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Orientation Issue

Providence College - Providence, Rhode Island

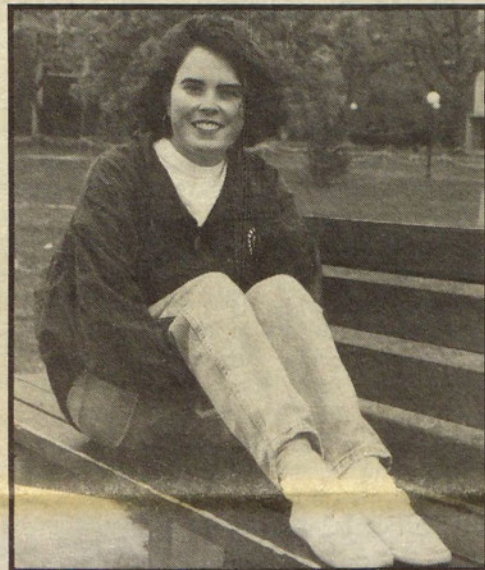
Summer, 1995

Welcome to PC!!

Orientation leaders tell their favorite memories from freshman year:



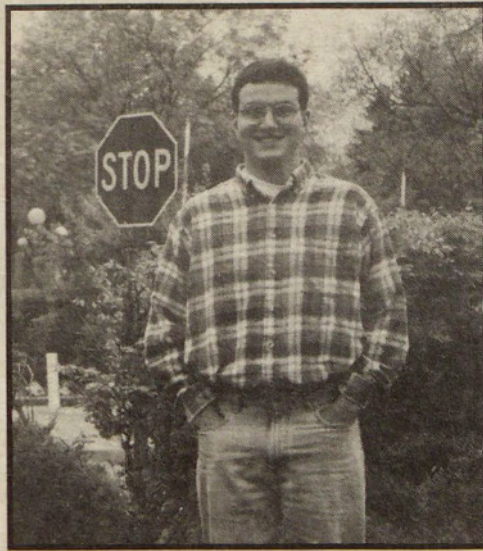
Lisa Durica '97: Waiting for the buses to go on the BOP Newport trip



Shannon Coleman '97: Bonding with with my floor over ice cream and 90210



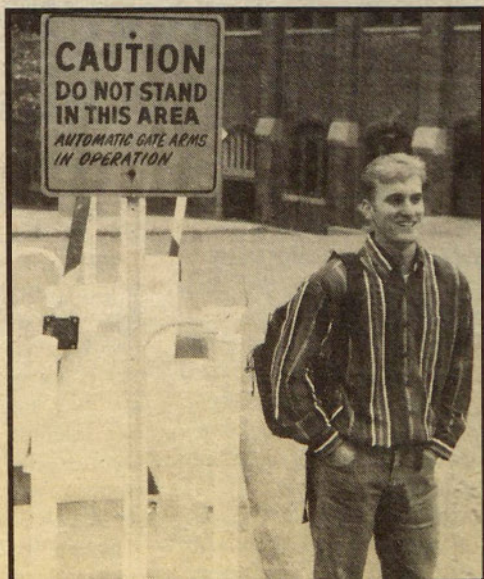
Kara Schlick '96: The first moving-in day, and having my own phone



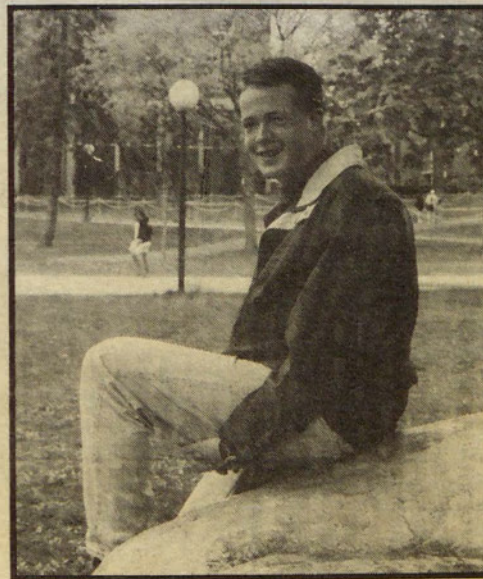
Mike James '97: Waking up at 5:15 a.m. and finding out I'd made the Friars Club



Danielle Panneton '97: The first Stag Dance



Ryan Crowley '97: Hanging out with the guys on Joseph steps



Jason Connors '96: Letting off steam before my CIV final

Alternative Action

Habitat for Humanity teaches more than just hammering nails

Kristen Garipey '95

Departing Editor-In-Chief

If you're ever looking for a heated debate, try the hallway outside *The Cowl* office on Monday nights. Every week, our editorials staff meets and discusses their articles - most of which focus on national topics such as political and social issues. As editor, I am supposed to offer my input during these meetings, but several months ago I made the decision to abstain from discussing article ideas with the writers.

I based my decision on the fact that I don't believe I am a very opinionated person. Sure, I enjoy listening two writers battle for or against the need for welfare reform, but I do not chose a side. Don't get me wrong, just because I avoid a concrete stance doesn't label me unintelligent. I consider my intelligence the fact that I listen to all sides of an issue and attempt to broaden my knowledge, but refrain from consistently arguing against another's opinions.

My whole attitude on personal opinions changed over Spring Break. In early November, I accepted to offer to join the Habitat for Humanity Alternative Spring Break trip to Homestead, Florida. (There was also three other trips to Pennsylvania, North Carolina, and West Virginia.) I had no clue what to expect during the trip and I was hardly one to lend a "helping hand" prior to my acceptance. All I knew was that I was going to Florida to rebuild after the destruction of Hurricane Andrew two years ago - a storm that hit southern Florida while I was vacationing there during the summer of 1992.

In order for these trips to take place, the 52 participants had to raise \$16,000. After fundraising and collect-

ing sponsors, we were successful (and then some).

The fifteen of us assigned to Florida stayed at an ICARE (Interfaith Coalition for Andrew Recovery Effort) site for the entire week. We slept on cots in cabins and woke every morning at 6:30 a.m. to prepare for a day of work - tasks which ranged from painting to plumbing to electrical work to rebuilding floors and walls.

There were about 250 other volunteers, including students from the University of Illinois and senior citizen couples who devoted their winter months to reconstructing Andrew's devastating destruction. On our first night, the director of the compound explained how Andrew destroyed over 58,000 homes. In other words, envision approximately the entire city of Providence suddenly being left homeless.

A home I worked on for four days of the five was owned by a disabled woman named Maryon, who had no home insurance at the time of the storm. Her walls were destroyed by water damage and her floors were collapsing due to termites. We began working on her house on Monday by ripping out all of her kitchen and bathroom (walls, counters, sinks, toilets - everything). Tuesday through Thursday found us taking out all the rug, replastering and painting walls, and repainting the entire outside of the house. By Friday, she had a brand-new kitchen, bathroom, and floors in three of the rooms. Every morning we arrived she always thanked God for sending help her way. I have never met a person more courageous and appreciative in my life. The contractors we worked with are still helping other college volunteers finish the work we started on Maryon's house.

Another home we worked on was in its final stages. The owner, Patty, and her three children, had been living out of a camper in her front yard since Andrew destroyed her roof and walls. We arrived in time to see the outside of the house painted, new rug placed, and her smiling face the day she moved in.

A week after returning from Homestead, I am still surprised at how much the trip changed me. Before I left, I was

It is only when you put words into action that they actually mean something.

skeptical about helping the homeless and poor. I was unsure of my stance on welfare and whether it was effective in the struggle to end poverty. Now I return with my first solid opinion ever: Americans need to help Americans - however they can. Sure, we need to develop stronger family values and focus on fair education for all, but more importantly, we need to lend a hand.

I still love to hear members of my staff debate, but I have developed a new attitude. I have the utmost respect for those who are not afraid to voice their opinions - even in the face of opposition. Talking is the best way to develop intellectual and strong opinions. It is only words, though, and most of the time, words won't change or help anything. It is only when you put your words into action that they actually mean something.

I wish I'd known that...

Reflections on college life

- I'd have to learn to sleep with the lights on, the radio blaring, and the phone ringing
- college isn't all fun and games
- everybody's human and I'd have to learn to live with different kinds of people
- I could and should have learned how to type
- there would be no one to tell me to do my homework before I turn on the TV
- I should be more aware of current events so I wouldn't sound so stupid at bull sessions
- I should open to new, controversial ideas, not necessarily to accept them, but to evaluate them
- I'd change, so I could get my parents used to the idea
- there's more to learning than just what's in the classroom, as well as outside the classroom
- I shouldn't be afraid to ask questions
- I shouldn't go everywhere with my roommates, or we'll be at each others throats
- my prejudices would come out, even though I thought I didn't have any
- I should take advantage of campus events like concerts, clubs, and discussion groups. Not only does it round out my personality, but it makes me a more interesting person
- if I can keep up with my reading it avoids last-minute panic
- to make best use of my time, I must assess what things are most important and therefore need to be done first
- the most important thing I should try to learn is to think and solve problems and get to know myself, accepting myself as I am.

Compiled from The Cowl Orientation Issue 1985

Students prepare for Ecuador

Theresa Edo '96

Editor-In-Chief

Once again, the City invaded PC. On Thursday, April 20, Shack City attempted to demonstrate to PC, as Jesus taught, just how little one needs to be truly happy. From 9 p.m. to 7 a.m. students camped out on Slavin lawn, imitating the simple living conditions found in Duran, Ecuador, the site of the college's upcoming summer missionary trip.

Shack City is not just a fund raising event for the "Rostro de Cristo" ("Face of Christ") program. Although each stu-

dent needs to raise \$1000 to fund their ten day trip to Ecuador to work with the poor, Thursday night more directly demonstrated the dire conditions that residents of the area actually live in. Sponsored by the Pastoral Service Organization and Habitat for Humanity, cardboard boxes, tents, and tarps dotted that night, forming a community similar to the one the sixteen travelers will experience from June 28 until July 8.

make the trip along with the fifteen selected students. Over 100 students at Providence College applied to take part in the "Rostro de Cristo" program. It was founded several years ago by the St. James Society with this simple goal in mind - to BE with the people of Duran. The parish there includes schools, a medical dispensary, a soup kitchen, and many mission stations in the outlying areas. The program does not specifically require that participants do manual labor, but that they get to know the people of the area. The group from PC has been meet-

"...they are full of life, love, and joy."

ing since October to plan this year's trip. Maggie Murphy '95 and Fr. John Langlois were both instrumental in bringing the program to PC four years ago.

"I find it so interesting to discover new cultures, to see first hand the simple life they lead," said Debbie Donohoe '95. Debbie hopes, as do all of those involved, that once the group arrives and begins to meet the community; they can break down any barriers that exist. Slavin's overnight guests were treated to refreshments and music provided by WDOM DJ's.

"It's surprising that, despite the miserable shacks that these people grow up in, they are full of life, love, and hope," said Sr. Annette Desmarais, who will

The Cowl Established in 1935

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Thanks for all your help Meghan!!!

Packing your bags

A guide of what to bring and what to leave home

Kate Malloy '93
& Tricia Connolly '93

This article first appeared three years ago, but since it offers such great survival advice I decided it was definitely worth reprinting. (Trust me, my mother swears by it!!!)

After the hurdle of orientation is behind you, the next step in preparation for your career at PC is to determine what you are going to bring. Looking back, we remember spending far too much time and energy being terrified we would forget something of the utmost importance. First of all, don't stress. After a month of school, Columbus Day will roll around and most freshman and sophomores head home for the long weekend. Anything you might have forgotten can be easily picked up then or sent by Mom or Dad.

A few weeks before you arrive here at PC, the school will contact you with the names and phone numbers of your roommate(s). Don't be shy; call them right away and decide who will bring a phone, a stereo, a computer or word processor, and a TV or even a VCR. If none of you own a small refrigerator, one can be rented when you get to school. (Also, with the new voice mail system, telephone answering machines are unnecessary.) Remember, space is limited and you'll want to make the most of it. For the lucky people with big rooms in Joseph, Raymond, Meagher, or McDermott, you might want to hook yourselves up with a small couch or

comfy chair. These are key for intimate gatherings in your room with friends.

Bring lots of things to decorate your room; this is your room for the next year, and you'll want to make it feel that way. So bring posters and lots of pictures of friends and family. As a side note, leave home the posters of kittens or 90210 and, for guys, those cheesy posters of busty women sprawled out on sports cars. The Claude Monet's and Salvador Dali's look a lot nicer and people will think you're worldly and cultured.

Cardboard storage boxes that can fit under your bed are a good idea since closet and dresser space is very limited. DO NOT bring any plastic shelves or milk crates because they are prohibited under the school's strict fire regulations. Extension cords are also a no-no, but circuit breakers with a row or outlets can be bought at any Caldor, Bradlees, or KMart, and they serve the purpose even better. You can leave the candles and incense burners at home, too.

For girls, pocketbooks are a sure sign of freshmanhood and are definitely a rare sight on the PC campus. A sturdy backpack with pockets is more convenient and more cool. A must for campus life are a couple of warm, rugged walking shoes. Plan on hitting the pavement a lot more than you do at home, and the weather is Rain Island does not always cooperate with you wardrobe.

Here are some miscellaneous items you will need:

-buy all stationary supplies at home to save some bucks and save time in the

bookstore
-typing/ computer ribbon
-computer disks
-stapler and staples
-scissors
-tape (scotch and masking)
-paper clips
-thumbtacks
-rubber bands
-looseleaf
-pencil sharpener
-dictionary
-thesaurus
-ruler
-envelopes
-stationary
-stamps
-Fun-Tack
-notebooks
-folders
-pens and pencils
-address book
-calendar/date book
-towels/facecloths
-extra-long sheets
-blankets
-pillows
-mattress cover
-clock radio
-plants
-desk lamp
-light bulbs
-nails
-screwdriver
-hammer
-adhesive hooks
-detergent/bleach/fabric softener
-big laundry bag/basket
-quarters for the washing machines

-flashlight
-hangers
-pencil sharpener
-glasses/mugs
-a few utensils, bowls, and plates (Rich will catch you if you try to steal from Raymond caf)
-coffee/tea/hot cocoa mix
-a case of Diet Coke
-toothbrush/toothbrush holder/toothpaste
-shower bucket
-soap/soap holder
-flip-flops for the shower
-bathrobe
-shampoo/conditioner
-razors
-make-up bag
-band-aids
-deodorant
-vitamins
-cotton balls
-Q-Tips
-comb/brush
-blow dryer/ hot rollers/ curling iron
-safety pins
-small sewing kit
-wallet/change purse
-umbrella (It's more dorky to get caught in a down-pour)
-snow boots
-a fan
-camera
-walkman
-an ID
-high school yearbook
-a sense of humor and a lot of patience to deal with dorm life!
Good Luck class of '99!

Four in a row!

Lady Friars Ice Hockey captures fourth straight title

Derek Stout '95

Departing Sports Writer

The Lady Friars hockey team have captured their fourth consecutive ECAC championship. As a result of a 2-1 sudden-death overtime victory over New Hampshire Sunday, seniors Melissa Mills, Stephanie O'Sullivan and Kathleen Brophy will graduate having won each of their four years at Providence College. The title has also set a standard for first year head coach Jackie Barto and assistant Chris Bailey for years to come.

The sudden-death overtime period was indicative of the entire game. Both teams carried the puck back and forth firing shots on net. PC had two quality opportunities led by O'Sullivan at 18:21 when she took a slapshot which was stopped. At 15:42 O'Sullivan and Jenn Wagner had a two on one opportunity halted by the Wildcats. Alison Wheeler finally broke free at the 8:21 mark on a breakaway. Wheeler took the puck from PC's blue-line, skated in front of the net, deceived the goalie with her stick-work and shot the puck waist high into the net to assure the Lady Friars of their fourth consecutive ECAC title.

The 15:10 mark of the third period proved to be a turning point for PC. In a spectacular sequence Melissa Mills found a loose puck and took it from the red-line and shot a chest-high shot which tied the game at one. The goal was short-handed for the Lady Friars as Brophy was questionably placed in the box, receiving two minutes for hitting from behind. "We had so many close calls in

that game when we should have scored," commented O'Sullivan. "The game was very back and forth through those first two periods. Natasha (Fine) kept us in it with so many great saves. After Melissa's goal our confidence was really high going into overtime." Mills also was a nuisance on defense, consistently poach-checking the puck away from the UNH offense.

Of the four ECAC titles, the '94-95 title was the most difficult for PC. The Lady Friars were not predicted to repeat this season and did not even have a full roster the entire season. Barto had to utilize a squad which consisted of only two lines, which made her job that more difficult. Consequently Sunday's victory was more satisfying than in previous years. "This was definitely the best one because we were short in players," said junior Amy Carlson. "Everyone had to work together, which made it that much better." Stephanie O'Sullivan agreed with this assessment, "This is probably the sweetest of the four, mostly because I am a senior. But also because of the circumstances this year where nothing was expected of us."

UNH first took the lead at the 8:31 mark of the second period. A UNH forward modestly skated from behind the net and fired a shoulder-high shot from a difficult angle which surprised Fine. PC almost countered twenty seconds later from two feet in front of the net, but the UNH goaltender fell on the puck. PC had many more quality offensive chances, including a power play stopped in the second period. At the same time Natasha Fine was stabilizing the UNH

attack on the defensive end. Kathleen Brophy was also making key checks on UNH players to prevent any further harm.

"Everyone had to work together, which made it that much better."

The second period began to get frustrating for PC fans, but the Lady Friars never lost confidence in themselves behind one goal. "After the second we were very fired up," commented Mills. "We knew we had them. Stephanie (O'Sullivan) went end to end so many times, it was just a matter of time before we scored. We were definitely sure we would tie it up." Carlson agreed, "We were a little down going into the third,

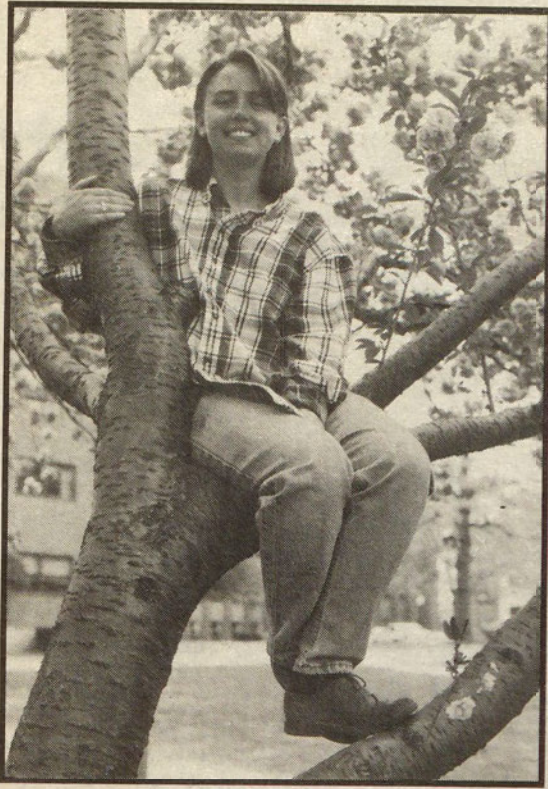
but not nervous behind 1-0. Our confidence was high that we would find some way to tie it up."

Despite all the Lady Friars' handicaps this season PC finished the season victorious in ten of their last eleven games. Much of the credit is due to Natasha Fine's consistent play in goal, as she was given the starting position to conclude the season. More importantly was the confidence exhibited in this young team by Coach Barto and Bailey. "Jackie and Chris did a great job this year. They made us play with a lot of heart. This was shown in the UNH game when UNH came out overconfident. Our coaching staff recognized this and helped us to capitalize on it," answered O'Sullivan.

PC was guaranteed a defense of their title due to an overtime victory over Princeton on Saturday. This was another difficult game for the Lady Friars who were ahead 2-1 compliments of Sheila Killion and Kathleen Brophy's goals. Princeton tied the game with seventeen seconds remaining in the third period. PC wasted no time in the overtime period as Alana Blahoski scored at the 17:07 mark to put the Lady Friars into the finals.

SLAPSHOTS...The 1995 all-tournament team included Alana Blahoski, Melissa Mills, and Alison Wheeler (MVP)...O'Sullivan finished the season with forty goals, followed by Wheeler's twenty goals...Fine finished the season with a 2.23 goals against average. Fine also had 51 saves in the tournament which should have earned her a spot on the all-tournament team...O'Sullivan plans to try-out for the '98 Olympic team.

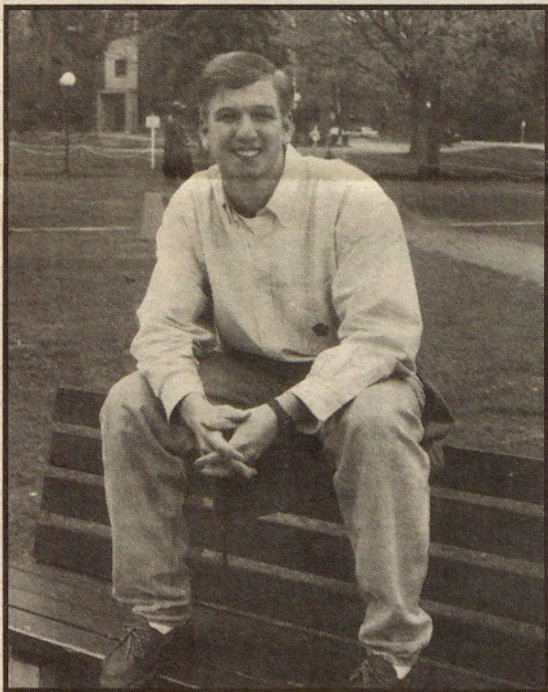
What is your favorite memory from freshman year?



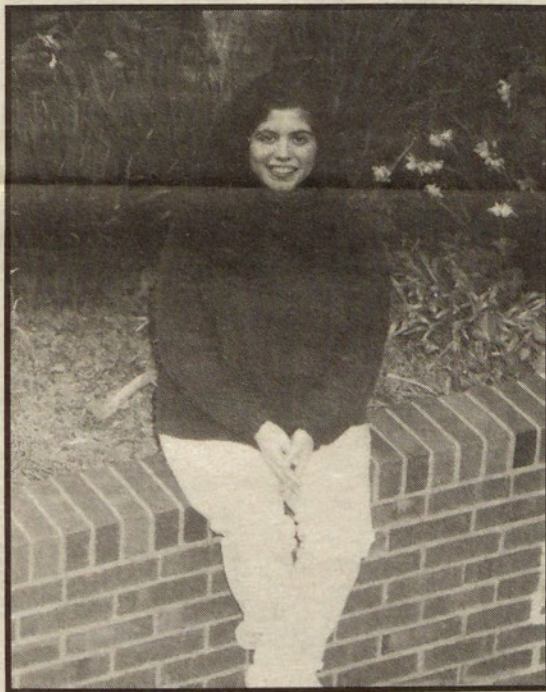
Mary Ellen Creamer '97: Hanging out in the grotto on sunny days with friends



Katie Honerkamp '96: People watching Raymond cafeteria



Jeff Holbrook '96: Playing Intra-Mural Ice Hockey with my floor in Joseph



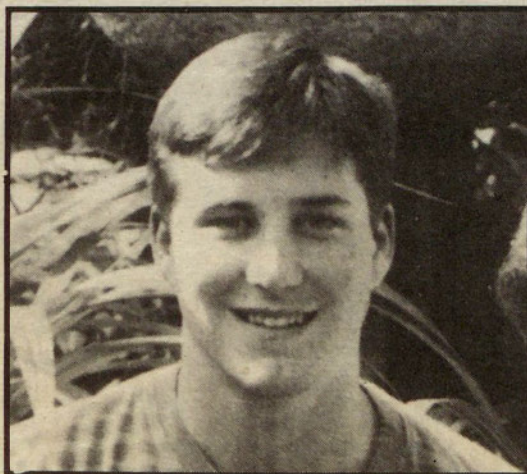
Jennifer Fusaro '96: Freshman Parents' Weekend Dinner Dance



Liza Pappas '98: Late night talks with my friends



Steven Myers '97: Relieving stress before exams



Chris Ivany: Meeting friends and discovering PC's social life



Craig Donnelly '97: Going to the Big East Tournament with the band and winning the whole thing