

Genomic surveillance of methicillin-resistant *Staphylococcus aureus*: a mathematical early modelling study of cost effectiveness

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Summary

The potential value of genomic surveillance of nosocomial pathogens for outbreak detection and investigation is high but will result in an up-front cost. This early model indicates that proactive genomic surveillance of MRSA is likely to be cost effective.

ABSTRACT

Background: Genomic surveillance of MRSA identifies unsuspected transmission events and outbreaks. Used proactively, this could direct early and highly targeted infection control interventions to prevent ongoing spread. Here, we evaluate the cost effectiveness of this intervention in a model that compared whole genome sequencing plus current practice versus current practice alone.

Methods: A UK cost-effectiveness study was conducted using an early model built from the perspective of the National Health Service (NHS) and personal social services. Effectiveness of sequencing was based on the relative reduction in total MRSA acquisitions in a cohort of hospitalised patients in the year following their index admissions. Sensitivity analysis was used to illustrate and assess the level of confidence associated with the conclusions of our economic evaluation.

Results: A cohort of 65,000 patients were ran through the model. Assuming that sequencing would result in a 90% reduction in MRSA acquisition, 290 new MRSA cases were avoided. This gave an absolute reduction of 28.8% and avoidance of two MRSA-related deaths. Base case results indicated that the use of routine, proactive MRSA sequencing would be associated with estimated cost savings of over £728,290 per annual hospitalised cohort. The impact in total QALYs was relatively modest, with sequencing leading to an additional 14.28 QALYs gained. Results were most sensitive to changes in the probability of an MRSA negative patient acquiring MRSA during their hospital admission.

Conclusions: We showed that proactive genomic surveillance of MRSA is likely to be cost-effective. Further evaluation is required in the context of a prospective study.

Key Words: MRSA; cost-effectiveness; whole genome sequencing

INTRODUCTION

Hospital outbreak detection is founded on principles used by John Snow during his investigation of a cholera epidemic [1]. Routine surveillance identifies patients who carry or are infected with specific pathogens, which is reviewed in relation to patient movement data and other information that could link cases. The identification of two or more patients positive for the same pathogenic species who are also linked in time and place triggers an assessment of the probability of an outbreak. In the case of bacterial pathogens such as methicillin-resistant *Staphylococcus aureus* (MRSA), this assessment may incorporate routine data generated by the microbiology laboratory on antibiotic resistance. The pattern of resistance to the range of antibiotics tested in the laboratory is used as a surrogate for bacterial relatedness, although this lacks sensitivity and specificity. If the initial investigation concludes that an outbreak is possible or likely, formal typing methods may be used to define bacterial relatedness. Available typing methods lack sensitivity because of their low power to discriminate between isolates that reside in the same clone and can erroneously link isolates that are not recently related [2-4]. Ultimately, the confirmation of an outbreak is based on a combination of imperfect evidence and the intuition of experienced infection control staff.

Whole Genome Sequencing (WGS) represents a major advance in the control of multidrug-resistant organisms (or other organisms) that spread between patients, units and facilities. When combined with patient movement data, this provides a more accurate determination of transmission events and outbreak status than standard infection control methods alone [2-7]. One option for the uptake of bacterial sequencing into clinical practice is to simply swap the typing methods used during an outbreak investigation, but there would be several advantages of a process redesign in which sequencing was used proactively [8]. This would begin with the routine sequencing of specific bacterial species of interest and quantitation of genetic relatedness between isolates of the same species. Following sequencing, the decision to investigate (or not) would be based on a desk-based analysis of the degree of

relatedness combined with information on patient movement. This model would support efficient, highly targeted infection control interventions provided that data can be generated rapidly and in a format that does not require specialist informatics knowledge. Early evidence for the potential benefits of this 'Sequence First' approach comes from a study of genomic surveillance of MRSA isolated in a large clinical microbiology laboratory in the East of England over 12 months [6]. This led to the identification of hundreds of transmission clusters which were not detected by standard infection control. This highlights a missed opportunity for greater control through early outbreak detection followed by action to minimise on-going transmission.

The potential value of genomic surveillance of nosocomial pathogens is compelling but will result in an up-front cost. One rationale to support this cost is to align outbreak detection with other types of activity that relate to safety culture, which are fully justified on the basis that they save lives through prevention, rapid detection and effective action. However, evidence of cost effectiveness is often demanded of changes in healthcare practice.

METHODS

Model Overview

The aim of the model was to estimate the cost-effectiveness of whole genome sequencing of MRSA combined with standard infection control practice versus standard practice alone. A decision tree framework (Figure 1) was used to estimate the reduction in total number of MRSA acquisitions (including any subsequent infection), and hence the cost effectiveness of whole genome sequencing over one year based on an annual cohort of newly admitted hospitalised patients. Patients admitted to hospital or in high risk specialties may be screened proactively for carriage of MRSA, with additional MRSA testing occurring when clinical samples are taken to investigate patients with clinical features of infection (or as part of an outbreak investigation). Patients within the model were classified as either MRSA negative (as confirmed by a negative MRSA sample in some cases), MRSA positive

asymptomatic (screening swab from a carrier) or MRSA positive infected (isolated from a clinical sample).

The model was built from the National Health Service (NHS) and personal social services perspective, which is consistent with The National Institute for Health and Care Excellence (NICE) reference case [9]. As the model only estimated the cost effectiveness of whole genome sequencing within one annual cohort of hospitalised patients, the discounting of costs and benefits was not necessary. Per-patient Quality Adjusted Life Years (QALYs) were generated and the primary outcome of the model was the incremental cost per QALY gained.

Data sources and model parameters

Classification of Patients

Data generated during a 12-month prospective observational cohort study between April 2012 and April 2013 were used to inform patient classification [6]. In brief, the Clinical Microbiology and Public Health Laboratory at the Cambridge University Hospitals NHS Foundation Trust (CUH) processed samples from consecutive MRSA-positive individuals. This facility received samples from three hospitals and 75 GP practices in the East of England. A total of 1,465 MRSA-positive patients were identified, and 2,282 MRSA isolates underwent whole genome sequencing. For all MRSA-positive cases, epidemiological data (including hospital ward stays and residential postcodes) were recorded. The catchment area from which the study patients were drawn contained a total of 5,012,137 residents according to the 2011 UK Census [6].

Effectiveness Inputs

The effectiveness of whole genome sequencing was based on the relative reduction in total number of MRSA acquisitions that occurred in a cohort of hospitalised patients in the year following their index admissions. The number of annual MRSA acquisitions expected within

current practice (with data from the 12 month observational cohort study used as a proxy), was multiplied by the relative reduction to estimate the reduction in number of MRSA acquisitions following whole genome sequencing implementation. Due to a lack of published data to date, the likely size of this relative reduction of MRSA acquisition is hypothetical (Table I). The probability of an MRSA negative patient acquiring MRSA whilst in hospital was assumed to be 0.5%, in lieu of forthcoming data from an on-going clinical evaluation at Cambridge University Hospitals. To explore the implications of these assumptions on the cost effectiveness of whole genome screening, both inputs were varied in the sensitivity analyses.

MRSA-related mortality

Within the early model, we assumed that 4.6% of all symptomatic infected MRSA inpatients (involving any site or organ) die of MRSA-related causes before hospital discharge (Table I). This value came from a retrospective analysis of US National Inpatient Sample data from 2010 to 2014, where 358,140 MRSA-related hospitalisations were recorded [10]. Consistent with the previous literature [11], we assumed that colonised patients with no infection faced no MRSA associated mortality risk.

Costs

We identified only one economic evaluation from a targeted literature search of MRSA surveillance and screening strategies in the United Kingdom, which reported the cost of an MRSA infected patient when admitted to an intensive care unit [12]. However, they did not report the cost of colonisation and we used a Canadian paper as the source for this parameter [11]. The paper reported the cost per case of positive asymptomatic MRSA colonisation in Canadian Dollars, which was converted into British Pounds using the exchange rate in 2010. A unit cost of £100 per genome sequenced was used in the base case analysis [4]. The costs to screen a patient for MRSA on admission to hospital, and for a clinical sample to be taken to investigate patients with clinical features of infection (as part

of an outbreak investigation), were both taken from the NHS Scotland MRSA Screening Pathfinder Programme [13] (reported in Robotham et al. [14]). All unit costs used within the economic model were inflated to the 2017/18 price year using the most recent Pay and Prices Index within the PSSRU [15], and are presented in Table I.

Health-related Quality of Life (HRQoL)

We applied a health-related quality of life decrement of 0.35 to patients within the symptomatic health state to generate lost quality-adjusted life years (QALYs) (Table 1). As MRSA carriage is asymptomatic, it was assumed that there is no QALY decrement associated with MRSA positive colonisation without infection.

Sensitivity Analysis

Sensitivity analysis was used to illustrate and assess the level of confidence associated with the conclusions of our economic evaluation. Both one-way (where input parameters are varied one by one between plausible extremes) and two-way (where more than one parameter is varied at the same time) sensitivity analyses were conducted to assess the robustness of the overall results within the model and to quantify effects of uncertainty on the cost-effectiveness of whole genome sequencing.

RESULTS

Clinical outcomes

The clinical outcomes estimated within the early model are presented in Table 2. A cohort of 65,000 patients were ran through the model (equating to the estimated number of annual admissions for Addenbrooke's hospital between April 2012 and April 2013) [6]. Under the assumption that data from whole genome sequencing would result in a 90% reduction in MRSA acquisition, 290 new MRSA cases were avoided (which includes asymptomatic carriage and clinical infection). This gave an absolute reduction of 28.8% and an avoidance of two MRSA-related deaths.

Economic outcomes

Our base case results indicated that the use of routine, proactive MRSA sequencing would be associated with estimated cost savings of over £728,290 per annual hospitalised cohort (Table 3). The difference in total QALYs between the two patient cohorts was more modest, with sequencing leading to an additional 14.28 QALYs gained. The results were most sensitive to changes in the probability of an MRSA negative patient acquiring MRSA during their hospital admission. The results were also sensitive to the proportion of MRSA positive patients with clinical infection at the time of presentation to hospital, and the relative reduction in cases of MRSA acquisition due to actions taken in response to whole genome sequencing data. Figure 2 presents threshold graphs, illustrating the change in incremental costs and MRSA carriage and clinical infection events avoided as these parameters are changed. The higher the probability of an MRSA negative patient acquiring MRSA during their stay, the greater the MRSA events avoided and the more costs saved by MRSA sequencing. A greater cost saving was observed as the relative reduction in MRSA acquisitions due to the implementation of sequencing increased. See the supplementary material for further sensitivity analysis.

The two-way sensitivity analysis presented in Figure 3 provides an overview of how the ICER changes when the key drivers of the cost-effectiveness results are varied simultaneously. Whole genome sequencing was estimated to be cost-effective in the majority of scenarios that have been presented. For example, sequencing was expected to be cost-effective as long as the effectiveness was over 30%, regardless of the probability that a MRSA negative patient would acquire MRSA during their hospital admission. The effectiveness could drop to 10% and sequencing is still expected to be cost-effective as long as the probability that a MRSA negative patient would acquire MRSA during their hospital admission was over 0.4%.

DISCUSSION

Our model is the first to estimate the cost-effectiveness of routine whole genome sequencing of MRSA as an infection control tool. This indicated that routine MRSA sequencing would result in fewer MRSA cases (both carriage and clinical infection involving any organ or body site), and have a small positive impact on HRQoL on a per-patient basis (regardless of whether they have, or are tested for MRSA). This technological application is also likely to be cost saving assuming the relative reduction in MRSA cases is 90%. Given this assumption, extensive sensitivity analyses supported our cost-saving conclusion, even with large reductions in key parameters.

MRSA screening policies, prevalence of MRSA, patient characteristics and infection control practices may vary between different hospitals in England, which limits the generalisability of the results. Despite this, sequencing remained cost-effective when this value was varied in a sensitivity analysis. It must also be noted that the cost-effectiveness of sequencing is dependent upon the prevalence of MRSA colonization in patients upon admission to hospital. A greater prevalence allows for a larger potential for the reduction in MRSA transmission, and hence a greater benefit associated with sequencing.

Our analyses represent an early, exploratory model that contained several uncertainties in model parameter values. The prospective observational cohort study was limited to critical care units, and so under sampled the population served by the diagnostic laboratory. This reduced the accuracy of the rates of nosocomial transmission and acquisition of MRSA. MRSA acquisition rates were varied in sensitivity analysis and did not change the cost-effectiveness conclusions of the model. We used a mortality rate of 4.6% for hospital patients who develop MRSA infection, which represents a composite death rate from all-site infections. This was derived from a recent US study [10], and outcomes may differ in a UK setting. Furthermore, the case mix in this previous study may differ to our patient population; our patients had a very low rate of MRSA bacteraemia [16], which is associated with high

mortality [17]. Estimating the baseline QALY of an 'average' hospitalised patient was difficult because of the heterogeneity of the in-patient population as a whole, and we assumed that health-related quality of life was equal across patients upon entry to hospital. Sensitivity analysis did not indicate health related quality of life to be a key driver of the model results. It is also highly likely that we over-estimated the cost per case of MRSA infection as cost data were based on a study that assumed all patients would be treated within intensive care. These data were used because of the lack of other viable sources from a UK setting [12], but sensitivity analysis demonstrated that even at a minimal cost, sequencing would still be cost effective due to the costs saved through the reduction in colonised MRSA patients.

A previously published comparative effectiveness review of screening for MRSA indicated insufficient evidence to determine the effectiveness of MRSA screening strategies [18]. This did not consider the effectiveness of screening combined with sequencing. A strength of our economic analysis is that it highlights specific data collection requirements of future prospective studies that evaluate the impact and cost-effectiveness of proactive MRSA sequencing.

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Table 1: Model Inputs

Patient classification parameters (%)		
Percentage of patients that undergo MRSA screening on admission	87.5	Cambridge University Data
Proportion of patients MRSA positive following screening	1.1	Cambridge University Data
Proportion of patients MRSA positive not screened	1.1	Assumed equal to above due to an absence of data
Probability MRSA positive patient has symptomatic MRSA versus asymptomatic MRSA	14.1	Cambridge University Data
Effectiveness inputs (%)		
Probability of MRSA negative patient acquiring MRSA during their stay (CP)	0.5	Assumption
Reduction in MRSA acquisition due to genome sequencing	90	Assumption
Quality of life and mortality inputs		
Quality of life decrement associated with symptomatic MRSA	0.35	US decision analytic model [19]
Proportion of symptomatic MRSA patients that die before discharge due to MRSA infection (%)	4.6	US cost study [10]
Proportion of asymptomatic MRSA patients that die before discharge due to MRSA colonisation (%)	0	Assumption
Costs inputs (£)		
Cost per case of symptomatic MRSA	17,238	Kunori et al. [12]
Cost per case of asymptomatic MRSA	386.80	Canadian decision tree [11]
Cost per genome sequenced	100	A descriptive study of WGS for MRSA [4]
Cost per screen positive	8.19	UK model. Robotham et al. [14]
Cost per screen negative	4.79	UK model. Robotham et al. [14]
Cost per clinical sample	3.62	UK model. Robotham et al. [14]

Table 2: Clinical outcomes per annual hospitalised patient cohort (N=65,000)

Clinical outcome	WGS + CP	CP	Incremental	
			Absolute	Relative (%)
Number of patients with MRSA sequenced	715	0	715	1.10
Number of MRSA negative patients that acquire an MRSA infection†	5	45	-41	-90
Number of asymptomatic MRSA cases	614	863	-249	-28.8
Number of symptomatic MRSA cases	101	142	-41	-28.8
Number of MRSA related deaths	5	7	-2	-28.8

WGS: Whole genome sequencing; CP: Current practice.

†This refers to patients who were MRSA negative upon admission to hospital.

Note: As these clinical outcomes are dependent upon assumptions within the model, we would not expect them to be equal to the to the results presented in the aforementioned prospective observational cohort study [6].

Table 3: Economic outcomes (per annual hospitalised cohort (N=65,000))

Economic outcome - Costs	WGS + CP (£)	CP (£)	Incremental	
			Absolute (£)	Percentage (%)
Genome sequencing costs	71,466	0.00	71,466	100
MRSA related treatment costs	1,974,473	2,774,112	-799,639	-40
Admission screening costs	274,462	274,462	0.00	0
Outbreak investigation screening costs	39,108	39,083	24	0
Clinical sampling costs	365	513	-148	-40
Total Cost	2,359,873	3,088,170	-728,297	-31
Economic outcome - QALYS	WGS + CP	CP	Absolute	Percentage (%)
Total QALYS	64,965	64,950	14	0.02
Incremental cost per QALY	Less costly and more effective (Dominant)			

WGS: Whole genome sequencing; CP: Current practice.

Figure legends

Figure 1: Model schematic

Figure 2: Threshold graphs (cohort of 65,000 patients)

Note: A negative incremental cost illustrates whole genome sequencing as cost saving. For example, a -£1,000,000 incremental cost means whole genome sequencing is £1,000,000 cheaper than current practice alone.

Figure 3: Two-way sensitivity analysis (cohort of 65,000 patients)

Figure 1

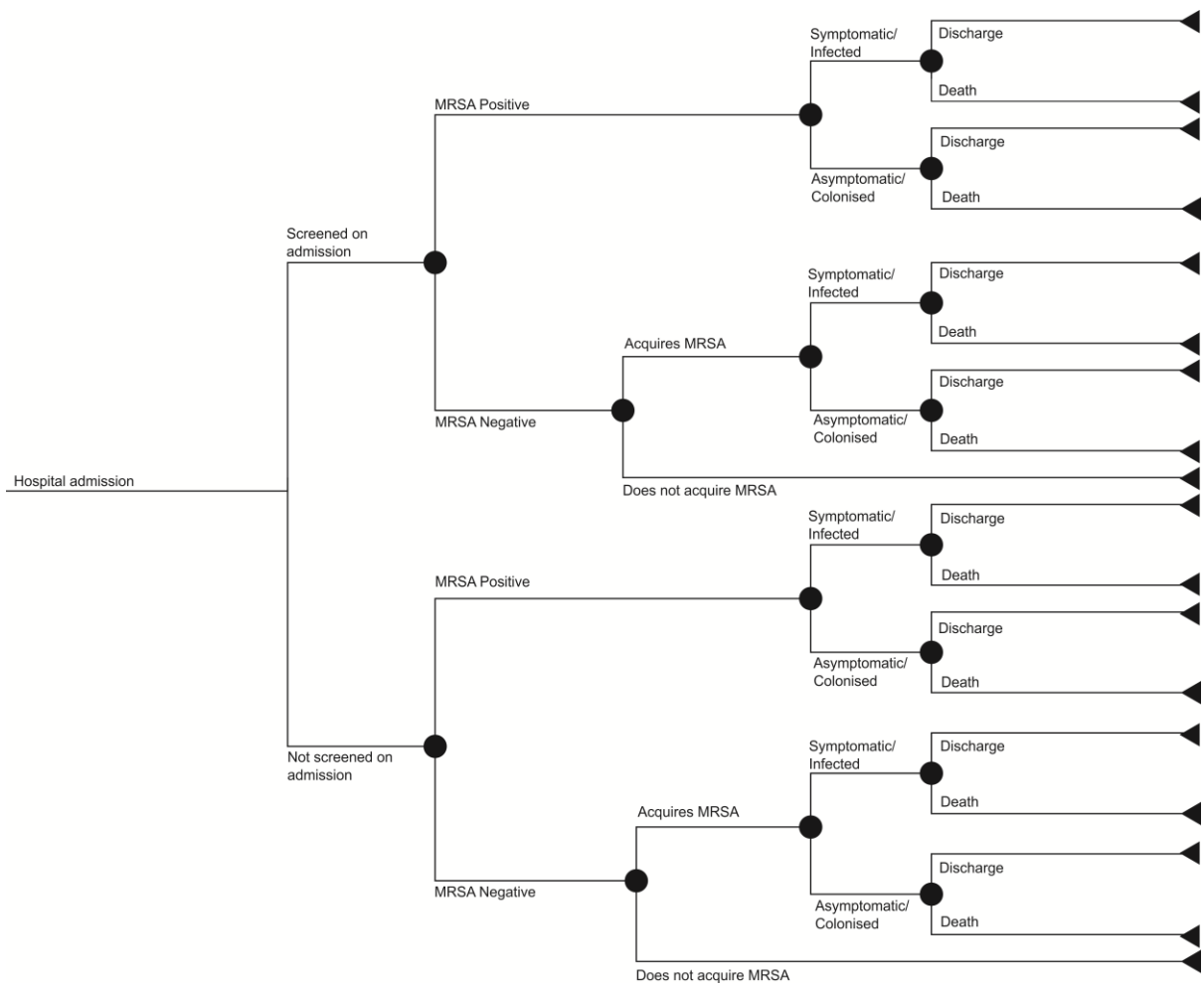


Figure 2

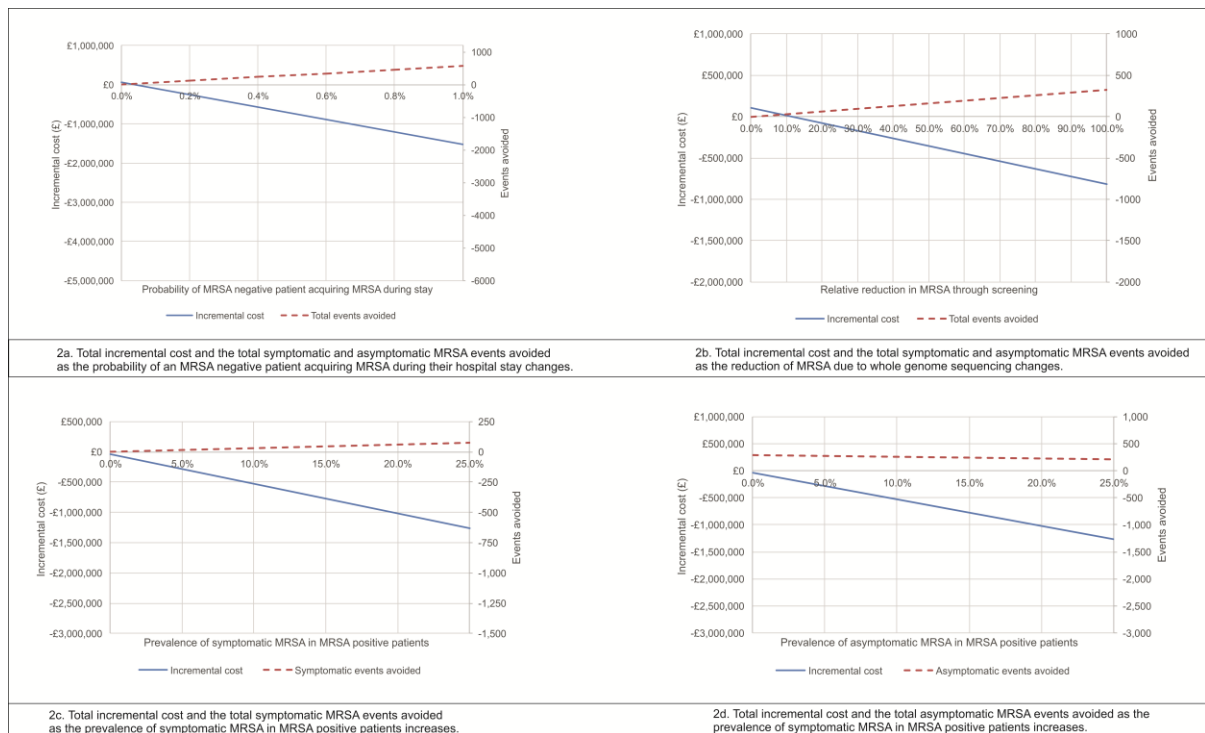


Figure 3

		Effectiveness of genome sequencing					
		2.50%	12.50%	22.50%	32.50%	42.50%	52.50%
Probability that MRSA negative patients acquire MRSA during hospital admission under current practice	0.10%	£883,129	£130,211	£46,553	£14,377	Dominant	Dominant
	0.50%	£195,054	Dominant	Dominant	Dominant	Dominant	Dominant
	1.00%	£109,044	Dominant	Dominant	Dominant	Dominant	Dominant
	1.50%	£80,374	Dominant	Dominant	Dominant	Dominant	Dominant
	2.00%	£66,039	Dominant	Dominant	Dominant	Dominant	Dominant
	2.50%	£57,438	Dominant	Dominant	Dominant	Dominant	Dominant

3a. The incremental cost effectiveness ratio as the effectiveness of genome sequencing and the probability that an MRSA negative patient acquires MRSA during hospital admission changes. Green = Dominant: Whole genome sequencing is less costly and more effective than current practice. Cost effective: the cost effectiveness ratio is under the NICE threshold of £20,000. Red = Whole genome sequencing is not cost effective at these inputs.

		Effectiveness of genome sequencing					
		10.00%	20.00%	40.00%	60.00%	80.00%	100.00%
Proportion of MRSA positive patients with active symptomatic infection	1%	£830,018	£390,931	£171,388	£98,207	£61,617	£39,662
	5%	£116,353	£34,099	Dominant	Dominant	Dominant	Dominant
	10%	£27,145	Dominant	Dominant	Dominant	Dominant	Dominant
	15%	Dominant	Dominant	Dominant	Dominant	Dominant	Dominant
	20%	Dominant	Dominant	Dominant	Dominant	Dominant	Dominant
	25%	Dominant	Dominant	Dominant	Dominant	Dominant	Dominant

3b. The incremental cost effectiveness ratio as the effectiveness of genome sequencing and the proportion of MRSA positive patients with an active symptomatic infection changes. Green = Dominant: Whole genome sequencing is less costly and more effective than current practice. Cost effective: the cost effectiveness ratio is under the NICE threshold of £20,000. Red = Whole genome sequencing is not cost effective at these inputs.

		Effectiveness of genome sequencing					
		10.00%	20.00%	40.00%	60.00%	80.00%	100.00%
Cost of treatment per MRSA symptomatic/infected patient	£5,000	£40,215	£8,581	Dominant	Dominant	Dominant	Dominant
	£8,000	£31,643	£9	Dominant	Dominant	Dominant	Dominant
	£11,000	£23,072	Dominant	Dominant	Dominant	Dominant	Dominant
	£15,000	£11,643	Dominant	Dominant	Dominant	Dominant	Dominant
	£17,000	£5,929	Dominant	Dominant	Dominant	Dominant	Dominant
	£20,000	Dominant	Dominant	Dominant	Dominant	Dominant	Dominant

3c. The incremental cost effectiveness ratio as the effectiveness of genome sequencing and the cost of treatment per MRSA symptomatic patient changes. Green = Dominant: Whole genome sequencing is less costly and more effective than current practice. Cost effective: the cost effectiveness ratio is under the NICE threshold of £20,000. Red = Whole genome sequencing is not cost effective at these inputs.