOS COURTESY OF BRIAN FLUHARTY/USA TODAY SPORTS

A Look Around Friartown

Men's Basketball:

2/9 at St. John's University, win 70-56

2/13 at Villanova University, loss 67-85

Upcoming:

2/16 vs. Xavier University

2/20 vs. St. John's University

Women's Basketball:

2/8 vs. Seton Hall University, win 82-75

2/10 vs. St. John's University, loss 57-60

Upcoming:

2/15 at Xavier University

2/17 at Butler University

Men's Ice Hockey:

2/8 at University of Maine, win 1-0

2/9 at University of Maine, loss 1-3

Upcoming:

2/15 at University of Massachusetts-Lowell

2/16 vs. University of Massachusetts-Lowell

Women's Ice Hockey:

2/8 at University of Maine, win 2-1

2/9 at University of Maine, tie 2-2 (OT)

Upcoming:

2/16 vs. Northeastern University

2/17 at Northeastern University

Lacrosse:

Friars Get Nominated for Multiple Awards Hockey Players Amongst Nominees for the Walter Brown and Hobey Baker Awards

by Sam Scanlon '19 Sports Staff

MEN'S ICE HOCKEY

The Providence College Men's Ice Hockey program has had some extremely talented players in its ranks. At this point, it is no surprise that four different Friars have been nominated for some of college hockey's most prestigious awards.

Jacob Bryson '20, Scott Conway '19, and Josh Wilkins '20 have been nominated for the Hobey Baker Award, which is awarded to the best player in Division I hockey. Wilkins and Hayden Hawkey '19 have been named semifinalists for the Walter Brown Award. This award celebrates the best American-born college hockey player who plays in New England.

Bryson is an obvious nomination for the Hobey Baker Award thus far. As a sophomore, he was given All-American honors, and has now developed into one of the top players in the country. The Buffalo Sabres' prospect hails from London, Ontario and ranks sixth on the team in points with 20 (4 goals, 16 assists). Bryson's speed and skill are just one part of his game, as the defenseman boasts a +15 +/- rating, meaning offenses have difficulty putting the puck in the back of the net when he is on the ice.

Conway has had a successful second half of the season so far, posting eight of his 12 goals since winter break. Conway holds the team lead in goals with 12, and in power play goals with five. Conway is no stranger to goal scoring, as he has 37 career goals throughout his three-year tenure with the Friars. Conway earned MVP honors in the Ledyard Classic Tournament to kick off the second half of the season, as he tallied three goals in two games. Conway's clutch goal-scoring ability has been a major part of the Friars' success, and has earned him a Hobey Baker Award nomination.

Wilkins' impressive junior stint has earned



him both Hobey Baker and Walter Brown Award nominations. The Raleigh, North Carolina native leads the team in both assists (19) and points (28). Already with 90 career points, Wilkins is constantly finding ways to get on the scoresheet as he tallied 31 points in each of his two previous seasons. He also held a 13-game point streak throughout this season, posting seven goals and 12 assists during that span. Wilkins is a dynamic player with the puck. His playmaking ability and vision allow linemates Jack Dugan '22 and Kasper Björkqvist '20 plenty of opportunities to get shots on net and score goals. Also, Wilkins' quick release and accurate shot enables him to make goalies miss and get on the board himself. Wilkins has proven to be an essential part of the Friars offense throughout his career in Friartown.

Hawkey joins Wilkins as a semifinalist for the Walter Brown Award. They join 18 other nominees from 12 other schools in the New England area. Hawkey continues to be the backbone for the Friars. The senior has blanked six teams so far this season, which earned him the all-time school record for career shutouts last weekend in Maine with 14. He needs just one more win to hold the all-time school record for wins as well. This season, Hawkey holds a 1.90 Goals Against Average (GAA), as well as a .917 Save Percentage. His six shutouts put him second in the country and his GAA is good enough for ninth. He joins four other goalies in the semifinalist pool.

These four Friars have been pivotal this season and have each made immense contributions to the team. Voting for the Hobey Baker nominees will continue through March 10 and the top 10 nominees will be announced on March 20. The hat trick finalists will be named on April 4, with the ceremony crowning the winner on April 12 as a part of the Frozen Four festivities in Buffalo, New York. Finalists for the Walter Brown Award, college hockey's oldest nationally recognized honor, will be announced in March.



2/9 at The College of the Holy Cross, win 12-5

Upcoming:

2/16 at Bryant University

Tennis:

2/9 vs. Sienna College, loss 0-7

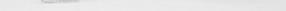
Upcoming:

- 2/20 vs. University of Rhode Island
- Swimming and Diving:

Upcoming:

2/20-23 at Big East Swimming and Diving Championships







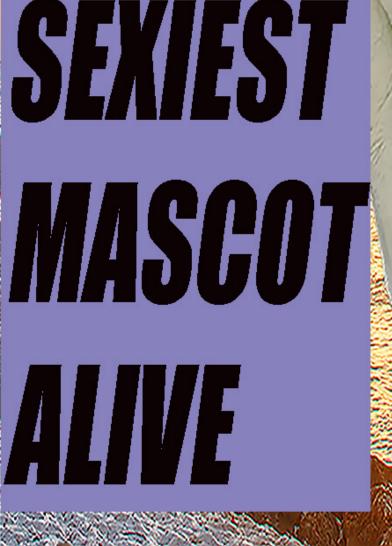
PHOTOS COURTESY OF PC ATHLETICS

Hawkey (top left), Wilkins (top right), Bryson (bottom left), and Conway (bottom right) have all been an integral part of PC's hockey program since they joined the team their freshmen year.

Portfolio Valentine's Day Insert

SINGLE AND READY To mingle!

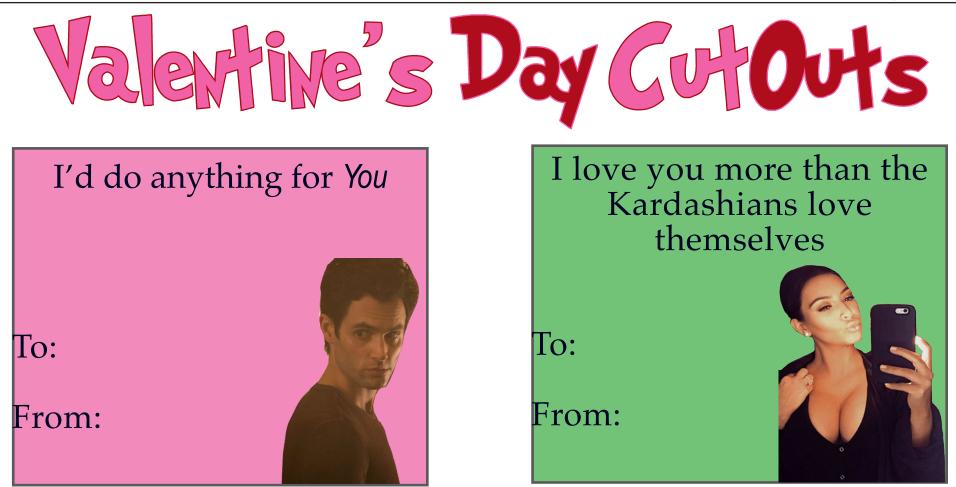
HE'S SWEET, SMART-& Sculpted!

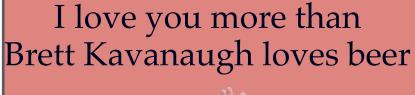


FIND OUT WHY HUXLEY MAY BE IN THE DOGHOUSE WITH FRIAR DOM

PORTFOLIO

February 14, 2019





To:

From:



Roses are red, Violets are blue,I'd never do the Bird Box Challenge with

you

To:

From:



I'd climb to the 10th floor of McVinney for you

To:

From:



I'd use a guest swipe on you

To:

From:



PORTFOLIO

February 14, 2019

I Like Meat Better: A Carnivorous Parody to "I Like Me Better" by Lauv

by Sarah Heavren '21 Portfolio Staff PARODY

To be wanting some grub in New York City To not know where to go but know I want food that will be good and tasty To be wanting some grub in New York City Midnight into morning coffee Could use something sweet and salty

Ham, I like meat better when I'm with you I like meat better when I'm with you I knew from the first time, we roasted some ribs prime 'cause I like meat better when I like meat better when I'm with you

I don't know what it is, but I got that feeling Waking up I feel in my tummy there's some room For some good home cooking I can hear the sweet bacon start to fry There is no reason for stopping The nice sizzling and popping

Ham, I like meat better when I'm with you I like meat better when I'm with you I knew from the first time, we roasted some ribs prime 'cause I like meat better when I like meat better when I'm with you

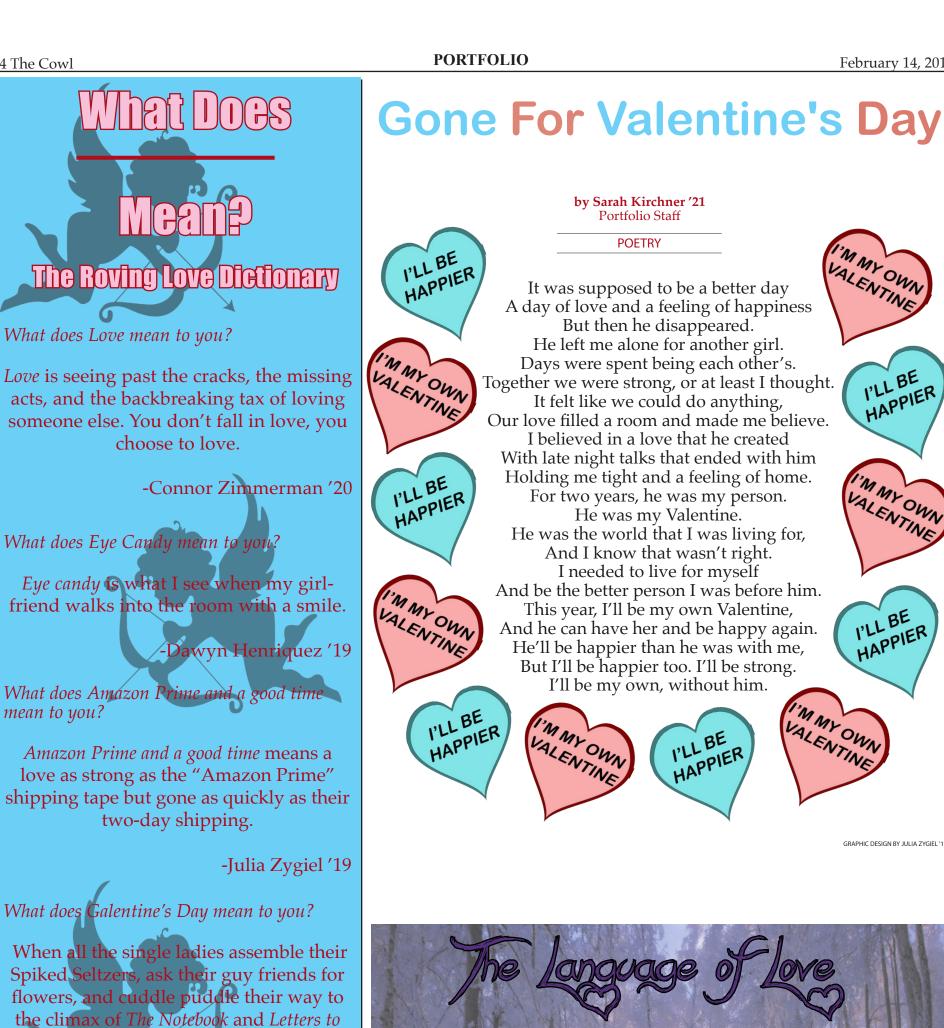
> Stay awhile, stay awhile Eat here with me Stay awhile, stay awhile oh Stay awhile, stay awhile Eat here with me Bacon's greasy

I like meat better when I'm with you

The Cowl 3

I like meat better when I'm with you I knew from the first time, we roasted some ribs prime 'cause I like meat better when I like meat better when I'm with you Better when, I like meat better when I'm with you

February 14, 2019



by Sarah Kirchner '21 Portfolio Staff

MMYOWN VALENTINE It was supposed to be a better day A day of love and a feeling of happiness But then he disappeared. He left me alone for another girl. Days were spent being each other's. I'LL BE Together we were strong, or at least I thought. HAPPIER It felt like we could do anything, Our love filled a room and made me believe. I believed in a love that he created With late night talks that ended with him MMYOWN Holding me tight and a feeling of home. VALENTINE For two years, he was my person. He was my Valentine. He was the world that I was living for, And I know that wasn't right. I needed to live for myself And be the better person I was before him. This year, I'll be my own Valentine, I'LL BE HAPPIER And he can have her and be happy again. He'll be happier than he was with me, But I'll be happier too. I'll be strong. I'll be my own, without him.

M MY OWN

VALENTINE



I'LL BE HAPPIER

What does a Ray Date mean to you?

Juliet. It's okay to be alone on *Galentine's*

Day, as long as they re alone together.

To me a *Ray Date* is one that is not very special. Some days the food can be better than others, but really, who would want to go there on a date? Although Chicken Nugget Thursdays are a hit, any other day of the week it is very up in the air if you will leave Ray actually satisfied. I feel that if a Ray Date, especially the first date, is the place you go, then from the start you should know that it is nothing serious. They're not even using Friar Bucks for crying out loud!

-Grace O'Connor '22

-Jay Willett '20

silently meditate for a fraction of a second, I love you. In the subtle crinkle of your not-yet-crow's feet winking at me, and the scent of your honeyed lip balm when you knight my nose with a kiss, I love you. With the smile of a joke hidden behind hands, the flash of teeth at a clever line, you pull me deeper in. My hair feathers against your shoulder, your elbow nudges my ribcage as you reposition yourself in the way that you love me. Nightly routines that root our love deeper in the soil.

We'll say it was winter when we first uttered, "I love you," but the first time I felt it was months before. The sunlight made your eyes look like glowing, melting gold and they filled my heart with molten affection. Now, it's fingers entwined, wrists cradled to chests and chins and cheeks cupped in palms. All we are is a series of movements, tenderness given organs and skin and life. Love incarnate.

February 14, 2019

The Cowl 5

El Refresco ı Cariño

by Jessica Polanco '20 Portfolio Staff

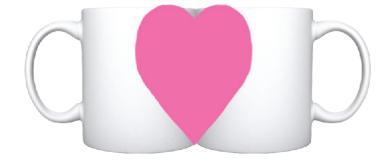
POETRY

To survive a little longer, Gather all of the ingredients That bring you life.

Set the stove at a low temperature, Place the smallest pot above it with A small amount of precipitation. Once it all hydrates Sprinkle the last bit of hope in your soul.

Next,

Invite the love of your life over and Sprinkle the fear that whispers through his eyes Allow the hope to burn, Let the fear steam Until you feel the heat Against your skin.



Then,

Add a gallon of the treasure that finds itself locked up in your touch, And ask your partner to pour out the last cup of passion That he still stores in his ribs Until it comes to a boil.

Add a pinch of the cariño that hides in the hugs, And share a kiss before adding it into the pot. Gather two cups,

And when you feel the steam against your heart, Then you will know it's time to pour it all out, Equally amongst the uneven mugs, And you can enjoy the warmth of the refreshment.

GRAPHIC DESIGN BY CONNOR ZIMMERMAN '20

The Thírd Outing Portfolio Staff

FICTION

February 14, 2014

Dear Diary,

Today will be my third time leaving the comfort of my cozy yet dreary, constantly bustling yet lonely hospital room since I moved in four months ago. I only really leave for very special occasions-the past two being my 25th birthday and Christmas Day. I was a little confused as to why I was leaving for Valentine's Day. Ever since the accident I've had trouble remembering my relatives, for Christ's sake. I was not sure why anyone would even consider taking me out on a date in this condition. However, Mom begged me to say yes to this cute boy who visits my hospital room every weekend. I couldn't decide if he was creepy. The

first couple of months that I was here, I would often ask him to leave. I felt bad because he was always really nice, but I was having a really

difficult time adjusting to my life here. I didn't even remember my parents when I first woke up. I needed time to do the whole get-to-knowmy-own-family thing. He was always super understanding, which I really appreciated. He would leave with a smile, never offended or frustrated, and would show up at the same time the

next weekend like clockwork. At first, I thought he was a volunteer for the hospital. Probably some random guy that was bored on the

weekends looking for some easy community service hours, popping into the inpatient rooms and trying to chat someone up until he convinced himself that he has somehow fulfilled his duty. That first theory was shot down when I saw my mom talking to him in the hallway after I asked him to leave one day. Before they parted ways she hugged him and then kissed him on the cheek. My mom is not an overly affectionate

person, so that was a dead giveaway that he is much more familiar than I thought.

After that, I was pretty convinced that he was a close family friend-someone I grew up with that happens to live in the area. He'd never mentioned anything about how we knew each other before I wound up here. I was surprised when he asked me on a Valentine's Day date. While I did have a bit of a crush on him at that point, it did not feel like we were necessarily hitting it off during his short visits. Anyway, he is here to pick me up right now. I ran back into the room to put the flowers he gave me in water before we go. Just as I lift the bouquet into the vase I see it...an engagement ring...with a note that reads "Round Two?"-J



PORTFOLIO

February 14, 2019

by Mark Fairchild '20 Portfolio Staff

CARTOON



Ove Advice Haikos

Flowers, lovers, greed. Never had it but a dream. Smoked, woked, make believe.

-Jay Willett '20

Someday near or far, I know that I will find you, somewhere close or not.

-Kiley McMahon '20

If you are unsure with what to do. Trust yourself, And follow your heart.

-Sarah Kirchner '21

Did eyes connect? Blink. Time, skip validation, think. Love wields the senses.

-Sam Ward '21

Stomanie Things You Shouldn't Say to Your Crush I Googled how to slow dance You smell different when you're awake You remind me of (insert family member here) We would make cute kids together You look better than usual I love you (#thankunext) I get sweaty when I look at you Have you put on weight? I liked your pictures online better My other personalities and I think you're cute My mom said I should talk to you I think we are cousins I accidentally swiped right I knew you were the one from the moment I heard

your voice on Xbox live

TIFF AND EARL Making PC an emotionally stable

place one letter at a time

Dear Tiff and Earl,

I am alone on Valentine's Day as per usual. What should I do to treat myself on this very special holiday?

Woefully, Lonely Luke

Dearest Lonely Luke,

I remember my first lonely Valentine's Day like it was yesterday. I was 15 years old and my boyfriend of 12 years had just broken up with me. Angered by all of the happy couples around me on Feb. 14, I watched rom-coms in my room alone and ate buckets of ice cream. It was delightful! I found that I am happier when I'm by myself. Who needs human contact anyways? It's so overrated! Cats and dogs and parrots are much better company anyways.

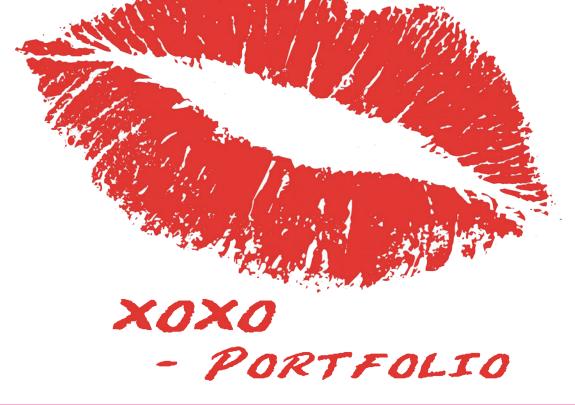
Hope this helps!



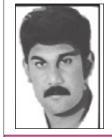
Tiffany

Dear Loose Lucas,

To start things off, your standards are probably too high. Needy PC gals have been on the hunt for mates since they ate nothing but kale chips over Christmas break. Get over yourself, not every relationship is going to be with a Brownie who keeps you up at night with her mysterious texts. Just set the bar lower, and you'll have a date. If not, there's always Yuck Truck to fill the void either alcohol or Single's Awareness Day has left in your stomach.



Best of luck,



This is a satirical column that does not reflect the views of Providence College or The Cowl.



PHOTOS COURTESY OF THE COWL & GRAPHIC DESIGN BY CONNOR ZIMMERMAN