

The Owl

Making the Move: “Hybrid Housing” Providence College Creates New Program To Attract Students Off Campus

by Catherine Brewer '20
News Editor

ON CAMPUS

With a freshman class of 1,127 students entering Providence College, the Office of Residence Life has expanded housing options this year with a Hybrid Housing program. The program allows select students who originally planned to live on campus to select new housing off campus through the 02908 Club, but still pay the College for housing. According to Jana Valentine, director of Residence Life, there are 75 students participating in the program.

“This housing option was developed as a result of the larger-than-expected yield of the incoming class,” said Valentine. She explained that the houses that were made available by the 02908 Club are in “close proximity” to campus. Of the program participants, most of them are in the class of 2019, and there are “a few” from the class of 2020. The same pricing was offered to all students.

Camille Greaney '19 is living with seven of her friends, in an eight-person apartment. However, originally, the group was housed in two separate four-person apartments in Davis Hall; and this plan was organized last spring at the general housing selection through Residence Life.

Greaney explained that as the school year came to a close in May, she completed a housing survey issued by Residence Life. At the end of the survey, there was a question asking whether Greaney would be interested in off-campus housing if it were available.

“Over the summer, a survey was



NICHOLAS CRENSHAW '20 / THE COWL

Hybrid housing options creates more housing opportunities for students.

sent to seniors who had chosen to live on campus,” explained Valentine. “We wanted to understand the reasons seniors were choosing to stay on campus. The results of the survey enabled us to understand that we have a population of seniors who selected to live on, but would welcome the opportunity to live off campus.”

On July 7, Kevin Hillery, associate director of Residence Life, contacted Greaney via cell phone to ask her if she would be interested in living in off-campus housing for the 2018-2019 year.

The deal would include an off-campus house of their choice from the remaining available options for the price of living in a four-person suite, the reimbursement of the College’s laundry and parking fees, free utilities for the full year, a furnished living room by the 02908 Club, additional furnishings courtesy of the College upon request, and a free 75-block meal plan for on-campus dining for the fall semester.

“We had to act really, really quickly,” said Greaney of the decision-making process. That night, Greaney and her

friends all completed the necessary forms, including signed permission from their parents to move off-campus. Once they were processed, the house hunting began. Valentine explained that students were invited to tour potential options in July and August.

Greaney described the house she chose as a “new piece of property” since they were to be welcomed with renovations upon arrival in August, included an updated kitchen and bathroom. While the group was excited and happily agreed to live there, they were also confused and disappointed with several aspects of the program and their new home. “It was a work in progress when we moved in on Saturday,” Greaney said. The home did not have hot water connected when they arrived, but they were able to have access to it later in the day. The group also struggled with communication between the College and the landlord.

“It felt like they kind of threw out promises at the beginning,” explained Greaney. While she feels that most of these promises have now been

fulfilled, the group found it difficult to find out what was really going on with their new home over the summer. Communication was inconsistent between the College, the landlord, and the group, as individuals or the whole group would be contacted without explanation. Greaney felt that Hillery was always quick to respond, but that they were never provided with much information.

Karalyn Rennie '19 was offered to participate in the program, but she and her friends decided to stay on campus for several reasons. “We were tempted to go with the hybrid housing because of the savings and the benefits of off campus life,” she explained. “However, in the end, we didn’t really find a house that allowed the six people in our apartment to live together and not have random roommates.”

Rennie added that she did not want to lose the convenience of being close to all that campus has to offer. “The options that Residence Life had left when we were seriously looking were too far for our group or in an area we didn’t know that well,” she said.

“Overall, the house is nice,” Greaney said. “Of course, there are little things that could be better. But overall, we like it.” As for the free fall semester meal plan, Greaney felt uncertain about how she and her friends will utilize it. “I do think it will be helpful when we are on campus,” she explained, adding that she prefers to return home during the day to cook her meals.

While this year is the first for Hybrid Housing, it may not be around for long. “The program will continue for another year while we evaluate occupancy in relation to class size and growing enrollment,” said Valentine.

Convocation Brings PC Community Together

by Micaela Freeman '20
News Staff

ON CAMPUS

Providence College’s annual academic convocation and reception took place. Monday, August 27, in the Peterson Recreation Center. The event held over 1,000 freshmen, transfer students, and professors and welcomed everyone with a processional and keynote conversation with Dr. Beverly Daniel Tatum, president of Spelman College in Atlanta, Georgia.

Tatum, formerly a clinical psychologist and a Bridgewater, Massachusetts native, is known for her expertise in race relations and has brought on growth and innovation to Spelman during her presidential tenure. Tatum is also an author of many bestselling books including, “*Why Are All the Black Kids Sitting Together in the Cafeteria?*” and other conversations about race.

The event that signifies the official beginning of the academic year at Providence College has made landmark changes over the course of PC history.

Dr. Tatum, as a woman of color, spoke volumes about what it is like to be part of that community and references her book, which highlights dialogue students face everyday. She writes that the conversation of race cannot be changed, nor removed and that everyone should be speaking about it. Due to her former career, the study of racism launched her into a newfound interest that led her to both her books and recognition; Tatum also said she wants everyone, no matter their race, to be able to acknowledge the dialogue of racism.

“We are not supposed to talk about it,” Tatum said.

Because of Tatum’s address, students and professors said the event was filled with a sense of welcome.

Dr. James Beaver, a new addition to PC’s English department, said, “I was impressed by what a warm welcome the Providence College community gives to their new faculty, and it made me proud to be a part of PC.”

Beaver also noted that Monday’s events not only made him feel welcome, but also made him excited to be a part of a new community. He stated, “We hear that it is a special place, and that fact that I was welcomed so kindly by the president, provost, and current faculty really showed that firsthand. It was a great way to start off the semester.”

Lauren Keenan '20, an Orientation Leader this fall, said that convocation did things differently than last year. Keenan said that it took a step forward in the right direction with Dr. Tatum’s address.

“I think that this year’s convocation was so important because of all of the negative media attention Providence College received last year. I think the concepts touched upon at convocation set the tone for what PC is looking to do to improve. The conversation at convocation set the tone for expectations of students regarding acceptance of all cultures, races, sexual orientations and preferences,” said Keenan.

“As an Orientation Leader, I think that convocation is a really important part of being welcomed into the Providence College community for both new students and new faculty,” said Keenan.

The event that not only introduced new professors and brought PC’s new students together, but also was a step in the right direction for PC to make the changes many students, including Keenan, are itching to see.

Tatum, who expressed both the importance of talking about race and solutions to better a community, said there is a simple solution everyone can follow.

Drawing the room to silence, Tatum gave her resolution; the “A-B-C’s,” affirming identity, building community, and cultivating leadership.

Both Keenan and Beaver said that the event created a sense of togetherness and a desire to change for the better. With Dr. Tatum’s notes, Keenan felt a sense of hope and said she is excited for the benefits of convocation.

“It also showed that we as a community not only acknowledge that there are problems on campus but also that we are looking to make changes and improve so that Friartown can be a safe and welcoming place for all students,” Keenan said.

As the new class tackles the upcoming year, the conversation this year’s convocation offered will continue throughout the year with both students and professors. With it as the official mark of the beginning of the 2018-2019 year, students now look forward to new changes, classes, and possibilities.



NICHOLAS CRENSHAW '20
Dr. Beverly Daniel Tatum offers advice for the new year.

Featured Friar: Fartun Abdulle '19

by Hannah Langley '21
Assistant News Editor

FEATURED FRIAR

One of the defining elements of Providence College student life is involvement in various organizations, clubs, and programs on campus. Fartun Abdulle '19 is a perfect example, as she has been given the responsibility and privilege of becoming president of the Board of Multi-Cultural Student Affairs (BMSA).

Abdulle joined BMSA at the end of her sophomore year, and she initially did not see herself becoming BMSA president in the future. As her junior year came to a close, Abdulle said, "I saw the rest of my exec board getting ready to transition out, and I knew I was more than ready to take on the responsibility."

Abdulle is also a leader for Friar Foundations, a five-week summer program designed to make the transition from high school to college life easier for students coming into PC. These weeks consist of classes, workshops, community service opportunities, and social programming, all with the goal of learning "academic responsibility and social assimilation."

As a mentor of Friar Foundations, Abdulle works as not only as a tutor, but also a friend to each freshman involved in the program. "The experience is one that I would never give up," said Abdulle. "I had the pleasure to build such meaningful relationships, and my plan is to still be a resource and friend for all my mentees for the rest of their time here."

Among other things, Abdulle is a Resident Assistant in Suites Hall and



PHOTO COURTESY OF FARTUN ABDULLE '19

Fartun Abdulle is thankful for all the relationships she has made at PC.

an Orientation Leader. She joined the orientation staff her sophomore year and says that the position is "one of the most memorable and rewarding jobs during [her] time at PC." Abdulle emphasized her enthusiasm for this role, stating, "the chance to be the first smiling face to a crowd of incoming students is a memory that stays with you forever." She is also a member of the Motherland Dance Group and the Black Studies Executive Committee.

Abdulle talked about her love for the college and how being involved has "created a new definition of family for [her]." She mentioned how, at the beginning of her freshman year, she was not sure what her future would hold. "I was super aware of my identity as one of the few black Muslim women in my year," Abdulle

stated.

She also talked about how she is from Lawrence, Massachusetts, where she had little opportunity to receive a higher education. "Coming out to Rhode Island to go to college was a huge stretch for me," Abdulle said, "[but] I've found a home in so many of the professors here."

As a health policy and management major, Abdulle aspires to receive her Master's degree in Public Health in Epidemiology once leaving PC. "My hope is that I am

going to change the world," Abdulle stated, "I'm not sure exactly how but all I know is that's the path I'm going to take."

Abdulle mentioned her gratitude for all of her experiences at the College. "Having the relationships of my Friar Foundations mentors and future BMSA relationships is what I can wholeheartedly say have kept me here," she explained.

"Getting involved on campus is a beautiful thing," Abdulle said, "in the sense that the people you meet aren't temporary. You still see your OL in Raymond Dining Hall, your spin instructor in class, and even your old civ professor." Abdulle is looking forward to enjoying her last year at PC and continuing to grow both on an academic and personal level.



NICHOLAS CRENSHAW '20/THECOWL

Remembering Michael Gilmor

Michael Gilmor, a member of the Providence College class of 2017, passed away on Saturday, August 25, 2018. Gilmor graduated from PC with a Bachelor's of Science degree in Biochemistry, and was awarded a teaching assistantship through the Fulbright U.S. Student Program to teach university students English in Poland, which he completed in 2018. Treasurer of the College's Board of Programmers (BOP) in 2017, Gilmor was a lively soul, an exceptional role model, and he without a doubt impacted the entire student body in a profound way. His passing is a great loss to not only those who knew him personally, but to the College as a whole. We remember him as always part of our beloved Friar Family.

Orientation Ushers In Class of 2022

by Thomas Edwards '20
News Editor

ON CAMPUS

Orientation at Providence College is memorable for everyone. Some memories are fond, some not so fond, but every PC student shares this experience. Orientation provides students with the information they will need to navigate their journey here at PC.

Orientation Leaders (OLs) are at the head of the whole operation, providing their wealth of information and expertise as PC students to their groups of roughly 30 freshmen per 2-3 OLs.

These OLs are responsible for attending planned activities with their groups such as casino night. OLs share their expertise with new students through an activity called "Tough Questions," in which new students ask questions anonymously to their OLs. "It's the stuff that, you know, of course they don't want to say out loud or even want people knowing is their question, but it's questions they really want answered. After doing that session I left and I really felt I helped people today," said Steven Sawan '20.

Amanda Piechota '19 added, "To speak and watch a group of disinterested kids stop and intently register with the words that you're throwing at them, to become engaged with you. This was very humbling for me."

Among the staff are Orientation Coordinators, a group of five students



Jackson Reis '20 and Abbie Cavalier '22 welcome the class of 2022.

NICHOLAS CRENSHAW '20/THECOWL

who do not lead groups, but instead lead orientation as a whole. They develop the orientation programs and activities, as well as oversee the events during orientation week. This year they included a new workshop regarding mental health called Pause and Be Present at PC. "It was a mindfulness-based exercise workshop," stated Orientation Coordinator Ariana Tomasi '19. "As students we're always go, go, go, and stress but social life with academic life and organizations, clubs. [The speaker] gave students techniques and exercises to be mindful and to

breathe and to come back to a space of peace and quiet that you can practice throughout your time at college," Tomasi continued.

Some universities have their freshmen come a week before classes begin to have a week-long orientation, instead of breaking it up into two weekends as is done here at PC. "It is nice to have a break between the two," said Caprial Harris '19. "The first four days can be pretty overwhelming for students, so having a break is definitely needed."

Michael Cross '22 stated that, "Knowing what I think this weekend

entails, if they were to try and put that all in the days we had, I think that would be way too much and we would all be absolutely exhausted."

When questioned about the overall effectiveness of orientation, freshmen and OLs agreed once again.

Harris said, "I didn't really make an effort with my orientation or let my OLs help me. Now being on the other side of it, I understand where students are coming from, but we are here as a resource and we want students to ask us for advice and ask us questions."

Cröss added, "I went from my first day being incredibly nervous and anxious, and everyday it's gotten much, much easier. So, I do think it did a lot of good."

When asked about how they might want to see orientation change in the years to come, many felt that it was in a good place. One suggestion came from Piechota. "I wish that the administrators were around to speak to the kids a little bit more," said Piechota as she recollected her freshman year orientation in which Dean of Students Steven Sears and Father Cuddy, O.P., gave a talk on student life. "They were two administrators who showed that they really understood student life. They didn't skip around anything, and the way they painted Eaton Street and your first couple of nights freshman year was pretty funny, and it was just down to earth."

The biggest criticism, however, came from Harris, "As an OL, I wish orientation was even longer than it is, because I wish I could spend more time with my group!"

U.S. Has Tumultuous Summer for Immigration

by Catherine Brewer '20
News Editor

PC AROUND THE GLOBE

News of family separations and detention center conditions swept the country during the summer of 2018. Mainstream broadcasting and social media platforms such as Facebook helped make breaking information available to individuals internationally.

With August coming to a close, the unrest continues. The Trump administration made headlines on April 6, 2018 when Attorney General Jeff Sessions announced that the federal government would be implementing a "zero tolerance" policy for immigrants entering the U.S. at the southwestern border. Sessions also called on federal prosecutors to make undocumented immigration a top priority and utilize "the full prosecutorial powers of the Department of Justice," which would mean criminal prosecution of immigrants. This strays from the typical treatment of immigration policy violations, which are considered misdemeanors.

Criminal prosecution of immigrants was accompanied by family separations at the border due to the federal policy that parents and children cannot reside in federal jail together. While parents were sent to be prosecuted, children were separated by age group and sent to facilities run by the Department of Health and Human Services (HHS) and recategorized as "unaccompanied minors." Those under age 13 were placed in "tender age" shelters, with many children being under age 5.

In the weeks that followed, political and public uproar pushed back against family separation. All four living former first ladies



PHOTO COURTESY OF U.S. CUSTOMS AND BORDER PROTECTION/REUTERS

Children held inside a U.S. Customs and Border Protection detention facility in Rio Grande City, Texas.

openly criticized the policy, while Homeland Secretary Kirstjen Nielsen firmly defended the administration, stating that it would not apologize for the implications of its policy. U.S. Customs and Border Protection (CBP) and HHS both released photos of the tender age shelters, and much of the media and public was infuriated to see what was considered "children behind bars."

On June 18, ProPublica released an eight-minute audio recording of children between the ages of 4 and 10 that was obtained inside a CBP facility. At one point, the recording features a federal agent commenting that the crying sounds "like an orchestra."

On June 20, President Trump signed an executive order calling for the end of family separations. The order was drafted by Nielsen and specifically calls for keeping families together once they are detained for crossing the border without documentation. CBP reported that over 2,300 children

had been separated from their families since May.

Two days later, Trump was joined by over a dozen parents of children who lost their lives to individuals who entered the U.S. without documentation. Trump stated, "these are the families the media ignores...These are the stories that Democrats and people that are weak on immigration, they don't want to discuss, they don't want to hear, they don't want to see, they don't want to talk about." However, multiple studies refute the idea that undocumented immigrants pose high criminal threat to the nation.

The tension between the two beliefs has escalated in recent days with the death of Mollie Tibbetts, a 20-year-old University of Iowa student who was last seen on a run near her home in Brooklyn, Iowa and was later found dead in a cornfield on August 21. Police reported that 24-year-old Cristhian Bahena Rivera, an undocumented immigrant from

Geurrero, Mexico, confessed to the murder, and a spokesperson for U.S. Citizenship and Immigration Services stated that Rivera did not have legal status in the country.

Last Thursday, the Business Roundtable addressed Nielsen in a letter that explained their concerns regarding changes in immigration policy by the Trump administration.

The Roundtable is a group of top CEOs that endorse policies that they believe will stimulate economic growth. It includes the heads of Apple, AT&T, Bank of America, Coca-Cola, IBM, JP Morgan, and Pepsi.

Their primary issues are with changes to the rules and processes for H-1B visas for skilled workers and their spouses, as well as with deportation. They feel that new policies will discourage current and potential employees, and the Labor Department has shown that there are "no qualified U.S. workers are available to do that person's job."

Friars Give Back to the Greater World Around Them *Recap on Summer Service Trips to Guatemala and Jamaica*

by Hannah Langley '21
Assistant News Editor

PC AROUND THE GLOBE



PHOTO COURTESY KELLI JENNEY '19

Students enjoying the culture and beauty of Jamaica.

Providence College organizations, classes, and students are heavily influenced by the Dominican tradition to serve not only the community, but the world around them.

This summer, different groups of PC students, along with PC staff members, were selected to serve in areas of Guatemala and Jamaica. Through working with both Catholic organizations and local communities, these students had the opportunity to grow not only in worldly experience, but also to grow emotionally and spiritually.

The trip to San Lucas Toliman, Guatemala was led by Fr. Dominic Verner, O.P., and Heidi Fraitzl, campus minister. The two staff members, along with nine PC students, worked with the Mission of San Lucas on serving the rural Guatemalan community around them. Projects included construction work on elementary schools and homes, as well as helping to create fuel-efficient stoves.

The students also learned about the culture of San Lucas from the people that live there. "We visited a woman's center where we learned about daily tasks, such as washing clothes, carrying wood, and making traditional food," recounted Brooke Douglass '21, one of the students on the trip. "We also visited several villages around the Lake Atitlan Region," said Douglass.

The group was also able to experience Mass with the San Lucas community. On the Feast of Corpus Christi, the group got to experience a Eucharistic procession through the streets. Douglass talked about this, saying, "It was the most beautiful display of faith and love I have ever encountered."

Another group of students was sent to Montego Bay, Jamaica. Led by Fr. Peter Martyr Yungwirth, O.P., and Dr. Richard Barry, adjunct professor of theology, 11 students were selected to work with a division of the Mustard Seed Communities.

While there, the students worked with children with disabilities, most of whom were also orphaned. The PC students worked with these children daily, helping with meals, working on educational enrichment, playing games, singing and dancing, and praying throughout the day. "Most of the children were non-verbal," mentioned Kelli Jenney '19, one of the students on the trip, "but would still love to smile and dance and laugh with us."

The groups left for Guatemala and Jamaica on May 26 and returned June 2. Before this, in early March, the chosen students had weekly classes, as well as a day-long retreat, to learn more about where they were going to serve. "We study Catholic social teaching and theological ways of approaching these trips," said Robert Pfunder, associate vice president for mission & ministry, "[as well as] understanding the larger scope of what goes on in an international service trip, especially from a cross-cultural context." "We also learn about the particular mission of the two organizations," said Pfunder.

When the groups came back, they spent a day going over the time they spent in these countries, what they learned, and how they grew mentally, emotionally, and spiritually. "A lot of it is about building relationships," commented Pfunder. "We hope it's a chance for them to learn about the community," Pfunder said, "but we also hope it's a chance for them to build their own relationships with God."

Maria Rosa Sciancalepore '20, a student leader on the trip to San Lucas, commented on her own experience with the trip, saying, "[It] has been one of the best experiences I have ever encountered." She continued, saying, "The people are welcoming, loving, and always so excited to see students willing to volunteer to better a community that is a thousand miles away from home."

Fr. Peter Martyr also talked about his experience in Jamaica, saying, "It was amazing for me to see how much the students threw themselves into the lives of the residents. I was blessed in many ways seeing how God's grace was touching not only the residents but also the students."

Silenced Sam: Confederate Statue Topples in the Night

by Thomas Edwards '20
News Editor

WORLD NEWS BRIEFS

On the night of Saturday, August 20, there was a student rally protesting the Confederate monument, "Silent Sam" at the University of North Carolina at Chapel Hill. The protest ended with Silent Sam laying face first in the dirt; only his pedestal remaining.

Silent Sam was donated to the campus by Julian Carr on June 2, 1913 in order to reconnect young Southerners with their history, according to Carr. "The present generation, I am persuaded, scarcely takes note of what the Confederate soldier meant to the welfare of the Anglo-Saxon race during the four years immediately succeeding the war, when the facts are, that their courage and steadfastness saved the very life of the Anglo-Saxon race in the South," said Carr at the dedication of the statue.

Throughout the past year, there were several protests surrounding Silent Sam calling for it to be taken down.

"I attended several rallies last year, and it seemed unlikely that this was actually going to be the moment when they toppled Silent Sam," said UNC student Gracie McKinley when asked about the event. "Most of my friends, many of whom attended previous rallies, were also shocked, although not upset, that it happened the night before the first day of classes so suddenly."

The protest began and attracted police presence to the statue. Protestors surrounded the statue as others put up polls and drapes covering the monument entirely. With the use of ropes, the protestors pulled Silent Sam from his pedestal. Soon after, the police had the statue removed from campus.

In the week that has followed the event, tensions in and around the UNC Chapel Hill campus have been high, the height of which resulted in an all-right counter protest this past Saturday. Waving Confederate flags, about a dozen reactionary protestors surrounded the base of the statue and were met by well over 100 students. The counter protest ended when students chased them off campus, according to a report by *The Chronicle of Higher Education*.

"It was a symbol of racism and I am happy it was taken down, but I am worried that this is just the peak of the iceberg," said UNC student Robert Piscitelli when asked about the event. "I think it was poorly handled by the state and university and that it should've been taken down a lot sooner by them instead of students," continued Piscitelli.

"We have asked the FBI to assist the police to fully investigate the incident, and they have agreed," stated Carol Folt, Chancellor of UNC in Chapel Hill in a message to the student body. "While we are grateful that no one, including our police officers, was injured during last night's protest, we will never condone mob actions."

The office of North Carolina Governor Roy Cooper put out a statement saying, "The Governor understands that many people are frustrated by the pace of change and he shares their frustrations, but violent destruction of public property has no place in our communities."

UNC's student government sent out a statement praising the incident. "Last night, they tore down Silent Sam. They were right to do so."

There has been an increased police presence throughout campus in the weeks following the event, including state troopers. While an investigation into the event is underway, it has not been made public what the university plans on doing with the remaining base and statue.

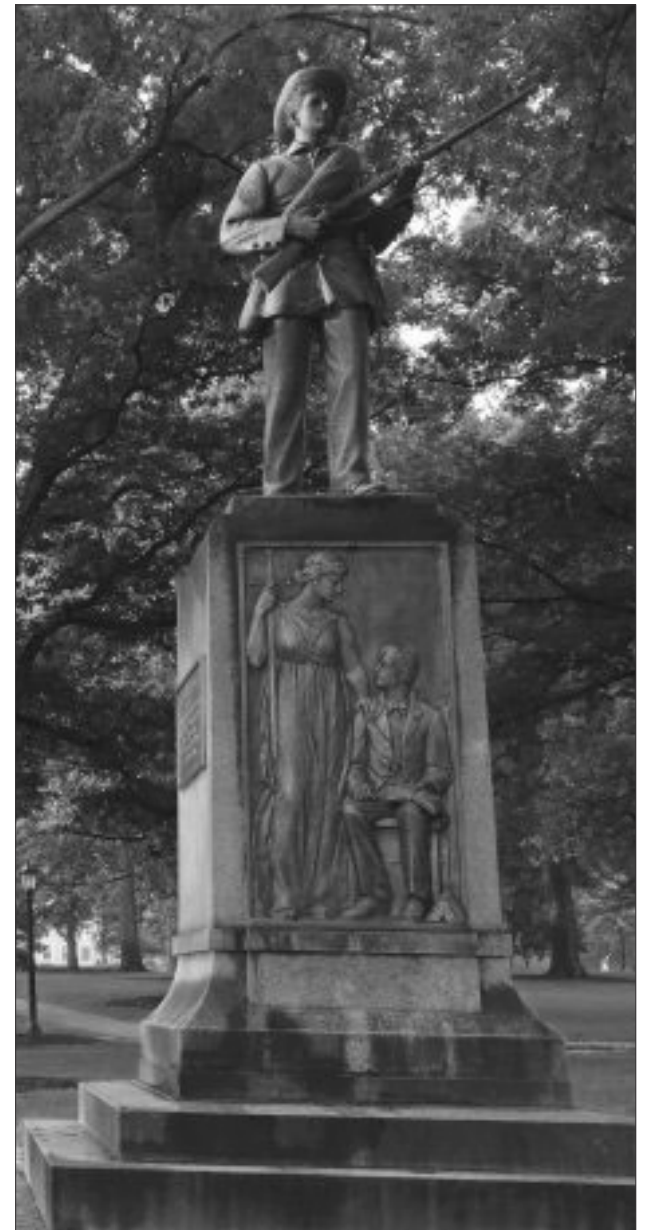


PHOTO COURTESY OF WEREHISTORY.ORG
Silent Sam as it stood prior to August 20, 2018.

Hurricane Lane Makes Landfall on the Island of Hawai'i

by Thomas Edwards '20
News Editor

WORLD NEWS BRIEF

Hawaii was hit by Hurricane Lane this past weekend, breaking records, including the preliminary rainfall which totaled 51.53 inches, reported in Mountain View, Hawaii. This places Hurricane Lane third for highest preliminary rainfall, according to the *Washington Post's* report.

The Island of Hawai'i experienced the most rainfall of all the islands, totaling more than four feet of rain. This caused washed out roads, damaged homes, and dozens left in need of rescue.

Torrential rain over the course of five days flooded entire neighborhoods. The Wailuku River has been taking

flood water to the Pacific Ocean; however, rain is expected to continue over the next few days, so crews are working around the clock to make sure debris does not pile up.

While most of the rain that hit the Island of Hawaii caused flooding, the rest of the rain went on to create a steamy spectacle. Since May 3, 2018, lava has been spreading across the island from the summit of Kilauea, and, while a majority of the lava flow has stopped, most of the lava is still hot enough to boil water. The combination of this hot material and the torrential downpours from Hurricane Lane created a steam white-out, according to the Hawaiian Volcano Observatory.

Hawaii lucked out, however when Hurricane Lane became a Tropical Storm just before grazing the state, doing less damage than expected.



Hurricane Lane sent flood waters across Hawaii.

PHOTO COURTESY OF REUTERS/HUGH GENTRY



Remembering Senator John McCain, 1936 - 2018

"Do not despair of our present difficulties but believe always in the promise and greatness of America, because nothing is inevitable here. Americans never quit. We never surrender. We never hide from history. We make history."

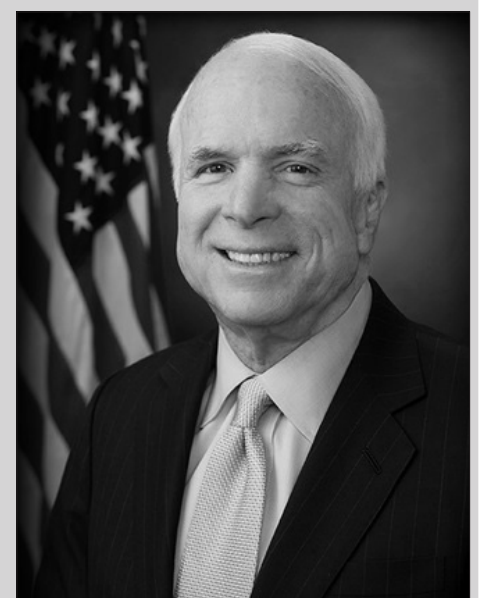


PHOTO COURTESY OF SCRIPPS MEDIA

Staying Politically Engaged on Campus

by Andrea Traietti '21
Asst. Opinion Editor

CAMPUS

While being back inside the “PC Bubble” can be comforting, it is important not to forget the larger world that exists outside of this campus, and the reality that even while we are on campus, that world is affecting us—and we have the power to affect it, too.

This fall will be an important one for the course of the nation, as midterm elections approach in November.

On a national level, there is the potential for major shifts in both the House of Representatives and the Senate. Additionally, there are 36 states holding elections for governor.

It is increasingly important that college students make the push to remain politically conscious and active while on campus, especially in the coming months.

First and foremost, students’ rights and responsibilities follow them to campus, and voting is one of those responsibilities.

Voter turnout amongst 18-29-year-olds is alarmingly low. Without this turnout, the electorate is composed primarily of older generations who often have vastly different priorities than younger groups.

There are several concrete steps students can and should take in the coming weeks.

Most importantly, they should check to make sure they are registered to vote. Vote.org is a great resource that makes it very easy to check your registration status.

Should students discover they have not yet registered, they can check the deadline specific to their state and register to vote on the very same site.

Once registered, students should apply for an absentee ballot, another service provided by vote.org. Aside from voting, there are more personal



Absentee ballots make it easy to vote in your state's election while on campus.

NICHOLAS CRENSHAW '20/THE COWL

ways that students can stay politically engaged and connected with the world off campus.

Through the Providence College Bookstore, students can subscribe to the *New York Times* online for just \$1 a week. Other periodicals have similar discounted rates for college students.

These subscriptions offer a great opportunity to stay connected and up-to-date with current events, which is important considering that the news students hear on a daily basis at PC is so campus-driven.

Another great way to keep up with the news is through social media. While some students may not have a TV, the time, or the focus to tune into the

news each night, most major news networks have Twitter accounts which they use to share stories and articles.

Though these ideas might seem obvious, it is so important to keep them in mind during this busy time, and going forward in the future.

We must not let the busyness of our own lives and the familiarity of the PC campus limit or restrict our worldview.

Instead, we should use our PC education as a lens through which we should not only view and analyze the world beyond campus, but also learn to become active participants in the advancement of our society.

Raising the Bar Changes in Dining Hall Improve Campus Atmosphere

by Bridget Blain '19
Opinion Staff

CAMPUS

A quintessential part of being a Providence College student, particularly during freshman year, are the daily meals at Raymond Dining Hall.

Ray is one of the few spots on campus that most students visit at least once a day. Needless to say, Ray becomes a very comfortable place for PC students.

As each academic year goes by, students become increasingly familiar with the meal options that Ray provides.

While the current freshman class has no past experience at Ray to compare to the updated look, upperclassmen will almost certainly be a bit taken aback when entering Ray for the first time this semester.

The most noticeable addition to Ray are the symbols on the windows that can be seen when first entering the dining hall. These

symbols indicate each food station that Ray has to offer.

For example, the Comfort Foods station is represented by a crossed fork and knife, the grill is represented by a flame, and so on.

Finding the exact food station you are looking for has now become very simple: just find the corresponding symbol on the wall above the station.

At first glance this does not appear to be a significant change, but with the chaos that can be found in a crowded dining hall, any sort

of organization is helpful.

Hopefully, the new display of symbols will assist freshmen who may be overwhelmed with the mayhem of mealtime at Ray.

Long gone are the days of everyone bumping into each other because we just cannot seem to remember which station is which.

Returning students will also notice that the interior of Ray has been painted electric green and bright yellow, a noticeable and positive change.

This is another relatively simple alteration that can make a big difference. A new color scheme helps enhance the feeling of new beginnings that the fall semester brings, a sentiment shared by most students at this time of the year.

Painting the walls of a dining hall may not seem noteworthy, but it is enough to make returning students take a step back and realize that small changes can add up to create a new atmosphere in a familiar setting.

These small changes will contribute to student appreciation for how willing and excited PC administration is to constantly improve the campus and make all of our lives a little easier.



Updates in Raymond Dining Hall create a more open and inviting environment.

NICHOLAS CRENSHAW '20/THE COWL

PC's Common Reading Program Fosters Diversity

by Hannah Paxton '19
Opinion Editor

CAMPUS

"We tell people to follow their dreams, but you can only dream of what you can imagine, and, depending on where you come from, your imagination can be quite limited," says Trevor Noah in his autobiography, *Born a Crime*, the assigned book for Providence College's Common Reading Program this year.

Regarding diversity in experience and beliefs, high school can be rather narrow in scope. Students can be ignorant to their peers' upbringings.

College is the perfect place to come to the understanding that not everyone shares the same life experiences and opportunities.

In preparation for one of the most life-altering transitions, summer reading is one of the last priorities for incoming freshmen. Assigned reading over the summer seems redundant, as it defeats the purpose of having a break from school.

However, summer reading does not have to be agonizing. With the right book, it can be engaging, informative, and even mind-opening.

Noah's autobiography provides a unique perspective of a man born in a time when biracial unions were condemned with imprisonment.

Although comical, the book is very poignant in its recounting of Noah's upbringing and demonstrates the reality of living in a struggling, biracial family.

Particularly over the past couple of years, PC has put an emphasis on diversity and inclusion. The College's website states "diversity is a key component of our collective pursuit of truth, promoting rigorous exploration of diverse ideas and theories, critical engagement with the world...and collaboration across differences within and beyond the classroom."

The perfect way of introducing new students to one of the College's core ideals is by giving them the opportunity to read about it.

The common reading program should preview what PC seeks to offer, and books like *Born a Crime* do just that.

In the past, the College has assigned *I Am Malala*, an autobiography of Malala Yousafzai who, like Noah, is a well-known figure among the younger generation.

People like Yousafzai and Noah draw large audiences primarily for their unparalleled and inspiring experiences, which make stories like theirs all the more compelling and necessary to read.

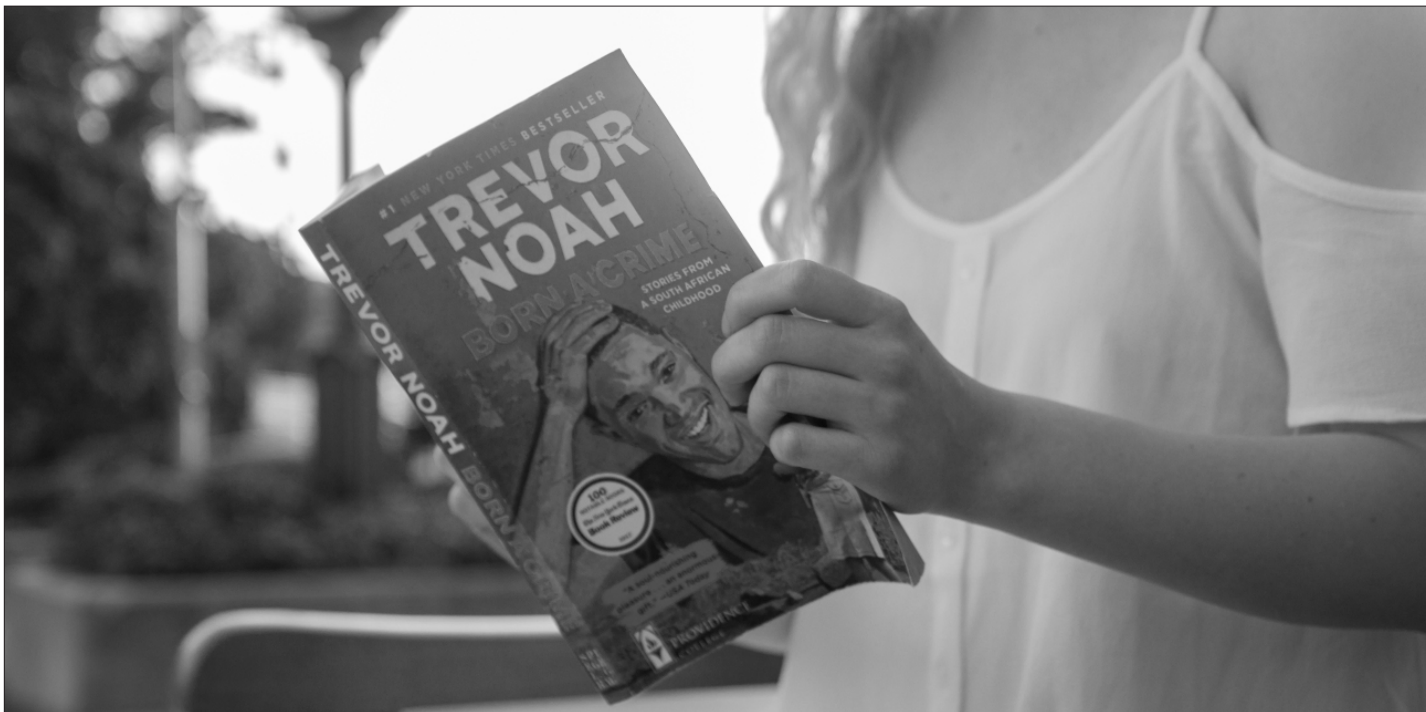
By assigning more books like *Born a Crime*, the College provides new students with a fresh perspective on diverse backgrounds in a way that is appealing and relatable.

In a time where it is more important than ever to become more politically and socially aware, *Born a Crime* offers new insight into a distinctive point of view—that of a biracial man with a troublesome upbringing who eventually went on to have a successful career.

Not everyone in Noah's position shares the same degree of public recognition and achievement; however, his story is important because it helps the reader understand the harsh reality a child can face growing up with parents of different races.

Many students leave high school with a limited awareness of backgrounds outside their own race, ethnicity, religion, gender, or class.

College is meant to prepare young people for a larger world, and the only way to do that is by giving them the knowledge and resources they need to better understand the world.



Trevor Noah's *Born a Crime* is set to become a film, produced by Noah and actress Lupita Nyong'o.

NICHOLAS CRENSHAW '20/THE COWL

Break the Cycle of Addiction: *Learn to Live Without Your Phone*

by Nicholas Moran '19
Opinion Staff

SOCIETY

Walking around campus, students' heads are down with their eyes glued to screens, and accidentally running into other students on the way to class is all too common. Calls to family members disrupt the peace of the quiet zone in the library. It is clear that our phones have become an integral part of our daily routines, but at what point do they begin to damage our health?

Millions of Americans struggle to escape the addictive pull of their phones. 2,167 times a day, Americans glance down at their smartphones, and 46 percent feel "they couldn't live without" their devices, according to the *Washington Post*.

After "30 seconds without stimulation," said Andrew Martin to the *Chicago Tribune*, "[I] have this twitch to reach for my cellphone," feeling the effects of what researchers call "cell phone withdrawal."

A 2016 *Common Sense Media* poll discovered that over 50 percent of the nation's youth feels addicted, with a quarter claiming they use their device "almost constantly."

However, cell phone addiction is not a mere distraction. Rather, it bears a grave mental health cost. Anxiety, apathy, and depression are all ugly marks of addiction's emotional toll.

As tempting as it is to pick up your ringing iPhone, it will damage your well-being. Limit screen time, decline disruptive push button notifications, and let the call go to voicemail.

In the years following the the launch of the iPhone, psychologists like Jeane Ranke have warned the *Atlantic* that smartphones are only contributing to already skyrocketing depression rates, calling it the "the worst mental health crisis in decades."



Excessive phone usage takes a toll on our social interactions.

NICHOLAS CRENSHAW '20/THE COWL

Since 2010, the Center for Disease Control and Prevention (CDC) reports that "severe depression" rates among teenage girls have risen by 58 percent, with suicide rates also rising by a troubling 65 percent. Similar research highlights an all-time high in feelings of loneliness.

Research reported in the *Atlantic* demonstrates a direct correlation between cell phone use and depression rates.

Out of all eighth graders in the U.S., the highest users are 56 percent more likely to feel blue than non-users, and are 27 percent more likely to develop clinical depression. Amongst the nation's college students, studies find that Facebook users become sadder the longer they are logged on.

Furthermore, these studies find a correlation between usage and suicide. If one uses a cell phone more than three hours a day, they are 35 percent more likely to develop a "suicide plan."

Even worse, 48 percent of five hour-a-day or more users have harbored suicidal thoughts, whereas only 28 percent of one hour-a-day users suffered similar thoughts.

Smartphones also siphon users' attention away from daily chores and activities. Excessive phone use further distracts struggling users from potential relief in friendships, hobbies, dating, jobs, and more.

Focusing on the particularly addicted group of young adults, Ranke's studies show the time-drain is quantifiable.

The average time spent hanging out with friends has slipped from two hours to one hour in less than a decade, coupled with a staggering 40 percent drop in the amount of teens who spend time with friends daily since 2000.

While it is impossible to definitively prove that cell phones are causing these frightening mental health outcomes, the evidence of a correlation is tangible. Americans' mental health has steadily worsened since smartphones first came to the shelves, hefting a heavy emotional toll onto citizens' shoulders.

Avoiding this emotional toll is a matter of lowering the risk of addiction and learning to spend time without your phone by your side.

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Striving For Veritas

by Taylor Godfrey '19
Editor-in-Chief

EDITOR'S COLUMN

As we start a new academic year, *The Cowl* is back for its first issue, exploring issues at Providence College such as new housing programs and head coaches as well as topics ranging farther off



campus such as food truck festivals in Providence and the importance of political engagement.

Here at *The Cowl*, we are looking forward to another great year. We have just completed our summit training and this first issue welcomes back some of our writers and editors into their former roles, as well as welcomes other editors into new positions of leadership.

It has been so exciting for Abby and I to see so many of our staff members step up and flourish in their new positions and roles. We look forward to the new staff members we will gain as the year goes on.

We have an amazing staff full of people whose passion for journalism and writing amazes us every week.

Our *Cowl* staff is also aware of our place as the only campus news publication. As the College's newspaper, we play an important role in reporting both events at PC and beyond.

In this time of intense discourse

and unrest, when news publications and other forms of media are being disparaged and denounced and the phrase "fake news" has become a part of the common vernacular, *The Cowl* is committed now more than ever to the pursuit of truth and to the goal of being the voice for the 4,000 students on this campus.

An important tenet of this school is truth, or *Veritas*. It is so important to PC that the word resides in our seal and the embodiment of the idea stands proudly on Slavin lawn.

And *Veritas* is important to us at *The Cowl* as well. From accepting letters to the editor to interviewing students, faculty, and staff members, *The Cowl* cares what this community has to say.

Over the course of the next 23 issues, *The Cowl* will strive to uphold the concept of *Veritas* as well as continue to share the stories of our community members and fellow students, from Friars who have graduated in past years to our newest class of 2022.

TANGENTS & TIRADES

Outreach Inspires Individual Growth

There is something to be said for the naiveté and free-thinking nature of children. The laws of reality that adults have learned to abide by do not stop the young mind's creativity.

Simply spending time around young children helps to reactivate a portion of ourselves which was lost as time passed and lessons were learned.

Involvement in Children's Outreach, a volunteer program here on campus, was one of the most rewarding experiences I have had here at Providence College.

Spending two hours a week surrounded by elementary-school students allowed my imagination to run free.

No longer were Socrates' philosophies playing in my mind. Instead, the world became a friendly place with few restrictions. Anything was possible during these brief hours.

Volunteer programs such as Children's Outreach, PC Pals, and FriarServe allow individuals to get to know their local Providence home, as well as give back to the same community which provides so many opportunities and memorable experiences.

Whether you are an education major or someone who just enjoys working with children, there are plenty of campus groups that allow you to get involved in our local community.

In an environment where tasks and class assignments can often be a burden on an individual, volunteering with local students can provide relaxing and rewarding settings where young minds run wild, and old ones are refreshed by the unrestricted thoughts they find themselves surrounded by.

-Joshua Chlebowski '21

First Day Jitters—Not Just a Freshman Problem

As another new semester begins, it's important to remember that first-day jitters are normal for all college students—freshmen and upperclassmen alike.

Too often, college students are under the impression that being an upperclassman automatically means that you have it all figured out.

However, that assumption is not true, and it creates an unnecessary and harmful sense of pressure.

Freshmen obviously deal with all of the stresses that come along with being in college for the first time: making new friends, living in a dorm, and adjusting to college-level classes.

Being an upperclassman brings its own new set of challenges. With graduation on the horizon, one has to consider what the future and post-college life has to offer.

But freshmen and upperclassmen can also face similar struggles adjusting to campus life, missing friends and family from home, and getting into a routine with classes and activities.

It's important to remember that at the end of the day, no one really has it figured out. And that is okay! First day jitters, whether we are freshmen or seniors, are to be expected.

When we acknowledge this, we not only learn to give ourselves a break, but we also learn to act with more compassion within our community.

-Laura Arango '20



PHOTO COURTESY OF UNSPLASH

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Welcome to the Fall 2018 Semester!

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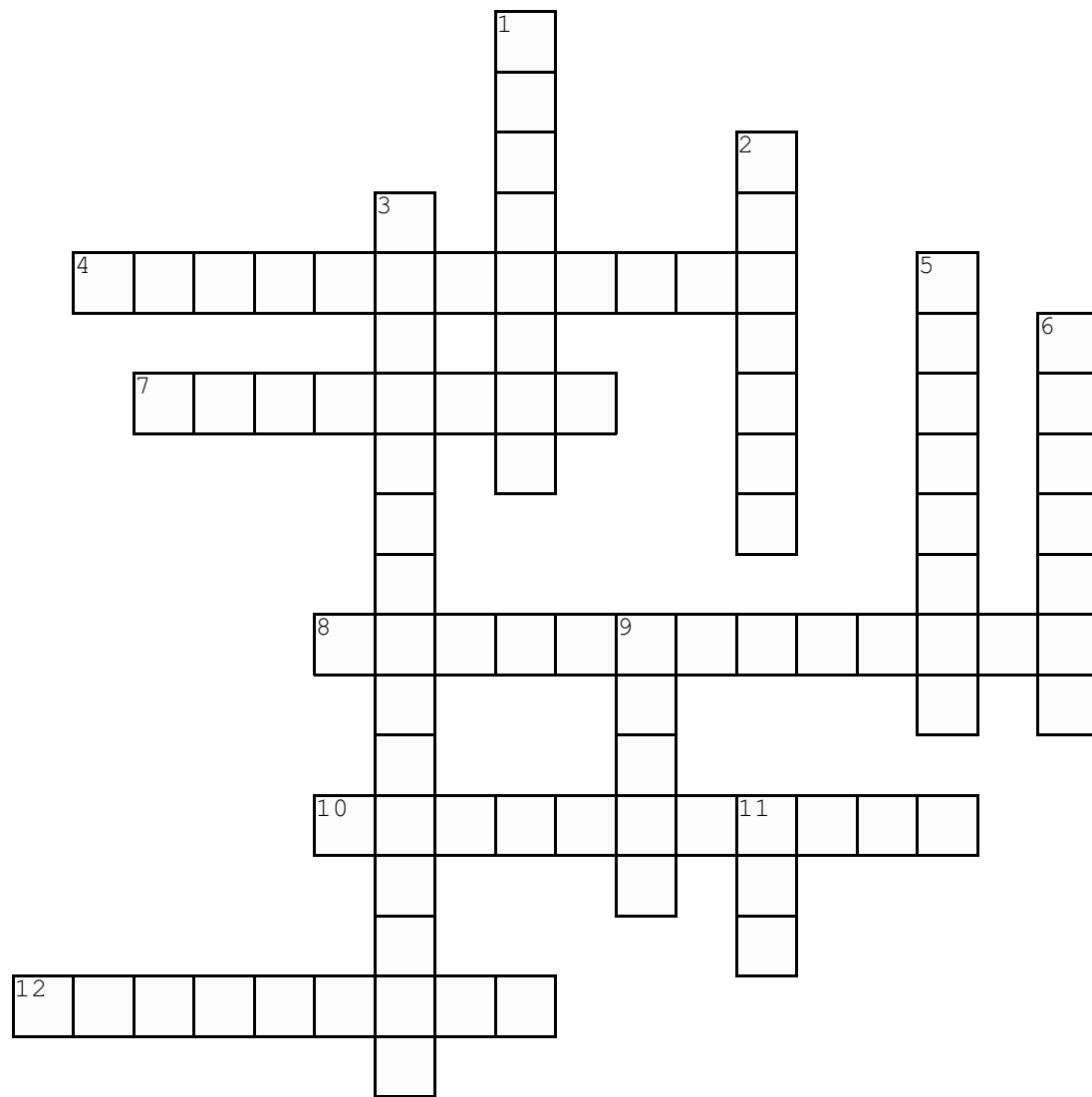
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Where PC Students Go to Eat

Complete the crossword below



Across

- 4. Decent breakfast food when you are too lazy for anything else.
- 7. Your friendly neighborhood sandwich place.
- 8. 'You're a wizard Harry'
- 10. 'You'll always leave with a smile' and a pizza.
- 12. A place you go where you can feel organic and healthy while eating pizza.

Down

- 1. The only place to get pizza at 4 am.
- 2. A place to grab a quick pastry or flavored coffee.
- 3. A little late night snack that is sweet, warm, and chocolatey.
- 5. Burgers, Drinks, and Fries Oh My!
- 6. A place to go for your friends birthday and take pictures holding margs (if you're 21+).
- 9. An Italian eatery on Federal Hill, but you only go when your parents are here because they have money and you do not.
- 11. Prison Food.

PHOTO COURTESY OF THETEACHERSCORNER.NET

Check next week's issue for the answers to the crossword!

Friar Libs

Changes in Ray Dining Hall

It's _____ and I am feeling _____ and _____. So I text my _____
 time adj. adj. noun plural
 asking if they want to _____ at Ray. They text back _____ and we
 verb exclamation
 _____ over. Upon entering, Ray looks like _____ and we see
 verb adj.
 _____. The _____ green _____ makes me feel
 noun adj. noun singular
 _____. We see that they have replaced _____ with
 adj. noun
 _____. I ask Dot how she feels about _____
 noun noun
 and she says _____
 quote

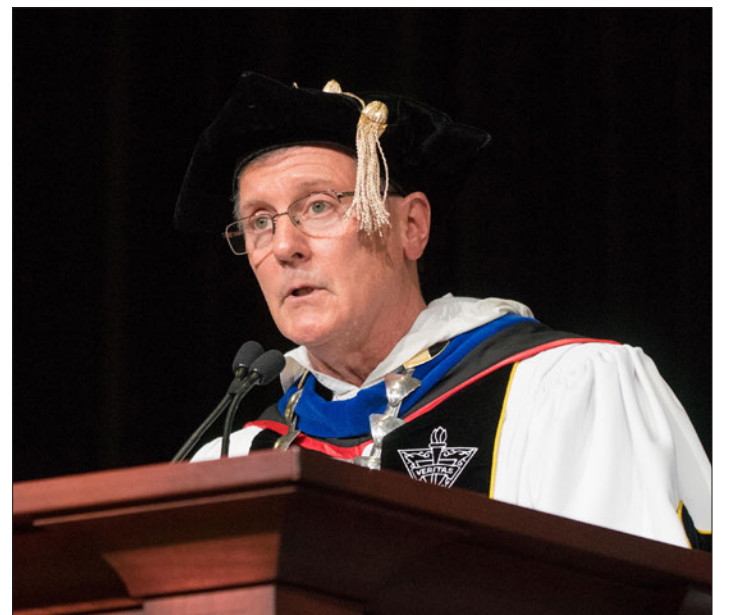
Send in your best Friars libs answers to thecowl.editor.com



PUZZLE COURTESY OF CONNOR ZIMMERMAN '20

PHOTO COURTESY OF BRUCE HUTCHINSON

PHOTOGRAPHY



ABOVE LEFT: The new Science Complex as seen from across Thompson walkway.

ABOVE: David Rosas '21, Ryan Gallagher '21, and Angus White '21 feed goats during the "Sunday Funday!" event on Slavin Lawn, sponsored by OSA-CP.

LEFT: Amy Conte '19, a biochemistry major, and Victoria Haak '20, a biology major, enjoy comfortable seating and the view from one of the second floor study lounges in the new Science Complex.

BELOW LEFT: A lecture hall equipped for video conferencing and one of the new laboratories in the new Science Complex.

BELOW: Vice President Father Kenneth Sicard, O.P., speaks at the academic convocation on Monday. The event marks Fr. Sicard's first appearance as acting president of Providence College. Fr. Sicard and Executive Vice President Ann Manchester-Molak '75 are sharing the responsibilities of the College President Father Brian Shanley, O.P., who is on sabbatical for the semester.

ROVING PHOTOGRAPHY

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August 30, 2018

“Freshmen: What’s one thing you want to do before graduation?”

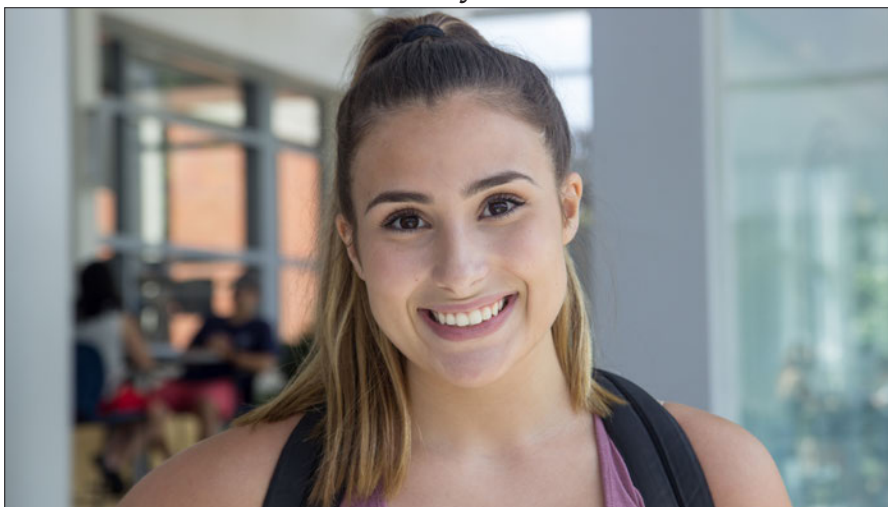


“Study abroad.”

Annie Newbauer '22, Sophia Mambrino '22,
and Courtney Dodds '22



**“I want to add a piece of me to campus
by starting a kickboxing club.”**
Nathalie Gonzalez Lorenzo '22



“I want to volunteer in one of the labs at PC.”
Maria Vasiliou '22



“I want to have an internship.”
Connor Delaney '22



“Win an intramural sports shirt.”
Jack Mahoney '22



“I want to witness a national championship.”
Claire Reilly '22



**“I want to see the revival of
Theme Cuisine in Ray.”**

-Every upperclassman.

LAURA CHADBOURNE '20/ THE COWL

Photos by Faith Allen-Harris '21, Staff Photographer

Friday Night Bites: PVD Food Truck Festival

by Patrick Fuller '21
A&E Co-Editor

FOOD

Major cities throughout the United States provide space for corporate skyscrapers and plenty of high-paying, white-collar jobs. Despite the intimidating luxury, the people within are regular human beings. They love to dress up, earn money, and eat.

Taking advantage of the latter desire, restaurants have slowly embraced the food truck movement. Brick-and-mortar locations now build on homegrown popularity by mobilizing to areas of high activity.

And now, Providence College food lovers can join in on the fun thanks to PVD Food Truck Events. Although small, the city of Providence, Rhode Island stands with the rest of the country in its food revolution. PVD Food Truck Events organizes events throughout the state of Rhode Island with locally-sourced trucks, live music, and free admission. The group advertises through FoodTrucksIn.com, a website "...dedicated to serving the food truck community... by providing food truck information, the locations of food trucks who are currently serving, and details about upcoming food truck events."

The goal of bringing together and supporting local communities has garnered the support of the Providence City Council, the City of Warwick Department of Tourism, Culture, and Development, and the Town of Scituate, among others.

All summer, the traveling food truck bonanza has been posting up in places like Smithfield's Deerfield Park, Sons of Liberty Beer and Spirits Company, Chase Farm in Lincoln, the North Scituate Gazebo, and Carousel Village in Roger Williams Park.

In fact, Carousel Village has been the location for Food Truck Fridays for the past four seasons. This event returns thanks to the support of Food Trucks In, Trinity Brewhouse, Gooseneck



PHOTO COURTESY OF FACEBOOK/PVD FOOD TRUCK EVENTS

Vineyards, and Motif Magazine. Due to its unique placement in Roger Williams Park, the food trucks come alongside opportunities to ride the carousel, the carousel train, an actual camel, or peddle-driven swan boats.

However, the main attraction at Food Truck Fridays is, obviously, the food. The sun setting through the trees mixes with covers of old rock 'n' roll songs as patrons wander around, attempting to choose a meal. For those attending, the options include barbeque from Baby's Bonetown BBQ, Binge BBQ, Smoke & Squeal BBQ, or GottaQ BBQ. If pulled pork and brisket does not satisfy, Brunch Belly serves up lobster roll sliders and buffalo shrimp po'boys.

Meanwhile, Buddha Belly serves up authentic Chinese cuisine next to the grilled cheeses of Championship Melt. Haven

Brothers, a staple of the city of Providence, slings hotdogs and burgers. Poco Loco and Mamita's Food Truck serve empanadas and traditional Latin American favorites, representing Rhode Island's large Hispanic population.

Dessert may be a cannoli from Cape Cod Cannolis, an ice cream from Like No Udder, shaved ice from Kona Ice, or a coffee from Presto Strange O Coffee Truck.

Catch all of these treats and more every Friday at Carousel Village in Roger Williams Park until Sep. 28. PVD Food Truck Events will continue to host events until Oct. 25. Beyond the special events held in other Rhode Island towns, the organization has food trucks on Thayer Street on Aug. 30, Sep. 27, and Oct. 25. The schedule, along with further details, can be found on PVD Food Truck Event's Facebook page or FoodTrucksIn.com.

"These people aren't just rich, they're crazy rich." Crazy Rich Asians: A Triumph For Asian Actors

by Kerry Torpey '20
A&E Co-Editor

FILM

Since the 1993 release of the blockbuster *The Joy Luck Club*, there has not been a Hollywood film with a majority Asian cast, until now. The film adaptation of the best-selling novel, *Crazy Rich Asians*, proves that the industry can release a successful, number one film with talented Asian actors, leading the way for greater roles and opportunities.

Directed by Jon Chu, *Crazy Rich Asians* follows Rachel Chu (Constance Wu), a New York University economics professor who finds out that her boyfriend, Nick Young (Henry Golding), comes from a very wealthy family. As she accompanies him on a trip to Singapore for his best friend's wedding, Rachel faces harassment and judgement from Nick's family for her lower socioeconomic status.

Historically, Hollywood created media rules and restrictions, such as the Motion Picture Production Code (The Hays Code), that favored white actors in leading roles over people of color. Rather than cast the appropriate actors for roles written for Asians, Hollywood tends to put white actors in "yellowface."

Yellowface is a cinematic technique in which actors of non-Asian descent wear makeup to appear as if they were Asian. A prime example of this is Warner Oland, an American-Swedish actor who, during the early 20th century, played multiple roles depicting Chinese characters.

Viewers likely recognize Wu from her breakout role as Jessica Huang in the hit ABC series *Fresh Off the Boat*, which is "the second Asian American family

sitcom ever produced," according to Julia Carrie Wong of *The Guardian*. In an interview with Wong, Wu discusses her struggle to become a "spokeswoman for Asian American frustration."

Describing herself as "very impulsive and reactive," Wu explains that she does not have "a model" to look to in carrying "the weight of expectations from an entire generation of Asian Americans yearning to be seen." With generations of white A-list

actors, from Mickey Rooney in *Breakfast at Tiffany's* to Scarlett Johansson in *Ghost in the Shell* and Matt Damon in *The Great Wall*, Asian American audiences have had proper representation within the industry taken away.

Nancy Yuen, author of *Reel Inequality: Hollywood Actors and Racism*, discusses the irony in the lack of opportunity for Asian actors. She notices the industry's interest in things like manga and other Asian media, but explains, "It's like they want our look and our stories and our martial arts, but they don't want Asians."

According to *Vox*, *Crazy Rich Asians*, which has spent the past two weeks at number one at the box office, has made a total of \$76.8 million. Between the first two weekends, it dropped under six percent following initial release, which is impressive compared to a film like *Batman v Superman: Dawn of Justice*, which dropped 69 percent.

In terms of financial and critical success, *Crazy Rich Asians* is triumphant. More importantly, the film is evidence that Hollywood should not underestimate the abilities and skills of Asian and Asian American actors. "We shouldn't be fighting over scraps," says Yuen "We should be fighting for the system to expand, so that all of us can get access to roles."



Henry Golding (left) and Constance Wu (right) of *Crazy Rich Asians*.

PHOTO COURTESY OF WARNER BROS

Honoring “The Queen of Soul:” Aretha Franklin Dies at 76

by Julia Vaccarella '20
A&E Staff

MUSIC

International superstar and soul singer Aretha Franklin has died at the age of 76 after a battle with pancreatic cancer. The “Respect” singer rose to prominence in the 1960s as a symbol of civil rights and has left behind a musical career that spans decades.

Entertainment Weekly explains that Franklin’s “voice is so deeply embedded in our culture that the mere mention of her name elicits a profound sense of love, strength, independence, and history. She didn’t just sing songs, she sang battle cries.”

Franklin’s singing career began within the New Bethel Baptist Church in Detroit, Michigan. From a young age she served as a member of the gospel choir before signing with Columbia Records at 18 years old. After experimenting with several other record companies throughout the following years, Franklin was ultimately crowned “The Queen of Soul.”

Franklin leaves behind a legacy as a champion of both black and female empowerment. She found herself at the forefront of controversial issues from early in life because of her father’s role as a preacher.

In 2012, she was revered as, “the voice of the civil rights movement, the voice of black America,” and a “symbol of black equality” during her induction into the Gospel Music Hall of Fame.

Franklin donated to organizations that support Native Americans. She was also the first woman to be inducted into the Rock and Roll Hall of Fame in Cleveland, Ohio; she received this honor in



Aretha Franklin’s (above) four-octave vocal range gave her legendary power and strength.

PHOTO COURTESY OF FRED A. SABINE/NBCU PHOTO BANK

1987. Throughout the span of her career, Franklin won a total of 18 Grammy awards and countless other honors. She received the Presidential Medal of Freedom in 2005, which is the highest honor a United States civilian can receive.

Jeff Jampol, of Jampol Artist Management, expressed high esteem for Franklin in a recent *Billboard*

article affirming, “She was a black leader at a time when we were living under Jim Crow law in [many] parts of the country and certainly prior to the Civil Rights Act... She is one of the greatest singers of all time and I think she became an icon of hope and of courage for a lot of women who followed her musically and non-musically.” Because Franklin

left no will, Jampol is handling the distribution of her assets.

However, the impact and legacy that Franklin left behind far surpasses her material possessions. The immediate response from influential figures within the music industry and politics, as well as from her countless fans, confirms that her contributions will be revered for generations to come.

Revealing Another Kind of History: R.F. Kuang’s *The Poppy War*

by Sara Conway '21
A&E Staff

LITERATURE

On her website, author R.F. Kuang explains why she focused her debut novel, *The Poppy War*, on the 1937 Rape of Nanjing. Kuang writes, “The west has never done a good job of caring about sexual violence done to women who aren’t white,” and states that she would “like to depict the acts in bloody, brutal, stark detail.”

In fact, *The Poppy War* explores violent themes inspired by real events in 20th century China. Kuang compiled a list of content warnings found in her novel, including: self-harm, suicide, violent rape, sexual assault, murder, massacres, brutalization, mutilation, torture, substance abuse, abuse, emotional abuse, physical abuse, relationship abuse, human experimentation, chemical warfare, and genocide.

Literature on World War II often focuses heavily on Nazi Germany and the Holocaust; however, in her debut, Kuang sheds light on a little known, sickening story of the human cruelty that happened during World War II. The 1937 Rape of Nanjing occurred during the Sino-Japanese War after the city—then the capital of China—fell to Japanese forces.

Kuang points out in her article that some Japanese scholars still deny that the horrific event occurred. She argues that the Rape of Nanjing would never have become known to the Western world if not for the book published by Iris Chang.

The Poppy War follows a war orphan named Fang ‘Rin’ Runin who, after acing the Keju—a high stakes-exam that decides whether one is worthy of receiving further education—travels from her abusive home to the most elite military academy

in the empire, Sinegard. Rin discovers that she possesses an aptitude for shamanism with the mentorship of the flightiest teacher at Sinegard.

Simultaneously, the Nikara Empire and its enemy across the sea, the Federation of Mugen, seem to be on the cusp of the Third Poppy War. Kuang creates a powerful and engaging story as she blends unexpected heroes, disappearing gods, and unknown histories.

Rin is not the average fierce heroine many readers love. Rin, rather, is a complex character who challenges the typical characteristics of a “hero.”

Kuang writes her as fiercely human; Rin wants power, and she will do anything to ensure that she will get it. She is flawed, but that is because

she is a human being with human wants and an ambition that she strives to satisfy above all else.

In chapter 21, based on the Rape of Nanjing, Kuang weaves her words in such a manner that illuminates her brief, but provoking, descriptions. The destruction and treatment of human lives that Kuang writes is a horrifying, yet eye-opening, experience. Kuang illustrates the never-ending limits of human cruelty and the unspeakable ramifications when one stops noticing this kind of torture.

The Poppy War tells an unforgettable, absolutely necessary story that does not shy away from addressing the brutality of the past. Kuang concludes her explanation regarding *The Poppy War* by simply stating “silence hurts so much worse.”



Rebecca Huang (above) published *The Poppy War* as a part of the three-part series.

PHOTO COURTESY OF GEORGETOWN UNIVERSITY

Academy Awards Introduces Best Popular Film Category

by William Burleigh '19
A&E Staff

FILM

Recently, the Academy of Motion Picture Arts and Sciences announced the addition of a new competitive category at the Oscars to recognize the "best achievement in popular film." This new award is set to debut at the 91st Academy Awards in February 2019. It is the first new category at the Oscars since 2002, when the Academy introduced the award for Best Animated Feature.

While they have not released any information regarding specific details about the new category, it seems to be tailored to big summer blockbusters and superhero films; films that are traditionally overlooked for the more prestigious awards of Best Picture and Best Director in favor of more technical categories, such as Sound and Visual Effects.

Several critics have compared this exclusion of popular films from prestigious categories—and the subsequent creation of a category catered to them specifically—to the backlash that the Academy faced in 2008 when critically acclaimed blockbusters *The Dark Knight* and *WALL-E* were not nominated for Best Picture. This led to the expansion of the Best Picture category from five nominees up to 10. Most years since have seen nine films nominated.

The announcement of the category, Best Popular Film, has been met with a nearly universal negative response. Many view it as a desperate attempt to cater to mainstream audiences, in hopes of increasing annual ratings since the 90th Oscars hit an all-time low this past March. Others have criticized the award for diminishing the reputation of the Oscar brand, which is historically meant to be prestigious and desirable.

Some view the decision to add a popular film category as a way for the Academy to acknowledge blockbuster movies and studio tentpoles that often do not make the cut for Best Picture. This creates issues stemming from the fact that putting studio blockbusters in a "popular" category

suggests that they usually are not as artistic as the indie movies that get nominated for Best Picture.

With this announcement coming ahead of an awards season where *Black Panther* is considered by many to be a major contender for Best Picture, the Academy is facing even more criticism. *Black Panther* has received enormous critical acclaim in addition to breaking numerous box-office records since its February release. On Aug. 5, it became the third film to ever gross \$700 million domestically, after *Avatar* and *Star Wars: The Force Awakens*.

Black Panther, viewed by many as being transcendent of the superhero genre due to its cultural significance and strong African American representation, was widely predicted and even assumed to become the first superhero movie to be nominated for the Best Picture category. With the creation of the Best Popular Film category, these chances could be diminished;

critics are worried relegating *Black Panther* to a popular film category will hurt its chances of being nominated in the more prestigious ones.

The Academy has since released a follow-up statement in response to this backlash ensuring that any single film is eligible to be considered for both the Best Picture and Best Popular Film categories. However, many remain unconvinced that the Oscars will not be relegating blockbusters worthy of an award—such as *The Dark Knight*, *Inception*, *Mad Max: Fury Road*, *La La Land*, *Get Out*, *Wonder Woman*, and *Black Panther*—to a "consolation prize" of Best Popular Film instead of allowing them to compete in prestigious categories and earn meaningful awards.

Only when the Academy announces the eligibility rules for the Best Popular Film category at a later date will the public find out how the Oscars define "popular," and whether they intend to judge films based on genre or content.



Some worry that the new Popular Film category will discredit the brilliance of legitimate movies.

PHOTO COURTESY OF THE ROLLING STONE

AMERICAN MUST-READS

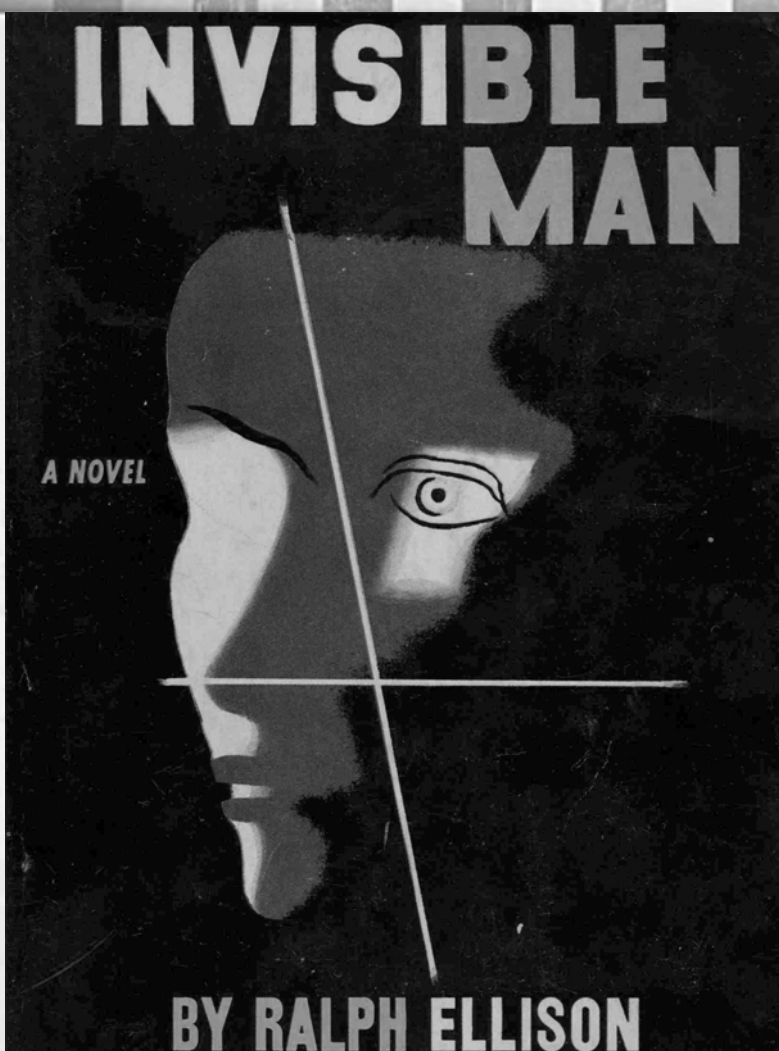


PHOTO COURTESY OF FLAVORWIRE/PINTEREST

Life is too short to read everything. It may even be too short to major in American Studies. This column, brought to you by professors in AMS, highlights the books you simply cannot let pass, whatever your major. Start your list!

by Dr. Eric Bennett
Associate Professor of English

LITERATURE

Ralph Ellison's mid-twentieth-century masterpiece, *Invisible Man*, rides the harrowing logic of a nightmare. Each weird scene careens into the next with feverish inevitability. A dozen black teenagers pummel each other before a crowd of cheering white businessmen. A sharecropper rationalizes unspeakable acts. Elite powerbrokers torture the downtrodden with false promises. Yams go bad in the mouth. Street protests metastasize into psychedelic riots. A paint factory explodes.

Yet everything unfolds in the waking reality of a simple story. A nameless hero is expelled from his college in the south. He moves to New York, finds common cause with communists, loses faith in that creed, and vanishes underground. Through

this most basic "kid leaving home" plot, Ellison captures in riveting detail the ill electricity of Jim Crow America.

In 1952, when *Invisible Man* first appeared, the world was still reeling from World War II and the genocidal racism that had permeated its driving ideologies. Many Americans believed that an account of a single life could stand in for all lives—could underscore our common struggles and downplay our incidental differences.

Mastering that vision, Ellison dramatized not only painful truths about African American history, but also the colorblind terrors and perplexities of modern existence.

It is all too easy to feel what his hero feels: at once powerless, stultified, and defiant as vast systems, hidden currents, pervasive norms, and random accidents tangle inextricably with the behavior of those around us and confuse our most intimate self-conceptions. "Who knows," the narrator concludes, "but that, on the lower frequencies, I speak for you?"

To The Ceiling

by Dawyn Henriquez '19
Portfolio Staff

FICTION

*"Boom, then crash
The shattering of glass"*
Strange fruit hanging and you expect us to forget the past?
Even though I saw my Momma in shackles at four,
You really believe equality is an unnecessary bore?
How quick to forget you are, truly, how fast.
Who of you haven't thought that we'd be last?
The ones still standing,
Some brown amalgamations,
The most slandered colors in a crayon nation.
This hue is what sits between equality of heart and soul
And causes our people to pay red's deathly toll.
So how dare you lie
When you say, this is a melting pot for all colors?
Even though we've always been aware of the skin that struts its stutters.
Be honest majority, you *never* meant it,
You've always proliferated yourself,
White supremacy: you cement it.
*"And, yeah, I got anger
But I don't let it take me down
Because my Momma taught me better
And she holds me up when I fall down"*
Just so I can go forth with a scraped knee
Before the impending white sea,
Salt in my veins,
Weights on my feet,
Tears in my eyes,
Trying to shrug off defeat.
We all want glass broken,
Whether we know it or not,
But we live here, in this damn 64-piece box
Where white is the primary color in each slot.
And when we complain about the lack of preparation
All we get is fucking shame and deprecation:
Things like "try harder," you say,
As if we can wear your boots
On our backs like flowing capes,
Prompting the question:
Is this the *United States*, home of the brave, where *we* got clean slates?
Or is this the *United States*, place built by slaves, the land that freely hates?
I think the latter, how about you?
Or are you out there too worried about your new hairdo?
Don't answer that.
Yes, we've got anger,
Who wouldn't
If their society was a strangler?

Summer Changes

by Marelle Hipolito '20
Portfolio Assistant Editor

POETRY

It was many summers ago
Never forgotten, always remembered:
gut feeling of the end coming
before the snap
crack
and cry of pain, landing on impact

an injury so defeating there was no game to play
no win or lose, just over
a broken bone, a broken heart
impossible to put the pieces back together

It was many summers later
Thus set to the side, lowered of importance
Focused grit of beginning again
After the pick up
Put together
And laughs of love, standing and brushing off the dirt

An injury so defeating, yet defeated
Rematch
Healed bone, healed heart
Achieved through tape, tears, and friends

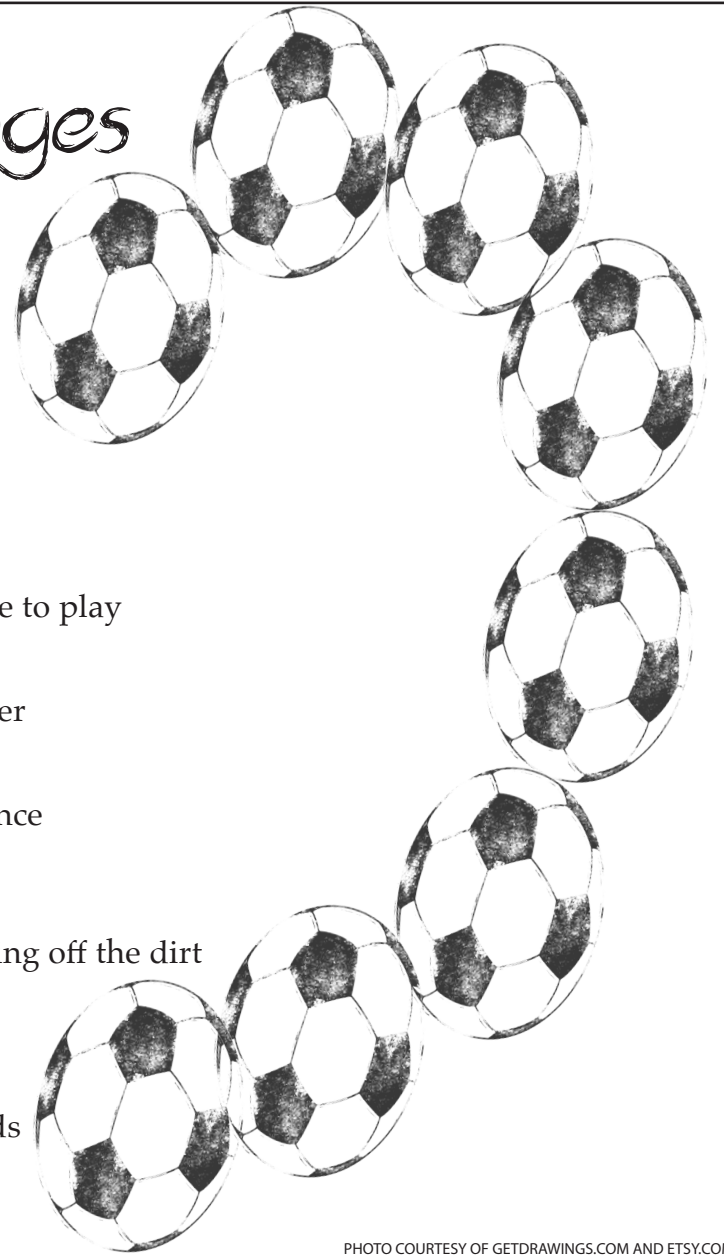


PHOTO COURTESY OF GETDRAWINGS.COM AND ETSY.COM

Mirror

by Connor Zimmerman '20
Portfolio Co-Editor

POETRY

In a mirror, the reflection is clear.
The image shows perfection.
I look just how I hoped I'd appear
I can't think of any objections.

The reflection sends me back to the past
To the moments when I laugh and love.
All the connections that help me last.

The image has at last spoken,
I am completely unbroken.

In a mirror, the reflection was clear.
The image showed all my scars.
I looked worse than how I thought I appeared.
I didn't see anything but the marks.

The reflection sent me back to the past
To the memories where I have regretted.
All the missed chances that shaped this outcast.

The image had at last spoken,
I was entirely broken.

PHOTO COURTESY OF GETDRAWINGS.COM AND NICHOLASWELLS.COM

Listomania

Things We Don't Miss About Summer Vacation

Driving Five Hours to See College Friends

Broken AC Units

Paying to Park at the Beach

Sharing the Car with Your Siblings

Spending All of Your Free Time with Your Parents

Working 9 a.m. to 5 p.m. for Minimum Wage

Seeing Everyone You Tried to Avoid in High School

Having Different Days Off Than Your Friends

Having to Drive Anywhere to Do Anything

Riding Crowded Public Transportation

Trying to Sneak into Your Parents' House at 3 A.M.

Your Dog (Lol, JK You Totally Miss Him)

Tiffany & Earl

Making PC an emotionally stable place one letter at a time

Dear Tiff and Earl,

What should I do to make this semester my best one yet?

Sincerely,
Thirsty for Knowledge

Dear Thirsty for Knowledge,

Buy all your textbooks, binders, and Five Star notebooks from the bookstore for all your classes. Organize your desk real nice with a Providence College calendar, pens and pencils, and every single piece of stationary that Target sells. Go to class and realize it's all pointless because your professor gives homework as if you only have that class. Then, go back to your room, cry in your bed, and wipe your tears with the pages of all the books you rented but will never read. Realize every semester is the worst one and this one certainly won't be any different.

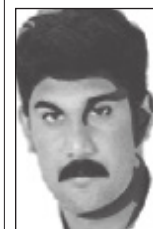


Tiffany

Dear Thirsty Thursday,

All of my best semesters have included a lack of willpower, a couple open-container violations, and...I can't remember the rest.

Maybe that's because of what was in the containers...



EARL

This is a satirical column that does not reflect the views of Providence College or The Cowl.

It Just Happens

by Jessica Polanco '20
Portfolio Staff

POETRY

Everyone dreads the feeling,
But they truly never know what it feels like.
It isn't even a feeling,
It's just something that happens.

When you get over an argument,
You don't even remember the exact time you did
But you did.
And it just happened.

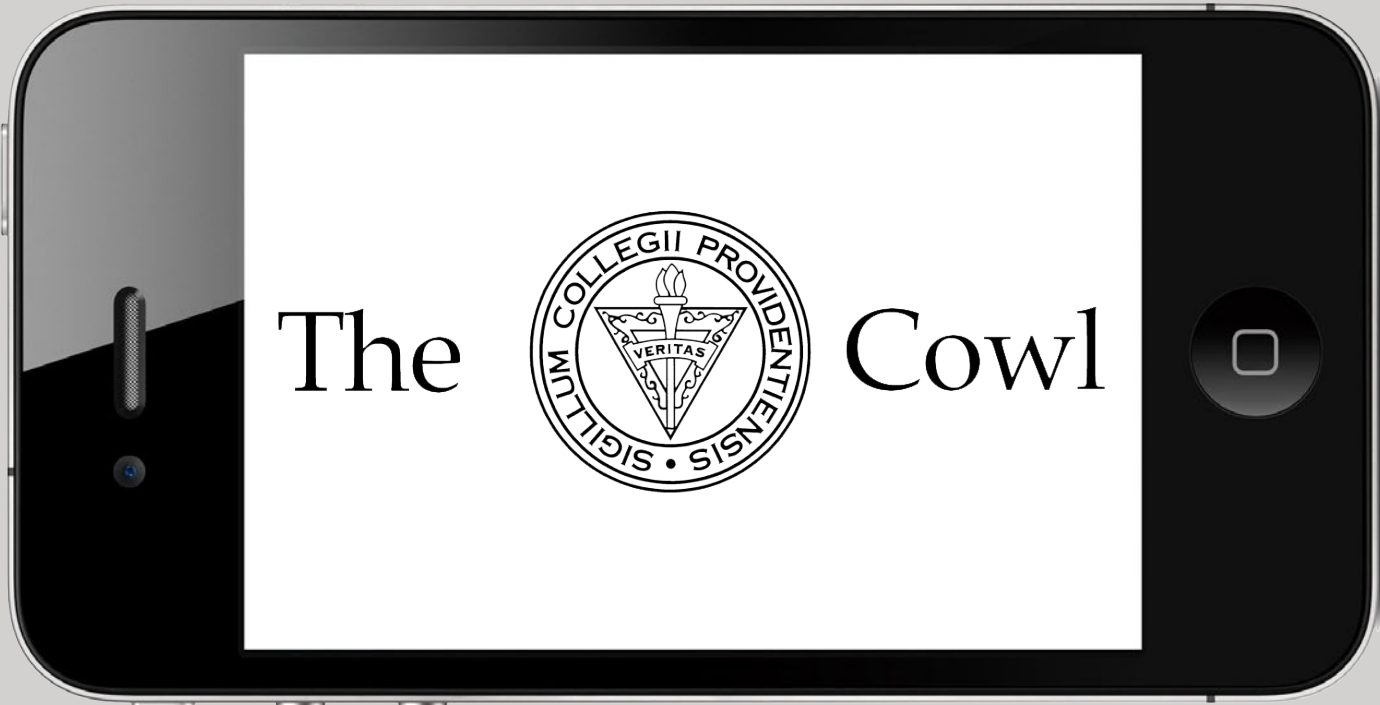
When something dries up,
After getting wet,
It eventually dries.
And it just happens.

The moon rose this evening,
It stood next to the sun,
It tried stealing it's spotlight,
Until it finally did.
And it just happened.

When autumn trickles in,
Even though they say it's on the 21st,
We never know exactly when because
It kind of just happens.

When we want it to,
When we don't want it to,
And when it's least expected,
Change happens.
All the time.
Beautifully.

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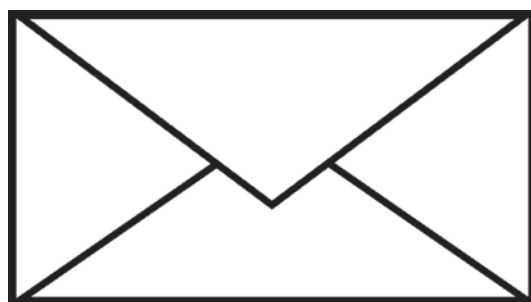


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Got Something to Say?



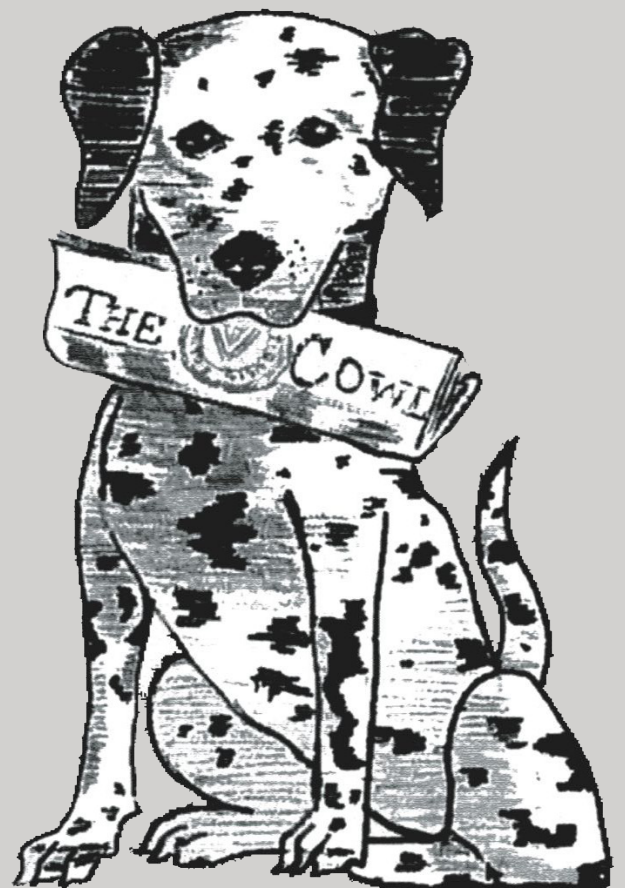
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And visit us at
the Involvement
Fair on Sunday,
September 2 in
Peterson!



New Faces in Friartown

PC Welcomes Coaches for Women's Hockey and Softball

by Meaghan Cahill '20
Sports Co-Editor

PC ATHLETICS

"We are excited to welcome Matt Kelly as head coach of our women's ice hockey program," Providence College Athletic Director Bob Driscoll announced on June 18. Kelly, the sixth coach in the history of the program, was hired after the abrupt firing of former Head Coach Bob Deraney, who had been with the program for 19 years.

The decision to replace Deraney came after the team was ousted from the Hockey East Tournament in Game 3 of the quarterfinal round by the University of Connecticut.

Kelly's "extensive experience as a coach" began in 2008 when he was hired as the assistant coach for Clarkson University's women's ice hockey team. During his six years with the program, he helped the Golden Knights qualify for the ECAC playoffs six years in a row, claim three league titles, reach the NCAA Tournament three times, and win a National Championship in 2014.

Following his time at Clarkson, Kelly went on to become the assistant coach for Quinnipiac University for the 2007-2008 season after volunteering as an assistant coach for Wayne State University from 2006-2007, where he graduated with a bachelor's degree.

The former goaltender for the Wayne State Warriors took a break from coaching when he

became a Head Scout for USA Hockey and the women's national teams, which was the role he was serving in at the time of his hire. With the primary responsibility of overseeing and maintaining the player pools for the U-18, U-22, and women's national teams, Kelly was the one responsible for assembling the team that won gold in the 2018 PyeongChang Olympics—a feat that has not been accomplished by the U.S. in 20 years.

"As a scout for USA Hockey, he has continued to refine his skills as one of the top evaluators of talent in the women's game," Driscoll stated. "We look forward to the future of our women's hockey program under Matt's direction, competing for Hockey East championships, and returning our storied program to the national stage."

Upon his hiring, Kelly commented, "I want to thank Father Shanley, Athletic Director Bob Driscoll, and Associate Athletic Director Kyle Murphy for this tremendous opportunity. The vision, support, and rich women's hockey history at Providence College are second to none and my family and I are excited to be a part of the Friar family."

Since he joined the program, Kelly brought Jake Anderson, the former assistant coach at Merrimack College; Alison Domenico, the former assistant coach at Syracuse University; and Doug Ferry, the team's graduate assistant for the past two years onto his staff.

Kelly and his staff will not be the only new faces in Friartown this year. PC's Softball Team will be welcoming in an entirely new coaching staff this season. In early July it was announced that Jill Karwoski will be the new head coach of the team.

Karwoski, who previously served as a volunteer assistant coach for the Friars during the 2012-2013 season, was acting as the head coach of the Quinnipiac softball team when she was picked up by Providence.

In the announcement of her hire, Driscoll said, "We are excited to have Jill come back to Friartown and lead our softball program. She has 10 years of head coaching experience and she has recruited at the highest level in the ACC. We believe we have one of the top facilities in the conference and with Jill's leadership we can become one of the top programs in the Northeast and compete for the Big East title."

Along with her experience at both PC and Quinnipiac, Karwoski served as the head coach at both Merrimack (2011-2012) and Morehead State University (2004-2007), and as the associate head coach and recruiting coordinator at Boston College (2007-2011).

"I could not be more excited and grateful for this opportunity to return to Friartown as the next head softball coach," Karwoski said. "I strongly believe Bob and I share a similar vision that success is built around strong core values, talented athletes, and dynamic students. Providence softball is rich in tradition, resources, and Friar pride. It is my mission to instill a championship mindset, which will lead to a promising future in the Big East."

In regards to her plans for her first season with the team, Karwoski claims she will "hit the ground running and make an immediate impact."

Since her own hire, Karwoski has announced



PHOTO COURTESY OF PC ATHLETICS

Karwoski returns to Providence after five seasons at Quinnipiac.

that she will be bringing in Bree Nasti to join her as the team's assistant coach.

Holding the single season national high school record with a .774 batting average, Nasti previously coached at Adelphi University for the past six seasons. While at Adelphi, Nasti led her team to the Northeast-10 Tournament Championship three times, as well as five NE-10 regular season Southwest Division titles. She also coached her team into six-straight NCAA Division II regional appearances, four NCAA Division II super regional appearance, and advanced to the NCAA Division II Women's College World Series twice. As a result, Nasti and her staff were honored as the National Fastpitch Coaches Association East Region Coaching Staff of the Year in 2013, 2015, and 2016.

"I am beyond excited to have the opportunity to bring Bree to Friartown. Proven in her track record...I am confident she will be a positive influence and make an immediate impact on our program," Karwoski stated on her hiring choice.

After a disappointing season last year that ended with a record of 13-32, all eyes will be on Karwoski and Nasti as they look to turn the program around.

With the extensive experience that each coach brings to the table, hopes are high for success in the 2018-2019 season for the women's hockey and softball teams.



PHOTO COURTESY OF USA HOCKEY

Kelly brings over 10 years of coaching experience to PC.

Best Sports Moment of Summer 2018

Washington Capitals Win the Stanley Cup

by Sam Scanlon '19
Sports Staff

PROFESSIONAL HOCKEY

For the first time in history, the Washington Capitals are at the top of the hockey world after defeating the Las Vegas Golden Knights in five games to win the Stanley Cup. The sheer fact that Las Vegas reached the Stanley Cup final was in itself an outstanding moment. Seeing Alexander Ovechkin and the rest of the Washington Capitals reign as champions is undoubtedly the best sports moment of the summer.

Ovechkin, one of the highest NHL goal scorers of our generation, has been criticized for never winning a Stanley Cup. Until now, some experts have discounted Ovechkin when considering best players of all time; therefore, seeing him raise the Cup for his team was special to watch.

It seemed as though the 2016-2017 "super" team would capture the organization's first title. When they fell short and subsequently lost Justin Williams, Nate Schmidt, and Kevin Shattenkirk, the 2017-2018 team was certainly battling against the odds.

However, the Capitals still maintained the rights to powerhouse forwards Ovechkin, Niklas Backstrom, T.J. Oshie, and Evgeny Kuznetsov as well as a top 10 NHL defenseman, John Carlson who



PHOTO COURTESY OF GARY A. VASQUEZ/USA TODAY SPORTS

In his 13th season in the NHL, Ovechkin finally wins his first Stanley Cup in his first Finals appearance.

led all NHL defensemen with 68 points last season.

Although the Capitals appeared solid on paper, it takes more than a good roster to win the Stanley Cup, a trophy which is often referred to as the hardest trophy to win in professional sports. The

Capitals' "Big 5" carried out their roles as they finished top five in team scoring for both the regular season and postseason. However, they had another underdog story of their own.

In the Eastern Conference Finals, the Capitals found themselves down three

games to two in the best-of-seven games series to the Tampa Bay Lightning.

With their backs to the wall and the potential for another season to fall short of the Finals, Washington dominated Game 6, winning 3-0 to force a decisive Game 7 in Tampa Bay.

In Game 7, Ovechkin scored the first goal of the game giving Washington control and momentum on the ice.

Despite playing in a hostile crowd, Washington dominated and won on the road for the third time in the series, winning 4-0 to seal a trip to the Finals.

After dropping the first game in the finals, Washington came back to win four games in a row to seal their first title.

Lars Eller, the first Danish player to bring home the Stanley Cup, had a career year as he finished his season ranked sixth on the team in points. His late goal in the third period broke a 3-3 tie to top the Golden Knights 4-3 to clinch the title.

After the final horn buzzed, Ovechkin reflected on how big the moment was. "We did it. That's all that matters. Look at the smiles on my teammates. This is something you'll never forget. This moment, I'll remember for the rest of my life. I'm so happy. It's unbelievable."

With Ovechkin and Washington winning their first Cup, Eller scoring the winning goal and bringing the Cup to Denmark, and watching Oshie share a special moment with his ill father on the ice after lifting the Cup, it is hard not to tip your cap to the Washington Capitals.

LeBron James Signs with Lakers

by Sullivan Burgess '20
Sports Staff

PROFESSIONAL BASKETBALL

While this summer was filled with incredible off-season trades and pickups in the NBA, one move that stood above the rest was the announcement of All-Star LeBron James' decision to leave the Cleveland Cavaliers and join the Los Angeles Lakers.

On July 1 of this summer, multiple news sources told the world that James, the former champion for the Cleveland Cavs, had agreed to a \$153 million contract spanning four years with the Lakers. James had received offers from both the Philadelphia 76ers and the Boston Celtics before telling his agent, Rich Paul, that he would join the Lakers.

With the addition of James, the Lakers have added the one of the best and most recognized athletes in the country to one of the most successful sport teams in the nation.

This is not the first time the Lakers have acquired one of the game's best players to their roster. Throughout their history, the Lakers have added multiple NBA legends like Kareem Abdul-Jabbar, Wilt Chamberlain, and, more recently, Shaquille O'Neal.

The decision sparked debate within the sports world and many were confused as to why James would sign with a team that went 35-47 and missed the playoffs. On the contrary, many understood his decision as the Lakers have a younger core of players.

Even though the Lakers finished far from playoff contention last season, the

addition of James gives the Lakers plenty of hope to make a return to the playoffs after a five season drought.

Magic Johnson, the Lakers' president of basketball operations, said in a release that James is "special" and is "the best player in the world."

"He loves to compete and is an awesome leader who is about winning and making sure that his teammates are successful," Johnson's statement continued.

"The Lakers players are excited to have a teammate who has been to nine NBA Finals. It's a huge step closer to returning the Lakers to the playoffs and

to the NBA Finals."

With James, the Lakers put themselves back on the map as a main free agent destination after several seasons of struggling to attract top-tier players.

Following James' announcement, the Lakers continued to add players, announcing the signing of veterans Rajon Rondo, Lance Stephenson, and JaVale McGee.

Even at the age of 33, James remains one of the most athletic and versatile players in the league. Last season, he averaged 27.5 points per game and a career high 9.1 assists per game.

Coach Luke Walton has even expressed

putting James, who is a natural forward, at center, and debuting a starting lineup consisting of Rondo, Lonzo Ball, Josh Hart, Brandon Ingram, and James.

While the Lakers themselves have nothing but high hopes for this upcoming season, with an improving young core to surround James, the team still has to make improvements in areas they struggled with last season, such as defense and three-point shooting.

Being one of the world's most recognized athletes brings a lot of attention from the media across the country as James adds a new chapter to his storied career.



James joins the Lakers after winning the NBA title in his second stint with the Cavaliers.

PHOTO COURTESY OF ETHAN MULLER/GETTY IMAGES

PC Soccer Teams are Hopeful Contenders

by Jack Belanger '21
Sports Co-Editor

PC SOCCER

Last Fall, the Providence College Men's and Women's Soccer Teams looked to build off their 2016 seasons in pursuit of Big East Championship wins.

Unfortunately, after finishing first in the Big East in 2016 and a run to the Elite Eight, PC's men's soccer team fell to fifth place in the conference finishing 5-8-5 overall in 2017, losing in the first round of the Big East Tournament.

While PC's women's team record did not drastically improve from 2016 to 2017, the team went from fifth to third place and made their way into the Big East Semifinals.

Both teams are in position for improvement, as the women's team only lost four seniors, and the men still have

several key players from the 2017 season.

Women's Team

PC's women's soccer team has plenty to look forward to this season as four out of the top five point-scorers from last year return this season, including Hannah McNulty '21 and Casey Estey '19 who were tied for the team lead in goals with three.

Defenseman Katie Day '19 and midfielder Kayla Steeves '19 were named to the Preseason All-Big East Team. Last season, Day was named to the All-Big East First Team, while Steeves was named to the Second Team. Midfielder/forward Amber Birchwell '21 was named to the All-Big East Freshmen Team as she was tied for third on the team in points.

PC's goalkeeper, Shelby Hogan '20RS was named the Big East Freshman of the Year last season, as she had seven shutouts last season and a 1.05 goals against average.

The team welcomes five new freshmen



PHOTO COURTESY OF PC ATHLETICS

Katie Day '19 will anchor the defense this season as one of the best defenders in the Big East.

to the team, including Celina Falzarano '22 and Hannah Morgan '22, who play forward and defense respectively.

This season, the team will head down to Durham, North Carolina to play in the Duke Nike Classic, where they will play the University of North Carolina and Duke University.

The team is picked to finish fourth based on the Big East Preseason Coaches' Poll, receiving 55 points, though third place Marquette University garnered only four more points than PC.

Georgetown University is picked to be the favorite after winning the championship last season.

Men's Team

After a season that was filled with injuries and performance inconsistencies, the PC men's soccer team comes into 2018 with plenty of hope of success with players returning and 10 new players in a strong incoming freshman class.

The team looks to find its next goal scorer as 2017 top goal scorer Mac Steeves '17RS graduated and was drafted by the Major League Soccer team, the Houston Dynamo. The Friars hope midfielder Danny Griffin '20 and midfielder/forward Alex DaCosta '20 can fill the void left by Steeves.

Joao Serrano '20RS led the team in

assists and was second in points in 2017 at the center midfielder. Serrano is a captain this year and is one of the team's better ball distributors.

In goal, Colin Miller '19RS returns for his third season as the team's starting goalkeeper. Last season, Miller had a 1.08 goals against average along with five shutouts, earning Big East Goalkeeper of the Week twice.

Miller, the 2016 Big East Goalkeeper of the Year, was voted as the Big East Preseason Goalkeeper of the Year and was voted to the All-Big East Preseason Team along with Griffin.

Two freshmen to watch are Kevin Vang '22 and Ramzi Qawasmy '22, who play midfield and defense respectively.

Midfielder Simon Fisher '21 is also a potential breakout player. Fisher had a strong spring season and looks to give the team quality minutes on the field.

The Friars have the pieces to compete this year if all of their players can stay healthy and they can find a number one scoring option.

Looking around the league, Georgetown looks to repeat as league champions, while Xavier University also returns with a strong team.

PC has their home opener on Friday, August 31 at 7 p.m. against Boston College.



PHOTO COURTESY OF PC ATHLETICS

Colin Miller '19RS looks to repeat his 2017 season in hopes to bring a championship to Providence.

Volleyball Looks to Build From 2017

by Meaghan Cahill '20
Sports Co-Editor

VOLLEYBALL

Coming off their first winning season since 2007, which included a five match win improvement in Big East play, Providence College's Volleyball Team is looking to improve those numbers this year.

Returning player Addison Root '20 will be looked at as a key player for the upcoming season. The only Friar to be named to the All-Big East Second Team, Root concluded her rookie season by leading the team in kills (416), service aces (36), and points (416). She was third on the team in digs with 258. In overall Big East play, Root, who is an outside hitter, ranks third in service aces per set (.31), fifth in kills per set (3.59), and fifth in points per set (4.01). A big part of the team's success last season, Root recorded 21 kills in a single match twice and recorded double digit digs and kills in the same match on nine different occasions.

Aside from Root, Allison Impellizeri '19 is another key player to be on the lookout for. Starting in 17 of the 20 matches she played in last

season, Impellizeri tallied 152 kills and 45 blocks. Her sophomore season consisted of her starting in 33 matches and leading the team in blocks (80), ranking third on the team in kills (246), and setting a season high for kills in a single match (16).

Allison Barber '21 is a returning player that turned many heads during

her freshman year alongside Root and Impellizeri, and will definitely be a player to watch this upcoming season.

As a freshman, Barber started in all 33 matches and played in all 116 sets. Her breakout season concluded with her leading the team in assists (1,162) and she recorded a season-high 54 assists against the University

of Alabama, Birmingham.

The incoming freshman class consists of four new players; Katie McLellan '22, Mackenzie Taylor '22, Emma Fink '22, and Nina Askew '22, to join 11 returning players, including two sophomores, five juniors, and four seniors.

The season started for the Friars on Aug. 24, when they appeared in the Boston College Invitational. Coming out of the tournament, the team went 1-2, dropping matches 0-3 against both Sacred Heart University and Boston College. The tournament ended on a high note for the team as they swept Hartford University in all three matches.

Impellizeri started the match off strong as she collected 6 of her 10 kills in the first set and finished the match with a team-best 10 kills for PC and hit .471. Along with Impellizeri, Jenae Alderson '20 and Root both notched nine kills in the win and Mackenzie Taylor '21 recorded a season-best 24 digs.

The Friars will play next in their 14th Annual Friar Volleyball Classic, which kicks off on Friday, August 31 against University of Massachusetts, Lowell in Mullaney Gym.



PHOTO COURTESY OF PC ATHLETICS

Allison Barber '21 sets the ball against Boston College. Barber would record 23 assists in the match.

A photograph of a large, leafy tree in a residential area. The tree is the central focus, with its trunk and branches extending across the frame. In the foreground, the rear of a silver car is visible on the left, and the front of a dark SUV with a roof rack is on the right. In the background, a brick building with arched windows and a street lamp are visible. The text "2018 - 2019" is overlaid in a white, gothic-style font at the bottom center.

2018 - 2019