

Patient Characteristics Associated
with
Return Visits to a
Pediatric Emergency Department

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Abstract

Title: Patient Characteristics Associated with Return Visits to a Pediatric Emergency Department

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Objectives: The primary objective of this study is to identify and quantify the patient characteristics associated with 72-hour pediatric return visits to a tertiary care center's emergency department. The hypothesis was that 72-hour return visits would be increased in patients with public insurance or no health insurance when compared to those individuals with private insurance.

Methods In order to attain the study's state objectives, the principal investigator of this study undertook a retrospective review of the hospital's centralized billing database, specifying only the date range (1/1/2005 through 12/1/2007) and the age range (birth through 18 years of age) in the data extraction request. Data were collated by medical record number and date of visit, and time differences between each visit were calculated in order to identify all 72-hour return visits. Statistical analyses were then conducted, using Microsoft Excel to collate data and Stata version 10.0 to perform logistic regression analyses.

Results Out of a total of 39,481 recorded patient visits, 1,392 (3.5% of all pediatric visits) were 72-hour return visits. The primary variable of insurance type was not related to the outcome of 72-hour return visit in a statistically significant manner. Of additional variables analyzed, race, age, distance to the emergency department, weekly and annual timing of visits, visit acuity and post-assessment disposition were all significantly correlated to the outcome of 72-hour return visit, as assessed by logistic regression.

Conclusions Although long thought to be a predictor of emergency department utilization and 72-hour return visits, insurance status does not appear to determine 72-hour return visits in a statistically significant manner. The additional variables of race and seasonal timing of visits, however, were found to relate to the outcome of 72-hour return visit in a statistically significant manner. Research is needed to further substantiate this relationship at other institutions and to identify means of addressing disparities in emergency department use among pediatric patients.

Key Words: pediatric emergency, quality improvement, return visit

Introduction

Although it has long been a quality measure of adult emergency departments (EDs), the 72-hour return visit (RV) analysis appears infrequently in pediatric ED (PED) research. Reasons for investigating 72-hour RVs in adult EDs—including potential increased risk of medical errors,¹ as a target for quality improvement and improved patient care,²⁻⁷ and as a means of identifying high-risk “tracer” conditions⁸—have not been analyzed with equal rigor in the pediatric setting. While the most recent studies of both general EDs and PEDs indicate same-facility 72-hour return visits only account for 2.5-3.5% of emergency department visits,^{1,9} this percentage constituted approximately 650,000 ED cases in the US in 2000.¹⁰

Analysis of patient demographics is an important use of ED return visit data, as these studies have the potential to reveal the type of patients most in need of additional medical attention. Although a 2003 study of PEDs provides insight into diagnostic and institutional factors associated with 48-hour PED RVs,¹ this study does not include several descriptors of pediatric patients who return to the PED within 72 hours, including patient insurance status, reported interaction with primary care physicians, distance from the emergency department or race, all of which are RV characteristics used in adult analyses. Despite myriad changes in the insurance status of children throughout the country, the correlation between insurance status and emergency department 72-hour RV has remained relatively under-analyzed since 1996.¹¹ In adult literature, a large body of research illustrates the correlation between lack of access to a primary care provider, ED use and return visits,¹²⁻¹⁶ a phenomenon that has not been extensively analyzed recently in pediatric populations.

We studied patient and selected system characteristics associated with 72-hour RVs to a pediatric ED by insurance status. The primary objective of this study was to assess, by insurance status, which patient characteristics are associated with 72-hour RVs in a pediatric ED. Given the

paucity of published analyses of 72-hour return visits in pediatric EDs, a secondary objective of this study was to further define the frequency and characteristics of RVs in a PED as contrasted to relatively well-defined adult ED RV statistics. This analysis provides insight into potential etiologies underlying 72-hour RVs. Our hypothesis was that publicly-insured and uninsured pediatric patients were more likely to return to the PED within 72 hours of their initial presentation when compared to individuals with private insurance.

Methods

Study design, setting and population

We performed a retrospective review of the hospital's centralized billing database and electronic medical records to analyze characteristics of patients under 18 years of age seen in the pediatric emergency department of a tertiary care academic university hospital. Our analysis compared the records of patients who presented to the pediatric ED and returned within 72 hours between the dates of 1/1/2005 through 12/1/2007 to the rest of the pediatric ED population seen during that time. This study was approved by the Institutional Review Board at the University of North Carolina at Chapel Hill.

Key outcome measures and independent variables

The main outcome of interest was return to the ED within 72 hours of initial presentation. Independent variables identified from the centralized database include: patient age and gender, insurance type, distance to pediatric ED (as measured by distance from ED to city of primary billing address), chief complaint by diagnostic category, race, disposition (discharged, admitted, left against medical advice, etc.), and diagnostic codes.

Statistical analysis

All data were entered into databases in both Microsoft Excel (Microsoft Office Excel; 2003) and STATA 10.0 (College Station, Texas: StataCorp, 2007); statistical analyses were performed using STATA. Three sets of patient visits were used in the analysis; these included

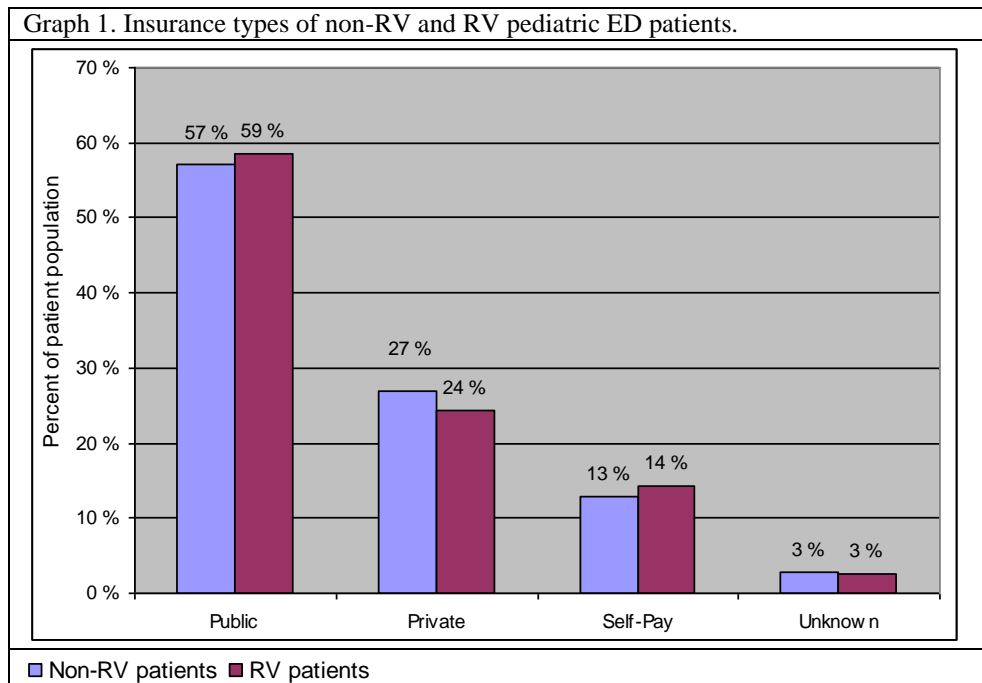
patients with only one visit within the 72-hour timeframe, all 72-hour RVs, and a set of the patient-specific visits preceding the 72-hour RVs (pRVs). The primary outcome of 72-hour RV was compared to non-RV patients with odds ratios using logistic regression in STATA. All tests were two-tailed; $p < 0.005$ was considered statistically significant.

Results

In the 36 months analyzed (1/ 2005 – 12/2007), 39,481 encounters with patients 18 years of age or younger were recorded in the hospital database. A total of 1,392 72-hour RVs to the emergency department were documented, representing a monthly mean of 39 ± 7 RVs. Overall, however, minimum and maximum values for monthly RVs were between 23 and 55 RVs. These RVs represented $3.53 \pm 0.7\%$ of pediatric ED visits. No patient visits were excluded from analysis in this document.

Primary variable: Insurance type

Public insurance was the predominant payment type recorded in the database; 57.3% of all non-RVs were classified as having public insurance. Private insurance was found in 26.9% of these visits, while 13.0% of visits were recorded as self-pay visits. A total of 2.8% of non-RVs and 2.6% of RVs recorded did not contain insurance information. Although these numbers differed slightly between the general population and 72-hour RV patients, logistic regression analysis revealed that there was no statistically significant difference in the distributions of insurance types between all pediatric ED visits and 72-hour RV visits ($p = 0.093$). These results are shown in Graph 1.

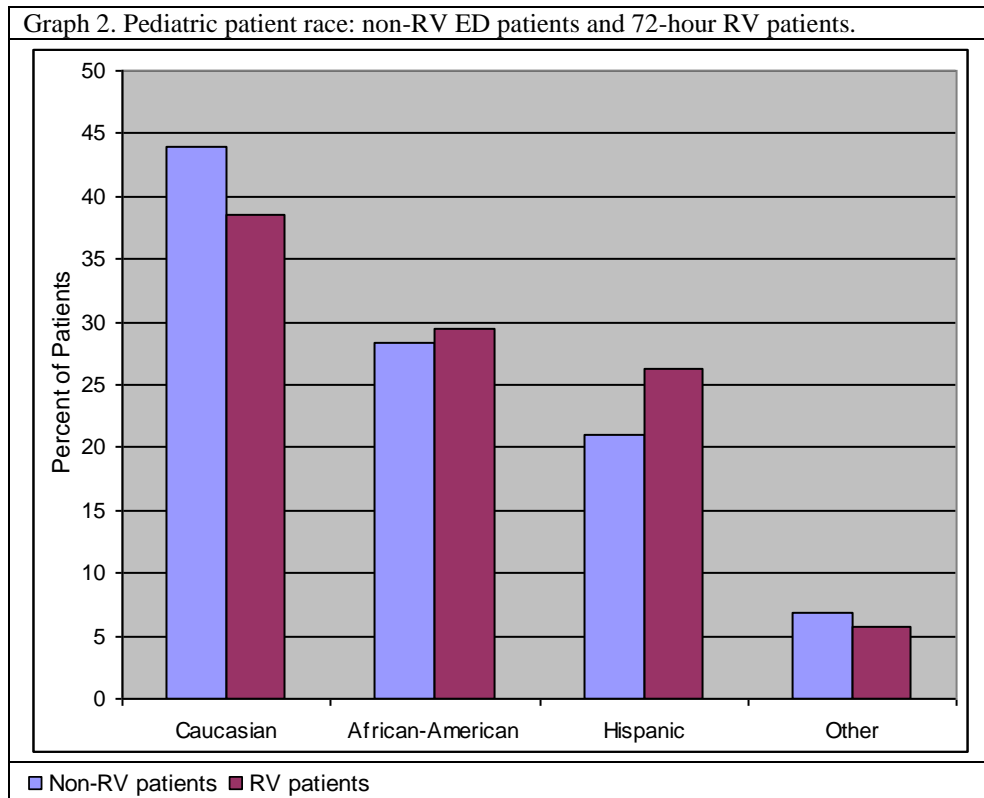


Additional variable analysis

Age: Return visit patients were slightly younger than other patients; the mean age for non-RV patients was 7.3 ± 6 years, while the mean age for RV patients was 6.67 ± 6 years. Logistic regression analysis indicated that this difference was statistically significant ($p \leq 0.0001$). These values were re-coded into three-year intervals; the resulting logistic regression model was again statistically significant ($p < 0.0001$), and it showed a statistically significant relationship between patients of ages 3-6, 6-9, 9-12 and 12-15 years of age when compared to patients 0-3 years old. The logistic regression model showed a decreased odds of returning to the ED within 72 hours for all of these age ranges when compared to the 0-3 year old patient population (p-values all < 0.002).

Gender: Of non-RV patients, 45.9% were female, while 48.0% of RV patients were female; logistic regression indicates that males did not have a statistically significant increased odds of returning to the ED within 72 hours.

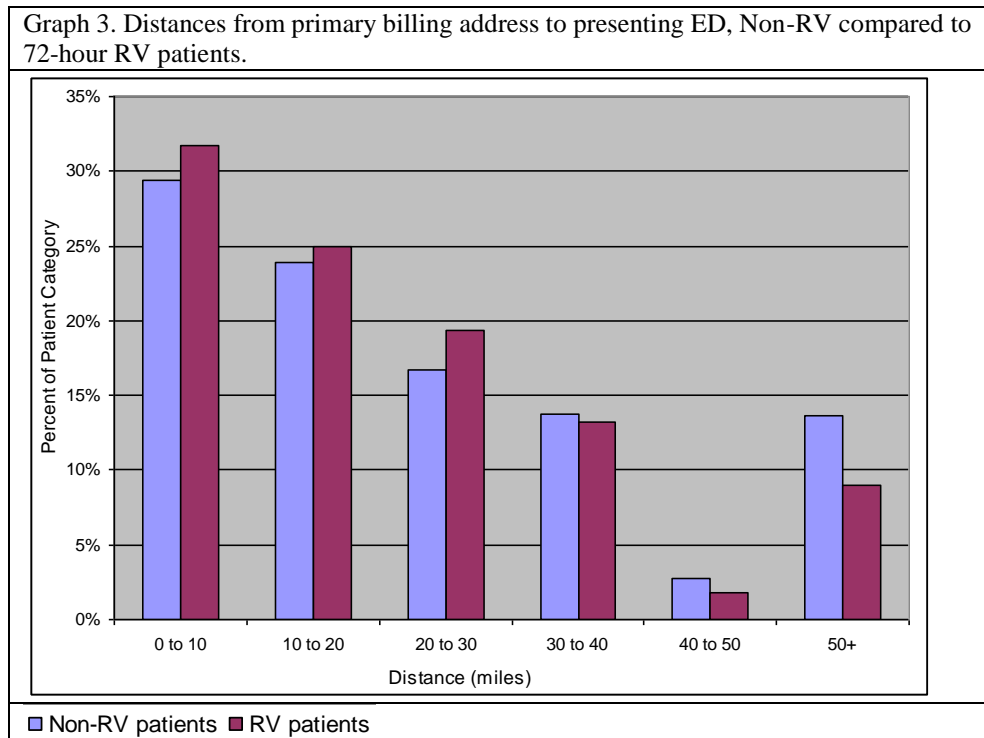
Race: Statistics regarding race were also reported in the hospital database. Of non-RV patients, 43.9% were classified Caucasian; the next largest groups were African-American (28.3%) and Hispanic (21.0%). Of 72-hour RV patients, 38.5% were Caucasian and 29.5% were African-American; Hispanics comprised 26.3% of this population. (Graph 2)



Logistic regression showed that race was a significant predictor of 72-hour RV. Hispanic patients had 1.4 times the odds of returning within 72 hours when compared to Caucasian patients ($p < 0.001$), while African-American patients had 1.2 times higher odds of returning to the ED within 72 hours when compared to Caucasian pediatric patients ($p = 0.01$). No other races were individually associated with increased odds of returning to the ED within 72 hours, although the overall logistic regression analysis for race indicated that it was a statistically significant predictor of 72-hour RV ($p < 0.001$).

Distance to ED: The mean distance traveled by non-RV pediatric patients to the ED was 35 ± 126 miles; the mean distance traveled by 72-hour RV patients was 27 ± 75 miles. Logistic

regression was used to compare the distance from the ED among 72-hour RV patients and the rest of the pediatric ED population found a statistically significant correlation between distance and odds of returning within 72 hours ($p < 0.001$); RV patients had higher odds of living closer to the ED than non-RV patients. (Graph 3)



Timing of Visits: Timing of RVs was characterized with several types of time measurement, and included a discussion of non-RV encounters, 72-hour RVs, and patient-specific visits preceding 72-hour RVs (pRVs). Time of day was analyzed using both shift and hourly categories. The shift analysis involved grouping visits into three shifts: first shift (8am-3:59pm), second shift (4pm-11:59pm), and third shift (midnight-7:59am).

Of non-RV visits, 49% occurred during second shift, while 40% were first shift visits. In contrast, 72-hour RVs were more likely to occur during first shift (52%) than second shift (37%), while visits preceding 72-hour RVs were similar to non-RV visits, i.e. more likely to occur during second shift than first shift.

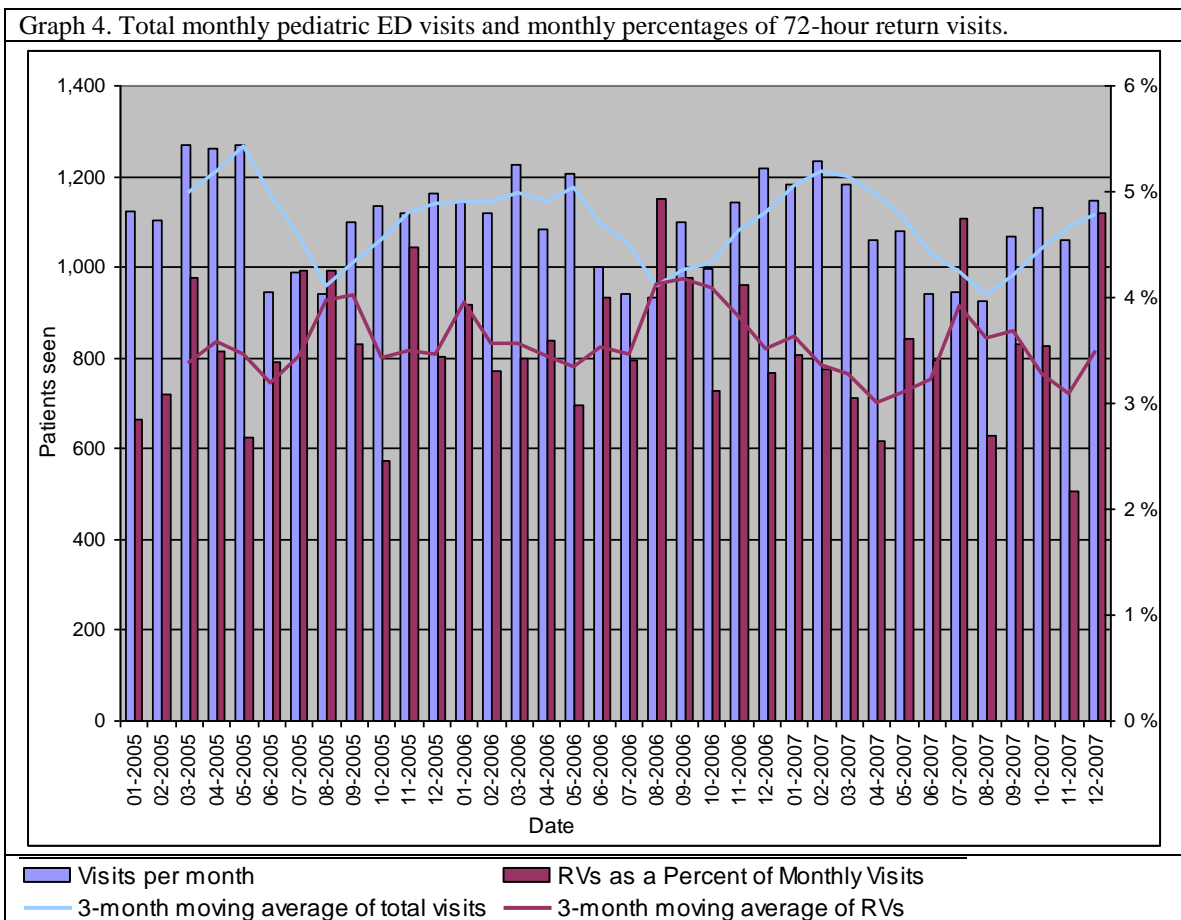
Logistic regression analysis found that 72-hour RVs had 1.7 times the odds of occurring during first shift than during second shift ($p < 0.001$), and 1.5 times the odds of occurring during first shift than during third shift ($p < 0.001$). Overall, the logistic regression analysis for shift time showed a high correlation between time of presentation and RV or other visit status.

The timing of previous presentations was not significantly different from the timing of non-RV presentations in general, and this value was also not correlated with the outcome of 72-hour RV in a statistically significant manner.

The hourly analysis of time of presentation was conducted using x-y plots and a 2-point moving average. Gross observation of the resulting trendlines reveals that 72-hour RVs peaked between 9am and noon, while non-RV visits were more likely to occur between 5pm and 9pm.

Timing of RVs was also measured using weekday of presentation. Non-RV pediatric ED visits tended to occur more frequently on weekends and Mondays; non-repeat visits as a percentage of total visits were greater than 15% on these days, while other weekdays' patient loads totaled between 13 and 14% of total visits. A similar pattern was observed for RVs, although a higher percentage of these visits occurred on Sundays and Mondays (19% and 17%, respectively) when compared to non-RV patients. The 72-hour RVs occurred more frequently on Friday and Saturday (18% and 20%, respectively) when compared to the other two types of visits. Logistic regression analysis found a statistically significant relationship between day of the week and 72-hour RV ($p < 0.001$). In this analysis, RV patients had statistically significantly lower odds of presenting to the ED on any weekday except Monday when compared to non-RVs. Logistic regression analysis of patient-specific visits preceding 72-hour RVs (pRVs) also found a statistically significant relationship; this analysis revealed that pRVs had 1.5 and 1.4 times the odds of occurring on Fridays and Saturdays, respectively, than all other visits.

Seasonal Variation: Seasonal variation in the number of pediatric patients presenting to the ED was seen throughout the course of the timeframe analyzed, with peaks in the pediatric ED patient load occurring approximately between October and May of each year. The database showed seasonal variability in all visits and a marked monthly variation in the percentage of RVs; the latter values were found within a range from 2.17% to 4.93% of all pediatric visits. Maximal peaks in the number of 72-hour RVs were typically seen in June or July of each year, demonstrating that—grossly assessed—seasonal variability in 72-hour RVs as a percentage of the total pediatric ED population does not coincide with the seasonal variability seen in the general pediatric population. (Graph 4)



Condition-related Variables

Diagnoses: Although not the primary outcome of interest in this study, diagnoses (as recorded by ICD-9 category) and the most prevalent diagnoses were compared for non-RV

patients, RV patients and for those visits preceding the return visit. Significant portions of these data were incomplete: 12% of all non-RVs, 22% of RVs, and 14% of pRVs did not contain diagnostic data.

The most common ICD-9 category observed in this patient population was that of “Symptoms, signs and ill-defined conditions”, which accounted for 30%, 44% and 44% of the non-repeat visits, 72-hour RVs, and visits preceding 72-hour RVs, respectively. Logistic regression analyses were not run on these data because diagnoses were not recorded in the database for a significant percentage of patient visits. (Table 1)

ICD-9 Classification	Non-RVs	RVs	pRVs
Symptoms, signs, and ill-defined conditions	29.97 %	43.97 %	43.97 %
Injury and poisoning	19.04 %	9.69 %	9.69 %
Diseases of the respiratory system	9.62 %	9.29 %	9.29 %
External causes of injury	8.61 %	4.13 %	4.13 %
Diseases of the sense organs	5.12 %	4.16 %	4.16 %
Infectious and parasitic diseases	4.84 %	5.37 %	5.37 %
Mental disorders	4.83 %	2.75 %	2.75 %
Diseases of the digestive system	4.34 %	3.26 %	3.26 %
Endocrine, nutritional/metabolic diseases, immunity disorders	2.25 %	2.09 %	2.09 %
Diseases of the skin and subcutaneous tissue	2.23 %	4.79 %	4.79 %
Diseases of the musculoskeletal system and connective tissue	2.21 %	2.22 %	2.22 %
Diseases of the genitourinary system	2.00 %	2.28 %	2.28 %
Other*	4.94 %	6.01 %	6.01 %

*“Other” denotes diseases of the nervous system, diseases of the blood and blood-forming organs, congenital anomalies, perinatal conditions, neoplasms, complications of pregnancy and the ICD-9 supplemental classification. Each of these categories contributed to <2% of the visits in each category. RV: 72-hour return visits. pRV: patient-specific visits preceding RV.

Of those patient visits for which a diagnosis was recorded, the most common diagnosis was non-perinatal fever. Other common diagnoses included cough, vomiting without complications, nonvesicular rashes, injuries of the head and lower extremity, acute pharyngitis and otalgia, non-concussive head injuries and wheezing. (Table 2)

To assess similarities between initial and RV diagnoses, all diagnoses were first grouped into ICD-9 categories and an Excel spreadsheet was used to compare initial and subsequent diagnosis. Using this method, it was ascertained that 63.8% of

Table 2. Most common diagnoses among pediatric ED patients.

Primary Diagnosis	non-RVs	RVs	pRVs
Fever, nonperinatal	14.65 %	23.52 %	18.55 %
Cough	4.88 %	5.74 %	3.79 %
Vomiting, alone	4.40 %	5.74 %	4.81 %
Rash, nonvesicular, unspecified	3.07 %	3.52 %	2.70 %
Injury of face and neck	2.86 %	0.83 %	0.25 %
Injury of knee, leg, ankle and foot	2.88 %	1.85 %	1.26 %
Acute pharyngitis	2.62 %	2.22 %	1.01 %
Injury of elbow, forearm and wrist	2.53 %	1.39 %	0.51 %
Otalgia, NOS	2.56 %	1.20 %	2.19 %
Head injury (excludes concussion or LOC)	1.98 %	0.65 %	0.34 %
Wheezing	1.60 %	1.57 %	1.43 %
Other symptoms involving abdomen and pelvis	1.57 %	1.67 %	2.02 %
Headache, unspecified	1.48 %	1.76 %	1.85 %
Abdominal pain other specified site	1.51 %	2.31 %	2.11 %
Seizures, convulsions, other	1.38 %	1.48 %	1.18 %

RV: 72-hour return visits. pRV: patient-specific visits preceding RV.
 LOC: Loss of consciousness. NOS: Not otherwise specified.

72-hour RVs resulted in the same diagnosis as that given during the initial presentation.

Acuity: Visit acuity was scored on a 0-5 scale by ED physicians according to hospital practice at the time of the patient’s initial assessment. Mean acuity scores were 3.32 ± 1 , 3.34 ± 1 and 3.29 ± 0.9 for non-RV patients, 72-hour RV patients and patient-specific visits preceding 72-hour RVs, respectively. Logistic regression analyzing return to the ED within 72 hours and reported acuity found that, overall, acuity level was significantly correlated with likelihood of 72-hour RV ($p < 0.0001$). Although logistic regression analyses of acuity revealed that, when compared with patients with an acuity level of 3, those individuals with the lowest (0) and highest (5) acuity levels had greater odds (1.3 and 1.2 times the odds, respectively) of returning within 72 hours, these results were not statistically significant.

Disposition: Patient post-ED dispositions were grouped into five general categories: admitted to the hospital, discharged to home, left against medical advice (AMA), left without being seen by a physician, and other, which included patients who were transferred to other institutions or died while in the emergency department.

The majority of all patients were discharged to home or home health care after their initial ED presentation. Among non-72-hour RV patients, 81% were discharged, 16% were admitted, 0.6% left AMA, 1% left without being seen, and 1% fell into the “other” category. Of these, 11 patients died while in the emergency department.

Of 72-hour RV patients, 22% were admitted, and 75% were discharged to home. Among patient-specific visits preceding 72-hour RVs, 91% were discharged to home. Naturally, far fewer (3%) had been admitted to the hospital; the fact that this group returned to the ED within 72 hours indicates strong selection for non-admitted patients. In this group, 3% left the ED without being seen by a physician, a level twice that of the non-RV population. This group also had twice the percentage of patients who left AMA when compared to non-RV patients.

Logistic regression analysis of disposition revealed a statistically significant overall correlation between disposition and 72-hour RV status ($p < 0.0001$). Within this analysis, the most statistically significant difference was in admissions; 72-hour RV patients had 1.5 times the odds of being admitted to the hospital when compared to non-RV patients ($p < 0.001$). Other disposition categories did not relate to 72-hour RV in a statistically significant manner.

The logistic regression analysis of patient-specific visits preceding 72-hour RVs also showed a statistically significant relationship between disposition status and visits preceding RVs ($p < 0.0001$). Admission status was statistically related to pre-RV status, presumably for the reasons detailed above. The odds of patients leaving AMA or without being seen by a physician were significantly related to subsequent RV; patients who ultimately returned within 72 hours had 2.3 times the odds of leaving AMA ($p < 0.001$) and 2.1 times the odds of leaving without being seen by a physician ($p < 0.001$) when compared to the rest of the population. (Table 3)

Table 3. Disposition of pediatric ED patients.

Disposition	non-RVs		RVs		pRVs	
	n	%	n	%	n	%
Discharged to home	30,695	80.6%	1,046	75.1%	1,261	90.6%
Admitted to the hospital	6,147	16.1%	307	22.1%	46	3.3%
Left without being seen	559	1.5%	15	1.1%	45	3.2%
Other*	478	1.3%	19	1.4%	21	1.5%
Left AMA	210	0.6%	5	0.4%	19	1.4%

*“Other” denotes patients transferred to another institution and patients who died in emergency department. AMA: against medical advice, RVs: 72-hour return visits, pRVs: patient-specific visits preceding 72-hour RVs.

Discussion

Primary Variable of Interest and Outcome

This study represents the first attempt to characterize the relationship between insurance status and 72-hour RVs in a pediatric ED population. Ultimately, logistic regression found no statistically significant difference between the type of insurance of non-RV and RV patients. The hypothesis that public insurance or no insurance increases the likelihood of 72-hour RV cannot be proven; in this study, insurance status was not correlated in a statistically significant manner with the outcome of 72-hour RV.

Additional Variables

Race: One of the most statistically significant predictors of 72-hour RV was non-Caucasian race, and Hispanic or African-American race in particular. Explanations for differential medical compliance and access to primary care among African-American populations are the subject of several recent studies. One potential reason for this difference is race-specific distrust of the US medical system, a concern expressed by Armstrong et al. in 2008.¹⁷ Reasons for increased RVs in Hispanic patients are, in some ways, easier to identify. Language barriers in this population frequently result in miscommunication regarding both symptoms and treatments, both of which could result in increased RVs. In addition, cultural perceptions of the ED as a primary locale for treatment of all medical concerns could result in

the increased likelihood that this population would rely more heavily on the pediatric ED for care, resulting in increased RVs. In addition, recent immigrants to the US may have decreased access to primary care providers, and thus be more reliant on emergency services.

Age: The analysis of age statistics reveals a trend similar to that observed by Alessandrini et al.,¹ namely that younger patients are more likely to return to the ED within 72 hours of their initial presentation. Potential reasons for the increased likelihood of RV include parental anxiety, rapid progression of condition, and the provider's level of comfort in appropriate diagnoses and treatment for younger pediatric patients. Another possible reason for increased RV is provider call-backs; given the potential rapidity of clinical progression in younger children, providers may be more inclined to call these individuals back to the ED for monitoring.

Timing of Visits: The timing analysis revealed that RVs are more likely to occur during first shift, i.e. during the middle of the day. Hourly timing analyses found that RV patient visits peaked earlier in the day than the non-RV population's visits, indicating perhaps parental perceptions of acuity or ED call-back timing. Weekday analysis of pRVs found that those visits ultimately culminating in 72-hour RV were more likely to occur on Fridays and Saturdays. This observation brings up concerns regarding ED staffing and—possibly—the level of resident oversight on these days.

One of the most striking conclusions from the timing analysis, however, is the difference between seasonal peaks in pediatric ED attendance and the number of RVs seen (Graph 4). In effect, RVs peak during times when clinic visits are lower than during the rest of the year. This stands in direct opposition to the observations of Alessandrini et al.,¹ who found that RV levels increased during times of increased pediatric ED usage. One possible explanation for the increase in RVs in summer months is the influx of less experienced medical staff; as interns enter

the system and begin seeing patients in the pediatric ED, oversight by attending physicians may be stretched beyond its capabilities, resulting in diagnostic and treatment oversights culminating in 72-hour RVs.

Another possible explanation involves the type of complaint seen during summer months. If patients seen during the higher peaks of ED usage are more likely to have respiratory tract infections and other seasonal concerns, it is possible that diagnoses during the summer are related to different activities, including injuries requiring multiple visits.

Access to primary care and specialty clinic follow-up during the summer may also be an issue. If many clinics in the area of the ED are not staffed at full capacity during the summer, it is plausible that follow-up visits in outpatient clinics may not be accessible during summer months, resulting in increased 72-hour RVs.

Gender: The male predominance in both the non-RV and RV pediatric population corresponds with past research into the type of patients presenting for emergency services. The difference was not large enough, however, to provide conclusive evidence that gender was a predictor of 72-hour RV.

Distance to ED: Mean distances between RV patients' primary billing address and the ED were lower than those of non-RV patients. While this observation may indicate that distance from the ED represents a barrier to care for ED patients, the more general conclusion is that increasing proximity to the ED increases the likelihood of RVs. In this case, however, distance may be a proxy for other confounding variables. For example, if families of children with chronic conditions are more likely to live near a tertiary care center, then these individuals will, presumably, have higher 72-hour RV rates when compared to individuals living further away.

Condition-related Variables

Diagnoses: Diagnosis was not a key focus of this analysis, and one of the major shortcomings of the database analyzed is the availability of diagnoses for each patient. At the same time, however, the predominance of non-perinatal fevers in the RV population was higher in RV patients, despite only a modest increase in this diagnosis' frequency for pRV cases. While this fact may represent progression of the condition seen in the pRV, it may also be a manifestation of parental concerns as a driving force behind 72-hour RVs that could, potentially, be addressed in an outpatient setting if available.

ICD-9 classification of diagnoses revealed a higher percentage of RVs and pRVs presenting within the category of symptoms and signs of ill-defined conditions. This may be more a reflection of the nature of emergency medicine than having bearing on RVs and non-RVs; almost all of the diagnoses in this category are either “transient”, “not otherwise specified” or “unknown etiology”. The concordance between ICD-9 categories of pRVs and RVs is also not especially striking, given the broad scope of the predominant ICD-9 category.

Acuity: Acuity was, overall, a significant predictor of 72-hour RV. A higher percentage of RVs was classified with acuity levels of 3 and 5 than non-RVs, although these differences were not statistically significant. Mean acuity levels were not higher for 72-hour RVs when compared to non-RVs, possibly indicating that RVs could have been handled in an outpatient setting as opposed to the pediatric ED.

Disposition: In direct contrast to the lack of differences in acuity levels, 72-hour RV patients had 1.5 times the odds of being admitted when compared to non-RV patients. The differences between acuity and disposition are somewhat perplexing, although the timing of the acuity score for RVs could help to explain the perceived difference in severity of illness. For example, if a level of acuity were ranked on admission to the ED, but subsequent discussion of

the case with the patient indicated that a prior visit had taken place, then acuity and need for admission would be unrelated, and the former could be low while despite the patient's admission to the hospital.

Shortcomings of this study

There are several important shortcomings in this study. First, this database is primarily kept for billing purposes, and is not necessarily an entirely reliable repository of non-financial information. That being said, the database is fully integrated with the hospital's charting records, so that while not all of the data were collated for the purposes of clinical interaction, it is reasonable to assume that they are a credible reflection of the original clinical information.

The nature of RVs in this study is not defined; RVs are not classified into spontaneous (or patient-driven) returns, ED call-backs, or similar characteristics. Without this information, it is extremely difficult to draw meaningful conclusions regarding the etiology for callbacks. The results are thus restricted to a descriptive analysis of the data, and causal relationships can only be educated guesses.

Conclusions

This analysis presents a set of conclusions regarding insurance status and 72-hour RVs that has not been analyzed in a pediatric emergency population to date. While the significant variability between emergency departments precludes making policy or institutional decisions about the topic prior to a more full assessment of the relationship in a variety of settings, this research illustrates the need for further evaluations of the reasons underlying 72-hour RVs among pediatric ED users.

The additional variables analyzed in this study provide a great deal of insight into the issue of recidivism in pediatric emergency settings. The statistically significant relationship between race and 72-hour RVs does not necessarily indicate causality, but rather that race may

be a proxy for other characteristics of patient care, such as distrust of the medical system or providers' preconceived notions regarding access to primary care or adherence to treatment regimens.

This study duplicates one element of the analysis provided by Alessandrini et al., namely that 72-hour RVs in the pediatric emergency population are similar to those seen in adult ED literature. The differences between seasonal patterns in the pediatric ED population may be an indication of systemic rather than diagnosis-related concerns that are driving RVs. Further research into the etiology of a summer peak in RVs is warranted. It is possible that additional measures should be taken to relieve excessive caseloads on inexperienced house staff, or to increase surveillance of their actions during the first two to three months of their residency.

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Addenda

→ *Addendum: Expanded Introduction*

The 72-hour return visit (RV) rate is a traditional assessment tool of adult emergency departments (EDs), however this measure appears infrequently in pediatric ED research.

Literature in adult ED populations describes a variety of reasons for analysis of RVs. The uses described above (medical errors,¹ quality and patient care improvement,²⁻⁷ and as a source of “tracer conditions”⁸) illustrate only a small section of an extensive body of literature. At times, the additional conditions indicate potentially significant lapses in doctor/patient communication, including several studies from the 1980s indicating that return visits may be an indication that initial treatment was inadequate,¹⁸ that discharge instructions were poorly communicated,¹⁹ or that appropriate follow-up was either unavailable or not arranged.²⁰

Other studies have shown that a lack of continuity of care, as illustrated by repeat visits to ED, can be problematic, especially for patients with chronic conditions.²¹ A large body of literature has indicated that the majority of short-term repeat hospital visits may be medically unnecessary,^{13,22-27} a question that could only be completely resolved in the setting of this study via extensive chart review, with a verification process using multiple experts in the field of pediatric emergency medicine to ascertain the benefit of subsequent visits.

Most intriguing for this document, however, are those studies among adult ED recidivists indicating that these patients represent a high-risk population being subjected to high-risk visits.^{5,6} Adult patients who return to the ED within 72 hours of their initial presentation are typically described as a high-risk population, providing further justification for efforts aimed at decreasing returns.^{5,6}

Actual data pertaining to the emergency department 72-hour RV rate present an extremely complicated picture, as demonstrated by the caseload placed on an individual

institution by RVs. Current studies show that although return visits can decrease productivity and quality of care, same-facility 72-hour return visits only account for 2.5-3.5% of general emergency department visits over time.⁹ It is interesting to note, however, that these studies account for the percentage of RVs as part of the total number of visits without an accompanying analysis of the amount of time spent on the subsequent visits. While the few studies that have handled this issue in pediatric EDs indicate similar return visit rates,¹ these studies also do not analyze the amount of time and resources spent on each individual patient visits, and the question of the true burden of ED recidivism on the whole system remains unanswered.

Although studies have focused on RVs as a quality improvement tool, a majority have found that progression of disease, and not medical errors, is the cause of most RVs.^{2,5} Clearly, this observation merits a discussion of publication bias. In their 2005 review of publication bias, Dubben and Beck-Bornholdt²⁸ described the phenomenon in which positive results have a better chance of being published, are published earlier, and are published in journals with higher “impact factors”, all of which can lead to an overestimation of their effects. In this case, publication bias could assume the form of an ED being more likely to see negative results relating to RVs as a target for practice or system changes, while positive results—including the progression of disease leading to the return visit—are preferentially published. Clearly, the resulting body literature could thus be biased.

Despite the relatively low burden of RVs in an individual institution, research has documented that almost one-third of unscheduled RV cases could be avoided^{5,6}, including patients who are discharged again after reevaluation and patients admitted on return. RVs have also been targeted in an effort to prevent misuse or overuse of already overcrowded EDs.^{1,4,5,7} In 2002, Adekoya’s analysis of the National Hospital Ambulatory Medical Care survey found that

approximately 70% of 72-hr return visits to US EDs were for follow-up services, which could possibly have occurred in a PCP setting.²⁹ An essential question raised by this conclusion—and the primary justification for conducting the present study—is the question of how insurance status influences the use of non-ED facilities for follow up services.

The low percentage of total ED visits represented by returns indicates that decreasing this percentage probably won't affect the overall caseload of a single facility significantly. Viewing ED return visits as a result—not a cause—of inappropriate care or inappropriate use of facilities can provide insight into quality and inefficiency of care provided. For example, studies classifying ED returns as either “avoidable” or “unavoidable” have allowed analysts to retrospectively identify means of improving care and changing medical practice.²

Past Research and Shortcomings: One of the most important uses of ED return visit data lies in analyses of patient demographics, which can reveal the type of patients most in need of additional medical support. Although a study conducted in 2004 analyzed 48-hour pediatric ED return visits in the context of diagnosis and institutional factors (e.g. scheduled returns, call-backs and unscheduled returns),¹ its authors excluded several essential descriptors of pediatric patients who return to the ED within 72 hours. This study assessed diagnoses at time of discharge, age, admission statistics, nursing triage category, date and time of RV and whether RVs were scheduled. Its authors did not include information pertaining to patient insurance status, distance from the emergency department or race.

A 1996 study of pediatric patients in general EDs stratified return visits by location and income level using census tract data presents several of the patient characteristics that have yet to be fully characterized in pediatric ED users.¹¹ In this study's population, pediatric patients from poorer census tracts were more likely to have repeat ED visits than patients from equidistant

more affluent tracts. In addition, the authors' data indicated that almost 50% of pediatric ED patients had either public or no insurance, indicating that insurance status could be one of the most significant predictors of return visits.

What This Paper Intends to Do: The primary research question of this study is: Among public insurance users, privately-insured and uninsured patients from birth until 18 years of age, what patient characteristics are associated with 72-hour return visits in an academic pediatric emergency department?

Methods for systematic literature search

To identify articles pertaining to pediatric emergency medicine, we used the following MeSH terms in the MEDLINE/PubMed database to identify articles published between January 1960 and February 2008 in the field of pediatric emergency medicine: "hospitals, pediatric" AND ("emergencies" OR "emergency service, hospital" OR "emergency treatment" OR "emergency medicine"). We further qualified this sequence by adding the search terms "AND return", "AND recidivism", "AND 72 hour" and "AND 48 hour" (independently) to further identify articles related to pediatric ED return visits. We also performed an expanded MEDLINE/PubMed search of published literature on the subject using the search terms "pediatric" AND "emergency" AND "return". We reviewed English language abstracts in peer-reviewed journals for relevant articles from both search techniques. Articles were included if they reported descriptive analyses of pediatric return visits in US hospitals. Given the narrow area of focus, all population sizes were considered, and the timeframe of RVs was not specified in these criteria.

Searching with the MeSH sequence and "return" yielded 17 results, 16 of which were excluded after abstract review for relevance. Using the MeSH sequence with the independent

terms “recidivism”, “72 hour” and “48 hour” did not yield relevant additional articles. The expanded MEDLINE/PubMed search yielded a total of 102 articles, 82 of which were excluded. After abstract review using the criteria described above, a total of 1 additional article was found; thus, a total of 2 articles were included for review in the study. (Note that, for purposes of identifying research and analysis techniques, I included a Canadian paper on 72-hour RVs, which I identified using the above criteria.)

Systematic Review

The literature search described above identified three studies of return visit patients in pediatric emergency departments. The most relevant of the three articles reviewed was published in 2004 by Alessandrini et al.¹ Given the lack of published research on the topic of RVs in PEDs, the authors of this article determined to identify the incidence of 48 RVs, types of RVs and associated factors. The authors conducted a retrospective study of patients seen in the ED of an urban tertiary care teaching hospital in 1998; in their methods section, they describe first identifying 48-hour RVs from a computerized log in which basic demographic data as well as chief complaint, nursing triage category, discharge diagnosis and admission status. Although it is not entirely clear from the authors’ study protocol, the authors state later in the article that no chart review was performed, rather that they accessed the computer log database and extracted data from it. This includes identification of certain visit characteristics, including whether the visit was unscheduled, scheduled, patient was called back or left without being seen. There is no information as to whether this information was verified by each physician or merely recorded by one investigator.

The authors also analyzed data to determine what visits occurred on weekends and 7 major US holidays, as well as by shift (day, evening or night shift). The principal outcome of

interest was RV within 48 hours of initial presentation. The authors sought to determine associations between this outcome and a variety of variables, including diagnosis, day/shift/date of presentation, age and sex. Diagnoses were grouped first into 28 different final diagnoses (based on whether the diagnosis had occurred more than 5 times in the dataset), then into four categories: respiratory-related, infectious, trauma and miscellaneous.

The authors found a total RV rate of 3.5%, noting that 79% were unscheduled, 17% scheduled, and 4% called back to the ED. Infectious disease, respiratory disease and trauma were the most common RV diagnoses. In the 1,893 48-hour RVs identified (out of 54,784 visits), RV patients were more likely to be younger than 2 years old, to be admitted to the hospital, and to be triaged as acute; relative risks for these groups were 1.3, 1.3 and 1.1, respectively. The mean age of patients with RVs was 4.6 years, with a median of 2 years. Nearly 50% of RV diagnoses were infectious; more than half of these were fever or viral illness or head and neck infections (pharyngitis, otitis media). Asthma and reactive airway disease was the most common respiratory diagnosis; burns were the most common trauma diagnosis. In their analysis of the timing of RVs, the authors found that RV timing reflected the timing of visits by the total ED population; in other words, their analyses of shift, weekend and holiday-related RVs revealed a temporal association between the RV patients and increased PED visits in general.

RVs in particular were, overall, related to the initial presentation; only 4% were for unrelated complaints; interestingly, however, there was no difference in the proportion of patients with high acuity at the initial visit and the RV. RV patients younger than 1 year of age were more likely to be called back by the physician than older patients; 38% of total call-backs were due to positive blood cultures, as determined after discharge from the ED.

The authors also detected seasonal variation in RVs—with an increase in RVs during winter months—even when controlling for baseline patient volume. The authors had two hypotheses about this observation: the first was that RVs increase with the increase in infectious diseases in winter months. The second hypothesis was that, in times when ED volume increases, the ED is more hectic and less patient/parent teaching takes place at discharge. The authors were careful to note that an attending physician saw every patient, ruling out concerns regarding unsupervised house staff.

Alessandrini et al.¹ noted several differences between their study data and those associated with adult ED RV literature. One adult study identifies musculoskeletal trauma as the most common reason for RV, with toxicology and cardiovascular disease representing the highest percentage of avoidable returns.⁵ This study has several limitations. The authors' decision not to perform a chart review and to rely on computer log databases raises the question of accuracy in the computer log. There are several potential sources for bias in a computerized database, including potential for the influence of billing, e.g. increased reimbursement for certain ICD-9 diagnostic codes or acuity levels. This problem could have been resolved, to a great extent, by reviewing charts for a randomly selected group of individuals within the sample in order to get an idea of overall accuracy.

The second article identified was published in 2006 by Goldman et al.³⁰ Although this study was conducted in Canada, I have included it for analysis due to the extremely limited amount of research on the subject, and to further assess analysis techniques that might be pertinent for my own research. The authors of this study reviewed records of patient visits to a tertiary care pediatric hospital's PED during 2003, including demographics, time of visit and

acuity; they excluded individuals who left without being seen, left against medical advice, or were admitted to the hospital.

Goldman et al. found a 5.2% 72-hour RV, with 25% of patients returning within 72 hours under the age of 1 year, and with increasing likelihood of RV with decreasing age. In addition, the higher the initial visit acuity, the more likely the patient was to return within 72 hours. The authors also found a temporal element, with an increased likelihood of 72-hour RV correlated with the busiest ED hours (8pm until midnight).

The authors reported their results as odds ratios, a different approach from Alessandrini et al., and possibly more appropriate in the case of a retrospective study. They also detected no seasonal variation in either univariate or multivariate analyses, although there were lower RV rates during spring and fall when compared to winter and spring. Goldman et al. note that the strongest influence on 72-hour RVs is patient age—an observation seen in other analyses—and attributed by the authors to underdeveloped communication skills.

Of note, the authors excluded 7,241 patients from the database for analysis. The reasons for exclusion included that patients left without being seen, left against medical advice, were admitted, were transferred, or did not have a recorded disposition. The authors do not specify numbers of patients in each of these categories, allowing the possibility of significant underreporting of the true number of RVs seen. The authors cite the inability to discern why patients are returning to the ED so soon after discharge as a limitation of their study. Many of the differences between the results of Goldman et al. and Alessandrini et al.'s studies might be attributed to differences between the Canadian and US health systems.

The third article I analyzed is LeDuc et al.'s 2006 analysis of PED recidivism,³¹ in which the authors attempted to obtain and analyze demographic and diagnostic characteristics

associated with 3-month and 48-hour return visits. The authors looked at a sample of 932 patients and analyzed the prevalence of visits within the previous three months and 48 hours.

Four percent of their sample had presented for a short-term preceding ED admission. Seventy percent of the 48-hour RV patients had a primary care provider and insurance coverage, and age, health insurance and symptom severity were not related to RV status. The most frequent cause of 48-hour RV in this population was lack of availability of a primary care provider at the time of the visit, confirmed by higher frequency of visits during evening and weekend hours.

The authors report, based on their analysis, that traditional determinants of ED utilization (listing insurance and chronicity of symptoms) are not reliable predictors of RVs, while risk factors of age, race and diagnosis were significantly associated with return visits. They did identify certain specific diseases or conditions that warranted focused attention, including neurological disease, infections and parasitic diseases. Their results in the 48-hour patients RVs aren't especially reliable, however, due to the fact that they identified and reviewed charts for only 38 patients who returned to the PED within 48 hours.

Inclusion/Exclusion Checklist

This checklist is adapted from Cook et al.³²

Citation	
Level of review:	<input type="checkbox"/> Title <input type="checkbox"/> Abstract <input type="checkbox"/> Article Date of review: / /
Reviewer:	Hallam Gugelmann
Selection Criteria Met	
Population: Does the study specifically address pediatric (≤ 18 yrs) patients?	<input type="checkbox"/> yes <input type="checkbox"/> no
Setting: Does the study take place in an emergency department setting?	<input type="checkbox"/> yes <input type="checkbox"/> no
Outcome: Does the study include a discussion of return visits to the ED?	<input type="checkbox"/> yes <input type="checkbox"/> no
Action:	<input type="checkbox"/> Include <input type="checkbox"/> Exclude
Reasons for exclusion:	

Quality scoring checklist

0=poor, 1=fair, 2=good, 3=excellent

Authors, Year	Source Population Description	Study Population Representative of Source?	Adequate data collection?	Data collectors identified?	Appropriate analysis?	Adequate result reporting?	Overall quality score (max:18)
Alessandrini, Lavelle, Grenfell, Jacobstein, Shaw; 2004	2	2	3	2	2	3	14
Goldman et al. 2006	2	1	1	1	2	2	9
LeDuc et al. 2006	2	2	1	1	1	1	8

Statistical Analysis

Past authors analyze emergency department RV data using a variety of methods.

Alessandrini et al.¹ used Pearson’s chi-square (χ^2) or relative risks (with Cornfield 95% confidence intervals) for categorical data, and either Student’s t-tests or the Mann-Whitney U Statistic (Wilcoxon rank-sum) for continuous data. All of these tests were 2-tailed, with a p-value cutoff of <0.05 for consideration of statistical significance. On further analysis of their work, these authors described univariate statistics using percentages to obtain an overall understanding of their study population.

The authors describe their study as a “retrospective cohort analysis”. Cohort studies involve the identification of a disease- (or outcome-) free group of people (a cohort) who are grouped according to exposure to a potential cause of the disease or outcome in question.³³ In other words, cohort studies involve identification of population by exposure and subsequent measurement of outcome. The measurement involved is incidence, and the measure of association is the risk ratio.

For the purposes of RV analysis, the exposure is visiting the ED, and the outcome is 72-hour return visit.

After reviewing the data involved in this study, we decided that the dataset was large enough to conduct logistic regression as described in the “Methods” section above.

→ *Addendum to Results*

Overview: For the purposes of both the above manuscript and the current addendum, the data extracted from the patient database is organized according to the “Outline of Manuscript Results” box below. Given that these sections are represented in abbreviated format in the manuscript’s “Results” section, this addendum will serve as a supplement to the information presented above.

Outline of Manuscript Results
1. Descriptive Statistics <ul style="list-style-type: none"> ● Patient characteristics <ul style="list-style-type: none"> Primary variable: Insurance Age Gender Race Distance to ED ● Timing-related statistics ● Diagnosis or condition-related data
2. RV-specific analyses <ul style="list-style-type: none"> ● Timing-related statistics ● Diagnosis or condition-related data
3.

1. Descriptive Statistics

● Patient characteristics:

Primary variable: Insurance Type: Insurance

type was initially recorded in 114 separate payer types. Google searches served to identify which of these could be classified as private or public (either federal, state or military-funded) insurance types.

The data were then simplified and recoded into the four main insurance types (those listed above, with the addition of a category for “unknown” status).

Age: Patient age at the time of presentation was initially presented in months. These data were converted to years, then grouped by year (0-1 year old, 1-2 years, etc.). Dummy variables were generated for each year in Stata and the logistic regression model was run. It is important to note that although the results were statistically significant, increasing the number of variables included in the model increases the likelihood that a statistically significant relationship will be found. These data were then recoded into 3-year intervals (0-3, 3-6, etc.) and the logistic regression model was re-run. Again, the overall result was statistically significant, and showed

that patients between the ages of 3-6, 6-9, 9-12 and 12-15 had statistically significantly lower odds of returning to the ED within 72 hours when compared to patients of age 0-3.

Gender: [see manuscript section]

Race: [see manuscript section and Shortcomings section]

Distance to ED: The database includes billing addresses for almost all of the patients presenting to the ED during the timeframe analyzed. Using billing address as a proxy, I was interested in ascertaining whether living closer to the ED might have bearing on 72-hour RV rates. This involved measuring the distances between the 1,173 recorded city of residence and the ED using GoogleMaps, then re-coding the database to present distances instead of city of residence. These distances were then divided into 10-mile increments from 0 miles to the final category of 50+ miles; these data were used in the logistic regression model to identify a relationship.

- Timing-related characteristics

Shift analysis: Data related to timing of patient visits and return visits were first categorized into eight-hour shifts as a means of grossly assessing the most common times of presentation for individual visit types. Individual RV patients' preceding visits were included in the analysis in order to identify a causal relationship between time of presentation and visits resulting in 72-hour RVs. These results are presented in Addendum Graph 1.

Advanced timing analysis: In order to further characterize the relationship between timing with RV status in the patient population, data were also analyzed by grouping numbers of pediatric ED patients by the hour in which they presented to the ED. Because analysis of 24 separate data points using logistic regression is not meaningful (i.e., compounding of potential error increases the likelihood of falsely detecting a relationship), these data were then analyzed

graphically using simple x-y plots and a 2-point moving average of times of presentation.

(Addendum Graph 2)

Weekday analysis: The timing assessment of the dataset included an assessment of all visits, 72-hour RVs and visits preceding 72-hour RVs by weekday of presentation. This involved converting the date of arrival to a weekday, then combining all values for each weekday into a single category. The resulting 7 categories were then graphed with Excel and analyzed using logistic regression in Stata. (Addendum Graph 3)

Seasonal Variation: *[see manuscript]*

- Condition-related analyses

Diagnoses: Diagnoses were recorded in the database in the form of ICD-9 codes in any of ten final diagnosis categories and one ED admission diagnosis. The difficulty in this analysis lay in the extreme variability of the diagnosis recorded: where some patients would have more than 5 diagnoses in the dataset, others would only have 1, or—in some cases—none. This fact made it extremely difficult to ascertain what the most prevalent diagnoses were, or even the percentage of patients for whom no diagnosis was recorded. Ultimately, I decided to identify a single diagnosis for each individual visit; if no ED admitting diagnosis was available, I used the first available value for any of the supplemental diagnoses. Despite using this approach, a significant portion of these values were not available, as described above. This is discussed in detail in the Discussion section.

Acuity: It is important to note that acuity was estimated by physicians in the ED, and that a rigorous, pre-defined rubric for determining this value is not currently in use in the population being analyzed.

Disposition: Disposition was originally recorded in 19 categories, and values for this variable were available in 100% of the patient visits recorded.

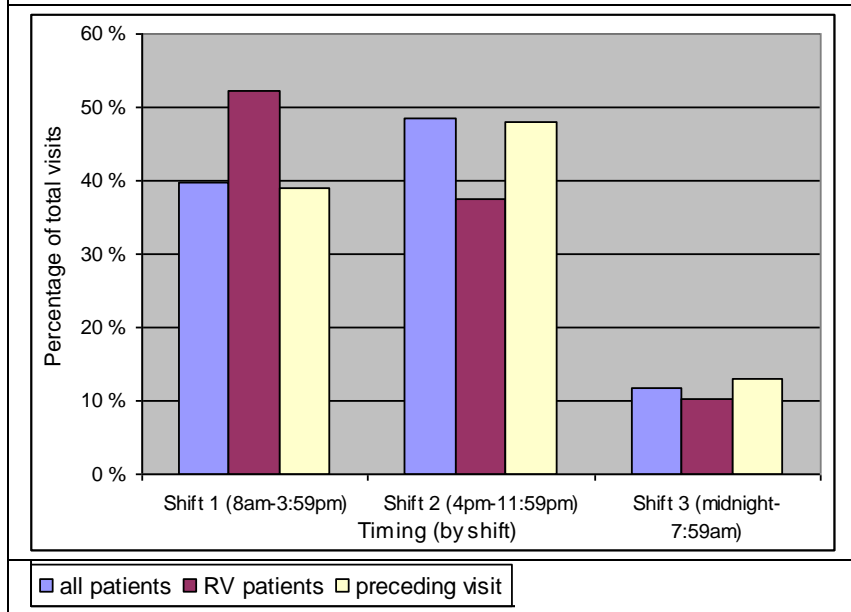
→ Addendum: Additional Graphs and Tables

Addendum Table 1. Summary of recorded insurance status of pediatric ED visits: All non-72-hour return visits compared to RVs.

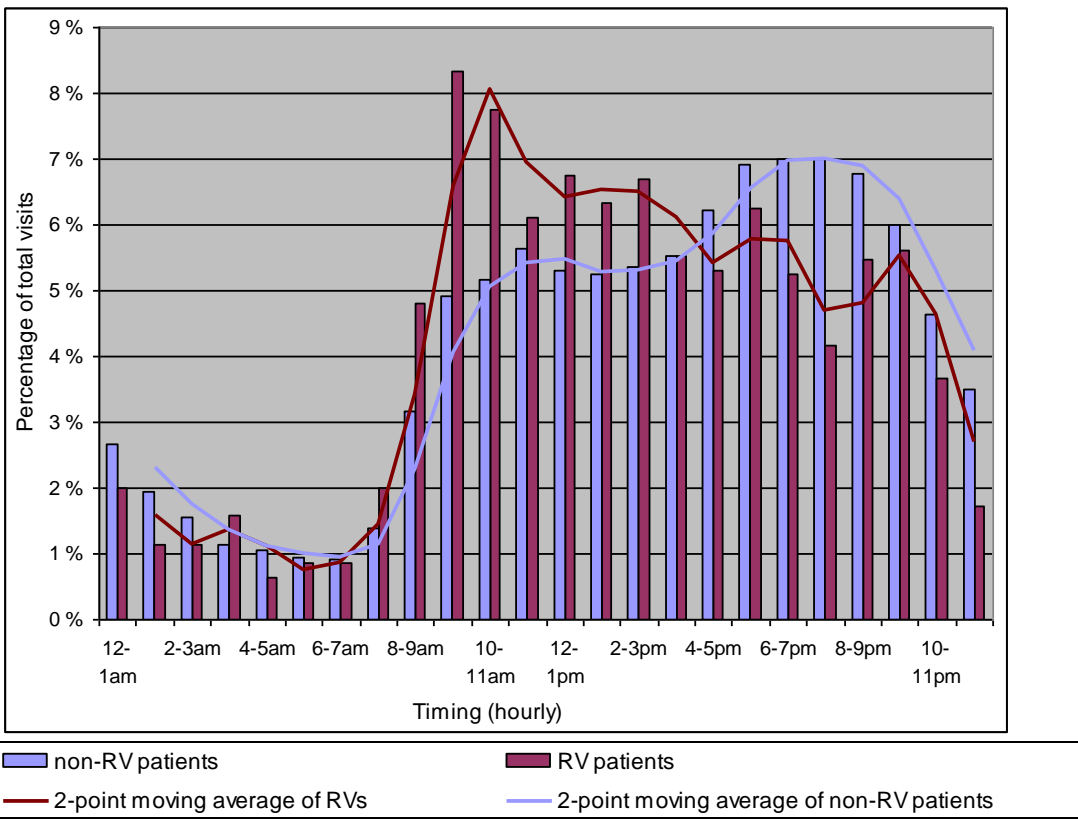
	Non-RV Patients		RV Patients	
	n	%	n	%
Private	10,293	27.0 %	340	24.4 %
Public	21,795	57.2 %	816	58.6 %
Self-Pay	4,915	12.9 %	200	14.4 %
Unknown	1,086	2.9 %	36	2.6 %
	38,089		1,392	

RV: 72-hour return visits.

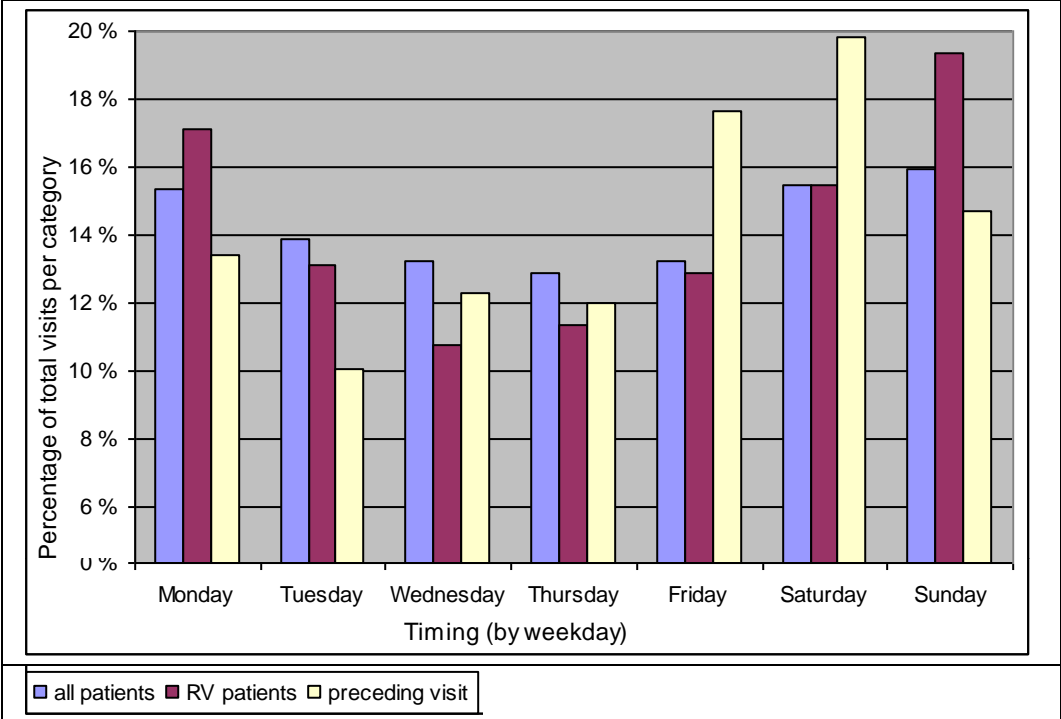
Addendum Graph 1. Time of presentation of pediatric patients in the ED by visit type: Non-return visits, 72-hour return visits, and visits preceding 72-hour returns.

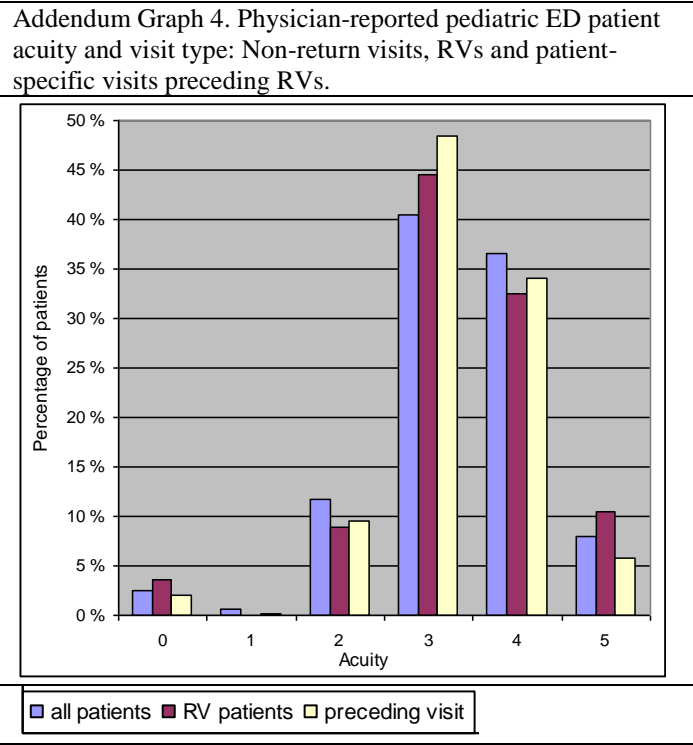


Addendum Graph 2. Timing of all visits and RVs by hour.



Addendum Graph 3. Timing of visits by weekday: Non-RV patients, 72-hour RV patients, and visits resulting in 72-hour RV.





→ *Addendum to Discussion*

Primary outcome and variable of interest

Accepting the results of the primary outcome at face value, this study weakens popularly-held notions regarding ED use among publicly-insured pediatric patients. These results may also reflect shortcomings of the entire medical system in the US; i.e., regardless of insurance type, individuals are equally likely to not have appropriate access to non-ED follow-up with a physician.

The statement presented above regarding inter-institutional differences is especially important when considering these results. Although RVs as a percentage of total pediatric ED visits are similar to those seen in both adult and pediatric literature,¹ further analyses of the type of patients seen in pediatric EDs would need to be conducted and compared to the institution presented in this analysis to assess similarities and differences between patient types at different institutions.

Another conclusion, however, is that another variable is a more significant predictor of 72-hour RV than insurance status. Given the lack of research on the topic of 72-hour return rates among pediatric ED patient populations, the additional variables assessed in this study could provide a great deal of insight into the question of what factors cause patients to return to the ED within 72 hours.

Possible explanations for the negative primary variable and outcome relationship

Reasons for the lack of statistically significant differences between these groups can be classified into three groups: data or statistical concerns, ED system concerns, and patient-related issues.

There are several data-related or statistical pitfalls that could produce falsely negative results. Differentially missing data is a common concern for systematic bias in descriptive studies, however a similar portion of data are missing for both categories in this sample. Also, each group is only missing 3% of insurance type values for each group; these missing values are unlikely to constitute a large enough group of individuals to significantly affect the observed outcome. Small sample sizes can also result in non-representative results; in this case, however, the large sample size of the study population would tend to increase the likelihood of detecting a statistically significant difference between the RV and non-RV populations, even where no clinically significant differences may exist. Another possibility is that data are being excluded from the database differentially. For example, if certain patient types are more likely to be admitted to a fast-track ward than to the general or pediatric ED, those patients' 72-hour RVs may be excluded from the database entirely.

The actions of ED care providers—classified here as system-related concerns—could have a differential effect on decreasing the level of RVs for any individual group. For example, if

high-acuity patients are more likely to have a certain insurance type, and if these individuals are more likely to be admitted directly to the hospital instead of first passing through the ED, then the result would be a flattening of the effect of insurance type on RV status. This study does not address the issue of ED callbacks; if the ED staff are more likely to call back individuals with private insurance for follow-up, then the number of RVs in this group would increase relative to those of the other insurance groups. The issue of access to other treatment locales is also a concern. If publicly-insured or self-pay patients are more likely to be referred to a less costly treatment facility instead of being asked to return to the ED, then the number of RVs to the pediatric ED for these two groups would decline when compared to privately insured patients.

Patient-related issues are a critical element in the current study, and may significantly affect the outcome of this analysis. If the institution studied attracts a population that, as a whole, has little access to primary care, then the role of insurance status would be decreased in 72-hour RV measurements. Another possibility is that patients with a certain insurance type are more likely to present to the current institution initially, however these individuals may then decide to switch to another institution within 72 hours of their initial presentation. In this scenario, 72-hour RVs would be occurring, but not at the institution currently under scrutiny.

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