

The Cowl



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PC Clubs Give Back this Holiday Season

by Kellie Johnson '22
News Staff

ON CAMPUS

In the spirit of the holiday season, the Providence College community is taking the opportunity to give back. It is the time of year when we emphasize the importance of giving. For this holiday season, multiple organizations on campus have adopted families and started collecting donations to provide those less fortunate than us with a traditional Christmas experience.

For example, the Friars For _____ club started a fundraiser for the holiday season. The Friars For _____ club is a student-led organization with the intentions of raising awareness for and donating to important causes. This holiday, the club put donation boxes in each of the residence halls on campus where people could drop off gifts for children who would not be receiving gifts on Christmas. These boxes can be found in the building lobbies and are wrapped up in Christmas wrapping paper.

Giving Tree/Page 3



Harkins Hall is one of the locations with Giving Trees for the fundraiser run by Campus Ministry.

NICHOLAS CRENSHAW '20/THE COWL

Women's Ice Hockey Wins Nutmeg Classic



The Women's Ice Hockey Team celebrates their win at the 2018 Nutmeg Classic.

PHOTO COURTESY OF PC ATHLETICS

included a scoreless first period, the Friars struck first courtesy of alternate captain Christina Putigna '19. Putigna jammed in her seventh goal in just 10 games to put PC up 1-0 midway through the second frame.

As Yale evened up the score in the third period, Sara Hjalmarrsson '22 buried her sixth notch of the season to break the tie late in the third period. Maddie Myers '19 would stop all remaining Bulldog opportunities and the Friars were able to hold on 2-1. PC outshot Yale 33-15 in this contest as they advanced to the Nutmeg Classic Championship Game.

The Championship game, came against the Quinnipiac University Bobcats as they ousted the UCONN Huskies in their first game. The stakes were higher in this contest as each team was battling for a chance to bring home a mid-season trophy, which is critical for momentum at this point of the season.

Nutmeg Classic/Page 22

by Sam Scanlon '19
News Staff

PC ATHLETICS

As Providence College students traveled their separate ways for

Thanksgiving with their families, the Women's Ice Hockey Team traveled to compete in this year's Nutmeg Classic in New Haven, Connecticut. The Lady Friars joined Yale University, Quinnipiac

University, and the University of Connecticut in this tournament.

The 8th ranked Friars were slated to faceoff against Yale in game one of the Nutmeg Classic. In a tight back and forth contest that

UNDER THE HOOD

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News	2
Opinion	5
Photography	11
A&E	13
Portfolio	16
Sports	21

News

Find out more about the Featured Friar, Tommy Heavren '19.

Page 2



Portfolio

Having trouble surviving the winter at PC? Check out this week's Listomania to find ways to stay warm!

Page 19



Sports

Check out this week's PCI question: "Who were the top athletes of the fall season?"

Page 23



Study Catholicism in Rome

PC Offers New Study Abroad Opportunity for All Majors

by Kelly Martella '21
News Staff

ON CAMPUS

Studying abroad is a highlight of the college experience for many, and Providence College has no shortage of global opportunities. Next spring, PC students will have a new option to choose from: studying Catholic theology and culture in Rome.

PC students study abroad through the Center for Global Education (CGE). The CGE offers programs in over 40 countries, allowing students to travel anywhere from South Africa to South Korea.

As listed on their website, the Center has four pedagogical goals: curricular integration, geographic diversity of program locations, program diversity, and career integration and development. While students may be thousands of miles away from campus, study abroad is an extension of the education at PC. The CGE states that "study abroad provides alternative learning environments so students can benefit from new academic perspectives and intercultural experiences."

Italy is not a new destination for PC students looking to study abroad.



PHOTO COURTESY OF LONELYPLANET.COM

Since 2013, a popular program has been "PC in Rome," where students live and study in the Italian capital for a semester.

Rome has long been a popular destination for visitors, attracting people from all over the world to experience Roman culture.

One of the city's main attractions is its history. The center of the ancient world, Rome has thousands of years of rich history, and sites such as the Roman Forum and the Colosseum are still preserved and available to

explore. Vatican City to this day is the center of the Catholic Church, and home to the Pope.

It is also known for its art, not only in Vatican City but throughout the city of Rome itself. Rome also has some of the world's most beautiful architecture, easily spotted throughout the entire city.

PC's program will expose students to all of the historical, theological, and artistic culture that Rome has to offer. Among other exciting opportunities, one of the highlights will be

experiencing Holy Week and Easter at the Vatican. Faith is at the core of PC, and this program allows students to see it in a new perspective. They will be able to apply the values and experience firsthand the theological ideas taught on campus.

The new program will be starting in the spring semester of 2020. It will be run by the theology department, and students will have the opportunity to earn credits toward a theology minor. More information will be coming soon.

Featured Friar: Tommy Heavren '19

A Senior Dedicated to Serving Others and Religious Tradition

by Hannah Langley '21
News Co-Editor

FEATURED FRIAR

Providence College's Dominican tradition inspires many students to embody the service oriented, selfless, and spiritual way of life the Dominican friars are known for. Tommy Heavren '19, has embraced this way of life in his past three years at PC and is planning on continuing to do so throughout his life.

Heavren, originally from West Springfield, Massachusetts, fell in love with the Dominican tradition and service early in his time at PC. "As my four years progress," Heavren stated, "I have come to appreciate the Dominican presence more and more and realize how lucky we are to be in their care."

As a social work major and economics and philosophy double minor, Heavren has a heavy course load on his plate. Despite his academic work ethic, however, Heavren has found time to become involved in various extracurricular activities at PC.

Besides working in McPhail's and having his own WDOM show on Saturday mornings, Heavren is also heavily involved in religious groups and activities. Run by Campus Ministry and Residence Life, Heavren was involved in the Gentlemen's of St. Joe's program serving as a peer minister for two years. This year he has taken on a larger role by becoming a peer ministry coordinator. He is also an usher at mass and a member of the Knights of Columbus.

Heavren's faith has led him to accomplish many things in the area of social work. Rather than studying abroad, Heavren and Daniel Arteaga '19 were given the opportunity to teach for several weeks at the Bishop Epalle Catholic School in the Solomon Islands through the Fr. Philip A. Smith Fellowship. Living with Archbishop Chris Cardone, O.P., Heavren commented that he "had a spiritual and formative experience teaching, praying, and learning."

Heavren was also one of six social work majors

who formed the Student Advisory Board of Mental Health and Wellness as part of one of their classes last spring. He explained that the board is student-led and meets on Wednesdays in Howley Hall, and they are hoping to further develop the board this coming spring.

The Social Work Community and Political Practice class that created the advisory board was taught by Dr. Susan Grossman, who Heavren stated is one of his greatest mentors. "Whoever I become as a professional will reflect her model of kindness and care for others," Heavren said.

Not only has Dr. Grossman had a large impact on Heavren's life, but the Dominican friars at PC have, as well. "The Dominicans I have met have been some of the most influential and reliable people I have met," said Heavren, "and I would not be who I am today without them."

As Heavren gets closer to his final semester at PC, he stated that he is looking most forward to spending his remaining time with his closest friends. "Walking along this journey with them is a special thing and something worth pausing to celebrate every once in a while," he said.

After leaving PC in June 2019, Heavren hopes to find a job at a non-profit organization, specifically one that empowers young adults to achieve their professional goals.

He currently has an internship at Year Up—Rhode Island, which is a non-profit that provides young adults with the tools they need to become successful in either fulfilling their careers or education.

Heavren mentioned that not only has the Dominican tradition and his time as a part of the Gentlemen of St. Joe's Program taught him many important lessons and values and helped him grow in faith, but his dedication to social work has also taught him many things.

"Social work has helped me grow in empathy, stand up to difficult challenges of helping others," Heavren commented, "and my internship at Year

Up has inspired me because every day I witness the hard work of our students and how they overcome adversity."

When asked what advice he would give freshmen, Heavren stated, "Find friends and a few groups you can invest yourself in." He continued, "Being available to your friends is just as important, if not more important, than other obligations."

Looking back on his time at PC, Heavren does not regret much, but he wished he spent more time with his friends during his sophomore and junior years and that he volunteered more off-campus to help the homeless. However, as Heavren's senior year slowly comes to a close, he has been focusing more on doing these things and enjoying the time he does have left at PC.



PHOTO COURTESY OF THOMAS HEAVREN'19

Heavren gets popcorn and milkshakes for Friars in McPhail's.

PC Administration Addresses Ongoing Church Scandals

by Kyle Burgess '21
News Staff

ON CAMPUS

In an email addressed to the Providence College family back in August, the College's Acting President Father Kenneth Sicard, O.P., along with Vice President Father James Cuddy, O.P., brought up the growing turmoil within the Roman Catholic Church regarding instances of abuse towards minors and young adults by clergymen, along with their various cover-ups.

These cases have sparked a widespread sense of indignation for the lack of justice for victims and their families, with many Catholics actively questioning the credibility of the Church and its moral authority as it seemingly turns a blind eye to the issue.

This resentment echoed across campus here at PC with many community members expressing their anger and sense of betrayal at those who are in charge of their spiritual nurturing, so much so that the College's Catholic and Dominican identities have been called into question.

In an effort to reach a common ground on this complex issue as well as identify how to resolve it here on campus, Fr. Sicard and Fr. Cuddy urged the entire community, including Dominicans, faculty, staff, alumni, and students, "to work together toward rebuilding a Church which, in many ways, has been deeply wounded."

On Nov. 19, Fr. Sicard and Fr. Cuddy provided the school with an update to their original note,

detailing the measures that have been incorporated by the community to address this traumatic experience within the Church.

In the months that have followed that first letter, the Office of Mission and Ministry held various meetings regarding the steps which could be taken to provide an adequate response to the recent scandals.

These "brainstorming sessions," spearheaded by Mr. Bob Pfunder, associate vice president for mission and ministry, along with Dr. Aurelie Hagstrom, Christie chair in Catholic and Dominican studies, united faculty and staff members in sharing their own experiences regarding the scandal and how it should be addressed by the College.

One solution put forward by the committee was the institution of three listening sessions within the next few weeks encouraging the participation of all members of the PC community.

Additionally, lectures and

discussions will be held next semester with the intentions of "contemplating the scourge of abuse in the Church so as to work together to rebuild our wounded Church."

There will even be a scheduled lunchtime Advent retreat series called Waiting on God, which is designed to reiterate the coming of Jesus Christ, in a time of darkness and uncertainty within the Catholic and PC communities.

The email concluded by re-emphasizing the Dominican commitment to appropriately address allegations of sexual misconduct experienced by members of the PC community and providing resources for victims of such behavior, including Title IX Coordinator Dr. James Campbell (james.campbell@providence.edu; 401-865-2676), or the Victims' Assistance Coordinator for the Dominican Province of St. Joseph, Ms. Theresa Rodriguez (vac@opeast.org; 518-573-8254).



PHOTO COURTESY OF BBC.COM

In Memoriam: Fr. Thomas J. Ertle, O.P.

by Taylor Godfrey '19
Editor-in-Chief

IN MEMORIAM



PHOTO COURTESY OF BOYLEANDSONFUNERALHOME.COM

The Providence College community mourns the loss of Rev. Thomas Jordan Ertle, O.P., who passed away on Friday, November 23 at his home in New Jersey.

Father Ertle graduated from PC with a Bachelor's Degree in 1953 before joining the Dominican order in 1956. He received a Master's Degree from PC in 1978 and the next year he became the College chaplain, serving in both that position as well as others in campus ministry until 1984.

He returned to the College in 1998, serving until his health began to decline in 2015.

He received multiple awards from PC, including the PC Alumni Association's Bishop Harkins Award in 1991 and the PC School of Continuing Education Spirit of Giving Award in 2004.

Father Ertle was an important member of the PC community and beyond. Fluent in American Sign Language, he worked with the deaf community in Providence and he served as a source of guidance and faith on campus.

His wake was held in the Chapel of Our Lady of the Rosary in the Aquinas Priory on Wednesday, November 28, and his funeral mass was held in St. Dominic Chapel today. He will be laid to rest on the PC campus in the Dominican Friars' Cemetery.

Father Ertle will be greatly missed by the PC community both on and off campus.

*"Even though
I walk through
the valley of the
shadow of death,
I will fear no
evil, for you are
with me..."
- Psalm 23:4*

Christmas Gift Donations

Opportunities to Give Back This Holiday Season

Giving Tree:

Continued from front page

The Friars For ___ club packed up the boxes on Tuesday, November 27, and sent them to Operation Christmas Child. Operation Christmas Child is an organization that packs up shoeboxes of donations and sends them to over 100 countries around the world in order to bring joy to children on Christmas.

Also this holiday season, Campus Ministry sponsored Giving Trees. Trees are on display in St. Dominic Chapel, Raymond Dining Hall, and the Office of Academic Services. Each of these trees have ornaments with a child's name and Christmas wish on them. The presents that people bought for the children will be delivered to the students at the San Miguel Middle School and Smith Hill Early Childhood Center. If you missed this opportunity, there are still many ways you can contribute this holiday season.

Each residence hall has also participated in the Adopt-A-Family fundraiser. Each residence hall has chosen two children that they can raise money for.

For example, each resident of McVinney Hall is planning on donating a single dollar to the foundation, which will total out to be \$150 going towards Christmas

presents for the children. It is incredible to think what a single dollar can do for another person. Resident assistants and hall directors are encouraging students to come together to help change another family's life.

Along with this program, residence halls are buying appreciation presents for the men and women who help to maintain and clean buildings at PC. Students are encouraged to think of

ways to show appreciation to those who do so much for our community.

On campus and within the city of Providence, there are more ways to give back to the community. Every small contribution will make a difference in another family's life this holiday season. These are real impacts one can make in people's lives, and the opportunities are available on-campus to all of the PC community.



PHOTO COURTESY OF WORLDVISION.ORG

Giving trees are a popular way for communities to give back to the less fortunate during Christmas.

Bursting the PC Bubble

California Copes with Destructive Wildfires

by Malena Aylwin '22
News Staff

WORLD NEWS

In the past 13 months, California has seen two of its largest wildfires in terms of acreage, two of its most destructive blazes in terms of structures lost, and the deadliest fire on record, which has claimed at least 88 lives.

California is battling around 17 substantial fires including the biggest in the state's written history. Since the beginning of California's fire season, there have been multiple fires, and compared to the quantity of land burnt over a similar period a year ago, the state has employed more fire-fighting efforts than ever.

The Northern California city of Paradise is gone—the Camp Fire, by far the deadliest and most destructive wildfire in state history, has reduced homes to ashes. It conjures images of a tsunami of flames tearing through the town, destroying everything in its path.

Over the past few decades, cities in California have crept closer and closer to fire-prone forests. Codes went lax, and many homes were still getting built with wooden shingles.

There were more than 158 individuals still missing in the Butte County fire zones, and experts were attempting to track them down. Authorities requested that occupants go to the Butte County Sheriff's Department's site to check the missing persons' list to ensure they are not on it.

The numbers, however, do not even begin

to describe the challenge and intricacies of fighting these fires. Such struggles include the temperatures of the land that rescue teams must face due to the fires. Flames are moving more quickly than anybody has ever observed, and boundaries that in years past contained flames — bulldozer lines, highways, streams — are no match for the fires. As the days go on, the numbers have climbed, as more sections of land are consumed and more workforce hurry to the fires.

Part of the problem is climate change. Autumn has grown increasingly dry in California, which is poorly timed with hot, dry seasonal winds that tear in from the east, further desiccating vegetation and turbo-charging wildfires.

Reporters later asked President Trump if seeing what survived of the Northern California town and strolling among the ashes made him reconsider his sentiment on climate change — that it is a deception, counterfeit news, or essentially nonexistent. "No," Trump replied. Rather, he placed blame on California forest management.

More than 30 homes in the gated Ventura County community were lost. Some people were protected by both county firefighters and private crews who are covered by their homeowner's insurance policy. With California encountering two years of uncommonly fierce blazes, the state has been left with an excess of 20,000 homes obliterated and hundreds of thousands dead.

Because fires have become such a constant issue, the private firefighting business is booming. These brigades work freely from area firefighters; their job is to protect specific homes under contract with insurance agencies.

Others are trying to raise funds, such as Stevie Wonder, who is having a benefit concert for California fire victims. Others, like Miley Cyrus and Liam Hemsworth, have donated to help those affected by the fires.

Although Californian rescue teams and government officials are working as quickly as they can to combat with these natural disasters, time will only tell how quickly the environment will be able to recover.



PHOTO COURTESY OF BUSINESSINSIDER.COM

Firefighters work to extinguish the constant fires.

Congress Updates

by Margaret Mahoney '21
Student Congress Publicity

CONGRESS

On Tuesday, November 27, 2018, Student Congress welcomed Fr. Kenneth Sicard, O.P., acting president of Providence College, and Koren Kanadian, the interim director of public safety.

Kanadian listened to safety concerns and questions from students. One student concern that was addressed was staffing at the Eaton Street gate, as well as the presence of PC Public Safety off campus.

Mr. Kanadian said that Public Safety is looking into roving patrols off campus and increasing hours of security at the Eaton Street gate to ensure students feel safe off campus. Mr. Kanadian also addressed the standards for sending Friar Alerts to the PC community and why students have not received any Friar Alerts this year.

He stated that Public Safety only sends Friar Alerts that contain useful information for students on pressing concerns. Therefore, if there is no specific description of a suspect, or the situation is not an immediate threat, Public Safety uses their discretion on whether a Friar Alert is sent.

Additionally, information in Friar Alerts needs to be verified from the police, which can take longer to get access to.

Mr. Kanadian also answered questions about the shuttle service and said that shuttles should take students to off-campus homes if they directly ask the shuttle operator.

Fr. Sicard then addressed Student Congress and listened to student concerns and questions on various aspects of the College.

In response to a question about how PC can make LGBTQ+ students feel more comfortable and welcomed in the campus community, Fr. Sicard agreed with the students that improving the experience of LGBTQ+ students is very important to him, as well as Fr. Brian Shanley, O.P. They are working on a plan to make LGBTQ+ students feel more welcome on campus and are open to suggestions from students.

Fr. Sicard also discussed the challenges facing the College, specifically financial challenges. The school is always looking for a balance between maintaining affordability and providing students with the best experience possible.

However, Fr. Sicard referred to PC's success in admissions and enrollment as a positive indication of student life and financial strength in the coming years as well.

Additionally, Fr. Sicard answered questions about the Liberal Arts buildings on lower campus and plans to improve those areas. Fr. Sicard expressed a strong interest in improving the liberal arts facilities but stated that the focus of the administration is currently on improving residence halls.

Student Congress also passed SCA-69-01, an amendment that will remove the guest policy from the Student Congress constitution. Student Congress also passed SCB-69-06, SCB-69-07, and SCB-69-08, which officially recognized Friars For ___, B.E.L.I.E.V.E, and Make a Wish, as clubs under Student Congress.

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Should Black Friday Start on Thanksgiving Thursday? *Early Holiday Sales Cheapen the Meaning of the Season*

by Joshua Chlebowski '21
Opinion Staff

SOCIETY

Everyone would love to extend the holiday season—imagine having lights up and seeing acts of generosity every day of the year. However, the unfortunate fact of the matter is that this is exactly what retailers have done in recent years, and it has come with a cost.

Commercial businesses love the idea of extending the holiday season because they believe it will also lead to an increase in revenue and sales. However, their attempts to do so detract from the enjoyment one feels while engaging in holiday activities.

When Christmas decorations go on sale Columbus Day weekend, people feel joyful knowing the holidays are approaching; holiday music soon begins to infiltrate advertisements, directing one's thoughts towards preparations for the season of giving and buying presents.

The issue with this is that the joy one feels when experiencing these holiday novelties for the first time of the season is short-lived. Soon after feeling that rush of joy, a little voice reminds us that we actually have another month or two before the season really takes off.

As a result, we accept the holiday music, sales, and décor and move on with our lives.

By the time Thanksgiving ends, and people start expressing holiday cheer in all types of settings, we are already tired of the season. The novelty and initial joy have worn off, and participation in holiday activities lacks a sense of complete joy.

Extending the holiday season may benefit some retailers, but it fails to acknowledge that the success of the holiday season is because of the attitudes that go with it. The holiday season is more than just giving gifts, seeing decorations, and hearing festive songs.



Many shoppers begin lining up for Black Friday sales on the night of Thanksgiving.

PHOTO COURTESY OF JESSICA RINALDI/REUTERS

There is a mentality which cannot be replaced, despite the best attempts of commercialism.

The holiday spirit should reside in spending time with loved ones, reminiscing and creating new memories, the intangible experiences, and the laughter that occurs so frequently during the holiday season.

While retailers try to extend the season, they actually wind up diluting everything that makes the holidays enjoyable. By jumpstarting the excitement for the holidays, these businesses prey on the holiday memories we have in an attempt to make us invest in the material.

Sure, everyone loves a good sale, and it is always nice to be prepared before the season hits, but these discounts speed our minds to December, creating a false pressure to start buying gifts right away instead of waiting.

This pressure leads to a loss of focus in the present moment. Thanksgiving passes by in a whirl, cast aside in the pursuit of those holiday gifts and the commercial

holiday experience.

There is nothing wrong with enjoying a good Black Friday deal or spending money on friends and family.

It is when the pursuit of these gifts and sales overtakes the thought behind the gifts, and when the commercial comes before the quality time, and when the holiday season becomes one long rush from October to December as opposed to the short period between Thanksgiving and New Year' that issues arise.

By trying to extend the season by jumping at every holiday sale, convinced the latest decoration or sale item will replicate the joys of the season, we do exactly what commercial businesses want us to—spend money when it is not needed.

If we are going to try and extend the holiday season, we have to extend the intangible aspects: the kindness we show strangers, the optimism we display during everyday interactions, and the uninhibited expressions of love and appreciation for friends and family.

Beyond Huxley Gate: Explore All Providence Has to Offer

by Alyssa Cohen '21
Opinion Staff

CAMPUS

As Providence College students become entranced by the ambiance of the ever increasing beauty of the College's campus, the PC bubble grows stronger and more resilient.

While there is plenty to do on campus because of the College's extensive extracurricular activities, Board of Programmers (BOP) events, and McPhail's, as well as the booming nightlife on campus, students display little drive to explore life off campus in the city of Providence.

Although the city itself is frequently acknowledged for being small and "insignificant," this stereotype is conflated with the idea that Providence is a boring place—a sentiment that could not be further from the truth.

While most PC students are acquainted with the Providence Place Mall for shopping, Thayer Street for various activities, and Federal Hill for a fancy dinner for a friend's birthday or when family comes to visit, so much of the city's beauty remains unexplored by the typical PC student.

For example, PC students rarely venture over to Wickenden Street, an area of Providence that rivals Thayer Street in terms of eclectic eats, and offers many small vintage clothing, vinyl, and

antique stores, along with a potpourri of coffee shops and brunch restaurants including The Duck and Bunny and The Coffee Exchange.

Additionally, while PC students are likely familiar with the Roger Williams Park Zoo, very few students are aware of the many goings-ons within the park itself, which include swan boat rides, a natural history museum, and planetarium with free admission for students. Additionally, the park's weekly Food Truck Fridays run from spring to early fall, and there are many beautiful botanical spots within Roger Williams Park to relax and chat with friends or complete homework.

Typically, PC students either stay on campus or attend the same two or three

dingy night clubs like Victor Spoils or Hanley's Ale House when "going out" on a week night, and fail to fully experience the eclectic nightlife of the city.

Venues downtown such as AS220 are equipped with a quaint restaurant and extensive bar that offer live concerts from local bands or comedians every weekend night with only a small cover charge.

The city of Providence offers a diverse lineup of quirky bars including The Boombox, a karaoke bar; Shelter Arcade Bar, which houses a plethora of retro arcade games; Providence G, a rooftop bar; and Ogie's Trailer Park bar, a trailer park themed venue with locally sourced drinks and appetizers, with an outdoor patio complete with trailers and fire pits.

PC students frequently allow themselves to become trapped in their campus bubble and they neglect to explore and appreciate everything Eastside of Providence has to offer, including Brown University and Rhode Island School of Design campuses, historic buildings and classic New England architecture, San Francisco-que hills, and weekly Hope Street Farmers Markets, where local businesses, farmers, artists, and musicians perform and sell high quality goods.

Essentially, while the PC campus is beautiful and the tight-knit community of the student body is extraordinary, students of the College hinder themselves from maximizing their college experience in neglecting to pop to PC bubble and step out into the city of Providence, "the creative capital" of Rhode Island.



PHOTO COURTESY OF RI BLOGGER

Many students are unaware of Food Truck Fridays, one of Roger William Park Zoo's events that runs nearly all year-round.

What is Happiness?

(If You Know It, Clap Your Hands)

by Elizabeth McGinn '21
Opinion Staff

SOCIETY

Happiness: a state of being or emotion ranging from contentment to joy. Associated with sunshine, holiday mornings, the smell of freshly baked cookies, and all other delightful moments.

While people generally search for this elusive emotion, what does it truly mean? Or can we even attain it?

In his *Nicomachean Ethics*, which many of us read in Development of Western Civilization, Aristotle articulates the classical definition of happiness. Eudaimonia, a Greek word commonly translated as happiness or welfare, can only be achieved through virtue paired with reason. Reaching a state of eudaimonia is the highest human ideal.

Although many still pursue happiness as an end goal in life, the precise meaning of happiness is relative. It depends on values, experience, and personality.

What one might define as happiness might be abhorred by the next.

So what can happiness be for people today?

Success and happiness go hand in hand for many, often with wealth and status as coinciding elements.

The stereotypical recipe of success includes an impressive and prestigious job, hefty bank account, luxury cars and mansions: a mixture of recognition and money. Even with the highest-paying job or endless accolades, a critical piece of the puzzle is still missing.

Who will share in the joy of winning that coveted award? Or who will be there to help enjoy the fruits of labor? Connections with others, whether they are family, friends, or lovers, is a crucial aspect of happiness.

As social beings, we rely on the presence and company of people. Even the most "successful" person, without anyone at his or her side, can also be the most miserable.

Happiness, so far, consists of success and human connection. In contrast to Aristotle's definition, this modern articulation lacks the concept of virtue.

While the particular idea of male excellence that Aristotle employs in virtue cannot be translated to modern day, his emphasis on morality still applies.

Because money is often associated with success, it is important to note the common saying that money cannot buy happiness.

Although money is necessary for survival, it is not the epitome of a happy life.

Instead, a person's morals should value other things much more highly than money, such as compassion and generosity.

After all, the most evil people can boast of their bulging wallets and throngs of followers, but without a strong moral basis, they can never attain

true happiness.

Happiness, then, is based on success, human connection, and morals. Although this general definition can apply to most people, can we actually achieve it?

The short, albeit pessimistic answer, is no. The ultimate, lofty ideal of happiness is only reserved for the select few who manage to align their cards in just the right manner.

An ideal is only the most perfect example, with reality often falling short. But the vast majority who do not correspond to the lucky few considered happy under this ideal are not hopeless.

On a day to day basis, happiness can be found in the smallest, but also most meaningful, moments. Rushing to Dunkin' before a test to find there is no line, carefree laughter with friends at dinner, or jumping into bed at the end of a stressful day are all glimpses into true happiness.

Look for the small things, revel in them, and happiness can be only steps away.



In times of stress, students can find happiness in the little things, like getting a coffee from Starbucks. PHOTO COURTESY OF PROVIDENCE COLLEGE

The Problem With PC Printing Money

Should the College Reimburse Students' Remaining Balance?

by Kelly Wheeler '21
Opinion Staff

CAMPUS

As the semester comes to a close, many Providence College students are frantically realizing that they did a poor job saving enough Friar Bucks to use during the last few weeks of classes. Finding themselves completely wiped out of Friar Bucks, countless students are eagerly awaiting the arrival of next semester's Friar Bucks deposit so they can get buffalo chicken wraps from Yella's and flatbreads from Sandella's again.

Students may feel a bit panicked watching their Friar Bucks balance rapidly decline, but there are not too many students that feel this same panic about running out of printing money by the end of the semester.

PC loads \$40 to every undergraduate student's PC Prints account at the beginning of each semester.

All students pay the same technology fee at PC which accounts for printing costs, meaning that a student who exhausts all \$40 of their printing money will still pay the same amount to the College as a student who did not print a single page all semester.

PC needs to start reimbursing students for their unspent printing money at the end of each semester.

The 21st century classroom is becoming increasingly paperless, so many students do not come anywhere



While every student has to print at one point or another, many students are beginning to use online resources in place of printed ones. NICHOLAS CRENSHAW '20/THE COWL

close to using all \$40 of their printing balance.

This is especially true on our campus because Sakai is used as an online educational platform.

Many professors allow students to submit their assignments on Sakai, eliminating the need for students to print out hard copies of their work.

Additionally, students can view and annotate documents that they access on Sakai without ever needing to print them out.

Margaret Benson '20 says, "In several of my classes, my professors let us use our computers to engage with the texts they put on Sakai. I can highlight words and add notes using tools on my laptop, so I don't really print that often."

Additionally, PC should reimburse students for their unused printing money in order to benefit the environment.

If students know they can get money back at the end of the

semester according to their remaining balances, they will only print when absolutely necessary to maximize their reimbursement payments.

This will reduce the amount of paper used by the College, thus making our campus more environmentally friendly.

Deforestation is a major problem in today's world, so PC should do its part to cut back on its paper usage.

Trees are invaluable to our planet. They produce oxygen for us to breathe, provide shelter for countless species of animals, and remove carbon dioxide, a greenhouse gas contributing to climate change, from our atmosphere.

The less paper we use as a campus, the fewer trees will be sacrificed to satisfy our demand.

Students would be motivated to print less, thus reducing the amount of paper and ink that PC would need to purchase.

The cost of a college education is exceedingly high. From tuition to room and board to textbooks, the expenses quickly pile up.

PC should do what it can to curb these costs for students—even if it is by doing something as small as reimbursing them for unspent printing money.

Whether the money is returned in the form of a check or by deducting it from the technology fee that students are charged the following semester, every dollar saved can go a long way for college students.

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Engaging in Campus Dialogue

by Taylor Godfrey '19
Editor-in-Chief

EDITOR'S COLUMN



During the past couple weeks, several meaningful conversations have taken place on campus.

In the past few issues of *The Cowl* alone, we've published articles on the

Campus Climate Survey Forum, the email sent from Father Sicard, O.P., about the clergy sexual abuse crisis, and the new Community Dialogue Inclusion and Democracy (D.I.D.) wall that has been installed in Feinstein to facilitate discussions around difficult topics such as free speech and inclusion.

It is vitally important that all

of these discussions happen on campus, but they will only work if people show up willing to share their ideas and to be open to other points of view.

The Thursday before Thanksgiving break, I went to the Campus Climate Survey Forum held by the Title IX office to discuss the results of the survey about sexual assault on campus.

The students who attended the discussion made some excellent points about the survey, what the results mean for PC, and how we will have to address them moving forward.

However, there were very few students there in the first place, meaning that they could not benefit from the discussion taking place and their voices were not a part of the dialogue at all.

In the polarized country we live in today, it can be very easy to put yourself in a bubble and never listen to ideas that differ from your own. With curated social media feeds and

the ever solidifying lines between political parties and groups, people can become too comfortable surrounding themselves with opinions and ideas that reflect their own. It is too easy to simply not show up to difficult conversations where that echo chamber will be broken.

But these conversations can only gain the power for change if there are many voices involved.

Every person on this campus is an important member of the community and their opinions deserve to be heard just as much as anyone else's.

However, they only gain the opportunity to be heard when everyone shows up to and engages in these important discussions. Silence will accomplish nothing.

Improving our campus community is a project in which we all must be involved. It is not going to be simple and it is not going to be comfortable, but it is the way forward and it will only work if we all agree to talk and work together, regardless of our differences.

TANGENTS & TIRADES

Assign Essay Prompts Before Reading the Book

We have all gone through it. Frantically skimming through a Civ book we previously read to try and find quotes that support the thesis statement in our paper. It is complete hell.

It is almost as if we are trying to solve a mystery, and the clues are hidden within 300 pages.

If all professors would include their essay prompts in the syllabus at the beginning of the semester, it would result in better quality essays and less stress for the students.

When we are reading up to two books per week, just for one class—not counting our other courses—it is very easy for the content of each book to get mixed up, making it extremely hard to write a proper paper.

Writing a paper in and of itself is extremely stressful, but trying to write a paper on a book that one has previously read, and does not have any recollection of, adds unnecessary stress to the process.

If a clear prompt would be given before students start reading the books, we would be able to plan accordingly and choose on which prompt we want to write the paper.

We could annotate as we read to find evidence in advance. Not only would the evidence used be much more supportive, but the overall quality of the paper and the student's understanding of the text would improve.

—Angela Bueso '22

Going Greener at PC

Reduce, reuse, and recycle—the catchphrase that elementary school teachers ingrain into every student's head. Although it is constantly repeated, the sentiment behind this saying is still important.

College students should embrace the meaning behind this common phrase, and Providence College needs to make "going green" more feasible on campus.

Some may argue that the campus is green due to the recycling bins that each dorm room has; however, some rooms do not have recycling bins. The ones that do have them are usually unsure what to put in the trash versus what to put in the recycling bin.

PC can improve this by making the information on what to recycle more available; perhaps they could give out magnets on move-in day.

In addition to that information, they can include easy ways to go green around school, such as not ordering Styrofoam cups with Dunkin' coffees.

The omnipresence of plastic water bottles on campus is inevitable, unless PC offers more affordable reusable water bottles for sale on campus. Reusable water bottles are a great way to promote school pride when the water bottle has the PC logo on it.

By implementing a few easy changes, PC can take a big step towards encouraging students to practice going green and the Three R's.

—Emily Ball '22

"Reunited and It Feels So Good"

Thanksgiving break is exciting for a couple of reasons: escaping school and eating delicious (and real) food.

For me and hopefully many others, another great part about returning home is seeing friends that you open up with. The friends made here at Providence College are most likely very different than your high school friends, which is nice since college is a time to branch out and meet new people.

But nothing comes quite as close to the feeling of home and familiarity as your high school friends. Of course, your friends made at PC will last a lifetime, but those friends that you bonded with over bad SAT scores and prom dresses will always mean a lot to you.

It is for these reasons that returning home this Thanksgiving break brought so much excitement and wonder for what it will be like to reunite with the friends that you saw every day for four years.

The group dynamic was very different. Everyone has been off living separate lives for the past three months and because of that, we have all changed.

At first, it took my friends and I time to get used to being around each other again; however, slowly but surely, we regained that comfort level with each other and for a little while it felt just like old times.

Of course, it was nice to return to PC, but it is always comforting to see the people you grew so close to for the past four years of high school.

—Katherine Belbusti '22

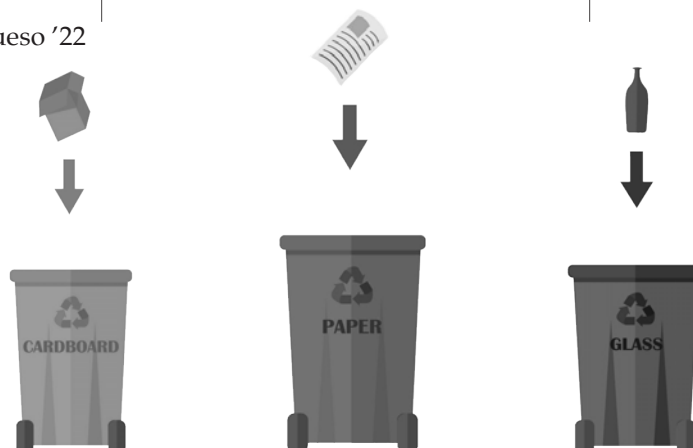
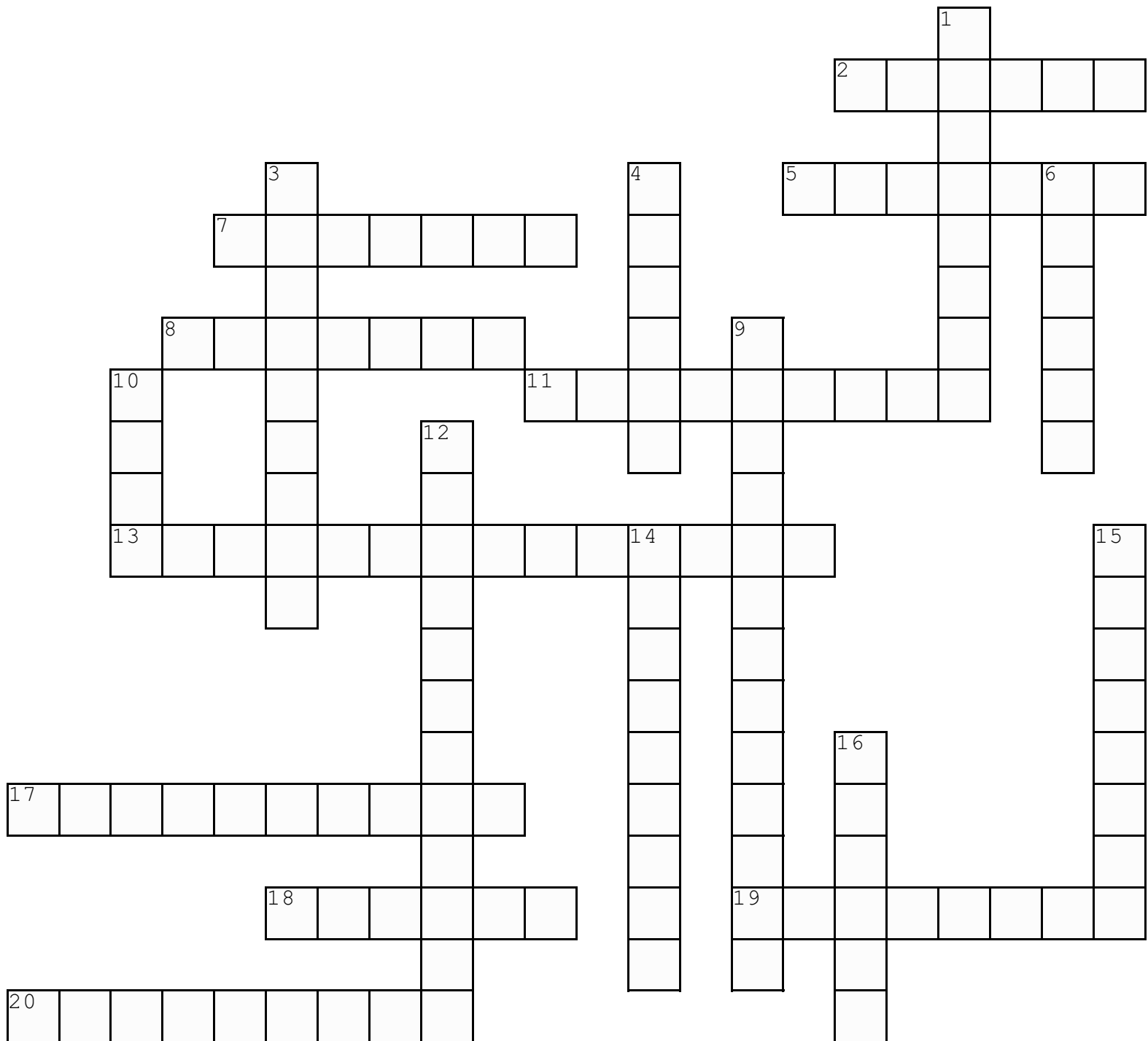


PHOTO COURTESY OF VECTORSTOCK

Name that College Mascot

Complete the crossword below



Across

2. University of California, Los Angeles
5. University of Connecticut
7. Colgate University
8. University of Pennsylvania
11. University of Louisville
13. Rutgers University
17. Duke University
18. University of Florida
19. Michigan State University
20. College of the Holy Cross

Down

1. The Ohio State University
3. University of Virginia
4. Auburn University
6. Boston College
9. University of Notre Dame
10. Temple University
12. The Pennsylvania State University
14. Tulane University
15. University of Kentucky
16. Providence College

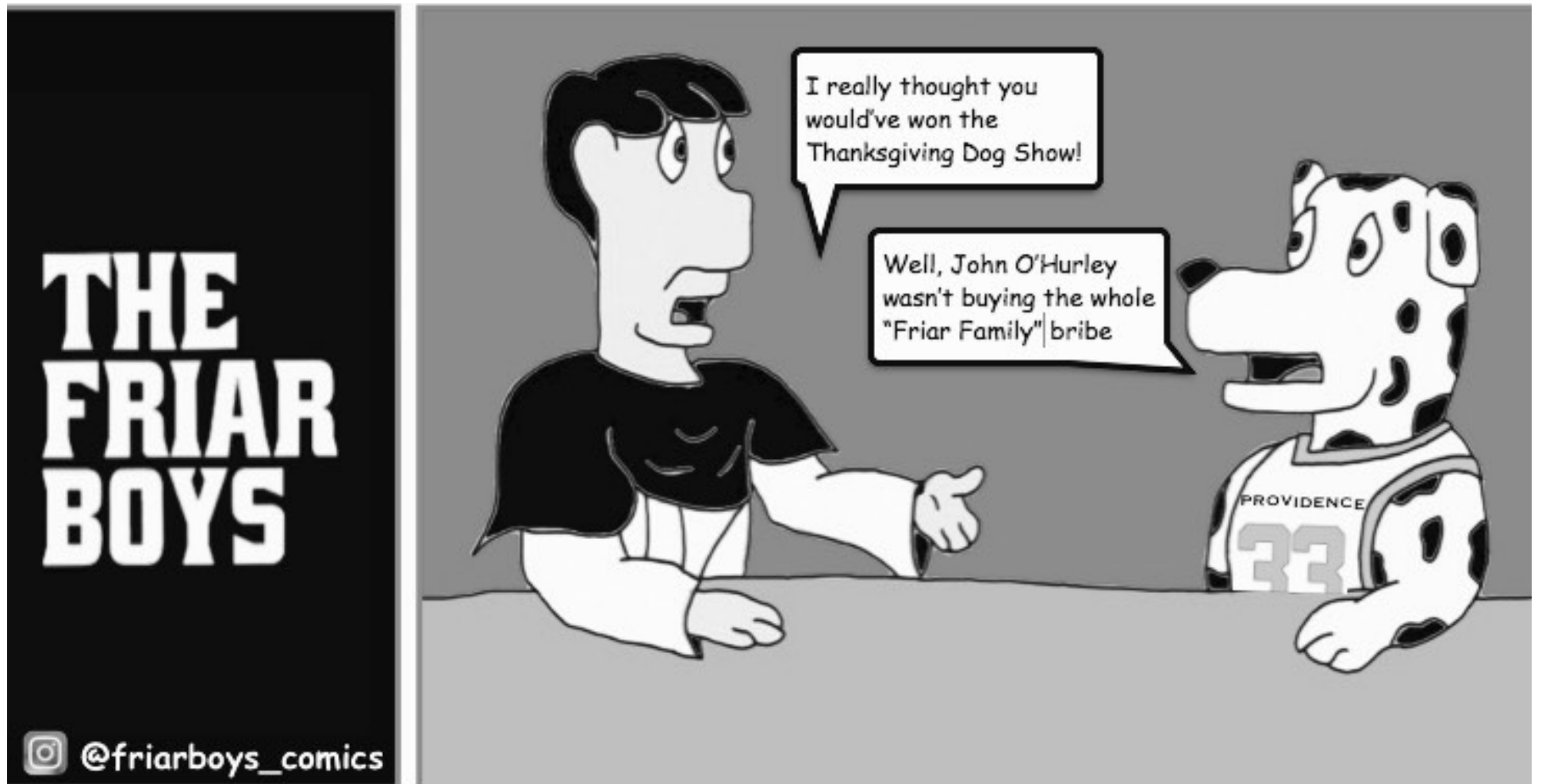
Last Week's Answers

Across

4. The Mayflower
9. Norman Rockwell
10. Pumpkin Pie
11. Cap Cod Bay
12. Football

Down

1. Lincoln
2. Macy's Day Parade
3. Gravy
5. Give Thanks
6. Charlie Brown
7. Turkey



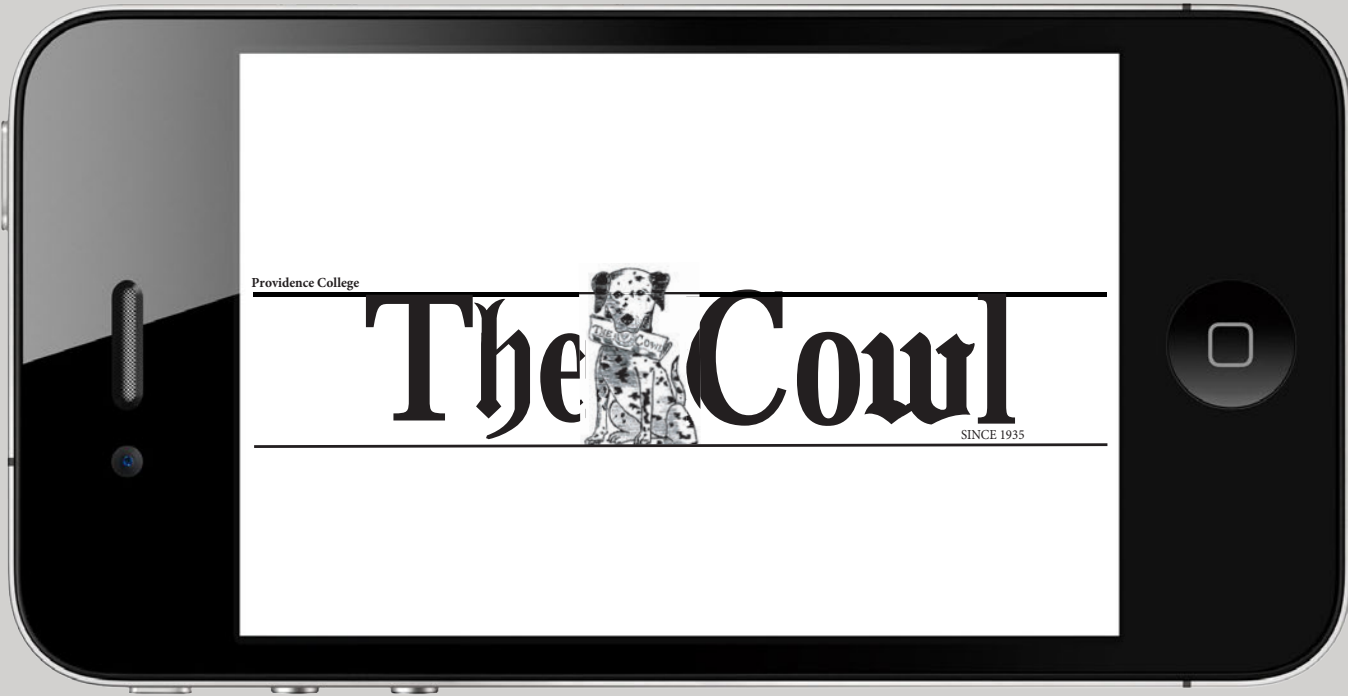
CARTOON BY MARK FAIRCHILD '20

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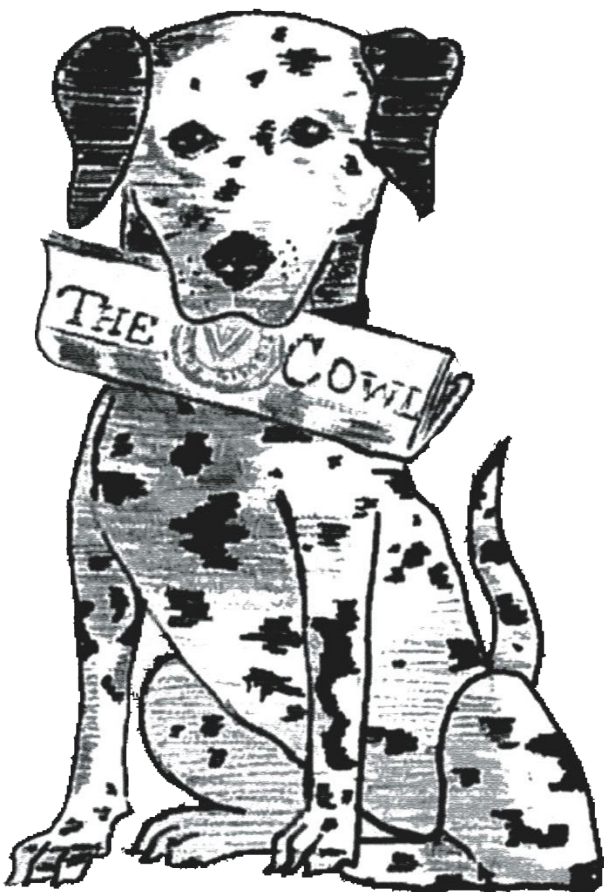


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PHOTOGRAPHY



CAMERON VILLARUEL '21/THE COWL



NICHOLAS CRENSHAW '20/THE COWL



BRIANNA COLLETTI '21/THE COWL

TOP LEFT: Dr. Helen G. Grundman, research professor emeritus of mathematics at Bryn Mawr College and the director of education and diversity at the American Mathematical Society, speaks on digit sums and Harshad numbers at the mathematics/computer science department colloquium on Wednesday, November 28.

ABOVE LEFT: Matt Calogero '20 dishes out potatoes at the Gaelic Society Potato Mash on Wednesday, November 28.

ABOVE RIGHT: Dr. Peter Andreas, the John Hay professor of international studies and member of the Watson Institute at Brown University, lectures on the topic of his new book project, *Drugs and War: What is the Relationship?* on Wednesday, November 28.

RIGHT: A.J. Reeves '22 shoots a three-pointer in the second half of the Providence College Men's Basketball game against Fairleigh Dickinson University. The Friars beat the Devils 69-59 on Tuesday, November 27.

BELOW: Flameless candles and luminaria marked with the names of victims of hate crimes at the Trans* Day of Rememberance vigil in the Moore Hall arts café. The two day vigil was punctuated with a discussion on Wednesday, November 28.



NICHOLAS CRENSHAW '20/THE COWL



WILLIAM BOZIAN '19/THE COWL

ROVING PHOTOGRAPHY

Page 12

November 29, 2018

If you were a Christmas ornament, on which tree would you like to hang?



"The Christmas tree at Disneyland."
Kerry Vitagliamo '19



"Jimmy Buffett's Christmas tree."
Adam Sorrentino '20



"Gronk's Christmas tree."
Erin James '19



"Michael Buble's Christmas tree."
Alissa Whitten '19



"Coach Ed Cooley's Christmas tree."
Dan DeMauro '19



"Bruno Mars' Christmas tree."
Giulia Broccoli '19



"Michael Scott's Christmas tree."

-Dwight Schrute

PHOTO COURTESY OF NBC

Photos by Cameron Villaruel '21, Staff Photographer

Concert Previews: Opportunities to Support Providence Venues

The Mavericks

by Patrick Fuller '21
A&E Co-Editor

MUSIC

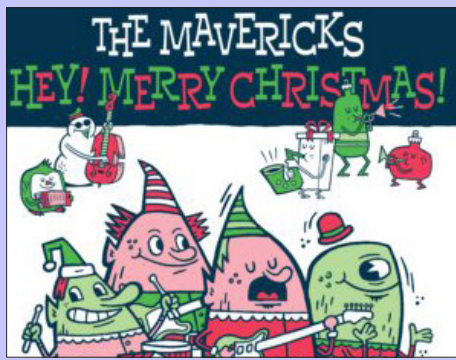


PHOTO COURTESY OF ALLEYESMEDIA

Formed in Florida during the rocking '80s, The Mavericks have shaped their sound throughout the years. The group hit its stride in the mid-90s with *What a Crying Shame*, a twangy, old-school country album which paid homage to the likes of Elvis Presley, Hank Williams, and Johnny Cash. With four singles off the platinum album landing in the country Top 40, the band decided to risk transforming its sound for subsequent projects.

In 1998, The Mavericks released *Trampoline*, solidifying their goal to showcase the voice of lead singer Raul Malo over Latin-pop instrumentation. Conflicts with various record companies drove the band apart and together again several times before reuniting in 2011 with pianist Jerry Dale McFadden, bassist Robert Reynolds, drummer Paul Deakin, guitarist Eddie Perez, and Malo rounding out the quintet. Despite

parting ways with Reynolds due to his unfortunate opiate addiction, the band persisted in pleasing its fans, releasing *Mono* in 2015. This album went on to receive two Grammy nominations including Best Americana Album.

The Mavericks isolated their eclectic blend of Latin, rock, and country by launching their own label, Mono Mundo Recordings, in 2016. Shortly thereafter, in March 2017, almost 30 years since the group's genesis, The Mavericks dropped *Brand New Day*, receiving two more Grammy nominations for Best Americana Album and Best American Roots Song for "I Wish You Well."

However, the incredibly prolific group is coming to The Strand in Providence on Dec. 4 to promote their recent holiday album, *Hey! Merry Christmas!* According to AllEyesMedia, the album "...features eight new seasonal originals and The Mavs' readings of two Yuletide perennials, Darlene Love's 'Christmas (Baby Please Come Home)' and Irving Berlin's 'Happy Holiday.'"

Listening to the band's expansive catalog with its ambitious genre-bending and instrumentation leads to wonder over just how The Mavericks bring it all together live. The *Los Angeles Times* comments, "...the band's exuberant live shows... channel an energy and a gleeful disregard for musical boundaries that also has been a hallmark of the Mavericks' albums."

The band's fun blend of Cuban jazz, blues, and swing should make for a festive, 50s-esque dance party at The Strand. Tickets are available through the venue's website.

Darlingside

The four-piece folk band Darlingside formed in 2009 at Williams College in Williamstown, Massachusetts. The group's stripped-down instrumentation and seamless harmonies bring to mind contemporary acts like Fleet Foxes, Sufjan Stevens, and The Lone Bellow while achieving comparisons to Crosby, Stills and Nash, Simon and Garfunkel, and The Byrds.

Although the band is young, and its catalog limited, Darlingside has already garnered tremendous success, especially with their most recent album, *Extralife*. The album earned them a performance on the prestigious NPR Tiny Desk Concert Series where the band showcased its unique live performance style.

Don Mitchell (guitar, banjo, vocals), Auyon Mukharji (mandolin, violin, vocals), Harris Pasetliner (guitar, cello, vocals), and David Senft (bass, kick drum, vocals) surround a single condenser microphone, allowing for the unity of their voices and the variety of their instrumentation to create an intimate concert experience. Yet the bandmates' whacky personalities, as illustrated by their website biographies, do not prevent socio-political commentary. The band may stop to joke in between songs, but the lyrical content of *Extralife* "...conjures the feeling and texture of end times while leaving plenty of space for the listener to decide just what such an event would actually look like."

In short, the album appears to reflect the serious, critical side of the individual members. The band

boasts The Unicorn of Friendship as its mascot and fearlessly banters with NPR Tiny Desk host Bob Boilen but preaches the impending apocalypse when they step behind the microphone. This harsh contrast between individual optimism and artistic cynicism intersects in *Extralife*, offering listeners a hauntingly relevant tale of social decline.

On Dec. 9, Darlingside will come to the Columbus Theatre Upstairs with special guest Henry Jamison. *Rhode Island Monthly* says of the theatre, "And for the folks who are there to truly see, hear, and experience the music, the 200-seat venue is about as intimate as it gets." The venue, originally built in 1926 for vaudeville and silent films, provides Darlingside with the perfect opportunity to showcase their harmonies and apocalyptic thought. Tickets are available on the Columbus Theatre website.



PHOTO COURTESY OF ALLEYESMEDIA

Summer Breeze Blowing Fall Leaves

On Oxnard, Anderson .Paak Delivers a Breath of Fresh Air

by Peter Keough '20
A&E Staff

MUSIC

Even if you have not heard of Anderson .Paak by name, it is likely that you are probably familiar with some of the work with which he is affiliated. The man is not only a rapper, singer, and multi-instrumentalist, but has also produced and featured on songs by the likes of Kendrick Lamar, Christina Aguilera, A Tribe Called Quest, and even the late Mac Miller. He also co-fronted a project with songwriter and producer Knxwledge, under the name NxWorries, that was met with critical acclaim. However, on his newest solo album, .Paak is able to truly show off his personal skill set.

This new album, named *Oxnard* after the city in Southern California that .Paak was born and raised in, was released on Nov. 16 by Aftermath Entertainment. This is notably the label founded and run by ex-N.W.A. member Dr. Dre, who also produced the entirety of *Oxnard* with .Paak and various other producers. Dre worked closely with .Paak throughout the entire album-creation process, helping him flesh out each of the 14 tracks into a cohesive whole.

In full, *Oxnard* presents itself as a shimmering, warm album with plenty of heart and soul. Anderson .Paak's trademark focus on creating sticky, sultry grooves is present throughout the work, making the listener sonically invested in each and every song. He effectively transitions between funk-tinged slow-burners such as "Saviors Road" and "Anywhere" (feat. Snoop Dogg and The Last Artful, Dodgr) to more upbeat, glittery songs such as the lead single "Tints" (feat. Kendrick Lamar). *Rolling Stone* writes, ".Paak remains an anomaly:

No one else is as dedicated to upbeat and funky hip-hop soul as the 32-year-old singer, rapper, and drummer," perfectly highlighting .Paak's versatility.

It is the album's dedication to finding these grooves, coupled with the dedicated production by Dr. Dre and company, that allows *Oxnard* to bring some summer warmth to November. Each song is crafted in such a fashion that it feels as if the listener is sitting in the studio as .Paak and his band the Free Nationals are recording. Whether he is rapping about the tinted windows of his car, the prevalence of gun violence in the U.S., or the passing of dear friends, .Paak is always able

to bring a sense of cool to his songs on *Oxnard*.

Through this use of breezy melodies and hypnotic vocal performances, .Paak's *Oxnard* is successful in bringing a taste of summer to these dreary fall and winter months. His songs convey the feeling of cruising down the highway with the windows down, without a care in the world. The song "Tints" begins with .Paak crooning "I been feelin' kinda cooped up, cooped up/I'm tryna get some fresh air." For listeners, *Oxnard* is exactly the breath of fresh air necessary to get us through these humdrum months. So sit back, relax, and throw on some Anderson .Paak to bring some brightness to a gray day.



Oxnard is Anderson .Paak's fourth studio album since 2014, when he released *Venice*.

PHOTO COURTESY OF ANDERSONPAAK.COM

Steve McQueen Releases Latest Film, *Widows*

A Heist Thriller with Oscar Ambitions and a Lot on its Mind

by William Burleigh '19
A&E Staff

FILM

One of the most critically acclaimed movies currently playing in theaters is *Widows*, a gritty heist thriller released on Nov. 16. The intense plotline follows the wives of four thieves who die in an explosive armed robbery attempt in Chicago, their scheme to finish the job after their husbands' deaths, and their goal to forge a future on their own terms.

Widows, which originally premiered at the Toronto International Film Festival in September, has numerous strong elements that make it worth seeing. It is directed by Steve McQueen, an acclaimed British filmmaker who previously helmed Michael Fassbender dramas *Hunger* (2008) and *Shame* (2011). McQueen's best-known work, though, is his epic historical period drama *12 Years a Slave* (2013), which won the Academy Award for Best Picture, making McQueen the first black filmmaker to gain such a recognition. The immensely talented McQueen, who co-wrote *Widows* with Gillian Flynn (*Gone Girl*), has also received the Turner Prize, the highest award given to a British visual artist.

Widows also boasts an all-star cast. Oscar winner Viola Davis (*Fences*) carries the film, giving a fiery performance as Veronica Rawlings, the calculating leader who is not afraid to threaten and intimidate her own crew in order to ensure success. Elizabeth Debicki (*The Night Manager*, *The Great Gatsby*) offers a career-best performance as Alice, an anxious woman who is left in financial ruin after her abusive husband dies in the opening minutes and becomes determined to see the job through. Michelle Rodriguez (*Fast & Furious*) plays Linda, a tough mother facing intense debt after being cut off by her family. Rounding off the crew is Cynthia Erivo—fresh off her revelatory role in *Bad Times at the El Royale*—as Belle, a tough boxer whose raw physicality is a vital addition to the crew's repertoire.

Liam Neeson co-stars as Veronica's husband, Harry Rawlings, whose criminal dealings kickstart the film's plot. Brian Tyree Hill (*Atlanta*), Colin Farrell, and Robert Duvall also appear. One of *Widows*' most standout performances is given by

Daniel Kaluuya, playing a brutal, unflappable gangster who threatens and kills his enemies with a cold-blooded calm. This chilling character shows off the actor's range and proves that, after becoming a household name for his Oscar-nominated role in *Get Out*, Kaluuya is a talent who is just getting started.

One of *Widows*' best and most interesting qualities is its ability to bend genre and theme. This is mostly due to Steve McQueen's skillful ability to fashion a hybrid film that combines the arthouse sensibilities of his roots with an accessible story that is fun and exciting. 20th Century Fox deserves credit for backing this vision of a film that is equal parts entertaining and intriguing: an action movie with Oscar potential.

At its core, *Widows* is a heist film: its story revolves around a crew of inexperienced thieves trying to pull off an ambitious job. But it tackles this storyline and its heist film tropes in a particularly unique way. While genre staples such as *Heat*, *The Usual Suspects*, and *The Town* have served as favorites for male audiences for years, few heist films have ever placed women at the forefront of their stories, with this past summer's *Ocean's 8* being a notable exception. However, *Ocean's 8* focused more on comedic elements and an upbeat

atmosphere to satisfy audiences, while *Widows* instead doubles down on intensity, high stakes, and the grim determination of its leading ladies to solidify its thesis that women, too, can propel an enthralling heist film and deserve a place in the genre.

Beyond engaging with feminism, *Widows* also tackles many other heavy themes because its leads are not only female, but also diverse. Set in the 18th ward of Chicago against the backdrop of a tight political race between a white incumbent candidate and his surging black opponent, the film touches on issues of racism, classism, and police brutality—one scene involving a young black teen being gunned down in the shadow of Barack Obama's "Hope" and "Change" posters is particularly heart-breaking—in a subtle manner that never overwhelms or distracts the viewer. Essentially, the film never feels heavy-handed in its message; *Widows* makes its comments on these current issues without sacrificing car chases, thrills, and gunplay.

Widows, an exciting heist thriller with topical messages that never overshadow but instead only accentuate its intensity, is currently playing in theaters nationwide.



Viola Davis as gang leader Veronica and Colin Farrell as corrupt politician Jack in *Widows*.

PHOTO COURTESY OF EVENINGSTANDARD

Bohemian Rhapsody Film Offers Biographical Insight Into Queen

by Julia Vaccarella '20
A&E Staff

FILM

It is no question that many of the songs and albums created by the members of the renowned British rock group, Queen, continue to enrapture many listeners to this day. Therefore, it comes as no surprise that the film, *Bohemian Rhapsody*, which chronicles the band's major milestones and highlights the life of lead singer Freddie Mercury, has made such an impact on the box office following its Nov. 2 release. Starring Rami Malek, the movie is strongly guided by biographical events, culminating with Queen's performance at the Live Aid concert in the year 1985.

Many critics have positively commented on *Bohemian Rhapsody*'s lead performance, with Malek as Freddie Mercury. While the movie ultimately provides an adequate picture of Queen's rise to prominence, a significant focus is placed on aspects of Mercury's personal life. *Rolling Stone* says, "And there is Malek, who digs so deep into the role that we can't believe we're not watching the real thing, starting from the singer and actor sharing an immigrant experience (the actor's parents are from Egypt, Mercury's from Zanzibar)." In fact, it is revealed that Freddie Mercury was born with the name



Above: Rami Malek as Queen frontman Freddie Mercury, recording *Night at the Opera* in the studio.

PHOTO COURTESY OF NEW YORK POST

Farrokh Bulsara, but he opted to legally change his name thereafter. The movie goes far beyond delving into his family life, though. *Bohemian Rhapsody* also provides a picture of Mercury's personal struggles, and how he chose to handle such issues whilst being in the spotlight.

As to be expected, much of the appeal for *Bohemian Rhapsody* has come from its interpretation of Queen's music. For example, the film narrows in on the band's innovative sound while creating the *Night at the Opera* album, embracing the members' persistence

to utilize "Bohemian Rhapsody" as the album's leading single during a time where music of the sort was never heard on radio stations. The film also incorporates Queen's effort in working towards involving their audience more during concerts, namely with the song "We Will Rock You."

The Wall Street Journal describes this dynamic perfectly. In a piece summarizing several film releases during the opening weekend of *Bohemian Rhapsody*, the newspaper affirms, "Malek's ability to adopt the personality and essence of Freddie

Mercury has been supported by both longtime fans of Queen and younger audiences that are eager to learn more about the band's history."

The height of Queen's success has extended well past its formation in the 1970s. Furthermore, many individuals today are still familiar with a wide array of the band's songs, from "Somebody to Love" to "Bohemian Rhapsody" itself. *Bohemian Rhapsody* attempts to offer viewers a personification of Queen's music and the backstory of a band that will surely continue to have a long-lasting legacy going forward.

“You Will Be Found:” *Dear Evan Hansen*

Broadway’s Hit Show Continues to Inspire Through Its Novel Form

by Sara Conway '21
A&E Staff

LITERATURE

Today is a good day, and here’s why...

Ever since premiering on Broadway in late 2016, *Dear Evan Hansen* has remained a phenomenon across the globe, winning six Tony Awards in 2017, including Best Musical.

Evan Hansen is a high school senior who struggles with severe social anxiety and becomes intimately connected to the death of a classmate named Connor, after Evan’s therapy letter is found on the student and assumed to be the boy’s suicide note. He lies about his relationship with the classmate, entangling himself in a web of half-truths and made up stories. Evan finally gets a chance to belong, but at what cost?

Creators Steven Levenson, the playwright, and Benj Pasek and Justin Paul, the songwriters, collaborated with writer, singer-songwriter, and actor Val Emmich to bring the novel to life.

Published by Poppy, an imprint of Little, Brown and Company, *Dear Evan Hansen: The Novel* is a standalone that seeks to bring the story of Evan Hansen to people who may be unable to see the show on Broadway.

In addition, the novel shares what had to be cut in the process of developing the musical. Levenson states in an interview with *Publishers Weekly* that the creators had “so much stuff that ended up on the cutting room floor” and “so many ideas about who

these people were and where they had come from.”

Dear Evan Hansen: The Novel allows readers to understand the characters from the show on a deeper level, something that is lost in the musical. Readers see more of Connor, his personality, and his hurt as well as his side of the story. Also, since the novel is told from Evan’s perspective, the audience maintains a direct connection with his perspective and his thoughts. The musical, in contrast, attempts to show the sides of most of the characters through the different songs.

Familiar scenes are included in the novel that many readers will recognize, such as the “You Will Be Found” sequence. Others lead to a new level of understanding of the relationship between Evan and his father in Colorado, as his mother and father divorced when he was young.

As with the musical, the novel tackles topics that need to be out in the open and talked about such as bullying, mental illness, and suicide. Both contemplate the potentially devastating impact of not checking in on loved ones. There are many people who are hurting on a level that is deeper than one’s initial understanding.

The novel and the Broadway show take care to not conclude with a “happily ever after” ending. As Evan discovers, there are serious ramifications for lying even with good intentions. But there is good and hope that emerges from tragedy and pain as well, even if it is in ways that are unexpected.

Dear Evan Hansen, in short, is a story of hope, of knowing that you are not alone, and of realizing that you will be found.

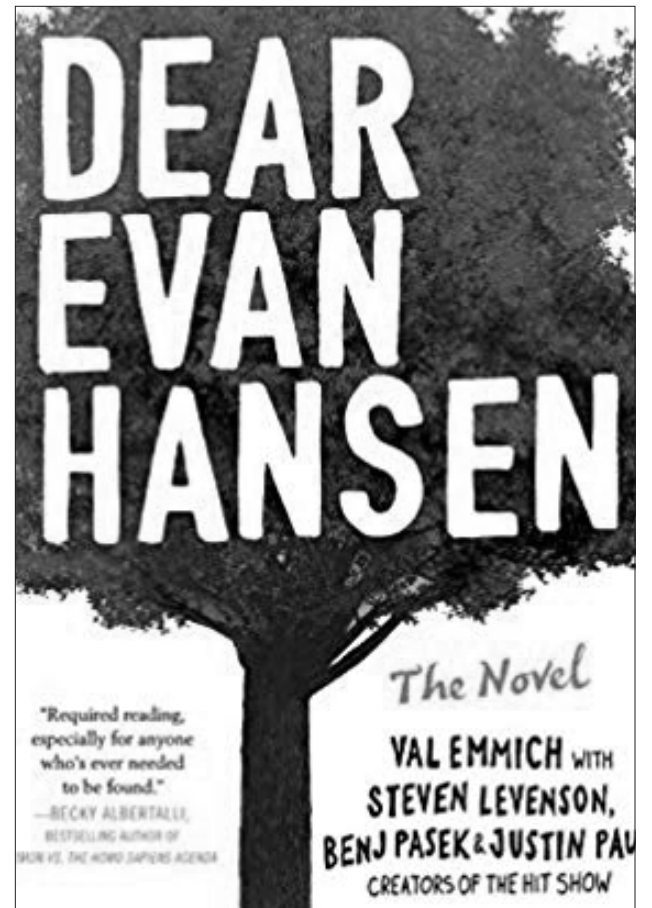


PHOTO COURTESY OF AMAZON.COM

The book cover for *Dear Evan Hansen: The Novel*.

AMERICAN MUST-READS

Life is too short to read everything. It may even be too short to major in American studies, history, or English. This column, brought to you by professors in American studies, history, and English, highlights the books you simply cannot let pass, whatever your major. Start your list!

by Dr. Ted Andrews' U.S. History to 1877 Class

LITERATURE

Some free blacks in the late 1820s traversed the American south with contraband so dangerous, and so controversial, that it had to be sewn into the very clothes they were wearing. The contraband was not weapons or explosives, but rather a short pamphlet written by a black abolitionist who prophesied the wrath of God and the destruction of the United States if it did not rid itself of the evils of human bondage.

David Walker's *Appeal to the Coloured Citizens of the World* was a scathing indictment of American slavery. It attacked the usual suspects who perpetuated the institution: the slaveholders, the overseers, and the politicians. But Walker, a Boston-based abolitionist who used his gift with words and cloth to disseminate his publication by sewing copies into the clothes he sold, took aim at much more than that.

He blamed founding fathers like Thomas Jefferson, who claimed that all men were equal but supported racist ideologies. He blamed colonizer who argued that freed blacks would be better off in Africa. He blamed white ministers for their blatant hypocrisy in espousing Christianity while embracing slavery. And he blamed black slaves themselves,

who, by not violently overthrowing their masters, they were complicit in propagating the very institution under which they suffered.

Walker's pamphlet was notorious, controversial, agitational, and wildly influential. It helped to develop an embryonic abolitionist movement in the north, but it also exposed and exacerbated the severe fault lines within it. And we can still hear echoes of Walker's urgent, uncompromising message in black activism today.

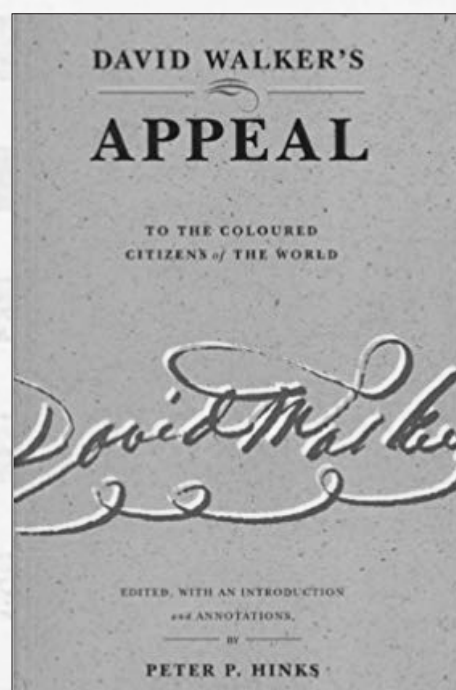


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A FOGGY NIGHT

by Sarah Kirchner '21
Portfolio Staff

FICTION

"Baby, look at me!" I yelled at Daryl behind me. I balanced on the edge of the sidewalk as we found our way home. It was late at night, most likely sometime around 1 a.m. I stopped paying attention to the time at some point or another. We were at a party down the street from our apartment with our friends, but Daryl was getting tired so I agreed to leave. The weather was starting to get bad because of the expected thunderstorms that were coming in the next day, so I wasn't too opposed to the idea of leaving. In the distance, we heard thunder.

"Can you please start walking normally? You're going to fall and crack your head open." Daryl shook his head and jogged up beside me. He took my hand into his own so that I was more stable.

"You're no fun. What happened to Fun Daryl?" I pouted at him and stopped walking. Recently, he had always been ruining my good mood. I was just trying to be funny, but his abrupt attitude made me get upset. It was happening more and more lately.

"What are you talking about?" He grumbled and let go of my hand. I crossed my arms and glared at him. "I'm the same guy I was when you first met me!" He lifted his hands to show it was still him, but I didn't recognize his character.

I scoffed at that. That was far from the truth. I had met Daryl at a karaoke bar uptown. My friends had dared me to go up and sing a song, and I was so terribly awful. It was the most embarrassing moment of my life, but Daryl had jumped on stage with me and sang the *Mamma Mia* song by my side. I admired his outgoing personality, and I fell in love with him soon after.

"You changed after you got this new job of yours," I told him flat out. He needed to hear it, even if he didn't think it was true.

"Kasey, this is my dream job. I'm writing for the city's newspaper! I'm so incredibly lucky for this opportunity," he fought back. He always had to reassure me that that was his dream job, but I knew it wasn't. He was miserable working nine to five shifts and was too exhausted whenever he came home to spend time together. It was becoming exhausting for me as well.

"Yeah? Then why do you have to keep reminding yourself that?"



"I'm not reminding myself, Kasey. I have to keep telling you because you don't seem to get it."

"Whatever, Daryl. I just wanted to have a nice night out with our friends, but those days seem to be over." I started walking again. It was getting colder out and suddenly a fog had crept in. Dark clouds hung above us, and my feelings mimicked the frothy air.

"The weather's crappy. It was time to leave anyway."

I ignored him and kept walking further into the fog. It was thicker than it had been when we left the party. I couldn't even see the next house a couple yards ahead of me.

"Can you stop walking so fast please, Kase? The weather is getting worse," Daryl was

saying behind me. He was right. I could feel the wind picking up and my hair was blowing everywhere. I wished I had brought my coat, but I figured we weren't going far from our place. I was also deciding to be stubborn. Daryl wanted to be a buzzkill, so I would be just as annoying back.

"Kasey, seriously!" Daryl started to raise his voice.

"I can't seem to hear you, Daryl. The wind is just too loud!" I called back to him. I moved deeper into the fog. The

no longer the person I thought he was, but our argument could have waited until we got back to our place. It was dumb to have started the fight in the middle of the storm. The rain was becoming more dense than the fog, and my eyesight was manipulated because of the raindrops on me. I didn't know it was going to be so bad.

"Kasey, where'd you go?" I heard his voice from far away. Had he already crossed the courtyard? Or was he still on the sidewalk, and I was the one who had crossed the grass? "Stop messing with me Kasey."

"Daryl!" I continued to scream for my boyfriend. "Daryl, come here!"

"Kasey?" I heard again. His voice was quiet. He no longer sounded worried. "There you are, baby." My heart calmed down and I smiled. He had found me. "I got so worried. Hold my hand so we don't lose each other again."

I turned around to see him, but he wasn't there. My eyes narrowed and I looked all around me. Everything was still gray. There was no shadow in sight. "Daryl, I don't see you. You're scaring me." My breathing quickened and my stomach began

to knot itself up again. "Daryl baby, please answer."

There was no answer, though. I pulled out my phone and called Daryl. I held the phone up to my ear and waited to hear his phone ring near me. He had to be somewhere near me. I just didn't know where. There was no phone ringing around me. All I could hear was the wind and hard rain. My phone stopped ringing, but it hadn't been sent to voicemail.

"Daryl?" I said into my phone. He didn't answer. "Are you there, baby?"

In the distance, there was a piercing scream. It was Daryl. It was my baby. Somewhere in the fog, he was in trouble. I dropped my phone into the mud and ran, but I had no idea exactly where or to whom I was running towards.

Daddy, I Forgive You

by Jessica Polanco '20
Portfolio Staff

POETRY

Daddy I forgive you
Although you'll never get to see my daughters grow
I forgive you
Daddy the worst part is that you don't know
I wonder if you weren't sick and didn't do it
would there be more closure
Than your rotten subconscious forcing you to turn over
My kids might never get the courage to face you
Sad that they grow up hating what ain't you but ate you
Alive
Dammit Dad I thought you had a bit more pride
Then to let it control you to a point of no rewind
Did you plan to see me in heaven
And hated the state you were in every day Excedrin
And Lithium
So you took us with you
In search of freedom
Maybe you took us early to free us from your fate
A genetic disease you wouldn't want us to relate
But dammit Dad now I'll never see them grow
Never put their dresses on for their first show
Never tell them what to do when they start liking boys
Can never see them off to prom or a wedding or my grandchildren
cut the white noise
I don't wanna hear it
Rather stay here on this planet just so I could be near it
My babies' hearts
They need their mom and you pulled us apart

You who gave me life became my exit and my start
As my soul contemplates
On how to make peace with the results
One thing they can never teach us
even when we're adults
How to cope with the results of death
in any way or form
But the way we died was the worst possible storm
Far from norm
And still I try and forgive
Remembering the man you were
you had so much to give
And in one instance you took it all away
Closure on a paradox the bliss went to dismay
In one day
Your life will never be judged the same
Does it matter how they judged
when you did your best to stay sane
It wasn't your fault
It wasn't your fault
Neurons and destiny
I just wonder if you wept for me
I can't breathe
I can't think
Something's pulling me up
I don't wanna leave, try
And open my eyes but they wont blink
Is this the end
As the violin sounds
I see you and mom holding me as a baby
I was only five pounds
But you said she'll be a trooper
nothings going to hold this one back
Sad to see you were the one to erase my path

PHOTO COURTESY OF HARPETH HILL

Lavender

by Gabriela Baron '20
Portfolio Staff

PROSE POETRY

Every morning I visit your home, the garden. My watering can hovers over your head, the refreshing droplets drip down your neck. I pat down your bed, my hands sinking into the soil. You are my patient and I, your caretaker. I make sure that you're healthy, that your vibrant hue doesn't pale.

Daily stress and worries are embossed on each page of my planner. I scribble my black sharpie over each item but the curved letters peek through, taunting me with their permanence. I squeeze three drops of your essential oil into my diffuser. You swim leisurely in the shallow water bath. When I take in your calming perfume my shoulders relax, my breathing slows, and I can finally rest my bloodshot eyes. Your soothing energy surrounds me, diffusing the sparks of my anxiety. Your moisture tames the flame.

Our skin is rough and parched. My body shakes from the frigid air. I prepare my ingredients: two pieces of woven cloth, dried jasmine rice, and your frosted hair. With a needle and thread, I stitch my homemade heating pad together. It twists and molds around my body, melting into the fibers of my skin. I burrow deep into my bed and place the microwaved creation in between my arms, hoping to capture the familiar fragrance. I curl my back, my body like a bulb soaking in your warm sunshine. I am your patient and you, my caretaker.

...but where will you be in the spring? Will I find you in the Royal Alcázar of Seville? Should I look for you in the Boboli gardens of Florence? During high tea in London? Baked inside the puff pastries of Paris? Or shall I take a train to L'Occitane? And if I don't find you, will you still recognize me?



PHOTO COURTESY OF IPINIMG.COM AND VIDEOBLOCKS.COM

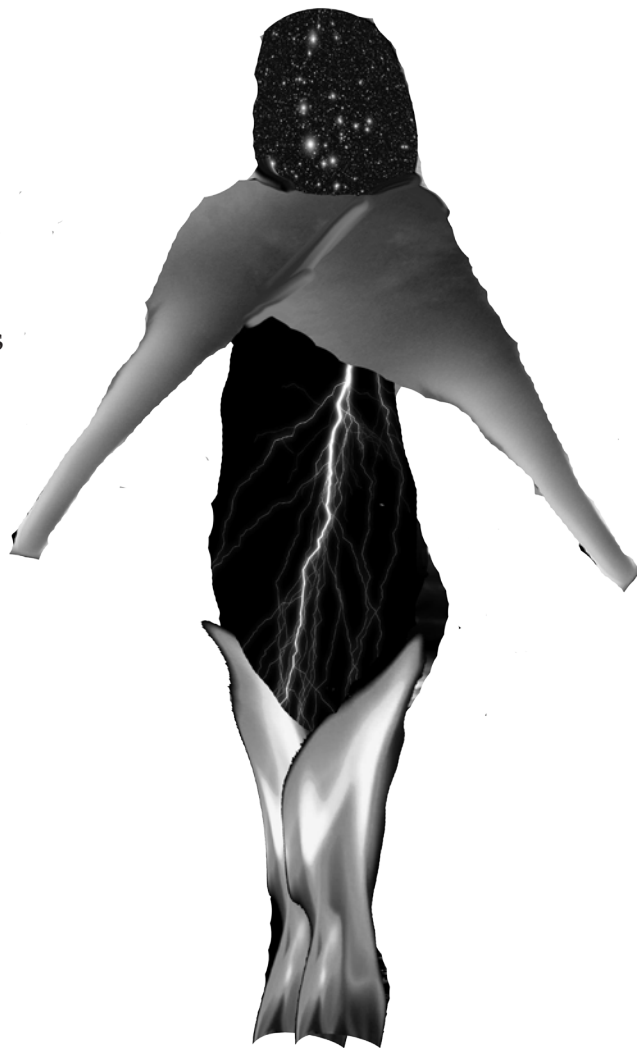
FORCE OF NATURE

by Julia Zygiel '19
Portfolio Staff

PROSE POETRY

She is an inferno. Not from foam like her father tells her, but from choking smoke and ash. Impossibly alive, and yet immortal by nature. In dreams she is made from the void of a black hole, her armor fashioned from stardust, the moon her chariot. Stars dot the bridge of her nose, freckles that etch Aquarius and Sirius across her belly, chest, and face. But her reality is of earth, and it is the sun which bows to her instead. She lives among humans, finds her solace there. Fruitlessly, they look for answers in her.

She is difficult to love. The stubborn fire that fuels her determination too often scalds a lover. The wrath she turns upon her enemies too often catches her followers in its powerful riptide. Yet a lover so capricious is far more exciting than the patiently benevolent ruler of Abraham. So she is a goddess. She is destruction and growth and she does not care for singular, personal acts of prayer. She listens for the hum of trillions of consciousnesses sending themselves into the atmosphere and judges accordingly. She takes the mean value of a prayer and pockets it for later. She giggles when folks call her uncaring.



She sends fingers of lightning to tickle the goosebump hairs of forests and frowns at the wildfires of California. She drags cold fronts in by their reigns and revels in zero-degree nights of the North. In July, she stokes the heat of the sun with a touch of her palm to the hoods of the cars in the grocery mart parking lots. In the summertime of her smile thunder strikes, miles away, a warning. Her followers have learned from the static shocks of her touch to tread carefully in creating friction.

Still they worship. Her electricity does not only punish, but gives life and charge. They choose to focus on the positive. They long for the excitement of uncertainty, whether their darling will be kind or cruel on any given day. She notes this with amusement and absolves herself of the guilt she feels for the hurt she has bred in the ones who love her most. She calls them her 'pets.' They absorb the name, the stars of her countenance blinding their vision. She spins for them, a pretty plaything to be admired. A tornado too powerful to look away from. They are lucky for the chance to fly.

GRAPHIC DESIGN BY CONNOR ZIMMERMAN '20

Family Secrets

by Sam Pellman '20
Portfolio Staff

FICTION

Here we go. I had to mentally prepare myself for the events that were going to happen. It was holiday season, and I was finally home for winter break. It was a rough semester, and those last two weeks really killed me. But I somehow survived and had not yet checked my grades, because why would I want to ruin my Christmas? The family was coming over for Christmas dinner. My family is hard to track down; there's always someone in a different country or vacationing in Florida, but when we are all able to be together, well that's when it gets wild. First we have the weird cousins; everyone has those, right? The ones with the messy lives. But also the ones that cause family drama and give us a reason to gossip. One of them is married, one is engaged and they're only two years older than me but hey, it's alright, we don't judge family... Then we have the cousins that we like but don't see enough. They're mysterious

and always doing their own thing, doing their best to stay out of the drama, but will always be eager to listen to it. Finally, there are the favorite cousins. The ones that are your best friends but in cousin form. But they live across the country so when you finally see them after months and months, there is a list of things to fill each other in on.

The worst is when the favorite cousins show up last and all you do is wait in misery until they finally arrive. Just as I was in the middle of a very uncomfortable conversation with the annoying cousin, a conversation I stopped listening to 15 minutes ago, Kat, my favorite cousin, walks in. Thank God, I thought. We immediately run to each other and start chatting. Now from an outside perspective, it may look like we're not

being inclusive, but that didn't stop us. Secrets needed to be spilled. Like the fake marriage one. The juiciest one this holiday. Supposedly, the cousin who is so-called "engaged" is actually already married but not telling anyone and still having a ceremony. We can't wait to see the look on my grandmother's face when she hears that one.

We sit down at the table. I am of course sitting next to Kat with my grandmother on the other side of me. I already knew she'd ask but I didn't think it would be so soon.

"Is there anyone special in your life?"

Oh God did she really just ask that in front of everyone. As if I don't already know that I'm lonely on the holidays.

"Nope, not now..." I begin.

"Well why not?" she prompts.

What do you mean why not, I think to myself. I don't need a stupid college boy to ruin my future plan in life. Although I don't really say this. Instead I bite my tongue and say, "Just focusing on myself grandma." She surprisingly takes the hint and backs off.

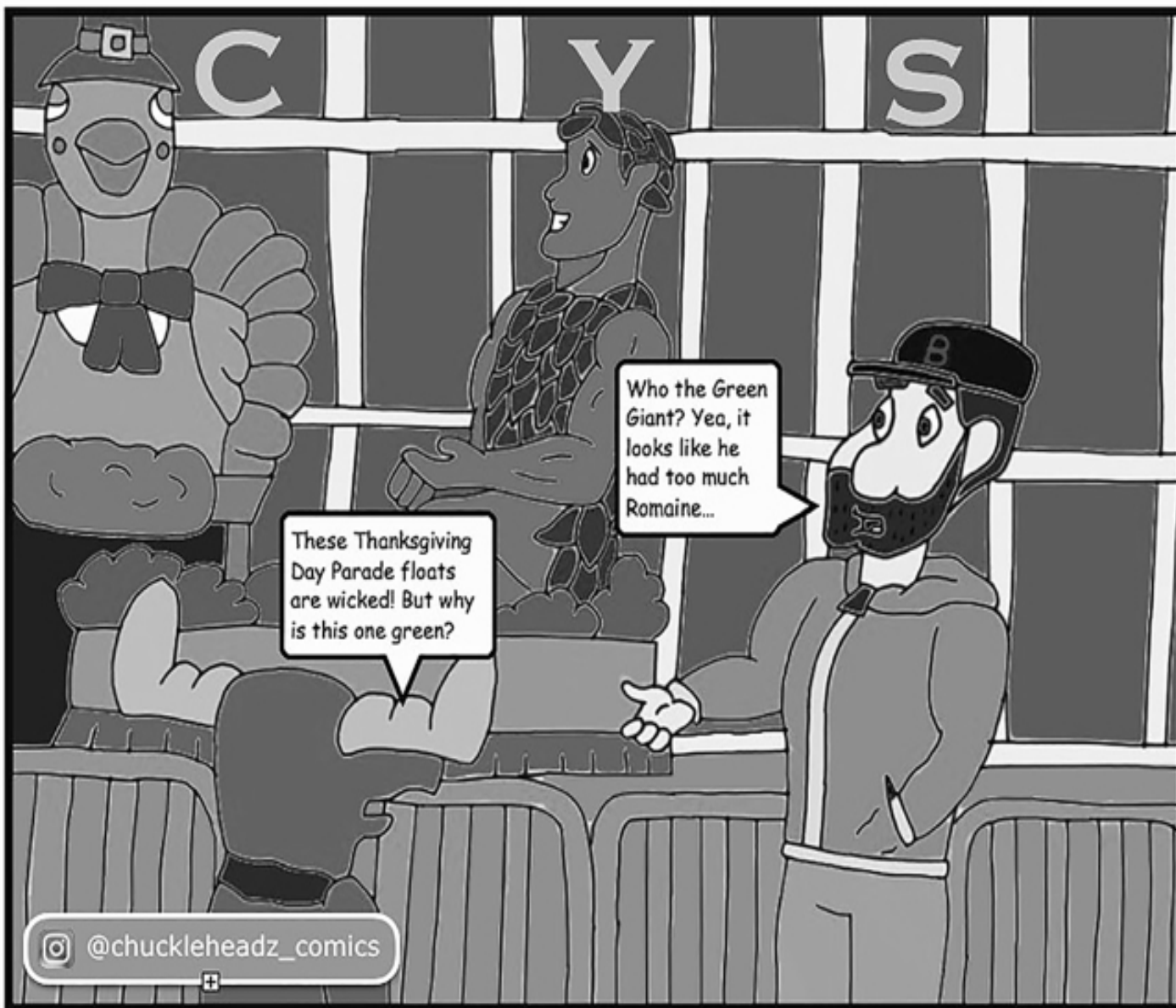
"We all can't wait for the wedding this summer," my aunt says to the engaged cousin, knowing damn well he's already married. There are giggles across the table. It seems that everyone knows but my grandmother, and she looks confused. I wondered, is she really going to say it? Right now, right here. His face turns red. "It's going to be lovely, I'm a lucky grandma!" my grandmother says. Everyone looks at each other, seeing how pure and happy she is.

"Cheers to that," I say and for once everyone

PHOTO COURTESY OF THOUGHTCO.COM

by Mark Fairchild '20
Portfolio Staff

CARTOON



Listomania*

How to Survive Winter at PC

- Cuddle with squirrels for warmth
- Wear a ski mask
- Stand inside the Calabria Torch
- Put hot chocolate into your veins via IV
- Buy a \$500 jacket in the bookstore
- Become cold-blooded
- Ask your professors to cancel class in the spirit of Christmas
- Burn your purchased textbooks for warmth
- Admit defeat and accept Lucifer as your savior
- Wear combat boots to class
- Transfer to a college in the South
- Email FixIt for the thousandth time to get your heat turned on
- Read *The Cowl* by the fire in the Great Room (shameless plug)

PHOTO COURTESY OF REDDIT.COM

*This is a satirical page that does not reflect the views of Providence College or The Cowl.

Dear T&E...

*Making PC an emotionally stable place
one letter at a time.*

Why are all my professors assigning work before finals? How am I supposed to complete five papers in a week? On top of all this, my computer is completely dead. What should I do?

Sincerely,
Mo Papers Mo Problems

Hey Mo Papers Mo Problems!

So, little known fact about myself...I used to be a college professor! Now, while I always did my best to teach the worst subjects in the best way, I, as a professor, always found assigning work before finals to be a great way to fully and completely break the will of my students so they could join my army of the dead. As far as your computer goes, so long as it turns on you should keep using it! Unless you're comfortable selling your soul for a new one. But don't! Your professors want that.

Best,

TIFF



Dear Moo Moo,

Your professors are procrastinators, just like you. They don't want to grade long papers before this week any more than you want to write them. As I see it, the only way to get back at them is to turn in all of your work no less than one week late. That way, they'll be forced to grade them instead of getting holi-drunk with their extended family. Or you could fail. Who knows?

Study responsibly,

EARL



Wrestling Club


All are invited to join PC's Wrestling Club. Whether you are advance in wrestling or never hit the mat a day in your life, we welcome you to PC Wrestling Club. This is open to all, so stop by and see what we've about.

Come Build a Legacy!

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 Friday @ 5pm, Saturday @ 10am
 Able to work around your schedule

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Contacts:
Coachcole401@gmail.com (Coach Mooney) or 401-654-8864
rmastroi@friars.providence.edu (Ryan Mastroianni) or 508-567-7189
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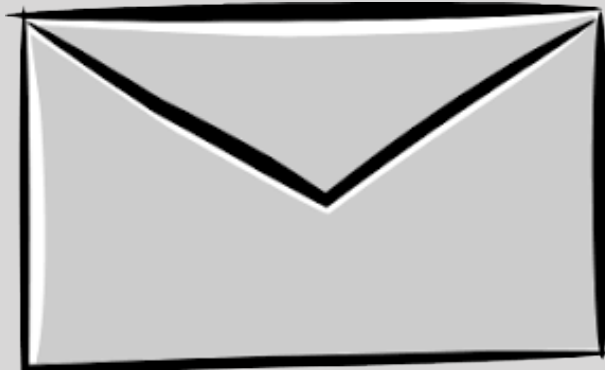
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LET YOUR VOICE BE HEARD

SEND LETTERS TO THE EDITOR
TO OPINION@THECOWL.COM



November 29, 2018

Remembering Mark Adams

by Cam Smith '21
Sports Staff

IN MEMORIAM

Mark Adams '15RS always wanted to go to Providence College. Ten schools recruited the Boxford, Massachusetts native during his time with the Chicago Steel of the United States Hockey League, but only one ever had a chance of landing him. "He was hell-bent on going to Providence from day one," explained his father, Mark Adams Sr. "That's where he wanted to go."

Adams, more affectionately known by his nickname "Roo" after the Winnie the Pooh character, appeared in 98 career games for the Providence College Men's Hockey Team. The smooth-skating defenseman battled injuries for most of his career, limiting him to only seven appearances in both the 2012-13 and 2013-14 seasons. Though frustrating, his scattered appearances allowed Adams to receive a medical redshirt to skate for a fifth season, a season which would culminate with the first national championship in PC hockey history.

As a redshirt senior, Adams appeared in 32 games for the championship Friars, notching a goal and two assists in addition to his shutdown defensive play. To top off the thrill of the victory, Adams was able to lift the championship trophy at TD Garden, in front of family and friends. The Friars defeated Boston University 4-3. "That was great for him, especially being in Boston, too," said his brother Jack Adams. "It was a once-in-a-lifetime opportunity for him."

Following his graduation, Adams



Adams will never be forgotten by the PC community.

PHOTO COURTESY OF PC ATHLETICS

signed a contract with the Los Angeles Kings, but recurring knee injuries forced him to retire from the game he loved. Instead, he entered into the world of business, and moved to New York to work for a hedgefund. However, the allure of the Bay State proved too strong, and Adams soon moved back to Boston. When his father's company, Cambridge Therapeutic, expanded, Adams was offered a position running the pharmaceutical division.

Most days, Adams was up at 4 a.m. for a conference call with his associates in China. If someone walked into his office during one of

these calls, they might see Mandarin scrawled across the whiteboard. Adams was teaching himself the language for an upcoming business excursion overseas. "People don't realize how brilliant he was," Jack Adams said. "He did a great job for us," commented Adams Sr. on his son's work. "He was very mature for his age. It was nice, as a dad, to watch that development. He's 10 times smarter than I'll ever be."

It was one of these early mornings when tragedy struck. On Sept. 17, at the age of 27, Adams passed away after suffering a heart attack.

The 2014-15 PC championship team had already lost one of their

members when they heard the news about Adams: forward Drew Brown '16 passed away in November 2017 after a battle with bone cancer. Once again, this close-knit team had to look to each other for support as they grieved the loss of another beloved teammate.

Adams' teammates mourned the passing of a man whose impact on the team went far beyond his stellar performance on the Schneider Arena ice. "Roo was one of those teammates that would do anything for another guy on our team," remembered Kevin Rooney '16, a member of the championship-winning squad. "Almost every single day he would ask the guys to come over to his place for dinner. It got to the point where sometimes we had to say no because we felt bad not buying any of the food." Rooney recalled a time where Adams hosted the entire team at his apartment in downtown Providence for a Christmas party.

"Roo's (passing) kind of came out of nowhere," remarked Mark Jankowski '16, another key player for the 2014-15 team. "It's tough any time one of your good buddies passes, never mind two of them," Jankowski said referring also to the passing of Brown. "They were both 'one of the boys' and it's now tough knowing you won't be able to see them again."

The Adams family held a celebration of Mark's life at Turner Country Club on Sept. 24. Five hundred people attended, while an additional 200 were turned away because the room was well over capacity. Another 80 people sat in the side rooms listening to the service over a speaker. "It was pretty amazing that many people came. I love hearing all the reflections of stories about relationships he had," said Adams Sr. "...he definitely cared and wanted to do things for other people."

On Friday, November 30, the Friars will host "Roo Adams Night" for their home game against the University of New Hampshire. There, the Most Outstanding Teammate Award, given annually, will be renamed in Adams' honor.



PHOTO COURTESY OF PC ATHLETICS

Adams (top right), was one of the key members on the 2015 National Championship team, along with Brown (white shirt) and Acciari (middle).

Men's Swim Wins Harold Anderson Invitational

by Liza Sisk '19
Sports Staff

SWIMMING AND DIVING

The Providence College Men's and Women's Swimming and Diving Teams are making waves in competition this season. The teams are in the midst of their seasons, working towards the Big East Swimming & Diving Championships Feb. 20-23.

On Nov. 16-18 the Friars traveled to Kingston, Rhode Island to participate in the Harold Anderson Invitational. The competition was hosted by the University of Rhode Island at the Tootell Aquatic Center.

The women secured third place, and the men took home first. The weekend also brought a personal record for a swimmer on the men's team. Justin Viotto '22, had a record-setting performance in the 200-yard butterfly and the 400-yard IM. His performance in the 200-yard butterfly earned him a 1:50.20 time, beating the school record previously set by Sebastian Melendez '21 in 2018. Viotto also topped the previous school record for the 400-yard IM with a time of 4:00.70. The previous IM record was held by John Fatigati '15, earned in 2014.

The women proved to be competitive in the Invitational as well. Lauren Zawacki '21 earned a second place finish in the 100-yard freestyle with a 52.91 finish. Madeline Snow '19, earned a second place finish in the 200-yard butterfly with a 2:07.26 time. Zawacki also took home third place in the 50-yard freestyle with a time of 24.28. The success of the Lady Friars was also propelled by a first place relay finish. The 200-yard freestyle relay consisting of Jennifer Bankes '22, Katie Thornton '21, Margie Keennan '21, and Zawacki topped the other relays with a time of 1:36.73. The 800-yard freestyle relay win also contributed to the success of the Friars during the Invitational. Keennan, Zawacki, Thornton, and Snow earned an impressive 7:47.93.



Ricky Billig '19 (above) swimming backstroke during the meet where men's swimming and diving took home first. NICK CRENSHAW '20/ THE COWL

Following his performance during the Invitational, Viotto was named to the Big East Weekly Honor Roll. The freshman received the award on Nov. 21. His record breaking performances and consistency in competition earned him this award.

Star breaststroker Ryan Trammell '19 is competing at the Winter National Championships on Nov. 30 in

Greensboro, North Carolina. The meet is hosted by USA Swimming and is held in a long course pool to allow for swimmers to compete for 2020 Olympic Trial cuts. Following this meet, the Friars will take a break from competing until Jan. 2 when the men return to face Brown University. The Friars will then head to their winter training trip in Ponce, Puerto Rico.

Women's Ice Hockey Extends Win Streak to Eight Games



Hayley Lunny '21 was named Hockey East Player of the Week for her performance in the Nutmeg Classic.

Nutmeg Classic:

Continued from front page

However, another tight matchup saw the Bobcats take a 1-0 lead in the final minute of the opening period. The Friars desperately began to claw their way back into the game, but to no avail as the second period came to a close with the score remaining 1-0 Quinnipiac.

It took until the midway point of the third period to finally break the ice as Hayley Lunny '21 provided the equalizer on the Power Play from Maureen Murphy '21. It was Lunny's second strike of the season. The assist was good enough for Murphy's team leading 24th point (12G, 12A) of the year. She extended her point streak to eight games and pushed herself into fifth in the NCAA in points.

Both teams traded chances as the clock wound down, but it was Lunny who struck again with just over five minutes remaining in the game. Her second tally of the period stood as the game winner as the Friars took down the Bobcats 2-1 to capture the 2018 Nutmeg Classic.

Myers finished the tournament by allowing just two goals and making 34 saves. She joined the tournament hero, Lunny, on the All-Tournament team, as they represented PC for their fantastic efforts in bringing home the Nutmeg Classic Championship.

Lunny's two goal effort that lifted the Friars to their 2-1 Championship victory earned her Hockey East Player of the Week for the first time in her career. With the two wins during the weekend, the Lady Friars extended their win streak to eight straight games and brought their overall record to 12-2. They jumped up a spot in the national rankings to number eight and are set to face off against UCONN for a home-and-home series this weekend.

Providence College Investigates:

Who Were the Top Athletes for the Fall?

Abbey Wheeler '20 and Tiago Mendonca '20RS

by Meaghan Cahill '20
Sports Co-Editor

PCI

Cross country runner Abbey Wheeler '20 and soccer player Tiago Mendonca '20RS are the top two standout athletes of the fall sports season.

This racing season, according to Head Coach Ray Treacy, Wheeler has been Providence College's top runner for the women's team. Wheeler finished as the overall winner in the University of New Hampshire Dual Meet, the Coast-to-Coast Battle in Beantown, and the Central Connecticut State University Mini Meet. She finished the CCSU Mini Meet with the fastest posted time by a non-redshirt collegian in the past six years with a time of 9:48.9 for the 5K.

At the Big East Championships, Wheeler finished first for the Friars and fourth overall—an improvement from her 10th place finish last season. Her 20:35.3 time earned her All-Big East honors for this season. At the NCAA Northeast Regional Meet, Wheeler finished second for the Friars and 33rd overall.

The NCAA named Wheeler the Cross Country National Athlete of the Week twice this season. Wheeler was also named Big East Runner of the Week twice this season.

Wheeler deserves best female athlete of the 2018 fall sports season because of



Wheeler was the top leader on the course and Mendonca was the top leader on the field.

PHOTOS COURTESY OF PC ATHLETICS

the key role she has played in the cross country team's success these past few months.

Alongside Wheeler, another standout athlete from the fall season is Mendonca, who is a plays midfield for the men's soccer team.

Arguably, goalie Colin Miller '19 RS is considered to be the star of the soccer team this year, but no matter how good the goalie is, a team

cannot win games if they do not score goals—and that is exactly what Mendonca did this season.

Playing in all 19 games of the season, Mendonca led the team in goals (5), points (10), shots (40), and shots on goal (15). During a season where nine of the team's wins were decided by just one goal, Mendonca's value in regards to the team's success was definitely heightened.

Mendonca is the only member of the soccer team to be named to the All-Big East First Team and earlier in the season, the Portugal native was named to the Capitol City Classic All-Tournament Team.

Both Wheeler and Mendonca were key players in their team's successes this fall season and it is for that reason they should be recognized as the two athletes with the most

Colin Miller '19RS and Shelby Hogan '20RS

by Sullivan Burgess '20
Sports Staff

PCI

Of all the male athletes that participated in fall sports this season at Providence College, one that stood out amongst the crowd was men's soccer goalie Colin Miller '19RS. The season for the Friars was quite successful, with a 10-7-2 overall record, and a 6-2-1 record in the Big East, tying them for second in the Big East along with Georgetown University, who defeated PC in the Big East Soccer Championship Semi-Finals 4-0.

Miller's final season began with high expectations, as he was selected unanimously for the 2018 Preseason All-Big East Team and was named the 2018 Men's Soccer Preseason Goalkeeper Of The Year. In the 19 games played and started this season, Miller had 54 saves, 21 goals allowed, and GAA of 1.06 goals.

While only ranking seventh in saves in the Big East, he ranked first in shutouts in the Big East, and fourth in GAA in the Big East.

Miller's numbers were certainly the key factor this season for the men's soccer team in terms of keeping their ranking afloat, but they also allowed Miller to be named to the All-Big East Second Team. For these reasons, he is the best male athlete of the fall season.

On the same pitch, the best female athlete for PC this fall season

is women's soccer goalie Shelby Hogan '20RS. This season, Hogan was able to provide a spark for her team to gain the playoff berth for the Friars.

The Friars' playoff run sadly only lasted until the Semi-Finals of the Big East Women's Soccer Championship where they lost to Butler University 2-3. While the Friars may have been knocked out, Hogan's stats and

ambitions will carry on for the rest of her career.

At the end of the season, it was announced that Hogan was named to the 2018 United States Soccer Coaches NCAA Division I Women's All-East Region Third Team. Hogan was also named into the All-Big East Second Team for her achievements this season.

Some of these stats included: 16

goals allowed, 0.77 GAA, and 95 saves throughout the season. These stats have placed her third in GAA, second in saves, and second in shutouts in the Big East.

Hogan's drive and goals throughout the season pushed the Friars to go beyond the expectations that everyone had of them, making her the best female athlete of the fall season.



PC arguably had the top two goalies in the Big East this season.

PHOTOS COURTESY OF PC ATHLETICS

A Look Around Friartown

Men's Basketball:

11/24 vs Iona University, win 91-79

11/27 vs Fairleigh Dickinson University, win 69-59

Upcoming:

12/1 vs University of Rhode Island

12/4 at Boston College

Women's Basketball:

11/21 vs Sacred Heart University, win 62-53

11/27 at Boston College, win 61-57

Upcoming:

11/29 vs Yale University

12/1-2 Ocean State Tip-Off Tournament at University of Rhode Island

Men's Ice Hockey:

11/23 at #7 University of Denver, Loss 1-3

11/24 at #7 University of Denver, Tie 4-4 (OT)

Upcoming:

11/30 vs University of New Hampshire

12/1 at University of New Hampshire

Women's Ice Hockey:

11/23 at Yale University, win 2-1

11/24 vs Quinnipiac University, win 2-1

Upcoming:

11/30 at University of Connecticut

12/1 vs University of Connecticut

12/4 at Brown University (Mayor's Cup)

Swimming and Diving:

11/16-18 at Harold Anderson Invitational, Women Third Place, Men First Place

Upcoming:

11/30-12/1 at USA Swimming / Winter Nationals



Big East Title Up For Grabs

by Thomas Zinzarella '21
Sports Staff

MEN'S BASKETBALL

With Feast Week wrapping up this past week, we are just over a month away from Big East conference play. The Big East took a hit early on in non-conference play with its strongest team, Villanova University, getting blown out by University of Michigan at home in a rematch of the National Championship game last year. They also lost to Furman University, out of the Southern Conference.

With Villanova losing four of its key players in Jalen Brunson, Donte DiVencenzo, Omari Spellman, and Mikal Bridges all to the NBA Draft in June, this is the widest open the Big East has ever been since realignment. Starting with Villanova, the Wildcats added a graduate transfer, Joe Cremo, from the University of Albany, who can knock down the three, while also bringing back some experience from the National Championship team: Eric Paschall, Collin Gillespie, and Phil Booth. Villanova added 5-star recruit Jahvon Quinerly and one of the best 3-point shooters in the Big East, Cole Swider. The Wildcats also picked up a quality win this past weekend in the Advocate Invitational by defeating Oklahoma State University and against #15 Florida State University in the Championship game. With this win, the Wildcats hoisted their sixth straight November tournament title and have reentered the Top 25 at #23.

One of the favorites to dethrone the Villanova Wildcats are the Marquette University Golden Eagles. Head Coach Steve Wojciechowski has the most talented team yet in his tenure, led by the power scoring duo of Markus Howard and Sam Hauser. Both combined to hit 206 three-pointers last year, which was good enough to place seventh in the country. This Marquette team is a potent offense especially with Howard who dropped 52 points on the Friars at the Dunk last year. This year's team will have to focus on defense and Wojciechowski brought in two transfers in Ed Morrow from Nebraska and graduate transfer Joseph Chartouny from Fordham University, where he was among the nations leaders in steals.

Another team that has stepped into the light has been the St. John's University Red Storm. The Johnnies bring back leading scorer Shamorie Ponds who is one of the best pure scorers in the country. This talent has garnered him the Big East Pre-Season Player of the Year and is on the watch list for the Bob Cousy Award (Best PG). Head Coach Chris Mullin was also able to pull in prized Auburn University transfer Mustapha Heron. The former 5-star recruit from Waterbury, Connecticut averaged 15.8 points per game in his first two years at Auburn and has now made St. John's one of the best backcourts in the country. St. John's will have to hope that their other players like Marvin Clark, Justin Simon, and L.J. Figueroa complement their uber-talented offense. If not, Chris Mullin may find himself in the hot

seat.

One team that is consistently at the top of the Big East rankings is the Butler University Bulldogs. In year two under head coach LaVall Jordan, the Bulldogs look to make their 5th straight NCAA Tournament appearance. The Bulldogs will look towards Kamar Baldwin and guard Paul Jorgensen after the departure of Kelan Martin last year. Starting the spring semester of this year, Duke University transfer Jordan Tucker will be eligible to play for the Bulldogs. Tucker was ranked No. 40 in the ESPN 100 before transferring to Butler last December due to lack of playing time. Butler was able to knock off the University of Florida Gators in the Battle 4 Atlantis last week and has a good non-conference game against Indiana and a trip down to Gainesville to face the Florida Gators again.

A team that is well under the radar is the DePaul University Blue Demons. Yes, DePaul has been in the cellar of the Big East and the laughing stock for over the last decade but they are a team that is ready to make some noise. Dave Leitao and company are looking to get back to the tournament for the first time since 2004. The Blue Demons will be led by sharpshooting guard Max Strus, who averaged 16.8 points per game last year. DePaul also will see action from Illinois transfer Jalen Coleman-Lands and grad transfer from North Carolina A&T Femi Olujobi. Although DePaul may not finish high in Big East standings, this is a much-improved team and do not sleep on them when it comes to conference play.

The biggest surprise this year is the Creighton University Bluejays. Creighton was tabbed to finish ninth in the Big East pre-season polls and lost three starters from last year. Their best returning player Martin Krampelj is coming off a torn ACL but averaged 11.9 PPG and 8.1 RPG before the injury last year. This year, Creighton holds a 5-1 record with their only loss to #16 The Ohio State University and are fresh off a victory over previously ranked #16 Clemson Tigers to win the Cayman Islands Classic. A lot of their early season success has had to do with sophomore Ty-Shon Alexander. He only averaged 5.5 PPG as a freshman but has quickly emerged as a force to be reckoned with, averaging 19.2 PPG and shooting the three ball at just under 50 percent. Alexander led the charge with 36 points in the championship game against the Clemson Tigers. Damien Jefferson, a New Mexico transfer who sat out last year is providing a nice boost with 10.8 PPG and 5.5 RPG in the starting lineup. The Blue Jays have set themselves up with a rigorous non-conference that can help the conference if they win these games. Creighton hosts #1 Gonzaga on Dec. 1 and is also scheduled to play University of Nebraska and Gonzaga University.

Conference play should be exciting once again with this year being more of a learning curve, we may see some tight and exciting games. The Big East is always a dogfight and it looks to be the same again this year.



Villanova players hoist the Big East Championship trophy after last season's win against PC.

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