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2018

# Chronic antipsychotic treatment differentially modulates protein kinase A- and glycogen synthase kinase 3 beta-dependent signaling pathways, N-methyl-D-aspartate receptor and $\gamma$ -aminobutyric acid A receptors in nucleus accumbens of juvenile rats

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## Publication Details

Pan, B., Lian, J. & Deng, C. (2018). Chronic antipsychotic treatment differentially modulates protein kinase A- and glycogen synthase kinase 3 beta-dependent signaling pathways, N-methyl-D-aspartate receptor and  $\gamma$ -aminobutyric acid A receptors in nucleus accumbens of juvenile rats. *Journal of Psychopharmacology*, 32 (11), 1252-1263.

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# Chronic antipsychotic treatment differentially modulates protein kinase A- and glycogen synthase kinase 3 beta-dependent signaling pathways, N-methyl-D-aspartate receptor and $\gamma$ -aminobutyric acid A receptors in nucleus accumbens of juvenile rats

## Abstract

**Background:** Antipsychotics are developed to treat mental disorders in adults; however, the prescription (mostly "off-label") of antipsychotics for children/adolescents has been constantly increasing over years. The influences of antipsychotics on juveniles requires investigation to validate their clinic use. Antipsychotics mainly exert their effects via several receptors and signaling pathways.

**Aims:** This study examined the effects of aripiprazole, olanzapine, and risperidone on selected signaling pathways, N-methyl-D-aspartate, and  $\gamma$ -aminobutyric acid A receptors in juveniles.

**Methods:** Rats were orally administered aripiprazole (1 mg/kg), olanzapine (1 mg/kg), risperidone (0.3 mg/kg), or vehicle three times/day from postnatal day 23 ( $\pm 1$  day) for three weeks. The effects of antipsychotics in the nucleus accumbens and caudate putamen were measured by Western blots.

**Results:** In the nucleus accumbens, all three drugs differentially increased N-methyl-D-aspartate and  $\gamma$ -aminobutyric acid A receptor expression. Additionally, all three antipsychotics differentially elevated the phosphorylation of glycogen synthase kinase 3 beta,  $\beta$ -catenin, and cAMP-responsive element-binding protein 1. In the caudate putamen, olanzapine increased  $\beta$ -catenin phosphorylation; and aripiprazole and olanzapine elevated  $\gamma$ -aminobutyric acid A receptor levels. Correlation analysis indicated that antipsychotics might modulate N-methyl-D-aspartate receptors via glycogen synthase kinase 3 beta- $\beta$ -catenin signaling and/or cAMP-responsive element-binding protein 1 activation.

**Conclusions:** These findings suggest that antipsychotics can affect protein kinase A- and glycogen synthase kinase 3 beta-dependent signaling pathways in juveniles; and their modulation on N-methyl-D-aspartate and  $\gamma$ -aminobutyric acid A receptors is probably through glycogen synthase kinase 3 beta- $\beta$ -catenin signaling and/or cAMP-responsive element-binding protein 1 activation.

## Disciplines

Medicine and Health Sciences

## Publication Details

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1           **Chronic antipsychotic treatment differentially**  
2           **modulates protein kinase A- and glycogen**  
3           **synthase kinase 3 beta-dependent signalling**  
4           **pathways, N-methyl-D-aspartate receptor and  $\gamma$  -**  
5           **aminobutyric acid A receptors in nucleus accumbens**  
6           **of juvenile rats**

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35 **Abstract**

36 **Background:** Antipsychotics are developed to treat mental disorders in adults; however,  
37 the prescription (mostly “off-label”) of antipsychotics for children/adolescents has been  
38 constantly increasing over years. The influences of antipsychotics on juveniles requires  
39 investigation to validate their clinic use. Antipsychotics mainly exert their effects via  
40 several receptors and signalling pathways.

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42 selected signalling pathways, N-methyl-D-aspartate, and  $\gamma$ -aminobutyric acid A receptors  
43 in juveniles.

44 **Methods:** Rats were orally administered aripiprazole (1mg/kg), olanzapine (1mg/kg),  
45 risperidone (0.3mg/kg), or vehicle 3 times/day from postnatal day 23 ( $\pm$ 1 day) for 3  
46 weeks. The effects of antipsychotics in the nucleus accumbens and caudate putamen were  
47 measured by Western Blots.

48 **Results:** In the nucleus accumbens, all three drugs differentially increased N-methyl-D-  
49 aspartate and  $\gamma$ -aminobutyric acid A receptor expression. Additionally, all three  
50 antipsychotics differentially elevated the phosphorylation of glycogen synthase kinase 3  
51 beta,  $\beta$ -catenin, and cAMP-responsive

52 element-binding protein 1. In the caudate putamen, olanzapine increased  $\beta$ -catenin  
53 phosphorylation; and aripiprazole and olanzapine elevated  $\gamma$ -aminobutyric acid A  
54 receptor levels. Correlation analysis indicated that antipsychotics might modulate N-  
55 methyl-D-aspartate receptors via glycogen synthase kinase 3 beta - $\beta$ -catenin signalling

56 and/or cAMP-responsive element-binding protein 1 activation.

57 **Conclusions:** These findings suggest that antipsychotics can affect protein kinase A- and  
58 glycogen synthase kinase 3 beta -dependent signalling pathways in juveniles; and their  
59 modulation on N-methyl-D-aspartate and  $\gamma$ -aminobutyric acid A receptors is probably  
60 through glycogen synthase kinase 3 beta - $\beta$ -catenin signalling and/or cAMP-responsive  
61 element-binding protein 1 activation.

62 **Declaration of interest/Finding:** None of the authors has a conflict of interest. This  
63 work was supported by the National Health and Medical Research Council  
64 (APP1104184), Australia.

65

66 **Keywords:**

67 Antipsychotics, protein kinase A, glycogen synthase kinase 3 beta, N-methyl-D-aspartate  
68 receptor,  $\gamma$ -aminobutyric acid A receptor, juvenile animals, aripiprazole, olanzapine,  
69 risperidone

## 70 **Introduction**

71 Over the past decade, the prescription of antipsychotic drugs (mostly off-label use) in  
72 children and adolescents has increased markedly (Ronsley et al., 2013; Caccia, 2013).  
73 Particularly, risperidone (neuroscience-based nomenclature (NbN): dopamine D<sub>2</sub>,  
74 serotonin 5-HT<sub>2</sub>, noradrenaline NE  $\alpha$ -2 receptor antagonist (Nutt and Blier, 2016)) is  
75 accounted for ~70% of total antipsychotic prescriptions (Olfson et al., 2010; Karanges et  
76 al., 2014). These antipsychotics are mostly prescribed to treat mental disorders, such as  
77 childhood-onset schizophrenia, depression, bipolar disorder, and autism (Schneider et al.,  
78 2014). Clinical studies have shown that children/adolescents are more likely to be  
79 affected by antipsychotics than adults, especially by the side-effects (Vitiello et al., 2009).  
80 Since the pharmacodynamic sensitivity to antipsychotics in children/adolescents is  
81 different from that in adults (Caccia, 2013), understanding the pharmacological  
82 mechanisms of antipsychotics in children/adolescents is required and might provide  
83 important evidence for the prescription of antipsychotics for children/adolescents in  
84 clinics.

85 Our previous evidence demonstrates that various antipsychotics influence G-protein  
86 dependent protein kinase A (PKA) signalling and G-protein independent protein kinase B  
87 (Akt)-glycogen synthase kinase 3 beta (GSK3 $\beta$ ) signalling pathways to exert their effects  
88 in the striatum of adult animals (Pan et al., 2016b; Pan et al., 2016a; Pan et al., 2016c;  
89 Pan et al., 2015). However, to our knowledge, there is no study that investigates  
90 antipsychotic effects on these signalling pathways during the childhood-adolescent  
91 period. In addition, it has been widely accepted that antipsychotics are able to exert their  
92 effects on several other signalling pathways or substrates. For example, the

93 dishevelled(Dvl)-GSK3 $\beta$ - $\beta$ -catenin pathway has been reported to be modulated by  
94 various antipsychotics (including aripiprazole (NbN: dopamine D2, serotonin 5-HT1A  
95 receptor partial agonist (Nutt and Blier, 2016)), olanzapine (NbN: dopamine D2,  
96 serotonin 5-HT2 receptor antagonist (Nutt and Blier, 2016)), risperidone, etc.) in adults  
97 (Alimohamad et al., 2005b; Alimohamad et al., 2005a; Sutton and Rushlow, 2011; Seo et  
98 al., 2015; Pan et al., 2016a; Pan et al., 2016b). Antipsychotics (e.g. aripiprazole) might  
99 also exert therapeutic effects via cAMP-responsive element-binding protein 1 (CREB1)  
100 in adult animals (Mavrikaki et al., 2014; Pan et al., 2016c; Pan et al., 2016b). Whether  
101 these pathways and substrates are involved in the regulation of antipsychotics in  
102 children/adolescents is not clear.

103 N-methyl-D-aspartate (NMDA) and GABA<sub>A</sub>( $\gamma$ -aminobutyric acid) receptor signalling  
104 play key roles in neurodevelopment and the formation of brain core functions, and  
105 deficits in these receptors have been considered to be associated with various mental  
106 disorders in children/adolescents (Panaccione et al., 2013; Schmidt and Mirnics, 2015;  
107 Mouri et al., 2007; Sakamoto et al., 2011). Previous studies have shown that the GABA<sub>A</sub>  
108 receptor can be regulated by various antipsychotics in adults through dopamine D<sub>2</sub>  
109 receptor (D<sub>2</sub>R)-downstream PKA signalling, which was also suggested by our recent  
110 studies (Skilbeck et al., 2007; Zink et al., 2004; Pan et al., 2016c; Pan et al., 2016b);  
111 similarly, modulation of antipsychotics on NMDA receptors (NMDARs) in adults has  
112 also been well documented (Schmitt et al., 2003; Segnitz et al., 2011; Pan et al., 2016b);  
113 antipsychotics might regulate NMDARs via D<sub>2</sub>R-mediated GSK3 $\beta$  and CREB1  
114 signalling in adult rat brains (Pan et al., 2016b). Both NMDA and GABA<sub>A</sub> receptors are  
115 in an immature form during the postnatal developmental period which may cause animals

116 to be more sensitive to antipsychotic treatment (Fritschy et al., 1994; Lopez-Tellez et al.,  
117 2004; Sheng et al., 1994). Although these antipsychotics target multiple receptors such as  
118 dopamine D<sub>2</sub> and 5-HT<sub>2A</sub> receptors, D<sub>2</sub>Rs play a critical role in their therapeutic effects  
119 (Ginovart and Kapur, 2012). Both risperidone and aripiprazole have very high affinity  
120 with D<sub>2</sub>Rs (Correll, 2010). Unfortunately, there are very limited studies that have  
121 systematically examined the effects of early treatment with these antipsychotics on the  
122 D<sub>2</sub>R-mediated signalling pathways and substrates during childhood-adolescence, which is  
123 the key issue that needs to be addressed in the present study. Furthermore, the striatum,  
124 which mainly contains the nucleus accumbens (NAc) and caudate putamen (CPu), is a  
125 key brain region that is associated with the pathophysiology of various mental disorders  
126 in children/adolescents, such as schizophrenia, autism, depression, and bipolar disorder  
127 (DelBello et al., 2006; James et al., 2016; Langen et al., 2009; Gabbay et al., 2013).  
128 Therefore, in this study, we investigated the effects of oral treatment (3 times per day) of  
129 aripiprazole, olanzapine, and risperidone at a clinical equivalent dosage (a better  
130 mimicking of the clinical treatment paradigm) on the above mentioned PKA- and  
131 GSK3 $\beta$ -dependent signalling pathways as well as GABA<sub>A</sub> and NMDA receptors in the  
132 NAc and CPu of juvenile rats.

## 133 **Methods**

### 134 *Animals and drug administration*

135 Fourteen timed, pregnant Sprague-Dawley rats were obtained at gestation day 14 from  
136 the Animal Resource Centre (Perth, WA, Australia). They were housed individually at  
137 22°C, on a 12h light-dark cycle (lights on: 07:00 AM and light off: 7:00 PM), and  
138 allowed *ad libitum* access to water and standard laboratory chow diet throughout the



139 experiment (Lian et al., 2016). To avoid variations from potential interactions with sexual  
140 hormones, twenty-four male pups born from these mother rats were used for this study.  
141 The day of birth was considered as postnatal day (PN) 0. On PN21, young male rats ( $n =$   
142 6/group) were randomly assigned to one of the following treatments: aripiprazole (1.0  
143 mg/kg, *t.i.d.*, Bristol-Myers Squibb, New York, USA), olanzapine (1.0 mg/kg, *t.i.d.*, Eli  
144 Lilly, Indianapolis, IN, USA), risperidone (0.3 mg/kg, *t.i.d.*, Apotex, Macquarie Park,  
145 NSW, Australia), or vehicle. Drug powders mixed with the cookie dough pellets was  
146 delivered orally 3 times per day at 07:00 AM, 03:00 PM and 11:00 PM (Pan et al., 2016b;  
147 Lian et al., 2016) from PN23 ( $\pm 1$  day). The treatment period was 3 weeks, which  
148 corresponds to childhood-adolescence in humans (Brenhouse and Andersen, 2011).  
149 Controls received equivalent pellets without drugs. All rats were sacrificed and the brains  
150 were obtained two hours after the final dose of antipsychotics. The brains were  
151 immediately frozen in liquid nitrogen and then stored under  $-80^{\circ}\text{C}$  for future use.

152 The rats were administered antipsychotic drugs three times/day to ensure consistently  
153 high concentrations to better mirror the human scenario of oral administration once per  
154 day (Lian et al., 2016; Pan et al., 2016b). The dosages were based on the recommended  
155 dosages in humans based on body surface area, according to the FDA guidelines for  
156 clinical trials (FDA, 2005; Reagan-Shaw et al., 2008), all of which are within the  
157 recommended dosage ranges for the psychiatric treatment of children/adolescents  
158 (Fraguas et al., 2011; Greenaway and Elbe, 2009). It has been previously reported that, at  
159 these used dosages, all these drug reaches 60-80%  $D_2$  receptor occupancy rates in the rat  
160 brain (Kapur et al., 2003; Natesan et al., 2006). All experimental procedures were  
161 approved by the Animal Ethics Committee, University of Wollongong (AE12/20), and

162 complied with the Australian Code of Practice for the Care and Use of Animals for  
163 Scientific Purposes (National Health and Medical Research Council, Australia, 2004).

#### 164 *Brain dissection*

165 The discrete brain regions were collected using a brain microdissection puncture  
166 technique as described previously (Pan et al., 2015; Pan et al., 2016c; Pan et al., 2016b).  
167 Specifically, based on the brain atlas (Paxinos and Watson, 2005), three sections through  
168 the striatum (Bregma 1.00 to 2.20mm) were dissected for the NAc and CPu, respectively.  
169 Dissected tissue was kept at -80°C for future use.

#### 170 *Western blots*

171 Frozen brain samples were homogenised in homogenising buffer containing NP-40 cell  
172 lysis buffer (Invitrogen, #FNN0021), Protease Inhibitor Cocktail (Sigma-Aldrich,  
173 #P8340),  $\beta$ -Glycerophosphate (Sigma-Aldrich, #G9422), and PMSF (Sigma-Aldrich,  
174 #P7626). Protein concentration of each sample was measured by the DC Protein Assay  
175 (Bio-Rad, #500-0111). Western blot experiments were performed as described previously  
176 (Pan et al., 2016b; Pan et al., 2016a; Pan et al., 2016c). Briefly, each sample containing  
177 10 $\mu$ g of protein was denatured, and loaded into Criterion<sup>TM</sup> TGX<sup>TM</sup> Precast Gels (Bio-  
178 rad, #5671095). The proteins were separated in Criterion<sup>TM</sup> Vertical Electrophoresis Cells  
179 (Bio-rad, #1656001), and then electrophoretically transferred to a polyvinylidene  
180 difluoride membrane in Criterion<sup>TM</sup> Blotters (Bio-rad, #1704071). All membranes were  
181 then blocked by 5% skim milk powder, and incubated in primary antibodies and  
182 secondary antibodies, respectively. The immunoreactive bands were visualised using  
183 Amersham Hyperfilm ECL (GE Healthcare, #28-9068-36) and Luminata Classico

184 Western HRP substrate (Millipore, #WBLUC0500). All Western blot experiments were  
185 performed in duplicate to ensure consistency.

186 The following antibodies were used to detected corresponding proteins: anti-PKA-C $\alpha$   
187 (1:1000; Santa Cruz Biotechnology, #SC-903), anti-phosphor-PKA-C (Thr197) (1:1000;  
188 Cell Signaling Technology, #5661), anti-Akt (1:2000; Cell Signaling Technology, #4691),  
189 anti-phosphor-Akt (Thr308) (1:1000; Cell Signaling Technology, #13038), anti-GSK3 $\beta$   
190 (1:2000; Cell Signaling Technology, #5676), anti-phospho-GSK3 $\beta$  (Ser9) (1:1000; Cell  
191 Signaling Technology, #9322), anti-Dvl-3 (1:1000; Santa Cruz Biotechnology, #SC-  
192 8027), anti- $\beta$ -catenin (1:1000; Santa Cruz Biotechnology, #SC-7963), anti-GABA<sub>A</sub>  $\beta$ -1  
193 (1:1000; Abcam, #ab154822), anti-CREB1 (1:2000, Abcam, #ab32515), and anti-  
194 phospho-CREB1 (1:2000, Abcam, #ab32096). Mouse anti-actin primary polyclonal  
195 antibody (1:10000; Millipore, #MAB1501) was used to determine the actin levels. The  
196 secondary antibodies were HRP-conjugated anti-rabbit IgG antibody (1:3000; Cell  
197 Signaling Technology, #7074) and HRP-conjugated anti-mouse IgG antibody (1:3000;  
198 Cell Signaling Technology, #7076).

### 199 *Statistics*

200 The immunoreactive signals were quantified using Bio-Rad Image Lab (version 6.0). All  
201 data were analysed by using SPSS Statistics (version 24.0). The data of each targeted  
202 protein were then corrected based on their corresponding actin levels. Data normal  
203 distribution was tested using histograms and a Kolmogorov–Smirnov Z-test. One-way  
204 analysis of variance (ANOVA) was performed if the data were normally distributed, the  
205 post-hoc Dunnett *t* test was used to compare each drug treatment group with the control

206 group (using raw data). If the data were not normally distributed, the protein expression  
207 in each brain region was analysed by a Kruskal-Wallis H-test, followed by the post-hoc  
208 Mann–Whiney U-test. The results of each protein expression were expressed by taking  
209 the value of the control group as 100%. The ratios of each phosphorylated proteins were  
210 analysed by a Kruskal–Wallis H-test and the post-hoc Mann–Whiney U-test. Pearson’s  
211 correlation tests were employed to analyse the relationships among certain  
212 measurements. Statistical significance was accepted when  $p \leq 0.05$ .

## 213 **Results**

### 214 *The effect of antipsychotics on Akt and GSK3 $\beta$*

215 In the NAc, antipsychotic administration did not exert any effects on Akt (Akt,  $F_{3,20} =$   
216 2.486,  $p > 0.05$ ; p-Akt (Thr308),  $F_{3,20} = 1.182$ ,  $p > 0.05$ ), whereas GSK3 $\beta$  was  
217 significantly affected by antipsychotic treatment (GSK3 $\beta$ ,  $F_{3,20} = 4.003$ ,  $p < 0.05$ ; p-  
218 GSK3 $\beta$ ,  $F_{3,20} = 4.696$ ,  $p > 0.05$ ). Post-hoc tests have shown that risperidone down-  
219 regulated the expression of GSK3 $\beta$  in the NAc by 64.0% ( $p < 0.05$ ); in addition, both  
220 aripiprazole ( $p < 0.05$ ) and olanzapine ( $p < 0.01$ ) increased the expression of p-GSK3 $\beta$   
221 (Ser9) by 59.4% and 90.0%, respectively (Figure 1(b), 1(d)). Furthermore, all three  
222 antipsychotics significantly elevated the ratio of p-GSK3 $\beta$ /GSK3 $\beta$  (aripiprazole,  $p <$   
223 0.01; olanzapine,  $p < 0.05$ ; risperidone,  $p < 0.01$ ) (Figure 1(b)).

224 In the CPu, on the other hand, the protein levels of Akt, p-Akt, GSK3 $\beta$ , and p-GSK3 $\beta$   
225 were not significantly affected by any antipsychotic administration (Akt,  $F_{3,20} = 0.910$ ,  $p >$   
226 0.05; p-Akt (Thr308),  $F_{3,20} = 2.159$ ,  $p > 0.05$ ; GSK3 $\beta$ ,  $F_{3,20} = 1.671$ ,  $p > 0.05$ ; p-GSK3 $\beta$   
227 (Ser9),  $F_{3,20} = 0.091$ ,  $p > 0.05$ ) (Figure 2), nor the ratio of p-Akt/Akt and p-

228 GSK3 $\beta$ /GSK3 $\beta$  (both  $p > 0.05$ ).

### 229 *The effect of antipsychotics on Dvl-3 and $\beta$ -catenin*

230 No antipsychotic treatment showed significant effect on the protein expression of Dvl-3  
231 in either the NAc or CPu (NAc,  $F_{3,20} = 1.170$ ,  $p > 0.05$ ; CPu,  $F_{3,20} = 0.647$ ,  $p > 0.05$ ).  
232 However,  $\beta$ -catenin was significantly altered in both regions. In the NAc, antipsychotics  
233 significantly affected the expression of  $\beta$ -catenin ( $F_{3,20} = 4.430$ ,  $p < 0.05$ ); while in the  
234 CPu, the levels of p- $\beta$ -catenin were changed (NAc,  $F_{3,20} = 5.698$ ,  $p < 0.01$ ). Post-hoc  
235 tests have indicated that in the NAc, both aripiprazole and risperidone significantly  
236 reduced the expression of  $\beta$ -catenin by 34.9% ( $p < 0.01$ ) and 24.5% ( $p < 0.05$ ),  
237 respectively (Figure 1(c), 1(d)); they also significantly elevated the ratio of p- $\beta$ -catenin/ $\beta$ -  
238 catenin (both  $p < 0.05$ ) (Figure 1(c)). Olanzapine also tended to decrease the expression  
239 of  $\beta$ -catenin ( $p = 0.63$ , -20.6%) and increase the ratio of p- $\beta$ -catenin/ $\beta$ -catenin in the NAc  
240 ( $p = 0.092$ ). In the CPu, only risperidone was able to exert significant effects on the  
241 protein levels of p- $\beta$ -catenin (+139.7%,  $p < 0.01$ ) (Figure 2(c), 2(d)) as well as the ratio  
242 of p- $\beta$ -catenin/ $\beta$ -catenin ( $p < 0.01$ ) (Figure 2(c)).

### 243 *The effects of antipsychotics on PKA*

244 The protein levels of PKA-C (NAc,  $F_{3,20} = 1.196$ ,  $p > 0.05$ ; CPu,  $F_{3,20} = 0.158$ ,  $p > 0.05$ )  
245 and p-PKA-C (Thr197) ( $F_{3,20} = 0.409$ ,  $p > 0.05$ ; CPu,  $F_{3,20} = 0.644$ ,  $p > 0.05$ ) were not  
246 significantly affected by any antipsychotic treatment in the two brain regions (Figure  
247 3(a), 3(d), 4(a), 4(d)).

### 248 *The effects of antipsychotics on CREB1*

249 Significant changes in the protein levels of phosphorylated CREB1 were found in the

250 NAc (CREB1,  $F_{3,20} = 0.449$ ,  $p > 0.05$ ; p-CREB1,  $F_{3,20} = 4.451$ ,  $p < 0.05$ ), but no change  
251 was found in the CPu (CREB1,  $F_{3,20} = 0.088$ ,  $p > 0.05$ ; p-CREB1,  $F_{3,20} = 1.439$ ,  $p >$   
252  $0.05$ ). Individual comparisons have shown that in the NAc, aripiprazole and risperidone  
253 significantly elevated the levels of p-CREB1 by 34.9% ( $p < 0.05$ ) and 59.1% ( $p < 0.01$ ),  
254 as well as the ratios of p-CREB1/CREB1 (both  $p < 0.01$ ) (Figure 3(b), 3(d)). Moreover,  
255 the ratio of p-CREB1/CREB1 was shown to be positively correlated with the ratio of p-  
256 GSK3 $\beta$ /GSK3 $\beta$  ( $p < 0.01$ ,  $r = 0.493$ ) (Figure 5(a)).

### 257 *The effects of antipsychotics on NMDA receptor subunits*

258 In the NAc, both NMDA NR1 and NR2A expression were significantly altered by  
259 antipsychotic treatment (NR1,  $F_{3,20} = 5.099$ ,  $p < 0.01$ ; NR2A,  $F_{3,20} = 10.903$ ,  $p < 0.01$ ).  
260 Post-hoc comparisons have indicated that all three antipsychotics up-regulated the protein  
261 expression of the NMDA NR1 subunit (aripiprazole, +35.0%,  $p < 0.05$ ; olanzapine,  
262 +47.2%,  $p < 0.01$ ; risperidone, +53.1%,  $p < 0.01$ ); additionally, both aripiprazole and  
263 olanzapine significantly elevated the expression of the NMDA NR2A subunit  
264 (aripiprazole, +67.1%,  $p < 0.01$ ; olanzapine, +106.2%,  $p < 0.01$ ) (Figure 2(c), 2(d)). In  
265 the CPu, no drug was able to alter the expression of NMDA receptor subunits (NR1,  $F_{3,20}$   
266  $= 1.127$ ,  $p > 0.05$ ; NR2A,  $F_{3,20} = 0.404$ ,  $p > 0.05$ ) (Figure 4(c), 4(d)). Furthermore,  
267 correlation tests have demonstrated that the expression of NMDA NR1 subunit was  
268 positively correlated with the phosphorylation ratio of  $\beta$ -catenin ( $p < 0.01$ ,  $r = 0.705$ ) and  
269 CREB1 ( $p < 0.01$ ,  $r = 0.475$ ) (Figure 5(b), 5(c)).

### 270 *The effect of antipsychotics on GABA<sub>A</sub> receptor*

271 In the NAc, the expression of GABA<sub>A</sub> ( $\beta$ -1) receptor was significantly altered by

272 antipsychotic administration ( $F_{3,20} = 3.363, p < 0.05$ ). Elevated expression of GABA<sub>A</sub> (β-  
273 1) receptor induced by aripiprazole (+52.5%,  $p < 0.05$ ) has been observed; additionally,  
274 risperidone tended to increase GABA<sub>A</sub> (β-1) receptor expression ( $p = 0.1, +37.4%$ )  
275 (Figure 3(c), 3(d)). In the CPu, GABA<sub>A</sub> (β-1) receptor was also significantly influenced  
276 by antipsychotic administration ( $F_{3,20} = 9.732, p < 0.01$ ), and its expression was  
277 promoted by the administration with both aripiprazole and olanzapine (aripiprazole,  
278 +90.0%,  $p < 0.01$ ; olanzapine, +85.6%,  $p < 0.01$ ) (Figure 4(c), 4(d)).

## 279 **Discussion**

280 The present study has examined the antipsychotic modulations on PKA- and GSK3β-  
281 dependent signalling pathways, as well as NMDA and GABA<sub>A</sub> receptors, in the NAc and  
282 CPu of juvenile male rats. Our results indicated that aripiprazole, olanzapine, and  
283 risperidone differentially affected these signalling pathways and receptors; and their  
284 effects are also brain-regionally dependent (Table 1).

### 285 *Modulations of antipsychotics on the GSK3β-associated signalling pathways*

286 Abnormal GSK3β signalling has been reported in a number of mental disorders,  
287 including schizophrenia, autism, bipolar disorders, and depression (Hur and Zhou, 2010).  
288 The present study has revealed that all three antipsychotics were able to significantly  
289 increase the ratio of phosphorylated GSK3β in the NAc of the juvenile rats, indicating  
290 that the function of GSK3β in the juvenile rats was inhibited by these antipsychotic  
291 drugs. These findings are generally consistent with those of various previous studies in  
292 adult rats (Emamian et al., 2004; Alimohamad et al., 2005a; Alimohamad et al., 2005b;  
293 Beaulieu et al., 2009; Li et al., 2007). Furthermore, our previous studies that examined

294 the effects of antipsychotics on adult rats have also shown that acute, short-term, and  
295 chronic administration with aripiprazole elevated the phosphorylation levels of GSK3 $\beta$  in  
296 the NAc (Pan et al., 2015; Pan et al., 2016a; Pan et al., 2016b). Taken together, it is very  
297 likely that antipsychotics (at least aripiprazole) modulate GSK3 $\beta$  activity in juvenile rats  
298 in a similar manner as in adults.

299 A number of previous studies, including two studies from our group, have demonstrated  
300 that various classes of antipsychotics (e.g. aripiprazole, olanzapine, and risperidone) can  
301 increase the signalling of  $\beta$ -catenin in the striatum of adult animals (Alimohamad et al.,  
302 2005b; Alimohamad et al., 2005a; Sutton and Rushlow, 2011; Seo et al., 2015; Pan et al.,  
303 2016a; Pan et al., 2016b; Park et al., 2011). Consistent with these previous studies, the  
304 current study has also found up-regulation of the phosphorylation levels of  $\beta$ -catenin in  
305 the NAc of juvenile rats by all three antipsychotics (although the effect of olanzapine did  
306 not reach significance). Therefore, it could be concluded that  $\beta$ -catenin-mediated  
307 signalling in the NAc is very likely to be one of the major targets of antipsychotics in  
308 both youths and adults.

### 309 *Modulations of antipsychotics on CREB1*

310 Novel variants in the CREB1 gene have been identified in schizophrenic subjects  
311 (Kawanishi et al., 1999), and a number of *in vivo* studies reported that antipsychotics can  
312 increase the phosphorylation levels of CREB1 in adult animals (Pozzi et al., 2003;  
313 Konradi and Heckers, 1995; Mavrikaki et al., 2014; Pan et al., 2016c; Pan et al., 2016b;  
314 Rogoz et al., 2017; Einoch et al., 2017). CREB1 has also been found to be associated  
315 with neurodevelopment (Sakamoto et al., 2011) and involved in childhood-onset mood



316 disorders (Burcescu et al., 2010). In the present study in juvenile rats, both aripiprazole  
317 and risperidone, but not olanzapine, significantly elevated the phosphorylation levels of  
318 CREB1 in the NAc. These data were consistent with those findings from adult animals or  
319 the neurons from adult animals, suggesting that in both juveniles and adults,  
320 antipsychotics react with CREB1 in similar patterns.

321 It is interesting that similar to the influences of aripiprazole, risperidone, and olanzapine  
322 on the phosphorylation levels of GSK3 $\beta$  and  $\beta$ -catenin, aripiprazole and risperidone also  
323 induced larger alterations in the phosphorylation of CREB1 than that induced by  
324 olanzapine in the NAc. It has been reported that the affinity of aripiprazole and  
325 risperidone for D<sub>2</sub>Rs is higher than that of olanzapine (Correll, 2010). Therefore, the  
326 stronger influences induced by aripiprazole and risperidone on CREB1 is very likely to  
327 be caused by their higher affinity for D<sub>2</sub>Rs. However, the signalling pathway(s) through  
328 which D<sub>2</sub>Rs regulate CREB1 requires further exploration.

329 It has been revealed that extensive communication occurs between CREB1 and GSK3 $\beta$   
330 (Lonze and Ginty, 2002). Consistent with the findings of our previous study in adult rats  
331 (Pan et al., 2016b), the data of the present study revealed a positive correlation between  
332 the phosphorylation level of GSK3 $\beta$  and that of CREB1 in the NAc. The phenomenon  
333 that CREB1 activity can be enhanced by inhibition of GSK3 $\beta$  was observed in both *in*  
334 *vitro* and *in vivo* studies (Liang and Chuang, 2006; Park et al., 2011). Moreover, it has  
335 been revealed that patients with novel variants in the CREB1 gene experienced positive  
336 symptoms of schizophrenia (Kawanishi et al., 1999). Therefore, taken together, it is  
337 suggested that activation of CREB1 via inhibition of the function of GSK3 $\beta$  in the NAc is  
338 very likely to be associated with the actions of antipsychotics in both juveniles and

339 adults. Considering the extent of the alterations in GSK3 $\beta$  and CREB1 caused by these  
340 antipsychotics, it is also suggested that the activation of CREB1 via inhibiting GSK3 $\beta$   
341 functions is likely to be associated with the levels of the binding affinity for D<sub>2</sub>Rs of  
342 antipsychotics.

343 *Antipsychotics might modulate NMDA receptor subunits via GSK3 $\beta$ - $\beta$ -*  
344 *catenin and/or CREB1 signalling*

345 It has been widely accepted that abnormal NMDAR neurotransmission is associated with  
346 many types of mental disorders, including schizophrenia, depression, bipolar disorder,  
347 and autism (Yamamoto et al., 2015). Previous studies showed that antipsychotic drug  
348 administration (e.g. clozapine and aripiprazole) elevated the NMDAR binding density  
349 and expression of protein and mRNA of NMDAR subunits in various brain regions of  
350 adult rats, including the NAc, hippocampus, and cortex (Pan et al., 2016b; Schmitt et al.,  
351 2003). The present study demonstrated that both aripiprazole and olanzapine  
352 administration for 20 days were able to raise the expression levels of NMDA NR1 and  
353 NR2A subunits in the NAc of juvenile rats. Therefore, elevating NDMAR expression is  
354 very likely to be a shared action of antipsychotics in both juvenile and adult rats.

355 It should be noted that antipsychotics do not directly bind with NMDARs. Thus, it is  
356 possible that antipsychotics modulate NMDARs via D<sub>2</sub>R-mediated signalling pathways.  
357 Previous evidence has revealed the association between GSK3 $\beta$ - $\beta$ -catenin signalling and  
358 the activity of NMDARs (Saiepour et al., 2017; Singh et al., 2017; Wu et al., 2016; Wan  
359 et al., 2012; Mills et al., 2014; Sanges et al., 2013). In the current study, we found that the  
360 expression of NMDA NR1 subunit was positively correlated with the phosphorylation

361 level of  $\beta$ -catenin in the NAc after antipsychotic treatment (Figure 5(c)). Thus, taken  
362 together with previous studies, our finding further proposes a potential regulation by  
363 antipsychotics of NMDARs via GSK3 $\beta$ - $\beta$ -catenin signalling through the D<sub>2</sub>R (Figure 6).

364 It is also worth noting that antipsychotics might regulate NMDARs via CREB1, as has  
365 been reported by several previous studies (Mavrikaki et al., 2014; Yuan et al., 2010;  
366 Snyder and Gao, 2013). The present study has shown that the NMDA NR1 expression  
367 was positively correlated with the CREB1 phosphorylation in the NAc, further  
368 confirming the relationship between CREB1 and NMDARs. Taken together with  
369 previous evidence (Lonze and Ginty, 2002), it has been suggested that antipsychotics  
370 might modulation NMDARs via PKA-CREB1 signalling (Figure 6). However, exact  
371 evidence is still required.

#### 372 *Modulations of antipsychotics on the GABA<sub>A</sub> ( $\beta$ -1) receptor*

373 The GABA<sub>A</sub> receptor has also been widely reported to be involved in various mental  
374 disorders in children/adolescents, such as schizophrenia, depression, bipolar disorder, and  
375 autism (Rudolph and Mohler, 2014; Chiapponi et al., 2016), while antipsychotics can  
376 regulate GABA<sub>A</sub> receptors. For example, 1-week treatment with both haloperidol and  
377 olanzapine increased the binding density of GABA<sub>A</sub> receptors in the prefrontal cortex of  
378 adult rats (Skilbeck et al., 2007). A 6-month clozapine administration reduced the  
379 bindings of GABA<sub>A</sub> receptors in the anterior cingulate and infralimbic cortex of adult rats  
380 (Zink et al., 2004). Our previous studies have found that the expression of GABA<sub>A</sub>  
381 receptors was elevated by both 1-week and 10-week aripiprazole administration in the  
382 NAc of adult rats (Pan et al., 2016c; Pan et al., 2016b). In this study on juvenile rats, both

383 aripiprazole and olanzapine administration were able to elevate GABA<sub>A</sub> receptor  
384 expression, which were generally consistent with the results of previous studies (Skilbeck  
385 et al., 2007; Zink et al., 2004; Pan et al., 2016c; Pan et al., 2016b), suggesting that the  
386 modulation of antipsychotics (at least aripiprazole) on GABA<sub>A</sub> (β-1) receptors are similar  
387 in both youths and adults.

388 Like NMDARs, although antipsychotics can impact GABA<sub>A</sub> receptors, they do not  
389 directly interact with these receptors. Previous studies pointed out that GABA<sub>A</sub> receptors  
390 can be regulated by the D<sub>2</sub>R-downstream PKA signalling pathway (Poisbeau et al., 1999;  
391 Connelly et al., 2013). Our previous studies revealed that 1-week antipsychotic treatment  
392 modulated both the PKA phosphorylation levels and the expression of GABA<sub>A</sub> receptors  
393 in the NAc (Pan et al., 2016c), whereas 10-week antipsychotic treatment affected  
394 GABA<sub>A</sub> receptor expression only (Pan et al., 2016b). The results of the current study in  
395 which animals were treated for 3 weeks were similar as those of the 10-week *in vivo*  
396 study in adult rats (Pan et al., 2016b). It seems that antipsychotics alter PKA in a time-  
397 dependent manner (Figure 6), probably due to adaptive changes in dopamine D<sub>2</sub> receptors  
398 after a relatively long period (more than 1 week) of treatment, which however needs  
399 further validation.

#### 400 *The brain-regional differences of the modulations of antipsychotics*

401 In the present study, the antipsychotics had very limited affections in the CPu in  
402 comparison with those in the NAc, indicating brain-regional differences of the  
403 modulations of antipsychotics in juvenile rats. This phenomenon is generally consistent  
404 with that in adult animals in our previous studies (Pan et al., 2016a; Pan et al., 2016b).

405 The exact reason for these differences in these two brain regions (NAc and CPu) remains  
406 unclear. It is possible that these differences might be caused by the heterogeneous  
407 structures of these brain regions that possess different neural inputs and outputs  
408 connected with various brain regions (Yager et al., 2015). For example, the NAc and CPu  
409 receive dopaminergic inputs from different brain areas – the ventral tegmental area and  
410 substantia nigra pars, respectively; in addition, outputs of NAc connect with the limbic  
411 areas and prefrontal cortex, while neurons in the CPu project to neocortical areas (Yager  
412 et al., 2015).

#### 413 *Notes of intrinsic activity of the three antipsychotics for D<sub>2</sub>Rs*

414 In the present study, the three agents have different intrinsic activities for D<sub>2</sub>Rs. As a D<sub>2</sub>R  
415 partial agonist, the intrinsic activity of aripiprazole for D<sub>2</sub>R is lower than that of  
416 endogenous dopamine. Thus, when aripiprazole competes with endogenous dopamine to  
417 bind with D<sub>2</sub>Rs in normal animals, the overall activation of D<sub>2</sub>Rs could be weaker than  
418 that caused by endogenous dopamine solely, thereby showing antagonistic effects on  
419 D<sub>2</sub>Rs. Therefore, in the present study, aripiprazole displayed antagonistic effects on D<sub>2</sub>Rs  
420 as haloperidol.

421 In our previous studies (Pan et al., 2016; Pan et al., 2016b; Pan et al., 2016c), we found  
422 that bifeprunox, a potent D<sub>2</sub>R partial agonist, also exerted certain antagonistic effects on  
423 D<sub>2</sub>Rs instead of agonistic effects in healthy animals. However, the intrinsic activity of  
424 bifeprunox is higher than that of aripiprazole, thereby, the observed antagonistic effects  
425 of bifeprunox were relatively weaker.

426

427 **Conclusion**

428 In conclusion, the present study investigated the modulations of aripiprazole, olanzapine,  
429 and risperidone on various signalling pathways in the NAc and CPu of juvenile rats,  
430 revealing that these antipsychotics share some common effects on these signalling  
431 pathways, but differential modulations of these antipsychotics also existed. Furthermore,  
432 this study found that NMDA and GABA<sub>A</sub> receptors can be modulated by these  
433 antipsychotics and revealed possible involvement of GSK3 $\beta$ - $\beta$ -catenin and/or CREB1  
434 pathways in these modulations. Overall, in view of the involvement of NMDA and  
435 GABA<sub>A</sub> receptors in the pathophysiology of various mental disorders, this study suggests  
436 that antipsychotics might exert their therapeutic effects in treating mental disorders by  
437 modulating NMDA and GABA<sub>A</sub> receptors via PKA- and GSK3 $\beta$ -dependent signalling  
438 pathways in childhood-adolescence. The current study has provided *in vivo* evidence at  
439 the molecular level that could be a reference for clinical prescription of childhood  
440 schizophrenia, further studies, however, are still necessary by using juvenile animal  
441 disease models (such as bipolar disorder, autism, schizophrenia, etc.) to investigate how  
442 antipsychotics impact behaviours and reverse deficits of animals via these signalling  
443 pathways, as well as to examine direct regulations of antipsychotics on genes and protein  
444 expression of downstream targets.

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449 **Funding**

450 This work was supported by the National Health and Medical Research Council  
451 (APP1104184), Australia to Chao Deng and Jiamei Lian. Bo Pan was supported by the  
452 Natural Science Foundation of the Higher Education Institutions of Jiangsu Province,  
453 China (17KJB310018), the China Postdoctoral Science Foundation (2018M632401), and  
454 the Natural Science Foundation of Jiangsu Province of China (BK20171290). Jiamei Lian  
455 was also supported by a National Health and Medical Research Council Early Career  
456 Fellowship (APP1125937). The funding organisation did not play a role in the design and  
457 conduct of the study, in data interpretation or paper writing.

458 **Declaration of conflicting interests**

459 None of the authors has a conflict of interest.

460

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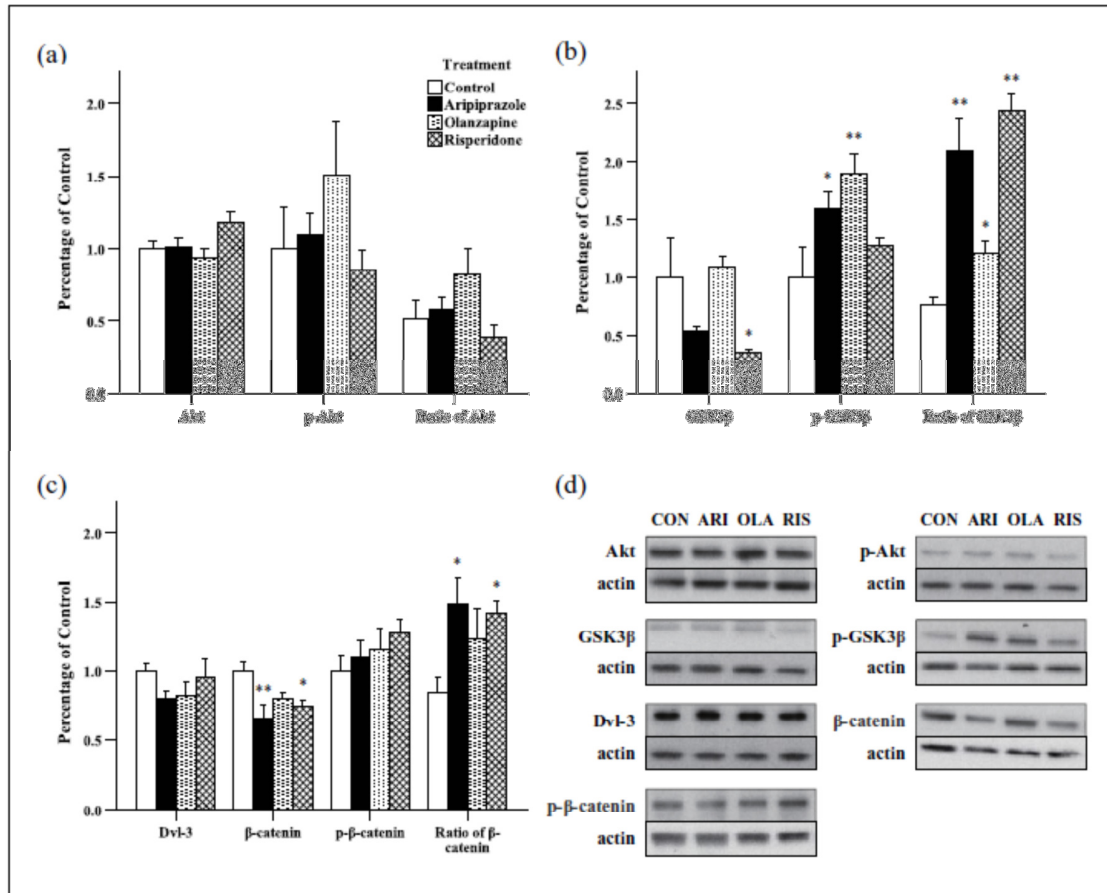
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**Table 1.** Summary of the effects of three antipsychotics in the nucleus accumbens (NAc) and caudate putamen (CPu) of juvenile rats.

<b>Effects of antipsychotics in NAc</b>	
<b>Aripiprazole</b>	p-GSK3 $\beta$ ↑, Ratio of GSK3 $\beta$ ↑; $\beta$ -catenin↓, Ratio of $\beta$ -catenin↑; p-CREB↑, Ratio of CREB↑; NMDA NR1↑, NMDA NR2A↑; GABA $_A$ $\beta$ -1↑
<b>Olanzapine</b>	p-GSK3 $\beta$ ↑, Ratio of GSK3 $\beta$ ↑; NMDA NR1↑, NMDA NR2A↑
<b>Risperidone</b>	GSK3 $\beta$ ↓, Ratio of GSK3 $\beta$ ↑; $\beta$ -catenin↓, Ratio of $\beta$ -catenin↑; p-CREB↑, Ratio of CREB↑; NMDA NR1↑
<b>Effects of antipsychotics in CPu</b>	
<b>Aripiprazole</b>	GABA $_A$ $\beta$ -1↑
<b>Olanzapine</b>	GABA $_A$ $\beta$ -1↑
<b>Risperidone</b>	$\beta$ -catenin↑, Ratio of $\beta$ -catenin↑

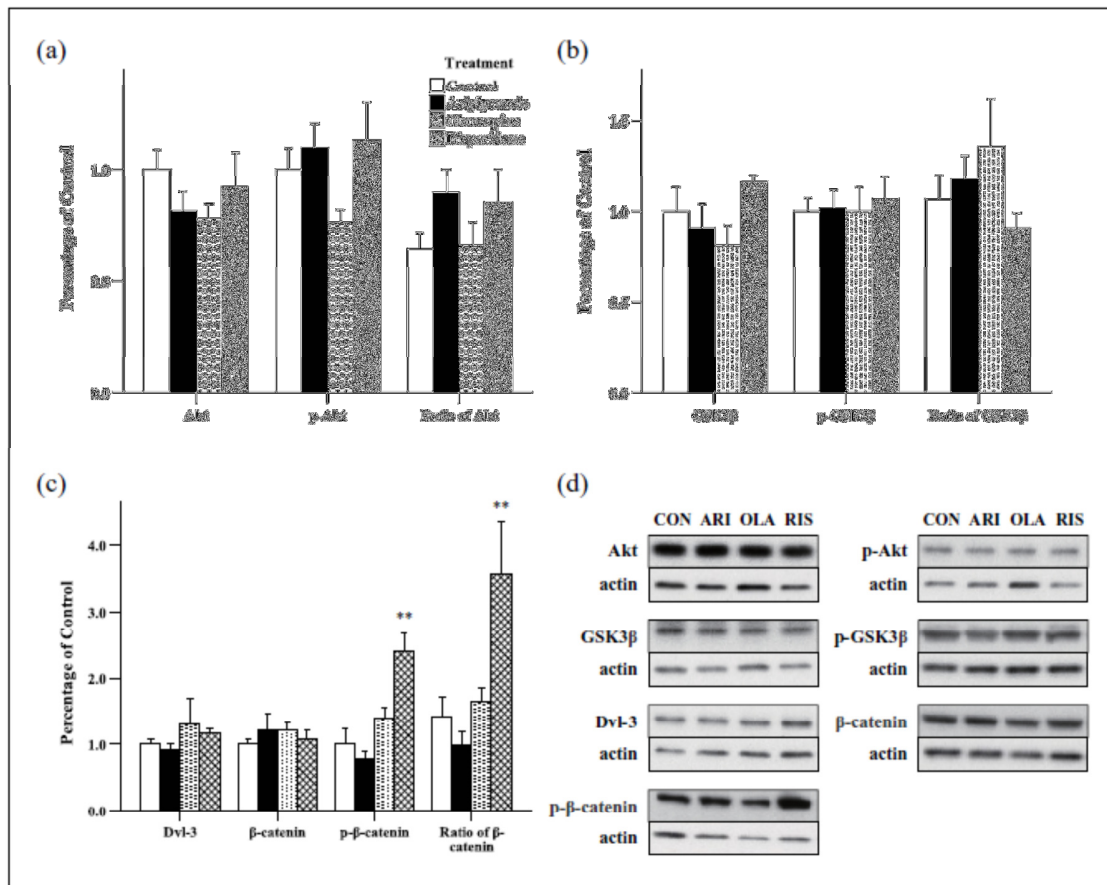
CREB: cAMP-responsive element-binding protein; GABA:  $\gamma$ -aminobutyric acid; GSK3 $\beta$ : glycogen synthase kinase 3 beta; NMDA: N-methyl-D-aspartate.

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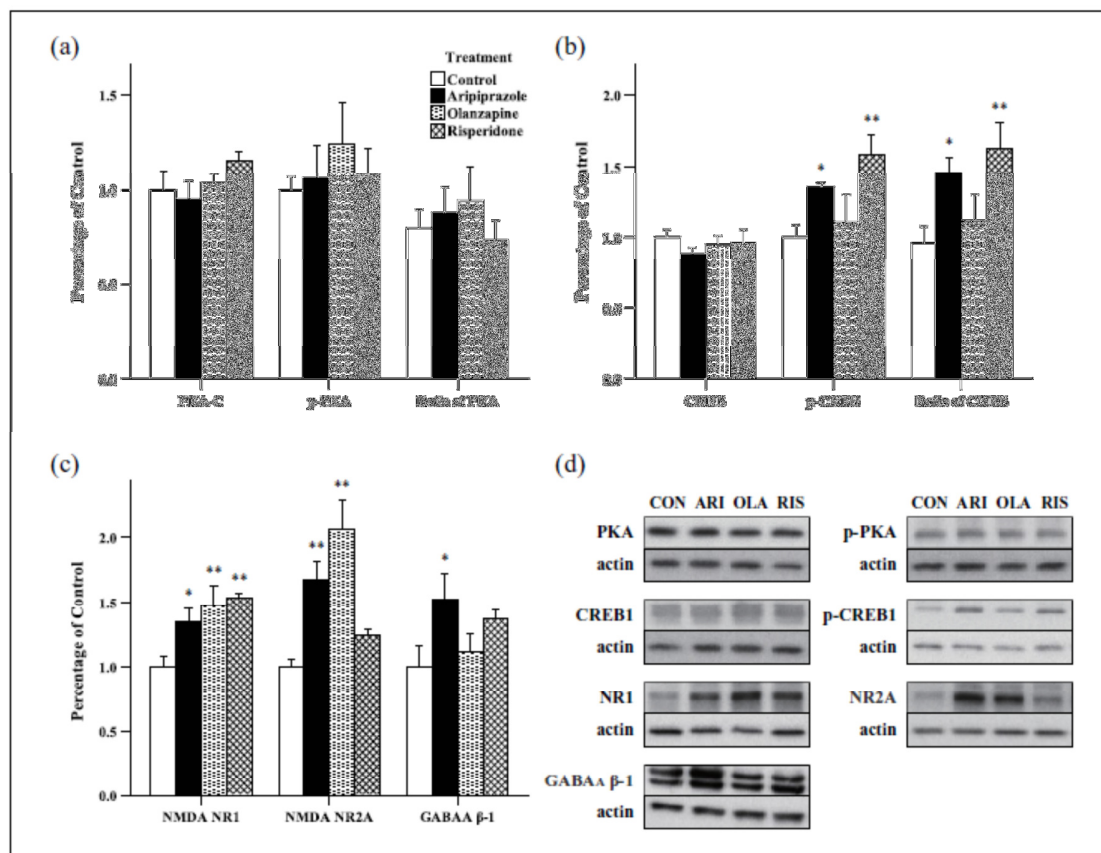
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661 **Figure 1. Effects of three antipsychotics on Akt, GSK3β, Dvl-3 and β-catenin in the**  
 662 **nucleus accumbens.** The effects of aripiprazole (ARI), olanzapine (OLA) and  
 663 risperidone (RIS) on Akt (a), GSK3β (b), Dvl-3 and β-catenin (c) were measured in the  
 664 nucleus accumbens. The representative bands of Western blot are shown in (d). Akt was  
 665 quantified at 60kDa; p-Akt (Thr308) was quantified at 60kDa; GSK3β was quantified at  
 666 46kDa; p-GSK3β (Ser9) was quantified at 46kDa; Dvl-3 was quantified at 85kDa; β-  
 667 catenin was quantified at 92kDa; p-β-catenin was quantified at 92kDa. The data were  
 668 normalised by taking the average value of the control group as 100% and expressed as  
 669 mean ± S.E.M. (\*  $p \leq 0.05$ , \*\*  $p < 0.01$  versus the control)



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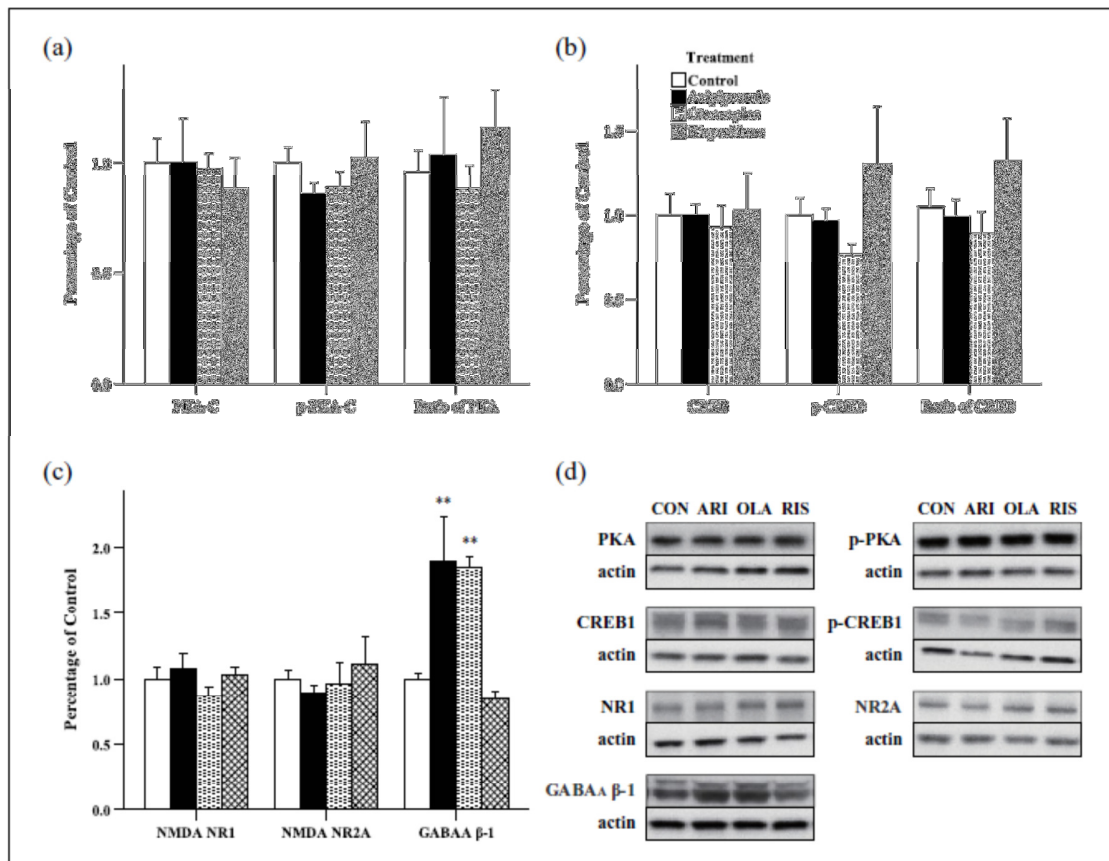
671 **Figure 2. Effects of three antipsychotics on Akt, GSK3β, Dvl-3 and β-catenin in the**  
 672 **caudate putamen.** The effects of aripiprazole (ARI), olanzapine (OLA) and risperidone  
 673 (RIS) on Akt (a), GSK3β (b), Dvl-3 and β-catenin (c) were measured in the caudate  
 674 putamen. The representative bands of Western blot are shown in (d). Akt was quantified  
 675 at 60kDa; p-Akt (Thr308) was quantified at 60kDa; GSK3β was quantified at 46kDa; p-  
 676 GSK3β (Ser9) was quantified at 46kDa; Dvl-3 was quantified at 85kDa; β-catenin was  
 677 quantified at 92kDa; p-β-catenin was quantified at 92kDa. The data were normalised by  
 678 taking the average value of the control group as 100% and expressed as mean ± S.E.M. (\*  
 679  $p \leq 0.05$ , \*\*  $p < 0.01$  versus the control)



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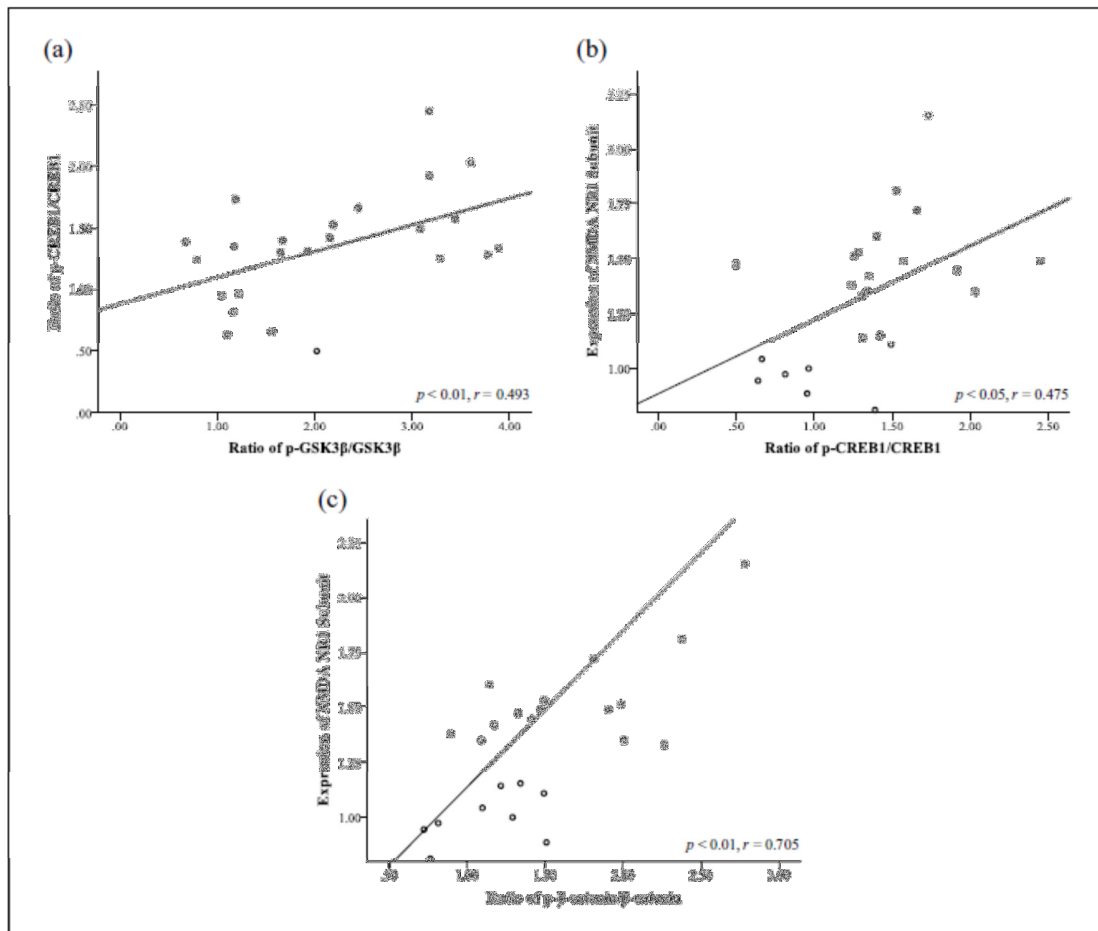
681 **Figure 3. Effects of three antipsychotics on PKA-C, CREB1, NMDA NR1, NR2A**  
 682 **and GABA<sub>A</sub> β-1 receptors in the nucleus accumbens.** The effects of aripiprazole  
 683 (ARI), olanzapine (OLA) and risperidone (RIS) on PKA-C (a), CREB1 (b), NMDA NR1  
 684 and NR2A (c) and GABA<sub>A</sub> β-1 receptor (c) were measured in the nucleus accumbens.  
 685 The representative bands of Western blot are shown in (d). PKA-C was quantified at  
 686 42kDa; p-PKA-C (Thr197) was quantified at 42kDa; CREB1 was quantified at 40kDa; p-  
 687 CREB1 was quantified at 37kDa; NMDA NR1 subunit was quantified at 105kDa; NMDA  
 688 NR2A subunit was quantified at 165kDa; and GABA<sub>A</sub> β-1 receptors were quantified at  
 689 54kDa. The data were normalised by taking the average value of the control group as  
 690 100% and expressed as mean ± S.E.M. (\* p ≤ 0.05, \*\* p < 0.01 versus the control)





691

692 **Figure 4. Effects of three antipsychotics on PKA-C, CREB1, NMDA NR1, NR2A**  
 693 **and GABA<sub>A</sub> β-1 receptors in the caudate putamen.** The effects of aripiprazole (ARI),  
 694 olanzapine (OLA) and risperidone (RIS) on PKA-C (a), CREB1 (b), NMDA NR1 and  
 695 NR2A (c) and GABA<sub>A</sub> β-1 receptor (c) were measured in the caudate putamen. The  
 696 representative bands of Western blot are shown in (d). PKA-C was quantified at 42kDa;  
 697 p-PKA-C (Thr197) was quantified at 42kDa; CREB1 was quantified at 40kDa; p-CREB1  
 698 was quantified at 37kDa; NMDA NR1 subunit was quantified at 105kDa; NMDA NR2A  
 699 subunit was quantified at 165kDa; and GABA<sub>A</sub> β-1 receptors were quantified at 54kDa.  
 700 The data were normalised by taking the average value of the control group as 100% and  
 701 expressed as mean ± S.E.M. (\* p ≤ 0.05, \*\* p < 0.01 versus the control)

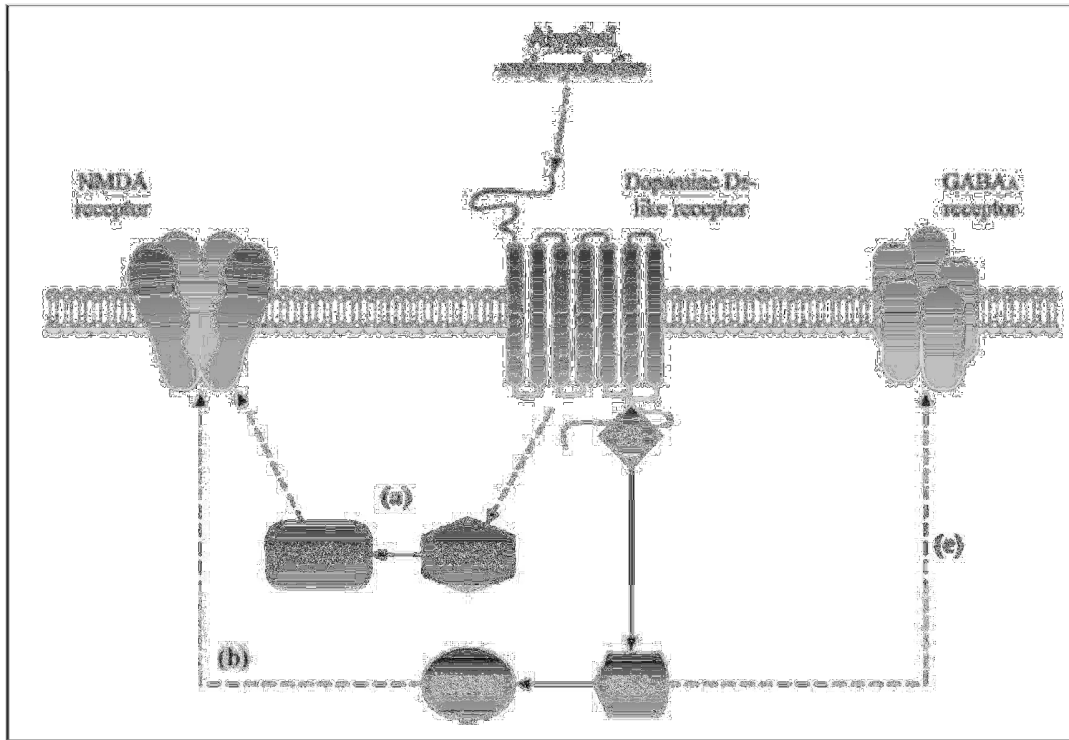


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703 **Figure 5. Correlations between the ratio of p-GSK3β/GSK3β and the ratio of p-**  
 704 **CREB1/CREB1, the ratio of p-β-catenin/β-catenin and the expression of NMDA**  
 705 **NR1 subunit, and the ratio of p-CREB1/CREB1 and the expression of NMDA NR1**  
 706 **subunit in the nucleus accumbens.** The ratio of p-CREB1/CREB1 was positively  
 707 correlated with the ratio of p-GSK3β/GSK3β (a); the expression of NMDA NR1 subunit  
 708 was positively correlated with the ratio of p-β-catenin/β-catenin (b), as well as the ratio of  
 709 p-CREB1/CREB1 (c).

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713 **Figure 6. A proposed schematic diagram illustrating the possible signalling**  
 714 **pathways through which antipsychotics affect NMDA and GABA<sub>A</sub> receptors in the**  
 715 **nucleus accumbens.** Antipsychotics bind with the dopamine D<sub>2</sub>-like receptor, probably  
 716 resulting in the phosphorylation of GSK3 $\beta$  and  $\beta$ -catenin, which finally induces the  
 717 elevation in the expression of NMDA receptor subunits (a). Reaction with D<sub>2</sub>-like  
 718 receptors by antipsychotics results in the increase in the expression of NMDA receptors  
 719 probably via the PKA-CREB1 signalling pathway (b). Antipsychotics might modulate  
 720 GABA<sub>A</sub> receptors via PKA signalling in juveniles in a time-dependent manner (c). (The  
 721 dashed arrows indicate our speculative ideas.)

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