

Every Newborn Action Plan Metrics Linked with Ending Preventable Maternal Mortality

# Data Collector Training Programme Module 3:

**Observation: Labour & Delivery** 

#EveryNewborn #Endingstilbirths #maternalhealth







### **Session** Planning

#### Purpose:

Ensure L&D observers know and understand how to conduct themselves, and their work, in accordance with the project guidelines and training handbook.

- Target Audience: Observers & supervisors
- Length of session: Presentation: part i (60 mins) + Activity I (45 mins) Presentation: part ii (75 mins) + Activity J (120 mins)
- Type of session: (classroom / practical)
- Resources / tools required:

Projector, slide deck, training handbook, group exercise sheet, tablets with app installed for at least 50% of participants, L&D section of variable dictionary, marker pens and paper.

## Aims & Learning Outcomes

- To know how to conduct yourself and your work in accordance with the project guidelines and training handbook.
- 2. To be familiar with the logistics of data collection on the L&D ward
- 3. To understand current clinical guidelines for key interventions on L&D.
- 4. To introduce the data collection app and the required data for collection.
- To revise what to do during a life-threatening event where local staff do not take appropriate action.



# PRESENTATION: PART I (60 MINUTES)

#### THE LANCET

## **Recap** on roles and responsibilities

- Identify mothers on the L&D ward who have been assigned for observation by Tracking Officer via the app
- Ensure you are well positioned for observation of the relevant parts of the delivery, including observing the birth, and baby once born
- Have a thorough understanding of the L&D ward observation tool and how to enter data on the app, including how to observe and enter data on mother and baby simultaneously, and how to switch between mothers if observing two women at similar time
- Ensure the information on the baby eg resuscitation procedures are observed and the outcome documented in the app.

# Interaction with mothers and health care workers



- Mothers should be aware as little as possible of your presence
- If family members are present they too should not be inconvenienced by your presence
- Do not communicate at any time with the mother or family members



- Health care staff should be able to attend to the delivery exactly as they would if you were not there
- Health care staff should not have to ask you to move or reposition your self- please think of this before they do!
- Do not communicate with the midwife or health care worker attending the mother. The only exception is in the case of a clinical incident, as detailed in another module

## Logistics of data collection

#### **Golden Rules:**

- Do not talk to or ask questions of the mother/ family members/ health care workers on the KMC ward
- If you did not observe the information then enter "don't know" in to the app, DO NOT try and collect it from elsewhere (e.g. looking at the notes/register or asking the mother/health care worker)
- If a mother/family member/ health care worker tries to talk to you about anything to do with the study you should reply with "I am sorry I am not able to discuss any further" and refer them to your supervisor for further details

## Logistics of data collection

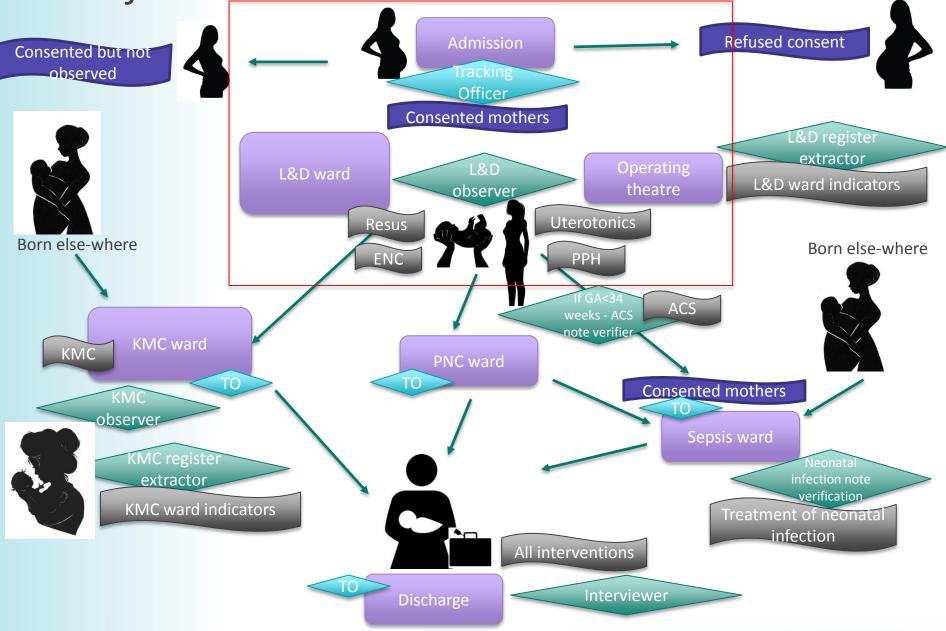


If possible replace with photos from the study LD ward/OT



Space will be limited! Know the data collection app well so you are aware of what and when you need to observe so you can be well positioned

#### Data flow and location



### Data to be collected

- You will be collecting data through labour, birth, and the immediate postpartum period
- Observation will commence from admission to labour and delivery ward/operating theatre and conclude when mother and baby are discharged to a different ward
- You do not need to be present the entire first stage. It is good practise to check in on the mother every <u>15 minutes</u> to ensure you are aware of the stage of progression of the labour and do not miss any periods during which you should be collecting data.
- If you are observing more than one woman at a time it is important that you are aware of the progression of each woman's labour, ensuring that you are present to collect the following data

### Data to be collected

Data to be collected on the L&D fall in to five different groups which are reflected in the 5 different tabs on the app.

- 1. L&D 1<sup>st</sup> & 2<sup>nd</sup> stage
- 2. Newborn
- 3. Resuscitation
- 4. 3<sup>rd</sup> stage & PPH
- 5. L&D Discharge & Outcome

You may move between tabs as required.





Every Newborn Action Plan Metrics Linked with Ending Preventable Maternal Mortality

Clinical Update for Third Stage of Labour & Neonatal Resuscitation. Labour and Delivery Observations

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## Aims & Structure of this session

#### To revise current clinical practise for key labour and delivery interventions:

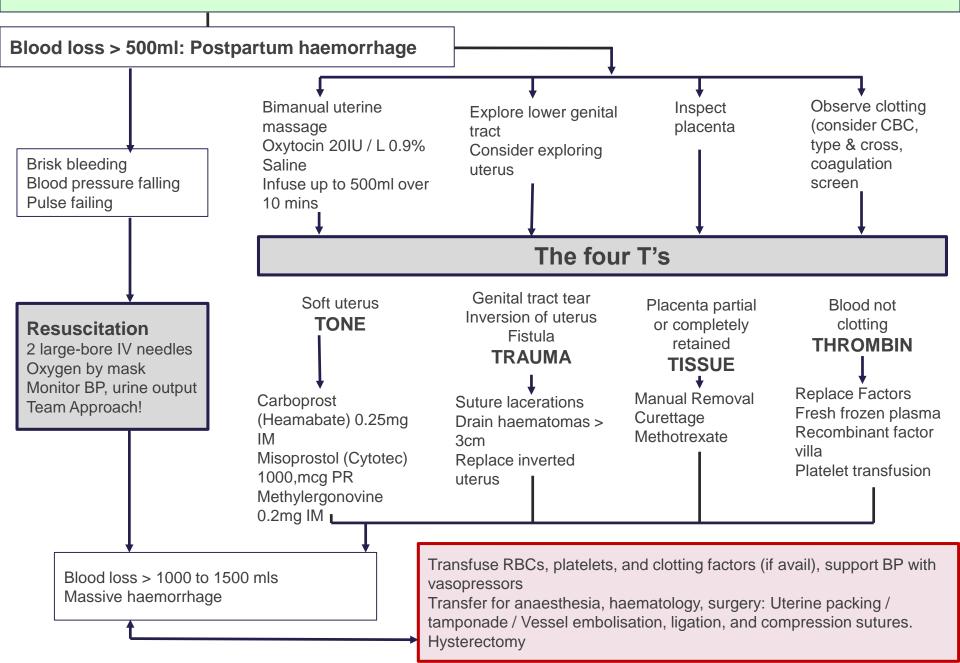
- **1**. Third stage of labour
  - *Routine administration of uterotonic*
  - Management of postpartum haemorrhage
  - Manual Removal of Placenta (to treat PPH)
- 2. Neonatal Resuscitation
  - Helping Babies Breathe
  - Correct size and position of mask
  - Correct Position of newborn head



# 1. THIRD STAGE OF LABOUR

#### Active management of the third stage of labour

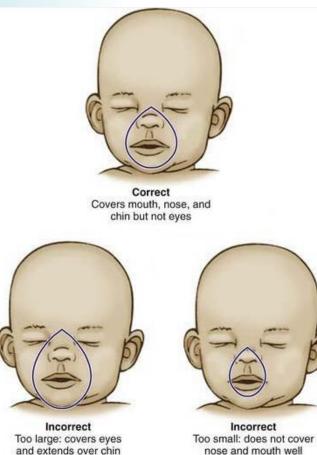
Oxytocin administered with or following delivery. Controlled cord traction. Uterine massage after delivery of placenta

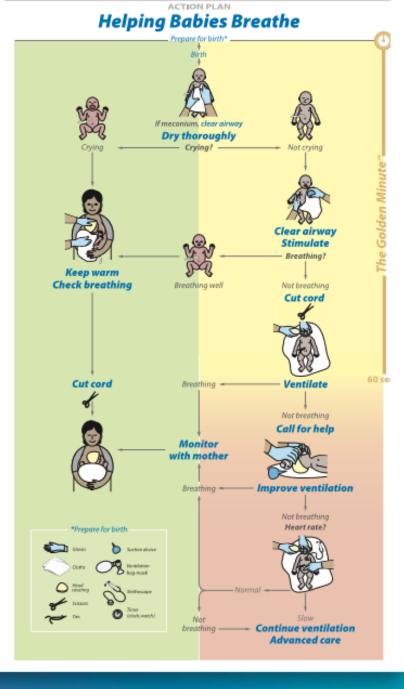


# 2. NEONATAL RESUSCITATION

#### **Neonatal Resuscitation**

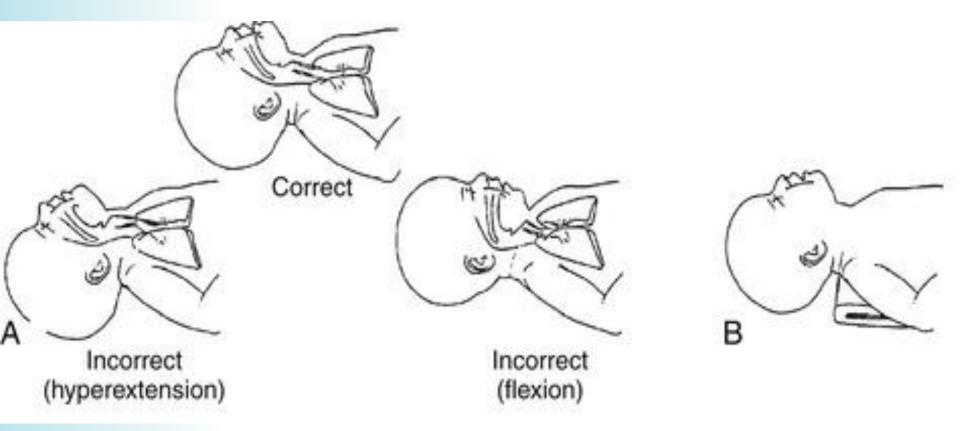
As per observation checklist.Correct size and mask position:





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### **Correct Positioning of the Head**



# **ACTIVITY I: Review of observation checklist and discussion on key clinical issues**

Handout: Variable Dictionary (in App or print out)

**Objective:** To allow L&D observers to review the variable dictionary and identify and discuss any clinical procedures that are different from their current routine practise.

Time: 45 minutes

#### **Instructions:**

Please split into groups of 3-4 people and review the Variable Dictionary. Please identify and discuss: Any areas of practise that differ from your own Any questions Any clinical content you are unsure of Possible solutions for any issues you think may arise

# PRESENTATION: PART II (75 MINUTES)

#### THE LANCET

# Content and flow of L&D app

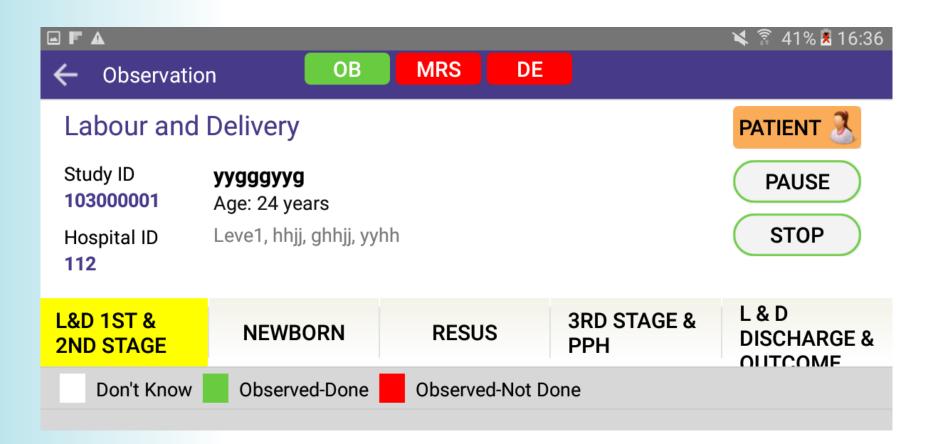
#### **Identifying the woman for observation**

To identify the mother and make sure you select the correct mother from the list for observation you should match the mother and the entry on the app by the following information:

- Mother's name/s
- Mothers address
- Mother's date of birth (age)

Click on the study ID of the woman from the list of women you are allocated for observation.

| <ul><li>■ ■ ▲</li><li>← Registrati</li></ul> | on (Total: 2)   | REFRESH     | ASSIGN | 🗙 🗊 41% 🕺 16:37                 |
|--|---|-------------|--------|---------------------------------|
|  | Lal   | oour and De | livery |                                 |
| Study Id/Na                                  | ame/Phone/Hospital  | ID 😌        | SEARCH |                                 |
| Study ID<br>103000002<br>Hospital ID<br>999  | <b>holly</b><br>Age: 11 years<br>KUSHTIA, bubugy, go        | ga aaaaa    |        | L & D<br>OB<br>MRS<br>DE<br>ACS |
| Study ID<br>103000001<br>Hospital ID<br>112  | <b>yygggyyg</b><br>Age: 24 years<br>Leve1, hhjj, ghhjj, yyh | h           |        | L & D<br>OB<br>MRS<br>DE        |



| L&D 1ST & NEWBORN RES           |              | SUS               | 3RD STAGE<br>PPH | L & D<br>DISCHARGE &<br>OUTCOME |                                   |  |
|---------------------------------|--------------|-------------------|------------------|---------------------------------|-----------------------------------|--|
| Don't Know 🚺 Observed-Done 📕 Ob |              |                   | rved-Not D       | one                             |                                   |  |
| *Observation Start              |              | Observation Place |                  | on Place (Other)                | Oxytocin Given Before<br>Delivery |  |
| Fetal HS Check 1                | Fetal HS C   | Fetal HS Check 2  |                  | HS Check 3                      | Fetal HS Check 4                  |  |
| Partograph 1                    | Partogra     | Partograph 2      |                  | tograph 3                       | Partograph 4                      |  |
| *2nd Stage Start                | Liquor C     | Liquor Check      |                  | uor Type                        | Liquor Smell Type                 |  |
| Mode of                         | Ŧ            |                   | Mode of De       | elivery (final)                 |                                   |  |
| *Decision CS                    | *Conser      | nt CS             | *1s              | t Incision                      | Indication- Foetal Distress       |  |
| Indication- Failure La<br>Prog  | b Indication | n- APH<br>▼       | Indication       | - Hypertension                  | Indication- Other (Specify)       |  |
| Number of Birth                 |              |                   |                  |                                 |                                   |  |

| L&D 1ST &<br>2ND STAGE               | N   | EWBORN             | RES                | SUS 3RD STAGE<br>PPH |                | & | L & D<br>DISCHARGE &<br>OUTCOME |  |
|--------------------------------------|-----|--------------------|--------------------|----------------------|----------------|---|---------------------------------|--|
| Don't Know                           | 0   | oserved-Done       | Obser              | rved-Not Done        |                |   |                                 |  |
| Child Serial 🧿                       | One |                    |                    |                      |                |   |                                 |  |
| *Baby Delivered                      |     | Place of Birth     |                    | Mode of Birth        |                | 0 | Outcome at Birth                |  |
| Sex                                  | •   | *Baby (            | Cry                | *Bal                 | by Breath      | I | Baby HR Check                   |  |
| Cord Clump or Tie                    |     | *Cord (            | Cut                | *Cord Apply          |                | C | Cord Apply Type                 |  |
| *Baby Dry                            |     | *Baby Skin to Skin |                    | *Baby Wrap           |                | E | Baby Wrap Type                  |  |
| *Breast Feeding Birthweight Measured |     | Baby We            | eighing Scale<br>T |                      | Weight in Gram |   |                                 |  |

| L&D 1ST &<br>2ND STAGE            | NEWBORN                        | RES    | SUS       | 3RD STAGE     | X                   | L & D<br>DISCHARGE &<br>OUTCOME |  |  |
|-----------------------------------|--------------------------------|--------|-----------|---------------|---------------------|---------------------------------|--|--|
| Don't Know                        | ved-Not D                      | one    |           |               |                     |                                 |  |  |
| Child Serial 💿 One                |                                |        |           |               |                     |                                 |  |  |
| *Resus Start                      | Provider Call for Help         |        |           |               |                     |                                 |  |  |
| Stimulat                          | Stimulation Done               |        |           |               | Stimulation Outcome |                                 |  |  |
| MTN                               | MTN Check                      |        |           |               | MTN Check Outcome   |                                 |  |  |
| Suctio                            | Suction Done                   |        |           |               | Suc                 | ction Outcome                   |  |  |
| Bag & Mask Iniitiated             | Mask Position                  |        | Ma        | ask Size      | н                   | ead Position                    |  |  |
| *Bag Mask Inflation Start<br>(R1) | Bag Mask Inflation End<br>(R1) |        | Brea      | ths # (R1)    | Breath<br>          | s Per Minute (R1)               |  |  |
| Check Chest Movement              | Head Reposition                |        | Check     | Heart Beat    | Bag                 | Mask Outcome                    |  |  |
| Oxygen Given                      | Endotracheal Intubation        |        | Chest C   | Compression   | Additional Resus    |                                 |  |  |
| Drug 1                            | Туре 1                         | l<br>L | [         | Drug 2        |                     | Type 2                          |  |  |
| *Resus Stop                       | Number Involved                |        | Counsel I | Mother/Family | Resu                | s Outcome Final                 |  |  |

| L&D 1ST &<br>2ND STAGE                           | NEWBORN                             | RES   | SUS                               | 3RD STAGE<br>PPH                | &                      | L & D<br>DISCHARGE &<br>OUTCOME |  |
|--|-------------------------------------|---|-----------------------------------|---------------------------------|------------------------|---------------------------------|--|
| Don't Know                                       | Obser                               | ved-Not D                                     | one                               |                                 |                        |                                 |  |
| *Uterotonic Gi                                   |                                     | Туре  | Route                             |                                 |                        |                                 |  |
| *Placenta Delivered                              | Placenta Checked                    |   | Bleeding after Delivery           |                                 | Provider Call for Help |                                 |  |
| Counsel Mother                                   | *Uterotonic Giv                     | en for PPH                                    | Uterc                             | otonic Type                     | Uterotonic Route       |                                 |  |
| Check for Tears                                  | Catheter Established<br>Before PPH  |   | Catheter Established<br>After PPH |                                 | Urine Output Monitor   |                                 |  |
| IV Channel Established<br>Before PPH             | IV Channel Established<br>After PPH |   | Vital Sign Monitor                |                                 |                        |                                 |  |
| Blood Grouping and Cros<br>Matching Already Done |                                     | Blood Sent for Grouping<br>and Cross Matching |                                   | *Blood Transfusion<br>Requested |                        | *Blood Transfusion<br>Started   |  |
| Bimanual Compression                             | Antibiotic                          | Antibiotic Given                              |                                   | Antibiotic Type                 |                        | Antibiotic Route                |  |
| Analge   | sia Given                           |   | Analgesia Type                    |                                 | Analgesia Route        |                                 |  |
| Manual Removal of<br>Placenta (MRP)              | Hand Washing                        | for MRP                                       | Sterile Gloves for MRP            |                                 | Ва                     | alloon Tamponade                |  |
| NASG   | PPH Management Stop                 |   | Numb                              | er Involved                     | P                      | PH Management<br>Outcome        |  |

|     | 0 1ST &<br>0 STAGE                        | NEWBORN              | RESUS  | 3RD STAGE &<br>PPH | L & D<br>DISCHARGE &<br>OUTCOME |
|-----|---|----------------------|--|--------------------|---------------------------------|
| 1.  | Mothers cc                                | ndition at discharge | <ul><li>○ Alive</li><li>○ Dead</li><li>○ Mother n</li></ul>            |                    |                                 |
| Fir | nal status of t                           | his observation      |  |                    |                                 |
| 6.  | 6. What is the status of the observation? |                      | <ul> <li>Complete</li> <li>Partially in</li> <li>Totally in</li> </ul> | ncomplete          |                                 |
| 8.  | Do you war<br>incident?                   | nt to report any     | ○ Yes ○ No   |                    |                                 |

#### SAVE -> CONTINUE

## **Content and Flow of the Checklist**

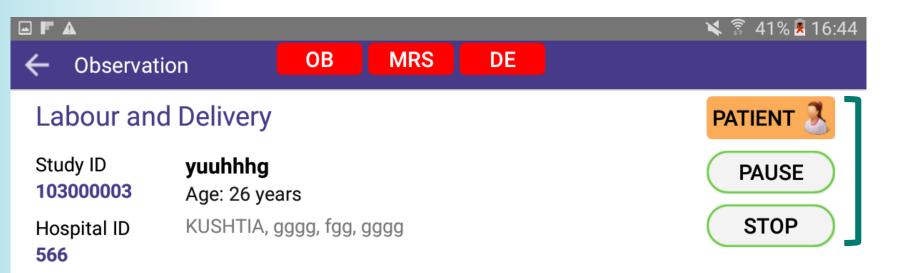
| Final status of this observation  |
|---|
| 11. What is the status of the observation?       O Complete         Image: Observation of the observation?       Image: Observation of the observatio observatio observatio observation of the observation o |
| <ul> <li>12. Why partially incomplete or totally O Provider related incomplete?</li> <li>Observer related</li> <li>Tab or App related</li> </ul>  |
| Please mention baby seriously ill   |
| 13. Do you want to report any<br>incident? ● Yes ○ No   |
| If yes, then what is the malpractice by HCW incident?   |
| 14. Write down the serial number of the incident form.  |
| SAVE -> CONTINUE  |

## Content and flow of L&D app

#### **Observing simultaneously occurring events**

- For example a mother experiencing a PPH while her baby is being resuscitated
- This will occur rarely
- When it does occur:
- 1. Alert your supervisor to the situation and ask them to help you with the observation
- 2. If the supervisor is not available for the observation they will ask the tracking officer to assign another observer to help you
- 3. You and the second observer should then coordinate between you to ensure that as much of the required observation is carried out
- If you do miss some of the observation you can enter this information the 5<sup>th</sup> tab as well as giving some detail on why it occurred.

# **Content and Flow of the Checklist**



## Summary:

# Life-Threatening Event where no appropriate action is being taken

#### When should I intervene?

During any life threatening scenario where local staff are not taking the appropriate action, or when instructed by a clinical alert.

#### What should I do?

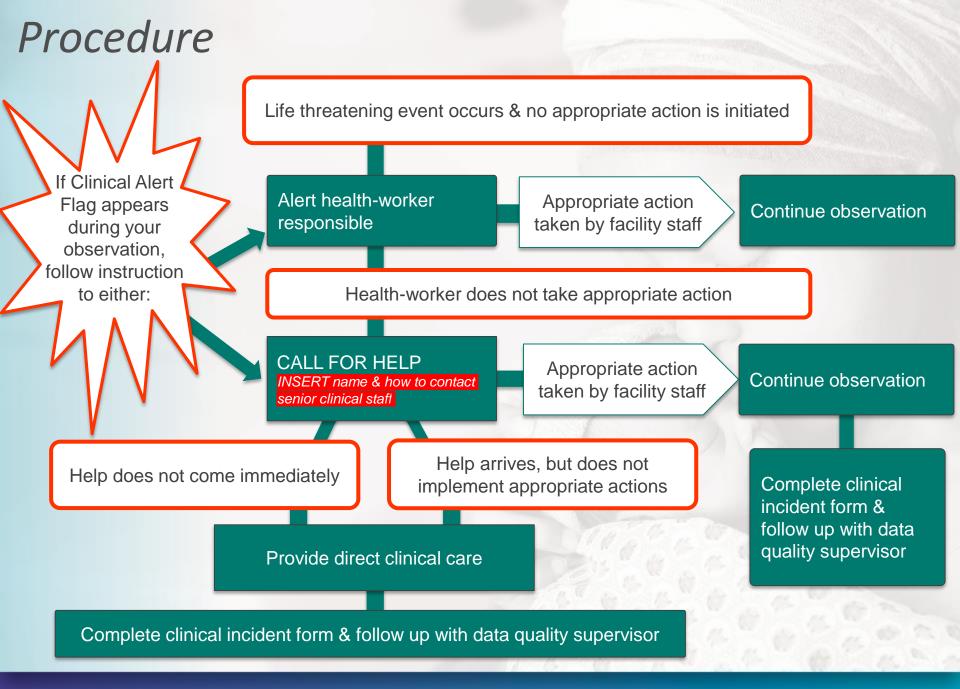
You should follow the procedure algorithm for these events, instructions provided by a clinical alert will direct you to the correct part of the algorithm.

#### What is a clinical incident form?

This is a mandatory form that should be completed with support from your supervisor and in all cases indicated by the procedure algorithm.

#### What next?

Your supervisor will contact the named responsible from hospital management team and ensure they have a copy of the clinical incident form. This form will also be used as part of incident review management at facility, country and international level.



## Activity J: Practise with simulation/video

Handout: Tablets with the L&D checklist open

**Objective:** To give trainees the opportunity to practice completing the L&D checklist on the tablet using observation of either a simulation or video of a birth.

Time: 120 minutes

Trainee Materials: Stop watch and tablet with the L&D checklist open

#### **Instructions:**

Using the L&D checklist on the tablet enter the relevant data from the video/simulation of a birth

After a group discussion shall be help on:

- What was the experience of observing labour and delivery?
- What was the experience of using the tablet to collect data on labour and delivery?
- What was difficult?
- What was easy?
- What would you do differently next time?

# DISCUSSION

