

Original Paper

# Epigenetic Silencing of the *MLH1* Promoter in Relation to the Development of Gastric Cancer and its use as a Biomarker for Patients with Microsatellite Instability: a Systematic Analysis

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## Key Words

*Mlh1* • Methylation • GC • Biomarker • Prognosis • Diagnosis

## Abstract

**Background/Aims:** Human mutL homolog 1 (*MLH1*) promoter methylation was reported in gastric cancer (GC). This study determined the clinicopathological, prognostic, and diagnostic effects of *MLH1* promoter methylation in GC. **Methods:** The combined odds ratio (OR) or hazard ratio (HR) and their corresponding 95% confidence intervals (95% CI) were calculated. The pooled sensitivity, specificity, and area under the curve (AUC) were analyzed. **Results:** A total of 4654 GC patients and 3669 non-malignant controls were identified in this systematic analysis. *MLH1* promoter methylation was significantly higher in GC samples than in gastric adenomas, chronic gastritis, adjacent tissues, normal gastric mucosa, and normal healthy blood samples, but it exhibited a similar frequency in GC vs. intestinal metaplasia and dysplasia samples. *MLH1* promoter methylation correlated with age and microsatellite instability (MSI), but it was not associated with gender, *H. pylori* infection, smoking, drinking behaviors, pathological histology, tumor differentiation, clinical stage, lymph node status, distant metastasis, or overall survival of GC. *MLH1* promoter methylation exhibited a poor sensitivity value (< 0.5) in patients with GC compared with adjacent tissues, gastric adenomas, chronic gastritis, normal gastric mucosa, and normal healthy blood samples. The pooled sensitivity, specificity, and AUC of *MLH1* promoter methylation in GC with MSI vs. GC with microsatellite stability (MSS) samples were 0.64, 0.96, and 0.90, respectively. **Conclusions:** Our results suggest that the detection of *MLH1* promoter methylation may be a potential prognostic biomarker for GC patients with MSI.

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## Introduction

Gastric cancer (GC) is one of the most common malignant tumors and the third leading cause of death from human cancers. An estimated 951,600 new cases of GC were clinically diagnosed worldwide in 2012, which led to approximately 723,100 deaths due to GC [1]. Lauren's classification identifies two main histotypes of GC, intestinal and diffuse [2]. GC patients remain a primary clinical challenge despite recent improvements in the diagnostic, surgical, and therapeutic opportunities for GC [3, 4].

Increasing evidence reveals that a common epigenetic modification, DNA methylation, plays a crucial role in cancer carcinogenesis, progression, and prognosis [5-7]. *Helicobacter pylori* (*H. pylori*) infection and microsatellite instability (MSI) are associated with an increased risk of developing GC [8, 9]. Human mutL homolog 1 (*MLH1*) gene is located on chromosome 3p21 and encodes a DNA mismatch repair (MMR) protein [10]. DNA MMR genes have important functions in the maintenance of genome stability. Therefore, loss of MMR function leads to MSI, which contributes to the development of gastric carcinoma [11, 12]. *MLH1* promoter methylation in sporadic tumors may primarily cause MSI [13]. MSI in GC is frequent because *MLH1* promoter methylation within CpG islands inactivates the *MLH1* gene [14, 15]. The presence of *MLH1* promoter methylation is widely reported in GC [16-19].

Numerous studies reported a relationship between *MLH1* promoter methylation and GC risk, but the results of these articles are inconsistent and conflicting. For example, Lee et al. reported that *MLH1* promoter methylation exhibited a similar frequency in GC and gastric adenomas [20], and Kang et al. demonstrated that *MLH1* promoter methylation exhibited a higher frequency in GC than in gastric adenomas [21]. Therefore, the current study evaluated the association between *MLH1* promoter methylation and the risk of GC in cancer vs. different control groups: gastric adenomas, intestinal metaplasia, chronic gastritis, dysplasia, adjacent to cancer, normal gastric mucosa, and normal healthy blood samples. We evaluated the correlation of *MLH1* promoter methylation with the clinicopathological characteristics of GC and its prognostic role. We also analyzed whether *MLH1* promoter methylation could be used as a biomarker for the diagnosis of GC.

## Materials and Methods

### Literature search

A comprehensive literature search was performed to identify eligible studies published before January 3, 2017, in the following online electronic databases: PubMed, Embase, Cochrane library, and EBSCO. We used the following combined key words and terms: (stomach OR gastric) AND (cancer OR tumor OR neoplasm OR carcinoma) AND (MLH1 OR hMLH1 OR mutL homolog 1 OR human mutL homolog 1) AND (methylation OR epigenetic silencing OR epigenetic inactivation OR hypermethylation). We also scanned the references of eligible articles for additional studies.

### Inclusion criteria

The following inclusion criteria were used to select eligible studies for the meta-analysis: 1) all cancer samples were diagnosed as primary GC using histopathological identification; 2) studies included sufficient data on *MLH1* promoter methylation to assess the correlation between GC and non-malignant controls; 3) the control groups consisted of gastric adenomas, intestinal metaplasia, chronic gastritis, dysplasia, adjacent to cancer, normal gastric mucosa, and normal healthy blood samples; 4) studies provided sufficient information to evaluate the relationship between *MLH1* promoter methylation and the clinicopathological characteristics of GC patients; 5) studies provided prognostic analyses on overall survival (OS) or disease-free survival (DFS) if possible; and 6) studies were published in English. The more complete papers with more information were selected when authors published multiple papers using duplicated sample data.

### Data extraction

Two authors independently extracted the following information from the included full-text studies: first author's surname; published year; country; ethnicity; age; clinical stage; detection method; types

of samples; the frequency of promoter methylation; the number of GC and control groups; prognostic information (OS or DFS); expression status; and clinicopathological parameters, such as age ( $\geq 60$  years vs.  $< 60$  years), gender (male vs. female), smoking behavior (yes vs. no), drinking behavior (yes vs. no), tumor differentiation (poor vs. well/moderate), tumor stage (stage 3-4 vs. stage 1-2), lymph node status (positive vs. negative), distant metastasis (yes vs. no), tumor histology (intestinal vs. diffuse), *H. pylori* infection (yes vs. no), and microsatellite status (microsatellite instability (MSI) vs. microsatellite stability (MSS)).

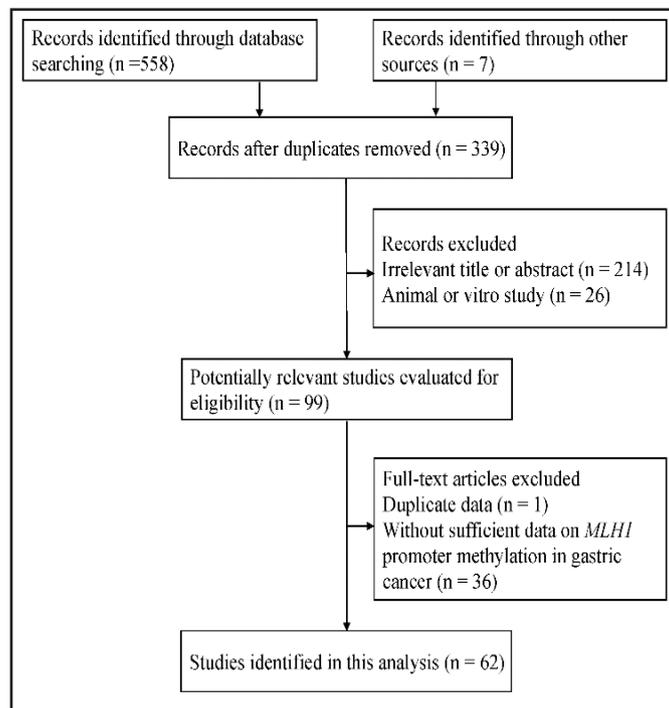
*Statistical analysis*

All data were analyzed using Stata 12.0 software (Stata Corporation, College Station, TX, USA). The combined odds ratio (OR) and corresponding 95% confidence interval (95% CI) were calculated to evaluate the relationship between *MLH1* promoter methylation and GC in cancer vs. different control groups and the correlation between *MLH1* promoter methylation and the clinicopathological parameters of GC. The pooled hazard ratio (HR) and the 95% CI were also calculated to analyze the clinical outcome of *MLH1* promoter methylation in GC patients where possible. Heterogeneity of this meta-analysis was detected using the Cochran's Q statistic [22, 23]. A random-effects model was used for the meta-analysis. Significant heterogeneity was considered for a P value less than 0.1 for the Q statistic. A sensitivity analysis for positive results was performed by omitting a single study to determine the stability of the pooled results [24, 25]. Publication bias was analyzed using the Egger linear regression test for results with greater than nine studies [26]. Pooled sensitivity, specificity, and area under the curve (AUC) were performed using bivariate analysis to evaluate the diagnostic role of *MLH1* promoter methylation in GC [27, 28].

**Results**

*Study characteristics*

Fig. 1 shows that careful scanning using the inclusion criteria yielded 62 studies published from 1999 to 2016 [15-21, 29-83], including 4654 patients with GC and 3669 non-malignant controls. Twenty-nine studies involving 2583 GC patients and 2396 adjacent tissue samples evaluated the association between *MLH1* promoter methylation and GC [18-20, 30-33, 36, 40, 41, 49, 50, 55, 56, 59, 61-63, 65, 67, 68, 70, 73, 74, 76, 78, 80-82]. Seven studies with 409 GC patients



**Fig. 1.** Flow diagram of the relevant literature in this study.

**Table 1.** Subgroup analyses for *MLH1* promoter methylation in GC vs. adjacent tissues. OR: odds ratio; 95% CI: 95% confidence interval; GC: gastric cancer; mix: mixed population; MSP: methylation-specific polymerase chain reaction

Subgroups	OR (95% CI)	Heterogeneity: P	P value	Cases	Controls
Testing method					
MSP	5.38 (3.07-9.42)	< 0.001	< 0.001	2191	2092
Non-MSP	4.41 (2.29-8.47)	0.418	< 0.001	392	304
Ethnicity					
Caucasians	6.51 (2.68-15.79)	0.001	< 0.001	555	514
Asians	4.98 (2.69-9.21)	< 0.001	< 0.001	1885	1740
Mix	14.32 (1.79-114.60)	0.354	0.012	143	142

and 266 intestinal metaplasia cases assessed the correlation between *MLH1* promoter methylation and GC [17, 20, 21, 29, 32, 34, 38]. Four studies involving 214 GC patients and 203 adenomas evaluated the correlation between *MLH1* promoter methylation and GC [20, 21, 37, 38]. Four studies involving 246 patients with GC and 319 cases with chronic gastritis analyzed the correlation between *MLH1* promoter methylation and GC [16, 21, 38, 71]. Two studies involving 84 patients with GC and 96 cases with dysplasia analyzed the relationship between *MLH1* promoter methylation and GC [17, 20]. Five studies analyzed the correlation between *MLH1* promoter methylation and GC in cancer vs. normal gastric mucosa [29, 34, 47, 50, 54], including 333 GC patients and 285 normal gastric mucosa. Four studies assessed the association between *MLH1* promoter methylation and GC in cancer vs. healthy blood samples, including 270 GC blood samples and 104 healthy blood samples [17, 53, 75, 83]. Forty-eight studies evaluated the relationship between *MLH1* promoter methylation and the clinicopathological features of 3656 GC patients [15, 18, 19, 29-37, 39-48, 51, 52, 54-58, 60, 62-64, 66-70, 72, 73, 76-83]. Two studies reported the prognostic information on OS [53, 56]. For all online suppl. material, see [www.karger.com/doi/10.1159/000486354](http://www.karger.com/doi/10.1159/000486354), Table S1 lists the general information of the included studies.

*Association between MLH1 promoter methylation and GC in cancer vs. adjacent tissues*

Fig. 2 shows that the level of *MLH1* promoter methylation was significantly increased in GC samples compared to adjacent tissue samples (OR = 5.50, 95% CI = 3.41-8.86,  $P < 0.001$ ).

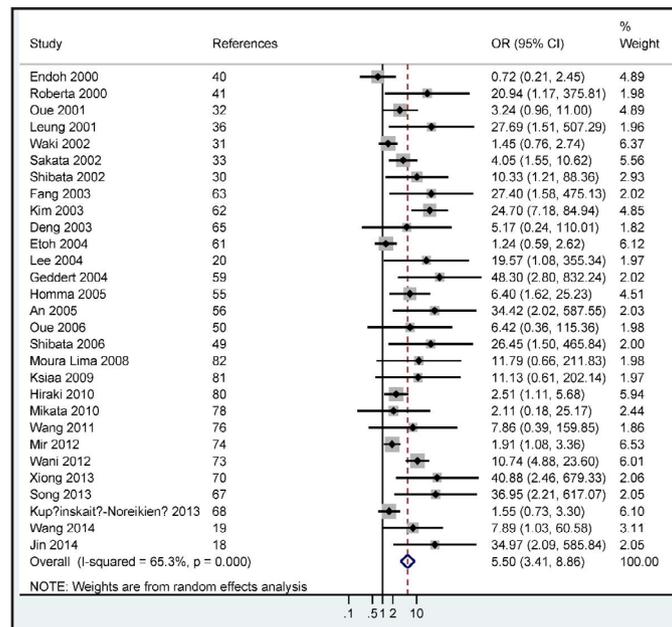
Subgroup analyses were performed based on the detection method ((methylation-specific polymerase chain reaction (MSP) and non-MSP)) and ethnicity (Asian, Caucasian, and mixed populations) to assess the strength of the associations between different subgroups (Table 1). Subgroup analysis based on ethnicity demonstrated that *MLH1* promoter methylation correlated with GC in Asian, Caucasian, and mixed populations (OR = 4.98, 95% CI = 2.69-9.21,  $P < 0.001$ ; OR = 6.51, 95% CI = 2.68-15.79,  $P < 0.001$ ; OR = 14.32, 95% CI = 1.79-114.60,  $P = 0.012$ ; respectively).

Subgroup analysis by the detection method revealed that *MLH1* promoter methylation was associated with GC in the MSP and non-MSP methods (OR = 5.38, 95% CI = 3.07-9.42,  $P < 0.001$ ; OR = 4.41, 95% CI = 2.29-8.47,  $P < 0.001$ ; respectively).

Substantial heterogeneity was measured in the comparison of cancer and adjacent tissue samples ( $P < 0.001$ ). Therefore, we successively removed seven studies ([31, 40, 61, 62, 68, 73, 74]). The recalculated OR was 7.02 (95% CI = 4.44-11.10,  $P < 0.001$ ) with no heterogeneity ( $P = 0.310$ ).

*Association between MLH1 promoter methylation and GC in cancer vs. benign lesions*

*MLH1* promoter methylation in GC was notably higher than that in gastric adenoma or chronic gastritis (OR = 2.44, 95% CI = 1.36-4.39,  $P = 0.003$ ; OR = 8.78, 95% CI = 4.52-17.05,



**Fig. 2.** Forest plot showing the correlation of *MLH1* promoter methylation in GC vs. adjacent tissues, OR = 5.50, 95% CI = 3.41-8.86,  $P < 0.001$ .

$P < 0.001$ ; respectively) (Fig. 3). There was no significant difference in *MLH1* promoter methylation between GC and intestinal metaplasia (OR = 2.15, 95% CI = 0.76-6.10,  $P = 0.151$ ) or GC and dysplasia (OR = 1.27, 95% CI = 0.67-2.40,  $P = 0.472$ ) (Fig. 3).

*Association between MLH1 promoter methylation and GC in cancer vs. normal controls*

*MLH1* promoter methylation was notably higher in GC than in normal control samples (tissue samples: OR = 8.06, 95% CI = 1.63-39.93,  $P = 0.011$ ; blood samples: OR = 5.87, 95% CI = 1.72-19.97,  $P = 0.005$ ) (Fig. 4).

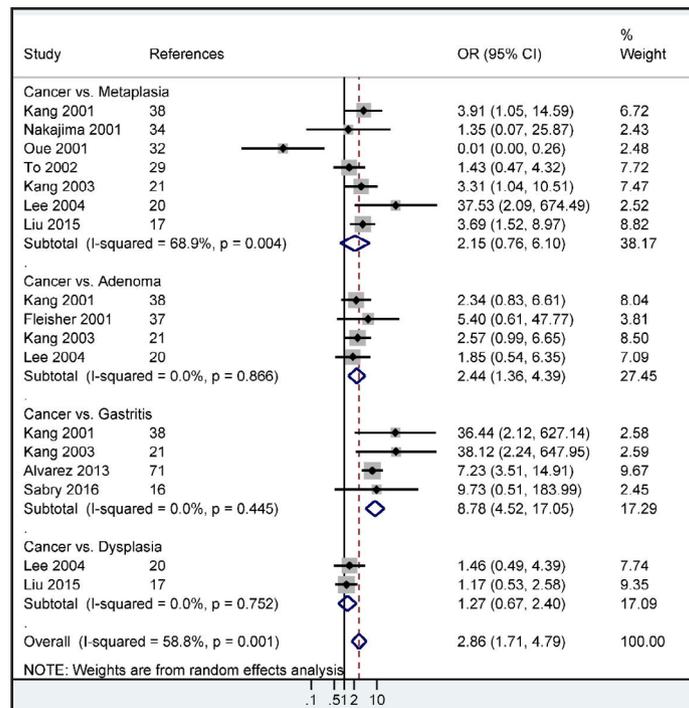
*Association between MLH1 promoter methylation and gender*

Data from 28 studies of 2576 GC patients demonstrated that *MLH1* promoter methylation did not correlate with the gender of GC patients (male vs. female: OR = 0.73, 95% CI = 0.51-1.06,  $P = 0.097$ ) (Fig. 5).

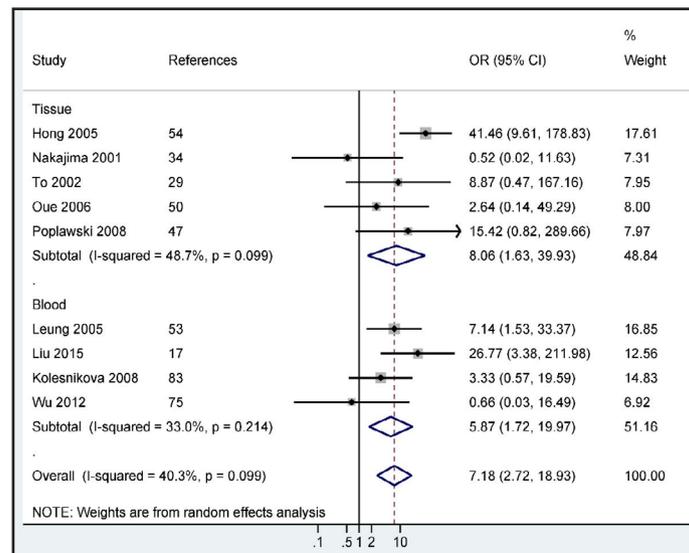
Heterogeneity was high ( $P = 0.001$ ), and three studies (47, 54, 73] were successively removed. The overall OR was recalculated (OR = 0.76, 95% CI = 0.57-1.02,  $P = 0.064$ ), and the  $P$  value of heterogeneity was 0.190.

*Association between MLH1 promoter methylation and age of GC patients*

Data from 13 studies of 712 GC patients demonstrated that *MLH1* promoter methylation correlated with patient age (OR = 1.72, 95% CI = 1.14-2.60,  $P = 0.01$ ) (Fig. 6).



**Fig. 3.** Forest plot showing the correlation of *MLH1* promoter methylation in GC vs. benign lesions, cancer vs. intestinal metaplasia: OR = 2.15, 95% CI = 0.76-6.10,  $P = 0.151$ ; cancer vs. gastric adenoma: OR = 2.44, 95% CI = 1.36-4.39,  $P = 0.003$ ; cancer vs. chronic gastritis: OR = 8.78, 95% CI = 4.52-17.05,  $P < 0.001$ ; cancer vs. dysplasia: OR = 1.27, 95% CI = 0.67-2.40,  $P = 0.472$ .



**Fig. 4.** Forest plot showing the correlation of *MLH1* promoter methylation in GC vs. normal controls, tissue: OR = 8.06, 95% CI = 1.63-39.93,  $P = 0.011$ ; blood: OR = 5.87, 95% CI = 1.72-19.97,  $P = 0.005$ .

*Association between MLH1 promoter methylation and smoking or drinking behavior*

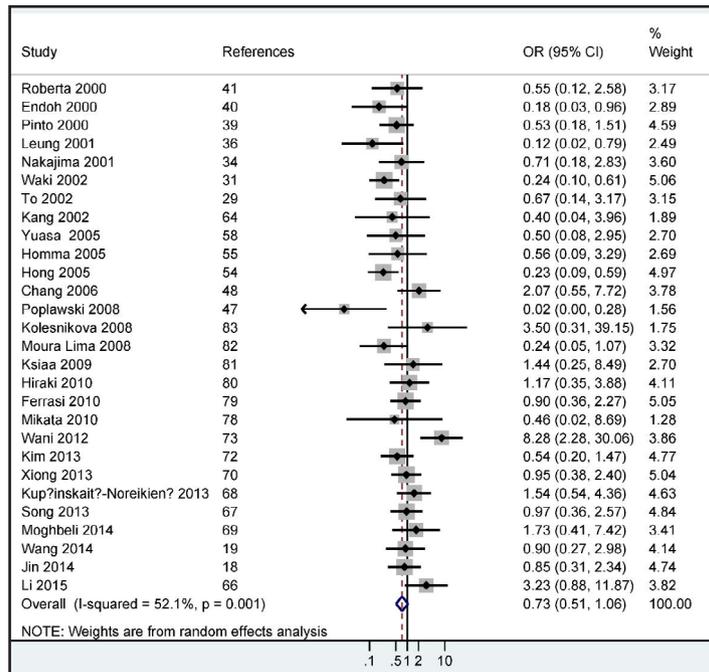
The data included four studies of smoking behavior with 305 GC patients and two studies of drinking behavior with 206 GC patients. No significant correlation between *MLH1* promoter methylation and smoking or drinking behavior was observed (OR = 1.26, 95% CI = 0.44-3.59,  $P = 0.67$ ; OR = 0.73, 95% CI = 0.39-1.35,  $P = 0.309$ ; respectively) (Fig. 6).

*Association between MLH1 promoter methylation and tumor differentiation or GC stage*

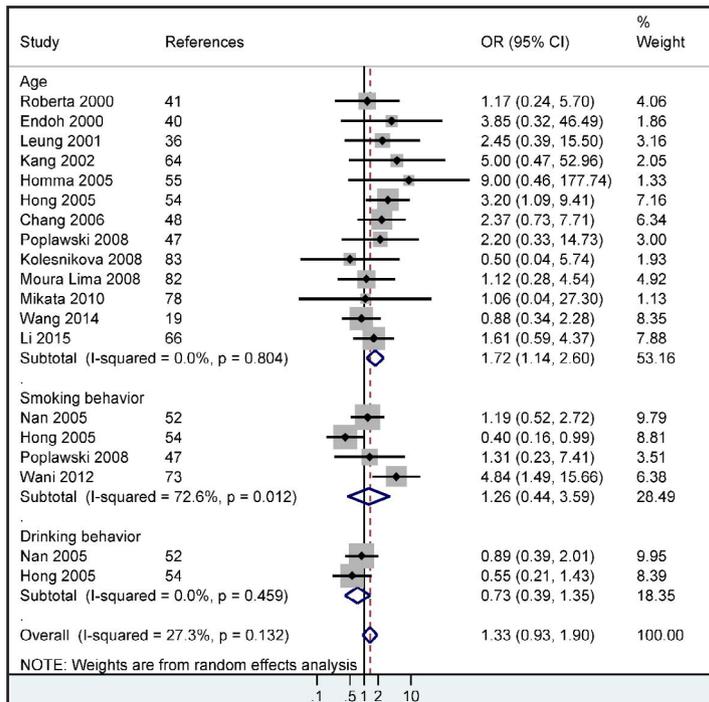
No correlation was observed between *MLH1* promoter methylation and tumor differentiation or clinical stage (OR = 1.12, 95% CI = 0.67-1.89,  $P = 0.658$ ; OR = 1.12, 95% CI = 0.68-1.82,  $P = 0.66$ ; respectively) (Fig. 7), including eight studies of 561 GC patients and nine studies of 562 GC patients, respectively.

*Association between MLH1 promoter methylation and lymph node status or distant metastasis of GC*

*MLH1* promoter methylation did not correlate with lymph node status or distant metastasis (OR = 1.04, 95% CI = 0.71-1.50,  $P = 0.852$ ; OR = 1.49, 95% CI = 0.86-2.60,  $P = 0.157$ ; respectively) (Fig. 8), including 18 studies with 1954 GCs and 10 studies with 1493 GCs, respectively.



**Fig. 5.** Forest plot showing the association of *MLH1* promoter methylation with gender, male vs. female: OR = 0.73, 95% CI = 0.51-1.06,  $P = 0.097$ .



**Fig. 6.** Forest plot showing the association of *MLH1* promoter methylation with smoking or drinking behavior ( $P > 0.1$ ) and age factor,  $\geq 60$  years vs.  $< 60$  years: OR = 1.72, 95% CI = 1.14-2.60,  $P = 0.01$ .

*Association between MLH1 promoter methylation and tumor histology or H. pylori status*

Data from 19 studies of tumor histology with 1148 GCs and four studies of *H. pylori* status with 236 GCs revealed no association between *MLH1* promoter methylation and these two clinicopathological features (tumor histology: OR = 1.00, 95% CI = 0.73-1.38,  $P = 0.98$ ; *H. pylori* status: OR = 1.50, 95% CI = 0.58-3.87,  $P = 0.397$ ) (Fig. 9).

*Association between MLH1 promoter methylation and microsatellite status of GC*

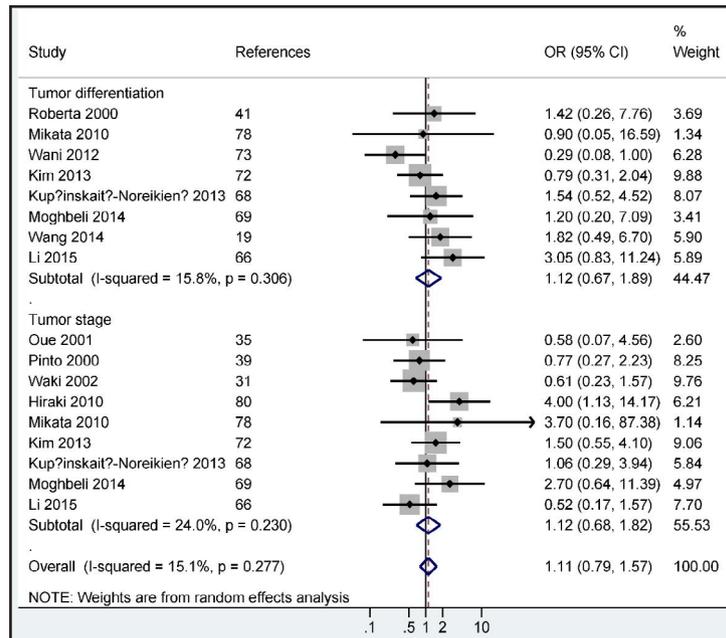
Data from 23 studies of 1294 patients with GC revealed that *MLH1* promoter methylation was closely linked to microsatellite status (MSI vs. MSS: OR = 21.52, 95% CI = 12.93-35.82,  $P < 0.001$ ) (Fig. 10).

*Prognostic effect of MLH1 promoter methylation*

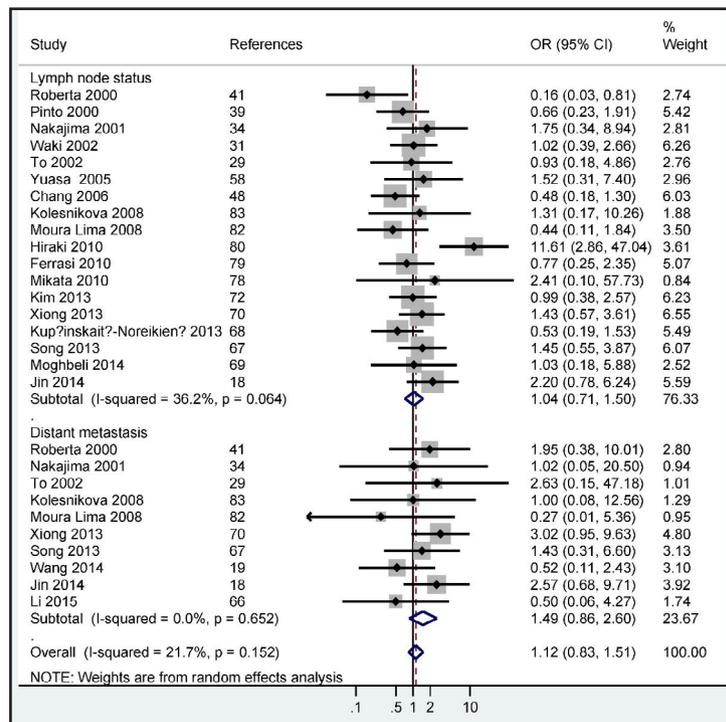
Only two studies (143 GCs) investigated *MLH1* promoter methylation and prognosis and reported that *MLH1* promoter methylation did not correlate with patient prognosis of OS (data not shown) [53, 56].

*Publication bias*

The potential publication bias was measured in the comparison of GC and adjacent tissues, in gender, age factor, lymph node status, distant metastasis, tumor histology, and microsatellite status (see online suppl. material, Fig. S1). There was evidence of publication bias in GC vs. adjacent tissue samples and tumor histology ( $P < 0.05$ ). No publication bias was found between *MLH1* promoter methylation and other clinicopathological features ( $P > 0.1$ ).



**Fig. 7.** Forest plot showing the association of *MLH1* promoter methylation with tumor differentiation or clinical stage ( $P > 0.1$ ).



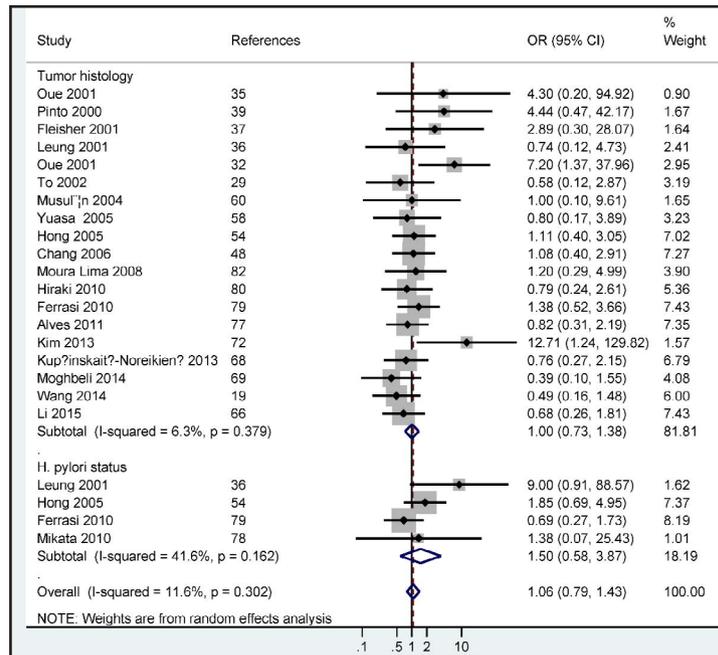
**Fig. 8.** Forest plot showing the association of *MLH1* promoter methylation with lymph node status or distant metastasis ( $P > 0.1$ ).

*Diagnostic effect of MLH1 promoter methylation in GC*

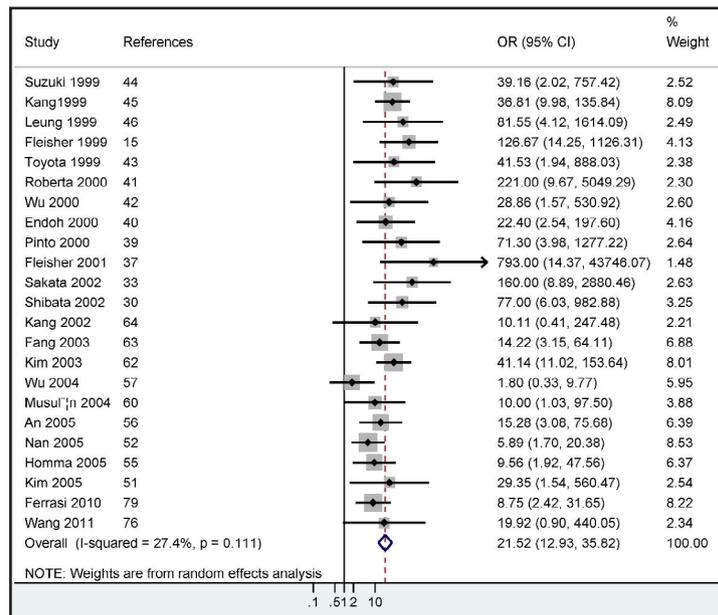
We further assessed the diagnostic effect of *MLH1* promoter methylation. The data demonstrated that *MLH1* promoter methylation exhibited a low sensitivity value (< 0.5) in patients with GC vs. adjacent tissues, gastric adenomas, chronic gastritis, normal gastric mucosa, and normal healthy blood samples (data not shown), which suggests that *MLH1* promoter methylation does not well distinguish between GC and different types of non-malignant control groups. Comparison of GC patients with MSI with GC patients with MSS revealed that the pooled sensitivity, specificity, and AUC of *MLH1* promoter methylation were 0.64 (95% CI = 0.53-0.75), 0.96 (95% CI = 0.91-0.98), and 0.90 (95% CI = 0.87-0.93), respectively (Fig. 11). These values of sensitivity, specificity, and AUC (sensitivity = 0.64 > 0.5, specificity = 0.96 > 0.9, and AUC = 0.90 ≥ 0.9) suggest that *MLH1* promoter methylation may be a useful non-invasive biomarker for GC patients with MSI.

**Discussion**

GC remains a notable clinical challenge with an unfavorable prognosis. Cancer-related genes, such as tumor suppressor genes (TSGs), or DNA repair genes are commonly methylated in the promoter regions of CpG islands, which leads to the dysfunction or loss of gene expression, cancer initiation and progression [84, 85]. The absence or downregulation of *MLH1* gene expression via promoter methylation was reported in GC [15, 32-34, 36, 37, 39, 42, 44-46, 50, 56, 59, 60, 62, 64, 72, 76, 77]. *MLH1* promoter methylation is detected in some cancers, such as bladder cancer [86], colorectal



**Fig. 9.** Forest plot showing the association of *MLH1* promoter methylation with tumor histology or *H. pylori* status ( $P > 0.1$ ).



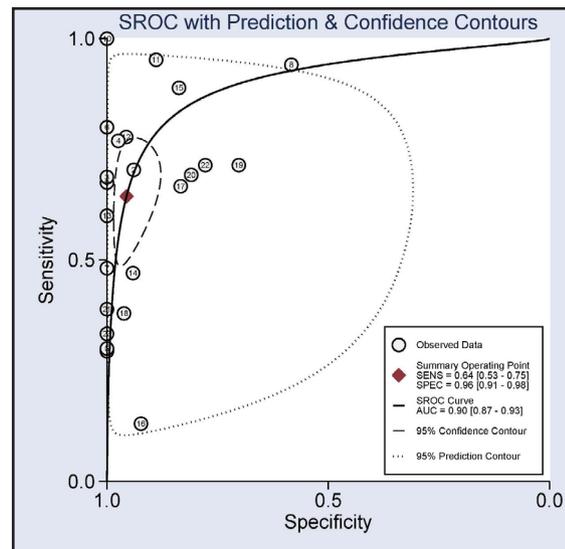
**Fig. 10.** Forest plot showing the correlation of *MLH1* promoter methylation with microsatellite status, MSI vs. MSS: OR = 21.52, 95% CI = 12.93-35.82,  $P < 0.001$ .

cancer [87] and GC [18]. However, some studies reported that *MLH1* promoter methylation exhibited a low frequency in GC [18, 34, 43, 44, 57, 65, 67, 70, 75, 78, 81]. Other studies reported that *MLH1* promoter methylation exhibited a high frequency in GC [16, 33, 40, 62, 72-74, 80]. Therefore, we performed an integrated analysis to investigate whether *MLH1* promoter methylation was a non-invasive biomarker that provided valuable insight for GC diagnosis and clinical outcome and a novel therapeutic target for GC.

Our results from the data of more articles with larger study populations suggest that *MLH1* promoter methylation is notably higher in GC than in gastric adenomas (OR = 2.44,  $P = 0.003$ ), chronic gastritis (OR = 8.78,  $P < 0.001$ ), adjacent (OR = 5.50,  $P < 0.001$ ) and normal tissue samples (OR = 8.06,  $P = 0.011$ ). *MLH1* promoter methylation exhibited similar levels in GC vs. intestinal metaplasia and dysplasia. We demonstrated a specific methylation profile of the *MLH1* gene during gastric carcinogenesis, from adenoma/chronic gastritis to GC. *MLH1* promoter methylation may play a role in the malignant transformation of gastric precancerous lesions (adenoma and chronic gastritis).

Eligible studies with larger sample sizes revealed that *MLH1* promoter methylation was not associated with tumor histology, gender, *H. pylori* infection, smoking, or drinking behaviors of GC patients. *MLH1* promoter methylation was also not associated with tumor differentiation, clinical stage, lymph node status, distant metastasis, or OS, which indicated that *MLH1* promoter methylation did not play a key role in the progression, metastasis, or prognosis of GC. Hong et al. [54]. observed an association between *MLH1* promoter methylation and age, but other studies reported no correlation [19, 36, 40, 41, 47, 48, 55, 64, 66, 78, 82, 83]. Twenty studies reported that *MLH1* promoter methylation significantly correlated with microsatellite status [15, 30, 33, 37, 39-46, 51, 52, 55, 56, 60, 62, 63, 79], but three studies demonstrated no association [57, 64, 76]. Our study revealed that *MLH1* promoter methylation correlated with age and microsatellite status, and it was notably higher in patients 60 years of age or older than in patients younger than 60 years and higher in patients with MSI than in patients with MSS. These results suggest that *MLH1* promoter methylation plays a more important role in elderly GC patients and GC patients with MSI.

Some studies suggested DNA methylation as a promising tool for the diagnosis of cancer [88-91]. We analyzed the diagnostic effect of *MLH1* promoter methylation in GC for the results with significant OR values and found that *MLH1* promoter methylation could not distinguish GC from adjacent tissues, gastric adenomas, chronic gastritis, normal gastric mucosa, or normal healthy blood samples (i.e., the poor sensitivity value of  $< 0.5$ ). The existence of cell-free circulating tumor DNA (ctDNA) was found in blood samples, and the presence of promoter methylation of tumor-related genes was examined in the ctDNA in many cancers [92]. Only Kolesnikova et al. reported the existence of ctDNA and *MLH1* promoter methylation in blood samples of GC, with a frequency of 25% in GCs and a frequency of 9% in healthy subjects [83]. The combination of *p15* and *MLH1* promoter methylation in ctDNA exhibited a sensitivity of 65% and specificity of 72% [83], which suggests that the combination of these two genes may significantly contribute to the diagnosis of GC. More studies are needed to analyze the diagnostic effect of tumor DNA circulating in the blood of GC patients to improve



**Fig. 11.** Summary receiver operating characteristics (SROC) estimation of *MLH1* promoter methylation in patients with MSI vs. patients with MSS, sensitivity = 0.64, specificity = 0.96, and AUC = 0.90.

clinical practice. Notably, comparison of GCs with MSI with GCs with MSS demonstrated that *MLH1* promoter methylation exhibited a sensitivity value of 0.64, a specificity value of 0.96, and an AUC value of 0.90. The relevant values of *MLH1* promoter methylation were good in GC with MSI vs. GC with MSS. We also found that the *MLH1* promoter in patients with MSI exhibited a significantly higher mean methylation level than that in patients with MSS (0.622 vs. 0.104). *MLH1* dysfunction via methylation of the promoter likely leads to MSI. Therefore, the above analyses suggest that *MLH1* promoter methylation may be a prognostic marker for GC patients with MSI.

Several limitations should be considered in this study. First, there was substantial heterogeneity in GC vs. adjacent tissues and gender, and seven studies [31, 40, 61, 62, 68, 73, 74] were removed in the comparison of GC and adjacent tissue samples. Three studies [47, 54, 73] were excluded in relation to gender. The pooled results were not significantly changed, with no evidence of heterogeneity, which indicates the stability of our analyses. Second, publication bias was measured in GC vs. adjacent tissue samples and tumor histology. We searched the relevant databases to minimize the possible publication bias as completely as possible, but positive results are more easily published than negative results. Only articles published in the English language were selected, and articles in languages other than English were excluded. Third, sample sizes for the comparison between GC and benign lesions and GC and normal controls were not very large. Finally, sample sizes of subgroup analyses of mixed populations and non-MSP method were small.

## Conclusion

Our results suggest that *MLH1* promoter methylation exhibits a significantly higher frequency in GC than gastric adenoma, chronic gastritis, adjacent tissues, normal gastric mucosa, and normal healthy blood samples but a similar rate in GC and intestinal metaplasia and dysplasia. *MLH1* promoter methylation correlated with age and the MSI of GC patients, but it was not associated with *H. pylori* infection, gender, smoking, drinking behaviors, tumor histology, tumor differentiation, clinical stage, lymph node status, distant metastasis, or the OS of GC patients. The use of *MLH1* promoter methylation may be a potential prognostic biomarker for GC patients with MSI. More well-designed prospective trials are necessary to further validate our findings.

## Abbreviations

*MLH1* (human mutL homolog 1); GC (gastric cancer); MSI (microsatellite instability); MSS (microsatellite stability); AUC (area under the curve); *H. pylori* (*Helicobacter pylori*); MMR (mismatch repair); OS (overall survival); OR (odds ratio); 95% CI (95% confidence interval); HR (hazard ratio); MSP (methylation-specific PCR); TSG (tumor suppressor gene);

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Tao Huang and Guoliang Ye contributed to the conception, design and final approval of the submitted manuscript version. Guimei Hu, Lijun Qin, Xinjun Zhang, Guoliang Ye, and Tao Huang contributed to data interpretation and the completion of Figs. and tables. All authors read and approved the final manuscript.

## Disclosure Statement

The authors declare no competing financial interests.

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