

Impact of soil puddling intensity on the root system architecture of rice (*Oryza sativa* L.) seedlings

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1 **Abstract**

2 Puddling of rice paddies is undertaken to create a soft soil bed for easy transplanting
3 of rice seedlings, to control weeds and reduce water and nutrient leaching. There is a
4 drive for less intense puddling because of its physical disturbance of soil, energy
5 inputs and labour requirements, which may produce different soil physical conditions
6 for root growth. The objective of this study was to investigate the influence of
7 puddling intensity on soil structure and the subsequent impact on the growth of rice
8 seedling roots. Three treatments with different puddling intensities were established:
9 (1) No puddling; (2) Low and (3) High intensity puddling. The rice genotype,
10 Nipponbare was grown in soil columns for 18 days. Soil bulk density, aggregate size
11 distribution and three-dimensional (3D) macropore structure were measured.
12 Two-dimensional root traits were determined by WinRhizo and 3D root traits were
13 determined by X-ray Computed Tomography (CT). Our results show the percentage
14 of large macroaggregates (> 2 mm) decreased by 69.6% ($P < 0.05$) for low intensity
15 puddling and by 95.7% ($P < 0.05$) for high intensity puddling compared with that of
16 no puddling. The macroporosity (> 0.03 mm) of no puddling was 2.3 times **greater**
17 **than** low intensity puddling and 3.5 times greater than high intensity puddling. The
18 total root lengths of no and low intensity puddling were 1.56-1.86 times greater than
19 that of high intensity puddling. Large roots, including radicle and crown roots, were
20 the same length regardless of puddling intensity. Our study demonstrates that
21 intensive puddling can degrade soil structure, which consequently limits rice root
22 growth.

23

24 **Keywords:** Puddling; Pore structure; Root architecture; Soil structure; X-ray

25 computed tomography

26 **1. Introduction**

27 Puddling is the most common tillage practice for lowland rice (*Oryza sativa* L.)
28 cultivation in Asian countries (Bouman et al., 2007; Eickhorst and Tippkötter, 2009).
29 Puddling breaks down and disperses soil aggregates into micro-aggregates and
30 individual particles (Zhang et al., 2016), which helps with the creation of a soft soil
31 bed for easy transplanting of rice seedlings, weed control and the reduction of water
32 and nutrients leaching (Bouman et al., 2007; Kirchhof et al., 2011; Sharma and De
33 Datta, 1985). Societal change in China has resulted in a rapid decrease in puddling
34 intensity (Wang et al., 2017) as more large-scale family farms have emerged from the
35 land-use right transfer from small-scale farms (Liu, 2018). Unlike the small-scale
36 farmers who keep puddling the paddy fields for rice seedlings, larger scale operations
37 often reduce puddling intensity to save on labour and energy costs, and to prepare
38 fields rapidly to maximise the length of growing seasons. Some farmers have gone as
39 far as implementing reduced and zero tillage in rice cultivation to achieve this (Wang
40 et al., 2017). However, there is a lack of knowledge concerning how these drastic
41 changes in preparing soil for rice paddy production affect the interactions between
42 rice and soils. Yields can be maintained or sometimes improved with less intense
43 puddling (Mohanty et al., 2004), which counters the common perception of many
44 farmers (Wang et al., 2017).

45 Puddling has a significant effect on soil structure that may influence root growth.
46 Previous studies have shown that the intensity of puddling influences the physical
47 properties of paddy soil such as aggregate stability, bulk density, pore size distribution,
48 penetration resistance, water retention and hydraulic conductivity (Mohanty et al.,

49 2004; Mousavi et al., 2009; Rezaei et al., 2012; Yoshida and Adachi, 2002). These
50 changes to soil physical properties due to puddling intensity likely affect rice root
51 growth (Bengough et al., 2011; Kirchof et al., 2000; Valentine et al., 2012; White
52 and Kirkegaard, 2010) and yields, often contrary to what farmers may expect
53 (Mohanty et al., 2004). Sharma and De Datta (1985) reported that intense puddling
54 impeded root development and therefore led to a decline in yield. Other researchers
55 have demonstrated that puddling can increase weeding efficiency and provide a better
56 environment for nutrient uptake, leading to increased grain yield (Arora et al., 2006;
57 Mohanty and Painuli, 2003; Mohanty et al., 2004; Singh et al., 2013; Subramanyam et
58 al., 2007).

59 Both soil pore size distribution and aggregation are greatly affected by puddling,
60 which can have a direct impact on crop yield due to the physical impacts on root
61 growth and resource capture (Cairns et al., 2004). Much work in this area has focused
62 on soil aggregates or bulk parameters such as bulk density and hydraulic conductivity
63 (Rezaei et al., 2012), but a detailed analysis concerning the impact on the soil pore
64 system has been largely ignored. The soil pore network has a profound influence on
65 root growth, providing a continuous network of appropriately sized soil pores that
66 provide growth channels for roots (Tracy et al., 2012b). In a previous study, we found
67 that different pore structures had a large influence on root elongation and morphology,
68 even if soil bulk densities were identical (Fang et al., 2018). This study explored
69 impacts of hydraulic stress history, with X-ray Computed Tomography (CT) imaging
70 using to quantify the 3D pore structure. Scope exists to further this noninvasive
71 approach to explore puddling intensity impacts, coupled with visualization of the 3D
72 root system, as applied to a wide range of crop species (Helliwell et al., 2013).

73 X-ray CT imaging provides micron resolution, 3D images of the interaction
74 between soil structure and root system architecture. Compared to the destructive
75 methods like root washing, CT imaging can examine undisturbed 3D root architecture,
76 including branching characteristics and extension rate, which are inherently linked to
77 conditions within the soil matrix (Tracy et al., 2010). At the same time, it provides
78 information on soil pore structure and its capacity to serve as growth pathways for
79 roots (Helliwell et al., 2017). The application of X-ray CT also has a number of
80 disadvantages including the trade-off between spatial resolution and sample size
81 (Zappala et al., 2013), which can limit the portion of the root system that is observable
82 or the size of plants. Scans of 100-150 mm diameter samples are typically limited to
83 about 50-80 μm resolution, so only the larger roots (e.g., radicle and crown roots) of
84 cereal plants are clearly visible. With root washing, on the other hand, information
85 concerning the radicle, crown roots and lateral roots can be collected, but the spatial
86 arrangement of the roots is disturbed. Therefore, combining X-ray CT and root
87 washing methods offers a better understanding of root system architecture (Tracy et
88 al., 2012a).

89 The aim of this study was to explore the effect of different puddling intensities
90 on soil physical properties and their influence on rice root development. Soil physical
91 conditions were characterized by aggregate size distribution, bulk density and a
92 detailed analysis of 3D pore structure by X-ray CT. Root system architecture was
93 studied using X-ray CT imaging and root washing methods. Our hypothesis was that
94 the destruction of soil aggregates and pore structure by puddling will decrease root
95 length and branching. We also anticipated that a greater intensity of puddling will
96 increase mechanical impedance. Our hypothesis is counter-intuitive to the common

97 belief that greater puddling intensity produces better rice root growth. With new data,
98 including easily accessible 3D visual images of root interactions with soil structure, a
99 primary aim of this study is to demonstrate the benefits of less intense puddling in rice
100 production. It addresses current changes in farming practices in China, as well as
101 concerns about the impact of intense puddling on soil sustainability.

102

103 **2. Materials and methods**

104 *2.1. Experimental design*

105 Paddy soil (4.7% sand, 67.2% silt and 28.1% clay) was obtained from the
106 Institute of Red Soil, Jinxian County, Jiangxi Province, China (28°37' N, 116°26' E).
107 The pH of the soil was 5.3. The soil organic carbon content was 24.8 g kg⁻¹. The total
108 nitrogen (N), phosphorus (P) and potassium (K) content of the soil were 2.60 g kg⁻¹,
109 1.28 g kg⁻¹, 12.36 g kg⁻¹, respectively. The soil was air-dried and passed through a 5
110 mm sieve to retain some its inherent structure, whilst allowing for packing into small
111 soil columns compatible with X-Ray CT scanning.

112 Soil treatments with different puddling intensities were formed in polyvinyl
113 chloride (PVC) columns (inner diameter 48 mm, height 80 mm). To retain soil during
114 the puddling process, two columns were taped together so that soil would not splash
115 outside of the sample. Each stacked column had 200 g of soil loosely packed inside,
116 with soil surface below the middle of the upper column to avoid soil falling out during
117 stirring. The repacked soils were then saturated by placing the columns in a container
118 and submerging in water for 72 h. They were then mixed with an electric mixer
119 equipped with a 1000 W motor and two mixing blades. The rotating speed was 200
120 rpm. Different puddling intensities were simulated by changing stirring time, which

121 was similar to puddling multiple times in the field. Three treatments with different
122 puddling intensities were established: (1) no puddling; (2) low intensity puddling, 200
123 rpm for 2 min; and (3) high intensity puddling, 200 rpm for 8 min. After stirring, soils
124 were equilibrated to -0.5 kPa in a sand table to allow the puddled soil to settle and
125 consolidate. Once equilibrated, the upper columns and the soil within them were
126 removed carefully, with the bottom columns retained for the experiment. There were 9
127 columns produced for each treatment, split into 6 replicates used to grow rice and the
128 other 3 replicates for the measurement of soil aggregate size distribution. The rice
129 (*Oryza sativa*) genotype, Nipponbare, was used in this study. Rice seeds were
130 germinated on moist filter paper at 30 °C for 48 hours before being planted at 3 mm
131 below the soil surface. All the columns were placed in a large container and kept
132 flooded during the growing period. Plants were grown in a controlled greenhouse with
133 day/night temperatures of 28/26 °C, a humidity of 60% and an 11 h photoperiod. The
134 rice plants were grown for 18 days as the soil sample size required for X-Ray CT
135 scanning restricted a longer growth period without edge effects adversely influencing
136 root morphology. Soil bulk density was determined after rice harvest by collecting all
137 the soils in the column and oven-drying at 105 °C.

138 2.2. Aggregate size distribution

139 The aggregate size distribution after simulated puddling was determined using a
140 sieving method modified from Elliott (1986). Briefly, a series of sieves were used to
141 obtain four aggregate size fractions: 1) > 2 mm (large macroaggregates); 2) 0.25-2
142 mm (small macroaggregates); 3) 0.053-0.25 mm (microaggregates); 4) < 0.053 mm
143 (silt and clay fractions). The sieves were manually moved up and down by about 3 cm
144 a total of 50 times during 2 min. The aggregates remaining on each sieve were

145 oven-dried at 105 °C until they reached a constant weight. The mean weight diameter
146 (MWD) of the aggregates was calculated as follows:

$$147 \quad \text{MWD} = \sum_{i=1}^{n+1} \frac{r_{i-1} + r_i}{2} \times m_i$$

148 where r_i is the aperture size of the i^{th} sieve (mm), m_i is the mass proportion of the
149 aggregate fraction remaining on the i^{th} sieve, and n is the number of sieves.

150 2.3. X-ray CT scanning and image processing

151 Soil columns were scanned using a Phoenix Nanotom X-ray μ -CT (GE, Sensing
152 and Inspection Technologies, GmbH, Wunstorf, Germany) at the Institute of Soil
153 Science, Chinese Academy of Sciences. The voltage was 110 kV, the current was 110
154 μ A, the exposure time was 1250 ms, and a 0.1 mm Cu filter was used to reduce the
155 beam hardening effect. A total of 1200 projection images were collected during the
156 rotation of each sample. To improve image quality, each projection image was
157 collected three times, with the first projection image skipped and the average of the
158 last two projections saved as one projection image. The voxel size was 0.03 mm.
159 Slices were reconstructed with Datas|x 2.0 software using the filtered back-projection
160 algorithm. The slices were saved as 16-bit tiff format.

161 X-ray CT image data analysis is extremely time consuming, so only three of the
162 six replicates of each treatment were randomly selected and scanned at day 0 and day
163 18. Soil columns were placed on dry sands for 1 hour before scanning to drain the soil
164 water in the macropores because a high proportion of water-filled pores can impact
165 image quality, especially for root segmentation (Zappala et al., 2013). CT images
166 from day 0 were used to analyze soil pore structure using imageJ (Version 1.50e). The
167 image stack of each sample was cropped to a region of interest (ROI) of 700 \times 700

168 pixels (21 × 21 mm) and a depth of 700 continuous slices (21 mm). Cropping the
169 images and reducing the size of the stacks was necessary to avoid artefacts detected at
170 the edges or top and bottom of columns such as those caused by use of a cone X-ray
171 beam or beam hardening (Deurer et al. 2009; Mooney et al. 2006). Images were
172 segmented using a ‘Default’ thresholding method, a variation on the ‘IsoData’ method
173 where the average of the object and background image are used to compute the
174 threshold. Porosity and pore size distribution were computed using the ‘thickness’
175 plugin in ImageJ. This approach fits the largest sphere inside the 3D pore space that
176 touches the bordering soil matrix and then measures the sphere diameter, which is
177 regarded as the corresponding “pore size”. The global connectivity (Γ) of soil pore
178 networks can be defined as follows:

$$179 \quad \Gamma = \frac{\sum_{i=0}^n (V_i^2)}{(\sum_{i=0}^n V_i)^2}$$

180 The Γ measures the probability of pores belonging to the same pore. A Γ equal to
181 1 indicates that all pores are connected in one percolating pore, whereas a Γ close to 0
182 indicates that pores with similar size are scattered (Hovadik and Larue, 2007). V_i is
183 the volume of the i^{th} macropore.

184 CT images from day 18 were analysed to quantify root architecture. Root
185 systems were segmented using the “Region Growing” tool in VG StudioMax 2.1
186 software. The root length, volume, surface area, mean diameter and tortuosity of root
187 path (the ratio of actual path length divided by the shortest possible path) were
188 measured on the extracted root system. The root volume and surface area were
189 obtained from VG StudioMax 2.1. The root length and the tortuosity of root path were
190 obtained using ‘skeleton’ plugin of ImageJ. The mean diameter was computed using
191 the ‘thickness’ plugin in imageJ.

192 2.4. Root washing

193 After CT scanning, roots were carefully washed from the soil. Roots with soil
194 were placed on a sieve (aperture size 0.5 mm) and carefully washed with tap water to
195 remove soil particulate material. All the soil material in the column was collected and
196 oven-dried at 105 °C to determine soil bulk density. Root samples from each core were
197 placed in a plexiglas tray (100 by 100 mm) containing a 4 to 6 mm deep layer of
198 water and spread out with plastic tweezers to minimize root overlapping. Roots were
199 scanned using an Expression 10000XL scanner (Epson, Suwa, Japan) and grayscale
200 images (800 DPI) of roots were obtained. Based on manual measurement, a threshold
201 diameter of 0.2 mm was chosen to separate larger roots (including radical and crown
202 roots) and lateral roots. Total root length, root surface area, root volume, average
203 diameter, and tip numbers were determined using WinRhizo (Version 2013e) (Regent
204 Instrument Canada Inc.).

205 2.5. Statistical analysis

206 Data were checked for normality with probability plots. One-way ANOVA and
207 post hoc analysis were conducted by the Fisher's protected least significant difference
208 (LSD) procedure with SPSS 24.0 to evaluate for significant differences between
209 treatments ($P < 0.05$).

210 3. Results

211 3.1. Puddling intensity effect on aggregate size distribution and bulk density

212 The impact of puddling intensity on soil aggregate size distribution is shown in
213 Table 1. Puddling had significant impacts on disrupting macroaggregates (> 0.25 mm)
214 ($P < 0.05$) and producing microaggregates (< 0.25 mm) ($P < 0.05$). The percentage of

215 aggregates > 2 mm with no puddling was 3.4 and 20.1 times greater than for low and
216 high puddling intensity, respectively ($P < 0.05$). The percentage of < 0.053 mm
217 aggregates following no puddling was 45.8% and 54.9% less than that of low and
218 high puddling intensity, respectively ($P < 0.05$). The MWD for no puddling was 2.1
219 and 3.5 times greater than that of low and high puddling intensity, respectively ($P <$
220 0.05). Puddling increased bulk density by 10.6% for low intensity and 14.1% for high
221 intensity compared to no puddling ($P < 0.05$) (Table 1).

222 3.2. Puddling intensity effect on macropores

223 Representative longitudinal cross-section images of the different treatments are
224 shown in Fig. 1. Puddling clearly disrupted the pore structure, resulting in lower bulk
225 porosities (Table 1) and more small pores (Fig. 1). Compared to no puddling, the
226 number of large pores decreased with increasing puddling intensity. The connected
227 inter-aggregate pores were destroyed by puddling, producing isolated vesicular pores
228 after low intensity puddling. After high intensity puddling, most of the larger
229 macropores had disappeared (Figs. 1 & 2). The circular pores following puddling
230 were not connected at the image resolution in this study (Fig. 1). The trends observed
231 in the 2D images were also shown in the representative 3D soil structure (Fig. 2).

232 Quantitative analyses of the 3D macropore system indicated puddling decreased
233 soil macroporosity and macropore size, with the impacts being greater for high
234 intensity than low intensity puddling (Fig. 3). The cumulative macroporosity with no
235 puddling was 2.3 time greater than for low intensity puddling and 3.5 times greater
236 than for high intensity puddling (Fig. 3b). Over a broad range of pores size intervals
237 (0.03-2.4 mm) no puddling had much greater porosity than the two puddled
238 treatments (Fig. 3a). These results confirmed our hypothesis that puddling destroys

239 soil macropores. From the cumulative pore size distribution, low intensity and high
240 intensity puddling started to deviate from each other at > 0.6 mm pores, reaching a
241 difference of 3.9 times in total porosity between 0.6 mm and 2.4 mm pore sizes (Fig.
242 3b). The global connectivity (Γ) of macropores decreased with increased puddling
243 intensity (Table 1). The pore connectivity of high intensity puddling was significantly
244 less than that of no puddling ($P < 0.05$) (Table 1).

245 3.3. Puddling intensity effect on root traits

246 In 3D root images from X-ray CT imaging, information including the spatial
247 position and 3D architecture of the roots was obtained (Fig. 4). Due to the limitation
248 of image resolution, the CT imaging technique only revealed larger roots including
249 radicle and crown roots, with smaller lateral roots not detectable. Quantitative
250 analysis of CT images found no significant difference in the traits of detected roots,
251 including root length, diameter, surface area, volume, and tortuosity among the
252 treatments (Table 2).

253 Most roots could be detected following washing from the soil (Fig. 5) and
254 analysis with WinRhizo, with very good agreement of the root length of roots > 0.2
255 mm between this approach and X-Ray CT imaging (Tables 2 & 3). Other root traits
256 such as volume and surface area were much greater by root washing analysis. Larger
257 roots (> 0.2 mm) quantified by root washing had similar traits regardless of puddling
258 intensity ($P > 0.05$) (Table 3). Smaller lateral roots (< 0.2 mm) decreased with
259 increasing puddling intensity (Table 3), with 1.55 times greater total root length for no
260 puddling versus high intensity puddling. The surface area of small lateral roots for no
261 puddling was 1.60 times greater than that of the high intensity puddling ($P < 0.05$).
262 Small lateral roots had a similar number of tips and volume regardless of puddling

263 intensity ($P > 0.05$) (Table 3).

264 For the entire root system, the total root length with no puddling was 1.43 times
265 greater than that with high intensity puddling ($P < 0.05$). The average root diameters
266 of the low and high intensity puddling were 12.2% and 16.8% greater than that of no
267 puddling ($P < 0.05$) (Table 3), respectively.

268

269 **4. Discussion**

270 Puddling intensity has a large impact on soil physical structure that affects the
271 root architecture of rice. Despite mechanically disrupting inherent macro-aggregates
272 to micro-aggregates with an intention to ‘loosen’ the soil, pluviation of the soil and
273 subsequent consolidation produces the counter-intuitive response with soil bulk
274 density increasing alongside increasing puddling intensity (Table 1). Puddling
275 destroyed macro-aggregates to micro-aggregates or even dispersed soil particles,
276 resulting in decreased aggregate sizes (Table 1). This effect was more pronounced
277 when the puddling intensity was increased by a longer puddling time (Table 1), as
278 reported in previous studies (Kirchhof et al., 2000; Deng et al., 2014; Zhang et al.,
279 2016).

280 Our study provided unprecedented visualization of the impact of puddling
281 intensity on the resulting pore structure, facilitated through X-ray CT imaging.
282 Puddling intensity not only decreased soil macroporosity (> 0.03 mm), producing
283 smaller pores with less total macropore volume (Fig. 3), but also altered pore
284 morphology (Figs. 1 & 2) and decreased pore connectivity (Table 1). This supports
285 findings by Lal and Shukla (2004) and Chauhan et al. (2012) who also pointed out
286 puddling caused the loss of both inter- and intra- aggregate macropores. Due to the

287 difficulty of sampling soil after puddling (Sharma and De Datta, 1985), few studies
288 have sought to directly investigate the soil pore structure after puddling. An advantage
289 of X-ray CT imaging is the ability to investigate 3D pore morphology, including
290 shape and connectivity besides porosity. The decreased macroporosity and
291 connectivity in the puddled soil is likely to reduce gas exchange and water
292 conductivity, and impact plant root growth (Sharma and De Datta, 1985).

293 The greater bulk density with increasing puddling intensity agrees with some
294 earlier experiments (Kukul and Aggarwal, 2003; Lima et al., 2009), but some other
295 studies have found the converse in that puddling decreased soil bulk density (Rezaei
296 et al., 2012; Zhang et al., 2016). This discrepancy mainly results from the time of
297 sampling. Kukul and Aggarwal (2003) and Lima et al. (2009) sampled after harvest,
298 whereas in the other two studies (Rezaei et al., 2012; Zhang et al., 2016) soil bulk
299 density was measured shortly after puddling. Zhang et al. (2013) found that soil bulk
300 density increased with wetting and drying cycles over the course of a rice season. One
301 objective of puddling is to create a soft soil bed for easy rice transplanting (Bouma et
302 al., 2007; Kirchhof et al., 2011) so that the paddy soil bulk density is quite low and
303 soil strength is weak after puddling. However, the dispersing of soil aggregates and
304 particles is at a cost of losing macropores (Figs. 1 & 2) after puddling, resulting in a
305 higher bulk density developing following wetting and drying cycles (Table 1).
306 Adopting less intensive puddling, as is increasingly common with societal changes in
307 China, may lead to more favourable soil physical conditions for root growth.

308 We found only minimal impact of puddling intensity on large root (radical and
309 crown roots) architecture for the 18 day old rice plants studied (Table 2). However,
310 the increased root length and decreased root diameter observed with decreasing

311 puddling intensity follows a favourable trajectory. Root system architecture is
312 strongly dependent on genotype, but soil conditions can have an even greater impact
313 (Bengough et al., 2011). Soil structure determines the balance of axial and radial
314 pressures on the individual root tip, and hence the root elongation response
315 (Bengough, 2012). Lipiec et al. (2012) demonstrated root elongation and anatomy to
316 be quite plastic in response to the local soil environment around the roots. During
317 elongation, the root tip is pushed forward into the soil and has to overcome the
318 mechanical resistance of the soil (Hodge et al., 2009). Kolb et al. (2017) reported that
319 roots respond differently to different size class of soil aggregates/particles depending
320 on whether the root can deform or dislodge the aggregates/particles. If not, roots may
321 change their trajectory to exploit looser soil areas nearby or grow through macropores
322 (Colombi et al., 2017). Roots that are able to penetrate the soil reorganize particles,
323 which in turn modifies the distribution of pores and the local soil packing fraction
324 which affects further root growth (Whiteley and Dexter, 1984). Despite large
325 differences in soil structure caused by puddling intensity in our study, root system
326 architecture of > 0.2 mm roots was not affected (Tables 2 & 3), likely due to the low
327 penetration resistance of the flooded soil (Kukal and Aggarwal, 2003). Lateral roots
328 (< 0.2 mm), however, were suppressed with increasing puddling intensity (Table 3).
329 For no puddling, they were longer and more tortuous than those of the puddled soils
330 (Fig. 5, Table 3). Two processes could drive these differences. The lateral roots may
331 be suppressed under poor aeration conditions (Ben-Noach and Friedman, 2018). The
332 intensive puddling caused smaller and more disconnected macropores (Figs. 1 & 2),
333 which strongly limits soil air diffusion. On the other hand, macropores can also serve
334 as growth pathways for roots, so their destruction through puddling could create

335 another restriction. Colombi et al. (2017) showed roots of wheat, soybean and maize
336 grew preferentially towards artificially created vertical macropores (1.25 mm) in the
337 soil. Recently, our previous study (Fang et al., 2018) observed that macropores (>
338 0.03 mm) greatly promoted rice root elongation and branching. These studies
339 indicated that macropores provided a favorable environment for root growth with
340 respect to better soil aeration and reduced penetration resistance. So far, the influence
341 of the size of macropores remains unclear. Further detailed investigations of
342 macropore-root interaction are still needed, which will be facilitated greatly by rapidly
343 growing technologies like X-ray CT. In our system, the 3D root system architecture
344 from X-ray CT images was limited to large roots due to resolution, but by using
345 smaller size samples or higher resolution obtainable with Synchrotron CT, much
346 smaller roots can be visualized (Koebernick et al., 2017), though this is at the expense
347 of considering a larger part of the total root system architecture.

348 This study was limited to rice seedlings grown in a repacked soil that was
349 carefully manipulated under controlled conditions. At field conditions, the structure of
350 paddy soil is very dynamic during the growing season due to wetting/drying cycles
351 (Mohanty et al., 2004). Two questions need to be further studied: (1) the response of
352 the puddled soil to wetting/drying cycles; and (2) their effect on rice roots considered
353 over the whole growing season, and also on the resulting rice yield. Only when these
354 questions are clearly answered can useful techniques be offered to farmers to better
355 manage their paddy fields. However, this initial study suggests decreasing puddling
356 intensity may not only save on labour and energy, but also produce favorable
357 conditions for rice root growth.

358

359 **5. Conclusions**

360 Puddling can destroy macroaggregates and macropores, leading to an increased
361 bulk density, and decreased soil MWD, macroporosity and pore connectivity. These
362 effects are enhanced as puddling intensity increases. Puddling did not significantly
363 influence the growth of radicle or crown roots, but high intensity puddling
364 significantly reduced the length and surface area of lateral roots in the young plants
365 studied here. Further research is needed to explore more mature plants and take
366 account of the dynamic nature of soil structure over the course of a growing season.
367 Moreover, the interaction between soil structure and root system architecture of rice
368 genotypes with contrasting root traits may help identify varieties more suited to
369 China's shift towards less intensive paddy soil puddling.

370

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510 **Table 1.** Effects of puddling on the soil aggregate size distribution, mean weight
 511 diameter (MWD), and soil bulk density. Numbers in brackets are standard error of the
 512 mean. Different lowercases indicate that the means of different treatments are
 513 significantly different ($P < 0.05$).

Puddling Intensity	Aggregate size distribution (g g ⁻¹)				MWD (mm)	Bulk density (g cm ⁻³)	Γ
	>2 mm	0.25-2 mm	0.05-0.25 mm	<0.05 mm			
No Puddling	0.23(0.02)a	0.38(0.01)a	0.17(0.01)b	0.22(0.02)c	1.17(0.06)a	0.96(0.01)c	0.017(0.006)a
Low	0.07(0.01)b	0.35(0.02)a	0.18(0.01)ab	0.40(0.02)b	0.57(0.01)b	1.06(0.01)b	0.008(0.002)ab
High	0.01(0.01)c	0.31(0.01)b	0.20(0.01)a	0.48(0.01)a	0.33(0.01)c	1.10(0.01)a	0.004(0.001)b

514

515 **Table 2.** Effects of puddling on the architecture of radicle and crown roots quantified
 516 with X-ray CT imaging. Numbers in brackets are standard error of the mean. Different
 517 lowercases indicate that the means of different treatments are significantly different (P
 518 < 0.05).

Puddling Intensity	Root length (cm)	Root diameter (mm)	Root surface area (cm ²)	Root volume (cm ³)	Root tortuosity
No Puddling	120(8)a	0.35(0.03)a	12.3(0.8)a	0.12(0.01)a	1.22(0.01)a
Low	130(12)a	0.39(0.01)a	13.1(0.8)a	0.12(0.01)a	1.23(0.01)a
High	129(20)a	0.37(0.03)a	11.8(2.4)a	0.11(0.03)a	1.23(0.01)a

519

520 **Table 3.** Effects of puddling on the architecture of roots. Numbers in brackets are
 521 standard error of the mean. Different lowercases indicate that the means of different
 522 treatments are significantly different ($P < 0.05$).

	Puddling Intensity	Root length (cm)	Root diameter (mm)	Root surface area (cm ²)	Root volume (cm ³)	Number of tips
All roots	No Puddling	494(54)a	0.19(0.01)b	26.1(2.6)a	0.30(0.01)a	1807(107)a
	Low	416(13)ab	0.21(0.01)a	24.6(0.9)a	0.30(0.02)a	1628(129)a
	High	345(54)b	0.22(0.01)a	21.0(2.5)a	0.27(0.03)a	1464(112)a
Radicle and crown roots (diameter > 0.2 mm)	No Puddling	121(10)a	NA	17.7(1.5)a	0.29(0.01)a	31(4)a
	Low	121(5)a	NA	17.7(0.8)a	0.28(0.02)a	38(5)a
	High	104(11)a	NA	15.8(1.5)a	0.26(0.03)a	35(5)a
Lateral roots (diameter < 0.2 mm)	No Puddling	373(46)a	NA	8.4(1.2)a	0.02(0.003)a	1776(106)a
	Low	295(10)ab	NA	7.0(0.5)ab	0.02(0.002)a	1590(127)a
	High	241(43)b	NA	5.2(1.0)b	0.01(0.003)a	1429(115)a

523

524 **Figure captions**

525 **Figure 1.** Vertical images of soil cores from different puddling intensities. Dark color
526 indicates pore space, light gray indicates soil matrix.

527

528 **Figure 2.** Three-dimensional images of soil cores from different puddling intensities.
529 Light color indicates pores, dark color indicates soil matrix. Sample size length is 21
530 mm.

531

532 **Figure 3.** Effects of puddling intensity on the soil pore size distribution (a) and
533 cumulative pore size distribution (b) quantified using X-ray CT imaging. The shaded
534 areas are the standard error of the mean.

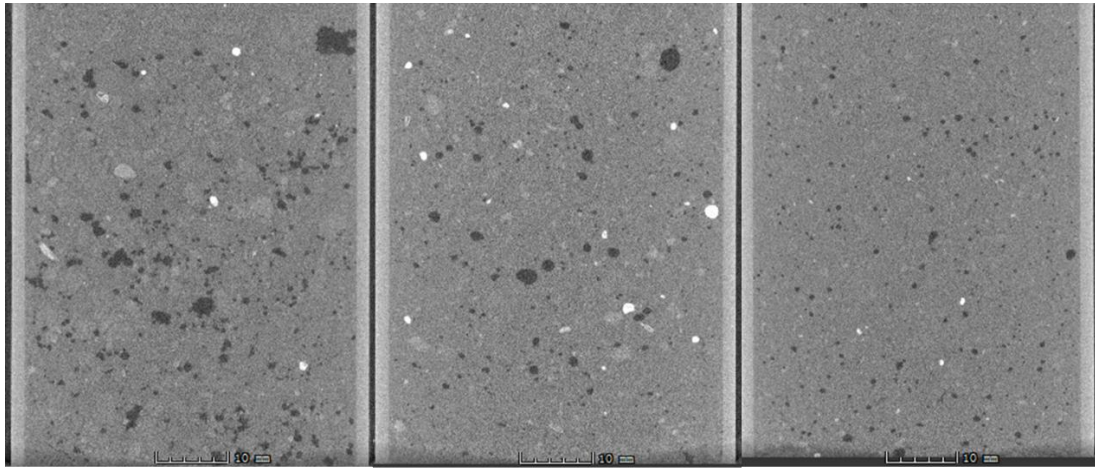
535

536 **Figure 4.** Representative three-dimensional root architecture acquired with X-ray CT
537 imaging from different puddling intensities.

538

539 **Figure 5.** Representative two-dimensional root images from different puddling
540 intensities.

541



No Puddling

Low

High

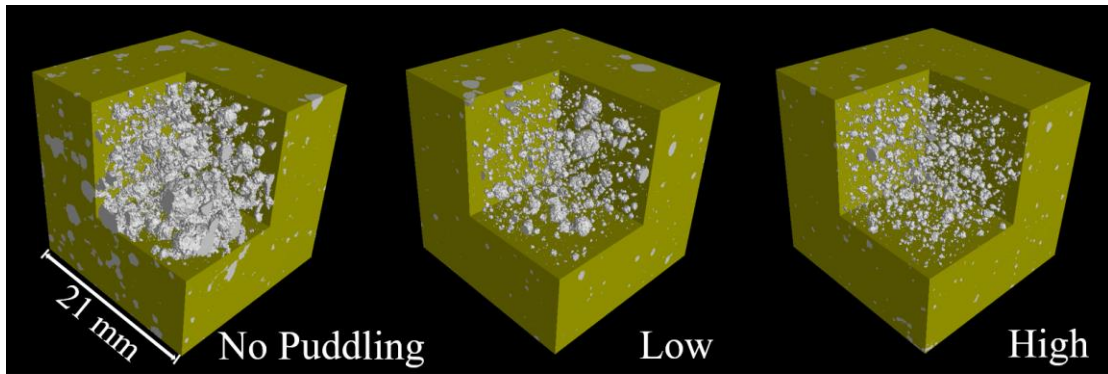
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544

Figure 1. Vertical images of soil cores from different puddling intensities. Dark color indicates pore space, light gray indicates soil matrix.

545

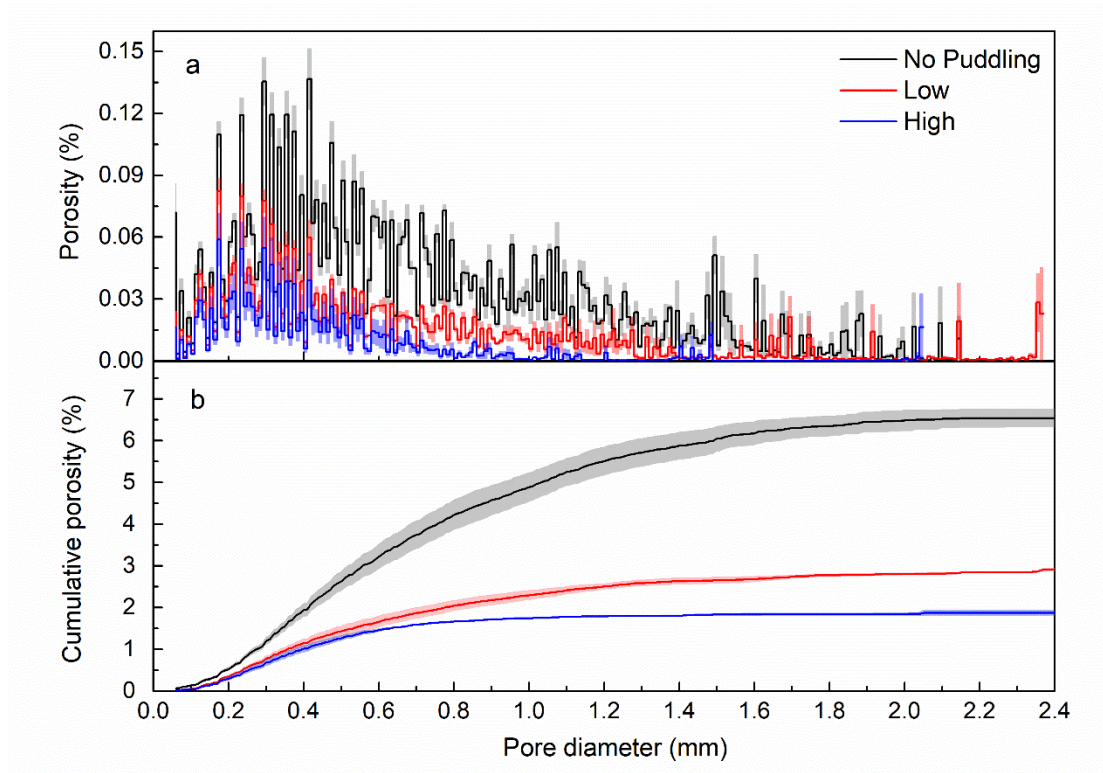


546

547 **Figure 2.** Three-dimensional images of soil cores from different puddling intensities.

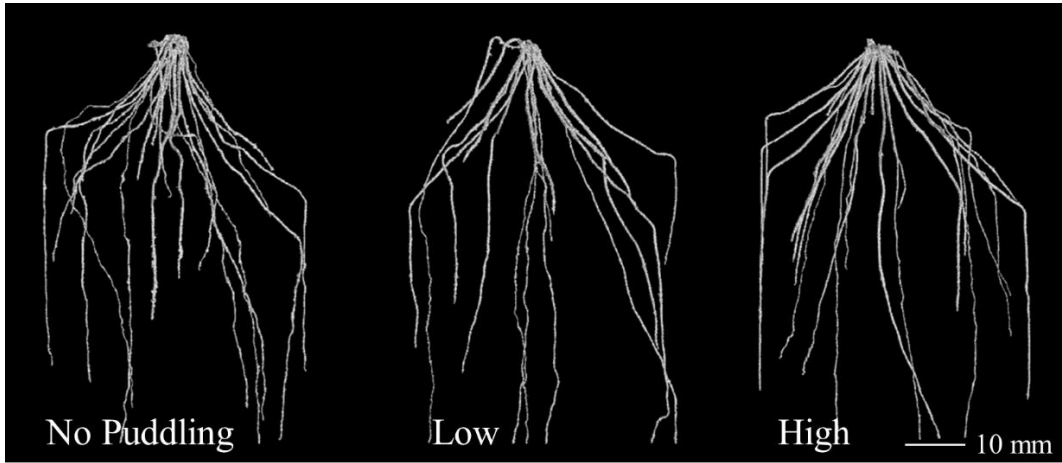
548 White color indicates pores, olive green color indicates soil matrix. Sample size

549 length is 21 mm.



550

551 **Figure 3.** Effects of puddling intensity on the soil pore size distribution (a) and
 552 cumulative pore size distribution (b) quantified using X-ray CT imaging. The shaded
 553 areas are the standard error of the mean.

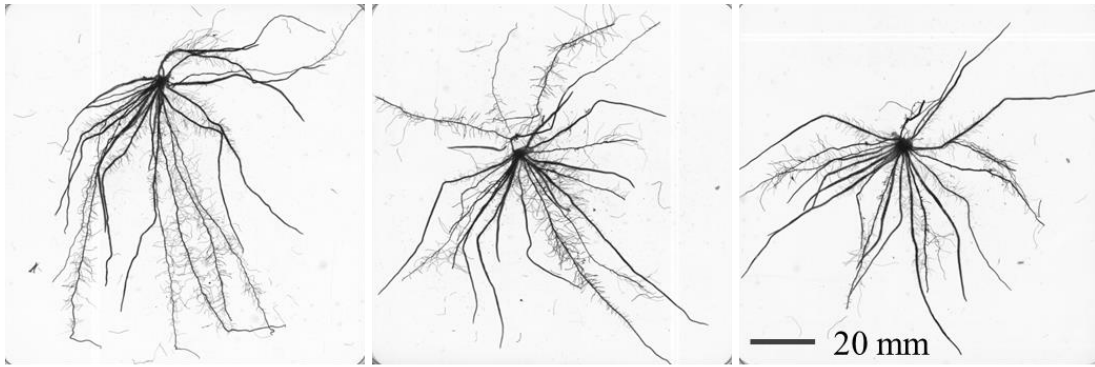


554

555 **Figure 4.** Representative three-dimensional root architecture acquired with X-ray CT
556 imaging from different puddling intensities. Lateral roots were not observable due to
557 the resolution.

558

559



No Puddling

Low

High

560

561 **Figure 5.** Representative two-dimensional root images from different puddling
562 intensities.

563