

# The Value of a Liberal Arts Education

*Carly Fiorina Tells the PC Community to What She Attributes Her Success*

by Kendall Cairoli '20  
News Staff

ON CAMPUS

On Thursday, April 26, The Providence College School of Business (PCSB) hosted Carly Fiorina as the speaker at the Dean's Symposium and Fiondella Lecture. The Peterson Recreation Center was filled with about 700 students and faculty members anticipating a speech from Fiorina that detailed her success in the corporate world, her position as CEO of Hewlett-Packard, and her 2016 presidential candidacy. Fiorina spoke, however, about the unexpected—her philosophy and medieval studies degree.

The Fiondella Lecture was featured as part of the PCSB annual Dean's Symposium, which aims to highlight the importance of a foundation in the humanities and the influence it has on the study of business and other disciplines. Fiorina's lecture aligned perfectly with that message as she emphasized the power within humanities to think, communicate, and transform individuals into leaders in their communities and corporate careers.

Fiorina said, "At my Stanford Commencement speech, I did not attribute my success to my Econ 101 course, but rather my medieval philosophy class." For students of the



Carly Fiorina speaking to the PC community at the Fiondella Lecture on April 26.

Joanna Meyer '20/THE COWL

Development of Western Civilization at PC, Fiorina's detailing of reading classical Greek texts and extracting significance or a new perspective from the work, "boiling it down to its essence," as she explained, was a familiar feeling. Fiorina credits her critical thinking and problem solving

skills to the truth and significance she found in texts. That skill set has guided Fiorina in both her corporate and public service work. She remarked, "That ability to think critically and understand how other people view the world is a vital component of a good career and a good life."

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# Dunkin' Changes Revenue Allocation

by Sabrina Guilbeault '18  
News Co-Editor Emerita

ON CAMPUS

At the very last meeting of the 68th Student Congress of Providence College, members passed a recommendation on the reallocation of the campus Dunkin' Donuts revenue from Catholic Relief Services (CRS) to the politics of philanthropy class.

The recommendation, presented by Stachel Roberts '18 and Sean Richardson '20, stated that the funds will be used "for students of the class to distribute to community-based organizations based on values, interests, and causes chosen by students during the course."

The piece of legislation also stated that the reallocation works is in accordance with PC's "PC 200" initiative, as the reallocation of the funds will go toward providing "a rigorous and distinctive interdisciplinary academic experience that includes deep and unique connections among the liberal arts and professional courses of study."

Professor Nicholas Longo, department chair of public and community service studies, spoke to the Congress two weeks prior to the vote, and explained he was in full support of this piece, and valued student feedback and approval before moving forward.

John Sweeney, CFO of the College, explained that prior to 2012, PC Perks was located where Dunkin' Donuts currently resides in Slavin. PC Perks worked similarly to the Ruane Café, where Starbucks is offered through Sodexo. When it was deemed necessary to place Dunkin' Donuts on campus, many student groups protested the move as not all of Dunkin' Donuts coffee is secured by fair trade.

According to Sweeney, when Dunkin' was put in, sales went up between five and 10 percent due to the longer hours offered by Dunkin' and its popularity.



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# Clam Fest: The Best of Both Worlds

by Patrick Fuller '21  
A&E Co-Editor

ON CAMPUS



BOP members Sydney Mackillop '20, Shannon McDonald '20, CorrieTraverse '20, and Meg Donadio '19 working Clam Fest.

The rain on Friday, April 27 did not dampen the spirits of the Board of Programmers (BOP), who were determined to make the annual Clam Jam event at Providence College the best yet. The on-campus group dedicated to organizing events throughout the year decided to move Clam Jam to Saturday, April 28, combining the event with Friar Fest.

Although the move was likely a logistical pain, it ended up paying off. Sunshine and temperatures in the low 70s drew a massive crowd to the lawn outside of the Smith Center for the Arts.

Hungry students waited in line to devour fried dough, clam cakes, and New England clam chowder from Iggy's Doughboys and Chowder House. People not fond of seafood found alternatives in Haven Brother's food truck, which served burgers, hotdogs, and fried sides, the kettle corn tent, or the Big Tony's Pizza delivered later on in the day.

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Commencement Insert Inside



## Father Dom Gives His Final Farewell *Friar Gives Last Bit of Advice Before Leaving for Notre Dame*

by Alexandra Huzyk '20  
News Staff

ON CAMPUS

On Wednesday, April 25, Father Dominic Verner, O.P., was met with applause after he gave the very last Theology on Tap of the academic year. The talk served as Fr. Dom's farewell speech before he leaves for the University of Notre Dame to pursue a PhD. In the speech, he gave the audience five rules to follow in order to see him again; if not in their lifetimes, then in heaven.

"I like having a microphone but I don't like goodbyes," said Fr. Dom. "I think we're made for eternity, for unending relationships, unending friendship." With this thought in mind throughout his speech, Fr. Dom proceeded to give the audience a "parting gift" of how to see him again in heaven.

The first rule that he divulged to the crowd was "you've got to intend to get to heaven." Heaven, he said, must be the final destination that each person must have in mind. He made a comparison between stumbling into McPhail's and specifically intending to be there for his talk. Fr. Dom said, "Your soul is like Google Maps and you've got to set the destination," because it would be a bit awkward to stumble into heaven and also into God.



Fr. Dom addressing the crowd of students at Theology on Tap.

LAURA CHADBOURNE '20/THE COWL

The second rule Fr. Dom gave was: "Get to know the host, the owner of the house." He said that it would be awkward if a person were to come across God and not know Him.

Then, Fr. Dom proceeded to ask a student in the audience if she had ever "Insta-stalked" anyone and then happened upon them in person. In this case, you know the person but they are unfamiliar with you. He said that this was similar to walking into heaven and not having a mutual understanding between oneself and God.

The third rule is to RSVP to the invitation that God has sent to everyone, inviting them to heaven. "Jesus died in order for us to get that invitation," Fr. Dom said. He also shared that although confronting and accepting this might be hard, it is necessary.

The fourth rule is to "follow the directions," to get to heaven and to ultimately get to God. After setting the destination to heaven, it is necessary to follow the directions and not to stray on a route that may lead you elsewhere. To successfully

get to heaven, one's goal, Fr. Dom said, "follow directions, obey the Ten Commandments, and do good."

Lastly, Fr. Dom shared the fifth rule to see him again. This rule is to "get good copilots that can keep you alive and awake." This is to keep one on the path towards God and to help in one's pursuit of heaven. Copilots are necessary, he says, because "someone has to encourage your soul to be the best it can be."

Fr. Dom's talk concluded with questions from Father Bonaventure Chapman, O.P., and students in the audience. Fr. Bonaventure asked Fr. Dom what one thing he could have told himself about God prior to his Priesthood. Fr. Dom responded, "I would say, 'do not be afraid,'" and "be more courageous, trust God more, and be more confident in what he's done and what he's doing for you."

One student asked how he had decided to dedicate his life to God by becoming a priest. Fr. Dom shared that initially, he wanted to become an engineer and have a family. But, in college, he discovered that he experienced the most joy discussing profound questions about human life and Jesus. He said, "Long story short, I began to feel this desire to give everything to the Lord in a radical and frightening way."

## Students Propose to Reallocate Dunkin' Funds Dunkin' Revenue:

Continued from front page

"To meet the demands of students and help with the fair trade issue, we decided to donate revenue from Dunkin' to Catholic Relief Services, which has a system that gives grants to fair trade and small grassroots organizations," said Sweeney. "This program has had a huge impact, and we have at least \$20,000 a year going to the program from PC."

Sweeney explained that when Longo approached him about reallocating the Dunkin' funds to the philanthropy class, he proposed that this move would not only support the local community, but provide students with an excellent education as they will be involved in real decision making. "Because we use the commission for trade, it was important to get student voices together to put together the proposal," said Sweeney.

Roberts, who served as chair of the board for the class, explained that the class works as a board to come up with the grant, request for proposal, and application that organizations can submit to for the grant. "We also came up with a mission, and this year that was to help non-profits meet the immediate needs of the people they were serving," she said.

This year, the class received funding from the Learning by Giving Foundation, the Bernard Ampers and Audre Rapoport foundation, and an anonymous donor.

Thirty organizations in Rhode Island applied for the class' grant, and the class read through each application and went on site visits before selecting three organizations to receive a grant of \$10,000 each. The selected organizations, which were celebrated by the class Wednesday night in '64 Hall, are the following: Man UP, Inc., which works to "provide a broad range of unique workforce development and higher educational opportunities, resources and support services to adult

men of color;" Easterseals, which provides services to "ensure that children and young adults with disabilities or special needs and their families have equal opportunities to live, learn, work and play in their communities;" and Fostering Families, which works to provide homes to all young adults in the community.

"We've had so many deep conversations, especially because we are working with real money that can make a real impact on the community," said Roberts. "We each have our own personal values, and we have to find common ground with members of the class to select the organization we believe will make the most impact with the grant."

The concept of "impact" is essential to grant-giving. Roberts explained that the PSP professors require organizations who have received the grant to write memos explaining what they do with the money, and push students to think about impact when they are going through the decision-making process.

According to Sweeney, he would like to see the Dunkin' revenue continue to support CRS at the same level in addition to supporting the class. "Fair trade and fair payment is still an issue that resonates with our students," said Sweeney. "Plus, as global citizens, we have seen the revenue from Dunkin' make an impact globally through CRS."

The College has three-year agreements with CRS to help them in planning what services they can provide and offer.

Sweeney expects more Dunkin' revenue will be made in future years as the College is currently working with Dunkin' through their To-Go app to prepare student orders before they get to Slavin to help assist with the long lines. If this works, a possibility of renovating Dunkin' to meet new demands and orders is being discussed. "It's definitely been a discussion we've had," said Sweeney. "It would benefit the students with a speedier service."

Sweeney explained that student support in this decision was extremely necessary, and the recommendation still needs to be taken to the cabinet



FAITH ALLEN-HARRIS '21/THE COWL

and the president's office. "When you are running a college, you need to work with the students and see what they want," said Sweeney. "If this is something impactful and what our students want, then we will go with it, but we will always be evaluating how impactful it will be, because there are a lot of places the revenue could go."

As for the class, which is cross-listed with political science, PSP, and the business school, and fulfills the civic engagement proficiency, Roberts insists that if students can fit it in their schedule, they should consider taking it.

"It was such a great way to be civically engaged," said Roberts. "The whole experience was great, and I learned a lot about what philanthropy really means."

# Featured Friars: Award Recipients

*The Center for Orientation, Transitions, & Leadership Recognizes Students*



Recipients were welcomed to an awards ceremony last week.

MAGGIE BRAHNM '18/THE COWL

by Sarah Gianni '18  
News Staff Emerita

FEATURED FRIAR

As the spring semester comes to an end, the Providence College community has recognized students, clubs, and organizations in 18 different Student Recognition Award categories. These awards are sponsored annually by the Center for Orientation, Transitions & Leadership, the Office of Student Activities & Cultural Programming, Student Congress, and the Office of Institutional Advancement as a way to celebrate the dedication and passion of various students and groups around campus.

Students and faculty members had the opportunity to nominate individuals and organizations by Thursday, March 29, with nominees and winners recognized at an evening reception on Wednesday, April 25 in '64 Hall.

"Winning the 2018 Emerging Leader Award reassured me that I was being a good leader and more importantly a good friend," said Nathan Perez '20. "Being put in the conversation the other nominees and winners is really an honor."

Perez also gave a shoutout to Campus Ministry for winning the 2018 Outstanding Organization award. "This organization has surrounded me with other leaders who make my job so much easier, Emily King especially," he said. "I also want to thank the Orientation Staff for being the first people to show me what it meant to be a leader on campus."

Gabriella Dess '18 said she was humbled and honored to have received the 2018 Unsung Hero Award. "After the awards ceremony, I made a comment to a friend and said I was totally shocked to have been chosen for this award," she said with a laugh. "They exclaimed, 'Gabi, that's the point of this award!'"

The Unsung Hero Award is designed to recognize a Providence College student who is highly involved in student life, and has had a strong impact on the community. "I think my desire to collaborate with others and make Providence College a better place for everyone—from both

a micro and macro perspective—is why I received this award," Dess said.

Delina Auciello '18 said she felt a mix of emotions when she learned she was nominated for the 2018 Service Leader of the Year Award. "I was shocked, excited, and felt so loved and honored that someone thought to nominate me for an award," she said. Auciello is a member of the Dirigo Leadership Honor Society, and has taken on a number of service and leadership roles throughout her time at PC.

"Winning this award has made me incredibly grateful for the experiences I have had at PC, but I cannot solely take credit for this award because it is the relationships I have built and the community I have experienced that have aided me in the pursuit of my passions, and to really dive into work that I love," Auciello said.

*The Cowl* congratulates all nominees and recipients of the 2018 Student Recognition Awards.

The 2018 winners for each award are as follows: **Emerging Leader Award:** Nathan Perez '20, **Unsung Hero Award:** Gabriella Dess '18, **Service Leader of the Year Award:** Delina Auciello '18 and Keith Lee '18, **Student Leader of the Year Award:** Phionna-Cayola Claude '18, **Dirigo Leadership Award:** Sabrina Guilbeault '18, **Dirigo Honorary Membership:** Father Dominic M. Verner, O.P., **Leaving a Legacy Award:** Cassandra Caggiano '18, **Outstanding Fundraiser:** Santa Shop Dirigo Leadership Honor Society, **Outstanding Service Project:** English as a Second Language and Campus Ministry, **Outstanding Cultural Program:** Love Your Melanin and Believers of Words, **Outstanding New Event:** The World Needs More Love Letters and Board of Programmers, **Outstanding Event:** You're Never Alone in Friartown, Active Minds and Student-Athlete Advisory Council, **Outstanding Cultural Organization:** SHEPARD, **Most Improved Organization:** Active Minds **Outstanding Performance Organization:** Debate Society, **Outstanding Athletic Organization:** Women's Club Lacrosse, **Outstanding Organization:** Campus Ministry, **Special Recognition Award:** Women of Meagher.

# Presidential Candidate Speaks at PC

## Fiondella Lecture:

Continued from front page

Fiorina did not neglect to acknowledge the challenges and failures that are also encountered on the journey of success. Fiorina was particularly candid about fear. She urged the audience to choose to lead in every possible opportunity, but acknowledged the role fear and the risk of criticism play in preventing that goal. She remarked, "Criticism can be fierce, constant, and cruel, but keep going—fear can define you, or you can overcome fear and define yourself."

An aspect of Fiorina's speech that profoundly aligned with the PC message was her emphasis on the virtues of empathy and character, skills that are fostered and expanded through a humanities education. Humility is a principle that is becoming a theme in the corporate world as millennials are highlighting the importance of companies giving back to their communities. Fiorina

explained that this is why businesses are making a mistake in looking solely for "business skills" when searching for employees she said, "Neglecting to acknowledge the importance of art, history, science is hampering civil society, those skills feed and grow the soul."

Sydney MacKillop '20 left the Fiorina lecture with a newfound confidence in her history major. She remarked, "When I usually tell people that I am majoring in history, I am met with confusion. But Fiorina validated that my passion is not useless in the real world—it is important and it gives me the chance to connect with something that is greater than myself and I am proud of that."

For many students, Fiorina's lecture was a chance to see the humanities through a different lens and one that offered unexpected, but bright promises. The humanities may provide not only communities, but also the corporate world, with a foundation that is rooted in virtue and a future of prosperity and possibility.



Fiorina shares her story of the importance of the humanities

NICHOLAS CRENSHAW '20/THE COWL

# Father Shanley, O.P., to Go on Sabbatical for Six Months

## President Shares his Travel Plans and Goals for His Time Away

by Sabrina Guilbeault '18  
News Co-Editor Emerita

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ON CAMPUS

At the end of this academic year, Father Brian Shanley, O.P., who has served as president of Providence College for the past 13 years, will be taking a six-month long sabbatical. During his time away, Vice President Father Kenneth Sicard, O.P., will step in as acting president.

"I'm looking forward to not dealing with the 24/7 stresses that come with being president of Providence College," said Fr. Shanley. "I love my job, but I've sensed that I needed a break."

Generally speaking, all tenured faculty at PC are welcomed to take a sabbatical for six months or a year every seven years. Fr. Shanley explained around his 10-year mark, he felt ready for some time away, but the timing was not right due to the fact that the College was finishing a monumental capital campaign, was going through re-accreditation, and was celebrating its 100th anniversary. "With everything wrapping up, this felt like the perfect time to take six months off, and return refreshed and ready to go," said Fr. Shanley.

When asked to describe a typical day in the life for the president of PC, Fr. Shanley said, "I don't have a typical day." According to Shanley, the role of president involves dealing and working with an array of people and countless relationships. "Time management is a big deal," said the president. "Most of my days are in

the office, but I also travel a lot for fundraising."

With the president on sabbatical, Fr. Sicard will be stepping in as acting president, and some responsibilities will be passed on to Ann Manchester-Molak, assistant to the president and executive vice president. "Each of the vice presidents does a great job at what they do," said Fr. Sicard, who explained a big responsibility for the College will be going through the final interviews and search for the new vice president for institutional diversity in the fall. "The way I work relies a lot on the cabinet," he said. "They are so good at what they do and will keep PC the great success that is."

Fr. Shanley explained that he is looking forward to having more time to read, especially philosophy. "It's a challenge to live a contemplative life when you're a college president," he said, and remarked that as a college professor he felt he had more control over his life to read and listen to music. "I'm looking forward to slowing my life down and spending some time with family and friends."

Prior to being president of PC, Fr. Shanley taught at Catholic University in Washington D.C, where he was a professor for 11 years. His last sabbatical was in 2001 during his time there.

During Fr. Shanley's time at PC, the College has witnessed a vast amount of change. One example is that a majority of the faculty currently employed at PC were hired during Shanley's tenure. Furthermore, the way PC physically looks has drastically changed. "Closing Huxley Avenue has brought



Fr. Shanley shares he is looking forward to reading more philosophy. NICHOLAS CRENSHAW '20/THE COWL

our campus together in a way that is truly remarkable," said Fr. Shanley.

Other changes and growth the College has seen include success in athletics, an increase of students studying abroad, gaining momentum on the amount of people applying to PC, and the amount of donations given to the College has also increased. Shanley also remarked how the student body has grown more diverse since he arrived 13 years ago, but the College can continue to do more for inclusion.

A goal the president has for the future is working on the affordability of PC. He explained that one of his dreams for the College is meeting 100 percent of the financial need for all students who come here. "The challenge is we do not have the financial resources through endowment to currently do this," said Fr. Shanley. He also stated that with more endowed scholarships, meeting this goal can be a reality.

"We'll miss Fr. Shanley, but he deserves a break to recharge his batteries," said Fr. Sicard, who has worked at PC for 21 years. "It's such a blessing to work here. We're surrounded by really good people."

During his time away, Fr. Shanley also hopes to visit the beach, will travel with the men's basketball team to Italy in August, and will go to Ireland in September to play golf with his brothers. "I also want to get my spiritual life back to where it should be," said Shanley, who also stated that he is excited to do some cultural things like visiting the opera. "I also want to go to New York and do more than asking people for money for the College. I want to do the museums, and see a show."

Fr. Shanley went on to say that he will miss being on campus for the first day of school, and explained there is something exciting about being on a college campus on the first day of classes. "I'll be in and out though," said Shanley. "I'll be back soon enough, and these six months will go by very quickly."

# Celebrating School Spirit at Clam Jam and Friar Fest

## Friars Enjoy the Warm Weather on Smith Quad

by Hannah Langley '21  
Assistant News Editor

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ON CAMPUS

During the stress of finals and the end of the semester, students could really use some good food and fun activities to relieve anxiety and lessen the countless hours in the library. To help with this, Providence College's Board of Programmers (BOP) in conjunction with the Office of Student Activities held Clam Jam and Friar Fest, renaming it Clam Fest, this past weekend.

Clam Jam, which is held annually, is a fun-filled day of events for all PC students. BOP chose "boardwalk" as the theme of this year's Clam Fest, featuring many of the fun games and food one would find along the boardwalk of the Jersey Shore or in a summer town on Cape Cod.

Carnival games were set up along the Smith Lawn, including a wave slide, a speed pitch machine, and a tiki tower climbing wall.

BOP also handed out free frisbees for people to throw on the lawn and sold "Clam Jam" T-shirts at the event. As students enjoyed themselves on the lawn, they could listen to covers of their favorite songs sung by the Cape Cod Slackers, a crowd favorite according to Elizabeth Jancsy '18 and Courtney Holland '18.

There was no shortage of food options at this year's Clam Fest. The event featured best-selling options from Iggy's Doughboys & Chowder House, located in Warwick and Narragansett, RI, as well as pizza, Dippin' Dots ice cream, a smoothie bar, kettle corn, and Haven Brothers food truck.

When asked what she was most excited about for Clam Fest this year, Jancsy noted her enthusiasm about the boardwalk theme. "I really think we do a good job at transforming space for an event," Jancsy said, "and I know Smith is going to feel like



Students could drink lemonade and listen to music provided by the Cape Cod Slackers. BRIANNA COLLETTI '21/THE COWL

a beach!" Holland also mentioned how she loves Clam Fest, as it brings the whole school community together. She said, "Every year when I look at the crowd that Clam Jam brings together, it reminds me why I love this school so much."

Friar Fest is another annual event that students look forward to in the midst of finals, featuring great food, good music, and energetic school spirit. Sharon Hay, the director of the office of student activities and cultural programming, described Friar Fest as "a spring celebration open to all PC students."

This year's Clam Fest, offered a variety of options from local food vendors, such as Like No Udder Ice

Cream truck, Insomnia Cookies, and Championship Melt, all free of charge to PC students. The event included a cash bar for those students 21 and over, as well as entertainment by The Naticks, a local band from East Greenwich, Rhode Island. Lawn games, such as corn hole and spike ball, were also set up throughout Smith Lawn.

With all the free food, live music, and entertaining games, Clam Fest allowed students to blow off some steam before the hectic time of finals and enjoy one of their last weekends at PC. "These events take me back to my college days," said Hay "and I hope PC students will create memories that will last long after they've graduated."

## Class of 2018: Was It Worth It?

by Kelsey Dass '18  
Opinion Staff Emerita

CAMPUS

As the graduating class of 2018 begins to collect their cords, graduation tickets, and senior week attire, we reflect on our time here at Providence College. With the grand total cost of tuition averaging about \$250,000, give or take a couple thousand, it is time to ask the big question. Was it worth all the money?

PC does have extremely high tuition and is, in fact, one of the more expensive colleges in the country.

However, everything we have done, learned and experienced is all equally valued in those \$250,000.

There is no doubt that there is an evident rising cost of tuition in the United States. Especially when it comes to private schools, the jump has been tremendous.

If we just look at tuition itself and disregard room and board, from 1988 to 2018 there has been a 129 percent increase. In 1988 tuition was \$15,160, today it is upwards of \$34,740. The difference is significant and there is no sign of a decrease in the future.

The question is, why did we choose PC and how has it been worth it? There are many students who choose to go to a community college or a state university right after high school based on the cost.

Often this is suggested to students who really do not know what they are passionate about learning or in which field they may be interested in pursuing a career. This gives them the opportunity to figure out what they want, without breaking the bank first.

Some believe that just simply choosing an expensive college that you are attracted to, without weighing in the fact that you have absolutely no idea what you may want for your future, could appear wasteful.

On the other hand, many students come into PC as an undeclared major, and they felt the classes and opportunities offered here helped guide them towards their successful career paths.

Brianne Crough '18, a double major in health



PHOTO COURTESY OF PROVIDENCE COLLEGE

Providence College prides itself in fostering a community where students create lasting memories and relationships.

policy and management as well as economics, attests to her experiences coming into PC as undeclared, "The combination of PC's liberal arts education, faculty, and advisors all helped expose me to a plethora of career paths while also supplying individualized support that I do not believe I would have received at a larger state school."

The courses at PC, especially the two mandated years of Development of Western Civilization truly open up the minds of students. With a better understanding of the world around us and how it came to be, we make better decisions about what we want for our future.

Here at PC, you better understand not only your career path but more importantly, what character you want to reflect in the next stage of your life.

I chose to come to PC because when I stepped on campus it felt like home. This foreign place was

one I knew would essentially be one of life's hardest goodbyes. All of the graduating seniors chose PC for one main reason, it was the place our parents trusted their children with and it became the place we trusted our life with.

The friendships, relationships, and memories we have made here cannot be measured. Chelsea Keane '18 brings a different perspective on what is valued: "Providence College was much more than the money; aside from the amazing education we have received, you simply cannot put a price on the memories we have created, the lessons we've learned and the people we have become in the past four years."

PC is costly, there is no doubt about that. However, the College's values and opportunities changed our lives, and there is simply no way to measure who we have become by a number.

## POP! The Stigma

by Katherine Torok '20  
Asst. Opinion Editor

CAMPUS

"POP! Mark Polanzak's father exploded. A puff of smoke."

Those are the opening lines to Mark Polanzak's book, *POP!*, which is often found in the self-help or parenting section of a bookstore.

Yet, the book is a memoir—well, a fictional and fabulist memoir. So, is it really a memoir? What is this book?

*POP!* is a coping mechanism for not only Polanzak, but for anyone trying to overcome grief or grave loss.

When Polanzak was 17 years old, his father allegedly combusted while playing in one of his weekly tennis matches. There was a pop, a puff of smoke, and his father was gone. It is also completely possible that his father actually died of a heart attack, but Polanzak's humor redefines the traditional grieving narrative.

He proves that grieving is not an exact step-by-step process that works for everyone, but rather a process unique to everyone. He makes it clear that using humor to lighten a difficult situation is a way to overcome the issue as long as you do not completely disregard reality.

While much of Polanzak's book recounts somewhat fictional encounters before and after his father's death, the nonfictional plot discusses the week

leading up to Polanzak being a guest speaker for a children's bereavement group and his struggle to figure out exactly what he should tell these kids.

Polanzak visited Providence College's campus on April 25 to give a reading of his book to the Development of Western Civilization Colloquium class, "Me, Myself, and I," which spends the semester examining how various authors choose to present themselves in autobiographies. After reading various amusing yet serious chapters, Polanzak took some time to answer any questions and explain his writing process.

When asked whether this entire experience was mentally draining for him, Polanzak answered, "It was a therapy for me...I hadn't admitted this [stuff] before, and it was thrilling."

Polanzak also explained that he and his family never sat down and talked about their emotions in the time following their father's death.

"We, as a family, had to talk about this stuff... My mom didn't know I was thinking about this stuff," explained Polanzak. His mother and brother finally got a sense of what he was going through emotionally after he asked them to read one of the first drafts of *POP!*. Even though he compiled the book several years after his father's death, this book allowed him to express his grief in way that made him feel comfortable.

This idea is crucial to the grieving

process, and parallels May's Mental Health Month theme: #CureStigma.

One in five Americans are affected by mental health conditions, and stigmas can be toxic to them. Stigmas create environments filled with shame, fear, and silence which can prevent people from reaching out and seeking help.

While Polanzak may have felt some of these stigmas following his father's death, his book ultimately helped him break through some of these pressures and—quite literally—put his thoughts and feelings down on paper. He started to #Cure[his]Stigma through *POP!*.

Whether it is through words, art, or any other form of expression, it is important to be like Polanzak and express how you are feeling in the way that makes you most comfortable. We must #CureStigma and create environments where everyone feels welcome to express themselves and how they feel.

Grieving is a complicated process unique to everyone. While we cannot force people to express their emotions how and when we want them to, we must encourage them to take their time and do what is best for them. Whether this is giving them the time and space they need, letting them make light-hearted jokes about a grave situation, or being someone they can talk to, we must create welcoming environments and #CureStigma.

Not everyone's father mysteriously

combusts while playing tennis, but everyone has their own way of dealing with confusing, depressing, and unforeseen situations.

The Personal Counseling Center is always there to help and is located in lower Bedford Hall Monday through Fridays from 8:30 a.m. to 4:30 p.m. Call 401-865-2343 to make an appointment, or if you have an on-campus emergency after hours, call the Department of Public Safety at 401-865-2222.



PHOTO COURTESY OF STILLHOUSE PRESS

Mark Polanzak reads from *Pop!*, a book dedicated to his father.

# What *Can't* You Do With a B.A. in English?

by Alyssa Cohen '21  
Opinion Staff

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EDUCATION

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The 2004 Tony award-winning musical comedy *Avenue Q* opens with a song entitled “What Do You Do With a B.A. in English?” in which the main character laments his struggle in finding employment with an English degree as he claims, “I have no skills yet.”

*Avenue Q*’s portrayal of the unemployed English major demonstrates society’s skewed perception of the usefulness and practicality of an English degree.

While much of today’s society views the English major as the “glorified undecided,” in reality, a degree in English equips an individual with valuable communication, research, and writing skills which are applicable in nearly any career field.

“When I was in college and told someone I was an English major they would often disparagingly remark, ‘What are you going to do with that? Teach?’” shared Providence College English professor, Dr. Elizabeth Bridgham. “You can do anything with an English degree. Although I did choose to go into education, studying English provides a student with critical thinking skills useful in even the business and STEM fields.”

As Dr. Bridgham explains, an English degree provides students with limitless career opportunities. Aside from the obvious options of teaching, writing, or editing, an English degree opens doors to employment in all areas of the professional world.

A large percentage of students enrolled in law school were English majors at their undergraduate universities, and the language skills an English major develops transfer well into careers in journalism and broadcasting.



LAURA CHADBOURNE '20/THE COWL

Notably, the CEO of Logitech, Bracken Darrell, expresses an interest in humanities majors as potential employees, as they stand out from the masses.

“When I look at where our business is going, I think, boy, you do need to have a technical understanding somewhere in there, to be relevant. But you’re really differentiated if you understand humanities,” noted Darrell.

Many alumni of the College’s English program have proven Darrell’s argument to be true through their achievements in the business world. Take David Forrest ’93, for example. After Forrest graduated, he briefly worked as a stockbroker before he was employed by a personal finance and investing website called The Motley Fool. Although Forrest’s career seems unrelated to his B.A. degree, he attributes his studies as an English major to his success.

“My English degree has made me successful almost every day of my life. Because I can write and speak clearly, I have been able to demystify both financial and highly technical work for people who don’t typically understand things well,” Forrest acknowledged.

Additionally, aside from the variety of career paths an English degree offers, studying English instills empathy and

social awareness in students.

Through reading the assortment of novels required of all English majors, students must read through different gender and cultural lenses, based on the narrator of the story.

To that end, English majors gain a deeper understanding of the human condition, along with the ability to put themselves in someone else’s shoes and look at a situation from a variety of perspectives.

Since most English classes are discussion-based and encourage friendly debate, English majors learn to voice their opinions both respectfully and articulately, a skill that is valuable not only in the workplace, but in all aspects of life.

Lastly, studying English is stimulating and enjoyable. Since English majors are granted the freedom to select classes in genres of literature that interest them, most majors are fascinated by the books they study and often enjoy writing essays for their classes.

“I’ve loved every book we’ve read this semester in my dystopian literature class with Dr. Moffett,” shared Sarah Kirchner ’21. “I’m currently writing a 10 page creative writing piece based on the novels we’ve read in class, and I’m excited to see what becomes of it.”

Essentially, despite the overwhelming benefits of studying English, it remains one of the smallest programs at PC with only approximately 150 majors and 50 minors. Combined, this only constitutes about five percent of the student body.

This statistic, considering the tremendous oral and written communication, the English major engenders in students, proves disheartening.

To that end, any individual interested in developing linguistic abilities valuable in any career field or simply expanding their understanding of human beings should consider pursuing a major or minor in English.

# Letter to the Editor

Dear Editor,

My time at Providence College is coming to a close. I write to you to discuss one of the clubs I currently lead at PC, the College Republicans, and the path forward I hope it paves for our community.

The club changed course this year. Previously, we served primarily as a liaison to the national GOP. My executive board and I chose this year to more deeply involve ourselves in discussions and growth among the campus community. Truly, we have grown from a small liaison of party ambassadors to a large club full of close, trusting friends. Together we represent an even larger block of students; I would argue we have tried to represent the vast majority of our campus that has no official voice, and I would also argue that we have succeeded as best as a growing club can.

Now the question begs itself: now what? How do we move forward? I recommend three points.

Firstly, Republicans on this campus should make each and every effort to ensure adequate representation, primarily for Republicans, but also for all students. Make it a priority to push for the empowerment of students and student leaders, while also pushing to keep those leaders accountable to the people they represent. That also includes leaders we disagree with on an ideological level. Instead of focusing on differences between Democrat leaders and ourselves, we should take advantage of opportunities to collaborate towards common goals whenever possible.

My second point echoes the last sentence of the first. We represent a college community, and while we ought not lose sight of the national party and its issues, the PC students we represent are more affected, on average, by bad food or overcrowding in a dorm than gerrymandering in Maryland. As we drive on with representation, we should also tackle non-partisan issues such as these when others don’t.

Thirdly, continue as individuals fostering the atmosphere of welcoming and acceptance you fostered for me this year, and I hope our club fostered for you. Facts might not care about your feelings, but empathy, love and friendship are what gets people to listen to those facts. This doesn’t mean we can’t be angry when things go against our will. We can and should. Anger is not the same as apathy towards those who disagree with us. We are angry when we care; anger comes from love, from empathy. We are apathetic when we don’t care. An angry College Republican, like any angry leader, will always achieve more, care more, and love more than an apathetic one.

On colleges across this country, conservative thought faces very real repression from passionate yet misguided individuals, convinced, by a lack of real opposition combined with freely bestowed institutional power, that their might equals right and dissenters must be punished. Fortunately for us, some people may want that culture for PC, but that culture does not exist at PC. Sometimes, individuals are singled out by a mob for disparagement, but, for the most part today, students may express themselves in their dorms, enjoy a good time at college, and search out truth if they choose to seek it. A student leader can still express conservatism and be heard. It is my hope and prayer that our college Republicans, the organization, and the community, will do whatever is in their power to empower and protect liberty should anyone try to change that.

See you again soon.

Michael R. Bartels, '18  
College Republicans President

# Student Involvement: the Key to Community Connection

by Lela Biggus '18  
Opinion Staff Emerita

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CAMPUS

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Legislation recently passed by Student Congress will help students in the public and community service studies’ philanthropy course to better connect the Providence College campus with the Smith Hill Community—a connection that could use some serious help.

In the past, students in the philanthropy course have been given a \$15,000 grant from various donors and tasked with deciding which local organization would be awarded the funds. With the passage of recent legislation, revenue generated from the Dunkin’ Donuts in Slavin Center will now fund the grant-making component of the course.

The change is a small step towards a more mutual and meaningful relationship between PC and the Smith Hill Community. It will also lend greatly to the public and community service studies department’s mission to engage its students with real-world problem solving.

Class president Sean Richardson ’20 commented on the reasons behind the funding switch: “Students felt like this should be changed because we don’t really know where our money goes from Dunkin’.”

Students of the philanthropy course are perfectly positioned to address this issue, as it is their responsibility throughout the semester to make difficult funding decisions that directly

impact the local community.

Richardson added, “Through the philanthropy course, we should be seeing where the money would be going as well as still being involved in the Providence community.”

While prior charitable giving of Dunkin’ Donuts revenue to Catholic Relief Services was well aligned with the College’s mission of “service of God and neighbor,” this switch to local causes demonstrates commitment to serving our closest neighbor through the department best equipped to do so.

Community partnerships with Smith Hill community groups and organizations are nothing new. The global studies and public and community service departments have long made civic engagement a central component of their pedagogies and curricula. These departments are relatively small, however, and outreach from the College itself has not been as apparent in years past.

Ideally, the Smith Hill Community would perceive the donation of Dunkin’ Donuts’ revenue to local causes as the school’s way of extending a hand outside its gates and security guard booths. This kind of genuine community outreach on behalf of the College is desperately needed, as the relationship between the College and the surrounding neighborhoods has historically been one of disconnect and even disdain.

Students living in off-campus housing still resent and fear Smith Hill, even while off-campus festivities prove time and again to pose a far greater threat to student safety than any local resident.

Real change in student perception

of Smith Hill, and vice versa, will take years to accomplish. The current hostile relationship presents a great need for social change right outside our campus, change that will inevitably be incremental and wrought with setbacks.

While the philanthropy course has been giving to local organizations since its inception—and while the global studies and public and community service departments have always tried to engage in meaningful partnerships with the community—efforts on the part of the College as a whole are far more significant because they are far less common.

Outreach from the PC administration in the form of revenue generated by its most prized possession is a rarity that students should demand to see more of.



FAITH ALLEN-HARRIS '21/THE COWL

Students wait in line at Dunkin Donuts in the Slavin Center.

# Professors Have Free Speech Too

by Joshua Chlebowski '21  
Opinion Staff

SOCIETY

Where should we draw the line between censorship and free speech?

Fresno State University professor Randa Jarrar recently made headlines after she shared her opinions on the recently deceased former first lady Barbara Bush.

Almost immediately afterward, she faced an overwhelming critical response. People not only took offense to her comments, but were also abhorred by the fact that these words were coming from an educator’s mouth.

The heart of the issue here is a seemingly simple, well-intentioned rule for educators throughout the United States: professors’ personal opinions have no place in the classroom.

This is done in an attempt to provide an unbiased education that forms free-thinking individuals. Since younger students are more susceptible to the influence of adults, such as

their teachers, this rule certainly makes sense.

Outside of the classroom, teachers are free to express their thoughts, at least in theory. In reality, this is not the case, as demonstrated by the recent controversy over Jarrar’s tweet. Teachers are expected to follow these classroom rules in their everyday lives as well.

While it is understandable that our nation’s educators should be held to high standards of conduct, as they are handling the minds of the future, it is unfair to expect teachers to censor their opinions on social media.

Our teachers are raising students to be able to think for themselves, yet they are expected to hold back from expressing their thoughts outside of the classroom.

Teachers, like any other people, have opinions. Social media, with appropriate restrictions and privacy settings, would seem the ideal means for educators to have discussions and join our national conversations.

Yes, teachers must keep their social media pages professional in regards to their comments and the photos they post, but at the end of the day, this professionalism should not restrict

their ability to share opinions with other individuals.

These opinions are not being shared with their students, and as long as these opinions are not manifesting themselves in the form of biased lessons, there is no reason to expect teachers to censor themselves on these matters.

There certainly are teachers who share inappropriate material on social media, or who allow current students to follow them online. These are quite obvious breaches of professionalism, and such individuals are, without a doubt, in the wrong.

However, this is not the case for Jarrar, as she was expressing an opinion outside of the classroom, albeit on a public Twitter account. Perhaps if her account had been private, such a controversy could have been avoided.

Even if one agrees with her criticisms of the former first lady, Jarrar is an educator, and because she shared her thoughts on a public Twitter account, she has become the target of much anger from conservatives and liberals alike.

While one can argue her language was inappropriate or disagree with her opinion, it is terribly unfair for anyone to claim that she cannot say these things due to her status as an educator.

She did not share her thoughts during a class, and, as an English professor, it hardly seems likely that this opinion would have influenced a particular lesson. Her mistake was believing that she could express an opinion on social media.

No teacher is perfect. It is impossible to expect anyone to not have opinions in this day and age. As a society, we need to grant teachers the same opportunities to share their thoughts with other adults on social media.

As stated before, reasonable standards for online conduct are certainly in order. Expecting educators to constantly censor themselves, however, is contradictory to the concept of free speech.

Our society is one of discussion and debate, and by restricting our educators’ abilities to express opinions online, we are preventing them from fully participating in these national dialogues.



Dr. Randa Jarrar received backlash for critical comments about deceased former first lady Barbara Bush.

PHOTO COURTESY OF FRONTPAGE MAG

## Environmental Biology Project: Climate Change Requires Expertise

by Emily Raso '19  
Guest Writer

ENVIRONMENT

Promoting the importance of climate change has become an increasingly relevant issue worldwide. Climate change has been widely accepted by scientists and politicians alike, who only seem to disagree on how severe the issue is. Spreading awareness of this reality has taken place through a number of different outlets.

One of the most prominent of these outlets has been documentaries—most notably Leonardo DiCaprio’s *Before the Flood*, and Al Gore’s *An Inconvenient Truth* and *An Inconvenient Sequel: Truth to Power*. These films take slightly different approaches to discussing the issues, however, each is effective in its own way.

*Before the Flood* has numerous scenes that highlight how important it is for people to make a change and put an end to climate change. DiCaprio travels to India and speaks with locals about how India is dealing with climate change. He speaks with a Sunita Narain, director of the Centre for Science and Environment, who voices her concerns about the issue and the impact that the United States could have on countries to make a change.

It is particularly powerful when Narain says, “Let’s put our money where our mouth is. Your consumption is really going to put a hole in the planet.” Her insight was impactful because she is right—people in the United States cannot

insist that other countries make a change in the ways that they produce energy when there is no significant change going on in the U.S.

It would be more impactful if the United States—being a wealthy country—made a change so countries could follow in its footsteps. Another scene that helped emphasize the impact climate change is having on the United States was when DiCaprio visited former Miami Beach mayor, Philip Levine.

Levine and DiCaprio discussed how Miami will be underwater if climate change keeps progressing. This was particularly significant because it is heartbreaking to imagine people’s homes underwater with no place to go.

On the other hand, Gore’s *An Inconvenient Truth*, directed by Davis Guggenheim, is also very insightful. After watching the movie, some students in the class reacted with phrases such as “Positive change,” “paralyzed system,” and “no lie can live forever.” The film follows Gore, former vice president and environmentalist, and illustrates the passion and resilience that he has for raising awareness and making an impact on global warming.

He did this by traveling to different states and countries presenting and training individuals who wanted to learn about climate change and the threat it poses to our lives. Moreover, Gore also had the chance to be a part of the 2015 United Nations Climate Conference held in Paris, France, which included 25 countries coming together to make a

difference in addressing the impact of climate change.

This part of the film highlighted the results that occurred after bringing attention to the problem of climate change and working together to solve it. Another aspect of the film was the visual images and videos of natural disasters.

These images and videos enabled students to understand the realities that are occurring all around the world because of climate change. One clip showed a woman being saved from drowning in a flood in India. Another film showed the flooding that is expected to occur at the memorial site of the World Trade Center. Overall, this film touched many students because it illustrated what could happen to areas of the world if something is not done.

*Before the Flood* is far more enticing because viewers are able to watch DiCaprio, as opposed to listening to a lecture by a scientist or former politician. DiCaprio was able to counter his lack of knowledge of the subject of climate change by surrounding himself with people who were very knowledgeable.

Having a face that people know is what makes the difference. Today, if people see a celebrity or someone who is concerned about a political or environmental topic, they will listen and follow. We need to have more films like *Before the Flood* that spread the significance of climate change to a greater audience.

It is no secret that climate change is, and has been, a serious matter. *Before the Flood* is DiCaprio’s effort to try and



PHOTO COURTESY OF NATIONAL GEOGRAPHIC

Actor Leonardo DiCaprio stars in the documentary *Before the Flood*.

promote this issue and bring it to the attention of the public.

However, some people question why DiCaprio is leading the charge in this film when he has no background knowledge or experience in the field of environmental biology or climatology. DiCaprio is merely a face in this field; however, maybe that is what people need. Gore, although well known in many circles, is nowhere near as popular as DiCaprio.

Even though Gore is more of an industry expert and his film is informative and statistics-based, the message fails to reach as great of an audience because people undoubtedly are more familiar with DiCaprio than the name of any scientists in this era.

Due to this fact, it would seem that—despite his lack of experience—only someone with DiCaprio’s popularity and caliber can call attention to the topic of climate change.

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# Picking Up the Gavel

by Taylor Godfrey '19  
Editor-in-Chief

EDITOR'S COLUMN



As I sit down to write my first Editor's Column, I cannot help feeling a mix of both sadness and excitement.

Sadness about the seniors who are leaving us this year, since *The Cowl* will not be the same without them, and excitement as well for the new things that all of us are moving on to do.

*The Cowl's* seniors are an amazing and talented group of people, and I know that they will go on to do great things.

Marla and Paige, thank you for everything you have done for us this year, especially over the past few weeks as Abby and I have prepared to take over the roles which you have done so well in over the past year.

You two were our anchors over the past weeks of training, and we will certainly feel unmoored without you, as glad as we might be to see everything you are going to do in the future.

I am excited as well to be taking on a bigger role on *The Cowl*, an

organization I have come to love over the past three years at Providence College.

Since joining the staff as a freshman, *The Cowl* has really become my home at PC. I hope to strengthen and grow in this 83-year long tradition as editor-in-chief and to uphold the legacy of all of the editors-in-chief that have come before me.

I know Abby and I will make a great team as editor-in-chief and associate editor-in-chief and there really is no one with whom I would rather lead a staff of over eighty people.

*The Cowl* is the epitome of our motto *veritas*, finding and reporting the truth on campus. It is a voice for PC students and I am so honored to be entrusted with that voice.

As we prepare to enter into our last year at PC, there is nothing I would rather do than spend every Wednesday in *The Cowl* office with everyone who has made my first three years so amazing and memorable.

# TANGENTS & TIRADES

## It's O.K. Not to Know

The approaching summer promises students sunshine and relaxation. Those students who have secured a job for the summer feel much more confident and excited about their future income. Seniors who have signed on to a full-time position have even more reason to be enthusiastic as they finish their finals one last time before they enter the real world.

However, seniors who might not have the slightest clue as to their future prospects should not worry. Having a job is not a prerequisite for enjoying summer vacation. In fact, taking time away from immediate responsibilities and thinking about long-term goals can be helpful for knowing which career paths are most appealing.

Even taking an extended period of time away from thinking about a career can help you realize what will form a fulfilling and worthwhile time during your adult working life. Going on an adventurous road trip or backpacking through Europe could be experiences that will allow you to clear your mind and focus on what really makes you happy.

Other activities such as volunteering or making up for lost time with old friends can help you remember what you are passionate about and steer you towards a career which will continue to motivate and inspire you throughout your life.

Do not despair if your immediate career prospects are somewhat cloudy at the moment. Take this upcoming summer to find what fulfills you and will lead to many years of happiness. Make the most of the sunshine of new possibilities.

-Kevin Copp '18

## Never Too Late to be Confirmed

My experience with the Catholic faith is a bit different from most of the students at Providence College. My freshman year I did not come into the College affiliated with any specific religion or particularly concerned with the idea of God in any sense.

One year later, I just received my first Holy Communion and simultaneously was confirmed through Providence College's Rite of Christian Initiation of Adults (RCIA) program. Led by Father Dominic Verner, O.P., and Sister Anne Franches Klein, O.P., the RCIA baptized, gave the first communion, confirmed, and accepted into the Catholic Church over 30 students this year—their largest class in the history of Providence College.

I was not alone in my journey, as so many students shared the same sentiment. God came into our lives unexpectedly, and it has been an amazing journey since. Throughout the process, I have learned that one is never too old to find their faith or reconnect with it.

Finding one's faith at an older age is a beautiful thing because we took it upon ourselves to find our spirituality when many of us grew up without it. For those that believe they are too old to become confirmed, I say that that is simply not true. The love that God holds for all of us has no bounds and does not discriminate against anyone based on age.

RCIA opened me up to beautiful connections with people I otherwise would not have met and it opened up my relationship with faith in ways that were completely unexpected.

A year ago, if someone had told me I would be getting confirmed and attending church, I would have looked at them with bewilderment and amusement. So for those considering becoming confirmed—it is never too late.

-Laura Arango '20

## Fall in Love With Writing

Having been assigned my last opinion piece to be published in *The Cowl* this week, and having absolutely no clue what topic would be the best way to wrap up my experience as a writer and editor, it seemed fitting to write about the difficulties of writing—difficulties that cause some students to hate the writing process and cause others to fall in love with it.

Writing can be frustrating. Trying to express your own ideas, that you may not fully understand yourself, to an unknown and unassuming audience is daunting. Oftentimes we fear critique or judgement when others comment or question our writing.

Writing is a process. Although many of us have become experts over the years at banging out a five- or 10-page paper in a day (or night), strong writing asks us to take time, to commit ourselves, and to stick with it even when we may want to throw in the towel, burn that paper, or vow to never take an intensive writing course again.

Yet, despite these difficulties, there is no denying that writing is powerful. Being able to clearly communicate your thoughts, ideas—and when writing for a newspaper—the truth, with a greater audience is an invaluable skill that no one can ever take away from you.

So, do not deny yourself this skill. Embrace the frustration, fall in love with critique, and take the time to recognize that writing is not a one-stop shop, but an ongoing practice—that, whether or not we want to admit it, will follow us throughout our lives in some way or another.



-Sarah Kelley '18




PHOTO COURTESY OF THE WRITING COOPERATIVE

# Student Move-Out Time!

From **TUESDAY, MAY 8**, through **TUESDAY, MAY 22**, the Providence College Recycling Program will be collecting donations of **NON-PERISHABLE FOOD** and **CLOTHING** (in **GOOD** condition, please).



Please drop off donations in labeled boxes in the lobby of your residence hall.



- Food will be donated to the RI Food Bank
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Congratulations  
Class of 2018!



# PHOTOGRAPHY

May 3, 2018



NORA JOHNSON '20/THE COWL

**LEFT:** Providence College Dance Club members perform in student-choreographed dances in the club's last two shows of the year on Sunday, April 29 and Monday, April 30.

**BELOW LEFT:** Tristan Stowell '20 chases a soccer ball in a Providence College Men's Soccer Team scrimmage on Saturday, April 28. The soccer team scrimmaged in anticipation of the upcoming season.

**BELOW:** Taylor Stephen '19 runs to third base as the Providence College Women's Softball Team played St. John's University on Saturday, April 28. The Friars lost the three game series but prevailed 10-0 in the first game.

**BOTTOM LEFT:** Students enjoy cotton candy in Peterson at the Cultural Jamboree. BMSA sponsored the annual event in order to celebrate different cultures through food and fun activities.

**BOTTOM RIGHT:** Felicia Lopez '19 tastes a variety of Italian wines in McPhail's with other students. The wine was donated by Gasbarro's Wines on Federal Hill, and Circolo Italiano sponsored the event.



KIM LEZAMA '18/THE COWL



KRISTINA HO '18/THE COWL



BRIANNA COLLETTI '21/THE COWL



MAGGIE BRANHAM '18/THE COWL

# ROVING PHOTOGRAPHY

Page 12

May 3, 2018

## What is your most treasured PC memory?



**"Storming the court at the Villanova game and the 2017 Black and White Ball."**

Jordan Bernard '18 and Ben Capuano '18



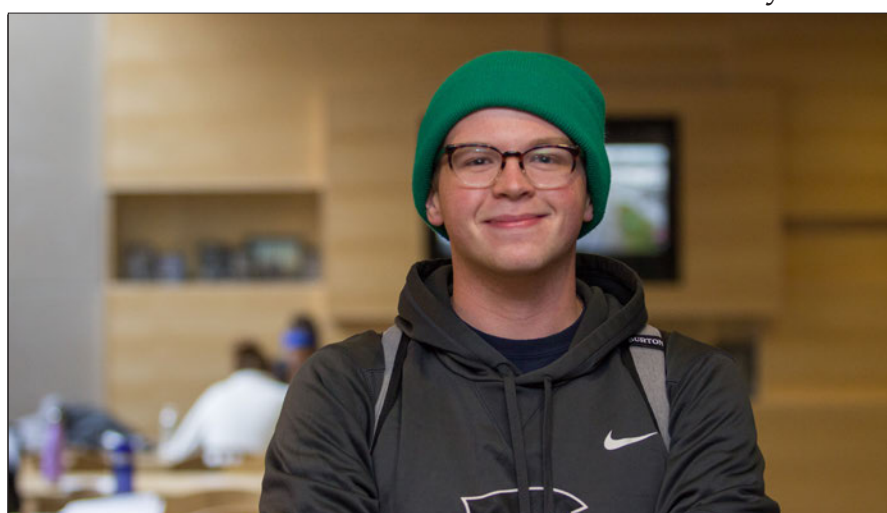
**"Hanging out in the BOP office and meeting all my friends."**

Lauren Coulombe '18 and Alana Dermody '18



**"Studying abroad."**

Sayou Cooper '18



**"Hanging out in Slavin."**

Tom Nee '18



**"Going to the sports games with all our friends."**

Abbey Moshier '18 and Gabi Dess '18



**"Making friends!"**

Nicole Smith '18, Mark Stutzmann '18, and Jill Hennessy '18



**"Meeting my best friend!"**

-Friar Dom and Huxley

PHOTO COURTESY OF PROVIDENCE COLLEGE ATHLETICS ON TWITTER

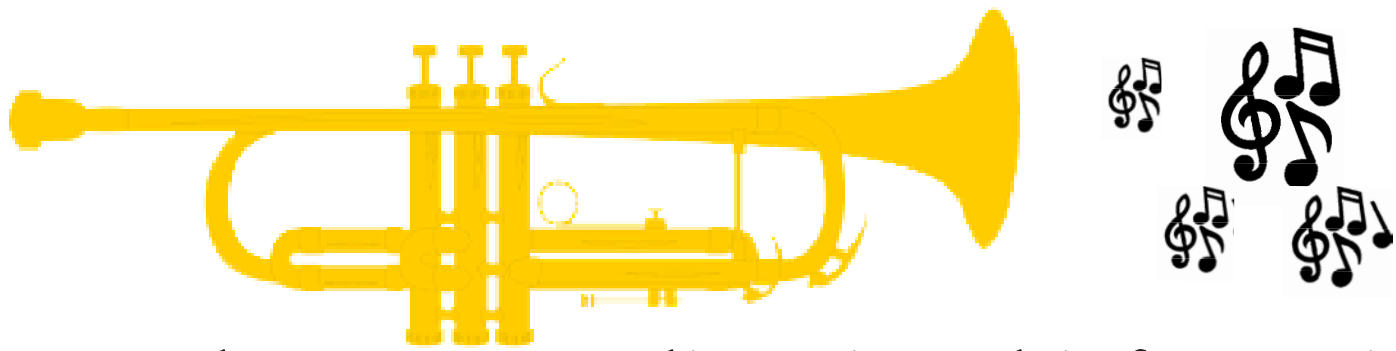
Photos by Maggie Branham '18, Staff Photographer Emerita, and Kristina Ho '18, Photo Co-Editor Emerita

# *Commencement 2018: Providence College's 100th Graduating Class*

*Swan Songs  
pages 3-6*

*Summa Cum  
Laude  
pages 7-8*





By: Marla Gagne, Editor-in-Chief Emerita

A quick Google search shows us that a swan song is “a person’s final public performance or professional activity before retirement.” It is seemingly a thank you, I love you, and goodbye, if you can fit that into words.

Recently, I have been joking that I am going to retire. On Wednesday you won’t find me running around *The Cowl* office answering questions or working on the front page, but I will be in a beach chair in the corner sipping my Dunkin’ Donuts Coolatta and being fanned with last week’s issue. In reality, when I think about clearing out my desk, filled with old *Cowls*, undecipherable lists, and Joe Biden pictures, I feel like I am leaving my home for the past few years.

Coming in as a freshman, I was so excited to navigate a new place, but I also hated Providence College—it was not home. There were definitely sad phone calls home to my parents or late night thoughts about transferring, but something told me to try it for one more year.

I had joined *The Cowl* my freshman year, but it really became home sophomore year when I became a news co-editor and felt like I could finally claim something as my own. Junior year I found a tight-knit group of people with my nerdy sense of humor who were just as crazy as me to spend all day Wednesday, every Wednesday, in a windowless office

creating a newspaper. Seeing them graduate made the future uncertain, but I am so happy to say that this year has lived up to everything I could ever have asked for.

If this is my retirement, I feel like it’s only right to thank the people that made my career as a writer, an editor, and the editor-in-chief possible.

Thank you to the News section that served as my first home and my former co-editors, Meaghan Dodson and Sabrina Guilbeault, for showing me how to be strong and loving editors. Sabrina, we started this journey four years ago together at our first meeting and I’m so glad we can end it together, still excited about the future and forever bonding over horoscopes.

Thank you to the staffs of *Cowl* past, especially former EIC and AEIC, Katie Puzycki and Jackie Kelley, who made my time at PC so special and became my forever friends. And thank you to the *Cowl* Ed Board of 2017-2018 who, despite having so many new editors, came in determined to be great and did just that.

News tackled every investigative story thrown their way, opinion championed the PC voice, and A&E rebuilt their staff with talented writers. Portfolio exceeded my creative expectations, sports rightly earned most improved section, and photo produced some of the best photography I have seen on *The Cowl*.

Wednesday nights can be long, but there is no one I would rather be stuck with in the office at 1 a.m. than the copy editors, who make every day brighter. And I would be unforgiveable if I didn’t pay extra tribute to the head copy editors, Katie Coyne, Annie Loftus, and Annie Shelley, for making us look good, always having the best interest of *The Cowl* at heart, and for being my good friends.

I am excited to welcome the talented Jamie Warren on board for Social Media and cannot say enough about our Managing Editor Tom Tobin, one of those genuinely good people whose hard work allowed us to publish every week, share special memories at banquet, and proudly wear our *Cowl* fleeces.

Our advisor Richy Kless is PC through and through, and, while I could write pages about our year, will only say thank you for now for encouraging us to love and challenge ourselves, for being our friend, co-worker, and number one supporter, and for teaching us every year what family and tradition mean.

Mike Pare, we are so glad you joined the team this year and look forward to great things next year. Thank you to Kristine Goodwin, Dean Sears, and *Cowl* readers for valuing the newspaper and making sure we can publish every year.

While not on *The Cowl*, my

roommates have been my biggest supporters, listening to my struggles, helping me prepare for banquets, and stopping into the office on late nights. And thank you to my parents, honorary members of *The Cowl*, for always encouraging my writing, having confidence in me as a leader, and being a phone call away when everything was going wrong.

And finally, thank you to my partner in crime, the Joe Biden to my Obama, Paige. This job is stressful, but knowing I had a co-editor with so much love for *The Cowl* always made me confident we’d be okay. We have experienced highs and lows throughout the year, and there is no one else I would have wanted on this journey with me than you. This is just the start of our friendship and great things to come.

I’m proud to now pass on the torch to Taylor Godfrey and Abby Czerniecki, the new EIC and AEIC. Always remember our purpose to serve the community, to love each other, and stick together—you’ll be amazing. And to new and returning editors, you are saying goodbye to great friends and editors, but know you will be accomplishing great things next year as you carry on *The Cowl* tradition.

That wasn’t as elegant as a swan, definitely not a song, but hopefully a good “goodbye for now” to my home.



By: Paige Calabrese, Associate Editor-in-Chief Emerita

As I wrap up my time at *The Cowl*, I stop and think about how it has changed me and shaped my college experience. I started as a writer for Arts & Entertainment in the spring semester of my sophomore year, hoping to find community and be part of a team; I had never written for a publication before but I always loved writing, so I figured I would give it a shot and see how it went.

About a month later, Katie, one of the A&E co-editors and soon-to-be editor-in-chief of *The Cowl*, approached me about transitioning into the position of co-editor. I was terrified, but I said yes. As I moved into the new position, I panicked: I thought I was completely unqualified to lead a group of journalists and that I was Katie’s last resort to fill the position.

I realized that Katie asked me to move up because she saw something in me that was always there but that I did not see in myself. Without

Katie’s encouragement, I would not have pursued the position of A&E co-editor, nor would I have applied to become the AEIC. That was when I knew that being a leader meant helping people believe in themselves and reach their full potential, something I aimed to do as AEIC.

I want to thank the former EIC & AEIC, Katie and Jackie, for being so supportive and always willing to help Marla and myself. You both were fantastic leaders who set great examples, and Marla and I are so lucky to have you as friends and role models.

To Marla, my co-editor, my partner-in-crime, one of my best friends: I am so grateful to have had this experience with you and to have been co-parents to our staff children. Your dedication, passion, and insane organization inspired me each week and taught my non-English-major self about

the technicalities and style of journalism.

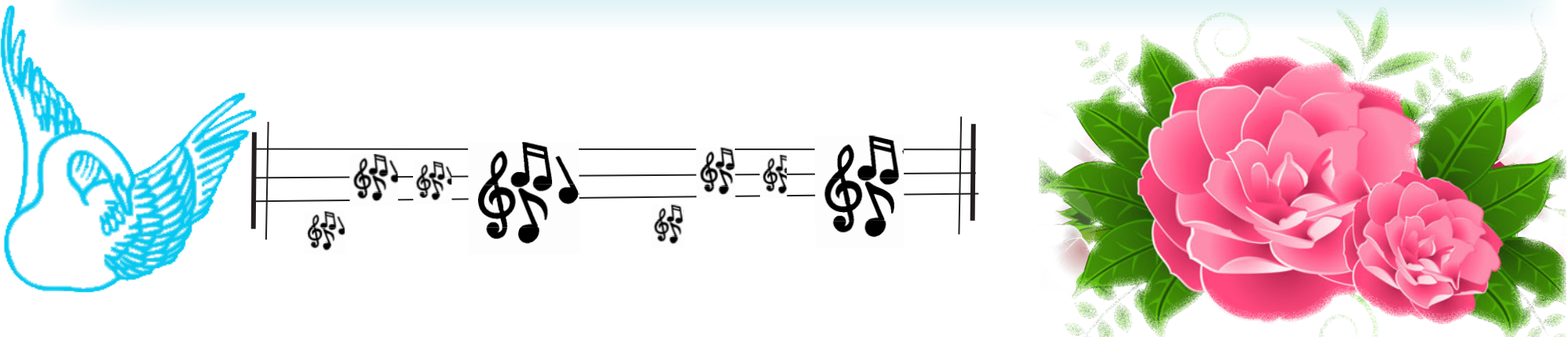
I also would like to extend a sincere thank you to all of our readers. We have *The Cowl* for and because of you all, and we appreciate your engagement and dedication each week. My grandparents, some of *The Cowl*’s most loyal readers, are no longer with us, but I extend my thanks and love to them all the same because my *Cowl* and Providence College experience in general would not have been the same without them.

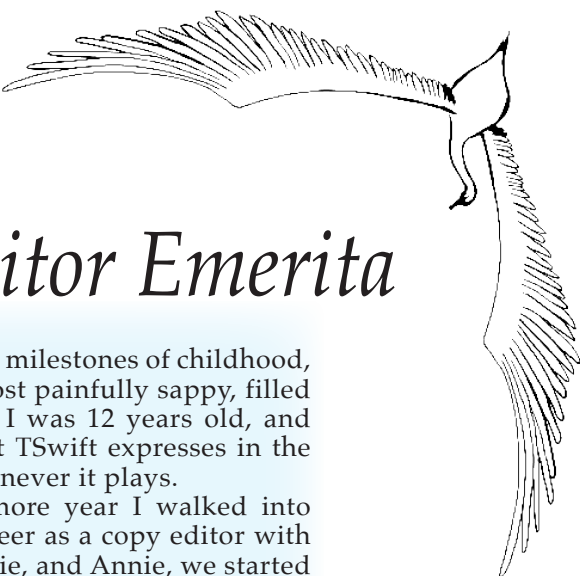
The incoming EIC & AEIC team, Taylor and Abby, are dedicated, intelligent, and poised young women, and I am confident that they will continue to strengthen *The Cowl* and successfully co-parent the staff when Marla and I sign off. To both of you: this coming year will present challenges and controversies, as each year does, so support and encourage each

other and have each other’s backs, always. There will also be very successful moments for *The Cowl*, so celebrate each other and build each other up.

To my amazing staff, especially the seniors: I cannot fully express my gratitude and appreciation for you in words, and I wish you all the success and happiness in the world as you continue your journeys. I loved being AEIC because of all of you, and you made the crazy times bearable and the joyful times even better. You have truly become my family, and I love you all.

With that, I give *The Cowl* and Providence College to the next generation of leaders, thinkers, and artists who will leave their mark and make this campus better each and every year. I look forward to seeing everything that my staff accomplishes this coming year and years to come.





By: Katie Coyne, Head Copy Editor Emerita

Taylor Swift has a song called “The Best Day.” This simple ballad describes milestones of childhood, the uncertainty of growing up, and the importance of family—and it is almost painfully sappy, filled with dramatic declarations and tired clichés. I first heard this song when I was 12 years old, and as a grown-up who knew everything, I didn’t appreciate the nostalgia that TSwift expresses in the emotional lyrics. Ten years later as a senior in college, tears fill my eyes whenever it plays.

Throughout the past three years, *The Cowl* has become my family. Sophomore year I walked into the hidden office for the first time, quietly and nervously beginning my career as a copy editor with strangers who would become my best friends. To Rachel, Courtney, Jen, Annie, and Annie, we started this journey together and every day, “I hear your laugh / And look up smiling at you.” I had the best day with you.

Soon I was a junior, and I sat at the copy-editing table to find that our family got bigger. To Meg, Kat, and Maddie, I admire everything about each of you. “[Your] strength is making me stronger / inside and out [you’re] better than I am.” I had the best day with you.

Before I knew it, it was senior year, and this time, I walked into the office with all the power of the green pen. To Connor, CJ, and Kathy, I wish we had more time together, but always “I’m laughing [in the office] with you.” I had the best day with you.

To the editors and staff, I feel blessed to have read your work each week. To Marla and Paige, I don’t know what else to say, but thank you. To my dearest Anne Flotus, thank you for being my Rory Gilmore. Annie, Courtney, and Maddie, I am so proud to officially give you the green pen.

The future is uncertain and I have no idea what I’m doing. But like Taylor, “I don’t know why all the trees change in the fall, but I know you were on my side, Even when I was wrong...I don’t know if you knew so I’m taking this chance to say...”

I truly had the best day with all of you today.

By: Annie Loftus, Asst. Head Copy Editor Emerita

When I returned to campus in September 2015 for my sophomore year, I was determined to get more involved. I had just spent the summer rewatching the entire series of *Gilmore Girls* for roughly the 10th time, and one part of the show that remained stuck in my head was Rory’s time at the *Yale Daily News*—time that seemed exciting, busy, and fun. I applied to be a copy editor to gain some of that newsroom experience for myself, and my time at *The Cowl* has

exceeded all of those expectations and more. I’ve experienced the excitement of waiting for a big article to come in or for a Friars basketball game to end so we can report on it. I’ve experienced the busyness of Round One flying around on a Wednesday. And most of all, I’ve experienced the fun.

To the copy editors: thank you for all the laughs—I don’t think I’ve ever laughed as hard as I have with all of you. And thank you for all the support during the late nights

and tough weeks. I couldn’t imagine our time together any other way or with any other group of people. To Katie and Annie: I couldn’t have asked for anyone better to share the green pens and the 1 a.m. walks home with. Thanks for being the best partners in the world.

To the section editors: I have loved getting to know all of you and work with you week in and week out. You are all amazing. Marla and Paige, thank you so much for inspiring me with your

graceful leadership. You are role models and friends to us all, and we are so grateful for all the hard work you put in this year to make *The Cowl* as amazing as it was. Taylor and Abby, I know you will be just as amazing next year. And to Annie, Courtney, and Maddie, respectfully: I am so excited to pass down the green pen to all of you and can’t imagine a more deserving trio. I know you’ll make Katie and me, but more importantly WHP, so proud.

By: Jennifer Dorn, Copy Editor Emerita

At the very beginning of freshman year, I joined the copy-editing staff of *The Cowl* as a constructive outlet for my compulsive propensity to correct grammar. Four years later, I am so glad that I did. It’s actually worsened my grammar nazism, but I’m thankful to have met so many brilliant, interesting, and passionate Providence College students. To my fellow copy editors — Katie, Annie, Rachel, Connor, Annie, Kat, Meg, Courtney, Madeline, CJ, and Kathy — thank you for always making me laugh, and also for keeping me updated on pop culture. I would be lost without you. Marla and Paige, y’all have done an incredible job this year, and I’m honored to have worked alongside you. Also, Sabrina, I love you.

Thanks for a great four years, *Cowl*.



By: Rachel Sullivan, Copy Editor Emerita

If home is where the heart is, then I found my home within the windowless basement room that is *The Cowl* office. Inexperienced in the field of editing and severely under-involved on campus, I was introduced to the world of copy editing by none other than Casey Clark my sophomore year and haven’t looked back since. Thank you to the editors, writers, and staff whom I work alongside every Wednesday (and huge apologies for the often eccentric subjects discussed at the copy-

editing table). To my fellow copy editors, thank you for giving me one of the most loving and supportive group of friends I’ve ever known. I look forward to my days in the office because of you all and your uncanny ability to keep me entertained for 12 hours. Annie and Katie, rulers of the copy editing table, your leadership and inexhaustible knowledge of the English language are truly inspiring. Though I may be unwillingly forced to enter the “adult” world, I leave a piece of my heart behind with *The Cowl*.



By: Connor McGrath, Copy Editor Emeritus

Being an avid reader of *The Cowl*, I had always wanted to help with the creation of the papers each week. Since writing is not my finest proficiency, I decided to seek out an alternative way to assist *The Cowl*.

My search concluded in a role at the copy editor table, something that I did not know much about to begin with. Nine months later, I can say that I have a new family with *The Cowl*. Every Wednesday afternoon I spent editing and fact checking articles regarding events in the College’s community or the outside world was incredibly enjoyable.

The people I did it with made that experience even better than I could have ever asked for. Although I was new this year, this group of extraordinary people warmly welcomed me to this family. I wish all the best to everyone as we enter the next chapters of our lives.



By: David Martineau, Portfolio Editor Emeritus

My *Cowl* journey started off a bit rockier than most. In the fall of my freshman year, I decided to apply for *The Cowl* in the hopes of developing my skills as a writer. Storytelling has always been my passion, so Portfolio was the section I placed first and foremost on my application. I submitted my application in September, and for three months, I didn't hear anything back. I didn't know whether I'd been lost in the shuffle, passed-on indefinitely, or even simply forgotten. I waited until December, nearly the end of the semester, before I sent an email to Richy Kless, our faculty adviser, and the man whose helpfulness and quick response to my concerns is the reason you're reading this today. Richy was able to set up a meeting between me and the former Editor-in-Chief, Mason Sciotti, as well as my first Portfolio editor, Justin Fernandez. I am endlessly grateful to all three of them for their kindness in letting me join Portfolio, which was fully staffed at the time. I firmly believe that all things happen for a reason, and perhaps the fact that I am here, now preparing to depart *The Cowl* as the editor of the section I joined, is proof that my long wait was not in vain.

In addition to Richy, Mason, and Justin, I want to thank all of the previous Portfolio editors: Branan, Jose, Abby, and of course Joey Aiello, whose friendship is one of the greatest things I've gotten out of my time here. Special thanks must also go out to Clara Howard, my partner-in-crime from last semester, who I hope will be back next year to continue on in Portfolio, and to Connor Zimmerman, who stepped up and took on the duties of co-editor in these past two months, and who is now poised to be a great editor in his next two years on *The Cowl*. Finally, my warmest thanks and love must go to all of my fellow editors, and to my writers, whose stories make my job worthwhile every week. Some people see creative writing as a hobby, but I see it as a calling, and my advice to all of you on Portfolio—now and in the future—is not to let anyone tell you that what you do isn't worthwhile, or that it must be done “the right way.” If my *Cowl* journey had gone “the right way,” I might not be here, so don't let your work be limited by what you think it should be. I know you all will go on to write more great stories, and I will be watching proudly as you do, because I know you won't let me down.

By: Marisa DelFarno, Portfolio Staff Emerita

Before joining *The Cowl* my junior year, I used to keep all my poems and short stories tucked away for no eyes to see. It wasn't until I was encouraged by two friends to join Portfolio that I actually shared my creative work for the first time outside of class. If it wasn't for them, I would've never had the chance to develop as a writer, or even consider pursuing a career in writing. I am forever grateful for being a member of *The Cowl* and working with everyone at Portfolio! I want to thank Marla Gagne and Paige Calabrese for serving as editors this year, and coordinating events such as *The Cowl* Summit. I also want to thank David Martineau for being a marvelous editor as well as a great friend, and for giving me the opportunity to share my creative work.



By: Kristina Ho, Photography Editor Emerita

I came to Providence College at the age of 16. I was very timid and shy so I had a difficult time meeting new people. In the beginning, I felt like I did not belong at Providence College, but I found a community in the photography section of *The Cowl*. At first, I never walked into the office because every Wednesday, I always walked by to peek in but I always saw so many people inside. I felt overwhelmed. Due to my reserved nature, I did not have the courage to walk in and introduce myself. It was not until the spring of my freshman year that I walked into the office. Everyone was so warm and welcoming towards me. I knew from then on that I wanted to be part of this family. My first assignment as I was transitioning into the position of photo editor was Roving. I was nervous to approach people and ask them to be part of the newspaper, but it got easier as I continued to do it. Joining *The Cowl* has helped me grow into a more confident and mature individual. I finally broke out of my reserved bubble. Working with other editors helped me create friendships that will last a lifetime. All the friends I made taking photos have been truly unforgettable as well. I have found a second family through my time at *The Cowl*. It has truly been an enjoyable experience to be a part of this family. All the friends and memories I have made joining this amazing club are truly ones I will cherish forever. I want to thank everyone on *The Cowl* for letting me be part of this family. I will miss everyone so much. Marla and Paige, you guys have been amazing people. Nora, Faith, Kimberly, Laura, Brianna, Maggie, and Joanna: thank you for being great photographers that Nick and I got to teach and lead this whole year. Senior year has been a truly unforgettable experience and I wish you guys good luck next year. To my photographers, keep taking photos that capture the Providence College experience that we have all grown to love! I love you all!

By: Marisa Gonzalez, Portfolio Staff Emerita

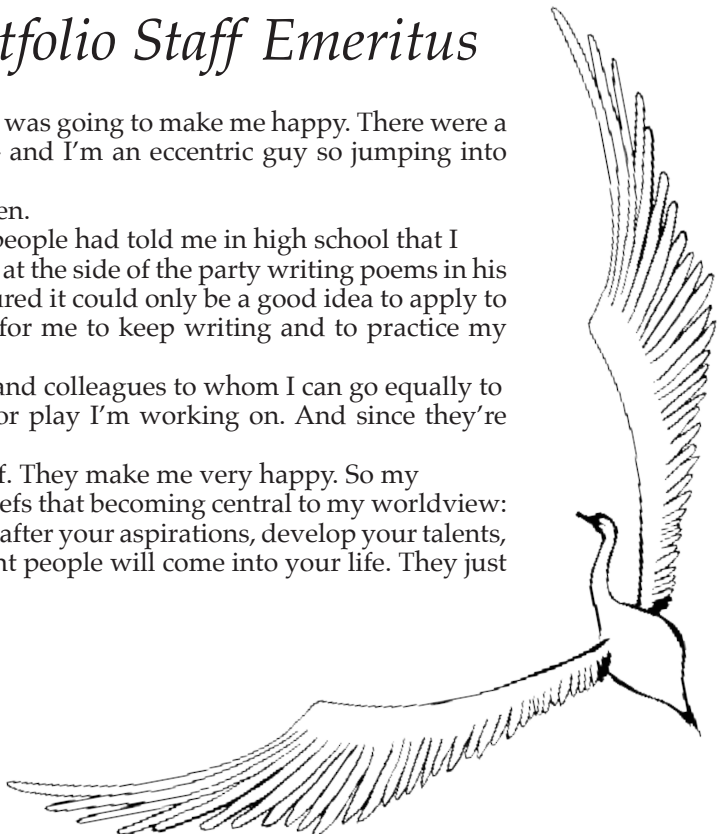
I cannot believe that four years have already gone by. I remember being a freshman and coming upon *The Cowl* at the Involvement Fair. I have always wanted to see the behind the scenes action of creating a newspaper, and I was excited that *The Cowl* was looking for writers. At first, I was a bit hesitant to sign up because I was shy and did not want to work as a reporter. I was about to walk away when my friend came running towards me and said that the newspaper had a creative writing section. I was thrilled and immediately wrote my name down. This experience has been amazing. The staff has been very welcoming, and I am going to miss the fun weekly meetings and banquets. But most of all, I am going to miss the dedicated staff that works hard every week to produce an amazing newspaper.

By: Kim Lezama, Photography Staff Emerita

A new door has opened and another one is closing. This new door leads to the unknown, But that won't stop me from moving. I have been training for this moment so I have no choice but to walk through it. It's time to make my debut as a full grown adult with the skills I have learned. Although I am closing the door behind me, I will never forget this experience. To the glowing smiles of my peers and professors, To the warm ray of sunshine I feel as I walk on campus, To the joy of laughter I happen to pass by, To the kindness of the people who I had once thought were strangers, To the thickness of hearts of the loved ones I have come across, I will miss them all. It may be a new beginning but it doesn't mean that my old journey is coming to an end. My old journey will only be an extension of a new one, meaning it won't end. It's goodbye for now, until we meet again.

By: Jonathan Coppe, Portfolio Staff Emeritus

Coming in as a freshman, I didn't really know what was going to make me happy. There were a lot of new people—and that was overwhelming— and I'm an eccentric guy so jumping into any new group can feel a little frightening— threatening, even. I knew that I liked to write, though, and plenty of people had told me in high school that I wasn't half bad. (In high school I was the kid sitting at the side of the party writing poems in his notebook. There's that eccentricity again...) So I figured it could only be a good idea to apply to *The Cowl*. At the very least, it would be an outlet for me to keep writing and to practice my writing. It's been much more than that. I've gained friends and colleagues to whom I can go equally to share a couple beers or to ask advice on a poem or play I'm working on. And since they're artistic people, too, they get my quirks, so that's a big relief. They make me very happy. So my experience in Portfolio has deepened one of the beliefs that becoming central to my worldview: Don't suppress yourself out of fear of isolation. Run after your aspirations, develop your talents, and devote yourself to your ambitions, and the right people will come into your life. They just will. Trust me.



By: Sabrina Guilbeault,  
News Editor Emerita

At the very last Ed Board of the year held this past Sunday, we were asked to introduce ourselves to the new editors and share our favorite *Cowl* memory. I felt extremely grateful that I had so many memories to choose from, some dating back to my freshman year, like when I had to email my editor at least four times to figure out where *The Cowl* office even was. What I realized in that moment of listening to stories, was that this paper has given me so much more than I expected. First, I have been able to report on a plethora of school events ranging from a “Featured Friar” on a roommate, to a serious piece on students standing in solidarity and using their voices to make impactful change. Second, I have gotten to interview some amazing students on this campus who have done so much for the College they call home. Third, I have made and kept some of the most amazing friendships. I realized it is the people putting the layout together and writing the articles that have given the tangible paper a living and breathing heart. To Kate, Thomas, and Hannah: I am so excited for you to take over the section. News has been my baby for a long time, and you three are so extremely talented, and are perfect for the job. Nick, I love you, and your presence has brought me so much laughter and light. I will miss you so very much. Marla, my forever *Cowl* friend, we have been through it all since the very beginning, and I couldn’t be luckier to have you throughout this beautiful ride. Also, I checked your horoscope, and you are going to do such big things! Gabby, my sweet and most special friend, you have been my rock all year (and really, all throughout this PC experience). You are so compassionate and kind, and I thank God for you every day. For all the other *Cowlers* past and present (especially you, News!) thank you for letting me grow and be myself. This is easily one of the hardest goodbyes I’ll ever have to say, but if me saying goodbye makes room for someone else to experience the wonders of *The Cowl*, then I’m happy to do it. This organization is a special one, and I feel blessed that it’s been part of my PC journey.

By: Ernie Andreoli, News Staff Emeritus



Aside from my infatuation with *All the President’s Men*, I was eager to join *The Cowl* as a news writer for my senior year because of my interest in journalism in the midst of a turbulent political environment dominated by post-truth thinking. Better late than never. It has been a joy to not only report on matters affecting Providence College’s community, but also to collaborate with such a talented and savvy group of individuals. From brainstorming with the News staff on critical stories for each week’s issue to detailing respondents’ point of views, it is safe to say that my relatively short stint as a news writer created some of the best memories I ever had during my college years. While it hurts to say goodbye, I look forward to staying in touch with all staff members who made this a fulfilling experience, and seeing *The Cowl* grow in the years to come.

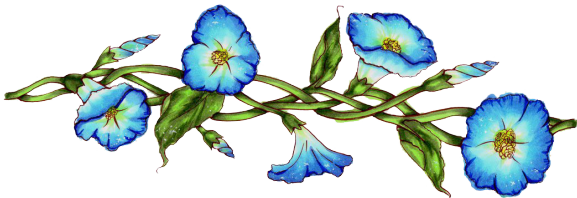
By: Sarah Kelley, Opinion Editor Emerita



This past *Cowl* Wednesday, our editor-in-chief, Marla, contacted me asking where my Swan Song was. I quickly told her it was on the way, but in reality, I had not even started. But my avoidance in writing my last piece to ever be published in *The Cowl* has been much more of a coping mechanism for me than any form of procrastination. I cannot believe my time at *The Cowl* is coming to an end, and I do not want to admit that in a few short weeks, so too my time will end at Providence College. I can’t imagine not going into the office every Wednesday next year, not spending countless hours editing with Taylor Godfrey and Hannah Paxton, and not being a member of one of the best student-run organizations that Providence College has to offer. It is difficult to put into words all of the amazing memories I have gained through *The Cowl*. From reporting on Pope Francis’s canonization mass in Washington, D.C. my sophomore year to attending the National College Media Convention in Dallas, TX this past fall, I am truly grateful for the amazing opportunities this newspaper has provided me and so many other student-writers with. During these last four years, I can say with sincerity that I have seen this newspaper develop into a professional, academic platform through which students can express their ideas, beliefs, and values, and that is something I am incredibly proud of. While I am beyond sad to leave, I am so excited to see where *The Cowl* will go under the new leadership of both Taylor Godfrey and Abby Czerniecki. So I guess what I am trying to say after all of this is thank you. Thank you to *The Cowl*, for giving me an amazing family of friends and writers, for making me laugh (and also making me cry), and for creating memories and friendships that I will always cherish and will never forget.

By: Gabriella Pisano, News Editor  
Emerita

How do you say goodbye and thank you? There’s such finality to it. I find it impossible to find the right words to sum up my time at Providence College. Filled with many ups and downs, my PC adventure is one I wouldn’t give up for anything. Looking back on my time at PC it is clear to me how much I have grown. As a scared little freshman I was so unsure of who I was and why I was here, but slowly I found the places I belonged on campus. These places and the people in them helped me find out who I am and why I am here. To the places and the people: The Women’s Studies Department, one of PC’s hidden gems- “And though she be but little, she is fierce” –Shakespeare. My PC experience would not have been what it was had it not been for Dr. Brooks introducing me to Women’s Studies and taking me under her wing. Thank you Dr. Brooks for inspiring me each and every day! Peer Ministry and my entire Campus Ministry Leadership family, you’ve been such a shining light for me throughout my time at PC. “I alone cannot change the world, but I can cast a stone across the waters to create many ripples” –Mother Teresa. Thank you for always reminding me that God is at the center of all that we do. The *Cowl* family, “Don’t let the muggles get you down” – J.K. Rowling. You walk into *The Cowl* office and laughter and love surrounds you. Marla, thank you for being our fearless leader and our fearless friend. Clara, thank you for loving Hallmark movies as much as I do and for wasting hours away watching movie trailers with me. Thank you Sabrina for telling me to apply for News staff, for being such an amazing co-editor, and most especially for being one of my best friends. And finally, thank you to my parents who gave me the opportunity to go to PC. In doing this you gave me the opportunity to continue to become more of the person I want to be. I love you both, and am unbelievably grateful! So after four years, I realized why I was here. I came to PC because my family is at PC.

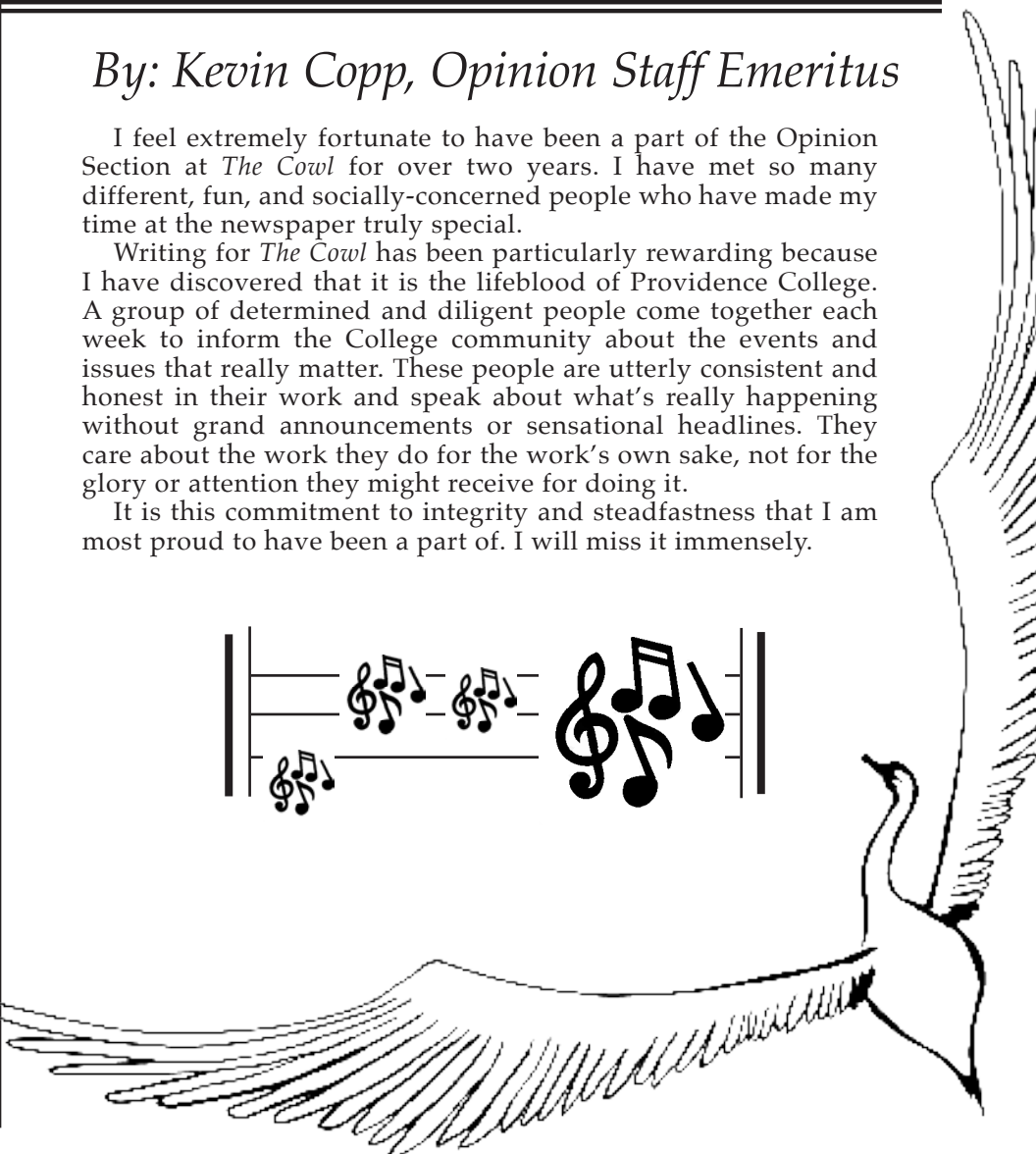
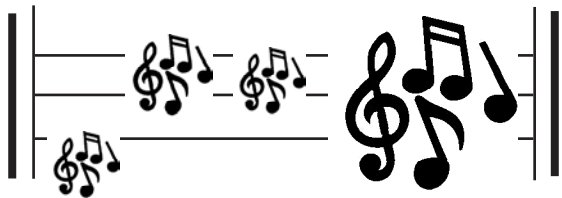


By: Sarah Gianni, News Staff Emerita

Thank you so much to *The Cowl* and the incredible News staff that has been my family for the past four years at Providence College. I would like to give a special shout-out to Gabby, Marla, Sabrina, and Sarah—without the *Cowl* I might have never met you, and I am so thankful to have shared my college experience with you all! *The Cowl* has surrounded me with creative and ambitious friends who I am constantly inspired by. Thank you for always encouraging me to go out and learn something new—both about our PC community and myself. I am forever grateful to have been a part of this team. Here’s to always asking questions, trying new things, and the next adventure.

By: Kevin Copp, Opinion Staff Emeritus

I feel extremely fortunate to have been a part of the Opinion Section at *The Cowl* for over two years. I have met so many different, fun, and socially-concerned people who have made my time at the newspaper truly special. Writing for *The Cowl* has been particularly rewarding because I have discovered that it is the lifeblood of Providence College. A group of determined and diligent people come together each week to inform the College community about the events and issues that really matter. These people are utterly consistent and honest in their work and speak about what’s really happening without grand announcements or sensational headlines. They care about the work they do for the work’s own sake, not for the glory or attention they might receive for doing it. It is this commitment to integrity and steadfastness that I am most proud to have been a part of. I will miss it immensely.



By: Margaret Branham, Photography Staff Emerita

Going into Senior year, I thought I knew who I was, but that was far from the truth. Providence College has made me the person I am today through the people who are now a part of my past and the people who are going to be a part of my future. The friends I have met here are the ones who have formed me, fixed me, and supported me. One of my biggest regrets was not joining *The Cowl* family three years earlier than I did.

In an office where I sang Disney songs and used corny pick up lines, I met people who brought a smile to my face.

In an office where I spent less time working and more time cuddling on the couch, I met people who challenged me.

In an office where I've cried from laughter, sadness, and milkshakes, I met people who loved me despite my burping.

In an office where I've met a family, I met the people who changed Providence College and me.

To my *Cowl* family good luck and thank you for shaping and supporting me.



By: Lela Biggus,  
Opinion Staff Emerita

It's no secret to anyone who knew me freshman year; I did not love Providence College when I first stepped through the Huxley Avenue Gate (RIP). I applied to PC without thoroughly considering if the school would be a good fit, sulked through a rainy-day campus tour, and accepted my offer in light of a generous financial aid package; all while feeling like I had taken a wrong turn somewhere down the road.

It took me four years to see that I was mistaken. I found family here: in the *Cowl* staff, in my fellow global studies "globalistas," and in my ride or die PC Dance Company sisters. I am incredibly grateful for the beautiful individuals I have encountered and learned from these past four years. This is where I was meant to be, and I am going exactly where I am meant to go.

By: McKenzie Tavella,  
Opinion Staff Emerita

Due dates to deadlines, opportunity to voice opinion, man I did not know what I was missing. *The Cowl* is a home to many, but a final destination to a few. It is a place where writers are not born, but blossom anew. Here come the Oscar acknowledgements, to the place that taught us that our opinions matter, and a platform to create chatter. Too many articles to count, but sadly it is now time to dismount. Let it be a perfect 10, because I got to put paper to pen. At the end of my newspaper years, four and no longer counting, but *The Cowl* will still be here. I bid farewell to this chapter of my writing career, my swan song if you will, now sure of what I will be missing.

By: Kelsey Dass,  
Opinion Staff Emerita

There is not enough gratitude in the world to thank everyone who has made my time here at Providence College so incredibly special.

I think everyone can agree that during college we are often in search of who we are, and who we want to become. When I began my journey, I was determined to be able to define myself by something I could really be proud of. Joining *The Cowl* in my second year at PC gave me

this opportunity.

Not only did writing for *The Cowl* give me a voice I never knew I had, but it allowed me to research, observe, and look more closely at the world around me.

To my parents, the diploma I receive is just as much yours as it is mine. Your contribution to my success does not go unnoticed, you have instilled the values in me that made my education possible.

By: Ryan Cox,  
A&E Staff Emeritus

Being a music and math double major, writing for *The Cowl* might be the last place you would expect to find me. That's why I joined the A&E staff four years ago. I wanted to try something completely different than the math and music-related clubs I knew I would inevitably join.

Over four years, I have been able to write about the topics in the arts that I have either found important or interesting. I have had opportunities to interview local celebrities, rising artists, and fellow Friars. I've gotten hate mail for criticizing Idina Menzel.

Though I will be the first to admit that I seemed to always have a conflict with staff meetings, I will forever be grateful that this amazing group of people took me in and kept me writing.

So, thank you, *Cowl* editorial staff and A&E staff, for the incredible memories and opportunities you have all helped me create. Go Friars!

By: Blaine Payer,  
A&E Staff Emeritus

Everyone tells you that your four years of college are going to be over in the blink of an eye, and I hate to admit that they're right. My time at Providence College exceeded my wildest dreams. From the friends I have made to singing in the best a cappella group in the world, Providence College has given me a treasure trove of memories that will last a lifetime.

*The Cowl* gave me a chance to do what I love and write about movies and art as often (or infrequently) as I wanted. It has been a truly wild ride, and I thank and cherish everyone who was brave enough to join me on it.

By: Jeremy Perrigo, Sports Staff Emeritus

I would like to thank the entire *Cowl* staff for giving me the opportunity to join their family for my final year at Providence College.

Entering into my four years at PC I was unsure of what I wanted to do for a career. I declared a major in global studies and then a semester later I added a political science major as well. For quite some time I was somewhat obsessed with politics, and my love of history and the world in general pushed me towards a degree that would allow me to pursue what I then believed to be my passion.

However, it became clear during

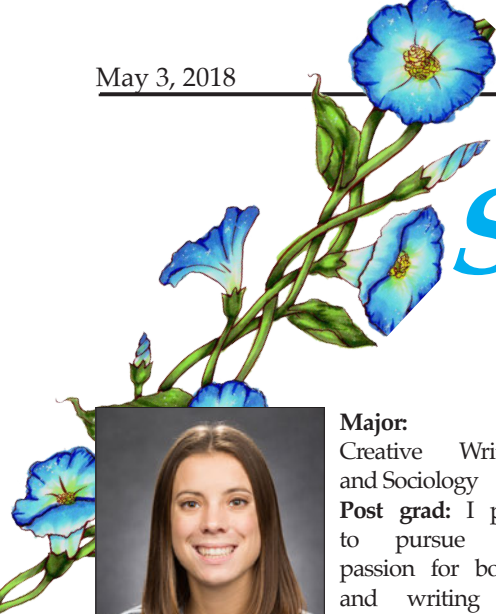
my junior year as I started to write more about hockey, that sports journalism and media would emerge as what I now truly believe is my ideal career. I have been extremely passionate about hockey for my entire life and I have had a strong presence on social media in the hockey world for many years now.

I am thankful for the opportunity those at *The Cowl* have given me to get real experience in the world of journalism, and I look forward to my future outside of PC and the adventures the world has in store for me.

By: Ethan Ticehurst,  
Sports Staff Emeritus

My time with *The Cowl* has been amazing. I have only been a part of the paper for half of my college career, but it has provided me a great opportunity: the ability to write about something that I absolutely love. Sports have always been one of my passions and for the last two years I have been able to share my opinions about sports (and anyone who knows me knows that I love to share my opinion). I would like to thank *The Cowl* for the great opportunity that I have had the last two years and I will miss it.



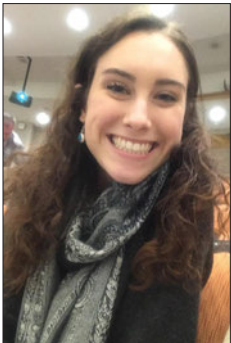


# Summa Cum Laude, 2018



Name: Karla Accorto

**Major:** Creative Writing and Sociology  
**Post grad:** I plan to pursue my passion for books and writing by beginning a career in publishing.



Name: Delina Auciello

**Major:** Global Studies & Public and Community Service Studies  
**Minor:** Black Studies  
**Post grad:** I will be attending the University of Cambridge in England to pursue a nine month Masters of Philosophy in Sociology.



Name: Ingrid Brugnoli-Ensin

**Major:** Health Policy and Management & Women's Studies  
**Minor:** Liberal Arts Honors Program  
**Post grad:** I will take some time to travel before working in public health.



Name: Gabriela Chiaramida

**Major:** Biology  
**Post grad:** Attending Tufts University School of Dental Medicine in the fall.



Name: Abigail Cook

**Major:** Accounting  
**Minor:** Finance  
**Post grad:** In September, I am starting full-time with PwC in NYC. I will be working within the assurance practice on the alternative investments team.



Name: Jade Dandurand

**Major:** Psychology  
**Minor:** Neuroscience Certificate  
**Post grad:** I plan to work in neuropsychology research for the next year, while preparing for a graduate program in either clinical neuropsychology or behavioral neuroscience.



Name: Noah Gemma

**Major:** Philosophy & Theology  
**Post grad:** I thank the servicemen, family, friends, Dominicans, professors, and administrators who enabled me to both develop at PC and attend law school next year.



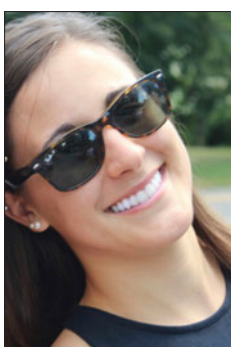
Name: Courtney Altenburger

**Major:** Economics  
**Minor:** Political Science & Public Administration Program  
**Post grad:** I am moving to Foxboro, Massachusetts after graduation to begin working for the FDIC as a Financial Institution Specialist.



Name: Christian Balasco

**Major:** Political Science & English  
**Post grad:** I have taken a position with Teach for America to teach 9th grade special education at a charter school in Fall River, Massachusetts.



Name: Kylie Cafiero

**Major:** Political Science & History  
**Post grad:** I am in the process of interviewing for positions in both social policy research and at consulting firms. I'm also hoping to take some time to travel.



Name: Francesca Chiodi

**Major:** Elementary / Special Education  
**Minor:** Italian  
**Post grad:** I will be pursuing master degrees in both TESOL and Early Childhood Education, while working full-time as an Elementary Education teacher in New York.



Name: Kevin Copp

**Major:** English & Secondary Education  
**Minor:** Business Studies  
**Post grad:** I am currently seeking a high school teaching job in the Chicago area and good books to read.



Name: Jennifer Dorn

**Major:** English & Theatre Arts  
**Minor:** Liberal Arts Honors Program  
**Post grad:** Fulbright English Teaching Assistantship to the Czech Republic, followed by the Teach For America 2019 corps in Tulsa, Oklahoma.



Name: Laurel Gumbart

**Major:** Accountancy  
**Minor:** Economics & Finance  
**Post grad:** I will be working in the Boston office of the public accounting firm PwC as a Healthcare Industry associate in their assurance practice.



Name: Ernest Andreoli

**Major:** History  
**Minor:** Economics & Business Studies  
**Post grad:** Sales Associate at UnitedHealth Care in Hartford, Connecticut.



Name: Jacquelyn Bechtel

**Major:** Marketing  
**Minor:** Finance  
**Post grad:** I am very excited to begin my career as a Marketing Specialist at Vistaprint in Waltham, Massachusetts.



Name: Brian Cain

**Major:** Accountancy  
**Minor:** Economics  
**Post grad:** In October, I will be starting full-time as an Assurance Staff member at EY in Boston! Until then, I will be home in Vermont studying for and taking the CPA Exam.



Name: Nick Coassin

**Major:** Finance  
**Minor:** Mathematics & Accountancy  
**Post grad:** I will be working in New York City as a Sales and Trading Analyst at Keybank Capital Markets.



Name: Alex Cromwell

**Major:** Finance  
**Post grad:** I am still searching for a job for after college, but I hope to be working in Boston helping other people.



Name: Hannah French

**Major:** Spanish & Global Studies  
**Post grad:** I will be teaching high school Spanish in Connecticut with Teach for America over the next two years.



Name: Kristin Hayman

**Major:** Biology  
**Post grad:** I am currently pursuing opportunities to play professional soccer.



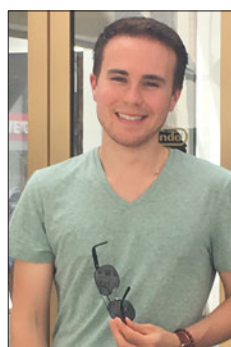
Name: Ashleigh Arenas

**Major:** Elementary / Special Education  
**Minor:** Spanish  
**Post grad:** I will be attending Providence College pursuing my Masters of Education in Literacy.



Name: Kyra Braun

**Major:** Biology & Health Policy and Management  
**Post grad:** Starting this May, I will be attending Johnson & Wales University's Physician Assistant Program.



Name: Ryan Charland

**Major:** Biology  
**Minor:** English  
**Post grad:** Pursuing a MFA in Television, Radio, and Film from Syracuse University's S.I. Newhouse School of Public Communications.



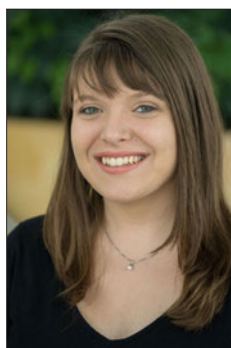
Name: Katharine Comber

**Major:** Social Work  
**Minor:** Liberal Arts Honors Program  
**Post grad:** I plan on attending the Boston University School of Social Work in the Advanced Standing Master of Social Work program.



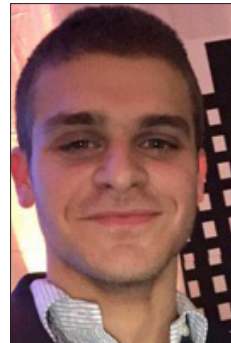
Name: Maura J. Crowley

**Major:** Elementary / Special Education  
**Post grad:** I will be student teaching and completing my education program requirements. I am looking forward to pursuing a Master's degree in Special Education in the near future.



Name: Marla Gagne

**Major:** English  
**Minor:** Political Science & Liberal Arts Honors Program  
**Post grad:** I will be attending Columbia's summer Publishing Course in New York City.



Name: Nicholas Jones

**Major:** Political Science  
**Minor:** Economics  
**Post grad:** Pursuing a career in journalism. I also plan to write books and compose original music on the side.



Name: Sarah Kelley

**Major:** Health Policy and Management & Spanish  
**Minor:** Liberal Arts Honors Program  
**Post grad:** I will be working at the law firm of Bergstresser & Pollock, PC as a paralegal while applying to law school.



Name: Keith Lee

**Major:** Psychology & Biology  
**Minor:** Neuroscience Certificate Program  
**Post grad:** I will be participating in a year of service with the Capuchin Franciscans in Cleveland, Ohio.



Name: Anne Loftus

**Major:** English & Psychology  
**Minor:** Liberal Arts Honors Program  
**Post grad:** I will be working for a year while applying to graduate programs in psychology.



Name: Alexis Lopez

**Major:** Management  
**Minor:** Finance  
**Post grad:** I will be working as a Business Associate in Category Management for Wayfair in Boston, Massachusetts.



Name: Mira Wagner

**Major:** Biology  
**Minor:** Math  
**Post grad:** I'll be attending medical school.



Name: Gabrielle Manion

**Major:** Music  
**Minor:** History  
**Post grad:** I hope to work as a church musician.



Name: Tiffany Marini

**Major:** Marketing  
**Minor:** Finance & Liberal Arts Honors Program  
**Post grad:** Market Consultant/Research Analyst at Ipsos, the #5 ranked top global market research and consulting firm.



Name: David Martineau

**Major:** English  
**Post grad:** I plan to attend Rhode Island College in the fall, pursuing my master's degree in the study of English Literature.



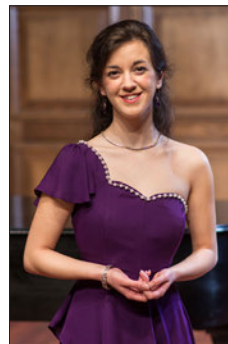
Name: Lauren Martone

**Major:** Psychology  
**Post grad:** I will be attending Minnesota State University in the fall to get my master of arts degree in Clinical Psychology.



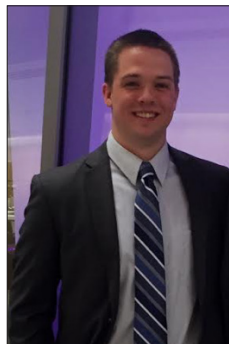
Name: Victoria McCutcheon

**Major:** Psychology  
**Post grad:** I will complete my research internship at the Providence VAMC and will pursue a clinical psychology doctorate so I can work with military personnel and families.



Name: Joan Alison Miller

**Major:** Music: Vocal Performance & Art History  
**Minor:** Liberal Arts Honors Program  
**Post grad:** I will be attending UMass Amherst to receive my Masters in Music in Choral Conducting.



Name: Aiden O'Connor

**Major:** Finance & Mathematics  
**Post grad:** I will be pursuing my FSA (Fellow of the Society of Actuaries) by entering into the Actuarial Leadership Development Program, a 4-5 year rotational program at Prudential Financial.



Name: Emma O'Rourke

**Major:** Global Studies & French  
**Minor:** Business Studies  
**Post grad:** I will spend one more summer at home in Maine and in September I will travel to Buenos Aires, Argentina to learn Spanish.



Name: Lauren Panchley

**Major:** Health Policy and Management  
**Minor:** Writing  
**Post grad:** In August, I will be starting graduate school at Emory University in Atlanta, Georgia, for my Masters of Public Health.



Name: Julia Pinkava

**Major:** Elementary/Special Education  
**Post grad:** I will be teaching in New Hampshire before continuing my education with a Masters in TESOL.



Name: Kathryn Queenan

**Major:** Biology  
**Post grad:** Taking a gap year to work as a Certified Nursing Assistant (CNA) at Rhode Island Hospital to earn hours to apply for Physician Assistant (PA) school.



Name: Haley Rayment

**Major:** Political Science & History  
**Post grad:** I will be participating in Teach for America in Nashville, Tennessee for the next two years.



Name: Gabriella Reimer

**Major:** Political Science & Global Studies  
**Minor:** Spanish  
**Post grad:** I will be pursuing a master's degree in Development Studies at the London School of Economics and Political Science.



Name: Mickayla Roan

**Major:** Health Policy and Management  
**Minor:** Business Studies  
**Post grad:** I will be moving to Washington D.C. for a position at the Lewin Group, a health policy consulting firm.



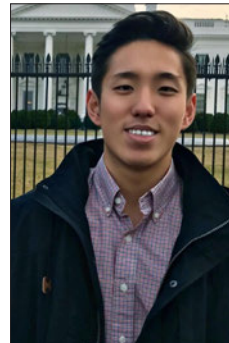
Name: Michael Rogers

**Major:** Accounting  
**Minor:** Finance  
**Post grad:** I'll be going to grad school at Hofstra University on Long Island.



Name: Patrick Slack

**Major:** Business Economics  
**Minor:** Asian Studies  
**Post grad:** Working at Citizens Bank in their Risk Management Department.



Name: Junho Song

**Major:** Biology  
**Post grad:** I will be starting medical school this fall at either Hofstra or Dartmouth.



Name: Ann-Margaret Sullivan

**Major:** Elementary/Special Education  
**Minor:** Spanish  
**Post grad:** I will be attending Teachers College at Columbia University for the Reading Specialist program.



Name: Abigail Wolf

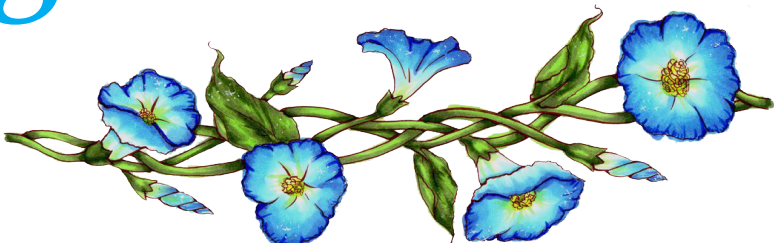
**Major:** Public and Community Service Studies  
**Minor:** Black Studies & Political Science  
**Post grad:** I am excited to spend the next year serving through the Jesuit Volunteer Corps!



Name: Katie Zalaski

**Major:** Finance & Spanish  
**Post grad:** I will be working at JP Morgan in New York City.

*Congratulations Seniors!*



## Students Confront Social Issues

*Providence College Holds Ninth Annual Celebration of Student Scholarship and Creativity*

by William Burleigh '19  
A&E Staff

ON-CAMPUS

Last Wednesday, Providence College held its ninth annual Celebration of Student Scholarship and Creativity. The event showcased the scholarly, creative, and service work that PC students have accomplished this year on campus, in the community, and around the world. Students from all class years, majors, and disciplines presented their independent studies and passion projects with poster boards and other media displays in the Slavin Center.

Maalik Mbatch '18, a studio art major, showcased his photography project focused on digital imaging. The goal of Mbatch's work, completed over the span of seven months, was to explore the psychological relationship between memory and childhood trauma. He showcased two photographs, from his larger presentation that was displayed in the Smith Center for the Arts earlier this semester.

His unique photos displayed basic scenes from his childhood, with a touch of intrigue. Mbatch utilized Photoshop to blur and distort the facial features of himself and his family members in the photos. This is meant to symbolize how memories of scenes can be distorted and changed depending on our emotional feelings towards the events.

Mbatch described how his project was cathartic for him because it allowed him to confront traumatic events

from his childhood. He also stressed the importance of self-actualization as a senior approaching graduation, saying, "My project taught me how to address trauma and mental health in a healthy way. It also helped me to work with the events of my past, as opposed to allowing them to become suppressed. I feel it's important as a college graduate to acknowledge what kind of person I was and what kind of person I'm going to be."

Sophia Forneris '18, another studio art major, presented her photography project confronting and examining the emotional effects of sexual assault. Forneris, who has been working on her project for two years, sought to use her photographs to represent the

feelings of loneliness that women experience while dealing with the effects of sexual harassment and assault. Forneris displayed three black-and-white photographs—also part of a larger collection previously shown in the Smith Center—of women alone in intimate, yet isolated situations.

She paired these with a booklet containing a compilation of text messages that female PC students received from males looking to initiate sexual encounters. The texts, and other social media interactions, were all intended to be incredibly graphic and distasteful. Forneris collected these texts from girls around campus to highlight how disturbingly aggressive some males

can be in daily online interactions.

Forneris hopes that her project can bring awareness to the ongoing issues of sexual harassment and assault and its effects on women. She said, "I feel like as a community, it is a subject we have discussed this year with the #MeToo Movement. But I want us as a community to understand that we have the duty to create functioning individuals that will succeed after college."

Manya Glassman '19, a film minor, presented her nine-minute short film entitled *A Stay in Japan*. Manya shot the short film in the spring of 2017, when she attended PC's Maymester in Japan. *A Stay in Japan* tells the story of a shallow American model who travels to Japan and has an unexpectedly eye-opening experience.

Glassman sought to explore themes of values, enlightenment, and transformation with her work. She hopes that her short film can bring a higher level of insight and cultural awareness to Americans.

Glassman said, "I wanted this film to encapsulate how occupied we've become with our own lives and our own culture. We've been raised in our American way in our American culture. We always think we're right. And we need a more global perspective. Living in America, I don't think we try to explore other cultures as much as we should. With this film, I tried to show how sometimes we are so caught up in our own lives and culture that we don't take the time to stop for a moment and appreciate other communities."



Isabella Christilles '19 presents her research to attendees.

LAURA CHADBOURNE '20/THE COWL

## Clams and Jams: BOP Organizes Clam Fest Event

### Clam Fest

Continued from front page

Students 21+ could indulge in a beer garden with proper ID. Meanwhile, everyone played classic lawn games like Spikeball and Kanjam or jumped into one of the inflatable slides.

Although the lines were long and the food ran out quite quickly, it was free food. Bringing good food to college students on a beautiful Saturday afternoon is like throwing a bucket of bait into "Shark Alley." The shortage of food was clearly not the fault of the planning committee but rather evidence of the estimated 1,500 students who attended throughout the day.

All of the food and activities were set against live music from the Cape Cod Slackers, a local, multi-instrumental duo who provided covers of classic summer jams. Something about middle-aged guys playing the saxophone at large gatherings seems to complement a nice summer day.

Overall, students had a great time at Clam Fest. Connor Perron '21 explained that he had two bowls of chowder before deciding to cut himself off while John MacKeen '21 raved about the doughboys from Iggy's Doughboys & Chowder House. More traditional New Englanders like Cameron Smith '21 asked, "Where are the clams?" expecting to show up to clams in their lone glory, fried or steamed. Nevertheless, the general attitude was positive. The timing, the organization, and the variety of foods, beverages, and activities pleased almost everybody.

Of course, Clam Fest would not have been possible without BOP. Just coming off of organizing the Spring Concert, featuring Galantis, the club



Students enjoy frozen lemonade, fried dough, and kettle corn at Clam Fest.

BRIANNA COLLETTI '21/THE COWL

threw together another on-campus favorite. Matt Mannarino '18, head of the committee in charge of Clam Fest, surely worked hard to make

the day a memorable one for the PC community as students prepare to leave for the summer. Hopefully Clam Fest will remain a staple event for years to come.

# Pep It Up! An Interview with the PC Pep Band

by Ryan Cox '18  
A&E Staff Emeritus

ON CAMPUS

The Providence College Pep Band is part of Friartown’s heart and soul. I got a chance to talk to three of the seniors—Kasey Cardin ’18, Sam Mahoney ’18, and Kyle Van Dzura ’18—about their memories with the “best band in the land.”

**Ryan Cox:** *What motivated you to join?*

**Kasey Cardin:** I wanted to be involved with music in some way at PC, and I saw the Pep Band everywhere. I fell in love with them when I came to Accepted Students Day.

**Kyle Van Dzura:** I saw the Pep Band at Accepted Students Day, and I knew right away that I needed to be a part of it. Even passing Friar fans notice how much the band acts like family.

**RC:** *What are some of your favorite songs from the Pep Band?*

**KC:** “Can’t Stop” by the Red Hot Chili Peppers. The band played it when I went to Accepted Students Day, and I got goosebumps when I got to play it at my first rehearsal.

**Sam Mahoney:** I really enjoyed “September,” “Jungle Boogie,” and “Thriller.” They always remind me of the band from now on.

**KV:** “Get Up (I Feel Like Being a) Sex Machine” by James Brown. It’s the first tune I learned how to solo on, so it holds a special place in my heart.

**RC:** *What are some of your favorite Pep Band memories?*

**KC:** I always wanted to storm the court, so getting to do that at the Villanova game was awesome. We are so lucky to get to do all these incredible things for free.

**SM:** I always enjoyed traveling, especially to Raleigh and Charlotte. I got to perform at the NCAA National Hockey Championship and actually watch the Friars win that game.

**KV:** The 2018 Basketball Big East Tournament. I took a half day from student teaching and took a six-hour bus ride to New York. I’m not saying I’m a good luck charm, but when I arrived the team was

down by 17 against Xavier and we went on to win in overtime. It was one of the best games I’ve ever seen.

**RC:** *What are you going to miss the most?*

**KC:** What isn’t there to miss? The worst part is you only get four years.

**KV:** I’ve met my roommates, best friends, and girlfriend because of Pep Band. The games are fun, but it’s the members that make the Pep Band the best band in the land.

**RC:** *What advice would you give to anyone interested in joining?*

**SM:** There’s room for everyone. Everyone in the group has different talents that all contribute to the ensemble.

**KV:** You’ll get four years of once-in-a-lifetime experiences and the chance to jam with some of the best musicians at PC. Enjoy every moment. Most importantly, be yourself. You’ll see me with ridiculous face paint or dancing like an idiot. In high school, I was ridiculed for doing that. In the Pep Band, I’m accepted. This band is so special because it’s a place where anyone is welcome, regardless of who they are.



Pep Band seniors (L-R): Kyle Van Dzura '18, Kasey Cardin '18, Sam Mahoney '18, and Griffin McShane '18. PHOTO COURTESY OF MICHAEL TOLLESTRUP

## Pain, Loss, and Love: “Immigrant: A Storyteller’s Event”

by Sara Conway '21  
A&E Staff

ON CAMPUS

On Tuesday, April 24, Providence College hosted “Immigrant: A Storyteller’s Event” sponsored by the Providence Immigration Rights Coalition. Those in attendance were able to see the written and visual stories of PC students, faculty, and staff members about their personal experiences with immigration and calling the United States home.

While the creators of the showcased pieces remain nameless, the anonymity did not in any way detract from the raw emotion expressed on every canvas, whether a piece of a paper, photo paper, or poster board.

Stepping into Moore Hall 122, one was immediately enveloped by the bright colors of the artwork propped up against the walls on one side of the room. On another, quietly provoking photographs featured in slim, black frames, and the words on white paper, hung up on a line.

Some pieces, particularly the artwork, calls viewers to action, such as the poster headed with #DefendDACA (Deferred Action for Childhood Arrivals), featuring three seated people with interlocking arms and roots growing underneath them and flowers among them. In the corner of the poster reads “Rise Up As One,” asserting the connection between the three figures depicted and their desire to consider the United States their home, as the girl’s T-shirt says, “This is home.”

The Trump administration first announced their plans to end DACA—a program implemented



Providence locals march towards the State House on Friday, September 8, 2017, to support DACA. PHOTO COURTESY OF STEVE SZYDLOWSKI/THE PROVIDENCE JOURNAL

during the administration of former president, Barack Obama, in June of 2012—in 2017, but have stopped accepting new DACA applications, renewals, and the protection of the program as of March 5, 2018.

Obama created DACA according to the recent *New York Times* article, “U.S. Must Keep DACA and Accept New Applications, Federal Judge Rules” by Miriam Jordan, to argue that children brought into the country when they were young “should be treated as low priorities for deportation.” Those undocumented youth who sign up are known as “The Dreamers,” although

in order to stay in the program, an application for the renewal of their status is required every two years.

As seen at PC’s event, the artwork and writing gave visitors a new connection to those struggling as immigrants in the United States. The artists and writers bravely tell their stories, revealing the pain they have sought to overcome, the loss that can never quite be forced back enough into the past and the love that they still feel for the country that raised them, despite the nation’s desire to push them out.

The author of the poem, “The Unwanted, but The Grateful,” pleads

with America, writing “You may not want me / But I do want you / You are all I have ever known.” Not all immigrants remember their native countries because they have built part of their lives, or in the case of the author, his entire life, in the United States.

They do not know anything else, yet they still face the discrimination of this supposedly “great” nation whose government—and many citizens—believe that they are not welcome. The writer closes his poem with a plea for compromise: “I can continue to tolerate my not belonging / If you just let me stay.”

# PC’s Dance Company Shines in Spring Showcase

by **Elizabeth Jancsy '18**  
A&E Staff Emerita

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ON-CAMPUS

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On Saturday afternoon in the Angell Blackfriars Theatre, the lights went down, the audience became silent, and dancers took their places on stage. To many dancers in the Providence College Dance Company (PCDC) it was just

another dance show, but for the seniors in the company this would be their last time on PC’s stage. From the beginning of the semester, PCDC has been preparing for their Senior Show. Every senior in the company has the opportunity to choreograph a dance as a final mark on the company that many of them have been a part of since freshman year. Emotions were high but the passion was prevalent on stage. From more slow, modern pieces to electric tap numbers, the show offered a wide range of music and dance styles. As opposed to the fall show, this performance was all about the company dancers. The feelings of friendship and love were prevalent on stage. It is clear that these dancers are a family, and the trust and dedication they put into each other on and off

the stage allowed them to put on a great performance. Each song reflected a group of dancers who were clearly working to create a piece of art that contains a message. The costumes allowed for the dancers to move fluidly on stage, and made every dancer shine in their spotlight. The choreographers were allowed to pick out the costumes themselves, making the piece even more in their control. It is clear that the dancers in this company have been training in dance long before their time here at PC. Featured in the program was a short bio for each dancer, and it was rare to not see a company member dancing before the age of 3. PCDC, an audition based company, selects some of the most talented and trained dancers on this campus to be a part of the company. The audience was blown away with the turns and leaps, and the dancers did not stop there. The dancers’ athleticism was on full display during this show, as many dancers were in back to back songs. The show lasted two acts and displayed the dancers’ energy and passion throughout. The most memorable dance was the senior dance which closed the show. All the seniors danced together for one last time in a mass of beautiful lilac dresses. The lights illuminated the dancers, while the rest of the stage was bare. The women moved together in a very emotional and powerful way, reflecting the time they spent together in PCDC. It was a wonderful and touching way to congratulate the seniors on the work they have done. The final lighting cue was the PC crest illuminated on the stage, and as the seniors prepared for life after college, they took their final bow on the PC stage.



The Providence College Dance Company.

BRIANNA COLLETTI '21/THE COWL

# Post Malone’s Latest Album Reaches Number One

by **Catherine Goldberg '20**  
A&E Staff

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MUSIC

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Over the weekend, Post Malone released his latest album, *Beerbongs & Bentleys*. Austin Richard Post (Post Malone), first gained major recognition in August 2015 with the release of his debut single, “White Iverson.” Immediately following, he landed a record deal with Republic Records. Ever since, he has been on the rise as one of America’s most popular rappers and singer-songwriters. In a recent interview with *Rolling Stone*, Post Malone stated that he is not into labels. He told the interviewer, “I don’t want to be a rapper... I just want to be a person that makes music.” In February of last year, Post’s album, *Stoney*, peaked at number one for six weeks. The album remained on the *Billboard* charts for 72 weeks. It is no shock that *Billboard* music predicts *Beerbongs & Bentleys* to be a number one debut album on the Top 200 Chart very soon. *Billboard* says, the album is “on course to break the record for the biggest streaming week ever for an album and score the biggest week of the year for an album overall equivalent to album units.” Post is trying to push the genre of hip-hop with the new record. He claims that he is working within a field he actively disdains, and wants to make a change. “Rockstar,” originally released last year, is featured in the album as a hit single. Many of the other songs



Post Malone’s latest album garnered 80 million streams worldwide on Spotify on its first day of release.

PHOTO COURTESY OF REPUBLIC PRESS PHOTO

on the album, such as “Rich & Sad,” expose the struggles Post has had with new-money narcissism. “Stay” is a ballad Post sings to one of his love interests with whom he has obviously had problems: “Every time we make up the truth is faded / Everybody’s blind when the view’s amazing.” Some other popular songs on his album include, “Psycho,” “Paranoid,” and “Better Now.” The album is now available on iTunes, Spotify, and in stores.

## The Greatest Lesson

by David Martineau '18  
Portfolio Editor *Emeritus*

FICTION

High atop the windswept peak of a nameless mountain, a young man dressed in heavy furs pulled himself up onto a jagged ledge and rose unsteadily to his feet. Clearing snow and frost from his eyes, he blinked against the driving wind towards the entrance of the cave that yawned before him. A wave of disbelief and vindication surged through him at what he had done, keeping his frostbitten limbs warm enough to press on. He had traveled many miles, crossing hills and valleys and rivers, all to find this place. This legendary cavern was said to be the dwelling place of a great hermit, a master monk who, supposedly, knew the secrets that all men wished to know.

Beyond the entrance to the cave, the howling storm outside seemed to fade into nonexistence, all sound of it driven away by the oppressive quiet of the cavern's walls of stone. Cupping his hands before his mouth to warm them with his breath, the young man surveyed the interior of the cave with a quick glance. It was completely dark, except for a small point of flickering light that emanated from a single candle, the only object in the cavern that was man-made. Seated behind the candle, his face obscured by a hooded robe, was a man of indeterminate age. Despite the solemnity of his surroundings, the young man felt himself smile. He approached the monk with solemn steps, kneeling before the candle and waiting to be addressed.

To his surprise, the monk said nothing. His shadowed face was silent as the minutes dragged on. When the cold was beginning to threaten the young man with madness, he finally broke the decorum of the moment and said, "Great Master...I have been searching for you."

The monk lifted his hooded eyes with a surprisingly ungraceful jerk, and then he said, "Oh...hello there. You seem to have caught me while I was asleep."

The young man felt his confusion and astonishment increase. This was hardly how he had expected his journey of enlightenment to begin, with a grueling hike and a sleeping monk. Nevertheless, he pressed on. "They say you are the master who knows the greatest secrets of the universe," he said.

"They? Who's they?" the monk asked. "Is it that farmer from the village—what was his name? You shouldn't listen to him. He once tried to sell me a bucket of apples for three times their average price."

The young man shook his head. "What? I'm not talking about any *farmer*. I'm talking about the greatest mystics and scholars in the world. They all say that you are the wisest monk who ever lived, that you have discovered the mystery of life. I came here because I want you to teach me!"

The monk tilted his head slightly. "And why would you want to do that?"

"What do you mean, *why*?" the young man sputtered, now getting frustrated. "Don't you think that I'd like to know the meaning of life?"

The monk shrugged. "I don't know. Is it

been enough to make him flee from it to join missionary groups, charitable organizations, and anything else that could forestall the inevitable burden of reality that threatened to crush him, even now. Turning back to the monk, he said, "I don't know. I guess...I guess I just want to know that there's a reason for it all."

The monk chortled quietly. "And you had to come all the way up here to realize that?"

"What do you mean?"

The monk leaned forward, and the young man—for just an instant—caught the barest outlines of a face that was like every other face he had ever known. "Son," the monk said, "there's a reason for everything that exists, for everything that you do. The reason is what you make of it all. Life isn't about finding the truth. It's about *looking* for it."

The young man couldn't help but feel disappointed.

"So...that's it?" he asked. "All of that questioning, wondering what's right and wrong? I did it all just to find out that the meaning of life is *not to know the meaning of life*?"

The monk smiled. "I know...annoying, isn't it?"

The young man grimaced angrily. "It's more than annoying!" he burst out. "It's infuriating!"

"It will be," the monk said. "For a while. But then you'll see that it's actually freeing. The meaning is always out of reach, so you have to make your own while you're here. It's not about

finding the 'right way' to do something, the absolute key to living your life. It's about trying, and failing, and using that failure to succeed the next time. Do you think that you can do that?"

The young man looked at the ground for a moment. "I...I think so."

"Good!" said the monk. "Then I guess we're done here."

The young man rose, feeling both exhausted and enlivened. Turning towards the entrance of the cave, he began to leave, only to turn back and ask one more question. To his shock, he found that the monk was gone, candle and all, as if he had never existed. The young man looked around, uncertain, and then took a deep breath before starting the climb down.

*Perhaps, he thought, some questions are better left unanswered.*



really that important to you?"

The young man couldn't believe what he was hearing. "Yes! It's *very* important to me!" "Why?"

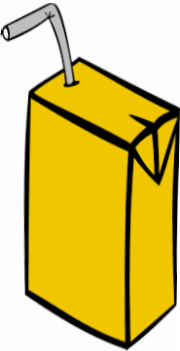
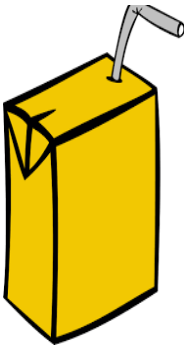
For the first time since he had begun the conversation, the young man found himself forced to pause. He had never really considered why he had gone on the journey of self-discovery that had led him here, to what was *supposed* to be the wisest man on Earth. His life was not much different than anyone else he had known back home. All of his friends were just like him—newly-graduated, thrust into the large world outside their narrow perspectives with just enough preparation to inform them of how hopelessly *unprepared* they were, and utterly uncertain of what was to happen in the future.

The thought of that happening to him had

# To All The Juice Boxes I Threw Away

by Erin Lucey '20  
Portfolio Staff

POETRY



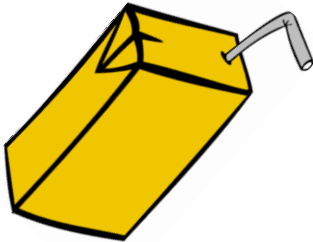
Walking to school,  
Our eyes were so bright.  
I arrived with huge passion,  
Though my body was slight.

A yellow ticket each day,  
And I giggle as I wait.  
There were lines on the gym floor,  
And a chicken patty on my plate.



On go the years,  
And still struck with such pride  
I munched on my goldfish,  
With my lunchbox open wide.

How slowly the days pass by,  
Though life moves way too quick.  
Soon I was shuffling through the halls,  
With a swift snack amongst the brick.

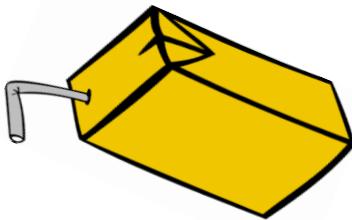
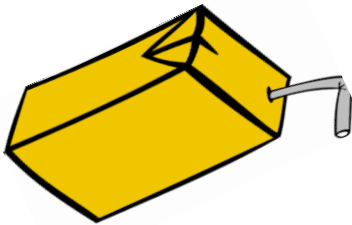


Lunch became such a game,  
And on my journey to win  
My juice boxes and animal crackers  
Went right in the bin.

But why did I not realize  
That it doesn't matter who sees!  
And if I could go back  
I'd sip them with ease.

Because packing your own bag,  
Marks the day you have grown,  
But you will not yet realize  
You missed the time that has flown.

Although I regret,  
I know their flavor is now gone.  
And if I could go back,  
I'd make sure to hang on.



Because all the time in the world,  
Would never be quite enough.  
When you can't relive the days  
Of the peanut butter and fluff.



# I Heard You Quit The Team

by Marelle Hipolito '21  
Portfolio Staff

POETRY

I heard you quit the team  
I didn't think you would, and I didn't think you could  
but you gave up your childhood dream

I heard that it was a long time coming  
people weren't surprised, your priorities were compromised  
but you didn't end up with nothing

I heard you two started dating  
Even though I ghosted town, word still got around  
It became official when you stopped playing

So, you quit the team, you quit the dream  
And instead chased something that won't be everything it first seems  
Through all of this, did you ever think of me?

PHOTO COURTESY OF MENTALTOUGHNESSTRAINER.COM

# The Unspoken Goodbye

by Connor Zimmerman '20  
Portfolio Editor

POETRY

Just when I turned towards you, I saw your face  
With the tears gracefully gliding down your cheek.  
You were smiling in your pain, trying to feign  
I walked over and held you close, as I said:  
"Smile now, don't cry, 'cause this is the first of the lasts."

Going through the motions was something you could not stand.  
The first time that we met as strangers in that dark room  
You made me feel like I was the only person there.  
Then, I could tell you would always care as you expressed:  
"Don't forget that I will always be there for you."

Something that drew me to you was your contagious smile.  
It was on display the second time we saw each other,  
Though I will not forgive myself 'cause I forgot your name.  
You introduced me to everyone, as you shouted out:  
"Get over here and come meet this amazing person."

Oh, how the time has flown since I really got to know you truly.  
We grew closer together than I could have ever imagined.  
Our laughs, hopes, and fears all became exposed during our late-night talks.  
I will always remember when I wrote you that note that whispered:  
"Life is only measured by the connections that we make with others."

I do not know if these words will be our end.  
You must move on to the next stage in your life,  
But I will always defend these memories  
From the powerful forces of time and rage.

If we are close to our end, let us recall what you said in the last hour;  
"One word will remain unspoken for we will never let it have power."



GRAPHIC DESIGN COURTESY OF CONNOR ZIMMERMAN '20

	Listomania
	Rejected Listomania Ideas
	Hottest Friars
	Best PC Bathroom Graffiti
	Ways To Cheat On Your DWC Exam
	Athletes We Would Date
	Most Useless Majors
	Places To Hide Stolen Cows
	Ways To Avoid Parietals
	Schools Better Than PC
	Worst Things You Can Find In A Bathroom Sink
	Reasons Why Boys Break Ceiling Tiles
	How To Break Into Alumni On A Sunday Night
	Lies Our Professors Tell Us
	Why Father Shanley Is Really Going On Sabbatical

# TIME HEALS

by Sam Pellman '20  
Portfolio Staff

POETRY

Have you ever been in a moment and stopped to think about how much you'll miss that exact moment? That no matter where you are or when you are there, you will never be able to live that moment again? So you tried to stop to soak it in, but nothing could replace that feeling. Is it bittersweet? Or is it beautiful? Do we dwell on the past or become hopeful for the future?

There's beauty in every moment.  
Knowing that the worst moments are never forever,  
But some of the best have yet to come.

It's not the time I'm afraid of, it's the change that comes with it.  
A year seems like a long time, but when you look back it's really not long at all.  
And who are you now? The same person you were a year ago, or someone completely different?  
Have you *changed*? I hope so.

Who is still in your life and who has left?  
Does that reality help you or does it make you sad?

I think time gets a bad reputation.  
People are afraid of time, resistant to its close friend, change.  
I think we hate change when it's happening to us and when we think we are drowning.  
But then we look back and we look at our growth

And we thank God for the change.  
We thank God for the things that didn't work out, the things we didn't get and thought we deserved.

Because it's made us who we are now.

Time has no expiration date; it'll continue on even if we're not ready.  
It's my job to embrace it, to let it bring in what I need and take out what is no longer giving my life meaning.  
To take each day one day at a time, and trust that time has a secret agenda that involves my happiness in the end.  
Time flies, and it deserves not to be wasted.

## Tiffany & Earl

*Making PC an emotionally stable place one letter at a time*

Dear Tiff and Earl,

I only have \$10 left on my card; how do I make it through finals week without starving?

Sincerely,  
Will Do Things For Money

Dear Penniless Person,

You starve. I know that's tough to hear, but that may be what you have to do!! Because if you're anything like me, you wasted your Friar Bucks at the Ruane Café getting \$5 venti caramel macchiatos. So, if you just have \$10 left, that's only two more overpriced coffees, and you still have finals week. That sucks.

Best of luck,

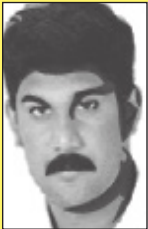


Tiffany

Dear Poor Richard,

\$10 can get you far. That is, if you know how to spend it. The lazy man can prioritize carbs, while the creative mind will buy smart and trade strategic items (I see you, Allie's Donuts) with roommates or acquaintances to form somewhat legitimate meals. If all else fails, I hear the Foxy Lady has free breakfast. What is that place, anyway?

Always hungry,



EARL

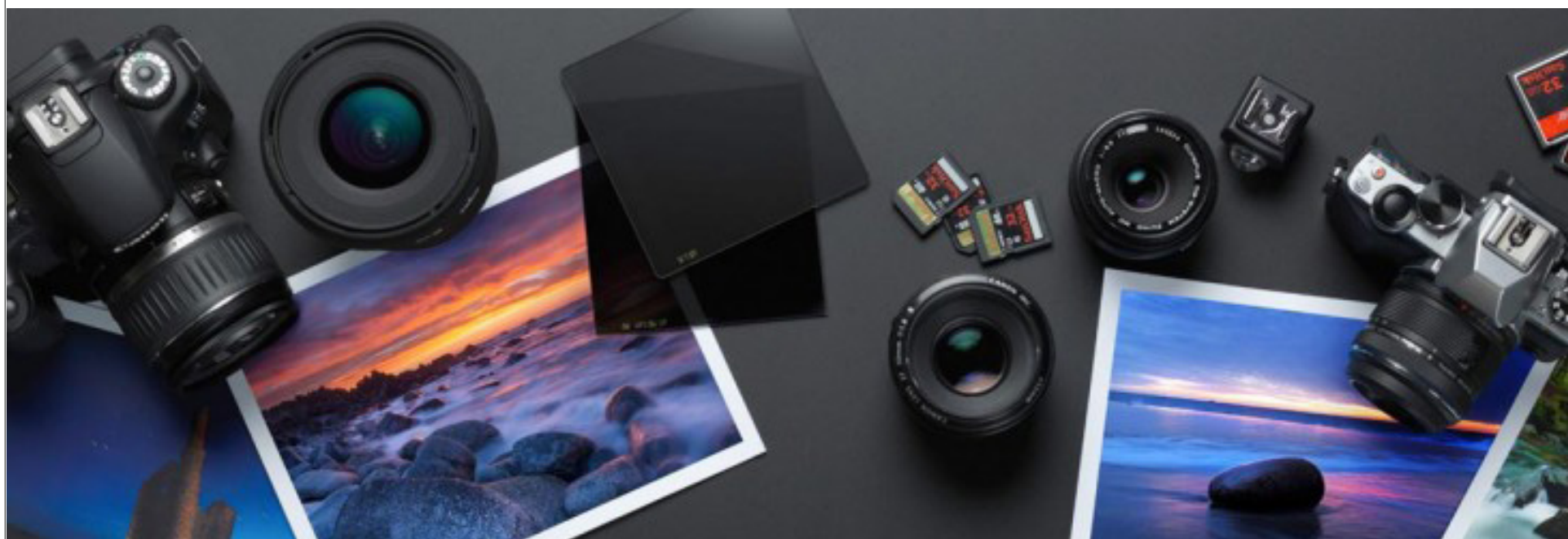
*This is a satirical column that does not reflect the views of Providence College or The Cowl.*



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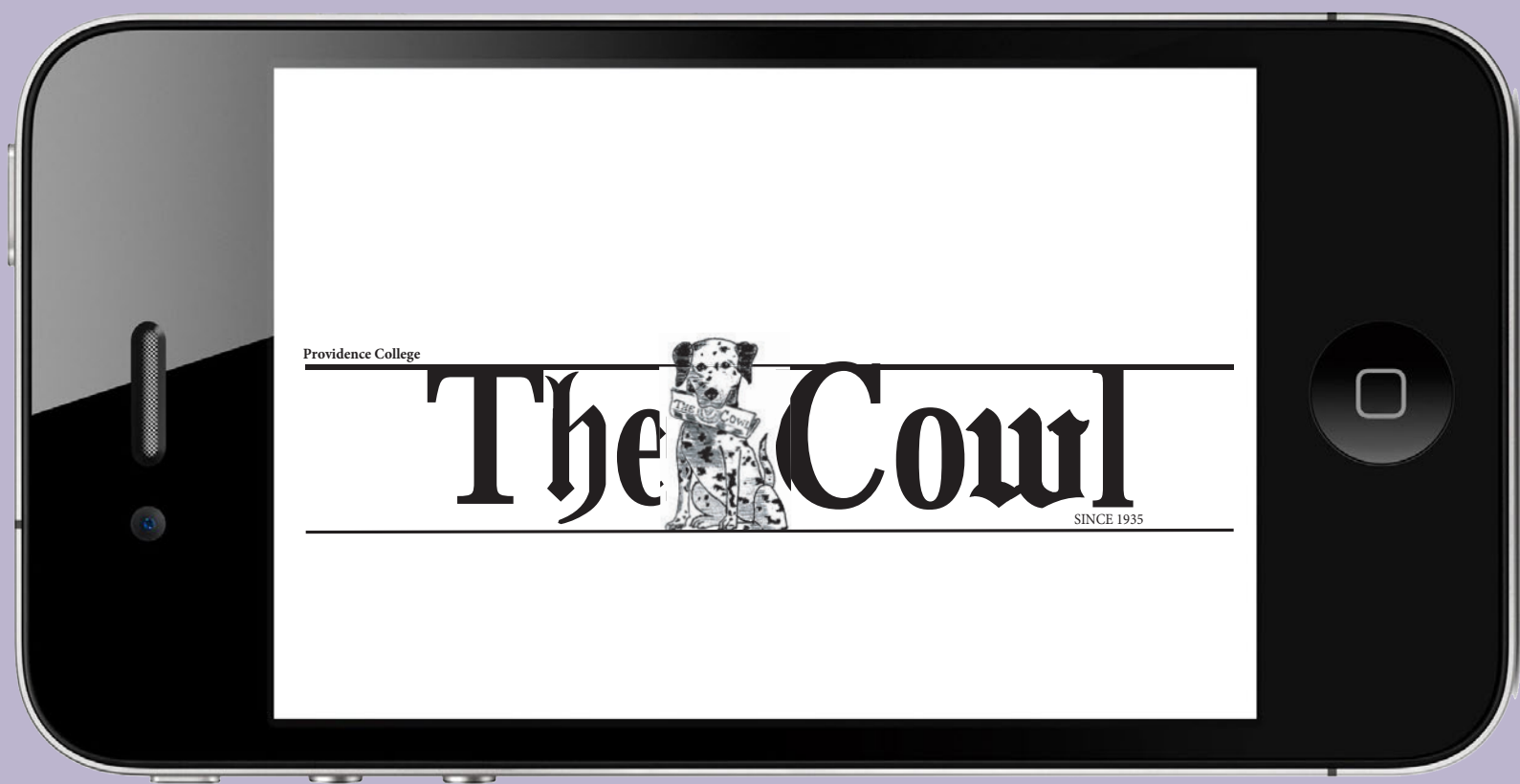
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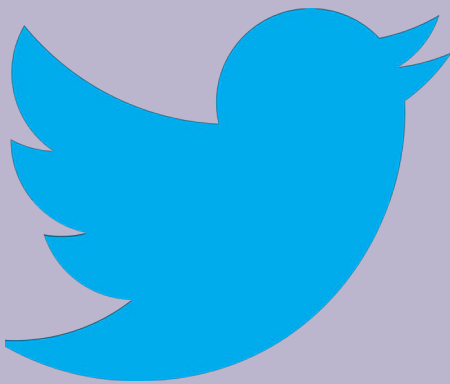


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## Year in PC Sports 2017-2018

The Cowl's *Sports Section* Looks Back at the Top Sports Moments from the Past Year

### Fight for Drew Brown Night

by Sam Scanlon '19  
Sports Staff

HOCKEY

The Providence College community lost a great one this year. Drew Brown '16, a former Friar hockey player and National Champion, lost his courageous battle with cancer on November 11, 2017, at the age of 25.

The Friars hosted the University of Massachusetts Amherst Minutemen for a weekend series on Nov. 10-11. Earlier that week, the game against UMass Amherst was named "I Fight for Drew Brown Night" with all proceeds going to the Brown family. By doing this, it was a way the community could stand with Brown and fight alongside him. Unfortunately, hours before the game, Brown lost his battle. "I Fight for Drew Brown Night" proceeded as planned, with countless heartfelt tributes throughout the night.

With their fallen brother in mind, the Friars took the ice on Saturday night to play and fight for Drew Brown. Former teammate and captain of the Friars, Brian Pinho '18, got the Friars going early as he deposited his first goal of the game in just under five minutes. Pinho's emotion throughout the game was felt by everyone in the arena that night, so his first tally opened the floodgates and sparked the Friars' onslaught.

Following Pinho's first strike, four consecutive power play goals ensued for



The scoreboard during a moment of silence for Brown before the game.

PHOTO COURTESY OF NICHOLAS CRENSHAW '20/THE COWL

the Friars, starting with Scott Conway '19, a pair from defenseman Ben Mirageas '21, and Pinho's second of the game. The power play success brought the score to 5-2 with one period left to play.

The Friars' main goal was to win this contest against a Hockey East opponent. However, everyone's mind was on

winning for Drew Brown, and the entire locker room wanted to do something special for him.

A little over halfway through the third period, forward Erik Foley '19 scored a beautiful goal to extend the Friar lead to 6-2. With time winding down and a sizeable lead for the Friars, something still felt missing from the game. The

missing piece was provided by Kasper Björkqvist '20 with under two minutes left to play on yet another power play goal. This goal, however, lit up the entirety of Schneider Arena. This goal was goal number seven for the Friars on "I Fight for Drew Brown Night". In his time with the Friars, Drew Brown wore number seven.

## PC Men's Basketball Recruiting Class

by Sullivan Burgess '20  
Sports Staff

BASKETBALL

The best Providence College sports moment of the year was earlier in the basketball season, when the announcement of the Providence College Men's Basketball Team signing two ESPN Top 100 High School players: Massachusetts native A.J. Reeves and Rhode Island native David Duke.

With many of the starters of this season including Kyron Cartwright '18 and Rodney Bullock '18 graduating, PC students needed a silver lining for next season; luckily, that miracle came in October off the court. Point guard David Duke from Cushing Academy, ranked 46th on ESPN Top 100, declined offers from University of Florida, University of Kansas, Syracuse University, University of Rhode Island, and University of Connecticut to stay in his home state and join Ed Cooley to become a Friar. Duke grew up in Providence and his parents still live in the Elmhurst neighborhood. Duke is the highest ranked player to commit to PC since Rickey Ledo came to campus in 2012.

He will be joined by shooting guard A.J. Reeves from Brimmer & May High School, who signed in June of last summer, after declining offers from



Reeves (left) and Duke (right) pose together.

PHOTO COURTESY OF SCOUTFRIARS.COM

University of Louisville, Villanova University, and the University of Virginia. Reeves, who is six foot six inches, was named the Massachusetts Gatorade Player of the Year during his senior season, where he averaged 27.1 points per game and 9.1 rebounds per game.

According to rivals.com, which ranks the recruiting classes for each team, Providence has the 22nd best class in Division I. Both Duke and Reeves are considered to be four-star recruits according to Rivals and ESPN. With

the signing of these two, alongside the signing of power forwards Kris Monroe and Jimmy Nichols Jr. PC turned into one of hottest schools to sign with in the Big East.

Aside from making PC one of the stronger schools in the Big East, Reeves and Duke's attendance at PC maintains the winning culture and mindset Head Coach Ed Cooley brings each season for the school. Both athletes attended this year's Iverson Classic, hosted by NBA Hall-of-Famer Allen Iverson, and have been in the gym together working on

one goal, bringing the March Madness championship to Providence.

Their chemistry will be pivotal this upcoming season to help develop a rhythm to mix together with our current players to find the strengths of any team that stands in front of the Friars. Reeves and Duke are the spark of light this school needs to be taken seriously as contenders for March Madness. Their addition to the team will attract upcoming future Friar recruits who are looking to come here and be a part of the Friar Family and culture.

# Miracle at the Dunk

## Basketball Season Highlighted by Upset Win Over 'Nova

by Thomas Zinzarella '21  
Sports Staff  
BASKETBALL

After seeing the Providence College Men's Basketball Team come off an unexpected loss against DePaul University during the latter part of the week, the Friar faithful made sure to come out in force and rally behind their home team as they hosted the No. 2 ranked Villanova University Wildcats on Wednesday, February 14. Friar students stole the clothing headlines as they outmatched Villanova head coach Jay Wright and his fresh dry-cleaned suits with their pink Friar t-shirts to commemorate Pink Out in Friartown.

PC had gotten crushed by the Wildcats earlier in the year, but from the tip-off, Friar fans could see the team was going to fight all 40 minutes.

The Friars stuck with Villanova early on and had a 27-23 lead at half. PC's defense held the Wildcats to 0-7 from behind the three point line in the first half.

Through the first 10 minutes of the second half, neither team could gain an edge. PC held a 49-47 lead when Rodney Bullock '18 finished with an electric one-handed slam dunk that sent the Dunkin' Donuts Center into a frenzy.

Villanova continued to struggle to find their rhythm on offense as the Friars put constant pressure on their shooters all night. Lead by Kyron Cartwright '18 and Alpha Diallo '20,



Rodney Bullock '18 goes for the lay-up.

PHOTO COURTESY OF NICHOLAS CRENSHAW '20/THE COWL

PC pushed ahead to a 67-58 lead with about four minutes left to go.

Cartwright led the Friars with 17 points while Diallo and Bullock both scored 14. Jalen Lindsey '18 also chipped in with three 3-pointers and playing stout defense.

Villanova did not go down quietly, however, as Collin Gillespie hit a layup with 29 seconds left to make the score 72-69, but it was too late for a comeback. The Wildcats were forced to foul and the Friars hit their free throws down the stretch to seal the unlikely win.

The Friars' performance on the court that day prompted a court storming by the student section to celebrate the upset victory over a rival. The Friar community united to yell and scream the entire game.

Many coaches in the Big East despise coming to the Dunk, as it has been shown that the Dunkin' Donuts Center is where ranked teams come to die. Friar fans welcomed Coach Wright with open arms and made sure to make it as difficult as possible for his Wildcat team to feel comfortable.

In a college basketball season full of upsets, PC was fortunate enough to be a part of the history, especially against one of their closest rivals.

The scene of students swarming the court only added to the tradition and the pageantry of PC basketball. From their double overtime upset bid over No. 1 Michigan in 1976 to their magical run in 1987, the Friars' program looks to add more hardware and banners in the rafters in the near future.

# Catarina Rocha Wins Cross Country Title

## PC Runner Caps Off College Career as a Champion

by Meaghan Cahill '20  
Sports Co-Editor  
CROSS COUNTRY

Catarina Rocha '17GS may not be the most well-known athlete on Providence College's campus, but that does not diminish the outstanding performances she gave this year for the Providence College Women's Cross Country Team. Her individual achievements as a runner are what makes her stand out as having one of the best sports moments of the 2017-2018 year.

The Big East Cross Country Championships were a success for the women's cross country team, as they came in second place. However, Rocha was the star of the meet. She came in first place out of all of the female runners. Her placement earned her not only the title of the best runner in the Big East, but she was also awarded All-Big East First Team Honors. Rocha is the ninth Friar in history to win the individual Big East title.

Commenting on her success at the Big East Championships, Rocha claimed it was her "biggest sporting achievement to date." Rocha also confessed her win came as a "surprise," especially after being sidelined the year before due to an injury.

Head Coach Ray Treacy also

commented on the four-time elected All-Northeast Regional Team member after her win saying, "I am especially proud of Catarina for winning the individual title. She has been a standout runner for us."

Rocha is also a member of the track team at PC and, during the winter season, was the Big East Champion in the 5000-meter race.

In her final year at PC, Rocha went out on top as she wrapped

up her athletic career as the winner of the Paul Connolly Memorial Award. This award is given to the female athlete who distinguished herself among her peers through sportsmanship, courage, and honor.



Catarina Rocha '17 GS finishing strong during the Big East Championship meet.

PHOTO COURTESY OF PC ATHLETICS

# What’s Happening in Friartown

Providence College honored its top student-athletes at the 57th Annual All-Sports Gala on Monday, April 30. The athletic department gave out awards such as male and female athletes of the year, among other awards. Here are some of the winners:

**Male Athlete of the Year (Team Sport):**  
**Kyron Cartwright ’18 - Men’s Basketball**

**Female Athlete of the Year (Team Sport):**  
**Megan Hamilton ’18 - Field Hockey**

**Male Athlete of the Year (Individual Sports):**  
**Ryan Trammell ’19 - Men’s Swimming**

**Female Athlete of the Year (Individual Sports):**  
**Millie Paladino ’19 - Women’s Track**

**Mal Brown Award:**  
**Brian Pinho ’18 - Men’s Hockey**  
*(This award is given to the male athlete whose career demonstrated sportsmanship, courage, and honor.)*

**Paul Connolly Award:**  
**Catarina Rocha ’17 GS - Women’s Track**  
*(This award is given to the female athlete whose career demonstrated sportsmanship, courage, and honor.)*

**Sine Qua Non Awards:**  
**Mark Jecewiz ’17 GS - Men’s Soccer**

**Katherine Fallon ’18 - Women’s Swimming**  
*(This award is given to a male and a female athlete who have distinguished themselves among their teammates and have not received proper recognition.)*

**Jane Thompson Award:**  
**Alana Serviss ’18 - Women’s Hockey**  
*(This award is given to a male or female senior student-athlete who personifies all that is good about being a student-athlete at Providence College and shows selflessness, dedication, loyalty, courage and perseverance.)*

**Rev. Robert A. Morris, O.P. ’46 Memorial Award:**  
**Colin Miller ’18 RS - Men’s Soccer**  
*(This award is given to a male or female athlete who had a profound impact on Providence College during their career.)*

In addition to these awards, 93 Providence College athletes were awarded their varsity letters.



# Friars Make Run At Big East Title

## Team Falls Just Short of Third Championship

by Jack Belanger ’21  
Sports Co-Editor

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BASKETBALL

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The Providence College Men’s Basketball Team had an overall successful regular season this year, going 21-14 overall and 10-8 during Big East play. While there were disappointing losses to DePaul University and to the University of Massachusetts-Amherst who would go on to finish 13-20 in the regular season.

This left some fans frustrated with the team’s performance, but the Friars certainly made up for those losses with home wins against top 10 ranked Villanova University and Xavier University.

Despite the impressive upsets, many basketball experts still had PC on the edge of being picked for the NCAA National Basketball Tournament. Most people believed the Friars had to pick up a win or two in the Big East tournament to solidify a spot in the field. With a first round matchup against Creighton University, who also finished 10-8 in the Big East, a win was no guarantee. But by the end of the tournament, the Friars accomplished more than enough to earn a bid.

The game against Creighton was tight the whole time as neither team had more than a three-point lead in the final 10 minutes of regulation. Alpha Diallo ’20 scored on a putback layup with 12 seconds left to tie the game at 59-59 and force overtime.

In OT, Kyron Cartwright ’18 scored five out of Providence’s 13 points to lead the Friars to a 72-68 victory over the Blue Jays and a matchup with first place Xavier. Diallo was the leading scorer for the team with 19 points while Cartwright and Rodney Bullock ’18 each had 13 points.



Rodney Bullock ’18 celebrates after making a basket. PHOTO COURTESY OF NICHOLAS CRENSHAW ’20/THE COWL

The semifinal game did not start the way Providence had hoped as they found themselves down 17 points early in the second half. The Friars then went on a miraculous 29-12 run to tie the game at 64, sparked by Cartwright and Nate Watson ’21, who had 10 points in the second half. The Friars would head into overtime tied 68-68.

Again, it was Diallo and Cartwright who led the team in OT. Cartwright hit the go-ahead shot with less than a minute to go to give the Friars a 73-70 lead and then drew

an offensive foul on Xavier’s J.P. Macura to seal give the ball back to the Friars. Diallo scored four points into overtime and his last second free throws forced Xavier to shoot a three that was too late.

The unbelievable win sent the Friars to their third Big East Finals appearance in team history and first since winning the Big East in 2014. The only team left standing in their way was the defending Big East Champions, the Villanova Wildcats.

While it may have been a daunting task to upset a heavily favored Villanova team, the Friars were already able to upset the Wildcats at home earlier in the season and beat Xavier twice.

After a close first-half where the Friars found themselves down by four, Villanova made a run to extend its lead to 12 early in the second half. Luckily, the Friars found enough magic once again to make a comeback to tie the game late. Diallo gave the Friars a 60-58 lead with 40 seconds left in regulation before Villanova managed to the tie the game and force Providence’s third straight overtime game, a Big East tournament record.

In overtime, Villanova took complete control and Providence was outscored 16-6 in the extra minutes. Diallo finished with another great game, scoring 22 points and had 10 rebounds while Cartwright had 19 points.

Even though the Friars fell short of the title, the team played its best when it counted the most. After a season with several disappointing games, the Friars showed college basketball what they were capable of when they played their best, a team that plays tough defense and hustles until the end. Despite losing the first round of the national tournament, Providence’s remarkable run in the Big East tournament proved that the season was a success.



Kyron Cartwright during the game against Creighton. PHOTO COURTESY OF VINCENT CARCHIETTA/US A TODAY SPORTS