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#### Community Engagement as a Student-Athlete

Hannah Waterman Linfield College

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# **Community Engagement as a Student-Athlete**

## Hannah Waterman Class of 2021

#### Introduction

Hannah Waterman

- **Biochemistry and Mathematics** double major
- Volleyball captain
- Linfield Panhellenic Council Public **Relations Officer**
- Phi Sigma Sigma Special Events **Committee Head**
- BioChemistry research with Dr. Bestwick in the exploration of Mitochondrial DNA
- General Chemistry TA



## A Little More About Me

I work at Local Flow Health Bar on 3<sup>rd</sup> Street and I am a barista at the Starbucks on campus. I spend my free time writing poetry, bullet journaling, reading thrillers and painting. I am from Kingston, WA and discovered Linfield because of the Volleyball Program. I chose to attend here because it felt like home the minute I stepped onto campus.



Being a student-athlete at Linfield comes with responsibility, timemanagement, teamwork and communication skills. I have had the opportunity to grow as an individual, as a teammate and represent the sport that I love to play. I have developed the skills necessary to succeed in all other aspects of my life, aside from playing Collegiate Volleyball. These range from balancing my dedication to academics, my drive to give back to my community, and my goal to inspire other individuals the way that I was once inspired. I have learned how to become a role model and a well-rounded person with a drive that is never satisfied. I believe in the power of diversity within a community and creating an environment that is positive and desirable to each and every person.

# **How Being a Student-Athlete Has Shaped Me**

### **Leadership Development:**

I have expanded my portfolio of involvement and leadership in the athletics department, as a Sorority woman and a determined scholar. I hold myself and others accountable and aim to influence others through non-traditional leadership roles. **Social Responsibility:** 

I make myself available at all times to aid other individuals seeking assistance in any number of things. The decisions I coincide with are in line with my personal values, my sorority's values, and Linfield's values. **Effective Communication:** 

As opportunities to serve as a student representative arise, I actively seek to fulfill positions applicable and appealing to me. I facilitate conversation, listen actively, and share my goals for the future leading forward.



**How I Have Developed In Each** of The Student Leader Core Competencies

#### Long Term Career and Life Goals

Through hosting camps and clinics for younger players to attend, I have discovered that I love to share the knowledge that I have about Volleyball. I aspire to be a coach in my later years. I desire to be someone that others can look up to, learn from and lean on. I hope to become a Forensic Scientist as my main career choice.



#### Conclusions

Linfield College has provided me with more challenges and opportunities than I ever thought possible. Every member of this community cares about its athletes as scholars, and its scholars as athletes. Professors, coaches, staff and students want nothing more than for you to succeed in a well-established and positive culture. Not a day goes by where I regret my choice of attending Linfield and becoming a collegiate athlete.

