



Building a Village: Developing a Student Parent Support Program

CSUSB – Children's Programs

Overview

- CSUSB history with CCAMPIS
- Student Parents as an at-risk group
- Parent Education with CCAMPIS grant
- A Day in the Life of a Student Parent- Group Activity
- Ways to Support Student Parents
- Types of Parent Education Services at CSUSB
- Parent Education Efforts with and without CCAMPIS
- Trying to better serve our Student Parents
- Conclusion and Q&A

CSUSB History with CCAMPIS

- Implementation
- Impact on campus and ITLS
 - Families served
 - Funding
 - Parent volunteers
- Temporary funding for 17-18

Student Parents - An At-Risk Group

- CSUSB student population
 - 85% receive financial assistance
 - Hispanic Serving Institution
 - 80% first generation college students
 - 25% non-traditional
- General student parent stats
 - <https://iwpr.org/wp-content/uploads/2017/02/C451-5.pdf>

A Day in the Life of a Student Parent

- My name is Angie. I am 23 years old and I have a 3 year old. I am in my 3rd year of college studying History. I can only take classes in the late afternoon because my mom is only free to watch my son during the day before she goes to work and I work during the morning. The day care on campus is full and I can't afford other child care. When I get home from work and school, I feed my son dinner, put him to bed and then I study until midnight. I get up at 5 to make it to school and work on time. I recently heard about a parent group on campus that includes free workshops, but I'm not sure how to fit that in my schedule.

Ways to Support Student Parents

- Adequate access to on-campus child care
- Available and accessible campus resources
- Priority registration
- Peer communities
- Parent education opportunities

Types of Parent Education at Offered at CSUSB

Workshops

- Traditional
- Online (Zoom)
- Saturday

Other Services

- Blackboard
- Lending library
- Individual meetings



Parent Education with CCAMPIS grant



When?	Where?	Topic:
Saturday, January 14	10:00 AM SB-213	What's Most Important in Parenting?
Thursday, January 19	7:00 PM Online	The Importance of Parent Involvement
Tuesday, January 24	11:00 AM SB-402A	Brain Development
Monday, January 30	6:00 PM Online	Discipline Strategies that Work
Saturday, February 11	10:00 AM TBA	Parent-Child Park Play *Bring your child
Wednesday, February 15	3:00 PM SB-402A	Supporting Emotional Development
Monday, February 20	7:00 PM Online	Teaching Body Awareness
Tuesday, February 28	1:00 PM SB-402A	Minimizing Meltdowns
Saturday, March 11	10:00 AM Children's Center	Parent-Child Gross Motor Play *Bring your child
Thursday, March 16	6:00 PM Online	Stress Management

REMINDER: CCAMPIS Parents need to attend at least one Parent Education Workshop.

Contact Rhiannon Ramkissoon at: Rhiannon.Ramkissoon@csusb.edu with questions.



- CCAMPIS Parent education requirements
 - Each quarter: Attend two parenting workshops, participate in a Blackboard follow-up discussion for each, post 1 question and 3 responses in Blackboard forum.
- CCAMPIS funded Parent Education Specialist
 - MA student, 20 hours/week
 - Host workshops, office hours, monitor online participation
- Student parents served
 - 2016-2017 – 68 participants in CCAMPIS

Student Parent supports without CCAMPIS

- Parent education completely voluntary
- Work study funded Parent Education Specialist available to campus community
 - MA student, average 10 hours/week
 - Host workshops, office hours, focus groups
- Student parents served
 - 2017-2018 – 20 participants

Parent Education Workshops



Winter 2018 Schedule:

When?	Where?	Topic:
Monday, February 5 th	3PM SBS-424	Discipline Strategies That Work
Saturday, February 10 th	9-11AM Children's Center	Parent-Child Outdoor Play *Bring your children
Thursday, February 15 th	1PM SBS-424	Teaching Body Awareness
Wednesday, February 21 st	4PM SBS-424	Screen Time
Tuesday, February 27 th	3PM SBS-424	Supporting Emotional Development
Thursday, March 8 th	4PM SBS-424	Parenting and Gender
Saturday, March 10 th	9-11AM Children's Center	Parent-Child Campus Walk *Bring your children
Wednesday, March 14 th	2PM SBS-424	Early Numeracy
Monday, March 19 th	4PM SBS-424	Stress Management

Workshops are *FREE* and children are welcome to attend.

Contact Rhiannon at Rhiannon.Ramkissoon@csusb.edu with any questions.

Student Parents Served

70

60

50

40

30

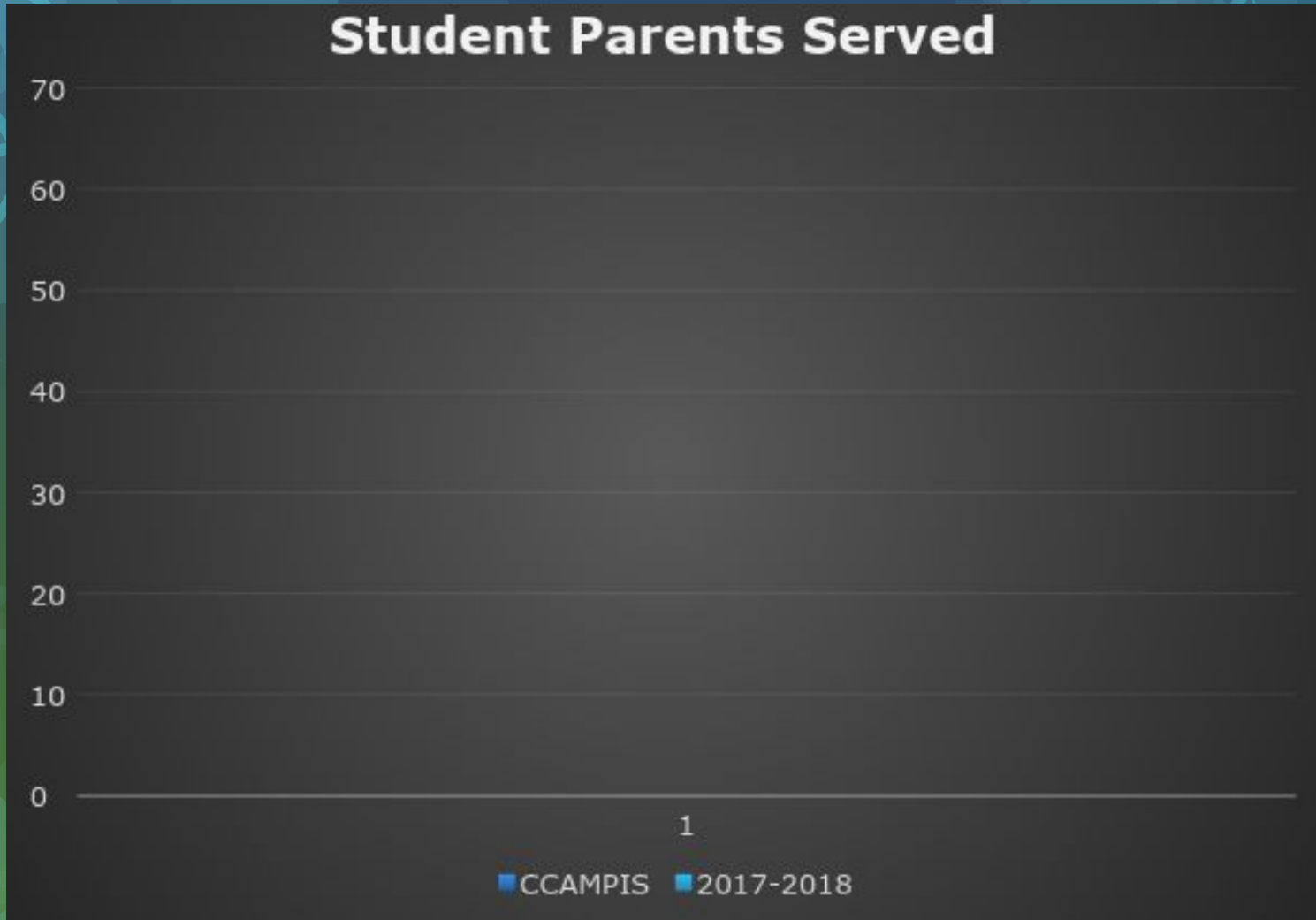
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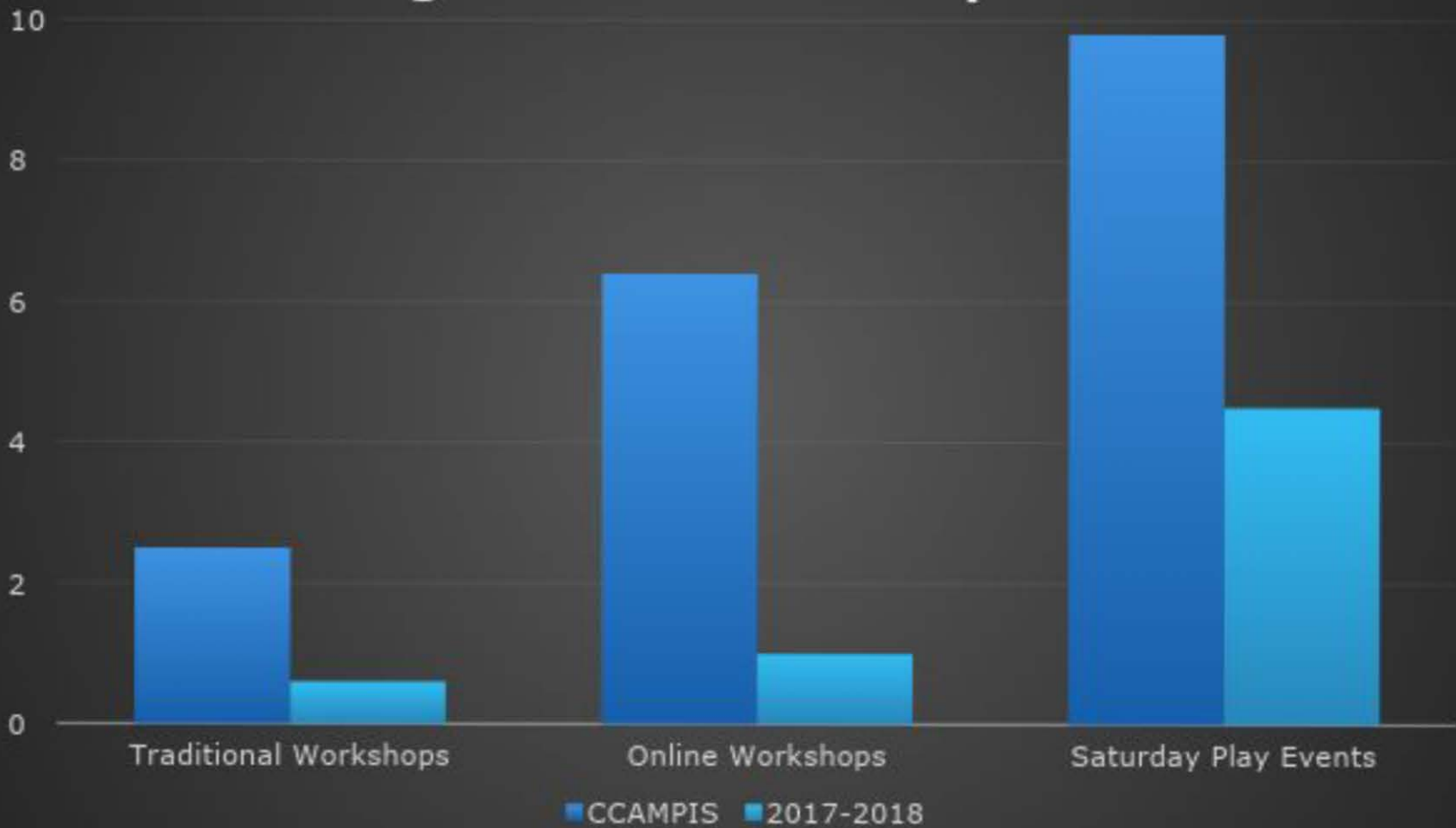
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■ CCAMPIS ■ 2017-2018



Average Attendance Comparison



Efforts to better serve Student Parents



5K Kid's Run
benefitting:
Cal State San Bernardino's
INFANT AND TODDLER LAB SCHOOL
April 21, 2018

\$25 5k participation *Per Person	\$35 Kid's Course *Family Rate
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t-shirt included
www.csusb.edu/5kids-run
CHECK IN 9:00 AM

Illustrations of a koala, hedgehog, raccoon, lion, duck, and crocodile.

- Kids 5k
- Childcare survey
- Focus groups
- Institutional/
Grant Support

**Balancing college
and parenting?
We want to hear from you**

STUDENT PARENT FOCUS GROUP

**Thursday, February 15th
5:30-6:30 PM in SBS 216**
(Social & Behavioral Sciences building)

Please join the CSUSB Early Childhood Education Programs Director and the Children's Center Parent Educator for a discussion on ways we can better serve student parents on campus.



Conclusion

- Student support services should be:
 - Systematic and data driven
 - <https://www.endicott.edu/family-friendly-campus-toolkit>
 - Tied to stable funding (for both parents and support providers)
 - Those where students are required to participate
 - Multi-faceted (do more than just provide child care subsidy)



Any
Questions

Contact Information

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