Title	**Interactions with humans impose time constraints on urban-dwelling rhesus macaques (*Macaca mulatta*)**

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Short Title   Time constraints in urban-dwelling macaques

Abstract

Time is a valuable but limited resource, and animals' survival depends on their ability to carefully manage the amount of time they allocate to each daily activity. While existing research has examined the ecological factors affecting animals' activity budgets, the impact of anthropogenic factors on urban-dwelling animals' time budgets remains understudied. Here we collected data through focal animal sampling from three groups of rhesus macaques in Northern India to examine whether interactions with humans decrease macaques' resting and social time (*time constraints hypothesis*), or whether, by contrast, foraging on anthropogenic food, that is potentially high in calories, leads macaques to spend more time resting and in social interactions (*free time hypothesis*). We found that macaques who interacted more frequently with people spent significantly less time resting and grooming, supporting the time constraints hypothesis. We argue that these time constraints are likely caused by the unpredictability of human behavior.

Keywords: Urban wildlife, Social behavior, Resting, Monitoring, Ethnoprimatology

Introduction

Time is a valuable, but limited, resource for animals. Individuals' natural physiological cycles (e.g., wake/sleep cycle), along with their need to engage in a variety of mutually exclusive activities (e.g., feeding, travelling, socializing) impose strong limitations to the time individuals can allocate to each activity (Dunbar et al., 2009). Historically, researchers have investigated a broad range of environmental, physiological, and ecological factors that can constrain animals' activity budgets, such as day length (Lewis et al., 2004), temperature (Owen-Smith, 1998), seasonal changes (Johansson & Rowe, 1999), food distribution and quality (Dunbar et al., 2002), reproductive status (Dunbar & Dunbar, 1988), predation pressure (Johansson et al., 2001), and position in the group (Black et al., 1992). In comparison to these effects, less attention has been paid to the impact of anthropogenic factors, and in particular human-animal interactions, on animals' time budgets. This is despite increasing recognition among ecologists that many urban-dwelling species come into direct contact with humans, and human impact on the environment is posing novel and sometimes unpredictable selective pressures on the biology and behavior of wildlife (Vitousek et al., 1997; Fuentes, 2012). Since animals' survival strongly depends on their ability to manage the amount of time they allocate to each activity (Dunbar et al., 2009), understanding how interactions with people may constrain animals' activities can shed important light on how humans can affect their survival. For this reason, here we examine how interactions with humans and the time spent monitoring human activity influence resting and time spent engaging in social interactions in urban-dwelling rhesus macaques (*Macaca mulatta*).

A wide body of research has extensively shown how a variety of ecological and social variables negatively impact animals' time budgets. High temperatures, for instance, force many animals to increase their resting time, thereby reducing their time available to satisfy their other needs (e.g., feeding, socializing; Aublet et al., 2009; Korstjens et al., 2010). Work in ungulates and birds has shown that individuals who are positioned on the edge of the group spend more time engaging in vigilance-related

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behaviors, which reduces the amount of time they can allocate to foraging (e.g., Murton et al., 1971; Lipetz & Bekoff, 1982; Petit & Bildstein, 1987; Keys & Dugatkin, 1990; Black et al., 1992). Furthermore, for species who live in social groups, a substantial amount of time needs to be devoted to social interactions in order to maintain cohesion within the group, which limits the time animals can spend in other activities like resting and foraging (Dunbar, 1992; Dunbar et al., 2009). A reduction of resting time and time spent in social interactions in the face of time constraints can have long-term consequences on animals' fitness. Resting time, for instance, is important for digestion, energy recovery, and thermoregulation (Herbers, 1981; Korstjens et al., 2010; McFarland et al., 2014), while social interactions (at least for group-living animals) play an important role in animals' ability to cope with environmental and social stressors (Silk et al., 2003; Frère et al., 2010; Formica et al., 2012). This can explain why time constraints tend to affect animal's group size (Chapman et al., 1995; Korstjens et al., 2006; Pollard & Blumstein, 2008), geographic distribution (Dunbar, 1992; Korstjens et al., 2010, 2018; Dunbar & Shi, 2013), reproductive success (Siikamäki, 1998), mate choice (Backwell & Passmore, 1996), and, ultimately, survival (Dunbar et al., 2009). Consequently, animals are expected to make careful decisions when deciding how much time to devote to each activity in order to increase their chances of survival (Dunbar et al., 2009).

In comparison to the aforementioned selective pressures, the impact of humans and anthropogenic factors, such as the availability and distribution of anthropogenic food or the destruction and fragmentation of wildlife habitat, on animals' time budgets has been understudied, and has received only recent attention. Yet, greater numbers and diversities of species are coming into contact with anthropogenic environments as human populations expand rapidly. In the last 100 years the world's human population has experienced an increase in size three times higher than during its entire prior history, increasing from 1.5 billion in 1900 to 7 billion in 2010 (Roser & Ortiz-Ospina, 2018). Accumulating evidence demonstrates how this rapid increase in human population generates rapid

environmental and ecosystem changes at global scales, making human impact an ecological force that needs to be reckoned with (Vitousek et al., 1997; Fuentes, 2012). Human activity may impact animal energetics, fitness and survival by influencing their activity budgets (Szott et al., in press; Lott & McCoy, 1995; Lehmann et al., 2010). They may do so in different, sometimes contrasting ways, and work to date has yielded mixed results regarding the effect of anthropological disturbance on animals' activity budgets. Some studies have revealed that humans have a disruptive effect on wildlife activities, imposing strong time constraints. Proximity to humans, for example, can increase animals' vigilance or monitoring behavior at the expense of other activities, such as feeding, resting or socializing (e.g., India rhinoceros, *Rhinoceros unicornis*: Lott & McCoy, 1995; boreal woodland caribou, *Rangifer tarandus caribou*: Duchesne et al., 2000; Barbary macaque, *Macaca sylvanus*: Majolo et al., 2013; rhesus macaque, *Macaca mulatta*: Kaburu et al., 2019; long-tailed macaque, *Macaca fascicularis*: Marty et al., 2019). Furthermore, in areas degraded by human activities, animals might be forced to increase their travel time, thereby decreasing their resting and social time, either in order to avoid humans or because natural food sources become scarce (red deer, *Cervus elaphus*: Grover & Thompson, 1986; lion-tailed macaque, *Macaca silenus*: Menon & Poirier, 1996; tonkean macaque, *Macaca tonkeana*: Riley, 2007). In contrast, other studies reveal that animals that live and thrive in an anthropogenic environment tend to spend more time resting and socializing than groups living in less anthropogenic areas (e.g., vervet monkey, *Chlorocebus pygerythrus*: Saj et al., 1999; Thatcher et al., 2019; Barbary macaque, *Macaca sylvanus*: El Alami et al., 2012; rhesus macaque: Jaman & Huffman, 2013; assamese macaque, *Macaca assamensis*: Koirala et al., 2017; long-tailed macaque: Ilham et al., 2018). Such beneficial effects may be due to reliance on anthropogenic foods that tends to be higher in calories, more abundant, and more digestible than natural foods (Forthman-Quick, 1988; Rode et al., 2006; Riley et al., 2013; McLennan and Ganzhorn, 2017), and researchers argue that in this condition animals can spend less time feeding, and consequently increase their time spent resting and/or socializing (Jaman & Huffman, 2013).

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There are, to date, two major gaps in the literature examining anthropogenic influence on animal activity budget. First, extant work has largely focused on indirect human impact on animals' activities, by comparing, for instance, wildlife behavior in geographic areas that are characterized by high versus low human impact (e.g., Saj et al., 1999; Jaman & Huffman, 2013; but see Marty et al., 2019). However, across a variety of interfaces, from rural to urban areas, people often engage in a variety of direct interactions with wildlife (e.g., mutual aggression, human provisioning) that may have different impacts on animals' behavior (McCarthy et al., 2009; Fuentes, 2012; Maréchal et al., 2016). Food provisioning by tourists, for instance, has been shown to increase aggression and contact time in Mareeba rock-wallabies (*Petrogale mareeba*: Hodgson et al., 2004) and to reduce social grooming in rhesus macaques (Ilham et al., 2018). However, the extent to which direct interactions between humans and wildlife can impact wild animals' activity budget is not well understood. Second, the majority of studies, to date, have examined how anthropogenic factors may impact animals' activity budget at the group level (e.g., Saj et al., 1999; Jaman & Huffman, 2013). In comparison, few studies have investigated individual differences in the way animals modify their time budgets in response to anthropogenic factors (e.g., Marty et al., 2019). Overall, addressing how human behavior affects animals' activity budget at individual level may provide important insights on how human pressure can differently affect individual animals' health and fitness, by directly altering the time they spend in the various activities.

Here we test whether direct interactions with humans either constrain animals' activity budgets (*time constraints hypothesis*) or free up the time they can allocate to resting and social interactions (*free time hypothesis*) in an urban-dwelling population of rhesus macaques. Rhesus macaques inhabit a variety of interfaces, from agricultural areas to cities and temples, resulting in a close proximity between macaques and humans (Chauhan & Pirta, 2010a; Southwick & Siddiqi, 2011; Beisner et al., 2015). To date, studies have shown that such close proximity leads to frequent interactions between the two species, which can take both potentially negative (e.g., mutual aggression) and positive (e.g., humans

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provisioning the macaques) forms (Chauhan & Pirta, 2010a, b; Beisner et al., 2015). However, little is known about whether and how such interactions with humans may impact macaque activity budgets, including affiliative social behaviors like grooming, despite well-documented evidence that affiliative social behaviors are associated with critical health and fitness benefits in group-living animals (Silk et al., 2003). For example, across a broad range of animals, individuals who have strong social relationships and support have been found to exhibit lower chronic stress levels and improved immune function (Young et al., 2014; Kappeler et al., 2015).

We focused on social grooming as a measure of social interactions since this is the most common affiliative behavior in non-human primates (NHPs). The amount of time NHPs spend grooming (which can occupy up to 20% of their daily time budget; Henzi and Barrett, 1999) often exceeds individuals' hygienic needs (Dunbar, 1991), suggesting that social grooming plays an important role in establishing and maintaining social relationships and group cohesion (Henzi & Barrett, 1999; Dunbar, 1988, 2010), which ultimately affects individuals' fitness (Silk et al., 2003). Therefore, any human-induced time constraint imposed on social grooming can potentially have long-term consequences for animal's health, social life and reproductive success (Dunbar, 1992; Dunbar et al., 2009).

Under the time constraints hypothesis, we predict that interactions with people reduce macaques' resting and grooming time. Furthermore, given that we have previously shown that among urban-dwelling long-tailed macaques individuals who monitored human activity more frequently spent less time grooming (Marty et al., 2019), we also test whether rhesus macaques who monitor more human activity spend less time resting and grooming. Rates of monitoring human activity and interacting with people may be related because macaques may monitor human activity in order to decide how or whether to interact with specific people. Macaques may monitor human activity because people can be a source of threat and, or a source of resources (e.g., food). That is, people can pose either a real or potential threat to the macaques and therefore cause the animals to frequently avoid humans (Chauhan & Pirta, 2010a,

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b; Priston & McLennan, 2013). Alternatively, macaques are frequently provisioned by people and some macaques beg for food, investigate people's belongings or steal objects in order to barter the stolen item for food (Beisner et al., 2015; Brotcorne et al., 2017; Kaburu et al., 2019). To determine the nature of the relationship between rates of interaction with humans and monitoring of human activity, as two potentially interdependent sources of time constraints, we first tested whether macaques' monitoring time was affected by total rates of human-macaque interactions as well as by four specific types of interactions: (1) human-to-macaque aggression, (2) macaques avoiding people in a non-aggressive context (e.g., a person walking by or approaching the macaque), (3) humans providing food to the macaques and (4) macaques initiating non-aggressive interactions with people (*prediction 1a*), We then assessed whether total rates of human-macaque interactions and the four above-mentioned specific types of human-macaque interactions significantly reduced macaques' resting (*prediction 1b*) and grooming time (*prediction 1c*). As part of prediction 1c, we tested whether grooming time was significantly affected by monitoring time. We did not test whether time spent monitoring affected macaques' resting behavior because the two activities were not mutually exclusive (i.e., macaques could monitor human activity while resting), which is an assumption of the time constraints model (Dunbar, 1992; Dunbar et al., 2009).

Alternatively, under the free time hypothesis, we predict that individuals who forage more on anthropogenic food spend more time resting (*prediction 2a*) and in social grooming (*prediction 2b*), on the premise that anthropogenic food is more caloric and more digestible than natural food. Our predictions and models are summarized in Figure 1.

Materials and Methods

Study site and subjects

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205   Observational protocols were approved by the Institutional Animal Care and Use Committee of

206   the University of California, Davis. These protocols were designed in consultation with the Himachal

207   Pradesh Forest Department and complied with the legal requirements of India.

208   The study was conducted in the city of Shimla (31° 05' N- 077° 10' E) between July 2016 and

209   February 2018. Data were collected from a total of 127 macaques (37 adult males and 90 adult females)

210   from three groups living in proximity to Jakhoo Temple, a Hindu temple located on the highest peak of

211   Shimla at 2,500m above the sea level. The macaques' home range comprises both the temple area, where

212   most of the human-macaque interactions occurred, and the surrounding forested area (see Kaburu et al.,

213   2019 for more details on the study site). Macaques, therefore, had access to both anthropogenic and

214   natural food.

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216   *Behavioral data collection*

217   SSKK and six research assistants collected behavioral data from all adult males and females of

218   the groups using 10-min focal animal sampling (Altmann, 1974), between 9:00 and 17:00, five days a

219   week (reliability, Cohen's k > 0.85). Observers randomized the order by which focal animals were

220   sampled on a daily basis prior to data collection, aiming to collect two focal sessions per animal per

221   week, one in the morning and one in the afternoon. If the focal animal went out of sight for more than 3

222   minutes, the observation was aborted. Data from aborted observations were maintained in the database

223   and used for the data analysis, but observers attempted to re-do a complete focal sample on that animal

224   at the next available opportunity. At the end of the study, we collected a total of 1494 hours of

225   observations, with a mean (± SD) hour of observation per individual of 11.8 (± 5.4; median = 10.8).

226   During focal sessions, we recorded all continuous interactions the focal animals had with both

227   humans and other macaques. When recording human-macaque interactions, we collected data on

228   aggression (e.g., a person threatening or attacking a macaque, or vice versa), food provision (e.g., a

person providing food to the macaques), submission (e.g., a macaque avoiding a person who is walking by or approaching the monkey, or vice versa), and other types of physical interactions between the focal animal and humans, such as macaques investigating a person's pocket or bags (a short version of the ethogram is available in table S1, while a more extended ethogram can be found in Kaburu et al., 2019). When the focal animal interacted with a person, we recorded information on the time stamp in which the interaction occurred, as well as the age/sex category of the person involved (i.e., man, woman or child). For interactions between the focal animal and other macaques, we recorded data on both aggression (e.g., chase, bite, slap, threat) and affiliation (e.g., grooming, huddling), collecting data on both the identity of the monkey the focal animal was interacting with, the time when the interaction occurred and, for grooming and huddling only, the duration of the interaction. Finally, every two minutes we used instantaneous sampling (Altmann, 1974) to record the focal animal's activity, specifically whether the animal was 1) foraging on anthropogenic food, 2) foraging on natural food, 3) grooming, 4) socializing (i.e., any affiliative or aggressive social interaction, except for grooming), 5) moving or, 6) resting.

We defined anthropogenic food as any human-made food item, including fruits that are normally cultivated by people (e.g., bananas) and not readily available in the animals' environment. Macaques can access anthropogenic food either by directly interacting with people (through human provisioning for instance) or by foraging on garbage or discarded food. Among the study groups, macaques tended to obtain anthropogenic food from indirect sources (e.g., discarded food) rather than via direct interaction with humans. Thus, human provisioning and non-aggressive interactions initiated by the macaques towards humans explain only about 12% and 5%, respectively, of macaques' rates of foraging on anthropogenic food (human provision: $F(1,122)=17.42$, $p<0.001$, $R^2=0.117$; non-aggressive macaque-to-human behaviors: $F(1,122)=7.446$, $p=0.007$, $R^2=0.050$). On the other hand, natural food was defined as any food item naturally growing in the environment (e.g., grass, leaves). During instantaneous sampling, we also noted whether the focal animal was monitoring human activity, if s/he was looking in the

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253 direction of people. Data were entered into Samsung Galaxy Tablets using customized data forms created

254 in HanDBase® (DDH software).

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Data analysis

Dominance rank

258 From the dyadic dominance interactions with decided winner-loser outcome, we calculated

259 dominance rank using the *Perc* package in R (Fujii et al., 2015), which calculates dyadic dominance

260 relationships on the basis of both direct interactions and multiple indirect pathways (for more details see

261 Fushing et al., 2011). In order to control for group size, we followed previous approaches (e.g., Rhine et

262 al., 1989) and standardized dominance rank as follows:

$$1 - \frac{(Rank - 1)}{(N - 1)}$$

264 Where *N* represents the number of focal animals in the group. Standardized dominance rank

265 values range between 0 (bottom-ranking animal) and 1 (top-ranking animal).

266

Test of the time-constraint hypothesis

268 To test our predictions, we used the *glmer.nb* function in the 'lme4' package in R to run

269 Generalized Linear Mixed Model (GLMM) analysis. To test whether human-macaque interactions

270 predicted macaque's monitoring of human activity (prediction 1a), we fit a GLMM model set (with

271 negative binomial distribution) to the outcome variable: the count of scans in which macaques were

272 monitoring humans. In the model, total rates of human-macaque interactions as well as four specific

273 types of interactions, namely human-to-macaque aggression, macaques avoiding humans, humans

274 providing food to macaques, and macaques initiating non-aggressive interactions with humans, were

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included as predictors. We included as an exposure variable each macaque's total number of scans, as an individual's monitoring depends on how long the focal animal was observed (Table 1).

To test the effects of monitoring and human-macaque interactions on resting and grooming time (predictions 1b and 1c, respectively), we ran two sets of GLMM analyses (both with negative binomial distributions) on two outcome variables: the number of scans in which each macaque was (1) resting and (2) grooming. For each outcome variable, we fit as predictors both the total rates of human-macaque interactions and the four specific types of human-macaque interactions mentioned above. For models of the grooming outcome variable, we also included monitoring rate as a predictor. Finally, we included the total number of scans as an exposure variable for all models (Table 1).

Test of the free time hypothesis

To test whether macaques who foraged more on anthropogenic food spent more time resting and grooming (predictions 2a and 2b, respectively), we fit two GLMM model sets by setting the number of scans in which the animal was scored resting or grooming as outcome variables in separate models, with the rates of foraging as predictor and total number of scans as exposure variable. Given that we were interested in assessing whether the *proportion* of time spent foraging on human food with respect to the total amount of time spent foraging significantly impacted animals' resting and social time, we calculated foraging rates by dividing the total number of scans in which the animal was scored foraging on anthropogenic food by total number of scans in which the animal was scored feeding on both natural and anthropogenic food (Table 1).

In all the models, we included individuals' sex and rank and their interactions with the other predictors as previous work has shown that, in rhesus macaques, these variables may affect both resting and grooming time, as well as rates of human-macaque interactions (Jaman & Huffman, 2013; Beisner et al., 2015; Snyder-Mackler et al., 2016). Additionally, we set group membership as a random factor to

control for non-independency of data collected from members of the same group. For all models, we z-transformed continuous predictors (i.e., both rates of human-macaque interactions, monitoring and dominance rank) in order to facilitate comparisons between effect sizes of variables that were on different scales (Gelmann, 2008). Furthermore, we ran model diagnostics to check that all the model assumptions, including collinearity between predictors, homogeneity and normality of residuals of the models were respected. We used cook's distance to assess the presence of influential observations, and this analysis revealed the presence of three outliers, that were excluded from all the analyses, giving a final sample size of N = 124 macaques. We took an information theoretic (I-T) approach to model selection, using AIC scores from each model to select a candidate set of models for each prediction. The candidate model set included all models with ΔAIC < 2 compared to the best model, because all such models can be considered equally good (Burnham et al., 2011). Further, we applied the concept of parsimony when assembling the candidate model set, and we excluded a model if there was a simpler model (with fewer predictors) with a better AIC score (Richards et al., 2011). Here we present only the candidate model set while all the models can be found in the Supplementary Material (Table S2). Table 1 summarizes our GLMM models.

Results

Descriptive statistics

We recorded a total of 3993 interactions between humans and macaques, and found large individual differences among macaques in both their rates of interactions with humans, and in their activity budgets (Table 2). Among the different types of human-macaque interactions examined, we found that macaques' avoidance of people was the most common type of interaction while non-aggressive macaque-to-human behaviors were the least common (summarized in Table 2).

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Test of the time-constraint hypothesis

Monitoring rates (prediction 1a)

Our GLMM analysis showed that macaques' monitoring of human activity was best predicted by an interaction between the rates of all human-macaque interactions and either sex or rank (Table 3). This result indicates that macaques who more frequently monitored human activity interacted more often with people, and that this effect was stronger for females and low-ranking macaques. (Figures 2 and 3).

Resting rates (prediction 1b)

We found that resting time was best predicted by an interaction between rank and total rates of human-macaque interactions, as well as by rates of human provisioning (Table 4) supporting prediction 1b. Macaques who interacted more frequently with people spent less time resting, with a slightly greater effect for low-ranking individuals (Figure 4). Likewise, macaques who were provisioned more frequently spent less time resting (Figure 5).

Grooming rates (prediction 1c)

Macaques' grooming time was best predicted by the model that included the three-way interaction between rates of all human-macaque interactions, sex and rank (prediction 1c) (Table 5). More specifically, macaques who interacted more frequently with people significantly reduced grooming time, although this negative relationship was absent for subordinate females (Figure 6).

Test of the free time hypothesis

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344   Contrary to the free time hypothesis we found a *negative* relationship between resting time and

345   the rates of feeding on anthropogenic food – that is, as rates of foraging on anthropogenic food increased,

346   resting time decreased- and there was no relationship between rates of feeding on anthropogenic food

347   and grooming time, as indicated by the best model which included only sex and rank (Table 6). In other

348   words, we found no evidence in support of the free time hypothesis: foraging on human food did not lead

349   macaques to spend more time resting or socializing.

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Discussion

352   Recently, human activity and anthropogenic landscapes have imposed novel socioecological

353   selective pressures on the behavior and fitness of wildlife populations. In this light, our study sought to

354   test two conflicting hypotheses related to whether and how interactions with humans impact the activity

355   budget of an urban-dwelling non-human primate, the rhesus macaque. Our results showed that macaques'

356   interactions with humans strongly impacted macaques' resting and social time, thereby providing support

357   for the time constraints hypothesis. More specifically, we first showed that macaques who spent more

358   time monitoring human activity also interacted more frequently with people. We then found that

359   macaques who interacted more frequently with people reduced both their resting and grooming time.

360   Interestingly, the negative relationship between human-macaque interactions and grooming rates was not

361   present in low-ranking females. By contrast, we did not find any evidence in support of the free time

362   hypothesis; macaques' consumption of human resources did not affect their resting or social time.

363   These results add to only a handful of studies to date that have shown that human disturbance can

364   negatively impact wildlife activity budget, including social behavior. Asian rhinoceros, for instance,

365   increase their vigilance time and reduce their feeding time in the presence of tourists (Lott & McCoy,

366   1995). Menon & Poirier (1996) showed that lion-tailed macaques under heavy human disturbance

367   displayed more foraging, and less resting and socialization compared to populations under no human

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pressure. The authors argued that this was likely due to the human-induced low availability of key food items animals experienced. Lehmann and colleagues (2010) showed that human-induced global warming can force great apes to spend more time resting, which can significantly impact their survival and geographic distribution. Our previous work on long-tailed macaques demonstrated that individuals who monitored more frequently humans spent less time grooming, although there was no association between macaque's monitoring and any specific type of human-macaque interaction (Marty et al., 2019).

Interestingly, some urban-dwelling populations have been shown to spend more time resting and engaging in social activities compared to less urban groups (Saj et al., 1999; El Alami et al., 2012; Jaman & Huffman, 2013; Ilham et al., 2018; Koirala et al., 2017; Thatcher et al., 2019). This suggests a potentially *positive* effect (rather than negative) of anthropogenic factors on animals' time budgets. We argue that the difference between the results found in our study, which support the time constraints hypothesis, and those reported in previous studies, which are consistent with the free time hypothesis, might be due to the degree of predictability that different animal populations might face in accessing human food or avoiding human aggression. In other words, our study populations experienced an almost equal amount of positive (human provision) and negative (human aggression) interactions with people, making human behavior highly unpredictable for the macaques. This pattern of interactions contrasts with what has been reported in some other urban-dwelling species, where either a single type of interaction is more common (e.g., human provisoning tends to occur more frequently than human aggression: Saj, 1998; Hsu et al., 2008) or direct human-macaque interactions are infrequent (e.g., Jaman & Huffman, 2013). Therefore, macaques in Jakhoo might need to spend a substantial amount of time monitoring human activity in order to better understand people's intentions. This can explain why we found that monitoring time was positively predicted by the rates of all human-macaque interactions, and the latter had a negative impact on both macaque resting and grooming time. Given the importance of social grooming for animal's fitness and for group cohesion, this may have significant long-term

consequences for inter-individual differences in animals' health and fitness (Dunbar, 1992; Dunbar et al., 2009).

In addition to the degree of (un)predictability of human behavior, it is possible that the nutritional content of human food consumed might also drive the high levels of macaques' monitoring of human activity observed in our site. Although our work does not include nutritional analyses, we frequently observed people providing macaques with sugar pellets. Previous laboratory work has shown that intermittent access to food with high sugar content leads individuals to crave more of that high-sugar food (Hoebel et al., 2009). This potential addiction to human food in Jakhoo might be one of the reasons macaques in our study groups frequently initiated interactions with people. Future nutritional analyses on the macaques in our study site are needed in order to carefully examine the nutritional content of anthropogenic and natural food they consume and how this may, in turn, drive human-macaque interactions. Understanding the nutritional and energetic content of human foods compared to natural food in our study site could also shed light on the economic trade-offs that macaques experience between the benefits of accessing human food, and the costs of reducing their resting and social time.

The long-term effects of a reduction in resting and social time in our study population are still unclear. Dunbar and colleagues (Dunbar, 1996; Dunbar et al., 2009; Korstjens et al., 2010) suggested that animals can engage in two different types of resting. One form of resting (named *enforced resting time*) is the time animals use for digestion or for thermoregulation, while a different type of resting, named *free resting time*, is the time that is genuinely free and that can be used for other activities. Enforced resting time is likely to be particularly important for folivorous species (given the substantial amount of time needed for fermentation) and for animals that live at extreme temperatures (Dunbar et al., 2009; Korstjens et al., 2010). While our data do not allow us to differentiate between enforced and free resting time, we suggest that the enforced resting time in our study populations might be minimal.

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Rhesus macaques are a generalist species with a flexible diet (Fooden, 2000; Southwick & Siddiqi, 2011) so their diet is not restricted solely to leaves. Furthermore, annual temperatures in Shimla range from -4°C to +31°C with an average of 18°C (www.weather-and-climate.com) and are therefore temperate enough that it is unlikely that the macaques need a high amount of enforced resting time for thermoregulation. We therefore suggest that the majority of this resting time is actually free time macaques have available to engage in other activities, which might explain why macaques in our study population are willing to forgo resting in order to interact with people to receive food from them.

Our analysis of grooming time showed that even though both sexes reduced their grooming time in response to increased interactions with people, females maintained higher overall levels of grooming than males. This is consistent with Dunbar & Dunbar (1988)'s hypothesis that, given the importance of social interactions for group cohesion and individuals' fitness, when animals face time constraints they first tend to draw on resting time, while maintaining social time. Among macaques, females are the philopatric sex, and form the core of the social group (Pusey & Packer, 1987). Social grooming is more frequently exchanged among close-kin females within stable matrilines (Kapsalis, 2004) but may also occur among non-kin across matrilines (Clutton-Brock, 2002). Thus, female-female grooming among macaques is key for the maintenance of group social stability and cohesion (Cords, 2012), which can explain why females engaged in higher rates of grooming interactions than males despite the human-induced time constraints on this social behavior. Indeed, previous work on captive rhesus macaques has shown that a low genetic relatedness might result in more fragmentation and/or sub-grouping in grooming networks, which can result in higher social instability and wounding (Beisner et al., 2011; McCowan et al., 2018). Interestingly high-ranking females seemed to experience more time constraints on social grooming than subordinate females. Work across a variety of primate species has shown that social grooming may be used by subordinates as a way to obtain rank-restricted services in return, such as agonistic support (Hemelrijk, 1994; Schino et al., 2007; Carne et al., 2011; Kaburu & Newton-Fisher,

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439 2015), tolerance in feeding contexts (Carne et al., 2011; Tiddi et al., 2011; Balasubramaniam & Berman,

440 2017) and reduction of aggression (Ventura et al., 2006; Gumert & Ho, 2008; Xia et al., 2012; Xia et al.,

441 2013). Our previous analysis on grooming behavior among rhesus macaques in Shimla seems to be

442 consistent with this pattern as we showed that grooming interactions tend to be longer when directed

443 from subordinates to dominants than in the opposite direction (Kaburu et al., 2019). Our results from the

444 current study suggest that for low-ranking females the costs of compromising on grooming relationships

445 to interact with or monitor people are too high, and do not outweigh the benefits of exchanging grooming

446 for other services with dominant group members.

447   In conclusion, our study provides compelling evidence that human-macaque interactions

448 constrain grooming and resting time in urban-dwelling rhesus macaques, leading us to speculate that

449 these time constraints are likely driven by the unpredictability in human behavior towards the macaques.

450 Interestingly, our work also shows that those classes of macaques for which grooming plays a key social

451 role are less likely to give up grooming time. This work paves the way for investigations on how these

452 anthropogenic influences on macaques' activity budget can have long-term consequences for animals'

453 reproductive success, health, and fitness outcomes, and encourage the extension of similar work to other

454 species (including non-primates) that live in urban settings. This work also points to potential

455 experimental interventions in future studies, such as strategies aimed at reducing human food

456 provisioning and aggression directed at the macaques, that might reduce such long-term consequences.

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Figure legends

Figure 1. Figure summarizing the two models (time constraints and free time) tested.

Figure 2. Rates of monitoring plotted against total rates of human-macaque interactions for each sex separately.

Figure 3. Rates of monitoring plotted against total rates of human-macaque interactions for each rank category (high, medium, low).

Figure 4. Rates of resting plotted against total rates of human-macaque interactions for each rank category (high, medium, low).

Figure 5. Rates of resting plotted against total rates of human provisioning.

Figure 6. Rates of grooming plotted against total rates of human-macaque interactions for both males and females for each rank category (high, medium, low).

Table 1

Table 1. Summary of the outcome variables and predictors included in the GLMM models. All models included group membership as random factor and total number of scans as exposure variable.

Prediction	Outcome	Predictors
1a	Monitoring	-All human-macaque interactions -Human provisioning macaques -Macaque submission -Macaque-to-human non-aggressive behaviors -Human aggression -Sex -Rank
1b 1c	Resting Grooming	-All human-macaque interactions -Macaque submission -Macaque-to-human non-aggressive behaviors -Macaque aggression -Monitoring* -Sex -Rank
2a 2b	Resting Grooming	-Foraging on anthropogenic food -Sex -Rank

*Monitoring was not included in the model where resting was the outcome variable.

Table 2

Table 2. Summary of the rates of human-macaque interactions and macaques' activities. Rates of human-macaque interactions are expressed as number of events per hour of observation. Rates of macaques' monitoring, resting and grooming are expressed as number of scans in which the focal animal was observed monitoring, resting or grooming, respectively, divided by the total number of scans. Rates of macaques' foraging on anthropogenic food are expressed as number of scans the focal animal was observed foraging on anthropogenic food divided by the total number of times the animal was scored foraging.

Behavior	Mean (± SE)	Median	Range
All human-macaque interactions	2.61 (± 1.19)	2.43	0.18-5.96
Human provisioning macaques	0.51 (± 0.42)	0.42	0.00-1.90
Human aggression	0.64 (± 0.41)	0.59	0.00-2.13
Macaque avoidance of humans	0.88 (± 0.41)	0.84	0.00-2.14
Macaque non-aggressive behaviors	0.28 (± 0.41)	0.10	0.00-2.31
Monitoring	0.08 (± 0.04)	0.07	0.02-0.21
Resting	0.39 (± 0.08)	0.38	0.19-0.67
Grooming	0.18 (± 0.07)	0.17	0.02-0.36
Foraging on anthropogenic food	0.39 (± 0.19)	0.39	0-00-1.00

Table 3

Table 3. Results of the best-fit negative binomial GLMM testing the effect of human-macaque interactions, rank and sex on monitoring time. Significant predictors are indicated in bold.

Outcome	Predictors	*Estimate*	*SE*	*z-value*	*p-value*
Monitoring	Intercept	-2.67	0.09	-28.51	< 0.001
	Rank	-0.03	0.04	-0.71	0.475
	Sex	0.13	0.09	1.47	0.142
	All human-macaque interactions	**0.28**	**0.04**	**6.65**	**< 0.001**
	All human-macaque interactions * Sex	**-0.12**	**0.06**	**-2.19**	**0.028**
Monitoring	Intercept	-2.66	0.09	-28.46	< 0.001
	Rank	0.11	0.09	1.24	0.216
	Sex	-0.02	0.04	-0.51	0.608
	All human-macaque interactions	**0.23**	**0.03**	**7.27**	**< 0.001**
	All human-macaque interactions * Rank	-0.05	0.03	-1.81	0.071

Table 4

Table 4. Results of the best-fit negative binomial GLMM testing the effect of human-macaque interactions, rank and sex on resting time. Significant predictors are indicated in bold.
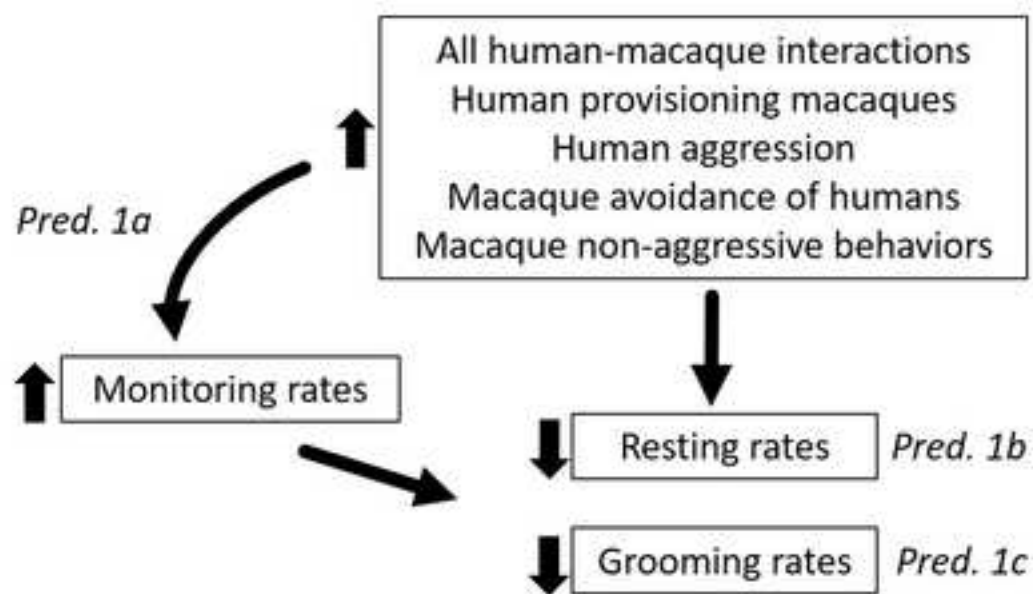
Outcome	Predictors	*Estimate*	*SE*	*z-value*	*p-value*
Resting	Intercept	-1.03	0.02	-50.32	< 0.001
	Rank	-0.03	0.02	-1.46	0.143
	Sex	**0.26**	**0.05**	**5.61**	**< 0.001**
	All human-macaque interactions	**-0.05**	**0.02**	**-3.25**	**0.001**
	Human-macaque interactions * Rank	0.03	0.02	1.64	0.101
Resting	Intercept	-1.03	0.02	-49.41	< 0.001
	Rank	-0.03	0.02	-1.46	0.145
	Sex	**0.26**	**0.05**	**5.50**	**< 0.001**
	Human provisioning macaques	**-0.05**	**0.02**	**-2.81**	**0.005**

Table 5

Table 5. Results of the best-fit negative binomial GLMM testing the effect of monitoring, human-macaque interactions, rank and sex on grooming time. Significant predictors are indicated in bold.
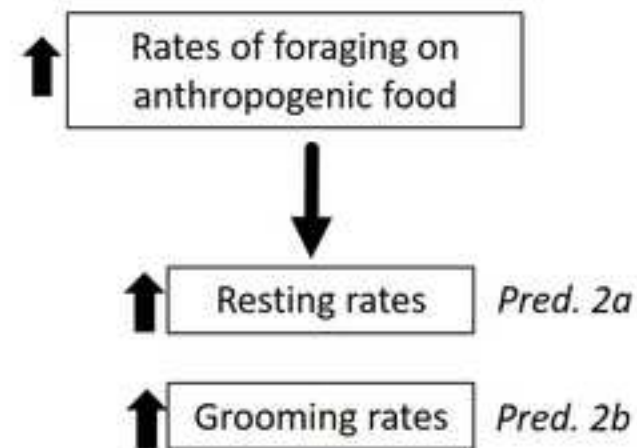
Outcome	Predictors	*Estimate*	*SE*	*z-value*	*p-value*
Grooming	Intercept	-1.50	0.10	-15.55	< 0.001
	Rank	**0.12**	**0.04**	**2.74**	**0.006**
	Sex	**-1.13**	**0.16**	**-7.26**	**< 0.001**
	All human-macaque interactions	0.003	0.05	0.01	0.994
	Rank * Sex	**0.42**	**0.13**	**3.25**	**0.001**
	All human-macaque interactions * Rank	-0.07	0.05	-1.35	0.177
	All human-macaque interactions * Sex	**-0.30**	**0.10**	**-3.08**	**0.002**
	All human-macaque interactions * Rank * Sex	**0.22**	**0.09**	**2.35**	**0.018**

Table 6

Table 6. Results of the best-fit negative binomial GLMM testing the effect of foraging on anthropogenic food, rank and sex on resting and grooming time. Significant predictors are indicated in bold.
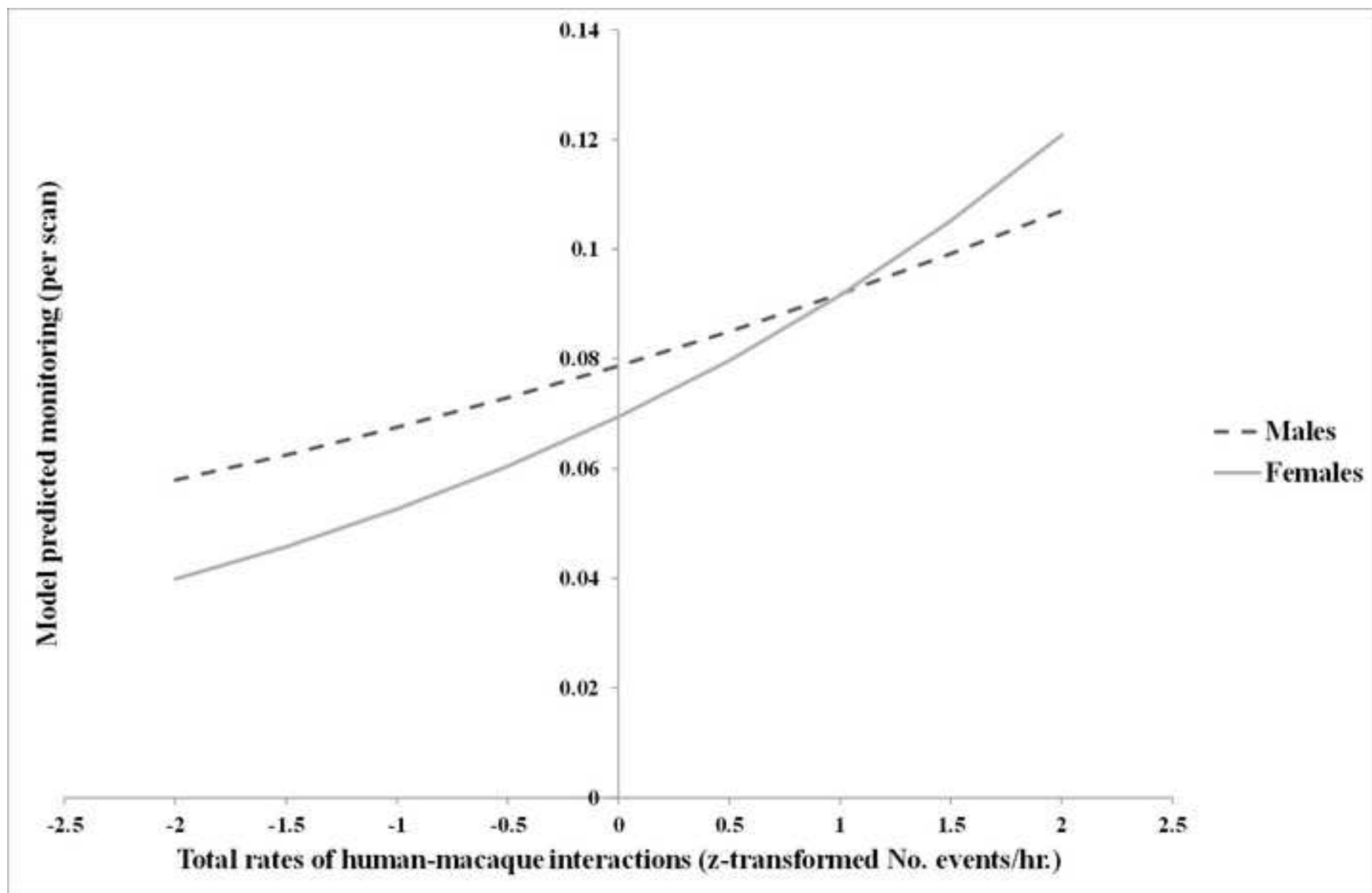
Outcome	Predictor	Estimate	SE	z-value	p-value
Resting	Intercept	-1.03	0.02	-48.61	< 0.001
	Rank	-0.03	0.02	-1.48	0.139
	Sex	**0.28**	**0.05**	**5.77**	**< 0.001**
	Foraging on anthropogenic food	-0.03	0.02	-1.95	0.051
Grooming	Intercept	-1.49	0.10	-14.69	< 0.001
	Rank	**0.15**	**0.04**	**3.45**	**< 0.001**
	Sex	**-0.70**	**0.10**	**-7.03**	**< 0.001**

Figure 1

Time constraints hypothesis

Free time hypothesis

Figure 2

Figure 3

Figure 4
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Figure 5

Figure 5

Figure 6

Figure 6