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#### BRIEF REPORT

## Perceived Addictiveness of Smartphone Games: A Content Analysis of Game Reviews by Players

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**Abstract** The playing of videogames can be fun and entertaining, but research has consistently shown that a small minority of players experience problematic gaming. Most research to date has focused on online gaming via personal computers and laptops. However, gaming has evolved both in the games that are played and the platforms on which they can be played. One of the biggest growth areas has been in the area of smartphone gaming. The present study investigated the reasons for perceived smartphone game addiction by the users themselves, and how these perceptions compared across different smartphone game genres by analyzing reviews of smartphone games by the users themselves. The data comprised 25,200 game reviews of 140 smartphone games across 14 game genres to examine the most influential factors in addictive smartphone gaming by the individuals that play such games. Game reviews which were written under the heading of "addiction" or "addictive" were content analyzed to understand the most important variables associated with what makes a game "addictive" from a player perspective. Results indicated nine keywords (or their synonyms) to be strongly associated with smartphone games classed as "addictive" (i.e., "challenging," "entertainment," "friends and family," "gameplay," "creative," "graphics/animation," "fun," "free from advertisement," and "time killer"). The most common keyword associated with a smartphone game being "addictive" was "challenging" (n = 5636). The 14 genres clustered into five different categories based upon the identified nine keywords. Given the fact that there has been little published to date in the area of addictive smartphone gaming, the present paper is of existential value.

**Keywords** Gaming addiction · Smartphone gaming addiction · Challenging games · Mobile game addiction · Videogame genres

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Videogame playing can be fun and entertaining, and there are many studies that highlight how highly engaged gaming can provide many social and psychological rewards (e.g., Charlton and Danforth 2007; Cole and Griffiths 2007; Griffiths et al. 2003; Yee 2006). There are also studies showing that some gamers immerse within the game that can result in problematic usage (e.g., Lemmens et al. 2011; Peters and Malesky 2008;Pontes et al. 2017; Rehbein et al. 2010; van Rooij et al. 2010). The deep immersion in playing videogame can be both a conscious and unconscious action, and for a minority of players, they can perceive themselves as being addicted to gaming (Kuss and Griffiths 2012).

Videogame addiction has become increasingly researched over the past two decades (e.g., Fisher 1994; Gentile 2009; Griffiths 2000; Mehroof and Griffiths 2010; Grüsser et al. 2007; Kuss and Griffiths 2012). However, researchers have noted that high engagement in games should not be mistaken with a gaming addiction (Charlton and Danforth 2007; Griffiths 2010). The context of gaming is also an important determinant as to whether the behavior is classed as engaging or addictive (Longman et al. 2009; Lim and Lee 2009; Wang and Wang 2008; Cole and Griffiths 2007). Griffiths (2010) argues that videogame addiction should be examined based on the context and consequences of the behavior. He demonstrated that excessive videogame use does not always lead to problematic gaming and that the number of hours spent playing videogames is not necessarily a core indicator of problematic gaming.

Alongside increased research, gaming has continued to evolve both in the games that are played and the platforms on which they can be played. One of the biggest growth areas has been in the area of smartphone gaming via *Android* and *iOS* (iPhone operating system) platforms (Billieux et al. 2015). Smartphones (and the games played upon them) have become pervasive as evidenced by their use almost anywhere (e.g., public transport, restaurants) as well as in situations where their use is illegal or frowned upon (e.g., while driving, in school classrooms) (Billieux et al. 2015). The revenue pattern of smartphone games is dependent upon downloads of the game, and many game developers make games available free of charge (at least initially—so-called freemium games; Griffiths 2013) with money being made by selling advertising space. Smartphone games have quickly become one of the "new faces" of the gaming industry. Furthermore, many smartphone games require repeated use to progress, and games are constantly updated to maintain player interest.

Most previous research examining problematic online gaming has been done by investigating the use of massively multiplayer games played via platforms such as laptops and personal computers (PCs). However, gaming needs to be revisited in the context of smartphone usage. Earlier studies examining other potentially addictive behaviors had shown that individuals do not perceive themselves as being addicted to activities such as smoking cigarettes (Eiser et al. 1985), pornography consumption (Grubbs et al. 2015), and drinking alcohol (Charuvastra et al. 2002). Anecdotally, this is not true in the case of smartphone gaming, particularly when looking at the reviews that players provide for smartphone games in gaming magazines. Consequently, the present study uses magazine gaming reviews as a data source to dissect and understand the contexts that contribute to perceived addiction as a novel addition to the gaming addiction literature.

Hundreds of smartphone games are now available in many different genres. The present study explored the reasons underlying perceived smartphone game addiction from the gamer's perspective across different smartphone gaming genres (e.g., action, adventure, arcade, board games, card games, casino, casual, educational, music, puzzle, racing, role-playing, simulation, sports, strategy, trivia, and word games). Although the gaming literature has provided numerous conceptual models in explaining online videogame addiction, there is little



empirical literature concerning the reasons for addiction with smartphone games. Consequently, the present study investigated the reasons for perceived smartphone game addiction by the users themselves, and how these perceptions compared across different game smartphone game genres.

#### Methods

#### Procedure

The present research study utilized secondary data analysis of a large qualitative dataset comprising game reviews as a way of investigating perceptions surrounding what makes a smartphone game "addictive." Data collection for the main study followed a pilot study which was carried out to understand the role of the word "addiction" and "addictive" in smartphone game reviews. In the pilot study, 6000 reviews were analyzed across 17 categories of games available in the *Google Play* store (*Android* mobile operating system). Apart from games in the educational, music, and simulation game categories, the remaining 14 game categories (i.e., action, adventure, arcade, board games, card games, casino, casual, puzzle, racing, role-playing, sports, strategy, trivia, and word games) had significant presence of the word "addiction" in the reviews (see sample screenshots in Appendix 1). The pilot study also found that the words or phrases most commonly used in reviews that described the games as "addictive" were the following nine words: "challenging," "entertainment," "friends and family," "gameplay," "creative," "graphics/animation," "fun," "free from advertisement," and "time killer."

Based on the results of the pilot study, 14 game categories and nine variables were considered for the main study. Reviews were subsequently collected from 140 "top ten" games across 14 different categories in the *Google Play* store (see Appendix 2 for a list of the 140 games). A total of 25,200 reviews were collected containing reference to the game being addictive (1800 reviews in each of the 14 categories). The reviews mostly contained the nine keywords directly associated with addiction that were found in the pilot study. However, some reviews reported synonymous words representing the nine keywords. For example, the words "tough task," "hard objective," and "hard to play" are words or phrases meaning "challenging." Similar situations arose for the other eight keywords. Content analysis was used to analyze the data collected. The objective of the data analysis was twofold. The first was to tabulate the most cited of the nine keywords (or their equivalents) in gaming reviews that mentioned the smartphone game being addictive. The second was to understand the role of nine keywords (or their synonyms) across the 14 different game genre categories in gaming reviews that mentioned the smartphone game as being "addictive." Data analysis took one complete month with 15 research students involved in the data coding.

#### Analysis

Considering the exploratory nature of the research paper, first a nominal frequency table was constructed providing the most commonplace keyword (or their synonym) in smartphone game reviews that mentioned the videogame was "addictive." The distribution table provides overall results and findings by videogame genre category. Following which, and considering the data type, the frequency table was used to cluster the game categories (Table 1). Following this, a clustering methodology was performed using two main steps. First, the similarity matrix



1	0									
Game genre	1	2	3	4	5	6	7	8	9	Total
Action	456	342	256	220	165	152	110	61	38	1800
Adventure	280	226	292	215	315	325	112	20	15	1800
Arcade	112	256	156	382	267	215	195	20	197	1800
Board	420	115	697	95	110	115	120	47	81	1800
Card	417	220	512	115	28	115	190	71	132	1800
Casino	313	471	342	143	86	78	221	23	123	1800
Casual	312	476	132	214	176	183	168	22	117	1800
Puzzle	585	255	136	112	182	176	135	107	112	1800
Racing	286	174	122	202	216	412	192	23	173	1800
Role	412	211	76	212	196	304	203	76	110	1800
playing										
Sports	233	198	322	422	120	298	101	28	78	1800
Strategy	112	102	802	156	156	212	135	83	42	1800
Trivia	886	121	89	137	109	146	99	109	104	1800
Word	812	133	23	89	98	109	123	112	301	1800
Numbers	5636	3300	3957	2714	2224	2840	2104	802	1623	25,200
%	22.36	13.09	15.70	10.77	8.83	11.27	8.34	3.19	6.45	100

**Table 1** Frequency distribution of keywords (or their synonyms) by game genres in reviews that mentioned the smartphone game as being "addictive"

The numbers in italics represent the words that scored highest across each game genre

1 = Challenging; 2 = Entertainment; 3 = Friends and Family; 4 = Gameplay; 5 = Creative; 6 = Graphics and Animation; 7 = Fun; 8 = Free From Advertisements; 9 = Time Killer

between the 14 game categories controlled by nine addiction keywords was created using Euclidean distance mapping. Second, the game categories were clustered using hierarchical model with an agglomeration schedule (Table 2).

### Results

Among all the keywords (and their synonyms), the keyword "challenging" (n = 5636; 22.37%) was found to have the strongest association with a smartphone game being addictive, followed by "friends and family" (n = 3957; 15.7%) and "entertainment" (n = 3300; 13.1%). The distribution of keywords by game genre is shown in Table 1. The results also showed that the keywords influencing "addictive" games varied across the game genres. Analysis showed that the most important keyword for "addictive" smartphone games described as being "challenging" were action (n = 456), puzzle (n = 585), role-playing (n = 412), trivia (n = 866), and word games (n = 812). For casino and casual games, the "addictive" keyword most reported was "entertainment" (n = 471 and n = 476 respectively). For board games, card games, and strategy games, the most reported keyword was "friends and family" (n = 697, n = 512, and n = 802 respectively). For arcade and sports games, the most reported keyword was "gameplay" (n = 382 and n = 422 respectively). Finally, the most reported keyword associated with adventure and racing games being "addictive" was "graphics and animation" (n = 325 and n = 412 respectively). Figure 1 shows the distribution of the nine keywords associated with "addictive" games across the 14 game genres.

Table 2 provides the values for a proximity matrix within the 14 game genres. Among the categories, trivia and puzzle games were found to have nearest proximity, which means that the dispersion of frequencies among the nine keywords controlling game addictiveness have large



	1	7	3	4	5	9	7	∞	6	10	11	12	13	14
1: Action	1.000													
2: Adventure	.625	1.000												
3: Arcade	980.	.363	1.000											
4: Board	.535	.452	251	1.000										
5: Card	.650	.326	276	.933	1.000									
6: Casino	.745	306	.092	.523	.713	1.000								
7: Casual	.764	.439	395	.041	.250	777.	1.000							
8: Puzzle	.826	396	228	.347	.487	.451	.561	1.000						
9: Racing	.285	.623	.356	034	017	023	.341	.388	1.000					
10: Role Playing	.643	.539	.152	.020	.145	.197	.560	800	.794	1.000				
11: Sports	.498	.649	.565	.411	.375	.278	.313	.111	.430	.327	1.000			
12: Strategy	.180	.433	070	.846	089.	.317	174	158	125	323	.464	1.000		
13: Trivia	.717	.268	291	.349	.471	.269	.345	.954	.345	.765	.129	170	1.000	
14: Word	.558	.043	317	.213	.372	.214	.297	892	.293	229	065	328	.949	1.000

Estimation method: Euclidean distance. This is a similarity matrix controlled by nine variables



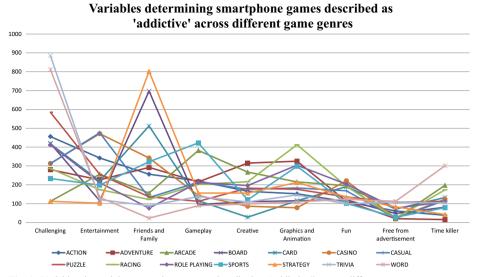


Fig. 1 Variables determining smartphone games described as "addictive" across different game genres

similarity. This clustering technique produced five separate game genre clusters. Table 3 provides the detailed cluster classification along with an explanation concerning each cluster.

#### Discussion

The present study carried out a content analysis of smartphone game reviews to analyze which variables are most commonly associated with "addictive" games by the players of these games. The findings demonstrated that the most common keyword (or its synonym) associated to addictive smartphone games was "challenging." Just over one-fifth of the 25,200 reviews (22.37%) describing a smartphone game as "addictive" described the game as "challenging." Previous scholars have argued that "challenging" videogames have the capacity to be addictive (e.g., Liu 2011) but that related to games on other platforms rather than via smartphones. Compared to videogames of the 1990s, newer games appear to have higher levels of interactivity with peers, and are arguably more challenging. Many players strive for social affiliation and respect among their peers, guilds, and clans via their participation in challenging quests and gaining high scores in the games played. Many new games-including smartphone games-are stimulating a passion for challenge. Challenging games in and of themselves is not a concern as very few players become addicted to such games. However, if gamers themselves identify challenging games as being addictive, then at the very least, players should be educated about such games being a risk factor. Back in the 1990s, Griffiths and Hunt (1998) reported that only 10% of their respondents played video games because they were challenging (with 48% playing videogames primarily for fun). In the present study, the number of game reviews that used the keyword of "fun" was 2014 (7.99%) compared to the keyword of "challenging" which was found in 5636 reviews (22.37%). Although this is not comparing "like-with-like" (because the data are methodologically different and asking about motivations for playing videogames is different from the reasons as to why



games are viewed as addictive by players), the data are suggestive that challenging games are increasingly preferred by players.

The study findings also support previous studies showing that videogames can be a social activity (e.g., Cole and Griffiths 2007; Griffiths et al. 2003; Yee 2006) by identifying "friends and family" as being associated with what makes a smartphone game addictive. The big difference here is that the game reviews suggest that the sociable element of playing with others may be one of the components associated with an "addictive" game. However, some research has indicated that social connections and relationships with others in the game can play an important role in the development of online game addictions (Kim et al. 2008; Hsu et al. 2009). Although it is a cliché, the ubiquity of the internet has made the world a global village. Friends and family can start new clans and play and interact as a group, work together strategically, build virtual relationships within the game, and attain social recognition from others. All of these things can be highly rewarding to players, and for a small minority, these constant rewards (i.e., reinforcements) may be addictive. In short, it is not hard to see why players think "friends and family" is an important factor in the potential addictiveness of a game.

Another key finding was that "graphics and animation" were also perceived by smartphone gamers as an important constituent of game addictiveness. Contemporary videogames can now gain captive attention via the use of motion capture, realistic animation graphics, augmented reality, and other visual innovations (Orosz et al. 2017). Graphical features are also heavily associated with good "gameplay" (King et al. 2010), another keyword that was associated with addictive smartphone games in the present study. In the taxonomy of structural characteristics of videogames developed by King et al. (2010), they identified graphics and presentation as key characteristics underlying motivation to play videogames. Graphics and sound are known to enhance gameplay experience (Salen and Zimmerman 2004) and can affect videogame player's cognitive actions (Griffiths and Nuyens 2017). Visual and perceptual innovation in the design of videogames will continue to improve via such mediums as virtual reality (VR) (Griffiths 2017). However, this is more likely to occur within massively multiplayer games rather than smartphone games (although smartphones themselves are increasingly being used as VR devices in themselves).

Research dating back to the 1990s has demonstrated that game genre has a contributory role in a videogame's addictiveness potential (Griffiths 1993; Griffiths and Hunt 1998). More recent studies have also shown that motivations and problematic gaming can differ between game types and genres (e.g., Ghuman and Griffiths 2012; Grüsser et al. 2007; Floros and Siomos 2012; Lee et al. 2007). The present study goes one stage further by clustering game categories based on players' self-perceived parameters associated with "addictive" games. Using Euclidean distance mapping, (a) Cluster 1 comprised action, adventure, sports, and arcade games, (b) Cluster 2 comprised board, card, and strategy games, (c) Cluster 3 comprised casino and casual games, (d) Cluster 4 comprised puzzle, trivia, and word games, and (e) Cluster 5 comprised racing and role-playing games (see Table 3). The clusters are segmented based on the keywords identified as components of an "addictive" game by players' smartphone game reviews. Future research should attempt to confirm or disconfirm the clusters identified here by both replication and use of different methodologies. It is recommended that future studies should also investigate game addiction respective to their game genre categories across different playing platforms (i.e., PCs, tablets, smartphones, etc.).



Table 3 Cluster of game categories that has a common distribution of variables in smartphone games described as addictive by videogame players

	•	, ,
Categorical game genre clusters	Main driving variable(s)	Explanation for the cluster
Cluster 1 = Action, Casino, Casual, and Puzzle Smartphone games	Challenging and Entertaining	Games in this cluster were typically top grossing smartphone games. These types of smartphone games tend to engage players for a longer time than other smartphone games and may explain why gamers describe the games as being addictive. It was found that action, casino, casual, and puzzle games are maniby driven by the challenging and entertaining nature of these games
Cluster 2 = Adventure, Arcade, Racing, Role Playing, and Sports Smartphone games	Gameplay, Graphics and Animation, and Challenging	Gameplay refers to the design, story, and length of the game, factors that may explain why players think such smartphone games can be addictive. Graphics and animation exhibited in games was also identified as having potential for game addiction. This cluster comprises adventure, arcade, role playing, and sports smartphone games. Here, gamers feel the games are addictive because of the game nature involved with stunning gameplay and being challenging
Cluster 3 = Board and Card Smartphone games	Friends and Family	Games may consider board and card smartphone games as being addictive because of their social nature. Most games here are socially played, and often feature nonular offline emissalents.
Cluster 4 = Strategy Smartphone games	Friends and Family	Games in this cluster mainly comprised strategy games. Findings indicate that like Cluster 3, the social nature of the smartphone games influence the addictive potential. Reviews indicated a large offline element to these smartphone games in terms of discussions, ideas, and competition concerning the company electronics (all things that can take un acted time)
Cluster 5 = Trivia and Word Smartphone games	Challenging	Games in this cluster comprised trivia and word smartphone games, and which are highly challenging games. These games are more intellectual compared to others, and may help explain why the games are considered potentially addictive in that lots of practice is required to improve in the game.



The study is not without its limitations. The present study relied on exploratory content analysis using simple frequency analysis and a proximity matrix technique. However, the use of such a simple design still provided valuable insights from a large sample of first-person game reviews (n = 25,200). The research team was unable to identify anything about the gamers who wrote the reviews (e.g., age, gender, and country of residence), but the research team believes that few reviews were written by more than one person and that, therefore, the sample size of gamers was large in comparison to most previously published studies. The lack of information about the gamers' profiles is a major limitation of the present paper. The data were purely qualitative in nature, but because of the large number of data points, they were converted into a numerical form. Despite the large dataset, one of the major limitations is that although all the game reviews were under the heading of "addictive," the gamers are likely to have used the words "addictive" and "addiction" in a different way and/or meaning than by the research team or those who work in the gaming addiction field. However, previous research has used similar types of data from online forums to examine players' perception of gaming addiction and reported that many players provided perceptive and articulate accounts of gaming addiction (e.g., Chappell et al. 2006; Griffiths et al. 2003). Future research can be carried out on the nine identified variables (i.e., the keywords), and further hypothetical models can be tested.

The findings in the present paper are of benefit to scholars, practitioners, and videogame developers. The main findings demonstrate that there are specific game characteristics that players perceive to be associated with "addictive" smartphone games (the most important of which appear to be that the games must be challenging, entertaining, and played with others) although other characteristics might be important depending upon game genre (such as having good graphics and state-of-the-art animation to enhance realism). The fact that different characteristics are seen as more associated with "addiction" depending upon game genre is an important consideration for any researchers examining the contribution made by structural characteristics in underpinning gaming addiction. It may also be the case that the importance of such structural characteristics will be different in different platforms (e.g., smartphone vs. PC) and this should also be a focus of future research. It may also be the case that gaming on casual games via one particular medium (e.g., via smartphone) might be less problematic than gaming on online multiplayer games (e.g., via PCs) as one recent study appeared to find (i.e., Lopez-Fernandez et al. 2018). At present, there is still little in the way of an established literature on smartphone gaming, therefore, the present paper is of existential value to this nascent field.

#### Compliance with Ethical Standards

**Conflict of Interest** The authors declare that they have no conflict of interests.

**Ethical Approval** All procedures performed in this study involving human participants were in accordance with the ethical standards of University's Research Ethics Board and with the 1975 Helsinki Declaration.

Informed Consent Not applicable.



## Appendix 1





1











Step outside and catch Pokémon in the real world! Collect & battle with others.

#### READ MORE











Candy Crush Saga King 💠 3+ • 66 MB











The sweetest game around!

#### READ MORE







#### FEATURE RATINGS





REVIEW HIGHLIGHTS



Gameplay

#### addictive

in 20,477 reviews

"This is an extremely addictive and popular game from a popular brand. There will be bugs..."

#### login problem

in 5.766 reviews

"Over 2 weeks its showing authentication problem . Fix this issue as soon as possible..."



#### FEATURE RATINGS







REVIEW HIGHLIGHTS

#### addictive

in 182,349 reviews

"I really like this game. It's addicting. I do have a problem with the Daily Wheel though..."

#### challenging

in 27,388 reviews

"Be warned, you will become extremely addicted to this game! Its really fun n challenging!..."

#### great time passer

in 8.360 reviews

"...Its a great way to pass time and feeling like you're giving your brain a nice exercise!"



## Appendix 2

Action games Temple Run 2 Modern Combat 5 Shoot Hunter Doodle Army 2 Sniper Furv Shadow Fight 2 Sniper 3D Endless Run Magic Stone Survival: Prison Escape Ninja Kung Fu Fighting Card games Callbreak Multiplayer Solitaire Rummy Cards Yu-Gi-Oh! Duel Links Ultimate Rummy Circle Callbreak - Ghochi Card Game 29 World Poker Series Call Break ++ Call Break Plus Racing games Racing Time Dr. Driving Hill Climb Racing Hill Climb Racing 2 Train Racing Games Asphalt 8: Airborne Traffic Rider Moto Rider Go City Racing 3D Moto Rider Trivia games Tricky Test 2 Tricky Test 3 Quiz Up Quiz Logo Game Hex Stone Think Name The Pokemon Math All Levels Food Ouiz GK Quiz 2016

Adventure games Pokemon Go Cvcle Adventure Motu Patlu Game Criminal Case Bounce Classic Jungle Adventures 2 Subway Nano Pocket Army Hidden City: Mystery Swordigo Casino games Teen Patti - Poker Teen Patti - Gold Ultimate Teen Patti Teen Patti Live Crazy Monkey Slot Teen Patti Royal Roulette Royal BINGO Zynga Poker Bingo Pop Role-playing games Ben 10 Xenodrome Galaxy Legend Marvel Future Fight Star Wars: Galaxy Doraemon Repair DC Legends My Teacher City Crime Simulator Lucid Sky School Of Dragons Word games Word Trek Word Search Word Crush 4 Pics 1 Word Spelling Master English Guess Word Brain What Am I?

Heads Up

Psych! Outwit Friends

Arcade games Subway Surfers Temple Run Subway Runner Fruit Ninja Super: Jabber Angry Birds Lep's World 2 Tom & Jerry Final Run Apple shooter Casual games My Talking Hank Candy Crush Saga My Talking Tom My Talking Angels Superstar Chef Cookie Crush Candy Crush Soda Bubble Shooter Chota Bheem Cooking In Kitchen Sports games 8 Ball Pool World Cricket Wrestling Revolution Big Bash 2016 Real Cricket 16 Cricket Champion Archery Master Score! Hero FIFA Mobile Soccer ICC Pro Cricket

**Board games** Ludo King Carrom 3D Ludo Neo Classic Chess Free Chess Online Chess prince Real Carom: Multiplayer Ludo 3D Real Chess Snakes and Ladders Puzzle games Bubble Witch 3 AR Blast Two Dots Candy Blast Legend Tic Tac Toe Flow Free Jigsaw Puzzle Roll The Ball Cut The Rope Escape The Prison Strategy games Clash of Clans Invasion: Modern Empire Clash Royale Star Wars: Force Arena Spaceship Battles Blaze of Battle Mobile Strike Gungun Online Plants Vs. Zombies Lightning Rangers

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