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## 5 **Dominant words rise to the top by positive frequency- dependent selection**

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## Dominant words rise to the top by positive frequency-dependent selection

### Abstract

35 A puzzle of language is how speakers come to use the same words for particular meanings, given  
 that there are often many competing alternatives (e.g., sofa, couch, settee), and there is seldom a  
 necessary connection between a word and its meaning. The well-known process of random drift –  
 roughly corresponding in this context to ‘say what you hear’ – can cause the frequencies of  
 40 alternative words to fluctuate over time, and it is even possible for one of the words to replace all  
 others, without any form of selection being involved. But is drift alone an adequate explanation of  
 a shared vocabulary? Darwin thought not. Here we apply models of neutral drift, directional  
 selection and positive-frequency-dependent selection to explain over 417,000 word-use choices for  
 418 meanings in two natural populations of speakers. We find that neutral drift does not in general  
 explain word-use. Instead, some form of selection governs word-choice in over 91% of meanings. In  
 45 cases where one word dominates all others for a particular meaning – such as is typical of the  
 words in the core lexicon of a language – word-choice is guided by positive-frequency-dependent  
 selection – a bias that makes speakers disproportionately likely to use the words that most others  
 use. This bias grants an increasing advantage to the common form as it becomes more popular and  
 provides a mechanism to explain how a shared vocabulary can spontaneously self-organise, and  
 50 then be maintained for centuries or even millennia, despite new words continually entering the  
 lexicon.

### Significance

55 Speakers of a language somehow come to use the same words to express particular meanings – like  
*dog* or *table* – even though there is seldom a necessary connection between a word and its  
 meaning, and there are often many alternatives from which to choose (e.g., *sofa*, *couch*, *settee*).  
 We show that word-choice is not just a matter of saying what others say. Rather, humans seem to  
 be equipped with a bias that makes them disproportionately more likely to use the words that most  
 others use. The force of this bias can drive competing words out, allowing a single word to  
 60 dominate all others. It can also explain how languages spontaneously organise, and remain  
 relatively stable for centuries or even millennia.

### Introduction

In his review of August Schleicher’s 1869 pamphlet *Darwinism Tested by the Science of*  
 65 *Language* (1), the 19<sup>th</sup> century philologist Max Müller wrote "a struggle for life is constantly  
 going on amongst the words and grammatical forms in each language. The better, the  
 shorter, the easier forms are constantly gaining the upper hand, and they owe their success  
 to their own inherent virtue" (2). Evidently, so taken was Darwin with Müller’s views that  
 just a year later he quoted Müller’s “struggle for life...” passage in his 1871 book the *Descent*  
 70 *of Man* (3), adding “the survival or preservation of certain favoured words in the struggle for  
 existence is natural selection” (p91).

Linguists since Schleicher’s time have continued to identify regularities in the ways that  
 languages change, including patterns in the replacement of sounds, morphology, syntax and  
 75 words (4-6). For instance, frequently used words tend to be replaced less often than

infrequently used words (7) and irregular verbs have a greater tendency to become regular than do regular verbs to become irregular (8). Linguistic change such as in these two examples, involves some form of competition among alternative words, but were Müller and Darwin right to assume that the changes are driven by natural selection, that is to say, the changes are driven by the “inherent virtue” of the eventual winners?

One of the more significant developments of twentieth century neo-Darwinism was the mathematical formulation of the theory of neutral or random drift (9, 10). This theory, commonly applied to genetic variants, shows that the frequencies of alternative forms change over time simply as a result of random or stochastic effects – no selection need be involved. Applied to language (11, 12) random drift can be used to study changes in the frequencies with which speakers use various words for a given meaning, such as *sofa*, versus *couch* or *settee*. Drift’s importance in population studies, then, is that its mathematical expression provides a precise null expectation against which stronger claims, such as those that Darwin and Müller made, can be assessed (11, 12).

For example, in language a common observation is that when the number of speakers who use a word is plotted against that word’s rank order position in a list of words sorted by frequency, sharply down-sloping curves arise that can be described by the form  $f(k) = \alpha k^{-\beta}$ , where  $f(k)$  is the observed number of speakers who use a word, and  $k$  is its rank order position (1, 2, ...,  $k$ ) (13). Figures 1a-c plot this relationship for the number of people who use one of the  $k$  alternative words for a given meaning. Studies in linguistic settings have shown that drift can produce curves with these shapes (12, 14-16), even the extreme example in Figure 1c where, among competing alternatives, one word has risen to the top dominating all others. On the other hand, while drift can in principle produce any monotonically declining curve, some outcomes of drift are more probable than others (17), and in particular shapes such as Figures 1b and c are relatively unlikely under drift. So, the real question becomes not whether drift can produce outcomes such as those in Figures 1a-c, but whether mechanisms other than drift provide more likely explanations. This is the challenge that claims of selection in language must meet.

Here we investigate the contributions of random drift (D) along with three forms of selection – directional selection (DS), positive frequency-dependent selection (FDS) and a model that combines directional with positive frequency-dependent selection (DS+FDS; **Methods**). Drift asks what frequency distributions of speakers per word emerge over long periods of time if speakers use words randomly in proportion to the number of other speakers using them. Directional selection incorporates drift but allows some words to be inherently better or worse than others. An example of directional selection is that shorter words, or words that are easier to pronounce might have an advantage, especially when they are frequently used in speech (18). Alternatively, a word might acquire an advantage from being used by a high status person. Directional models including various social, phonetic or other biases have been proposed for linguistic change (19), or, for example, in cultural settings to understand the choice of colour terms, musical preferences or baby names (20).

120 Positive frequency dependent selection refers to a scenario in which the likelihood that a  
 speaker will use a word increases disproportionately to the number of other speakers using  
 it. Positive frequency dependence is observed in nature for aposematic or warning colours in  
 insects, as the aposematic signal often becomes increasingly effective at deterring predators  
 as it spreads through a population (21). Elements of the frequency-dependent process  
 125 appear in early work in statistics (22), and in cultural settings, positive frequency-  
 dependence or ‘conformist bias’ (23) has been investigated to explain the evolution of  
 cultural forms (24), and the diffusion of innovations (25).

130 We implement these models in a computational framework that allows us to assess their  
 relative contributions to explaining word choice in two regional American populations.

### Data and Results

Our data come from over 417,000 responses obtained from over 2000 respondents in two  
 regional surveys conducted as part of the Linguistic Atlas Project (LAP (26), SI): the *Linguistic*  
 135 *Atlas of the Mid-Atlantic States* (n=1162 individuals, LAMSAS (27)) and the *Linguistic Atlas of*  
*the Gulf-States* (n=914 individuals, LAGS (28)). The LAP was designed to elicit local and  
 regional variation in the words used for common vocabulary items. For example, the LAP  
 does not investigate lexical variation in the number words, words for days of the week or  
 months of the year, or pronouns for which typically a single word is used in each case.

140 Trained linguist interviewers guided conversations toward pre-determined topics (such as  
 weather, food, buildings, and furniture), recording the words their respondents used for  
 concepts or meanings such as *sofa*, *umbrella*, *chimney*, *canal*, *sit down*, *frost* and *what*  
 (Tables S1,S2).

145 The LAGS and LAMSAS datasets yielded frequency distributions of the number of speakers  
 per word for 325 and 93 meanings respectively, including meanings such as *cobbler*, *sweet*  
*potato*, and *axle* (Figures 1a-c, Tables S1 and S2). Most meanings are nouns (n=301, 72%),  
 followed by verbs (n=53, 12.6%), expressions (n=34, 8.1%), adjectives (n=19, 4.5% and  
 deictics (context-dependent expression, n=11, 2.6%). The number of words reported per  
 150 meaning is skewed ranging from 2 to 240 with a mean of  $30.4 \pm 25.3$  (median = 25.3, Figure  
 1d). Because LAP meanings were selected to elicit variation among speakers, this figure  
 over-estimates the average degree of variation in the lexicon, and is probably not  
 representative of what might be thought of as a language’s core vocabulary. However, this  
 bias does not affect our study because our interest is in identifying which processes are  
 155 responsible for different patterns of word-use, and especially cases where a single-word  
 dominates, not the proportion of words explained by *drift*, *directional selection* and  
*frequency-dependent selection*.

We compared the four models in a Bayesian setting to discover which of the 418 frequency  
 160 distributions of number of speakers per word (such as Figures 1a-c) they best describe  
 (**Materials and Methods**, SI). Our Bayesian approach yields a posterior probability for each  
 model for each meaning. Because the posterior probabilities sum across models to 1.0 for  
 each meaning, a model’s posterior provides a measure of its relative success for that  
 meaning.

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Overall, we find little support for random drift (*D*) as a description of the process by which words propagate through a population of speakers (Table 1): some form of selection provides the more probable explanation of the word frequency distributions for over 91% of the meanings, and the results are nearly identical in the two datasets. Drift, or roughly ‘say what you hear’ or ‘copy others’ does not provide an adequate description of word-choice. A recent study of three historical grammatical changes also found mixed support for drift (11).

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The *FDS+DS* model performs best (Table 1), but appears principally to mimic or compete with *DS* rather than adding a new element to the description of the data: the sum of the *FDS+DS* and *DS* posterior probabilities obtained when all four models are considered (top row, Table 1) correlates across meanings  $r=0.97$  ( $n=418$ ) with the *DS* posterior probabilities obtained in the absence of *FDS+DS* (‘w/o *FDS+DS*’ row, Table 1). We therefore drop *FDS+DS* from further consideration on grounds of parsimony, and analyse the posterior probabilities obtained when we compete the *drift*, *directional selection* and *frequency dependent selection* models.

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Our primary interest is in which of the three evolutionary processes (*D*, *DS*, or *FDS*) is most likely to yield strong concordance among speakers as to which word or words to use for a given meaning. In this context, drift tends to provide the best explanation for meanings whose frequency distributions imply the least concordance. For these meanings a variety of words is used by speakers, all co-existing at relatively high frequencies, such as is true of *cobbler* (Figure 1a). Other meanings whose words were governed by drift include *relatives* and *parlor* (Tables S1,S2 and S4).

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Where directional selection prevails speakers typically report a smaller number of words, but it is often the case that two or three words are found at relatively high frequencies, with a number of other alternatives at much lower frequencies. Thus, *DS* is the best fitting model for *sweet potato* (Figure 1b) for which both ‘sweet potato’ and ‘yam’ were used at high frequencies. *DS* was also the best fitting model for *sofa – sofa* and *lounge/couch* used at high frequencies – and *coffin – coffin* and *casket* used at high frequencies (Tables S1,S2 and S4). Directional selection, then, yields less variety among speakers than drift but does not seem strong enough in the face of the continual influx of new words to raise one of them to a dominant position.

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Where speakers are highly likely to use the same word for a meaning, positive frequency-dependent selection provides the most probable explanation of the word frequencies. This is observed for *axle* (Figure 1c) where one form (‘axle’) dominates a group of alternatives that only a negligible number of speakers used. Other meanings for which nearly all speakers use the same word and for which *FDS* also provided the best explanation include *towel*, *syrup* and *biscuits* (Tables S1,S2 and S4).

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Confirmation that the three different processes yield frequency distributions of word-use with the shapes characteristic of Figures 1a-c can be seen in Figure 2 where the models carve out largely non-overlapping portions of a two-dimensional parameter space defined by

210 two statistics: *2/1 ratio* (the ratio of the 2<sup>nd</sup> most frequent to the most frequently occurring  
 word) and *heterozygosity* or *H*, a statistic commonly used in genetics to measure the  
 variation in the frequencies of genetic alternatives, here applied to word frequencies (SI). A  
 low 2:1 ratio means that the drop-off in frequency from the most to the second most  
 frequent form is great, and thus is indicative of one word dominating (e.g., *axle* has a low 2:1  
 215 ratio). Equally, a low value of *H* also indicates that one word dominates: if one word  
 dominates there is little variation among words in their frequencies – i.e., most respondents  
 use the same word. Both of these features are true of *axle*.

Consistent with these interpretations, frequency dependent selection governs word-choice  
 220 for meanings that sit in the lower left portion of Figure 2, corresponding to low 2:1 ratio and  
 low heterozygosity. At the other extreme, random drift (*D*) best explains those cases with  
 the least concordance among speakers and consequently they have high *2/1 ratio* and high  
*heterozygosity* (Figure 2, upper right). Meanings that directional selection explains best tend  
 to fall in the middle.

225 Where *FDS* is dominant the frequency-dependent selection parameter, *s* (**Methods**; Figure 3  
 left panel), is more than three times higher than for the remaining meanings (*FDS* meanings:  
 $\bar{s} = 0.013 \pm 0.014$ ,  $n=74$ ; *D* and *DS* meanings:  $\bar{s} = 0.004 \pm 0.002$ ,  $n=344$ ). *FDS'* posterior  
 probability increases curvilinearly in *s* (Figure 3 right panel), such that when  $s \geq 0.006$ , *FDS*  
 230 always provides the best explanation of the data. *FDS* can still predominate even when  
 concordance among speakers appears to be lower (Figure 2, upper right). But these tend to  
 be meanings with two words competing at high frequencies plus an unusually large number  
 of other words at much lower frequencies (*F*-test of  $\log(\text{no. words})$  by winning-model for  
 meanings with *2/1 ratio* > 0.5,  $F=5.12$ ,  $df=2$ ,  $p=0.007$ ; all *p*-values throughout are two-tailed).  
 235 As a consequence of the large number of words, high levels of *s* ( $F=4.84$ ,  $df=2$ ,  $p<0.007$ ) are  
 required to maintain the two dominant words above the others. For example, for the  
 meaning *a little way*, two phrases – *a little ways* and *a little piece* – were the most  
 commonly used and at nearly equal frequencies.

#### 240 **Characteristics of words are only weakly related to word-use.**

We scored all of the words for a representative sample of  $n=232$  meanings (totalling  
 $n=252,506$  responses, *SI, Word and Meaning Characteristics*) on four attributes related to  
 ease of pronunciation: *complexity* (no. of words in the reply: some replies consist of more  
 than one word, such as *help yourself*), *length* (number of sounds or phones in the reply),  
 245 number of *obstruent* sounds, corresponding to consonant sounds whose production  
 requires that the airway is obstructed (such as *g* in 'good') and number of *sonorant* sounds  
 or consonants that do not obstruct the airflow. We then correlated words' pronunciation  
 scores with the logarithm of the number of speakers who used them, separately for each  
 meaning. This yielded 232 correlations, each one of which tests the question of whether  
 250 speakers tend to use the 'better' words. We converted the correlations to *z*-scores so as to  
 put them on comparable scales and combined them in histograms.

If word characteristics are unrelated to word-choice, we expect the *z*-score distributions to  
 be centred at zero (corresponding to correlations of zero). Instead, all four distributions are



255 shifted slightly to the left of zero meaning that the words that more of the speakers used  
 have a weak tendency to be easier to pronounce: they are less *complex*, they require fewer  
 sounds (shorter *length*), and they have fewer *obstruents* and *sonorants* (Figure 4 upper row).  
 The effects in the latter three variables might be confounded by *complexity*: replies with  
 260 *complexity* (Figure 4 lower row) the words that are used by more speakers have fewer  
 sounds, including both fewer obstruents and fewer sonorants. Controlling further, for  
*length*, the effects of obstruents and sonorants disappears (not shown).

The correlations (z-scores) in Figure 4 are small and frequently reversed (any z-score > 0 is  
 265 opposite to expectation). The weak correlations might reflect the effects of selection itself:  
 by removing ‘bad’ words the variance among the remaining words in the characteristics  
 related to ease-of-pronunciation is reduced, as is the covariation of these characteristics  
 with the number of speakers who use them. As a consequence, the correlations are unduly  
 influenced by other, background, random factors that affect how many speakers use a word,  
 270 but which are unrelated to ease-of-pronunciation – an effect consistent with Robertson’s  
 secondary theorem(29) from population genetics. Nevertheless, even though small, the  
 correlations in Figure 4 align with the observation from the general lexicon that frequently  
 used words, such as *you, me, he she, I* and the number words tend to be short and easy to  
 pronounce (30), and that languages spontaneously adjust to improve their transmissibility  
 275 (31). However, we find that the highest frequency words for the meanings the *FDS, D* and *DS*  
 models best explain do not differ in their mean scores on the four pronunciation attributes  
 (all p-values >0.18). This suggests that ease of pronunciation of words does not play a strong  
 role in determining the eventual shape of the frequency distributions of numbers of  
 speakers per word.

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#### **Characteristics of meanings do not differ among models.**

We additionally examined characteristics of the meanings (as opposed to the words).  
 Meanings that drift (*D*) best explained are no more or less likely to be a particular part of  
 speech than expected from the overall data ( $p=0.56$ ), and the same is true of *DS* and *FDS*  
 285 meanings ( $p=0.87$  and  $p>0.82$ , respectively). We identified for each meaning the word used  
 by the greatest number of speakers, and then obtained the frequency-of-use of that word  
 from the Corpus of Contemporary America Usage, COCA (32). A word’s COCA frequency is  
 thus not the same as the number of speakers in our study who used a particular word.  
 Rather, a word’s COCA frequency measures how often it appears (relative to words for  
 290 thousands of other meanings) in a very large sample of word-use (Figure S1). Our interest is  
 to discover whether the top words for the meanings the three models best explained differ  
 in their average COCA frequencies. We find that they do not (geometric mean frequencies in  
 COCA,  $p=0.45$ ): thus it is not the case that, say, words that drift best explained are used less  
 or more often in general, and so on for the other two models. Meanings’ mean  
 295 ‘concreteness’ scores (33) are also similar among models ( $p=0.73$ ) as are their average ages  
 of acquisition(34) ( $p>0.10$ ). However, among *FDS* meanings the strength of posterior support  
 positively correlates with its concreteness rating ( $r=0.38$ ,  $p=0.0004$ ,  $n=55$ ), while this  
 relationship is not true of *DS* ( $r=0.10$ ,  $p=0.10$ ,  $n=262$ ) or *D* meanings ( $r=-0.16$ ,  $p=0.42$ ,  $n=26$ ).

## 300 Discussion

Our results support Darwin's (3) contention that the words that have survived long enough to become commonplace in everyday speech have got to their positions of favour via a process of natural selection, even if not always by what Müller (2) called their 'inherent virtue'. Thus, the non-selective process of random drift, or roughly 'say what others say',  
 305 although capable of producing distributions such as those seen in Figures 1a-c, does not provide a general description of word-choice. When new lexical variants are continually being introduced into the vocabulary, as is generally true of language, drift is not strong enough on its own to elevate one or a small number of words to high levels. The answer to the question of how speakers come to use the *same* words, then, is not that they merely  
 310 copy each other.

Directional selection can to some degree move people towards using the same words. This is seen in the lower *H* scores for words that directional selection explained, and more generally in the weak tendency we observed for speakers to prefer shorter and easier to pronounce  
 315 words. But this latter effect held across all of the meanings and so does not help to discriminate the meanings that drift and directional best explain from those that frequency-dependent selection explains. Once again, speakers' continual inventiveness with language perhaps removes any simple link between features of words and how often they are currently used: linguistically 'good' words might only have arisen recently and therefore not yet achieved a high frequency, or some otherwise good words might be on their way out of use, having been replaced by others.

By comparison, positive frequency dependence provides an account capable of explaining how speakers come to use the same word for a meaning, such as is typical of what we might think of as the core vocabulary. And this is where we depart from Müller, and we suspect from Darwin, in that under positive FDS a word's 'inherent virtue' seems to play a relatively small role; instead words that, even if from random fluctuations get used at higher frequencies, convert listeners' minds to adopt them as their favoured word, and do so more than would be expected from their frequency alone. This 'conversion' might arise from mere exposure (35) or from active copying of common forms – so-called 'conformist bias'(23).  
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The value of a conformist bias is perhaps most pronounced in precisely the sort of circumstances that language poses. Communication is important, and so speakers will want to use the right words, but how should they decide which word to use from a number of competing alternatives? In such a situation, an 'agent' that positively 'locked on' to the words that most other people used, or more generally had a motivation to do what most others do, would more quickly achieve a higher or more efficient degree of communication than an agent that merely copied what it heard others saying. Conformity bias such as this has been widely studied in species from fish to humans acting in social and learning milieu  
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 340 where the right course of action is difficult to know (36-38).

Positive frequency dependence also goes some way toward explaining a key puzzle of language, which is how a shared vocabulary can spontaneously self-organise among a group of undirected speakers even when there are potentially many competing alternative words

345 for each meaning. The implicit agreement among speakers that a shared vocabulary requires  
is made all the more noteworthy by the realisation that, unlike in genetic systems in which  
there is normally a close connection between a gene's primary sequence and its function  
(the protein or other product it produces), in language there is seldom a necessary  
connection between groups of sounds (words) and their meanings, even if some sounds  
350 occur more frequently for certain kinds of meanings (39).

But, under positive *FDS*, a word's fitness (likelihood that a speaker will use it as opposed to  
some other word) continues to increase disproportionately as it becomes more common,  
and this force eventually propels the word to fixation, that is, it becomes the sole word used  
355 for that meaning. Unlike with drift or directional selection, this increasing strength of  
selection continues in spite of the constant influx of new words, which by virtue of being at  
low frequencies will have low fitnesses. Indeed, at fixation the force of positive *FDS* is  
greatest and so positive frequency dependence could also help to explain how some words  
can remain paired with a meaning for hundreds or even thousands of years (7, 40), far  
360 exceeding the time-span of the possibly three to four generations that might separate the  
oldest and youngest speakers in a group (frequently used forms are also less buffeted by the  
effects of drift (11, 12)).

Meanings for which respondents collectively reported a large number of alternative words  
365 (e.g., Figure 1a,b), could still be cases of frequency-dependent selection acting  
independently within sub-contexts of that meaning, each of which has its own favoured  
word or set of words. This might be true of meanings that admit a wider coverage or  
breadth of contexts than others. The meaning 'cobbler' for example, best explained by drift,  
might include a wider range of contexts than the meaning 'axle', best explained by *FDS*. If  
370 the words corresponding to the various sub-contexts of meanings with greater breadth are  
combined into a single distribution, something like that of Figure 1a (cobbler) could emerge,  
but be hiding sub-contexts in which a single word or small number of words dominates. We  
have no evidence that this is the case, but if true some of our drift or directional selection  
meanings might actually be *FDS* meanings.

375 Our modelling assumes that the number of different word forms for a meaning is in a  
stochastic equilibrium fluctuating around some average maintained by the loss of existing  
words and the gain of new ones. This is, of course, an approximation, but consistent with  
this assumption, the number of different words per meaning correlates 0.87 for the sixty-six  
380 meanings that occur in both the LAMSAS and LAGS datasets, and the top two words for  
many of the meanings are the same (SI). Nevertheless, it is possible that some of our word  
distributions in which two or a variety of words is commonly used could eventually resolve  
to a single dominant word, or in other cases a contender to a dominant word might arise.  
Our modelling also treats each respondent as having just a single word for each meaning,  
385 when in fact most respondents would probably recognise all or nearly all of the various  
words that other respondents reported. Our assumption is that respondents are telling us  
the word they would be most likely to use.

390 It does not escape our attention that the mechanism of frequency-dependent selection is  
 also the mechanism that would govern most fads or the rapid spread of novel cultural forms  
 and ideas. In this sense, language is laid bare as a cultural phenomenon, subject at least in  
 part to fluctuations in usage that could often be little more than whimsy in origin. And,  
 indeed, such linguistic-fads are seen, as in the rapid spread of slang and other vernacular  
 elements. Why the core lexicon is relatively shielded from the ephemeral existence of most  
 395 fads is an intriguing subject for lexicographers, linguists, sociologists and others interested in  
 cultural change. One possibility is that most language-use is designed to convey factual  
 information while fads are at least partly driven by status and identity signalling that derives  
 its force from novelty and thereby loses momentum as a phenomenon becomes common;  
 and this might give insight into what constitutes a mere fad versus something that will  
 400 become more lasting.

### Materials and Methods

*Models.* We suppose that the number of speakers who use each of the  $i=1\dots k$  different  
 words for a particular meaning (e.g., Figures 1a-c) represents the long-term outcome of a  
 405 mutation-selection balance process in which new words or expressions continually arise at  
 some rate  $\theta$  and are continually affected by selection.

Let

$$410 \quad W_i = \frac{x_i^{(1+s)} w_i}{\sum_i (x_i^{(1+s)} w_i)} \quad (1)$$

where,  $x_i$  is the frequency of speakers in a population who use alternative form  $i$  ( $i=1\dots k$ ),  $s$   
 represents the strength of frequency-dependent selection acting on  $i$  ( $s \geq 0$ ),  $w_i$  is a  
 coefficient denoting the intrinsic fitness of word  $i$  independently of how many speakers use  
 415 it, and the summation in the denominator is over all forms  $i$ . Defined this way,  $W_i$  is the  
 expected frequency in the next generation of word  $i$  relative to the other words for a  
 particular meaning.

When  $s=0$  and all  $w_i = 1$ , all words are equivalent and equation 1 describes *random drift* ( $D$ ).  
 420 Drift ( $D$ ) supposes that a number of neutral alternative words exist for a given meaning, that  
 new forms are continually introduced and that speakers use words in proportion to the  
 number of other speakers who use them.

Setting  $s=0$  but allowing  $w_i$  to vary among words, yields a model of *directional selection* ( $DS$ )  
 425 that incorporates drift but allows some words to be better or worse than others by an  
 amount that depends upon the magnitude of  $w_i$ . The  $w_i$  are not optimised or fit to the  
 observed frequencies as this would assume that ‘better’ words have higher frequencies.  
 Rather, they are assigned to words at random as they enter the lexicon (see *Model*  
*estimation*, below).  
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If  $s > 0$ , but all  $w_i = 1$ , equation 1 describes *positive frequency-dependent selection (FDS)*. Under *positive FDS* the likelihood that a speaker will use a word increases disproportionately to the number of other speakers using it. The strength of frequency dependence is characterised by the parameter  $s$  (equation 1), where positive frequency dependence corresponds to  $s > 0$ . Finally, we created a model that combines *positive-frequency dependent selection with directional selection (FDS+DS)*.

*Model estimation.* We used Approximate Bayesian Computation (ABC, (41, 42), SI) to estimate models' abilities to predict each meaning's frequency distribution of speakers. ABC is widely-used in population studies because it can incorporate the effects of drift and selection acting within populations. ABC simulates models a large number of times with parameters drawn randomly from prior distributions, retaining the simulations closest to the observations. These retained runs sample from the posterior distribution of model parameters most likely to have given rise to an observed set of data,  $y$ .

The ABC design is (41):

i) Draw  $\theta_i \sim \pi(\theta)$ ,

ii) Simulate  $x_i \sim p(x | \theta_i)$ .

iii) Reject  $\theta_i$  if  $x_i \neq y$ , where  $y$  are the observed data. The subset of draws from  $\theta$  that produce  $x_i$  similar to  $y$  define the posterior distribution of  $\theta$ ,  $p(\theta | y)$ .

Here,  $\theta$  is a vector corresponding to the parameters of the evolutionary model,  $\pi(\theta)$  is the prior distribution of  $\theta$  (see SI), and the  $x_i$  are simulated from this prior. Alternative forms of the vector  $\theta$  define the drift, directional selection and frequency-dependent selection models, according to Equation 1. The acceptance/rejection at step iii is achieved by use of a set of summary statistics defined on the data (SI).

Simulations (step ii) of the directional selection model randomly associate the  $w_i$  terms with a word when it enters the lexicon reflecting the possibility that, for example, a word newly entering the lexicon, and thus at low frequency, might nevertheless have  $w_i > 1$ . The prior distribution of these weights is centred at 1.0 and then falls away in both directions in a manner roughly corresponding to exponential decline following Ohta (43). The weights then influence, along with the effects of drift, how the word spreads through the population of speakers over generations of word transmission. For description of the priors on the other parameters see the SI.

Our simulations presume a genealogical process (from the perspective of the word) in which words move from speaker to speaker with one of three outcomes: the word might remain unchanged, it can mutate to a new form, or an existing word can replace the word another speaker uses. Over the long term this leads to an equilibrium distribution of word frequencies that is governed by the forces of drift and selection as represented in each model. Word frequencies vary from one generation to the next because fitter forms are more likely to be copied, or because a speaker's word might be replaced by another 'fitter' word, or by mutation creating a new word

*Model Comparisons.* A model's performance relative to the other models is assessed by its Bayesian posterior probability, given by

480  $P(M_i|D) = \frac{P(D|M_i)p(M_i)}{\sum_i P(D|M_i)p(M_i)}$  where  $P(M_i|D)$  is the probability of the data under  
 model  $i$ , and  $p(M_i)$  is the prior probability of model  $i$ .  $P(D|M_i)$  is calculated as the  
 proportion of simulations in which model  $i$  best describes the summary statistics. A model's  
 posterior probability is proportional to the number of simulations (out of a large number) for  
 485 which the model best matched the  $S(y)$ . We then record the 'winner' for each meaning as  
 the model with the highest posterior probability.

*Availability of code.* Code to implement the models is available from A.M. and M.B.

490 *Linguistic Atlas Project Data.* All raw data are available via the Linguistic Atlas Project  
 websites and handbooks. See SI, *Materials and Methods*. In addition, we make available all  
 of our files and filtering criteria available at the Open Science Framework (<https://osf.io>),  
 public project *MotherTongue*.

*Meaning characteristics*

495 *COCA word frequencies.* We identified the most commonly reported word given for each of  
 the meanings in our sample. We then consulted the Corpus of Contemporary American  
 English (COCA(32)), and recorded that word's frequency-of-appearance (written and spoken  
 use), noting its rank-order position in the list.

500 *Concreteness scores.* We obtained 'concreteness' rankings for 40,000 commonly used  
 English words and two-word expressions(33), where concreteness was defined as the extent  
 to which the meaning refers to something that can be experienced directly through the  
 senses (1-5 scale where 5 is concrete and 1 is abstract). We found matches or near-matches  
 in this list to the highest frequency word for  $n=292$  of the meanings in our sample of  $n=418$ .  
 505 The concreteness scores correlate  $r=0.94$  with concreteness ratings obtained from an earlier  
 study of 4291 words(44).

*Age of Acquisition.* We recorded the mean age of acquisition(34) for each of our meanings.  
 We found, as above, matches or near matches to  $n=312$  of our meanings.

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 515 'concreteness' scores and filtering some of the response data. We thank Bill Kretzschmar for  
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**Conflicts of interest** The authors declare that they do not have any conflicts of interest.

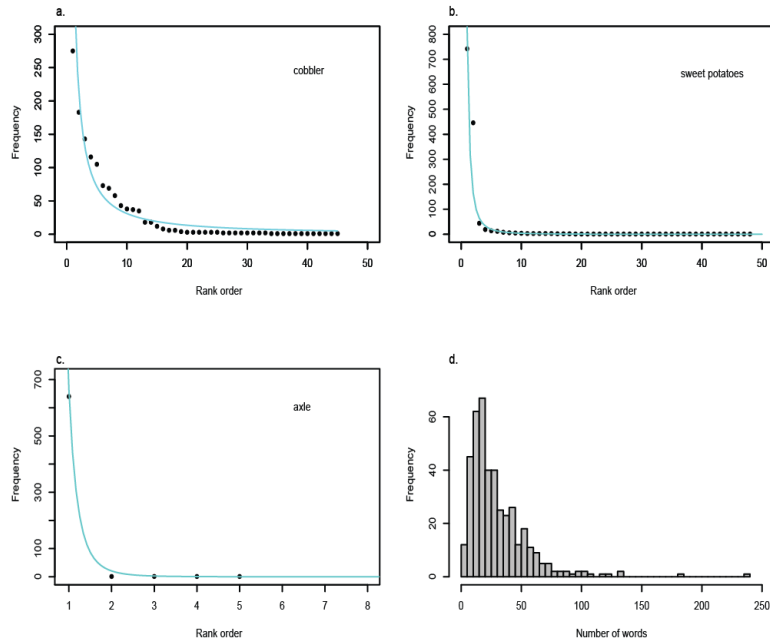


Figure 1. panels a,b,c) The frequencies of alternative words (y-axis) plotted against their rank order (x-axis), with smooth curve of the form  $y = ax^{-b}$  fitted for descriptive purposes. The exponent b increases (steeper drop-off) from panel a to c reflecting the decreasing frequency of the second word relative to the first (note: attenuated x-axis of panel 1c disguises the steepness of the exponent b). Panel d) Frequency distribution of the number of words per meaning for the n=418 meanings (mean=30.4±25.3, median = 25.3).

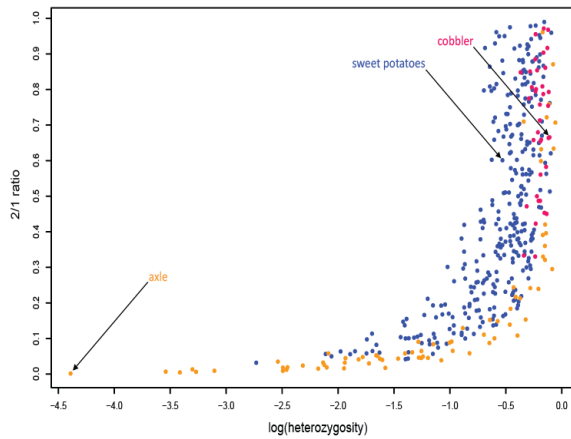


Figure 2. Ratio of the frequency of the 2nd most commonly used word for a meaning to the highest frequency word (2/1 ratio) plotted against the logarithm of heterozygosity (H), showing regions where each of the models performs best: mustard = frequency-dependent-selection (FDS), blue = Directional Selection (DS), magenta = Drift (D). Lower 2/1 ratios indicate high agreement among speakers (greater dominance of first word as in Figure 1c). Heterozygosity (H, see text and SI for definition) varies between 0 and 1 and measures the degree to which word frequencies are uniform (high H, indicating low degree of concordance among speakers) or are concentrated in one or a small number of words (low H, high concordance among speakers). FDS explains word frequencies characterised by high concordance among speakers (low 2/1 ratio and low H), or relatively low 2/1 ratio (low for any given level of heterozygosity). DS explains intermediate levels of both measures. Drift (D) best characterises meanings with a variety of words at relatively high frequencies (low concordance among speakers). Mean 2/1 ratios and mean heterozygosity differ significantly among the models such that  $D > DS > FDS$  (all p-values < 0.001).

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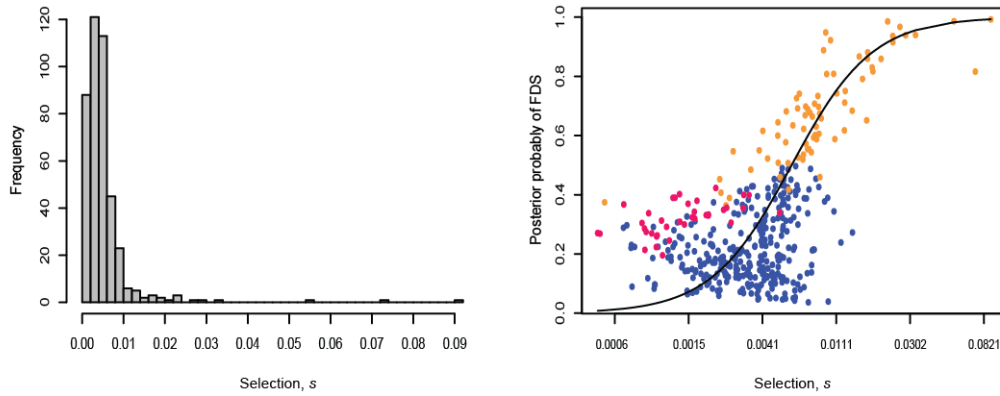


Figure 3. Left panel: frequency distribution of selection coefficients,  $s$ : mean =  $0.005 \pm 0.007$  (median = 0.004). Right panel: Posterior probability of FDS model against the size of the selection coefficient showing curvilinear relationship (note: x-axis on log-scale). Points are all FDS posterior probabilities but colour-coded to indicate the model that had the highest posterior probability for that meaning: mustard = FDS, blue = DS, magenta = D. The value of  $s$  for which FDS' posterior probability > 0.5 corresponds to  $s \sim 0.006$ .

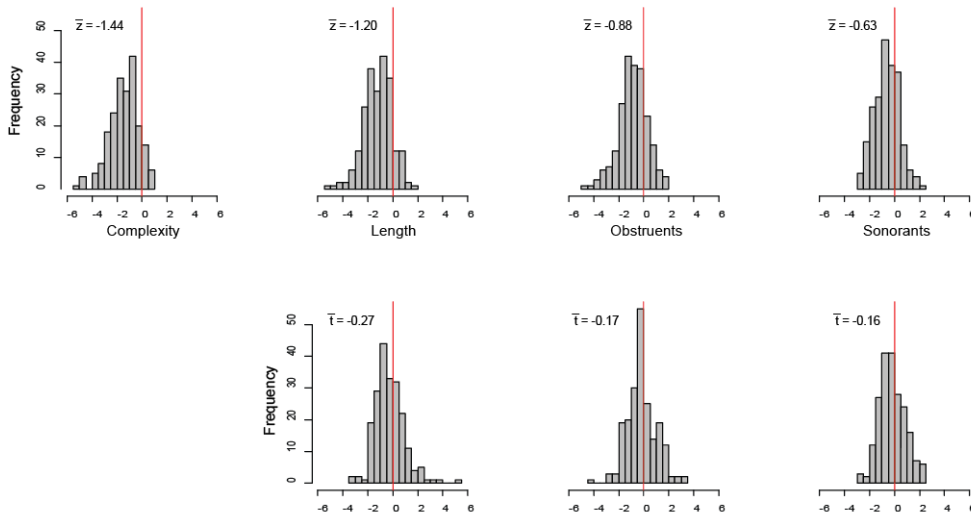


Figure 4. Upper panel: histograms of z-transformed rank order correlations between an attribute score and word frequency for four attributes related to ease-of-pronunciation: complexity, length, obstruents and sonorants ( $n=232$  meanings, SM). Histograms are shifted to negative side of 0.0 indicating that words used more often for a given meaning tend to score lower (better) on the attribute (see text)., All z-scores,  $p < 1^{-10}$ . Lower panel: histograms of t-scores after controlling for complexity (responses with more words have more sounds). Length remains significant ( $p < 0.002$ ), while effect sizes are small (average  $t = -0.21$ ) for obstruents ( $p = 0.06$ ) and sonorants ( $p = 0.04$ ). Controlling for length, the effect of obstruents and sonorants disappears.

645 Table 1. Percentage of ‘winners’ by model, and their summary statistics

<b>Dataset</b>	<b>D</b>	<b>FDS</b>	<b>DS</b>	<b>FDS+DS</b>
Full dataset (n=418 meanings)	<b>8.6</b>	<b>16.3</b>	<b>35.6</b>	<b>39.5</b>
LAGS, n=325	8.6	16.9	35.7	38.8
LAMSAS, n=93	8.6	14.0	35.5	41.9
Full dataset (w/o FDS+DS)	<b>8.8</b>	<b>17.7</b>	<b>73.4</b>	
<b>Statistic (mean±s.e.m)</b>				
2/1 ratio	0.70±0.03	0.18±0.03	0.45±0.02	
Heterozygosity, <i>H</i>	0.82±0.01	0.42±0.04	0.58±0.01	
Example meanings (Tables S1, S2 and S4)	cobbler, parlor, hay shed, relatives	axle, towel, biscuits, syrup	sweet potatoes, sofa, coffin, skunk	

Upper section: Percentage of n=418 meanings where the model shown has the highest posterior probability (Methods): D=drift, FDS=frequency-dependent selection, DS=directional selection, FDS+DS=combined FDS and DS model (text); Lower section: means of two key summary statistics (text) for cases where the model shown above has highest posterior probability.

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