



BU Well

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Volume 4 *Health, Wellness, and Life Sciences*

Letter from the Editor

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## Letter from the Editor

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## Letter from the Editor

*Volume 4*

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Greetings and welcome to Volume 4 of *BU Well*.

Over the past year, *BU Well* has grown not only in its online presence, with almost 6,400 total downloads at the time of writing this letter, but the journal has also grown in support from our student editors and community. We are proud of the strong foundation in health, wellness, and life sciences the previous editorial teams have established to make the fourth publication of *BU Well* possible. Personally, I am most proud to have served on this editorial board alongside peers who have gone above and beyond their structured roles within our student-run journal. Our driven editors have continuously brainstormed and implemented new ideas and challenged how we can further grow our journal.

Thanks to their passion, we have made strong advances this year, such as supplementing our existing multimedia by incorporating podcasts and adding a section to our journal. This section, titled "Clinical Corner," highlights primary research and research manuscripts, which debuts in this volume with an innovative primary research article regarding novel antibiotic regimens for febrile neutropenia, a stimulating review of nanomedicine in the treatment of cancer, and a noteworthy collection of research to show how vitamin C could be used to treat sepsis. The *BU Well* team is delighted to share these newly added features while also continuing our commitment to innovative, high-quality articles, infographics, and videos. In this volume, our other articles delve into cutting-edge topics such as how pain management could be treated through prescribing exercise, how search engines may affect our memory retention, and how the ketogenic diet could be used in Autism Spectrum Disorder.

The fifth volume of *BU Well* is currently accepting articles for consideration in our next publication in Spring 2020. Please follow along our journey to Volume 5 through our various social media accounts and continue to celebrate our advancements with us.

Our *BU Well* team appreciates your continued support and readership.

All the best,

**Victoria Whicker**

**Editor in Chief, *BU Well***