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# Impaired granulocyte-macrophage colony-stimulating factor bioactivity accelerates surgical recurrence in ileal Crohn's disease

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## Retrospective Study

**Impaired granulocyte-macrophage colony-stimulating factor bioactivity accelerates surgical recurrence in ileal Crohn's disease**

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## Abstract

### AIM

To examine the relationship between elevated granulocyte-macrophage colony-stimulating factor (GM-CSF) auto-antibodies (Ab) level and time to surgical recurrence after initial surgery for Crohn's disease (CD).

### METHODS

We reviewed 412 charts from a clinical database at tertiary academic hospital. Patients included in the study had ileal or ileocolonic CD and surgical resection of small bowel or ileocecal region for management of disease. Serum samples were analyzed for serological assays including GM-CSF cytokine, GM-CSF Ab, ASCA IgG and IgA, and genetic markers including SNPs rs2066843, rs2066844, rs2066845, rs2076756 and rs2066847 in NOD2, rs2241880 in ATG16L1, and rs13361189 in IRGM. Cox proportional-hazards models were used to assess the predictors of surgical recurrence.

### RESULTS

Ninety six percent of patients underwent initial ileocecal resection (ICR) or ileal resection (IR) and subsequently 40% of patients required a second ICR/IR for CD. GM-CSF Ab level was elevated at a median of 3.81 mcg/mL. Factors predicting faster time to a second surgery included elevated GM-CSF Ab [hazard ratio (HR) 3.52, 95%CI: 1.45-8.53,  $P = 0.005$ ] and elevated GM-CSF cytokine (HR = 2.48, 95%CI: 1.31-4.70,  $P = 0.005$ ). Factors predicting longer duration between first and second surgery included use of Immunomodulators (HR = 0.49, 95%CI: 0.31-0.77,  $P = 0.002$ ), the interaction effect of low GM-CSF Ab levels and smoking (HR = 0.60, 95%CI: 0.45-0.81,  $P = 0.001$ ) and the interaction effect of low GM-CSF cytokine levels and ATG16L1 (HR = 0.65, 95%CI: 0.49-0.88,  $P = 0.006$ ).

### CONCLUSION

GM-CSF bioavailability plays a critical role in maintaining intestinal homeostasis. Decreased bioavailability coupled with the genetic risk markers and/or smoking results in aggressive CD behavior.

**Key words:** Inflammatory bowel disease; Granulocyte-macrophage colony-stimulating factor antibody; Crohn's disease; Surgery

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**Core tip:** This retrospective study assesses the risk of surgery for management of ileal Crohn's disease (CD)

among patients with elevated granulocyte-macrophage colony-stimulating factor (GM-CSF) auto-antibodies (Ab). In this cohort, 396 subjects underwent initial ileocecal resection or ileal resection for management of disease. Subsequently 165 patients (41.7%) required a second ICR or IR. Factors predicting faster time to a second surgery were elevated GM-CSF Ab and elevated GM-CSF cytokine. Patients with low GM-CSF cytokine levels and the protective allele for ATG16L1 had longer intervals between a first and second surgery. To improve long term outcomes for patients with Ileal CD we need to optimize therapeutic options for patients with low GM-CSF bioavailability and genetic risk markers for ATG16L1.

Gathungu G, Zhang Y, Tian X, Bonkowski E, Rowehl L, Krumsiek J, Nix B, Chalk C, Trapnell B, Zhu W, Newberry R, Denson L, Li E. Impaired granulocyte-macrophage colony-stimulating factor bioactivity accelerates surgical recurrence in ileal Crohn's disease. *World J Gastroenterol* 2018; 24(5): 623-630 Available from: URL: <http://www.wjgnet.com/1007-9327/full/v24/i5/623.htm> DOI: <http://dx.doi.org/10.3748/wjg.v24.i5.623>

## INTRODUCTION

The incidence and prevalence of Crohn's disease (CD) continues to rise with the highest rates reported to be 20.2 per 100000 person-years and 319 per 100000 persons in North America<sup>[1]</sup>. This chronic inflammatory disease is characterized by a transmural inflammation and can involve any region of the gastrointestinal tract. The transmural involvement particularly involving the ileum, often leads to fibrosis, luminal narrowing, and fistulas. In one population based cohort study of adult patients with CD, the cumulative probability of major abdominal surgery was 38%, 48%, and 58% at 5, 10, and 20 years after diagnosis, respectively<sup>[2]</sup>. Endoscopic recurrence after the initial ileocolic resection for CD may occur in up to 73% of patients within the first year after surgery<sup>[3]</sup>. Further, disease recurrence resulting in a second surgery for CD may occur in 31% to 50% of patients within 10 years of the initial surgery<sup>[4,5]</sup>.

A growing body of literature supports the use of serological and genetic markers to determine the prognosis for patients with increased risk for surgical recurrence. Granulocyte macrophage colony-stimulating factor (GM-CSF) is a cytokine that promotes myeloid cell development and maturation. In mice, deficiency of this important hematopoietic growth factor can contribute to mucosal inflammation and immunodeficiency<sup>[6,7]</sup>. Clinical trials of recombinant GM-CSF in CD have demonstrated that it may benefit a subset of CD patients<sup>[8-10]</sup>. Conversely, as we and others have previously shown, neutralizing GM-CSF auto-antibodies (Ab) are associated with a reduced bioactivity of GM-CSF, impaired neutrophil bacterial killing, and increased rates of intestinal resection

for ileal CD<sup>[7,11,12]</sup>.

In the present study, we examined the predictive capacity of GM-CSF Ab in surgical recurrence rates after initial ileocolic resection for ileal CD. We also evaluated other clinical, serologic and genetic prognostic factors that might define the subset of patients with shorter time to surgical recurrence.

## MATERIALS AND METHODS

### Study population

After obtaining institutional review board approval, patients with CD enrolled between January 2005 and October 2015 at Washington University Medical Center in St. Louis, MO, were identified from a prospectively maintained database of Inflammatory Bowel Disease patients at the Digestive Diseases Research Core Centers (DDRCC). A retrospective chart review was performed on all patients. Patients were excluded if the pathology report was not consistent with a diagnosis of CD. The retrospective chart review included surgical and gastroenterology office notes, surgical and endoscopic operative reports, hospital admission and discharge notes, pathology reports, and radiology studies.

### Study design

Patients included in the study had ileal or ileocolonic CD and surgical resection of small bowel or ileocecal region for management of disease. The diagnosis of CD was based on established clinical, radiological, endoscopic and histopathological criteria. The characteristics recorded at baseline included, age, gender, race/ethnicity, duration of disease, location and behavior according to the Montreal classification<sup>[13]</sup>, smoking history, number and type of surgery, and exposure to IBD therapies. We also extracted available data for infection with *Clostridium difficile* (*C. diff*).

DNA samples were obtained from peripheral whole blood samples collected at enrollment in the registry. Samples were genotyped using the Illumina Golden Gate custom ImmunoChip array. Genetic analysis focused on SNPs rs2066843, rs2066844, rs2066845, rs2076756 and rs2066847 in NOD2, rs2241880 in ATG16L1, and rs13361189 in IRGM. These polymorphisms have a role in bacteria sensing and autophagy.

Serum concentrations of GM-CSF cytokine and Ab were quantified by enzyme-linked immunosorbent assay (ELISA) as previously described<sup>[7]</sup>. Based upon prior studies elevated serum GM-CSF Ab was defined as  $\geq 1.6$  mcg/mL.

### ELISA for detection of anti-*Saccharomyces cerevisiae* antibodies

QUANTA Lite (INOVA Diagnostics, Inc., San Diego, CA, United States) ASCA IgG and IgA enzyme-linked immunosorbent assays (ELISA) were used for determination of serum anti-*Saccharomyces cerevisiae* antibodies (ASCAs) levels as described by the man-

ufacturer's instructions. Briefly, 100 microliters of patient's serum at a dilution of 1:100 were added to 96-well polystyrene microwell plates adhered with partially purified and disrupted *Saccharomyces cerevisiae* antigen. Bound ASCAs were detected by incubation with horseradish peroxidase IgG or IgA conjugate (goat anti-human). The absorbance (optical density, OD) was read at 450 nm using a SpectraMax MiniMax Imaging Cytometer. On each plate a high and a low positive, as well as a negative control were included. ASCA reactivity was determined by the formula: sample OD/low positive OD  $\times 25$ . The positive cut off values for both ASCA IgA and IgG as set by the manufacturer were 25 Units (U)/mL.

### Statistical analysis

The statistical methods of this study were reviewed by Wei Zhu, PhD at Stony Brook University. Descriptive statistics of demographic variables were generated using Graph Pad Prism 5.04 for Windows, GraphPad Software, San Diego, CA, United States.

In order to detect risk factors associated with early surgical recurrence, a Cox proportional hazard model<sup>[14]</sup> was fitted with main effects and first-order interactions of clinical and genotype variables. A stepwise variable selection based on Bayesian information criteria (BIC) was performed to select the relevant subset of variables. Within the model, p value was adjusted as previously described by Li *et al.*<sup>[15]</sup>, with the cutoff at FDR < 0.05. Model fitting and selection were generated using R 3.1.1 (<http://cran.r-project.org>).

## RESULTS

### Patient demographic and clinical characteristics

The study group included 412 adult patients with CD and a prior history of surgery for management of disease (Table 1). The mean age of CD patients at the time of this study was  $49.9 \pm 14.5$  years. The mean disease duration was  $22.5 \pm 12.5$  years. The majority of patients (50.26 %) were smokers.

The first surgical procedure for IBD management occurred at a median of 3 years post diagnosis. Most patients underwent intestinal resection with ileocolonic anastomosis. Ileocecal resection (ICR) was performed in 370/412 (90%) patients and ileal resection (IR) was performed in 26/412 patients (6.3%). The remaining 3.2% of patients underwent other intestinal surgeries including total colectomy, ileostomy creation, upper small bowel surgery, partial colectomy, proctectomy, diverting colostomy, and enterofistula repair. Two hundred and fifty eight patients (62.62%) underwent the first surgery for management of CD prior to enrollment in the registry in 2005. Table 2 outlines the patient characteristics by Montreal Classification<sup>[13]</sup>. The mean age at diagnosis of CD patients was  $27.8 \pm 11.7$  years. Chart review revealed that 105 patients

**Table 1 Demographic characteristics of the subjects**

Patient characteristics (n = 412)	n (%)
Gender, Female	242 (58.74)
Race, White	368 (89.3)
Age, mean ± SD	49.88 ± 14.49
Smoking	
Current smoker	180 (43.69)
Ex-smoker	27 (6.57)
Never smoker	203 (49.27)
Surgery for CD <sup>1</sup>	
First Ileocolic resection	370 (89.80)
First Ileal resection	26 (6.31)
Second Ileocolic resection	152 (36.89)
Second Ileal resection	13 (3.15)
Exposure to medication	
Immunomodulators pre-T1	105 (25.48)
Anti-TNF agent pre-T1	80 (19.41)
Immunomodulators pre-T2	187 (45.39)
Anti-TNF agent pre-T2	120 (29.13)

<sup>1</sup>3.2% of patients underwent other intestinal surgeries as noted in the results section of the text. CD: Crohn's disease.

**Table 2 Phenotypes by Montreal classification**

	n (%)
Age at diagnosis	
A1 (≤ 16)	56 (13.63)
A2 (17-40)	296 (72.57)
A3 (> 40)	60 (14.6)
Disease location	
L1 ileal	279 (67.71)
L2 colonic	2 (0.485)
L3 ileocolonic	131 (31.87)
L4 upper GI disease	50 (12.17)
p perianal disease	125 (30.41)
Disease behavior	
B1 non-stricturing, non-penetrating	35 (8.49)
B2 stricturing	167 (40.63)
B3 penetrating	197 (47.93)

(25.48%) had exposure to Immunomodulator therapy (Azathioprine, 6-mercaptopurine or Methotrexate) prior to the first surgery. In addition, 80 patients (19.41%) had exposure to Infliximab or Adalimumab prior to the first surgery.

### Prevalence of GM-CSF Ab and ASCA

Serum samples were drawn from 254 and 150 patients before and after the first ICR/IR surgery for management of CD, respectively. Similarly serum samples were drawn from 98 and 67 patients before and after the second ICR/IR surgery, respectively. The serum GM-CSF Ab level was elevated at a median (interquartile range, IQR) of 3.81 (0.93-11.01) mcg/mL and consistent with previous studies. There were 273 (66.4%) CD cases with GM-CSF Ab level ≥ 1.6 mcg/mL. When we applied the positive cut off values for both ASCA IgA and IgG as set by the manufacturer, 25 U/mL, 313 / 412 (76%) of patients were positive for ASCA IgA and 334 / 412 (81%) were positive for

ASCA IgG. Two hundred and eighty seven (70%) of patients were concordantly positive, 35 (8%) patients were concordantly negative, whereas 16 (4%) of patients were positive only for ASCA IgA and 28 (7%) only for ASCA IgG. The mean, median and range values of all four serological assays, ASCA IgA, IgG, GM-CSF cytokine and GM-CSF Ab are shown in Table 3.

### Surgical recurrence after initial ICR or small bowel resection and associated risk or protective factors

A total of 224 patients (54.5%) required two or more IBD related surgical procedures. One hundred and twenty one patients (29.37%) underwent the second surgery for management of CD prior to enrollment in the registry in 2005. Chart review revealed that 187 patients (45.39%) had exposure to Immunomodulator therapy (Azathioprine, 6-mercaptopurine or Methotrexate) prior to a second surgery. In addition, 80 patients (29.13%) had exposure to Infliximab or Adalimumab prior to a second surgery. Time to the second surgery was significantly shorter in patients with structuring (B2) or penetrating (B3) disease behavior as shown in Figure 1.

Factors predicting a faster time to a second surgery were assessed by survival analysis using the Cox proportional hazard model to test for association with gender, disease phenotype, smoking status, serological assays, IBD polymorphisms and use of medications (Immunomodulators or anti-TNF) between the first and second surgery (Table 4). All serological assays (GM-CSF cytokine, GM-CSF Ab, ASCA IgA and ASCA IgG) were examined as continuous, log transformed variables while the remaining variables were included as categorical variables.

A total of 333 subjects were included in this analysis after removal of subjects who did not have ICR/IR and those with missing data. Patients with high GM-CSF cytokine or Ab levels had a significantly shorter time to a second surgery compared to those with low levels. Patients with exposure to immunomodulators between first and second surgery had significantly longer intervals to the second surgery.

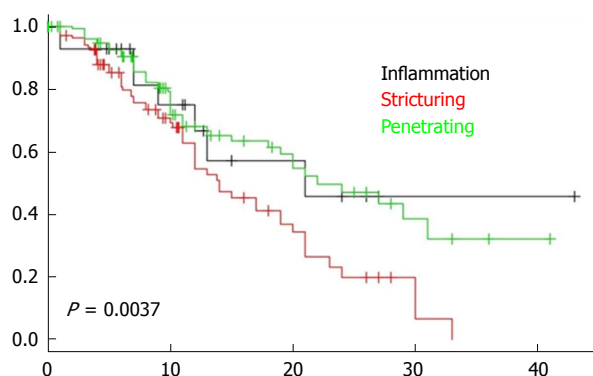
When examining the interaction of GM-CSF with all the other variables patients with protective alleles for ATG16L1 and low GM-CSF cytokine levels had significantly longer intervals to the second surgery. Patients with the protective allele for ATG16L1 and low GM-CSF Ab levels also experienced a longer interval to the second surgery but this was not statistically significant. The other polymorphisms for the genes NOD2 and IRGM did not have significant correlation with time to the second surgery.

A positive smoking history did not correlate with a faster time to second surgery. The median GM-CSF Ab levels (Figure 2) was significantly lower in smokers when compared to non-smokers ( $P < 0.0001$ ) and significantly lower when compared to ex-smokers ( $P < 0.01$ ). In addition smokers who expressed low GM-CSF Ab has significantly longer intervals to the second

**Table 3** Values for serological assays

Serological assays	Mean $\pm$ SD	Median (IQRs)	Range
GM-CSF cytokine, pg/mL	3.18 $\pm$ 8.61	1.28 (0.43-3.05)	0.0052-136.5
GM-CSF Ab, mcg/mL	10.64 $\pm$ 19.76	3.81 (0.93-11.01)	0.08-241.2
ASCA IgA, U/mL	95.21 $\pm$ 77.38	67.51 (27.86-174.4)	1.92-242.8
ASCA IgG, U/mL	69.79 $\pm$ 41.09	66.86 (31.76-104.2)	3.17-158.1

GM-CSF Ab: Granulocyte-macrophage colony-stimulating factor auto-antibodies; ASCA: Anti-*Saccharomyces cerevisiae* antibodies; CD: Crohn's disease.



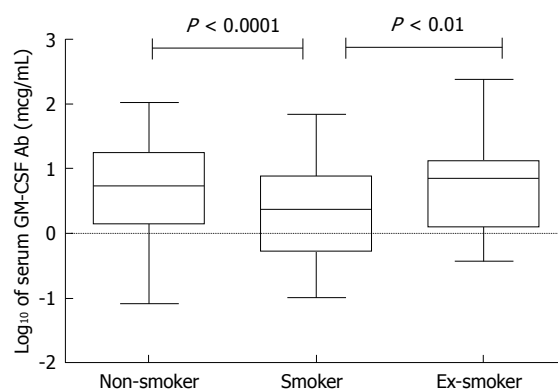
**Figure 1** Comparison of survival Kaplan-Meier curves of patients according to disease behavior. Log-rank test,  $P = 0.0037$ . CD: Crohn's disease.

surgery.

## DISCUSSION

In this cohort of 412 patients with ileal CD, 396 subjects underwent at least one ileocolic resection or ileal resection for management of their disease. Subsequently 165 of them (41.7%) required a second ICR or IR. Within the cohort of 412 patients, 410 had isolated Ileal or ileocolonic disease, 2 patients had colonic disease but evolved to ileocolonic location by the conclusion of the study. Ileal disease location is associated with stricturing and penetrating disease behavior (B2/B3) and increased risk of surgery. In fact, we demonstrated a faster time to the second surgery in those with B2 and B3 disease behavior compared to non-stricturing, non-penetrating disease (B1). In addition, patients with structuring disease had significantly decreased rates of survival (Figure 1) to the second surgery ( $P = 0.0037$ ). However, we sought to determine additional variables that are potentially modifiable in this large cohort of CD patients with aggressive ileal CD.

We and others have reported previously, that elevated GM-CSF Ab is associated with increased rates of stricturing behavior and surgery in adult and pediatric CD<sup>[7,11,12]</sup>. Further, Däbritz *et al.*<sup>[16]</sup>, showed that longitudinal measurements of serum GM-CSF Ab levels in adult and pediatric patients with CD or ulcerative colitis reliably predicted disease recurrence 2 to 7 mo before a relapse as defined by clinical assessment using the Crohn's or ulcerative colitis disease activity indices (CDAI, PCDAI, UCDAI, PUCAI) in Adults and Pediatric patients with CD or ulcerative colitis. In our cohort of



**Figure 2** Serum granulocyte-macrophage colony-stimulating factor auto-antibodies levels in patients with Crohn's disease stratified by smoking status. The  $\log_{10}$  transformation of serum GM-CSF Ab (in micrograms per milliliter) is shown. The middle line represents the median, and the lower edge and the upper edge of the box represent the 25% and 75% quartiles, respectively. The bottom and top lines represent the minimum and maximum values, respectively. There were 201 non-smokers, 180 smokers and 27 ex-smokers with CD. Kruskal-Wallis test with Dunn's post-test revealed significant differences between non-smokers and smokers and between smokers and ex-smokers. GM-CSF Ab: Granulocyte-macrophage colony-stimulating factor auto-antibodies; CD: Crohn's disease.

ileal CD patients, the time to a second surgery was significantly accelerated in those with elevated GM-CSF Ab level even after accounting for all other variables in our analysis. This study confirms the prior association of elevated GM-CSF and aggressive CD and here we report the link between elevated GM-CSF Ab and a shorter time to surgical recurrence.

GM-CSF cytokine has a central role in intestinal homeostasis by enhancing innate immune responses to microbial pathogens<sup>[17]</sup>. Within the gastrointestinal tract, expression of GM-CSF cytokine is found on Paneth cells of the intestine and the GM-CSF receptor beta chain is present along epithelial cells of the small intestine<sup>[18]</sup>. While the underlying pathogenesis that drives over-expression of GM-CSF Ab is not fully defined, in vitro studies demonstrate a neutralizing effect on GM-CSF cytokine activity by reducing the bioactivity of free GM-CSF<sup>[7]</sup>. GM-CSF autoantibodies are produced by lamina propria mononuclear cells isolated from resection specimen from patients with stricturing CD<sup>[19]</sup>. In addition patients with elevated GM-CSF have reduced neutrophil bacterial killing<sup>[19]</sup>. The addition of GM-CSF cytokine increases neutrophil bacterial killing in CD only on washed neutrophils in which GM-CSF antibodies are depleted<sup>[19]</sup>. We examined GM-CSF cytokine level in this

**Table 4 Risk factors at or after the initial Crohn's disease surgery associated with time to the second Crohn's disease surgery**

Main effects	HR	95%CI	P value	FDR
Immunomodulators <sup>1</sup>	0.486	0.306-0.773	0.002	0.026
GM-CSF Ab level	3.493	1.430-8.538	0.005	0.030
GM-CSF cytokine level	2.489	1.292-4.796	0.005	0.030
B2 disease behavior <sup>2</sup>	1.415	0.517-3.874	0.491	0.624
B3 disease behavior <sup>3</sup>	0.415	0.146-1.176	0.091	0.145
Smoking <sup>4</sup>	1.286	0.277-5.981	0.743	0.800
ASCA IgG, U/mL	1.318	0.799-2.174	0.270	0.378
Age at diagnosis	0.983	0.963-1.003	0.094	0.145
<i>Clostridium difficile</i> infection	0.035	0.001-1.092	0.051	0.113
antiTNF- $\alpha$ <sup>5</sup>	1.272	0.662-2.447	0.461	0.615
ATG16L1 polymorphism	1.793	0.982-3.273	0.052	0.113
IRGM polymorphism	0.092	0.004-2.262	0.136	0.201
ASCA IgA, U/mL	0.976	0.755-1.262	0.852	0.852
NOD2 polymorphisms	1.123	0.741-1.702	0.577	0.673
Interactions				
GM-CSF Ab level and smoking	0.612	0.454-0.825	0.001	0.026
GM-CSF cytokine level and ATG16L1	0.652	0.480-0.885	0.005	0.030
GM-CSF Ab level and ASCA IgG, U/mL	0.808	0.674-0.968	0.018	0.081
GM-CSF Ab level and ATG16L1	0.719	0.538-0.962	0.023	0.081
B2 disease behavior and <i>Clostridium difficile</i>	21.57	1.456-319.271	0.023	0.081
B2 disease behavior and smoking	1.601	0.318-8.059	0.560	0.673
B3 disease behavior and smoking	5.117	0.966-27.141	0.050	0.113
GM-CSF Ab level and <i>Clostridium difficile</i>	2.865	1.065-7.715	0.033	0.104
GM-CSF cytokine level and <i>Clostridium difficile</i>	0.902	0.325-2.501	0.840	0.852
Smoking and IRGM	0.406	0.145-1.134	0.079	0.145
ASCA IgG, U/mL and IRGM	1.867	0.908-3.835	0.083	0.145
GM-CSF cytokine level and antiTNF- $\alpha$	0.765	0.562-1.041	0.082	0.145
GM-CSF Ab level and antiTNF- $\alpha$	0.941	0.703-1.260	0.676	0.757
GM-CSF cytokine level and ASCA IgA, U/mL	0.865	0.750-0.997	0.041	0.113

<sup>1</sup>Use of Immunomodulators between first and second CD surgery including: Azathioprine, 6-Mercaptopurine, Methotrexate; <sup>2</sup>Structuring behavior (B2) compared to Inflammatory (B1) disease behavior; <sup>3</sup>Penetrating behavior (B3) compared to Inflammatory (B1) disease behavior; <sup>4</sup>Active smoker before the first CD surgery; <sup>5</sup>Use of Anti-tumor Necrosis Factor-alpha therapy between first and second CD surgery including: Infliximab, Adalimumab. Cox proportional hazard model; A Cox proportional hazard model was fitted with main effects and first-order interactions of clinical and genotype variables. A stepwise variable selection was performed to select the relevant subset of variables. Within the model, *P* value was adjusted with the cutoff at FDR < 0.05. Model fitting and selection were generated using R 3.1.1 (<http://cran.r-project.org>). Table 4 displays the *P*-values for all fitted terms in the final model. GM-CSF Ab: Granulocyte-macrophage colony-stimulating factor auto-antibodies; ASCA: Anti-*Saccharomyces cerevisiae* antibodies; CD: Crohn's disease.

study and found that patients with elevated levels had significantly shorter intervals to the second surgery. We also evaluated the interaction between GM-CSF cytokine and its neutralizing antibody and found no interaction effect. In healthy individuals, GM-CSF in the circulation is tightly regulated at low or even undetectable levels but can rise to high levels in response to immune stimuli such as lipopolysaccharide. Chronic overexpression leads to pathological changes that can result in severe damage to affected organs<sup>[20]</sup>. This may be explained by the pleiotropic effects that result from GM-CSF cytokine function<sup>[21]</sup>.

We confirmed that use of immunomodulators is associated with a longer duration between the first and second surgical resection for CD. This finding first reported by Unkart *et al*<sup>[22]</sup> highlights the importance of step up therapy in a subset of patients with aggressive CD behavior. It is reported that early use of TNF antagonists is associated with reduced risk of developing strictures in adults<sup>[23]</sup> and in children early monotherapy with TNF antagonists results in better overall clinical and growth outcomes at 1 year<sup>[24]</sup>. In this study, 70.2% of

patients exposed to TNF antagonists after the initial ICR/IR did not require a second surgery. In addition, only 27.8% of the 165 patients that required a second ICR/IR had exposure to TNF antagonists prior to the second surgery. Nonetheless we did not find that exposure to TNF antagonists was associated with a longer duration between the first and second surgery. It is worthwhile mentioning that the earliest use of TNF antagonists for this cohort was the year 1994 but 31 subjects (18.8%) required 2 or more ICR/IR surgical events prior to this year. In addition 144 subjects (87.2%) who required a second surgery had long standing disease of 3 or more years prior to the second surgery.

In this study a large subset of patients were current or ex-smokers (50.1%) and practically all subjects except one had ileal disease location. In a prior study we found that smokers with Ileal CD had lower GM-CSF Ab levels<sup>[12]</sup>. Similarly, in the present cohort the median GM-CSF Ab level was 2.5 in smokers and 5.4 in non-smokers (Figure 2). This resulted in a complex interaction effect of smoking such that smokers who expressed low GM-CSF Ab level had a longer interval



between the first and second surgery.

A limitation of the study was the retrospective nature of the clinical data collection. In addition we were not able to clearly delineate precise duration of exposure to immunomodulators or biologics, the response and tolerance of these medications. The serum collection was cross sectional and so future studies should examine serial measurements that correlate with time of diagnosis and surgical events.

The strengths of our study are that we were able to distinguish between modifiable and non-modifiable factors that impact disease behavior in CD. Modifiable factors like preventing exposure to smoking and early use of immunomodulators and TNF antagonists are well recognized but it is important to highlight their role in prevention of aggressive disease behavior. The non-modifiable factors like GM-CSF cytokine bioavailability and carriage of risk alleles for ATG16 L1 can be used to profile patients that may benefit from top-down therapy or alternatively newer more targeted therapy.

## ARTICLE HIGHLIGHTS

### Research background

Crohn's disease (CD) is a chronic inflammatory disease characterized by a transmural inflammation that targets any region of the gastrointestinal tract. The transmural involvement particularly involving the ileum, often leads to fibrosis, luminal narrowing, and fistulas. In one population based cohort study of adult patients with CD, the cumulative probability of major abdominal surgery was 38% to 58% within 5 to 20 years after diagnosis. Further, disease recurrence resulting in a second surgery for management of CD may occur in 31% to 50% of patients within 10 years of the initial surgery. There remains a need for serological and genetic markers that can reliably identify patients with increased risk for surgical recurrence.

### Research motivation

Granulocyte macrophage colony-stimulating factor (GM-CSF) is a cytokine that promotes myeloid cell development and maturation. Deficiency of this important hematopoietic growth factor can contribute to mucosal inflammation and immunodeficiency. We and others have previously shown, neutralizing GM-CSF auto-antibodies (Ab) are associated with a reduced bioactivity of GM-CSF, impaired neutrophil bacterial killing, and increased rates of intestinal resection for ileal CD. In the present study, we examined the predictive capacity of GM-CSF Ab in surgical recurrence rates after initial ileocolic resection for ileal CD. We also evaluated other clinical, serologic and genetic prognostic factors that might define the subset of patients with shorter time to surgical recurrence.

### Research objectives

The development of biomarkers for diagnosis and prognosis of CD is evolving and serological assays like ASCA, ANCA, Anti-glycan antibodies and GM-CSF Ab are important discoveries. Some assays are reliable predictors for diagnosis and for staging severity. Here we demonstrate that GM-CSF Ab is a reliable biomarker for characterizing severity and reliably predicts patients at greater risk for aggressive disease behavior and the need for surgery.

### Research methods

We reviewed 412 patients which included in the study had ileal or ileocolonic CD and surgical resection of small bowel or ileocecal region for management of disease from a clinical database at tertiary academic hospital. Serum samples were analyzed for serological assays, which included GM-CSF cytokine, GM-CSF Ab, ASCA IgG and IgA, and genetic markers included SNPs rs2066843, rs2066844, rs2066845, rs2076756 and rs2066847 in NOD2, rs2241880 in ATG16L1, and rs13361189 in IRGM. The predictors of surgical recurrence were assessed by the Cox proportional-hazards models.

### Research results

Of 96% patients underwent initial ileocecal resection (ICR) or ileal resection (IR) and subsequently 40% of patients required a second ICR/IR for CD. GM-CSF Ab level was elevated at a median of 3.81 mcg/mL. Factors predicting faster time to a second surgery included elevated GM-CSF Ab and elevated GM-CSF cytokine. Factors predicting longer duration between first and second surgery included use of Immunomodulators, the interaction effect of low GM-CSF Ab levels and smoking, and the interaction effect of low GM-CSF cytokine levels and ATG16L1.

### Research conclusions

In this study patients with elevated GM-CSF Ab had shorter intervals between the first and second surgery for management of CD. This is the first study to describe this. Therefore routine surveillance of this serological assay may facilitate the identification of patients at risk for disease complications and allow clinicians to optimize medical therapy.

### Research perspectives

Elevated GM-CSF Ab is a reliable assay for defining patients who are at a greater risk for surgery. A clinical assay is needed.

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