

The Cowl



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PC Galleries Unveils Murals in Fargnoli Park

by Malena Aylwin '22
News Staff

OFF CAMPUS

On Oct. 14, Providence College Galleries (PC-G) and the My HomeCourt activity unveiled Providence craftsman Jim Drain's remarkable floor wall painting on the basketball courts of Fargnoli Park in the Elmhurst neighborhood of Providence.

PC-G, with the help of the Departments of Art and Art History at PC, presents displays and open projects concentrating on contemporary art, creative aesthetic practice, and interdisciplinary social movement.

"Working inside two exhibition spaces, PC-G supports the educational, service and community-oriented mission of the College with dynamic visual arts productions," states the PC-G website.

Set up by Friends of Friar Basketball, an organization that brings together former and current members of the PC basketball team in order to better the community, my HomeCourt is an activity that restores public basketball courts. The project was also aided by PC-G and the City of Providence Parks.

By reviving run-down courts and transforming them into brilliant, show-stoppers, collaborating organizations can make dynamic social events that become a source of pride for neighborhoods.

Working with lead funder, Friends of Friar Basketball, and City of Providence Parks and Project Backboard, PC-G Director and



NICHOLAS CRENSHAW '20/THE COWL

The new mural, organized in part by PC Galleries and the PC art departments, graces the floor of a basketball court in Fargnoli Park.

Curator Jamilee Lacy and other My HomeCourt teammates intend to transform nearby open ball courts into centerpieces through the span of the next couple of years. For this first court at Fargnoli

Park, Lacy appointed Providence local and acclaimed craftsman Drain to make an outline for a basketball court.

Mural/ Page 3

New Season Begins for PC Ice Hockey

New Leadership Energizes Men's Team

Women's Team Off to a Strong Start



PHOTO COURTESY OF PC ATHLETICS

Hayden Hawkey '19 stops 22 shots against opponent Miami University on Friday, October 12 winning 4-0.

by Sam Scanlon '19
Sports Staff

MEN'S ICE HOCKEY

October is finally here, and with that, another season has commenced for Friars hockey. Led by captains Kasper Björkqvist '20, Jacob Bryson '20, and alternate

captain Vinny Desharnais '19, the Friars are hoping for yet another successful season culminating with their sixth straight trip to the NCAA tournament.

Only the Friars and the Denver Pioneers have appeared in the previous five NCAA tournaments.

Men's Hockey/ Page 23



BRIANNA COLLETTI '21/THE COWL

PC Women's Ice Hockey Team won its first Big East game 5-0 against Holy Cross on Friday, October 12.

by Meaghan Cahill '20
Sports Co-Editor

WOMEN'S ICE HOCKEY

Hockey season has arrived in Friartown and the Providence College Women's Ice Hockey Team is taking the right steps towards a successful season. They started off their season

undefeated in their first three games and have provided a glimpse as to just how victorious their upcoming season can be.

Under the supervision of new Head Coach and former USA Hockey head scout, Matt Kelly, the team has been given a new perspective on the game and thus far it has made all the difference.

Women's Hockey/ Page 22

UNDER THE HOOD

Providence College's Student-Run Newspaper Since 1935

News	2
Opinion	6
Photography	11
A&E	13
Portfolio	17
Sports	22

News

The effects of category 4 Hurricane Michael in Florida, Georgia, the Carolinas, and Virginia.

Page 4



A&E

Taylor Swift's record breaking tour comes to an end.

Page 15



Portfolio

Check out this week's Listomania: Best Ways to Study for Midterms.

Page 20



Questions About New Ruane Friar Development Center Answered

An Inside Look on the Function, Finances, and Fundraising Involved

by Hannah Langley '21
News Co-Editor

ON CAMPUS

Providence College is known for its excellence in many areas: academics, faith life, and athletics, most notably basketball. Recently, PC's athletic department has made its newest athletic facility, the Ruane Friar Development Center, open to PC's Division I teams for recreational use and accessible to the PC community.

The new center features high tech equipment and high-quality practice facilities to provide student athletes with the best training and experience possible. The center includes study rooms accessible to all PC students, two practice basketball courts for both the men's and women's basketball teams, and a state-of-the-art weight room for the basketball teams and men's soccer team. Other amenities include a cryogenic machine, massage chairs, sleep pods, kitchens, lounges, and a barber shop for all athletes.

Bob Driscoll, PC's associate vice president and athletics director, commented that this center has been a work in progress for nearly 10 years, and plans went into effect about five years ago. "We were creating a vision for it," said Driscoll, "from hiring architects to getting fundraising to everything else, it was about a five-year process, and construction started a year ago in May."

Driscoll and Steven Napolillo, senior associate athletic director, emphasized the fact that the new center was built almost entirely from donations by PC alumni and members of the PC community. Out of the \$30 million spent to build and furnish the center, about \$20 million came from donors and benefactors, according to Napolillo. Driscoll stated that the

massive financial support from the PC community makes this center the most fundraiser-supported building on campus.

Among those who donated, Michael and Elizabeth Ruane were the largest benefactors, as well as Joseph Calabria, who made a large donation in support of the statue of coaches Joe Mullaney and David Gavitt. They are located outside the center's main entrance. Calabria talked about the importance of fundraising in PC's mission to advance and build its reputation. "It's the only way we can get ourselves to move ahead so rapidly."

While the construction of a new athletic facility may seem controversial to many students, Driscoll and Napolillo wanted to clarify that the athletic program and sports teams at PC are an important part of the PC community and experience. Driscoll mentioned that 85 percent of PC's student body were high school athletes, and basketball has become one of the institution's largest brands, making the new

center a draw for prospective students and student athletes. The center also helps the basketball teams continue to improve and grow in their success, which attracts more students.

"Basketball helps mark PC across the country from an admissions standpoint," Driscoll stated. He continued by arguing the fact that by investing in the student athletes, the school is investing in the institution and the creation of a strong family community. "A successful basketball program is a main way to bring community together. When we win, we all get to celebrate together," said Driscoll.

Calabria believes that PC is currently in its "golden years of sports" and is looking forward to its athletic successes in the coming years. He acknowledged Coach Cooley's success in winning two national championships and for the success of the PC community in the development of various athletic facilities in the past several years, including the renovations to the soccer and field hockey stadiums.

In the spirit of community, Driscoll wanted to make it clear that parts of the center are still open to all PC students for use. A number of the study lounges in the center are open to the public for recreational use, whether that be for doing work by yourself, in a group, or just hanging out with friends. "I want the community to feel like it's open to everyone," said Driscoll. "These are multi-purpose facilities," Driscoll stated, "and all our athletic facilities are shared community facilities, which is something unique to PC."

Calabria noted his enthusiasm and pride in the completion of the new center, mentioning how the vision took a lot of planning and collaboration from many people. Napolillo emphasized this point, saying, "A building like this is a symbol of thinking big and is a symbol of success for PC."

The Ruane Friar Development Center is currently open to the entire PC community. Entrances to the building can be found next to the Ray Tracey Track and Hendricken Field or near the Santander ATM in lower Slavin.



The interior of the Ruane Friar Development Center features various basketball and motivational quote decals

LILLIE HUNTER '22/THECOWL

Class of 2020 Ring Design Unveiled

Juniors Get Excited for Senior Year Festivities

by Micaela Freeman '20
News Staff

ON CAMPUS



NICHOLAS CRENSHAW '20/THECOWL

Juniors have a wide selection of ring styles to choose from.

The class of 2020 officially kicked off their road to graduation on Thursday, October 11 in '64 Hall. The official class ring was unveiled and the process to graduation was also elaborated upon.

The event will eventually culminate to what is the highlight of next fall for the class of 2020, Senior Ring Weekend, which is a weekend full of a formal dance, dinner, and a Sunday mass where the class will receive their rings.

Rich Custodio '20, a member of the SRW committee and in charge of Thursday's event, said he is eager to begin the process for both himself as well as his entire class.

Custodio said it has been a lengthy and busy process, but he is thrilled with how the event turned out and with how the class ring for 2020 looks.

Custodio said that both the event and next year's SRW means a lot to him because of the time he has spent with his classmates.

"It's like, 'Wow, we have known each other for almost four years, and this is it,'" Custodio said.

The importance of this event, and the weekend

that will follow next year, helps define the Providence College experience, according to Custodio.

"It's a key part of what it means to go to Providence College," Custodio said.

The class of 2020 will continue its year by ordering rings, taking the GRE, and ultimately preparing for the SRW and graduation in May of 2020.

Katie Spitalnic '20, a transfer student, member of the PC pep band, and all-around active student, said she is eager to begin her time at PC.

In her excitement for her next two years here, she, like many other members of the class of '20 is planning on going to SRW and is looking forward to the experience of getting a ring and the jam packed weekend that comes with.

With less than a year and a half to go, juniors are beginning to close the chapter of college and opening new ones such as grad school and jobs.

The importance of looking back on the four years spent at PC is both sentimental and rewarding.

PC Community Helps Beautify Public Park

Local Painter Jim Drain Heads Project in Rhode Island Park

Mural:

Continued from front page

Drain is a mixed media craftsman situated in Providence, Rhode Island. He graduated with a BFA in Sculpture from the Rhode Island School of Design in 1998.

Drain was an individual from Forcefield, a group that investigated the converging of music, execution film, and performance fill into one stage. He has had various solo and gathering displays, including at Various Small Fires in Los Angeles, California; University of Florida, Gainesville; Beetle Projects in Miami, Florida; amongst many others.

Drain was one of two recipients of the 2005 Baloise Prize and was recently recognized with craftsman Bhakti Baxter for making some of the best public art in the country.

Drain and craftsman Naomi Fisher received various awards for their craftsman-run space, The Bas Fisher Invitational, most outstandingly two from the Knight Foundation. Drain's success just keeps growing.

Lacy, alongside the craftsman and understudies, invested a very long time in correspondence with Elmhurst occupants and players who most often utilize the courts at Fagnoli Park.



Local children play on the newly painted basketball court.

NICHOLAS CRENSHAW '20/THECOWL

The final design mixes Drain's unique mark of multicolored shading and shapes with thick geometric examples, propelled by athletic clothing design and beautiful styles found all through the world.

The court painting is then administered by the broadly acclaimed Project Backboard, a non-

profit organization situated in Los Angeles.

Many volunteers from the city of Providence, PC's undergraduate and graduate programs, and Friends of Friars Basketball all met at the court to help paint. The continued care and upkeep of the courts is bolstered by volunteer individuals from Friends

of Fagnoli Park.

The official court unveiling was held on Sunday, October 14 at Fagnoli Park, 945 Smith St, Providence, Rhode Island. For more information about PC-G shows and occasions, visit <http://pcgalleries.providence.edu>.

Featured Friar: Michael Splann '19

President of BOP with a Future in Theology

by Samantha Oakley '20
News Staff

FEATURED FRIAR

Many of the staples of being a part of the Providence College community include events put on by the Board of Programmers (BOP). BOP is responsible for many of the student run events on campus, generating a sense of community for all Friars, while inspiring fun and gearing activities to spark everybody's interests.

This year, BOP's president is Troy, New York native, Michael Splann '19.

Splann entered PC undeclared, and then went on to become a management major. In addition to this, he became more interested in theology through taking

Development of Western Civilization (DWC). During his sophomore year, he became a double major.

When asked what made him decide to join BOP, he answered by saying, "I didn't know much about BOP freshman year until I attended their coffeehouse. I was immediately excited about the opportunity to plan events for the student body because I had worked a lot of jobs that involved event planning in high school."

BOP has many different committees that people can join. Splann is part of the Entertainment Committee.

"I had owned my own entertainment company in high school. Music is a huge passion of mine, so I loved the idea of planning events like the Spring Concert and had many ideas about how to

incorporate music into other events here on campus," said Splann.

Additionally, Splann went on to discuss his greatest experience since joining BOP: "building up PC's The Voice, which was the event I first conceptualized on my BOP application."

He continued, saying, "It has been so humbling to see how well the student body has received The Voice over the past couple of years. Seeing students come together because of music and cheering on their fellow Friars is a great feeling and reaffirms everything I love about BOP."

Following this, Splann was asked to comment on members of BOP that inspired him in a profound way, prior to his senior year.

"It is hard to name just one inspiration of mine, but I was inspired so much by the entire exec board that selected my freshman year new board: Taralynn Vecchio, Dan Pupke, Michael Gilmore, and Monica Houghton. I would specifically like to mention Michael Gilmore, BOP treasurer 2016-2017."

Speaking more of Gilmore, who passed away at the beginning of this semester, Splann commented, "Not only was Mike one of the most brilliant and intelligent people I've ever known, but he was also one of the kindest and most humble. When I first made the Board, our new board freshmen were tasked with planning our own Freshman Fling. Mike sat with me for hours teaching me how to do the simplest event planning tasks, and he continuously supported me

throughout my sophomore year. My only hope is to be half the BOP exec member and half the person Mike was."

Splann discussed that his favorite thing about BOP is that they are fortunate enough to have the opportunity to create lasting memories for the Friar Family that students can carry with them for years to come.

He continued by stating the importance of the student body in creating the success of BOP. "I just want to encourage everybody to come to our events because I know how hard the Board works to plan these amazing events for the students. Take advantage of these opportunities to make the most of your college experience, meet new Friars, and create memories that will hopefully last many years to come."

Finally, he discussed his future plans, saying he is not sure what they will be.

"When people find out I'm a management/theology double major, I get a lot of jokes like 'What are you going to do with that? Manage the church?'" joked Splann.

Splann hopes to continue studying theology in grad school and to one day teach as a professor.

"PC has helped me to uncover the things that I'm most passionate about," said Splann, "and for that I am forever grateful. I trust that God will lead me to wherever it is He wants me to be."



Michael Splann '19 hopes to continue on a career path in theology.

PHOTO COURTESY OF MICHAEL SPLANN '19

Bursting the PC Bubble

Hurricane Michael Devastates Florida Panhandle

by Thomas Edwards '20
News Co-Editor

ON CAMPUS

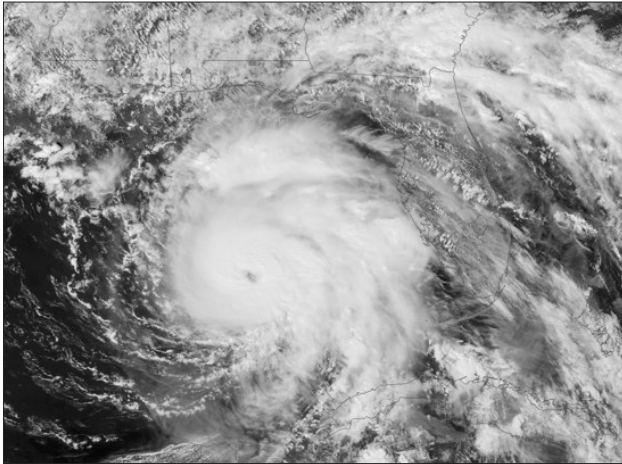


PHOTO COURTESY OF MYPALMBEACHPOST.COM

Post-hurricane recovery is currently slow in Florida.

Last Wednesday, category 4 Hurricane Michael made landfall on the Florida panhandle, tearing through parts of the state, destroying almost everything in its path, including the city of Mexico Beach. Michael struck Florida with winds of up to 155 miles per hour, and went up through Georgia before making its way through the Carolinas and Virginia; it is expected to head out to sea from there. The Florida panhandle and southern Georgia received the brunt of the damage.

A week after, the death toll has risen to 29, including 19 in Florida, with hundreds still missing. Over 140,000 residents of Florida are still without power while relief efforts continue. To aid the efforts,

4,000 Florida National Guard troops are on the ground helping to clear debris and assist the Federal Emergency Management Agency in their efforts.

According to FEMA, there are 16,000 federal employees, including over 8,000 military personnel, taking part in the response efforts. There are 12 teams in Florida helping those affected register for disaster assistance, while throughout Florida and Georgia there are 42 distribution points to give out food and water.

Federal Communications Commission (FCC) chairman Ajit Pai and Florida Governor Rick Scott are requesting that wireless carriers waive monthly bills for customers who were affected. Since the storm

struck last week up to 300,000 households have had their internet and cell knocked out, including the 14,000 plus who are without power. On Tuesday, October 16, Pai released a statement criticizing wireless companies for being too slow in restoring service in affected areas.

Relief efforts, along with search and rescue efforts for those still missing, are expected to continue for many weeks to come.

If you or someone you know has been affected by Hurricane Michael and has access to internet, encourage them to visit www.fema.gov/hurricane-michael for information on how to help and ways to make the recovery process as painless as possible.



Hurricane Michael left a large path of destruction in the Floridian area.

PHOTO COURTESY OF VOANEW.COM



Eco-Rep Updates

by Madeline Stephen '21 and Payton Morse '20
Eco-Representatives

ENVIRONMENT

Residence Life recently held their annual Hall Council elections, and for the second year, "EcoReps" were elected for each of the residence halls.

The EcoRep Program, a collaboration of Residence Life and the Office of Environmental Health and Safety, was formed with the intent to promote sustainability and environmentally friendly practices on campus, particularly in the residence halls.

These practices will include proper recycling procedures on campus, energy conservation, water conservation, food waste, and other sustainable matters.

The EcoReps will strive to educate their peers by speaking at floor meetings, holding educational events, and posting informational flyers on an EcoRep bulletin board found in the lobby of each residence hall.

The 2018-2019 EcoReps are as follows: Matthew Kirslis (St. Joseph Hall), Charlie Pandit (McDermott Hall), Connor Duggan (Guzman Hall), Kate Davis (Meagher Hall), Jalynn Booker (McVinney Hall), Emma Harrington (Raymond Hall), Isabelle McDonald (Aquinas Hall), Gerardo Davilla (Suites Hall), Olivia Pellegrini (Fennell Hall), Allison LeMoigne (East Apartments), and Rob Lesch (West Apartments).

Reach out to your residence hall's EcoRep for answers to any questions about anything environmental, or stop by one of our next events to participate in the fun.

On Saturday, October 27 (freshmen parent's weekend), from 11 a.m. - 3 p.m. there will be a "Harvest Market" on Slavin Lawn with informational tables giving away lots of free goodies. Come by and learn a thing or two!

If that does not interest you, on Nov. 13, we are hosting a "Clean Plate Challenge" in Raymond Hall—come see how much food waste is produced and how we can collectively cut down on this waste.



Congress Updates

by Emili Castro Rodriguez '21
Student Congress Publicity

CONGRESS

In the latest meeting of the 69th Student Congress, on October 16, 2018, there were two guest speakers.

The first one was Taylor Weeks, director of recruitment for Teach For America (TFA) at Providence College.

Ms. Weeks was looking for students engaged in the PC Community, and in leadership roles, that may be interested in applying for the TFA program.

She explained that the point of this two-year experience is teaching in low income communities. It is the perfect launching point for a career, as it provides the student with a yearning to advocate for children.

The requisites for TFA is a minimum of 3.50 GPA, leadership experience, a copy of the applicant's resume, and a 300 word essay explaining their interest in TFA.

Our second set of guest speakers

included Dr. James Campbell, a Title IX coordinator, and Allison Sjoval, a communications and assessment specialist for the College.

Ms. Sjoval presented the report from the campus climate survey regarding sexual assault and dating violence that was published last April.

After reporting on the results of the survey, Ms. Sjoval and Dr. Campbell discussed methods that the College can employ to improve campus climate on sexual assault.

These methods included, but were not limited to: informing students of response resources (the process after a complaint is filed), enforcing further ByStander training, and finally, encouraging and educating each other in order to change our own campus culture.

Finally, two pieces of new legislation were presented, both concerning the legitimization of two new clubs on campus: The Wine and Cheese Society, as well as The International Business Club.

Both pieces will be voted on next Tuesday, October 23.



Upcoming Events in Friartown

Oktoberfest

Celebrate German heritage with the Board of Progammmers (BOP) this Friday at Oktoberfest in McPhail's! The event will begin at 8 p.m., and will feature free food and drinks, including soft pretzels, hot dogs, and a special Oktoberfest beer for those 21 and over. There will also be a raffle for three Oktoberfest T-shirts.

Kick-Off to Hockey Season: Providence College vs University of Connecticut

Celebrate the beginning of hockey season at Providence College with the Men's Ice Hockey Team's first game this Friday, October 19, at 7 p.m. Tickets are only \$4 for students, and a kick-off party will take place before the game, featuring Chick-Fil-A, a costume contest, a "hat" trick-or-treat bag giveaway, candy, and more!

PC Presents: *Bat Boy: The Musical*

Come join Providence College Theatre Dance and Film as they premiere *Bat Boy: The Musical* on Wednesday, October 24 through Sunday, November 4. Tickets are available online and at the box office in the Smith Center for the Arts.

Humanities Forum

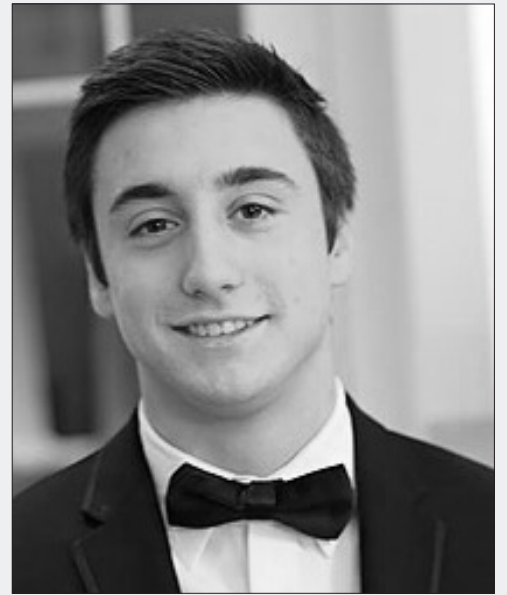
Come listen to the keynote speaker of the Providence College Philosophy in the Aristotelian Tradition Conference, Dr. Candace Vogler, a professor of philosophy at the University of Chicago, this Friday, October 19, at 3 p.m. in Ruane 205. The speakers will be discussing "The Place and Virtue in the Meaningful Life." The lecture will be followed by a reception.

Hiking Adventures

Enjoy the warmer weather and fall foliage before it's gone! Join PC's Bio Society on a hike to Purgatory Chasm in Sutton, Massachusetts. The hike will be on Saturday, October 20, and buses will be leaving at 11 a.m. For more information, email Megan Spinney.

Skate Night

Come join your fellow Friars at Skate Night this Saturday, October 20, at 8 p.m. in Schneider Arena. Free skates, hot chocolate, and food will be provided!



Remembering Augustus Cardello

The death of a loved one is never easy, especially when it is unexpected. This past Friday, October 12, the Providence College community lost Augustus Cardello '21, as he passed away in his sleep the night before.

Gus, 19, was born in London, England. His family later moved to Westport, Connecticut, where he attended Staples High School before coming to PC last year.

Augustus was found by his roommates in St. Joseph's Hall early Friday morning, and the news of his passing was reported by Acting President Rev. Kenneth Sicard, O.P., at 12 p.m. the same day.

In honor of Gus, the College held a mass in St. Dominic's Chapel at 4:30 p.m., which was open to the entire PC community. Hundreds of students attended the mass, paying their respects to Augustus and his family, friends, and parents, who attended the mass.

Counseling for those in grief was made accessible to the entire PC community, and is still available through the Dean of Student's Office, the Office of Residence Life, the Counseling Center, the Student Health Center, the Campus Ministry Center, and the Chaplain's office.

Over the weekend, letter boxes were placed in residence halls for students to write notes to Gus' family and his friends.

Augustus' wake and funeral will take place at Our Lady of the Assumption Catholic Church at 98 Riverside Avenue in Westport, Connecticut. The wake will be held on Friday, October 19 from 3 p.m. - 8 p.m., and the funeral will take place at 12 p.m. on Saturday, October 20. There will also be a reception following the funeral Mass in the Assumption Gym.

Transportation for all those who would like to attend the funeral will be provided. Students, faculty, and staff can make a reservation for the bus by clicking the link found in an email sent by Fr. Peter Martyr Yungwirth, O.P., this past Monday.

The buses will leave from behind Raymond Hall at 8:45 a.m. on Saturday morning.

Gus' family has begun fundraising for the Augustus G. Cardello Memorial Scholarship Fund. For all those who would like to donate, checks can be made out to Fidelity Charitable Gift Fund, referenced to Augustus G. Cardello. For more informaton, contact Clapboard Hill Private Wealth in Wesport, Connecticut.

The PC community sends its condolences and prayers to Augustus' family, friends, and all those affected by the loss. Gus Cardello will never be forgotten by his classmates or the entire Providence College community.

"The light shines in the darkness, and the darkness has not overcome it." (John 1:5)

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FREEDOM OF SPEECH

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WE CAN MAKE A DIFFERENCE AT
PROVIDENCE COLLEGE BY REPORTING
THE FACTS.

APPLY TO THE NEWS SECTION AT:
[HTTP://THECOWL.COM/JOIN](http://thecowl.com/join)

Marching for Justice *PC Students Stand with Victims of Sexual Assault*

by Angela Bueso '22
Opinion Staff

CAMPUS

It can be the person who sits next to you in biology lab, your seminar classmate, the guy who held the elevator for you, your professor, or the delightful lady who serves your lunch at Raymond Dining Hall. It can be anyone, of any race, of any age, of any background, that is a survivor of sexual assault.

The "Believe Survivors March" that took place on Oct. 4 is a step in the right direction towards helping these survivors.

With political and social uncertainty surrounding the country every day, newspapers, television reports, magazine covers, and seemingly new revelations emerging constantly, this past year has been an eye-opening experience for the world.

From #MeToo to #TimesUp to #CancelKavanaugh, these movements have been continuously discussed in the media. Furthermore, as celebrities shared their sexual assault stories it seemed this problem was undoubtedly momentous, but simultaneously detached from our lives.

Humans tend to disregard an issue until it hits close to home, when they or someone close to them experience it. Only when this happens do they realize action must be taken.

It was not until recently that Women Will, a women-run club at Providence College, decided to shine a light on this issue, and organize a march through campus to show support for and solidarity with sexual violence victims.

The attendees of the march disregarded the rainy weather and worked together to show students, faculty, and staff that sexual violence survivors are everywhere

and that it is our responsibility to support them through the hardships that being a survivor entails.

"Boys will be held accountable for their actions," read one of the numerous posters featured in the march. Moreover, the march was

The march that took place at the beginning of this month at our college was the ultimate act of support, defiance, and bravery.

as much a symbol for support to the survivors as it was a warning to sexual assault perpetrators that survivors are not alone, and justice will be served.

"We Believe You" was the phrase that immediately drew attention. The idea that sexual assault survivors could be lying is not only unreasonable, but absurd and idiotic.

For far too long survivors have remained quiet about their experiences, for far too long they have been frightened to tell their stories. If they are ready, it is time for sexual violence victims to speak up, and for the government, our society, and college officials to listen.

Although PC does provide the privacy of posters hung on bathroom doors, resources for survivors should not be limited to the private sphere.

Additionally, during orientation, incoming students sit through information sessions regarding sexual assault, but once orientation

is over, the conversation ends.

The College is lacking sexual violence prevention in the form of continued conversation stemming from the institution.

What keeps the conversation going, however, are platforms such as the March for Survivors held two weeks ago.

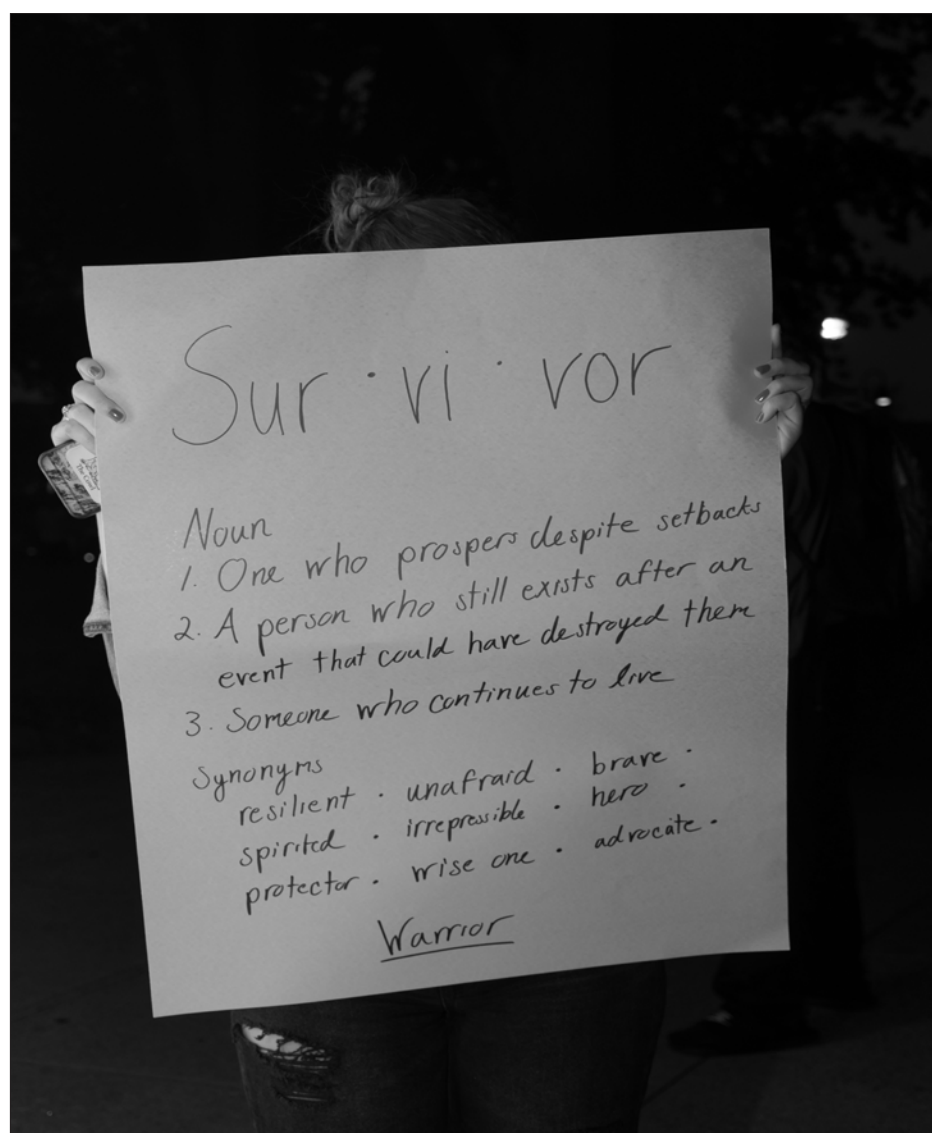
As shown by a sexual health report done by Trojan in 2016, PC is one of the worst 10 schools in the nation in terms of access to sexual health resources. Interestingly, it is accompanied by other religiously affiliated schools such as Baylor University and the University of Notre Dame.

Being a religiously affiliated

college does not mean we cannot talk about sexual assault or sexual relations. It is not a taboo topic for college students. Administration and College officials must acknowledge it and provide proper information to prevent it.

The march that took place at the beginning of this month at our college was the ultimate act of support, defiance, and bravery. Sexual assault survivors are neither alone, nor defined by what happened.

Yes, it is a part of their stories, but being a sexual assault survivor is not their whole story. Rather, survivors are defined by their courage, persistence, and strength.



PC students gather in front of the Slavin Center with posters to march around campus in solidarity with sexual assault survivors.

Cultivating Community Despite Language Discrepancies

New York and New England Slang are “Wicked” Different

by Katherine Belbusti '22
Opinion Staff

CAMPUS

When going off to college, one fully expects to have to adapt to his or her new environment. Adjustments that come to mind are making friends, adjusting to an academic schedule and living in a dorm with roommates.

One unexpected surprise has been adjusting to differences in spoken English.

After being at Providence College for only eight weeks, I can firmly say that I am not in New York anymore. I think all Northeasterners who are not part of New England can agree that the slang and lingo here are so much different than what we are used to.

In fact, not only have I not understood what some of my New England friends have been saying to me, but I also have gotten into many heated debates over the correct or incorrect way to say “bulkie” (that’s a roll for all you non-New Englanders).

After debating, it becomes apparent that the way some people talk in Providence, or other parts of New England, is drastically different from the way people talk in New York.

Where New Yorkers say water fountain, New Englanders say bubbler. If something is “mad annoying” in New York, it is “wicked annoying” in New England. The list of differences seems to go on and on. How is it possible to live only a couple hours from Providence and to have never heard some of these phrases before?

At times, some of our linguistic differences have been humorous, but at other times, it can be frustrating. One added benefit has been how much fun we have discovering these facts as we get to know each other.



GRAPHIC BY HANNAH PAXTON '19 AND ANDREA TRAIETTI '21

It is surprising how decoding each other’s slang is such an important element in bringing peers together. Our slang is very local, something we do not fully realize until coming face to face with different slang.

It gives us a sense of pride in our hometowns and gives us something unique and special to share about where we are from. When we learn our friend’s slang, it gives us a deeper connection to them and we learn what makes them unique.

Language has always gone hand in hand with culture. Perhaps this divide in speech among people from the Northeast does not signify any deeper cultural difference, but it provides some

insight into the diversity of language in the nation as a whole.

Surprisingly enough, this experience has made it easier to understand a little of what it must have been like for our ancestors who came to this country. They had to adjust their language and customs when they came in contact with different dialects of their own language or with the great American melting pot.

While the collective impact of immigration into this country in the last century might not have contributed to the differences in slang in the Northeast, all of our experiences add to the conversation in the PC community.

What is Moore For?

The Center at Moore Hall Must Facilitate Social Change

by Laura Arango '20
Opinion Staff

CAMPUS

What should the Center for Inclusive Excellence at Moore Hall be used for? This question has been the subject of contentious debate since Dr. Shan Mukhtar, director of the center, expressed her belief that every event in Moore Hall should serve a cultural purpose.

Recently, she attended one of the Board of Multicultural Student Affairs’ (BMSA) weekly meetings and addressed what she intends to do with the center.

She hopes the center will become

a “cultural space that promotes diverse interactions and facilitates community-based social change at Providence College,” as opposed to a center that is restrictive in its purpose.

Many students have been questioning exactly what fits the category of what is allowed to take place at the center and what is not.

Dr. Mukhtar made it clear that she intends to only allow events that have been crafted with “intention” while simultaneously fitting the “Friar Four” ideals.

Many students have expressed concern that Dr. Mukhtar may be restricting the center too narrowly, while others agree that this is what is necessary in order to allow the center

to reach its maximum potential.

There must be some restrictions on what is allowed to take place at the center. Moore Hall was fought for by the students and it should become a building that is deserving of the protests executed by the multitude of students.

It needs to be utilized so that it gains the respect that other buildings such as Ruane, Slavin, and Harkins hold.

If events that do not serve a cultural purpose or uphold the Friar Four take place in Moore, then it loses its purpose and becomes another building where it appears to only be used for recreational purposes.

Restricting its function will

further allow it to be a center where PC students, faculty, and staff can debate and create innovative and thoughtful approaches to fostering a more inclusive environment on the PC campus.

The center has the potential to serve our campus by teaching its audience about other cultures and social identities, while affirming these differences.

Moore Hall is the catalyst that will break the wall of social tensions and begin a more open and honest dialogue among PC students.

Furthermore, the center is open to every single person on campus even if some events are not allowed to take place there. Dr. Mukhtar plans on allowing every organization to propose an event to her and work with her to allow it to come to fruition by making the necessary changes.

Thus, she is cultivating an environment where students and faculty work together to create activities that benefit students recreationally, but also intellectually and emotionally because it is definitely possible to create events that evoke all three of these feelings at once.

Dr. Mukhtar has made it clear that although she has a vision for the center, it is not the quintessential vision. Thus, the center can only continue to grow because it is dynamic in nature and founded upon the needs and ideals of the students.



Moore Hall hosts events such as “PC Stands with Survivors of Sex Trafficking” to foster discussion about important social issues.

BRIANNA COLLETTI '21/THE COWL

One Syllabus at a Time

by Emily Ball '22
Opinion Staff

EDUCATION

Syllabus week: the first week of classes, the week where college professors throw their semester-long, jam-packed class syllabi at you, the bane of any college student's existence.

A typical college syllabus contains a day-by-day outline for the entire semester. It usually includes information about what each class will consist of and what homework is due on that specific day. Professors expect students to check the syllabus daily in order to see what homework is due for the next class.

"Having a syllabus stresses me out because I feel like if I do not check it multiple times a day, I am going to miss an assignment," said Allie Eurell '22.

Although it is often helpful to have a road map of each class, syllabi create unnecessary stresses when it comes to due dates and assessments in the foreseeable future.

"Having such a detailed syllabus makes a course more like a series of assignments that you just have to get through, rather than promoting a desire to actually learn and engage with the material," said Kate Donohue '22.

A majority of college students get nervous and anxious when they hear the word "exam." The issue with

syllabi is that they identify the date of each exam that students will take, creating unnecessary apprehension about future exams even weeks in advance.

"I benefit from knowing in advance what I will be doing, but sometimes I become nervous looking at the long lists of things to complete in multiple classes," Matt Lussier '22 said. "It definitely makes me a little anxious knowing the huge amount of assignments left in the semester."

Some students may argue that having the dates of exams far in advance is beneficial because they can prepare for exams ahead of time; Aidan Schifano '22 is one of those students,

"I like the syllabus, it lets me plan out my week and my month. It makes me more prepared for my classes."

However, focusing on preparing for exams and assignments in advance would take away from one's focus on assignments due sooner. Further, preparation for exams does not need more than one to two weeks, so students really do not need notice regarding exams until then.

Everybody needs time to relax and rewind after a stressful day but having the looming apprehension of future assignments can prevent students from fully relaxing. Instead of putting on a Netflix show and sitting back to relax, a college student may choose

to get ahead on future assignments because they have the syllabus telling them what is due in the future.

"It's difficult to relax when there are still so many assignments and examinations in the future, and the time it takes to plan out one's schedule detracts from the already stressful and busy life that a college student leaves," said Alex Cannon '22.

One alternative that college professors could implement is a weekly, online syllabus. This way, each week's assignments are available and students can get ahead on assignments that are due later that week, without stressing about assignments and exams due in upcoming weeks or months.

With a weekly syllabus, students do not have to worry about upcoming exams that month or even later that semester.

College professors could announce exam dates two weeks in advance to allow proper preparation without the nerves encircling the exam burdening students far in advance.

Having a weekly syllabus posted online would also save paper, as most college professors print enough copies of their syllabi for classes with up to 100 students in a Development of Western Civilization lecture.

Although the usage of a syllabus is functional right now, implementing an online, weekly syllabus will eliminate a level of stress for college students and allow them to relax more instead of worrying about what is to come.

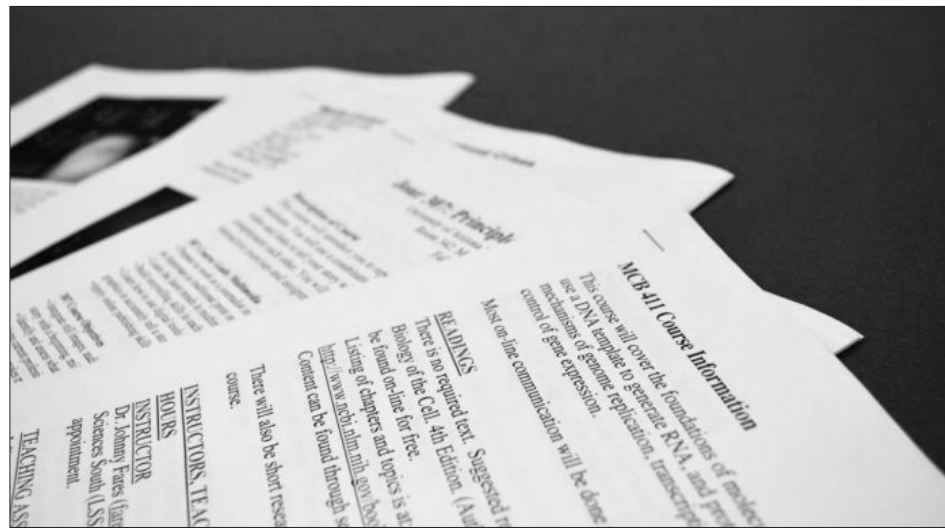


PHOTO COURTESY OF START SCHOOL NOW

Having a semester-long syllabus for every class can be overwhelming, especially at the start of a new semester.

Say "Nay" to BPAs Limit Plastic Usage Due to Health Risks

by Alyssa Cohen '21
Opinion Staff

SOCIETY

We live in a world consumed by plastic. It is a cheap and readily accessible material that we use in virtually every aspect of our lives. Water bottles, children's toys, food packaging—plastic, plastic, and more plastic.

However, despite the material's practicality, it is high time that we, as a nation, take a step back and ask ourselves: Is plastic doing us more harm than good?

Plastic contains a chemical called Bisphenol A, more commonly known as BPA. BPA is an endocrine disruptor found in hard plastics that may be linked to heart disease, reproductive disorders, breast cancer, asthma, and Type 2 diabetes.

Although public authorities in the United States claim to set BPA safety levels, scientists believe that the amount of BPA that a plastic may legally contain should be dramatically decreased based upon updated research.

According to a study performed by the Centers for Disease Control and Prevention (CDC), a shocking 95 percent of adult urine and 93 percent of children's urine contained Bisphenol A.

This study shows that BPA affects nearly every member of our society, therefore, if the chemical proves to be as hazardous as it is suspected to be, we are all in over our heads.

However, although BPA contact may seem unpreventable due to our nation's tremendous dependence upon plastic, it is not entirely unavoidable.

In fact, there are many ways we can reduce or even eliminate our BPA intake altogether. The most effective way to readily remove the chemical from our lives would be to limit our day to day usage of plastic. Stainless steel and glass serve as terrific substitutes.

For example, instead of storing leftovers or packing your lunch in plastic bags or containers, try keeping your food in mason jars, glass Tupperware,

or in a metal Thermos.

Additionally, there are also several great alternatives for plastic water bottles. Brands such as Klean Kanteen, Hydroflask, and Yeti offer many options of durable, insulated stainless steel water containers that will keep your drink colder too. Our on-campus Dunkin' offers reduced priced coffees to customers who bring their own reusable vessel to be filled, rather than drinking from a Dunkin' cup.

However, although the complete elimination of plastic would be the most ideal way to combat the health risks of BPA, it is not entirely realistic. Therefore, we must evaluate the kinds of plastics we use in our daily lives and whether or not we are using them appropriately.

Most water bottles and other plastic containers are labeled with a number from 1-7 that can be located in a small triangle at the bottom of the vessel. This number will determine the toxicity (amount of BPA) of a container.

One should always avoid using any plastic labeled a 3 or 6 as they are highly toxic. On the contrary, plastics categorized as a 2, 4, and 5 contain minimal chemicals and are typically the safest option. Additionally, plastics labeled a 1 or 7 are safe for single or minimal use, but should be used with caution.

A rating at 1, for instance, is the usual toxicity number of a Poland Spring's water bottle, which is safe for a single use; however, once it is refilled for a second time, will become poisonous.

After its first use as ones, plastic labels, or polyethylene terephthalates, may leach the carcinogen DEHA into the food or water stored within the container.

Like "1s," plastics labeled as a 7, such as the popular Nalgene brand water bottles, can be deceiving. For example, a water bottle labeled as 7 may be advertised as BPA free, while Bisphenol A has simply been substituted in the plastic for different yet equally precarious chemicals.

In order to maintain good health, it is essential that we reevaluate the use of plastic in our daily lives. However, even aside from the personal health risks of BPAs, we must consider the future of the

How to Reduce Exposure to

BPA

BPA is one of the most common chemical exposures in everyday life.

Use glass and ceramic food containers.

Do not expose plastic bottles to sunlight or heat.

Use ceramic or glass containers to microwave your food.

Reduce canned food consumption.

Choose beverages in glass bottles.

PHOTO COURTESY OF HIGH BLOOD PRESSURE 411

Avoiding BPAs is beneficial not only for the environment, but also for personal health.

earth. Plastic is consuming the planet.

Unlike substances such as paper, glass, and metal, that originate from the earth and then eventually biodegrade back into the soil, plastic is an entirely man-made compound that will never completely decompose.

There is already a rapidly growing island in the Pacific, roughly twice the size of Texas, that is exclusively composed of plastic pollution.

If we do not exponentially reduce our use of plastic, we may eventually destroy the planet we call home. So ditch the Flo's to Go bag and make the smart choice for your own health and the health of your loved ones and your planet. Say "nay" to BPAs.

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United as One:

Friar Family Brings Us Together in Times of Tragedy

by Abigail Czerniecki '19
Associate Editor-in-Chief

EDITOR'S COLUMN

When our president, dean, alumni, or fellow Friars talk about Providence College being a Friar Family, it is not taken lightly.

The College community welcomes students with open arms by reminding them that PC is more than just an institution, but indeed a true family.

In times of hardship, it is crucial for students to remember that no one is alone in Friartown and that it is always Us, We, Together, Family, Friars—it is a culture that is embraced all across the PC campus.

Every individual reacts differently when faced with a tragedy, and it is important to stay united as

individual classes, and more importantly, as a school. There is no formula to cope with life changes, but we can be compassionate and selfless towards those around us.

We have a strong foundation of family present on campus, and we use that to support one another in our academics, athletics, and tribulations. With all that has happened locally and nationally, it is vital that we support one another.

Tragedy should not be the only time we come together, but rather we should shed our differences and reach out to fellow Friars to remind them that "Friar Family" is not just a slogan.

We all have a responsibility to this family, so in the time we have left on campus, let's make sure that Friartown is motivated by love and kindness.



TANGENTS & TIRADES

Treat Yourself to a Good Cry

Midterm season is upon us. With so many assignments, deadlines, and responsibilities quickly approaching, stress is inevitable.

There are lots of great ways to reduce some of the tension that you may be experiencing, such as exercising, meditating, or setting aside some time to watch an episode of your favorite T.V. show. But don't forget the one way to de-stress that is often negatively characterized: having a good cry.

Many people are hesitant to shed tears, but there is a lot of benefit in letting yourself release your emotions.

If you do not acknowledge how you are feeling internally, you will most likely find it difficult to focus. Your mind will be overwhelmed with various thoughts and worries that may prevent you from accomplishing what you need to. Although tears won't write your papers for you, they can help clear your head and make you more productive.

In fact, the University of Utah installed "The Cry Closet" in their library last spring so their students could have a safe space to experience the cathartic effect of crying. Students can go into this closet for 10 minutes at a time, allowing them to privately release their emotions and regroup before returning to their work.

Even though we don't have a designated place to cry here at Providence College, you should still consider having a good cry wherever you can when your stress level increases. Whether it be in your dorm room, the shower, or an empty classroom in Feinstein, let it out!

-Kelly Wheeler '21

Appreciating Fall in New England

Now that we are in the midst of autumn, it seems as if everyone is spending their weekends going apple picking or visiting pumpkin patches with their friends.

It is hard to go on Instagram and not see someone posting about all of the chai tea they are drinking or the apple cider doughnuts they are eating during all of their relaxing, cozy fall weekends. But two crucial aspects of being fully immersed in the fall season are weather and time which, for the most part, are out of our control.

As a college student, it can be hard to find the time to take out of your weekend to go apple picking or to do any other quintessential fall activity.

When you spend most of your time in the library studying for midterms, it can be hard to really get into the fall spirit. Additionally, New England weather is known for being extremely fickle. It seems that this time of year is either unseasonably warm or cold and rainy.

By the time the weekend rolls around, burnout from the previous week, combined with unpredictable weather, can make it difficult to feel like Halloween and Thanksgiving are right around the corner.

Despite the struggle of balancing homework and socializing, along with planning activities around the unpredictable weather, fall is arguably the most beautiful season in New England and it's important to get outside and enjoy all that the season has to offer.

It can be as easy as going for a walk or lighting a fall-scented candle (if you live off-campus, of course). Appreciate this season before it's gone. Soon enough we will all be complaining about the snow and sub-zero temperatures.

-Bridget Blain '19

Combat Academic Burnout

In the midst of midterm stress, it's important to find some time to free your mind of the compiling thoughts of school work. Mental health is very important to maintain, regardless of how much work you may have. It's important to take time to yourself away from the schoolwork for even just a few minutes.

Take some time to hang out with your friends. Watch a movie. Do a face mask. Take a yoga class and learn how to focus only on meditation, even if it is only for an hour or two. Doing puzzles and Sudoku can also keep your mind engaged.

It's understandable to want to focus only on work for 24 hours a day, but going nonstop can make you wear out much faster than normal. Of course, it's important to get all of your work done, and that should always be the main priority, but taking time to focus on yourself and your emotional well-being is an important factor of college as well.

Extracurriculars are another easy way to give yourself a designated break from study time. In this case, you give yourself a scheduled time to do something other than schoolwork for at least one hour every week.

Intramurals are the easiest way to do this. Grab some friends and pick a sport. This way, a team of you can combat your busy schedules by hanging out together in an activity that takes your mind off of work.

Clubs, sports, or even just Bingo night or a night in with friends can give your mind the rejuvenation it needs to continue to succeed academically. It is so much better to give yourself time off than to find yourself burnt out from an excessive amount of work.

-Julia McCoy '22

Last Week's Answers Across

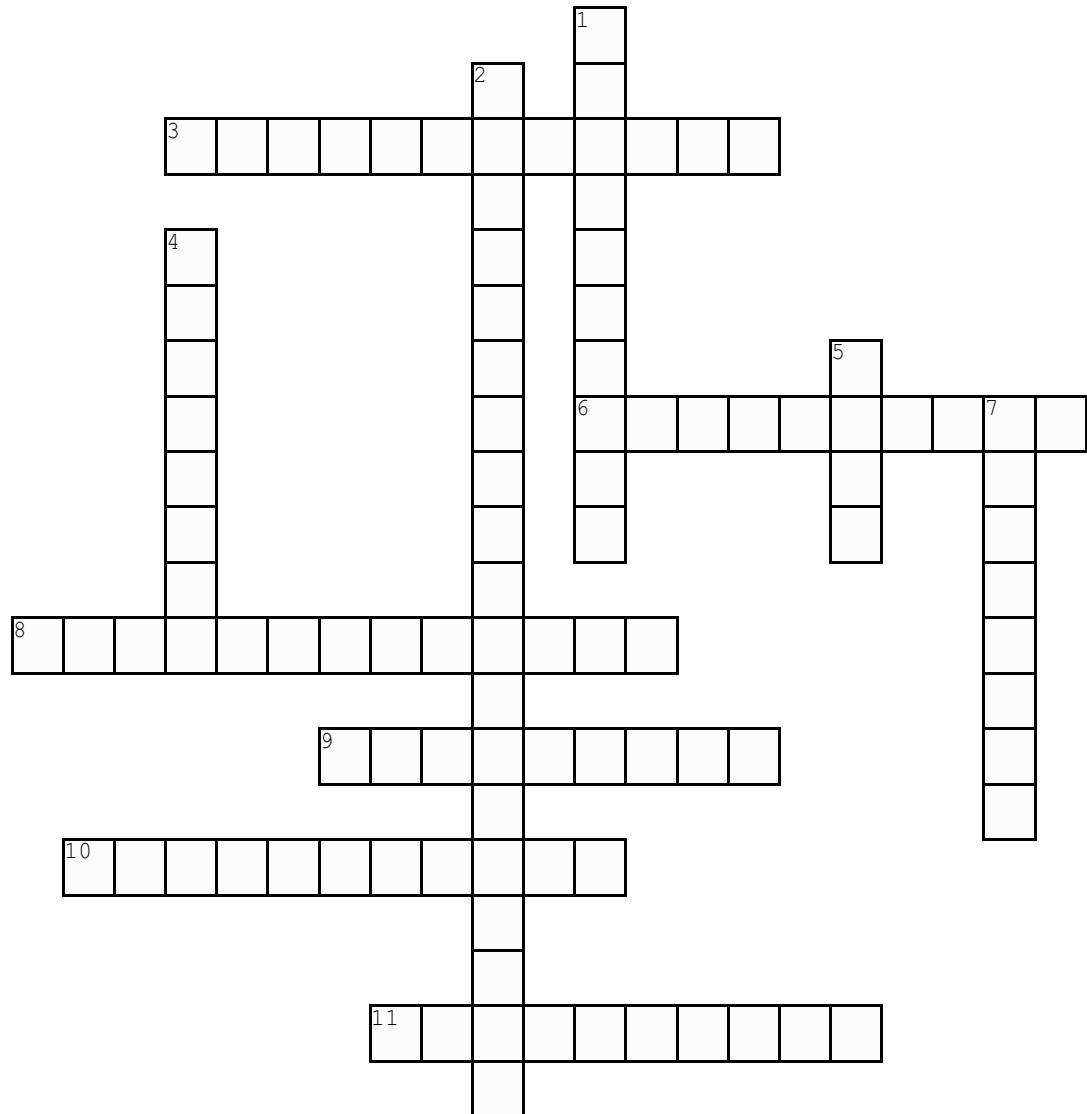
- 4. David Yurman
- 5. Raybans
- 6. Lilly Pullitzer
- 9. J. Crew
- 10. Free People
- 11. Patagonia

Down

- 1. Hunters
- 2. Vineyard Vines
- 3. Nike
- 7. LuLu Lemon
- 8. Jack Rogers

Cereal Brands

Complete the crossword below



Across

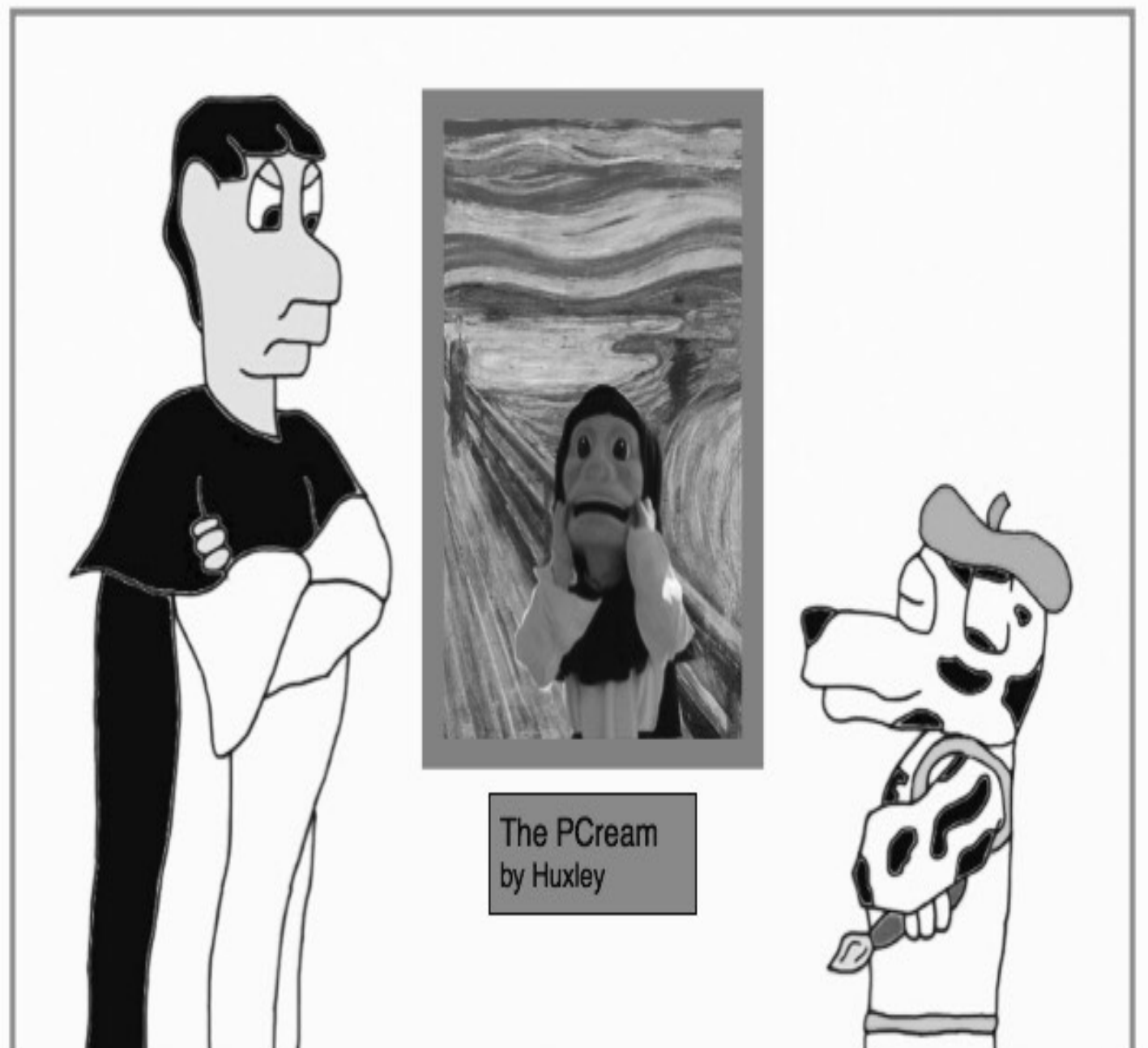
- 3. 'Snap! Crackle! Pop!'
- 6. 'Stays Crunchy, even in Milk!'
- 8. 'They're Gr-r-reat'
- 9. 'Follow My Nose, It Always Knows!'
- 10. 'They're Magically Delicious!'
- 11. 'I'm Coo-coo for _____'

Down

- 1. 'We Eat What We Like!'
- 2. 'The Taste You Can See!'
- 4. 'The Breakfast of Champions'
- 5. 'Silly Rabbit, Trix Are For Kids!'
- 7. 'Gotta Have My Pops!'

PHOTO COURTESY OF THETEACHERSCORNER.NET

THE FRIAR BOYS

 @friarboys_comics


CARTOON BY MARK FAIRCHILD '20

PHOTOGRAPHY

October 18, 2018



WILLIAM BOZIAN '19/ THE COWL



WILLIAM BOZIAN '19/ THE COWL

TOP LEFT AND RIGHT: Katherine Martinez '20 poses with the sushi roll she made at the Asian-Am Association's Maki Your Own Sushi event on Wednesday, October 10. The annual event features a do-it-yourself sushi bar with ingredients and instruction from Sodexo chefs.

CENTER: Corinne Kenney '19 advances towards the goal as the Providence College Women's Field Hockey Team played Lafayette College on Sunday, October 14. The Friars defeated the Leopards 2-0 during the Senior Day game. Kenney was recently selected to play in the 2018 Victory Sports Tours/NFHCA Division I Senior Game on Friday, November 16 in Louisville, Kentucky.



NICHOLAS CRENSHAW '20/ THE COWL

BOTTOM LEFT: Maddy Teixeira '19, Claire Buckley '19, Victoria Costa '21, and Sydney Amaral '21 enjoy the various foods available at the Portuguese Feast on Tuesday, October 16. The event, sponsored by the Portuguese Club, featured food from a number of Portuguese-speaking countries.

BOTTOM RIGHT: Nikki Gass '20 paints the Boston Bruins logo onto her album cover at the BOP-sponsored Create Your Own Album Cover event on Monday, October 15. The event gave students an opportunity to create an album cover that represented their interests with canvases, paint, and other crafting supplies.



CAMERON VILLARUEL '21/ THE COWL



CAMERON VILLARUEL '21/ THE COWL

ROVING PHOTOGRAPHY

What would you rename Suites Hall?



"St. Bruno's Hall."
Peter Graziano '20



"The Batcave."
Alexa Jerome '20 and Anjola Verissimo '20



"Sweats Hall."
Sam Lomax '20 and Sean Richardson '20



"Sodex-NO Hall" and "Shan-Man Hall."
TJ Steinthal '20 and Alex Shute '20



"Huxley Hall."
Nick Tonini '20



"The Tower of Tito's."
Eamonn Blake '19



"The Doghouse"

-Huxley

Venom Marks New Peak in Tom Hardy's Career

by William Burleigh '19
A&E Staff

FILM

A new anti-hero officially joined the cinematic ranks of Marvel superheroes when Sony's *Venom* was released on Oct. 5. The titular character, Spider-Man's comic-book nemesis, is an all-black alien symbiote who requires a human host to bond with in order to survive.

In this film, Venom bonds with Eddie Brock (Tom Hardy), a popular San Francisco journalist who specializes in taking down corporate villains. When Venom begins to take over Eddie's body with his extra-terrestrial powers, a "Jekyll and Hyde" story ensues as Eddie attempts to manage the violent tendencies of his parasitic hanger-on, along with his relationship with his fiancée (Michelle Williams).

Riz Ahmed co-stars as the genius company head who discovered and experiments with symbiotes.

Venom is directed by Ruben Fleischer, who is best known for *Zombieland* (2009) and *Gangster Squad* (2013).

The most notable aspect of the film is Hardy's performance in his dual role as both Eddie Brock and Venom. Hardy, a London native, has steadily been gaining popularity throughout the last decade thanks to an acting resumé that is as enigmatic as it is entertaining.

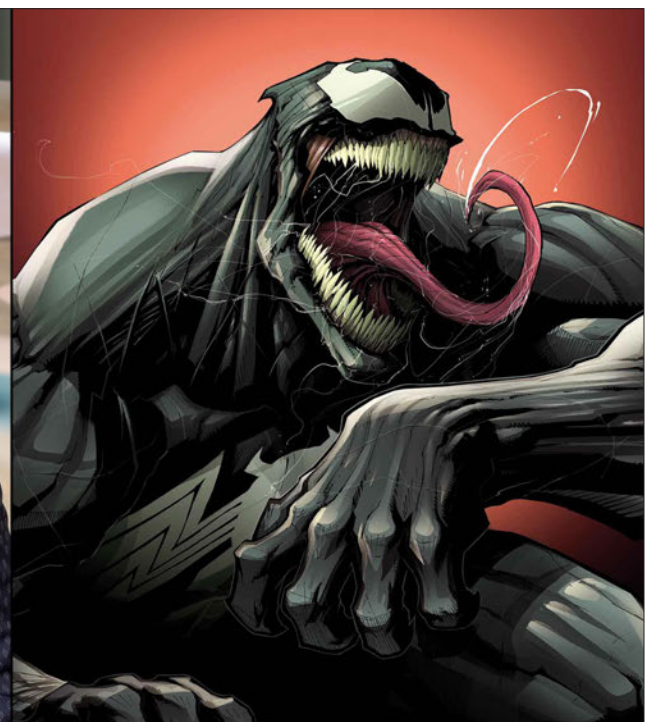
Venom marks a new peak in Hardy's career so far as it is his first lead role in a major blockbuster. After breaking out in *Inception* (2010), he gave a chilling performance as Bane in *The Dark Knight Rises* (2012). Next, he helped Charlize Theron propel *Mad Max: Fury Road* (2015) to new franchise heights, earned an Academy Award nomination opposite Leonardo DiCaprio in *The Revenant* (2015), and appeared as perhaps the most marketable name in the ensemble war drama *Dunkirk* (2017). Hardy seems more than prepared to take on such a large role and become a household name in the process.

In a recent interview with *Esquire*, Hardy stated that, during his one-year prep for the complicated role of an anti-hero who possesses an affinity for biting people's heads off, he explored and tapped into three specific, and very different, influences, "Woody Allen's tortured neurosis and all the humor that can come from that. Conor McGregor — the überviolence, but not all the talking. And [rapper] Redman: out of control, living rent-free in his head." Hardy noted that he left out these muses in conversations that he had with Sony executive producers, "You don't say s--- like that to the studio."

In addition to telling Eddie Brock's origin story, *Venom's* narrative is meant to accomplish the secondary goal of launching a new interconnected series of films for Sony and Marvel,

separate from Disney's Marvel Cinematic Universe (MCU). This Sony Marvel Universe is meant to include sequels and standalone films that feature the oftentimes lesser-known heroes and villains that populate the *Spider-Man* comics. When asked for his thoughts about a potential need for *Venom* to perform financially well in order to build momentum for this Sony universe, Hardy stated that such ideas did not affect his creative acting process: "If the odds are stacked against Sony, that's not my f---ing business. It's irrelevant."

Overall, Hardy's engaging and dedicated performance as Eddie Brock is the anchor of *Venom's* success. While Sony's plans for sequels are currently unknown, Hardy's layered and complex take on the infamous Marvel anti-hero is what makes *Venom* intriguing.



Tom Hardy brings humor, chaos, and violence to the infamous villain Venom

PHOTO COURTESY OF ENTERTAINMENT WEEKLY

BTS: Boyband Takes the World by Storm Bringing K-Pop to Mainstream America

by Sara Conway '21
A&E Staff

MUSIC

Energetic chants filled the Citi Field stadium on the night of Oct. 6: "Kim Namjoon! Kim Seokjin! Min Yoongi! Jung Hoseok! Park Jimin! Kim Taehyung! Jeon Jungkook!" These are the names of the seven members of the hit K-Pop group, BTS.

The boy band was formed by Big Hit Entertainment, an entertainment company based in South Korea, starting with Kim Namjoon (RM), the leader of the group. BTS consists of three rappers: Suga, J-Hope, and RM, as well as four vocalists: Jungkook, the main vocalist, Jimin, V, and Jin.

The seven released their debut album in 2013, becoming popular within the K-Pop genre for their dance choreography and have since attracted a dedicated fanbase, called ARMY.

It was in 2015, however, that BTS broke into the Billboard 200 with their album, *The Most Beautiful Moment in Life, Pt. 2*. Their last three albums of the *Love Yourself* series all made it into the top 10 of the Billboard charts. Their two 2018 albums, *Love Yourself: Tear*, released in May, and *Love Yourself: Answer*, released in August, both peaked at number one.

BTS kicked off their sold out *Love Yourself World Tour* in Seoul before coming to the United States. In New York, BTS was the first K-pop group to



BTS (above) at the 2017 American Music Awards, where they won their first AMA for Favorite Social Artist.

PHOTO COURTESY OF NELSON BARNARD/GETTY IMAGES

perform a stadium show at the historic CitiField which holds over 40,000 seats.

The group recently started the European leg of their tour, stopping first in London. The first leg of the tour concludes with BTS in Paris, giving the group a well-deserved break from the nonstop performances, as the Asian segment of the world tour picks up again in mid-November.

The success of BTS is not only seen in the magnitude of its tour schedule but also through the notable lauds they received in recent years. Through the Billboard Music Award for Top Social Artist, a fan-voted category, ARMY demonstrated the extent of its power, ending the six-year streak of Justin Bieber. BTS won the award in 2017, when they performed, and in 2018.

During the 2017 American Music Awards, the group performed their hit song, "DNA," marking their major break into American households. About a week ago, while in London, BTS won the Favorite Social Artist award for the 2018 AMAs. As their success continues, BTS is quickly becoming a household name and many predict that they will not be slowing down anytime soon.

Twenty One Pilots' *Trench* Continues to Surprise Fans

Versatility, Pressure, and Isolation Set the Tone

by Julia Vaccarella '20
A&E Staff

MUSIC

On Oct. 5, Twenty One Pilots released *Trench*, the duo's first album in three years. The band, featuring Josh Dun and Tyler Joseph, rose to popularity back in 2015 with hits such as "Stressed Out" and "Ride." The new record, however, was recorded with little publicity over a year-long period and included a strategic debut of several singles before the October release.

Trench builds upon many of the themes featured in the duo's previous release, *Blurryface*, and has been characterized as a concept album thereafter. Much of the band's music incorporates messages about depression and anxiety; fans have expressed sentiments of satisfaction with the element of relatability that Twenty One Pilots so blatantly radiates. The pair has been relatively vocal about inspiration for the album and also took part in an interview with Beats 1 that is featured on Apple Music. In the interview, Joseph explains some of the many themes that come to light in *Trench*, from isolation, to faith, and spirituality.

The album builds upon the perpetual notion of a "trench," as identified and said by Joseph himself. Joseph and Dun have explained that the album itself is reflective of a fictional city known as Dema. This concept alludes back to the core of what Twenty One Pilots is known for, and implies an escape from reality. The album also incorporates the difficulty of being in two places at once, a noteworthy theme when considering the growing popularity that the band has dealt with in the past several years. It also factors in the pressure that Twenty One Pilots faced in releasing a follow-up album after the mainstream success of *Blurryface* back in 2015.

Another significant aspect of the Twenty One Pilots brand that is noticeably apparent on *Trench* is the versatility of different musical genres that comprise the album. Twenty One Pilots is most directly characterized as an alternative band. However, it has been argued that Joseph and Dun also cross the lines into the rock genre in unconventional ways. Additionally, many of their

songs also feature lyrics that incorporate rap.

This is something that has been noticed by fans and critics alike. Brad Heaton of *Billboard* writes in his review of the album, "*Trench* revels in the confounding genre-blurring and cavernous conceptualism that has defined Twenty One Pilots over their nearly decade-long existence. If anything, it's weirder than its predecessor, and even more self-assured in its pursuit of a cohesive concept, which again centers on Joseph's inner-turmoil."

One of the songs on the album, "Morph," is a prototypical example of the band's ability to slip between different musical genres. This song, which highlights the theme of what life will be like after death, is unlike any other Twenty One Pilots' song.

It is unknown what Twenty One Pilots will come up with for their next album. Most likely, though, the duo will continue to reach the core of its strongest fanbase and meet its listeners with more unexpected surprises. Joseph and Dun kicked off their Bandito tour Oct. 16.



Josh Dun (left) and Tyler Joseph (right) met playing Little League basketball together as

PHOTO COURTESY OF BRAD HEATON

The Return of *Riverdale*: Season 3 of the CW's Hit Teen-Drama

by Madeline Weaver-Nolting '19
A&E Staff

TELEVISION

The CW hit show *Riverdale* has returned for its third season. The high school dramedy's popularity has drawn fans because of the first two seasons on Netflix, which has increased their fanbase. The series is based on *Archie Comics* but has a much darker tone. With murder, deception, gangs, affairs, it is not like the comics of our parents' generation.

As the comics were brought to life, the producers went in a very different direction. The comics are all about the adventures that the high school students get themselves into, whereas the television show brought the characters to life and created different storylines. Betty and Veronica are unrecognizable on the television version because they are not in constant competition with one another over Archie. Archie is not as innocent as he was in the comics, and Betty has a dark side and is more than the pastel clothing that she wears. Jughead is portrayed as a bitter loner. However, do not worry, Pop's Diner is still the coolest hangout spot and the best place to grab a milkshake.

Riverdale is different from many of the other high school television shows because it blends so many different genres together. Although there are dark, and sometimes disturbing,

moments, the corny scenes can make the show seem like a parody. After all, it is kind of hard to take the show seriously when one of the main characters is named Jughead. *Riverdale* has everything—there was even a musical episode when the cast performed *Carrie The Musical*. According to *Elite Daily*, there are rumors of another musical episode in season three.

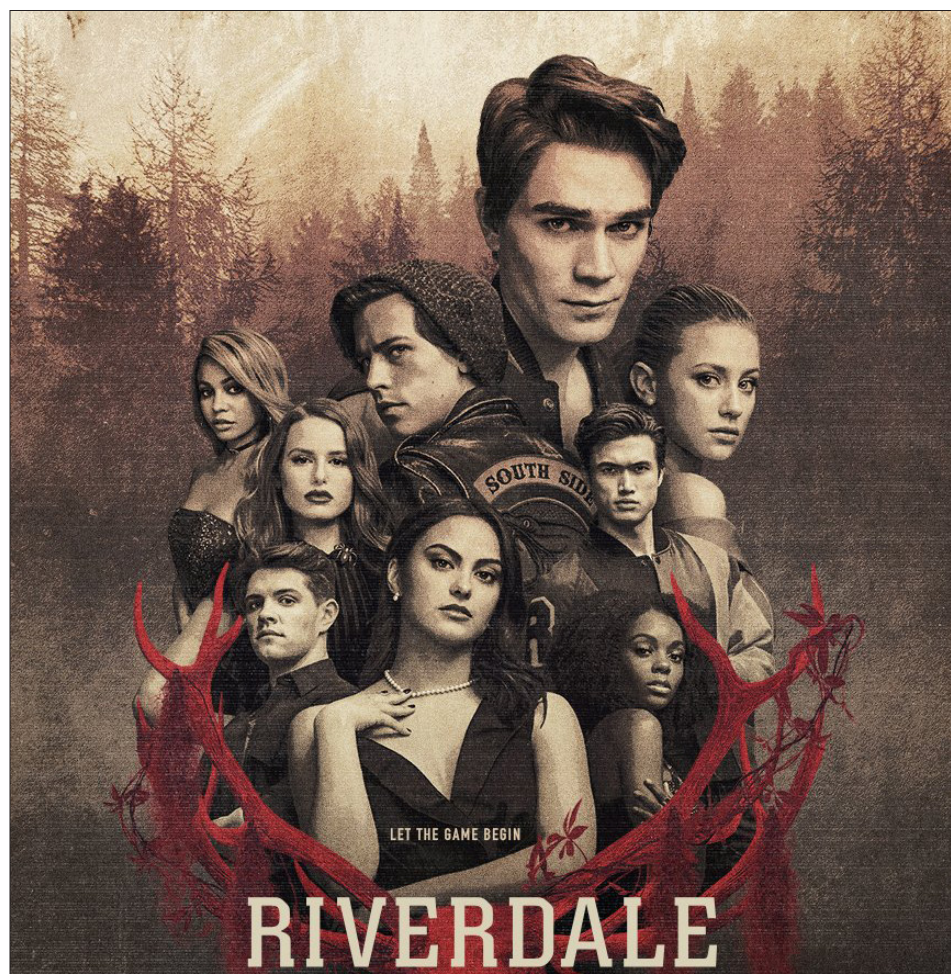
What is interesting about *Riverdale* is that even though the main characters are supposed to be teenagers in high school, it is most popular in the set of 18-49 year olds according to *Variety*. Although the show is highly unrealistic, college students cannot stop watching it. It is the show everyone loves to hate because there are so many cringey moments.

Fans of older movies might see a few familiar faces. Molly Ringwald plays Archie's mother and is featured in a few episodes. Skeet Ulrich from *Scream* is also a main character as well as Luke Perry from *90210*. For the younger generation, Cole Sprouse from *Suite Life of Zack and Cody* has grown up and plays Jughead, but he is surrounded by other breakout actors.

Despite the early success, the show has been deemed problematic by some viewers. First, *Affinity Magazine* points out the obvious problem from season 1: the way that the student-teacher relationship is portrayed. It is presented as a romantic relationship, when it is actually illegal, and Archie never realizes why this relationship is so toxic. The show has a tendency

to sexualize the characters who are supposed to be 15 or 16 years old. Another problem in the show, is the use of Spanish by non-authentic Spanish speakers. Nevertheless, behind

these controversies is a unique, thrilling television adaptation of a classic comic. The originality, the cast, and the unpredictability of events makes season 3 of *Riverdale* a perfect fall bingeing option.



1.5 million viewers watched *Riverdale*'s season 3 premiere.

PHOTO COURTESY OF @CW_RIVERDALE/TWITTER

Grunge-Rockers Basement Polish Their Sound

Underground British Band Makes Major Label Debut

by Peter Keough '20
A&E Staff

MUSIC

Since their inception in late 2009, the UK-based group, Basement, has been viewed as a member of the punk rock and grunge-revivalism crowd. Their fuzz-filled alternative style of rock has evoked feelings of a mix of 1990s mainstream grunge and elements of early 2000s emo and punk. This sonic consistency is present in each part of their discography thus far.

However, with their newest release *Beside Myself*, listeners find the band more streamlined and consistent than ever before. *Beside Myself*, released on Oct. 12, is Basement's major label debut. After releasing their previous three projects on Boston label Run For Cover Records, the band signed with pop-punk powerhouse label Fueled By Ramen in February 2017.

With this new label signing comes a refining of Basement's rough and raw sound. Where front man Andrew Fisher's vocals used to be more focused on volume rather than melody, his voice shows more control and melodic intent on many of this album's songs. The instrumentation follows in this same vein, as it seems more well-developed than in their earlier work.

This is not to say, though, that

Basement has lost their unique and identifiable sound. They still maintain their brand of emo-rock that defined their tone and gained them a following during their formative years. The band does not trade the raw originality of their roots for auditory clarity, but instead achieves a solid mix of these elements on their fourth album.

Thematically, Basement finds

themselves treading on familiar ground. Tom Connick of *NME* writes, "that penchant for rose-tinted revivalism comes into singer Andrew Fisher's crosshairs time and time again—a feeling of alienation and the sense of self his most frequent muse." Fisher's vocals remain focused on these topics of self and longing, while often straying between

the past and present, highlighting the struggle between the two.

This lyricism is consistently backed up by solid instrumentation from the entire band. Guitarists Ronan Crix and Alex Henery trade off between melodic, acoustic strumming and heavy, infectious electric riffs and solos. All the while, bassist Duncan Stewart and drummer James Fisher provide the steady beat of the songs, usually up-tempo and punchy.

While the album as a whole stands as cohesive and unified, certain songs stand out as more notable additions to Basement's repertoire. The lead single and opening song of the album, entitled "Disconnect," showcases right off the bat the sleeker sound the listener should expect from the album as a whole. Later songs, like "Nothing Left," provide listeners with a more traditional, loud, and in-your-face sound, while other standouts like "Changing Lanes" and the closer "Right Here" offer the softer, more refined side of the band.

The album's themes of alienation and longing, while not completely resolved, do find some form of closure by the end of the 39-minute runtime. While Fisher laments losing himself in the moment in the early song "Be Here Now," album-ending "Right Here" finds him repeating "I will be right here." Although their sound harkens back to the early 2000s, it still seems relevant and original in the here and now.



The cover art for Basement's new album, *Beside*

PHOTO COURTESY OF BROOKLYNVEGAN.COM

Taylor Swift is America's Artist of the Year: So, What's Next?

A Record-Breaking Tour and a Successful Discography Set High Expectations

by Anne DeLello '20
A&E Staff

MUSIC

After taking a few years off from touring, Taylor Swift has come back this past year with a vengeance. Her sixth album *reputation* has been wildly successful, selling over two million copies in the United States alone. She also wrapped up her tour that began in May, which brought her across the country performing to sold-out stadiums.

This past Sunday night, fans across the country watched as Swift won Artist of the Year at the American Music Awards (AMAs) for her most recent album.

This has been a pattern for Swift since she came onto the music scene at just 15 years old: write albums, tour, win awards, repeat. However, as Swift wraps up touring for her fifth album, fans

cannot help but wonder what will come next.

Swift started her career with her self-titled album *Taylor Swift* in 2006, and after that she released an album every two years until 2014: *Fearless*, *Speak Now*, *Red*, and *1989*. According to the *Inquirer*, all but the first of these albums sold over two million copies, like *reputation*, within months of coming out. Fans were drawn to her right off the bat, and this popularity only grew as she continued to come out with new music.

With her *reputation* stadium tour, Swift has hit a new high, being both the first performer to play back-to-back nights at AT&T Stadium in Dallas, Texas, and the first female performer to play three nights in a row at Gillette Stadium in Foxboro, Massachusetts.

According to *Billboard*, Swift also broke attendance records at the University of Phoenix Stadium in Glendale, Arizona to kick off the

tour, and Forbes said that she topped *Billboard's* Hot Tours list due to her stellar performance at Met Life Stadium in New Jersey. With all these records, and her win at the AMAs, if Swift decides to get out of the game now, she would go out on top, but she is not quite ready to retire.

Reputation seems to be a jumping off point for a new type of music, and a new, more confident Swift. In her acceptance speech for Artist of the Year Swift said, "I like to think of albums as chapters in my life and I am so excited to see what the next chapter has in store." Not only does she indicate here that she is going to capture the next chapter of her life in another album, but *Billboard* reported that she claims, "the next album will definitely be out before I'm 30."

Fans around the world can breathe a sigh of relief as the industry begins the wait for America's top artist's new album.



Taylor Swift on the Red tour.

PHOTO COURTESY OF DAVE J. HOGAN/GETTY



Taylor Swift on the 1989 tour.

PHOTO COURTESY OF DANIEL BO CZARSKI/LP5



Taylor Swift on the reputation tour. PHOTO COURTESY OF KEVIN MAZUR/GETTY

Saturday Night Live Season 44 Premiere

Old Faces and New Material Go for Comedic Gold

by **Brigid Walshe '19**
A&E Staff

TELEVISION

Now that fall has officially begun, that means one thing: *SNL* is back. After its summer break, the show finally returned to its 11:30 p.m. Saturday timeslot on Sept. 29. Three weeks into their 44th season, the show is already getting a lot of buzz for its first three episodes.

Most of the cast from the previous season has returned, with the exception of Luke Null, whose departure was announced in late August. Although his reason for departure was never announced, he is back in his hometown of Chicago. While he was the only cast member to be let go, *SNL* upgraded cast members Mikey Day, Alex Moffat, and Melissa Villaseñor from featured players to repertory players—which is essentially just a raise—for this upcoming season.

When it comes to newcomers, *SNL* hired Ego Nwodim, a comedian from Baltimore. Prior to *SNL*, she was a regular with the Upright Citizens Brigade Theater in Los Angeles, performing her own stand-up shows.

The show kicked off its season with host Adam Driver (who plays Kylo Ren from the new *Star Wars* films) and musical guest Kanye West. In the past two weeks, comedian and *Crazy Rich Asians* star Awkwafina and *SNL* alum/late-night host Seth Meyers took on hosting duties, with musical guests Travis Scott and Paul Simon, respectively. For this upcoming fourth week of the season, Jonah Hill will be hosting, with musical guest Maggie Rogers.

Although the season just started, it has already gotten a lot of buzz in the media, from Kanye's politically motivated outburst following the end of the show's Season 44 premiere, to Alec Baldwin's reprisal of his role as President Donald Trump.



Matt Damon (above) has received praise for his role as Brett Kavanaugh.

PHOTO COURTESY OF WILL HEATH/NBC

The show has never shied away from addressing politics in past seasons, and viewers should not expect this season to be any different. The show has already done skits on West's meeting with President Donald Trump and Brett Kavanaugh's (portrayed by Matt Damon) Senate confirmation.

The show has even performed skits that poke fun at cast member Pete Davidson's now former

relationship with pop singer Ariana Grande. The show is also bringing back fan-favorite skits, like "Weekend Update" with Colin Hanks and Michael Che, which is a recap of various events or news that took place the previous week. The early episodes have received average and above average reviews from critics, and fans seem to be pleased with the first three episodes of the season.

Poet Phillip B. Williams Speaks at Providence College



Phillip B. Williams (above) gives a reading at Randolph College.

PHOTO COURTESY OF RANDOLPHCOLLEGE.

by **Kerry Torpey '20**
A&E Co-Editor

ON CAMPUS

Last week, the Providence College Poetry and Fiction series welcomed award-winning poet Phillip B. Williams. Sponsored by the Department of English and the Office of Institutional Diversity, Williams read poems from his most recent publication, *Thief in the Interior*.

A native of Chicago, Illinois, Williams is a graduate of Washington University in St. Louis, where he completed a MFA in creative writing. He is the winner of the 2017 Kate Tufts Discovery Award for his collection, *Thief in the Interior*.

Kate Tufts, the wife of writer and businessman Kingsley Tufts, established the Kingsley Tufts Poetry Award of \$50,000 in 1991. In 1993, she created the Kate Tufts Discovery Award, which was \$5,000. Today, winners of the Kate Tufts Poetry Award, like Williams,

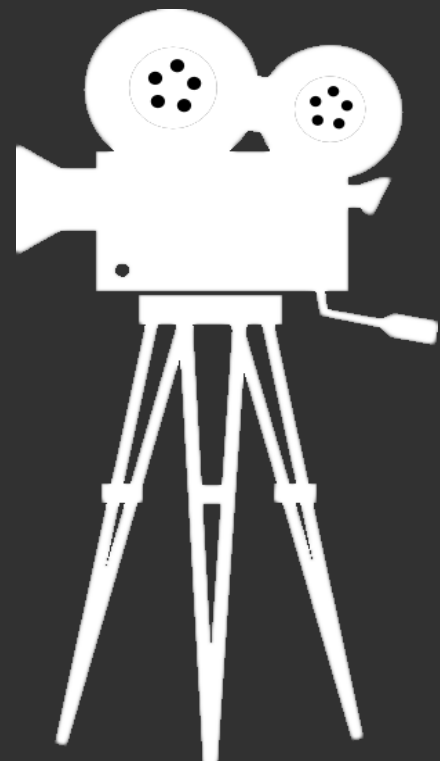
receive \$10,000 and are awarded "to give a poet a little breathing room and a little recognition."

Also in 2017, Williams received the Whiting Award for poetry. The Whiting Award is given annually to 10 up-and-coming writers. A jury of writers and scholars select the winners each year. Furthermore, he has also received the Lambda Literary Award for Gay Poetry.

Speaking to faculty, staff, and students in the Fiondella Great Room in the Ruane Center for the Humanities, Williams exhibited his mastery of the craft by sharing a selection of new and published poems. His particular attention to the discrimination of people of color & sexualities within the LGBTQ+ community made his poems deeply personal and emotional.

After his reading, he answered questions and did a book signing for *Thief in the Interior*. More information on Williams and his publications can be found on his website, www.phillipbwilliams.com.

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My Gift to You

by Gabriela Baron '20
Portfolio Staff

POETRY

If I could have anything, I would choose a mason jar.
Not one filled with caramel candies
or crumbled pocket money,
but one holding light.
Light that radiates:
the rush of riding a perfect wave
and the vivid memory a song brings.
A worn out, well-loved book
and a puppy's slobbery kisses.
A baby's uncontrollable laughter,
sighs of relief,
and extra time.

I'd bring that jar with me
and share it with:
The boy sobbing
because he lost his little league game.
The teenager
who flunked her final,
the uncle
who never calls his family,
and the sibling
who always feels second best.
The bride that walks down the aisle
without her Dad,
the mailman
who never gets a "thank you,"
and your neighbor
who lies in bed, staring at the empty pillow beside her.

I would give it to them
so the boy
will want to play again,
and the teenager will learn
scores don't measure her success.
The uncle will come home for Christmas,
and the sibling will realize
there's no competition for a parent's love.
The bride will feel her father's presence,
the mailman will know he matters,
and your neighbor will remember,
she's not alone.

If I could have anything,
I would have a jar
that lights up the darkest miseries of life.

Dearest Larry,

Obviously, you only have one option—stake yourself out in all the prime gossip spots to hear what's the latest scuttlebutt. Hiding places include: the ice cream cooler in the Eaton St. Café, the trash bins by the steps of Ray, hanging from the side of the library, and levitating inside the flame, just to name a few. If that fails, try learning how to speak squirrel—those buggers don't sit there staring at you for nothing, y'know.

Good luck!

TIFF



Making PC an emotionally stable place one letter at a time.

Dear Tiff and Earl,

**I always feel like I never know
what's happening on campus, and
I refuse to read the Morning Mail.
How do I find out what the word is?**

Sincerely,
Lonely Larry

Dear Loser Larry,

If you're looking for something to do, just follow people around as they are leaving your dorm. Find out where they are going, and pretend you're invited to the party. If anyone calls you out on it, consider that you didn't have much to lose anyway.

Unfortunately,

EARL



**This is a satirical column that does not reflect the views of Providence College or The Cowl.*

The Price You Pay

by Jessica Polanco '20
Portfolio Staff

POETRY

I am now destined to feed strangers.
Those who once knew me
Lost every trace of trust;
That has been lost in the dark skies
Under which I begged for all of this to become my reality.

To one day wake up in black, silk satin sheets—
And today, they cover my back as I stare
At the chandelier that glares
From the eyes of a man I married in the middle of this journey
Because we were once both teenagers,
At each end of this country waking up in the middle of the night
Hungry and in agony.
We dreamt of being served
Platinum platters of
Bedazzled seafood
And delicious-filled intentions.

He just married me to serve looks to the public,
And I said I do
For the same reasons, too.

This mansion is filled
With maids who don't know my childhood name;
These marbled floors,
This view of the mountains resting on the ocean,
And this diamond ring
Is evidence
That you can die in heaven.

I've purified my hands
By the holiest of seas
But when the water slips
Through the cracks of my fingers,
I hear every soul I've abandoned to get where
I needed to be.
I hear my best friend saying
She doesn't know who I am anymore.
My sister asks me if she even knew me at all.
From miles away, I trace
The voice of the boy who I love.
Tonight, he's in bed with his back to his wife
Because I've broken all that he can be.
I stroll through the evergreen garden with a view
Of the reddest roses you'll ever see
And feel my mother against my skin
Reminding me
That she is ashamed of me.

The corners of my eyes witness
A gallery of trophies
With my name shining on each edge,
And colorful books stacked
Stored with my truths.
I place one foot in front of the other
And carry out this burdensome pride
Into my Bentley coupe
And drive into the sunset
That kisses the 90210 city line.

Windows

by Marelle Hipolito '21
Portfolio Staff

POETRY

Staring out this window
Watching the world pass by
I can't help but wonder
If you'll be fine

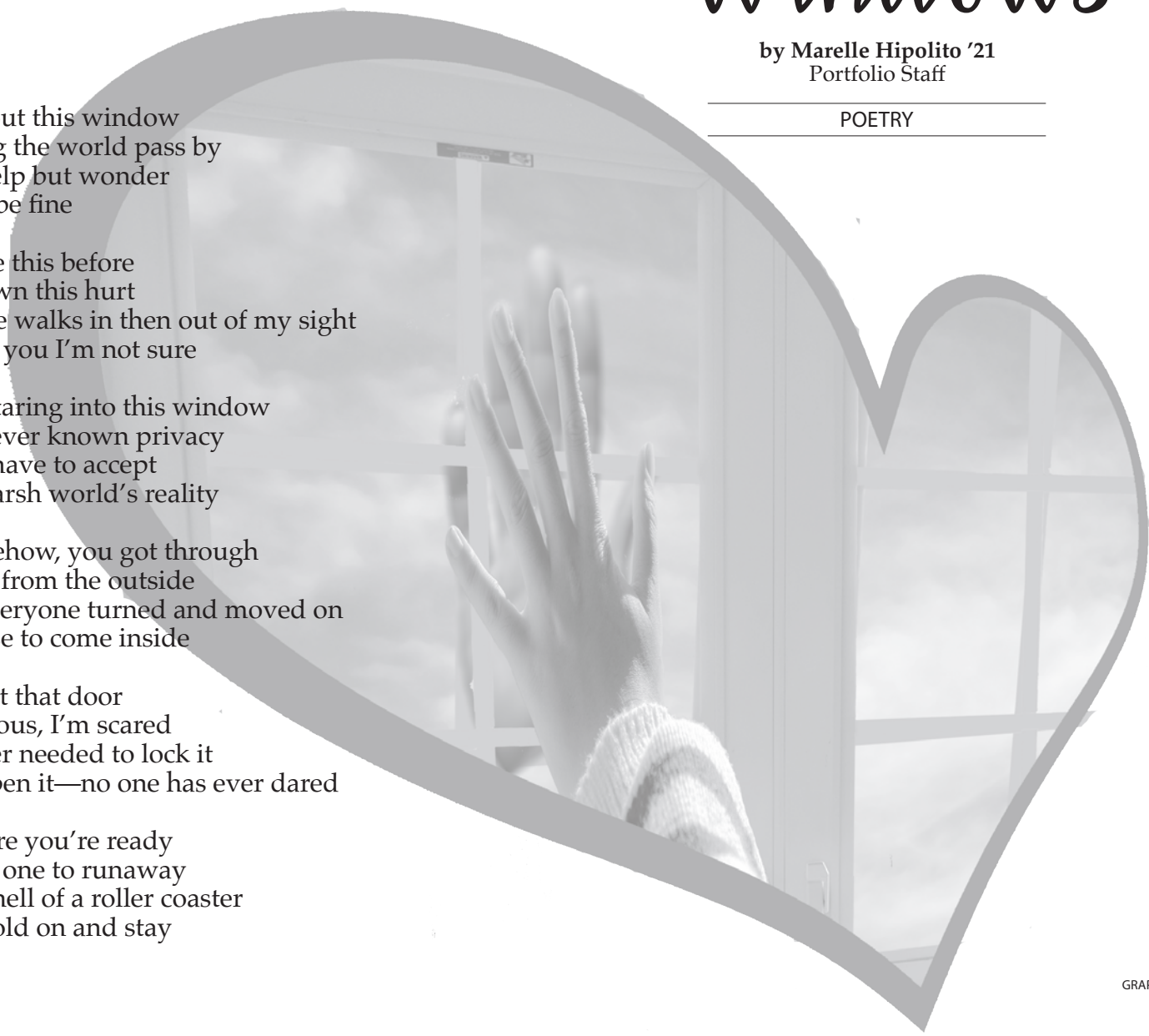
I've done this before
I've known this hurt
Everyone walks in then out of my sight
But with you I'm not sure

People staring into this window
I have never known privacy
A rule I have to accept
In this harsh world's reality

But somehow, you got through
You saw from the outside
While everyone turned and moved on
You chose to come inside

Staring at that door
I'm nervous, I'm scared
I've never needed to lock it
But to open it—no one has ever dared

Make sure you're ready
Don't be one to runaway
I'm one hell of a roller coaster
Please hold on and stay



GRAPHIC DESIGN BY CONNOR ZIMMERMAN '20

ONE OF THESE DAYS

by Sam Ward '21
Portfolio Staff

POETRY

One of these days

I'll challenge myself and put together the words that spell out b-e-a-u-t-y
I'll pen the pursuit and capture the prize
I'll thank my girl for kissing my scars
I'll have no need for desire

One of these days

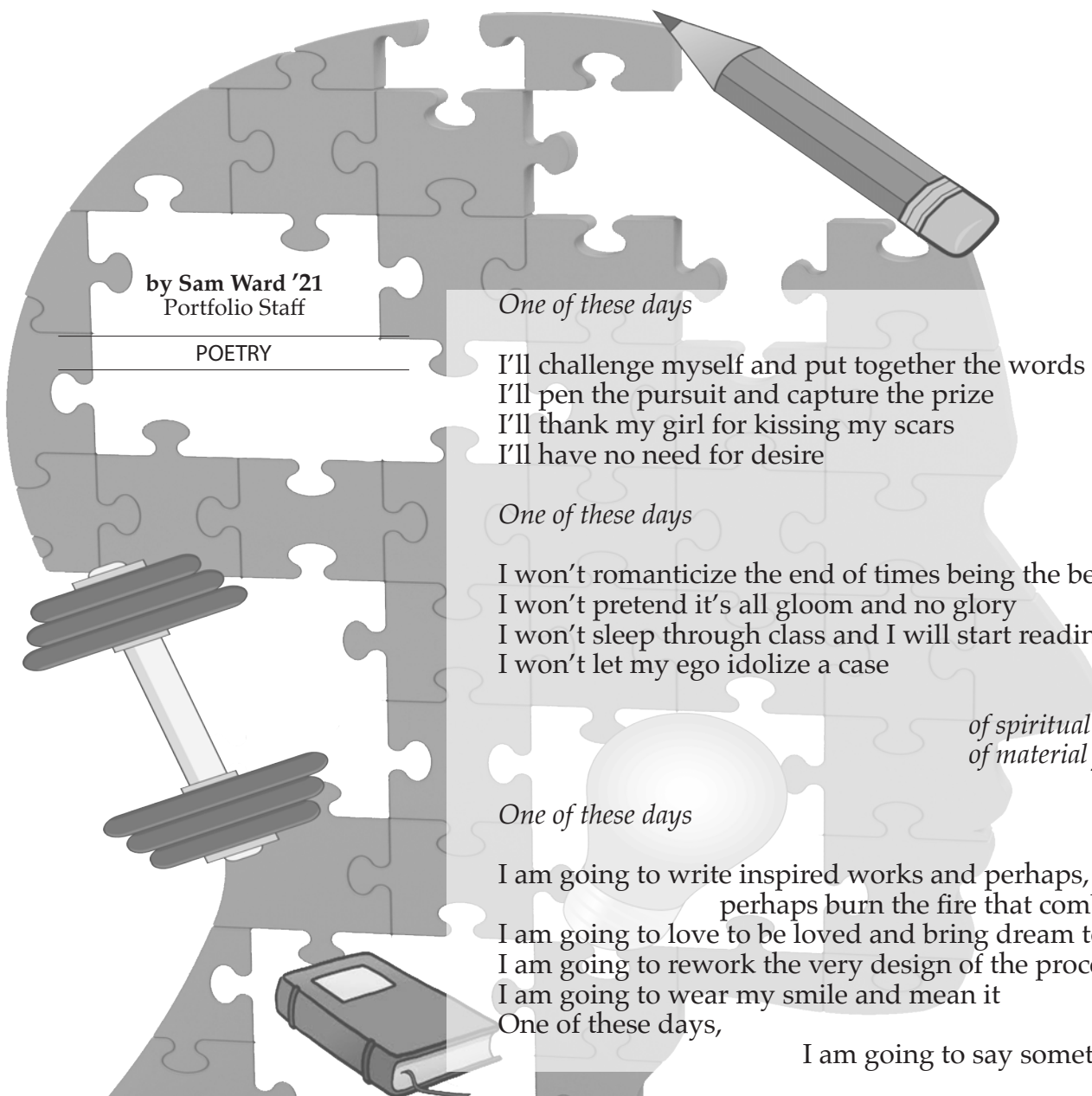
I won't romanticize the end of times being the best of times
I won't pretend it's all gloom and no glory
I won't sleep through class and I will start reading, maybe writing, maybe exercising
I won't let my ego idolize a case

*of spiritual malnutrition
of material fixation*

One of these days

I am going to write inspired works and perhaps,
perhaps burn the fire that combusts inside of me
I am going to love to be loved and bring dream to conception
I am going to rework the very design of the process
I am going to wear my smile and mean it
One of these days,

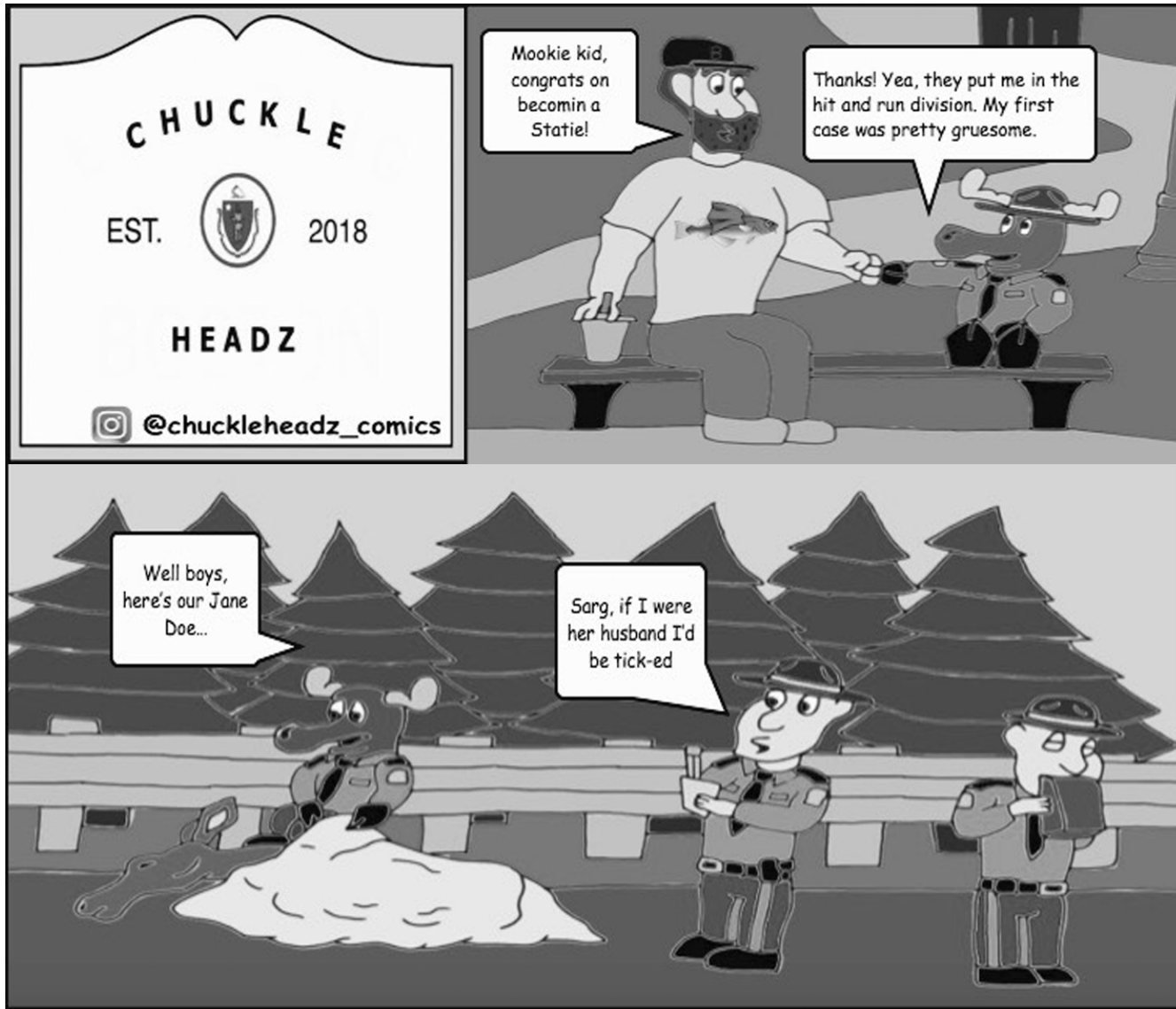
I am going to say something and actually believe it



GRAPHIC DESIGN BY CONNOR ZIMMERMAN '20

by Mark Fairchild '20
Portfolio Staff

CARTOON



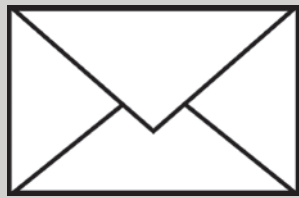
Listomania*

Best Ways to Study for Midterms

- Repeatedly slam your notebook against your head
- Cry on the library couch for 30 minutes and then fall asleep
- Eat your feelings out in Ray
- Look at "Help Wanted" ads for when you drop out
- Fill out a Change of Major form
- Read your friends' papers so you don't have to write your own
- Go to your professor's office hours to bribe your way to an "A"
- Netflix and "Study"
- Reserve a room in Ryan for 48 hours
- Download a virus onto your computer and say it was hacked
- Go home and "forget to bring your homework"
- Watch an episode of The Office for every page you read
- Create a Spotify study playlist
- Watch Vine compilations for research
- Just Give Up

*This is a satirical list that does not reflect the views of Providence College or The Cowl.

GOT SOMETHING TO SAY?

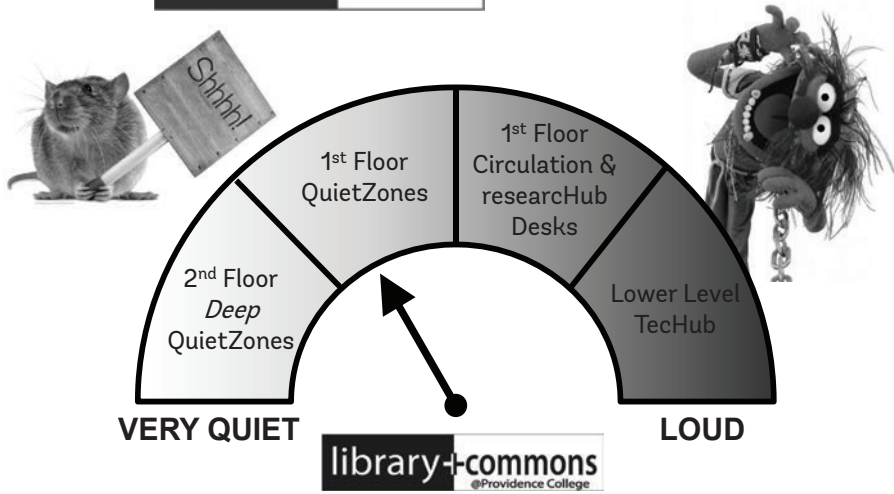


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A Look Around Friartown

Cross Country:

Upcoming:

10/19 at Central Connecticut State Mini Meet

Field Hockey:

10/12 at Quinnipiac University, Win 6-2

10/14 vs Lafayette College, Win 2-0

Upcoming:

10/19 at Georgetown University

Men's Ice Hockey:

10/12 at Miami (OH) University, Win 4-0

10/13 at Notre Dame University, Loss 3-0

Upcoming:

10/19 vs University of Connecticut

Women's Ice Hockey:

10/12 vs College of the Holy Cross, Win 5-0

Upcoming:

10/19-20 at Penn State University

Men's Soccer:

10/12 at Seton Hall University, Win 1-0 (2OT)

10/16 at Brown University, Loss 1-0

Upcoming:

10/20 at Creighton University

Women's Soccer:

10/14 at Georgetown, Loss 1-0

Upcoming:

10/18 at DePaul University

10/21 vs Seton Hall

Volleyball:

10/12 at Villanova University, Loss 3-1

10/13 at Georgetown, Loss 3-1

Upcoming:

10/18 vs Butler University

Undefeated Start For Women's Ice Hockey

Team Looks to Carry Success into the Rest of the Season

Women's Hockey:

Continued from front page

"Being at that level [Kelly] was given a different perspective...because he was looking at players and what they have and what they might be willing to offer...I think that his coaching ability will really show because he has been able to take that ability and apply it to the game and show how they can work that ability to the best [that they can]," commented assistant captain, Avery Fransoo '20, on coach Kelly.

Along with a brand new coaching staff, the team welcomed three new freshmen: Ciara Barone '22, Sara Hjalmarsson '22, and Caroline Peterson '22. Fransoo commented that the freshmen are a great addition to the team as they have proven their preparation for games. She added that the freshmen will be a "huge part in creating a winning environment for our team."

The freshmen have certainly proven themselves as key players, as it was Hjalmarsson who stepped up to capture her first college career hat trick against College of the Holy Cross. Hjalmarsson helped lead the Friars to a 5-0 win. In just three games, Hjalmarsson has tallied an impressive five points overall with four goals and an assist.

"[Sara's] really good. She's got lots of speed and great hands," Fransoo said of her new teammate. "And a wicked hard shot," she adds. Her comment, of course, refers to the bullet Hjalmarsson sent sailing from just inside the blue line and right over Holy Cross goalie's shoulder that would give Hjalmarsson not only her first Power Play goal, but also the team's.

A native of Bankeryd, Sweden, Hjalmarsson's first games as a Friar have earned her the name of Hockey East Pro Ambitions Rookie of the Week.

Barone is also making a statement on the ice. In her first game as a Friar, Barone had an impressive two-point game, notching both her first career assist and goal.

However, it is not just the freshmen that are standing out early in the season. Goaltender Maddie Myers '19 has made her mark in the net, starting all five games this season. She has let in four goals so far, all against Bemidji State University.

"She's been great back in net," Fransoo stated. "Maddie has been a rock. I think all of the goalies continuously push each other to fight for that

[starting] spot." Myers is joined by two other goalies, Clare Minnerath '20 and Sandra Abstreiter '21.

Of course, it helps that Myers has a "solid D-group" and "strong forward group" aiding her both defensively and offensively.

Team veterans Kate Friesen '19 and Maureen Murphy '21 are two players who stand out among the forwards and defense. Friesen, who is the team captain, is coming off a season where she finished second best on the team in terms of +/- ratings (18+). A Hockey East All-Star Honorable Mention, Friesen has played in every game this season as well.

The same goes for Murphy. Beginning her second season with the Friars just after coming back from the 2018 U.S. Women's National Team Evaluation camp, Murphy already has three goals and three assists.

With a makeup of 12 forwards and seven defensemen, the 19-player roster is really working on earning everything they get this season.

"Our perspective is going into each game thinking that you have to earn it. That is one of our major points that we're following—earning each game and each shift," Fransoo explains. "Determination, hard work, and everything you've prepared for in that moment: that will be the difference in not only our upcoming games but the games the rest of this season and going into playoffs."

Aside from the "earning it" mentality that the team is focusing on this year, Fransoo nods to the team's strengths, which she believes will set them up to go deep into the playoffs.

"I think our team has a lot of speed and I think that's one of our attributes that really set the team apart. I think when we really use it we really dominate teams," Fransoo acknowledged.

However, Fransoo points out that with their greatest strength comes a weakness that she admits needs to be worked on as a whole team: passing. With the overall high-intensity speed of the game, the team needs to focus on working on "keeping up" their passing with that speed.

"We have been preparing and working hard to get...wins," says Fransoo on the team. "We have a lot of drive this year."

The Lady Friars will look to continue their winning-streak this upcoming weekend at Pennsylvania State University in a two game series on Friday, October 19 and Saturday, October 20.



Hjalmarsson leads the team in goals so far this season with four.

PHOTO COURTESY OF PC ATHLETICS

Hogan '20 Leads Friars During Playoff Push

by Sullivan Burgess '20
Sports Staff

WOMEN'S SOCCER

With only two Big East games left in the schedule, the Providence College Women's Soccer Team is beginning their playoff push as they sit one game away from the sixth seed, which would allow them to enter the Big East Tournament later in this fall. Part of this playoff push is led by the Friar's goalie, Shelby Hogan '20RS.

After falling 1-0 to the No. 1 Georgetown University last Sunday, the Friars focused more on the positives of the game rather than the outcome, and will hopefully use that momentum in their quest for a playoff spot.

In the game, Hogan tallied seven saves and only one goal against her, impressive given that Georgetown has been undefeated all season and is No. 4 on the NCAA Division I Women's Soccer National rankings.

This season, Hogan has been playing phenomenally, and has much more room to improve as her career and season progress. With a tough schedule this year, no game is a guaranteed win for the Friars. Hogan believes that the Friars cannot overlook any opponent. "Every game is important," Hogan said, "we have to battle till the end



BRIANNA COLLETTI '21/THE COWL

With seven shutouts this season, Hogan has put the Friars in a position to grab a playoff spot.

no matter who we are playing."

Hogan complimented her team and praised them on everything that has gone well this season, including excellent teamwork all-around and the effort each player has put in throughout the season.

This season alone, Hogan is

second on the save percentage list of the Big East at 87.2 percent, and has 75 saves total, which is third most in the Big East, averaging five saves per game. On top of this, Hogan has only allowed 11 goals in the whole season, with a 0.71 average of goals against allowed, putting her fourth

on the leaderboard in the Big East.

Hogan's performance has not gone unnoticed this season; she has been named the Big East Goalkeeper of the Week twice, and has given the Friars a chance to win every game they have played, including against teams such as Duke University and the University of North Carolina, who are ranked both 12 and 3 respectfully. She only gave up three goals in those two games.

Not only is Hogan receiving high ranks in goalkeeping, but she has been placed on the Big East Weekly Honor Roll at least five times throughout the season. When asked about the challenge of focusing on game day and keeping up her grades, she stated, "I try to make sure everything is done in advance to make sure on game days I am solely focused on the challenges ahead and making sure I am 100 percent for the team."

The Friars travel Thursday, October 18 to the 8th seed DePaul University for their last away game of the season. The Friars come back for the Senior Game against the 10th seed Seton Hall University on Sunday afternoon. No matter what stands in the way for the Friars during the rest of the season, Hogan and the Friars will be ready to overcome any obstacles kicked in their way.

Friars Reload After Early End to Season

Men's Hockey:

Continued from front page

The Friars have added a load of offensive weaponry in three talented freshmen forwards. 2018 first round Philadelphia Flyers draft pick, Jay O'Brien '22, will slide into the first line center role. O'Brien posted 80 points (43 goals, 37 assists) in just 30 games in the 2017-2018 season with Thayer Academy, a prep school in Massachusetts. A quick skater with great playmaking ability, O'Brien will be heavily relied on to provide an offensive spark.

Another skilled freshman addition for the Friars is Rochester, New York product Jack Dugan '22. Last season, Dugan skated with the Chicago Steel in the United States Hockey League and finished third in the league by scoring 66 points in 54 games. Dugan, a 6'2" 194 lb. power forward, has an excellent shot and the ability to make defenders miss. He will be crucial on the Power Play for the Friars by generating scoring chances.

Tyce Thompson '22, another forward with a heavy shot, is looking to have a role on the blueline during the Power Play. Arizona Coyotes 2018 fifth round draft pick, Michael Callahan '22, is an addition to the Friars sound defensive unit in front of goaltender Hayden Hawkey '19. Along with Desharnais, Callahan provides a lot of size and he will be a solid shut-down defenseman who is not afraid to get into the dirty areas.

The Friars' junior class, along with captains Bryson and Björkqvist, has a plethora of skill as well. Josh Wilkins '20 has recorded 62 points through his first two seasons at the College. Wilkins, Björkqvist, and Brandon Duhaime '20 are all goal-scoring threats, and with the addition of the skilled freshman class, the Friars are going to be able to



Bryson, a captain, is one of the top returning players after tallying 24 points last season.

PHOTO COURTESY OF PC ATHLETICS

deposit a substantial amount of goals this season.

Although offense was the story of the offseason, the Friars' defense has proven to be critical thus far. After the Friars opened up the season with a 3-1 win over American International College (AIC), they traveled to Erie, Pennsylvania to participate in the 2018 Ice Breaker Tournament.

Game 1 was against the University of Miami Ohio Red Hawks. This marked the 7th straight season in which these two teams faced off. Hawkey stopped all 22 shots he faced, as the Friars defense shut out the Red Hawks. Further, the Friars killed off seven penalties in this game. The penalty killing unit has been crucial for the Friars' success.

Defenseman Spenser Young '20 lead the charge with two goals in the 4-0 victory, along with a handful of blocked shots. Greg Printz '21 also picked up his second tally of the year and Vimal Sukumaran '20 redirected a Desharnais shot from the point. With that overwhelming win, the Friars were slated to face the No. 2 ranked Notre Dame Fighting Irish in the tournament championship, a long-awaited rematch from the 2017 NCAA tournament that ended the Friars' National Championship run.

However, Notre Dame took home the trophy as they defeated the Friars 3-0. Penalties riddled PC again in this tilt, as six Friars made a trip to the penalty box. All three penalties were

killed off in the first period, but the Irish converted once in the second and again in the third to put the game out of reach.

Hockey East action will start this Friday at Schneider Arena against the University of Connecticut Huskies. As the Friars compete in one of the most dominant conferences in college hockey, their strong freshman class, as well as the solid returning core, is imperative for success. They will face two powerhouses in Boston College and Boston University three times each this season, giving the Friars a problematic schedule from the start. However, Head Coach Nate Leaman and the Friars have their eyes set on their 6th straight NCAA appearance and a trip to Buffalo, New York for the 2019 Frozen Four.

Providence College Investigates: Which NHL Team Will Have the Best Record?

Tampa Bay Lightning

by Scott Jarosz '21
Sports Staff

PCI

As of Oct. 4, the National Hockey League's 82-game regular season is officially underway. The anticipation to see which team comes out on top in the 2018-19 season is high after an exciting 2018 Stanley Cup Finals that featured a team in its inaugural season for the first time since the 1967-68 season. Although it would have been historic for the Las Vegas Golden Knights to win the Stanley Cup in its first season, the Washington Capitals ultimately prevailed in the series 4-1.

These teams proved that they were among the best in the league this past season, but there is one team that has shown great promise in recent years and is likely to continue performing at a high level. That team is the Tampa Bay Lightning, who will have the best record in the NHL at the end of the 2018-19 season.

The Lightning's 2017-18 season ended on a sour note after reaching the Eastern Conference Finals, but ultimately falling to the Capitals in Game 7 by a score of 4-0 on home ice. The Lightning finished with the best record in the 2017-18 NHL season, but the team is surely not content with the way the season came to an end. After the team's unsatisfactory finish this past



Tampa Bay looks to continue to improve after setting the franchise single season record in wins with 54.

PHOTO COURTESY OF FOX SPORTS FLORIDA

season, the Lightning looks to come back stronger than ever. All signs point to the Lightning having just as much success as last season, if not more. The team has depth in every position and has showed that it has a winning mentality.

The Lightning has all the components necessary to be the best team in the NHL. Starting at defense, Victor Hedman was awarded the James Norris Memorial Trophy last season for the best defenseman in the league.

In addition, both Hedman and right-winger Nikita Kucherov were named to last season's First Team All Stars. The Lightning has re-signed forward J.T. Miller, who was acquired at last year's trade deadline from the New York Rangers. While with the Lightning, Miller played in 19 games, netting 10 goals and recording 18 points. Over the offseason, the Lightning also decided to sign defenseman Ryan McDonagh to a seven-year, \$47 million contract

extension.

With key pieces, such as captain and forward Steven Stamkos and goaltender Andrei Vasilevskiy also remaining with the team, I predict the Tampa Bay Lightning will boast the NHL's best record for the 2018-19 season.

Through four games this season, Tampa Bay is a-1-0 with a plus-six goal differential. Vasilevskiy has been the major key for the team's success with a spectacular 1.67 goals against average.

Toronto Maple Leafs

by Thomas Zinzarella '21
Sports Staff

PCI

Fans in Toronto and Ontario have waited a long time to bring the cup back to Toronto. It has been 51 years but fans may not have to wait much longer.

The free agent signing of former New York Islander John Tavares is bringing a lot of cup fever to Toronto. Tavares, 28, inked a seven year \$77 million contract to return to his home. Tavares, a native of nearby Mississauga, Ontario, looks to propel a Maple Leafs team that was bounced out of the first round of the Stanley Cup Playoffs just one year ago.

Tavares joins a team that has a lot of young talent but has not won a playoff series since 2004. The Leafs have one of the most potent offenses in the Eastern Conference with three 30-goals scorers and Tavares is coming off a season where he scored 37 goals (T-12th in NHL) and had 47 assists. Tavares brings a lot of veteran experience to a team that has a young core of forwards.

Phenome Auston Matthews, 21, will look to stay on the ice this year after missing 20 games last year due to injuries. However, these injuries did not stop Matthews as he put up 21 goals and 34 assists in 62 games last seasons. Through seven games this season, he has 10 goals and 16 points, leading the league in both categories.

Besides Matthews, the Leafs have other offensive weapons with Patrick



With the free agent signing of Tavares and another season of Matthews getting better, the Maple Leafs are poised to be the best team in the NHL.

PHOTO COURTESY OF GETTY IMAGES

Marleau and Nazem Kadri. Kadri has put up back-to-back 32 goal seasons with the Maple Leafs.

On the other end of the ice, the Leafs have a good net minder in Frederik Anderson who is coming off a season in which he set the Maple Leafs record in wins. Anderson put up a 38-21-5 record with a 2.81 GAA. This success did not transfer over to the Stanley Cup Playoffs where Anderson went 3-3 with a 3.76 GAA. There is a lot of

anticipation surrounding how much he will play this season. Last year Anderson played in 66 out of the 82-game schedule.

Another concern for this team is going to be the defense. The Leafs do not have a top tier level defense and will rely on the offense for most of the season. Moreover, how well the defense will perform this season remains a question, though defenceman Morgan Rielly has gotten

off to a quick start. As of Oct. 17, he leads the NHL in assists with 10.

It may take a little bit of time for the Leafs to take off and look like themselves, as most new teams need some time to develop chemistry. The Leafs may start off slow, but Head Coach Mike Babcock will most likely play around with the lines. There is a ton of talent on offense and it should be exciting season north of the border in Toronto.