

The Cowl

SINCE 1935

Vol. LXXXII No. 14 | January 25, 2018 | thecowl.com

Back in Black (& White)



Students from all classes attended last year's Black and White Ball celebrating PC's centennial anniversary. NICHOLAS CRENSHAW '20/THECOWL

The Board of Programmers (BOP) executive board and Sharon Hay, director of student activities and cultural programming, have been excitedly planning the event. Hay said, "It was wonderful to see the success of last year's Black & White Ball which brought nearly 2,500 students together. Thanks to the generosity of Student Affairs, it's exciting to be working with BOP to bring a second Black & White Ball to the campus. Plans are well underway to transform Peterson Center—it will be a night to remember. Be sure to get your ticket when they go on sale Feb. 1."

Elizabeth Jancsy '18, president of BOP, said, "One of the things I loved about the Black and White Ball last year was how inclusive it was. The ball welcomed faculty, staff, and all PC students. To see Peterson transformed into a beautiful ballroom for everyone to come together is amazing. We want to make it a tradition every year at PC."

This year's Black and White Ball, which has an estimated budget of \$35 thousand, will be held on Friday, February 23. Tickets will be available to all PC students for \$15.

While last year's ball was celebrating 100 years of PC, this year's ball will be a celebration of the College that students call home. "The Ball is a celebration of all of the students of Providence College coming together and celebrate PC as a whole," said Jancsy.

DANCE/Page 4

Women's March Inspires Grassroots Movement

by Gabrielle Bianco '21
Opinion Staff

POLITICS

"Time's Up." "Liberty and Justice for All." "Resist." Slogans such as these were emblazoned on signs at the Rhode Island Women's March, held on Saturday, January 20, 2018 at the Rhode Island State House. Thousands were in attendance in response to actions by the government and current president which are threatening to the rights of women, minorities, immigrants, and the LGBTQ+ community. In a time in which people are frustrated by the measures taken by the government, it is up to civilians to be instruments of change in their communities.

While a number of activists from different backgrounds spoke at the march, no politicians took to the podium. The decision to not have any politicians speak lent itself well to the purpose of the march, which was to focus on civilian social justice rather than politics.

ACTIVISM/Page 6

New Hours & New Food

by Alexandra Huzyk '20
News Staff

ON CAMPUS

As the spring semester commences, students on the Providence College campus begin acclimating to both their new schedules and the recently altered dining hall hours.

The new hours for Alumni Hall are 10:30 a.m. to 11 p.m. on weekdays, and 12 p.m. to 11 p.m. on Saturdays. Eaton Street Café is open on Sundays from 10 a.m. to 12 a.m., and on Monday through Thursday from 8 a.m. to 12 a.m. The Café is open on Fridays from 8 a.m. to 10 p.m., and on Saturdays from 4 p.m. to 10 p.m. Thursday through Saturday, students can go to the Eaton Street Café's window from 10 p.m. to 2 a.m.

Stuart Gerhardt, general manager of the dining facilities, explained that before each semester begins, the transaction history and sales of each dining facility are analyzed.



SODEXO/Page 2 Alumni Hall's new Asian food station.

UNDER THE HOOD

Providence College's Student-Run Newspaper Since 1935

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News

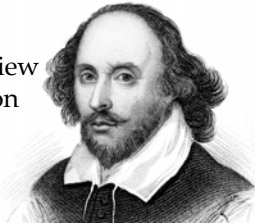
Dr. Bernice A. King addresses PC community at MLK Academic Convocation.
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A&E

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Sports

Who will win Super Bowl LII? Patriots vs. Eagles

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Dr. Bernice King Speaks at MLK Convocation

King Discusses Nonviolent Protest and Creating the “Beloved Community”

by Ernie Andreoli '18
News Staff

ON CAMPUS

Dr. Bernice A. King, a distinguished minister and the youngest daughter of the late Rev. Dr. Martin Luther King, Jr. and Coretta Scott King, presented the keynote address at the inaugural Rev. Dr. Martin Luther King, Jr. Convocation at Providence College on Thursday, January 18. Over 600 students, faculty, and members of the Providence community packed into the Peterson Recreation Center to hear Dr. King’s lecture on her father’s legacy, as well as the importance of sustained civil rights activism.

In commemoration of the 50th anniversary of her father’s assassination, King stressed that “together we win with love for humanity.” After an introduction by Dr. Hugh F. Lena, provost and senior vice president for academic affairs, Father Brian Shanley, O.P., greeted the crowd by touching upon the late Dr. King’s vision of the “beloved community.” Fr. Shanley reiterated that an interconnected community and a “just social order” could only be accomplished through “faith, hope, and love.” As a part of the MLK Convocation week on campus, Fr. Shanley honored Dr. Francis P. MacKay, Dr. René E. Fortin (posthumous), Dr. Mark N. Rerick (posthumous), and Rev. Robert A. Morris, O.P. (posthumous) for creating the Rev. Dr. Martin Luther King, Jr. Scholarship at Providence College.

Fifty years ago, Rev. Morris, a champion of diversity and inclusion, encouraged the College’s administrators to create a scholarship for incoming students that commemorated the civil rights achievements of the late Rev. Dr. King Jr. During the fall semester of 1968, a cohort of students received this notable award. Today, 100 students have received this scholarship from the inspiring works of these four honorees and their commitment to equality, diversity, and inclusion.

Following the inaugural presentation of the MLK Vision Award, Ralph E. Tavares, director of multicultural student success and assistant dean of undergraduate studies, spoke of the continuous importance of selflessness, dedication, and love throughout our lives and communities. While Tavares acknowledged that polarized political ideologies and instances of hatred



NICHOLAS CRENSHAW '20/THE COWL

have divided the College’s community to a certain extent, he asserted that “love will keep us planted.”

Following Tavares’s remarks, Phionna-Cayola Claude '18, president of Student Congress, emphasized the “power of conversation” to combat bigotry. Claude contended that while all individuals hold different beliefs, equality and justice are essential for communal development and self-actualization. Prior to introducing Dr. King as the keynote speaker, Claude stated that Dr. King is the living example of her father’s purpose.

In commemoration of her father’s life, Dr. King encouraged all in attendance to perform 50 acts of kindness and service to individuals of another race between now and April 4, the day her father was assassinated in Memphis, in an effort to mitigate the current racial climate. Furthermore, Dr. King invited all attendees to take part in the March for Humanity in Atlanta on April 9 in an attempt to connect with one another, impede racial discrimination, and enact

positive change in people and institutions.

According to Dr. King, nonviolent resistance, a practice her father tirelessly encouraged, is the most necessary tactic to be used in social movements, as well as throughout our lives. Specifically, in a time of technological connectedness and social unrest, Dr. King proclaimed that “when it comes to humanity, we cannot have losers.” Ultimately, in order to “create a beloved community,” Dr. King exclaimed that nonviolent resistance will lead to our spiritual and moral development.

Dr. King examined her father’s studies in theology and civil activism, and how these teachings fare in 2018. As her father declared in the mid-1950s, she reiterated that the Montgomery Bus Boycott “was not a victory over white people.” Rather, Dr. King emphasized that the political and social protest was a “victory over injustice.” In order to expose the ugliness of violence and injustice in this day and age, Dr. King encouraged all in attendance to face prejudice through love.

Following Dr. King’s address, Tavares moderated a Q&A session between Dr. King and those in attendance. Adriel Antoine '18, president of PC’s chapter of the NAACP, asked Dr. King for her thoughts on how to keep the momentum going with current social and political resistance movements. “People are responding, but they are not organizing,” stated Dr. King. While she acknowledged that protests are an important component of nonviolent resistance, Dr. King insisted that “the goal is change.”

Dr. King encouraged all in attendance to make justice, freedom, and righteousness a reality. In January 2012, Dr. King was appointed chief executive officer of The King Center, a nonprofit organization founded by Coretta Scott King in 1968. Located in Atlanta, Georgia, this resource institution is committed to nonviolent social change in honor of the late Rev. Dr. King Jr., Mahatma Gandhi, and Rosa Parks, among other influential social activists. Dr. King graduated from Spelman College with a B.A. in psychology in 1985 and obtained her J.D. and Master of Divinity from Emory University in 1990. Reflecting on the convocation, Jayson Sanderson '21 noted “It was breathtaking.” Sanderson went on to state that Dr. King’s lecture provided “a lot of encouragement to people of color, as well as the entire PC Community.”

Alumni Closed on Sundays, but Gains New Food Options

Sodexo:

Continued from front page

The semester is broken down into 15 minute intervals, in order to determine what times are the busiest and where students tend to eat. From the data that was collected from the past semester, Gerhardt says that, “a higher number of people are going to the Eaton Street Café during the week” in comparison to the amount of people eating at Alumni Dining Hall. This prompted the extension of the Café’s weekday hours.

In regards to the elimination of Alumni Dining Hall’s hours on Sundays, Gerhardt explains that the same analytical approach of sales was used. Due to a lack of people making transactions on Sundays, those hours were cut. Gerhardt said, “there’s always going to be a give and take,” and that at the end of the day, it comes down to making business decisions.

To compensate for the change in Sunday hours at Alumni, more hours were put into place at the Eaton Street Café. This decision was made with the intention of providing students with a different venue, in addition to Raymond Dining Hall. “Change is hard, but we believe the altered hours

will encompass more students than in the previous semester,” says Gerhardt.

“Alumni is closer than Eaton Street Café, for people who live on upper campus,” said Maggie Burke '19. In regards to the Café, she states, “It’s only the window that’s open late, so there’s nowhere to sit and wait,” which can be a problem in the winter weather. Many students also feel that the food at Raymond Dining Hall is less appealing in comparison with Alumni Dining Hall. Colin Williams '20 said, “I feel like the Ray food is not as high quality as the Alumni food. While Ray has a larger selection, the food at Alumni seems to be better.” Williams also shared, “I was disappointed to hear about the change in hours because I know many students on campus eat there late on the weekends.”

These new hours will remain in effect for the entirety of the semester, but will be reexamined before the next semester begins. If the transactions do not increase at the Eaton Street Café, and the student body vocalizes discontent, then the hours of the dining facilities around the campus will be reevaluated.

Another change to Alumni Dining Hall is the addition of an Asian food station. “We sent out a survey last semester seeking input as to what



Alumni is very popular during the week when students populate Slavin.

SABRINA GUILBEAULT '18/THE COWL

students would like to see to replace the Mexican theme station and the overwhelming response was an Asian concept,” said Gerhardt. “We will look to keep it current and also look at menu trends. We want it to be fun and interactive.”

Some students have also wondered why there was not a Midnight Breakfast held this past semester. Before the start of finals week, there is typically an event held in Raymond Dining Hall where students can take a break from studying and eat a late night breakfast, free of charge. However, this past semester, this event was not held. The decision to not provide a Midnight Breakfast

was agreed upon by Dean Steven Sears and Gerhardt, after they observed that, “in past years, participation rates have been going down.”

“Midnight Breakfast is a tradition,” Burke said, “and it’s needed especially before finals when we’re stressed.” Williams seemed to agree, stating, “I have gone to midnight breakfast and it’s a super fun way to blow off steam before Civ exams.”

Gerhardt emphasizes that because of the overwhelming student reaction, there will definitely be a Midnight Breakfast held at the end of this semester, and it will most likely be held in the semesters to follow.

Featured Friar: Fernando Morales '18

Class of 2018 Remembers Classmate

by Sarah Gianni '18
News Staff

FEATURED FRIAR

The first week of the new semester at Providence College was marked with celebrations across campus. From students diving into new classes to the Rev. Dr. Martin Luther King, Jr. Convocation, campus was invigorated by the start of a new year. The first week concluded with another celebration on Sunday, January 21—a mass to celebrate the life of Fernando Morales '18. The mass was held in St. Dominic Chapel at 11:00 a.m., with around 170 attendees, 50 of which were Morales' family and friends. The mass was spoken in both Spanish and English, to honor Morales' Puerto Rican heritage.

"Father Dominic gave an amazing homily, taking the time to talk with people who knew Fernando so that his words were beautifully tailored to honor him," said President of Campus Ministry Keith Lee '18. A team of students including Lee, Vice President of Campus Ministry Shannon Grady, Vice President of Student Congress Jenna Shanley '18, and Executive Board Member of Campus Ministry Daniel Arteaga '19 all worked to make the mass possible. "You could really feel the love and care in the air," said Shanley. "What was really nice was a lot of men from the floor Fernando lived on freshman year came—it showed the unity that students have for each other here."

Aria Ross '18 said she felt very moved by Morales' mass, "It was great to see the connection between PC students and Fernando's family and



PHOTO COURTESY OF CAMPUS MINISTRY

friends from other schools." One particularly special component of the mass was Morales' mother offering a notebook for guests to write down moments they had shared with Morales, as well as plans for their senior year.

"It was truly moving that Mrs. Morales cared so much about Fernando's peers, and it makes him feel even closer to the Friar family," said Shanley. May 2018 would have marked Morales' graduation from the College.

"This mass was a wonderful way to remind the Class of 2018 of a friend that was lost, but is still a beloved member of the class," said Lee. "It was a nice way to remember meeting Fernando our freshman year, and keeping him in our hearts as we go through our final semester at PC."

PC Welcomes Jackie Peterson

Peterson Steps in as Interim Chief Diversity Officer

by Sabrina Guilbeault '18
News Editor

ON CAMPUS

Five days into her time at Providence College, Jacqueline Peterson sat down in her office in Harkins Hall and shared her insight as interim chief diversity officer at the College, a position she will hold until the College's first vice president for institutional diversity and inclusion is named.

In an introductory email Father Brian Shanley, O.P., sent out to the campus community last week, he stated, "Until this position is filled, I believe that we would be well served in our work to make Providence College a more inclusive, diverse, and equitable community by bringing in an outside consultant to provide a different perspective as we navigate this transitional period."

With 30 years of experience, the world of higher education is not new to Peterson, who recently retired from her position as vice president for student affairs and dean of students at the College of the Holy Cross. Before her time at Holy Cross, Peterson held other careers in higher education, including the role of special assistant to the president/ chief diversity officer at Rensselaer Polytechnic Institute in Troy, NY.

"Diversity and inclusion has always been on my agenda," said Peterson. "It may not have always been in my title, but I have always been committed to those themes." She explained that her passion for higher education, especially in student affairs, will assist her in partnering with the College as it moves ahead in diversity and inclusion.

"Looking at the very mission of

PC and what the College wants to stand for, diversity and inclusion should be naturally embraced," said Peterson. She went on to explain that it is a duty of the university to prepare students for life after college and to be successful leaders. "If we as institutions are doing our due diligence, there's no way we can prepare students without the diversity and inclusion component," she said.

She stressed that though the new position at PC will be filled, the job to embrace this component should not fall on that one person. "It's everyone's role," she said.

On a first impression, Peterson said she does see that the campus is "poised for going to the next level." She said, "There is a recognition of things that have been done, but there is more to be done"

"There are a number of important initiatives and practices that are in place, but it is sometimes easy to become complacent," Peterson said. She explained that the themes of diversity and inclusion must be constant and consistent.

When asked to reflect on moments that have inspired her to return to higher education, Peterson was happy to share.

She remarked how in her time at Holy Cross, she was happy to see the percentage of underrepresented students on the campus quadruple and knows that the quality of student life has contributed to this.

"I've seen this change in student interactions and seeing students wanting to learn," she said. She explained that having a real visual of signs on campus that displayed the College's commitment to diversity and inclusion was inspiring.



PHOTO COURTESY OF COLLEGE OF THE HOLY CROSS

All in all, Peterson emphasized how excited she is to be st PC and is looking forward to sit down with members of the campus community, and discuss the College's history and future goals. "It is imperative to talk about an institution's history in order to help direct where you're going in the future," she said.

"Overall, everyone I have spoken to really enjoys PC," she said. She explained that seeing the College's commitment to improve is encouraging and a good motivation for her.

Currently, Fr. Kenneth Sicard, O.P., executive vice president, and Kristine Goodwin, vice president of student affairs, are in the process of solidifying a search committee for the new vice president. Peterson will be at PC at the arrival of the selected individual for the position. In the meantime, she invites students and the entire PC community to reach out as she assists with the transition.

Casino Night

Behind the Scenes

by Hannah Langley '21
News Staff

ON CAMPUS

Place your bets! On Friday, January 26, Providence College will be hosting one of its most popular events of the year – Casino Night – at 8:00 p.m. in Lower Slavin. The night features games such as Black Jack, Roulette, Texas Hold 'em, Craps, a Money Wheel, Chuck-a-Luck, Bingo, and raffles, as well as food and other fun festivities.

As you walk into Slavin on Friday night, you can expect decorations, such as oversized poker chips and cards, and an exciting atmosphere similar to that of a Las Vegas casino. Michelle DeLeo '18, one of the student volunteers that helped coordinate Casino Night, mentioned how she loves that this night allows her "to use [her] creativity while at work and then see everyone enjoy the event." None of the games are played for money, but there will be several exciting prizes this year, including a television, Fitbit, Keurig, NutriBullet, an instant camera, an Amazon Fire TV Stick and Echo, Bluetooth headphones, and a variety of gift cards. DeLeo mentioned her excitement about this year's prizes, and her appreciation for the idea that "students can learn how to play casino games with nothing at stake." Food will also be provided at the event from various popular Providence vendors including Jersey Mike's Subs, Food For the Soul, and LaSalle Bakery.

In the meantime, students can make rounds to the different gambling tables and games set up throughout Slavin for a chance to win the prizes listed above and more. Karen Dumais, PC's administrative services coordinator, says, "The layout of the gaming tables allows for the students to mingle and move about while still being able to keep an eye on all the action." Dumais has been in charge of coordinating Casino Night for five years now, and raved about how it is one of her favorite nights of the year. She said, "Casino night just has a great vibe to it. There are so many different games to choose from that the students do not get bored. It is a night of fun and excitement that does not cost anything and you get to be with all your classmates."

In between snacking and playing, students can also hang out by the DJ or take pictures in the photo booth. At the end of the night, everyone is able to participate in a raffle and auction to win some of the prizes available.

DeLeo also commented on the excitement surrounding Casino Night. She said the night is like "another holiday and is something we so look forward to each semester." According to her, "Slavin feels entirely different than what we experience every day," making the night such a fun experience. Dumais summarized her excitement, saying, "Overall, I think the students like it because it is a lively, engaging, exciting night that is easy to go to with friends, and there is something for everyone to enjoy." She would also like to thank everyone who helped her with this event, especially Graduate Assistant Shanice DaSilva.

If you and your friends are looking for something different, entertaining, and inexpensive to do this weekend, pass through Slavin at 8:00 p.m. this Friday night. Who knows, the odds may just be in your favor!

Black and White Ball: Part Two Dance:

Continued from front page

Nicole Murphy '18 expressed her excitement about the ball. "I was abroad last year when the Black and White Ball happened. I'm so excited that it's happening again so I'll be able to take part in it," said Murphy. "It's nice to have an all-class dance. I think it increases community amongst the student body."

The theme of the Black and White Ball of 2017 was the Friar colors of black and white. This year, the theme is the A Night in the City of Providence. Elements from the city of Providence will be incorporated into the event.

From the Providence State House to the food you can find on Thayer Street and Federal Hill, the ball will call attendees' attention to the beauty of the city the College is surrounded by.

BOP and Hay began discussing the idea of having another Black and White Ball in the beginning of fall semester. Jancsy explained that the decorations, food, drink, and music will be on a larger scale than single-grade dances.

"A lot of people were blown away by the look of Peterson last year. People loved the idea of dressing up and being at an event celebrating PC," said Jancsy. "The event was more elegant than past PC dances, and we're hoping to recreate that atmosphere where people feel transported to a new place while still

keeping it fresh and new."

The ball will have food, a beer garden, and a live band. While last year's entertainment included a live band and a DJ, the BOP Black and White Ball planning commit-tee decided they wanted to create an elegant aesthetic they think students will appreciate in a large-scale event.

The ball will be reminiscent of last year's Black and White Ball, but Jancsy emphasized that the event will be unique and different. BOP put a great deal of thought into the planning of the layout of the area. Instead of the two beer gardens that were at last year's ball, there will be one larger beer garden with multiple bars with one for beer and another for wine and specialty drinks. Jancsy explained that they want to make it a destination for everyone 21+ while still keeping the event fun for everyone to mingle.

"I hope students are excited to re-experience last year, but I want people to come with an open mind of what the new year can hold. The fact that last year was such a success makes us want to build up this even more and make it an even bigger success," said Jancsy.

Jancsy explained that BOP strives to make students feel welcome and accepted. "Having an event of this scale for everyone is so exciting. BOP wants to create an environment for students to get together with friends and meet new people and Black and White Ball accomplished this," exclaimed Jancsy.



Congress Updates



by Connor Nolan '19
Student Congress Publicity

CONGRESS



Congress held its second meeting of the semester this past Tuesday, January 23.

Announcements

The members of Congress were urged to attend the Involvement Fair on Wednesday, January 24, and help improve activity on campus.

The class executive boards are working hard to plan events for the semester; be on the lookout for messages posted around campus or in the Morning Mail.

New Business

The Excel Club presented before Congress in hopes of gaining accreditation as a club on campus. The head of the clubs and organizations committee applauded their preparedness and strong foundation of students already involved in the club. With a plan to set up liaisons to different departments at the College, they hope to extend the knowledge of Microsoft Excel many have within the School of Business to other departments. They added that they did not require funds from the college if accredited at this time.

The Music Production Club also presented before Congress in hopes of becoming official. There is no such club on campus catering to the needs of those interested in creating music, according to the founder of the club. Although they did not have a direct plan for how, the creators of the club wish to help other groups on campus as a way of getting the word out about what they do, such as through creation of music videos or something along those lines.

After a member of Congress suggested they attempt to contact and work with the PCTV club, the proposer of the music production club agreed that this may be a good idea and that he knew people involved in PCTV. Their goal is to hopefully gain funding to support trips to music studios, and maybe in the future have one built on campus.

The final piece of new business for this week's meeting offered a change to the current candidate structure of those wishing to run for Congress while studying abroad. The presenters of the piece of legislation wish to make it possible for two students who are studying abroad in different semesters to split the role of representative while present on campus. This was in hopes of allowing those who wish to be more involved with Congress, but also study abroad to have the chance to serve as a partial class representative.

This proposal was met with a good amount of questioning, with many feeling putting two names on the ballot would skew the results in favor of people who might know one of the two candidates and in turn vote for both. Also, some spoke to the merits of having to fill these positions with people who have yet to be a part of Congress, which is helpful in making Congress truly representative of all students. Some chose to offer compromises such as requiring more signatures than the customary 50 required to run if there are multiple candidates, or making this a temporary measure if not all representative slots are filled in elections.

PC Students March for Life

Campus Members Journey to Washington DC for Annual March

by Sabrina Guilbeault '18
News Editor

ON CAMPUS

At 4:30 a.m. last Thursday, over 60 Providence College students boarded a coach bus heading to Washington, D.C. where the 45th Annual March for Life was taking place.

"The March for Life is one of the most joyful, loving, and faith-filled experiences that I think everyone should get a chance to experience," said Haley Wolfe '19, president of PC for Life. "First of all, being in the nations capital, with all the monuments, memorials, and government buildings, is just so overwhelming." She explained it is the people who ultimately keep her wanting to go back.

PC for Life is funded through Campus Ministry, however most of the funds that are used to get to the march come from a number of alumni donors and the Dominican Friars. "We are so blessed to have members of the Friar Family who recognize our efforts year after year and make it possible for us to take these two days and advocate for this common and important mission," Wolfe said.

"I am so glad that I attended this year's March for Life," said Annie Berning '18, who attended the march for the first time. "It was an amazing opportunity to come together with other pro-life Americans, Catholic and otherwise, to peacefully demonstrate for what we believe is an inherent human right—the respect for life from conception to natural death."

Berning explained she was inspired by the number of people who traveled from around the country to be there, and she enjoyed listening to the speakers.

Upon arriving to D.C., the Friars attended a packed mass at the Basilica of the National Shrine, which was the official opening mass for the National Prayer Vigil for Life. Later, the students and campus ministers in

attendance were invited by the Dominican Friars to dinner at the Dominican House of Studies.

"It was especially meaningful to travel with members of the PC for Life group," said Berning. "It gave us a chance to bond with other students and faculty members, and we had the unique opportunity to spend time with the community at the Dominican House of Studies, where our own Friars studied before coming to PC." The House of Studies is where most Friars go to study the order, including PC's own Fr. Peter Martyr Yungwirth, O.P., who also attended the march.

"I didn't get a chance to go on the march before college because I went to a public school and my parish didn't host a group, so the first time I went was my freshman year," said Kathy Toner '18. "I've gone every year since, so this was my fourth year traveling down to D.C."

On the day of the march, students were allowed to roam and explore the D.C. area, and some took the opportunity to attend the rally that occurred prior to the start of the march.

"What I really loved about this year was the speakers," said Toner. "A lot of the talks this year were focused on the importance of love, and the importance of supporting life in a way that is both positive and productive."

Sister Anne Frances and the PC for Life executive board began preparations for March for Life last May. "Last summer, we began by reaching out to our very generous alumni donors who were so gracious to help us take two buses down to Washington D.C.," explained Wolfe.

She went onto say that after registration closed in November, the planning kicked into high gear. "We met with the participants to go over the itinerary, packing list, and questions, and Sister and I proceeded to have an increased amount of meetings and phone calls over the holiday break."



PC students marched with the Friars. SABRINA GUILBEAULT '18/THE COWL

Wolfe and her team were responsible for shopping for the trip. She explained throughout the preparation there was also hours of prayer. Sister Anne Frances and her executive team prayed the "Memorare" everyday leading up to the march, and Wolfe explained with "the intention of a fruitful, safe, and smooth march."

Wolfe found this year's march very successful, and was glad to be part of it. "Pulling up to the Basilica for the Vigil for Life the night before the march is honestly one of my favorite parts because we take this group picture on the front steps and there is always someone who leads us in 'Go Friars,'" said Wolfe. "All the other people around us always look and see us in our matching apparel, and it fills me with such a sense of pride in our school and humility that I am blessed to help lead this group."

Bursting the PC Bubble

The Women’s March Takes on Rhode Island

Protestors Rally at RI Statehouse and Fight for Women's Rights

by **Kate Brewer ’20**
News Staff

ON CAMPUS

“We believe that Women’s Rights are Human Rights and Human Rights are Women’s Rights.” That is the core belief of the founders of the Women’s March, an international movement that claimed the steps of the Rhode Island State House for the second year in a row on Saturday, January 20. As stated on the governing body’s website, this year’s theme was “Power to the Polls,” encouraging voters to use their vote to fight for women’s rights.

The Providence Women's March was held from 12 p.m. to 2 p.m. and featured art exhibitions, music, food trucks, expo tables, and a wide array of speakers from diverse backgrounds. Standing among the thousands of women, men, and children that came to show their support for the movement were students of Providence College, as well as Rhode Island Governor Gina Raimondo.

“It’s a really optimistic feeling here,” Raimondo told the Associated Press at the event. “People are coming together to stand up for tolerance, stand up for women’s rights, stand up for equality.” Elected in 2014, Raimondo is the first female governor of the state.

After the success of last year’s inaugural Women’s March, there was a great deal of excitement surrounding the 2018 revival. “Last year I made the last minute decision to attend the march the morning of; this year, I was looking forward to it the entirety of the week leading up to it because I knew just how special it was,” said Maria Johnsen ’20, who cheered on the speakers with her friends in the crowd.

One important theme of the 2018 march was recognizing and promoting intersectionality. “I felt like a wide range of women were represented at the march,” observed Johnsen. “If the speakers themselves did not personally represent a community, they spoke about it. From poor women, to women of color, to transgender women, to women of the LGBTQ+ community.”

Notable speakers of diverse backgrounds included Miss Lesbian Rhode Island Ashley Delgado, Lisa Ranglin of the Rhode Island Black Business Association, Justice Gaines of DARE/PrYSM, and MoniKa Huertas of NoLNGinPVD.

Diversity in age was also a prominent feature, as Johnsen adds, “My favorite part is seeing all of the little girls, and boys for that matter, carrying ‘March Like a Girl’ signs. It makes me feel hopeful and inspired

for the future knowing that kids are learning to value each other and themselves at such a young age.”

In front of a podium graced by Master of Ceremonies Jessica Brown, a wall of women stood firm with hands intertwined to display Brick x Brick, a national art exhibit brought to Providence by the project’s senior advisor and systems designer Nikki Juen. According to the organization’s website, Brick x Brick is a “performance” in which the performers wear jumpsuits with a brick design to construct “human ‘walls’ against misogyny.”

Each suit features vibrant, highlighter-hued bricks against a white backdrop that depict “viole[nt]” comments made against women by President Donald Trump. Juen, who donned a jumpsuit of her own on Saturday, is a lecturer and critic at the Rhode Island School of Design.

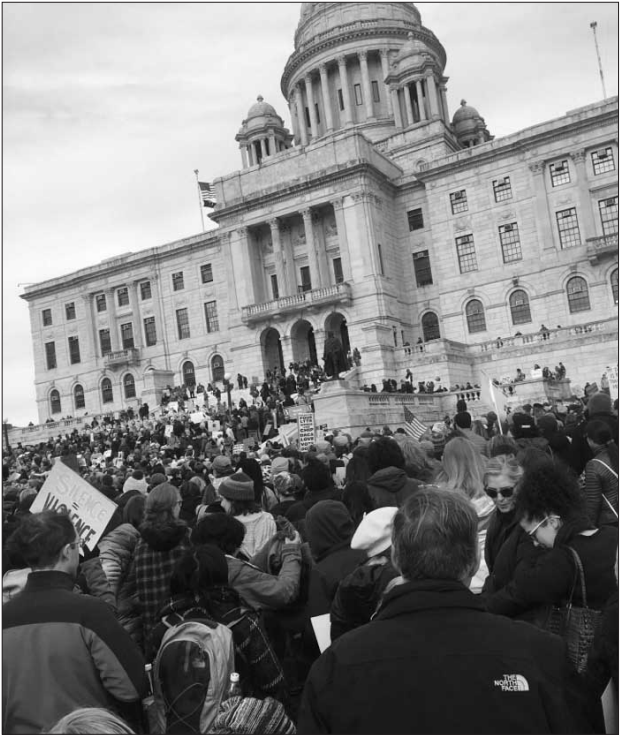
“I didn't know what it was at first, but afterwards I looked it up and loved the concept,” said Johnsen. “I think it turns negative and hateful ideas into a way for women to stand up against oppressors.”

The Women’s March also attracted members of the community who happened to see the rally and join the crowd to support the cause. “To be honest, I was on a run to the capitol while it was going on!” said Liz Johns ’19. Johns explained that she enjoyed the lively and empowering environment that the speakers and crowd created. “The march made me inspired. In the beginning, I was expecting the whole march to be towards feminism, but it was definitely about all cases of social justice and intersectionality.”

“Not only were there a lot of wonderful signs, but the overwhelming amount of love that was shown at the march is what made it special,” expressed Julia Gaffney ’20. “It is often easy for political marches or rallies of any sort to be driven by anger or frustration. It was beautiful to see how love, not hate, inspired and fueled the Women’s March. This love and support for one another is what I took away from attending the march, and it has stayed with me since.”

Missed the Women’s March but still want to join the fight for women’s rights? “Get involved on campus!” exclaims Johnsen. “Women Will and Women Empowered are awesome clubs at PC that help foster that same feeling of empowerment that the march gives.”

In the spirit of democracy, another way is to speak with your vote. “After attending the Women’s March, I feel empowered to vote and be more politically active,” said Gaffney. “At times, it is hard to believe that your vote carries any weight, but my advice to those looking to get more involved would be to utilize their votes and their raise their voices in the face of injustice.”



SABRINA GUILBEAULT '18/THE COWL

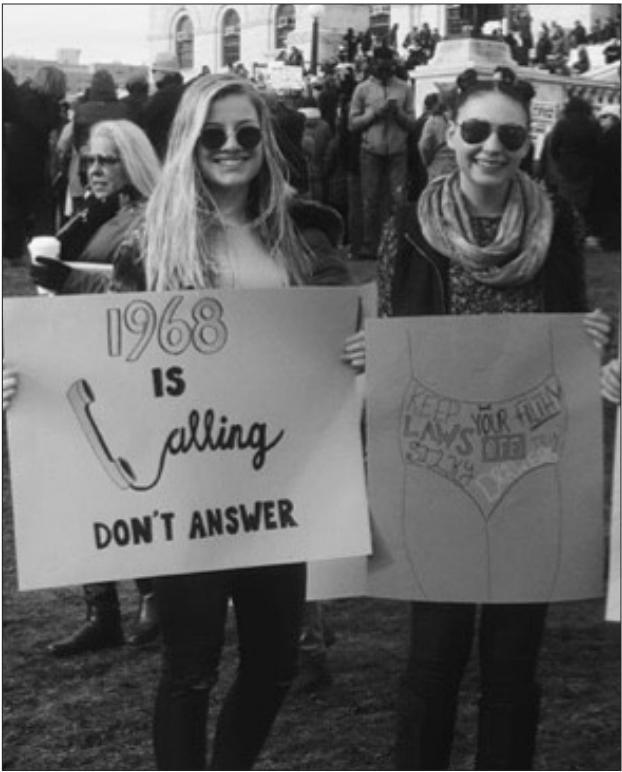


PHOTO COURTESY OF WINNIE KENNEDY '20

The Government Shutdown

Why the U.S. Government Shutdown, and What it Means to You

by **Darren Squillace ’19**
News Staff

WORLD NEWS

For the first time in nearly five years, the United States federal government shut down when the clock struck midnight on Friday evening, and did not re-open until Monday morning. The shutdown came as a result of senators failing to come to an agreement on a deal to fund the government that was passed through the House of Representatives. Immediately after the shutdown began, the discussion around Capitol Hill immediately shifted to whose fault it was. President Trump was quick to blame Democrats for the shutdown.

White House Press Secretary Sarah Huckabee Sanders released

a statement about the shutdown as it was occurring, stating, “We will not negotiate the status of unlawful immigrants while Democrats hold our lawful citizens hostage over their reckless demands. This is the behavior of obstructionist losers, not legislators.” The Democrats, on the other hand, were quick to retaliate and lay blame upon the majority party in Congress. Senate Minority Leader Chuck Schumer went as far as to label it “the Trump shutdown.”

The shutdown, however, turned out to be briefer than the one we experienced in 2013 that revolved around the budget of the country. By Monday night, President Trump signed a bill officially ending the weekend shutdown that established a plan to fund the government for the next three weeks. Yet the bill that was ultimately passed by both

chambers of Congress was not just an agreement on how to properly fund the government.

The shutdown was also a fight over the negotiations that are to take place over immigration in the coming weeks, specifically Deferred Action for Childhood Arrivals (DACA), as Sanders had suggested. The bill required a bit of deal-making, as Republicans assured Democrats that legislation would be put on the Senate floor in the immediate future that will address issues surrounding immigration and border security. Trump immediately took to Twitter, stating, “Big win for Republicans as Democrats cave on Shutdown. Now I want a big win for everyone, including Republicans, Democrats, and DACA, but especially for our Great Military and Border Security. Should be able to get there. See you

at the negotiating table!”

While the congressional vote temporarily resolved the issue of funding, neither side of the debate is out of the woods as it pertains to this issue or those pertaining to immigration. The DACA program alone has allowed approximately 800,000 undocumented immigrant children to live here in the United States.

How both Democrats and Republicans move forward and handle the key issues that triggered the shutdown could be crucial to how the 2018 midterm elections will play out for both sides, as the Republicans currently hold a one-seat advantage over the Democrats in the Senate. At the center of it all will be President Trump, who will be forced to put his deal-making skills to the test.

PC Students March For the Future

Activism:

Continued from front page

Each of the speakers discussed a unique issue concerning social justice that plagues our country today and described how they are working to make a positive change. Civic engagement is vital to any democracy. The 2016 election season was marred by strife and frustration coming from many Americans who felt that the bureaucracy and the “big business” politics of the government had left them in the dust. The government, however, only has so much influence in the day to day activities of civilians, so it is up to citizens to elicit change. The scope of service and social justice is so wide that anyone can find a cause to support using their own skills. Actions such as voting, volunteering, supporting local businesses, protesting, and even running for office are just a few examples of courses of action people can take to make a difference. While it might seem easier to be patriotic in a time when people are proud of their government, true patriotism comes from engaging in civic duty and working to better the nation where there is room for improvement. If history can serve as a map of

sorts for where the country has been and where it can go, then the recent social justice movements prove to be promising for the future. Throughout history, change has occurred not as the result of the actions of one person in the executive branch, but rather by groups of committed individuals whose actions create ripple effects throughout the nation. The road to progress is not easy by any means—there is still a lot of work to be done—but movements such as the Women’s March will hopefully lay a solid foundation for future advancements. The Providence College community was well represented at the march, with many students attending and showing their support and passion for equality. The march comes at a fitting time for PC students, having just celebrated Rev. Dr. Martin Luther King, Jr. Convocation week. Just as Dr. King, Jr. served as a titan of social justice, a new generation of students and leaders is preparing to take the reins of the future. Dr. King, Jr.’s words were recited at the march: “The moral arc of the universe is long, but it bends towards justice.” As we march forward into 2018, we must all take it upon ourselves to follow the moral arc of the universe, and stand up for what is right to ensure a more equal and just tomorrow.



Marchers at the Providence Women’s March on January 20.

PHOTOS COURTESY OF GABRIELA SHORT '18

Independent Studies: A Unique Learning Opportunity

by McKenzie Tavella '18
Opinion Staff

CAMPUS

It is hard to believe that I have gone nearly my entire college career without taking or even knowing about one type of course. My friend changed the course of my college career when she turned to me and uttered two words: “independent study.”

Providence College defines an independent study as academic

work chosen or designed by the student with the approval of the department concerned, under an instructor’s supervision, and usually undertaken outside of the regular classroom structure.

After learning more about independent studies and personally experiencing them, I truly see the value in this alternative to a regular course. Independent studies should be a part of every student’s college experience.

There are many reasons why each student should take an independent

study while attending college. It is typically one-on-one—just the professor and the student. For some, this may seem intimidating; however, it is also extremely beneficial because this structure is more reflective of the real world. When you are going on a job interview or having a weekly meeting with your boss, the skills you learned in your independent study will come in handy. Additionally, the focus will be all on you at all times, therefore there is no dawdling or “zoning out;” you must be attentive and alert

constantly.

Beyond the one-on-one set-up, the independent study is also very representative of how a student’s life will be outside of college. There are no rubrics or guidelines in the real world. Rather, you simply get an assignment from your boss, and then must carry it out as you see fit.

In an independent study, you have a weekly meeting with your professor, where you typically give them an update on your progress and discuss the next steps. It is your vision driving the progress, not your professor’s. Similarly, in a professional environment, once your assignment is finished, you will either pass or fail. Either your boss will like it, or he or she will not.

Ultimately, an independent study is a practice run for your career after graduation. As a senior, I am immersing myself in an environment that can only help me.

It is more “outside” work, but it is less time inside a classroom, providing for a more open schedule. This effort spent on going to class is used for more productive reasons, such as making progress on your semester-long, in-depth assignment.

If there is anything you can take out of this article, it is not only an awareness of independent studies, but also an amazing opportunity to further your knowledge, and gain practical experience.

Therefore, I encourage everyone to try and take an independent study on a topic of their choice with a professor who sparks their interest before graduating from Providence College.



Ceramics professor Judd Schiffman and Da-Neil McFarlane '19 during their independent study.

KRISTINA HO '18 / THE COWL

Lean In to the New Semester

by Andrea Traietti '21
Opinion Staff

CAMPUS

The start of 2018 has come and gone, and maybe some of those New Year’s resolutions have seemed to slip away with it. But a lapse in achieving those “new year, new me” goals should not be a deterrent from other attempts at goal setting. Especially for college students, goal setting in both a short-term and long-term context has proven to be a critical skill in classroom and career settings.

One of the scariest questions for a college student to hear also seems to be one of the most common: “What are your plans for after college?” Conveniently, winter break seems to offer ample opportunities for family members, neighbors, and co-workers to remind lots of students that for the most part, they really have no plan.

This time off also affords students plenty of time to think (or, more accurately, stress) about meetings to set up once back on campus, internship opportunities for a rapidly approaching summer break, and establishing some sort of path for after graduation.

Finding a summer job is a daunting task, let alone trying to figure out what comes after graduation. The pressure to have a solid outline for a path post-graduation is so overwhelming that it seems like there is not even a good place to start. With stress like this, it should not come as a surprise that serious goal setting is unappealing and scary to college students.

However, it is time to amend the goal-setting process and change the perception of what makes a good goal. In her book *Lean In*, Facebook Chief Operating Officer Sheryl Sandberg frames career paths as a jungle gym rather than a more traditional ladder, where people move only up or down.

Sandberg, a Harvard University graduate and widely considered one of the world’s most powerful women, admits that she herself never outlined a real goal for her future when she was in college, and she

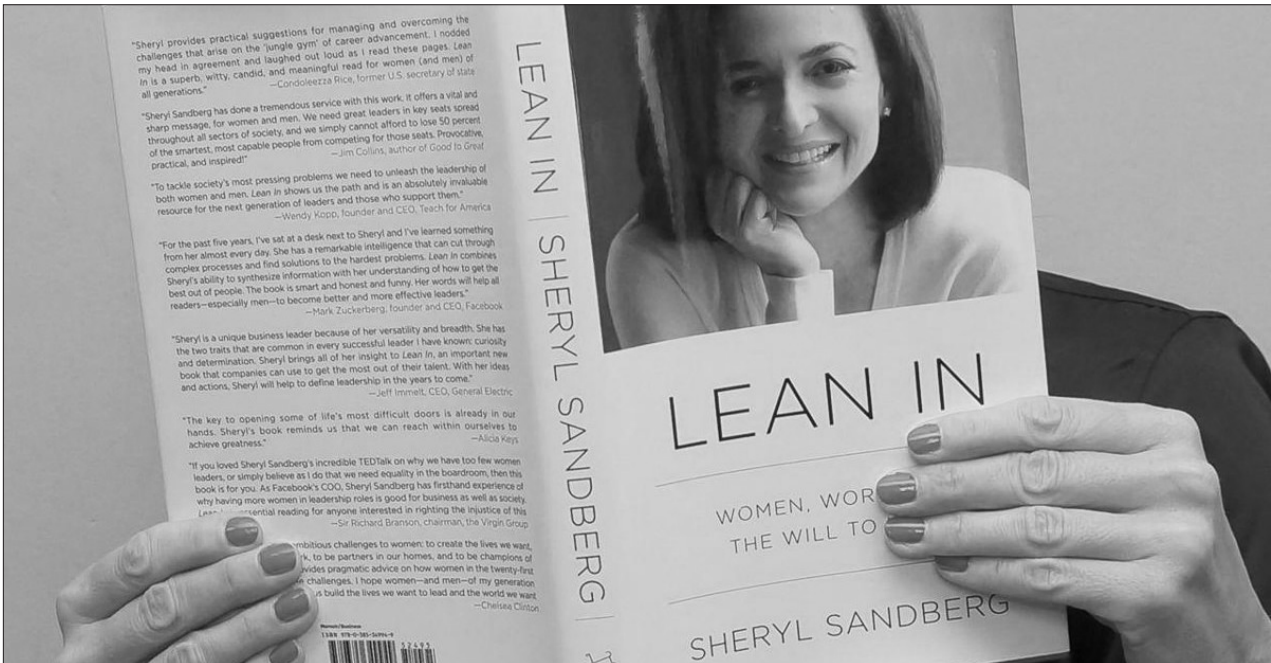


PHOTO COURTESY OF CODE LIKE A GIRL

still cannot exactly trace how she ended up in her position at Facebook. Now, she advocates for a new approach to setting goals. Sandberg says in *Lean In*, “I recommend adopting two concurrent goals, a long-term dream and an 18-month plan.”

The reason that Sandberg’s goal-setting process could be so useful to college students is because of the way it fosters flexibility. “A long term dream does not have to be realistic or even specific,” says Sandberg. She adds, “even a vague goal can provide direction, a far-off guidepost to move toward.”

In turn, these long term dreams should inform the way we go about setting shorter, 18-month goals that focus on more immediate personal, academic, and professional improvements. These goals should serve as stepping stones toward one day achieving that bigger dream, whether it is to travel, to work in a certain field, or just to have a happy professional life.

Long-term dreams can be as specific or unspecific as desired, and 18-month goals offer a chance for more short-term and organized planning, and serve as check-ins or opportunities to reflect on progress. Broadening the scope of goal setting makes it a much more accessible process, especially for college students following a winding and constantly evolving path.

And this goal setting has proven to be critical to success even before actually achieving the goals themselves. A Harvard publication on the importance of goal setting has cited the process as a way to improve motivation, creativity, sense of agency, responsibility, and overall confidence.

For students, feeling empowered in their own choices leads not only to higher success levels in the classroom, but also the ability to carry this confidence and consequent success into their careers and their lives in general.

Learning to Live Without Fear

by Kevin Copp '18
Opinion Staff

SOCIETY

Dr. Bernice A. King’s visit to Providence College in the midst of one of the most polarized political landscapes in recent history calls to mind the power of the people to create change. Just as her father, Rev. Dr. Martin Luther King, Jr., led the Civil Rights Movement in the 1950s and ’60s and inspired generations since as a result of his philosophy of nonviolence, so too has Dr. King highlighted the potential of the individual to make society more equitable through a commitment to

trust. Yet the missing piece that makes such a dedication to trust possible is the ability to overcome the fear that pervades society. Fear is the wedge in society that sits squarely between understanding and ignorance, keeping people apart instead of bringing them together. Comprehending one’s own fear and learning to conquer its debilitating effects is absolutely essential for creating a positive impact on contemporary society. The fear of being one’s truly authentic self is the most dangerous and harmful type of fear that someone can experience. A person afraid of being totally honest with themselves oftentimes does not realize their self-deception.

The person who is afraid of their true self does not challenge themselves to improve, but instead is content with maintaining the status quo. They are not concerned with being in touch with reality but rather with how many likes they can receive on Instagram and how many people will recognize them on campus. For fear that their true selves will be exposed, these people conform to the societal standards of beauty, lifestyle, and attitude, and never reach a level of comfort with their honest selves.

There are also people who are simply afraid of being wrong. They do not want their ideas to be rejected, so they might keep quiet and never enter into a true connection with another person. They also might project a close-mindedness so severe that they isolate themselves from others entirely, rendering themselves unable to feel any connection because they are so far out of bounds from the rest of society. The most dangerous idea someone can have is to think that everyone else should be just like them.

Conquering fear helps build a society on the bridges of trust and compassion, whereas the inability to be honest with oneself only ignites the incendiary walls of malice and greed.

So put away your fear, focus on being honest with yourself in the new semester, and heed the most common phrase in the Bible: “Be not afraid.”

2018 can be the year in which you talk to that cute stranger, work hard in class because it is actually important, and delete your Instagram because who cares how many people decided to post another picture of a sunset over the clock near Slavin? Doing more things that actually give you a deep-down sense of satisfaction can help you become more in-touch with your real self and change the world in small ways—the only ways that big changes can ever come to stay.

As Dr. Bernice A. King and Dr. Martin Luther King, Jr. have found, trusting our true selves can help us attain the dream of freedom that humanity continues to push toward.



Dr. Bernice A. King addresses the PC community.

NICHOLAS CRENSHAW '20 / THE COWL

Lady Liberty Shines Despite Shutdown Absurdity

by Lela Biggus '18
Opinion Staff

POLITICS

The Statue of Liberty remained open during the brief but dramatic government shutdown over the weekend, shining a light on how far we as a nation have strayed from our founding values. The monument remained open because the daily cost of running it, around \$65,000, is miniscule considering the amount of revenue Lady Liberty rakes in for the city. New York Governor Andrew Cuomo commented, “From our point of view, it’s a good investment.” The move may have been a good investment, but the irony of keeping Ellis Island operating while our government was shut down is almost too perfect. Our country’s most sacred monument, representing the pure American ideal of acceptance, continued to welcome visitors while Congress displayed its inability to compromise on issues of immigration and border security.

Whether you called it the “Trump Shutdown” or the “Schumer Shutdown,” it ended at noon on Monday with an 81-18 vote in the Senate. Prior to the vote, media outlets were certain neither side would

budge on issues central to satisfying the Democratic Party’s electorate and the Republican Party’s president, but a compromise was reached. While the fuss is pretty much over, we the people should not be too quick to move on and forget. Now is as good a time as any to pause and take a good long look in the mirror. A big part of why this shutdown happened in the first place is the character of President Trump as a leader. Here we have a president too easily swayed by those around him to the point that he seems to agree to pass the Deferred Action for Childhood Arrivals (DACA) program one moment, and when dissuaded by his advisors, changes his mind the next. He has a disorganized agenda, confused Republican leaders surrounding him who are constantly on damage control, and absolutely no backbone. However, a spineless, voiceless Trump may be for the best. The “shithole” comment heard around the world would certainly suggest it.

It is because of this ineptitude and pervasive disorganization that a compromise on DACA for Democrats and tighter border security for Republicans could not be reached in time to prevent the shutdown, but Trump alone cannot be blamed. It is the injection of petty politics into what should be serious decision-making that makes a mockery of our governing body. Last week we heard intellectuals, journalists, and political analysts seriously debate whether or not the president would be satisfied with funding for any physical structure resembling a border wall, as long as he could claim that his campaign promise had been fulfilled. This

is pure absurdity and, tragically, the fate of potential immigrants, asylum seekers, and DACA recipients hangs in the balance. We are supposed to be the “melting pot,” the land of the free where the “huddled masses” may congregate to find themselves welcomed and at home. However, with Trump’s attitude toward immigration, the U.S. is not what it claims to be. It is not as though the values of democracy and freedom were perfect under Obama and now suddenly doomed under Trump. The ideals of liberty, citizenship, and even democracy have been flawed as long as the United States of America has existed. Nonetheless, these are the values that we tote, that we are most proud of. The fight for these values is in itself the ideal towards which we strive. Ellis Island remaining open this weekend was an omen. The universe is screaming at us to embrace our country’s multicultural identity, while simultaneously reassuring us that no matter how ridiculous things are right now, reason, love, and tolerance might just win out in the end.



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Time's Up, PC

Engage in Meaningful Discussion about Sexual Violence



by **Paige Calabrese '18**
Associate Editor-in-Chief

EDITOR'S COLUMN

The spring semester is officially in full swing here at Providence College! Classes have commenced, homework has been assigned, and various events including guest speakers, dances, and themed activities have been planned. However, PC is not the only bustling community at the moment. This past weekend, thousands of people in Providence alone participated in the Women's March to stand in solidarity on the myriad of issues affecting women in the United States today. Thousands also participated in the March for Life to show support for pro-life beliefs, and today, after the deliverance of 156 victim impact statements, former U.S. gymnastics team doctor Larry Nassar was sentenced to 40 to 175

years in prison for sexually abusing the gymnasts he was supposed to be medically treating. Reflecting on these three momentous events, take a moment to reach out to an important woman in your life whom you care about to thank her for her support, sacrifices, and unconditional love. Take on the responsibility of keeping the dialogue around prevention and accountability for sexual assault alive and powerful in 2018, so that *Time Magazine* never again has to declare "the silence breakers" as the people of the year. Although we may think of this topic as not being incredibly relevant at PC, it is. It is, in fact, more relevant now than ever before. We need to take the initiative to engage in productive, meaningful discussion throughout campus about what we at PC can do to end sexual violence, both on and off our campus.

TANGENTS & TIRADES

Be Open to Learning

In light of Dr. Bernice A. King's address last week, in which she advised students to be open-minded, it is important that we continue to educate ourselves as a community. Last Friday, January 19, a panel of Providence College professors spoke about their research regarding diversity and the legacy of Rev. Dr. Martin Luther King, Jr. Due to the large audience that attended Dr. King's speech, one would expect there to be a crowd of intrigued students at last Friday's forum. However, this was not the case. In fact, the assembly was primarily composed of faculty members. While an event at 3:00 p.m. on a Friday afternoon might not draw the largest group, the topics that were discussed are pertinent to the current campus environment. The panel was a fitting way to close the College's MLK Convocation week. The professors who spoke explained the influence that Dr. Martin Luther King Jr. had on their own lives, as well as the psychology that explicates interracial tensions. The best way to contribute to the solution of an issue is to educate oneself about the problem. While sitting in a room listening to professors talk might not seem like much of a resolution, it is one step in undertaking the concern for diversity on our campus. Attending events such as the Humanities Forum are beneficial in that they help us to better understand the problem and encourage us to listen to other perspectives.

-Hannah Paxton '19

In Search of Truth on Social Media

Once a "breaking news" alert rumbles on a person's phone, the starting pistol blares in the race to get the most likes on social media. Instead of carefully thinking about issues and considering other arguments, people flood their newsfeeds with their gut reactions. In a blur of tweets, all gray area is buried under a mound of extreme and hasty posts. Things either "suck" or are "awesome," people are either "evil" or "heroes," and all nuance gets ridiculed with dislikes from the mob. Surrounded by over-the-top rhetoric, people join in the chorus in order to fit in, without independently thinking about the issue. After all, liking a movie that "sucks" or a politician that is "evil" does not get likes, as people chip away at their individuality to seem "right" on Facebook. Worst of all, this flood of gut reactions distorts reality. These baseless accusations and blatant lies hide the facts, serving as a "bodyguard of lies" as Winston Churchill famously warned. Even with gravely serious news events like October's Las Vegas shooting, uninformed posters blurted out wild conspiracy theories without a shred of evidence, simply to get likes. In a matter of seconds, posters blamed a fictitious "Samir Al-Hajeed" who supposedly attacked the country festival in the name of ISIS, a radical leftist named "Geary Danley" who sought revenge against conservative country music fans for the 2016 election, and even the federal government. As baseless as these claims were, thousands retweeted without thinking. When the next breaking news alert rumbles, think before you post. Become informed, consider different arguments, and carefully consider the evidence and logic of people's claims. Instead of having grieving families sift through conspiracy theories blaming the Illuminati and New World Order, wait until the facts arrive.

-Nicholas Moran '19


It Is Time to Fix FixIt

After two years of living in traditional dorm housing and a semester abroad, this spring semester I was excited to finally experience one of the joys of upperclassmen housing: a private bathroom. To go from sharing a communal bathroom with thirty of your closest friends to only four feels like a dream come true—if the bathroom actually works, that is. Moving into my apartment only to find that the plumbing was not in working order and that now, over a week later, the issue still has not been resolved, points to a real problem in the way that maintenance concerns are being handled. I know that the Office of Residence Life is very busy and has perhaps the hardest job on this campus—coordinating effective housing for thousands of students is not easy—but it is not acceptable for an apartment's singular bathroom to be continually out of working order with no reprieve in sight. At this point, I have exhausted all of my resources. My roommates and I have sent multiple emails, made calls, and even visited the Residence Life office in person. All I have left is one desperate plea. The way that maintenance issues are prioritized and then fixed must be adjusted. If not for me, then for anyone else whose dreams of apartment-style living have been crushed and who are forced to run down to the basement of their building every morning in their pajamas just to use a working restroom.

-Taylor Godfrey '19

Self- Defense Class

Offered by Providence College
Public Safety



Classes begin:
Wednesday, February 7, 2018
7:00pm
Concannon racquetball courts

If interested, register NOW!

Just E-mail Sergeant Marshall at dmarshall@providence.edu

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PHOTOGRAPHY

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January 25, 2018



LAURA CHADBOURNE '20/ THE COWL

ABOVE: Ralph Merstil '19, Goodness Adekoya '20, and Shamar Richards '20 pose with flags to promote the new Afro-Caribbean Club at the Winter Involvement Festival.

RIGHT: Sabrin Mohamednur '20, Fenda Konte '20, Kiyana Aldin '21, Sara Jean-Francois '19, and Maya Jabbaar '20 pose in front of the Women Empowered booth at the Winter Involvement Festival.



NICHOLAS CRENSHAW '20/ THE COWL



NICHOLAS CRENSHAW '20/ THE COWL



NICHOLAS CRENSHAW '20/ THE COWL



MAGGIE BRANHAM '18/ THE COWL

ABOVE LEFT: Aaron Ferrante '18 answers questions about Friars Club at their freshman coffeehouse.

ABOVE: Haley Wolfe '19 and Nick Ogrinc '19 practice dance moves with the Ballroom Dance Club. The club meets in Moore 112 on Monday nights at 6 p.m.

LEFT: Dr. Raymond Sickinger, chair of the history department, speaks at a faculty panel as part of the Humanities Forum and MLK Convocation Week. The event, titled "Making Community: Making MLK's Dream a Present-Day Reality," took place in the Center at Moore Hall, a space focused on diversity, equality, and inclusion.

ROVING PHOTOGRAPHY

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January 25, 2018

What is your most important New Year's resolution?



"Make daily rosary every day."
Quinn D'Andrea '20



"Be more outgoing."
Connor McShane '19



**"Follow up with my goals by making
my bucket list a reality."**
Elizabeth Connor '20



"Do more things that bring me happiness."
Catherine Flugel '20



"Get an 'A' in Civ (@Fr. Dom)."
Bridget Reilly '20



"Make prayer an essential part of my life."
Rodrigo Martinez '19



"Eat less fast food."

-Ronald McDonald

PHOTO COURTESY STEVE BAKER ON FLICKR

Photos by Nora Johnson '20, Staff Photographer

Preview: *Hamlet* Comes to Providence College

by Kerry Torpey '20
A&E Co-Editor

THEATRE

“Madness in great ones must not unwatched go.” With intense sound effects and choreographed fight scenes, the Providence College Department of Theatre, Dance, and Film’s upcoming production of William Shakespeare’s *Hamlet* will certainly capture the mania and drama of the tragedy.

In their final days of rehearsal, the cast of *Hamlet* is working tirelessly to perfect the well-known and notorious tale. Led by Director John Garrity '73, who is an associate professor in TDF, the play follows Hamlet, Prince of Denmark, as he seeks revenge for the murder of his father, the king, by his uncle, Claudius.

Alongside Garrity are several collaborators who have put hours into the production. Trevor Elliot, who worked as assistant technical director and has designed the sets for *Into the Woods* and *The Addams Family* at PC, put together lighting and scenic design that encapsulates the commotion on stage.

Assistant Professor Megan Chang has served as a vocal coach for the actors. Furthermore, audiences should expect to see contemporary costumes designed by Maxine Wheelock, who also worked on *Our Town*.

Stereotypically recognized for his brooding nature, Hamlet teeters on the edge of sanity and lunacy. Audiences can anticipate Timothy Brown '20 as Hamlet crazily running about the center stage one second and droopily dragging his feet the next.

Rather than performing in the Angell Blackfriars Theater in the Smith Center for the Arts, the cast will be in the Bowab Studio Theater, which is PC’s very own black box theater. Although it is small, the Bowab seems fitting for *Hamlet*, as the close proximity to the actors allows the audience to feel immersed in the drama at Elsinore Castle.

Certainly a standout moment for audiences will be the way in which the production crew presents the ghost of King Hamlet. Played by Daniel Carroll '18, who also appears in the role of Claudius, the ghost of King Hamlet literally becomes a projection. Without revealing too much, Carroll will leave audiences startled



Timothy Brown '20 (Hamlet) and Jennifer Dorn '18 (Ophelia) rehearse a scene.

GABI DESS '18/TDF

with his powerful voice and expression.

Hamlet will run for seven performances total. Opening weekend is Jan. 26-28, with 7:30 p.m. shows on Friday and Saturday and a 2 p.m. show on Sunday. Following a week off, the cast will be back Feb. 8-11 with four final performances.

Tickets are \$5 for students, \$9 for seniors, and \$13 for adults. They can be purchased online, in person in the Smith Center at the Box Office, or over the phone at 401-865-2218. Just as “madness in great ones must not unwatched go,” this showcase of *Hamlet* is not one to miss.

Fans Are Falling for Fall Out Boy’s New Album, *M A N I A*

by Julia Vaccarella '20
A&E Staff

MUSIC

Last week the popular American band Fall Out Boy released their seventh studio album, *M A N I A*. The album, which was expected to debut in mid September, was delayed and pushed back to Jan. 19.

Aligning with the trend set by other music groups, it is safe to say that *M A N I A* is Fall Out Boy’s least rock production yet, an ironic statement to make, considering that one of their previous albums is entitled *Save Rock and Roll*.

Panic! At the Disco, Coldplay, and Maroon 5 are among many other bands that have integrated electronic styles into their former rock sound in the past year. Fall Out Boy’s own experimentation with pop dates back to the mainstream success of the song “Centuries,” which was featured on their previous album *American Beauty/American Psycho*. It is possible that the mainstream success of this single has led Fall Out Boy to explore the pop genre further in their music.

“Young and Menace,” which was released early on as a single, is arguably the most electronic song on the record. The track confused many

long-time fans who were hoping for Fall Out Boy to return to their roots. This is also a major reason why the album was delayed in the first place as lead songwriters Pete Wentz and Patrick Stump were not content with the album as it was at the time.

Several of the songs on *M A N I A* contain multiple pop culture references, such as the allusion to the film *Castaway*,

starring Tom Hanks, with the song “Wilson (Expensive Mistakes).” The album also references Olympic figure skater Tonya Harding and *The Addams Family* character, Wednesday Addams.

Despite this change, the Fall Out Boy of the early-2000s is not completely absent from *M A N I A*. Keeping this in mind, it is clear that Fall Out Boy’s shift in sound does

not equate a transfer in the band’s messages regarding mental health. In fact, *M A N I A* explores Pete Wentz’s well-known battle with bipolar disorder.

Stump’s strong vocals still balance well, even in the songs that have also incorporated some elements of pop. “The Last of the Real Ones” highlights Stump’s voice while also significantly limiting the electronic beats present on tracks like “Stay Frosty Royal Milk Tea.”

Fall Out Boy has received mixed reviews on *M A N I A*. Those who have been listening to the band since they were just beginning to emerge as a rock group have expressed disinterest and frustration with the album and the group’s decision to tour with both blackbear and Jaden Smith, because both artists produce rap/hip hop. Others, though, have been much less critical and have even chosen to embrace the emphasis on pop and electronic music.

Considering that the band has been around for over 15 years, some variety in sound is justified. Their previous work did attract a much different fanbase, and the group was a brand synonymous with the punk genre.

Regarding the new album, though, band member Wentz has stated in an interview with *Rolling Stone*, “It feels like every once in a while, you’ve gotta do a hard restart that clears the cache and erases the hard drive...”



Fall Out Boy band members posing for a photoshoot for new album, *M A N I A*. PHOTO COURTESY OF HIDDENJAMES.COM

A ‘Fur’-ious Debate

Are Fashion Designers Pushing Animal Rights Aside?

by Patrick Fuller '21
A&E Staff

LIFESTYLE

Remember that short stint of time when everyone seemed to be an animal rights activist battling against the fur industry? According to *National Geographic*, 15 or 20 years ago top models would pose for ads with slogans like, “We’d rather go naked than wear fur.” However, fur production has more than doubled since the 1990s, with about a hundred million skins created in 2015. What used to be a target of shame and disdain has now become the premier option for modern winter clothing.

Look no further than Macy’s, for example. A visit to the store’s online catalog will reveal “The Fur Vault,” currently filled with 173 items to choose from including a \$2,795 printed fox fur coat of dazzling, white splotched with patterns of blue and red. Furthermore, Macy’s offers a chinchilla-trim mink fur belted cape for \$6,995 and a Persian lamb fur coat for \$8,895. Beyond the capes and coats lies an assortment of accessories ranging from backpacks, gloves, hats, headbands, and scarves to tech accessories and cases.

Even famous designers are taking advantage of the fur craze; Guccisells a \$34,000 printed mink fur coat with “slightly cropped sleeves for elegant appeal,” and “a breathtaking tiger design... printed to the back for a look that ensures you’re spotted and never forgotten.” Fur products seem to grant the wearer an aura of class and nobility while providing the comfort of a bathrobe.

However, the fur industry still remains controversial. According to People for the Ethical Treatment of Animals (PETA), “Animals on fur farms spend their entire lives confined to cramped, filthy wire cages. Fur farmers use the cheapest and cruelest killing methods available, including suffocation, electrocution, gas, and poison.” In fact, more than half the fur in the United States comes from cats and dogs skinned in China and mislabeled for deceptive advertisement.

Moreover, animals caught in the wild are subject to blood loss, shock, dehydration, frostbite, and gangrene as a result of a variety of crude traps. For example, the Canadian seal slaughter occurs annually in which tens of thousands of baby seals are shot for their pelts. Also, in Canada, hundreds of



PHOTO COURTESY OF FRIENDSOFANIMALS.ORG

black bears are killed to create the famous hats worn by Queen Elizabeth II’s Five Regiments of Foot Guards.

A more relatable example of animal cruelty can be found in the surge of Canadian Goose jackets being purchased by college students everywhere. PETA details a step-by-step process of how “wild coyotes are caught in steel leg clamps, head-crushing traps, body-gripping traps, or neck snares.” Eventually, if the traps fail to kill the coyotes, “trappers will strangle, stomp on, or bludgeon them to death.” The fur taken from these skinned animals is sewn into the hoods of Canada Goose jackets. This dilemma leaves consumers wondering if a 2-inch goose patch on the left sleeve and a hood trimmed with coyote fur is truly worth \$900 and the sacrifice of innocent animals.

However, Canada Goose has a “commitment to traceability” on its website which states, “We believe all animals are entitled to humane treatment in life and death, and are deeply committed to the responsible use and ethical sourcing of all animal materials in our products. We do not condone any willful mistreatment and neglect of animals or acts that maliciously cause undue pain, injury or suffering.” This program seeks to ensure that the company’s furs are sourced from a reliable provider which avoids “any unfair practices, willful mistreatment or undue harm.”

Finally, the business claims that it never purchases fur from fur farms, never uses fur from

endangered animals, and only purchases fur from licensed North American trappers regulated by state, provincial, and federal standards.

Karl Lagerfeld, a Paris-based fashion designer and creative director of Chanel and Fendi, would most certainly defend Canada Goose in its production. In an interview with the fashion icon, *The Independent* learned that Lagerfeld reconciled his known love for animals by recognizing the fact that, “A butcher shop is worse” and predicting the terrible bout of unemployment the world would face without the fur industry.

No matter which side one may take, no one can deny the jacket’s heavy presence on the Providence College campus. A narrow survey of the population indicates that most people do not even know about the controversy behind the jackets. However, once informed, people are immediately appalled.

For example, Nicholas Lamberton '21 said, “After hearing how the hoods are made, I can’t imagine anyone actually buying and supporting the Canada Goose brand.” Andy Carpio '21 agreed, “It makes me sad that innocent animals have to be killed so someone can make a fashion statement.”

With the argument given from both sides, hopefully one can form his or her personal opinion on the morality of the fur industry and use it to influence the rest of the world, but until then fur in the fashion industry will continue to be a fashion statement for men and women’s clothing.

Remembering Dolores O’Riordan

Lead Singer of Irish Rock Band Dead at 46

by Joe Clancy '18
A&E Staff

MUSIC

“This was just meant to be, this is coming back to me, cause pure love, cause this is pure love.” On Jan. 15, the music world lost Dolores O’Riordan, lead singer of Irish rock band and international sensation, The Cranberries. O’Riordan was known for her amazing vocal range and abilities that made her one of the most recognizable voices in music.

Some described her voice as definitive yet relatable. O’Riordan reached international fame as she and the albums she collaborated on saw worldwide success both critically and commercially. She was held in high regard in her native Ireland as well as across the globe. In fact, one of the first public mourners was President of Ireland Michael D. Higgins, and O’Riordan also received condolences from rock legends, like The Kinks guitarist, Dave Davies.

Born in 1971, O’Riordan was the youngest of nine children, hailing from a large Irish Catholic family in Limerick. From a young age, O’Riordan showed interest and passion in music, often describing singing as the true

love of her life. Her big break came in 1990 when the young talent joined the band that she will always be associated with, The Cranberries.

The Cranberries were a band that never were, nor ever wanted to be, defined by a single music genre. The group formed in 1989 and incorporated various sounds like Irish folk, pop punk, and even hit pop rock music into their work. In 1990 the band decided to separate from their lead singer, Niall Quinn, and had open auditions for the position.

When O’Riordan decided to

audition, she was able to blow the band mates and judges away, as there was no question that she deserved the spot with her powerful vocals. O’Riordan was ultimately awarded the title of lead singer and the rest was history.

The band went on to release a number of hit albums including *Everybody Else is Doing It so Why Can’t We* (1993) and *To the Faithful Departed* (1996), both of which were massive commercial successes, with the latter album reaching number two on the *Billboard Top 200*. The Cranberries even went on to receive the European

Border Breakers Award as a top 10 breakout band, which is a massive milestone for any European band.

The Cranberries split up in 2003, citing creative differences and artistic ambitions. Following the band’s split, O’Riordan went on to launch her own successful solo career. Her first single following the breakup was featured on an album that included legendary artists such as Eric Clapton and Sheryl Crow.

O’Riordan went on to release her first full solo album *Are You Listening?* (2007) which has sold over 350,000 copies worldwide. She continued to release and perform concerts. The singer even had the privilege of performing in front of world leaders like Pope Francis and Princess Diana. Princess Diana said that O’Riordan’s singing was so beautiful it actually brought her to tears. O’Riordan also partnered with former *The Smiths* band member Andy Rourke in the 2010s to launch the band D.A.R.K.

Although her family is keeping details of her death private, fans around the world mourned alongside them at the late singer’s funeral on Jan. 22. Thousands of tributes from fans and celebrities prove the power and legendary effect O’Riordan had on the music industry.



Dolores O’Riordan preforming with the Cranberries in 2000.

PHOTO COURTESY OF THETIMES.CO.UK

Netflix Announces a Fortunate Event

Fans Anticipate a New Season of A Series of Unfortunate Events

by Ryan Cox '18
A&E Staff

TELEVISION

When Netflix first announced a television adaptation of Lemony Snicket's popular, children's book series *A Series of Unfortunate Events*, critics were skeptical. The 2004 feature film starring Jim Carrey as Count Olaf received generally mixed to poor reviews and was a failed attempt at turning the book series into a film franchise. The Netflix series, which premiered in January 2017 and stars Neil Patrick Harris as Count Olaf, however, worked around the mistakes of the film, and its second season is slated to premiere on March 30. Following the format of the first season, each book of the series occupies two episodes of the season, allowing the creators to flesh out all the details in the plot. Season two picks up where season one left off and will cover books five through nine of the series: *The Austere Academy*, *The Ersatz Elevator*, *The Vile Village*, *The Hostile Hospital*, and *The Carnivorous Carnival*. Season one received a 93 percent fresh rating from Rotten Tomatoes, with the consensus: "enjoyably dark, *A Series of Unfortunate Events* matches the source material's narrative as well as its tone, leaving viewers with a wonderfully weird, dry, gothic comedy." The show was also praised for its handling of themes of grief and loss, in addition to its set design and casting. The second season, then, has a considerable amount of pressure to live up to. Its teaser trailer featured Harris as Count Olaf, but did not offer many details besides the release date. Online sources showed no additional information, and it seems that Daniel Handler (real name of Lemony Snicket and executive producer of the series) is keeping the project as quiet as possible. Handler did acknowledge the possibility of a third season, admitting that he hopes Netflix will

green-light the final season. In an interview with *Entertainment Weekly*, Handler said, "We hope to get the go-ahead to do season three, which...given how quickly young actors age and change, we're trying to film everything as quickly as possible...The third season would be the rest of [the book series]." In addition to Harris, the series includes Patrick Warburton as Lemony Snicket, Malina

Weissman as Violet Baudelaire, and Louis Hynes as Klaus Baudelaire. The first season features Will Arnett, Joan Cusack, and Alfie Woodard, and the second season plans to include Tony Hale, Nathan Fillion, and Sara Rue in its supporting cast. Season one of Netflix's *A Series of Unfortunate Events* is now streaming. Season two is scheduled to release on March 30 at 12:01 a.m.



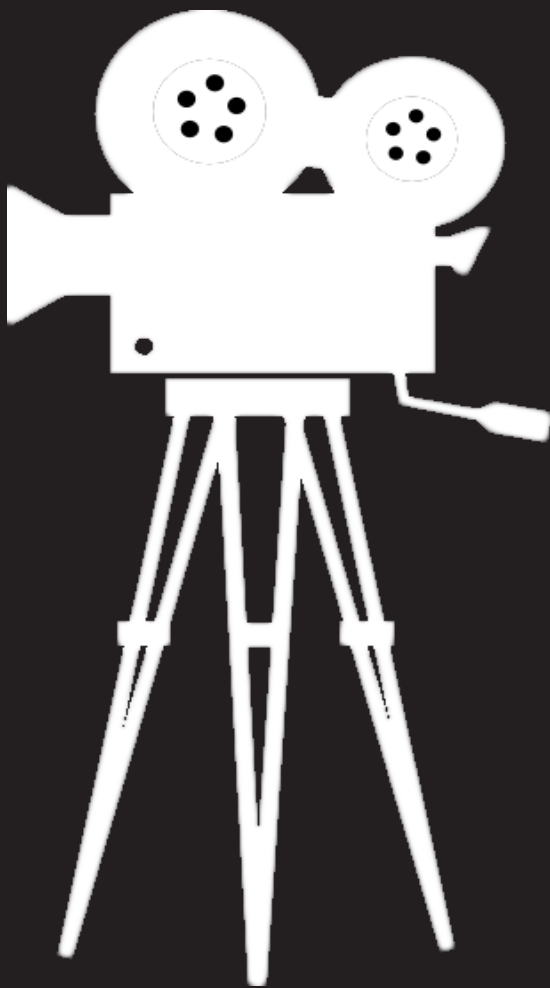
Season 2 of *A Series of Unfortunate Events* premieres Spring 2018 starring Tony Award winner Neil Patrick Harris. PHOTO COURTESY OF COMINGSOON.NET

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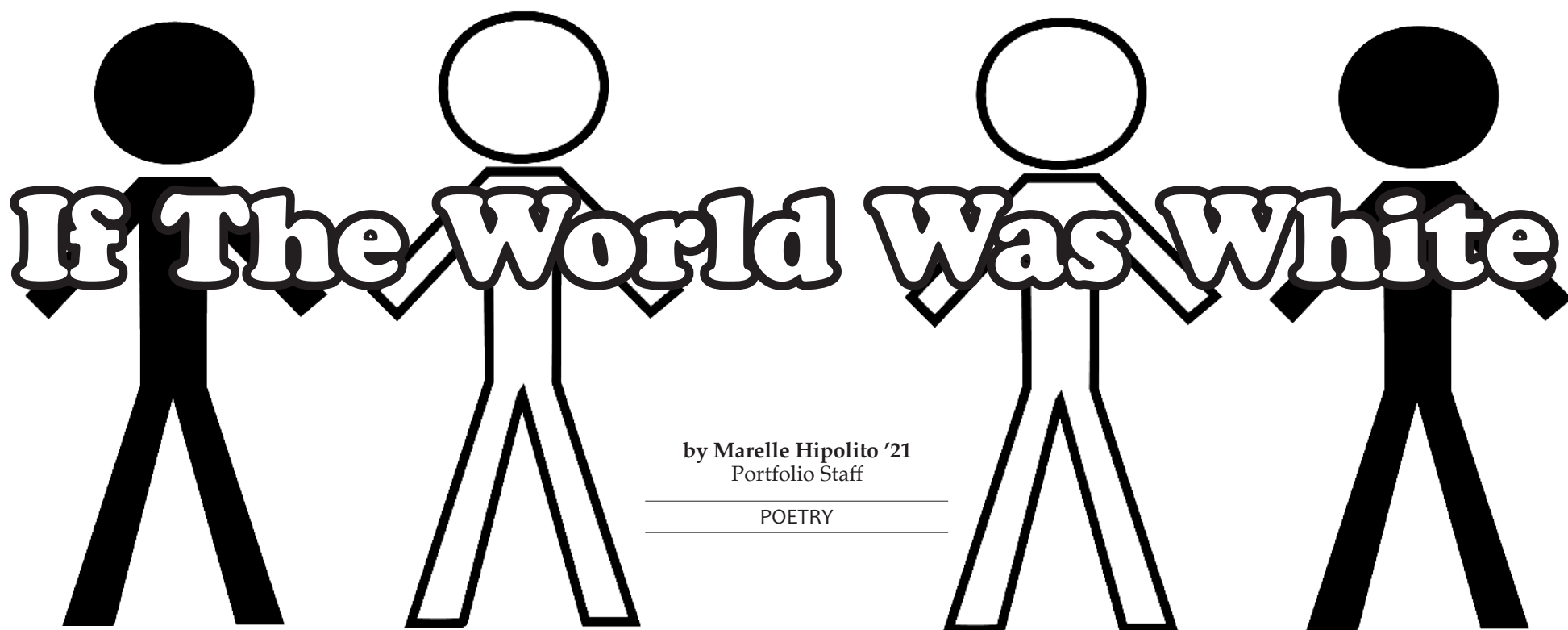


PORTFOLIO

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Providence College's Home For Creative Writing

January 25, 2018



If the world was white, you would have no jokes.
You would just talk about the weather, who won last night,
The guy or the girl, the couple in a fight—
That is, if the world was white.

If the world was white, you would have no jokes.
You would ask what I want to eat, what movie I'd want to see tonight,
What dream car I want to buy—
That is, if the world was white.

But, the world is not white. I am not white.
And we are not alright.
When I talk about the weather you ask how hot it was in my sweatshop,
When I ask what happened last night, you ask if I saw the Border Patrol lights,
Because the world is not white.

When I say I want to eat, you say you don't like dog meat,
When I want to watch a movie, you ask if my eyes are open, if I can actually see,
When I describe my dream car, you say I'm an Asian girl, that I won't even know how to drive,
Because the world is not white.

I admit it, I do—
Sometimes it's innocent and funny, and I'll laugh too.
But a million pokes of a finger will turn into one stab of a knife;
You laugh for a minute, I live with that stereotype my whole life.
Because the world is not white.

This poem was incorrectly printed in the 1/18/2018 edition of The Cowl, with the last three lines omitted due to a formatting error. The full poem has been reprinted here by request of the author.

The Resurrection Procedure

by Connor Zimmerman '20
Portfolio Staff

FICTION

“What if you could take away your deepest regret?” I stand there looking at the billboard with the sun shining on a laughing couple at a picnic. I stop and look at this billboard every day. It’s basically become ingrained in my mind. Her perfect smile and his little laugh, images of a world so far removed from my own. Jealousy begins to grow within me as I prepare to finish my walk to the tavern in anger.

“You know, it really does work.” I turn around, surprised to see a brunette woman behind me.

I ask her, “What works?”

She smiles and says, “The Resurrection Procedure. I remember being miserable for a long time, about what I obviously cannot remember. But the second I did that procedure, I felt like the weight of the world had been lifted off my shoulders.”

She begins to walk away. I’m about to chase after her, but I notice a clock hanging from a nearby store and I realize I’m late. So I begin to walk in the opposite direction.

I eventually come to McShane’s Tavern. I head to the back and see Jimmy and Matt at the regular booth. I toss my briefcase inside the booth and join them. With a half empty pitcher, I pour myself a glass of beer.

“Joey, perhaps you could settle this little debate between us,” Matt says.

Before he can finish that thought I blurt out, “I’m going to actually do it. I’m going to go through with the Resurrection Procedure.”

Silence permeates the booth, as both Matt and Jimmy take a long sip of their drinks. Jimmy is the first to speak, “You know, Joey, we realize you’ve had a rough couple of years, but I don’t think this is the answer.”

Matt jumps in and replies, “C’mon, Joey, those people never come out the same.”

I finish my drink and bang the glass on the table, “Well maybe I don’t want the same.”

Jimmy grabs my arm and says, “You had more good times with her than bad. Do you want to erase all of it?”

I shake him off and say, “The good doesn’t matter when its only the bad that I can think about.” I grab my briefcase and walk out.

The sun begins to shine through the clouds on my walk to the clinic the next day. I come to the building, a high-rise behemoth that has “Resurrection” written across it. Across the street is that same

I reply, “Well I would have come sooner if the waiting room wasn’t so busy.”

She laughs, “Yes, well, it is a popular procedure.” She takes my clipboard, and as she looks over the sheets she sits down near a computer.

She says, “Well, Mr. Richards, everything appears in order. So, tell me, what memory are we going to be removing today?”

My hands begin to shake as I say, “My wife.” She nods her head and begins to type into the computer. Stunned, I just sit there silently.

Finally, I work up the courage to say something. “You’re not going to tell me this is a bad idea or warn me or something?”

She looks up from her computer and says, “No, from your file you are clearly above the age to consent to this procedure. If you are having reservations, however…”

Images begin to flash before my eyes: our first date in a restaurant when I couldn’t stop sweating, our first night together where she couldn’t stop smiling, our wedding where we promised to always be together, but it ends the way it always does with her slamming the door on

her way out and never coming back.

“Mr. Richards, are you listening to me?”

I look back towards the doctor and reply, “Sorry, what were you saying?”

She shakes her head and says, “Is this something you want to do? Because it can never be undone.”

I turn my head and look back at the billboard of the smiling couple, finally realizing how much the woman looks like my ex-wife. I begin to smile too.

PHOTOS COURTESY OF PEAKPX.COM AND OPENCLIPART.COM

18

by Erin Lucey '20
Portfolio Staff

POETRY

Let regret get lost in the noise
And pain be forgotten with the night.
Count down to the future
And be the reason it’s bright.

Bring with you those who inspire,
And abandon those who restrain.
Let the lessons stick with you
But the clock dissolve the stain.

Hoping to grow,
And planning to accept,
While promising to cherish
And have a soul well kept.

Holding onto the best,
But letting my heart enjoy the fresh air,
Because you can’t dance in the rain
Without wetting your hair.

PHOTO COURTESY OF VECTEEZY.COM

Shallow

by Jay Willett '20
Portfolio Staff

POETRY

Whether it's exercise or stress, the sweat is the same,
Slow, hot, sometimes worth it, sometimes not.
She made me feel like I sprinted 200 laps,
She watched me run and run, as fast as I could,
Until the breath I was breathing wasn't my own.
Still I gasped for air.
The goal still tens of laps away,
Already ran far from where I began.
Willingly, passionately, adamantly,
Regrettably.
During breaks the laps increased.
She wasn't cheering me on at the finish line anymore.
My back twanged, my ears burned, my heart sunk deep,
To watch her's float to the shallows.
I feel the same sweat trickle down my throbbing legs.
She was cheering again, too far away to see for who.
Warm wind from the south.
I look back.
The track seemed unfamiliar, but nostalgic.
I smiled.
She can wait at the finish line all she wants.
I turned, and took the first step back.



PHOTOCOURTESYOFLIFEGUIDER.COM

Happiness is A Lie

by Jonathan Coppe '18
Portfolio Staff

FICTION

Hatmakers in Chile don't get a lot of break time. Child laborers in Nepal sometimes have to sift through piles of hypodermic needles.
It's important not to read too slowly. Savoring words too much kind of ruins the overall effect. It's like every time you get to a new word, you're trying to reinvent the wheel, to draw out its meaning all alone, as if it were the only word on the page. But you can only catch a ball if you see it flying through the air first. Same thing with understanding words. Savoring the words makes the words into the story and the story into the words. No, the story is the story, and the words are the words (or the poem or the play or the...).

I've been doing that a lot with life lately. I go out to the bar every week. I've got a group of friends I read books with. ("Book club" sounds too much like something your grandmother might be a part of, so we're just "a group of friends"). The occasional movie. Lectures if they're

available. A museum or concert or play when I have the time and money. I fill my life in various ways. I'm sort of realizing that I don't enjoy it, though. What I do at those things doesn't quite rise to the level of enjoyment.

The other night at the bar, Dave says to me, "Man, you're always talking about stuff we could be doing. You never do half of it, which is its own issue, and I'm not complaining but sometimes I just think that even if you did do it, you'd just spend the whole time talking about more stuff you could do. And that's kinda funny, but it's also kind of a waste."

We were all sitting together around a table, and I guess I was talking about taking up golf or something. I think I laughed it off and let somebody else take the floor. Eventually the conversation drifted to global poverty and the working conditions of the third world. I got the general impression of things listening with only half a mind, but at that point I had largely

abandoned the conversation.

I felt a little offended at the idea that I was somehow a bore and amusing and depressing all at once. How could Dave sit there and tell me that in front of everybody? (Truthfully, I probably would have taken it worse if it were just him and me.) But, no, I saw that Dave wasn't trying to mock me and it's certainly not that he doesn't like me, so the anger faded pretty quickly.

I guess I also realized that he's right. I mean, he's not really right, but he managed to help me realize something, which makes him about half-right. Last time I went to the theater, I found myself downright exhausted by the end of the play. I wasn't rested or excited or cathartic. I was just tired. I think I went home and had to put on music to unwind. That didn't have anything to do with the play, though. It was all me. I spent the whole play trying to feel something.

It's not that I'm emo or depressed or something.

Feelings are a regular part of my life. But I guess I was operating on the assumption that if I wasn't consumed by intense passion and wonder and awe from the moment I stepped into the theater I was somehow doing it wrong, and because of that I realized that I missed out on the whole play. It didn't do anything for me because I was trying so hard to make sure that it did.

And then I realized that that's kind of been my whole life. I'm bored and frustrated because every time I do something I need it right then and there to make me feel totally alive. But it's not that this thing or that thing is living. Living is the whole sentence—or the whole paragraph or book or—it's all the words put together and their total effect. You live life more when you care less about whether you're living life. Neurosis is savoring the words. Living is reading the whole sentence. I think I'm going to try to remember that the next time I go to the theater.

PHOTO COURTESY OF MOZIRU.COM

Listomania

Resolutions We've Already Broken

Going to the Gym

Being a Nice Person

Staying Within My Dunkin' Budget

Not Binging *Game of Thrones*

Going to Ray More Often

Quitting My Horrible Job

Showing Up to My 8:30 a.m. Class

Destroying Philosophy

Not Watching Cat Videos

Not Consuming Fried Chicken

Not Wearing Sweats to Class

Organizing My Dorm Room

Reading More

Not Having an Emotional Breakdown Every Night

Letter to You

by **Kiley McMahon '20**
Portfolio Staff

POETRY

Dear You Who Shall Not Be Named,

As you kiss my soft lips and moan from tiredness, you check your text messages every five minutes to make sure that you are in the clear. You keep a photo of Elsa, Troy, and Chase stored in your wallet; they are so beautiful and grown-up-looking, just like you. You leave from my back door, and you run to your car down the street. As usual, you leave me alone as you rapidly pace from my humble abode to your lavish sports car. I notice that you never once fail to fasten your belt strap and to zip your fly while you run as if you are a mad man.

Years later, you tell me that you are in the process of going through a divorce. Still to this day, I wonder why I am one of the few chosen to fall for you—an unavailable man. I wonder how I am capable of breaking your family apart and for allowing your beautiful children to endure the divorce of their parents, something that I myself endured in my own childhood. Today, I cry myself to sleep as I wonder how I let you, the man whom I love so deeply, ruin my whole life. About a year ago today, I went through my own divorce. My husband cheated on me with his ex-wife and their family is in the process of coming back together. I sit with tears running down my face and my emotions run wild. How am I capable of ruining your family and then of creating the same trauma for myself?

I now know how it feels, to have the man whom you love so deeply, fall for someone else. I have learned difficulty and today, I like to think of myself as a bigger and better person because of this insight gained through experience. I thank you with all of my heart for making me a stronger, better individual.

Thank you, You Who Shall Not Be Named.

Sincerely,
A stronger and better person.

Tiffany & Earl

*Making PC an emotionally stable
place one letter at a time*

Dear Tiff and Earl,

Where do I go now that Alumni Hall is closed on Sunday nights? I have no desire to kill myself on Guzman Stairs while trying to get to Eaton Street Café.

Sincerely,

“Hangry”

Dear Hangry,

GAHHHH.

To be honest, the new hours in Alumni are just pissing me off. It's obvious why Sodexo closed Alum on Sundays. They want us to go to the Eaton Street Café or get mozzarella sticks in McPhail's (barf).

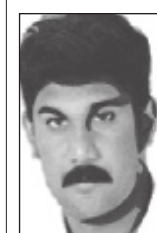
After all this nonsense, I'm canceling my meal plan, and am going to spend the semester eating out from Thayer Street and Federal Hill. Providence has so many good restaurants and I'm going to use this as an opportunity to eat out as much as I can, preferably at a place that offers organic fat and gluten free turkey burgers that are made from free-range turkeys and do not contain any GMOs.

Best,



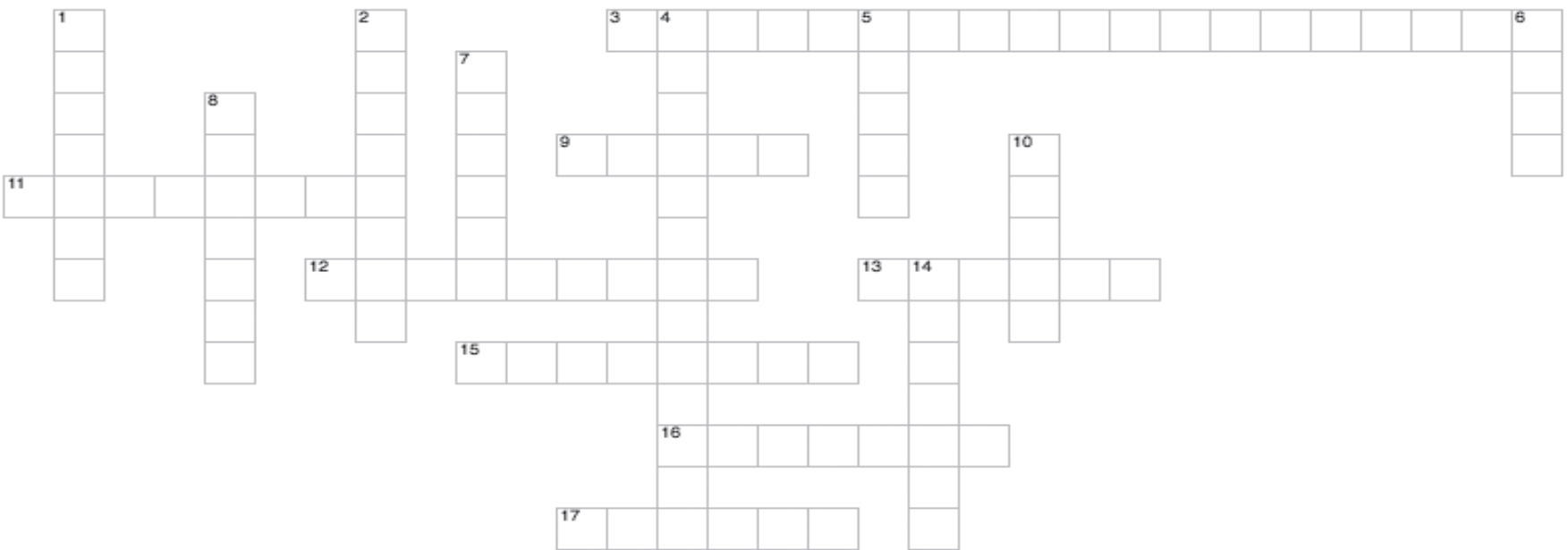
Dear SodexNO,

No need to venture down to lower campus. The wonderful and mysterious interwebs have brought us the magic of UberEats, Yelp Eat24, GrubHub, etc. The greasiest food in all of Providence is at your fat little fingertips thanks to the most “millennial” of all apps.



This is a satirical column that does not reflect the views of Providence College or The Cowl.

Buildings on Campus



ACROSS

- 3 Twin dorms, one male, one female
- 9 Home of the DWC Program
- 11 Includes a field house with an indoor track, indoor basketball courts, indoor tennis courts, raquetball courts, and the school's swimming pool
- 12 Named after a famous RI philanthropist
- 13 Purchased by the college in 1926
- 15 Known by this nickname, it has over 3,000,000 volumes in its collection
- 16 A former construction garage turned academic building
- 17 Where you can get textbooks, donuts, and The Cowl within an hour

DOWN

- 1 Formerly the nurse's dormitory of the Chapin Hospital
- 2 Dorm named for the fifth Bishop of the Diocese of Providence
- 4 PC's newest lawn addition
- 5 Home of the Center for Inclusive Excellence
- 6 Newest building on campus
- 7 Originally housed pre-ecclesiastical students
- 8 Oldest building on campus
- 10 Theatre majors' HQ
- 14 Oldest remaining residential dorm on campus

CROSSWORD COURTESY OF DAVID MARTINEAU '18



CARTOON COURTESY OF DAVID MARTINEAU '18

January 25, 2018

Basketball Legend Jo Jo White Remembered

by Jack Belanger '21
Sports Co-Editor

PROFESSIONAL BASKETBALL

The basketball community mourned last week as former Boston Celtic and basketball hall-of-famer Jo Jo White passed away after a battle with brain cancer. White, 71, had been battling the cancer for a while as he had a brain tumor removed back in 2010. The announcement came just before the Celtics tipped off against the New Orleans Pelicans.

White starred as the point guard for the Celtics during the 1970s, playing in Boston for 10 seasons before finishing his career with the Golden State Warriors and the Kansas City Kings. He, along with forwards Dave Cowens and John Havlicek, led Boston to NBA titles in 1974 and 1976. White was a seven-time all-star for the Celtics averaging 17.2 points per game and 4.9 assists per game in his career.

Drafted ninth overall in the 1969 draft out of Kansas, White quickly became a fan favorite in Boston. He set a franchise record by playing in 488 consecutive games over the span of seven seasons. He made the game look

easy, and bought into the idea of Celtic pride, giving all he had every game.

One of White's biggest games of his career probably came on the biggest stage. In Game 5 of the 1976 NBA Finals against the Phoenix Suns, White led the Celtics to a 128-126 triple-overtime victory, where he led the team with 33 points and



PHOTO COURTESY OF NBAE/GETTY IMAGES
White dribbles the ball during a game for the Celtics.

nine assists while playing 60 out of 63 minutes, and was eventually named the Finals MVP.

After he retired in 1981, the Celtics retired White's #10 jersey in 1982 during a ceremony where they raised it to the rafters. Eventually, White was inducted into the Naismith Memorial Basketball Hall of Fame in 2015 along with his former coach Tommy Heinsohn.

Outside of his career on the court, White was one of the most respected players around the league. Unlike many players today, White was a quiet leader for the Celtics and was known for his kind-hearted nature.

Even after his playing days, White stayed involved with the Celtics, as he mentored many players over the years and was hired as Director of Special Projects. Former Celtic, Brian Scalabrine, took time out of the Celtics broadcast to talk about White. "In 2010, before every game," Scalabrine said, "he would stand at half court, give me a hug and tell me--every game--'you're doing great; just continue to be who you are, and do what you do.' That meant a lot to me."

During last Thursday's game against the Philadelphia 76ers, Boston honored White by putting

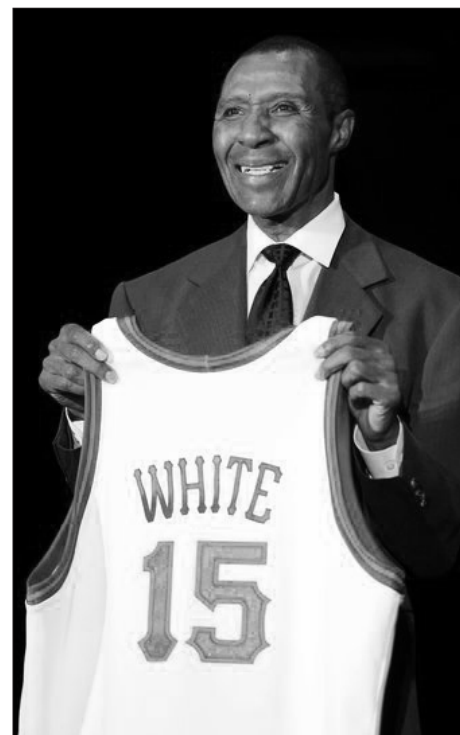


PHOTO COURTESY OF SHEETER LECKA/GETTY IMAGES
White holds up Hall of Fame jersey.

his jersey over the seat he usually sat in over the years to cheer on the Celtics. The team also played a tribute video for him during a timeout.

While he will surely be missed, White left an impact in Boston that spread across multiple generations that will remember his contributions on and off the court for years to come.

Lacrosse Gears Up for Spring Season

by Eileen Flynn '20
Sports Staff

WOMEN'S BASKETBALL

The Providence College Men's Lacrosse Team has been waiting for a chance to play another game since the gut-wrenching Big East Championship game last May. The Friars upset Big East rival Villanova University in the semi-final game, winning their first ever Big East Tournament win and advancing on to the championship game. The team played their hearts out against defending champion, Marquette University. They fell to the Golden Eagles by just one goal on their home turf, concluding their 2017 season with a record of 14-7.

The Friars have had the past eight months to work hard in their off-season, using this heartbreak to motivate them for a 2018 season with better results. Head Coach Chris Gabrielli added Conner Byrne '18, and Brendan Kearns '19 will join returning leaders, James Barclay '18, Tate Boyce '19, and Austin Goltz '17 as captains.

The returning captains will lead by example, and continue their successful careers as Friars. Barclay helps protect Boyce as he holds up the defensive end; he has caused 35 turnovers and has started all 47 games of the past three years at



Brendan Kearns '19 looks to score during a game last year. PHOTO COURTESY OF NICK CRENSHAW '20/THE COWL

PC. Boyce returns after a decorated 2017 season. He received the USILA/Nike Third-Team All-America honors and Inside Lacrosse Honorable Mention All-American accolades. The Friars appreciate his steadiness in net, as Boyce reported an 8.05 goals against average and

a 0.569 save percentage. He was ranked sixth in the NCAA against all other Division I goalkeepers. Goltz returns as a graduate student and his veteran status will help lead the younger Friars. He played in 15 games last season and finished with 18 points.

Big East All-star Byrne, will be a positive addition to the team as a new captain. In midfield, he has started in 39 games and scored nine goals and four assists in the 2017 season. As a senior, Kearns will want to make his last season the best for himself and his team. As an attackman he has posted 32 goals and 13 assists in his two years at PC.

The regular season opens up on Saturday, February 3 at Boston University. The Friars will then return home and pick-up their momentum with a three game home stretch, hosting the College of the Holy Cross, Bryant University, and St. Joseph's University.

The team will travel to the University of Connecticut to Sacred Heart University's territory on March 3 before yet another three-game homestead against University of Massachusetts at Lowell, Harvard University and Hofstra University. At the first Big East matchup is on March 31, the Friars will face-off against St. John's University.

The Friars will have to wait until April 14 for their highly anticipated rematch against Marquette University. The Friars are expected to come back looking better than ever, and have another historic year for the program.

Bruins Go on Mid-Season “Hot Streak”

by **Jeremy Perrigo '18**
Sports Staff

PROFESSIONAL HOCKEY

In an National Hockey League season full of feel-good stories and teams that have played above expectations, the Boston Bruins have made a name for themselves once again as one of the league’s best.

In 46 games, Boston has accumulated a record of 28-10-8 and sits in third place overall. The Bruins have gotten at least a point in their past 17 games (13-0-4) and won their most recent match up last Tuesday night against the New Jersey Devils by a score of 3-2.

The team’s success cannot be attributed to just a handful of players. Up and down the lineup, the Bruins have received strong play from nearly every single forward, defenseman, and goaltender on their roster.

Brad Marchand leads the team in points with 50 (21G, 29A) while linemates David Pastrnak and Patrice Bergeron follow closely behind with 45 (20G, 25A) and 40 (20G, 20A) points, respectively.

Rookie forward Danton Heinen has been a pleasant surprise for Boston. He sits at fourth on the team in points with 32 (10G, 22A) and plays alongside veteran David Backes and 28-year-old Riley Nash. While the trio acts as a third line, they have had few difficulties providing scoring for the team in timely situations. The line has combined for 41 points during the team’s 17-game hot streak.

Boston’s fourth line, which is centered by former Miami University of Ohio forward Sean Kuraly, has also seen success this year. Kuraly is

flanked on either side by Providence College alumni: Noel Acciari ’16 on the right and Tim Schaller ’13 on the left. This line is less known for its scoring, though it does have 26 points this season and more known for its ability to provide depth and stability. This line also gives the top lines the ability to catch their breath while not becoming a liability for the team defensively.

On the back end, Boston has seen a rejuvenated Zdeno Chara lead a young defensive core to success early on in the regular season. Rookie Charlie McAvoy has stepped in and become everything the Bruins have expected him to be and more. The former Boston University star has found himself right at home on the right side of Chara.

The veteran’s defensive style has allowed McAvoy to take advantage of his offensive tendencies. This stability has also permitted McAvoy to work through growing pains that come with jumping into the NHL at only 19 (now 20) years of age.

Unfortunately, the team announced Monday that McAvoy has undergone a procedure to “treat an abnormal heart rhythm,” and the expected time of recovery is two weeks. McAvoy has 25 points (5G, 20A) in 45 games and his absence on the blue line will undoubtedly be noticed.

Perhaps no other position has received more attention for the Bruins this season than their goaltending. To start off the season, Boston suffered a variety of injuries to key players such as Bergeron, Marchand, Backes, Acciari, Ryan Spooner, and David Krejci, and that is just to name a few. This created struggles for the team early on both offensive and

defensively. Defensively the team played poorly at times in front of their own net, and often players were unable to clear out loose pucks, resulting in bad goals.

When bad goals start to go in on a regular basis, the goaltenders are typically the first players to blame, whether that be with or without actual fault.

This was the case for the Bruins early on in November during a California road trip where backup Anton Khudobin temporarily won the net from starting goaltender Tuukka Rask after a poor performance against the Anaheim Ducks.

Khudobin won four consecutive games before eventually forfeiting the net back to Rask. After a loss to Edmonton in his return, Rask has posted a record of 15-0-2 with a goals against average (GAA) of 2.16 and save percentage of .923.

Overall, the team has seen more success over 46 games than most would have predicted. Fans look to see how Boston adjusts without McAvoy in the lineup. If the Bruins are as good a team as their play over the last month and a half has indicated, they should be able to find a way to forge onward until his return.



Marchand, Bergeron, and Pastrnak celebrate a goal.

PHOTO COURTESY OF BOSTON BRUINS

The Last of the Enforcers

by **Meaghan Cahill '20**
Sports Co-Editor

PROFESSIONAL HOCKEY

It has been 101 years since the National Hockey League has been established. However, while the game has fundamentally stayed the same, it has also undergone many changes, most of which have taken place over the past few years. And the changes are not subtle. Rather, the entire way that the game has been played has, in a sense, evolved into a new game.

I come from a very hockey-oriented family in Boston, so naturally, the Boston Bruins have always been, and will always be, my team. I grew up hearing stories of the “Big, Bad Bruins” and watching old films of some of the organization’s best games and fights. Compared to the pro games today, those films do not have many similarities but rather very obvious contrasts. One major difference is that the game no longer has that level of physicality that it used to. Hockey has transformed from a game of both toughness and skill to just a game of skill. Speed and talent have completely taken over the NHL, decreasing the need for the

enforcer players.

“I don’t think [the game is] going to get back to where things used to be, when there were these hulking monsters whose role was just to fight,” former NHL player George Parros commented back in 2014 to ESPN after he was not offered a new contract. The reason being was that teams did not need the level of toughness he brought to the game anymore.

The enforcer players are on the brink of extinction, more so today than back in 2014. Of the 31 NHL teams today, there are only eight proclaimed enforcers left out of

the hundreds of players within the league. Even the “Big, Bad Bruins,” who used to be known for their toughness and physical style of play, have done away with enforcers, as shown by their actions of trading Shawn Thornton after the 2013-14 season. Without the level of toughness that the enforcers are supposed to bring, there is more room for the young players on the teams to shine.

With the referees strictly monitoring every move on the ice, the game has become strictly about speed and skill. In the same interview as Parros, Columbus Blue Jackets President of Hockey Operations

John Davidson stated, “The game is officiated differently now...You can’t intimidate teams. Intimidation doesn’t work.”

A direct result in this change is that goal productivity is at an all-time high, with an extra 1.02 goals per game, according to Hockey-Reference back in the beginning of October when the 2017-18 had just started. High-scoring games are becoming a norm, with 3+ goals scored per game. For example, in the past nine games, the Bruins have scored 40 goals, averaging 4.4 goals a game.

And yes, I will admit that it is most definitely satisfying to watch your favorite team score countless flashy goals, but the game without enforcer players is just not what it used to be, mainly because it lacks the entertainment. Fights are practically non-existent and checks are more of a shove into the boards instead of a nice, hard, clean hit. Gone are the days of players being hit so hard they actually went through the glass. Hockey fans all around are having to adjust to this change and personally, I wish that the physicality of the game would remain at the level that it used to be.



Parros drops the gloves with Colton Orr.

PHOTO COURTESY OF RICHARD WOLOWICZ/GETTY IMAGES

Who Will Win Super Bowl LII?

New England Patriots

by Sullivan Burgess '20
Sports Staff

PROFESSIONAL FOOTBALL

For the tenth time in the history of the franchise, and for the eighth time in the era of Bill Belichick and Tom Brady, the New England Patriots have shocked the world yet again to find themselves in Super Bowl LII.

After coming back from a 10-point deficit against the Jacksonville Jaguars in the AFC Championship, the Pats will finally have a chance to go back up against Super Bowl XXXIX opponent, the Philadelphia Eagles. The Eagles are led by Nick Foles, the backup quarterback for the team after starting quarterback Carson Wentz tore his ACL late in the season. However, whether the quarterback is a backup, third string, or pro-bowler, nothing can stand in the way of New England's roster.

With the Pats looking to become back-to-back champions after last season's overtime victory over the Atlanta Falcons, Brady is also fighting to secure his sixth championship. This could make him the only player in NFL history with six Super Bowl rings.



Brady gets ready to make a pass.

PHOTO COURTESY OF MARK J. REBILAS/USA TODAY SPORTS

This game comes down to his ability to perform against the Eagles' defense, which contains two pro-bowlers: Fletcher Cox, defensive tackle, and strong safety Malcolm Jenkins.

Brady, even at 40 years old, is coming off one of the best seasons of his career with 4577 yards and 32 touchdowns. He is looking to his number one receiver Brandin Cooks and hopefully superstar tight end Rob Gronkowski, who suffered a concussion in the AFC Championship.

The defense, led by free safety Devin McCourty and defensive end Trey Flowers, will have to shut down options such as Alshon Jeffery, Zach Ertz, and Torrey Smith. However, without their number one quarterback, will someone like Nick Foles be able to handle the pressure of the big stage?

We all know "Touchdown Tommy" is capable of this. In the end, Brady and Belichick will be bringing the Lombardi Trophy back to New England.



Philadelphia Eagles

by Ethan Ticehurst '18
Sports Staff

PROFESSIONAL FOOTBALL

The end of the New England Patriots' dynasty is coming and the Eagles will start it off with a big win at the Super Bowl this year. After an extremely impressive NFC Championship game win, they have the momentum and the talent to finish their championship run.

Nick Foles is shining in his substitute role after starter Carson Wentz was injured in the last few weeks of the regular season, and he shows no signs of slowing down. Bolstered by a strong offense surrounding him and backed up by a stout defense, Foles has the opportunity to become a giant-slayer on Feb. 4.

The Eagles will do something that only their NFC East rivals, the New York Giants, have done in the last 18 years of the Tom Brady and Bill Belichick era: beat the Patriots in the Super Bowl.

With the city of Philadelphia behind them, the Eagles will travel to Minnesota with enough confidence to slay the NFL's Goliath.

All dynasties must end at some point. Nothing lasts forever.

The end is nigh for the Patriots, whether or not they lose on Feb. 4. Brady is getting older and Belichick is closer to retirement than some may think.

All of the factors seem to be lining up and we may see the walls of

Gillette Stadium come tumbling down this year at the hands of the upstart Philadelphia Eagles. Lead by their (currently injured) and future-elite quarterback, Wentz, and his replacement, Foles, the Eagles' chances are looking good.



The Eagles celebrate their win.

PHOTO COURTESY OF MITCHELL LEFF/GETTY IMAGES

Foley, Pinho Get Prestigious Nod

Both Named Finalists for Hobey Baker Award

by Sam Scanlon '19
Sports Staff

PROFESSIONAL HOCKEY

It is hard to think about the Providence College Men's Ice Hockey Team without thinking of Brian Pinho '18 and Erik Foley '19. The two Friar superstars have been integral parts of the Friars' offense since they joined the squad in 2014 and 2015, respectively. Their preliminary nominations for the Hobey Baker Award, which celebrates college hockey's top player, should come as no surprise.

Senior captain Pinho, a North Andover, Massachusetts native and product of the Catholic Conference's St. John's Preparatory School, has been a dominant force in all three phases of the game throughout his career. In an interview with New England Hockey Journal's Jeff Cox, Foley spoke highly of his comrade Pinho, saying, "He's a great player. He never makes a mistake. It's hard to find a player like him." A player like Pinho is certainly hard to find considering his roles on the top-line power-play and penalty-killing units, in addition to being the top line center.

As a sixth round draft pick in the 2013 NHL entry draft to

the Washington Capitals and an offensive powerhouse, Pinho's style of play is definitely a solid fit if he can work his way up to the big leagues after his graduation. His offense has been nothing short of outstanding over his four-year career; he recently surpassed the 100-point benchmark in his career for the Friars. So far this year, Pinho has notched 24 points on 11 goals and 13 assists, trailing only Foley for the team lead.

Currently heating up, Pinho has registered 11 points in the first eight games of the second half of the season, dating back to their matchup against Arizona State in the opening round of the Three Rivers Classic. His efforts during this span have earned him national recognition as the Hockey East Offensive Player of the Week, as well as the third Star of the Week for all of NCAA men's hockey players.

Friars Head Coach Nate Leaman told Cox, "Pinho is really going right now. There's no doubt about it. He's come back after break and he really has his legs going." Having the senior captain and first line center playing his best hockey right now is crucial for the Friars to make a deep playoff run.

Pinho is the type of player who excels all over the ice by



Pinho covers UConn defenseman in PC's defensive zone.

PHOTO COURTESY OF LAUREN CHADBOURNE '20/THE COWL



Foley looks for the pass along the blue line.

PHOTO COURTESY OF LAUREN CHADBOURNE '20/THE COWL

getting into the dirty areas, making plays, and scoring goals. Speed kills, a fact Pinho certainly knows. Perhaps the fastest skater on the ice at all times, his size and speed has allowed him to be recognized as one of the nation's best players, so his nomination is deserved.

Foley, the Friars' other Hobey Baker Award nominee, has emerged as one of the nation's best goal scorers as he is in the midst of his junior season for the Friars, seemingly always appearing on the scoresheet. Another Massachusetts native, hailing from Mansfield, has slid into the top scoring role for the Friars with 29 points in 24 games. His 29 points are from his team leading 13 goals and 16 assists.

The Winnipeg Jets's 2015 third round pick has a heavy shot and a knack for getting into positions that allow him to score. His quick first step and long strides enable him to elude defenders and get time and space to get off an open shot, which he rarely misses.

Like Pinho, Foley is a force all over the ice and in the dirty areas. He concurred in that same interview with Cox admitting, "I'm trying to be heavy down low, take pucks to the net, and use my shot. I

just want to make plays." A natural playmaker and goal scorer, Foley seems to be doing his job perfectly.

In the second half of the season, the same eight game span as Pinho, Foley has picked up eight points on three goals and five assists. With 82 points thus far in his career, Foley is well on his way to join Pinho in the 100 club.

Foley has been heavily relied on for offensive production for the Friars since his career started here at PC, and he has certainly stepped up to his expectations. When the two of them start picking up their play simultaneously, it is an absolute nightmare for opposing teams.

As the Friars face off against another offensive powerhouse in the eighth-ranked Northeastern University Huskies this weekend, Foley and Pinho will be heavily relied on to match their weaponry in Northeastern's lineup. After a Friday night game at Northeastern, the Huskies come to Schneider Arena on Saturday night. Support our Hobey Baker Award finalists by coming to the game, and vote for them at voteforhobey.com.